



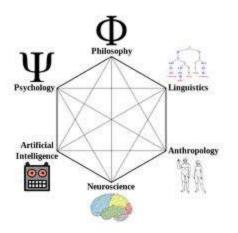
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Scientific m-Learning

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Cognitive Study of m-Learning Users in Developing Countries

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Cognitive Study of m-learning users in Developing Countries

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What is Cognition for Cognitive study?

In science, cognition: refers to mental processes. These processes include attention, memory, producing and understanding language, solving problems, and making decisions (Ref: Wikipedia)

What is cognitive science?

- Cognitive science is the science of mind and behavior.
- Cognitive science is a scientific study of the mind with special emphasis on the use and acquisition of knowledge and information

Cognitive study is multi-disciplinary

- Perception
 - acquiring real-time information about the surrounding environment.

Language use

making use of information about syntax, semantics and phonology.

Reasoning

• combining different sources of information, deriving new information, testing consistency of information, etc.

Action

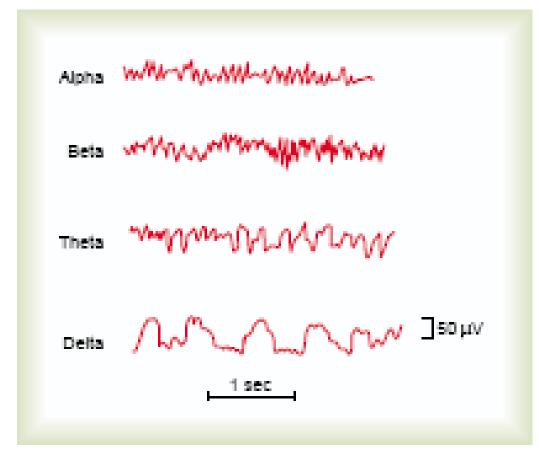
- making use of information in action planning and guidance.
- Memory
 - storing and retrieving information



EEG Waves

- ► Alpha wave -- 8 13 Hz.
- ▶ Beta wave -- >13 Hz. (14 30 Hz.)
- ▶ Theta wave -- 4 7.5 Hz.
- Delta waves I 3.5 Hz.

Different types of brain waves in normal EEG



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EEG Recording From Normal Adult Male

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Alpha wave

- rhythmic, 8-13 Hz
- mostly on occipital lobe
- > 20-200 μV
- normal,
- relaxed awake rhythm with eyes closed

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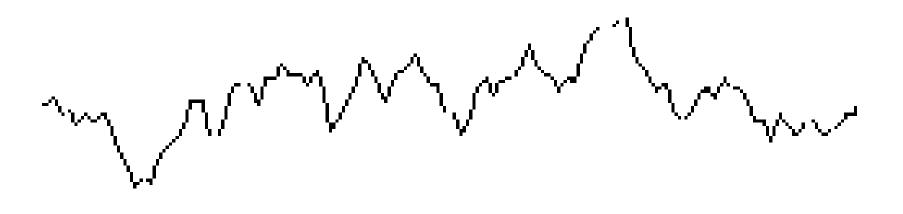
Beta wave

- irregular, 14-30 Hz
- mostly on temporal and frontal lobe
- mental activity
- excitement

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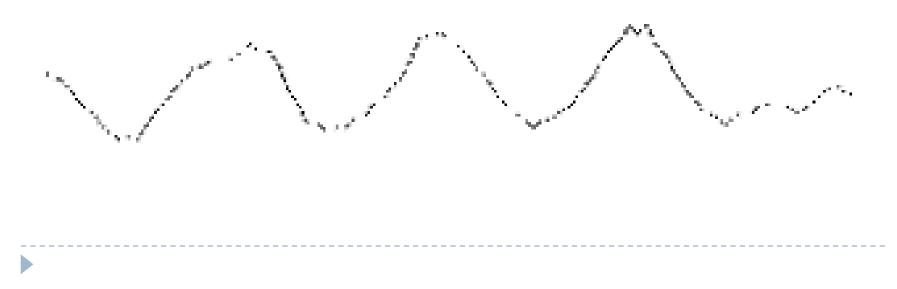
Theta wave

- rhythmic, 4-7 Hz
- Drowsy, sleep



Delta wave

- ▶ slow, < 3.5 Hz
- ▶ in adults
- normal sleep rhythm



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Deep, Oreamless
Sleep

Different types of brain waves in normal EEG

Rhythm	Frequency (Hz)	Amplitude (uV)	Recording & Location
Alpha(a)	8 - 13	50 - 100	Adults, rest, eyes closed. Occipital region
Beta(β)	14 - 30	20	Adult, mental activity Frontal region
Theta(θ)	5 – 7	Above 50	Children, drowsy adult, emotional distress Occipital
Delta(δ)	2 – 4	Above 50	Children in sleep

EEG Electrodes





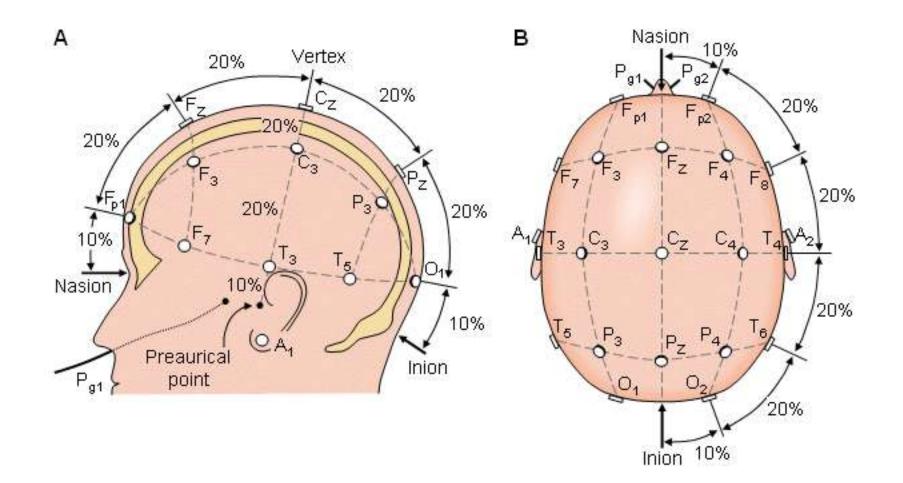
Sliver Electrodes

Electrodes Cap

Procedure of EEG recording

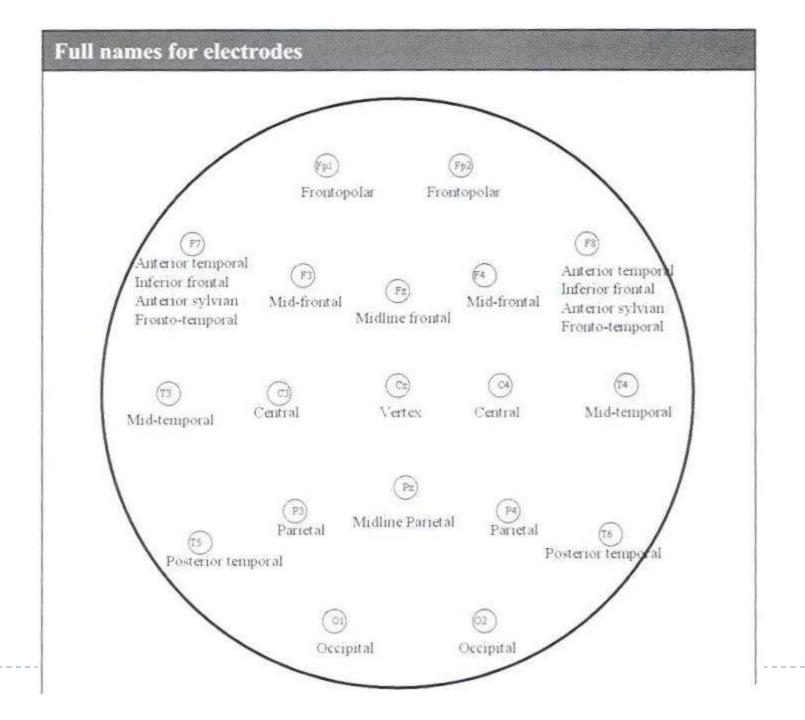
- A standard EEG makes use of 21 electrodes linked in various ways (Montage).
- Ask the subject to lie down in bed.
- Apply electrode according to 10/20% system.
- Check the impedance of the electrodes.

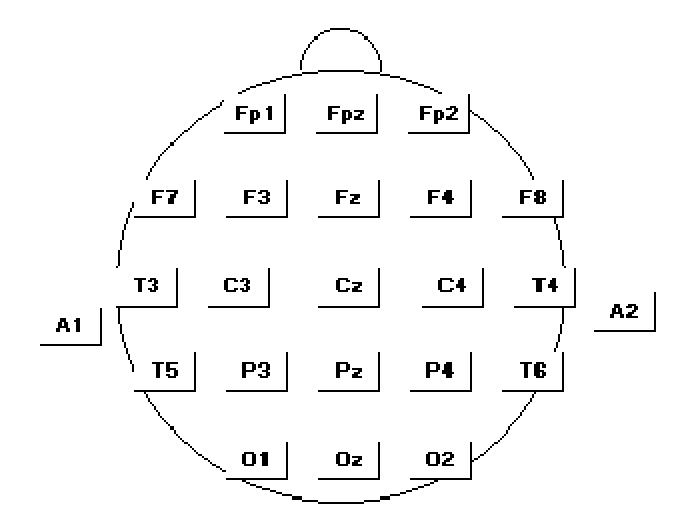
10 /20 % system of EEG electrode placement



- Each electrode site is labeled with a letter and a number.
- The letter refers to the area of brain underlying the electrode
- e.g. F Frontal lobe and T Temporal lobe.
- Even numbers denote the right side of the head and
- Odd numbers the left side of the head.

- Bipolar both the electrodes are at active site
 - Bipolar montage are parasagital montage.
- Unipolar one electrode is active and the other is indifferent kept at ear lobe.
 - Always watch for any abnormal muscle activity.
 - Ask the subject to open eyes for 10 sec. then ask them to close the eyes.





Montage

- Different sets of electrode arrangement on the scalp by 10 – 20 system is known as montage.
- 21 electrodes are attached to give 8 or 16 channels recording.

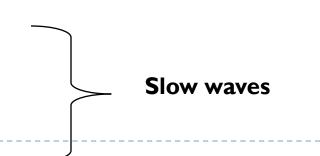
Analysis

- Electrical activity from the brain consist of primarily of rhythms.
- They are named according to their frequencies (Hz) and amplitude in micro volt (μv).
- Different rhythms at different ages and different conditions (level of consciousness)
- Usually one dominant frequency (background rhythm)

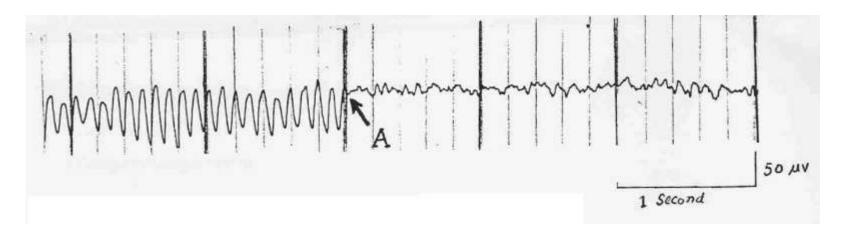
Factor influencing EEG

Age

- Infancy theta, delta wave
- Child alpha formation.
- Adult all four waves.
- Level of consciousness (sleep)
- Hypocapnia(hyperventilation) slow & high amplitude waves.
- Hypoglycemia
- Hypothermia
- Low glucocorticoids



Desynchronization or Alpha block

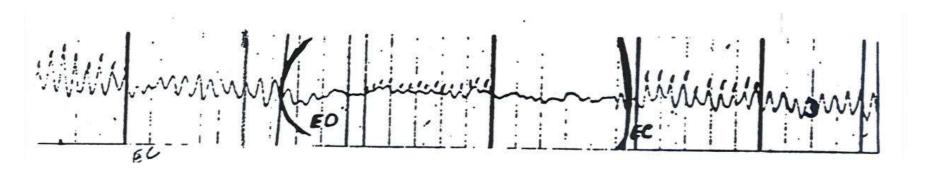


Cause:

- Eyes opening (after closure)
- Thinking by the subject (mathematical calculation)
- Sound (clapping)

Eye opening

 Alpha rhythm changes to beta on eye opening (desynchronization / α- block)



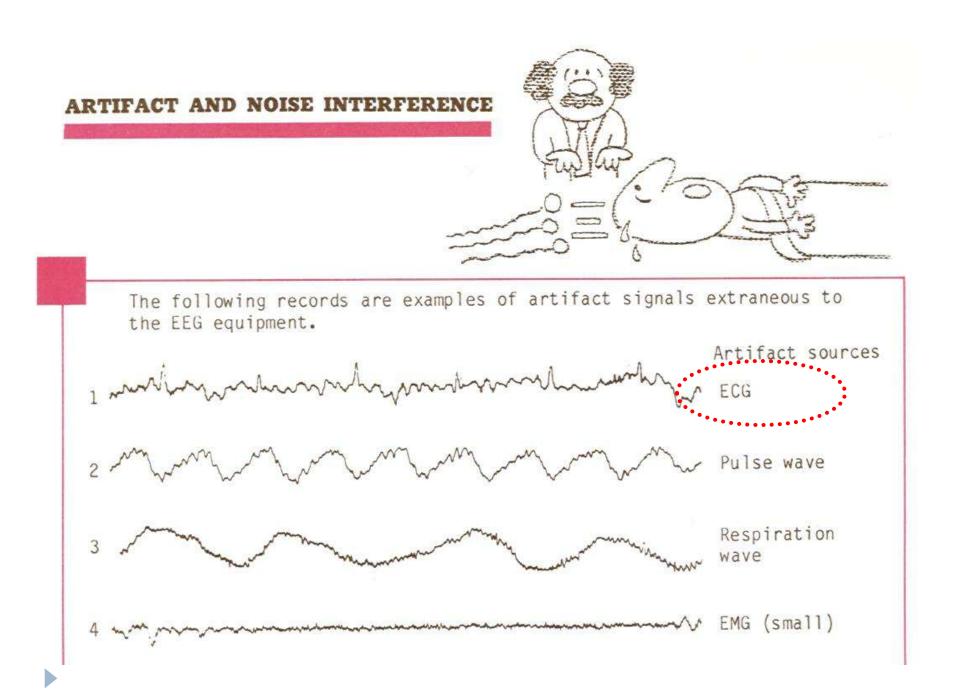
EEG Artifacts

Biological artifacts

- Eye artifacts (including eyeball, ocular muscles and eyelid)
- ECG artifacts
- EMG artifacts
- Glossokinetic artifacts (minor tongue movements)

External artifacts

- Movement by the patient
- settling of the electrodes
- Poor grounding of the EEG electrodes
- the presence of an IV drip



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Now Let us see some interesting Demo

Demo using two different hardware

- I6 Channel EEG headset
- 2 channel EEG headset
- I6 Channel has expressive, cognitive and affective suits inbuilt
- 2 channel EEG headset is having Bluetooth connectivity

Demo using EEG headset to type text

User can train himself and type any alphabet or numbers