Monte Carlo simulations for brachytherapy

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http://www.physics.carleton.ca/~drogers ICTP,Trieste, Nov 15, 2007

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Brachytherapy

Radiation therapy given at a short distance

- Radioactive seeds or sources implanted either permanently or temporarily *inside* tumours
- Commonly used for prostate, breast, cervical and ocular cancers.

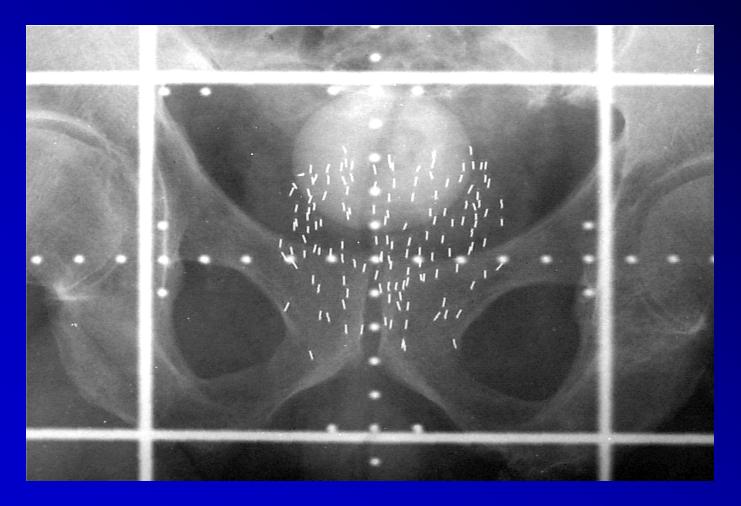






Typical Prostate Implant

Prostate implant of ~150¹²⁵I brachytherapy seeds







Characteristics of isotopes used in brachytherapy

	Isotope	Average ^(a) photon energy (MeV)	Half-life	HVL in lead (mm)	$ \Gamma_{AKR}^{(\mathbf{b},\mathbf{d})} \\ \left(\frac{\mu \mathbf{G} \mathbf{y} \cdot \mathbf{m}^2}{\mathbf{G} \mathbf{B} \mathbf{q} \cdot \mathbf{h}}\right) $	$ \begin{pmatrix} \Lambda^{(c,d)} \\ \frac{cGy \cdot h^{-1}}{cGy \cdot cm^2 \cdot h^{-1}} \end{pmatrix} $
missing	Co-60	1.25	5.26 yr	11	309	1.11
<i>Cs</i> -131 Yb-169	Cs-137	0.66	30 yr	6.5	77.3	1.11
70 107	Au-198	0.41	2.7 d	2.5	56.2	1.13
	Ir-192	0.38	73.8 d	3	108	1.12
	I-125	0.028	60 d	0.02	-	-0.92-1.012
	Pd-103	0.021	17 d	0.01	-	_0.63- 0.69

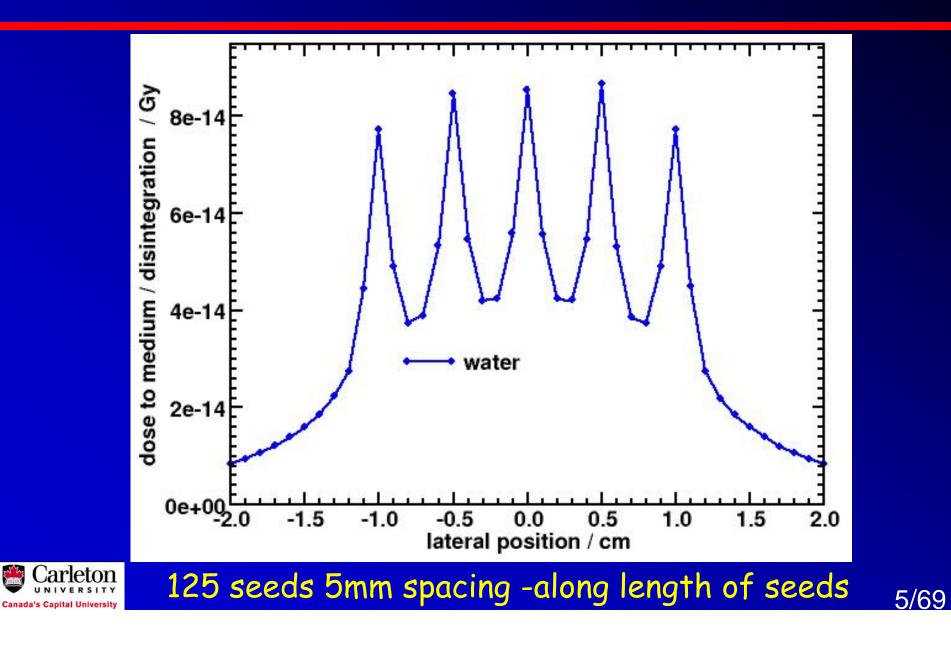
(a) These are only approximate values, depending on source make and filtration

- ^(b) Γ_{AKR} is the air-kerma rate constant
- (c) A is the dose rate constant.
- ^(d) Using generic values of the air-kerma rate constant or dose rate constant for low energy photon source may lead to substantial errors in the dose calculations. They are therefore not given here for iodine-125 and palladium-103.

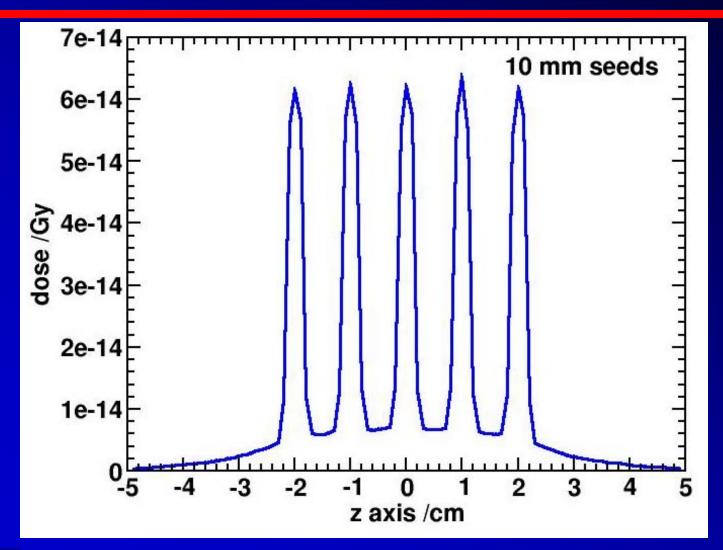


from IAEA Review of Radn Oncology Physics, E Podgorsak editor 4/69

I-125 seeds cause hot spots



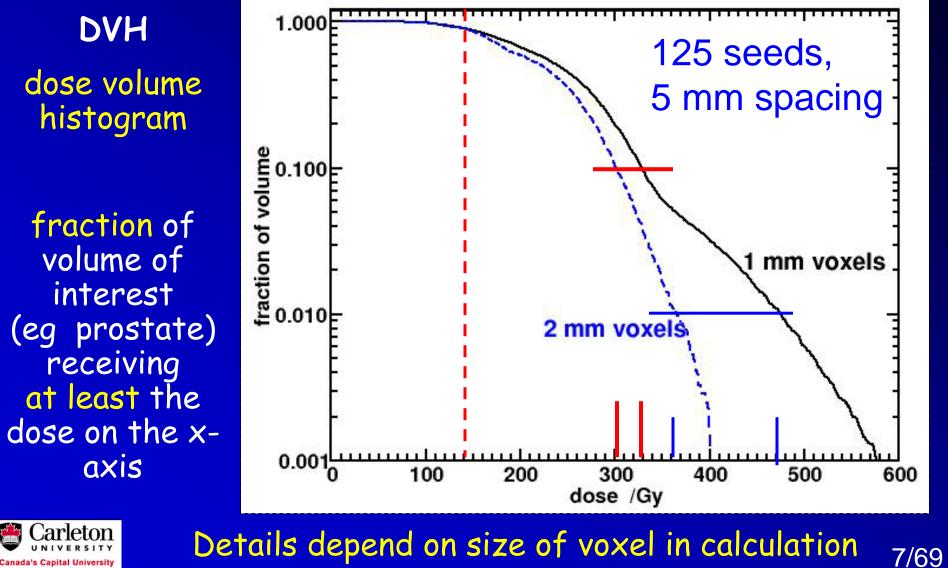
10 mm spacing => 9 to 1 ratio



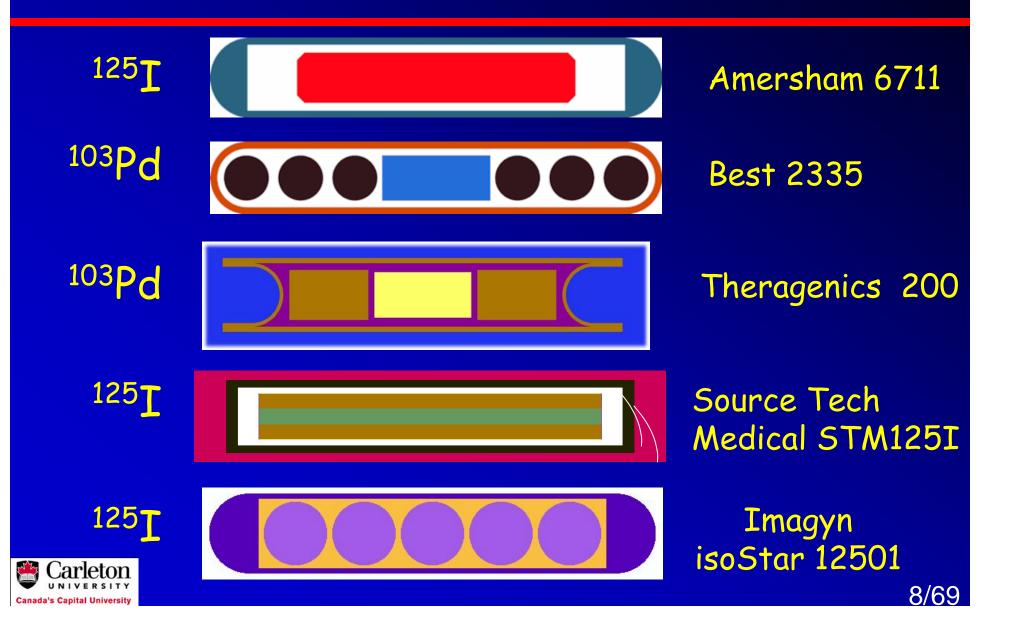




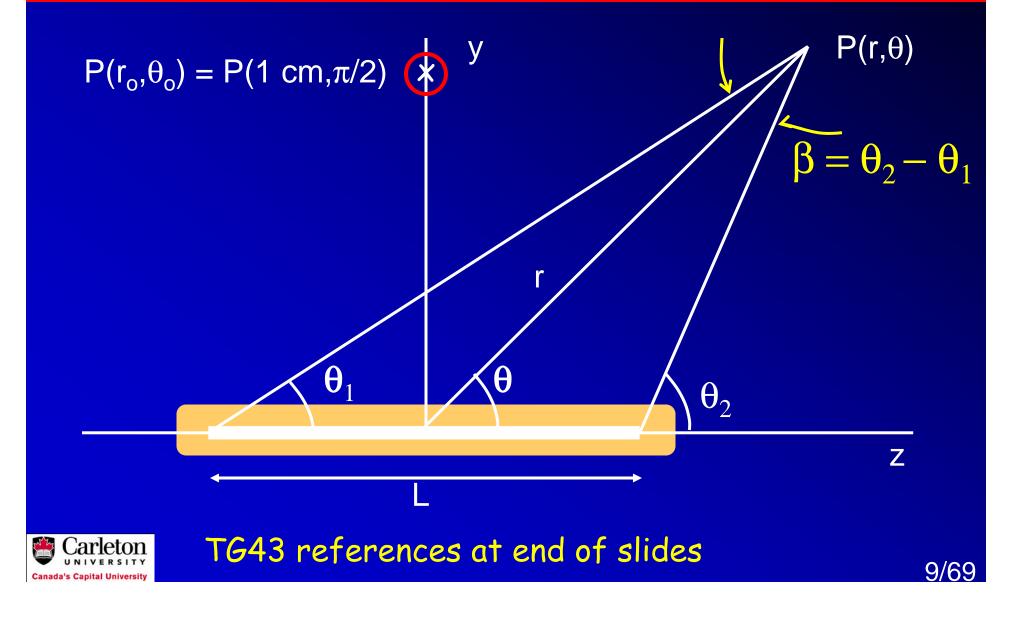
90% of volume receives > 140 Gy



Large variety of seeds (4-5mm overall)



TG-43 coordinate system for calculations



What are pure geometry effects?

- Consider the source in vacuum. What is the
 fluence of particles at (r, θ)? $G_X(r, \theta) = \frac{\int_V \frac{\rho(\vec{r'})}{|\vec{r'} \vec{r}|^2} dV'}{\int_V \rho(\vec{r'}) dV'}$
- for a point source

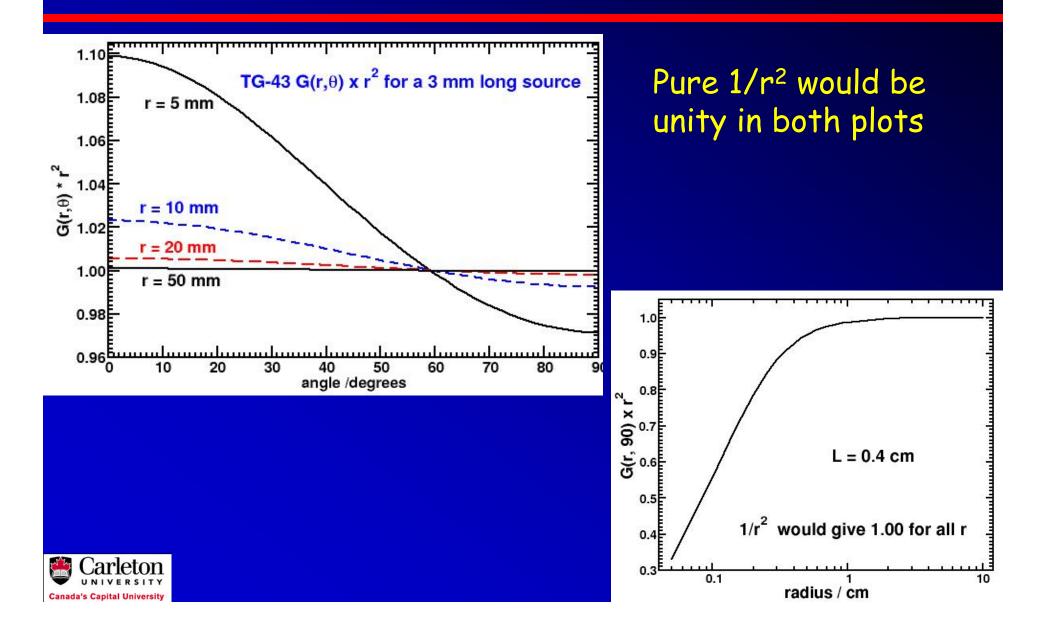
$$G_p(r, heta)=rac{1}{r^2}$$

• for a line source $G_l(r, heta) = \left\{ egin{array}{cl} 1/(r^2 - L^2/4) & heta = 0 \ eta/Lr\sin heta & ext{if } heta
eq 0 \end{array}
ight.$

$$\beta = \theta_2 - \theta_1 = \tan^{-1} \left(\frac{r \sin \theta}{r \cos \theta - L/2} \right) - \tan^{-1} \left(\frac{r \sin \theta}{r \cos \theta + L/2} \right)$$
or
$$\beta = \begin{cases} \tan^{-1} \left(\frac{Lr \sin \theta}{r^2 - L^2/4} \right) & r > L/2 \\ \tan^{-1} \left(\frac{Lr \sin \theta}{r^2 - L^2/4} \right) + \pi & r < L/2 \\ \pi/2 & r = L/2 \end{cases}$$
(foster)



How big is the geometry factor?



$$\dot{D}(r,\theta) = S_k \cdot \Lambda \cdot \frac{G(r,\theta)}{G(r_o,\theta_o)} \cdot g(r) \cdot F(r,\theta)$$

Air-kerma strength

 $S_K = \dot{K}_{\delta}(d)d^2$ 1U = 1mGy m²h⁻¹ = 1 cGy cm²h⁻¹



-the air kerma rate at distance d
-in vacuum (i.e., no air attenuation or scatter)
-for photons > δ (no effect on dose but has effect on K, typically 5 keV)

S_K is defined to be independent of d (for d>>L). Numerically = reference air kerma rate of ICRU 38/60 This is a measured quantity.





$$\dot{D}(r, heta) = S_k \cdot \Lambda \cdot rac{G(r, heta)}{G(r_o, heta_o)} \cdot g(r) \cdot F(r, heta)$$

Dose-rate constant (DRC)

$$\Lambda = \frac{\dot{D}(r_0, \theta_0)}{S_K}$$

 $r_o=1 \text{ cm}, \theta_o = 90^\circ$ cGyh⁻¹/U = cm⁻²

depends on radionuclide & source model

DRCs are measured or calculated by Monte Carlo





$$\dot{D}(r, heta) = S_k \cdot \Lambda \cdot rac{G(r, heta)}{G(r_o, heta_o)} \cdot g(r) \cdot F(r, heta)$$

Radial dose function

$$g_X(r) = \frac{\dot{D}(r,\theta_0)}{\dot{D}(r_0,\theta_0)} \frac{G_X(r_0,\theta_0)}{G_X(r,\theta_0)}$$

 $X = P \text{ or } L \text{ (point or line)} \qquad g(r_o) = 1$

Aside from geometry (1/r²), g(r) accounts for dose fall off on transverse axis due to photon attenuation and scatter.

For a point source:

$$g_p(r)\equiv rac{\dot{D}(r)r^2}{\dot{D}(r_o)r_o^2}$$



Radial dose functions are measured and calculated by Monte Carlo



$$\dot{D}(r, heta) = S_k \cdot \Lambda \cdot rac{G(r, heta)}{G(r_o, heta_o)} \cdot g(r) \cdot F(r, heta)$$

Dose anisotropy function

$$F(r, heta) = rac{\dot{D}(r, heta)}{\dot{D}(r, heta_o)} rac{G_L(r, heta_o)}{G_L(r, heta)}$$

 $F(r,\theta)$ describes variation in dose vs polar angle relative to transverse plane (above G_L variations)

 $F(r, \theta_o) = 1.0$

Dose anisotropy functions are mostly calculated by Monte Carlo





TG43
$$\dot{D}(r,\theta) = S_k \cdot \Lambda \cdot \frac{G(r,\theta)}{G(r_o,\theta_o)} \cdot g(r) \cdot F(r,\theta)$$

 $S_K \Lambda = D(r_o,\theta_o)$
 $D(r_o,\theta_o) \cdot g(r) = D(r,\theta_o) \cdot \text{geom}$
 $D(r,\theta_o) \cdot F(r,\theta) \cdot \text{geom} = D(r,\theta)$
i.e. the TG-43 formalism is an identity,
 \cdot holds independently of what $G(r,\theta)$ is.
Clinically, get measured S_k for your individual seeds
and use Monte Carlo or measured values for
 $\Lambda, g(r), \text{ and } F(r,\theta)$

Monte Carlo for TG43 parameters

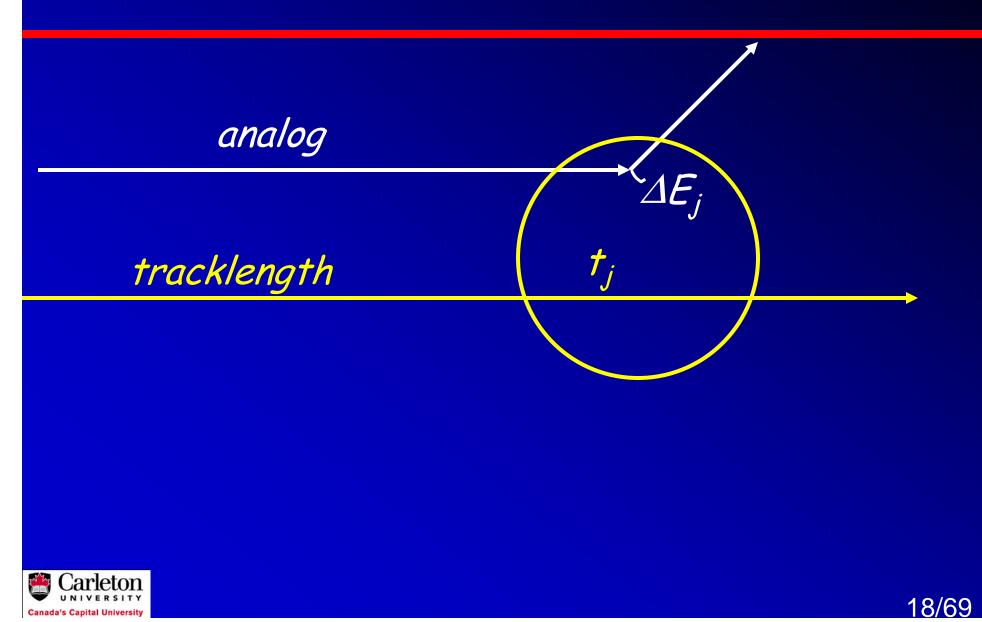
- Jeffrey F Williamson PTRAN_CCG
 - this code is responsible for most of the published values (MCNP and EGS4/EGSnrc have also been used)
 - references at end
- Monte Carlo for brachytherapy is, in general a photon transport problem since so low in energy
- Dose = Kerma (strictly the collision kerma)

$$D_{ ext{med}} \stackrel{CPE}{\equiv} K_{ ext{col,med}} = E_{\gamma} \ \phi \left(rac{\mu_{en}}{
ho}
ight)_{ ext{med}}$$





Kerma estimators



Kerma estimators

• Analog estimator K_i

$$K_i = \frac{1}{m_i} \sum_j \Delta E_j$$

i-th region

j-th interaction region i

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• Tracklength estimator $K_i = rac{1}{V} \sum E_j$

$$K_i = rac{1}{V_i} \sum_j E_j t_j \left(rac{\mu_{en}}{
ho}
ight)_j$$

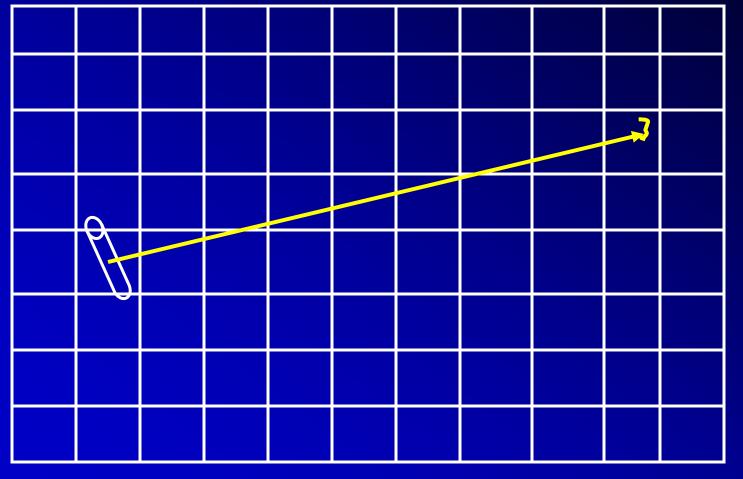
and between kerma and fluence

$$K_{
m col,med} = E_{\gamma} \; \phi \left(rac{\mu_{en}}{
ho}
ight)_{
m med}$$

Tracklength estimator: much more efficient - it uses all paths through a volume, not just interactions in it



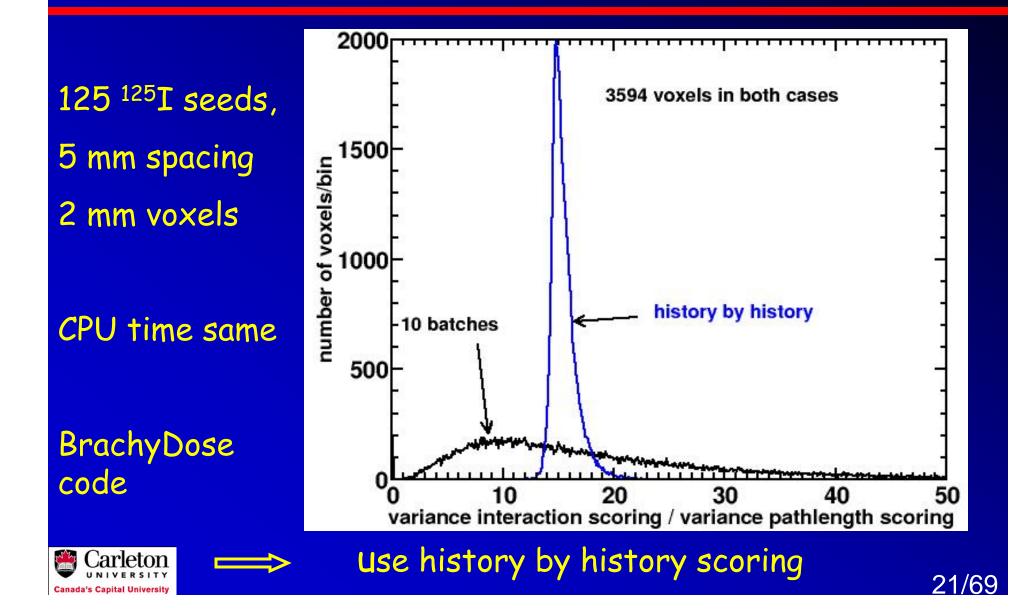
Analog vs pathlength estimators



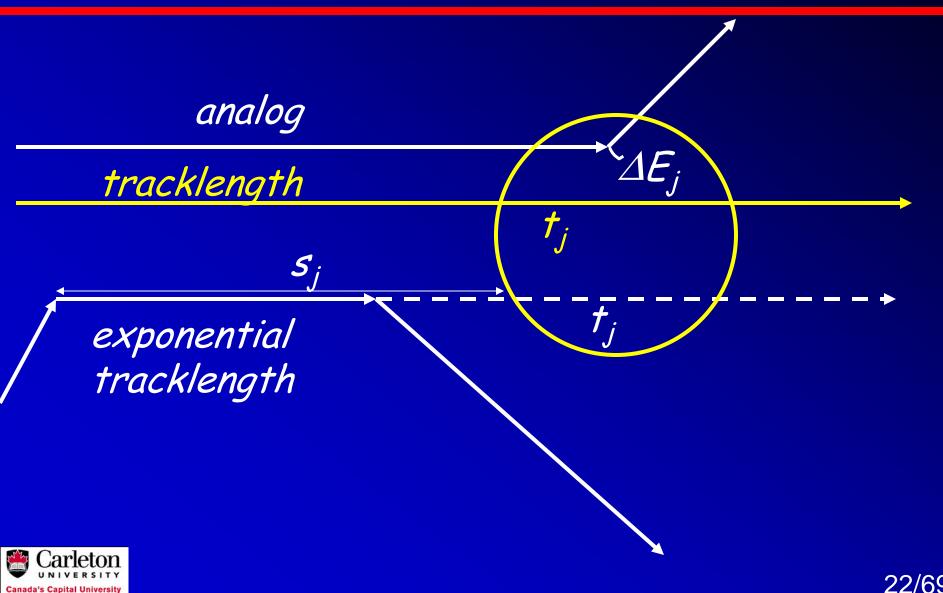
analog estimator (interaction) contributes to 1 voxel pathlength estimator contributes to 11 voxels 20/69



Efficiency increase from tracklength estimator



Kerma estimators





Exponential tracklength estimator

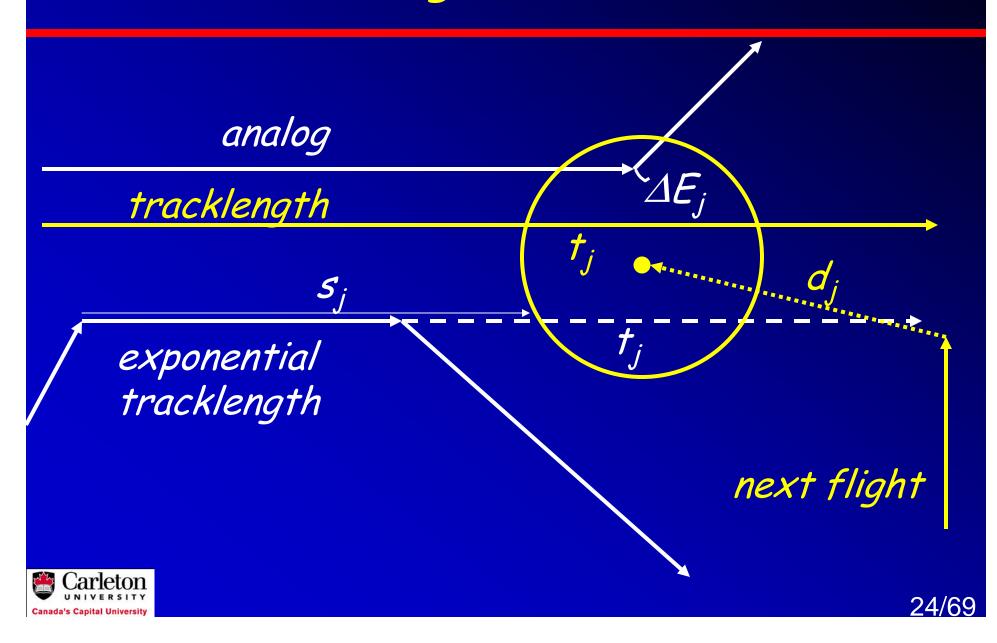
$$K_i = rac{1}{m_i} \sum_j E_j \left(rac{\mu_{en}}{\mu}
ight) e^{-\mu s_j} \left(1 - e^{-\mu t_j}
ight)$$

- tracklength estimator scores for every track which actually crosses the region
- exponential tracklength estimator scores on every track which would have crossed the region
- if interaction in or past volume $s_j = 0 \Rightarrow e^{-\mu s_j} = 1.0$
- 'thin voxel' $\Rightarrow \mu t_j \ll 1 \Rightarrow \left(1 e^{-\mu t_j}\right) pprox \mu t_j$
- for interaction in a thin voxel, same as tracklength estimator





Next flight estimators



Next flight estimators (cont)

$$K = rac{\sum_i E(heta_i) P(heta_i | E_{i-1}) e^{-\mu d_i} \left(rac{\mu_{en}}{
ho}
ight)}{d_i^2}$$

Estimates the kerma at a point - previous are voxel averages

At each interaction, determine angle, θ_i , to point of interest & probability per unit solid angle of a photon of energy E_{i-1} scattering to that direction. Energy-angle relationship =>E(θ_i)

$$P(heta_i | E_{i-1}) = rac{rac{d\sigma}{d\Omega} \left(heta_i, E_{i-1}
ight)}{\sigma}$$

Problem: interactions for which d_i near O

=> large fluctuations





Bounded next flight (BNF) estimators

Consider a sphere of radius R around point of interest

$$d_{i} < \mathsf{R} \qquad K = \frac{\sum_{i} 3E(\theta_{i})P(\theta_{i}|E_{i-1})\left(1 - e^{-\mu R}\right)\left(\frac{\mu_{en}}{\rho}\right)}{\mu R^{3}}$$
$$d_{i} > \mathsf{R} \qquad K = \frac{\sum_{i} E(\theta_{i})P(\theta_{i}|E_{i-1})e^{-\mu d_{i}}\left(\frac{\mu_{en}}{\rho}\right)}{\mu R^{3}}$$

where we have replaced $e^{-\mu d}/d^2$ with its mean value within R, assuming there are uniform interactions within R.

 $d^2_{\dot{a}}$

This is the workhorse method used in Williamson's code for <u>TG43</u> parameters.





Once more collided flux estimators (OMCFE)

- BNF requires uniform interactions within R
 - does not work close to small sources with steep gradients
 - does not work near interfaces
- OMCFE is basically a next flight estimator
 - resamples a step if it ends within R
 - changes the weight and then does next flight estimate for that collision
 - but tracks the history using the originally sample collision point





No photo-electric absorption

- improve efficiency by not terminating histories via photo-electric events
 - sample distance to interaction from σ_{t}
 - select interaction type ignoring σ_{pe}
 - reduce weight = probability particle has escaped a terminal event $W_i = W_{i-1} \left(1 rac{\sigma_{pe}(E_{i-1})}{\sigma_t(E_{i-1})}
 ight)$
 - energy deposition $\Delta E = W_{i-1}E_{i-1} W_iE_i$ • consider compton scatter

$$E_ipprox E_{i-1} \Rightarrow \Delta E = W_{i-1}E_{i-1}rac{\sigma_{pe}}{\sigma_t}$$

- other estimators, multiply by W_i





Calculating TG43 parameters: S_K

K_{air} at 10 cm on the bisector, in vacuum

- issues
 - air attenuation or not? definition is in vacuum
 - low energy (4.5 keV) Ti x-rays
 - no effect in water
 - large effect on K_{air} since ($\mu_{en}/\rho)$ large at 5 keV
 - decision to exclude using thin Al sheet
 - on-axis or area of wide angle free air chamber (WAFAC)
 - definition, TLDs, clinical ion chambers all on-axis
 - primary standard is WAFAC





Calculating TG43 parameters: g(r),F(r,θ)

K_{water} throughout the medium $D(r,\theta)$

$$g_X(r) = \frac{\dot{D}(r,\theta_0)}{\dot{D}(r_0,\theta_0)} \frac{G_X(r_0,\theta_0)}{G_X(r,\theta_0)}$$

$$F(r, heta) \;\; = \;\; rac{\dot{D}(r, heta)}{\dot{D}(r, heta_o)} rac{G_L(r, heta_o)}{G_L(r, heta)}$$

 $r_o = 1 \text{ cm}, \theta_o = 90^\circ$

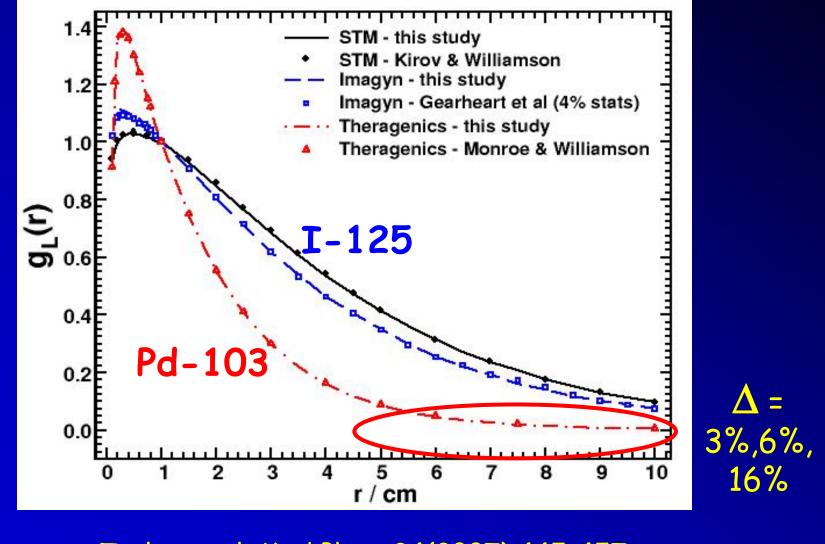
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- issues
 - what $G(r,\theta)$ to use: line or point: consistency critical
 - voxel size effects if using voxels
 - what is the medium?
 - water for the TG43 parameters (is this the best?)
 - experiments in plastics/"solid-virtual water" etc
 - size of phantom (must be big enough)



(See Melhus & Rivard Med Phys 33 (2006)1729-1737)

g(r) - radial dose function





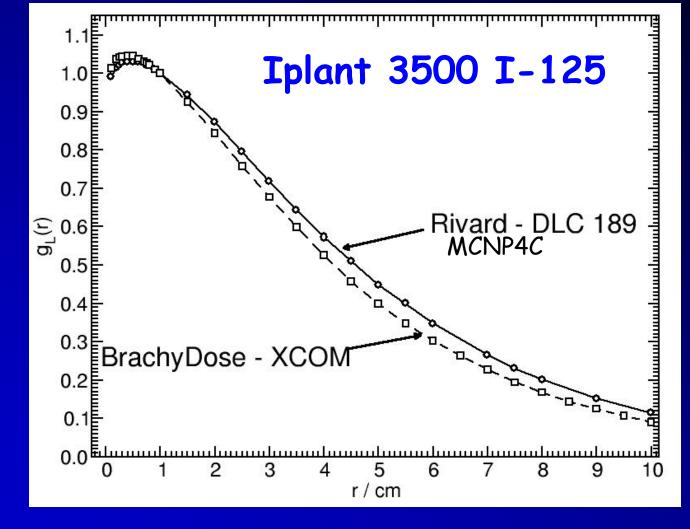
Taylor et al, Med Phys 34(2007) 445-457

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Effect of cross sections

DLC-189/200 in MCNP4B/C µ low by 5-6% DeMarco et al PMB 47 (2002)1321

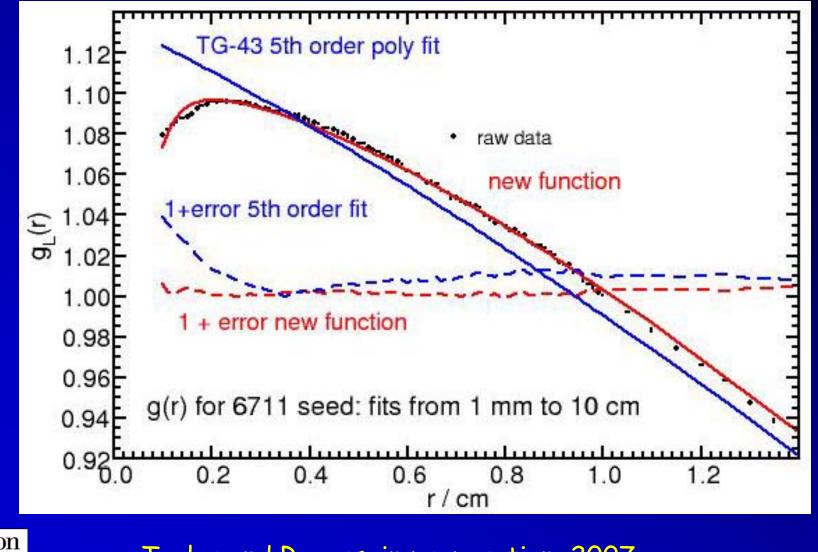
XCOM considered state-of-art (DLC-136/146/174)



 Λ is 2% too high for this seed with MCNP_{32/69}



Improved fitting function for g(r) data

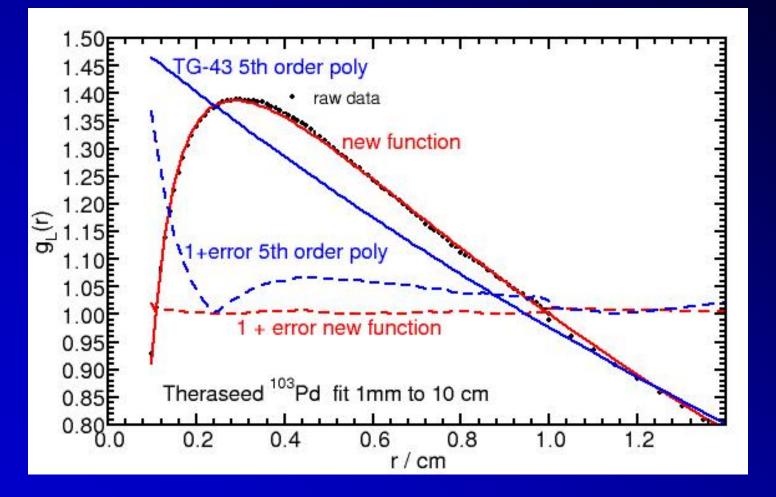


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Taylor and Rogers, in preparation, 2007

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Improved fitting function for g(r) data

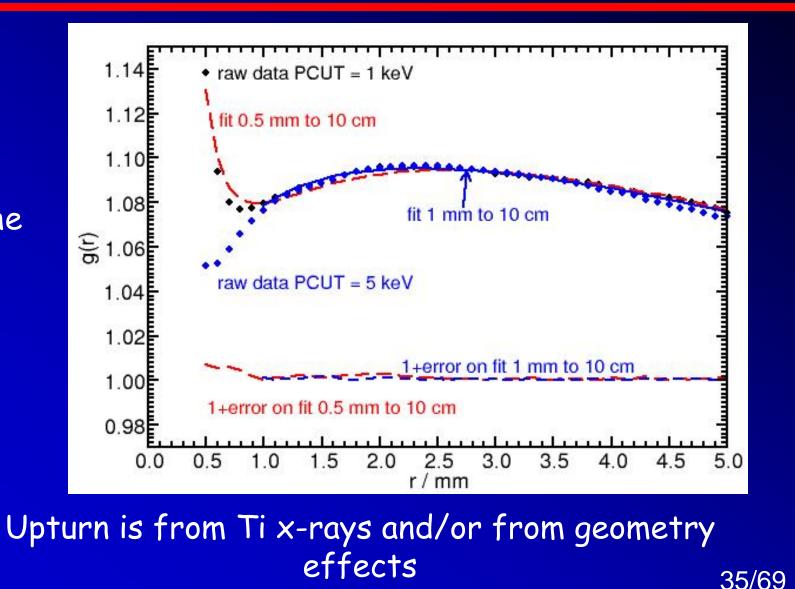


If fitting from 5 mm to 10 cm, then 5-th order polynomial is perfect. 34/69



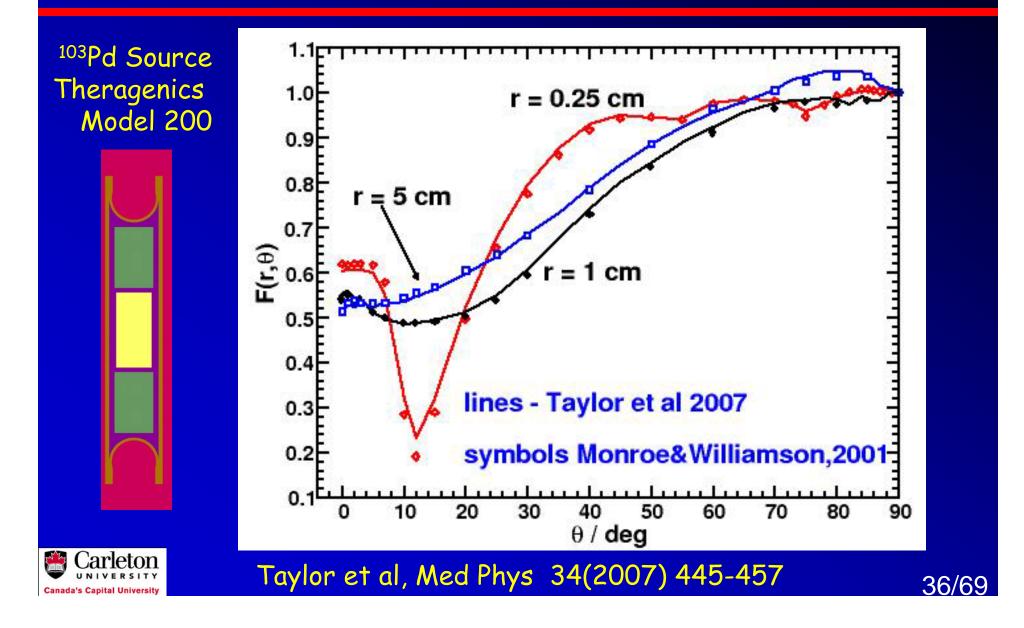
Improved fitting function for g(r) data

The new fitting function handles the upturn



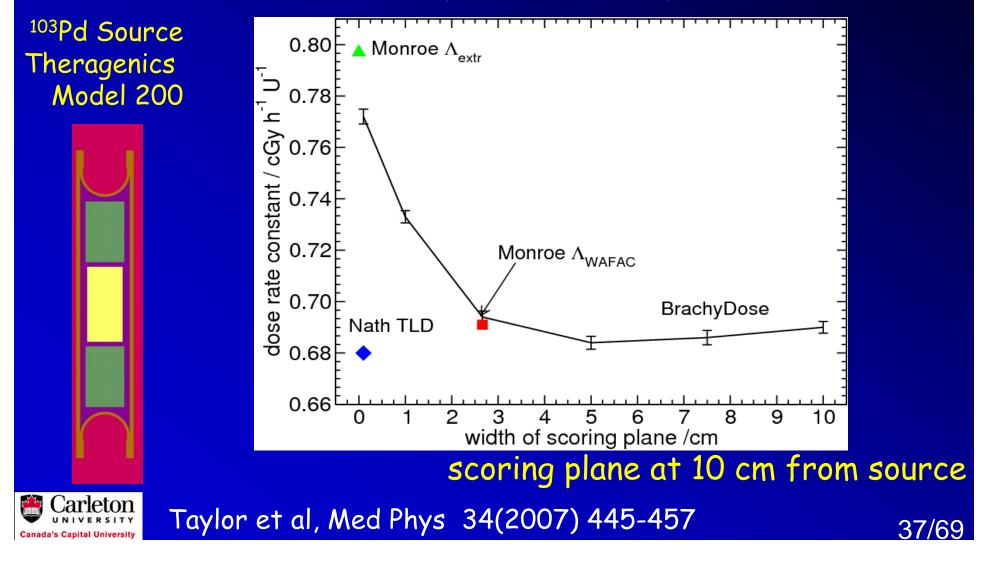


F(r,θ): *Theragenics* 200 Pd-103



A - dose-rate constant

Dose to water at reference point divided by air-kerma strength



BrachyDose

- a code for calculating dose distributions in a voxel CT phantom with brachytherapy sources
- code is based on Yegin's MG (multi-geometry) package and EGSnrc
- detailed models of multiple seed types at multiple locations and orientations
- can handle x-ray sources since based on EGSnrc
- code is very fast

Similar code: MCPI Chibani & Williamson Med Phys 32(2005)3688-3698





Yegin's Multi-Geometry package



Available online at www.sciencedirect.com



Nuclear Instruments and Methods in Physics Research B 211 (2003) 331-338



www.elsevier.com/locate/nimb

A new approach to geometry modeling for Monte Carlo particle transport: An application to the EGS code system

Gultekin Yegin *

Department of Physics, Faculty of Arts and Sciences, Celal Bayar University, TR-45030 Manisa, Turkey

Received 22 May 2002; received in revised form 10 April 2003





Features of BrachyDose

- have modelled most (all?) major seeds
- ability to extract TG-43 parameters easily
 - benchmarked against previous TG-43 work
 - studied voxel size effects (Taylor et al, Med Phys 34(2007) 445-457)
- ability to use a CT dataset
- scores spectrum in any voxel
- models 50 kV brachytherapy x-ray source
 - VRT increased efficiency by factor of 10⁴
- ability to use a phase space source
- models Ir-192 HDR in catheters
 - adjust cross sections for sensitivity analysis



BrachyDose: speed-up features

- use pathlength scoring (factor of 15 over analog)
- reuse photons escaping from one seed for every seed (20% for 1mm, 28% for 3mm)
- fast table lookups of mass energy absorption coefficients (5% speed up)
 - use same approach as EGSnrc (log interpolation, small energy increments)
 - use XCOM data base for EGSnrc
- virtual geometry to reduce checks on seeds (large
 n speed up)



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BrachyDose: timing

- for average uncertainty of 2% on dose in each voxel in implant (g77 compiler - single 3.0 GHz 64 bit CPU)
 - 3 mm voxels: 14 s
 - 2 mm voxels: 30 s
 - 1 mm voxels: 228 s

i.e., 🧲 3.5 min for 1 mm voxels

 and with an Intel compiler it is expected to be faster based on previous experience





- Williamson's code uses a point estimator
- when using voxels one must be careful

$$D_{
m vox}=rac{1}{\Delta r}\int_{r_o-rac{\Delta r}{2}}^{r_o+rac{\Delta r}{2}}dr D(r)$$
 i.e., dose is averaged over voxel

$$D_{
m vox} = D(r_o) \left[1 + rac{D^{\prime\prime}(r_o)}{24D(r_o)} \Delta r^2 + O(\Delta r^4)
ight]$$

Kawrakow MP 33(2006)1829

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For
$$1/r^2$$

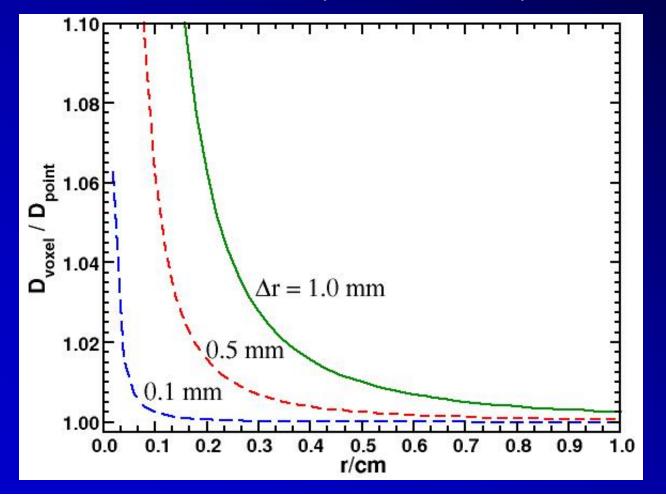
$$D_{\rm vox} \approx D(r_o) \left[1 + \frac{\Delta r^2}{4r_o^2} \right]$$

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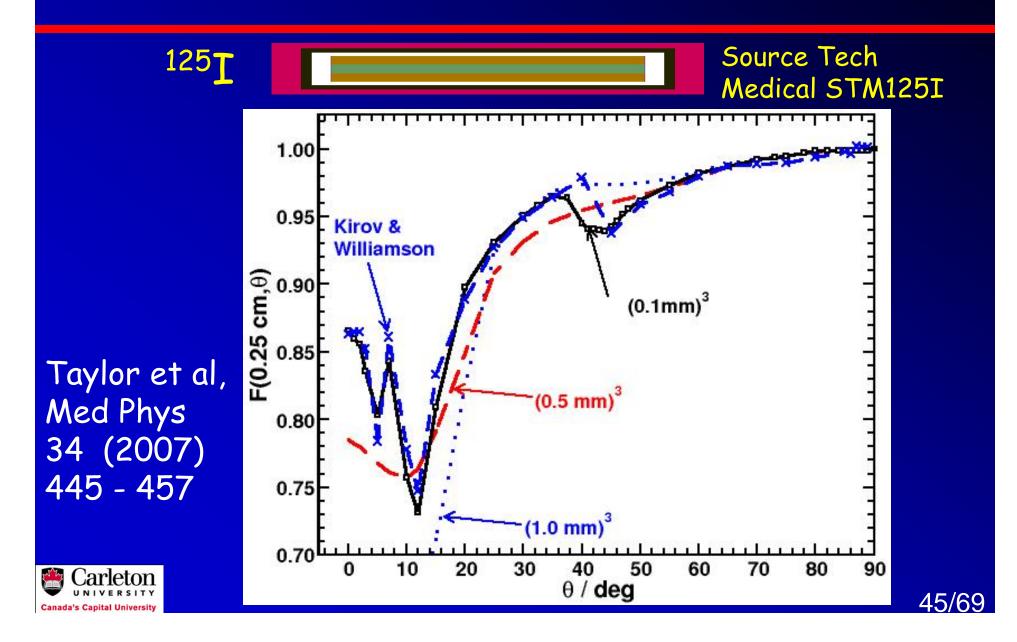


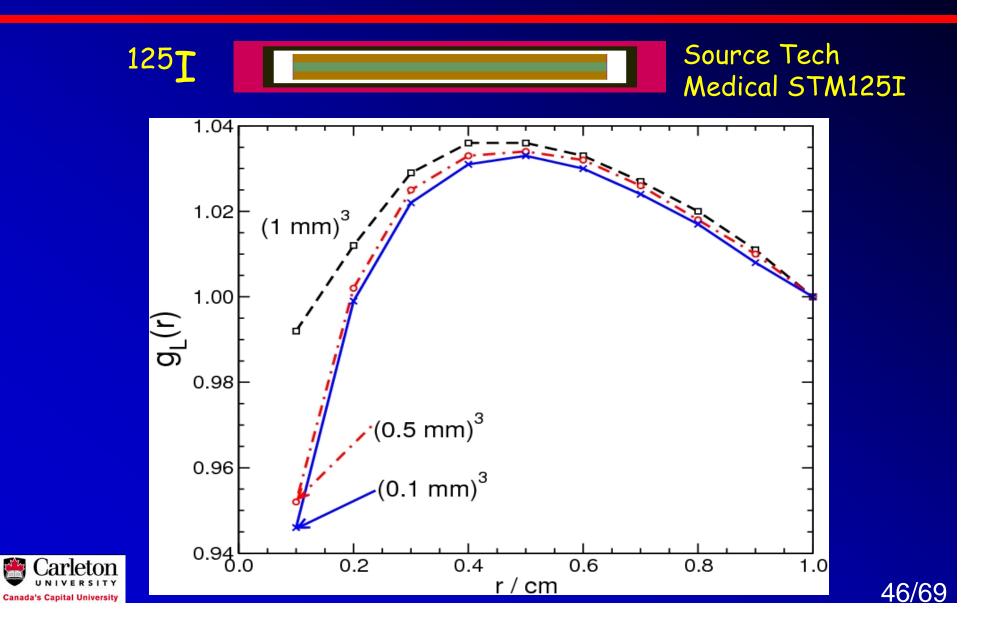
Size of error in associating the average dose in the voxel with the dose at the mid-point (near a point source)

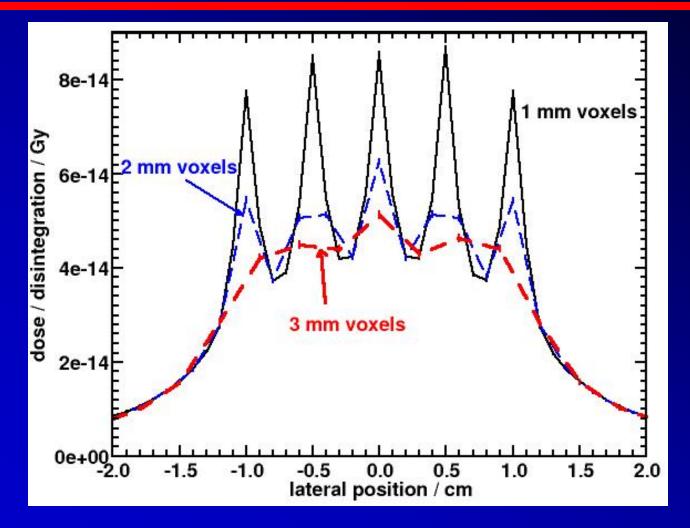


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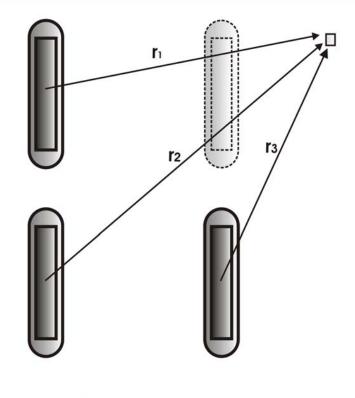


recall slide 7 showed voxel size effects on DVHs

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Inter-seed effects in brachytherapy



 $D'(r,\theta)=D'(r_1,\theta_1)+D'(r_2,\theta_2)+D'(r_3,\theta_3)+\ldots$

Standard planning systems ignore self-shielding

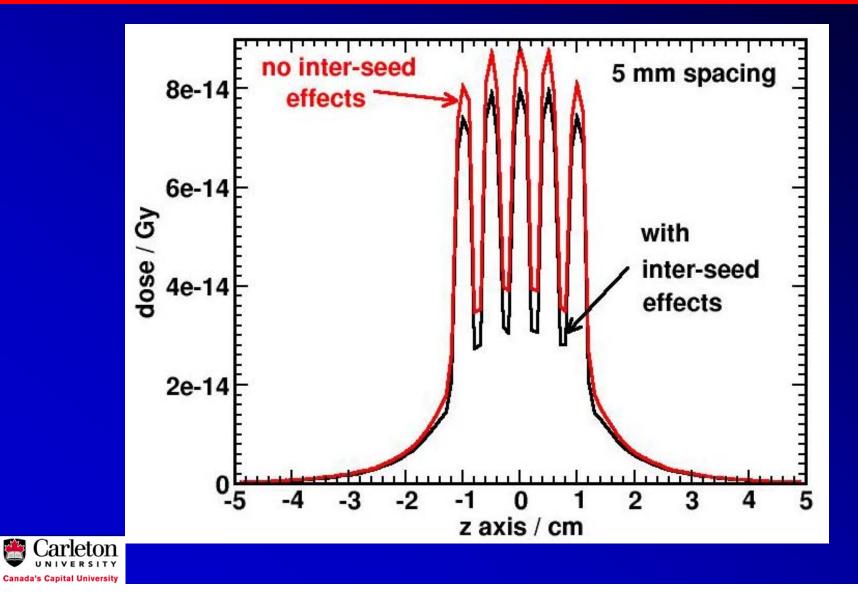
A few papers have investigated inter-seed effects.

Chibani and Williamson, (Med Phys 2005) used MCNP. Each calculation took 3 days.





central axis dose for 5 mm spacing



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inter-seed effects

- doses vary by as much as
 - 27% in valley
 - 10% near peak
- can be misleading since volumes near peaks are often small in these regular patterns
- close to worst case (seeds are 3.6% of volume compared to 0.5% for 10 mm spacing)





inter-seed effects (cont)

- total energy deposited in implant
 - 5 mm spacing -down 13%
 - 10 mm spacing -down 2.8%
- total energy deposited in nearby "critical organ"
 - 5 mm spacing -down 13%
 - 10 mm spacing -down 3%
- difference is more important than the absolute value since dose prescription determined by experience





¹⁹²Ir source in catheters



- can model an HDR source inside a catheter
- the source moves to an arbitrary number of positions in an arbitrary number of catheters
- we see no significant effect of the catheters.





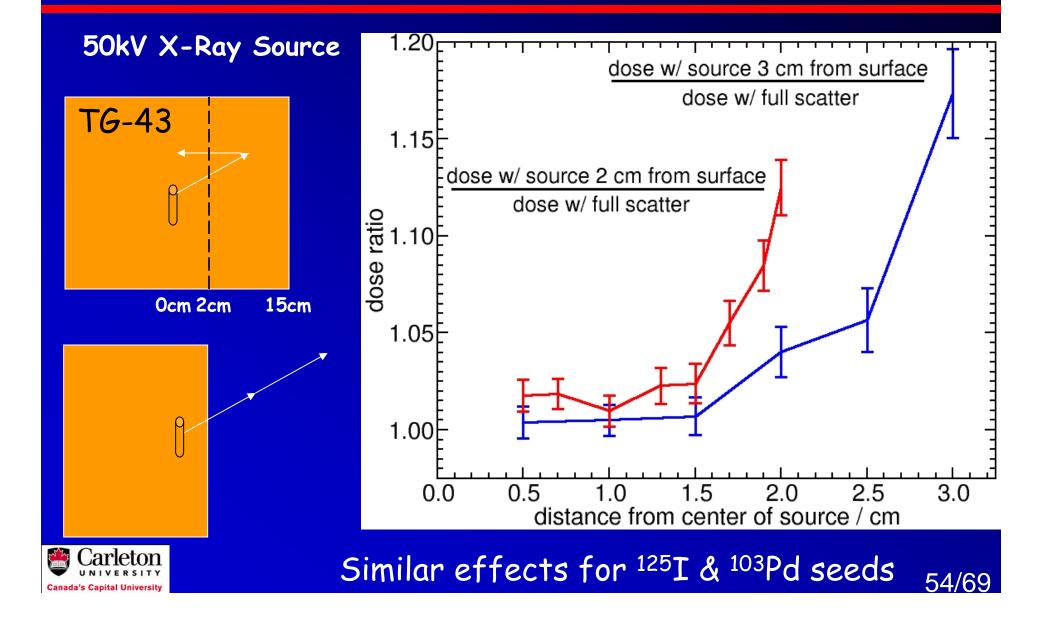
Need for treatment planning

- TG-43 treatment planning assumes infinite water patient with one source at a time
- what are the magnitudes of the effects of
 - other tissues and calcifications
 - air surfaces (for breast treatments)
 - inter-seed attenuation (up to 5-10%)
- treatment planning with BrachyDose based on 3 D CT data sets handles all of these

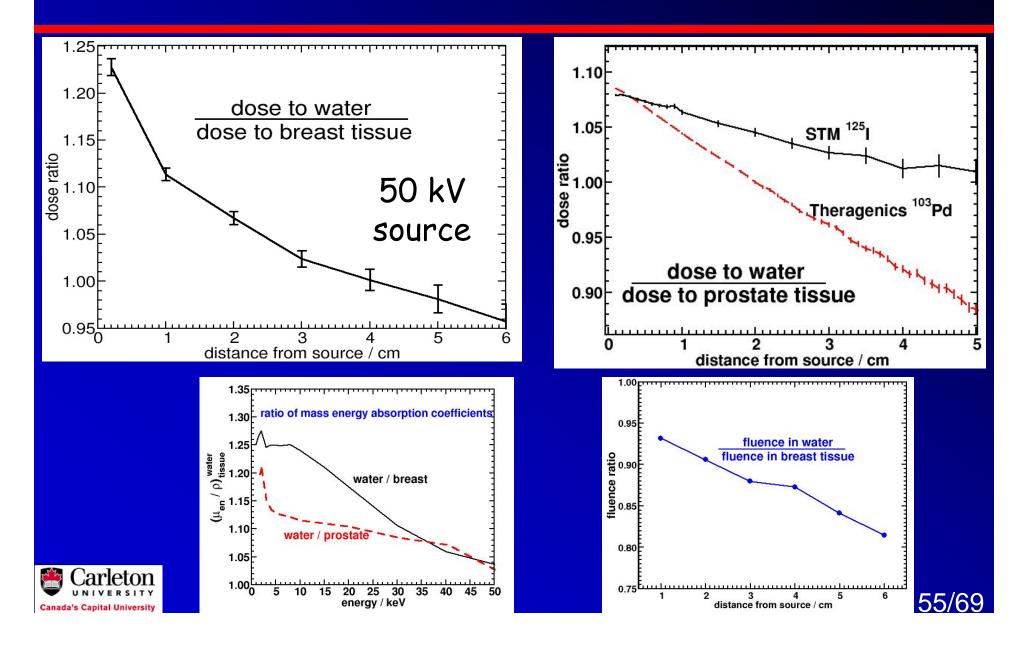




Effect of finite irradiated volume



Effect of realistic tissue



CLRP TG-43 web resource

http://www.physics.carleton.ca/clrp/seed_database

- Full set of tabulated dosimetry data for each source studied
- Description of calculation methods
- Descriptions & scale drawings of sources
- Plots compare values calculated in this study to other results
- Links to relevant papers & websites





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The CLRP TG-43 Parameter Database

R. E. P. Taylor and D. W. O. Rogers

About the Database:

This is the home of the <u>Carleton Laboratory for Radiotherapy Physics (CLRP)</u> Database of TG-43 brachytherapy dosimetry parameters. The dosimetry parameters presented here were calculated using the <u>EGSnrc</u> usercode BrachyDose^{1,2}, a Monte Carlo code for doing rapid brachytherapy treatment planning calculations. The code is capable of calculating the full 3D dose distribution with (1 mm)³ voxels from 125¹²⁵I seeds in a prostate implant with 2% statistics in under 5 minutes on a single Xeon processor.

On these pages you will find a set of TG-43 dosimetry parameters for all of the brachytherapy seeds listed in the Joint AAPM/RPC brachytherapy source <u>registry</u>. The aim of this work was to create a comprehensive database of TG-43 dosimetry parameters using a consistent set of methods for all seeds. This data is made freely available to the public and we hope it will prove to be a valuable resource for the Medical Physics Community.

If you have questions or comments please Contact us!

Brachytherapy Seed Data:

1. Seeds listed in the Joint AAPM/RPC brachytherapy source <u>registry</u>

¹²⁵I Seeds:

- Amersham, OncoSeed, 6711 html pdf
- Amersham, EchoSeed, 6733 html pdf
- Bebig GmbH., IsoSeed I-125, I25.S06 / Theragenics Corporation, I-Seed I-125, I25.S06 html pdf



CLRP TG-43 web resource

Amersham OncoSeed 6711 ¹²⁵I Source TG-43 data

Source Description:

The 6711 source consists of radioactive AgI and AgBr coated on a 2.8 mm long cy the silver rod are conical sections beveled at 45° and the end faces of the rod hav coating is assumed to have a uniform thickness of 1.75 μ m on the cylindrical surf composition as given in ref. <u>1</u>. The silver rod is encapsulated in a titanium tube w 0.375 mm thick end welds. The inside of the capsule is filled with air. Overall sou mm.

Dose Rate Constant - Λ :

Dose rate constants, $\hat{\mathbf{n}}$, are calculated by dividing the air kerma strength per history (0.1~mm)³ voxel centered on the reference position, (1 cm, $\Pi/2$), in the 30x30x30 constants are provided for air kerma strenth calculated using voxels of 2.7x2.7x0.0 source. The larger voxel size averages the air kerma per history over a region coprimary collimator of the WAFAC^{be}. The small voxel serves to estimate the air kern

Author

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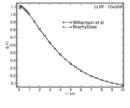
this study - $0.1x0.1x0.05 \text{ cm}^3$ voxel at 10 cm this study $2.66x2.66x0.05 \text{ cm}^3$ voxel at 10 cm Williamson¹ (DLC 146) Williamson¹ TLD



Radial dose function - g(r):

The radial dose function, g(r), is calculated using both line and less than 1 cm from the source and 0.5 cm intervals from 1 cm

Click image for higher res version



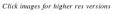


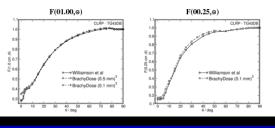
Anisotropy function - $F(r, \Theta)$:

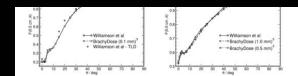
Anisotropy functions are calculated using the line source appro-

and 32 unique polar angles with a minimum resolution of 5°. The anisotropy factor, $\varphi_{an}(r)$, was calculated by integ weighted dose rate over 0° $\leq \theta \leq 90^\circ$.

-







Tabulated F(r,⊕) data: html Excel

References:

Seed Specific References

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Other References

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b. R. Loevinger, Wide-angle free-air chamber for calibration of low--energy brachytherapy sources, Med. Phys 20 907 (1993)

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d. R. E. P. Taylor, D.W.O. Rogers, An EGSnrc Monte Carlo calculated TG-43 parameter database, in preparation

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Xoft Axxent X-ray source

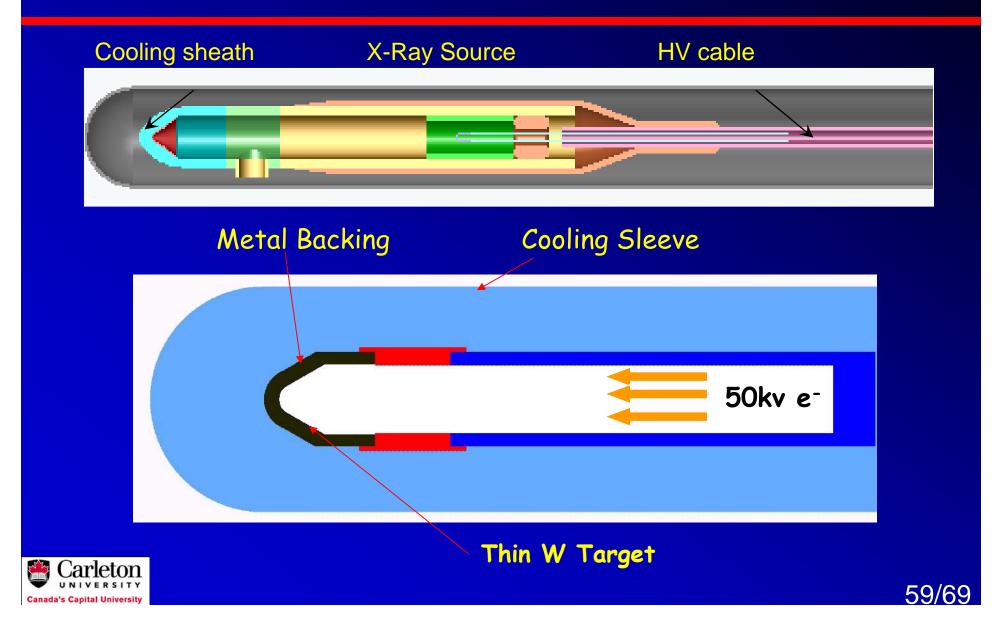
- Miniature X-Ray Source
 25-50 kV e⁻ on W target.
 Lifetime of 5h w/ beam on
 "Tunable" dose rates
 Reduced shielding requirements
 Source can be turned on/off
 FDA Approved Jan 2006
- •EGSnrc can handle this unlike other brachytherapy codes



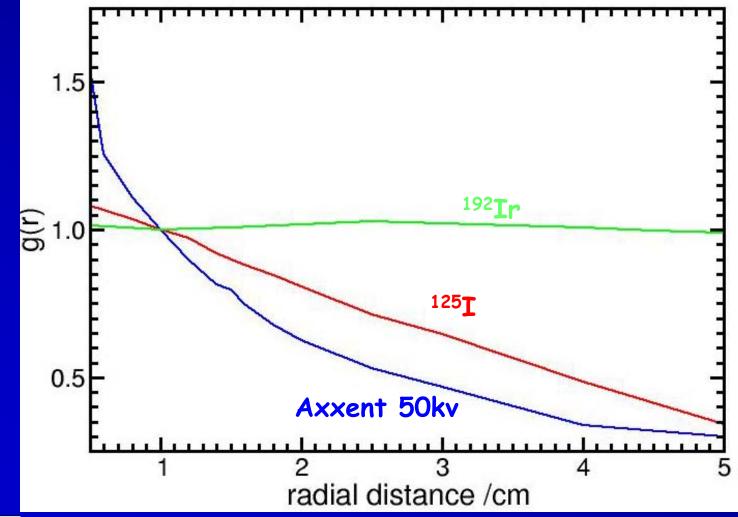




Model for Monte Carlo simulation



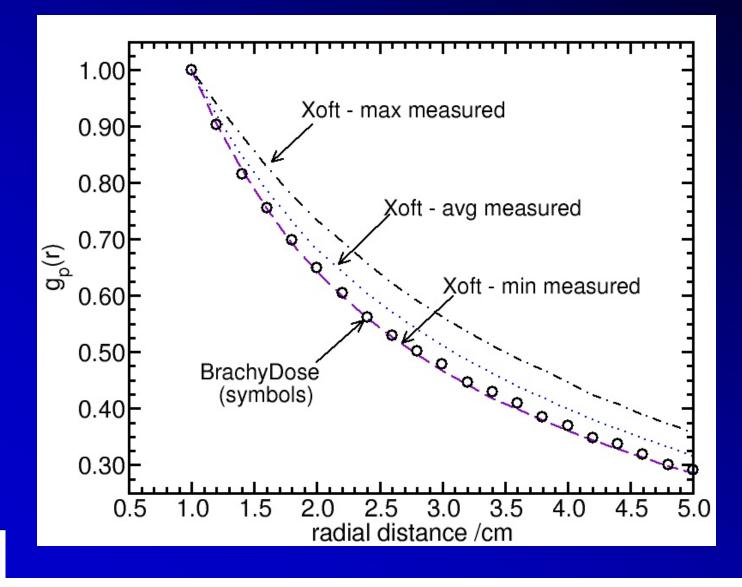
Radial dose function comparison







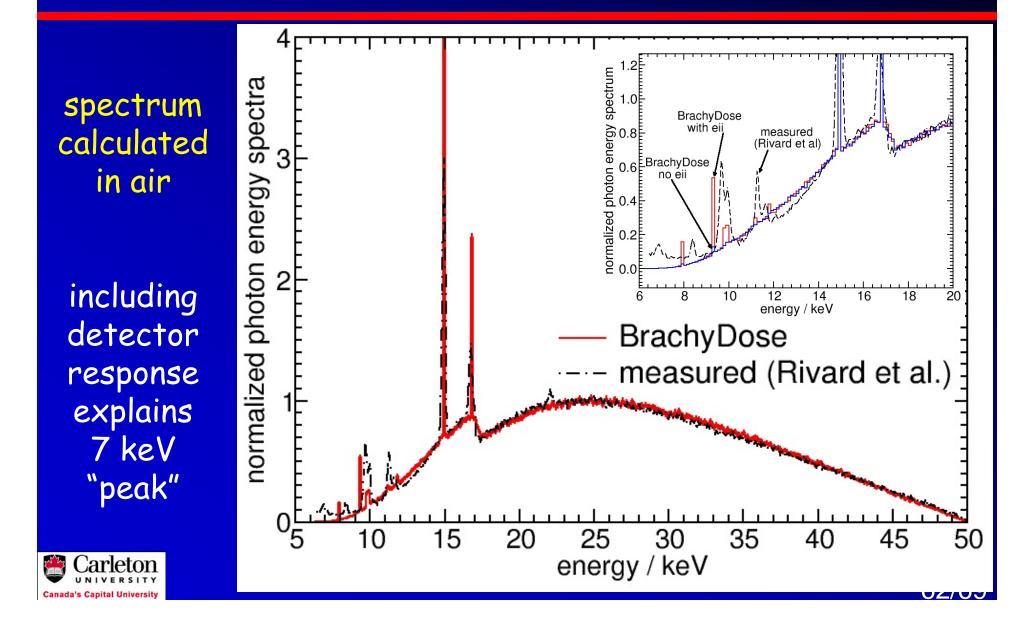
g(r) - radial dose function



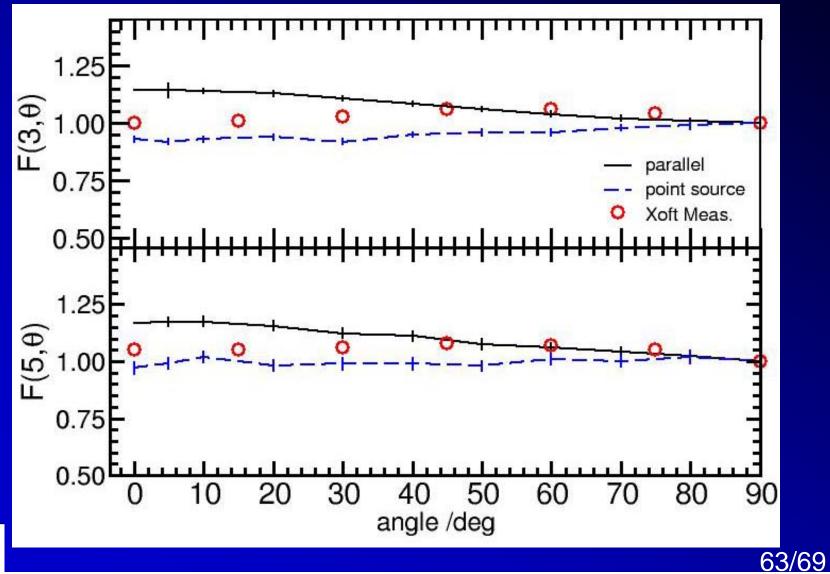




Energy spectrum with EII



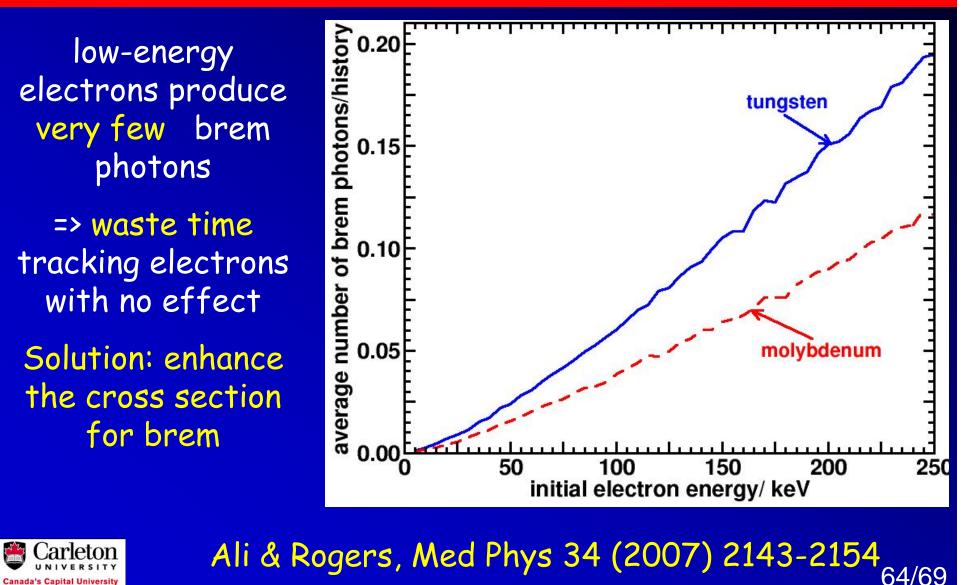
$F(r, \theta)$ - anisotropy function



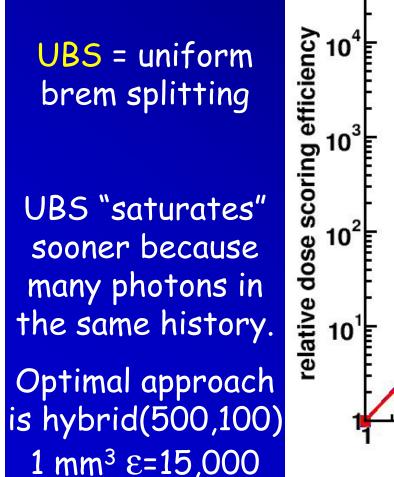


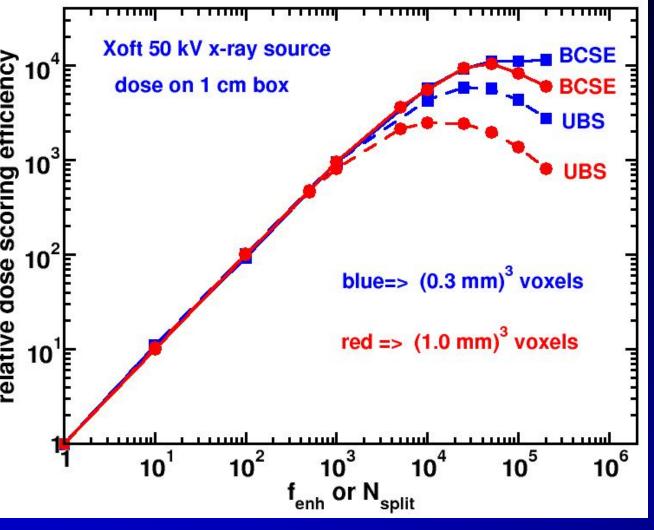
BCSE

brem cross section enhancement









Carleton UNIVERSITY Canada's Capital University Ali & Rogers, Med Phys 34 (2007) 2143-215465/69

Phase-space source

- electrons take much longer to transport than photons
- in the patient we only care about photons
- score the phase space data outside the source and inside the "balloon" and re-use
- saves a factor of 4 in the calculation
- will be able to recycle as in BEAMnrc
- not needed for seeds since already reuse each photon with every seed





Summary

- Monte Carlo has played a central role in brachytherapy dosimetry, especially in calculating TG43 parameters
- Monte Carlo dose calculations are needed in brachytherapy

 interseed attenuation
 realistic materials
 lack of full backscatter
- BrachyDose does a 2% cal'n in 1 mm voxels in 4 min.
 - extensive benchmarking for different seeds
 - EGSnrc inherently can model the x-ray sources





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OITCFIOITOGSSTTomoTherapyMDS-NordionVarianNucletron



Elsayed Ali









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