

A tale of two transitions

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References

Scipost Phys. 14, 004 (2023)
Scipost Phys. 14, 146 (2023)
arXiv:2311.12107

Outline of the talk

(I)

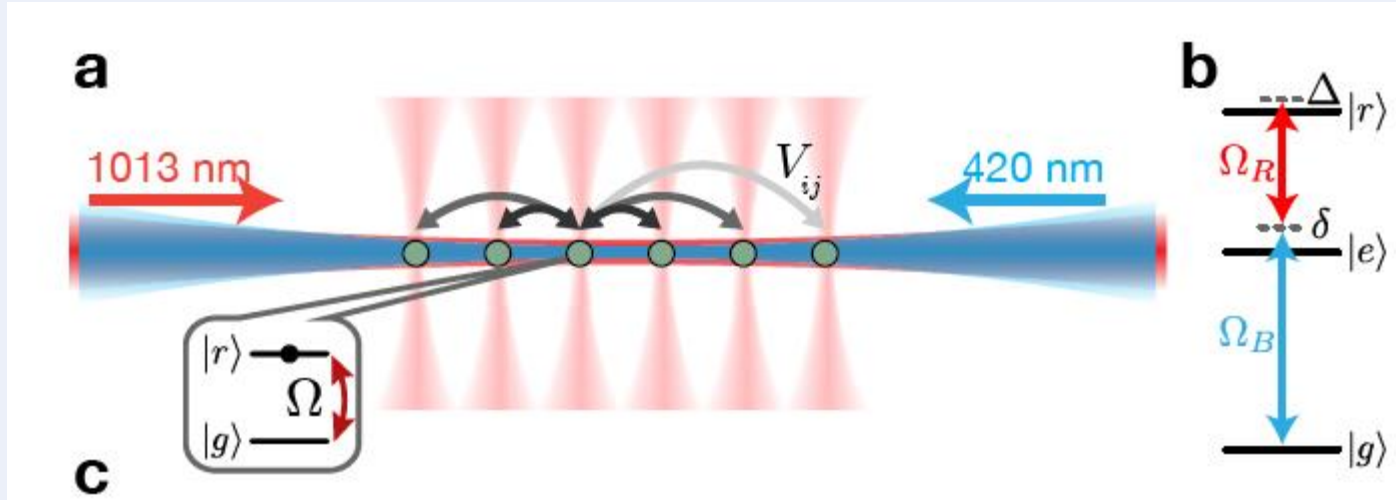
- 1. Rydberg chains: Experiments and models***
- 2. Rydberg ladder with staggered detuning***
- 3. Order-by-disorder: an Ising transition***

(II)

- 4. A constrained bosonic model with subsystem symmetry***
- 5. Gapped and gapless phases of the model***
- 6. Critical point: emergent Ashin-Teller universality***

Rydberg systems: Chains and arrays

Rydberg atom arrays



System of ^{87}Rb atoms controllably coupled to their Rydberg excited state.

The van der Waals interaction between two atoms in their excited (Rydberg) states is denoted by V and is a tunable parameter.

One can vary the detuning parameter Δ which allows one to preferentially put the atom in a Rydberg or ground state

$$\delta \sim 2\pi \times 560 \text{ MHz}$$

$$\Omega_B, \Omega_R \sim 2\pi \times 60, 36 \text{ MHz}$$

$$\Omega = \Omega_B \Omega_R / (2\delta) \sim 2\pi \times 2 \text{ MHz.}$$

$$|g\rangle = |5S_{1/2}, F = 2, m_F = -2\rangle$$

$$|r\rangle = |71S_{1/2}, J = 1/2, m_J = -1/2\rangle$$

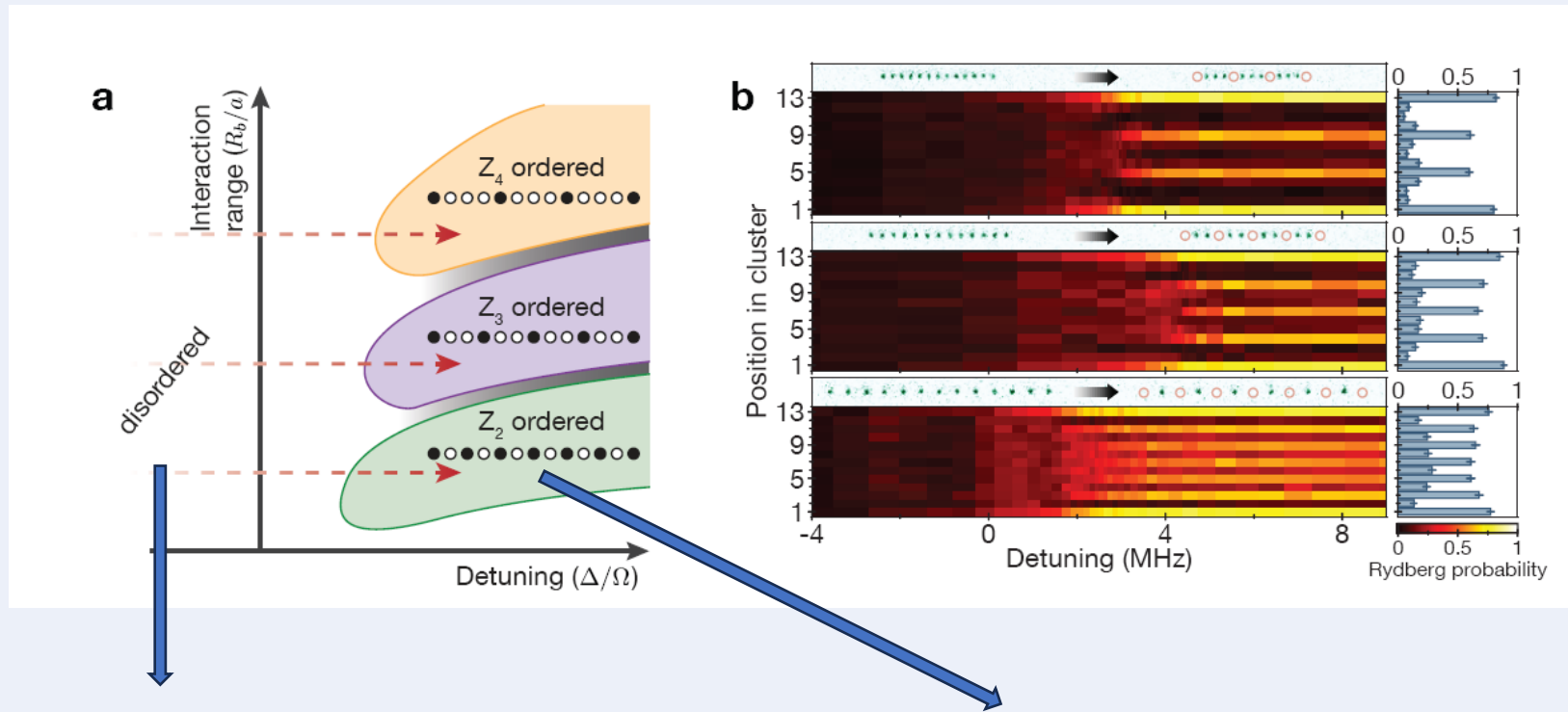
Effective low-energy description

$$\frac{\mathcal{H}}{\hbar} = \sum_i \frac{\Omega_i}{2} \sigma_x^i - \sum_i \Delta_i n_i + \sum_{i < j} V_{ij} n_i n_j,$$

$$n = (1 + \sigma_z) / 2$$

$$V_{ij} = V_0 / |r_{ij}|^6$$

V_0 can be tuned so that Rydberg excitations in neighbouring sites are forbidden.



Rydberg vacuum ($|0\rangle$) for $\Delta \gg \Omega$ and $\Delta < 0$



$|Z_2\rangle$ state for $\Delta \gg \Omega$ and $\Delta > 0$.



These states are separated by an Ising transition

Similar to the transition found in tilted optical lattice

S. Sachdev et al, PRB 66, 075128 (2002).

Mapping to a constrained model

$$\frac{\mathcal{H}}{\hbar} = \sum_i \frac{\Omega_i}{2} \sigma_x^i - \sum_i \Delta_i n_i + \sum_{i<j} V_{ij} n_i n_j,$$

Two states per site: Natural spin $\frac{1}{2}$ representation

$$\sigma_\ell^z = 2n_\ell - 1, \quad \sigma_\ell^{x(y)} = (i)(d_\ell + (-)d_\ell^\dagger).$$

Rydberg blockade on neighboring sites: $V_{i,i+1} \gg \Delta, \Omega \gg V_{i,i+2}$

$$P_\ell = (1 - \sigma_\ell^z)/2$$

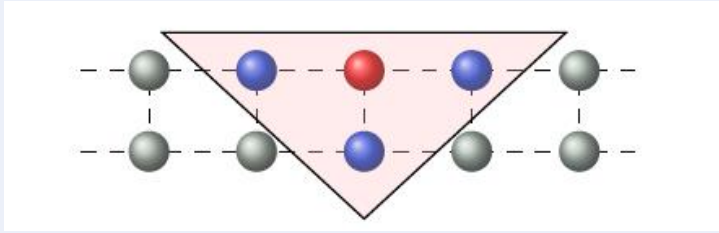
A up-spin (Rydberg excitation) can be created on a site if and only if there are no up-spins (excitations) on the neighboring sites

$$\frac{\mathcal{H}}{\hbar} = \sum_i \frac{\Omega_i}{2} \sigma_x^i - \sum_i \Delta_i n_i + \sum_{i<j} V_{ij} n_i n_j,$$



$$\begin{aligned} H_{\text{spin}} &= -w \sum_\ell P_{\ell-1} \sigma_\ell^x P_{\ell+1} + \lambda/2 \sum_\ell \sigma_\ell^z \\ &= \sum_\ell (-w \tilde{\sigma}_\ell^x + \lambda/2 \sigma_\ell^z) \end{aligned}$$

Rydberg Ladders



Two-leg Rydberg ladder

$$H = \sum_{j=1}^{2L} \sum_{\ell=1}^2 \left(w \sigma_{j,\ell}^x - \frac{1}{2} [\Delta (-1)^j + \lambda] \sigma_{j,\ell}^z \right) + \sum_{\mathbf{r} \neq \mathbf{r}'} V_{\mathbf{r}\mathbf{r}'} \hat{n}_{\mathbf{r}} \hat{n}_{\mathbf{r}'},$$

Add a site-dependent detuning having a staggered component

$$H_a = \sum_{\mathbf{r}, \mathbf{r}'} V_0 \hat{n}_{\mathbf{r}} \hat{n}_{\mathbf{r}'} \delta_{|\mathbf{r}-\mathbf{r}'|-1},$$

$$H_b = \sum_{j=1}^{2L} \sum_{\ell=1}^2 \left(w \sigma_{j,\ell}^x - \frac{1}{2} [\Delta (-1)^j - \lambda] \sigma_{j,\ell}^z \right) + \frac{V_0}{2} \sum_{\mathbf{r}\mathbf{r}'} \frac{n_{\mathbf{r}} \hat{n}_{\mathbf{r}'}}{|\mathbf{r}-\mathbf{r}'|^6} (1 - \delta_{|\mathbf{r}-\mathbf{r}'|-1}).$$

Work with an effective low-energy Hamiltonian (where $H_a=0$) where there are no nearest-neighbor Rydberg excitations



$$H_{\text{eff}}^V = \sum_{j=1}^{2L} \sum_{\ell=1}^2 w \tilde{\sigma}_{j,\ell}^x - \sum_{j=1}^{2L} \sum_{\ell=1}^2 \frac{1}{2} [\Delta (-1)^j + \lambda] \sigma_{j,\ell}^z + \frac{V_0}{2} \sum_{\mathbf{r}\mathbf{r}'} \frac{n_{\mathbf{r}} \hat{n}_{\mathbf{r}'}}{|\mathbf{r}-\mathbf{r}'|^6} (1 - \delta_{|\mathbf{r}-\mathbf{r}'|-1}),$$

$$\tilde{\sigma}_{j,\ell}^x = P_{j-1,\ell} \left(\prod_{\ell' \neq \ell} P_{j\ell'} \sigma_{j,\ell}^x \right) P_{j+1,\ell},$$

Effective Hamiltonian for the ladder where the second nearest-neighbor interaction are small

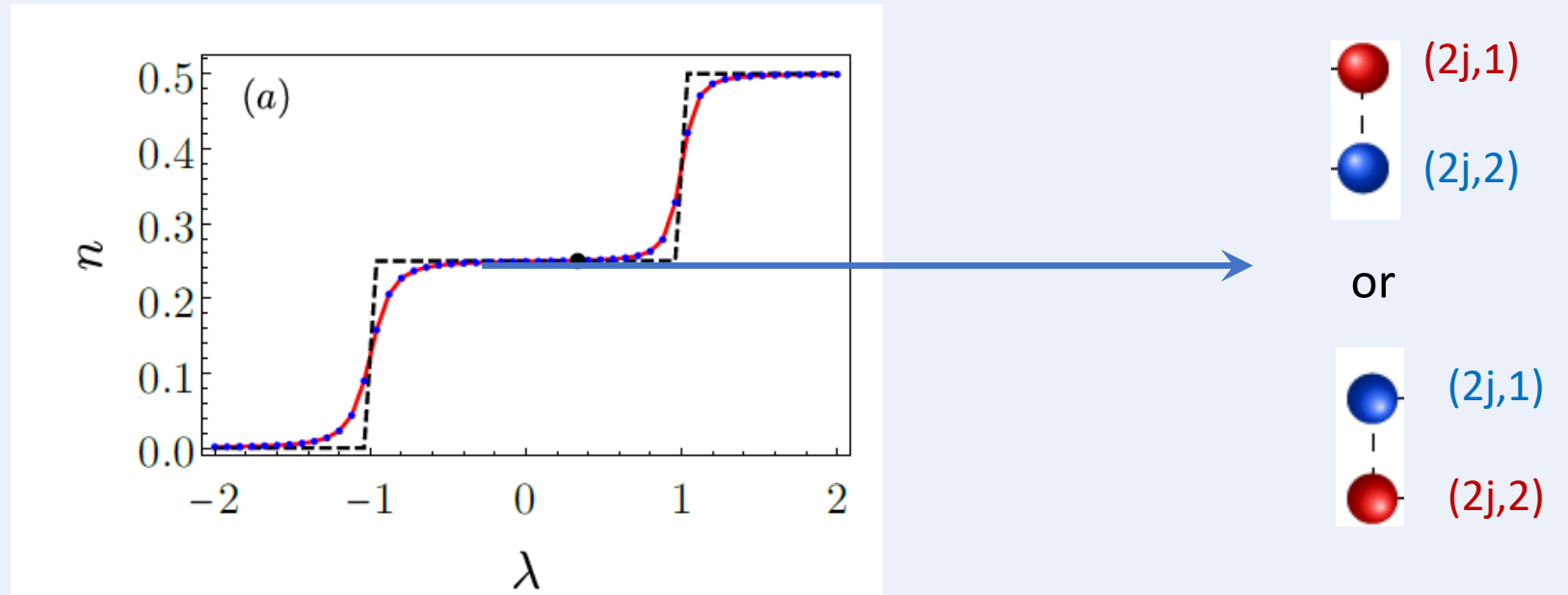


$$H_{\text{eff}} = \sum_{j=1}^{2L} \sum_{\ell=1}^2 w \tilde{\sigma}_{j,\ell}^x - \frac{1}{2} \sum_{j=1}^{2L} \sum_{\ell=1}^2 [\Delta (-1)^j + \lambda] \sigma_{j,\ell}^z.$$

$$V_0 \gg \lambda, \Delta \gg w \gg V_0 / (\sqrt{2})^6,$$

D. Bluvestein et al., Science (2021)

Ground state phase diagram of the ladder



In the classical limit the energy of creating a Rydberg excitation on an even (odd) site is

$$\begin{aligned} E_{\text{even}}/\Delta &= -(\lambda/\Delta + 1)/2 \\ E_{\text{odd}}/\Delta &= -(\lambda/\Delta - 1)/2 \end{aligned}$$

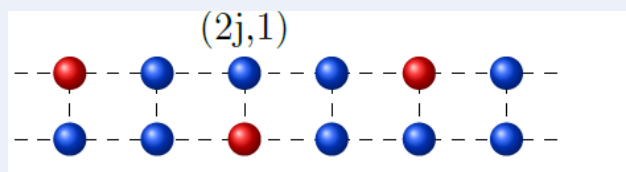
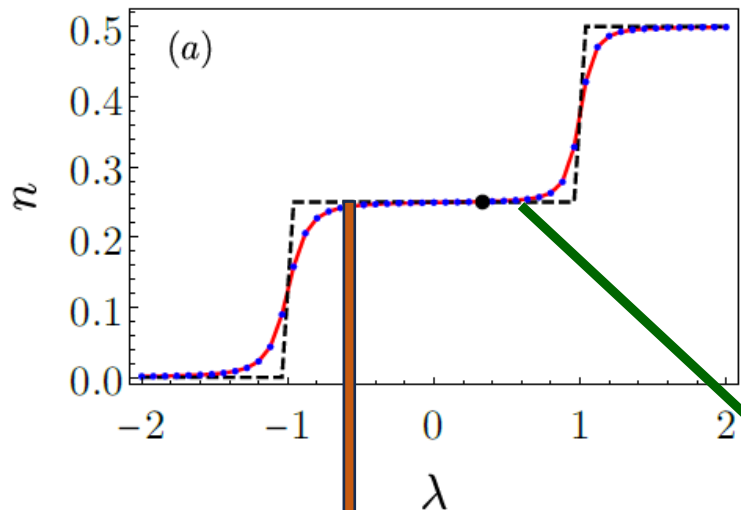
For $-1 < \lambda/\Delta < 1$, the ground state has a Rydberg excited atom on one out the two even sites of the ladder.

Macroscopic ground state degeneracy $D = 2^{(L)}$ for chain length $2L$

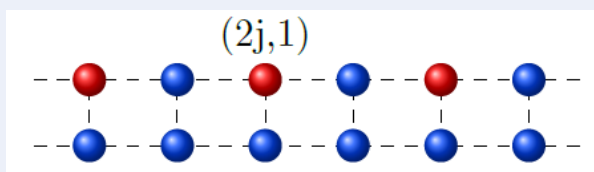
Order-by-disorder mechanism to determine the ground state

An Ising transition

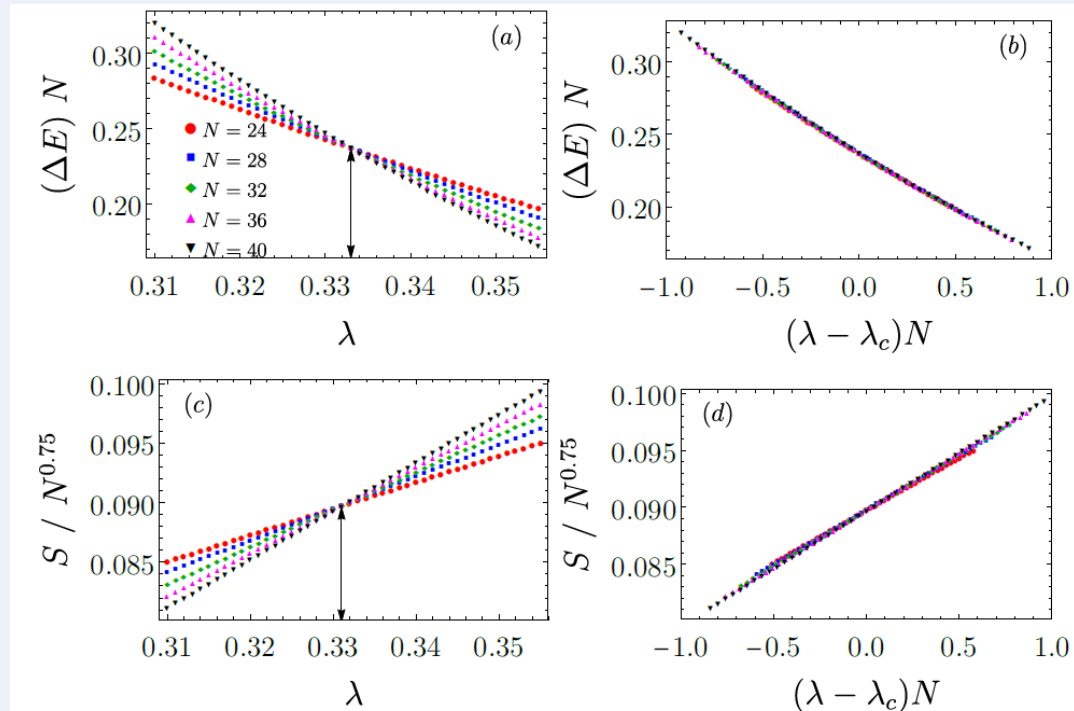
Finite-size scaling



*Unique ground state
superposition of many
Fock states with Rydberg
excitations randomly
distributed over both ladders*



*Two fold degenerate
ground state (which breaks
 Z_2 symmetry) where all
Rydberg excitations occur
on any one of the ladders*



$$\Delta E = N^{-z} f [N^{1/\nu} (\lambda - \lambda_c)],$$

$$S = \frac{1}{N} \langle \hat{O}^2 \rangle = N^{2-z-\eta} g [N^{1/\nu} (\lambda - \lambda_c)]$$

*Both the phases and the transition
is stabilized via an order-by-disorder
mechanism*

Perturbation theory: steps

Perturbative parameter $w \ll \lambda, \Delta, |\lambda - \Delta|$



$$H_{\text{eff}} = H_0 + H_1$$

$$H_1 = w \sum_{j=1}^{2L} \sum_{\ell=1}^2 \tilde{\sigma}_{j,\ell}^x.$$

Design a canonical transformation to obtain effective low energy Hamiltonian

$$H' = \exp[iS'] H_{\text{eff}} \exp[-iS'] = H_0 + H_1 + [iS', H_0 + H_1] + \frac{1}{2} [iS', [iS', H_0]] + \dots,$$

Eliminate all processes that takes one out of the low-energy manifold to first order in w/λ

$$[iS', H_0] = -H_1$$

$$S' = -w \sum_{j=1}^{2L} \sum_{\ell=1}^2 (\Delta(-1)^j + \lambda)^{-1} \tilde{\sigma}_{j,\ell}^y.$$

With this choice, the effective Hamiltonian is

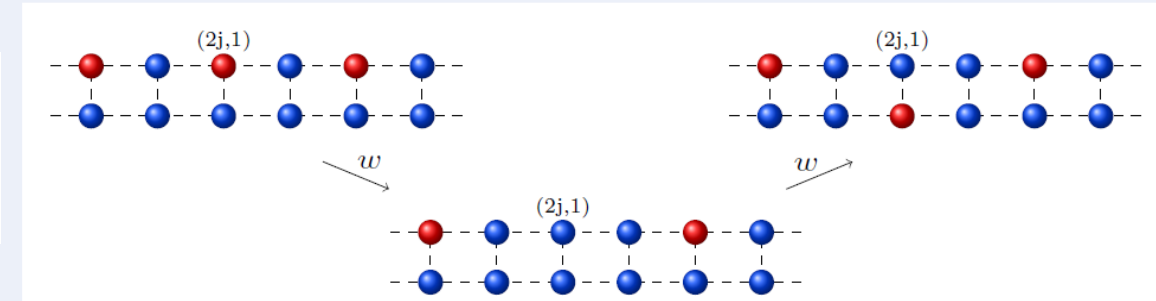
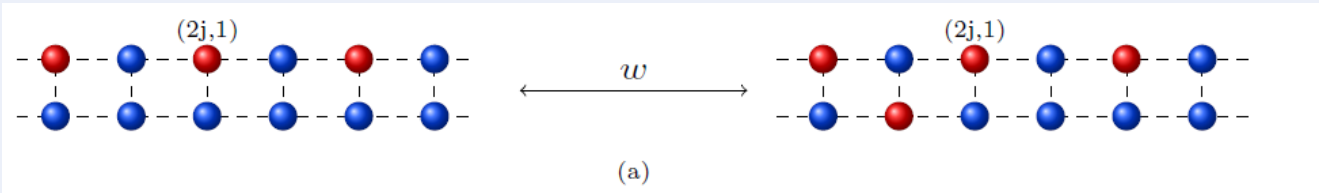
$$H' = \frac{-w^2}{\Delta - \lambda} \sum_{j=1}^L \left[\sum_{\ell=1}^2 P_{2j,\ell} P_{2j+2,\ell} + \frac{\alpha_0}{2} \sum_{\ell, \ell'=1,2; \ell \neq \ell'} P_{2j,\ell'} (\sigma_{2j,\ell}^x \sigma_{2j,\ell'}^x + \sigma_{2j,\ell}^y \sigma_{2j,\ell'}^y) \right]$$

$$\alpha_0 = (\Delta - \lambda) / (\Delta + \lambda)$$

How do we understand this transition?

The ground state degeneracy is lifted by quantum fluctuations.

There are two important virtual processes



$$H' = \frac{-w^2}{\Delta - \lambda} \sum_{j=1}^L \left[\sum_{\ell=1}^2 P_{2j,\ell} P_{2j+2,\ell} + \frac{\alpha_0}{2} \sum_{\ell, \ell'=1,2; \ell \neq \ell'} P_{2j,\ell'} (\sigma_{2j,\ell}^x \sigma_{2j,\ell'}^x + \sigma_{2j,\ell}^y \sigma_{2j,\ell'}^y) \right],$$

$$\alpha_0 = (\Delta - \lambda) / (\Delta + \lambda)$$

The first term prefers Rydberg excitations on one of the ladders and hence leads to Z_2 symmetry broken ground state.

The second term prefers states having superposition of Rydberg excitations on both ladders

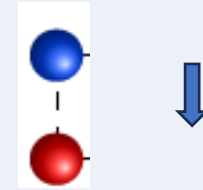
Example of an Ising transition stabilized purely by an order-by-disorder mechanism.

Effective Ising model

$$|1_{2j}\rangle \equiv |\uparrow_{2j,1}; \downarrow_{2j,2}\rangle$$

$$|-1_{2j}\rangle \equiv |\downarrow_{2j,1}; \uparrow_{2j,2}\rangle$$

Define pseudospin states
on even sites of the ladder



In this space of states, the projection
operators can be written in terms of
Ising variables s_j^z

$$P_{2j,1(2)} = (1 - (+)s_{2j}^z)/2.$$

(1)

(2)

The terms in the Hamiltonian maps to

$$\sum_{j=1}^L \sum_{\ell=1}^2 P_{2j,\ell} P_{2j+2,\ell} \rightarrow \frac{1}{2} \sum_{j=1}^L s_{2j}^z s_{2j+2}^z.$$

$$\frac{1}{2} \sum_{j=1}^L \sum_{\ell,\ell'=1,2;\ell \neq \ell'} P_{2j,\ell} (\sigma_{2j,\ell}^x \sigma_{2j,\ell'}^x + \sigma_{2j,\ell}^y \sigma_{2j,\ell'}^y) \rightarrow \sum_{j=1}^L s_{2j}^x.$$

This leads to an effective Ising model

$$H_{\text{eff}}^I = \frac{-w^2}{\Delta - \lambda} \sum_{j=1}^L \left(\frac{1}{2} s_{2j}^z s_{2j+2}^z + \alpha_0 s_{2j}^x \right)$$

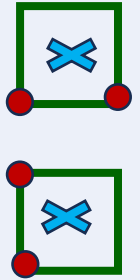
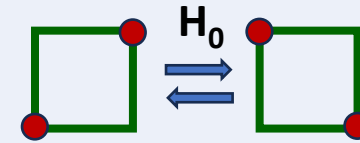
One can simply read off the critical point to be at

$$\alpha_0 = (\Delta - \lambda)/(\Delta + \lambda) = 1/2 \quad \longrightarrow \quad \lambda_c = \Delta/3.$$

Emergent Ashkin-Teller universality

A constrained spin or boson hopping model

Ring-exchange Hamiltonian with additional constraint of not having nearest-neighbor up-spins/bosons.



Can be expressed in terms of a simple boson or spin model

$$2b_{j_x,j_y}^\dagger b_{j_x,j_y} - 1 = \sigma_{j_x,j_y}^z$$

$$b_{j_x,j_y}^\dagger = \sigma_{j_x,j_y}^+$$

Mapping

$$(1 + \sigma_{j_x,j_y}^z)(1 + \sigma_{j_x\pm 1,j_y}^z) = (1 + \sigma_{j_x,j_y}^z)(1 + \sigma_{j_x,j_y\pm 1}^z) = 0$$

Constraint

$$H = J \sum_{j_x,j_y} (\sigma_{j_x,j_y}^+ \sigma_{j_x+1,j_y+1}^+ \sigma_{j_x+1,j_y}^- \sigma_{j_x,j_y+1}^- + \text{h.c.})$$

Hamiltonian

$$S_{\text{tot}}^z = \sum_{j_x,j_y} \sigma_{j_x,j_y}^z$$

The model has conserved boson number and dipole moments and is an example of a 2D model showing strong Hilbert space fragmentation.

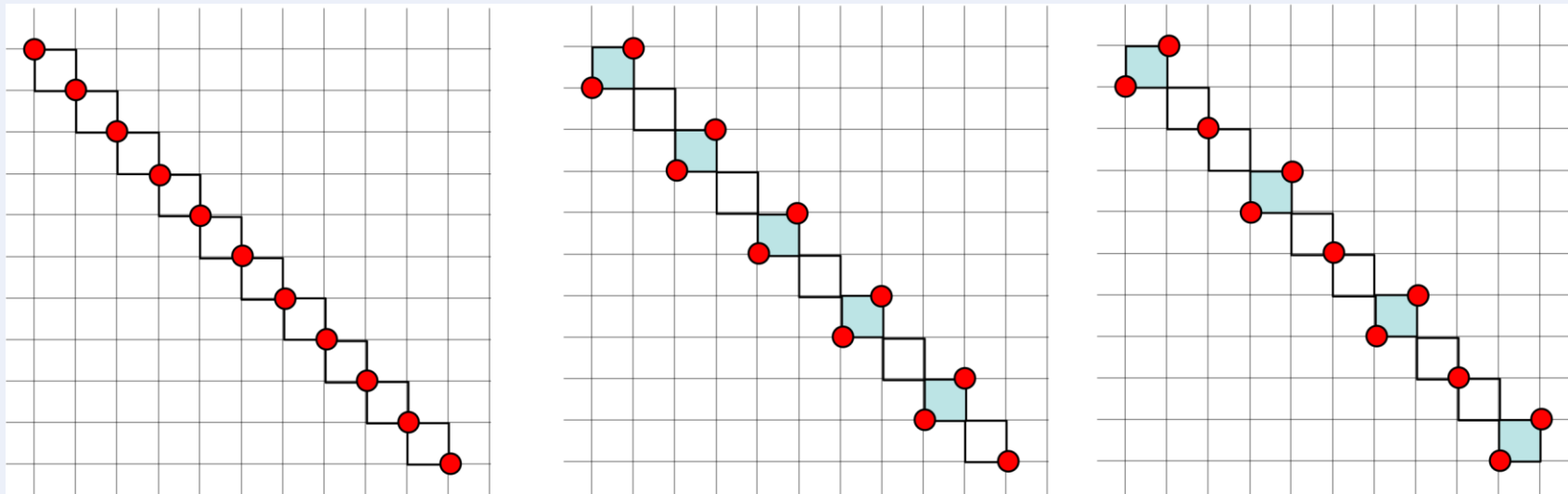
$$D_x = \sum_{j_x,j_y} j_x \sigma_{j_x,j_y}^z, \quad D_y = \sum_{j_x,j_y} j_y \sigma_{j_x,j_y}^z$$

The model has subsystem symmetry: any state in a given fragment conserves total boson number on all vertical and horizontal lines of a square lattice.

1D arrays of bosons

*States of the model
on 1D array of bosons*

*Boson numbers on all vertical
and horizontal connected
links are unity and are conserved*



Modify the Hamiltonian to introduce an on-site competing term

Define states:

$$|\ell_j\rangle = b_j^\dagger b_{j+d_l}^\dagger |0_j; 0_{j+d_l}\rangle \text{ and } |t_j\rangle = b_j^\dagger b_{j+d_t}^\dagger |0_j; 0_{j+d_t}\rangle$$

Constraint:

$$\hat{n}_j \hat{n}_{j+n} = 0$$

$$H_0 = -w \sum_j (|t_j\rangle \langle \ell_j| + \text{h.c.})$$



The ring-exchange term

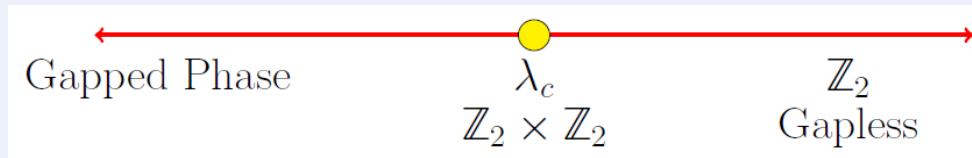
$$H_1 = \lambda \sum_i (|\ell_i\rangle \langle \ell_i| - |t_i\rangle \langle t_i|),$$



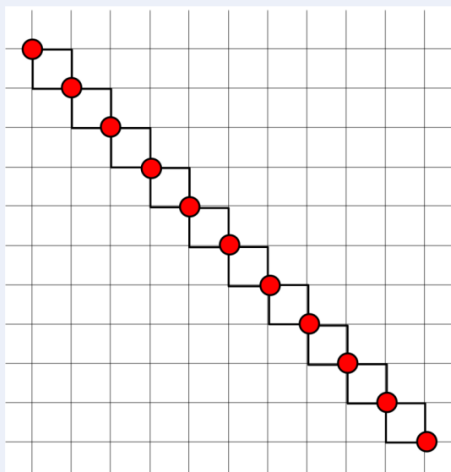
On-site terms

$n_0 = \sum_{j \in q} n_j$, *is conserved and equals unity on all connected links* } *Subsystem symmetry*

Main result

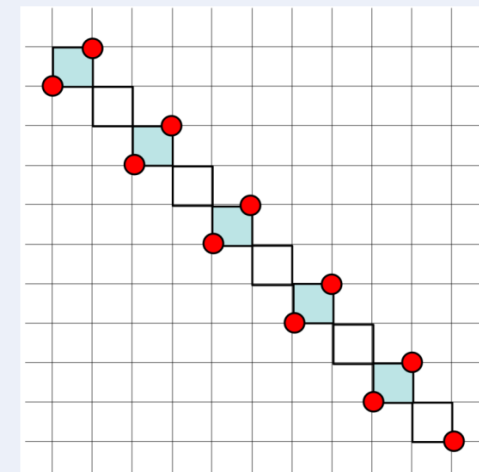


Large negative λ
 $|\lambda|/w \gg 1$



Schematic gapped ground state

Large positive λ
 $\lambda/w \gg 1$

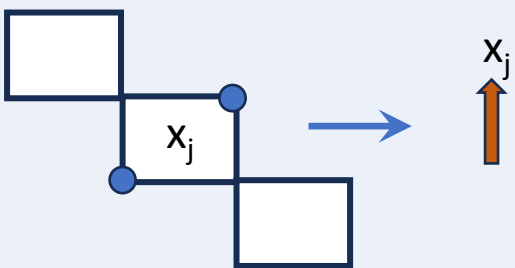


Typical state in the ground state manifold
 The ground state is a superposition of such states and breaks \mathbb{Z}_2 symmetry

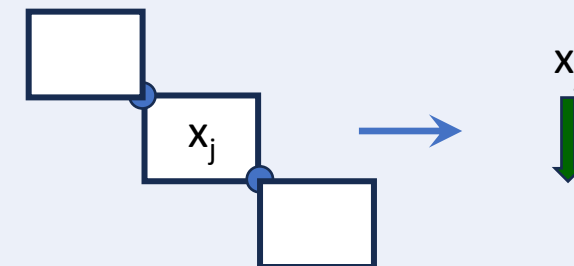
$z=1$
 $\nu=1.56... +(-) 0.001...$
 $c=1 +(-) 0.05..$

QCP: Ashkin-Teller universality

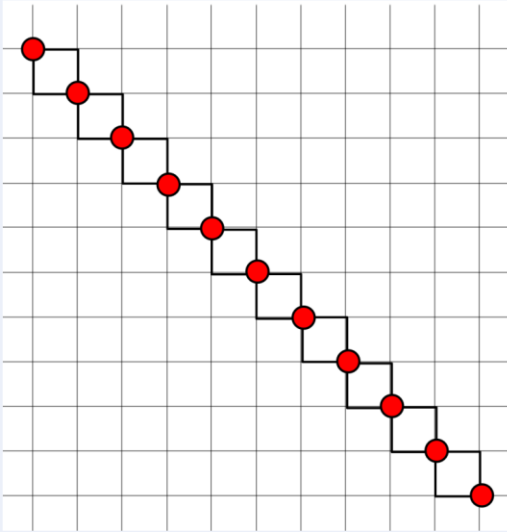
Effective PXP model with multi-spin interaction



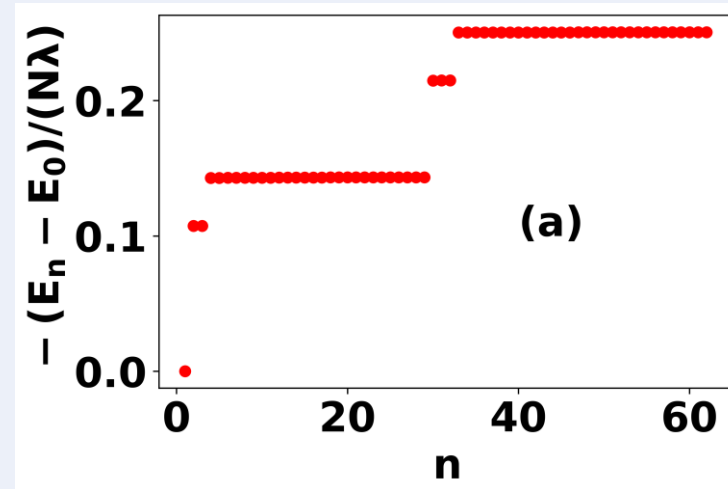
$$H_s = \sum_j [-w P_{x_j-1} \tau_{x_j}^x P_{x_j+1} + \frac{\lambda}{2} (\tau_{x_j}^z - P_{x_j-1} P_{x_j} P_{x_j+1})]$$



Large negative λ



Schematic ground state

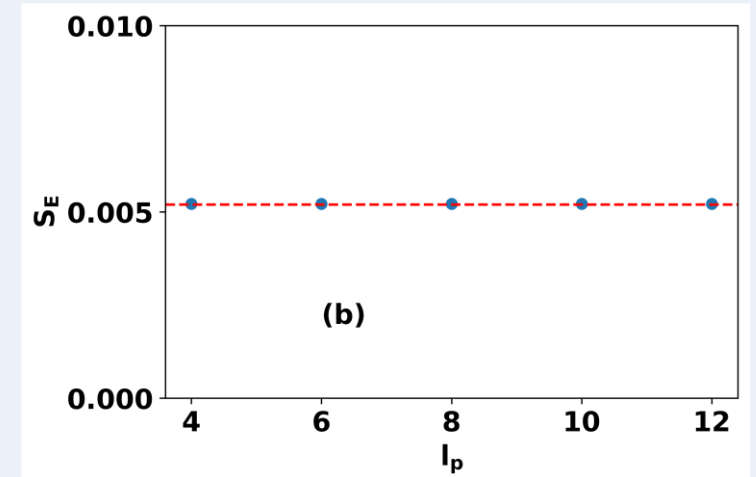


The ground state is unique and gapped.

The first excited state corresponds to flipping bosons on a single plaquette.

Flipping the bosons on the edge plaquette has an energy cost of $2|\lambda|$ while that at the bulk has $3|\lambda|$. This leads to two edge states.

Standard area law entanglement for the ground state



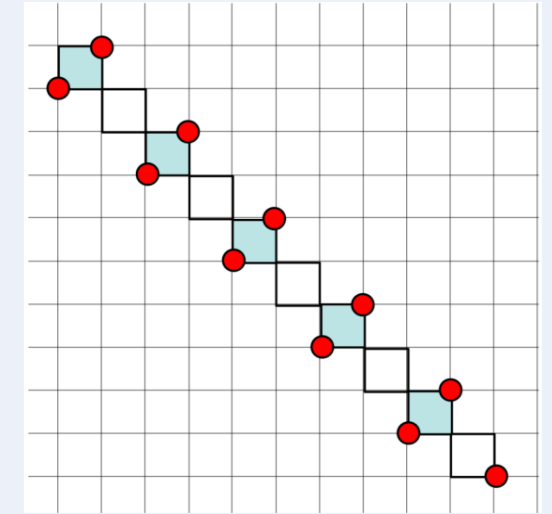
Large positive λ

Flip all bosons from longitudinal to transverse diagonals preserving subsystem symmetry and total boson number.

This leaves out a single boson on one of the plaquettes.

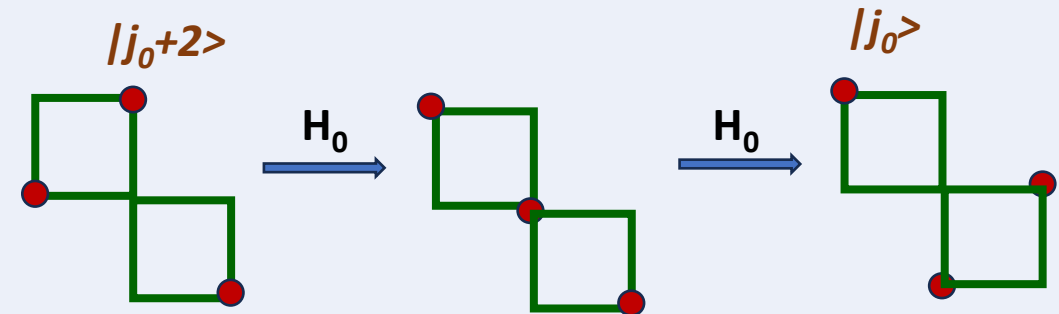
These states can be labelled by position of the lone boson: $|j_0\rangle$

The ground state manifold is formed by $O(N_p)$ degenerate states.



This degeneracy of the ground state manifold is lifted by quantum fluctuations originating from H_0 .

$$H_{\text{eff}} = \frac{-w^2}{3\lambda} \sum_{j_0} (|j_0\rangle\langle j_0 + 2| + \text{h.c.}) + O(w^4/\lambda^3)$$



Large positive λ

For arrays with large positive λ and PBC the energy dispersion in the thermodynamic limit

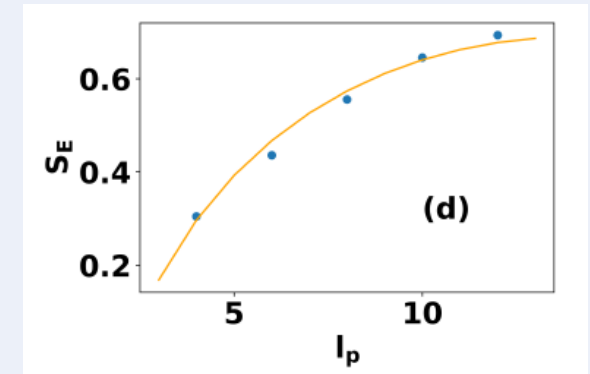
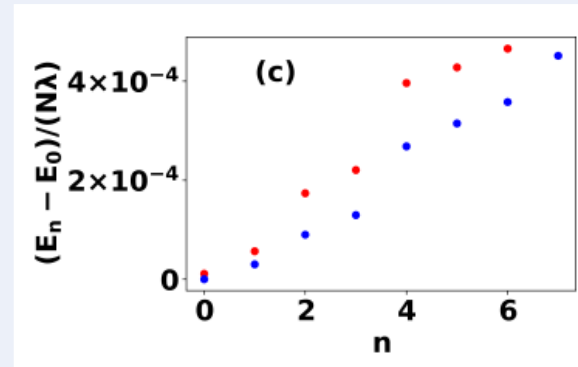


$$E(k) = -\frac{2w^2}{3\lambda} \cos 2k + O(w^4/\lambda^3)$$

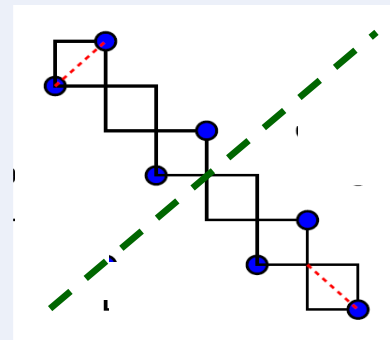
Phase with two-fold degenerate ground state manifold. States at k and $\pi-k$ have same energy.

Higher order perturbative terms connecting states within the ground state manifold do not break this degeneracy.

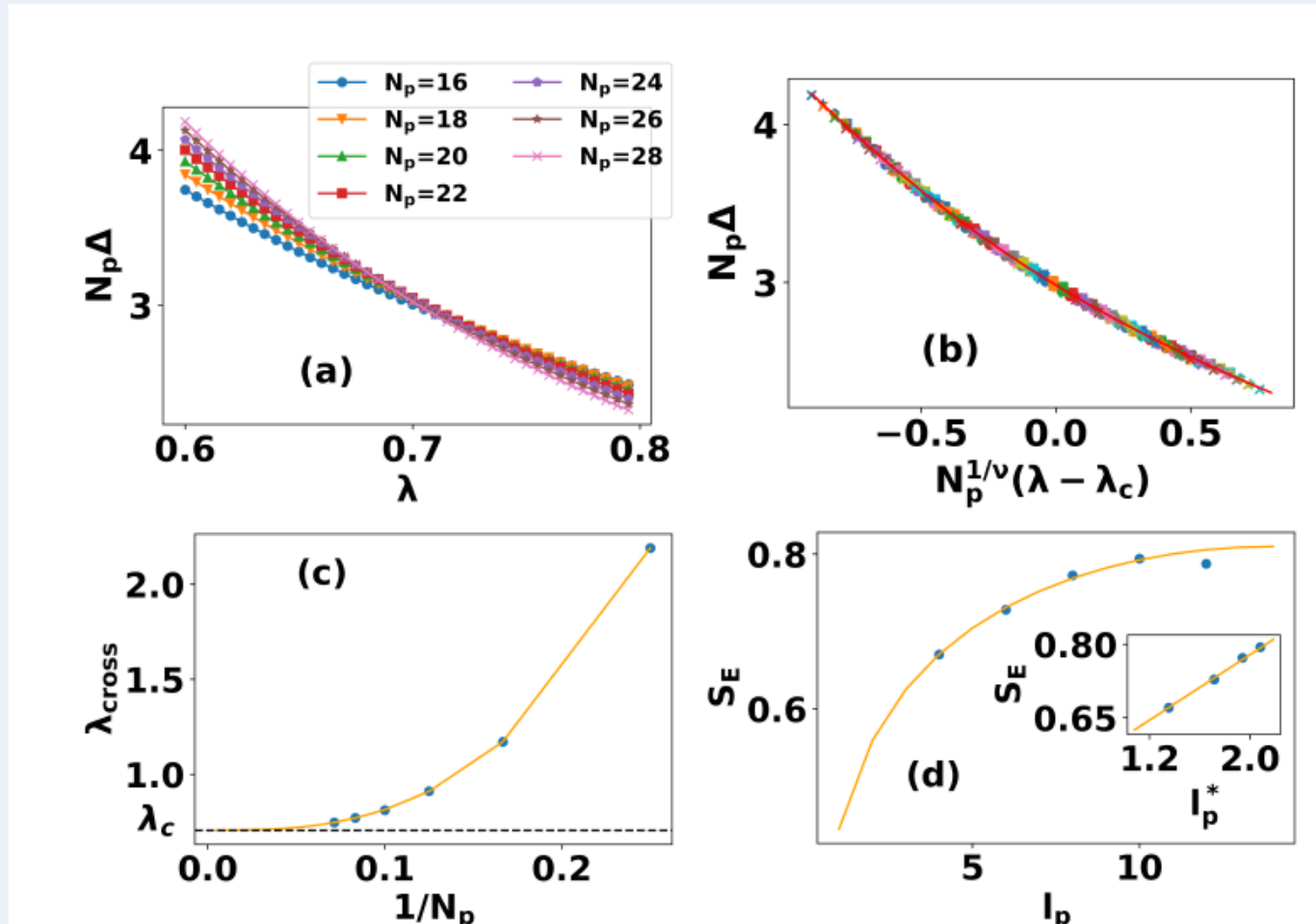
This leads to a Z_2 symmetry broken gapless ground state with logarithmic entanglement



In an open chain, a similar two-fold degeneracy occurs due to reflection symmetry R about an axis as shown: R is the only global symmetry that can be spontaneously broken.



Quantum Phase transition (Finite size scaling on open chain using ED)



Gap scaling

$$\Delta = N_p^{-z} f(N_p^{1/\nu} (\lambda - \lambda_c)),$$

Central charge of the CFT

$$S_{l_p} = (c/6) \ln[(N_p/\pi) \sin(\pi l_p/N_p)]$$

Finite sized scaling yields the following exponents consistent with Ashkin-Teller universality



The critical theory is expected to have $Z_2 \times Z_2$ symmetry and to be described by a $c=1$ orbifold CFT.

$z=1$
 $\nu=1.56... \pm 0.001...$
 $c=1 \pm 0.05..$

Additional emergent Z_2 symmetry

The large positive λ phase has a Z_2 symmetry since the momenta k and $\pi-k$ are degenerate



The critical theory needs to be described in terms of fluctuations around k_0 and $\pi-k_0$

The invariance of Φ under $k \rightarrow \pi-k$ implies that the low energy effective theory must be invariant under $\varphi_{1(2)} \rightarrow \varphi_{2(1)}$



$$\Phi(x, t) = e^{ik_0x} \varphi_1(x, t) + e^{i(\pi-k_0)x} \varphi_2(x, t)$$

The simplest two-field L-G action consistent with this symmetry.

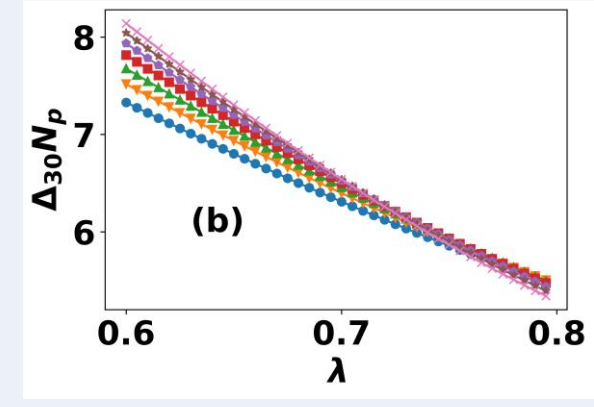
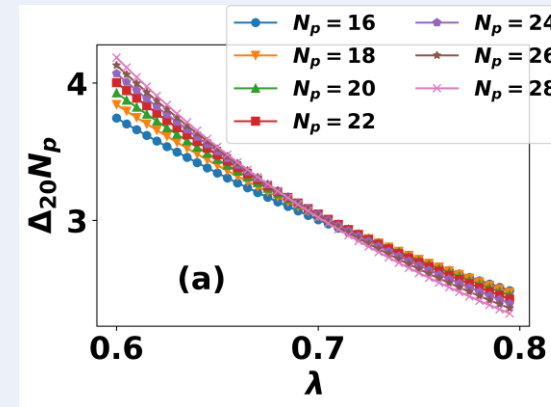
Both the fields condense if $c_2+4c_3 < 0$ and $c_3 < 0$ or $c_2 < 0, c_3 > 0$.

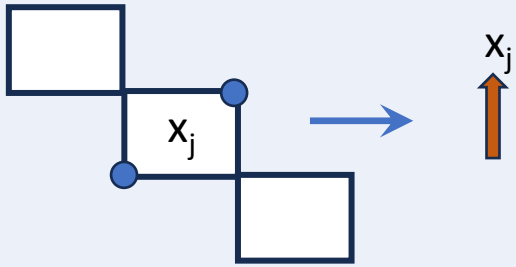
$$\mathcal{L} = \sum_{\alpha=1,2} (|\partial_\mu \varphi_\alpha|^2 + r|\varphi_\alpha|^2) + c_1(|\varphi_1|^4 + |\varphi_2|^4) + c_2|\varphi_1|^2|\varphi_2|^2 + c_3(\varphi_1^* \varphi_2 + h.c.),$$

The relative phase between the fields is pinned to two values providing an extra Z_2 symmetry (0 or π if $c_3 < 0$ and $\pi/2$ and $3\pi/2$ if $c_3 > 0$).

This predicts three (two amplitude and one relative phase) gapless modes at the critical point.

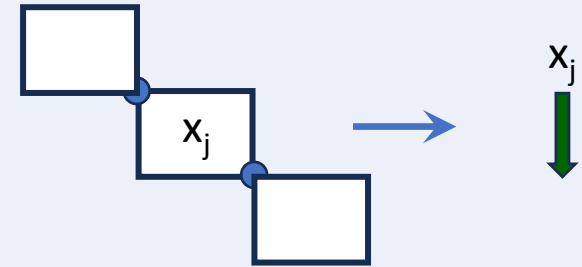
This leads to an additional emergent Z_2 symmetry of the low-energy effective action describing the transition leading to a $Z_2 \times Z_2$ symmetry at the critical point





Relation to the PXP model

Map boson configurations to spins living on the center of the plaquette



The subsystem symmetry ensures that two up-spins can not live on neighboring sites



The spin model is PXP type as seen in Rydberg atoms

$$H_s = \sum_j [-w P_{x_{j-1}} \tau_{x_j}^x P_{x_{j+1}} + \frac{\lambda}{2} (\tau_{x_j}^z - P_{x_{j-1}} P_{x_j} P_{x_{j+1}})]$$

$$P_{x_j} = (1 - \tau_{x_j}^z)/2.$$

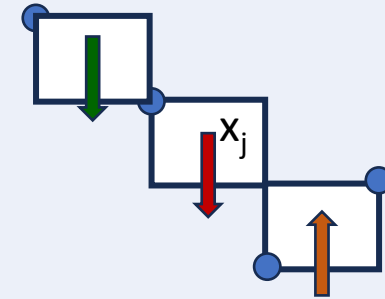
$$\tau_{x_j}^x = (|t_j\rangle\langle l_j| + \text{h.c.})$$

$$\tau_{x_j}^z = |t_j\rangle\langle t_j| - |l_j\rangle\langle l_j|$$

$$P_{x_j} = (1 - \tau_{x_j}^z)/2.$$

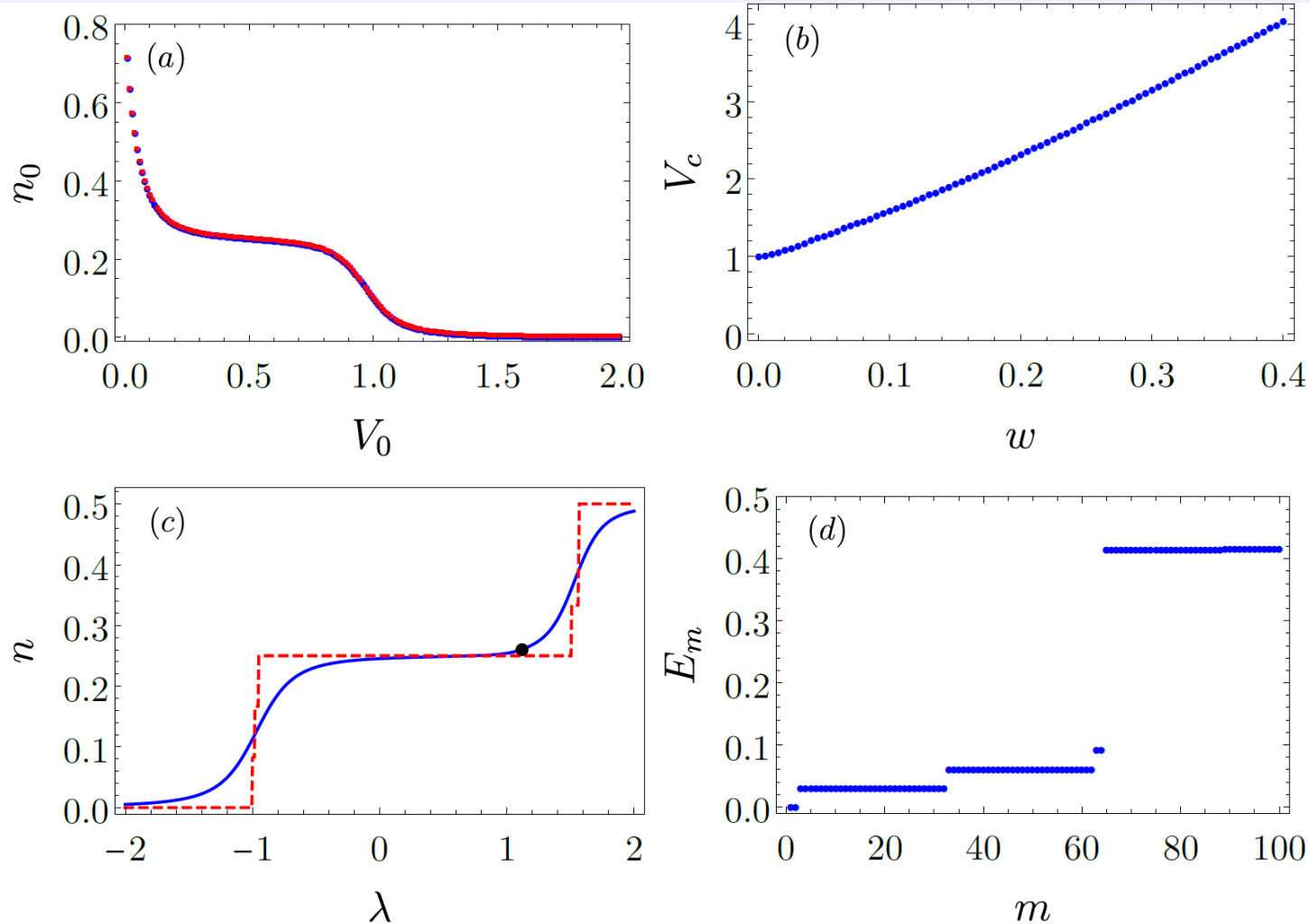
Effective PXP model with multi-spin interaction

Extra ingredient: One may have unflippable down spins



A down spin may be flipped if it is flanked by two neighboring down spins. The on-site term of the boson Hamiltonian only counts the flippable down spins

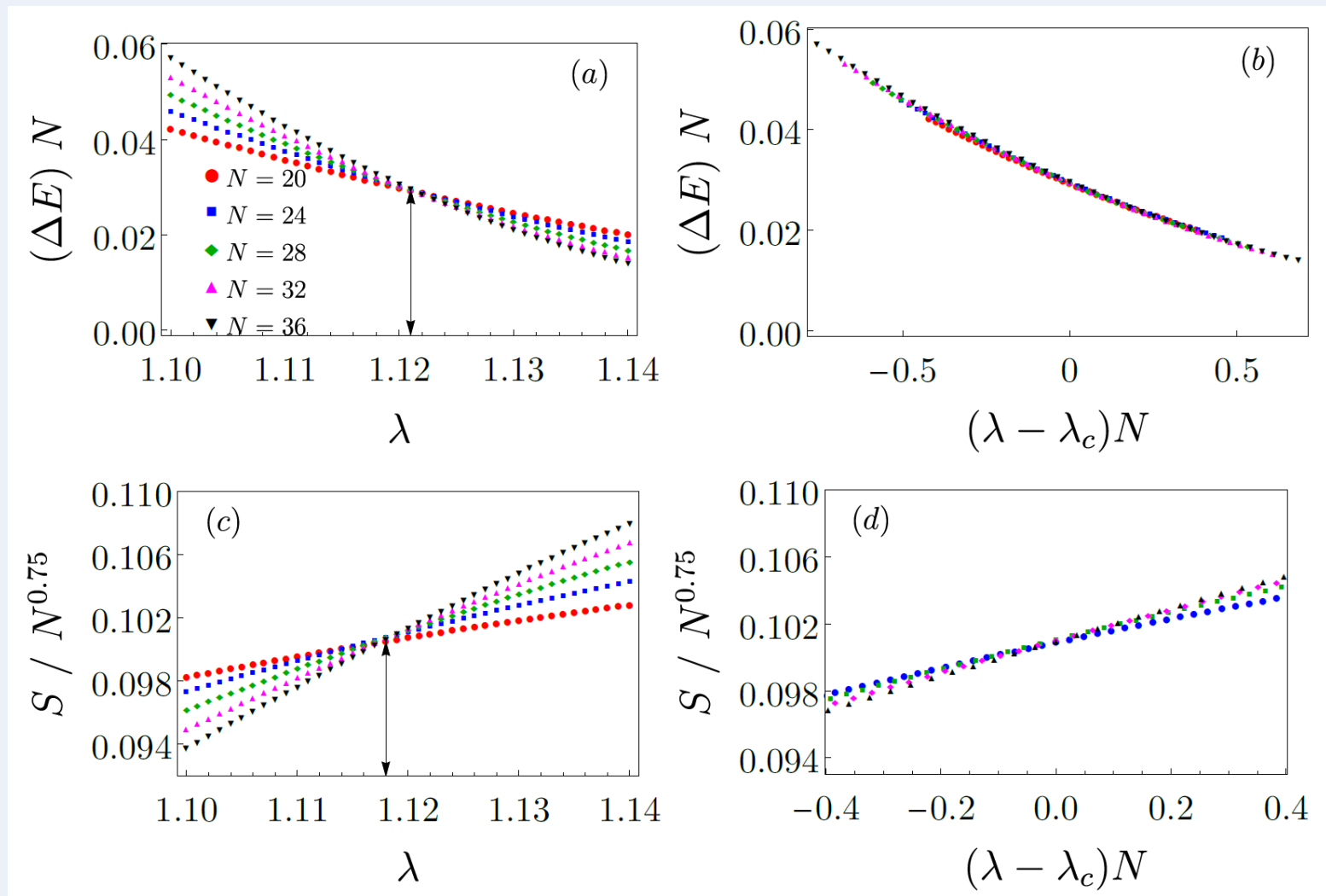
Role of next-nearest neighbor interaction



Choose $V_0=2$ for $w=0.1$ and keep the further-neighbor interactions

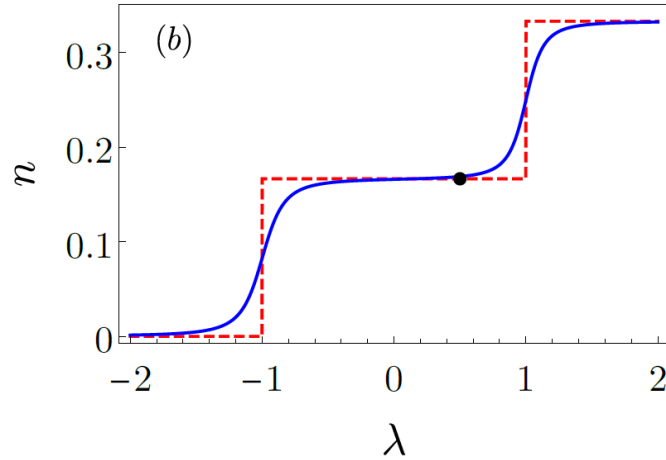
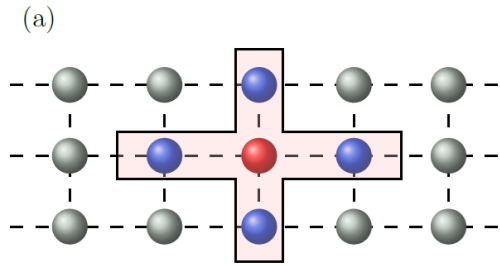
Low-energy spectrum for $w=0$

Numerical studies suggest that the effect of further-neighbor interaction is to shift the transition position.



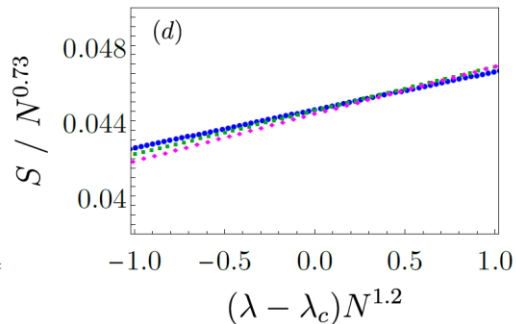
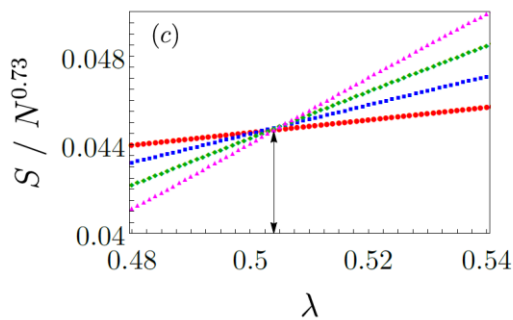
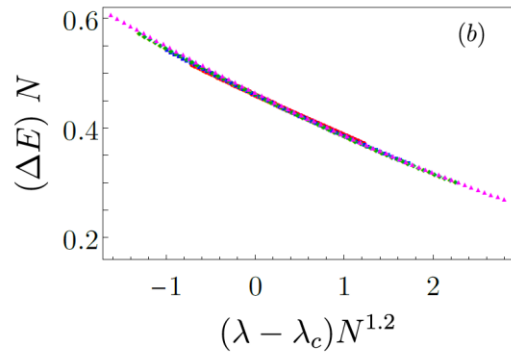
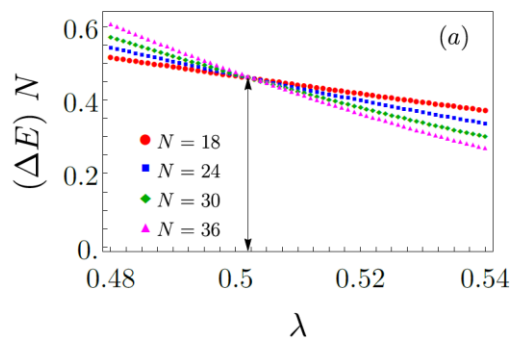
Finite-size diagonalization studies indicate an Ising transition at $\lambda_c=1.12$ for $w=0.1$

Multi-leg ladder



For the 3 leg ladder, we assume PBC along both the transverse and the longitudinal directions.

The maximal number of Rydberg excitations on even rungs leads to an excitation density $n=1/(2l_0)=1/6$



$$\lambda_c = \Delta(\ell_0 - 1)/(\ell_0 + 1).$$

The higher λ phase breaks Z_l symmetry. For $l=3$ The transition belongs to 3 state Potts universality class: $z=1$, $\nu=5/6$, and $\eta = 4/15$.

Realization of a class of critical points stabilized by order-by-disorder mechanism