



# **A Decadal-scale Air-sea Interaction Theory for North Atlantic Multidecadal Variability: the NAT-NAO-AMOC-AMO Coupled Mode and Its Remote Influences**

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Sun, Li and Jin, 2015, CD  
Li, Sun and Jin, 2013, GRL  
Sun et al., 2015, JC  
Sun et al., 2015, Sci. Rep.  
Sun et al., 2016, CD

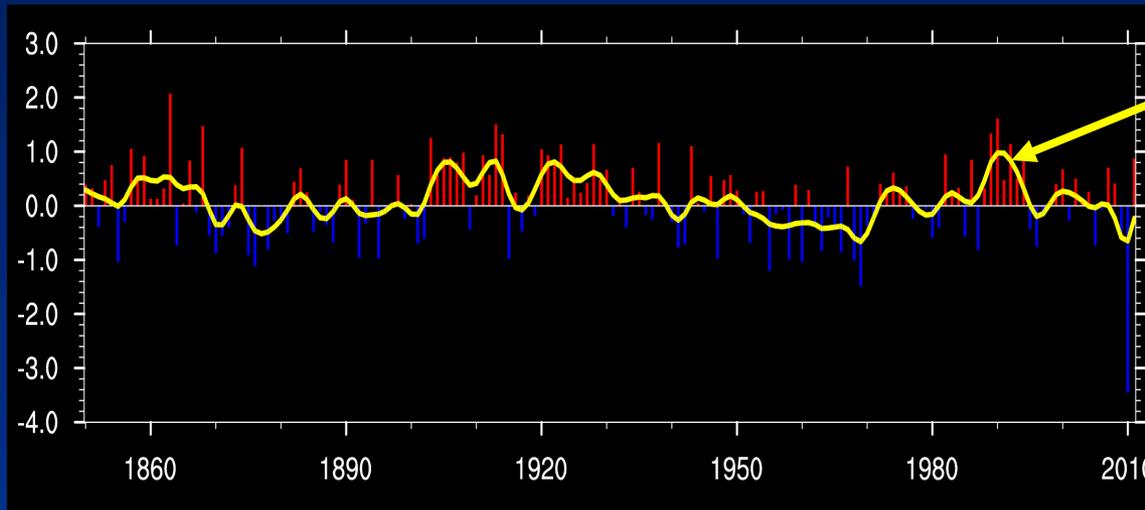
# Outlines

- **Multidecadal variability in North Atlantic:  
a view from decadal-scale air-sea  
interaction**
- **Remote influences of North Atlantic  
multidecadal variability**

# A delayed oscillator model for the quasi-periodic multidecadal variability of the NAO

Cheng Sun · Jianping Li · Fei-Fei Jin

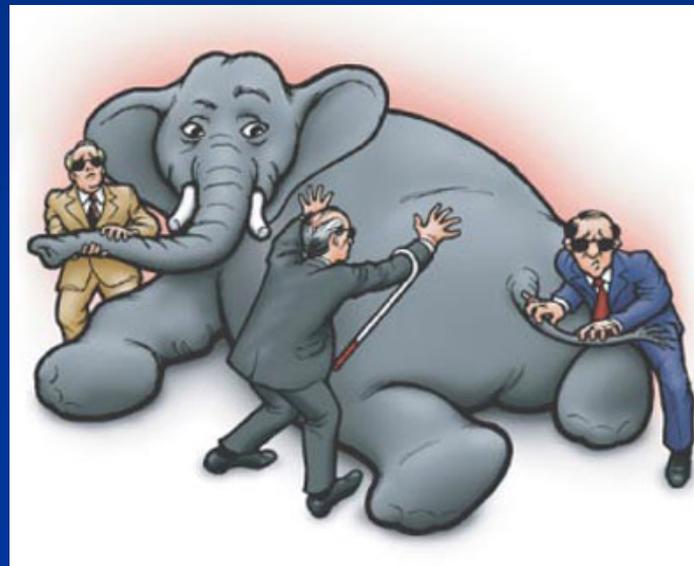
(Sun, Li, & Jin, 2015, *Clim Dyn*)



**Multidecadal variability of the NAO and recently decadal weakening**

(Li and Wang, 2003, *AAS*)

**Decrease of Arctic sea ice leads to strengthening of NAO (Deser et al. 2004)**



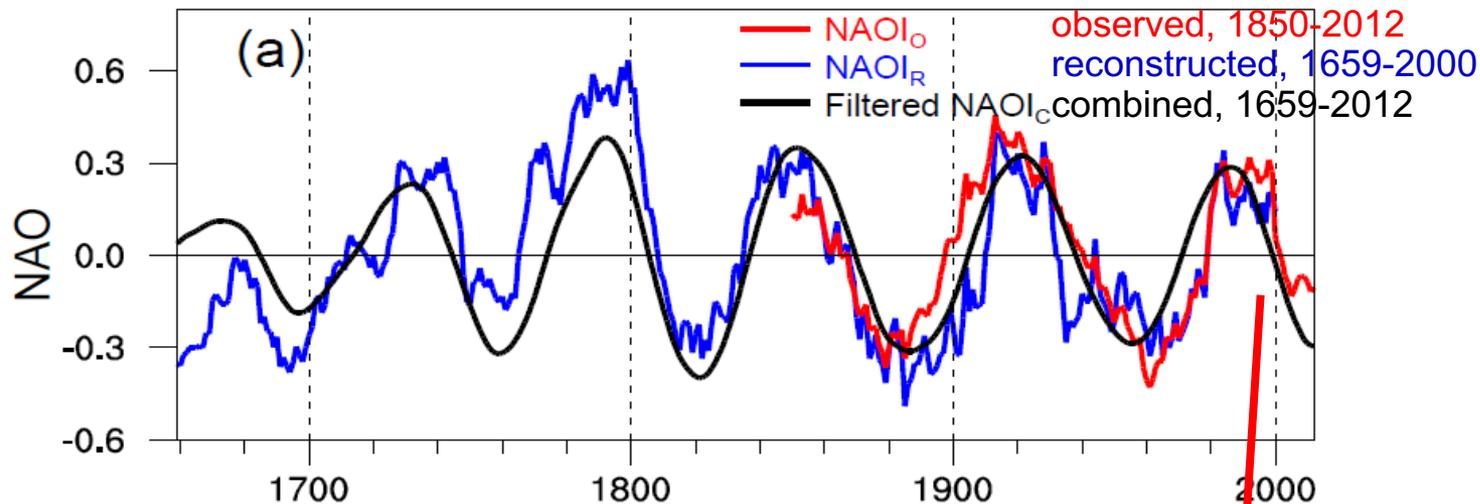
**Greenhouse gas increase forces NAO upward trend (Shindell et al. 1999)**

**Questions:**

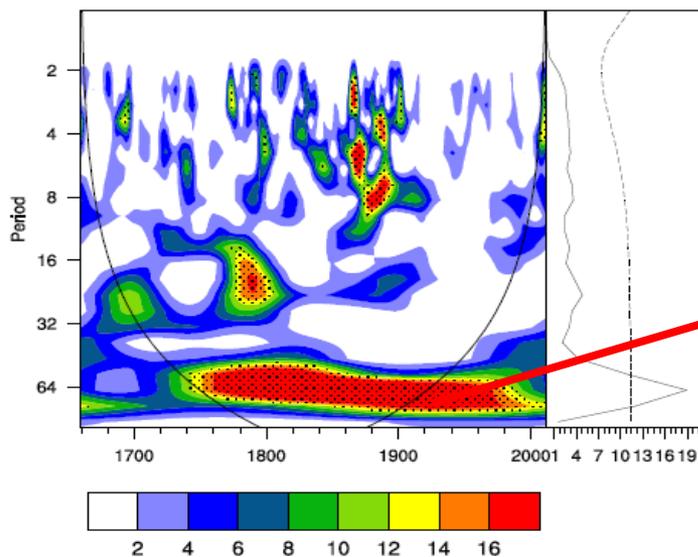
- Quasi-60 yr cycle
- The weakening trend over the past decades

**Warming of Indo-Pacific warm pool enhances NAO (Hoerling et al. 2001)**

# Reconstructed and Observed NAO Indices



Wavelet analysis



Significant quasi-60 yr cycle

# Air-sea coupled model simulation

Historical observations of air-sea variables are relatively short. Climate models provide an alternative and useful approach to analyze multidecadal variability.

## NCAR CCSM4 pre-industrial control simulation:

A long-term pre-industrial control simulation with constant external forcings

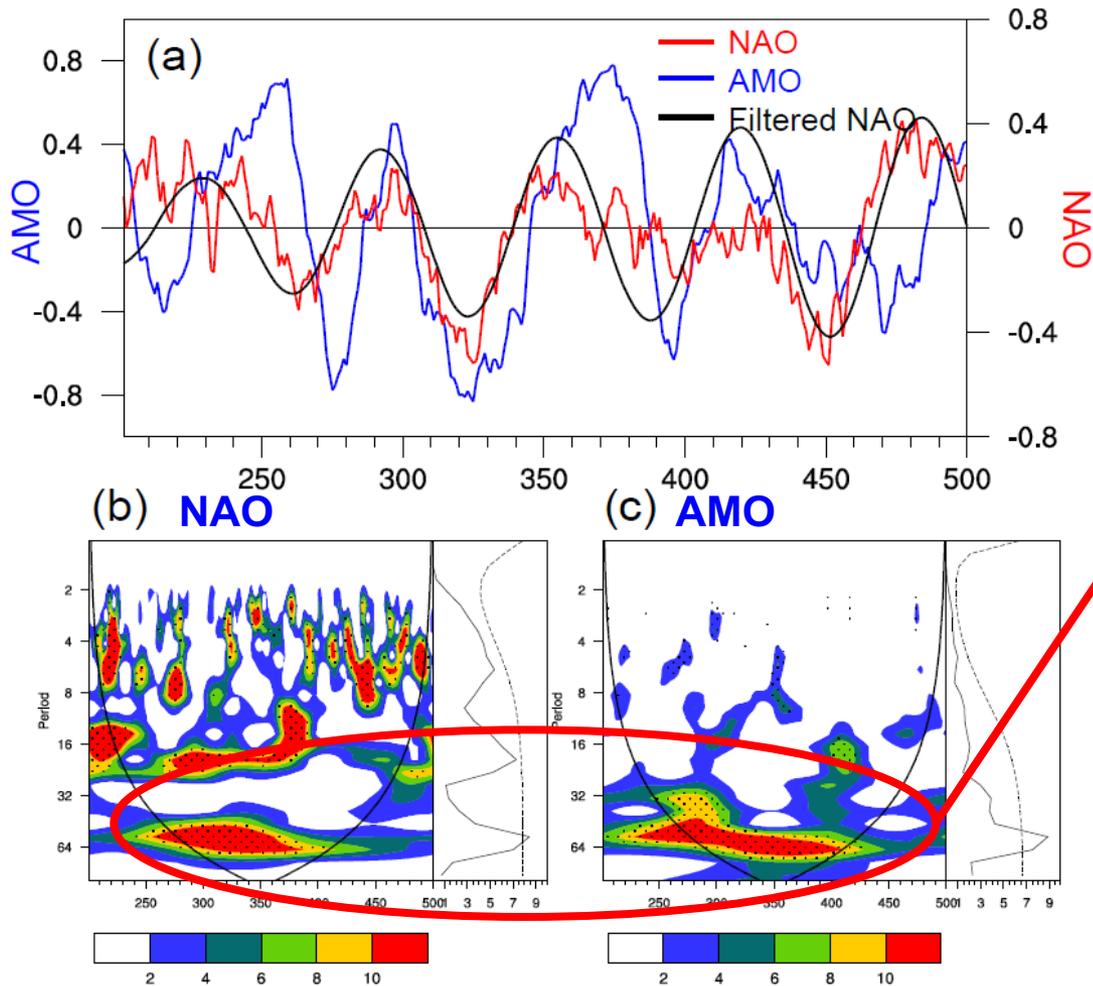
Several recent studies found that the model performs reasonably well in capturing the multidecadal variability (Danabasoglu et al. 2012; Zanchettin et al. 2013).

The control simulation was integrated over 1,300 model years, and a 300-year segment between model years 800 and 1,100 is used in the present analysis

1. To avoid the initial adjustment because of the model spin-up process
2. the multidecadal oscillation of the NAO in the 300-year segment is regular and very similar to the reconstruction

Variables at the air-sea interface (e.g. SLP and SST) and variables in the deep ocean (e.g. sea water temperature and meridional overturning circulation streamfunction).

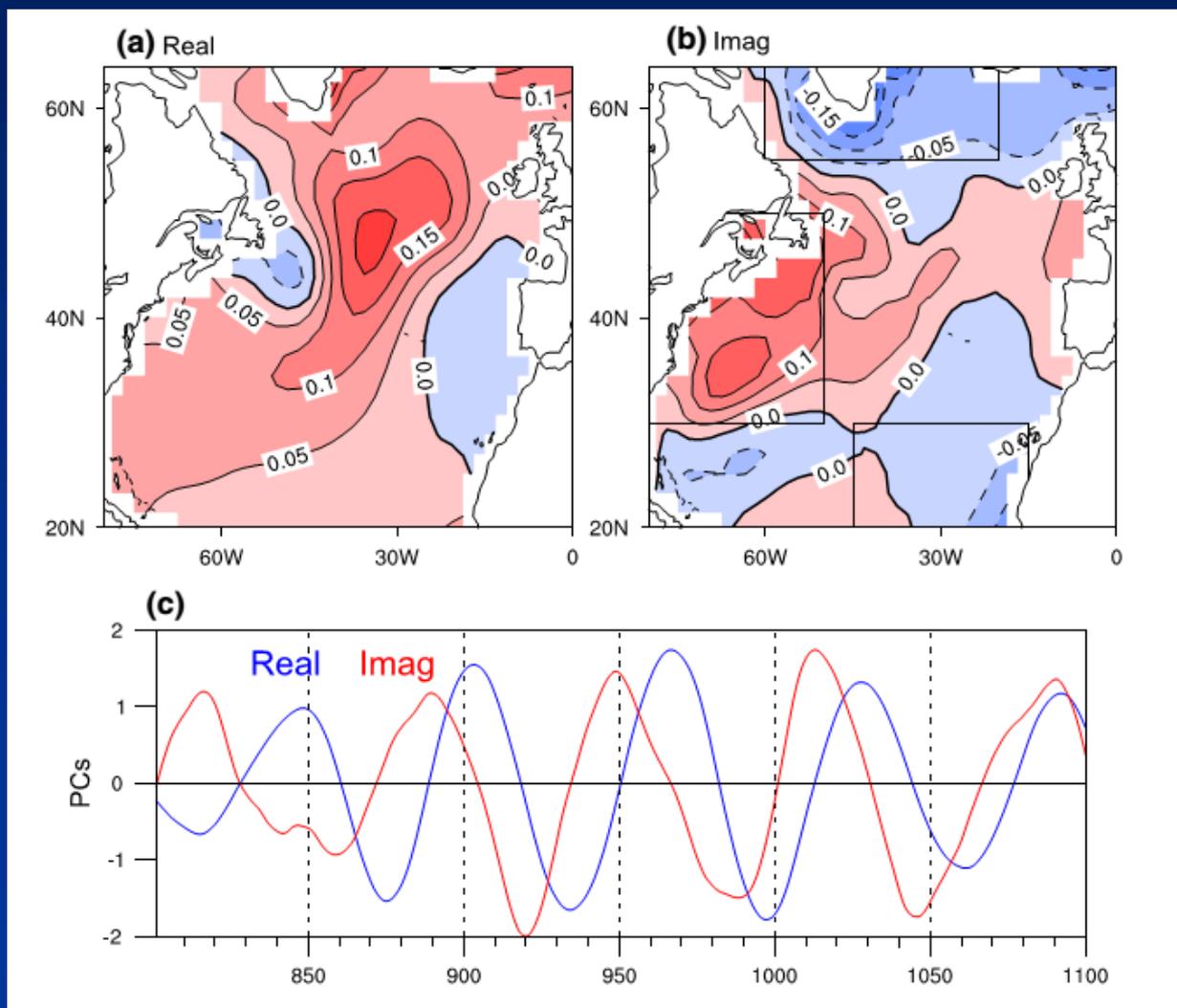
# NAO in the coupled model NCAR CCSM4



Significant quasi-60 yr cycle is reasonably well simulated

# Dominant patterns of SST multidecadal variability

Principle oscillation pattern (POP) analysis:



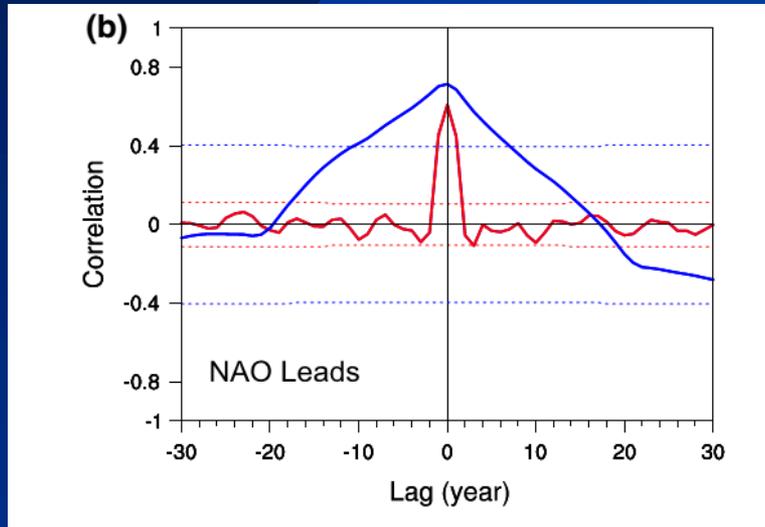
AMO and North Atlantic Tripole (NAT)

The oscillatory sequence of POPs

+NAT → +AMO → -NAT

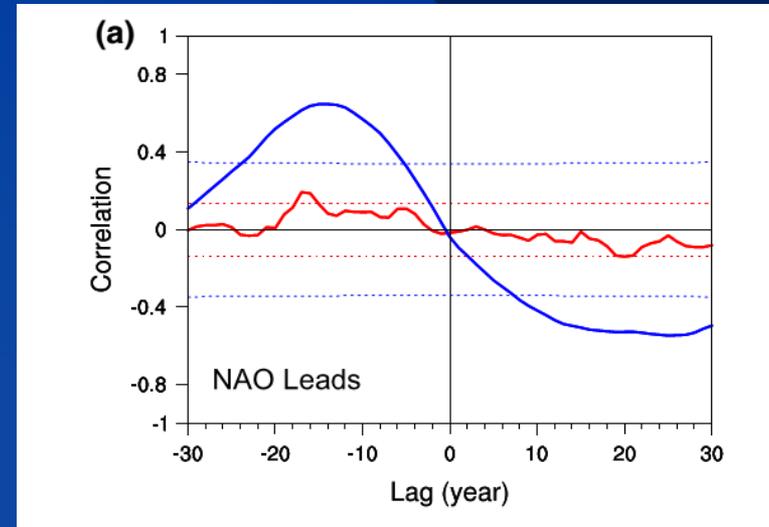
# NAO vs. AMO and NAT

## NAO vs. NAT



NAT is in phase with NAO

## NAO vs. AMO



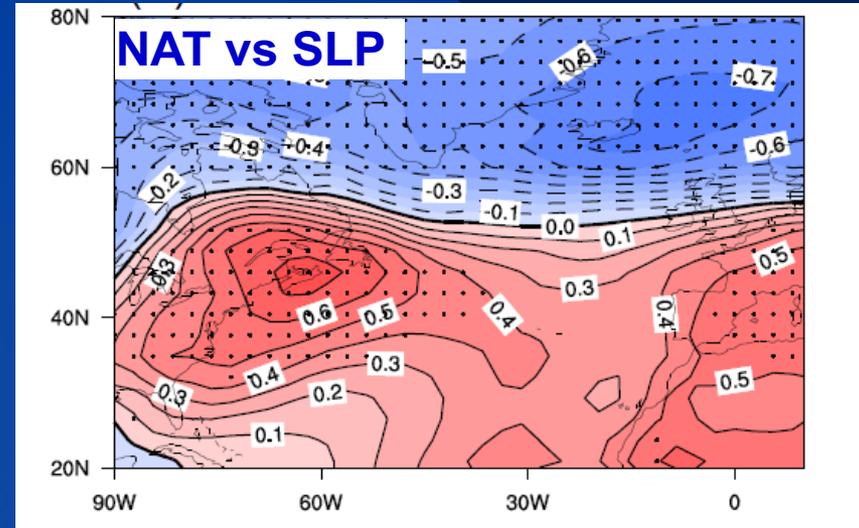
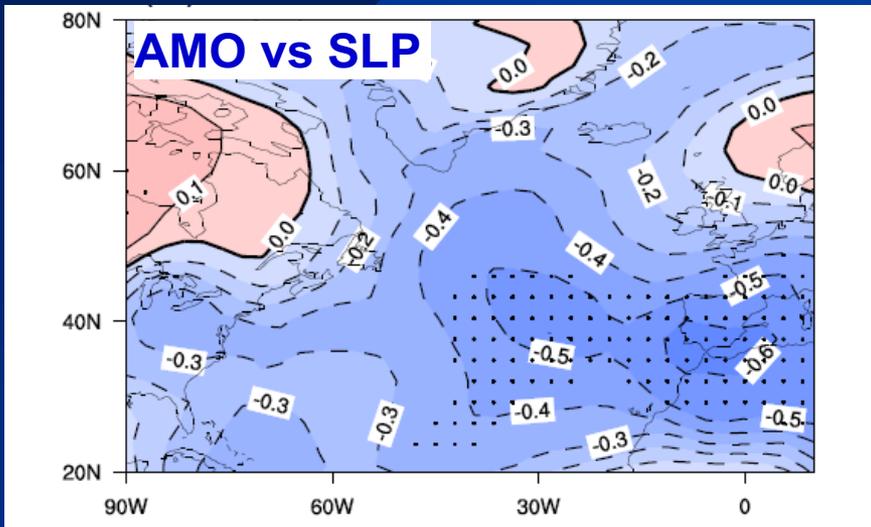
NAO leads AMO, while AMO has a negative feedback on NAO

**Hypothesize three possible mechanisms involved in the quasi-60-yr cycle**

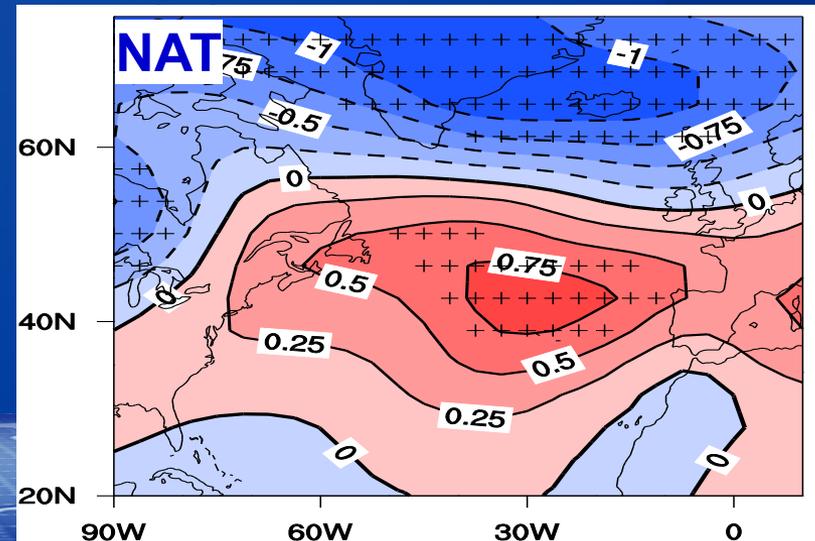
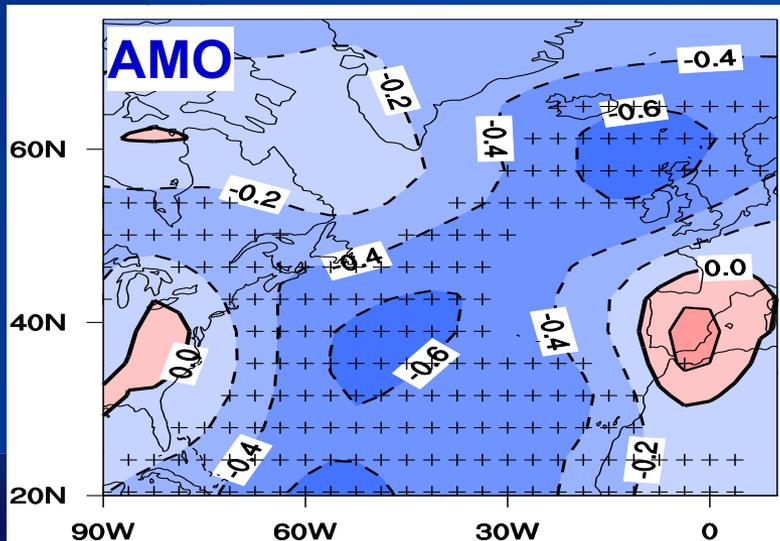
- 1. NAO has a direct effect on the NAT;**
- 2. NAO exerts some wind stress forcing on the AMO;**
- 3. AMO in turn provides some negative feedback on NAT.**

# 1. Direct effect of NAT on NAO

Atmospheric (SLP) responses to the AMO and NAT in CCSM4



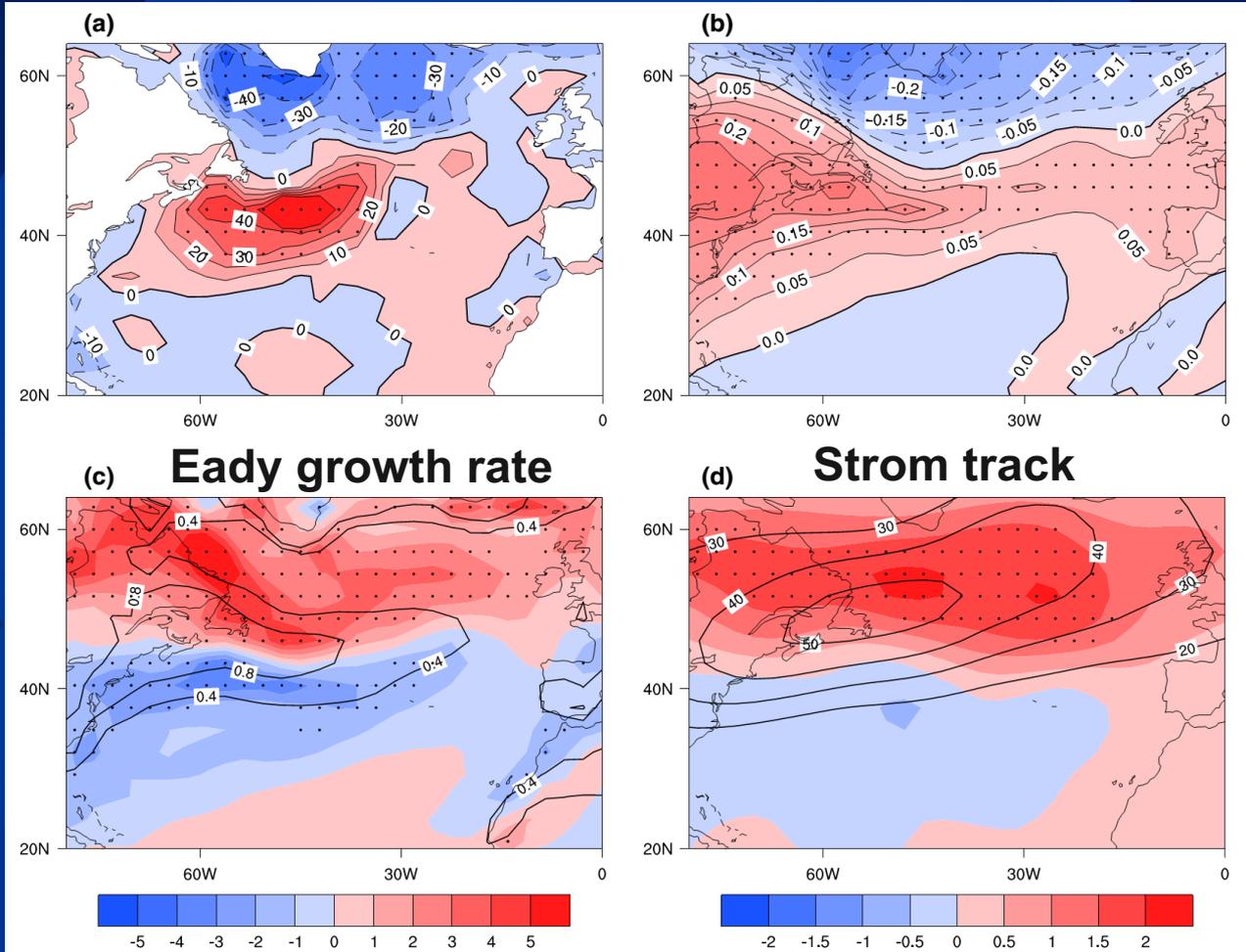
SLP response in an AGCM (SPEEDY model) to the NAT and AMO



# Physical processes for +NAT → +NAO

upward surface heat flux anomalies

850hPa air temperature



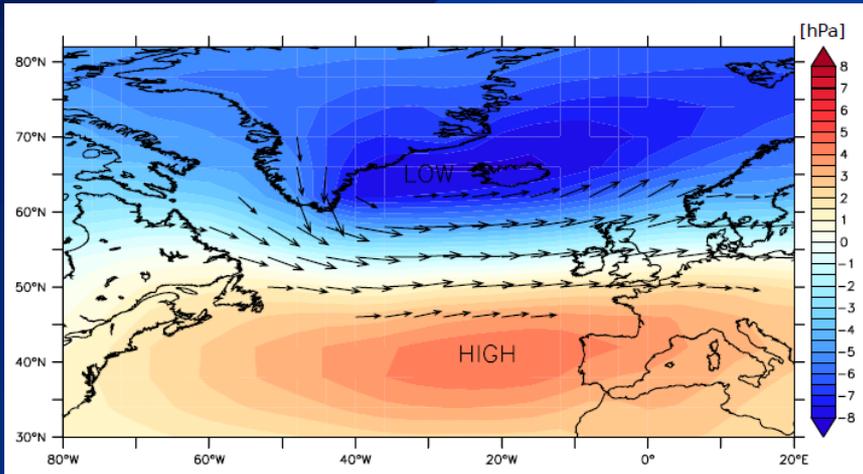
atmosphere acts to damp the SST anomalies

increase storm track intensity and shift northward

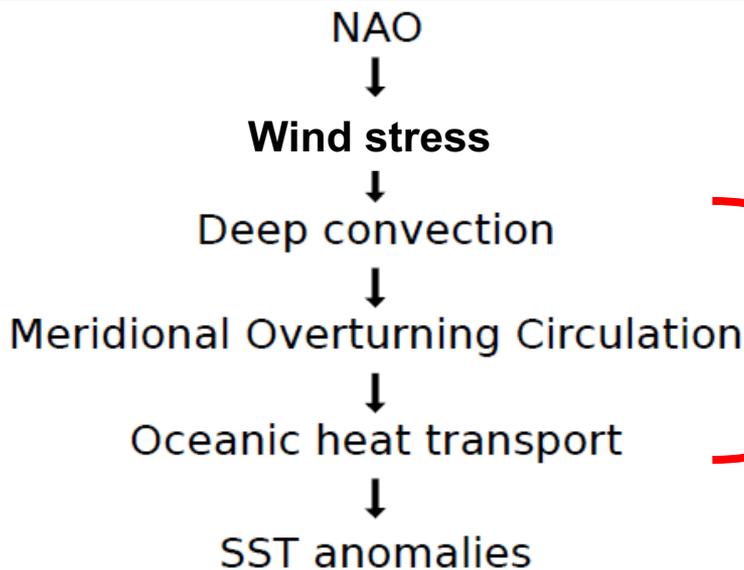
**NAT contributes to the increase of the storm track intensity and shifts the storm track northward, leading to a positive NAO phase.**

baroclinicity

## 2. NAO forcing on the AMO, +NAO → +AMO



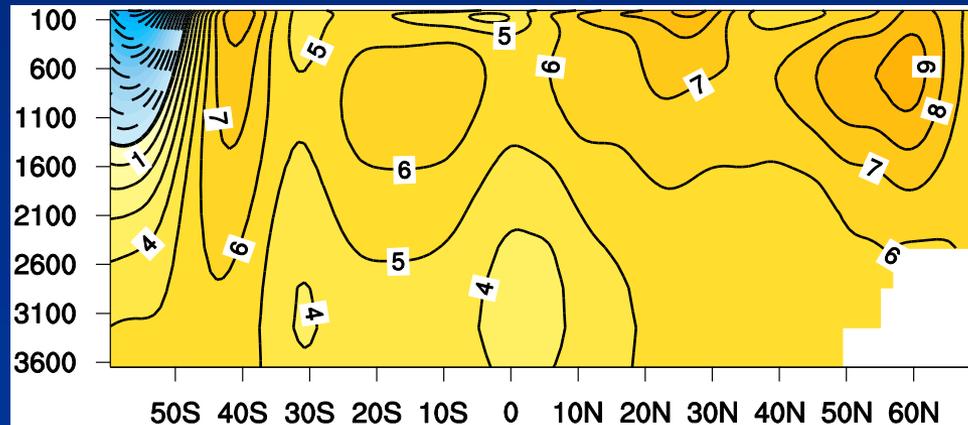
There is substantial modeling evidence that NAO-related wind stress anomaly can lead to multidecadal variations of the AMOC, which in turn produce the SST pattern of the AMO (Visbeck et al., 1998; Delworth and Greatbatch, 2000; Eden and Jung, 2001; Latif et al. 2006).



# The AMOC response simulated in the MOM5 model

The model is initialized by the steady state of a 200-yr-long control run. The control run is forced by climatological wind stress, heat flux, water flux and so on.

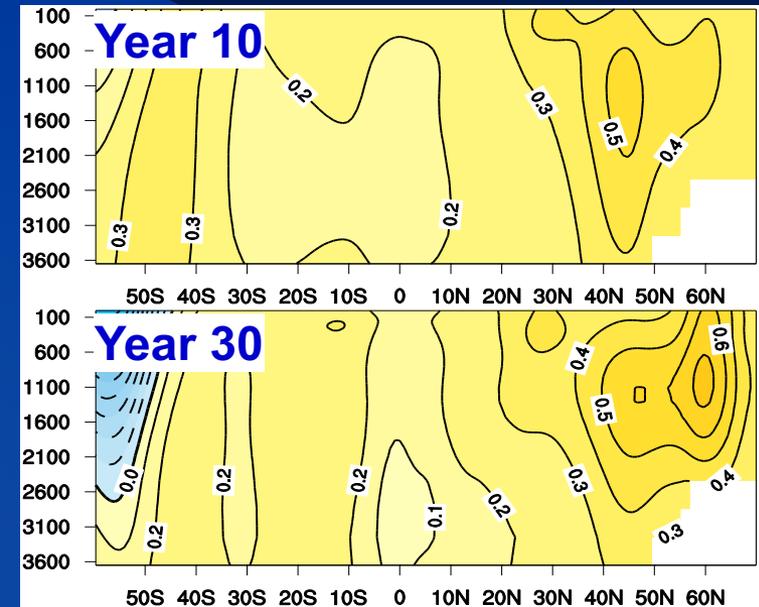
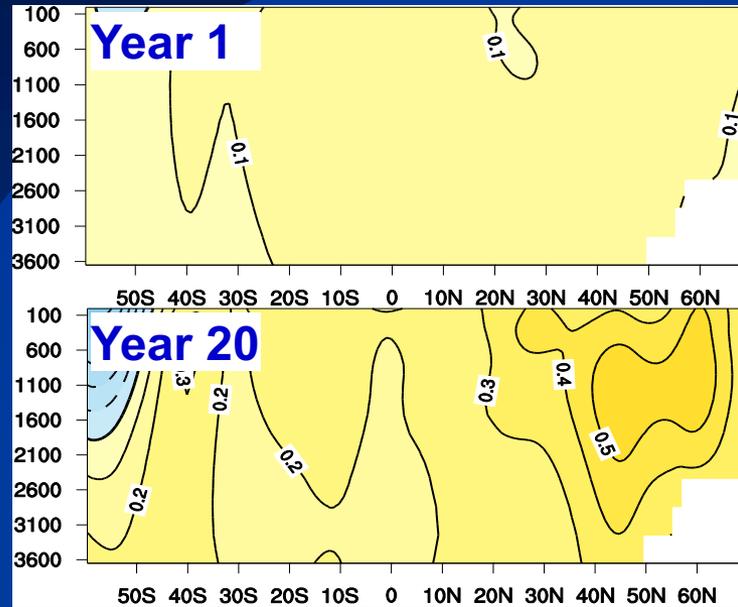
The model is driven by the NAO-type wind stress forcing (wind stress anomalies added to the climatological fields). The steady state is then subtracted from the results in order to examine the transient anomalous response to the NAO.



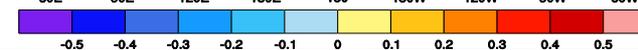
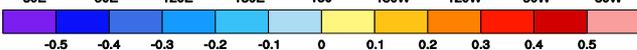
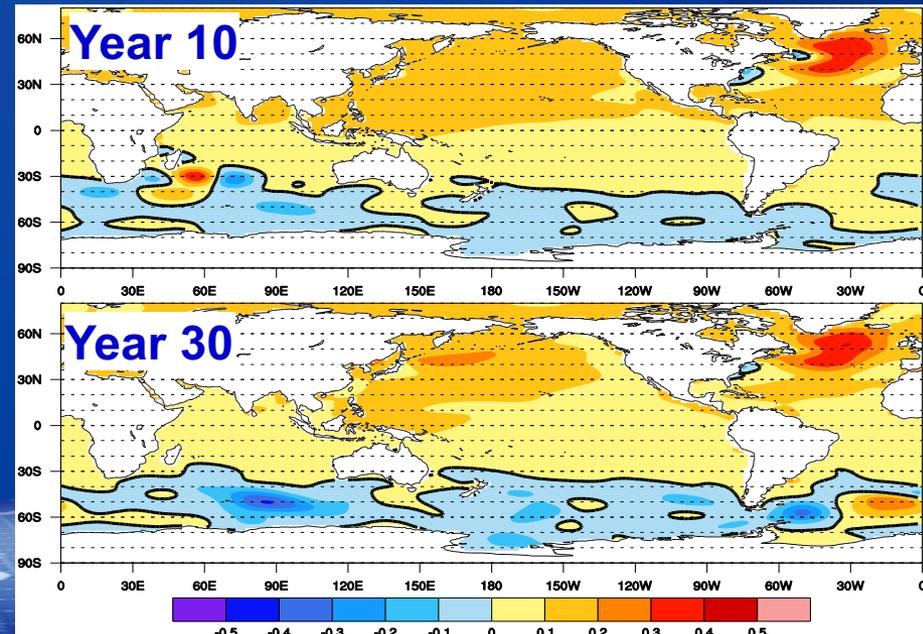
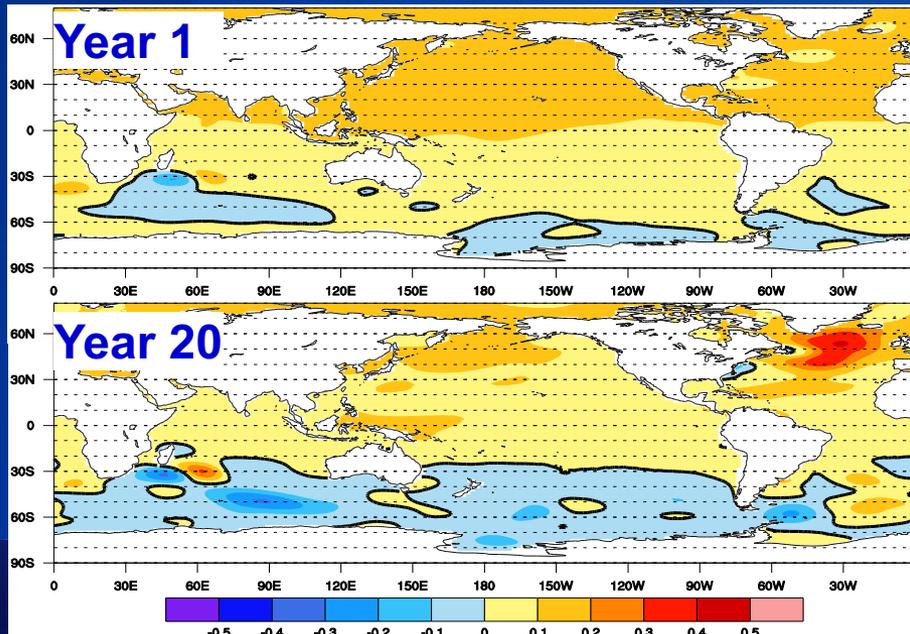
AMOC for the steady state

# AMOC response to NAO in the MOM5 model

Transient response of the AMOC

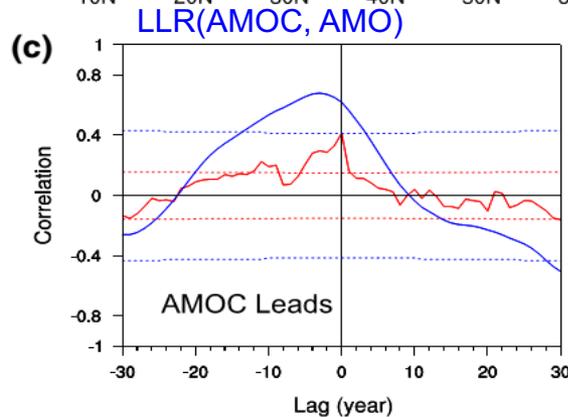
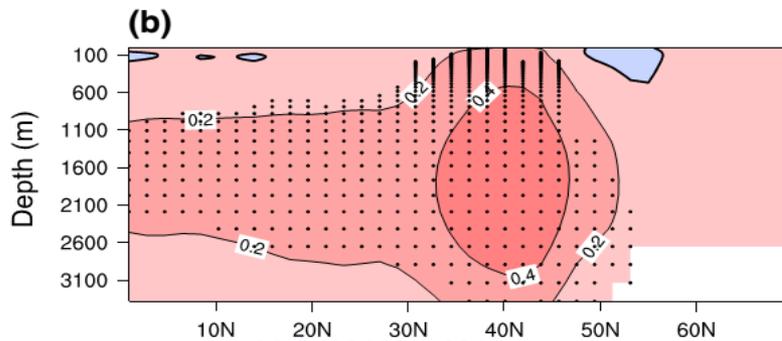
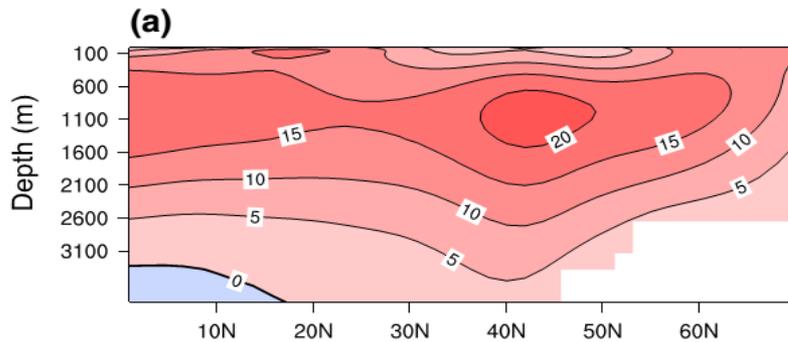


Transient response of the upper surface temperature 5-100m



# NAO → AMO

## CCSM4 simulation

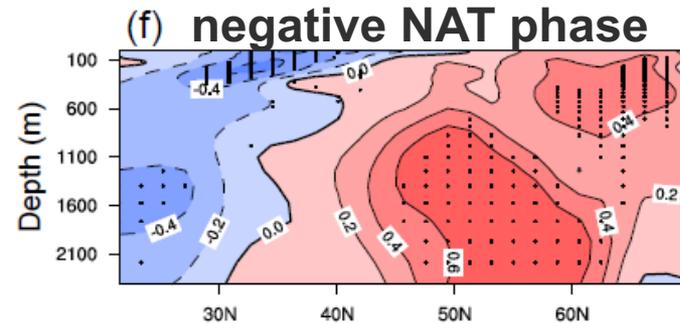
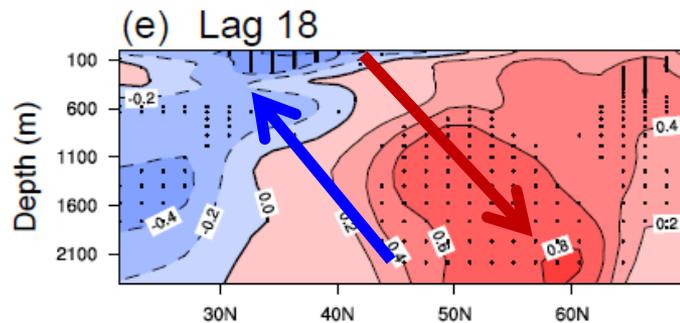
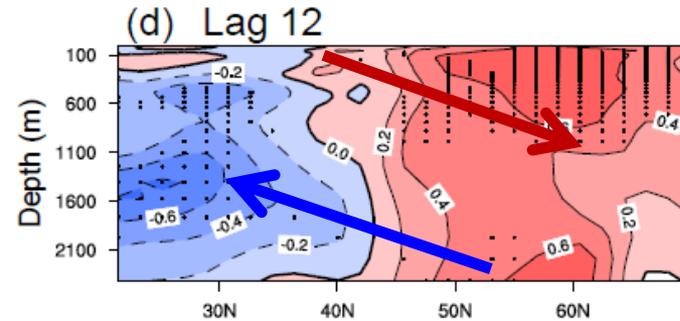
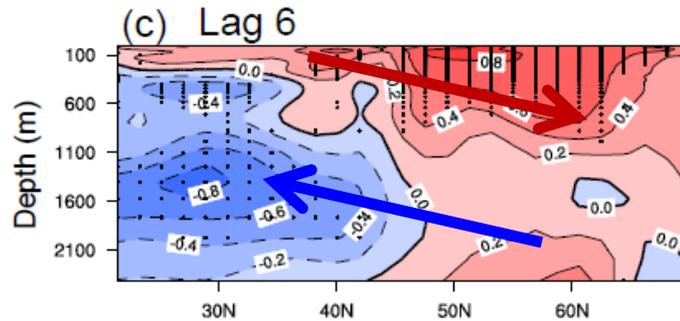
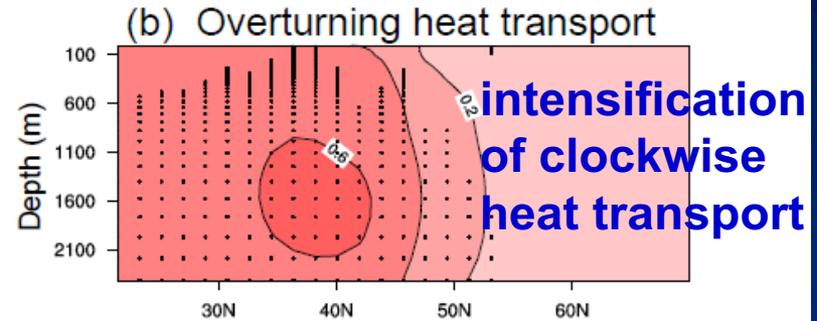
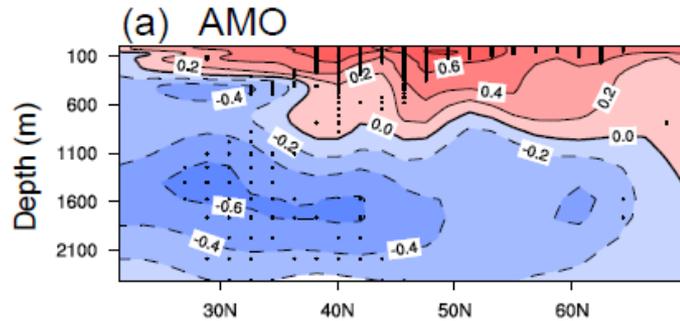


Simulated long-term mean AMOC

NAO leads the AMOC by 15 years  
+NAO → AMOC strengthening  
-NAO → AMOC weakening

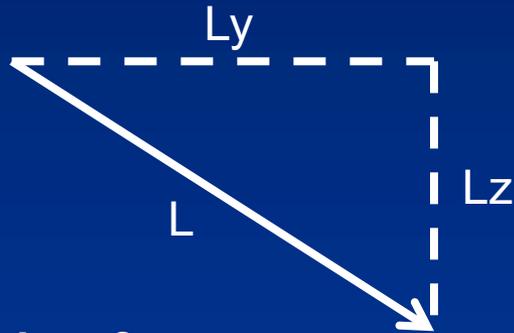
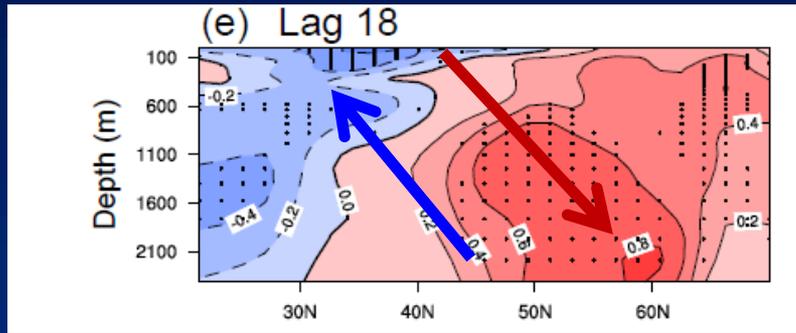
AMOC in phase the AMO

### 3. Negative feedback of AMO on NAT, +AMO → -NAT



The positive correlations are at first located in the upper North Atlantic and then propagate into the subpolar region, expanding downward; the negative correlations are shifted southward.

# Theoretical explanation for the time delay



Time it takes for transport along the OHT pathway

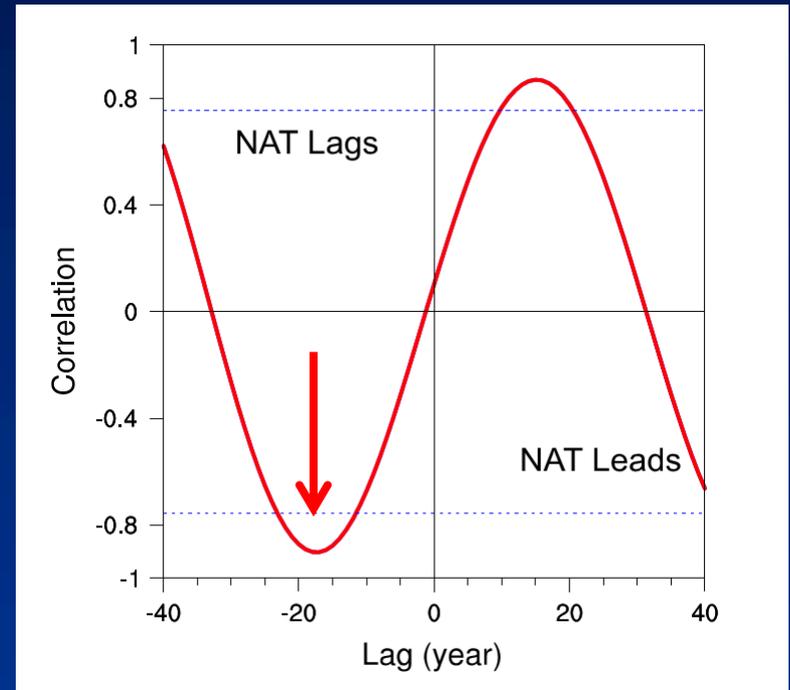
$$\frac{L}{V}$$

$$\frac{L}{V} \approx \frac{L_y}{V_y} \approx \frac{L_z}{V_z}$$

$$V_y = \frac{\Psi}{W \cdot D}$$

$$\frac{L_y \cdot W \cdot D}{\Psi}$$

The theoretical time delay is ~16 years.



Very close to the time lag of the NAT relative to the AMO

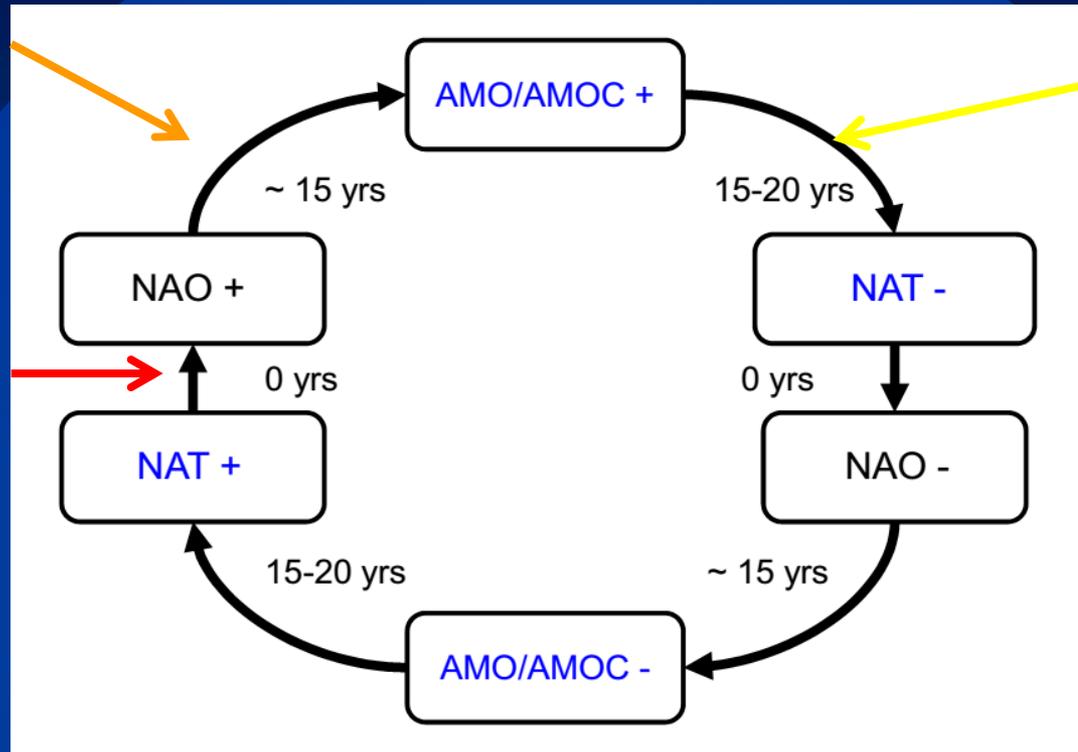
The advection plays a key role in the SST evolution from positive AMO to negative NAT.

# Summary of the mechanisms

Process #2

Process #3

Process #1



The positive NAO forces the enhancement of the AMOC, and leads to the AMO positive phase. The forcing effect is delayed by about 15 years, possibly due to the large inertia associated with slow oceanic processes. The enhanced AMOC continues to affect the heat transport, and due to slow ocean adjustment, the North Atlantic Ocean shows a delayed response (after about 18 years) to the preceding enhanced AMOC with an SST pattern that resembles the NAT negative phase. The NAT negative phase coincides with the NAO negative phase in the atmosphere, and thus the cycle proceeds, but in the opposite sense. Blue (black) text indicates oceanic (atmospheric) phenomena.

(Sun, Li, & Jin, 2015, *Clim Dyn*)

# Delayed oscillator model

$$\text{NAO}(t) \approx \text{NAT}(t), \quad \text{SST feedback to atmos.} \quad (2)$$

$$C \frac{d\text{AMO}}{dt} = \alpha \text{NAO} - \frac{\text{AMO}}{\beta}, \quad \text{atmos. forcing of ocean} \quad (3)$$

$$-\text{NAT}(t + \tau) \approx \text{AMO}(t), \quad \text{ocean adjustment} \quad (4)$$



$$\frac{d\text{NAT}(t)}{dt} = -\frac{\alpha}{C} \text{NAT}(t - \tau) - \frac{\text{NAT}(t)}{\beta C}, \quad (5)$$

$$\text{NAO}(t) \approx \text{NAT}(t).$$

Delayed oscillator model for NAO  
multidecadal variability

$C$  is the estimated effective heat capacity of climate system, in the range of 13 to 35  $\text{W yr m}^{-2} \text{K}^{-1}$  [Knutti et al., 2008];

$\beta$  is linear damping coefficient, estimated in the range from 0.6 to 1.2  $\text{K (W m}^{-2})^{-1}$  [Knutti and Hegerl 2008];

The parameter  $\alpha$  represent the magnitude of NAO effect;

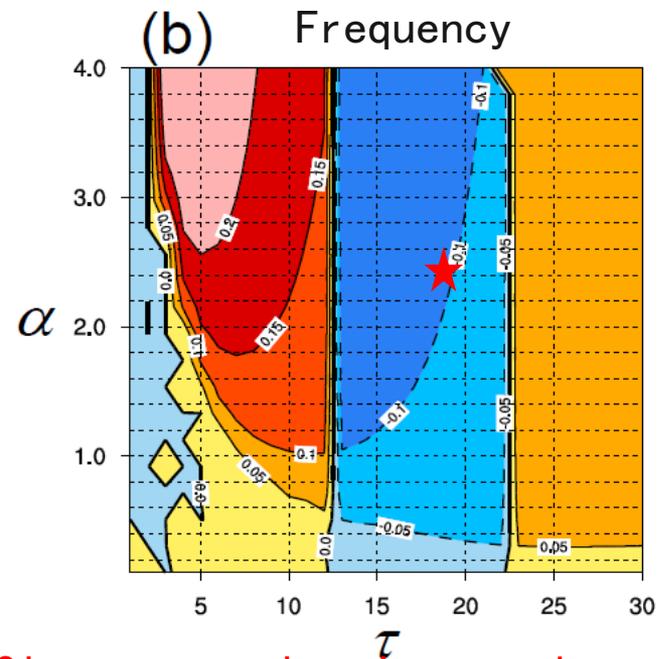
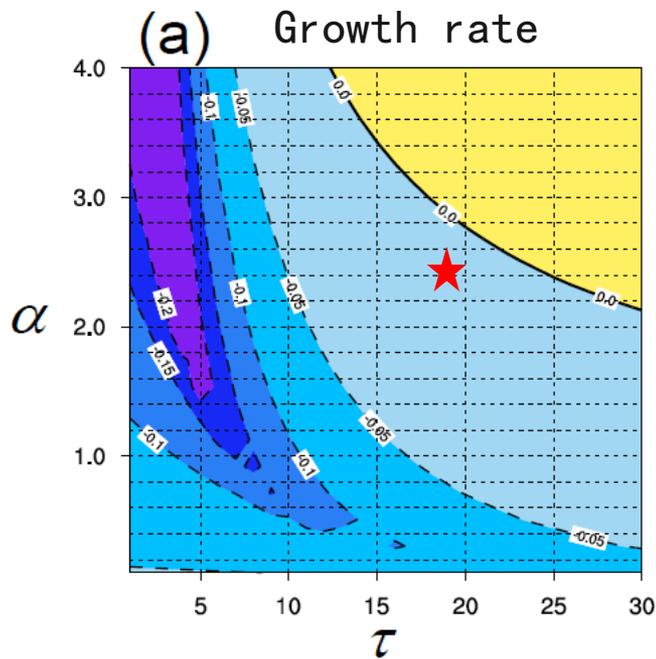
$\tau$ : the time delay for the AMO feedback

# Normal mode analysis

Frequency and growth rate

$$\sigma_R = -\frac{1}{\beta C} - \frac{\alpha}{C} e^{-\sigma_R \tau} \cos(\sigma_I \tau), \quad (6)$$

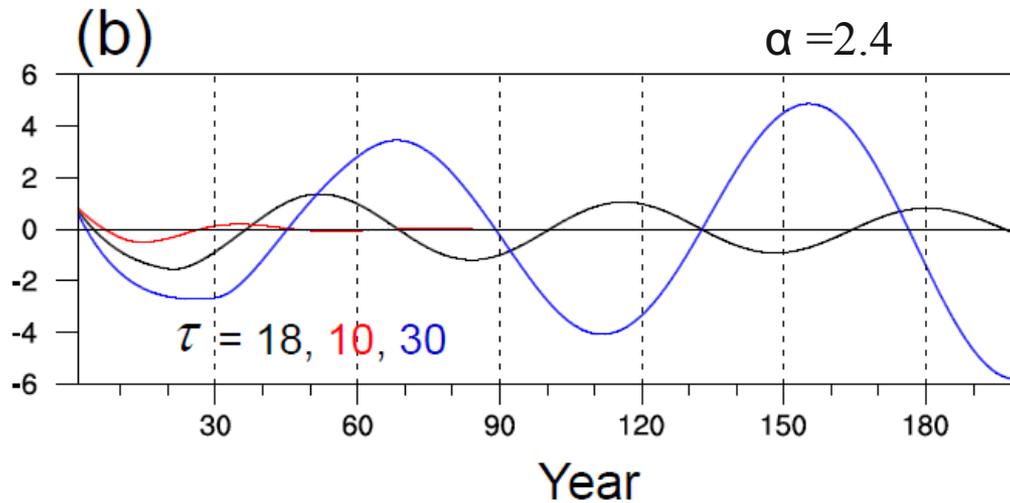
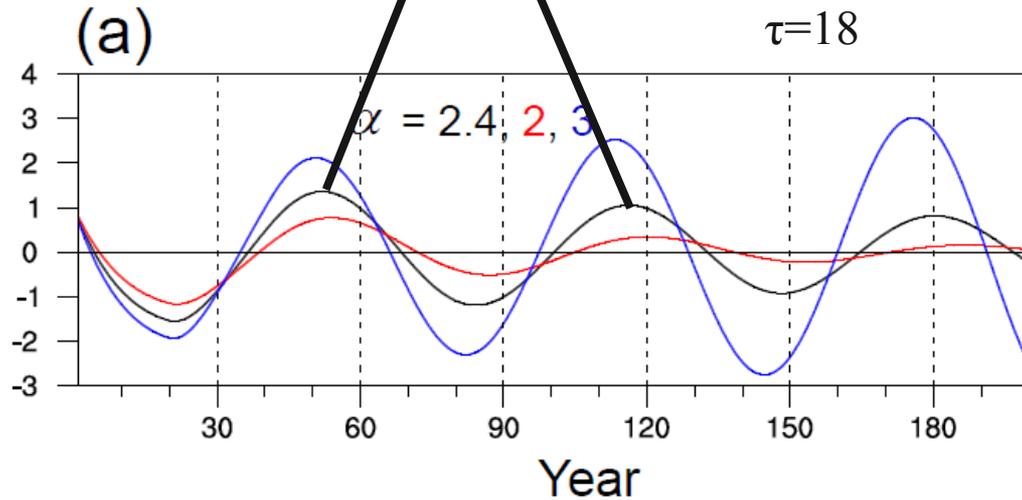
$$\sigma_I = \frac{\alpha}{C} e^{-\sigma_R \tau} \sin(\sigma_I \tau). \quad (7)$$



★ Closest to the observation

# Numerical solution of the model

Quasi-60 yr cycle



Given realistic parameter values, the model can reproduce stable quasi-60 yr cycle of the NAO

# Outlines

- **Multidecadal variability in North Atlantic:  
a view from decadal-scale air-sea  
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- **Remote influences of North Atlantic  
multidecadal variability**

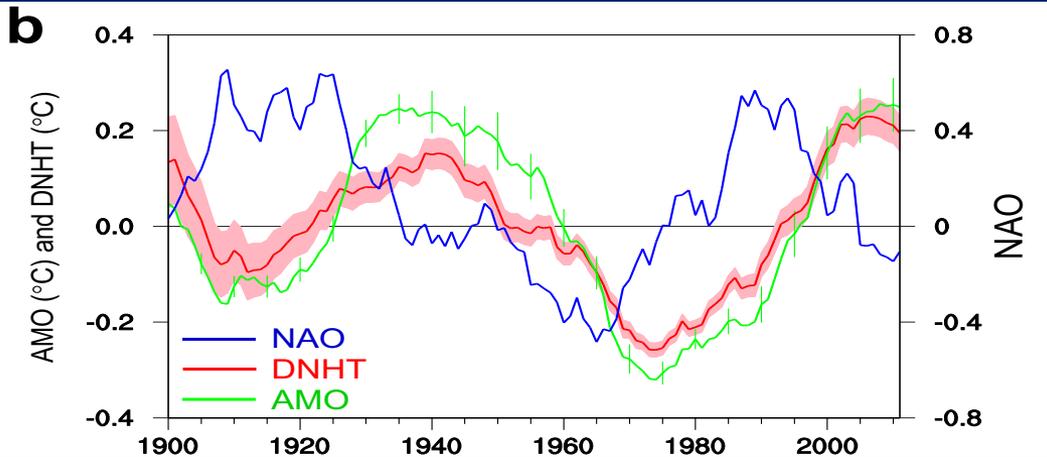


# NAO implicated as a predictor of Northern Hemisphere mean temperature multidecadal variability

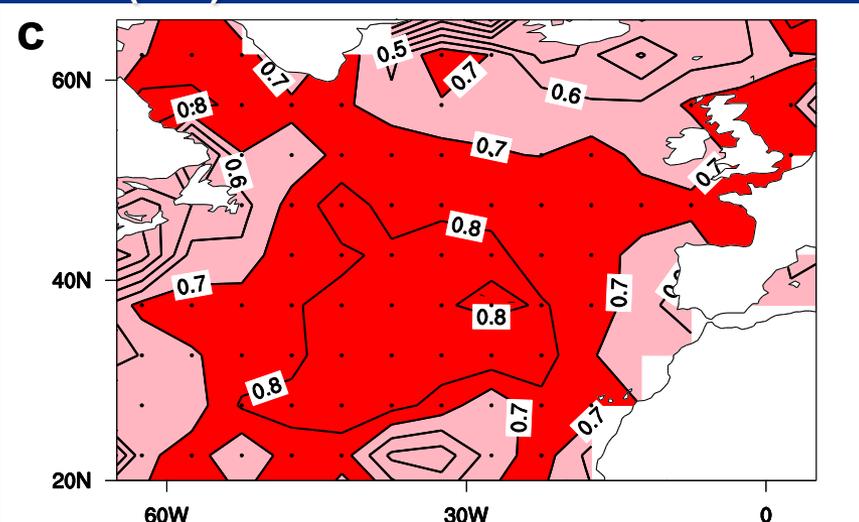
Jianping Li,<sup>1</sup> Cheng Sun,<sup>1</sup> and Fei-Fei Jin<sup>2</sup>

(Li, Sun, and Jin, 2013, *GRL*)

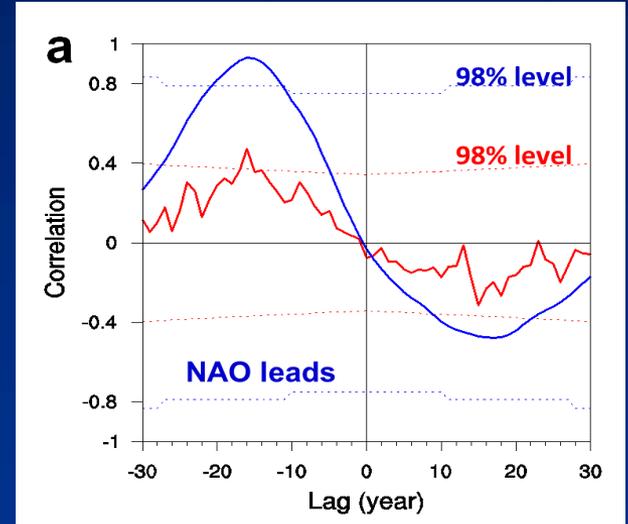
The above multidecadal dynamical theory can explain the observational fact that the NAO leads the DNHT (detrended NHT) by 1-2 decades



NAO (-16) vs. SST



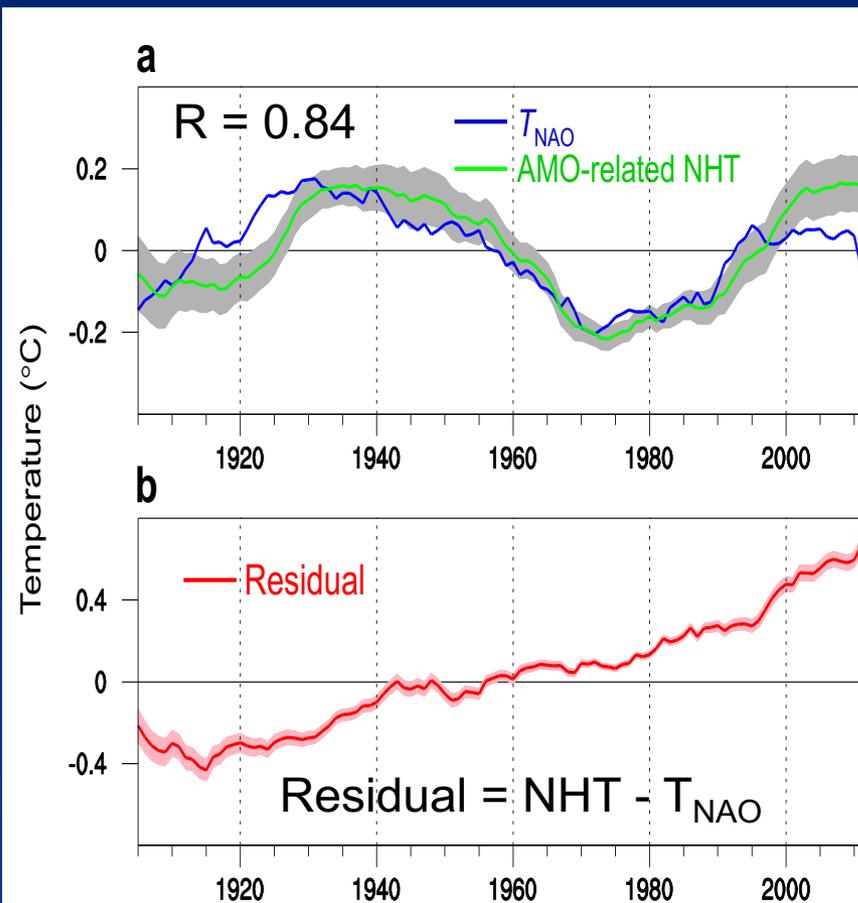
## LLR (NAO, DNHT)



The maximum correlation coefficients occur at a lag of 16 years (NAO leading DNHT)  
Red: unfiltered data  
Blue: 11-yr running means

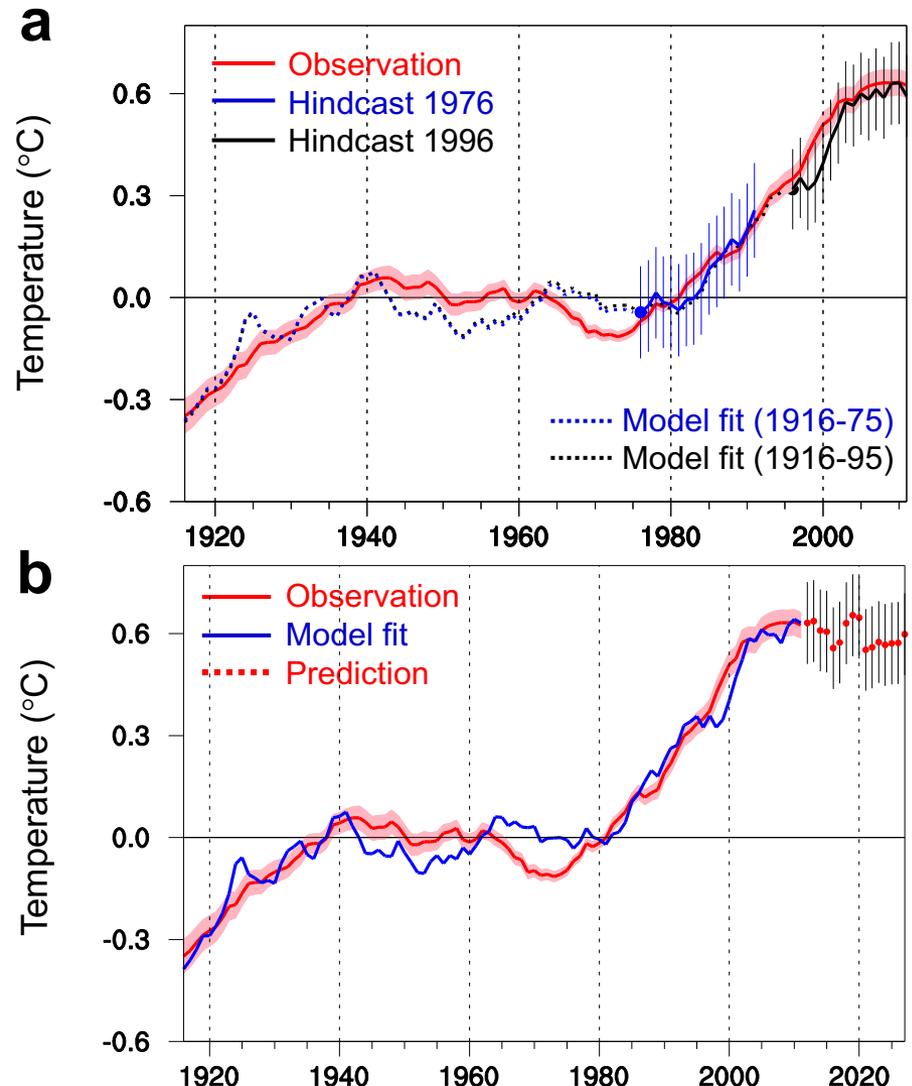
# Modeling DNHT using NAO signal

$$C \frac{dT_{NAO}}{dt} = \alpha NAO - \frac{T_{NAO}}{\beta}$$



# NAO-based Prediction model

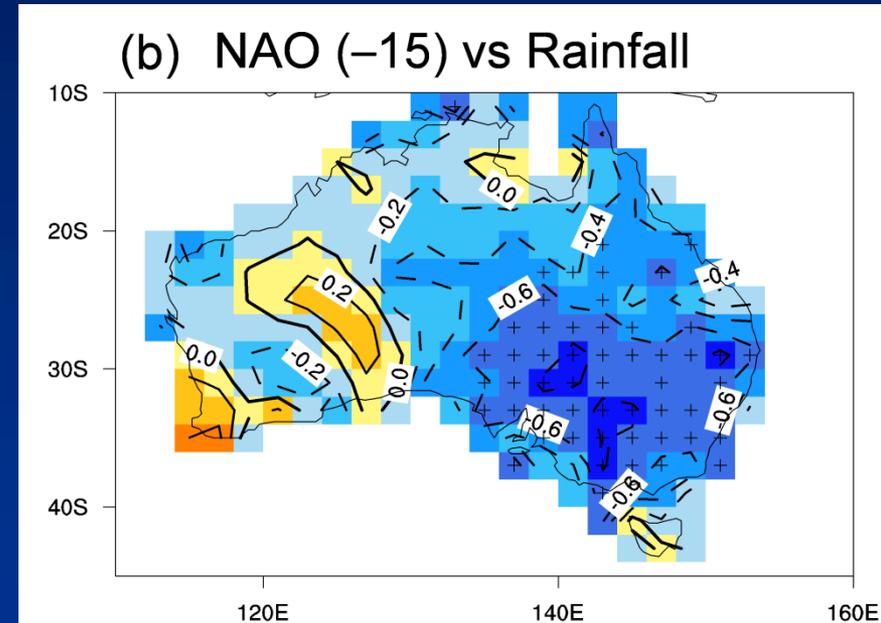
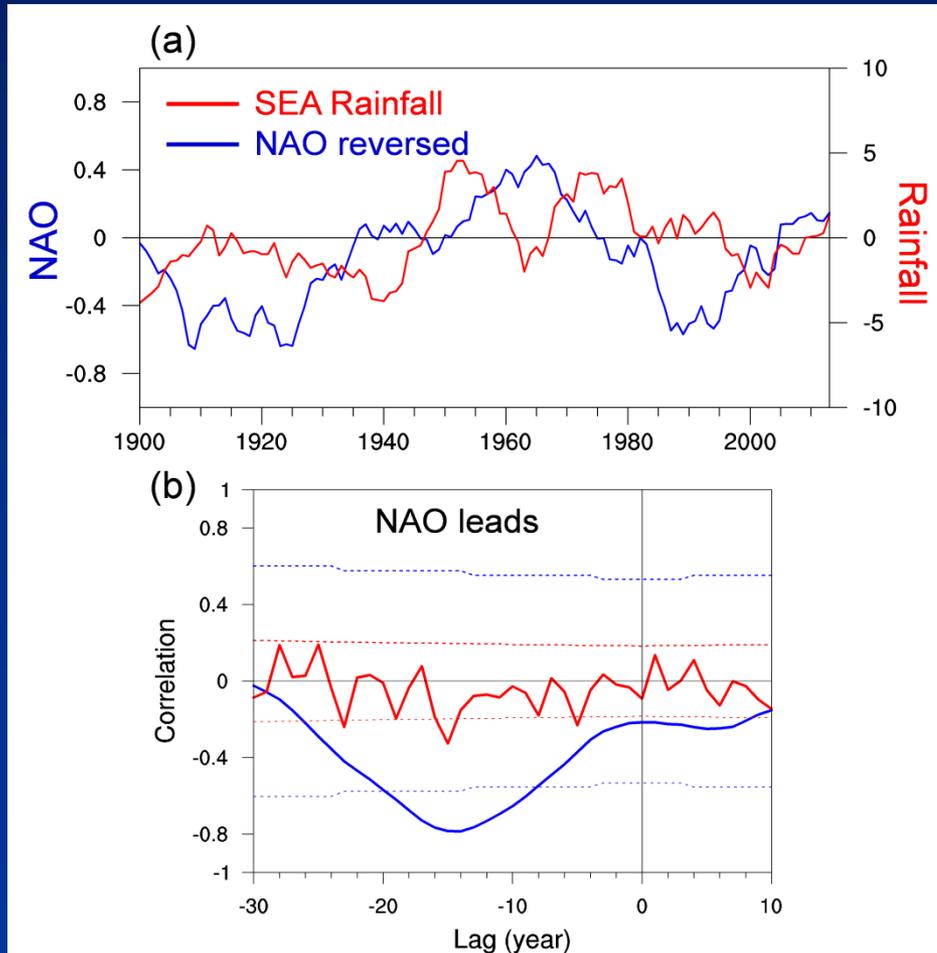
$$NHT(t) = aNAO(t-16) + bt + c$$



The prediction shows NHT will fall slightly over the next decade (2012-2027).

# A Decadal-Scale Teleconnection between the North Atlantic Oscillation and Subtropical Eastern Australian Rainfall

(Sun et al., 2015, *JC*)



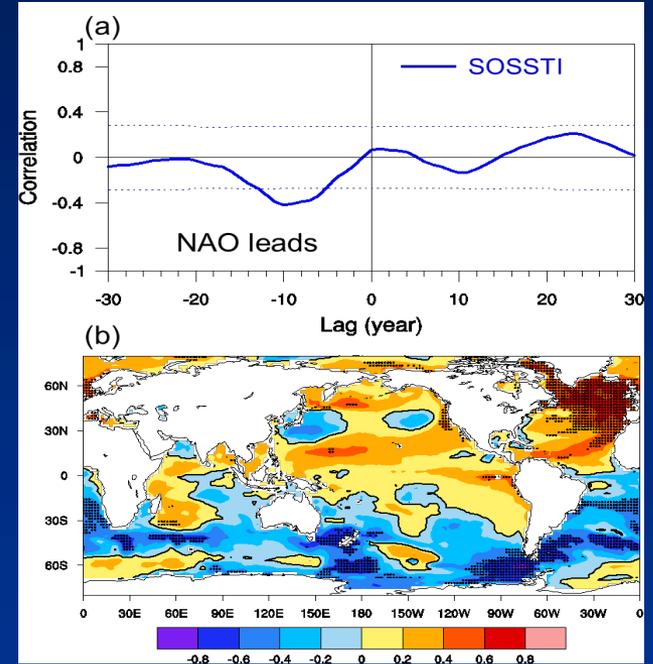
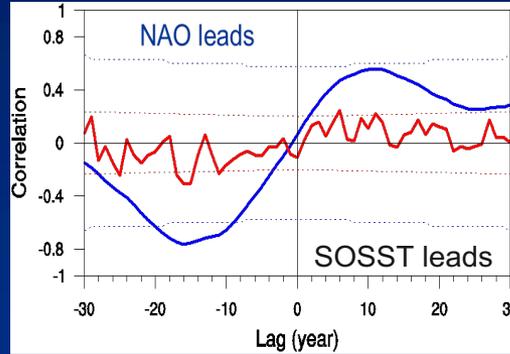
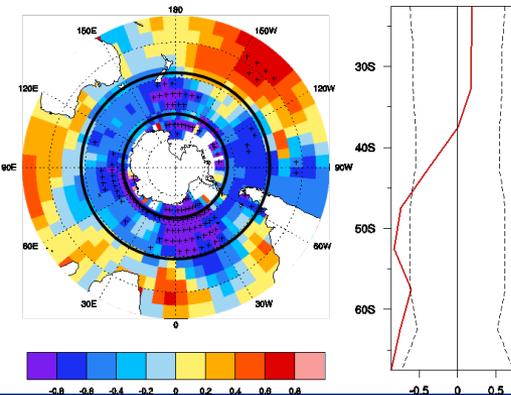
**Based on observations, SEAR is connected with NAO, with NAO leading by ~15 years.**

# NAO → AMOC → SST Interhemispheric Dipole

Fully coupled model: CCSM4

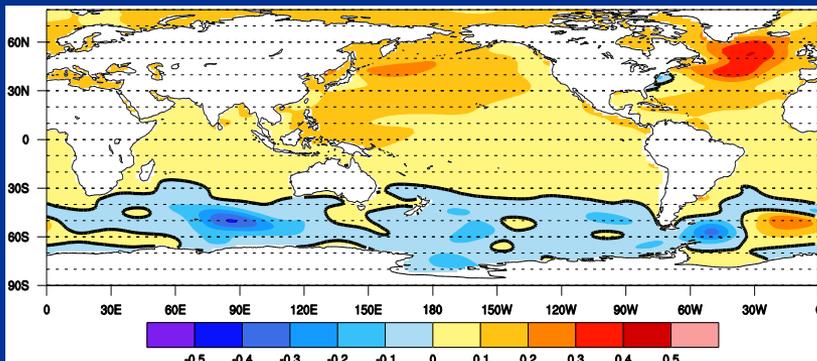
Observation: NAO vs. SOSST

(b) NAO (-15) vs SST

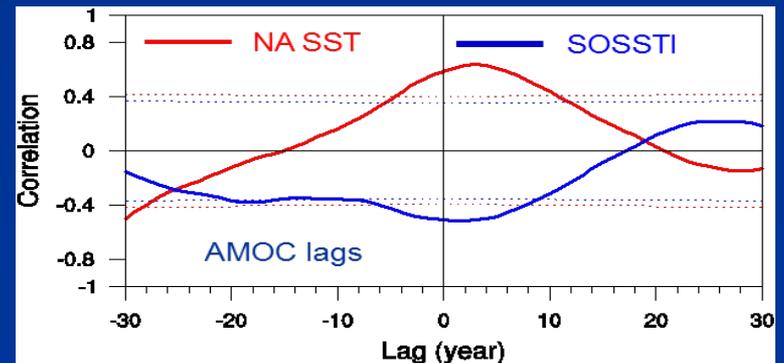


Ocean model: MOM5

Upper temperature response to NAO forcing

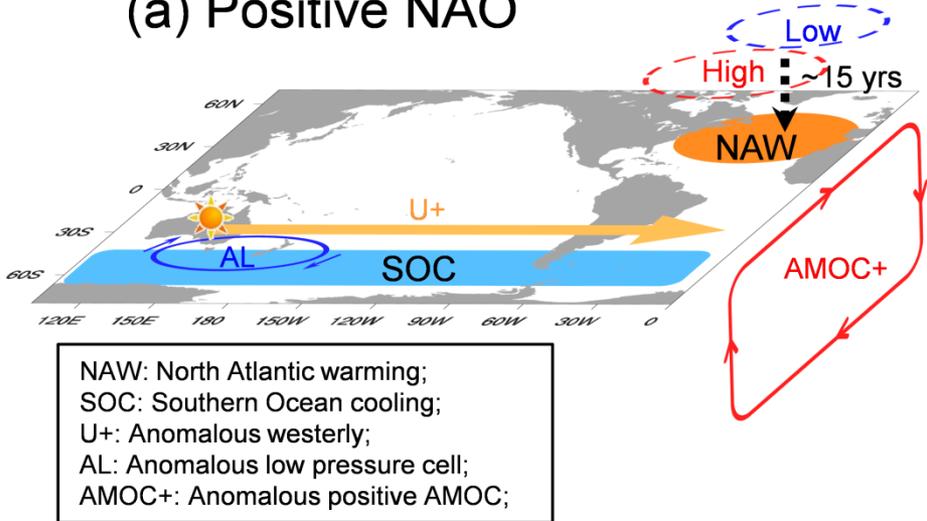


AMOC and SST interhemispheric dipole

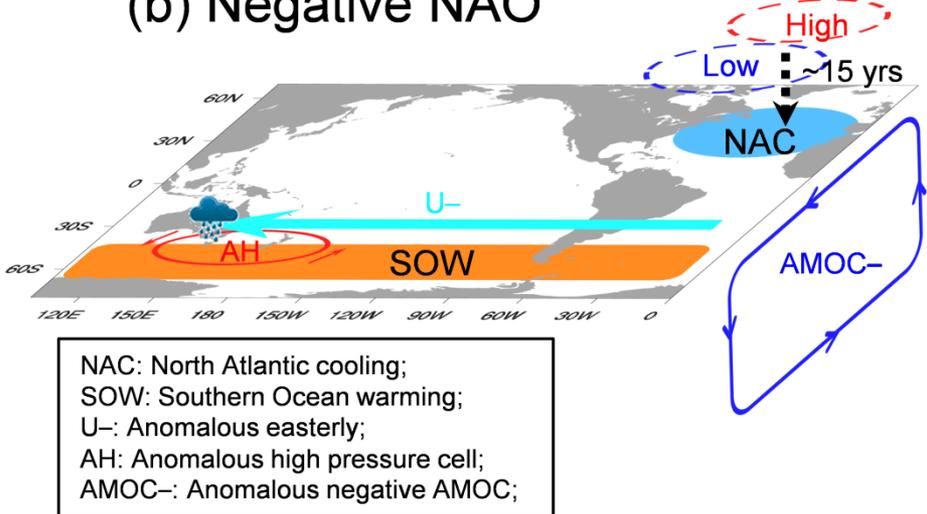


# Mechanisms

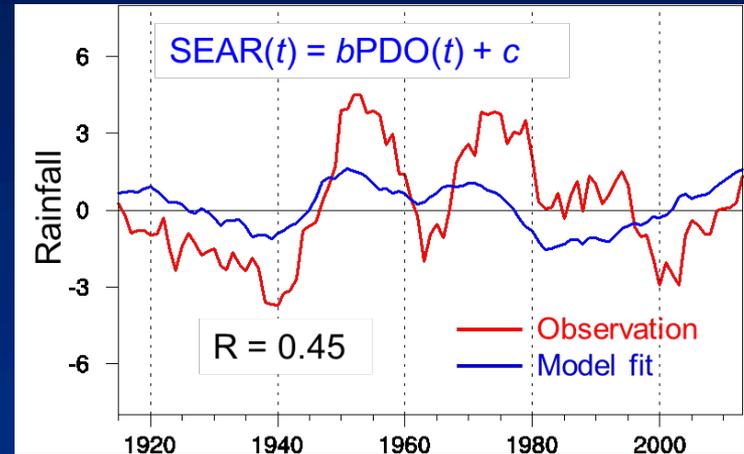
(a) Positive NAO



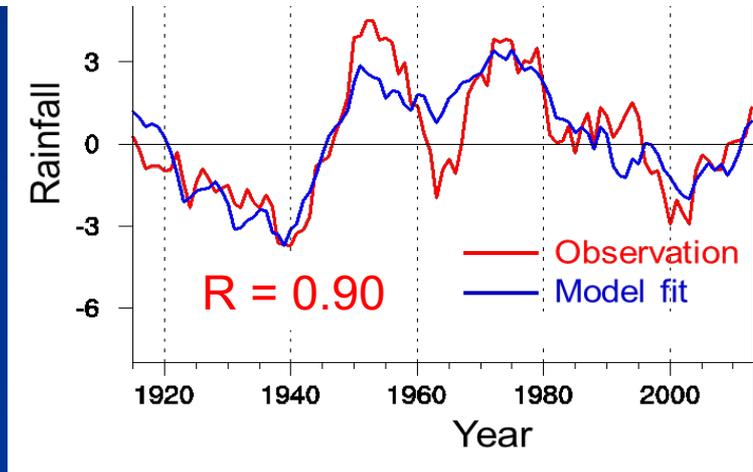
(b) Negative NAO



# Empirical model



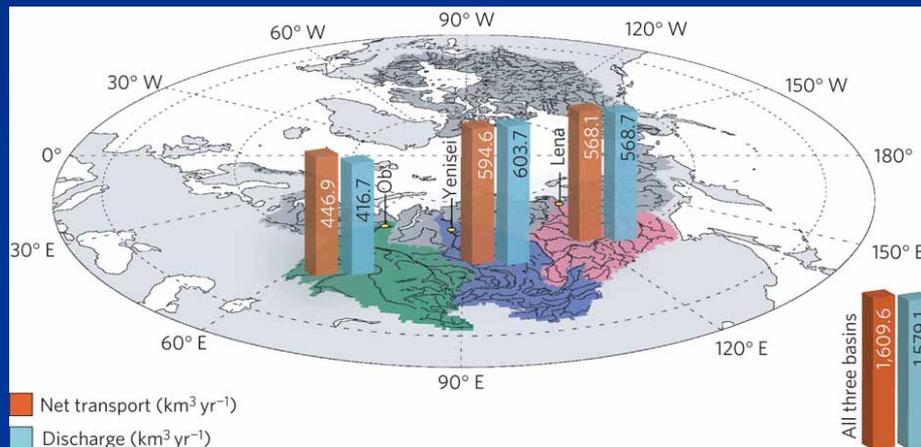
$SEAR(t) = aNAO(t-15) + bPDO(t) + c$



# Remote influence of Atlantic multidecadal variability on Siberian warm season precipitation

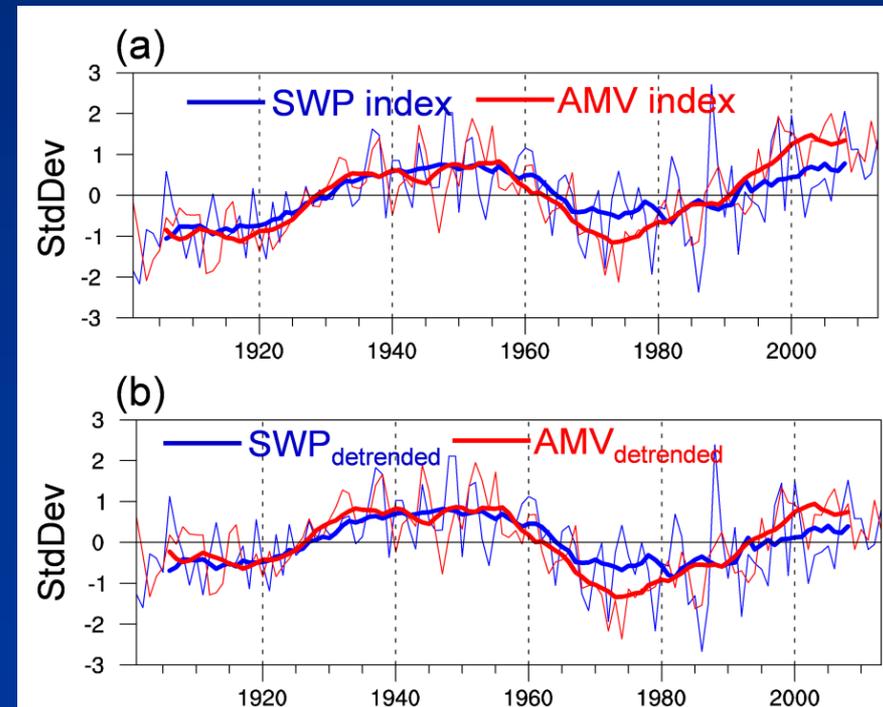
(Sun et al., 2015, *Sci. Rep.*)

Siberian precipitation peaks during the warm season (May to Oct.) and has important implications for Arctic hydrologic cycle, **but our understanding of the Siberian warm season precipitation (SWP) decadal variability is still limited.**



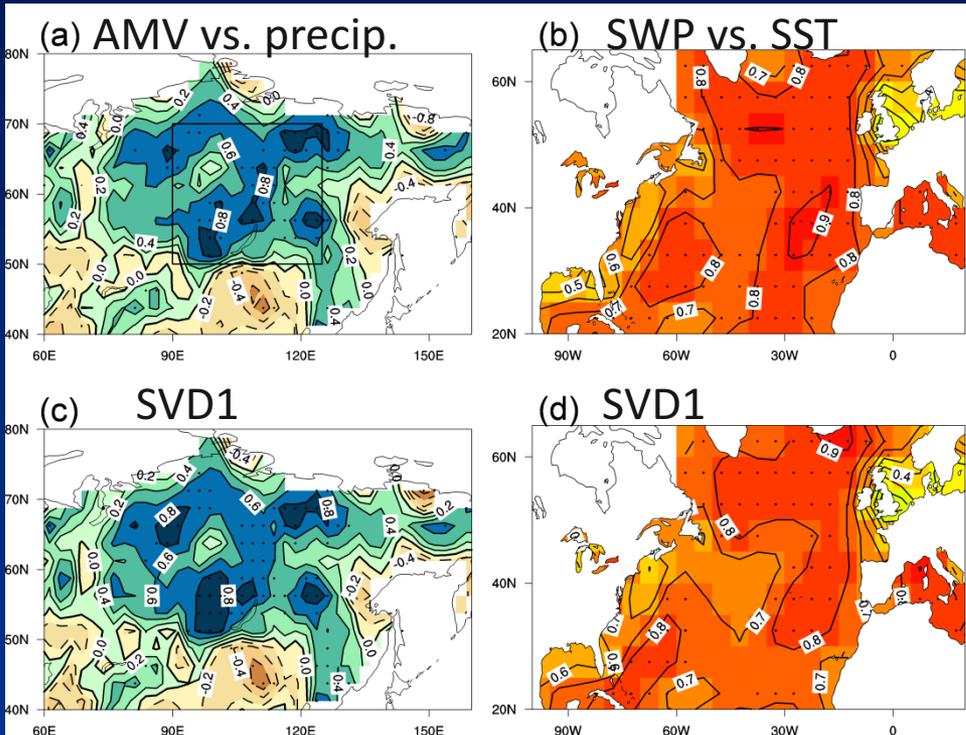
Zhang et al. 2012

## Temporal covariability between SWP and AMV

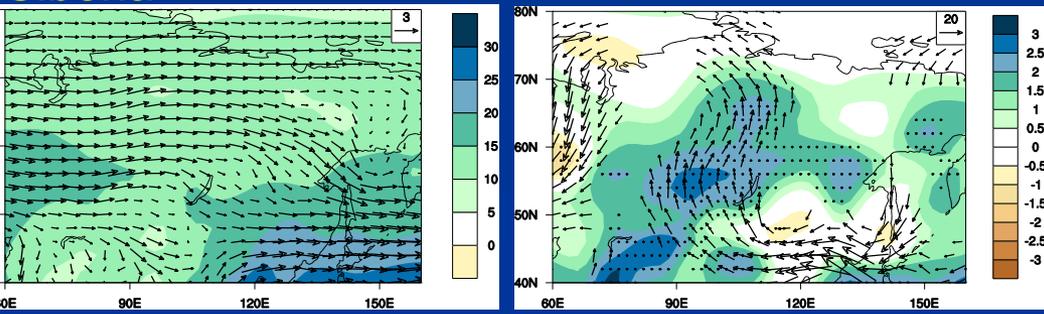


R = 0.91

# Spatial patterns of covariability

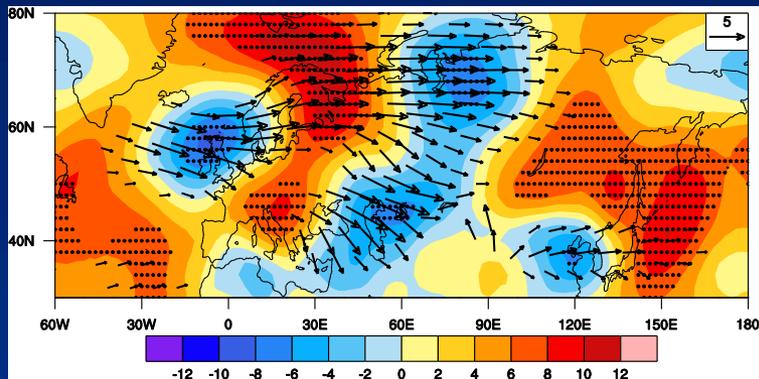


Southerly brings moisture northward to Siberia

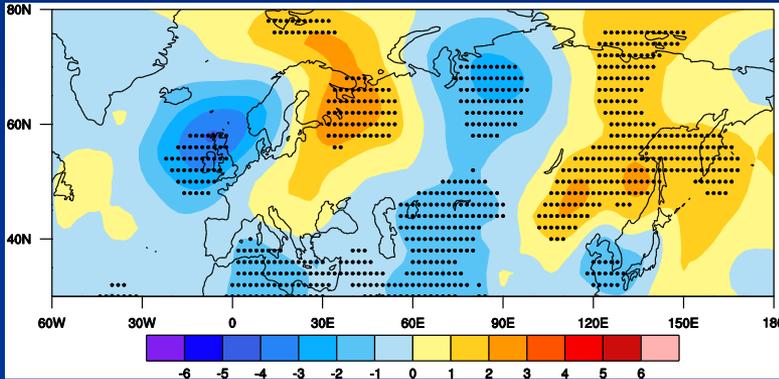


# Large-scale atmospheric circulation pattern associated with AMV

Z300 and stationary wave activity flux

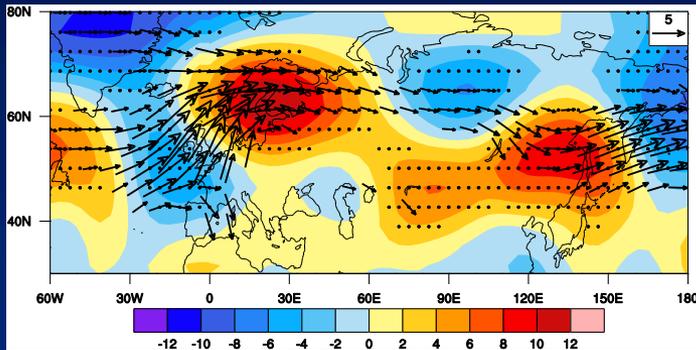


Z900

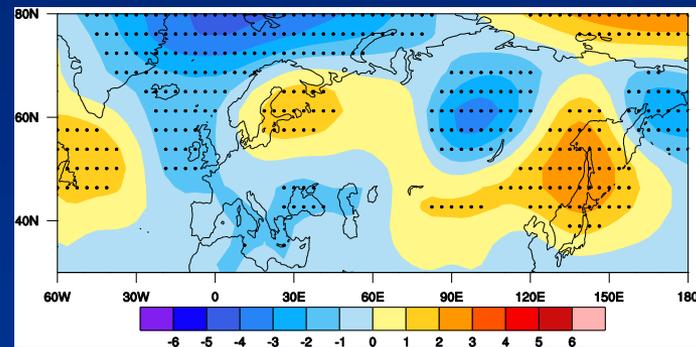


# AGCM simulation using SPEEDY model

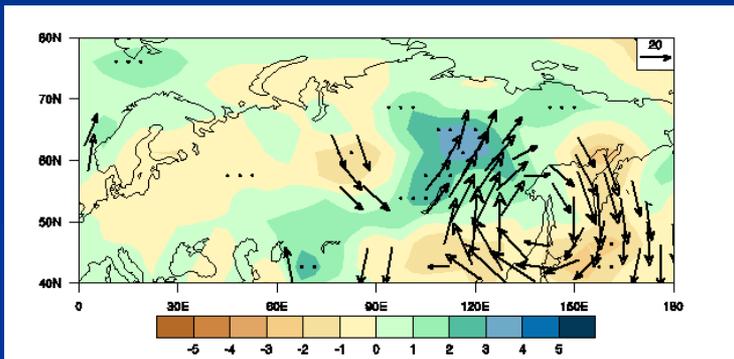
Z300



Z900



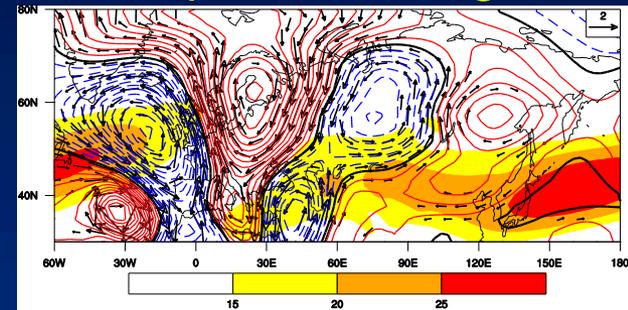
Precipitation and moisture flux



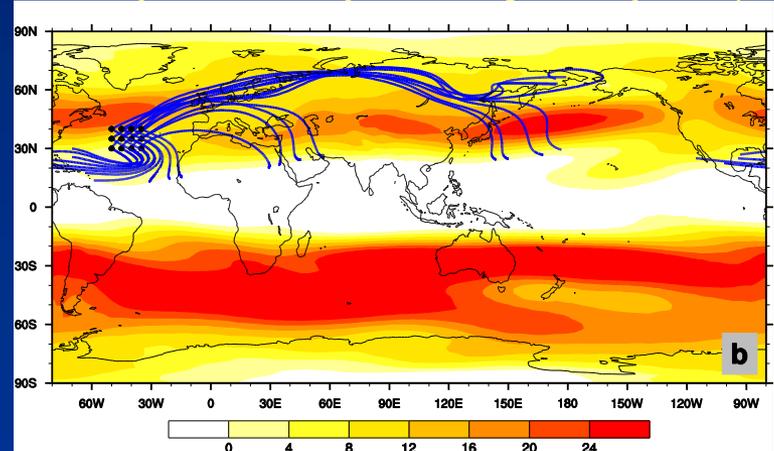
# Rossby wave dynamics

Barotropic modelling

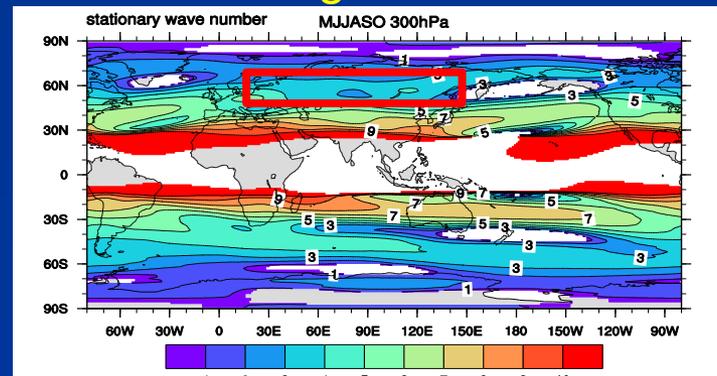
Z300



Rossby wave ray tracing analysis (k = 4)



favorable background conditions

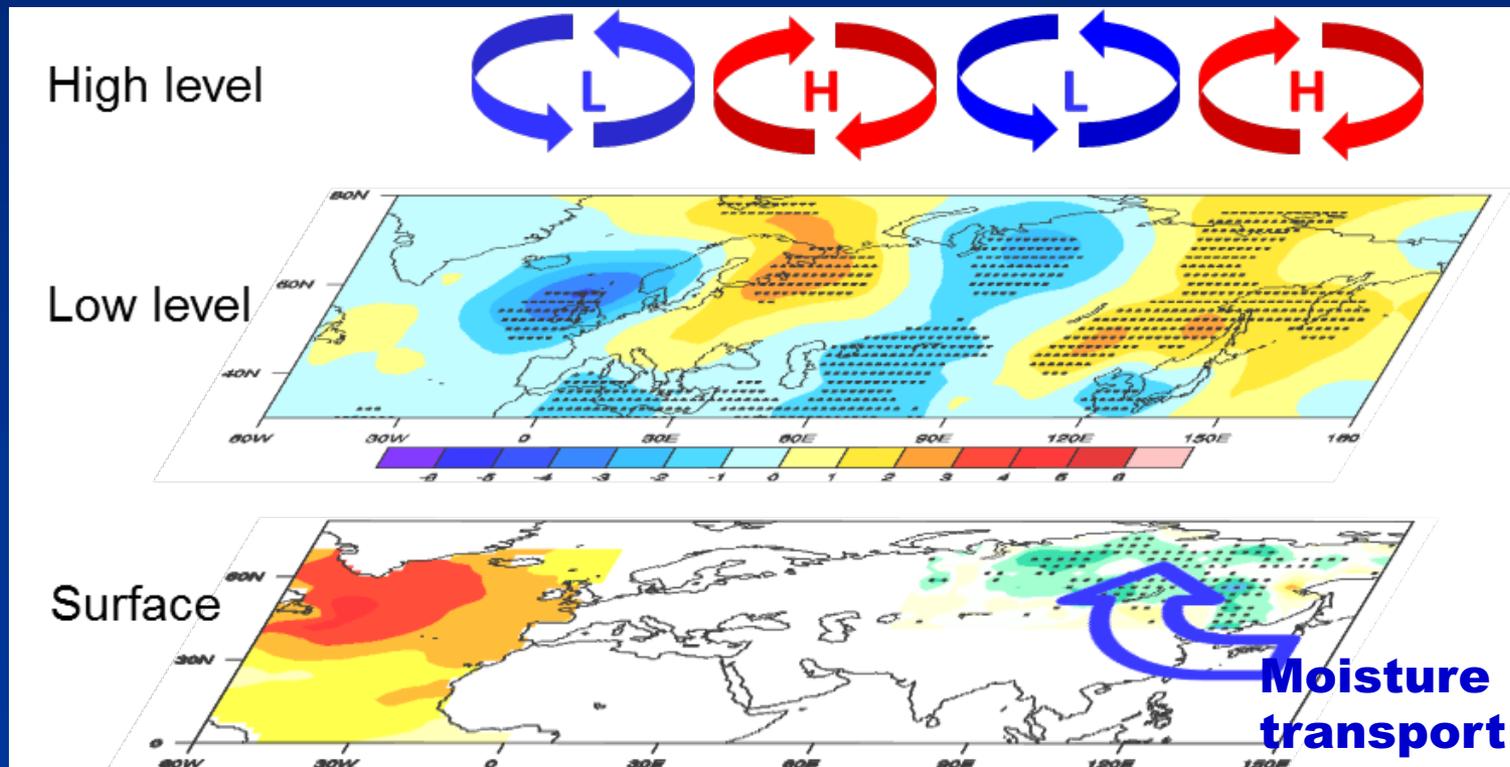


# Remote influence of Atlantic multidecadal variability on Siberian warm season precipitation

(Sun et al., 2015, *Sci. Rep.*)

## Mechanisms

SST anomaly excites a Rossby wave train

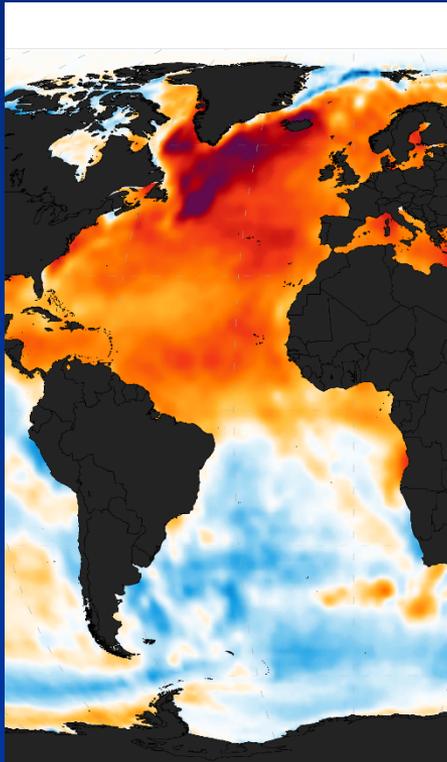


# Cold season Africa–Asia multidecadal teleconnection pattern and its relation to the Atlantic multidecadal variability

(Sun et al., 2016, *CD*)

Observation and reconstruction studies have suggested a decadal-scale linkage between Atlantic multidecadal variability and East Asian winter climate, **but the dynamical mechanism underlying this wintertime teleconnection is still unclear and the pathway remains to be elucidated**

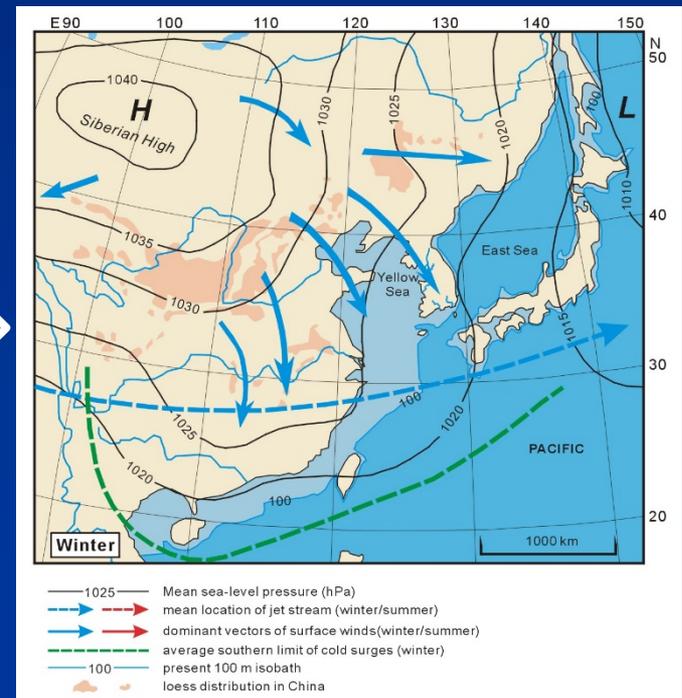
AMV



Teleconnection



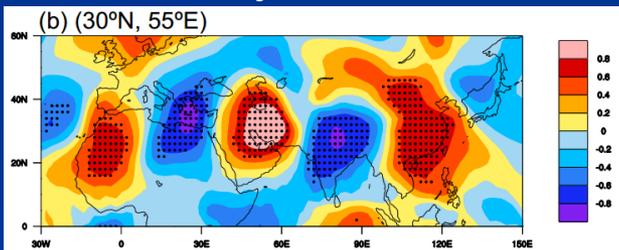
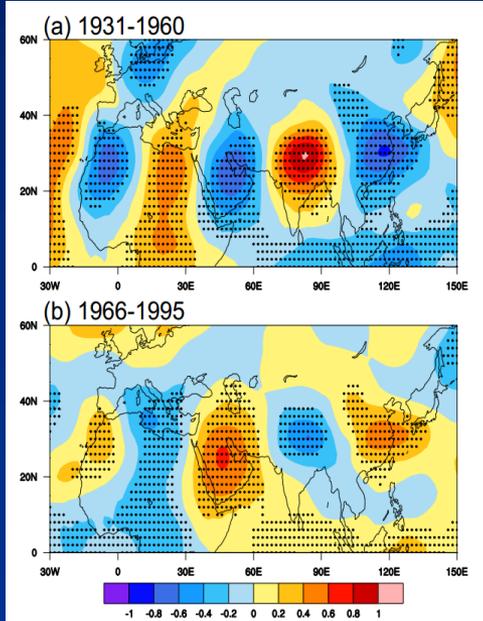
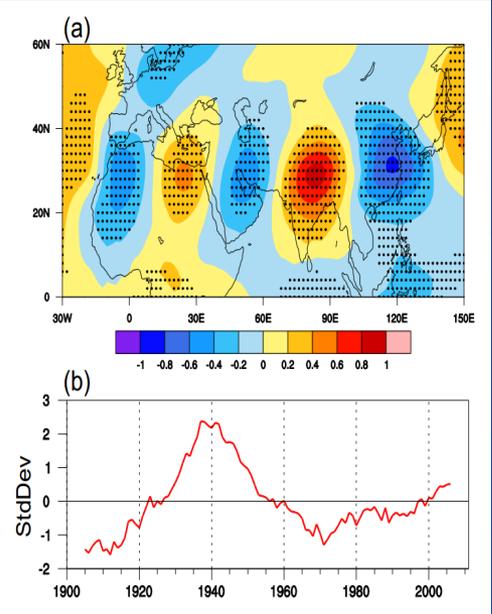
East Asian winter climate



# Identification of cold season AAMT

EOF1 of Eurasian cold season (Nov. to Apr.) V300 decadal variability

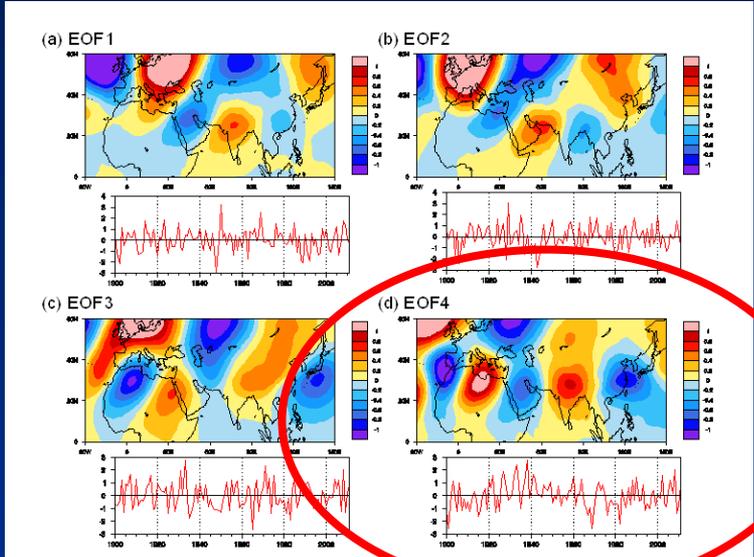
Multidecadal change in V300



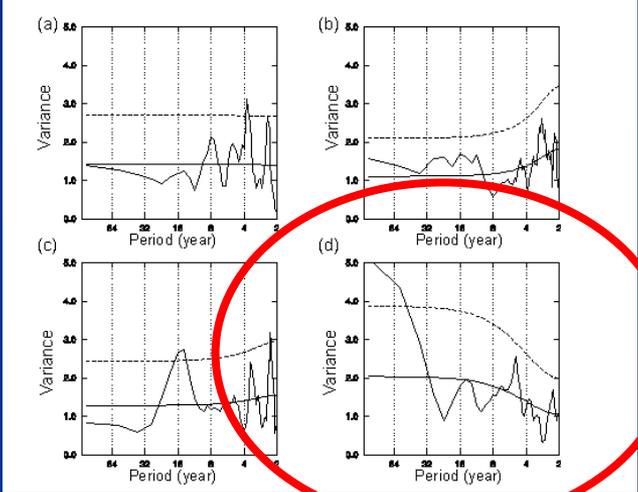
Strong teleconnectivity

Referred to as Africa-Asia multidecadal teleconnection pattern (AAMT)

First four EOFs of Eurasian unfiltered V300 variability

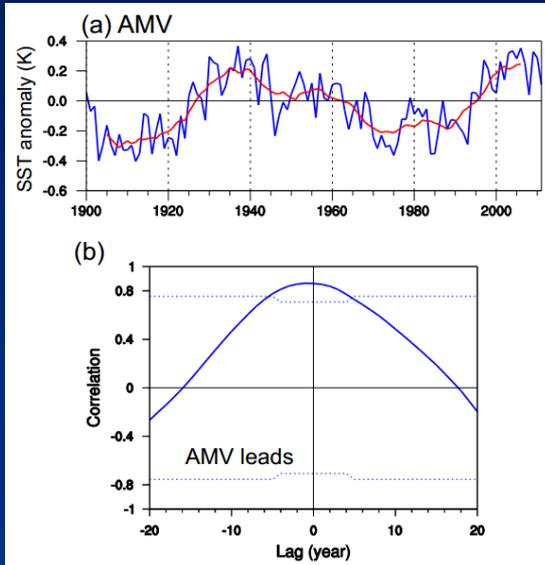


Spectral analysis

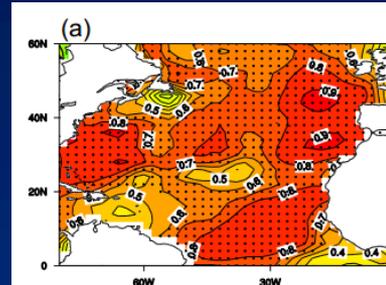


# Connection between AAMT and AMV

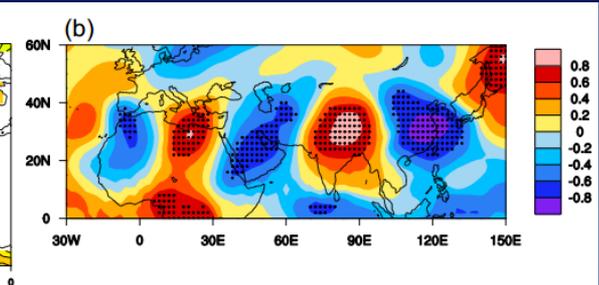
Cold season AMV and lead-lag correlation



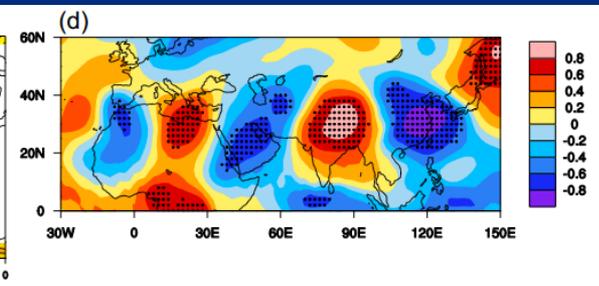
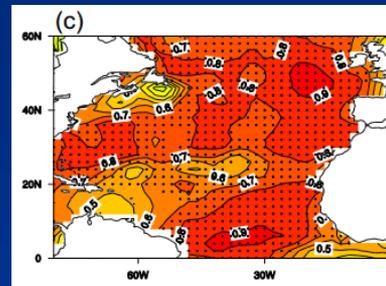
AAMT vs. SST



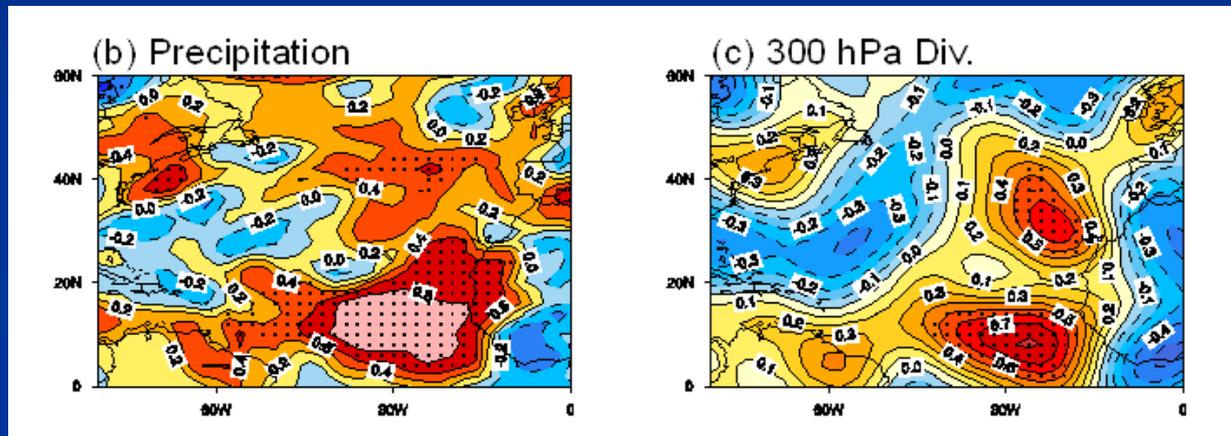
AMV vs. V300



First SVD coupled mode of decadal V300 and SST



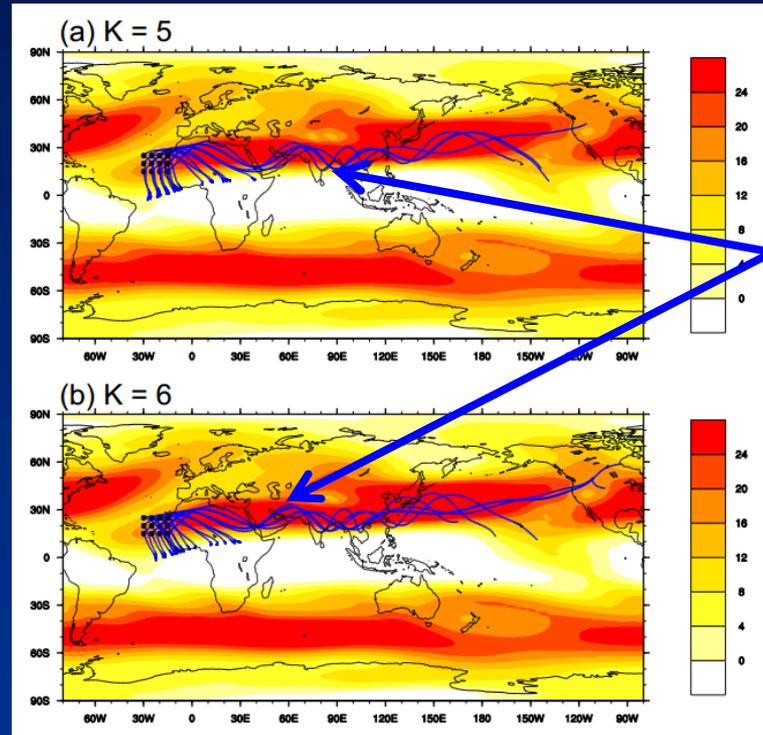
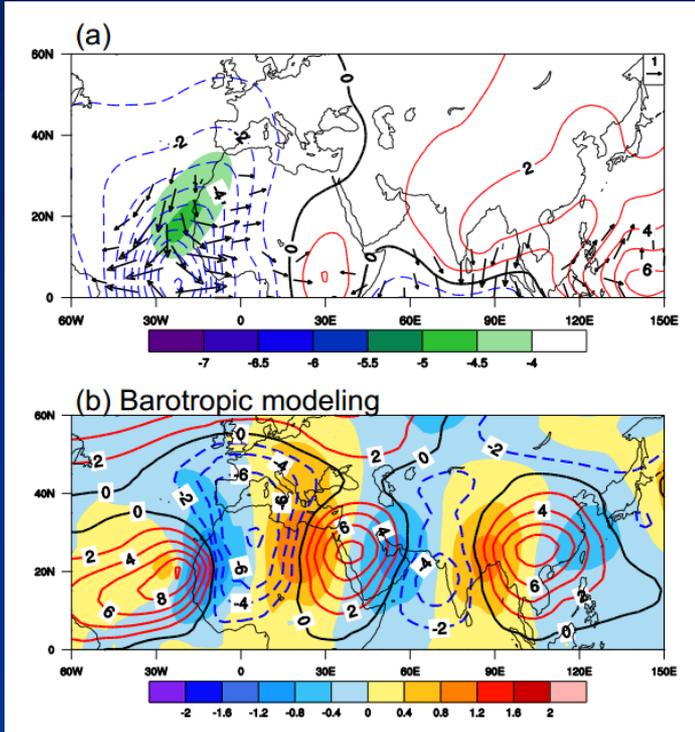
AMV and local atmospheric condition



# Rossby wave dynamics involved

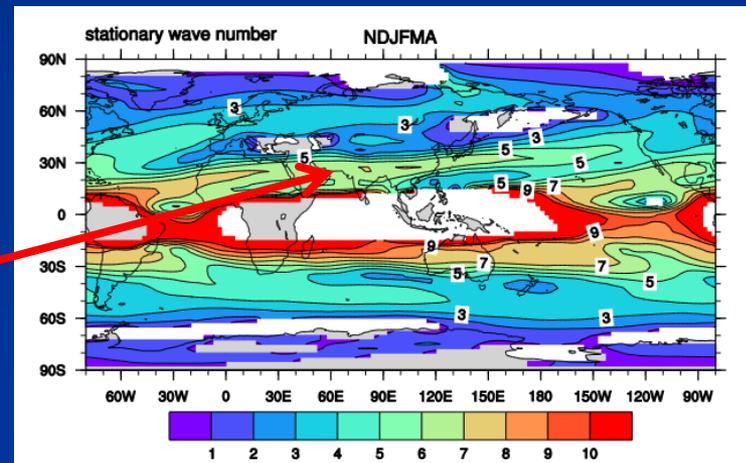
Steady response of a linear barotropic model to the AMV-induced RWS

Rossby wave ray tracing analysis ( $k = 5$  and  $6$ )

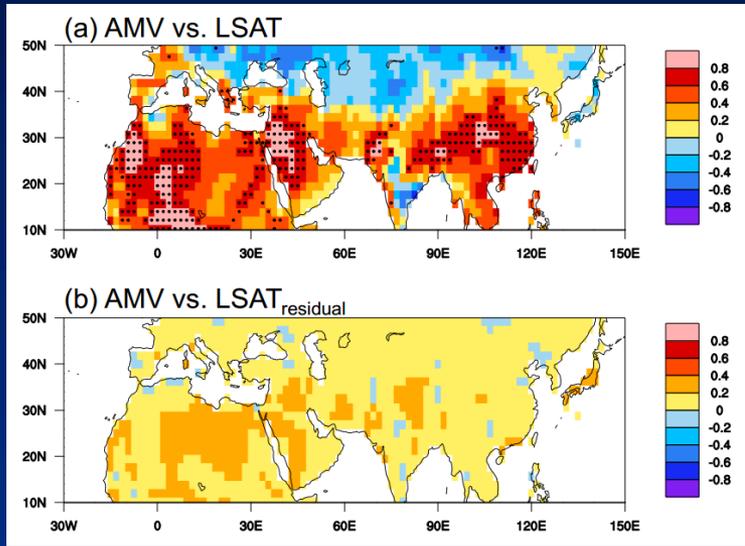


Asian jet stream waveguide

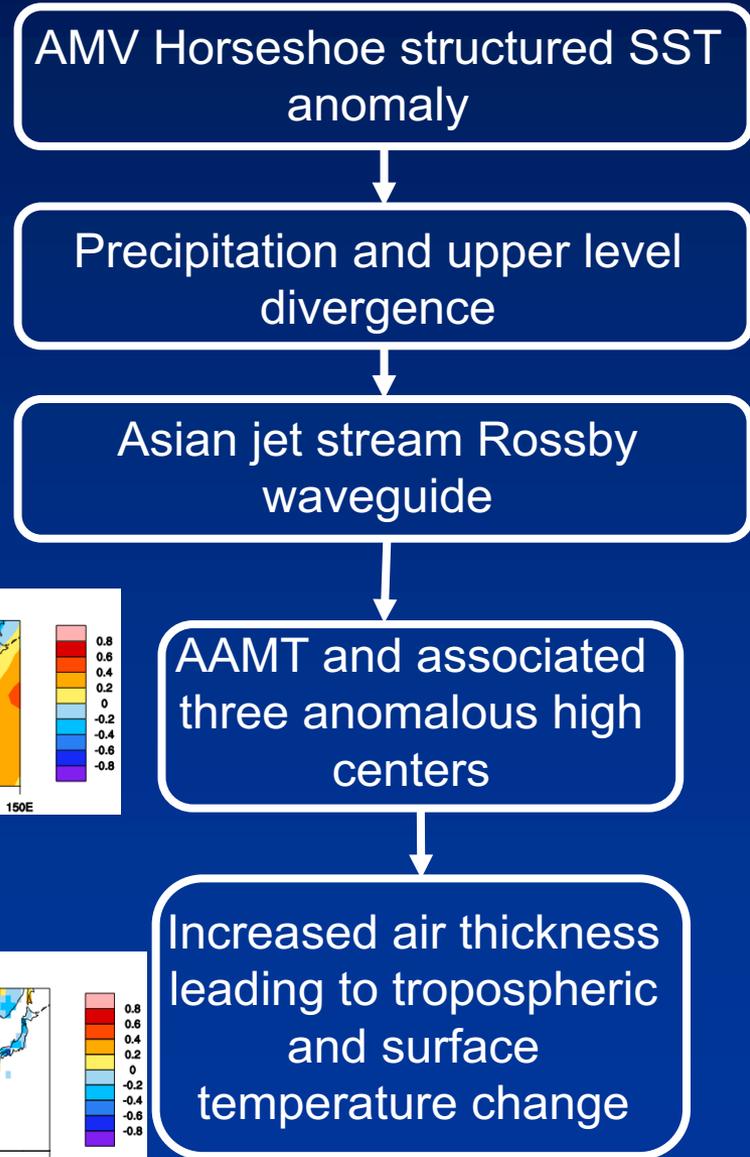
Large total wavenumbers ( $K_s \geq 5$ ) are observed along the Asian jet stream; stationary waves of higher wavenumber, like the AAMT, tend to be trapped



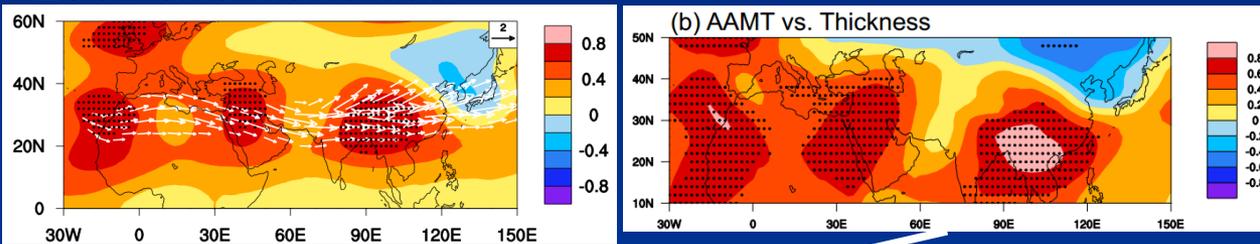
# AAMT as an atmospheric bridge



## Schematic diagram

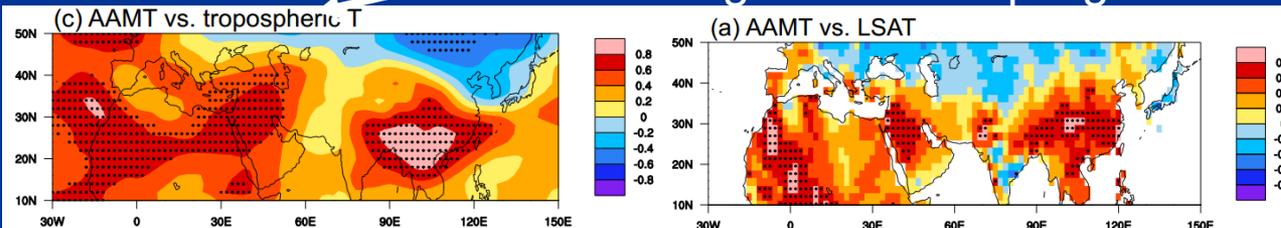


## Z300 and wave flux



## The hypsometric equation

## Strong vertical coupling



Increased air thickness leading to tropospheric and surface temperature change

# Conclusions

- **A coupled decadal-scale air-sea interaction theory: the NAT-NAO-AMOC-AMO coupled mode**  
**A delayed decadal oscillator model**
- **Hemispheric impacts:** The coupled decadal mode leads to NHT multidecadal variability
- **Inter-hemispheric impacts:** The coupled decadal mode also exerts an influence on SH climate, esp. the Australian rainfall variations.
- **Regional impacts:** Remote influence on warm season Siberian climate and cold season Africa-Asia multidecadal teleconnection pattern (AAMT)

Thank You For Your Attention!

