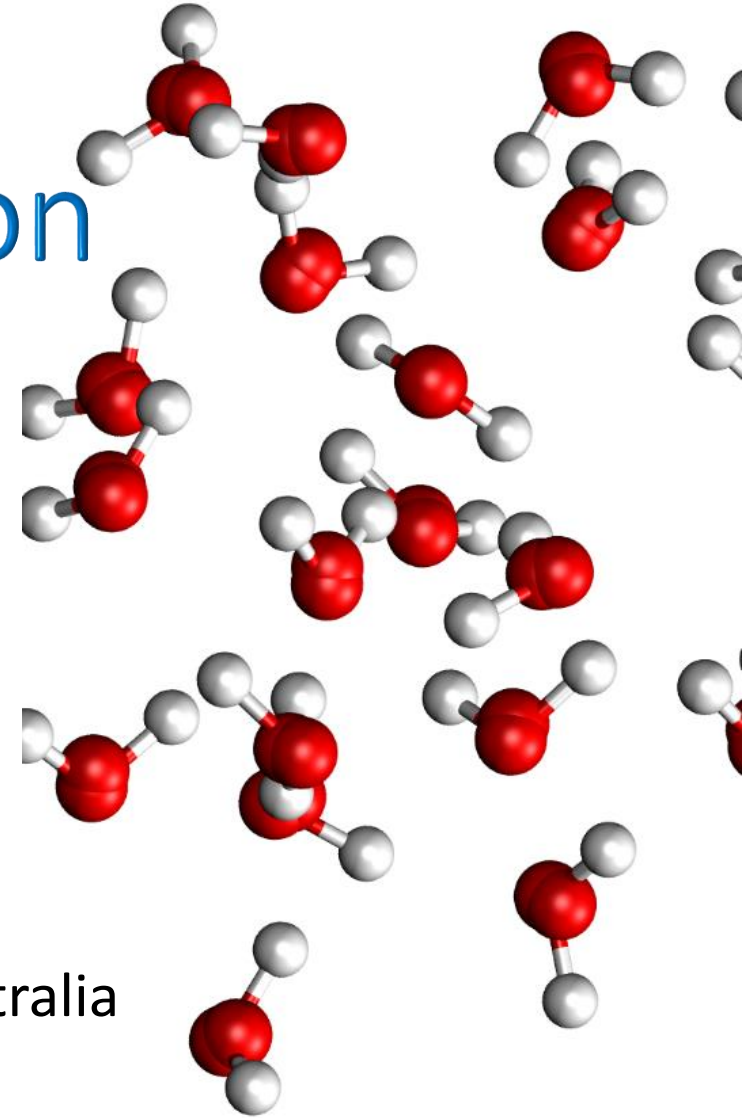


# 1H Nuclear Spin Relaxation Rates of Water near a Collagen Molecule

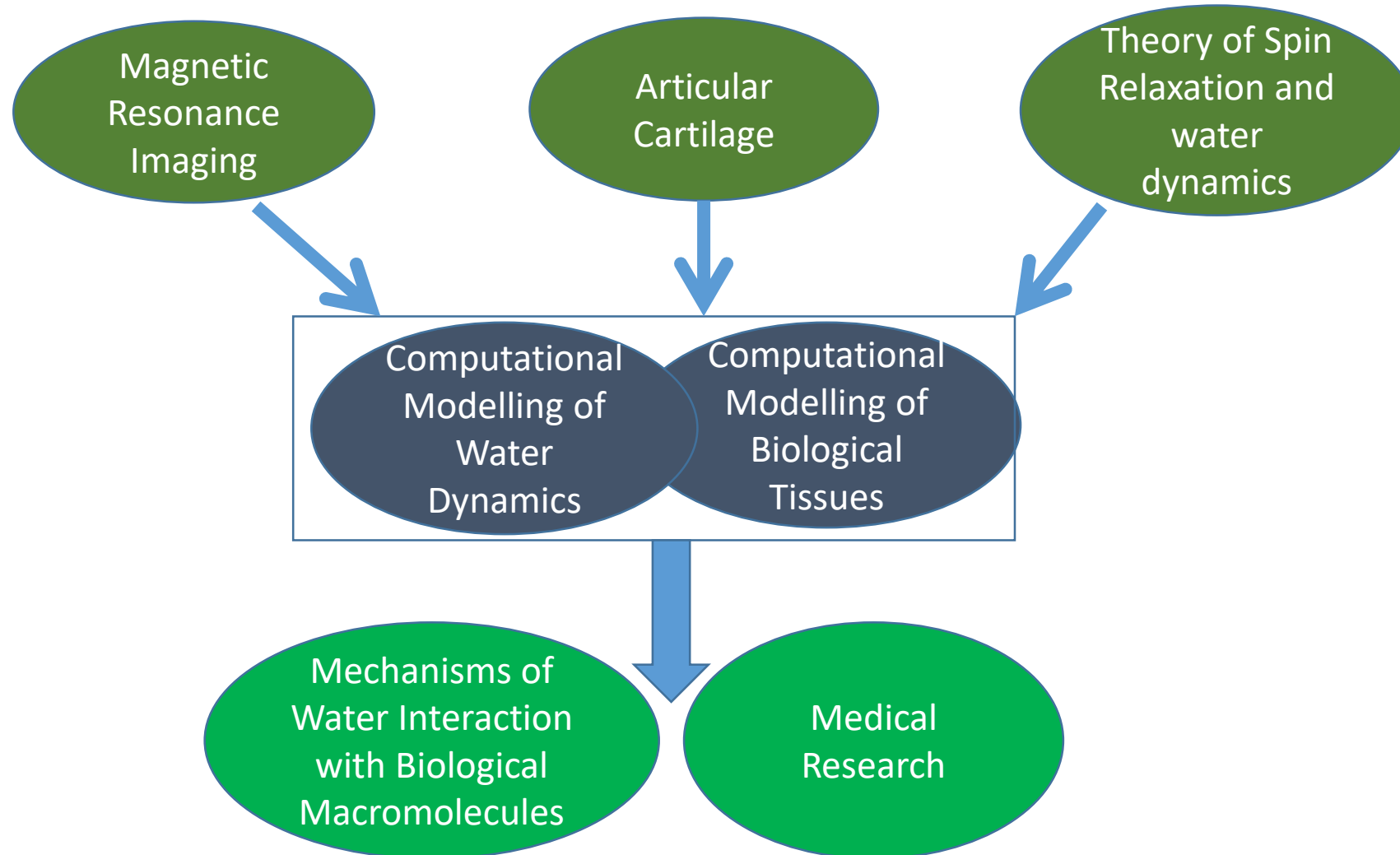
Monika Madhavi

University of Colombo, Sri Lanka

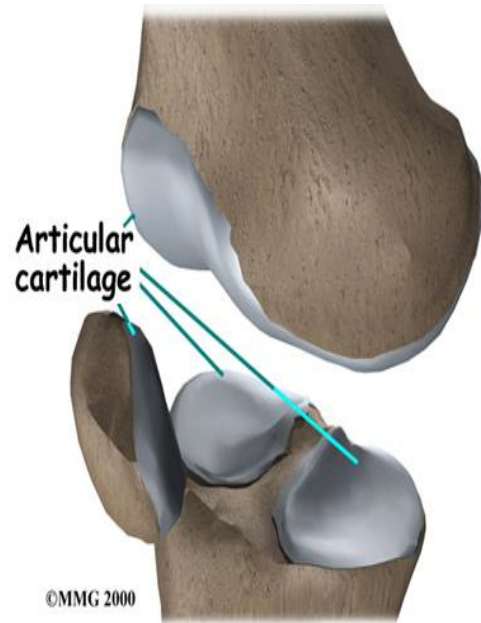
Queensland University of Technology, Australia



# Research Context



# Articular Cartilage

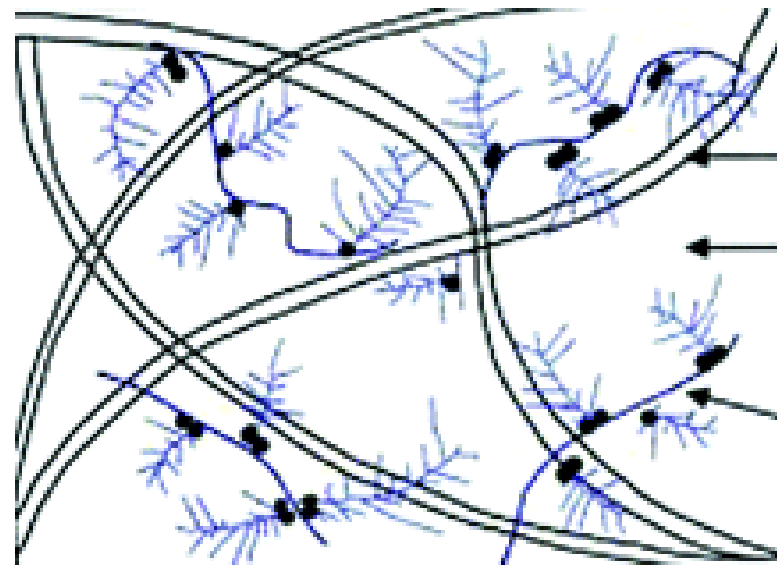


<http://www.houstonmethodist.org/orthopedics/where-does-it-hurt/knee/articular-cartilage-problems/>

## Function

- Distribute loads

## Structure



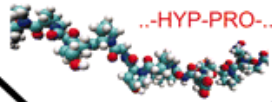
## Composition

Water	65 – 80%
Collagen	15 – 20%
Proteoglycan	5 – 10%

Fox, A.J.S., Bedi, A. and Rodeo, S.A., The basic science of articular cartilage: structure, composition, and function. *Sports Health: A Multidisciplinary Approach*, 1(6), pp.461-468, 2009

# Cartilage Microstructure - Collagen

amino acids  
~1 nm



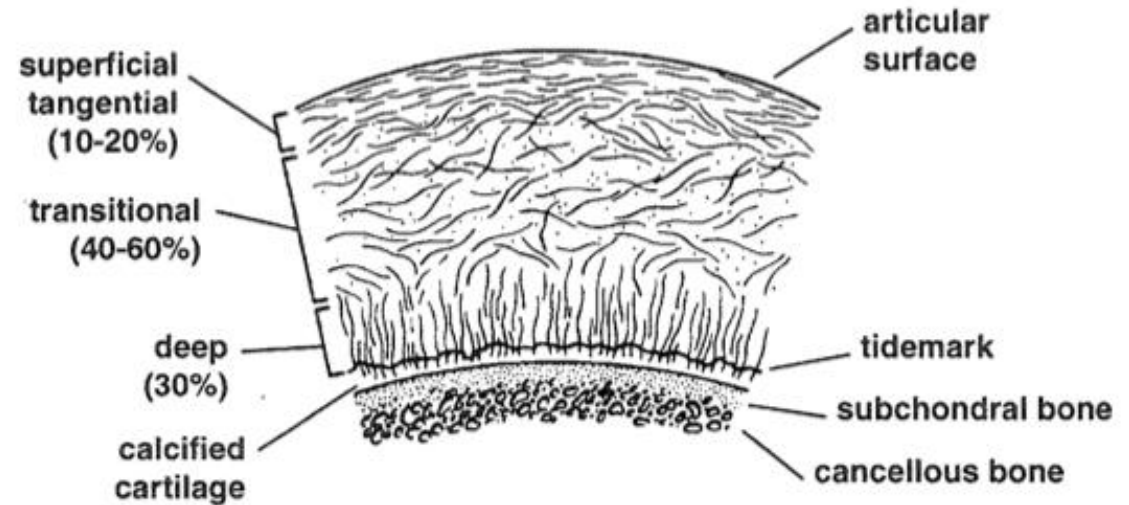
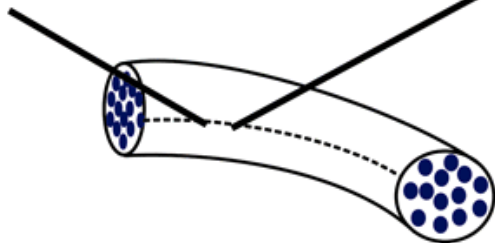
tropocollagen  
~300 nm



fibrils  
~1 μm



fibers  
~10 μm



<https://www.studyblue.com/notes/n/articular-cartilage/deck/8636007>

Buehler, M.J., Nature designs tough collagen: explaining the nanostructure of collagen fibrils. *Proceedings of the National Academy of Sciences*, 103(33), pp.12285-12290, 2006.

# Magnetic Resonance Imaging

Capable of probing  
cartilage morphology  
cartilage physiology



Early diagnose of OA

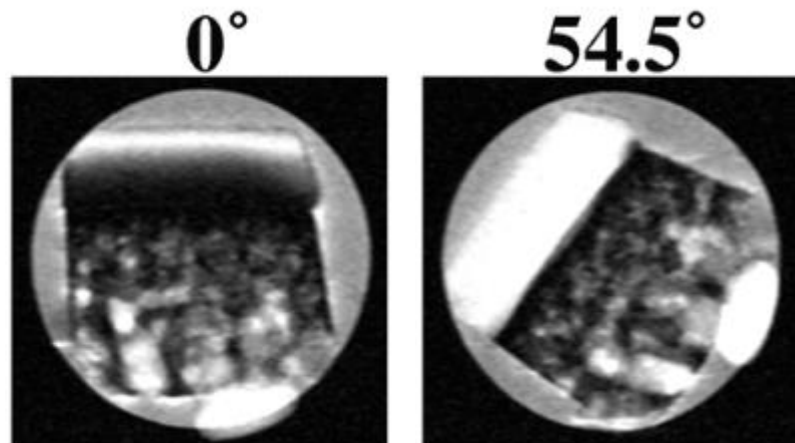
## Important MRI parameters

- Spin-lattice relaxation time ( $T_1$ )
- Spin-spin relaxation time ( $T_2$ )
- Spin-lattice relaxation time in the rotating frame ( $T_{1\rho}$ )

## Sensitive to:

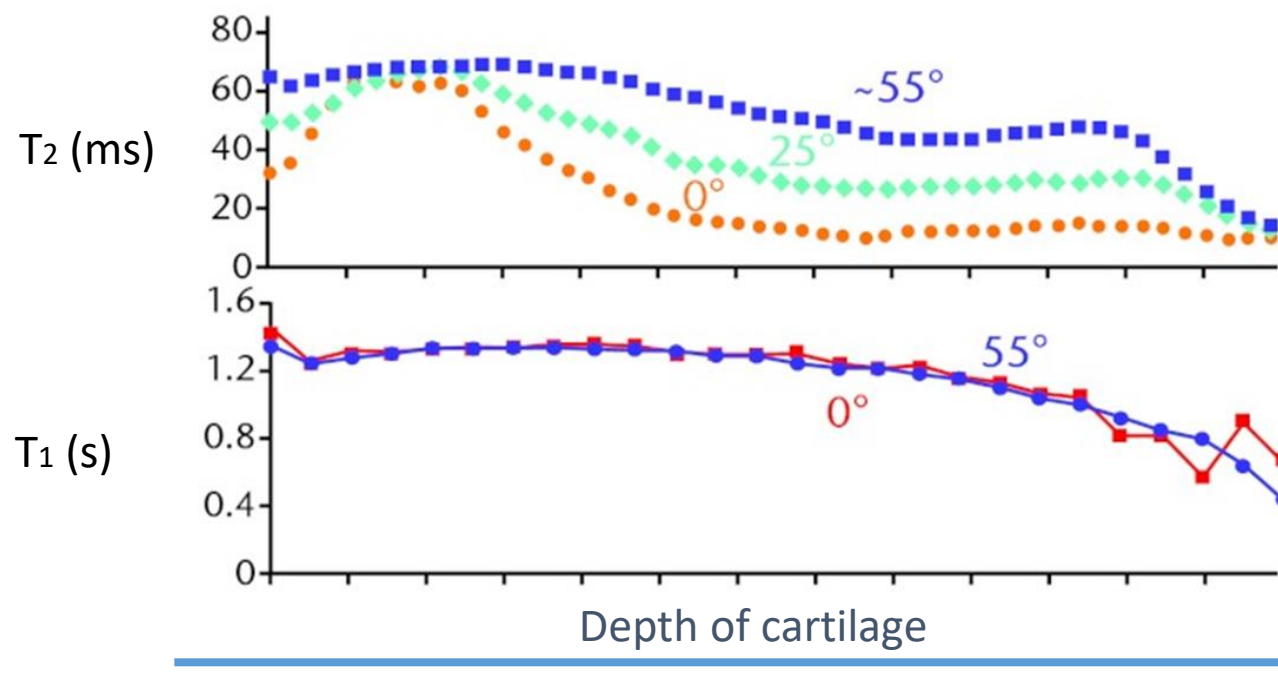
highest frequencies of motion  
lower frequencies of motion  
intermediate frequencies

# MRI of cartilage



Orientation with magnetic field

Y. Xia, J. B. Moody, and H. Alhadlaq, "Orientational dependence of T2 relaxation in articular cartilage: A microscopic MRI (uMRI) study," *Magn. Reson. Med.*, vol. 48, no. 3, pp. 460–469, 2002.

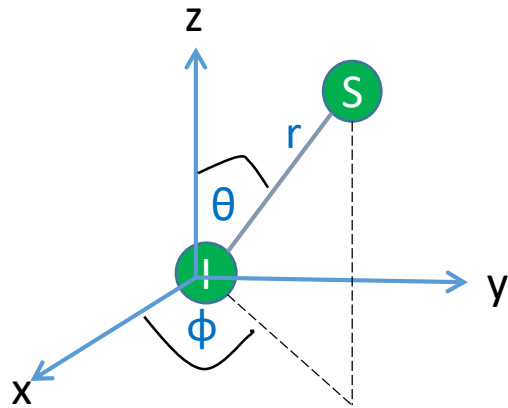


Xia, Y., 2013. MRI of articular cartilage at microscopic resolution. *Bone and Joint Research*, 2(1), pp.9-17.

# Anisotropy of spin relaxation

- Is a biomarker of the microstructure of cartilage
- Arises due to:
  - Dipolar interaction between water and macromolecules
  - Exchange of water between bound and free states

# Theory of spin relaxation



$$\text{Hamiltonian } H_D = -\frac{\mu_0}{4\pi} \gamma_I \gamma_S \left( \frac{I \cdot S}{r^3} - \frac{3(I \cdot \vec{r})(S \cdot \vec{r})}{r^5} \right)$$

$$\hbar H = \sum_q F^{(q)} A^{(q)}$$

$$A^{(0)} = \alpha \left\{ -\frac{3}{2} I_z S_z + \frac{1}{6} (I_+ S_- + I_- S_+) \right\}$$

$$A^{(1)} = \alpha \{ I_z S_+ + I_+ S_z \}$$

$$A^{(2)} = \frac{1}{2} \alpha I_+ S_+$$

$$\alpha = -\frac{3}{2} \gamma_I \gamma_S \hbar$$

$$F^{(0)} = \frac{1 - 3 \cos^2 \theta}{r^3}$$

$$F^{(1)} = \frac{\sin \theta \cos \theta e^{-i\phi}}{r^3}$$

$$F^{(2)} = \frac{\sin^2 \theta e^{-2i\phi}}{r^3}$$

Random functions of the relative positions of two spins



# Theory of spin relaxation

Autocorrelation function

$$G^{(q)}(\tau) = \langle F^{(q)}(t) F^{(q)*}(t + \tau) \rangle$$

Spectral density of motion

$$J^{(q)}(\omega) = \int_{-\infty}^{\infty} G^{(q)}(\tau) e^{-i\omega\tau} d\tau$$

For a water molecule both spins are protons having  $I = S = \frac{1}{2}$

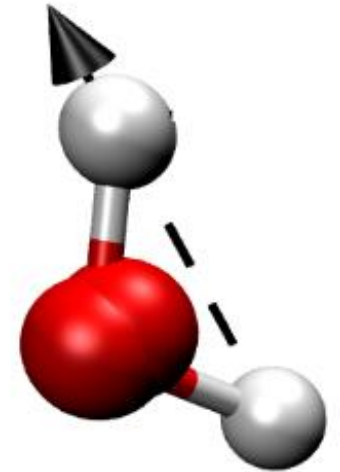
$$\frac{1}{T_1} = \frac{3}{2} \gamma^4 \hbar^2 I(I+1) \{ J^{(1)}(\omega_I) + J^{(2)}(2\omega_I) \}$$

$$\frac{1}{T_2} = \gamma^4 \hbar^2 I(I+1) \left\{ \frac{3}{8} J^{(2)}(2\omega_I) + \frac{15}{4} J^{(1)}(\omega_I) + \frac{3}{8} J^{(0)}(0) \right\}$$

In the limit of very short correlation time  $\tau_c \ll \frac{2\pi}{\omega_0}$  which is always true for MRI,

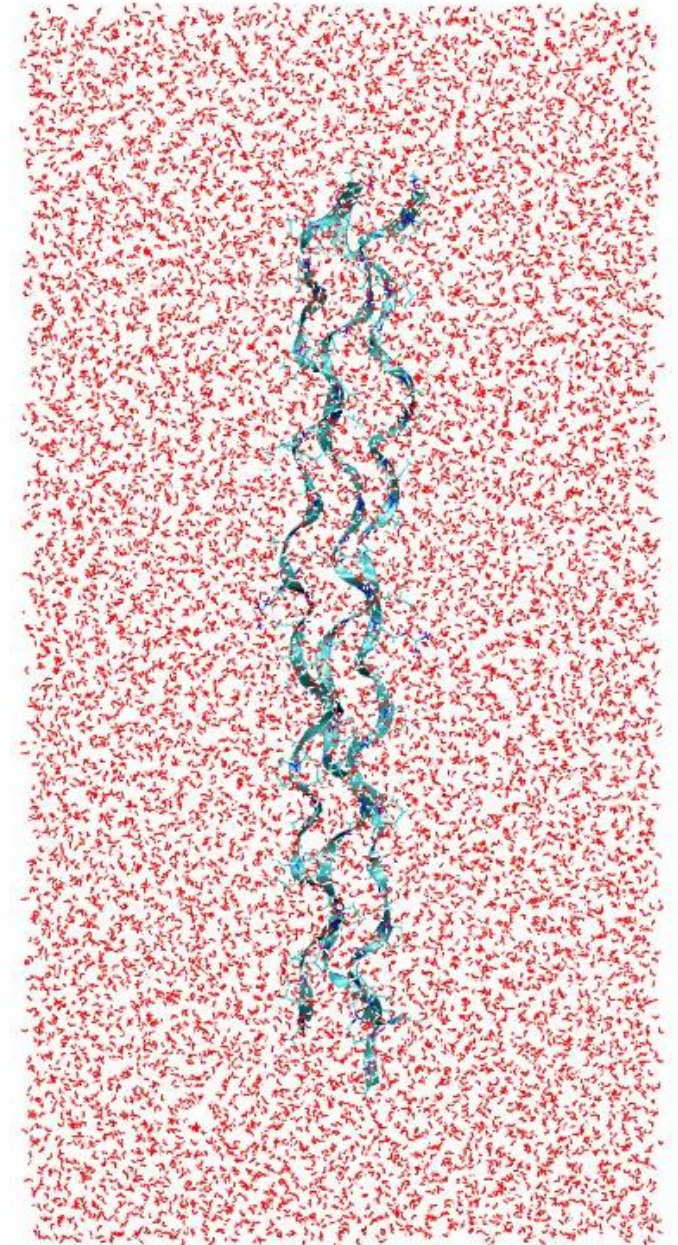
$$J^{(q)}(\omega) \approx J^{(q)}(0)$$

$$J^{(0)} : J^{(1)} : J^{(2)} = \langle |F^{(0)}|^2 \rangle : \langle |F^{(1)}|^2 \rangle : \langle |F^{(2)}|^2 \rangle = 6 : 1 : 4$$



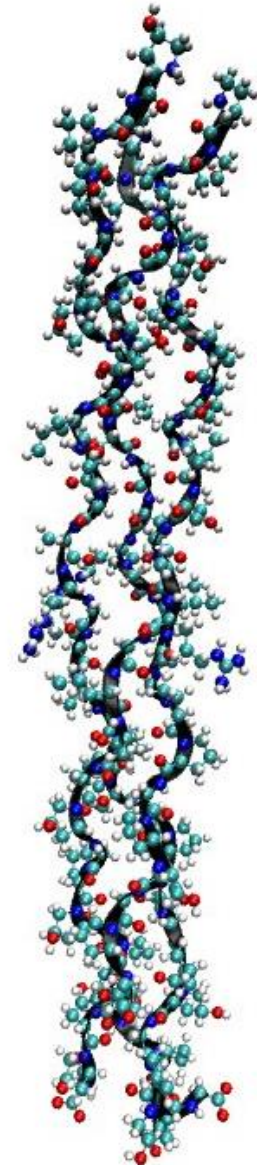
# MD Simulation Setup

- Collagen is the fundamental building block of cartilage extracellular matrix.
- Collagen type III – PDB ID **1BKV**
- Water – TIP4P/2005
- Force field - CHARMM all-atom force field param22
- Added additional parameters for hydroxyproline
- Simulated with NAMD



# MD Simulation Setup

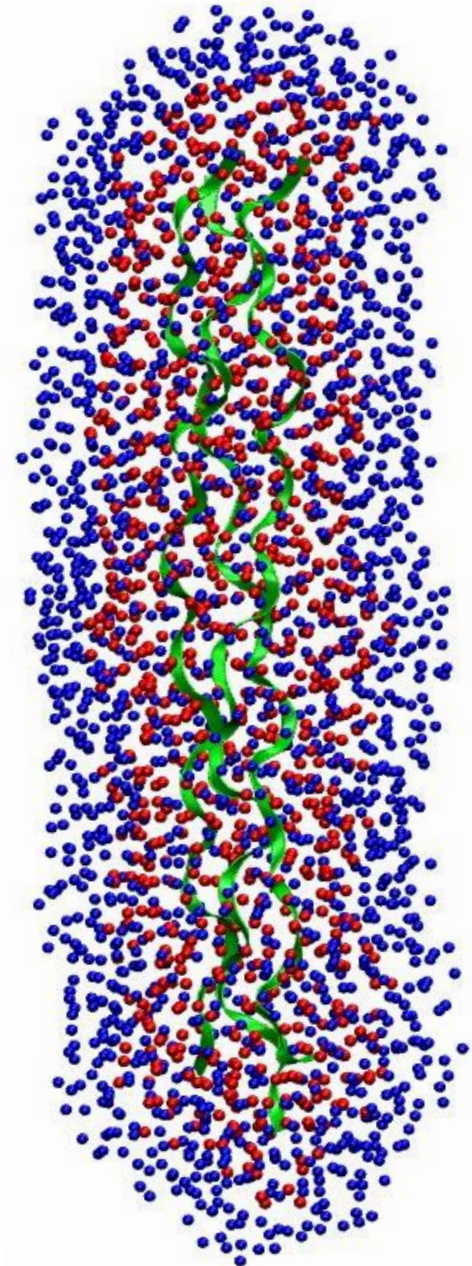
- Minimization
  - Protein backbone fixed until bad contacts are removed
  - Fixed atoms removed and minimized further
  - Heated the system with harmonic constraints on backbone C atoms
- Equilibration
  - Turned on constant pressure and alpha carbons were restrained
  - CA atoms released and equilibrated further





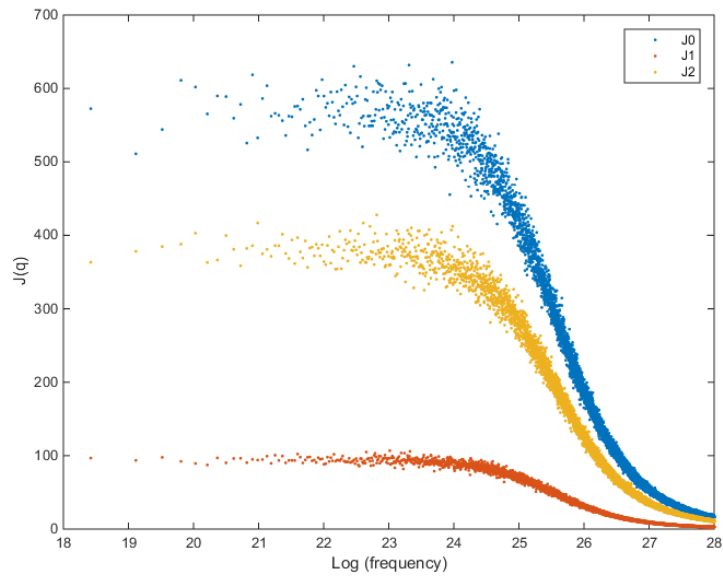
# MD Simulations – Analysis

- Backbone C fixed
- 10 ns simulation with 1 fs time step
- Coordinates saved at 0.1 ps
- Spin relaxation rates of different hydration shells were calculated



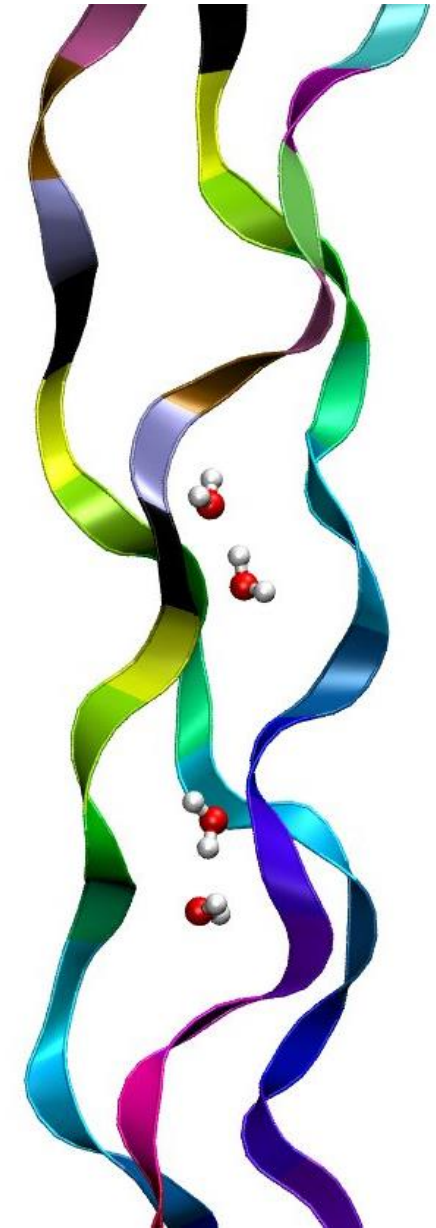
# Results

Hydration shell	5 A shell	5 – 10 A shell	Bulk water
Relaxation Time $T_1$ (s)	0.41 s	0.45 s	3.2 s



# Conclusions

- Spin relaxation time ( $T_1$ ) is reduced in the 5A shell than bulk water
- Water molecules make bridges between collagen helices
- Bridged water molecules show highly restricted rotational diffusive motion



# Future Studies

- Extend the analysis of spin relaxation rates to thinner water shells
- Rotational diffusion propagator of collagen bound water
- Spin relaxation anisotropy of collagen bound water

# Acknowledgements

- Dr. Samantha Weerasinghe, University of Colombo, Sri Lanka
- Dr. Konstantin Momot, QUT, Australia
- QUT – HPC
- Department of Physics, University of Colombo
- University of Colombo – Research Grant AP/3/2/PG/08



Thank you

