

***SPRING SCHOOL ON SUPERSTRING THEORY
AND RELATED TOPICS***

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Challenges for string cosmology

Part III

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Please note: These are preliminary notes intended for internal distribution only.

Challenges for String Cosmology

1. Motivation
2. Challenges for String Cosmology
3. Essential tools of String Cosmology
4. Brane Gas Cosmology
5. Progress & Problems

Conceptual Problems of Scalar Field - Driven Inflationary Cosmology

- a) Fluctuation Problem
- b) Trans-Planckian Problem
- c) Singularity Problem
- d) Cosmological Constant Problem

Origin of Inflation

Phase of Inflation in very early Universe



almost scale invariant spectrum of adiabatic fluctuations



agreement with data

but

In the context of

- space-time — classical GR
- matter — quantum fields

there is no convincing realization of inflation

Q: Does string theory provide a convincing realization of inflation?

(or an alternative?)

a) Fluctuation Problem

inflation $\rightarrow$ density fluctuations on all scales
 $\sim$ scale invariant spectrum

Mukhanov & Chibrikov 81

quantum theory of cosmological perturbations

Mukhanov ; Sasaki

Mukhanov, Feldman & R.B.

classical fluctuations emerge via squeezing
of initial vacuum state

$\downarrow$
amplitude $\frac{\delta M}{M}(k, t_f(k)) \sim 10^2 \lambda^{1/2}$

$\uparrow$
 $V(\varphi) = \lambda \varphi^4$

$\Rightarrow \lambda \leq 10^{-12}$ hierarchy problem

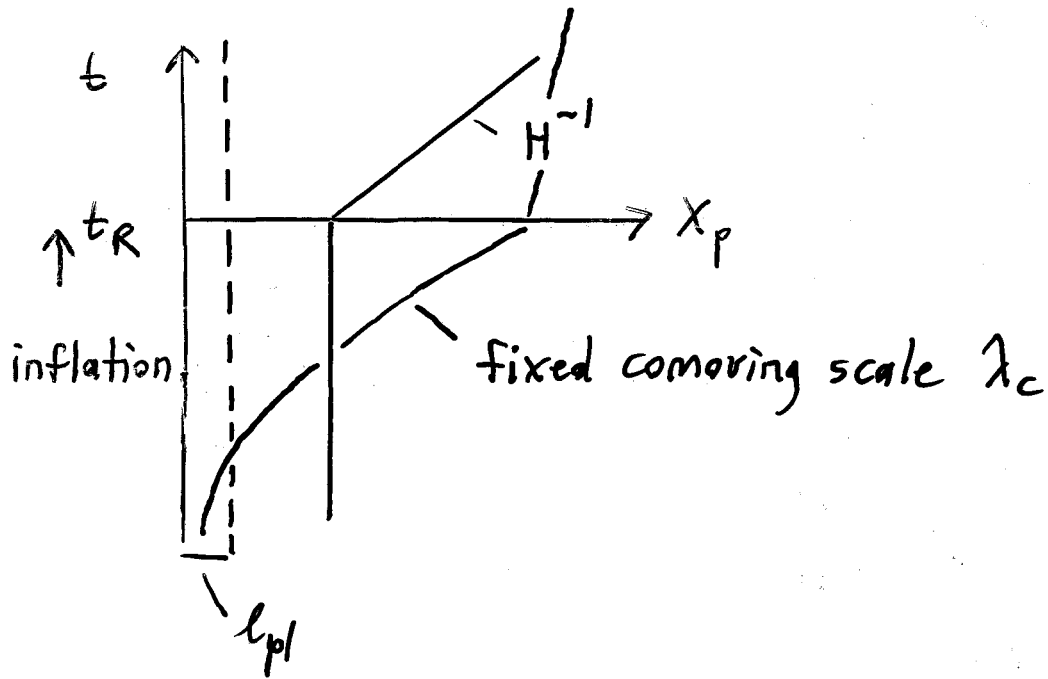
N.B. problem is generic

Adams, Freese & Guth

Window of Opportunity

4) Trans-Planckian Problem

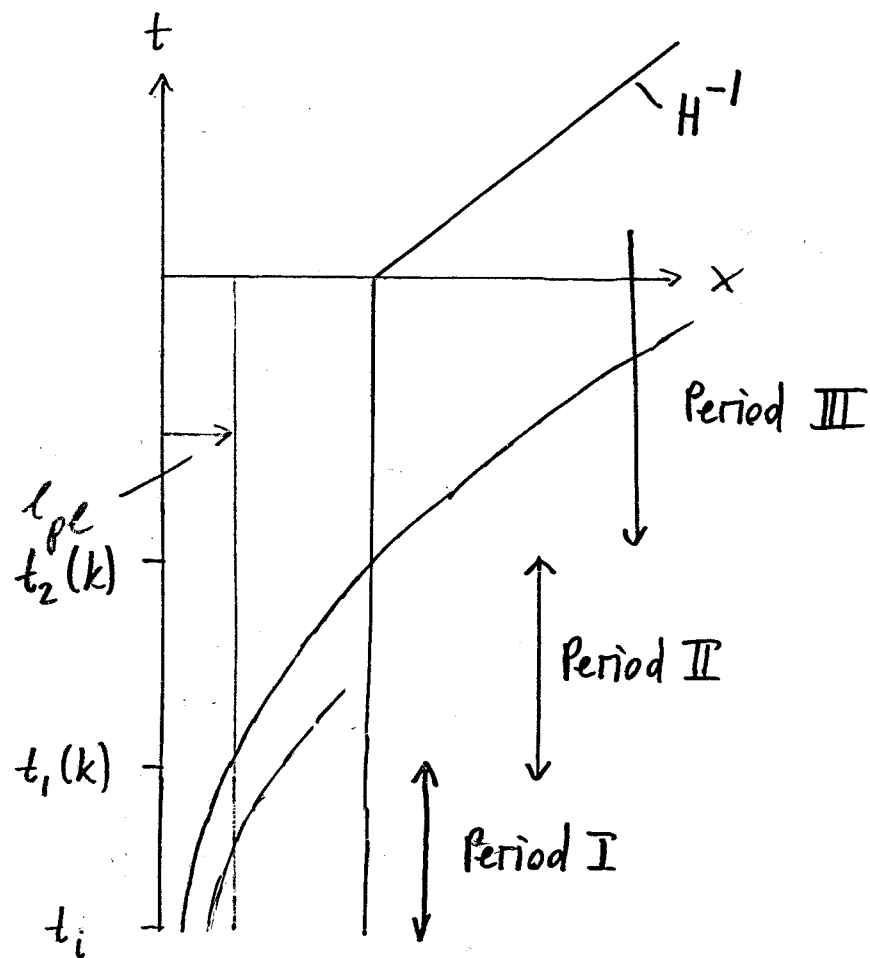
R.B 1999



Success of inflation : at early times $\lambda_c(t) < H^{-1}(t)$
 $\downarrow$
 causal generation mechanism
 for fluctuations

Problem : if $\Delta t_{\text{inflation}} > 70 H^{-1}$
 $\Downarrow$
 $\lambda_c(t_i) < l_{pl}$
 $\Downarrow$ $\uparrow$ beginning of inflation

new physics MUST enter into
 calculation of fluctuations



If evolution in Period I non-adiabatic
 then $P(k)$ likely not scale invariant.

R.B. & J. Martin (2000)



Planck scale physics testable in observations

c) Singularity Problem

standard cosmology : Penrose-Hawking theorems
↓
initial singularity ("Big Bang")
↓
incompleteness of theory

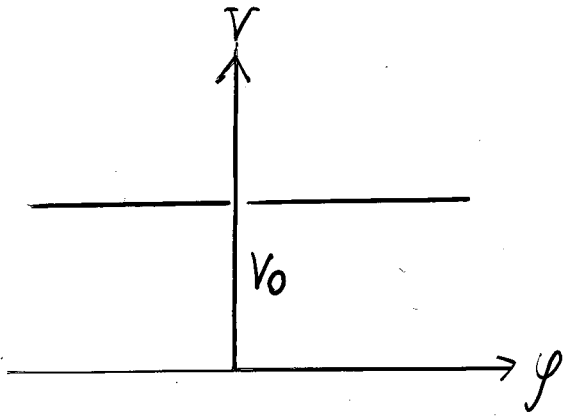
Penrose-Hawking theorems

Ass : Einstein action
(*) weak energy condition $\rho > 0, \rho + 3p > 0$ } $\Rightarrow$ space-time is geodesically incomplete

inflationary cosmology : weak energy condition violated ($p = -\rho$)
↓
Penrose-Hawking theorems do not apply

but : Theorem : In a chaotic inflation model
initial singularity persists
[Borde & Vilenkin]
↓
incompleteness of theory

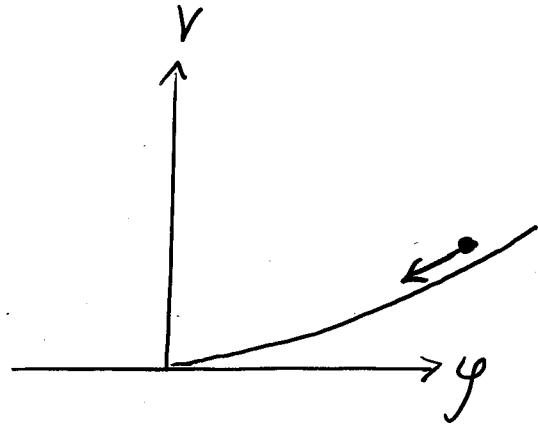
d) Cosmological Constant Problem



Quantum vacuum energy
of matter fields do
not gravitate

$$\frac{V_0}{\Lambda_{\text{obs}}} > 10^{122} !!$$

Cosmological Constant
Problem



Why does the
unknown mechanism
which renders V_0
gravitationally
inert also render
 $V(\phi)$ gravitationally
inert?

driving inflation

Why String Theory can Help (?)

a) Fluctuation Problem

string theory moduli $\xrightarrow{?}$ small parameters
 $\downarrow ?$
inflation
required for $\frac{\delta g}{g} \sim 10^{-5}$

b) Trans-Planckian Problem

string theory determines physics when

$$\lambda_{ph} \sim l_{pl}$$

$\rightarrow$ determines initial conditions for
fluctuations in classical regime

c) Singularity Problem

string theory $\rightarrow$ nonsingular cosmology
 $\uparrow$
goal

R.B. & C. Vafa Nucl. Phys. B 1989

S. Alexander, R.B. & D. Easson , 2020

d) Cosmological constant problem ??

2. Challenges for string cosmology

Dimensionality Problem

Critical, perturbative Superstring Theory
is mathematically consistent only in
 $d = 9+1$ space-time dimensions

fatal problem ?

Traditional approach :

extra dimensions compactified

ad hoc ?

stabilization ?

New approach :

brane world scenarios :

we live on a $d=3+1$ brane

ad hoc

why $3+1$ brane ?

.....

↓ my conclusion

key challenge for string cosmology

Some Challenges for String Cosmology

- * Resolve Cosmological Singularities
- * Predict Dimensionality
- * Make contact with observations

either : provide convincing theory
of inflation?

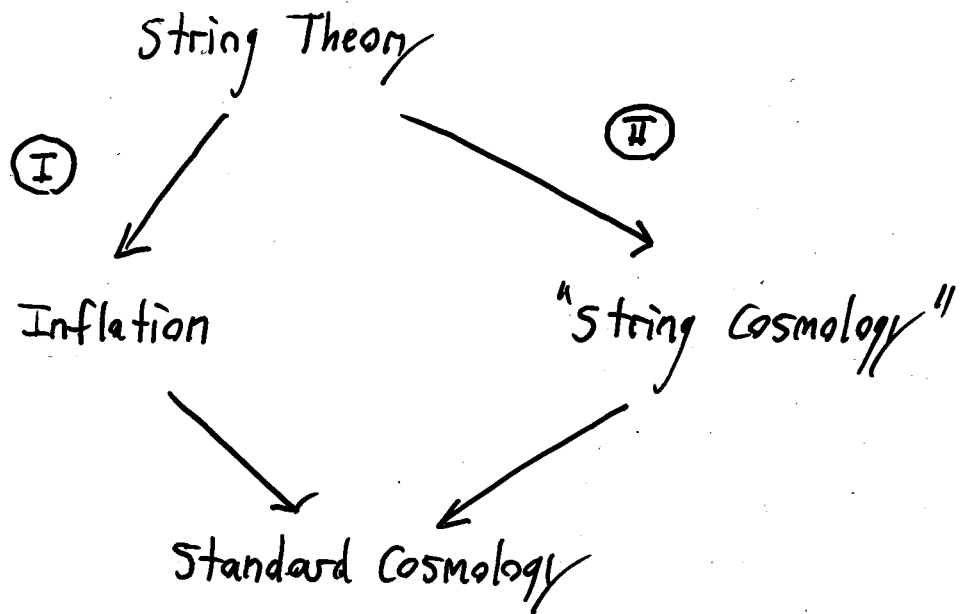
or : yield alternative cosmology[•]
which maintains successes
of inflation

— — — — —

- * Address cosmological constant problem

- Fluctuations mathematically consistent
Evolution equations physically consistent

Possibilities



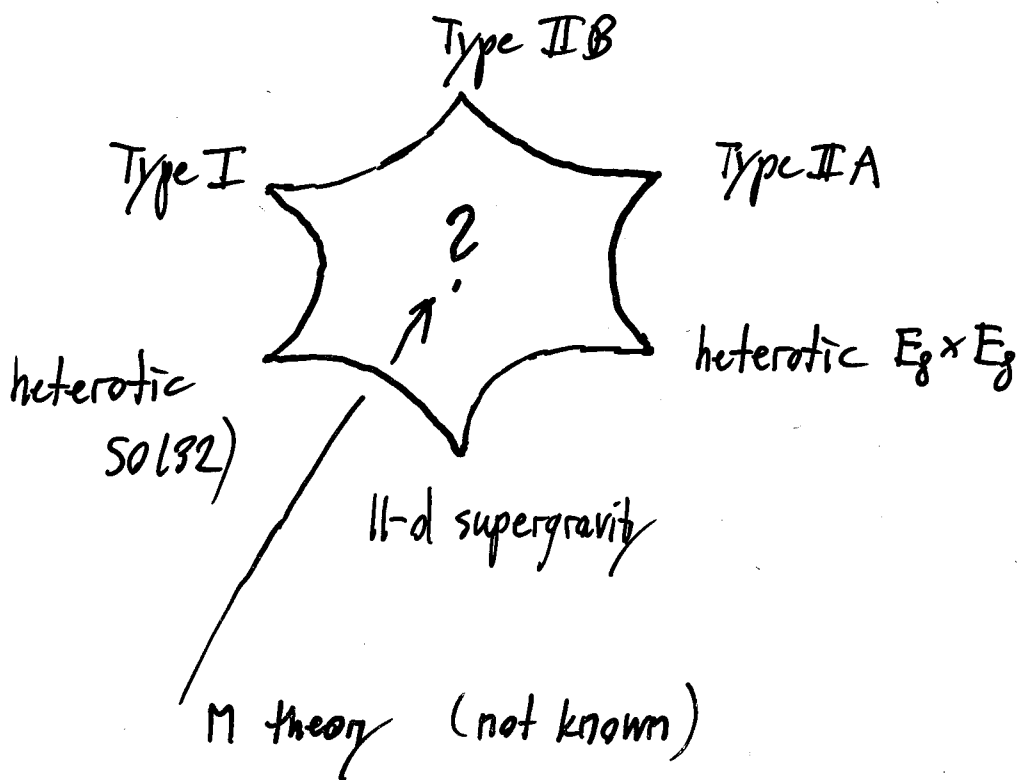
I : maintains successes of infl. cosmology

II : must provide new solutions to the problems which inflation solves

3. Essential tools of string cosmology

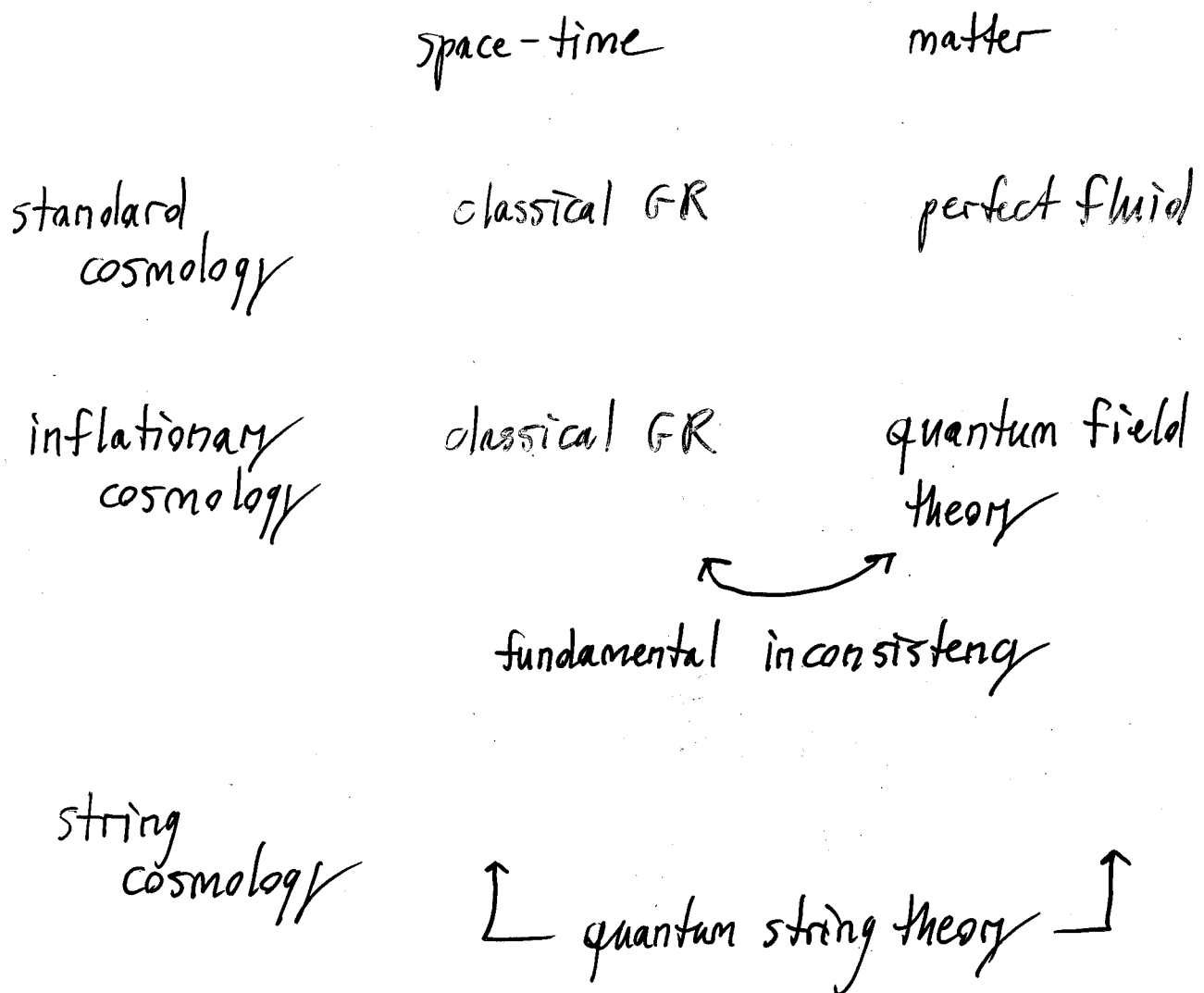
The Problem

String cosmology does not exist because nonperturbative string theory is not yet known.



Most work on string cosmology starts in one corner of string theory moduli space.

A Comparison



N.B. quantum string theory is "under construction".

Building Blocks of String Cosmology vs. Inflationary Cosmology

Inflation

point particle

point particle
scattering
rates

quantum field
theory

scalar field
= inflaton

String

string

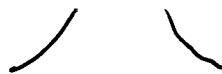
string
scattering rates

string field theory

basic classical
building block



quantization



string:



- ① different excitation modes $\Leftrightarrow$ different particles
(including graviton)

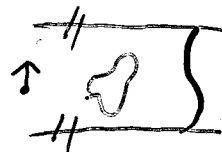
→ unification

② New degrees of freedom

Consider toroidal space, radius R .

particle: momentum modes

$$E_m = \frac{m}{R}$$



string: momentum modes

$$E_m = \frac{m}{R}$$

oscillatory modes *

E indep. of R

winding modes

$$E_n = nR$$

* density of these states $\nearrow$ exponentially



maximum temperature

(Hagedorn temp.)

③ New symmetries

α' -duality

$$R \rightarrow \frac{1}{R}$$

$$(n, m) \rightarrow (m, n)$$

spectrum of closed strings invariant
is symmetry of perturbative string theory

The "Rules" for String Cosmology

A Hot Beginning

Expect gas of strings & branes
of all dimensionalities

see Brane gas cosmology

B Cold Beginning

Expect special initial state determined
by symmetry

see PBB
" Ekpyrotic

Some Approaches

Brane gas cosmology

type A

Pre-big-bang scenario

type B

EKpyrotic

type B

Brane world scenario

?

- Could come from type A
M. Majumdar & A.-C. Davis

- Moving branes $\rightarrow$ variations of
fund. constants

Mirage cosmology

4. Brane Gas Cosmology

Brane Gas Cosmology

Theory, Background & Initial Conditions

Theory : Type II superstring theory

Background : $\mathbb{R} \times T^9$
 $\uparrow$ $\uparrow$
 time space
 " democratic "

Initial Conditions : * hot gas
 all degrees of freedom excited

$$* \quad R_{\bar{i}} = R = 1$$

" conservative "

R. B. & C. Vafa (89)

T Duality

for fundamental strings

oscillatory modes : E ind. of R

momentum modes : $E = \frac{n}{R}$

winding modes : $E = mR$

n, m integer

$$M^2 = \frac{n^2}{R^2} + m^2 R^2 + 2(N + \tilde{N} - 2)$$

$\begin{aligned} \text{t-duality : } R &\rightarrow \frac{1}{R} \\ (n, m) &\rightarrow (m, n) \end{aligned}$
--

spectrum of states invariant under t-duality

vertex operators " "



t-duality is symmetry of perturbative string theory

K. Kikkawa & M. Yamasaki (84)

...

for branes

T. Boehm & R.B. (02)

Note: t -duality is used to argue for the existence of branes

Polchinski (95)

T-duality in direction $\parallel$ to p -brane:

$$p\text{-brane} \rightarrow p-1 \text{ brane}$$

T-duality in direction $\perp$ to p brane:

$$p\text{-brane} \rightarrow p+1 \text{ brane}$$

T-dualizing in all spatial dimensions

$$p\text{-brane} \rightarrow 9-p \text{ brane}$$

R large

Type II A brane
gas B

0, 2, 4, 6, 8
branes

$\xleftrightarrow{\text{T}}$
duality

R small

Type II B brane
gas B^*

1, 3, 5, 7, 9
branes

string coupling g

string coupling g'

$$g' = \left(\frac{\alpha'^{1/2}}{R} \right) g$$

effective tensions

$$\tau_p = e^{-\phi} T_p = \frac{1}{g} T_p = (2\pi)^{-p} g^{-1} \alpha'^{-\frac{p+1}{2}}$$

$$\text{Ex: } M_4 = (2\pi)^4 \tau_4 R^4 = g^{-1} d'^{-5/2} R^4$$

$$M'_5 = (2\pi)^5 \tau'_5 R'^5 = M_4$$

$$\text{using } R' = \frac{l_s}{R}$$

$$g' = \left(\frac{l_s}{R}\right)^9 g \quad [l_s = d'^{1/2}]$$

$$M'_{g-p} = M_p$$

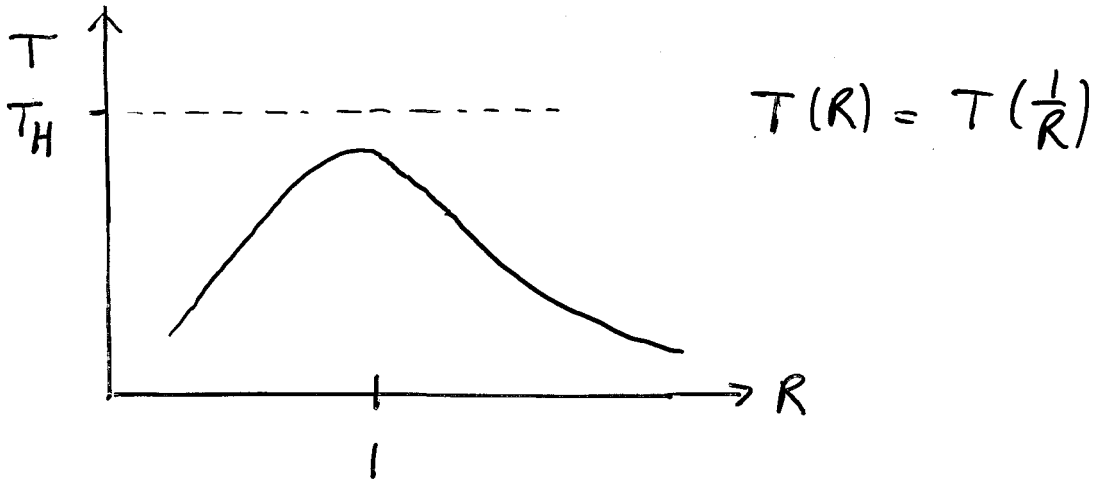


mass spectrum of stable brane states
invariant under T-duality

T-duality $\rightarrow$ Nonsingular Cosmology

Consider adiabatic change in R

A. Thermodynamics



$\Rightarrow$ temperature nonsingular as $R \rightarrow 0$

B. "Physical" Length

$R > 1$ l measured in terms of x

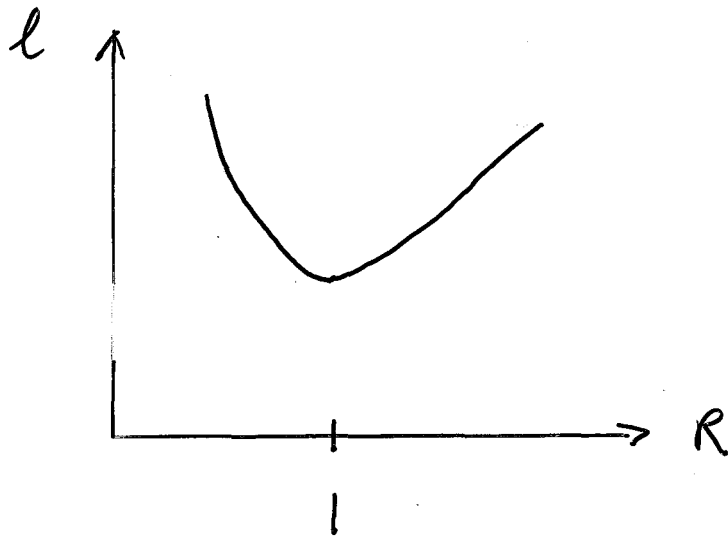
$$|x\rangle = \sum_p e^{ixp} |p\rangle$$

$\nwarrow$ momentum eigenstates

$R < 1$ l measured in terms of $\tilde{x}$

$$|\tilde{x}\rangle = \sum_{p_w} e^{i\tilde{x}p_w} |p_w\rangle$$

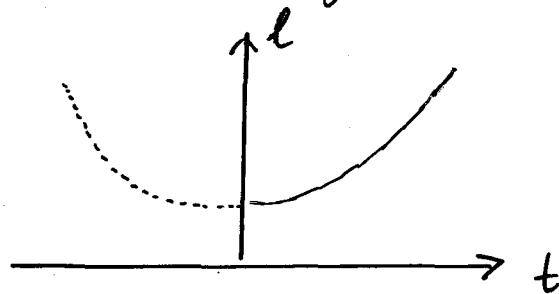
$\uparrow$
winding eigenstates



$\Rightarrow$ physical length nonsingular as $R \rightarrow 0$

R.B. & C. Vafa (89)

N.B. Obtain bouncing Universe!



Cosmic Loitering

R.B., D. Easson & D. Kimberly (01)

To avoid overclosure: need all winding modes
in 3 large dims. to
annihilate

Kibble mechanism: $\gg$ 1 winding mode per
Hubble volume persists to



need loitering ($H=0$)

Consider R large

$$\rho_w(t) = \mu \tilde{v}(t) t^{-2} \quad \text{winding modes}$$
$$\rho_e(t) = \gamma(t) e^{-3(\lambda(t) - \lambda(t_0))}$$

$$\frac{d\tilde{v}(t)}{dt} = 2\tilde{v}(t^{-1} - \ell) - cc'\tilde{v}^2 t^{-1}$$
$$\frac{d\gamma(t)}{dt} = cc'\mu t^{-3} \tilde{v}^2 e^{3(\lambda(t) - \lambda(t_0))}$$

A. Vilenkin
(85)

$$\ell \equiv \frac{\dot{a}}{a}$$

energy transfer from winding modes to
loops

see also: A. Campos (03)

Equations of Motion

Dilaton gravity !

(else no T-duality)

$$S = \int d^{10}x \sqrt{-g} e^{-2\phi} [R + 4 d\phi d\phi]$$

$$ds^2 = dt^2 - a(t)^2 d\underline{x}^2$$

$$\lambda = \log a(t)$$

$$\varphi = 2\phi - d\lambda \quad [d=9]$$

$\Downarrow$ variational EOM

$$\begin{aligned} -d\dot{\lambda}^2 + \dot{\varphi}^2 &= e^{\varphi} E \\ \ddot{\lambda} - \dot{\varphi}\dot{\lambda} &= \frac{1}{2} e^{\varphi} P \\ \ddot{\varphi} - d\dot{\lambda}^2 &= \frac{1}{2} e^{\varphi} E \end{aligned}$$

winding modes $\rightarrow P < 0$

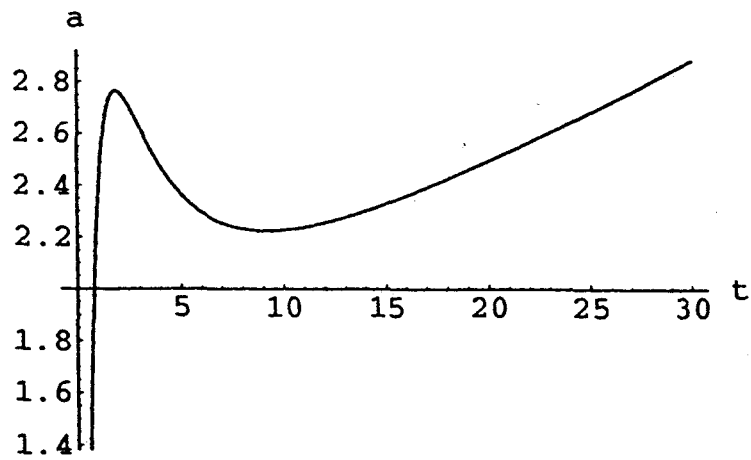
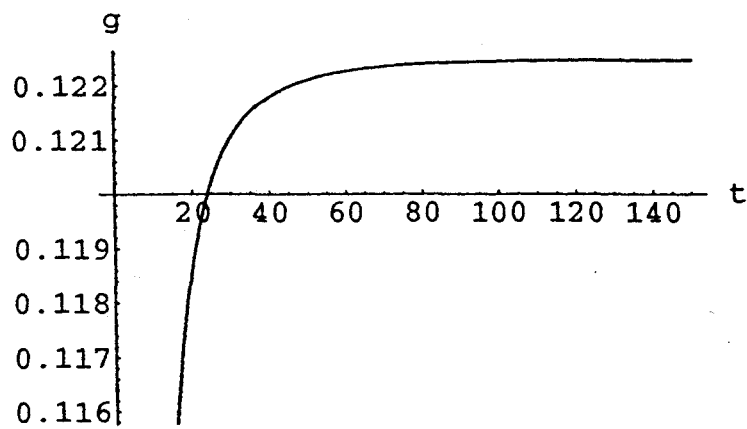
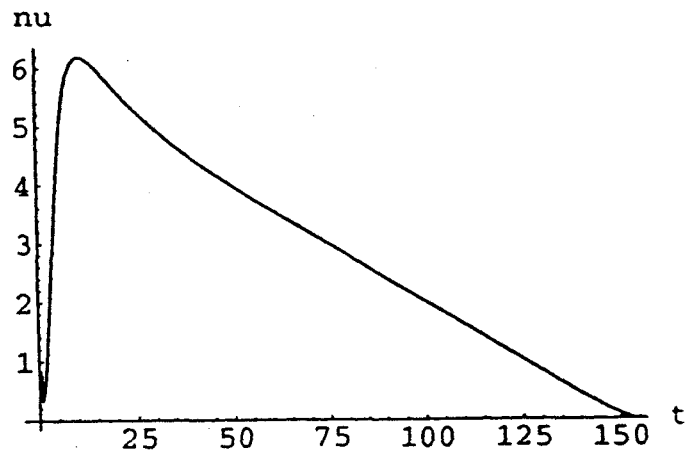
$\rightarrow$ confining potential for λ

Veneziano (91)

Tseytlin & Vafa (92)

$$\begin{aligned} \text{duality: } \phi &\rightarrow \phi - d\lambda \\ \lambda &\rightarrow -\lambda \end{aligned}$$

$\} \Rightarrow \varphi$ invariant



R.B. , D. Easson & D. Kimberly (01)

Scenario

- * Brane winding modes prevent expansion
- * p branes : annihilate in $\leq d_c$ spatial dims.

$$2(p+1) = d_c + 1$$

Consider : $R(t_0) = 1$
 $\dot{R}(t_0) > 0$

- * Heaviest branes fall out of equilibrium first
 ↳ largest p

no obstructions to $p=4, \dots$ brane annihilation

- * $p=2$ branes
 → $d_c = 5$ expand

S. Alexander, R.B. & D. Farson (00)

- * within these 5 dimensions :

Fundamental string winding modes

→ only 3 spatial dims. grow large

R.B. & C. Vafa (89)

→ Solution of Dimensionality Problem

see also : M. Sakellariadou (96)

5. Progress and Problems in Brane Gas Cosmology

Radion Stabilization

Q: How does radius of "small" dimensions evolve once the 3 "large" dimensions are expanding?

Ansatz: $ds^2 = dt^2 - e^{2\lambda} d\underline{x}^2 - e^{2\nu} d\underline{y}^2$

$\uparrow$
 $\mathbb{R}^3$ large $\mathbb{R}^6$ small

Dilaton gravity action + perfect fluid matter

$$-3\ddot{\lambda} - 3\dot{\lambda}^2 - 6\ddot{\nu} - 6\dot{\nu}^2 + 2\ddot{\phi} = \frac{1}{2} e^{2\phi} \rho$$

$$\ddot{\lambda} + 3\dot{\lambda}^2 + 6\dot{\lambda}\dot{\nu} - 2\dot{\lambda}\dot{\phi} = \frac{1}{2} e^{2\phi} p_\lambda$$

$$\ddot{\nu} + 6\dot{\nu}^2 + 3\dot{\lambda}\dot{\nu} - 2\dot{\nu}\dot{\phi} = \frac{1}{2} e^{2\phi} p_\nu$$

$$4\ddot{\phi} - 4\dot{\phi}^2 - 12\dot{\lambda}\dot{\phi} - 24\dot{\nu}\dot{\phi}$$

$$+ 3\ddot{\lambda} + 6\dot{\lambda}^2 + 6\ddot{\nu} + 24\dot{\nu}^2 + 18\dot{\lambda}\dot{\nu} = 0$$

Matter (string gas) sources obeying T duality



include equal number of winding and momentum modes

$$E = 3\mu N^{(3)} e^\lambda + 3\mu M^{(3)} e^{-\lambda} + 6\mu N^{(6)} e^V + 6\mu M^{(6)} e^{-V}$$

$$P_\lambda = -\mu N^{(3)} e^\lambda + \mu M^{(3)} e^{-\lambda}$$

$$P_V = -\mu N^{(6)} e^V + \mu M^{(6)} e^{-V}$$

1st application : $N^{(3)} = M^{(3)} = N^{(6)} = M^{(6)}$.

$$\lambda(t_i) = V(t_i) \neq 0$$

↓

damped oscillations of radius about self-dual point

2nd application : $N^{(3)} = 0$; $N^{(6)} = M^{(6)}$

[after decompactification]

↓

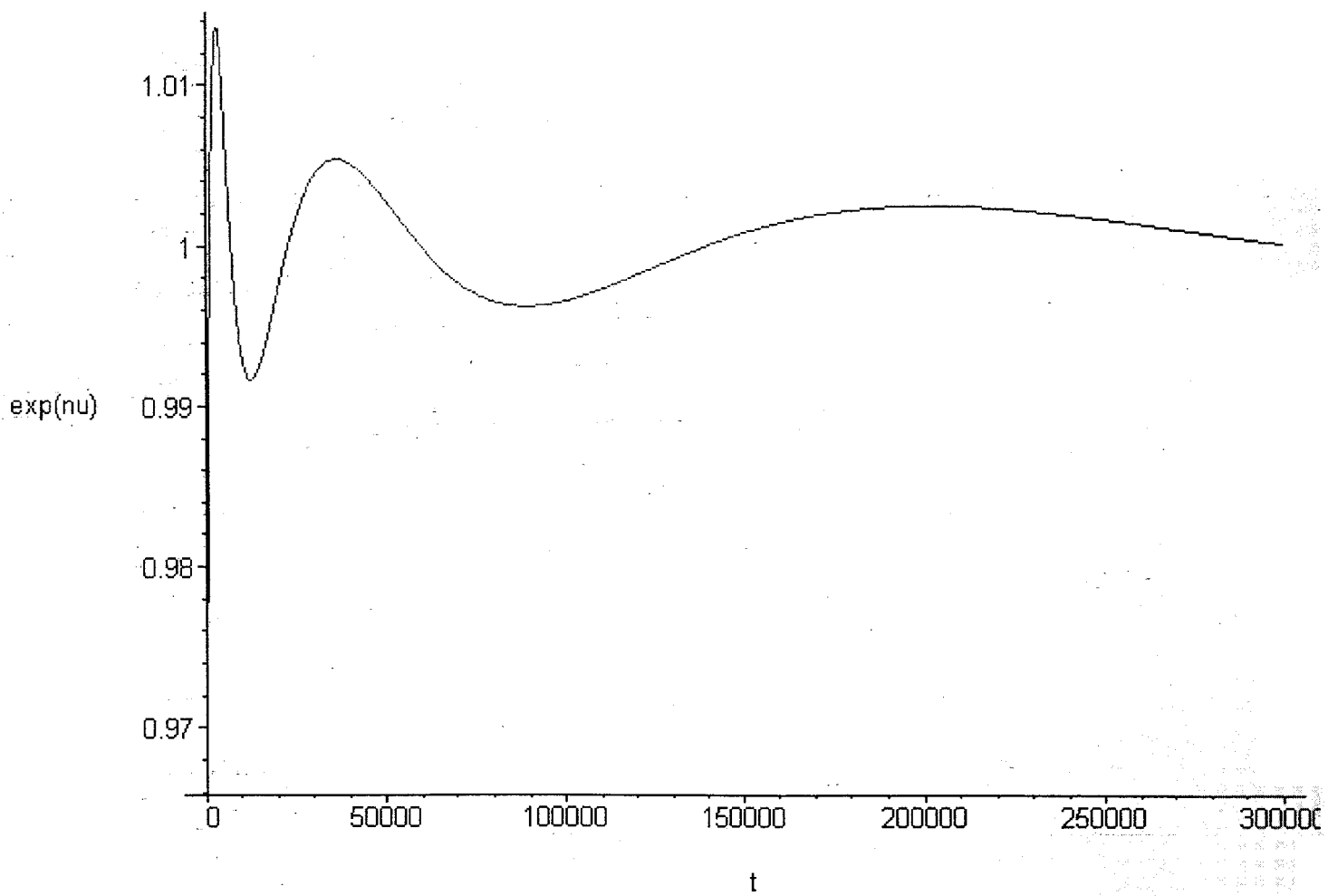
λ increases

V oscillates about $V = 0$

expansion of $\lambda \Rightarrow$ damping of V oscillations

radion stabilization

S. Watson & R.B. (03)



Late Time Radion Stabilization

Q: Does the radius of the extra dimensions remain stabilized after the dilaton is fixed?

Model: GR + string gas
5d

winding & momentum modes about 5th dim.

initial conditions:

our 4d space-time in expanding phase

Einstein eqs. (5d)

$$ds^2 = dt^2 - a^2(t) dx^2 - b^2(t) dy^2$$

$$\ddot{b} + 3H\dot{b} + \underbrace{\frac{b}{M_{Pl,5}^3} \left(p - \frac{2r}{3} - \frac{\rho}{3} \right)}_{S} = 0$$

$$H = \frac{\dot{a}}{a}$$

$$r = -T^5_5$$

$$p = -T^i_i$$

$$\rho = T^0_0$$

winding strings: winding number w
momentum number n

$$r = \frac{1}{2\pi} \frac{\mu_0}{a^3 b} \frac{\frac{n^2}{b^2} - \frac{w^2 b^2}{\alpha'^2}}{\sqrt{p^i p_i + \frac{4}{\alpha'}(N-1) + \left(\frac{n}{b} + \frac{wb}{\alpha'}\right)^2}}$$

$$\underbrace{\frac{b}{M_{pl5}^3} \left(r - \frac{2r}{3} - \frac{f}{3} \right)}_{S'} = \frac{\mu_0}{2\pi a^3 M_{pl5}^3} \times \underbrace{\frac{\frac{w^2 b^2}{3\alpha'^2} - \frac{2nw}{3\alpha'} - \frac{n^2}{b^2} - \frac{4(N-1)}{3\alpha'}}_{\text{Denominator}}$$

key: S' changes sign as $b \nearrow$

$S' < 0$ for small $b \Rightarrow$ expansion

$S' > 0$ for large $b \Rightarrow$ contraction

$\Downarrow$
stabilization at self-dual radius

$\nearrow$
for $N=1$

Note: string loops, gravitons & photons
do not contribute to S'

Challenges for Brane Gas Cosmology

Isotropy Problem

Are the 3 large dimensions isotropic?

A: yes!

S. Watson & R. B. (02)

Isotropy is scaling fixed pt.

$$R_i < R_j$$

→ more efficient annihilation
of i winding modes

$$\rightarrow \frac{R_i}{R_j} \nearrow 1$$

Dependence on Background

Existence of cycles not crucial

R. Easther et al. (01)

extension to orbifolds

dynamical obstruction to efficient
annihilation

D. Easson (01)

Radion Stabilization

Interplay of Winding & Momentum Modes
about internal tori

$$\downarrow$$
$$R_i \rightarrow 1$$

S. Watson & R.B. (03)

Homogeneity of Internal Dimensions

??

S. Watson, R. Easther, B. Greene
in prep.

Extensions to Other Corners of M-Theory moduli space

M theory (11-d supergravity)

a) 2 branes



R. Easther et al. (02)

hierarchy of dimensions

b) 2 brane / 5 brane intersections



3 d get very large fastest

S. Alexander (02)

Connection with Observations

Need: i) large Universe
ii) mechanism to generate fluctuations

i) flatness problem



require inflation

ii) "only" viable mechanism now
is inflation

Q: Can we get inflation from
brane gas cosmology?

Conclusions

1. String theory can provide a new paradigm of early Universe cosmology
 - non singular
 - explains why only 3 large spatial dimensions

2. New degrees of freedom & symmetries play a crucial role

3. Brane gas cosmology

One approach to string cosmology

hot small beginning

"explains" why 3 large dims.

nonsingular

radion stabilization

but: too heuristic

successful connection with t_0 ?