

The Early Universe



DANIEL G. FIGUEROA
IFIC, Valencia, Spain



The Non-Linear Early Universe



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The Art of simulating the Early Universe

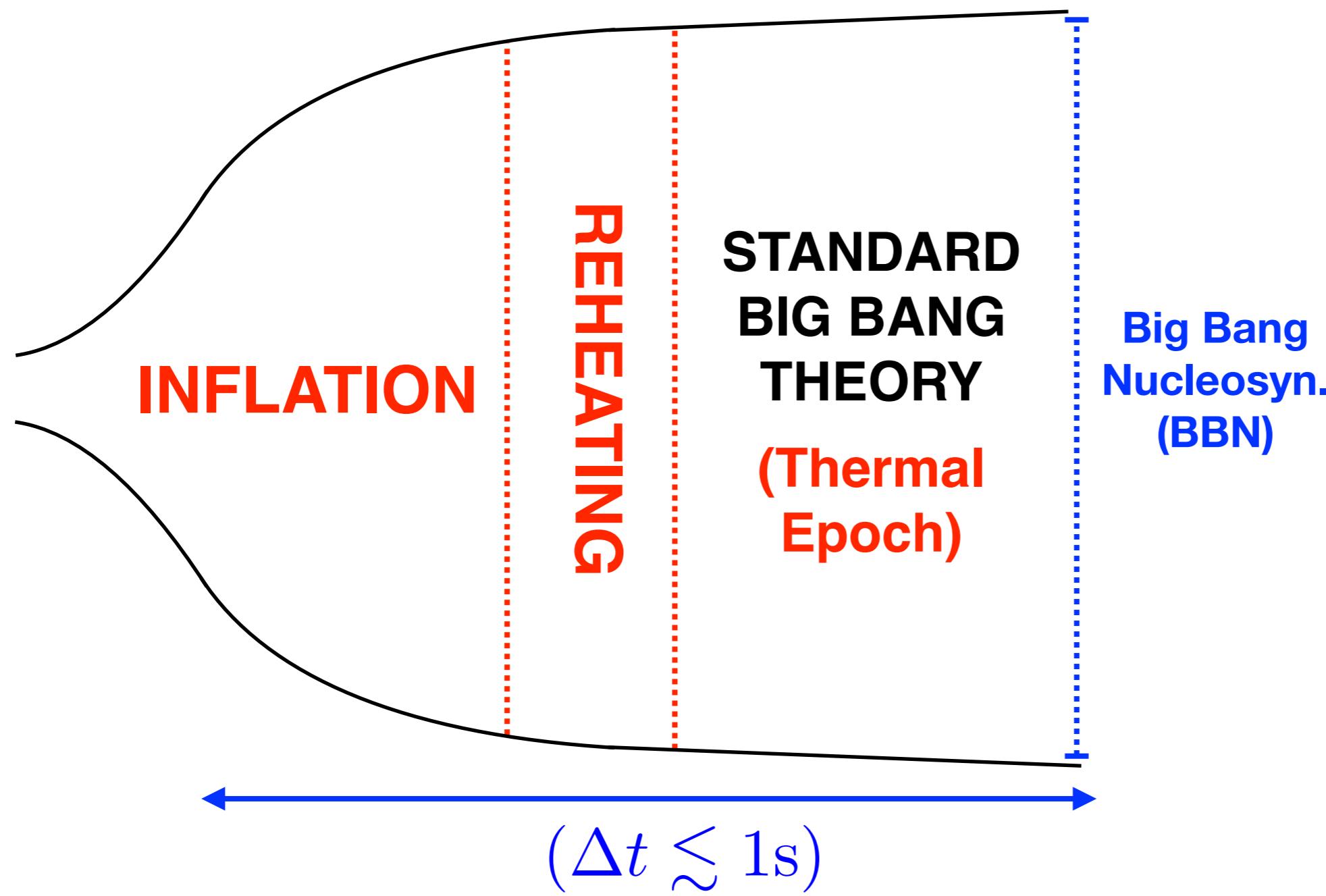
(When things get complicated: non-linear,
strong coupling, non-perturbative, etc...)



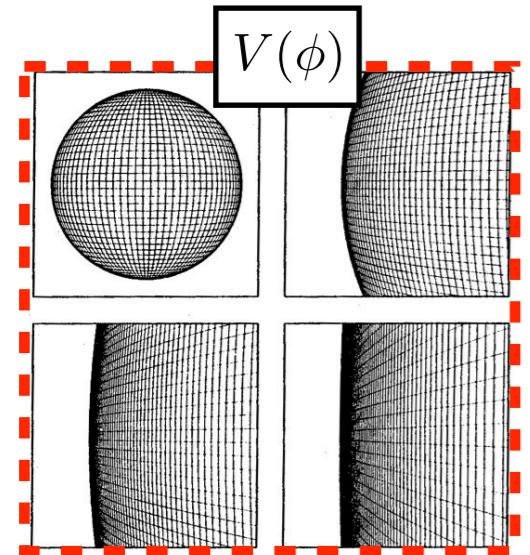
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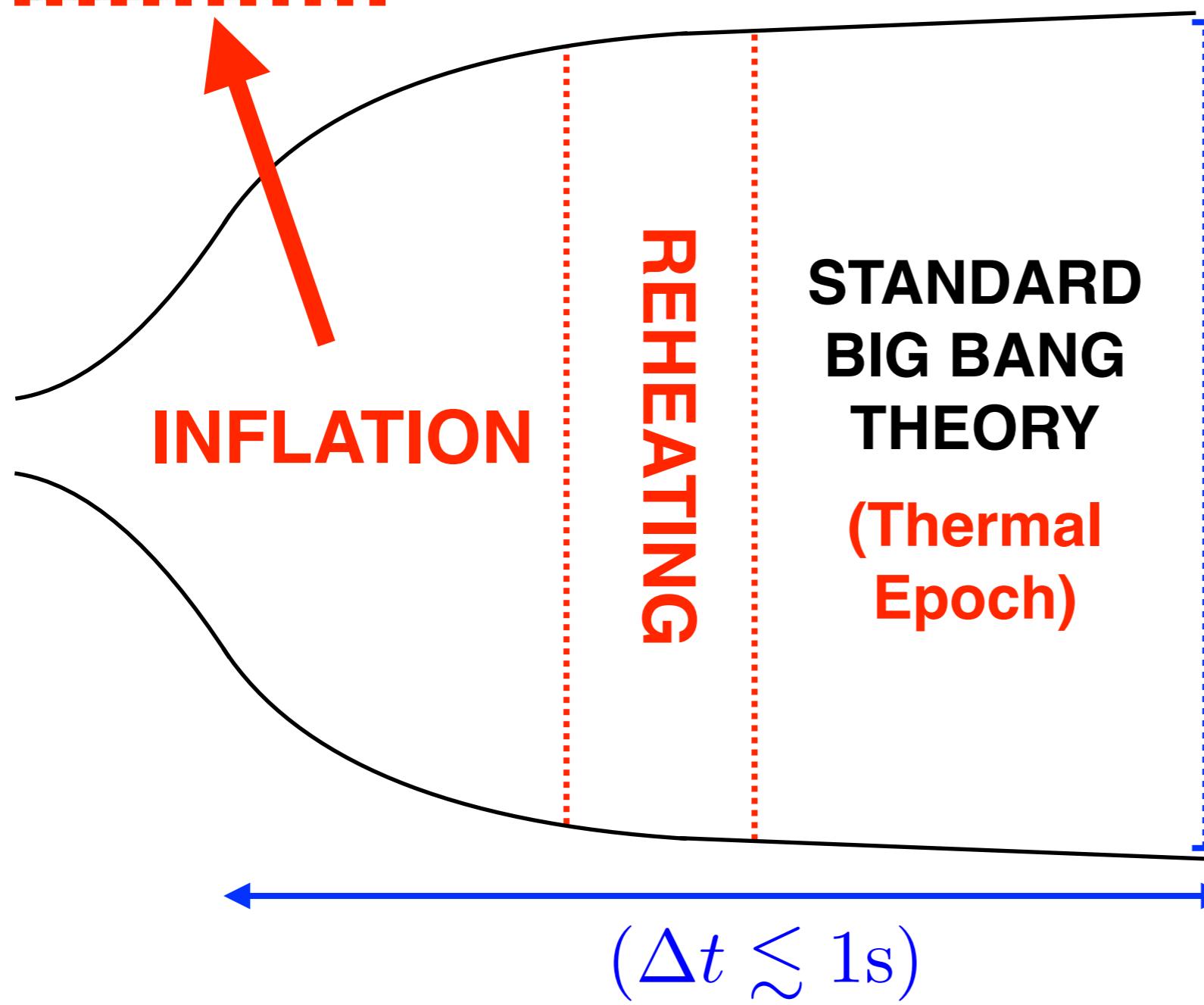
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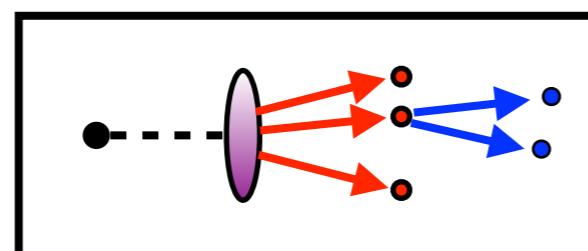
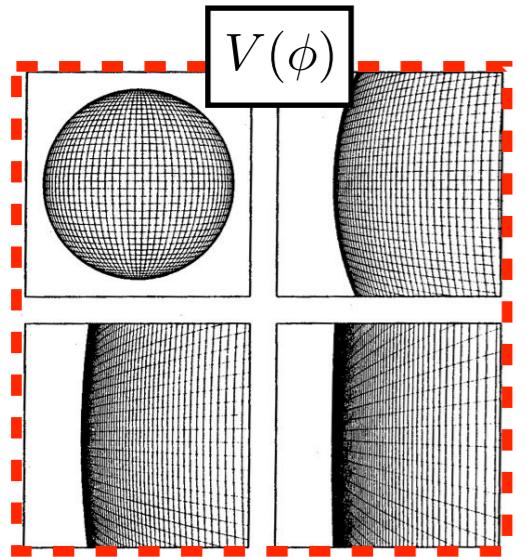
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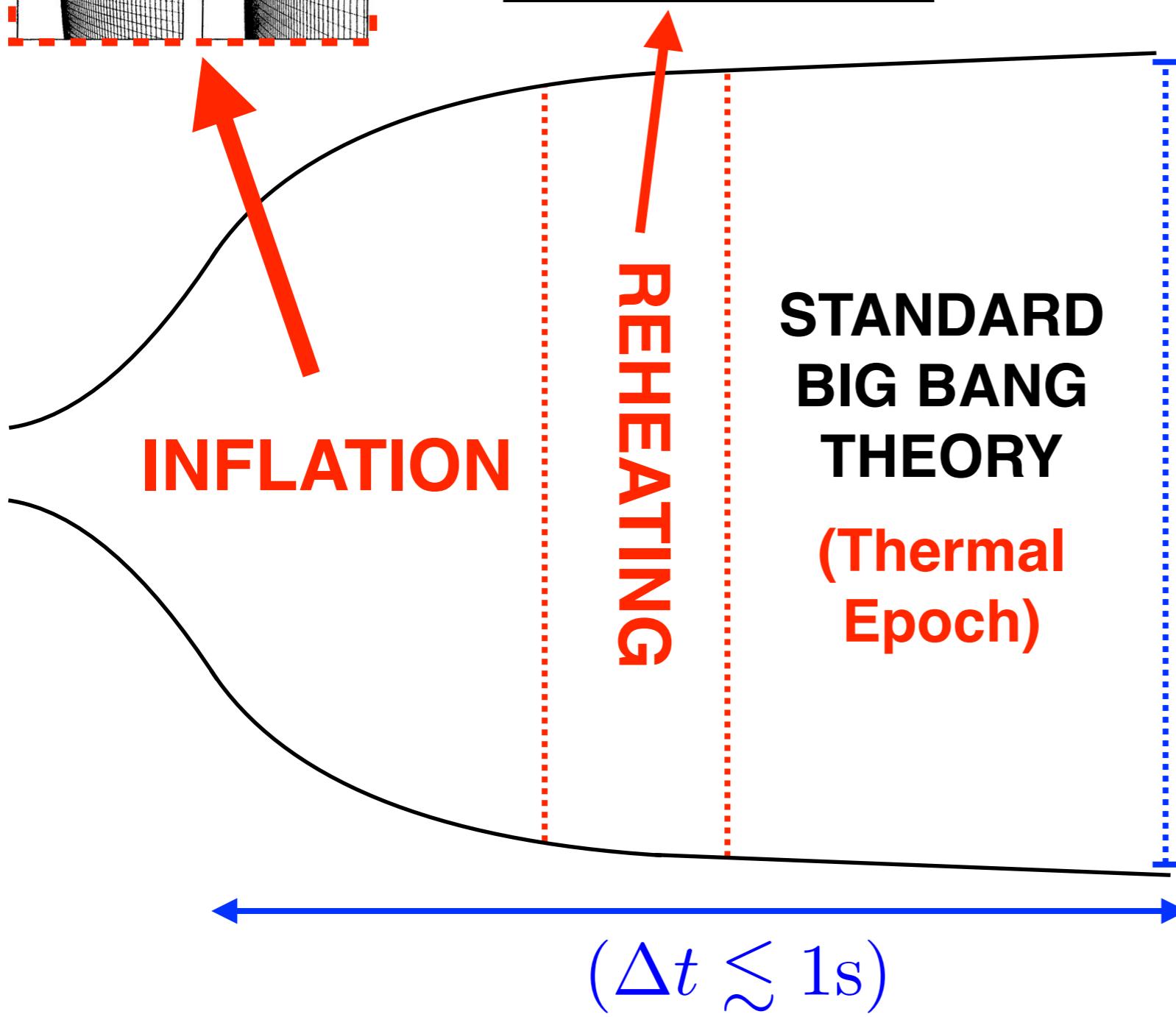
Accelerated Expansion



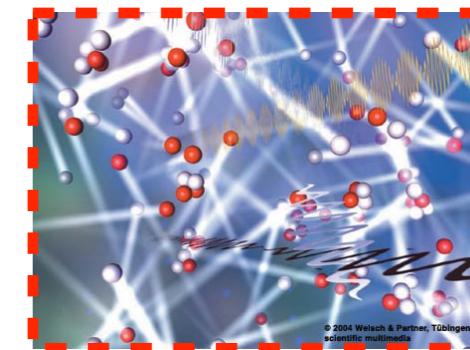
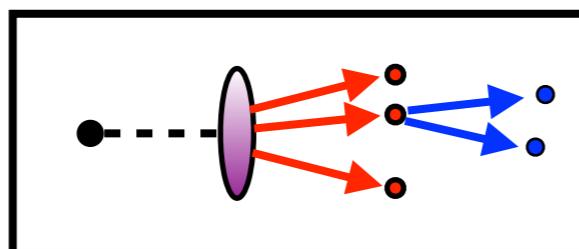
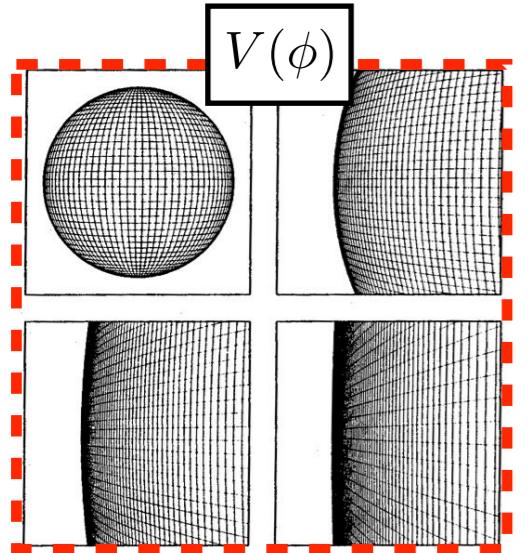
The Early Universe



Particle
Creation



The Early Universe



Thermal
Equilibrium

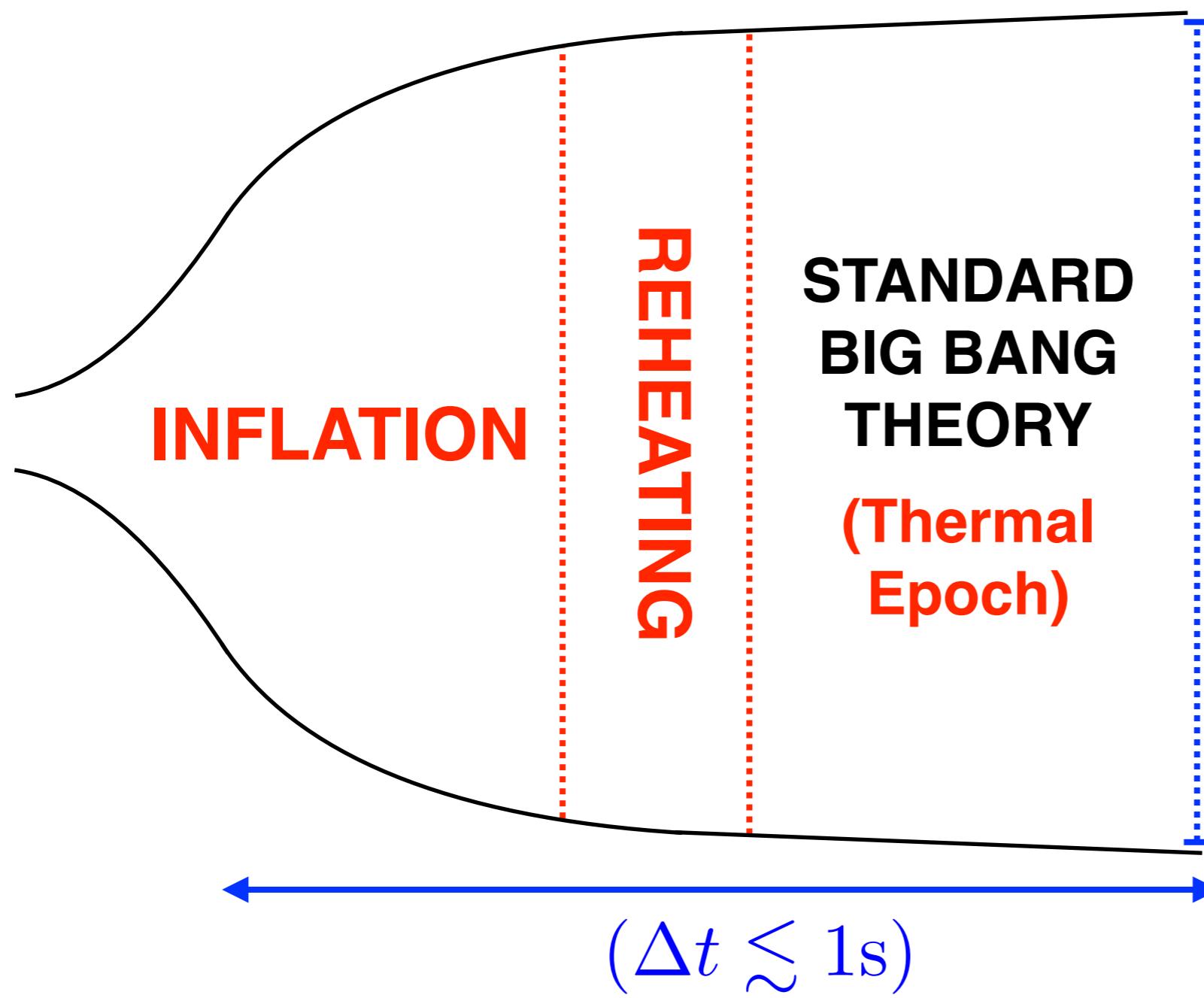
INFLATION

REHEATING

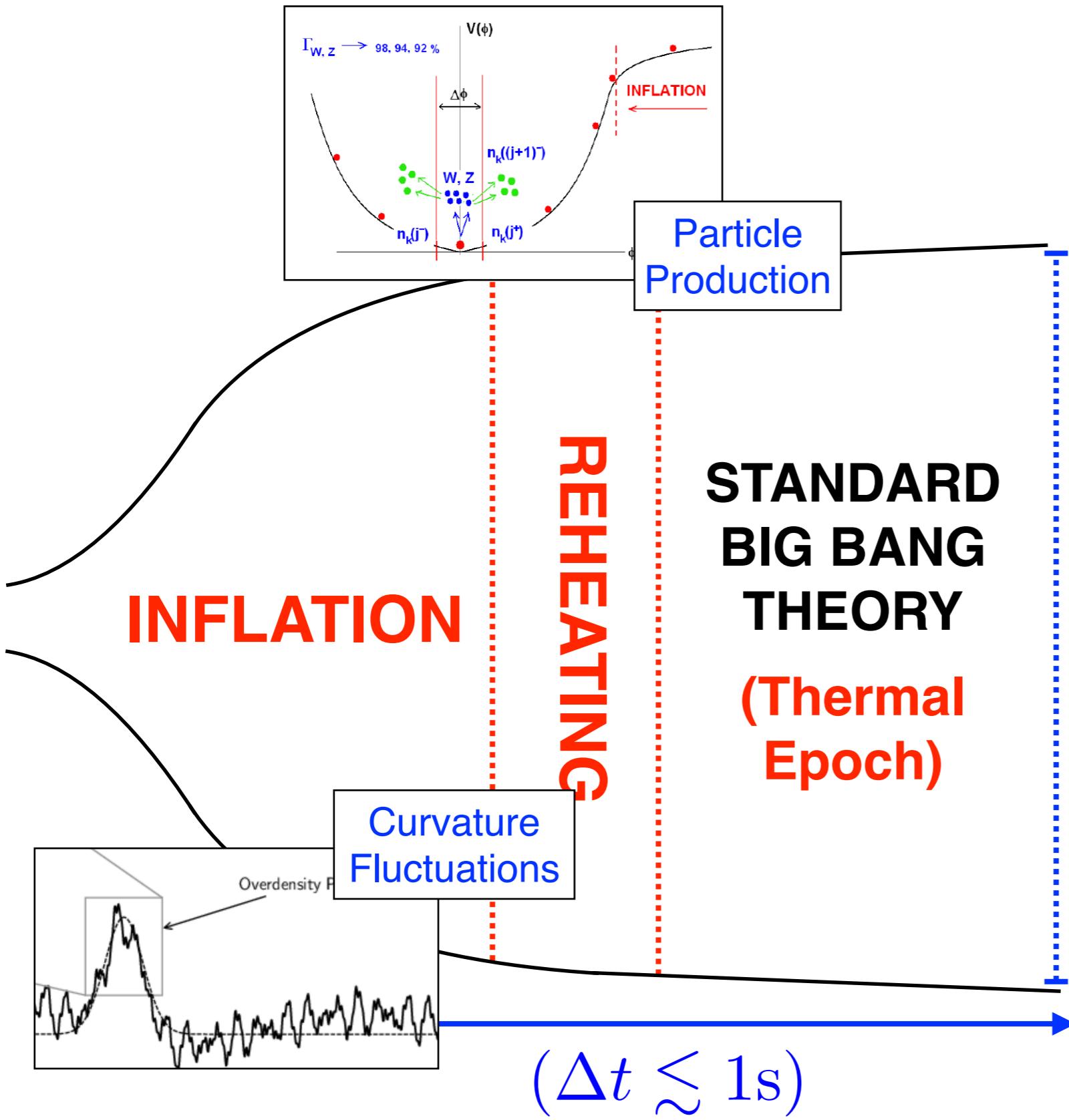
**STANDARD
BIG BANG
THEORY**
**(Thermal
Epoch)**

$(\Delta t \lesssim 1s)$

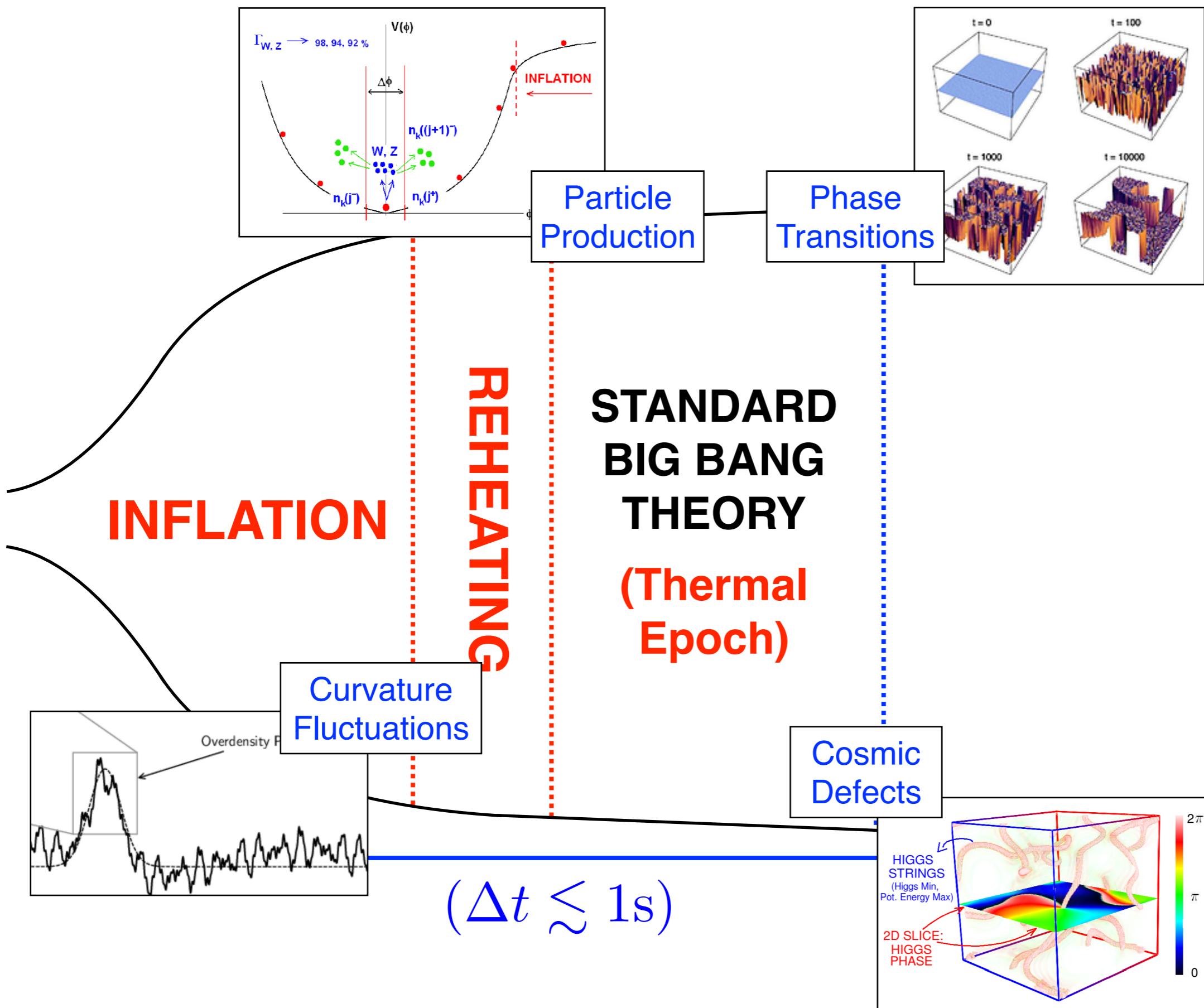
The Early Universe: How ?



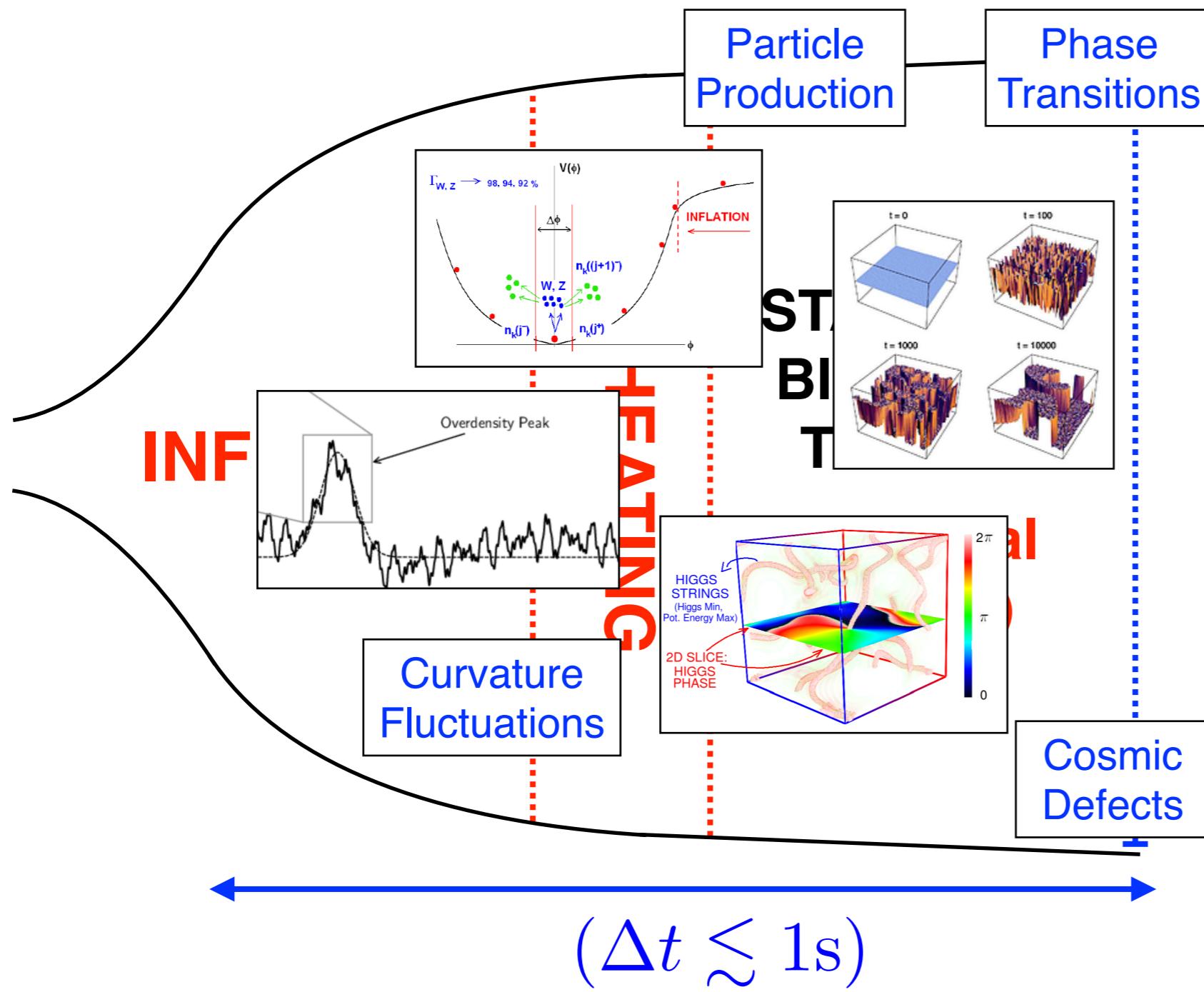
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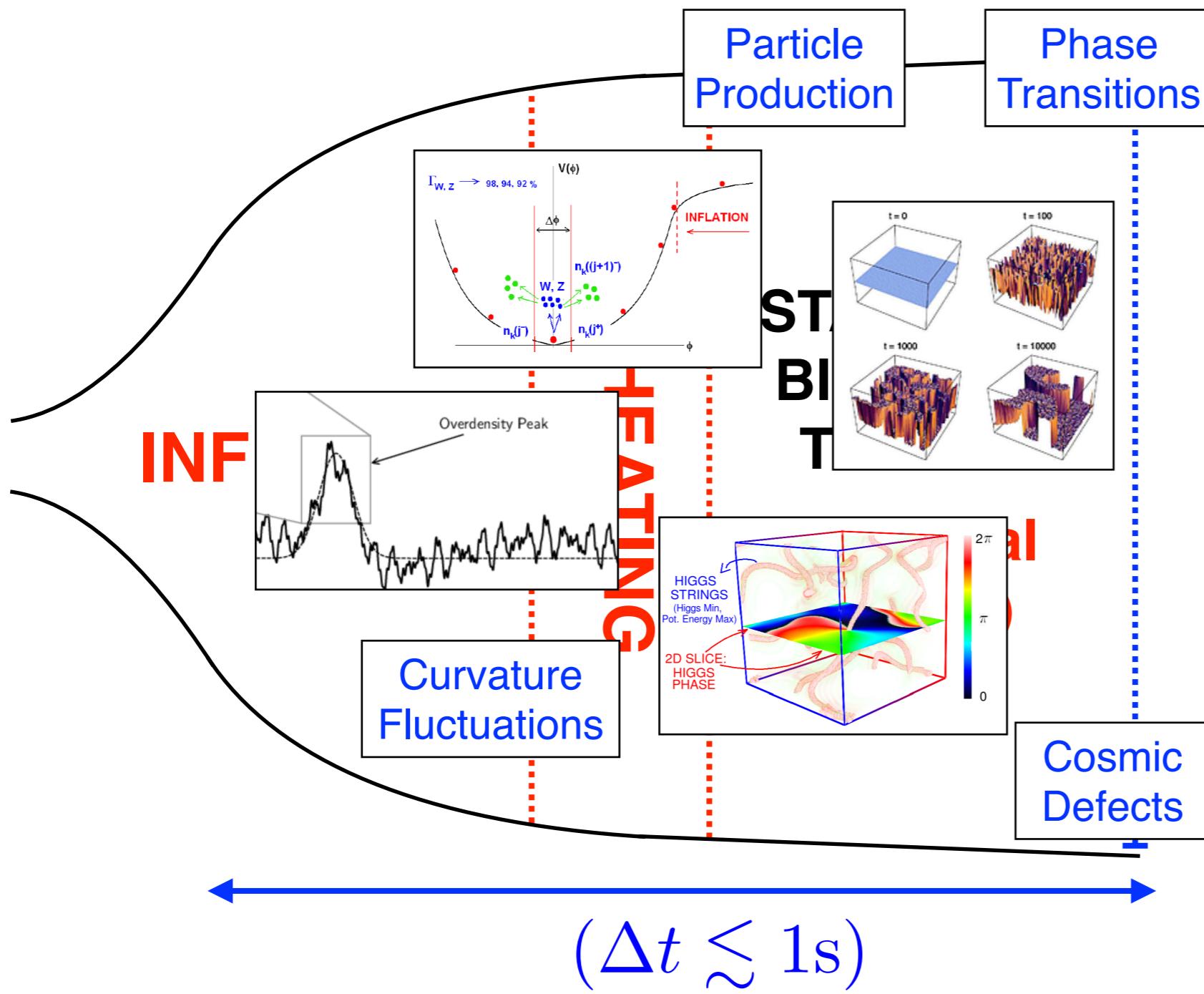
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The Early Universe: How ?



Common Factor
Non-linear Field dynamics

The Early Universe: How ?

Particle
Production

Phase
Transitions

Curvature
Fluctuations

Cosmic
Defects

**Common
Factor**
**Non-linear
Field
dynamics**

The Early Universe: How ?

Particle
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The Early Universe: How ?

Gravitational
waves

Particle
Production

Phase
Transitions

Baryo-
genesis

Magneto-
genesis

Non-linear Field dynamics

Curvature
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Black Hole
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The Early Universe: How ?

Particle
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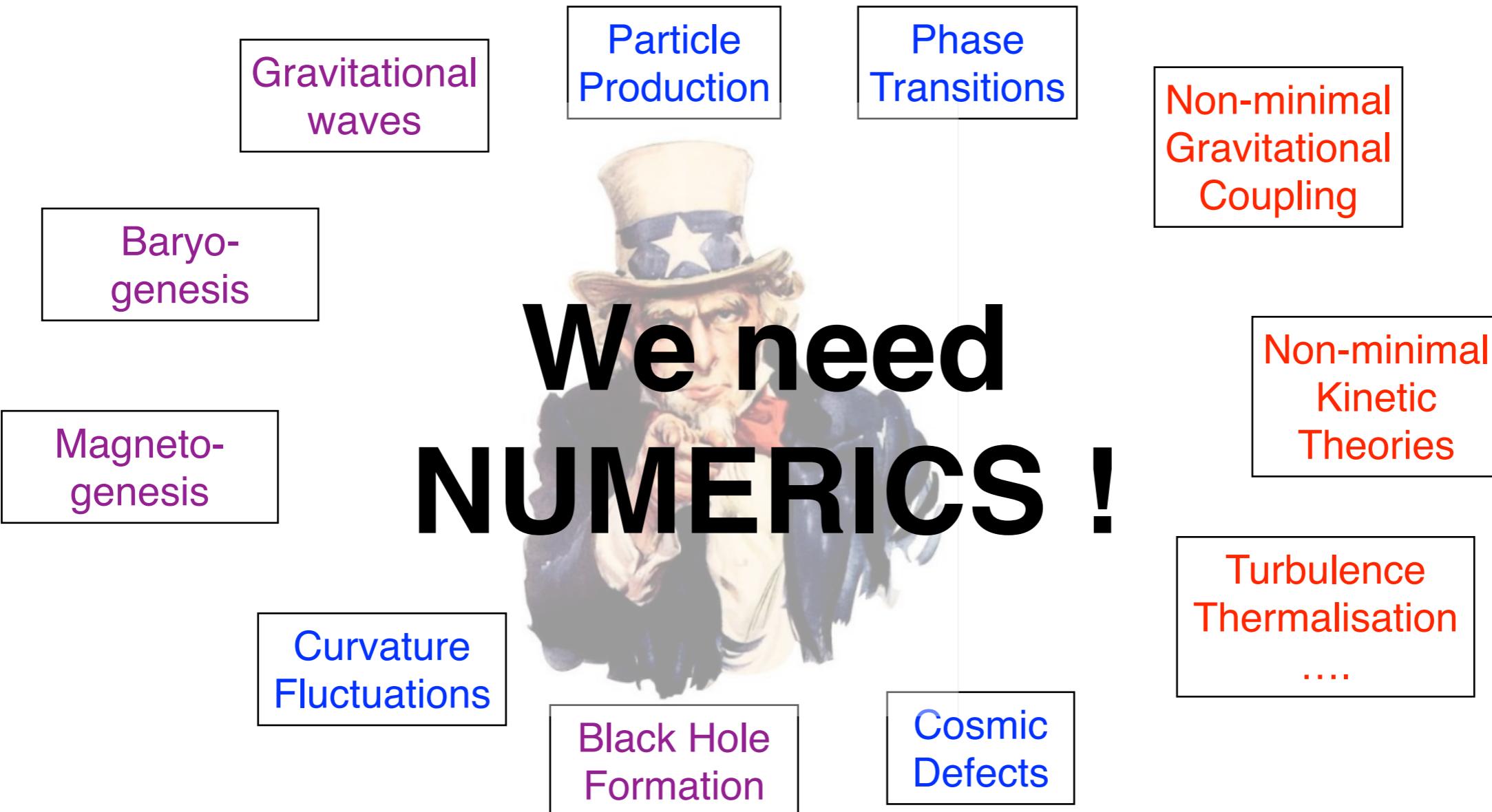
Non-minimal
Kinetic
Theories

Turbulence
Thermalisation
....

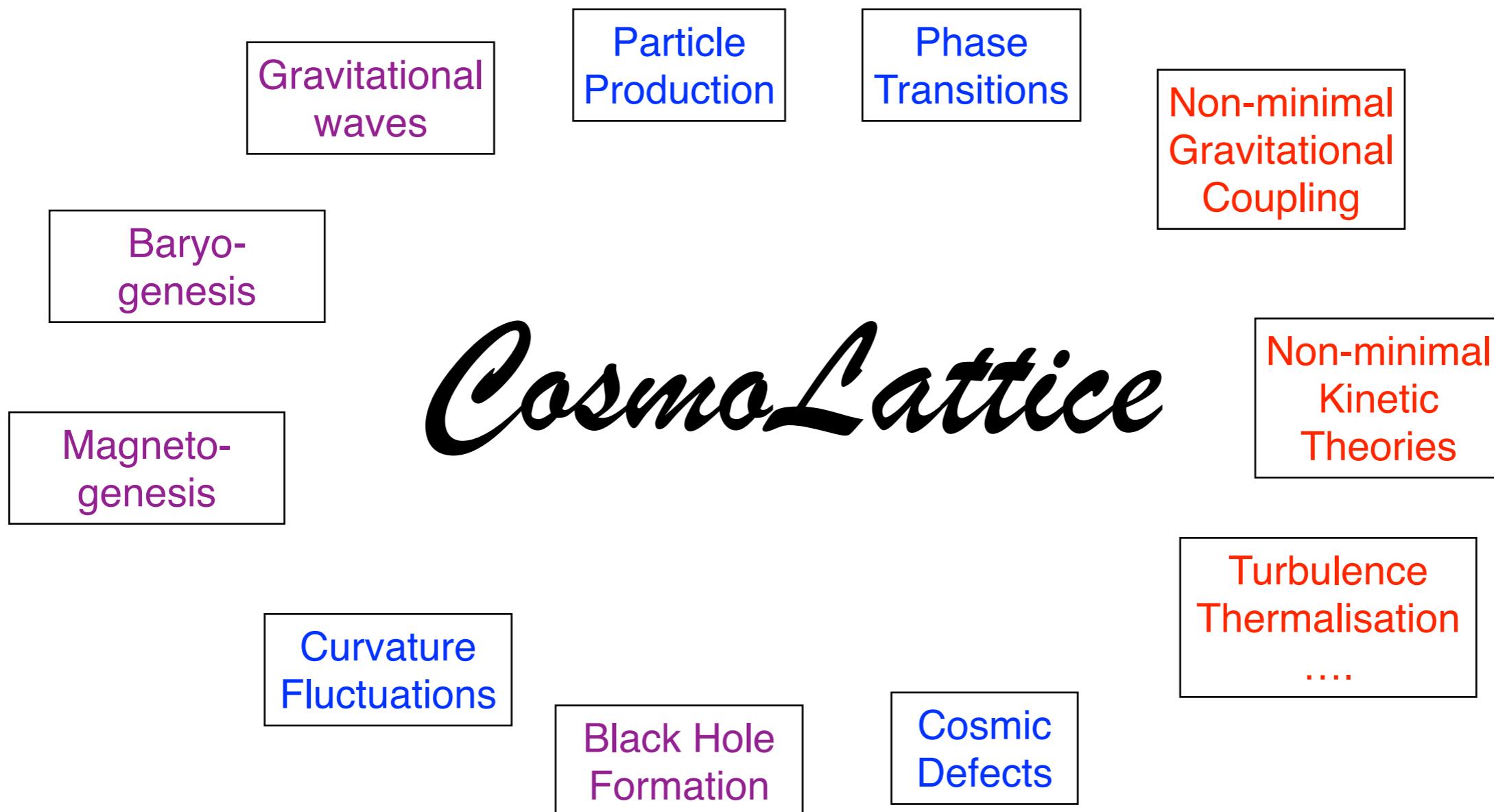
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The Early Universe: How ?



The Early Universe: How ?



CosmoLattice

Figueroa, Florio, Torrenti, Valkenburg

Lattice Theory: arXiv: [2006.15122](https://arxiv.org/abs/2006.15122) (+100 pages)

Code Manual: arXiv: [2102.01031](https://arxiv.org/abs/2102.01031) (+100 pages)

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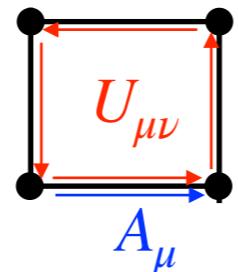
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- Simulates **scalar-gauge field dynamics** [w. **self-consistent** expanding background]

[$U(1) \times SU(2)$]

Links & plaquettes
(~ lattice-QCD)



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- **Parallelized** in multiple spatial dimensions (**but you write in serial !**)
- **Family** of evolution **algorithms**, accuracy ranging from $\delta\mathcal{O}(\delta t^2)$ - $\delta\mathcal{O}(\delta t^{10})$
[*LeapFrog, Verlet, Runge-Kutta, Yoshida, ...*]

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<http://www.cosmolattice.net/>



FEATURES

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PUBLICATIONS



CosmoLattice

A modern code for lattice simulations of scalar and gauge field dynamics in an expanding universe

CosmoLattice

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Field Th. Problem

- * Init Conditions
- * Eqs. of Motion

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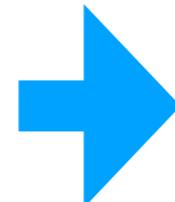
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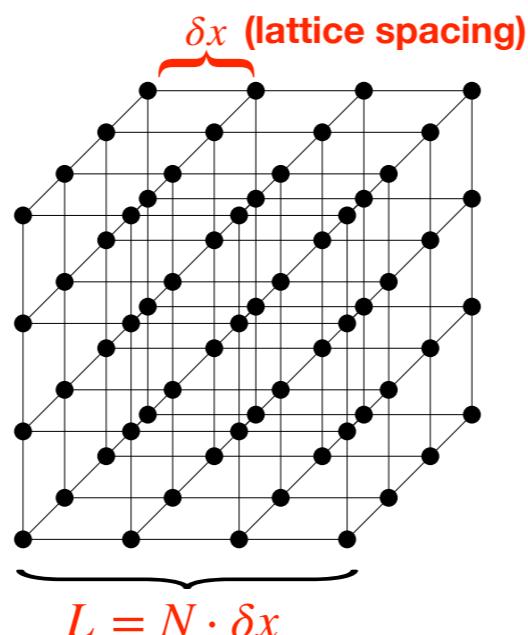
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CosmoLattice

- * Choose Lattice: dt, N, dx
- * Choose Algorithm $\mathcal{O}(\delta t^n)$
- * Choose Param: g, m, \dots
- * Choose Observables



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Algorithms

- Staggered LeapFrog (*LF*)
- Position-Verlet (*PV2*)
- Velocity-Verlet (*VV2*)
- Runge-Kutta (*RK2*, *RK3*, *RK4*)
- Yoshida (*VV4*, *VV6*, *VV8*, *VV10*)

CosmoLattice

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$$\lambda_1, \lambda_2, \dots, g_1^2, g_2^2, \dots$$

$$m_\phi^2, m_\psi^2, \dots, v^2, \Phi_*, \dots$$

```
1 #Output
2 outputFile = ../
3
4 #Evolution
5 expansion = true
6 evolver = VV2
7
8 #Lattice
9 N = 32
10 dt = 0.01
11 kIR = 0.75
12 nBinsSpectra = 55
13
14 #Times
15 tOutputFreq = 0.1
16 tOutputInfreq = 1
17 tMax = 300
18
19 #IC
20 kCutOff = 1.75
21 initial_amplitudes = 7.42675e18 0 # homogeneous amplitudes in GeV
22 initial_momenta = -6.2969e30 0 # homogeneous amplitudes in GeV2
23
24 #Model Parameters
25 lambda = 9e-14
26 q = 100
```

► Parameters via **input file**
(no need to re-compile !)

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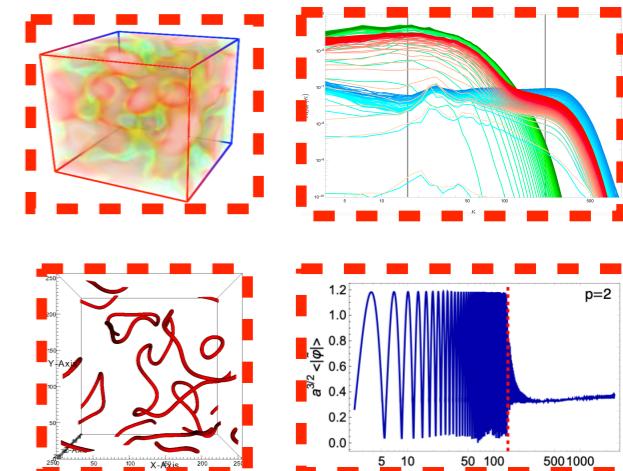


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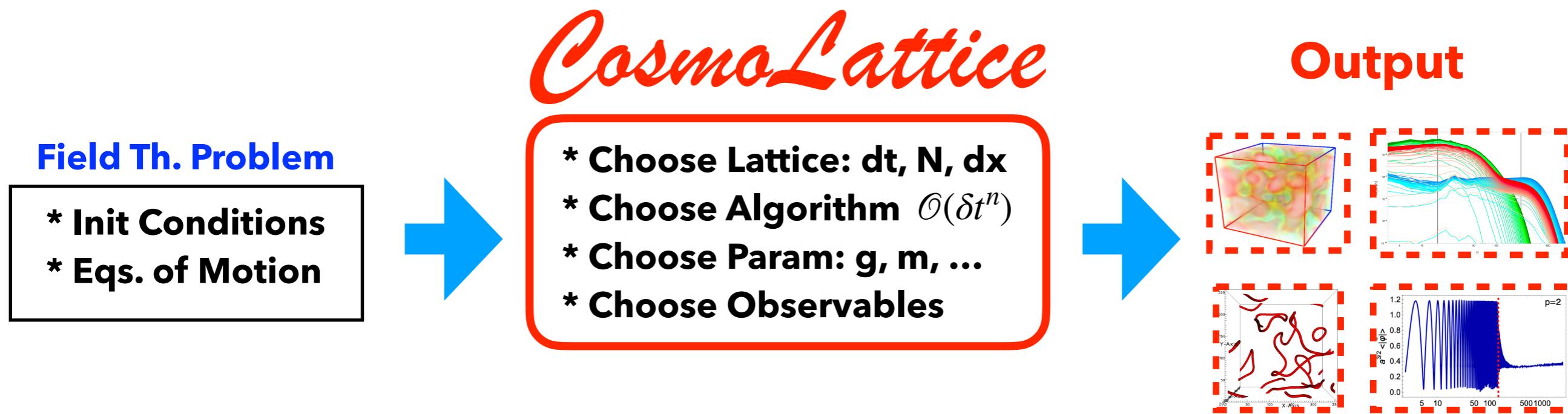


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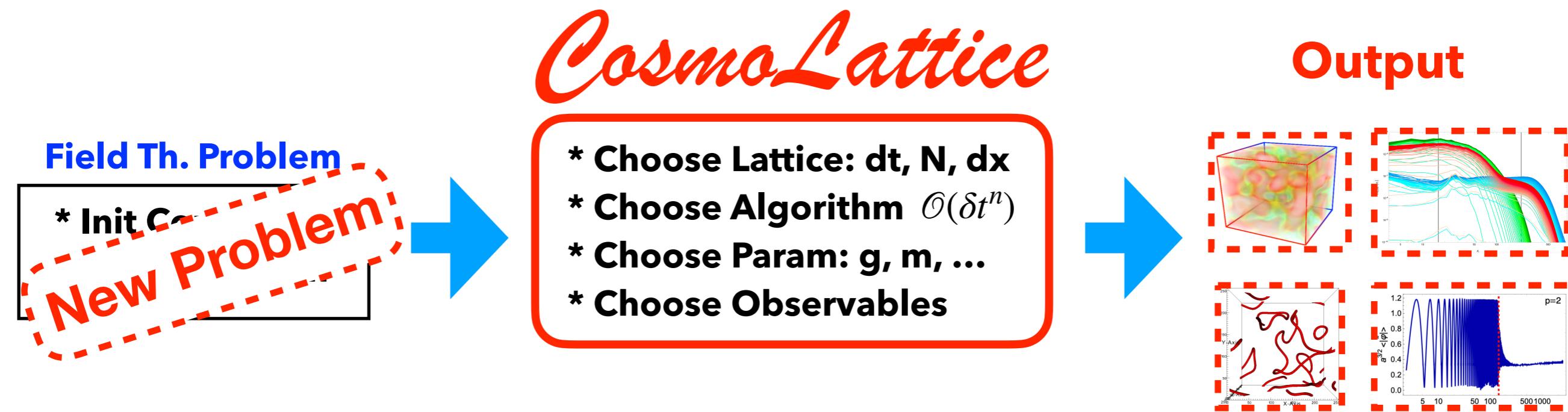
CL is a **platform** for field theories
You **choose the problem** to solve !

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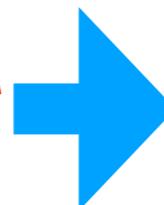
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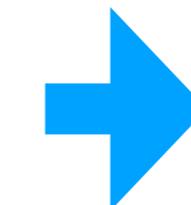
* Init C

New Problem

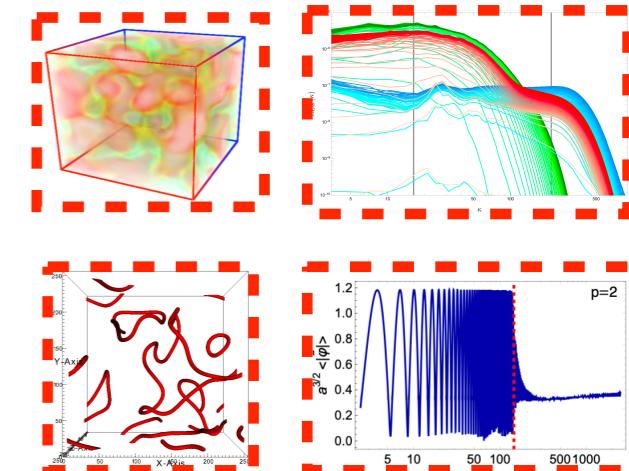


CosmoLattice

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Output



► CL so far (v1.0, Public):

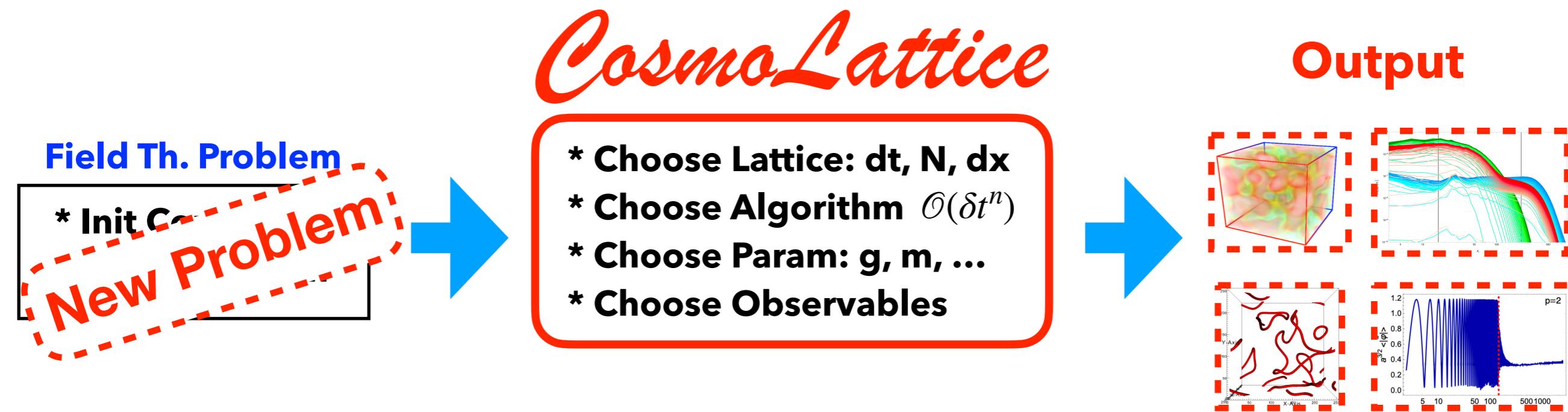
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- CL update (v2.0, to be released by ~2023):
- Gravitational waves $\square h_{ij} = 2\Pi_{ij}^{\text{TT}}$
 - Axion-like couplings $\phi F_{\mu\nu}\tilde{F}^{\mu\nu}$
 - Non-minimal coupling $\xi\phi^2 R$
 - Cosmic String Networks

CosmoLattice

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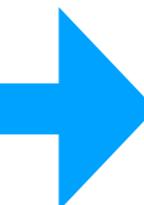
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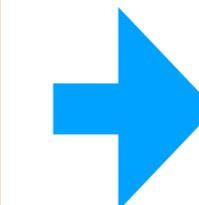
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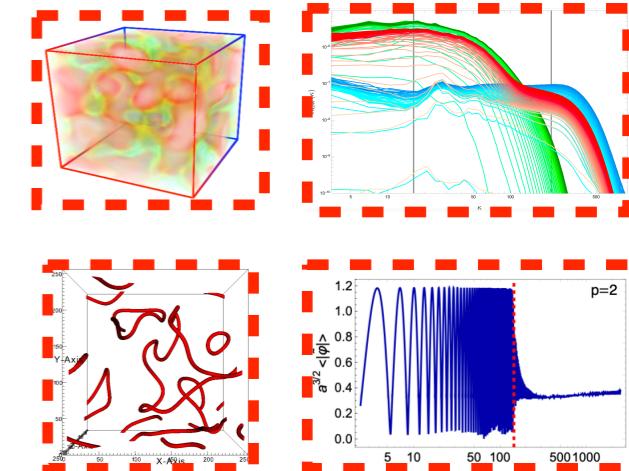


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Released
in May 2022 !

Applications

- 1) Non-linear inflation dynamics (e.g Axion-inflation)**
- 2) GW from non-linear dynamics (e.g Preheating)**
- 3) Preheating & Equation of State after inflation**
- 4) Cosmic string networks (axions, AH, ...)**
- 5) Single string loop dynamics**
- 6) Non-minimal gravitational Interactions**
- 7) Phase transitions**
-
- X) Your project !**

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- II) GW from non-linear Preheating dynamics
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If so ...
.. very
briefly

Example I

(Strong Backreaction) Field Dynamics of Axion Inflation

with

J. Lizarraga, A. Urió and J. Urrestilla
(PhD student)

Phys. Rev. Lett. Submitted ; [2303.17436](#)

INFLATIONARY MODELS

Axion-Inflation

Freese, Frieman, Olinto '90; ...

$$V(\phi) + \frac{\phi}{f} F_{\mu\nu} \tilde{F}^{\mu\nu}$$

Shift symmetry $\phi \rightarrow \phi + \text{const.}$

inflaton ϕ = pseudo-scalar axion

[J. Cook, L. Sorbo (arXiv:1109.0022)]

[N. Barnaby, E. Pajer, M. Peloso (arXiv:1110.3327)]

Not the QCD axion;



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Photon:
2 helicities

$$\left[\frac{\partial^2}{\partial \tau^2} + k^2 \pm \frac{2k\xi}{\tau} \right] A_{\pm}(\tau, k) = 0,$$

$$\xi \equiv \frac{\dot{\phi}}{2fH}$$

Chiral
instability

$$A_+ \propto e^{\pi\xi}, \quad |A_-| \ll |A_+|$$

A₊ exponentially amplified,

INFLATIONARY MODELS

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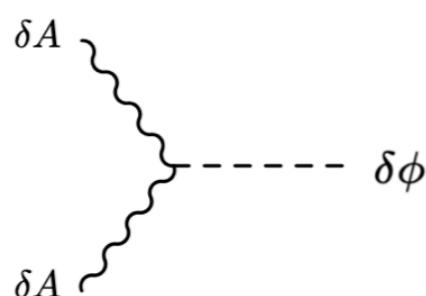
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Inflaton perturbations $\delta\phi$
through inverse decay
(highly non-Gaussian)



Barnaby, Peloso '10
Planck '15

INFLATIONARY MODELS

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Amplitude $\delta\phi$ must be bounded

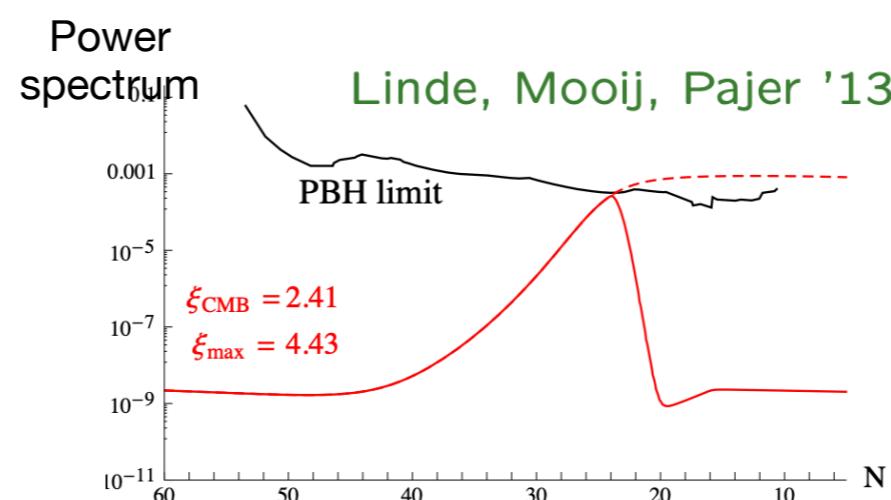
Otherwise too many

Primordial Black Holes (PBH) !

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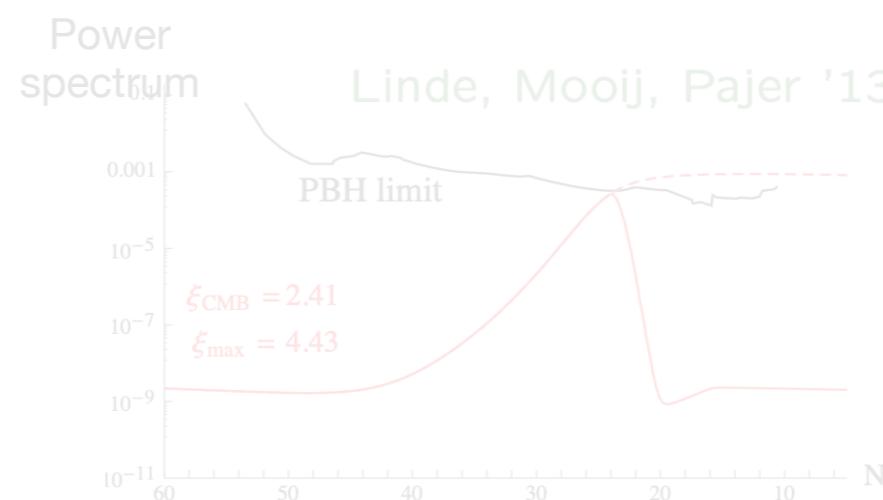
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Primordial Black Holes (PBH) !

Only one chirality of gauge field A_+ , then... chiral GWs !



Barnaby, Peloso '10
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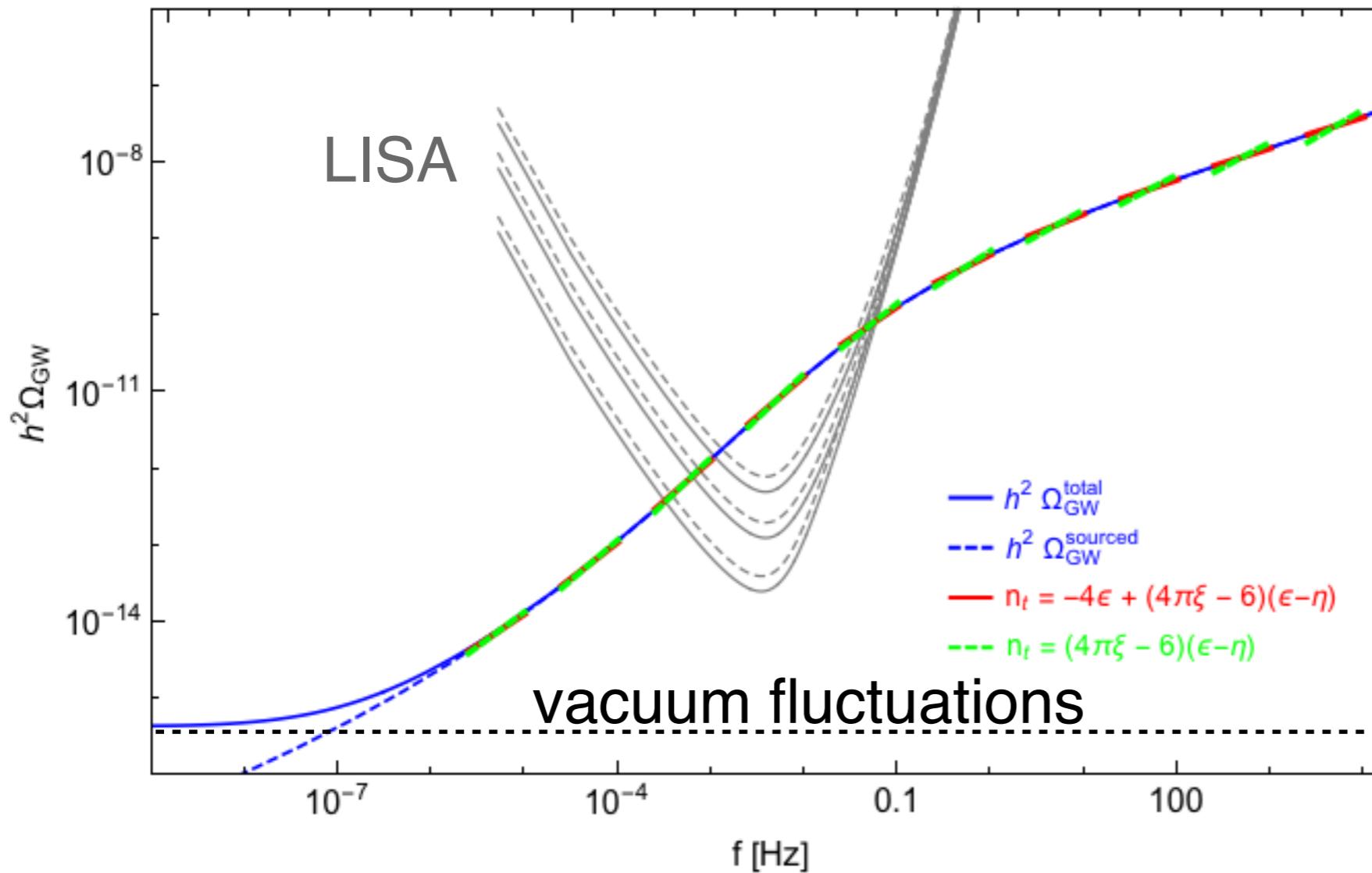
$$\{E_i E_j + B_i B_j\}^{\text{TT}}$$

h_L , ~~h_R~~

INFLATIONARY MODELS

Axion-Inflation

GW energy spectrum today

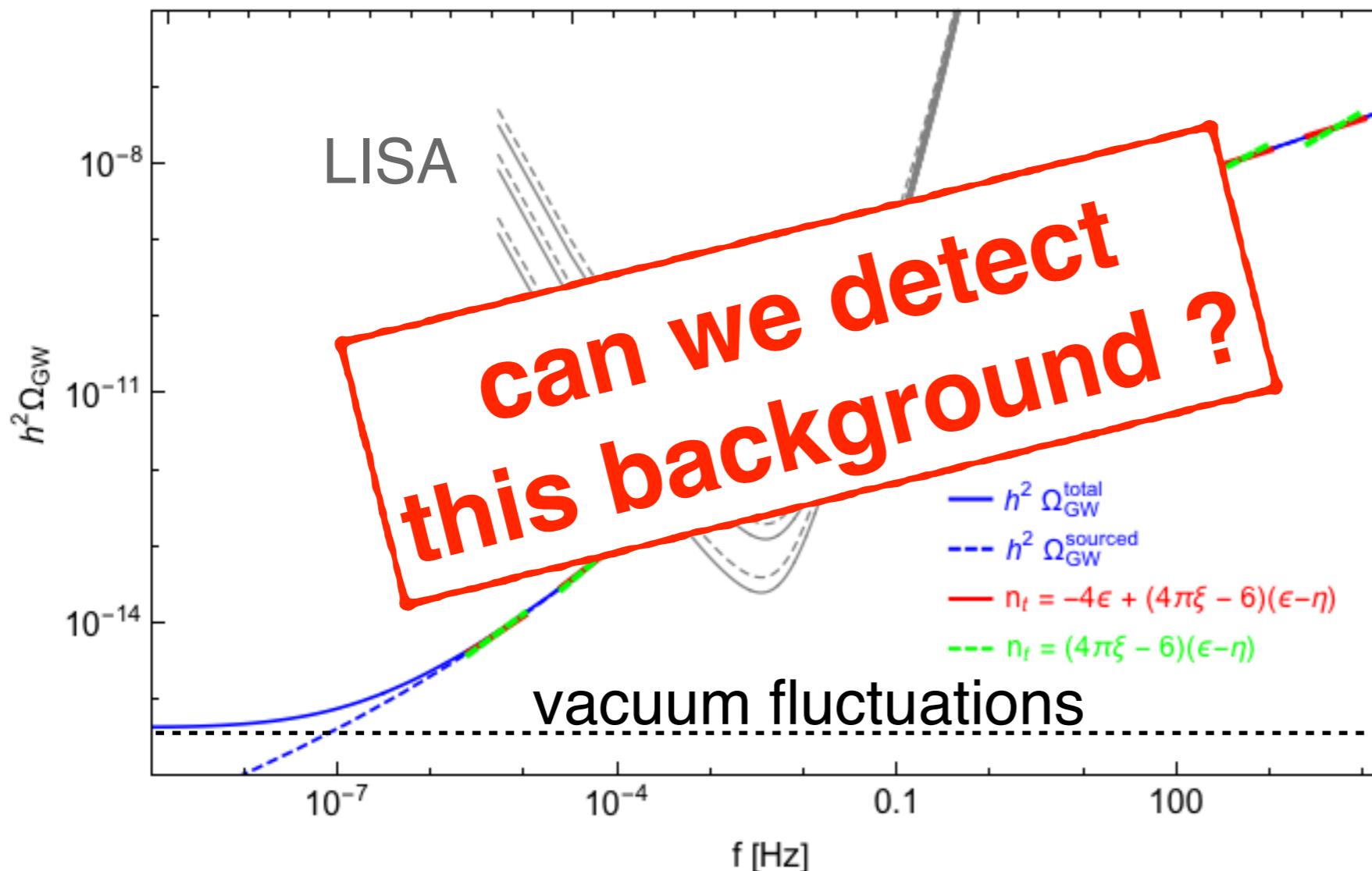


Blue-Tilted
+ Chiral
+ Non-G
GW background

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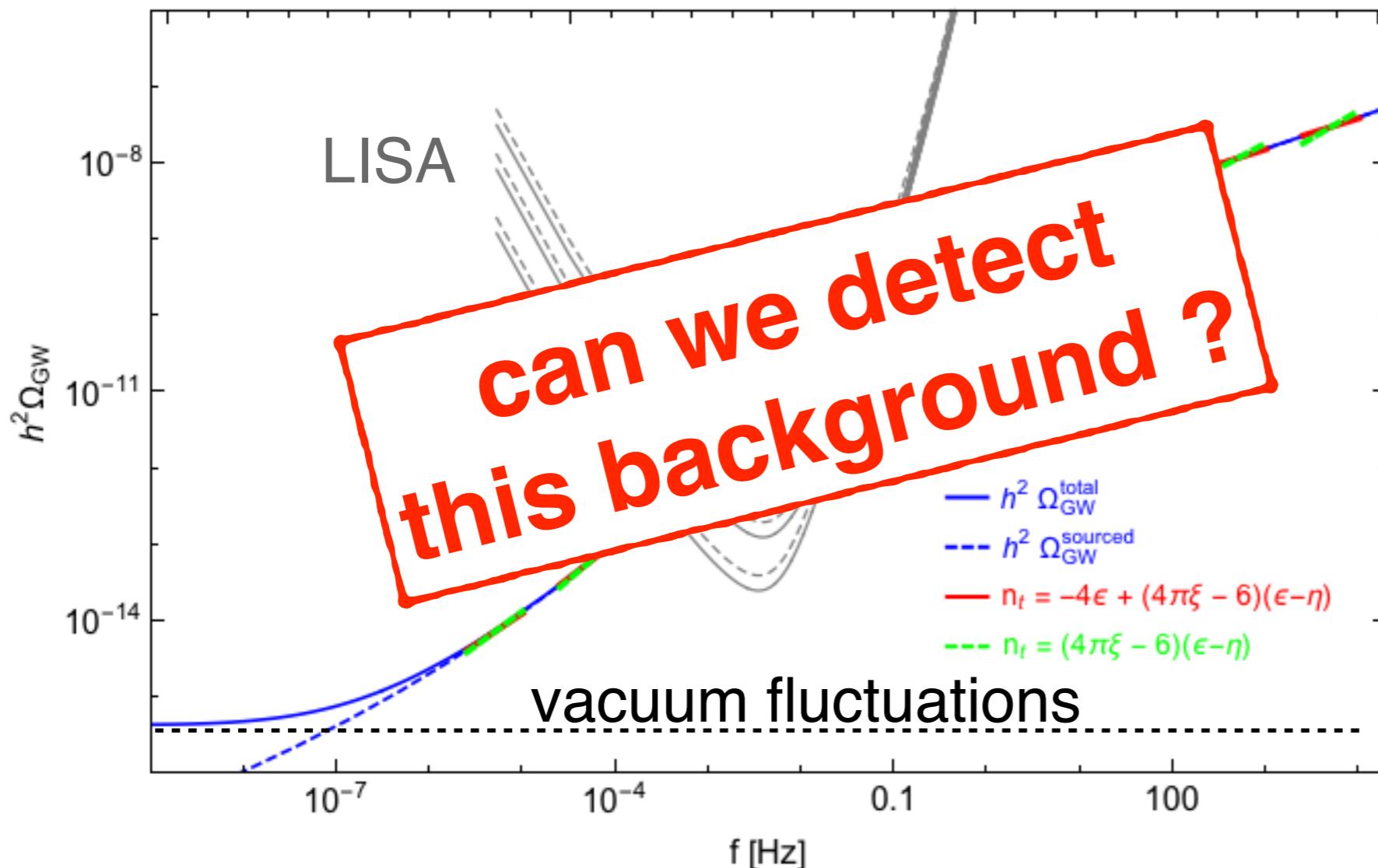


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GW background

INFLATIONARY MODELS

Axion-Inflation

GW energy spectrum today



Blue-Tilted
+ Chiral
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GW background

As $A_+ \propto e^\phi$, GWs
very sensitive to
choice of $V(\phi)$ and
calculation details

Axion-Inflation

PROBLEM: PNG, GW and PBH → **Approximations !**

Axion-Inflation

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$$\pi_\phi \equiv \dot{\phi} , \quad E_i \equiv \dot{A}_i , \quad B_i \equiv \epsilon_{ijk} \partial_j A_k$$

$$\tilde{\pi}_\phi = a^3 \pi_\phi , \quad \tilde{\vec{E}} = a \vec{E} , \quad \pi_a \equiv \dot{a}$$

**Let's have a look to
the full problem !**

$$\left(V(\phi) = \frac{1}{2} m^2 \phi^2 \right)$$

Axion-Inflation

PROBLEM: PNG, GW and PBH **Approximations !**

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$$\tilde{\pi}_\phi = a^3 \pi_\phi , \quad \tilde{\vec{E}} = a \vec{E} , \quad \pi_a \equiv \dot{a}$$

**Local
EoM
(\vec{x}, t)**

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = a \vec{\nabla}^2 \phi - a^3 m^2 \phi + \frac{1}{a \Lambda} \tilde{\vec{E}} \cdot \vec{B} , \\ \dot{\tilde{\vec{E}}} = - \frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}} . \end{array} \right.$$

EoM

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow **Approximations !**

$$\pi_\phi \equiv \dot{\phi} , \quad E_i \equiv \dot{A}_i , \quad B_i \equiv \epsilon_{ijk} \partial_j A_k$$

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Local EoM (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = a \vec{\nabla}^2 \phi - a^3 m^2 \phi + \frac{1}{a \Lambda} \tilde{\vec{E}} \cdot \vec{B} , \\ \dot{\tilde{\vec{E}}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}} . \end{array} \right.$$

EoM

Hom. EoM (t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \langle \begin{array}{c} -2K_\phi \\ \text{(Kin)} \end{array} \rangle + \langle \begin{array}{c} V \\ \text{(Pot)} \end{array} \rangle - \langle \begin{array}{c} K_A \\ \text{(Elec)} \end{array} \rangle - \langle \begin{array}{c} G_A \\ \text{(Mag)} \end{array} \rangle$$

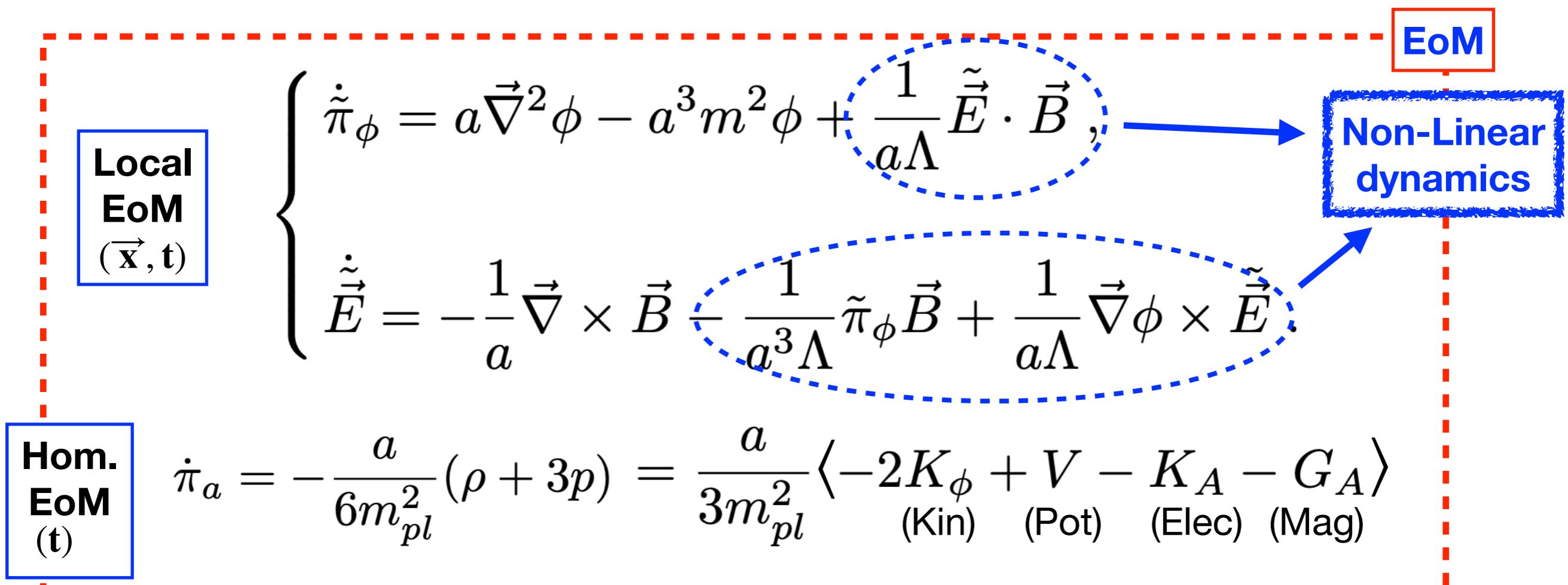
$$\left(\begin{array}{l} K_\phi \equiv \frac{1}{2} \pi_\phi^2 = \frac{1}{2a^6} \tilde{\pi}_\phi^2 , \quad G_\phi \equiv \frac{1}{2a^2} \sum (\partial_i \phi)^2 , \quad V \equiv \frac{1}{2} m^2 \phi^2 , \\ K_A \equiv \frac{1}{2} \sum_i \frac{E_i^2}{a^2} = \frac{1}{2} \sum_i \frac{\tilde{E}_i^2}{a^4} , \quad G_A \equiv \frac{1}{2} \sum_i \frac{B_i^2}{a^4} \end{array} \right)$$

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow **Approximations !**

$$\pi_\phi \equiv \dot{\phi}, \quad E_i \equiv \dot{A}_i, \quad B_i \equiv \epsilon_{ijk} \partial_j A_k$$

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$$\left(\begin{array}{l} K_\phi \equiv \frac{1}{2} \pi_\phi^2 = \frac{1}{2a^6} \tilde{\pi}_\phi^2, \quad G_\phi \equiv \frac{1}{2a^2} \sum (\partial_i \phi)^2, \quad V \equiv \frac{1}{2} m^2 \phi^2, \\ K_A \equiv \frac{1}{2} \sum_i \frac{E_i^2}{a^2} = \frac{1}{2} \sum_i \frac{\tilde{E}_i^2}{a^4}, \quad G_A \equiv \frac{1}{2} \sum_i \frac{B_i^2}{a^4} \end{array} \right)$$

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Local EoM (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \cancel{\frac{1}{a \Lambda} \tilde{\vec{E}} \cdot \vec{B}}, \\ \dot{\tilde{\vec{E}}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \cancel{\frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B}} + \cancel{\frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}}}. \end{array} \right.$$

Interaction

Hom. EoM (t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \langle \begin{array}{c} -2K_\phi \\ (\text{Kin}) \end{array} \rangle + \langle \begin{array}{c} V \\ (\text{Pot}) \end{array} \rangle - \langle \begin{array}{c} K_A \\ (\text{Elec}) \end{array} \rangle - \langle \begin{array}{c} G_A \\ (\text{Mag}) \end{array} \rangle$$

EoM

Linear Regime

$$\left(\begin{array}{l} K_\phi \equiv \frac{1}{2} \pi_\phi^2 = \frac{1}{2a^6} \tilde{\pi}_\phi^2, \quad G_\phi \equiv \frac{1}{2a^2} \sum (\partial_i \phi)^2, \quad V \equiv \frac{1}{2} m^2 \phi^2, \\ K_A \equiv \frac{1}{2} \sum_i \frac{E_i^2}{a^2} = \frac{1}{2} \sum_i \frac{\tilde{E}_i^2}{a^4}, \quad G_A \equiv \frac{1}{2} \sum_i \frac{B_i^2}{a^4} \end{array} \right)$$

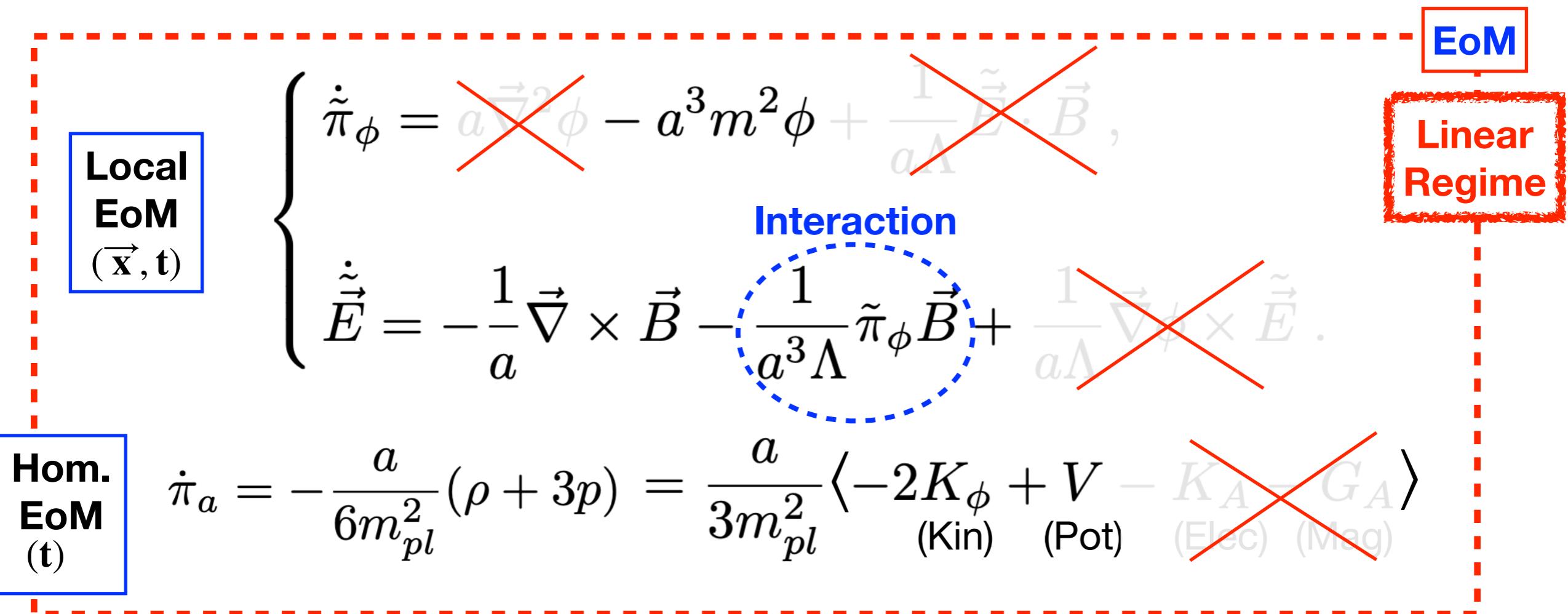
Axion-Inflation

PROBLEM: PNG, GW and PBH

Approximations !

$$\pi_\phi \equiv \dot{\phi}, \quad E_i \equiv \dot{A}_i, \quad B_i \equiv \epsilon_{ijk} \partial_j A_k$$

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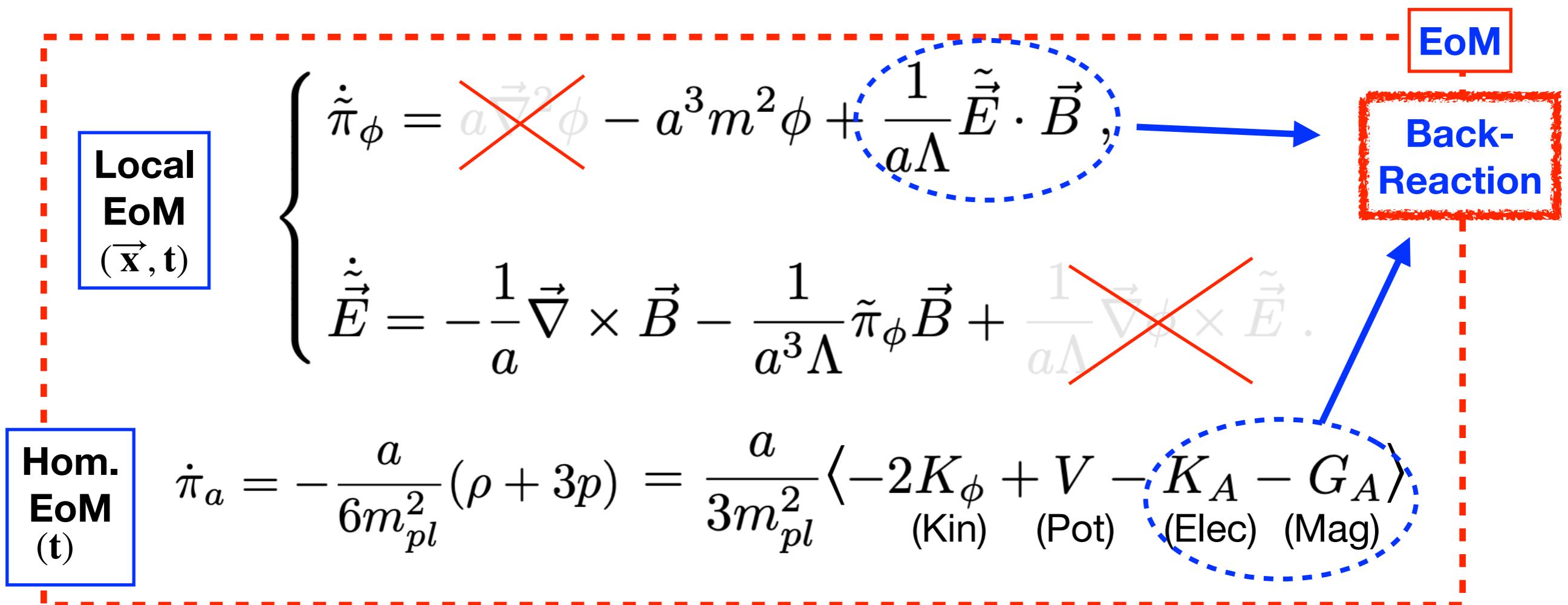
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Axion-Inflation

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$$\pi_\phi \equiv \dot{\phi}, \quad E_i \equiv \dot{A}_i, \quad B_i \equiv \epsilon_{ijk} \partial_j A_k$$

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Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow **Approximations !**

$$\pi_\phi \equiv \dot{\phi} , \quad E_i \equiv \dot{A}_i , \quad B_i \equiv \epsilon_{ijk} \partial_j A_k$$

$$\tilde{\pi}_\phi = a^3 \pi_\phi , \quad \tilde{\vec{E}} = a \vec{E} , \quad \pi_a \equiv \dot{a}$$

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a \Lambda} \langle \tilde{\vec{E}} \cdot \vec{B} \rangle \\ \dot{\tilde{\vec{E}}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \cancel{\frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}}} . \end{array} \right.$$

**Local
EoM
(\vec{x}, t)**

EoM

**Hom. (t)
Approx.**

**Back-
Reaction
(Homog.
Approx.)**

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\langle -2K_\phi + V \rangle - \langle K_A + G_A \rangle \right)$$

(Kin) (Pot) (Elec) (Mag)

$$\left(\begin{aligned} K_\phi &\equiv \frac{1}{2} \pi_\phi^2 = \frac{1}{2a^6} \tilde{\pi}_\phi^2 , & G_\phi &\equiv \frac{1}{2a^2} \sum (\partial_i \phi)^2 , & V &\equiv \frac{1}{2} m^2 \phi^2 , \\ K_A &\equiv \frac{1}{2} \sum_i \frac{E_i^2}{a^2} = \frac{1}{2} \sum_i \frac{\tilde{E}_i^2}{a^4} , & G_A &\equiv \frac{1}{2} \sum_i \frac{B_i^2}{a^4} \end{aligned} \right)$$

Axion-Inflation

PROBLEM: PNG, GW and PBH →

Approximations !

$$\langle \vec{E} \cdot \vec{B} \rangle = -\frac{\lambda}{a^4} \int \frac{dk}{4\pi} k^3 \frac{d}{d\tau} \left| A_{-\lambda}(\tau, \vec{k}) \right|^2 ;$$

$$\langle K_A + G_A \rangle \equiv \left\langle \frac{E^2 + B^2}{2} \right\rangle = \frac{1}{a^4} \int \frac{dk}{4\pi^2} k^2 \left(\left| \frac{dA_{-\lambda}(\tau, \vec{k})}{d\tau} \right|^2 + k^2 |A_{-\lambda}(\tau, \vec{k})|^2 \right) ;$$

$$\lambda = \pm \begin{cases} \lambda = +, \text{ if } \phi > 0 \\ \lambda = -, \text{ if } \phi < 0 \end{cases}$$

Local EoM
 (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a \Lambda} \langle \tilde{\vec{E}} \cdot \vec{B} \rangle \\ \dot{\tilde{\vec{E}}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \cancel{\frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}}} . \end{array} \right.$$

EoM

Back-Reaction (Homog. Approx.)

Hom. EoM
 (t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\begin{array}{c} \langle -2K_\phi + V \rangle \\ \text{(Kin)} \end{array} - \begin{array}{c} \langle K_A + G_A \rangle \\ \text{(Pot)} \end{array} - \begin{array}{c} \langle K_A + G_A \rangle \\ \text{(Elec)} \end{array} - \begin{array}{c} \langle K_A + G_A \rangle \\ \text{(Mag)} \end{array} \right)$$

$$\left(\begin{array}{l} K_\phi \equiv \frac{1}{2} \pi_\phi^2 = \frac{1}{2a^6} \tilde{\pi}_\phi^2 , \quad G_\phi \equiv \frac{1}{2a^2} \sum (\partial_i \phi)^2 , \quad V \equiv \frac{1}{2} m^2 \phi^2 , \\ K_A \equiv \frac{1}{2} \sum_i \frac{E_i^2}{a^2} = \frac{1}{2} \sum_i \frac{\tilde{E}_i^2}{a^4} , \quad G_A \equiv \frac{1}{2} \sum_i \frac{B_i^2}{a^4} \end{array} \right)$$

Axion-Inflation

PROBLEM: PNG, GW and PBH →

Approximations !

$$\langle \vec{E} \cdot \vec{B} \rangle = -\frac{\lambda}{a^4} \int \frac{dk}{4\pi} k^3 \frac{d}{d\tau} \left| A_{-\lambda}(\tau, \vec{k}) \right|^2 ;$$

$$\langle K_A + G_A \rangle \equiv \left\langle \frac{E^2 + B^2}{2} \right\rangle = \frac{1}{a^4} \int \frac{dk}{4\pi^2} k^2 \left(\left| \frac{dA_{-\lambda}(\tau, \vec{k})}{d\tau} \right|^2 + k^2 |A_{-\lambda}(\tau, \vec{k})|^2 \right) ;$$

$$\lambda = \pm \begin{cases} \lambda = +, \text{ if } \phi > 0 \\ \lambda = -, \text{ if } \phi < 0 \end{cases}$$

Local EoM
 (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a \Lambda} \langle \tilde{\vec{E}} \cdot \vec{B} \rangle \\ \frac{d^2 A_\pm(\tau, \vec{k})}{d\tau^2} + [k^2 \pm 2\lambda \xi k a H] A_\pm(\tau, \vec{k}) = 0 \cancel{\frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}}} . \end{array} \right.$$

EoM

Back-Reaction (Homog. Approx.)

Hom. EoM
 (t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\begin{array}{c} \langle -2K_\phi + V \rangle \\ \text{(Kin)} \end{array} - \begin{array}{c} \langle K_A + G_A \rangle \\ \text{(Pot)} \end{array} - \begin{array}{c} \langle \tilde{\vec{E}} \cdot \vec{B} \rangle \\ \text{(Elec)} \end{array} - \begin{array}{c} \langle \tilde{\vec{E}}^2 \rangle \\ \text{(Mag)} \end{array} \right)$$

DallAgata et al 2019, Domcke et 2020 → **Elaborated Iterative scheme !**

Axion-Inflation

PROBLEM: PNG, GW and PBH →

Approximations !

$$\langle \vec{E} \cdot \vec{B} \rangle = -\frac{\lambda}{a^4} \int \frac{dk}{4\pi} k^3 \frac{d}{d\tau} \left| A_{-\lambda}(\tau, \vec{k}) \right|^2 ;$$

$$\langle K_A + G_A \rangle \equiv \left\langle \frac{E^2 + B^2}{2} \right\rangle = \frac{1}{a^4} \int \frac{dk}{4\pi^2} k^2 \left(\left| \frac{dA_{-\lambda}(\tau, \vec{k})}{d\tau} \right|^2 + k^2 |A_{-\lambda}(\tau, \vec{k})|^2 \right) ;$$

$$\lambda = \pm \begin{cases} \lambda = +, \text{ if } \phi > 0 \\ \lambda = -, \text{ if } \phi < 0 \end{cases}$$

Local EoM
 (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}_\phi^2 \phi} - a^3 m^2 \phi + \frac{1}{a \Lambda} \langle \tilde{\vec{E}} \cdot \vec{B} \rangle \\ \frac{d^2 A_\pm(\tau, \vec{k})}{d\tau^2} + [k^2 \pm 2\lambda \xi k a H] A_\pm(\tau, \vec{k}) = 0 \cancel{\frac{1}{a \Lambda} \vec{\nabla}_\phi \times \tilde{\vec{E}}} . \end{array} \right.$$

EoM

Back-Reaction (Homog. Approx.)

Hom. EoM
 (t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\begin{array}{c} \langle -2K_\phi + V \rangle \\ \text{(Kin)} \end{array} - \begin{array}{c} \langle K_A + G_A \rangle \\ \text{(Pot)} \end{array} - \begin{array}{c} \langle \tilde{\vec{E}} \cdot \vec{B} \rangle \\ \text{(Elec)} \end{array} - \begin{array}{c} \cancel{\frac{1}{a \Lambda} \vec{\nabla}_\phi \times \tilde{\vec{E}}} \\ \text{(Mag)} \end{array} \right)$$

Axion-Inflation

PROBLEM: PNG, GW and PBH



Approximations !

Can we do better than homogeneous backreaction ?

Local
EoM
 (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a \Lambda} \langle \tilde{\vec{E}} \cdot \vec{B} \rangle \\ \frac{d^2 A_\pm(\tau, \vec{k})}{d\tau^2} + [k^2 \pm 2\lambda\xi k a H] A_\pm(\tau, \vec{k}) = 0 \end{array} \right.$$

Hom. (t)
Approx.

EoM

Back-
Reaction
(Homog.
Approx.)

Hom.
EoM
(t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\begin{array}{c} \langle -2K_\phi + V \rangle \\ \text{(Kin)} \end{array} - \begin{array}{c} \langle K_A + G_A \rangle \\ \text{(Pot)} \end{array} - \begin{array}{c} \cancel{1} \\ \cancel{a \vec{\nabla} \phi \times \tilde{\vec{E}}} \end{array} \right)$$

(Elec) (Mag)

Axion-Inflation

PROBLEM: PNG, GW and PBH → **Approximations !**

Yes, we need a full lattice approach

Local EoM
 (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a \Lambda} \tilde{\vec{E}} \cdot \tilde{\vec{B}} \\ \frac{d^2 A_\pm(\tau, \vec{k})}{d\tau^2} + [k^2 \pm 2\lambda\xi k a H] A_\pm(\tau, \vec{k}) = 0 \cancel{- \frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}}} . \end{array} \right.$$

EoM

Hom. EoM
 (t)

$\dot{\pi}_a = -\frac{a}{6m_{pl}^2}(\rho + 3p) = \frac{a}{3m_{pl}^2} \langle \begin{array}{c} -2K_\phi \\ (\text{Kin}) \end{array} \rangle + \langle \begin{array}{c} V \\ (\text{Pot}) \end{array} \rangle - \langle \begin{array}{c} K_A \\ (\text{Elec}) \end{array} \rangle - \langle \begin{array}{c} G_A \\ (\text{Mag}) \end{array} \rangle$

Back-Reaction (Source InHom.)

Axion-Inflation

PROBLEM: PNG, GW and PBH



Approximations !

Yes, we need a full lattice approach

Local EoM
 (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a \Lambda} \tilde{\vec{E}} \cdot \vec{B} \\ \dot{\tilde{\vec{E}}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \cancel{\frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}}} . \end{array} \right.$$

EoM

Hom. EoM
 (t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2}(\rho + 3p) = \frac{a}{3m_{pl}^2} \langle \begin{matrix} -2K_\phi & V & K_A & G_A \end{matrix} \rangle$$

(Kin)
(Pot)
(Elec)
(Mag)

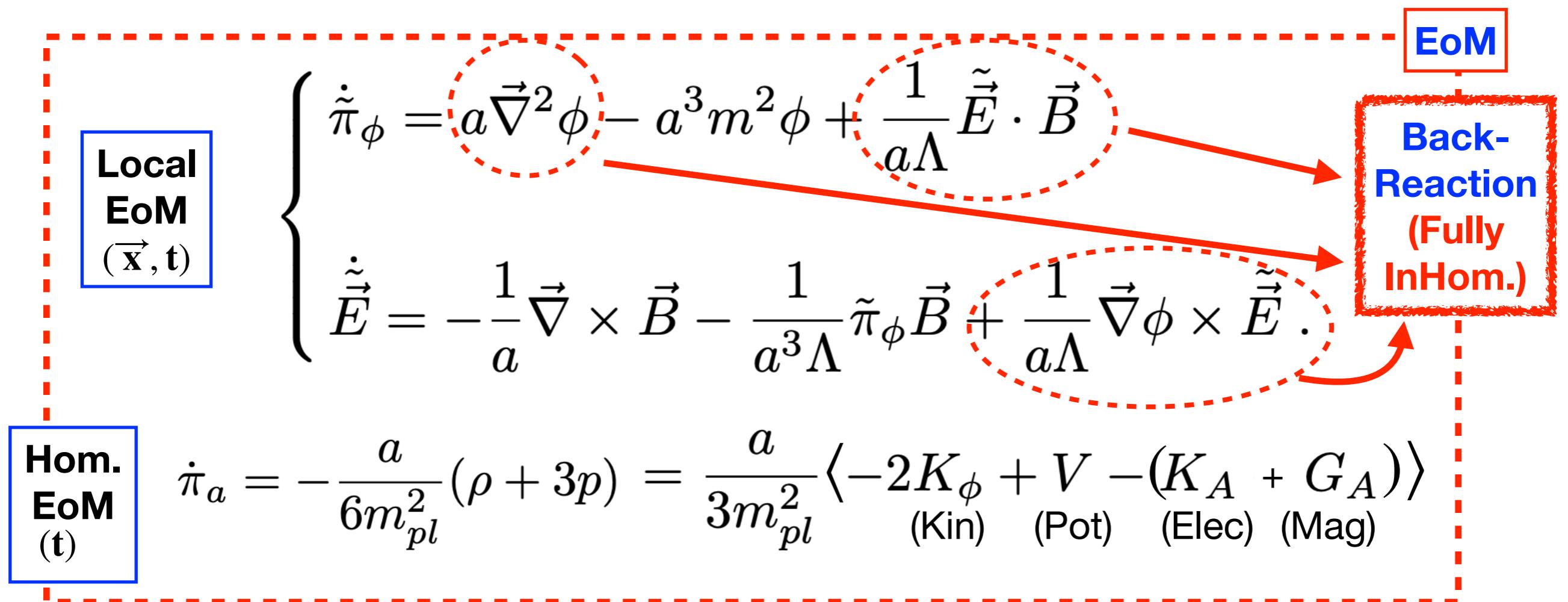
Back-Reaction (Source InHom.)

Axion-Inflation

PROBLEM: PNG, GW and PBH →

Approximations !

Yes, we need a full lattice approach



Axion-Inflation

PROBLEM: PNG, GW and PBH →

Approximations !

DGF + Canivete/Shaposhnikov + Lizarraga/Urio/Urrestilla 2017-2023
 Caravano, Komatsu, Lozanov, Weller 2021-2022

Local EoM (\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = a \vec{\nabla}^2 \phi - a^3 m^2 \phi + \frac{1}{a \Lambda} \tilde{\vec{E}} \cdot \vec{B} \\ \dot{\tilde{\vec{E}}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \frac{1}{a \Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}} . \end{array} \right.$$

Back-Reaction (Fully InHom.)

Hom. EoM (t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \langle -2K_\phi + V - (K_A + G_A) \rangle$$

(Kin)
(Pot)
(Elec)
(Mag)

Axion-Inflation

PROBLEM: PNG, GW and PBH →

Approximations !

DGF + Canivete/Shaposhnikov + Lizarraga/Urio/Urrestilla 2017-2023
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Local EoM (\vec{x}, t)

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Back-Reaction (Fully InHom.)

Hom. EoM (t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \langle -2K_\phi + V - (K_A + G_A) \rangle$$

(Kin)
(Pot)
(Elec)
(Mag)

EoM

The strong backreaction regime of axion inflation

(DGF, Lizarraga, Urió & Urrestilla, [2303.17436](#))

(PhD)

$$\left(\frac{m_p}{\Lambda} \geq 15 \right)$$

The strong backreaction regime of axion inflation

(DGF, Lizarraga, Urió & Urrestilla, [2303.17436](#))

(PhD)

$$\left(\frac{m_p}{\Lambda} \geq 15\right)$$

The strong backreaction regime of axion inflation

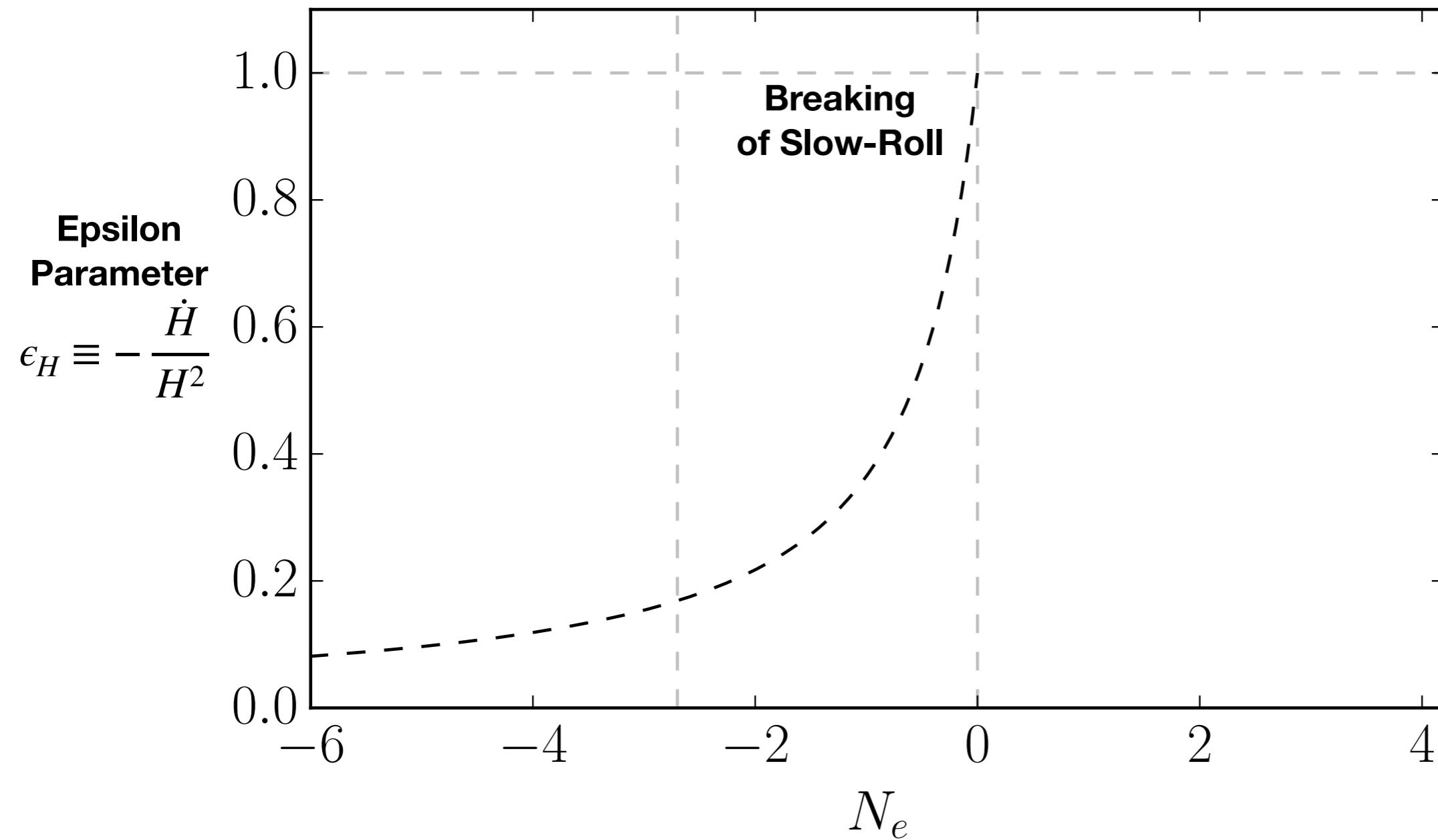
(DGF, Lizarraga, Urió & Urrestilla, [2303.17436](#))

(PhD)

$$V(\phi) = \frac{1}{2} m^2 \phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \frac{m_p}{\Lambda} = 18$$

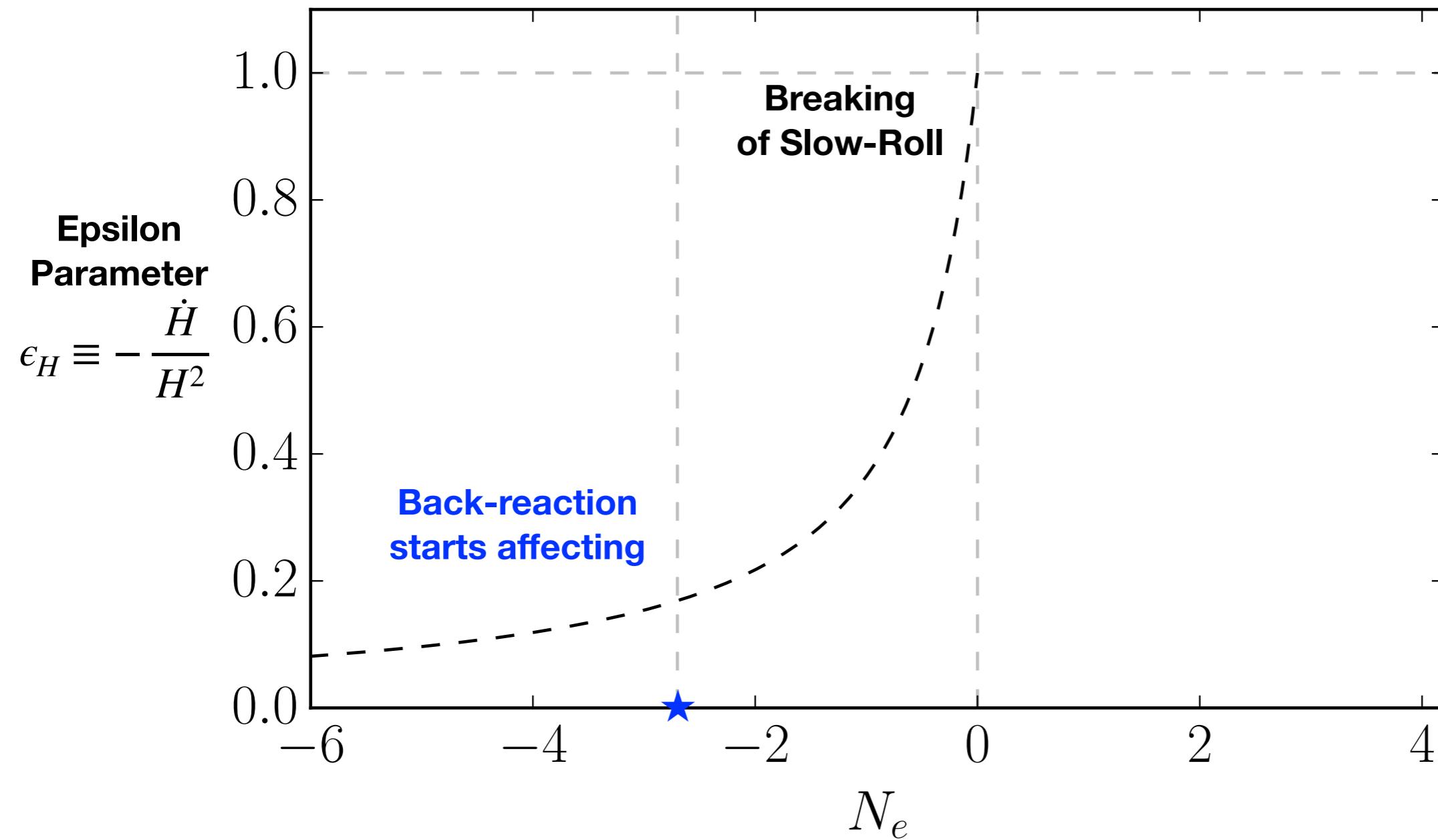
Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{18}$)

Linear regime (---)

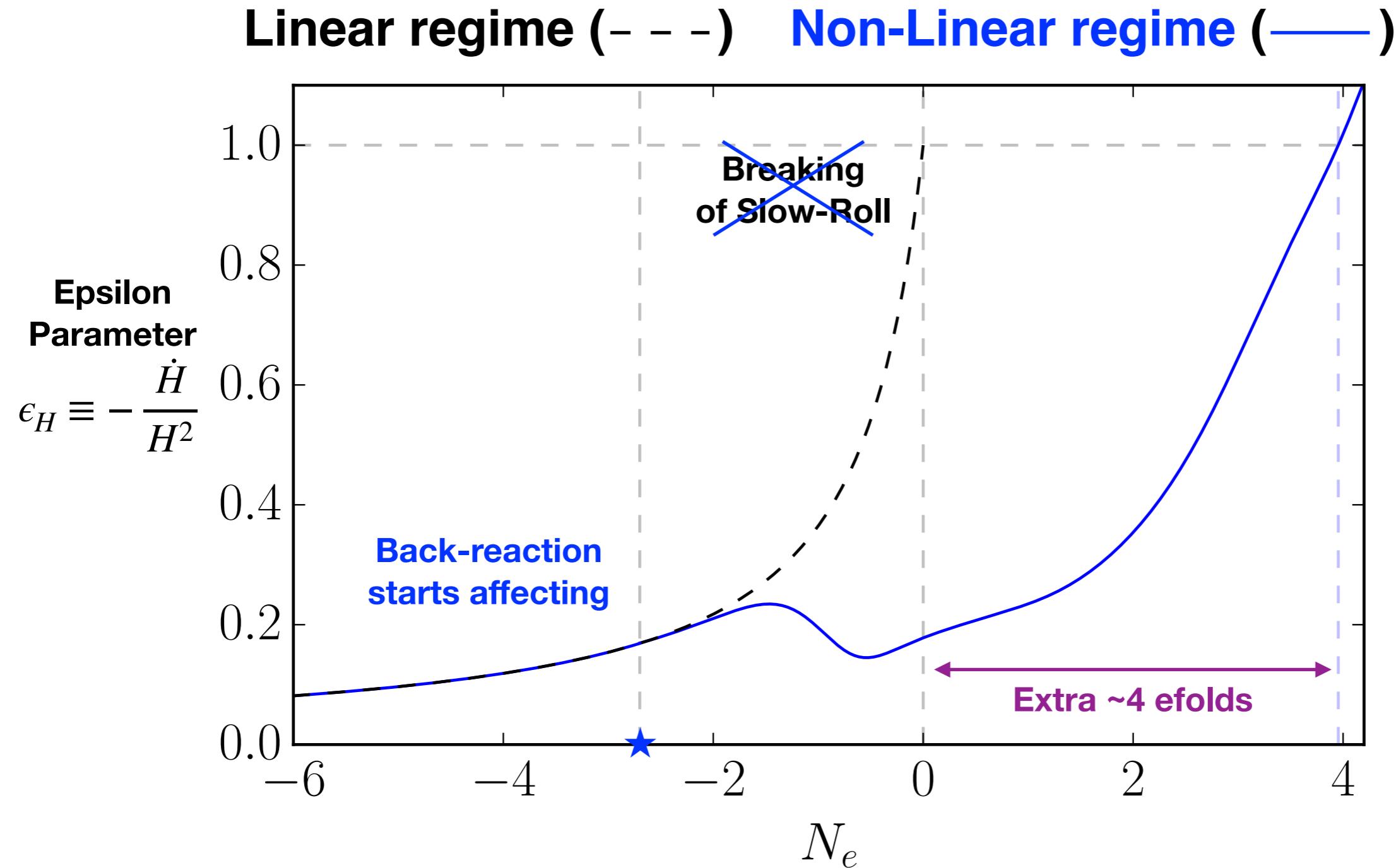


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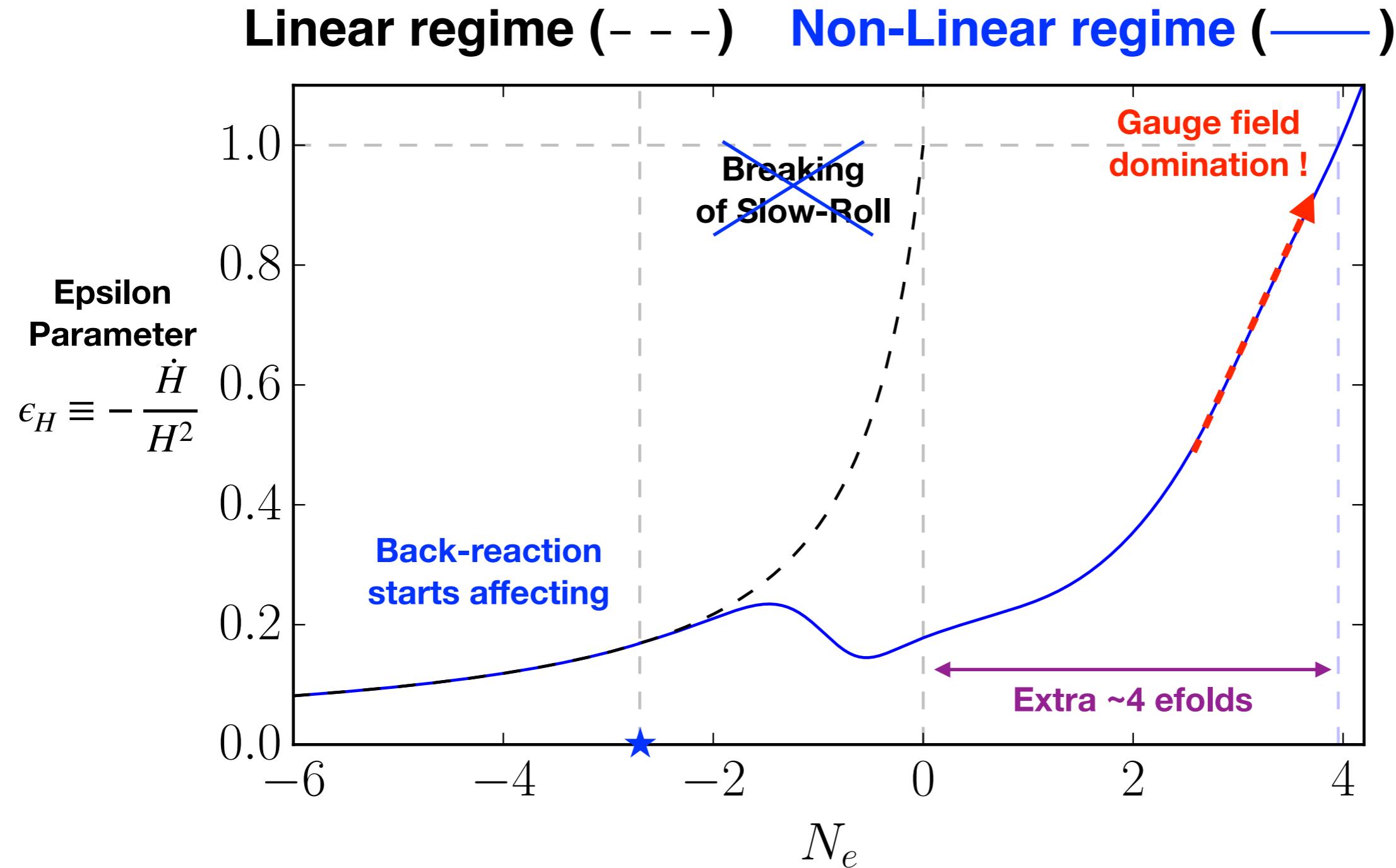
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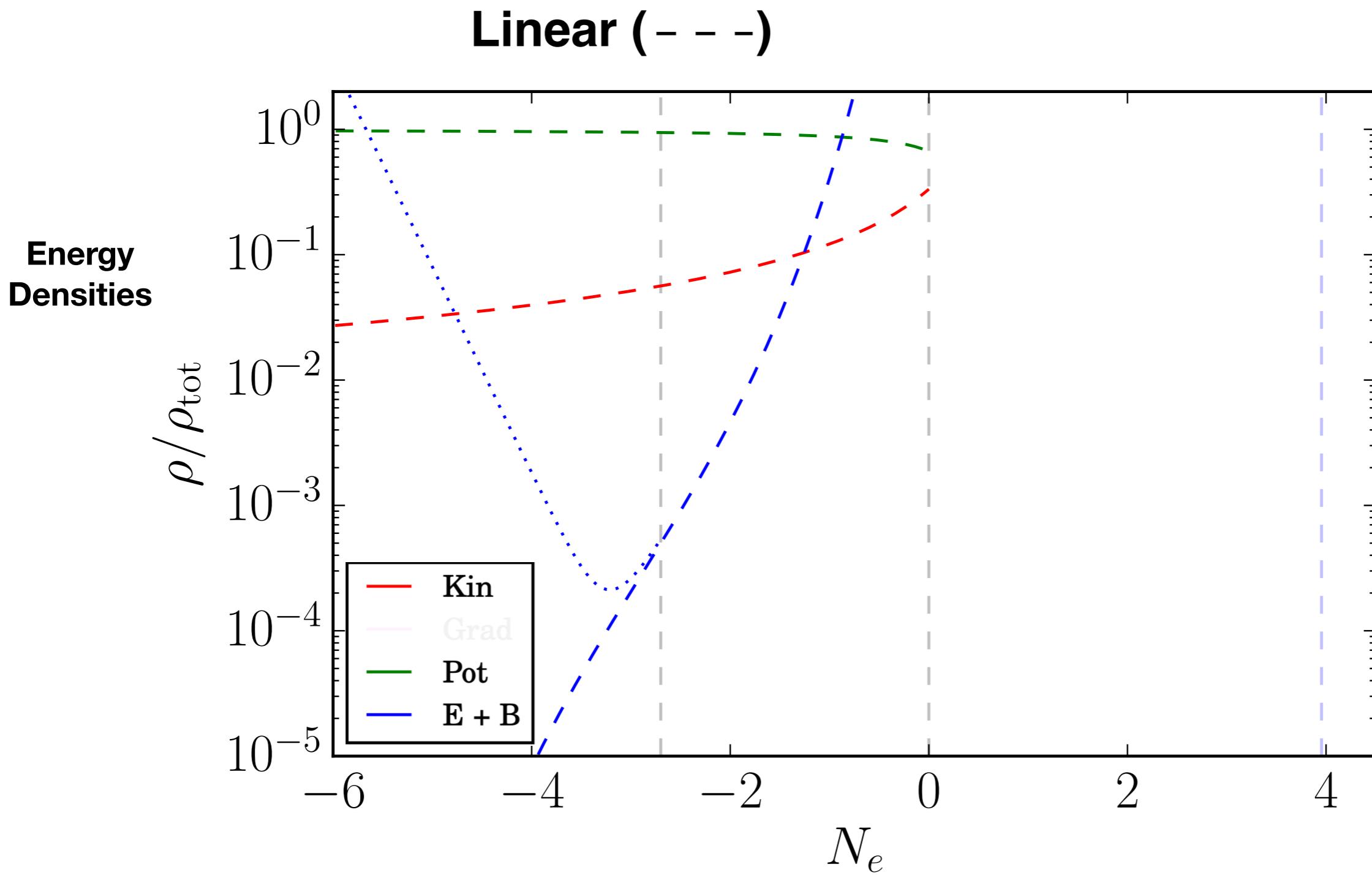
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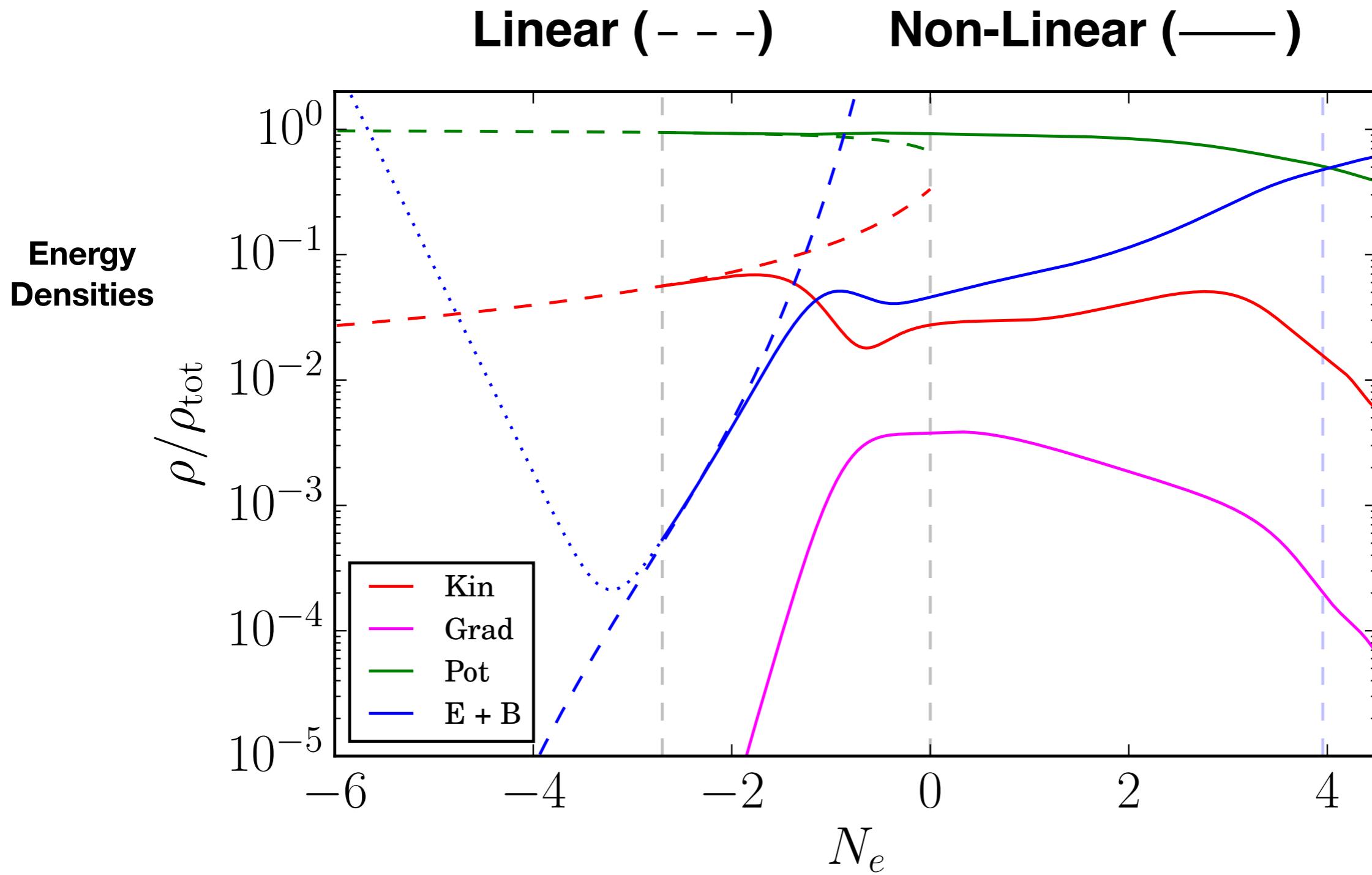
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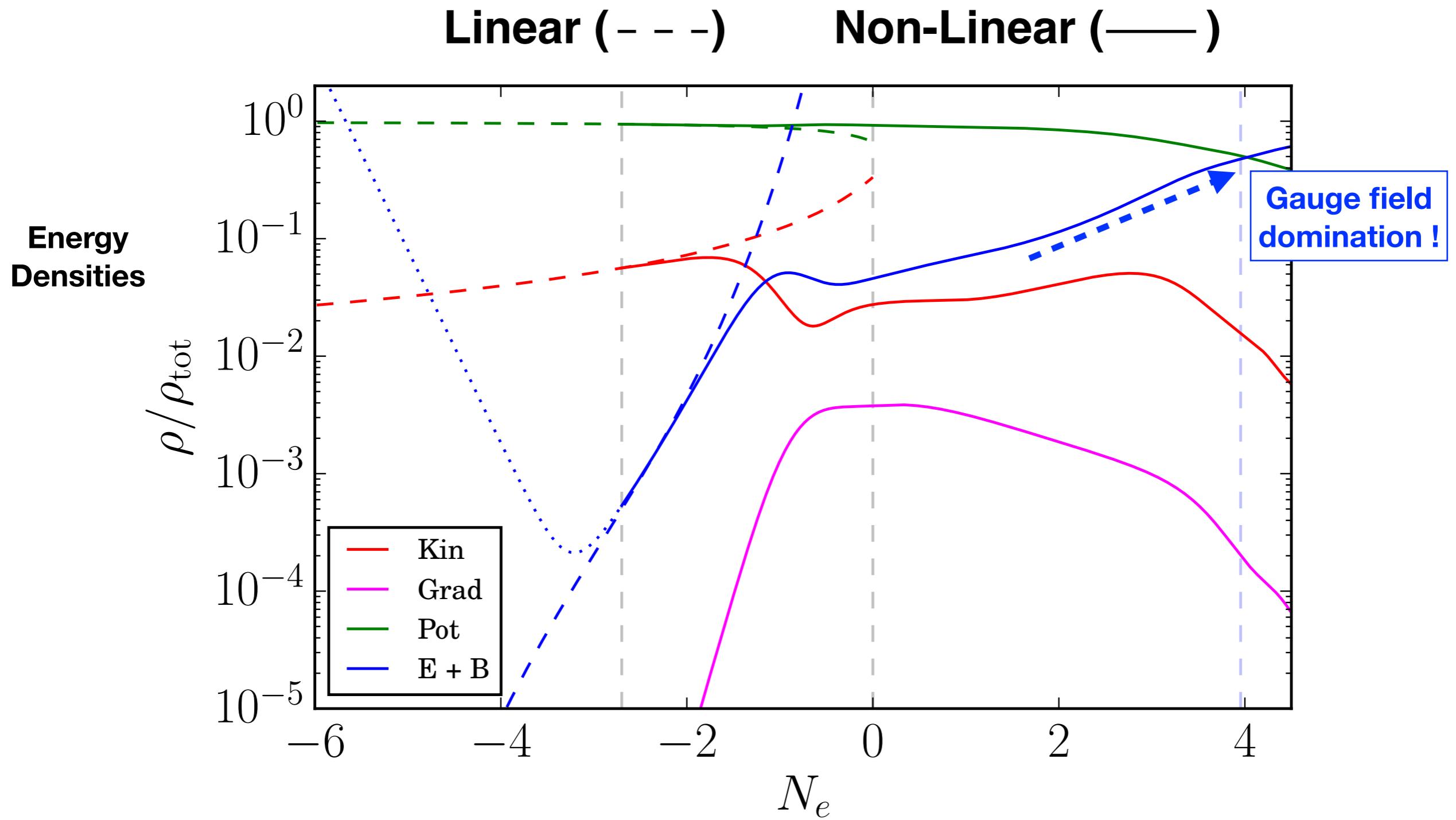
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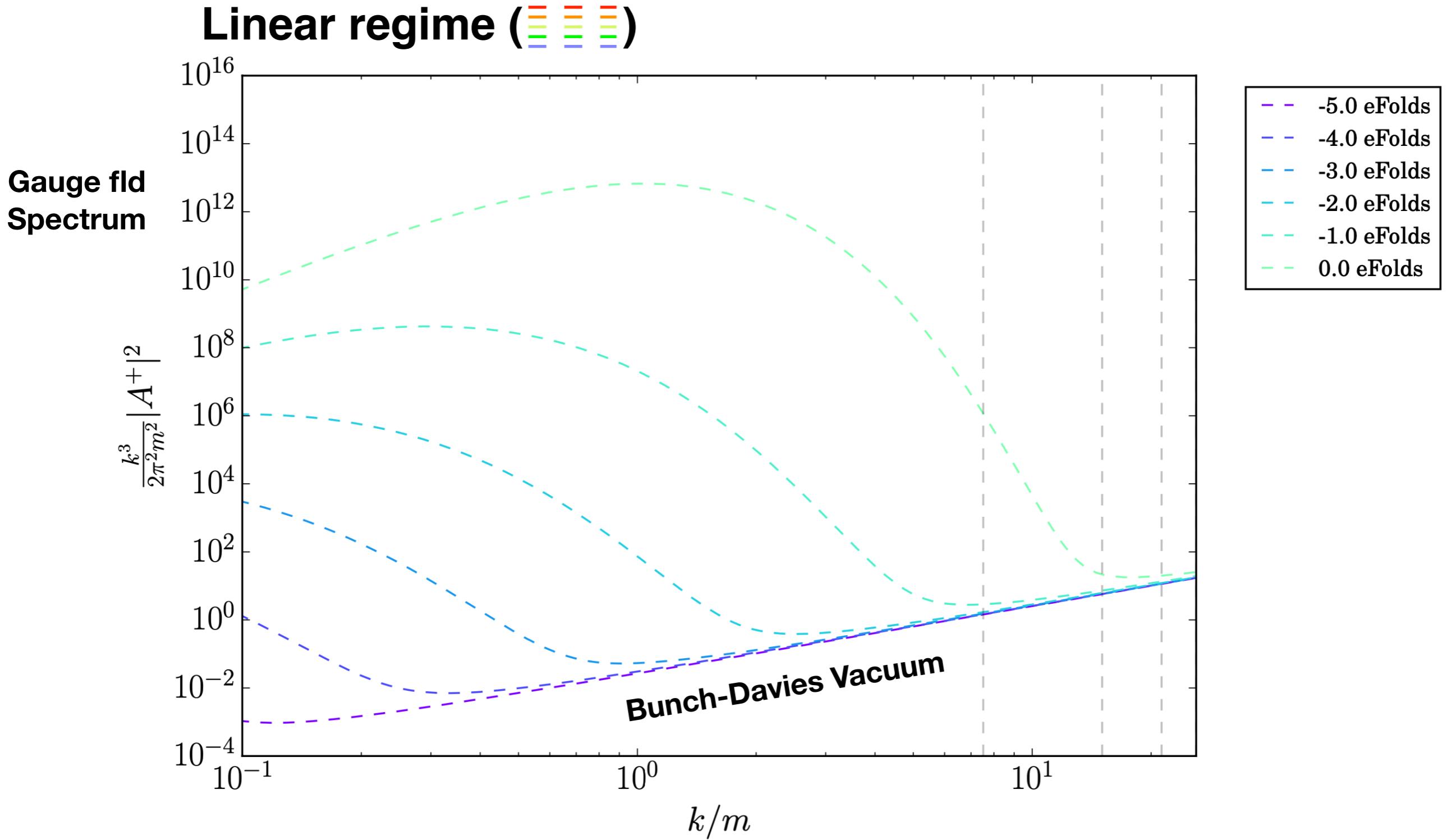
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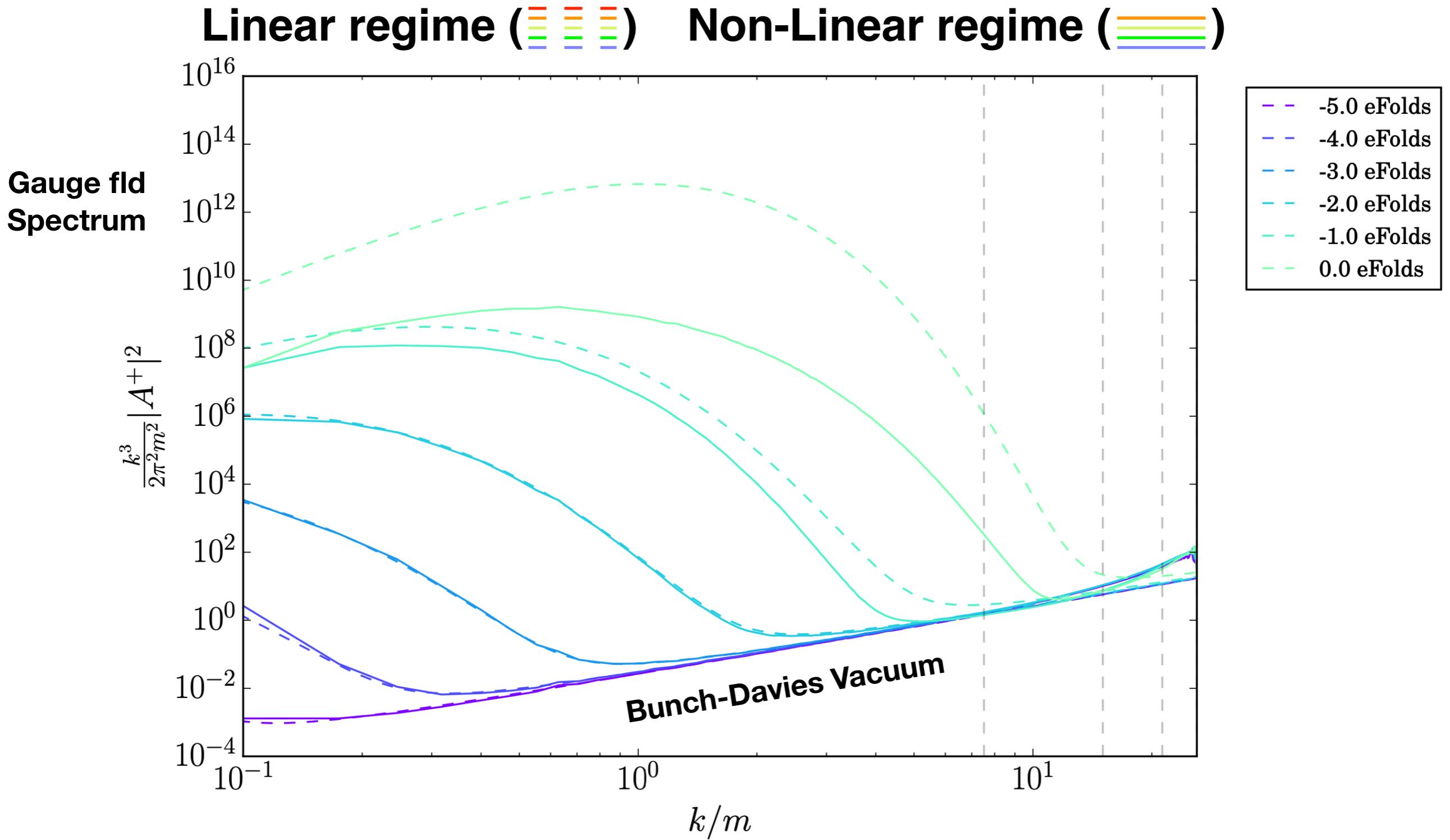
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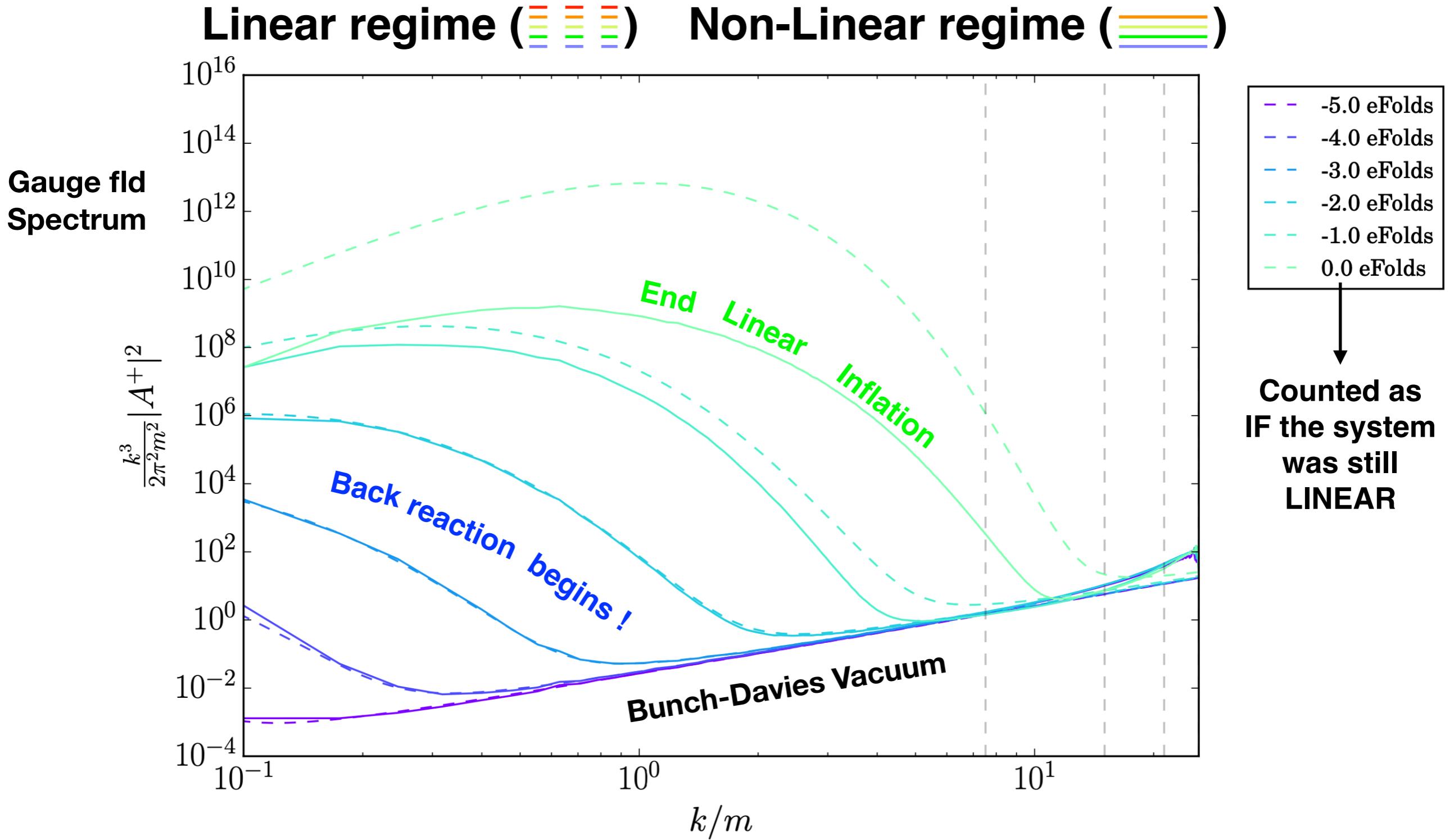
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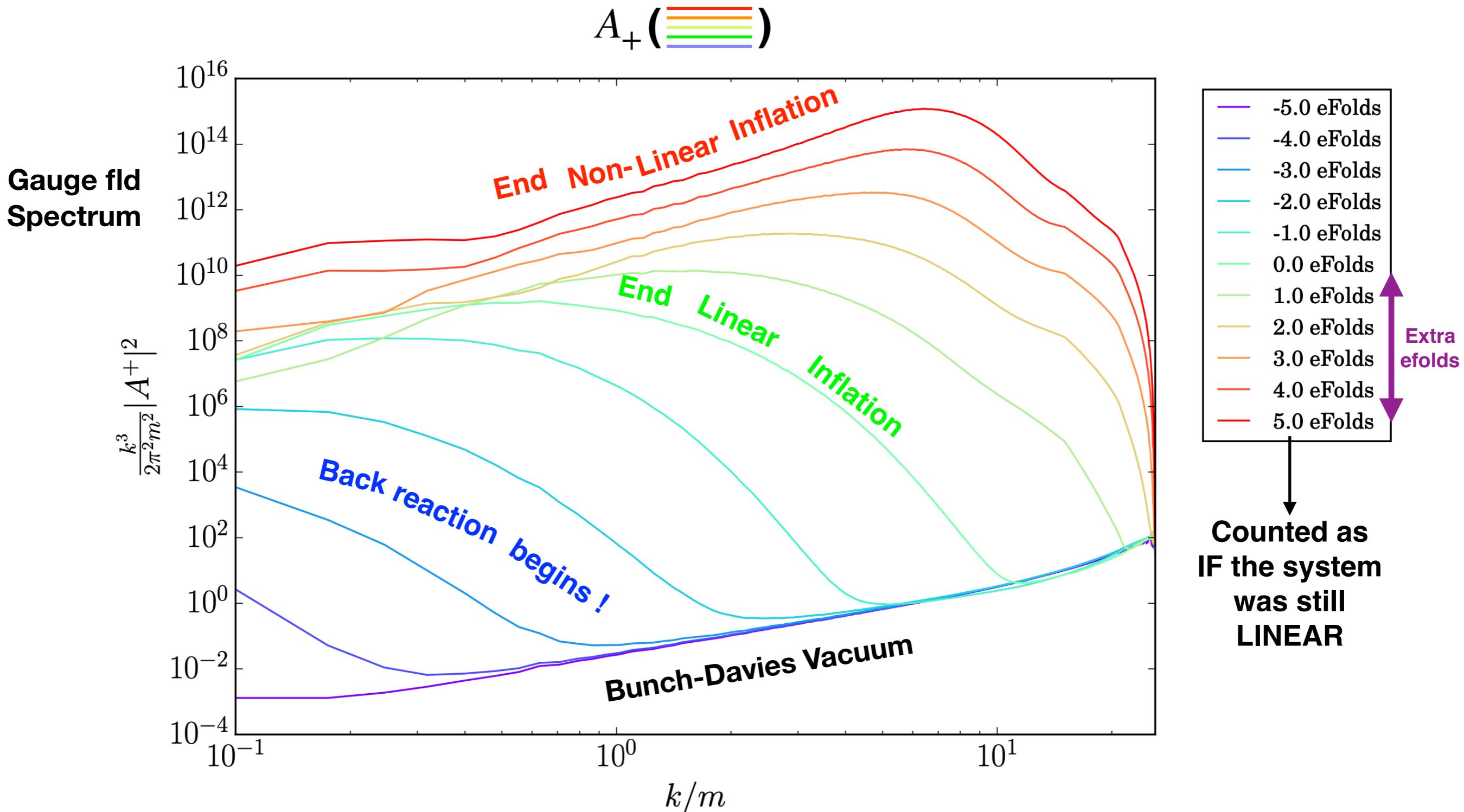
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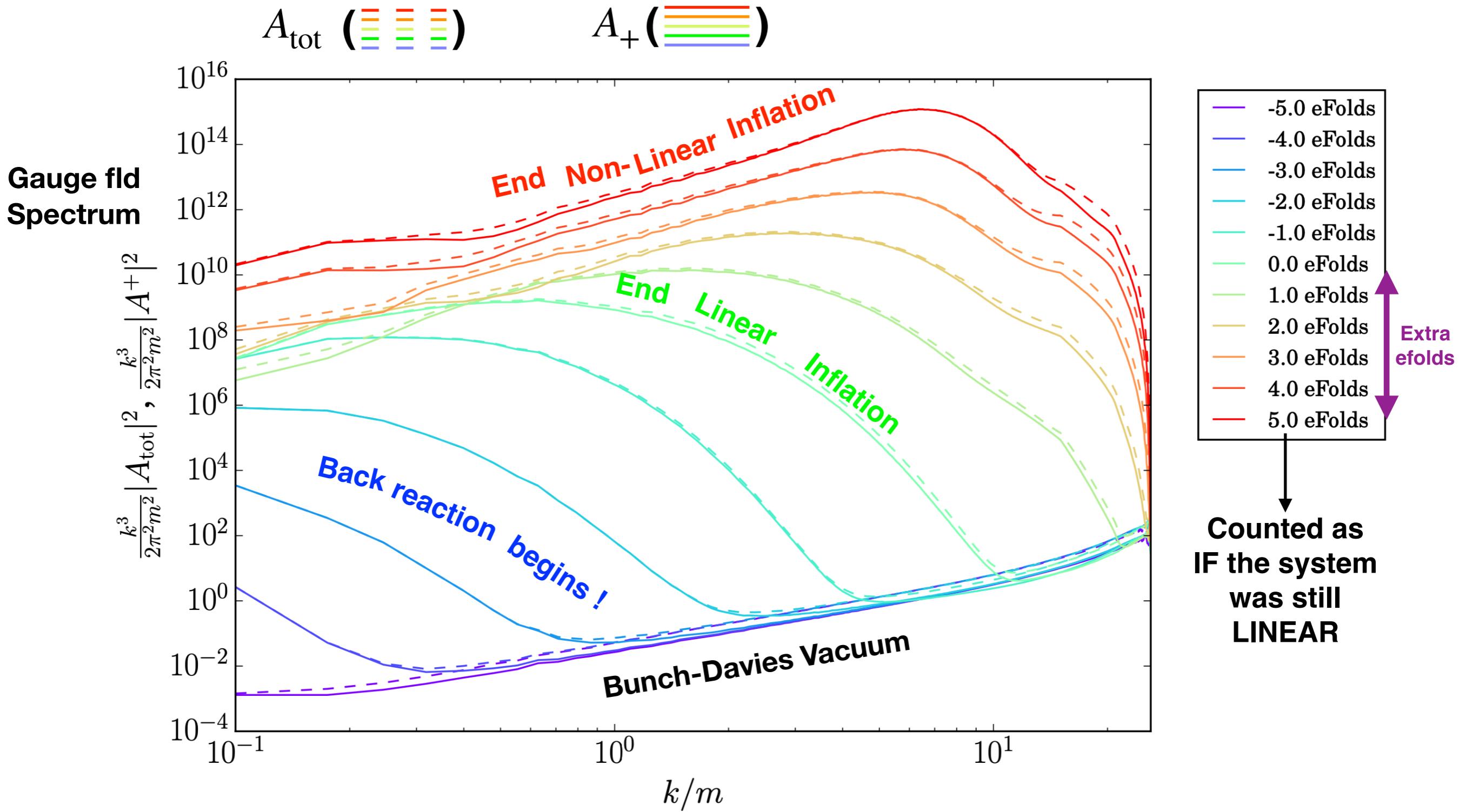
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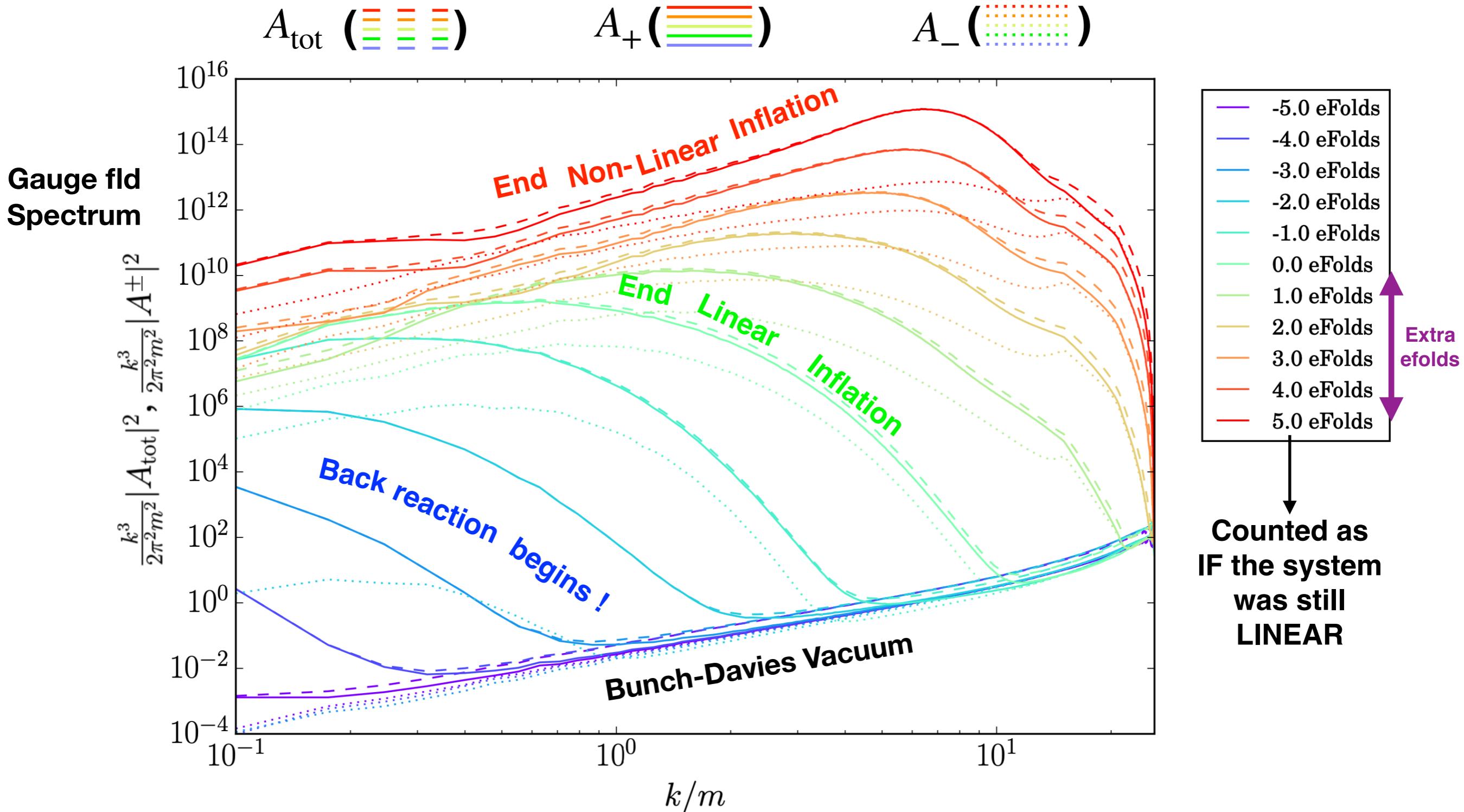
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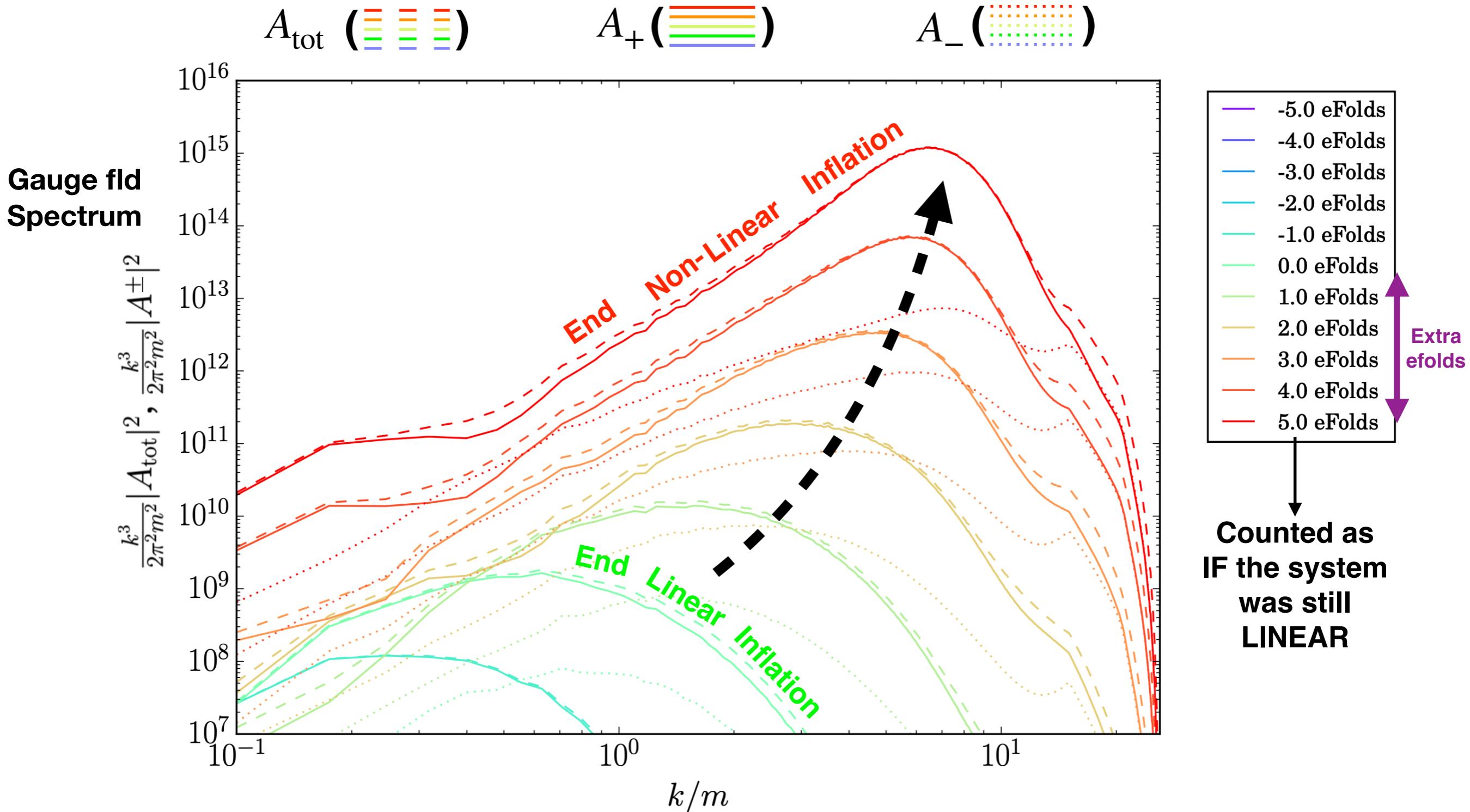
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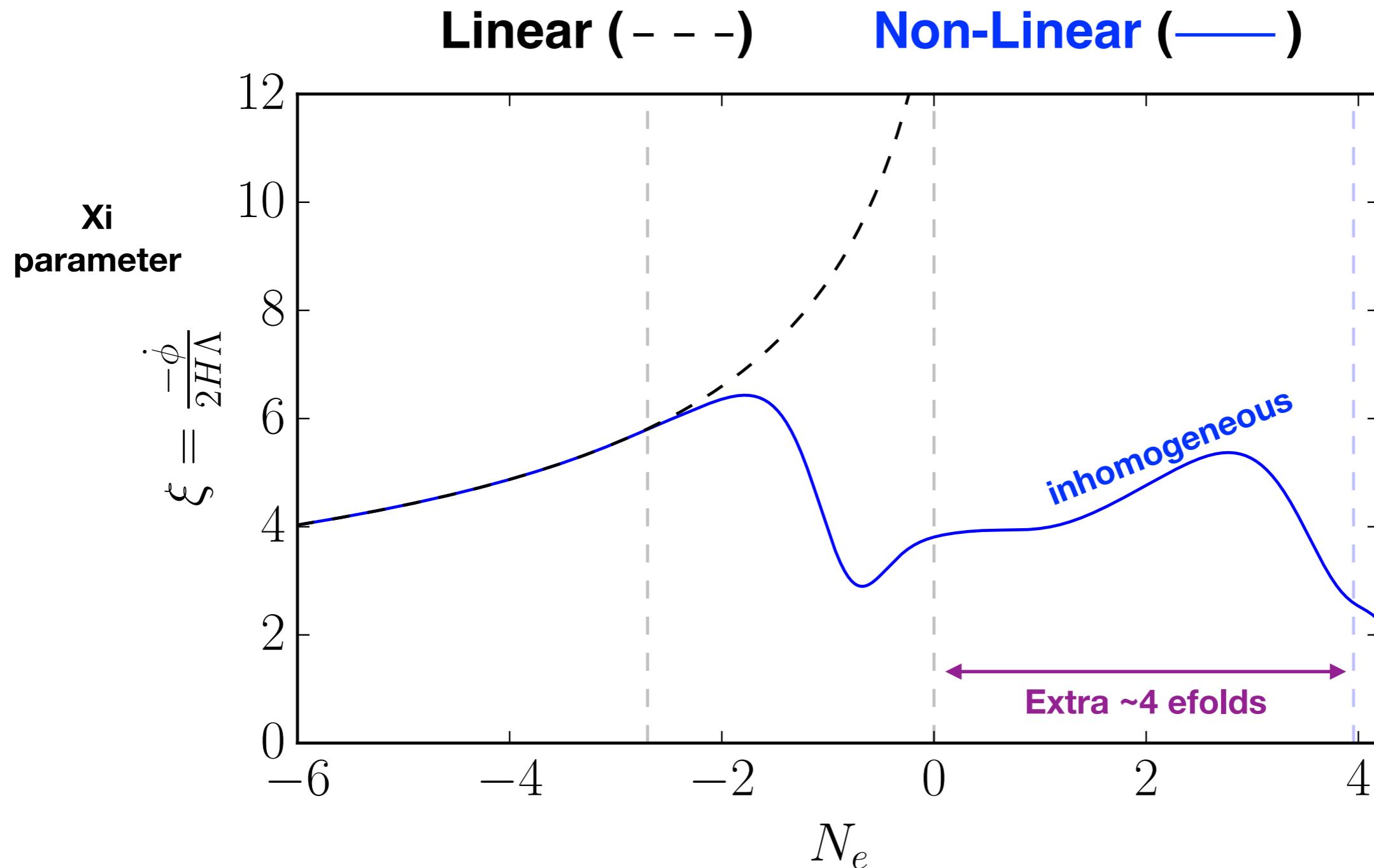
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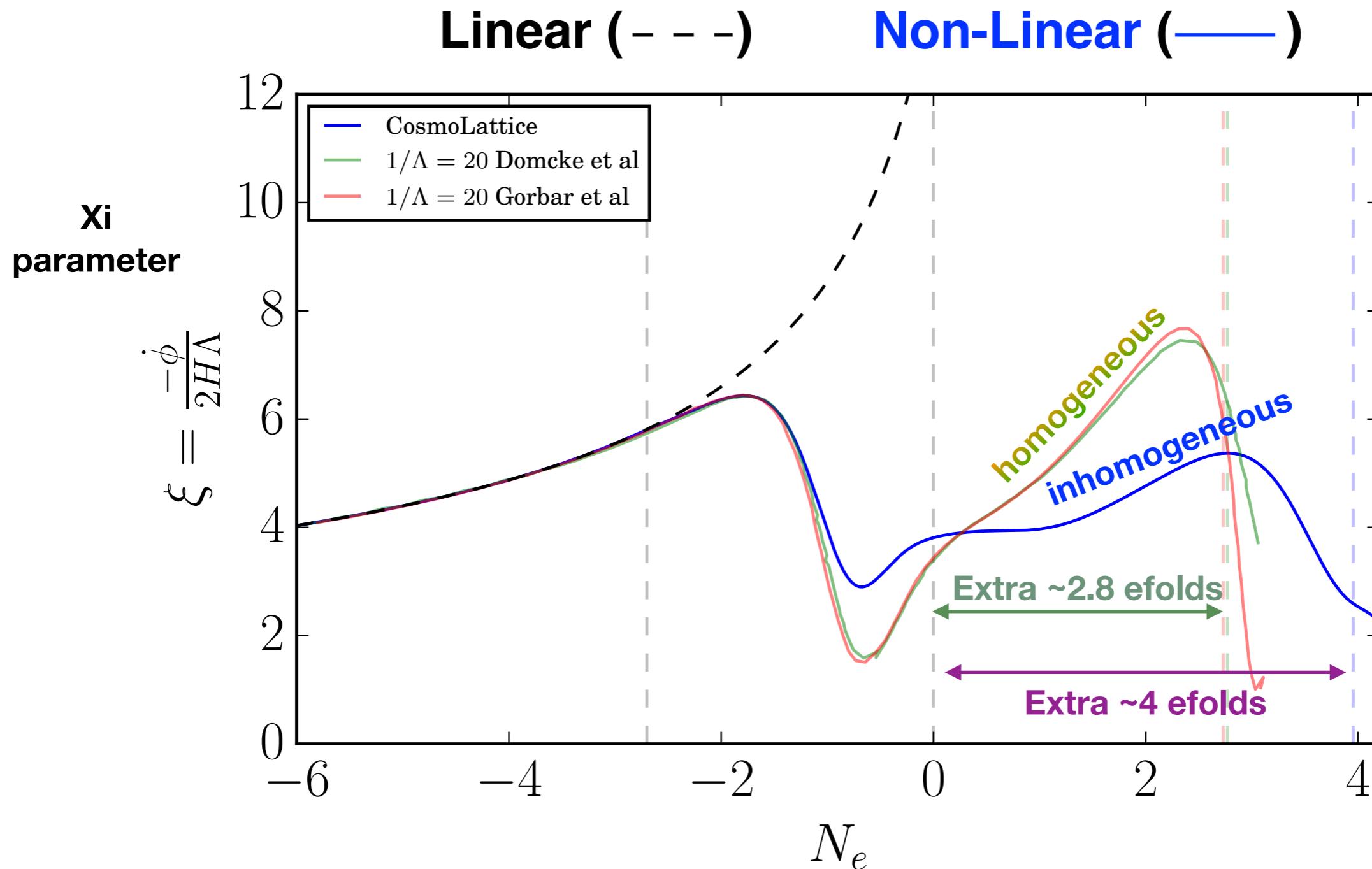
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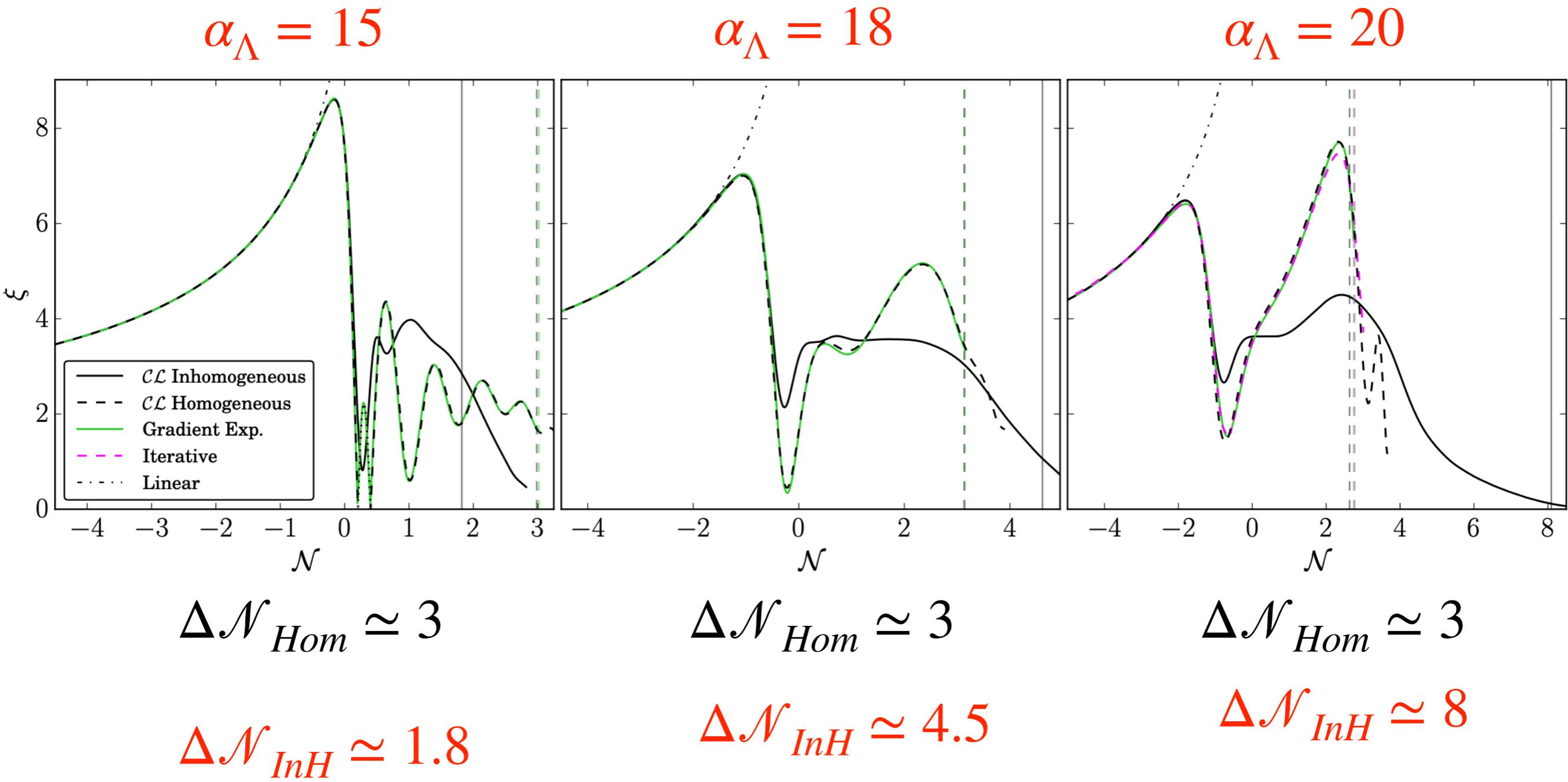


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Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{\alpha}$)

$(\alpha = 15, 18, 20)$



Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{X}$) ($X = 15, 20, 25$)

Summary

- * ξ Controls the Gauge field excitation
- * Linear change in ξ : exponential response in A_μ
- * Predictions/constraints (PNG, PBH and GWs) depend crucially on ξ : we will re-assess real observability !
- * Adding Schwinger pair production easy via $\vec{J} = \sigma \vec{E}$
- * Other phenomena: BAU, Magnetogenesis, ...

Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{X}$) ($X = 15, 20, 25$)

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Soon in
the ArXiv !

Example II

Particle coupling reconstruction with gravitational waves

with

A. Florio, N. Loayza and M. Pieroni

Phys. Rev. D 106 (2022) 6, 063522 ; [2202.05805](#)



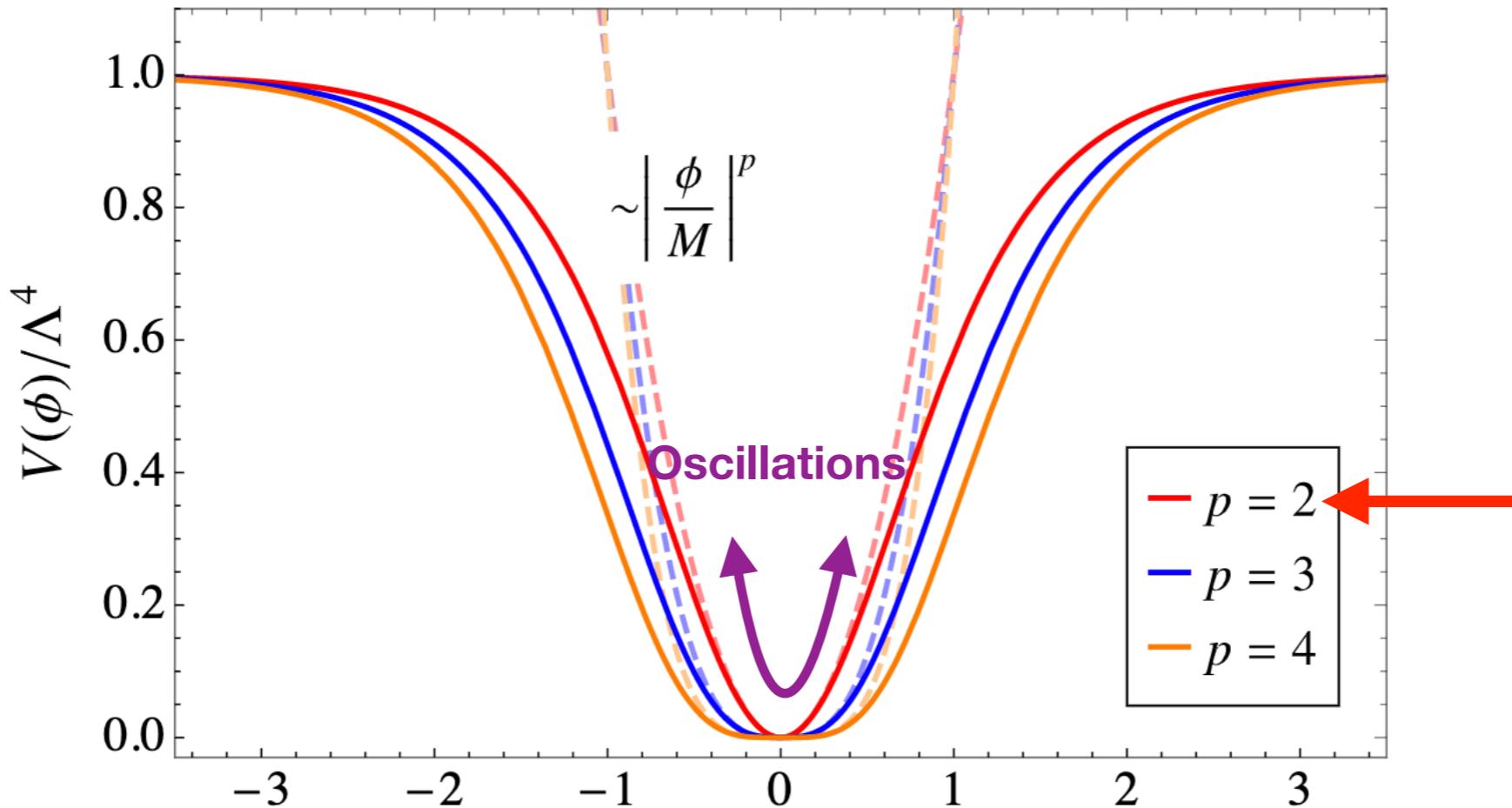
Buchalter Cosmology 2022
— Third Prize —



SCALAR (P)REHEATING

$$V(\phi, \chi) = \frac{1}{2} \Lambda^4 \tanh\left(\frac{\phi}{M}\right)^2 + \frac{1}{2} g^2 \chi^2 \phi^2$$

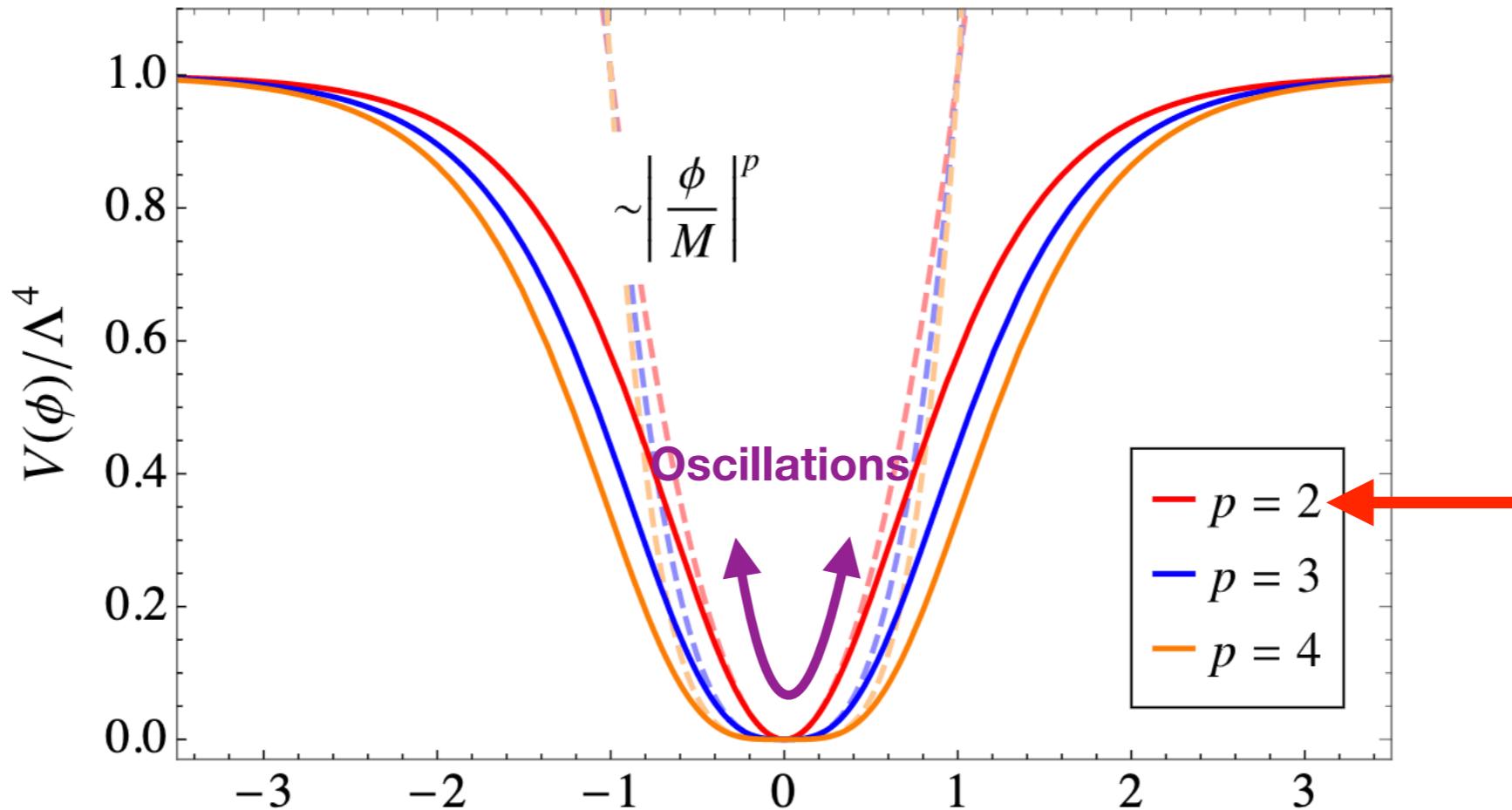
(e.g. α – attractors, Kallosh, Linde 2013)



SCALAR (P)REHEATING

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$$\chi_k'' + [\kappa^2 + m^2(\phi)] \chi_k = 0 \quad (\text{Daughter fld excitation})$$

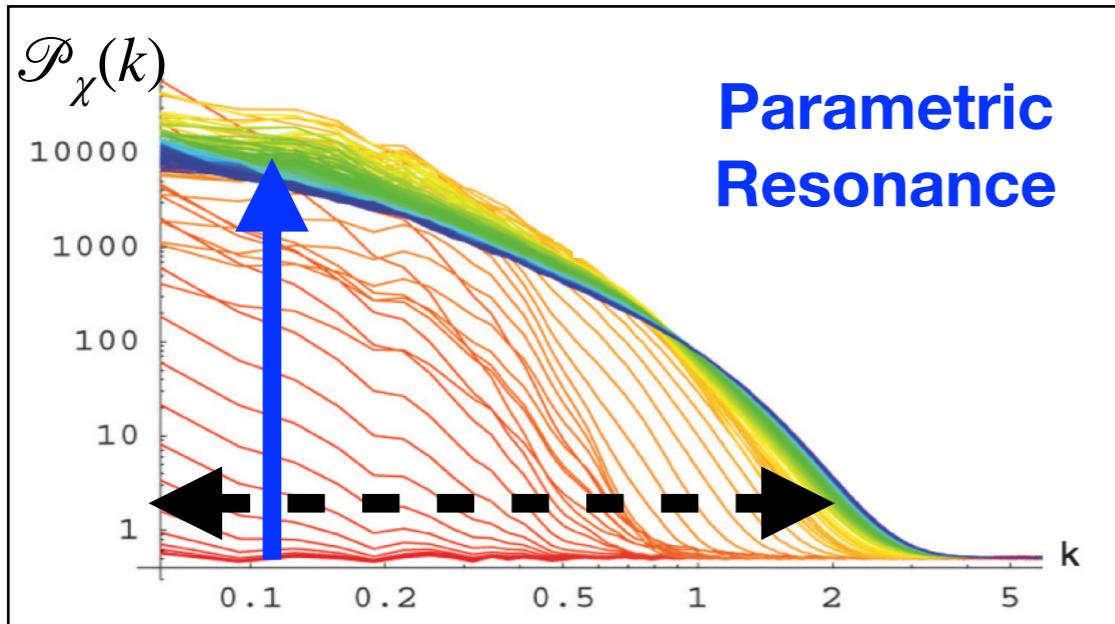


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χ Particle Production



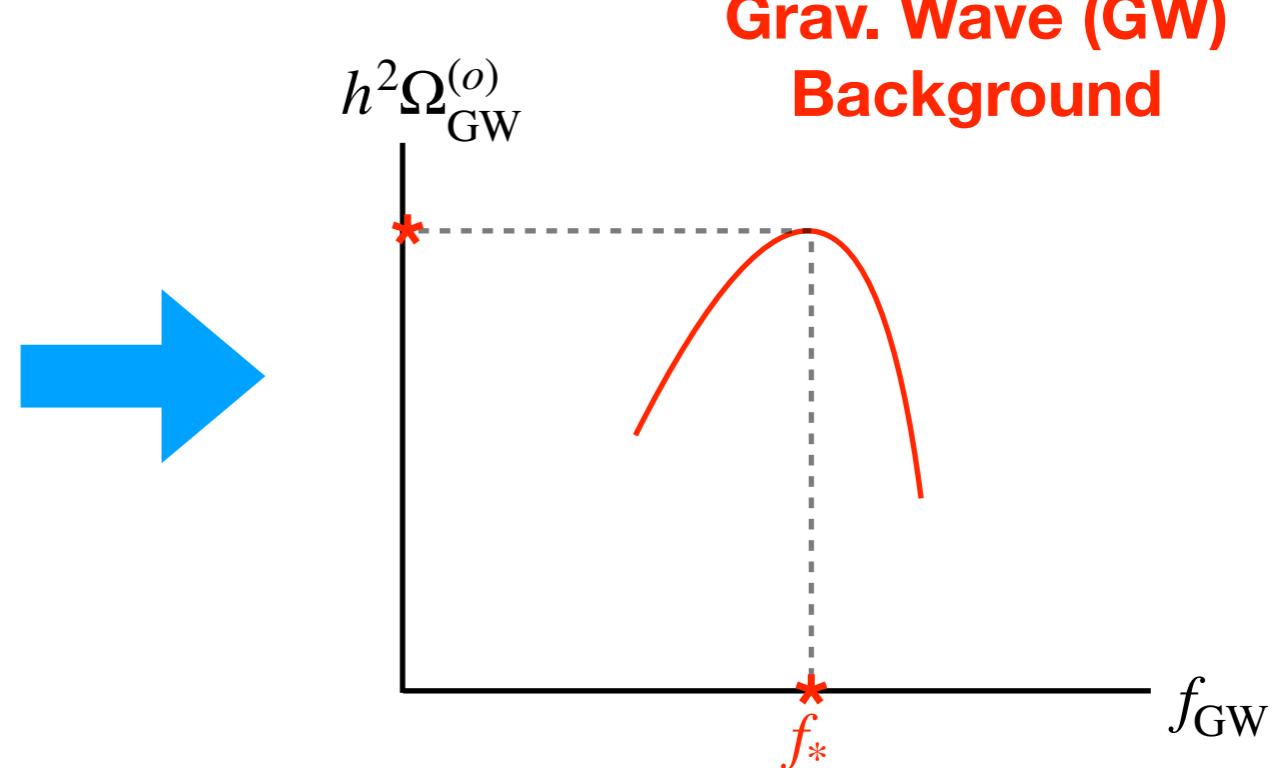
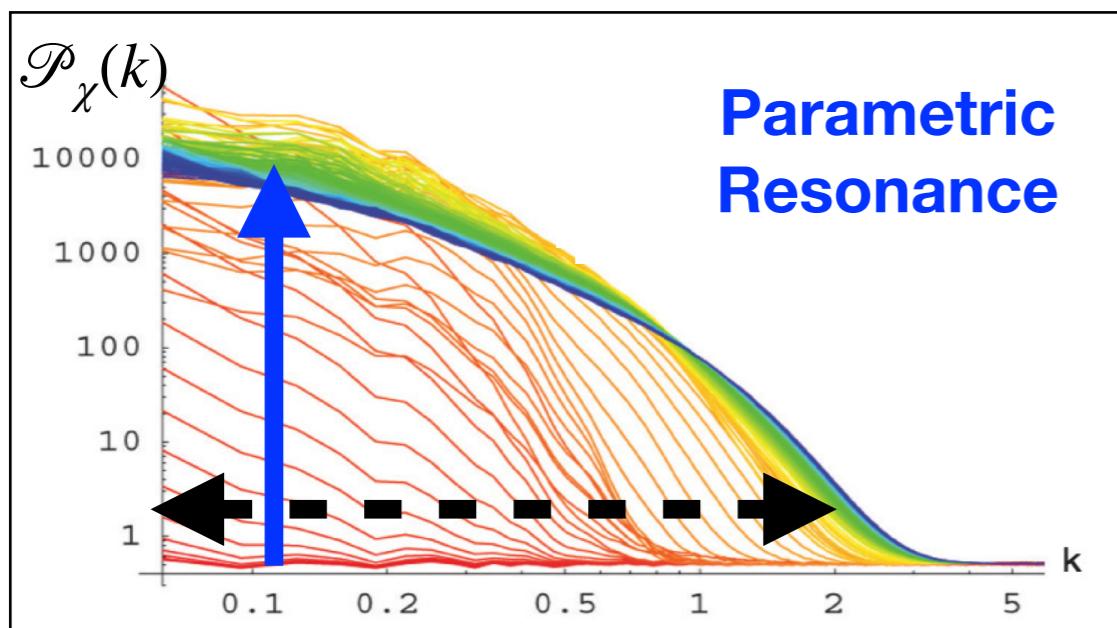
$$\mathcal{P}_\chi(k) = \frac{k^3}{2\pi^2} \langle |\chi_k|^2 \rangle$$

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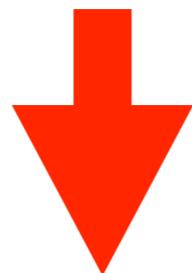


$$\mathcal{P}_\chi(k) = \frac{k^3}{2\pi^2} \langle |\chi_k|^2 \rangle$$

Khlebnikov, Tkachev '97
Easter, Giblin, Lim '06-'08
DGF, G -Bellido, et al '07-'10
Kofman, Dufaux et al '07-'09

INFLATIONARY PREHEATING

Non - linear dynamics

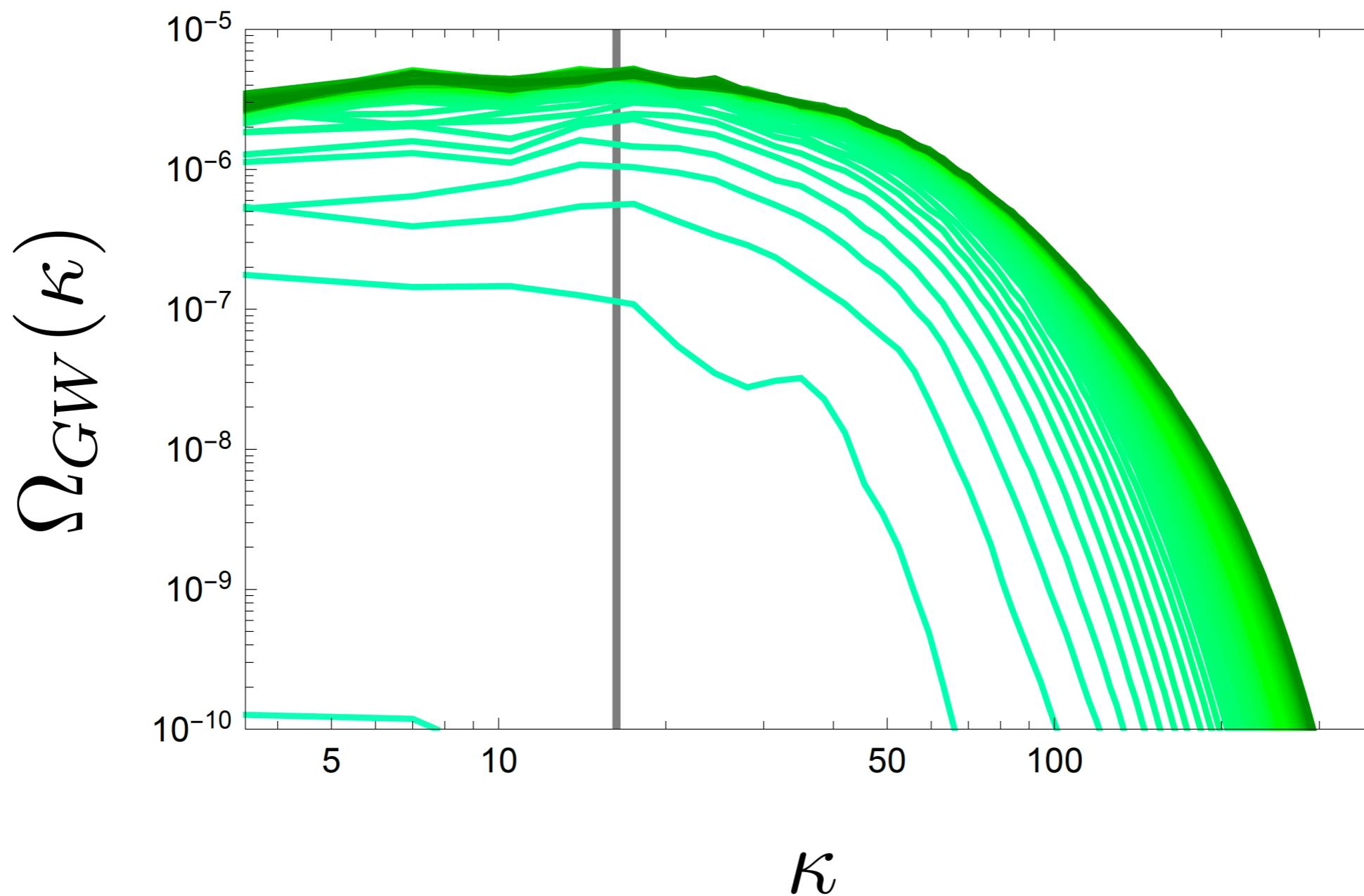


Lattice Simulations
w/ Grav. Wave CL module
(Baeza-Ballesteros, DGF, Loayza)

GW Spectroscopy

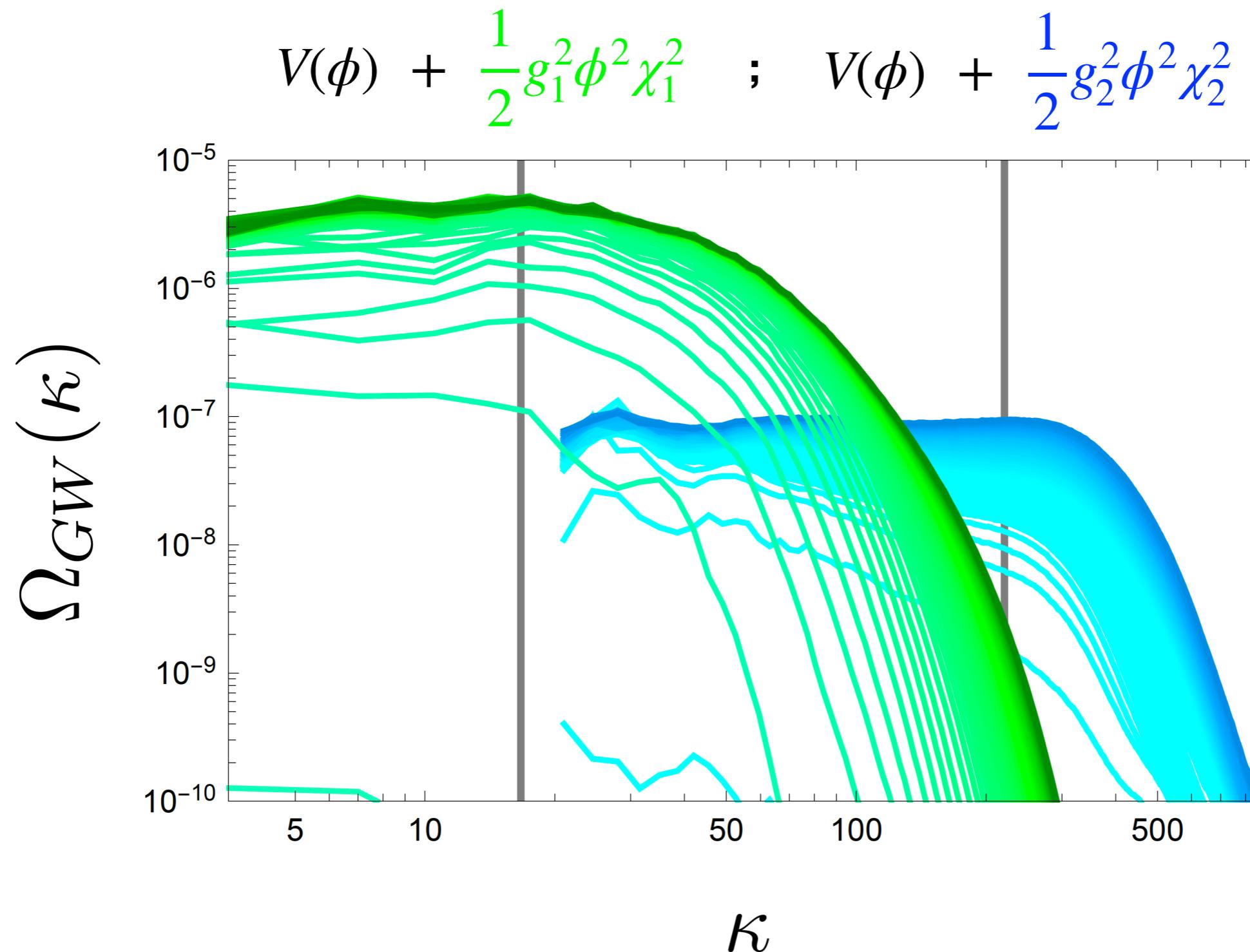
Parameter Dependence (Peak amplitude)

$$V(\phi) + \frac{1}{2}g_1^2\phi^2\chi_1^2$$



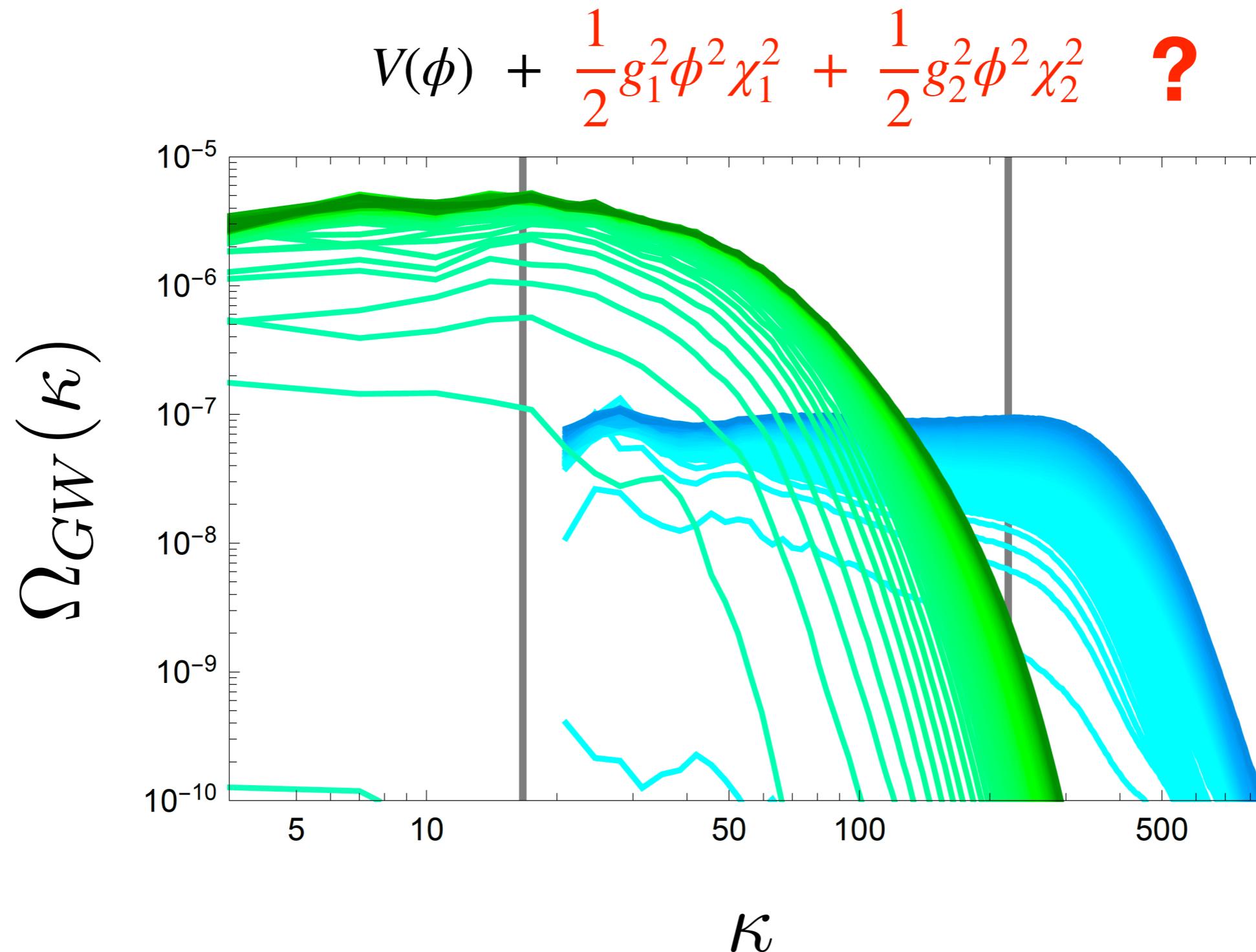
GW Spectroscopy

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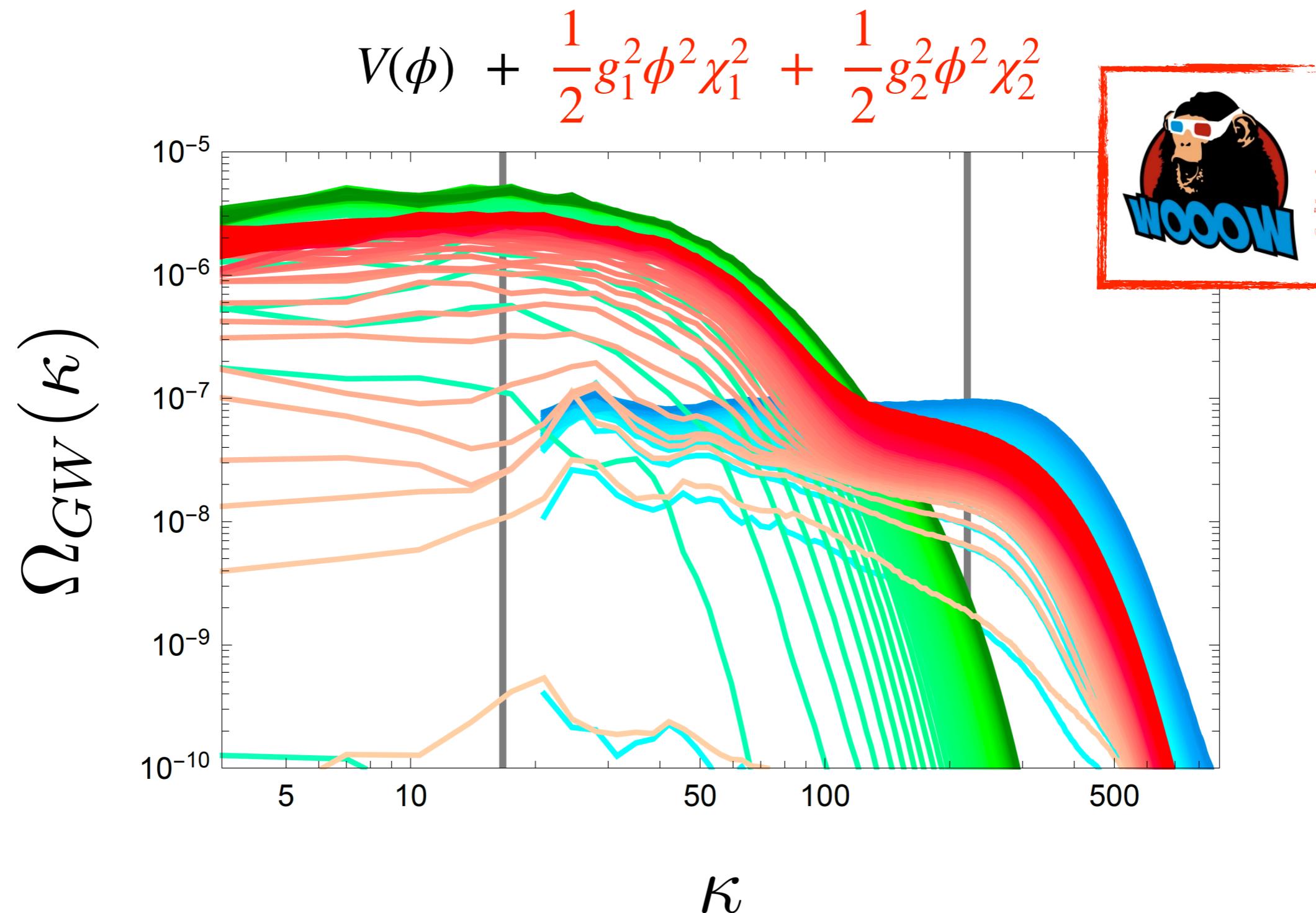
GW Spectroscopy

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GW Spectroscopy

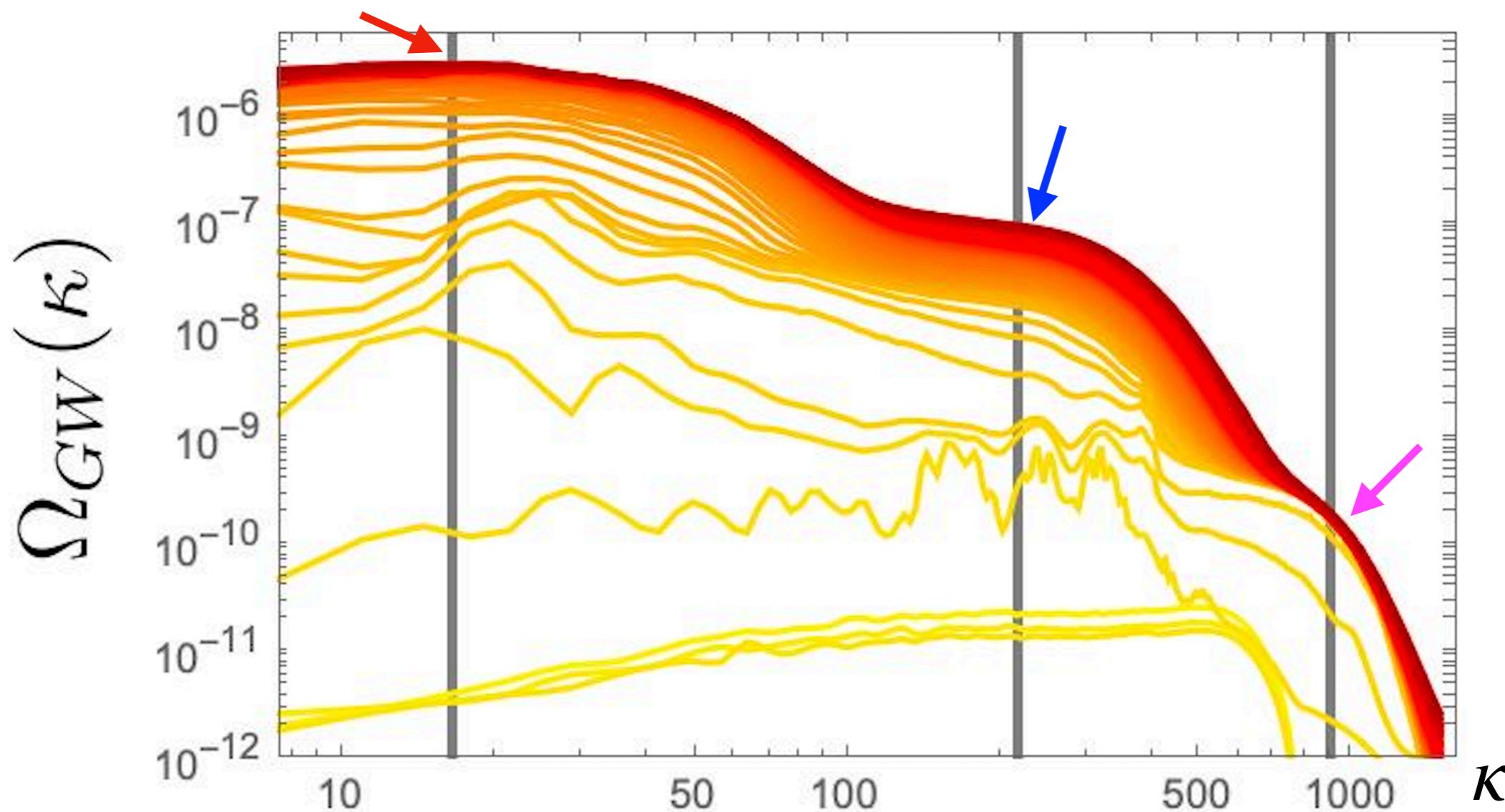
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GW Spectroscopy

Parameter Dependence (Peak amplitude)

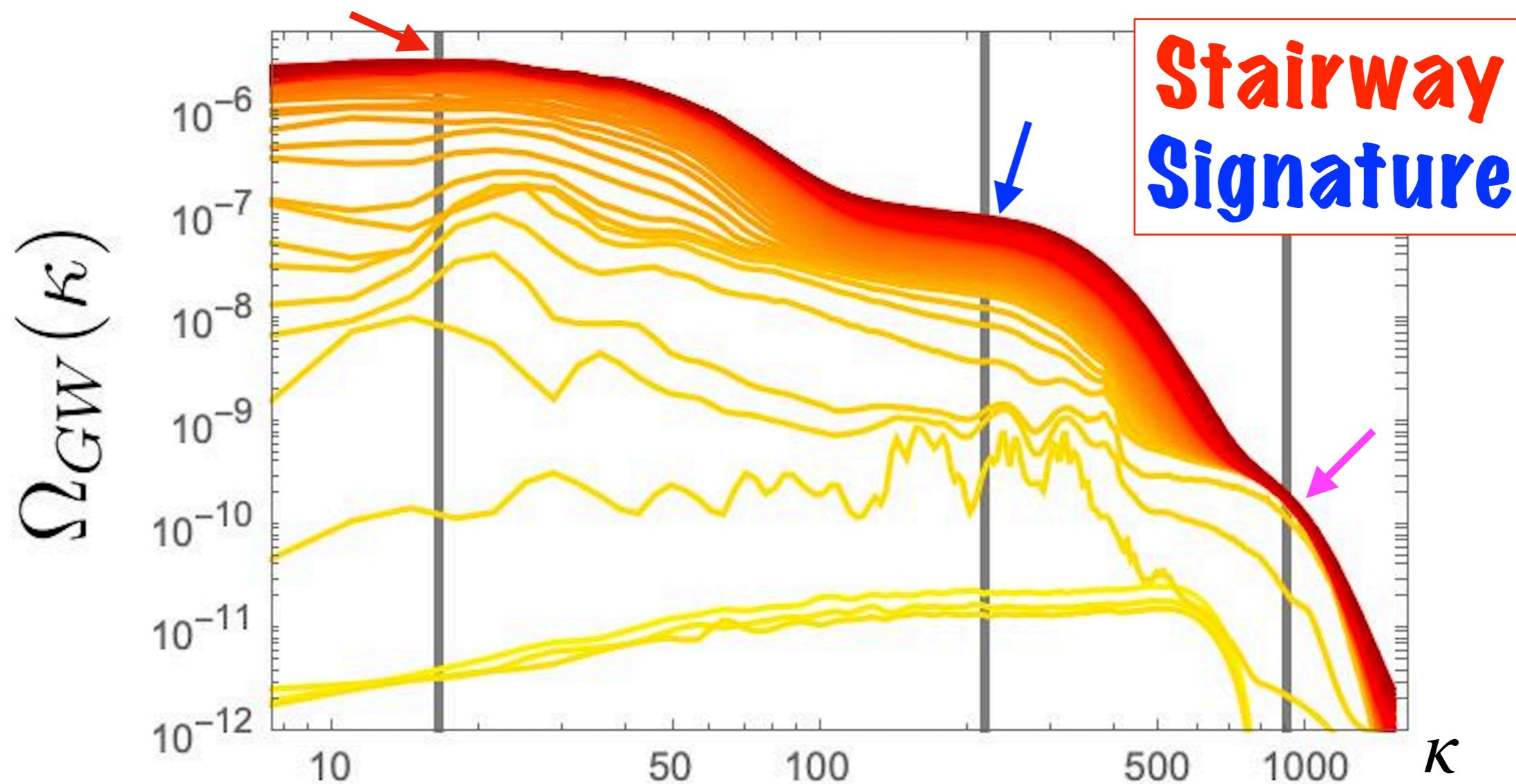
$$V(\phi) + \frac{1}{2} \mathbf{g}_1^2 \phi^2 \chi_1^2 + \frac{1}{2} \mathbf{g}_2^2 \phi^2 \chi_2^2 + \frac{1}{2} \mathbf{g}_3^2 \phi^2 \chi_3^2$$



GW Spectroscopy

Parameter Dependence (Peak amplitude)

$$V(\phi) + \frac{1}{2} \mathbf{g}_1^2 \phi^2 \chi_1^2 + \frac{1}{2} \mathbf{g}_2^2 \phi^2 \chi_2^2 + \frac{1}{2} \mathbf{g}_3^2 \phi^2 \chi_3^2$$



GW Spectroscopy

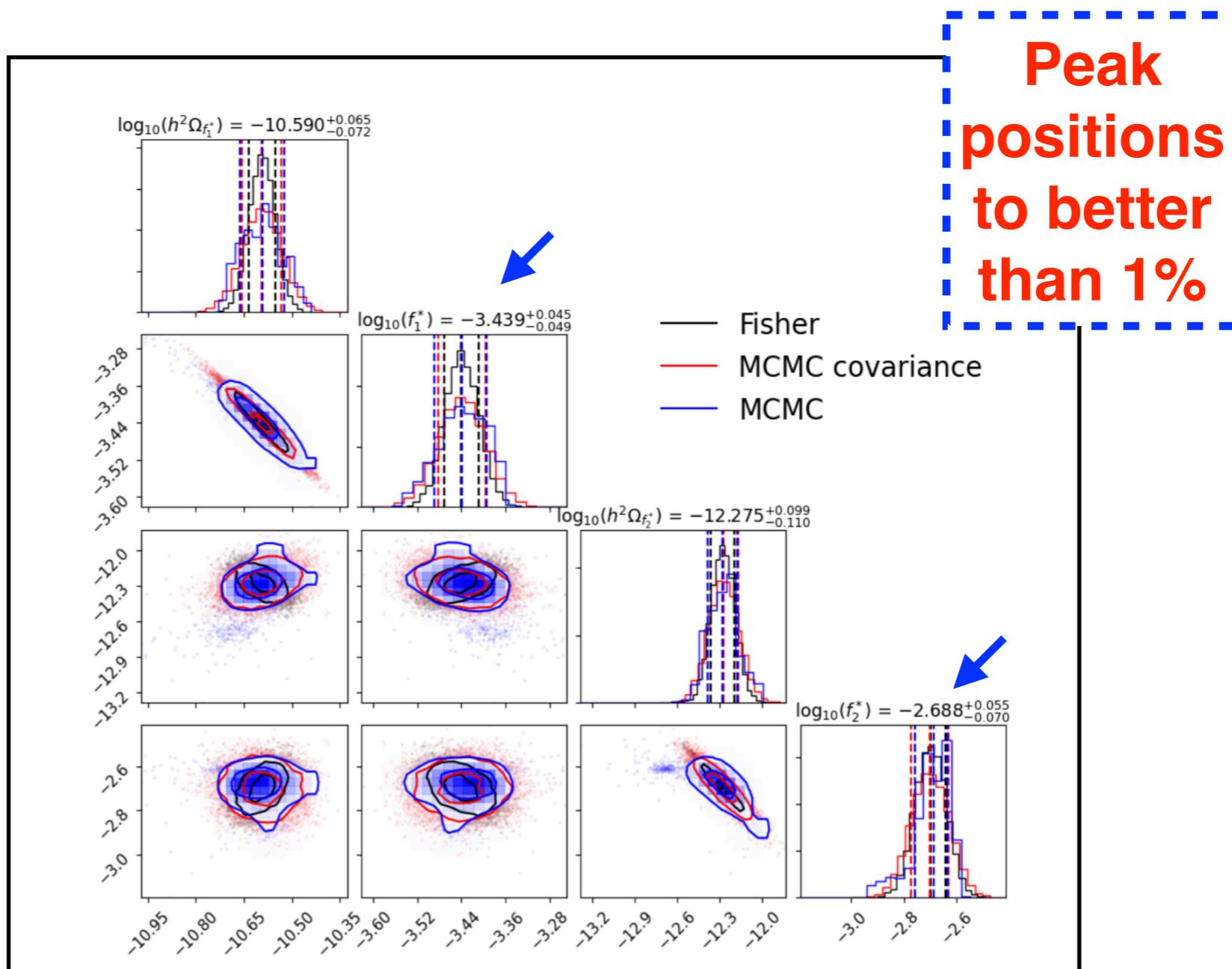
Reconstruction (2-peak signal)

@ LISA

GW Spectroscopy

Reconstruction (2-peak signal)

@ LISA



GW Spectroscopy

Reconstruction (2-peak signal)

@ LISA

Coupling Reconstruction !

Theoretical

LISA

BBO

$$g_1 = 1.16 \cdot 10^{-3}$$

$$1.66_{-0.55}^{+4.01} \cdot 10^{-3}$$

$$0.76_{-0.18}^{+0.73} \cdot 10^{-3}$$

$$g_2 = 8.2 \cdot 10^{-3}$$

$$4.39_{-1.53}^{+14.3} \cdot 10^{-3}$$

$$7.64_{-2.61}^{+21.8} \cdot 10^{-3}$$

GW Spectroscopy

Our example serves as proof of principle !

**Possible new door to particle physics
interactions with GW backgrounds !**

GW Spectroscopy

Our example serves as proof of principle !

Possible new door to particle physics interactions with GW backgrounds !

**Multi-peak Stairway
signatures expected at:
low scale (p)reheating
phase transitions**

.....

**High-Freq GW
Detection ?**

Example III

String Loop Dynamics + Grav. Wave emission

with *J. Baeza-Ballesteros, E. Copeland, J. Lizarraga*
(PhD student)

String Loop Dynamics + GW emission

GOAL

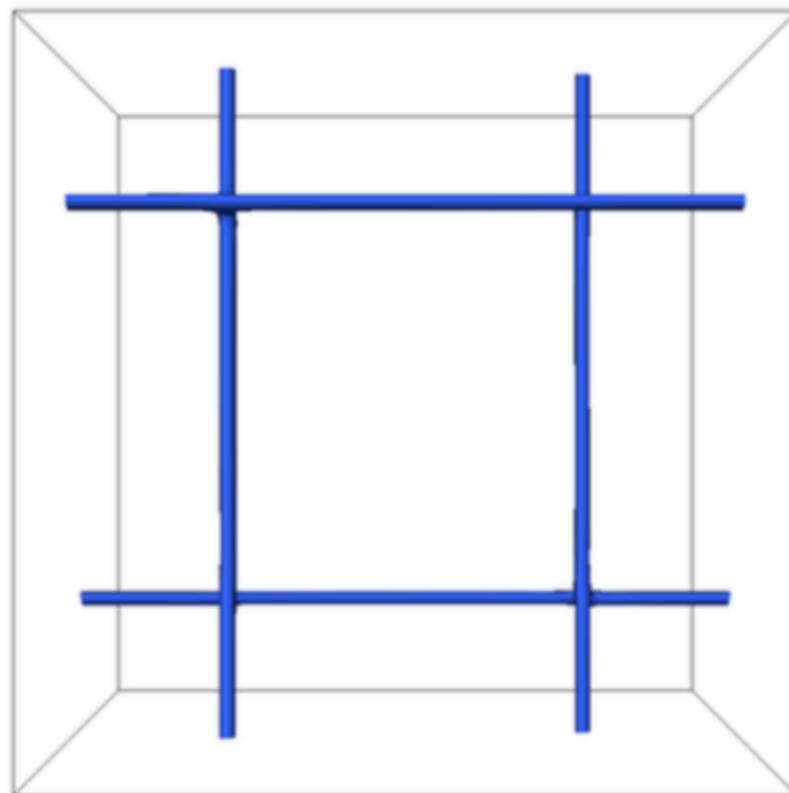
Dynamics of an isolated
loop and its GW emission

String Loop Dynamics + GW emission

GOAL

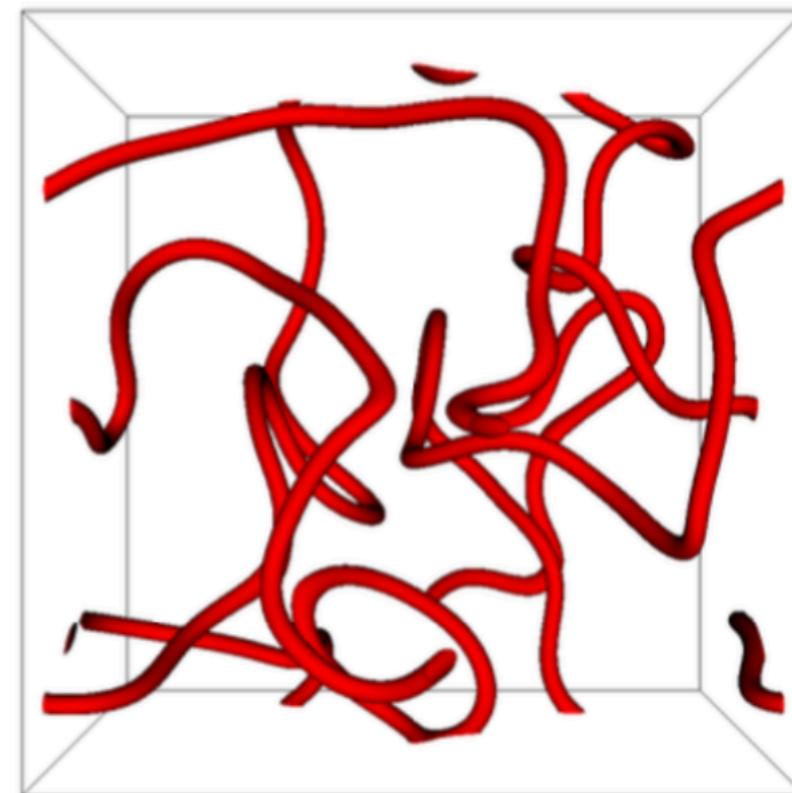
Dynamics of an isolated
loop and its GW emission

Case I : Nielsen-Olesen



(following Vachaspati et al 2020)

Case II : Network



(following Lizarraga et al 2020/21)

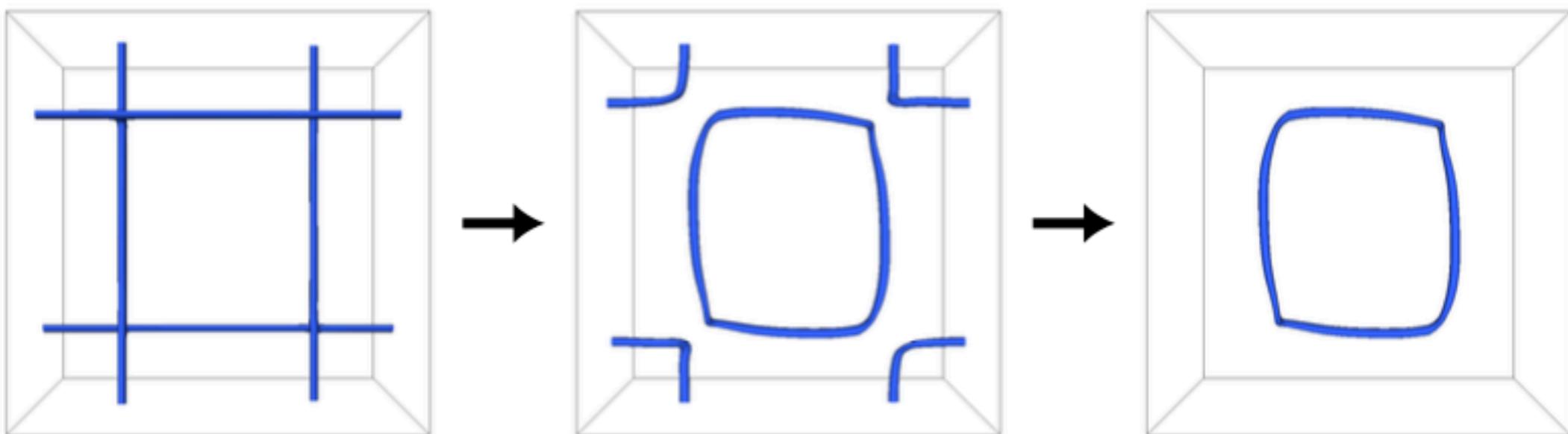
String Loop Dynamics + GW emission

GOAL

Dynamics of an isolated
loop and its GW emission

Case I

– Isolate the inner loop –



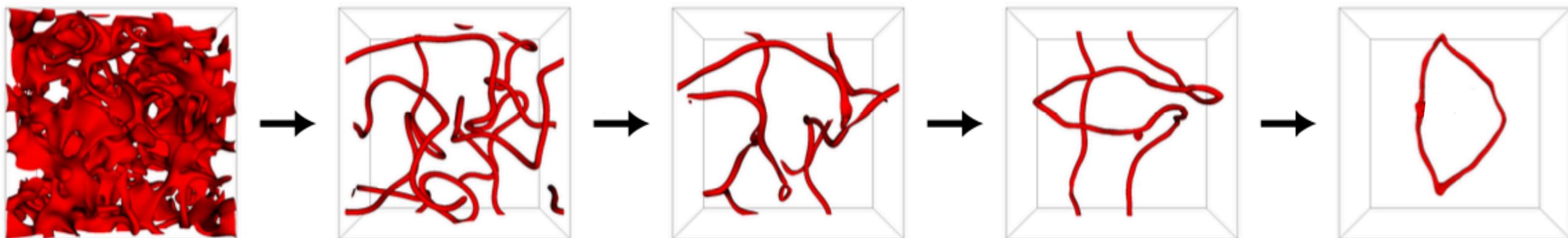
String Loop Dynamics + GW emission

GOAL

Dynamics of an isolated loop and its GW emission

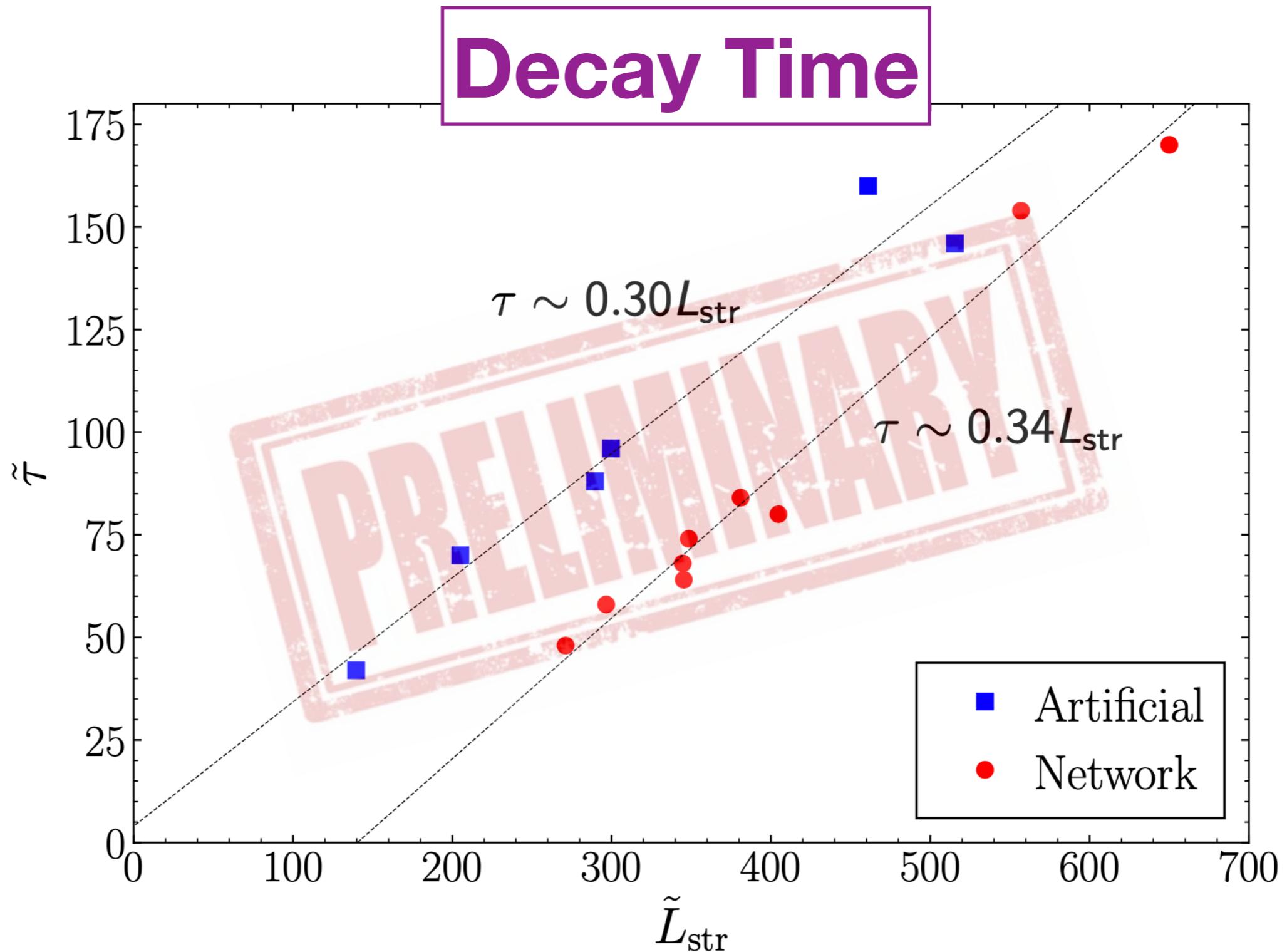
Case II

– Only one loop remains eventually –



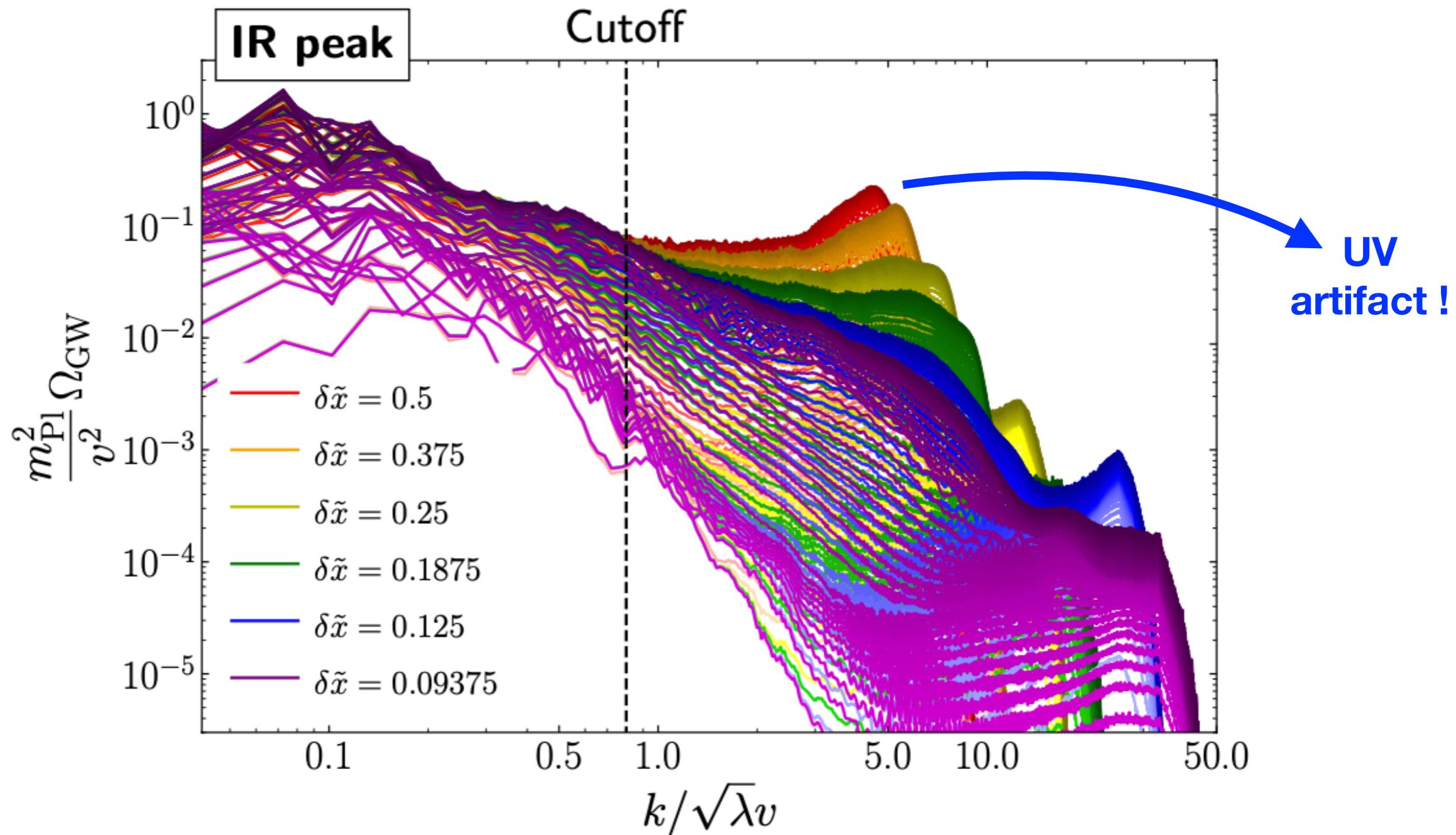
String Loop Dynamics + GW emission

$$\tilde{x}^\mu = \sqrt{\lambda} v x^\mu$$



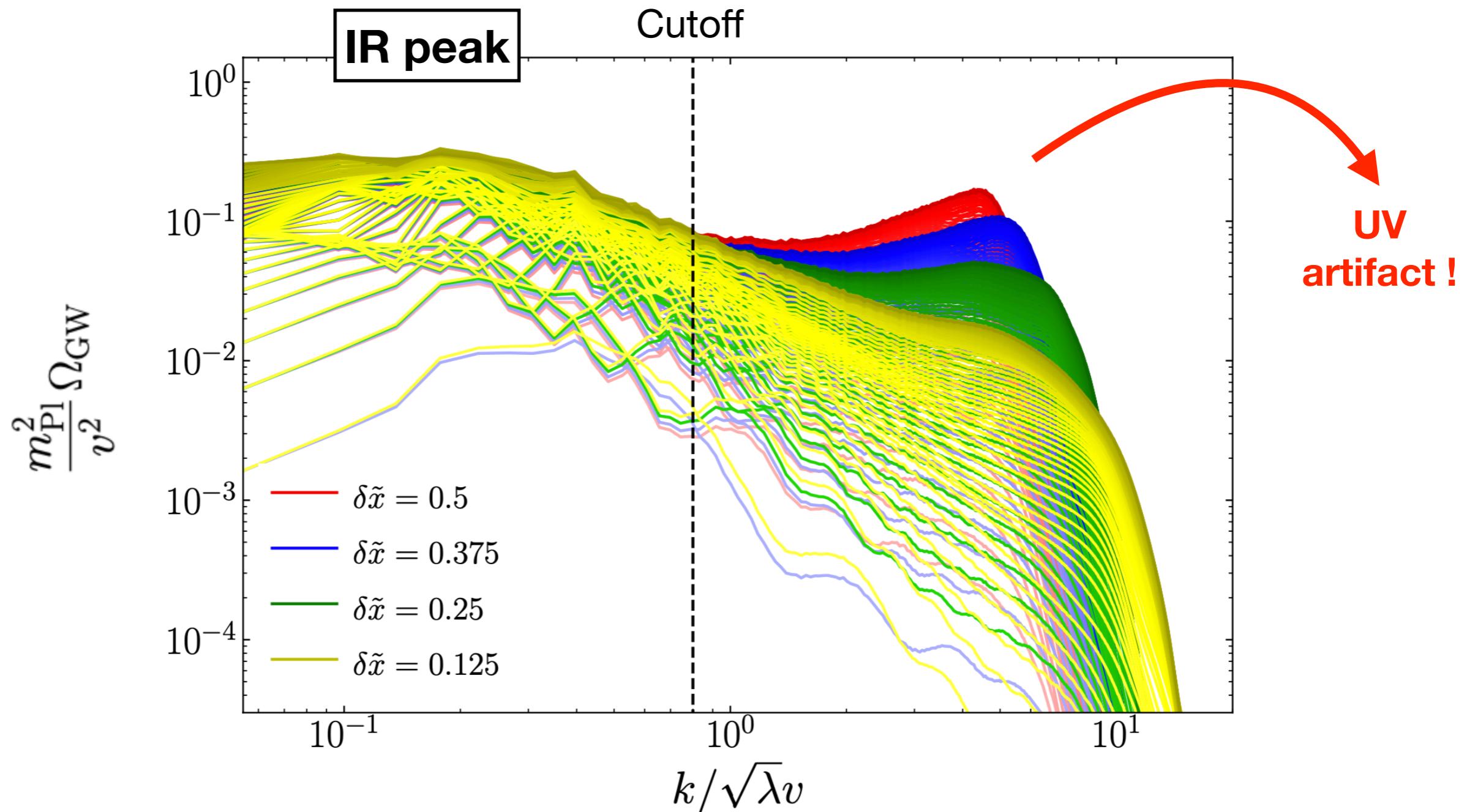
String Loop Dynamics + GW emission

GW energy density power spectrum (Case I)



String Loop Dynamics + GW emission

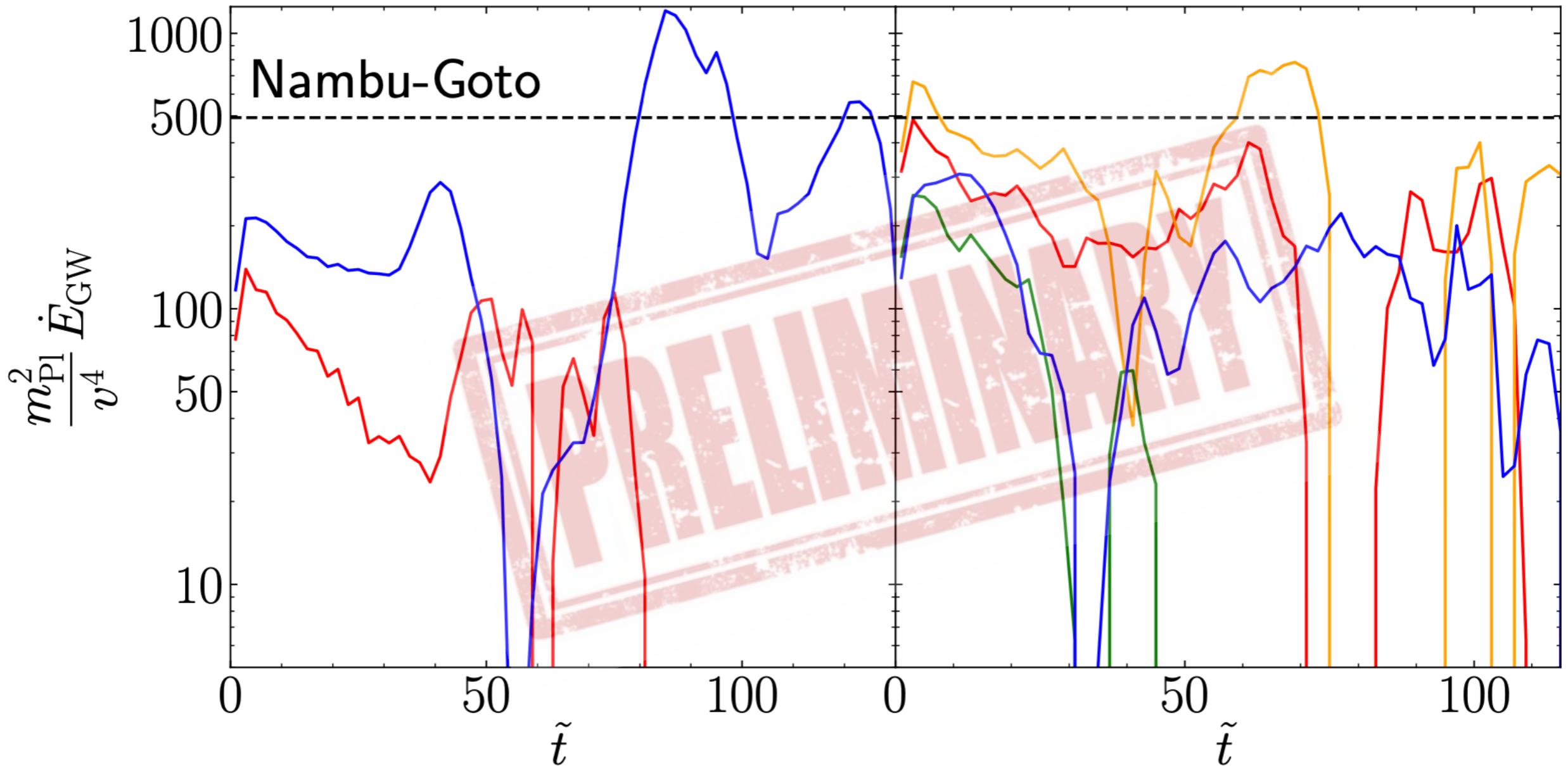
GW energy density power spectrum (Case II)



String Loop Dynamics + GW emission

GW Power Emitted

Artificial loops



String Loop Dynamics + GW emission

Impact of our Study

Real evaluation of GW emission

Re-evaluation of PTA constraints

(Pulsar Time Array)

String Loop Dynamics + GW emission

Impact of our Study

Real evaluation of GW emission

Re-evaluation of PTA constraints

(Pulsar Time Array)

Implications for

Dark Matter Axion string network

Local (Abelian-Higgs) string network

**Comparison with Nambu-Goto
GUT models**

....

String Loop Dynamics + GW emission

Soon in
the ArXiv !

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**If you want
to know
more ...**

If you want to learn how to
"latticesize" your problems ...

CosmoLattice

1st CL School 2022: Sept 5-8

@Valencia:



If you want to learn how to
"latticesize" your problems ...

CosmoLattice

2nd CL School 2023: Sept 25-29

@Valencia:



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2nd CL School 2023: Sept 25-29

ONLINE !

India and China
'compatible' schedule

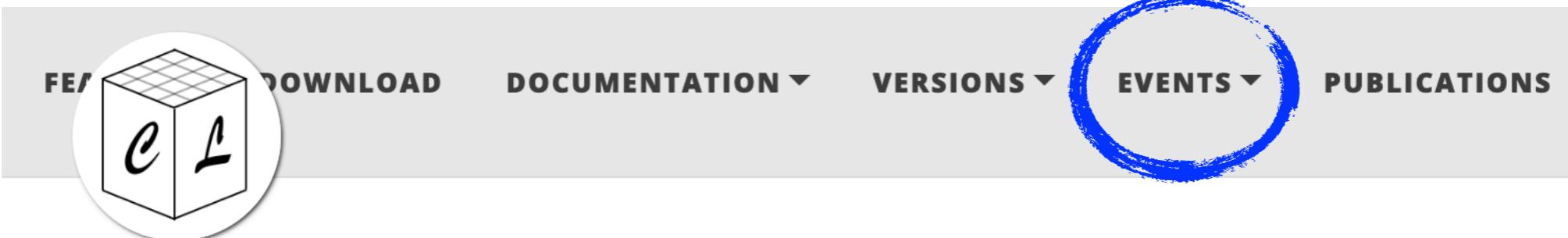
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Find details for CL School 2023 at:

<https://cosmolattice.net>



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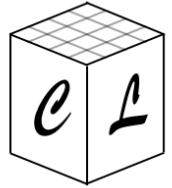
CosmoLattice

2nd CL School 2023: Sept 25-29

Thanks for your attention !

Back Slides

CosmoLattice

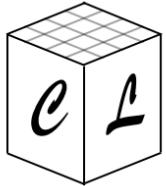


What Field theory ?

- Matter content:

$$S = - \int d^4x \sqrt{-g} \left\{ \frac{1}{2} \partial_\mu \phi \partial^\mu \phi + (D_\mu^A \varphi)^* (D_\mu^A \varphi) + \frac{1}{4} F_{\mu\nu} F^{\mu\nu} + (D_\mu \Phi)^\dagger (D^\mu \Phi) + \frac{1}{2} \text{Tr}\{ G_{\mu\nu} G^{\mu\nu} \} + V(\phi, |\varphi|, |\Phi|) \right\}$$

End



What Field theory ?

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$$\phi \in \mathcal{Re}$$

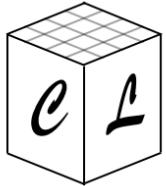
Scalar
sector

$$\begin{aligned} \varphi &\equiv \frac{1}{\sqrt{2}} (\varphi_0 + i\varphi_1) \\ D_\mu^A &\equiv \partial_\mu - iQ_A^{(\varphi)} g_A A_\mu \\ F_{\mu\nu} &\equiv \partial_\mu A_\nu - \partial_\nu A_\mu \end{aligned}$$

U(1) gauge sector

$$\begin{aligned} \Phi &= \frac{1}{\sqrt{2}} \begin{pmatrix} \varphi_0 + i\varphi_1 \\ \varphi_2 + i\varphi_3 \end{pmatrix} \\ D_\mu &\equiv \mathcal{J}D_\mu^A - ig_B Q_B B_\mu^a T_a \\ G_{\mu\nu} &\equiv \partial_\mu B_\nu - \partial_\nu B_\mu - i[B_\mu, B_\nu] \end{aligned}$$

SU(2) gauge sector



What Field theory ?

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$\phi \in \mathcal{Re}$

Scalar
sector

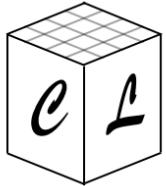
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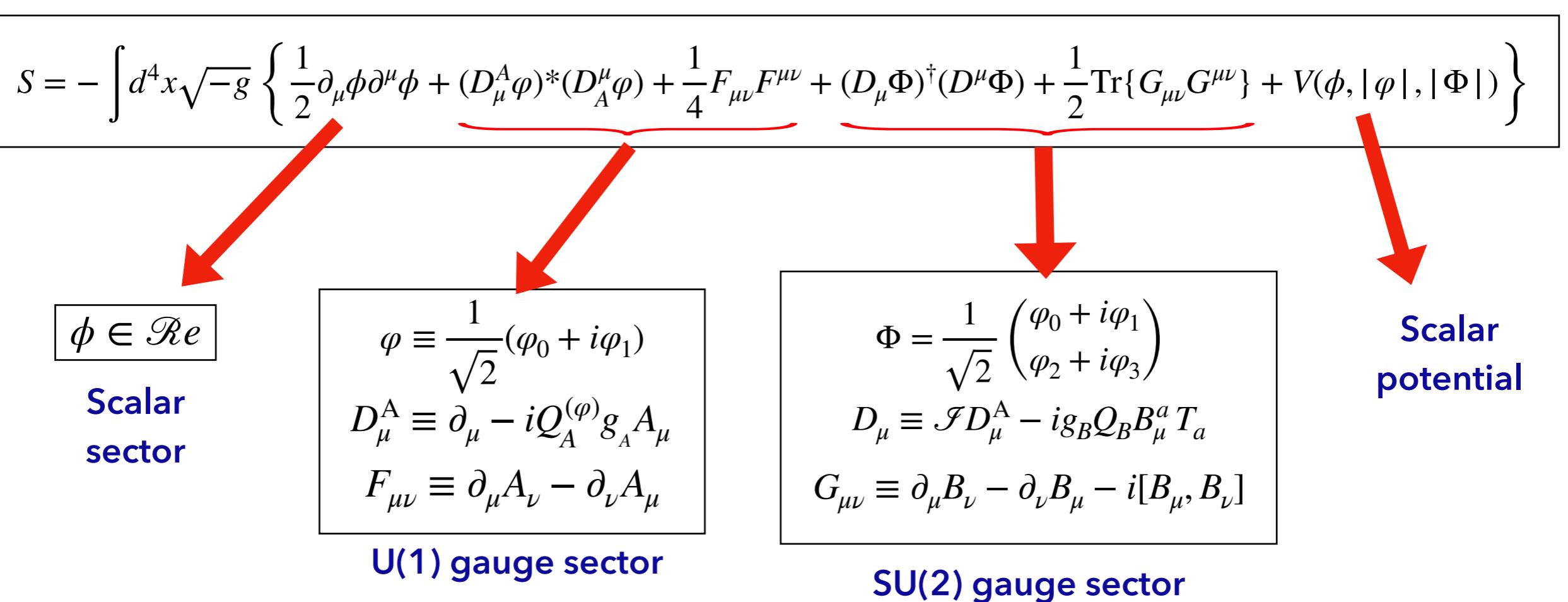
SU(2) gauge sector

Scalar
potential



What Field theory ?

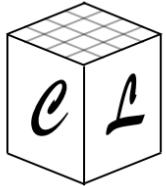
► Matter content:



► Background Metric:

$$ds^2 = -dt^2 + a^2(t) \delta_{ij} dx^i dx^j \left\{ \begin{array}{l} \triangleright \text{Self-consistent expansion} \text{ (Friedmann equations)} \\ \triangleright \text{Fixed power-law background} \ a(t) \sim t^{\frac{2}{3(1+w)}} \end{array} \right.$$

End



Lattice Equations

- **Hamiltonian scheme:** coupled first-order differential equations

- **Scalar fld example**

$$\phi'' - \frac{1}{a^2} \nabla^2 \phi + \frac{3}{a} \frac{da}{dt} \frac{d\phi}{dt} = - \frac{\partial V}{\partial \phi}$$

$$\pi_\phi \equiv \phi' a^{3-\alpha}$$

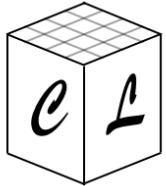


KICK:

$$(\pi_\phi)' = - a^{3+\alpha} \frac{\partial V}{\partial \phi} + a^{1+\alpha} \nabla^2 \phi$$

DRIFT:

$$\phi' \equiv \pi_\phi a^{\alpha-3}$$



Lattice Equations

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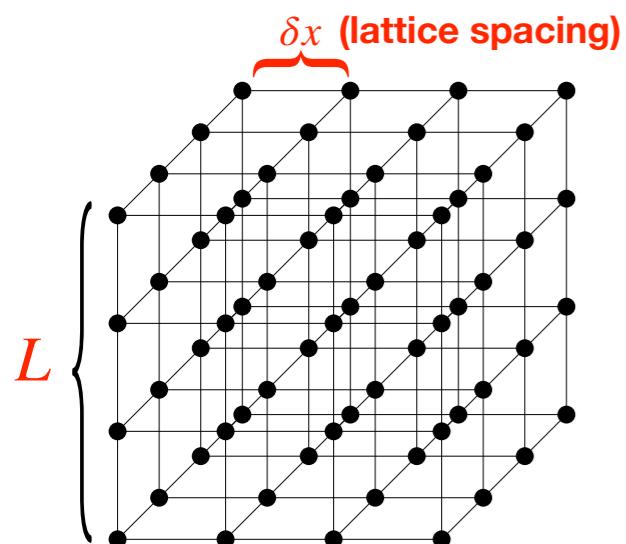
$\pi_\phi \equiv \phi' a^{3-\alpha}$



KICK: $(\pi_\phi)' = - a^{3+\alpha} \frac{\partial V}{\partial \phi} + a^{1+\alpha} \nabla^2 \phi$

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- **Scalar Fields and momenta** are defined in the **lattice sites**



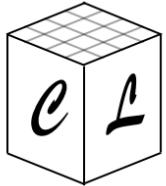
N : number of points/dimension

$L = N \cdot \delta x$: length side

δt : time step

Minimum and maximum momenta:

$$k_{\min} = \frac{2\pi}{L} \quad k_{\max} = \frac{\sqrt{3}}{2} N k_{\min}$$



Lattice Equations

- **Hamiltonian scheme:** coupled first-order differential equations

- **Scalar fld example**

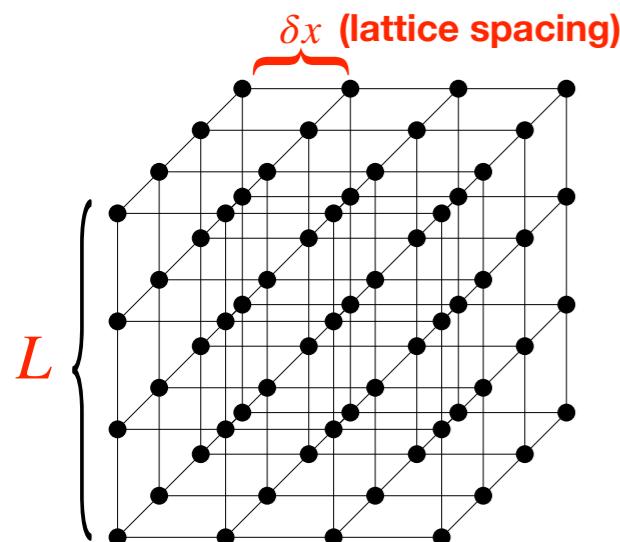
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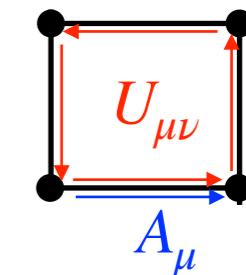
δt : time step



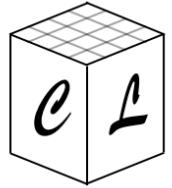
Minimum and maximum momenta:

$$k_{\min} = \frac{2\pi}{L} \quad k_{\max} = \frac{\sqrt{3}}{2} N k_{\min}$$

- **Gauge fields** introduced via **links** and **plaquettes** (like in **lattice-QCD**)



End



Writing a model

- Equations solved in (dimensionless) **program variables**:

Choose:
 $\{\alpha, \omega_*, f_*\}$



$$\begin{aligned} d\tilde{\eta} &\equiv a^{-\alpha} \omega_* dt \\ d\tilde{x}^i &\equiv \omega_* dx^i \end{aligned}$$

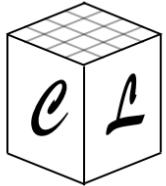
Space and time

$$\tilde{\phi} = \frac{\phi}{f_*} \quad \tilde{\varphi} = \frac{\varphi}{f_*} \quad \tilde{\Phi} = \frac{\Phi}{f_*}$$

Scalar
fields

$$\widetilde{A}_\mu = \frac{A_\mu}{\omega_*} \quad \widetilde{B}^a_\mu = \frac{B^a_\mu}{\omega_*}$$

Gauge
fields



Writing a model

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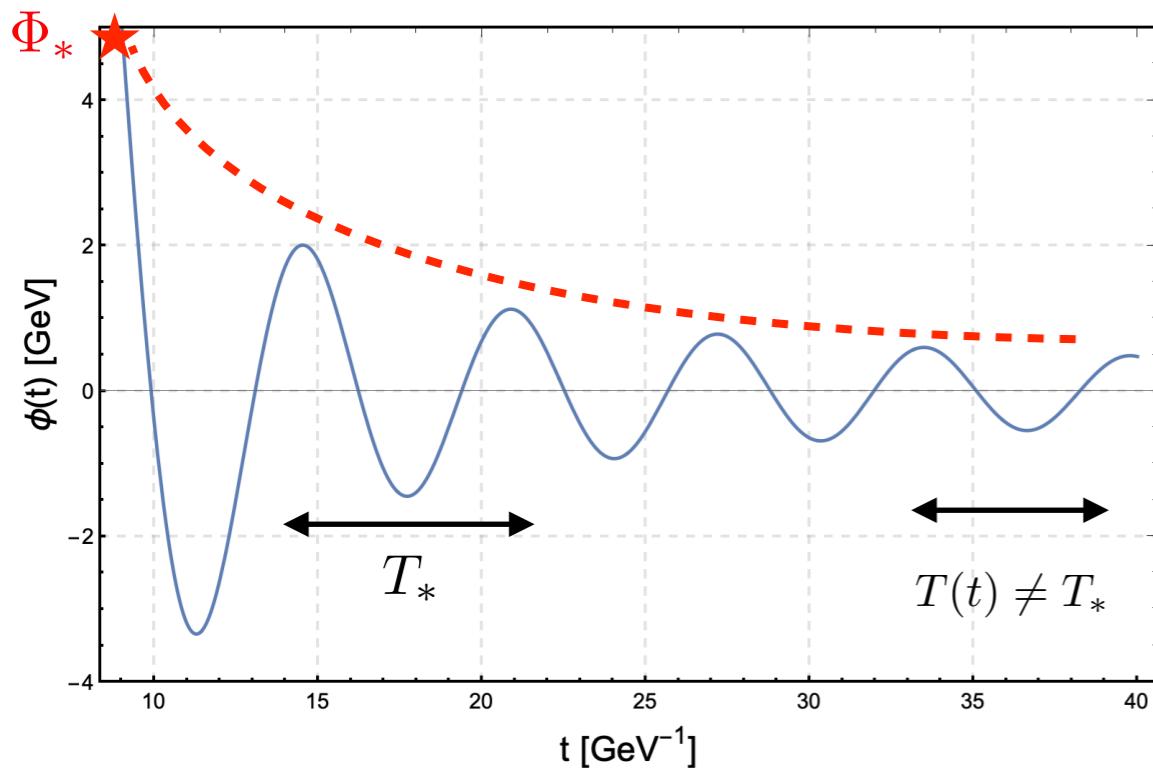
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Scalar
fields

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Gauge
fields

Example: $\phi(t) \simeq \Phi_* \times f_{\text{osc}}(t)$



End



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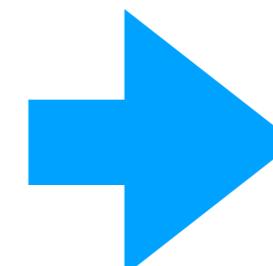
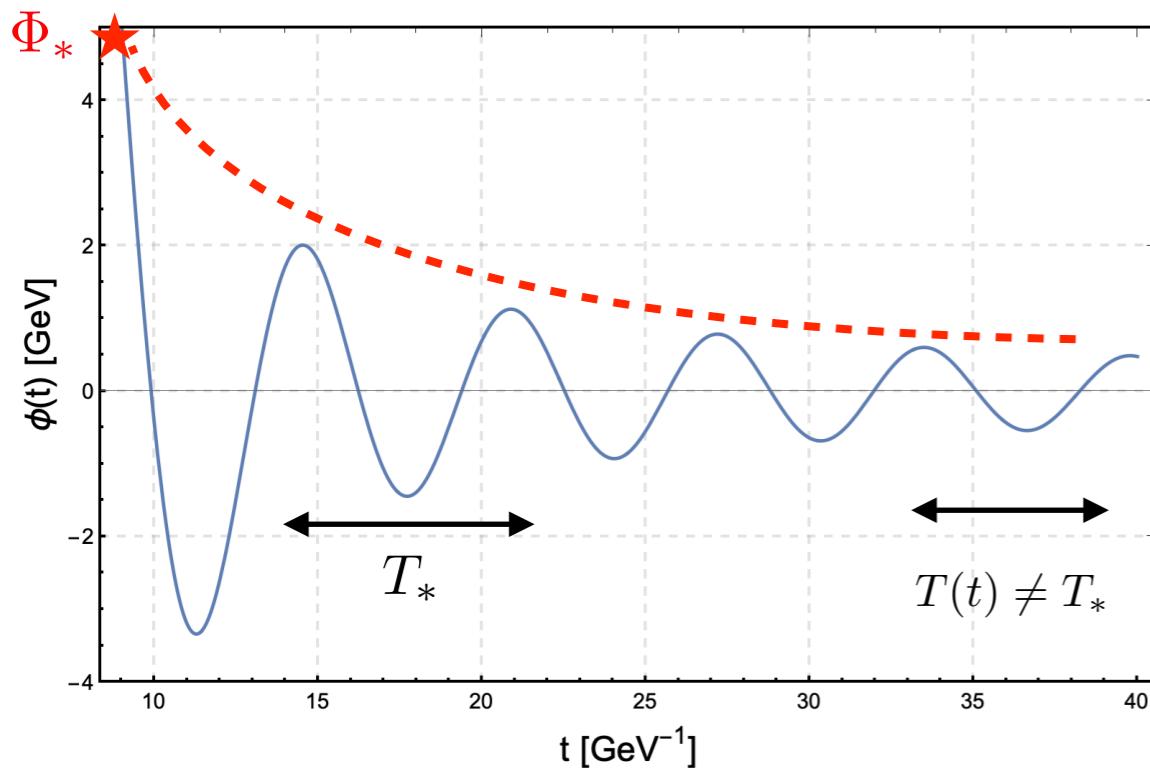
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Scalar
fields

$$\tilde{A}_\mu = \frac{A_\mu}{\omega_*} \quad \tilde{B}^a_\mu = \frac{B^a_\mu}{\omega_*}$$

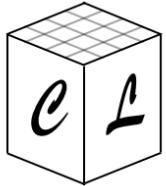
Gauge
fields

Example: $\phi(t) \simeq \Phi_* \times f_{\text{osc}}(t)$



$$\left\{ \begin{array}{l} f_* = \Phi_* \\ \omega_* = 1/T_* \\ \alpha \longrightarrow \text{Make period constant in } \tilde{\eta} \end{array} \right.$$

End



Writing a model

- Equations solved in (dimensionless) **program variables**:

Choose:
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$$\begin{aligned} d\tilde{\eta} &\equiv a^{-\alpha} \omega_* dt \\ d\tilde{x}^i &\equiv \omega_* dx^i \end{aligned}$$

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$$\tilde{\phi} = \frac{\phi}{f_*} \quad \tilde{\varphi} = \frac{\varphi}{f_*} \quad \tilde{\Phi} = \frac{\Phi}{f_*}$$

Scalar
fields

$$\widetilde{A}_\mu = \frac{A_\mu}{\omega_*} \quad \widetilde{B}^a_\mu = \frac{B^a_\mu}{\omega_*}$$

Gauge
fields

- Write **scalar potential** and first and second derivatives in **one file** (*model.h*)

$$\tilde{V}(\tilde{\phi}, |\tilde{\varphi}|, |\tilde{\Phi}|) \equiv \frac{1}{f_*^2 \omega_*^2} V(f_* \tilde{\phi}, f_* |\tilde{\varphi}|, f_* |\tilde{\Phi}|)$$



$$\frac{\partial \tilde{V}}{\partial \tilde{\phi}}, \quad \frac{\partial \tilde{V}}{\partial |\tilde{\varphi}|}, \quad \frac{\partial \tilde{V}}{\partial |\tilde{\Phi}|}, \quad \frac{\partial^2 \tilde{V}}{\partial \tilde{\phi}^2}, \quad \frac{\partial^2 \tilde{V}}{\partial |\tilde{\varphi}|^2}, \quad \frac{\partial^2 \tilde{V}}{\partial |\tilde{\Phi}|^2},$$



Writing a model

- Equations solved in (dimensionless) **program variables**:

Choose:
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$$d\tilde{x}^i \equiv \omega_* dx^i$$

Space and time

$$\tilde{\phi} = \frac{\phi}{f_*} \quad \tilde{\varphi} = \frac{\varphi}{f_*} \quad \tilde{\Phi} = \frac{\Phi}{f_*}$$

Scalar
fields

$$\tilde{A}_\mu = \frac{A_\mu}{\omega_*} \quad \tilde{B}^a_\mu = \frac{B^a_\mu}{\omega_*}$$

Gauge
fields

- Write **scalar potential** and first and second derivatives in **one file** (*model.h*)

$$\tilde{V}(\tilde{\phi}, |\tilde{\varphi}|, |\tilde{\Phi}|) \equiv \frac{1}{f_*^2 \omega_*^2} V(f_* \tilde{\phi}, f_* |\tilde{\varphi}|, f_* |\tilde{\Phi}|)$$

$$\rightarrow \frac{\partial \tilde{V}}{\partial \tilde{\phi}}, \quad \frac{\partial \tilde{V}}{\partial |\tilde{\varphi}|}, \quad \frac{\partial \tilde{V}}{\partial |\tilde{\Phi}|}, \quad \frac{\partial^2 \tilde{V}}{\partial \tilde{\phi}^2}, \quad \frac{\partial^2 \tilde{V}}{\partial |\tilde{\varphi}|^2}, \quad \frac{\partial^2 \tilde{V}}{\partial |\tilde{\Phi}|^2},$$

- **Parameters** passed via **one file** (*input.txt*)
(no need to re-compile !)

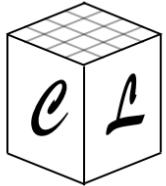


```

1 #Output
2 outputFile = './'
3
4 #Evolution
5 expansion = true
6 evolver = VV2
7
8 #Lattice
9 N = 32
10 dt = 0.01
11 kIR = 0.75
12 nBinsSpectra = 55
13
14 #Times
15 tOutputFreq = 0.1
16 tOutputInfreq = 1
17 tMax = 300
18
19 #IC
20 kCutOff = 1.75
21 initial_amplitudes = 7.42675e18 0 # homogeneous amplitudes in GeV
22 initial_momenta = -6.2969e30 0 # homogeneous amplitudes in GeV2
23
24 #Model Parameters
25 lambda = 9e-14
26 q = 100

```

End



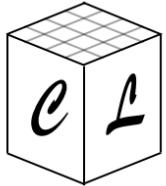
Self-consistent Expansion

- Algorithms use **second Friedmann equation** to evolve the scale factor.
- The **first Friedmann equation** is used to check the accuracy of the simulation.

$$\frac{a''}{a} = \frac{a^{2\alpha}}{3m_p^2} \langle (\alpha - 2)(K_\phi + K_\varphi + K_\Phi) + \alpha(G_\phi + G_\varphi + G_\Phi) + (\alpha + 1)V + (\alpha - 1)(K_{U(1)} + G_{U(1)} + K_{SU(2)} + G_{SU(2)}) \rangle$$

$$\left(\frac{a'}{a}\right)^2 = \frac{a^{2\alpha}}{3m_p^2} \langle K_\phi + K_\varphi + K_\Phi + G_\phi + G_\varphi + G_\Phi + K_{U(1)} + G_{U(1)} + K_{SU(2)} + G_{SU(2)} + V \rangle$$

$\langle \dots \rangle$ represents volume averaging



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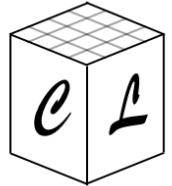
$$\frac{a''}{a} = \frac{a^{2\alpha}}{3m_p^2} \langle (\alpha - 2)(K_\phi + K_\varphi + K_\Phi) + \alpha(G_\phi + G_\varphi + G_\Phi) + (\alpha + 1)V + (\alpha - 1)(K_{U(1)} + G_{U(1)} + K_{SU(2)} + G_{SU(2)}) \rangle$$

$$\left(\frac{a'}{a}\right)^2 = \frac{a^{2\alpha}}{3m_p^2} \langle K_\phi + K_\varphi + K_\Phi + G_\phi + G_\varphi + G_\Phi + K_{U(1)} + G_{U(1)} + K_{SU(2)} + G_{SU(2)} + V \rangle$$

$\langle \dots \rangle$ represents volume averaging

$K_\phi = \frac{1}{2a^{2\alpha}} \phi'^2$	$G_\phi = \frac{1}{2a^2} \sum_i (\partial_i \phi)^2$	$K_{U(1)} = \frac{1}{2a^{2+2\alpha}} \sum_i F_{0i}^2$
$K_\varphi = \frac{1}{a^{2\alpha}} (D_0^A \varphi)^* (D_0^A \varphi)$;	$G_\varphi = \frac{1}{a^2} \sum_i (D_i^A \varphi)^* (D_i^A \varphi)$;	$K_{SU(2)} = \frac{1}{2a^{2+2\alpha}} \sum_{a,i} (G_{0i}^a)^2$
$K_\Phi = \frac{1}{a^{2\alpha}} (D_0 \Phi)^\dagger (D_0 \Phi)$	$G_\Phi = \frac{1}{a^2} \sum_i (D_i \Phi)^\dagger (D_i \Phi)$	$G_{U(1)} = \frac{1}{2a^4} \sum_{i,j < i} F_{ij}^2$
(Kinetic-Scalar)	(Gradient-Scalar)	(Electric & Magnetic)

End

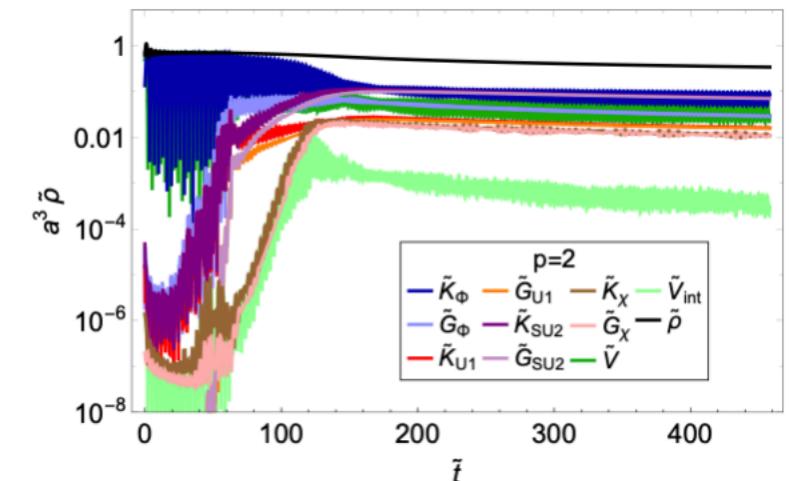
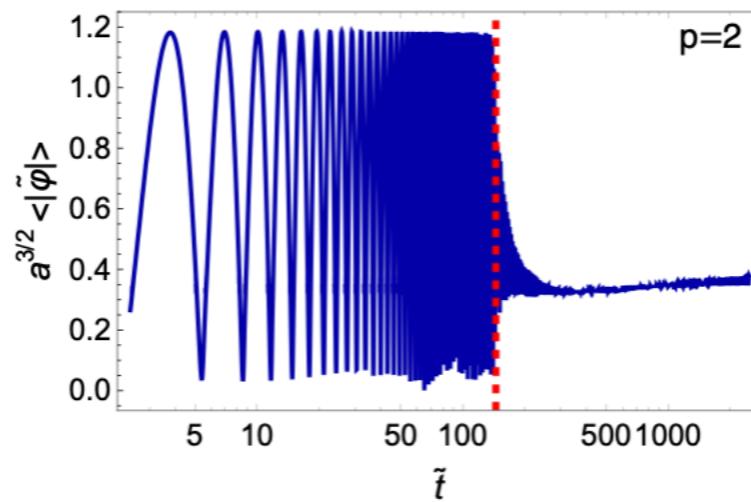


Output from your Run

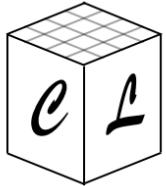
**Output
Types**



Volume averages: variance, energies, etc



End

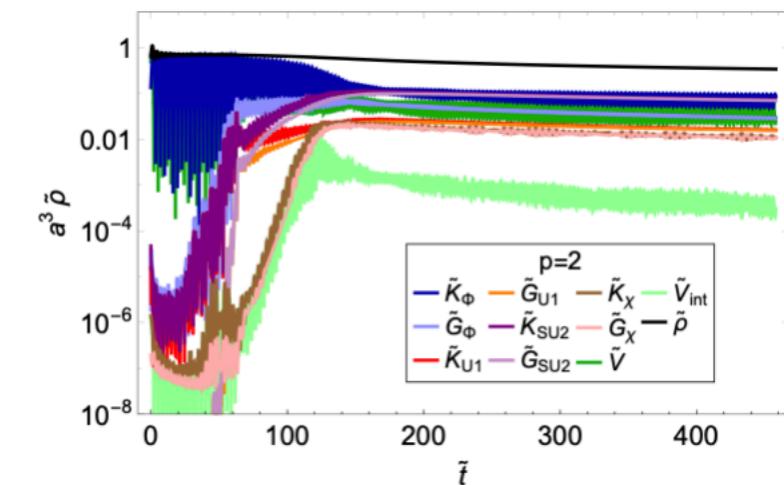
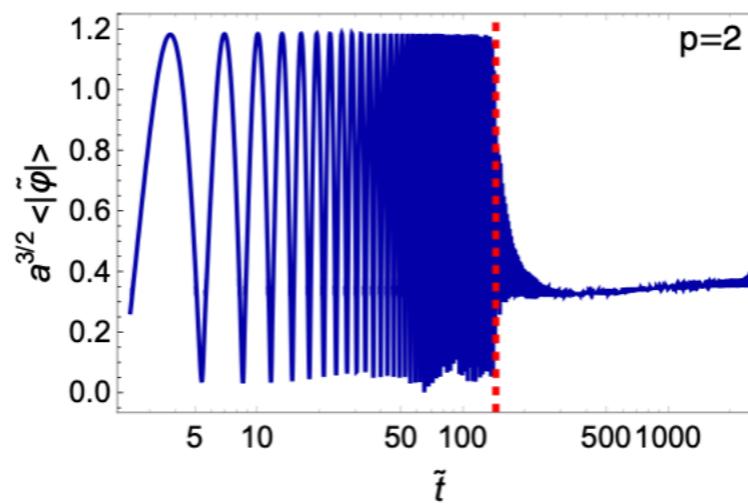


Output from your Run

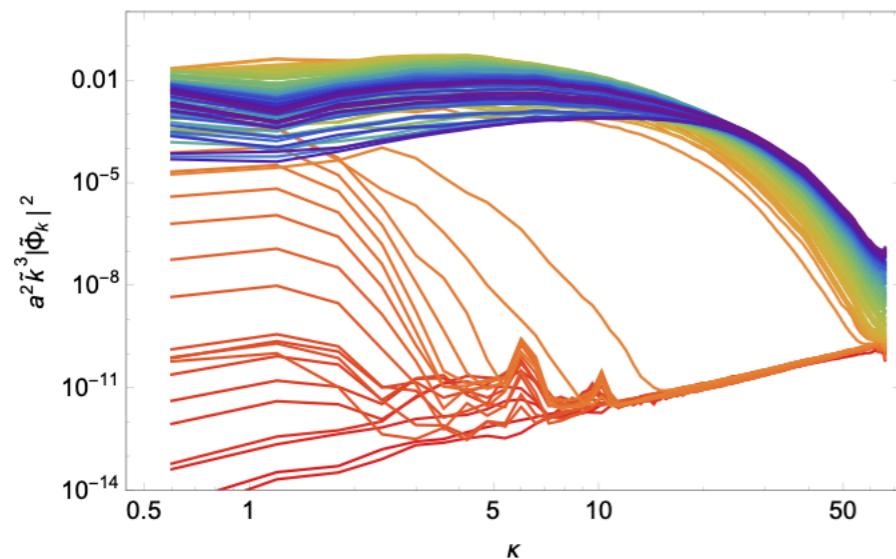
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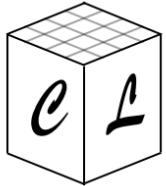
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Fld Spectra: Raw/Binned

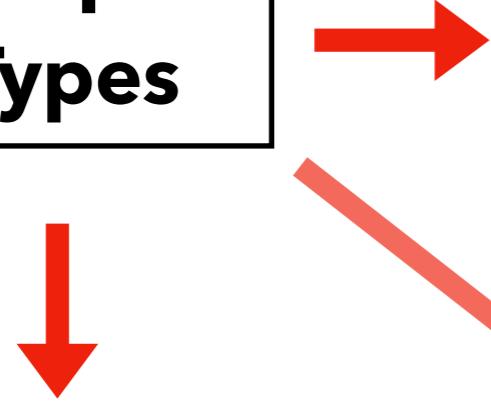


End

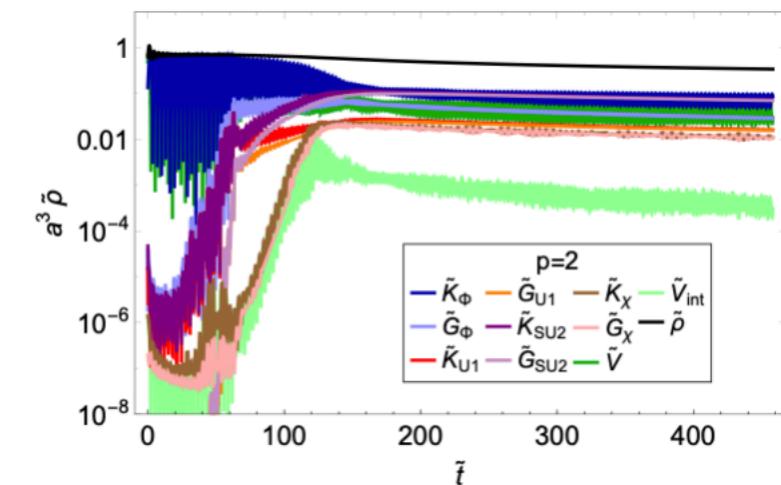
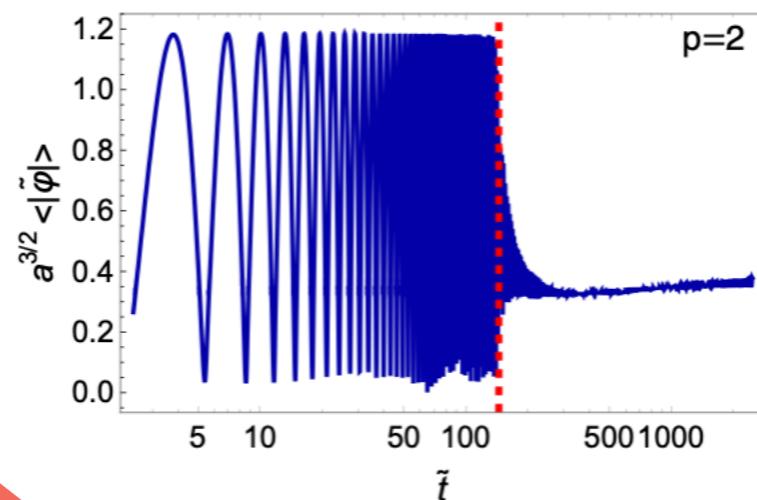


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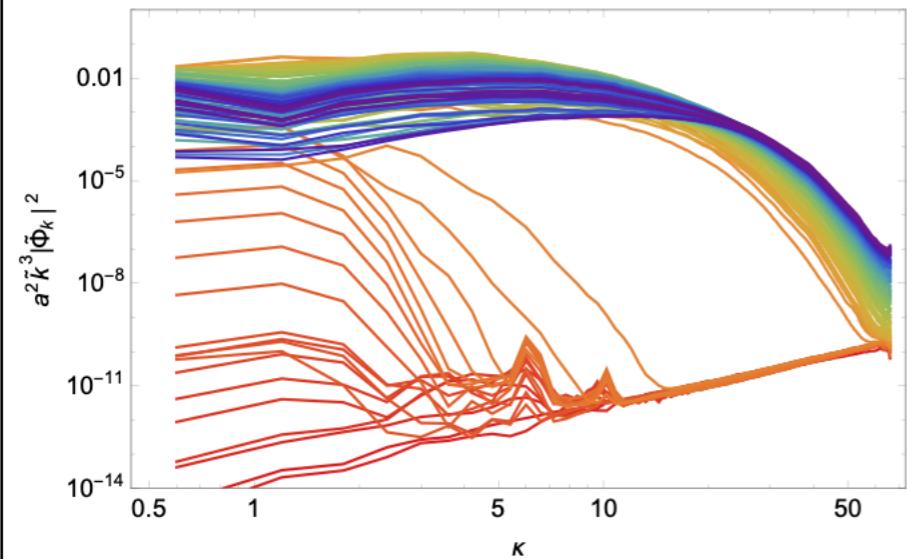
**Output
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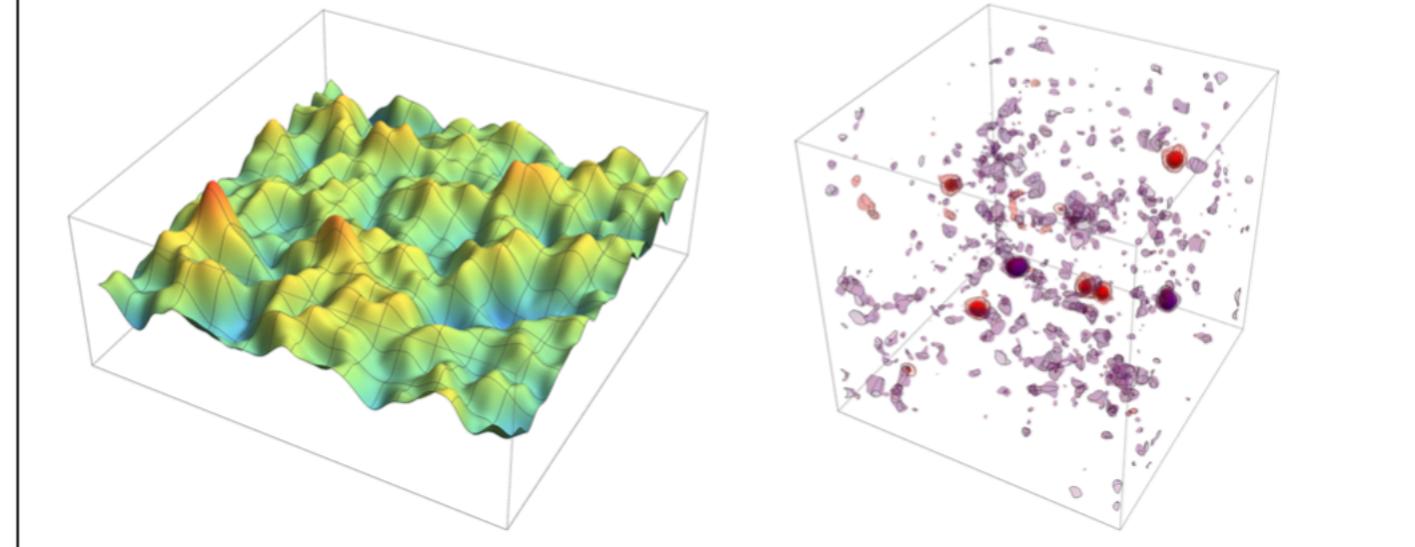
Volume averages: variance, energies, etc



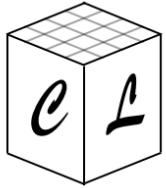
Fld Spectra: Raw/Binned



Snapshots: 2D/3D distribution



Constraints



Energy conservation

- The **first Friedmann equation** is used to check the accuracy of the simulation.

$$\left(\frac{\dot{a}}{a}\right)^2 \simeq \frac{\rho}{3m_p^2}$$



$$\Delta_e \equiv \frac{\langle \text{LHS} - \text{RHS} \rangle}{\langle \text{LHS} + \text{RHS} \rangle}$$

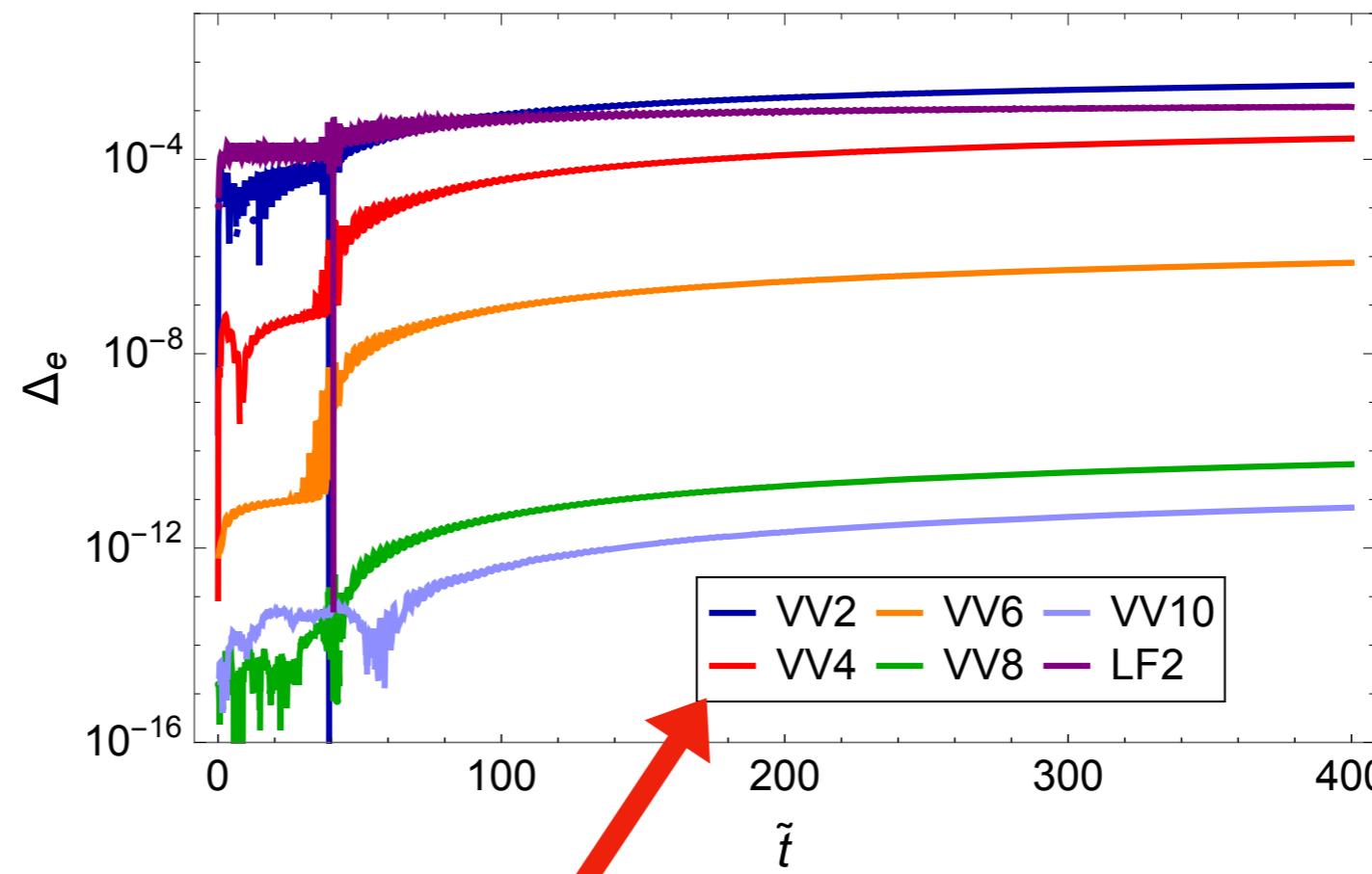
End

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Evolution algorithms:

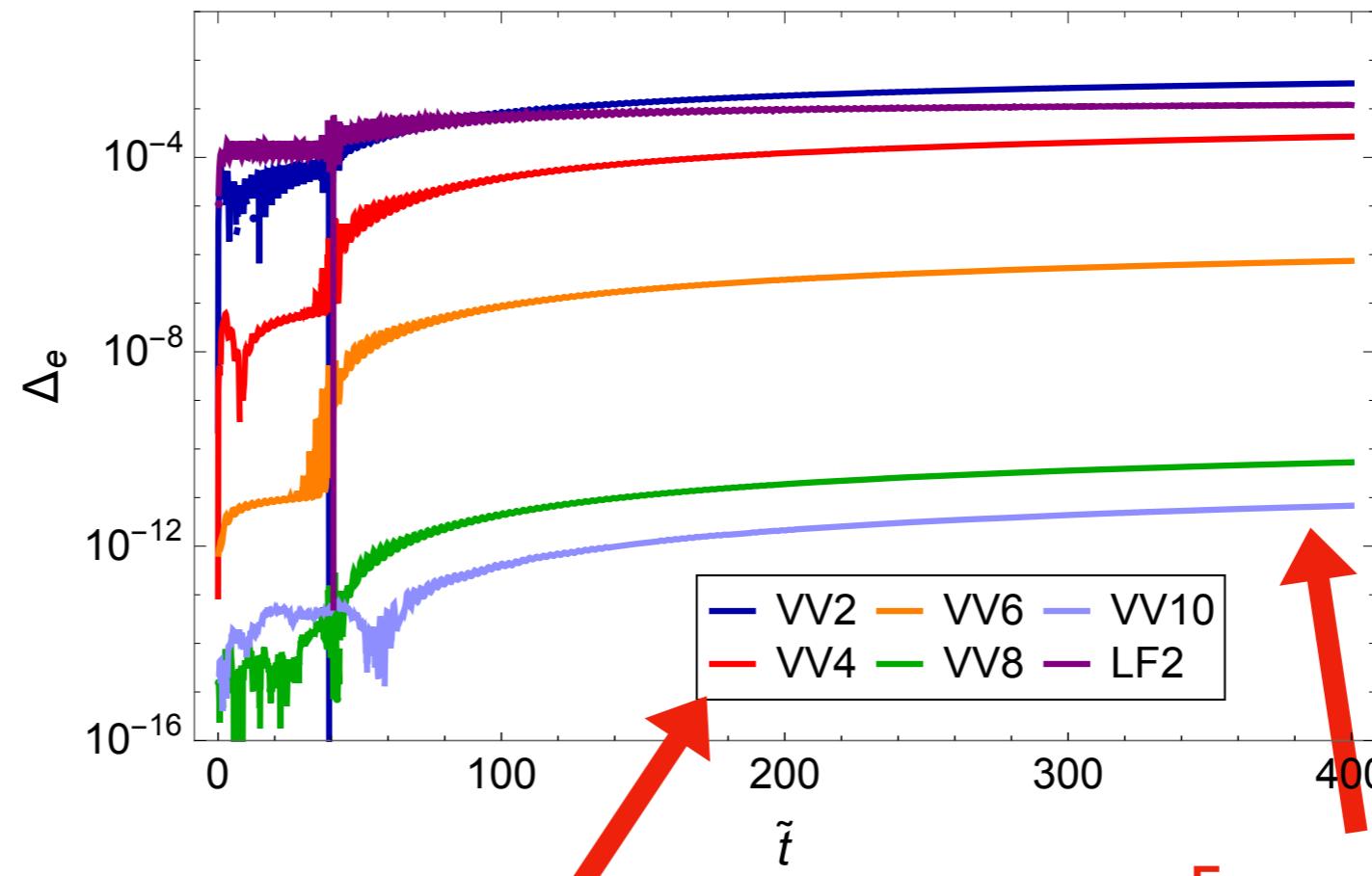
- **VVn**: Velocity-verlet of accuracy order $O(dt^n)$
- **LF2**: Staggered leapfrog, accuracy order $O(dt^2)$

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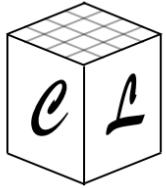
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Evolution algorithms:

- **VVn**: Velocity-verlet of accuracy order $O(dt^n)$
- **LF2**: Staggered leapfrog, accuracy order $O(dt^2)$

Energy conserved
up to machine
precision for VV10!



Gauge theories: Gauss constraint

- Preservation of U(1) & SU(2) **Gauss constraints** (for all integrators!)

$$\begin{aligned}\partial_i F_{0i} &= a^2 J_0^A \\ (\mathcal{D}_i)_{ab} (G_{0i})^b &= a^2 (J_0)_a\end{aligned}$$

Gauge charges



$$\Delta_g \equiv \frac{\langle \sqrt{(\text{LHS} - \text{RHS})^2} \rangle}{\langle \sqrt{(\text{LHS} + \text{RHS})^2} \rangle}$$

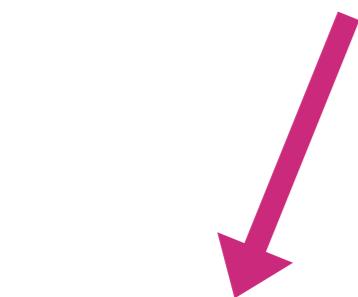
End

Gauge theories: Gauss constraint

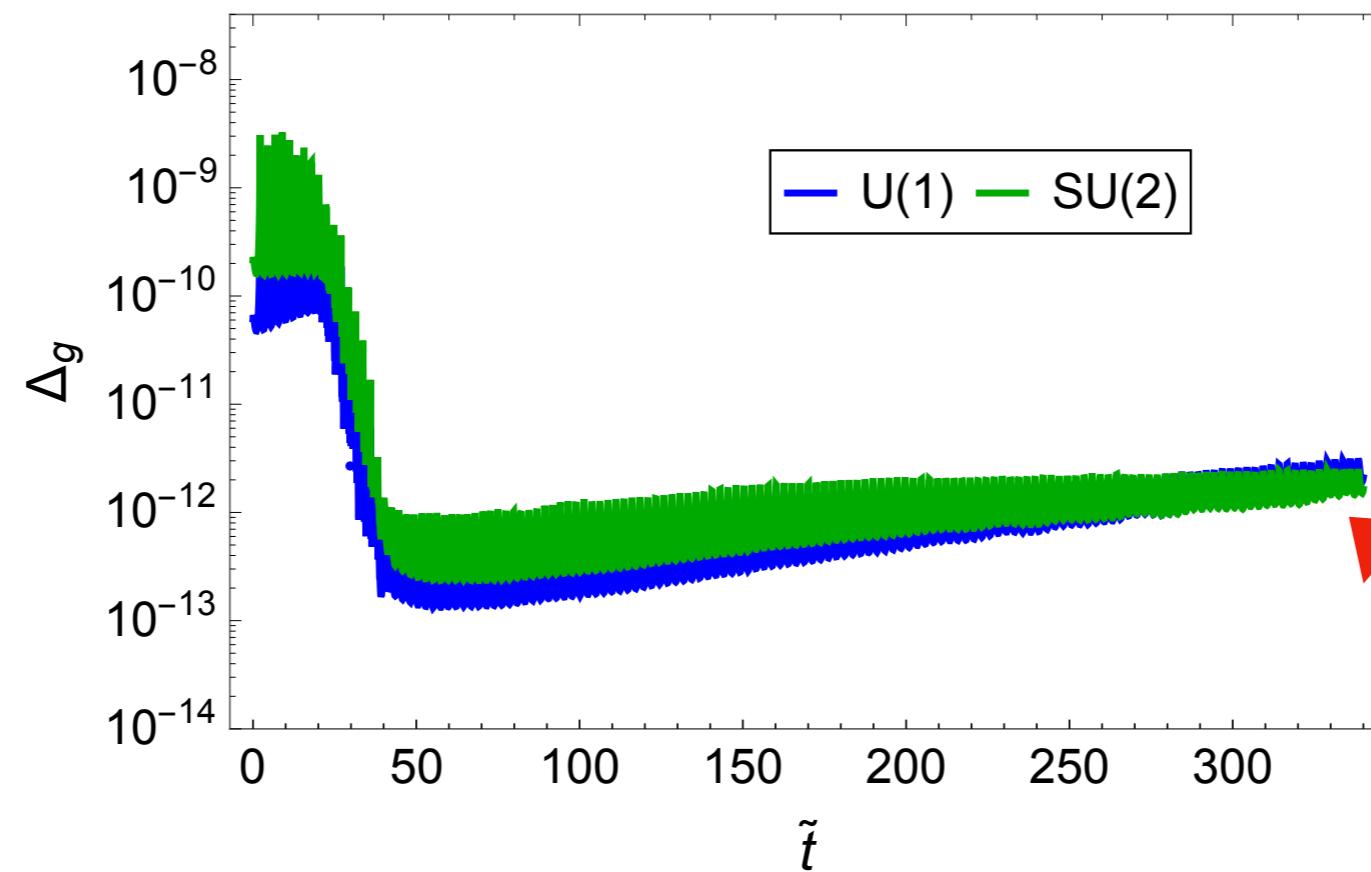
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Gauge charges



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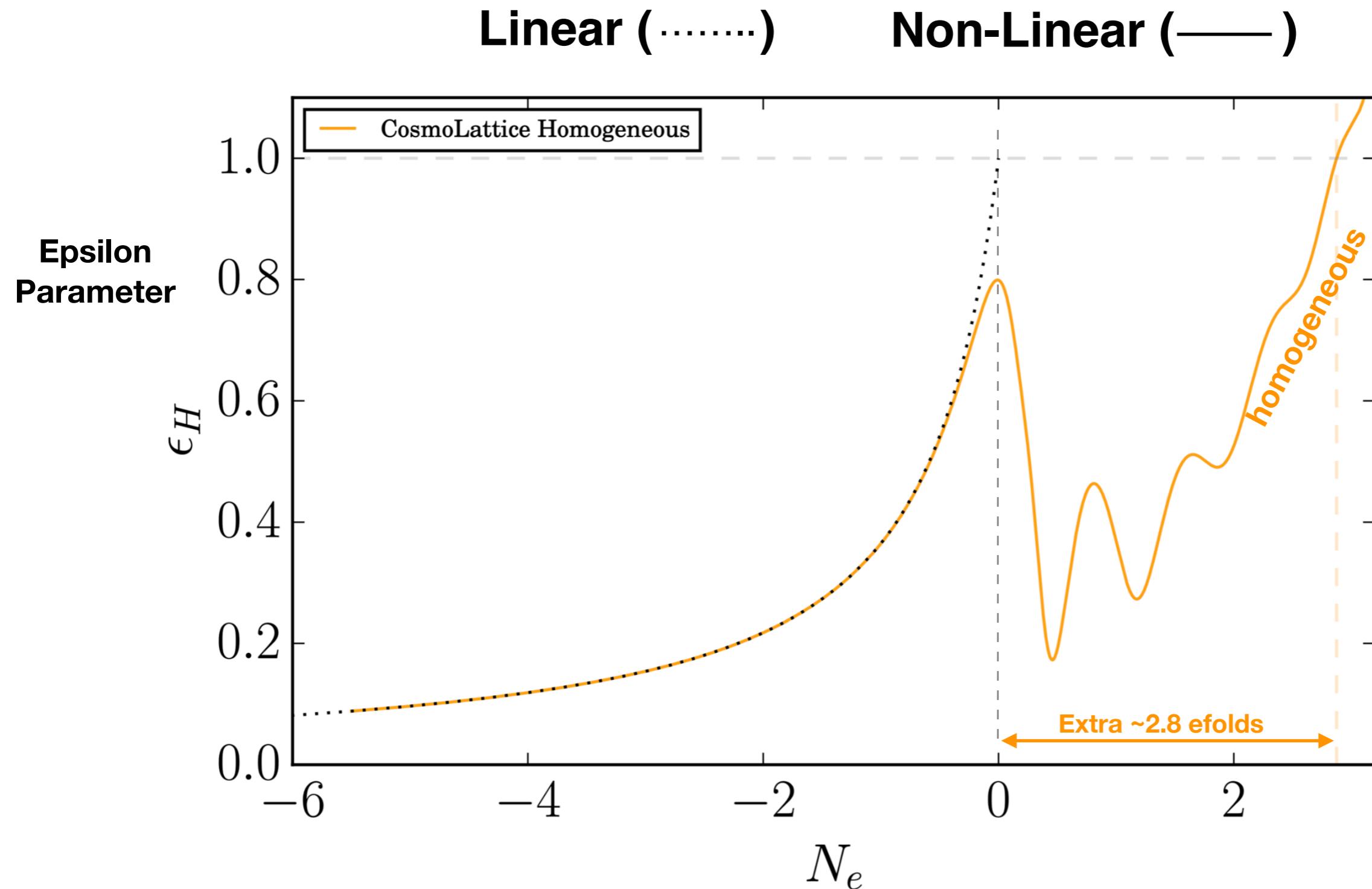


**Gauss constraint
preserved up to
machine precision**

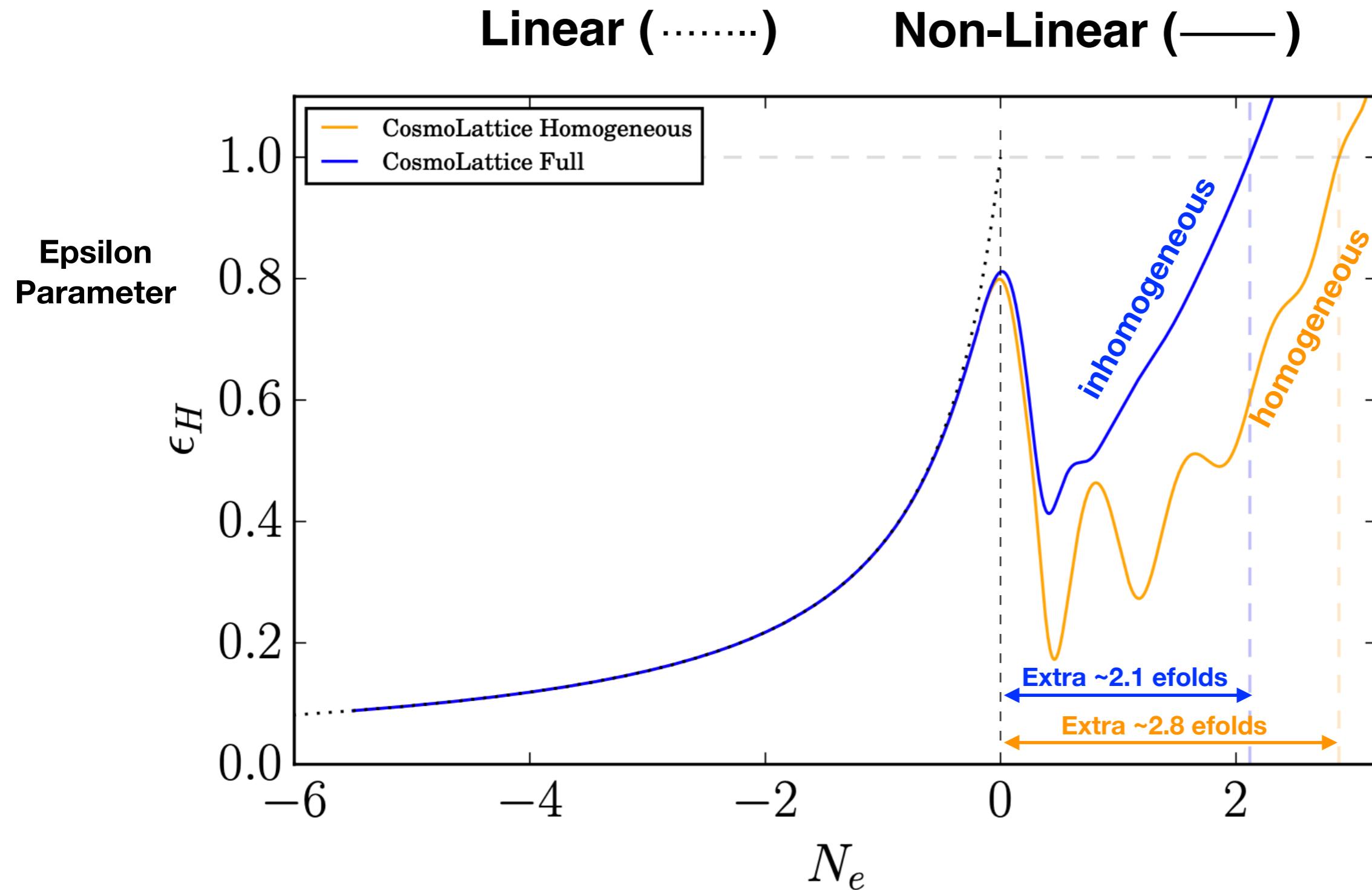
More on Axion-Inflation

$$V(\phi) = \frac{1}{2}m^2\phi^2 ; \quad \frac{\phi}{4\Lambda}F\tilde{F} ; \quad \boxed{\Lambda = \frac{m_p}{15}}$$

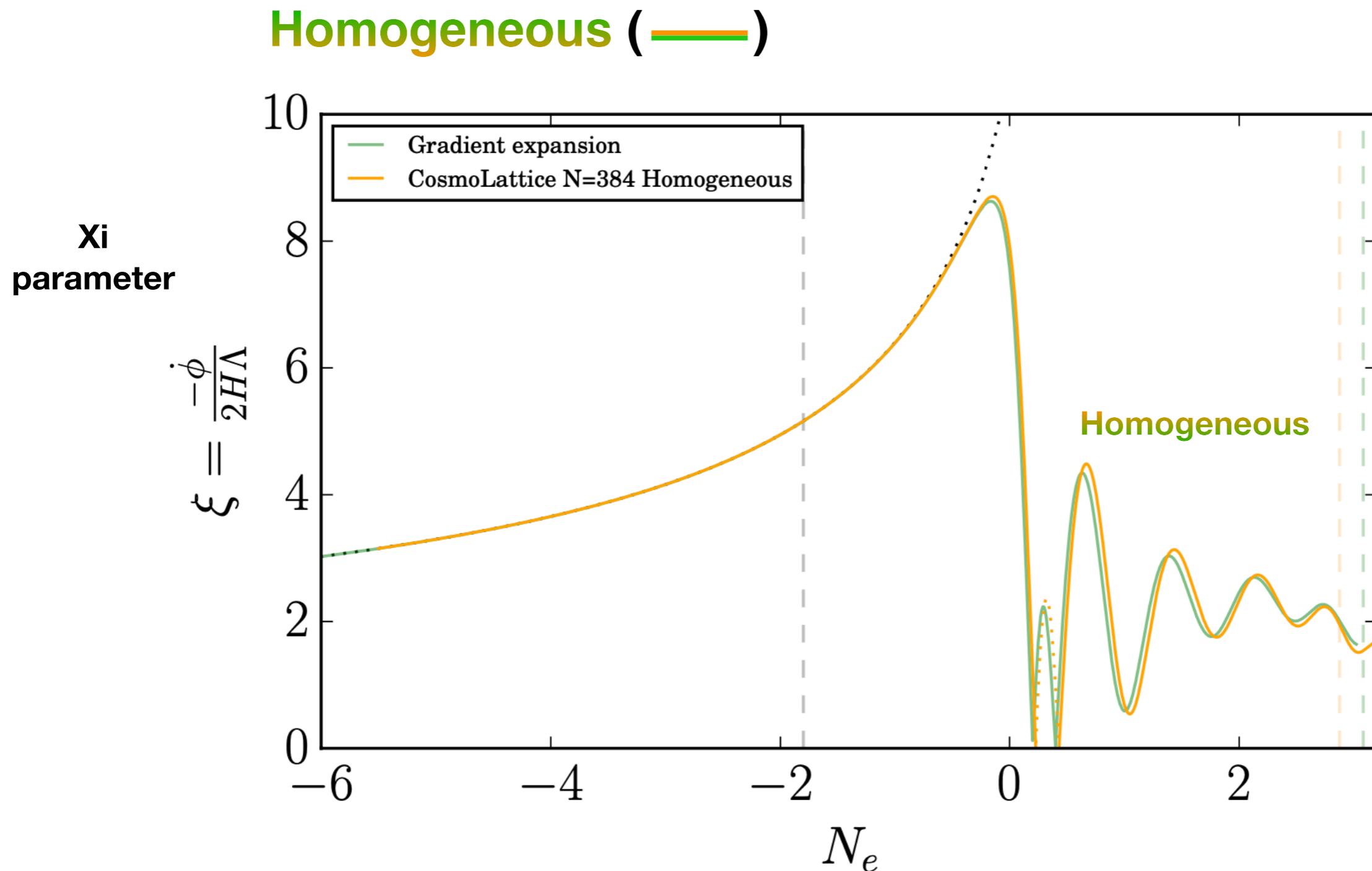
Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{15}$)



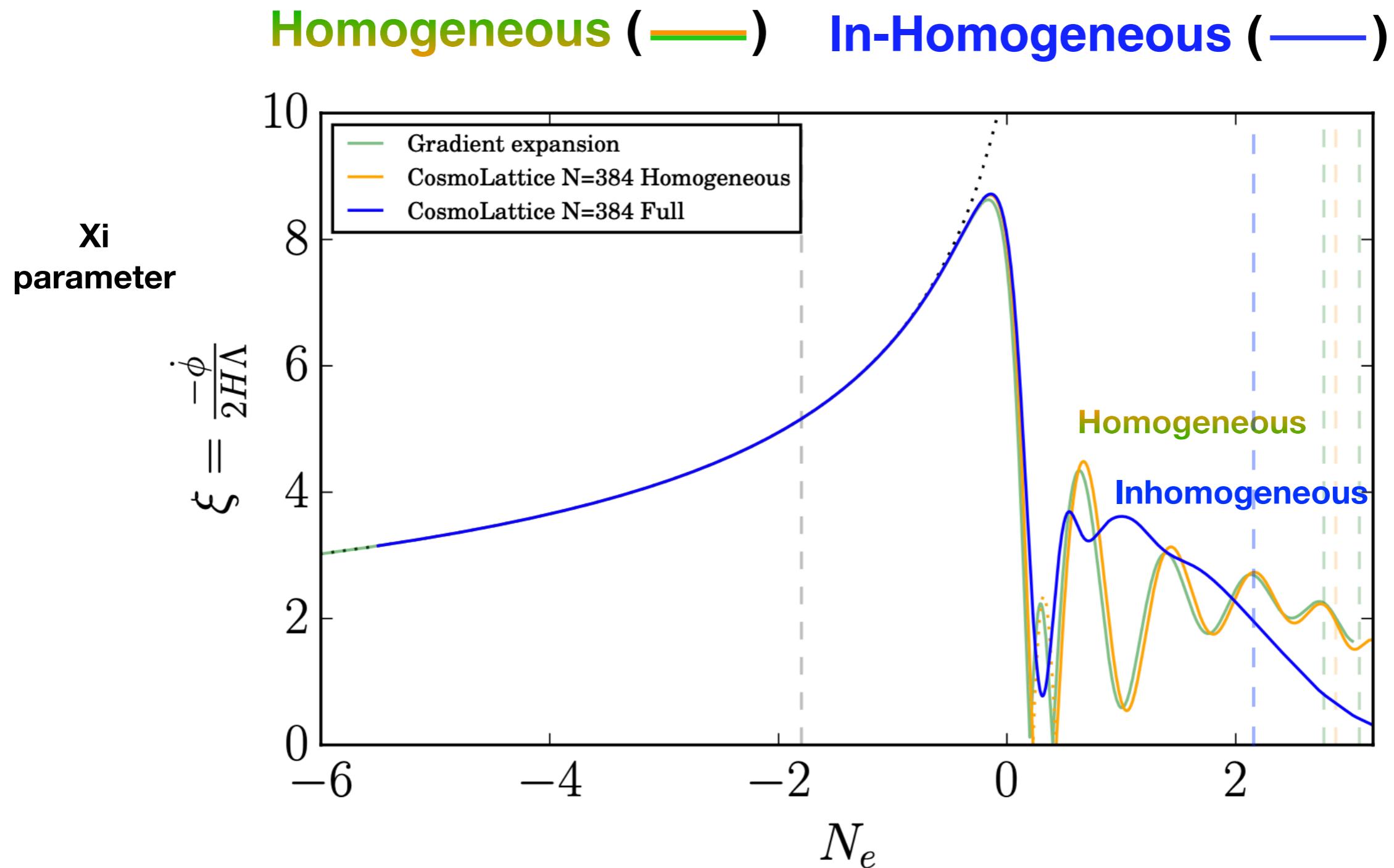
Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{15}$)



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Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{15}$)



Example IV

Non-minimally coupled Scalar fields in the Jordan Frame

with

A. Florio, T. Opferkuch and B. Stefanek

SciPost, accepted ; [2112.08388 \[astro-ph.CO\]](https://arxiv.org/abs/2112.08388)

Non-minimally coupled Scalars

Set-up

$$\mathcal{S} = \int d^4x \sqrt{-g} \left[\frac{M_P^2}{2} R + \mathcal{L}_\chi + \mathcal{L}_{\text{inf}} + \frac{1}{2} \xi_\phi \phi^2 R \right]$$

or $\frac{1}{2} \xi_\chi \chi^2 R$

- Inflaton ϕ

$$\mathcal{L}_{\text{inf}} = -\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V_{\text{inf}}(\phi)$$

- Spectator field χ

$$\mathcal{L}_\chi = -\frac{1}{2} g^{\mu\nu} \partial_\mu \chi \partial_\nu \chi - V(\chi, \phi)$$

- Non minimal coupling to gravity ξ_ϕ or ξ_χ
- Stay in Jordan frame

Non-minimally coupled Scalars

Set-up

$$\mathcal{S} = \int d^4x \sqrt{-g} \left[\frac{M_P^2}{2} R + \mathcal{L}_\chi + \mathcal{L}_{\text{inf}} + \cancel{\frac{1}{2} \xi_\phi \dot{\phi}^2 R} \right]$$

or $\frac{1}{2} \xi_\chi \chi^2 R$ **Spectator fld
non-min. Coupled**

- Inflaton ϕ

$$\mathcal{L}_{\text{inf}} = -\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V_{\text{inf}}(\phi)$$

- Spectator field χ

$$\mathcal{L}_\chi = -\frac{1}{2} g^{\mu\nu} \partial_\mu \chi \partial_\nu \chi - V(\chi, \phi)$$

- Non minimal coupling to gravity ξ_ϕ or ξ_χ
- Stay in Jordan frame

Non-minimally coupled Scalars

EoM

$$\nabla_\mu \nabla^\mu \chi + \frac{\partial V}{\partial \chi} + \xi_\chi \chi R = 0$$

Non-minimally coupled Scalars

EoM

$$\nabla_\mu \nabla^\mu \chi + \frac{\partial V}{\partial \chi} + \xi_\chi \chi R = 0$$

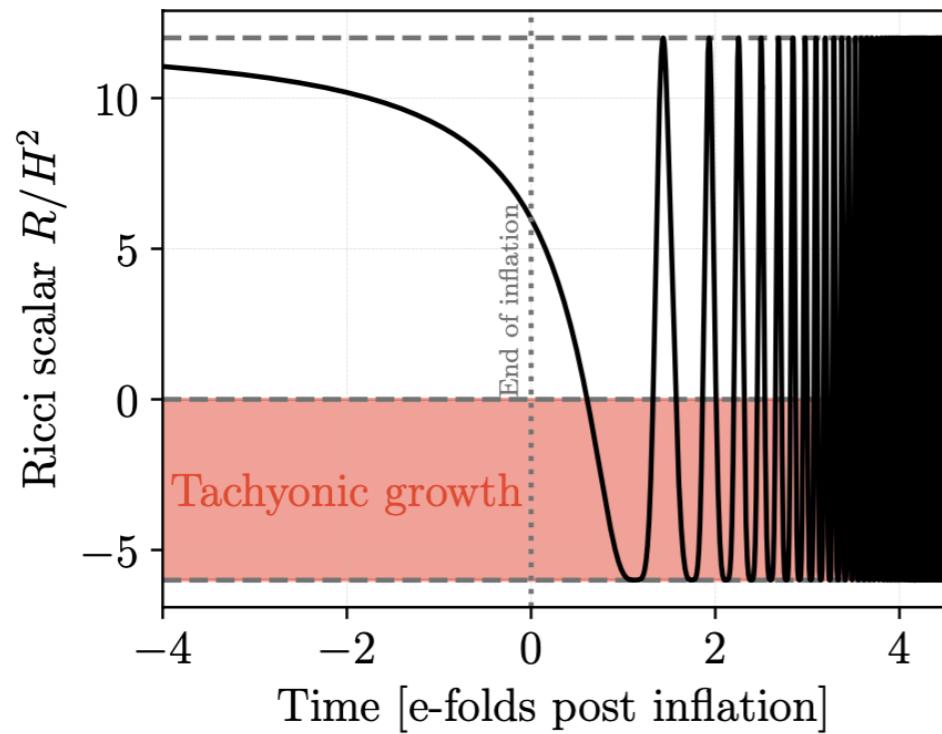
$$R = F(\chi) \left((1 - 6\xi) \langle \partial^\mu \chi \partial_\mu \chi \rangle + 4 \left(\langle V \rangle - \frac{3\xi}{2} \langle \chi V_{,\chi} \rangle \right) - \langle \rho_m \rangle - 3 \langle p_m \rangle \right)$$

$$F(\chi) = \frac{1}{M_P^2 \left[1 + (6\xi - 1)\xi \langle \chi^2 \rangle / M_P^2 \right]}$$

Non-minimally coupled Scalars

- Standard inflaton

$$V_{inf} \propto \tanh^4(\tilde{\phi})$$

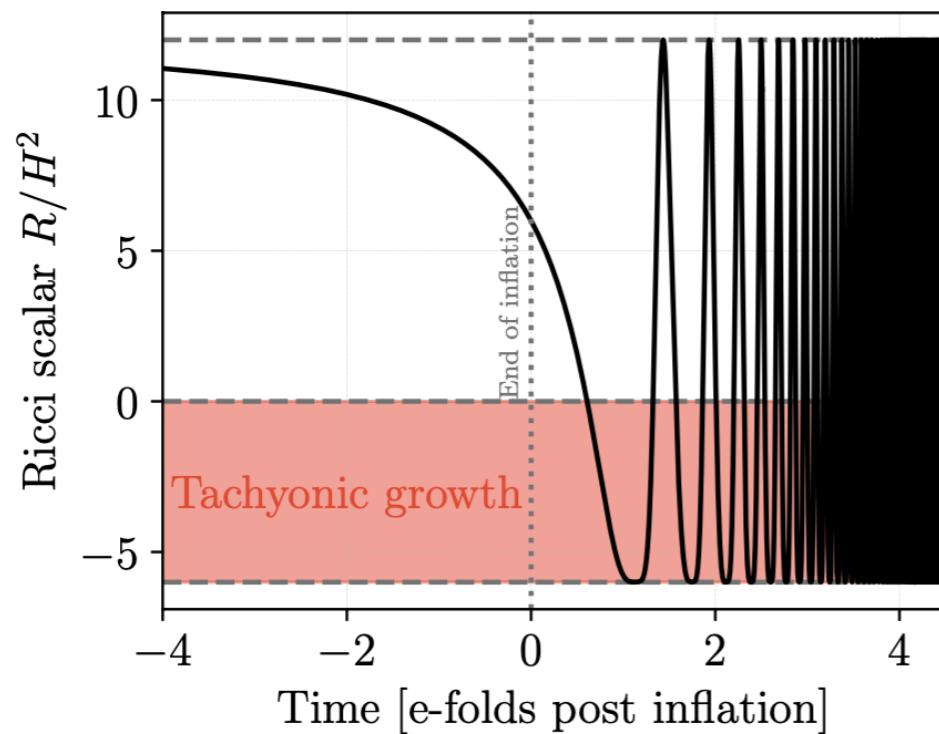


Curvature Oscillates !
(sourced by Inflaton Oscillations)

Non-minimally coupled Scalars

- Standard inflaton

$$V_{inf} \propto \tanh^4(\tilde{\phi})$$



Geometric Preheating
[Basset & Liberati '99]

$$\xi \chi^2 R \quad , \xi = 10, 50, 100$$

**The preheat field is
excited exponentially**

**Curvature Oscillates !
(sourced by Inflaton Oscillations)**

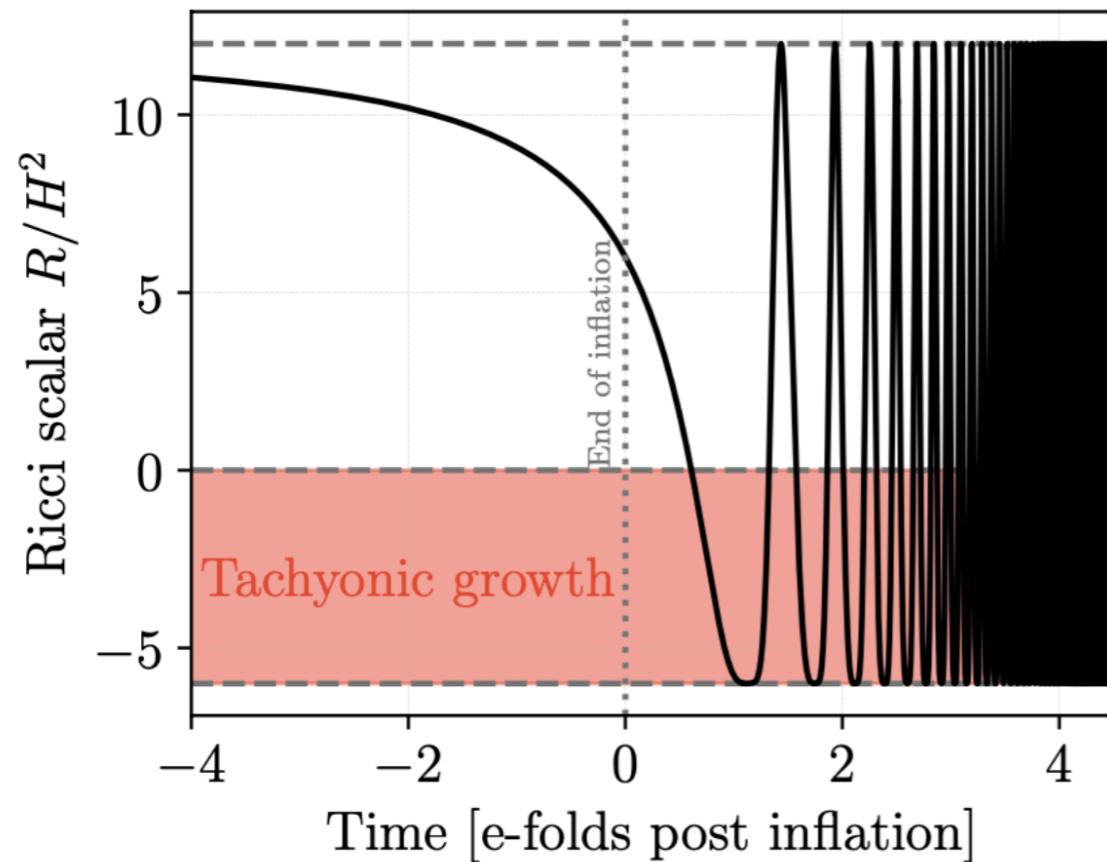
Non-minimally coupled Scalars

Geometric Preheating

[Basset & Liberati '99]

$$\xi \chi^2 R \quad , \xi = 10, 50, 100$$

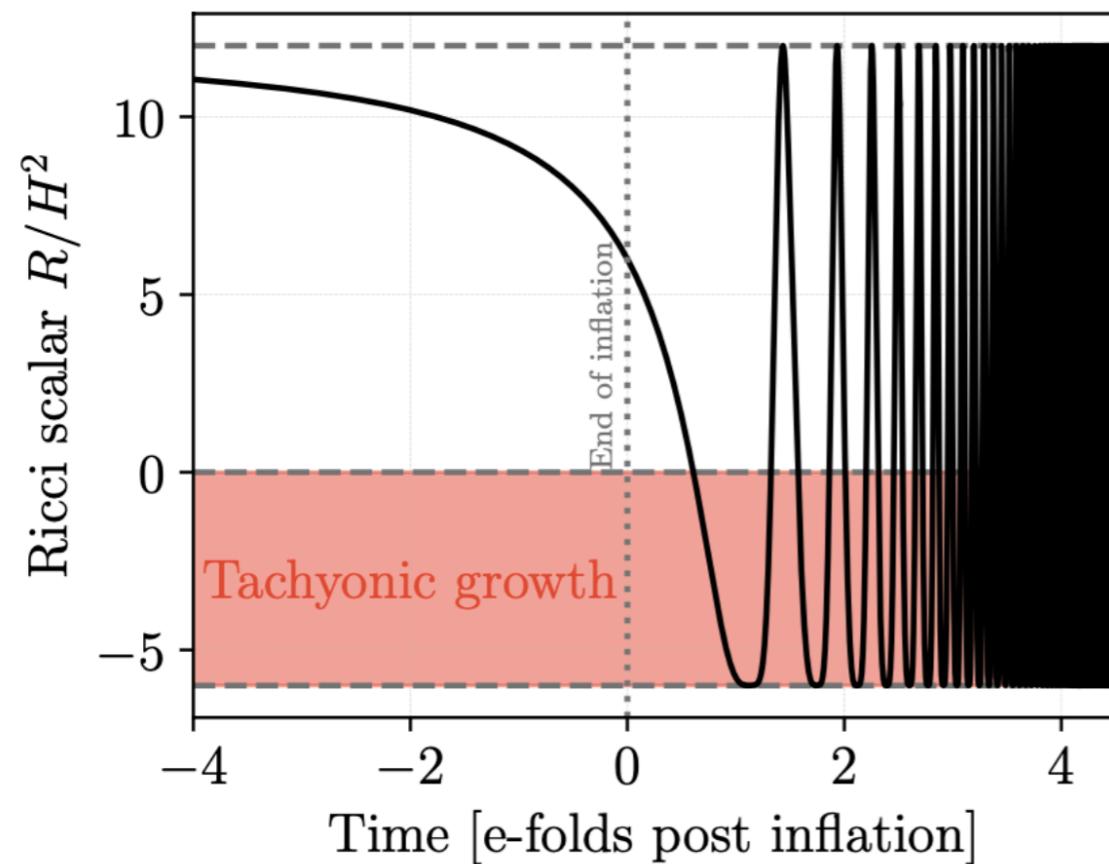
How is the preheat
field excited?



Non-minimally coupled Scalars

Geometric Preheating [Basset & Liberati '99]

$$\xi \chi^2 R \quad , \xi = 10, 50, 100$$



How is the preheat field excited?

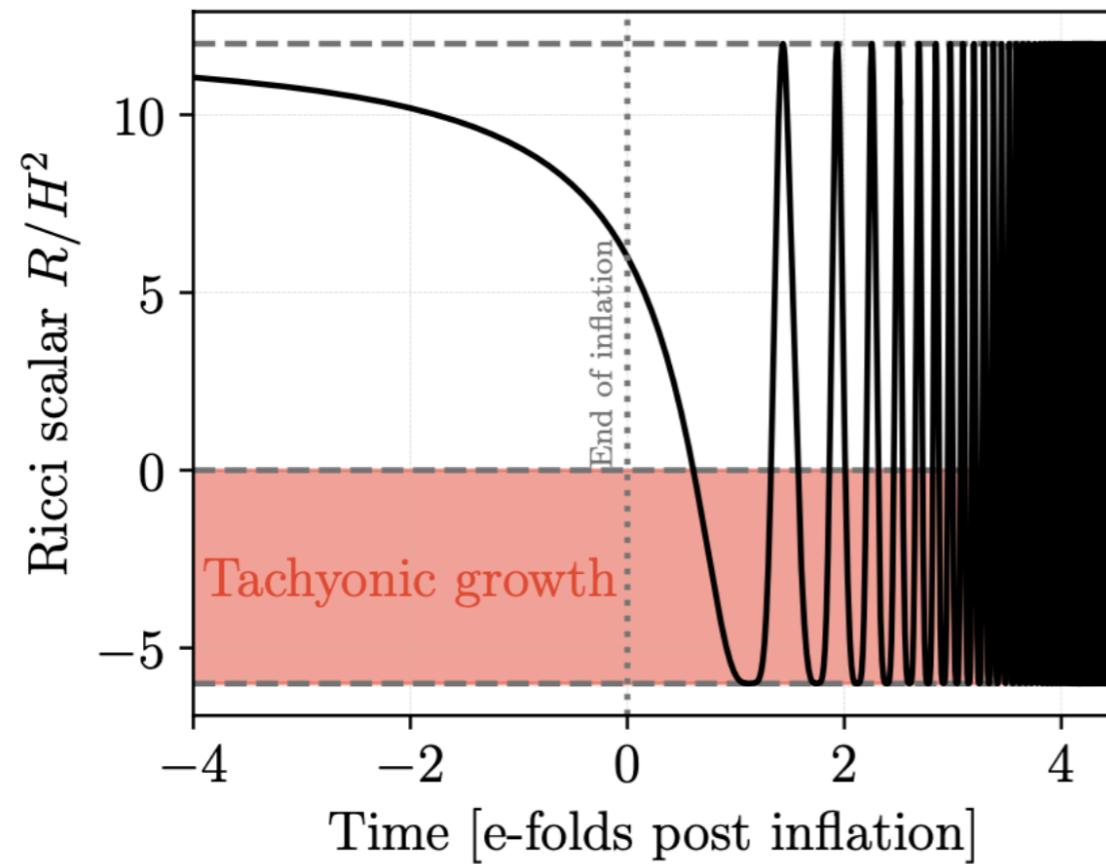
$$m_\chi^2 \propto \left(\frac{\partial^2 V}{\partial \chi^2} + \xi R \right)$$

Tachyonic term
every time $R < 0$

Non-minimally coupled Scalars

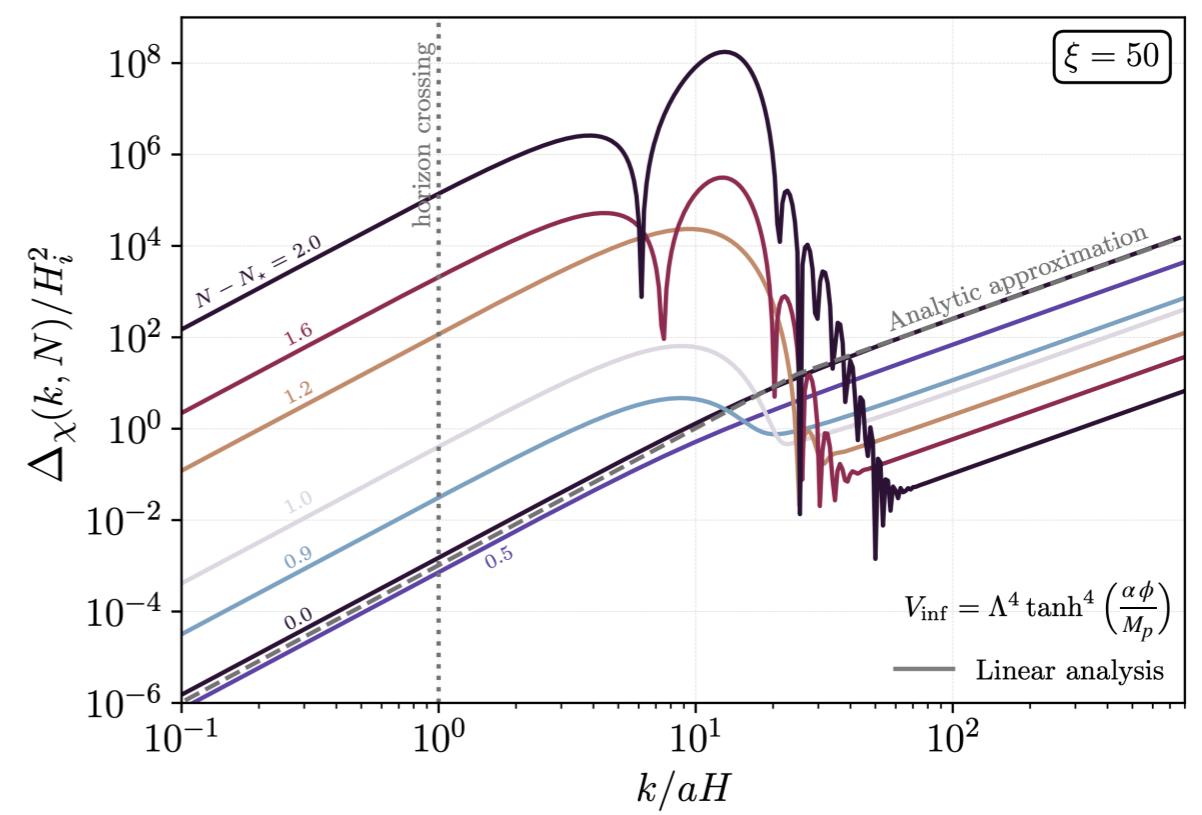
Geometric Preheating [Basset & Liberati '99]

$$\xi \chi^2 R \quad , \xi = 10, 50, 100$$



How is the preheat field excited?

Linear Regime

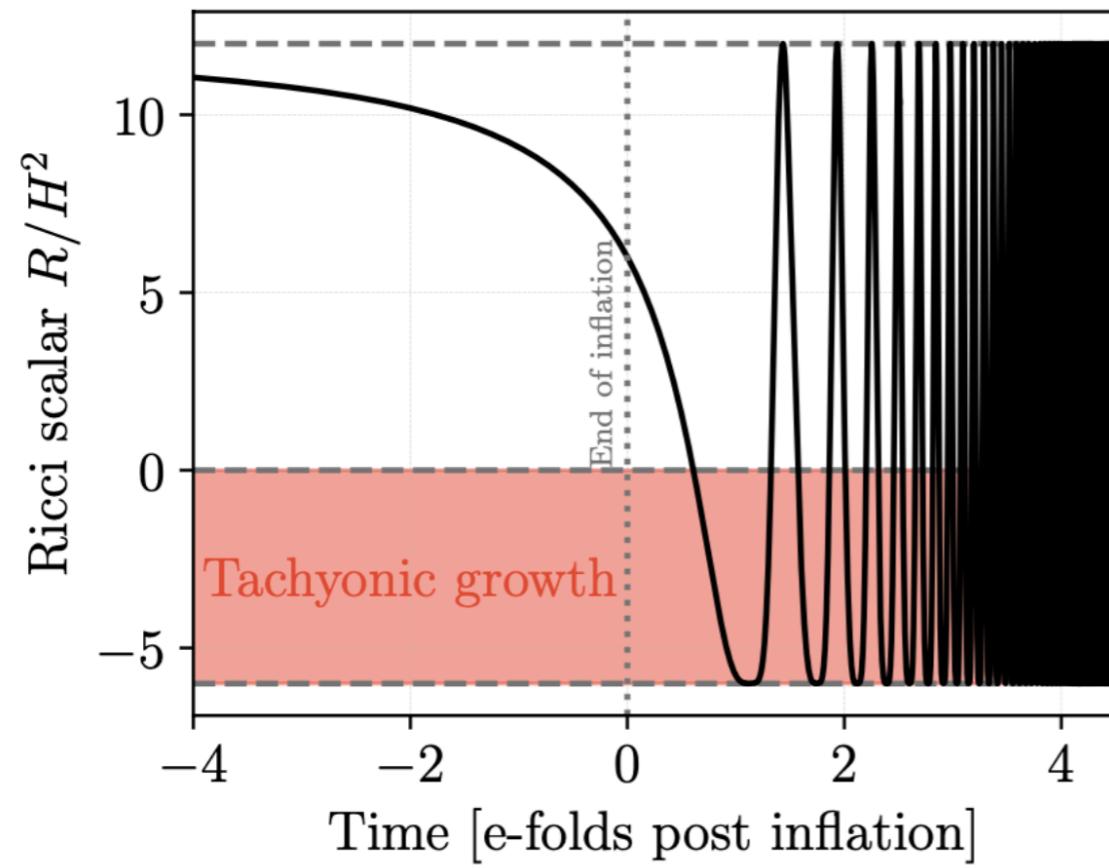


Non-minimally coupled Scalars

Geometric Preheating

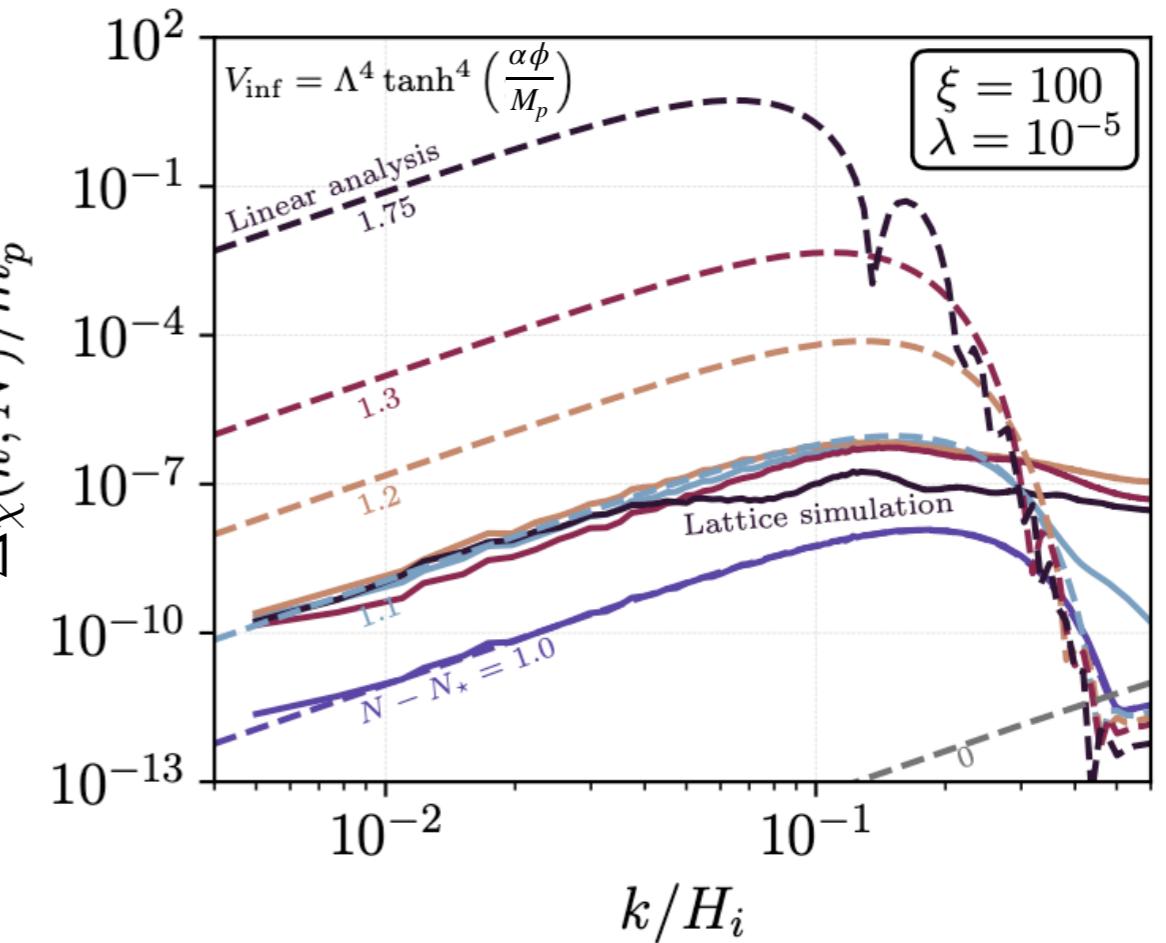
[Basset & Liberati '99]

$$\xi \chi^2 R \quad , \xi = 10, 50, 100$$



How is the preheat field excited?

Non-Linear Regime

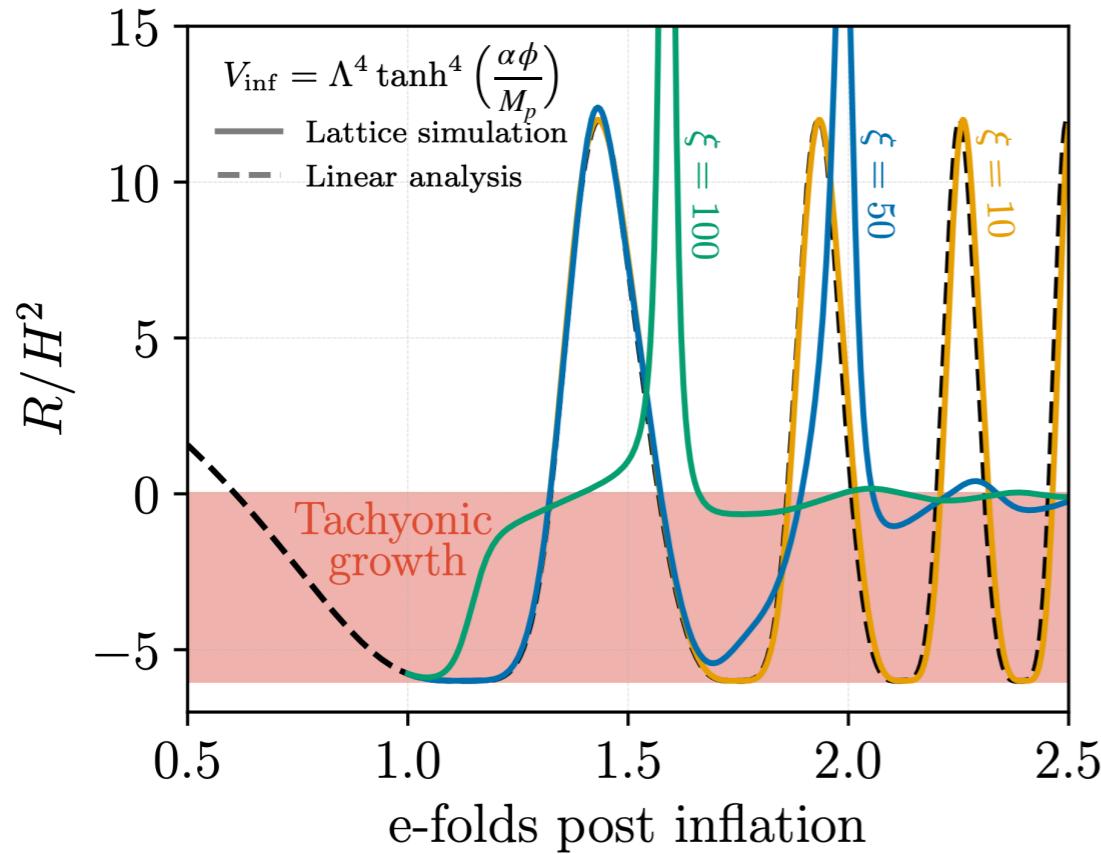


Non-minimally coupled Scalars

Geometric Preheating [Basset & Liberati '99]

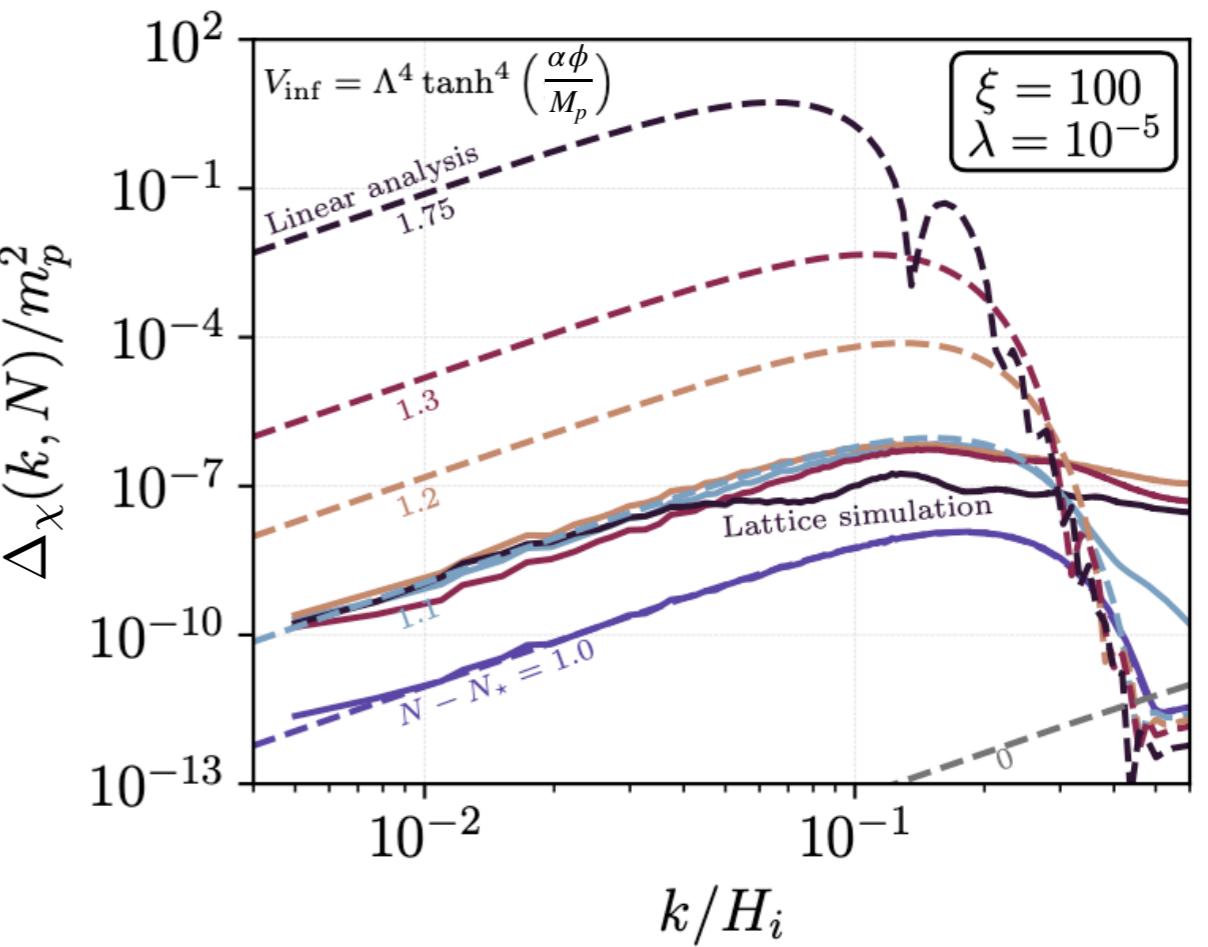
$$\xi \chi^2 R \quad , \xi = 10, 50, 100$$

Back-reaction



How is the preheat field excited?

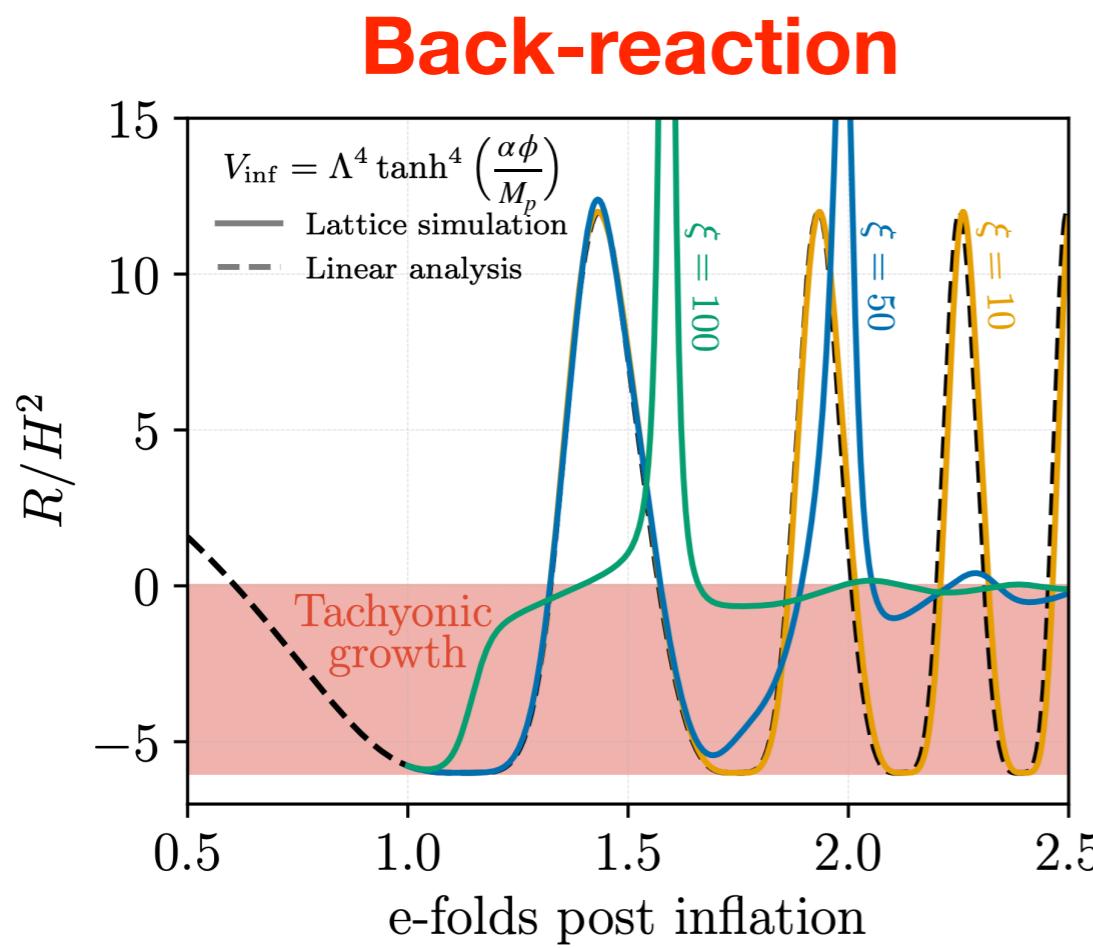
Non-Linear Regime



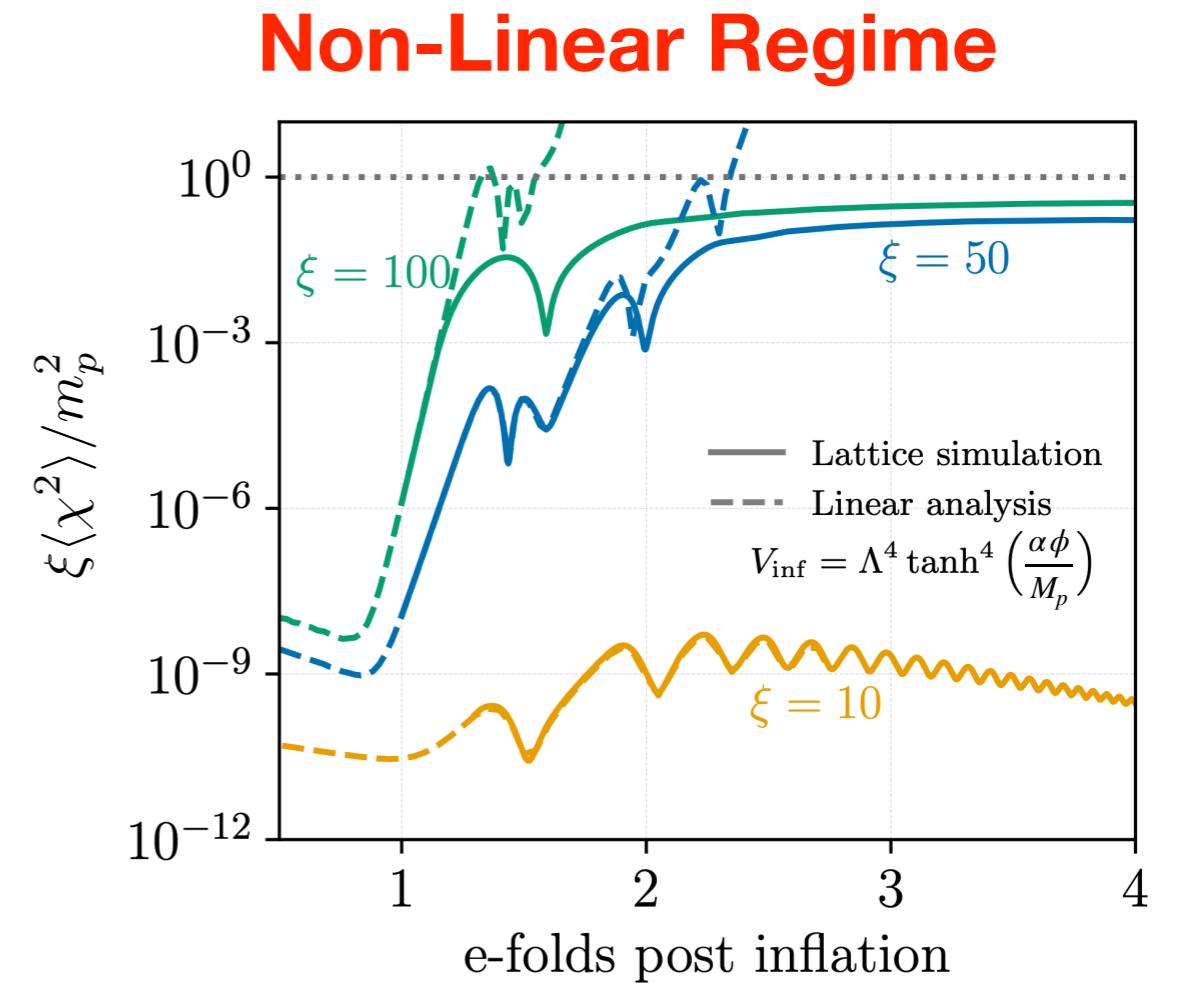
Non-minimally coupled Scalars

Geometric Preheating [Basset & Liberati '99]

$$\xi \chi^2 R \quad , \xi = 10, 50, 100$$

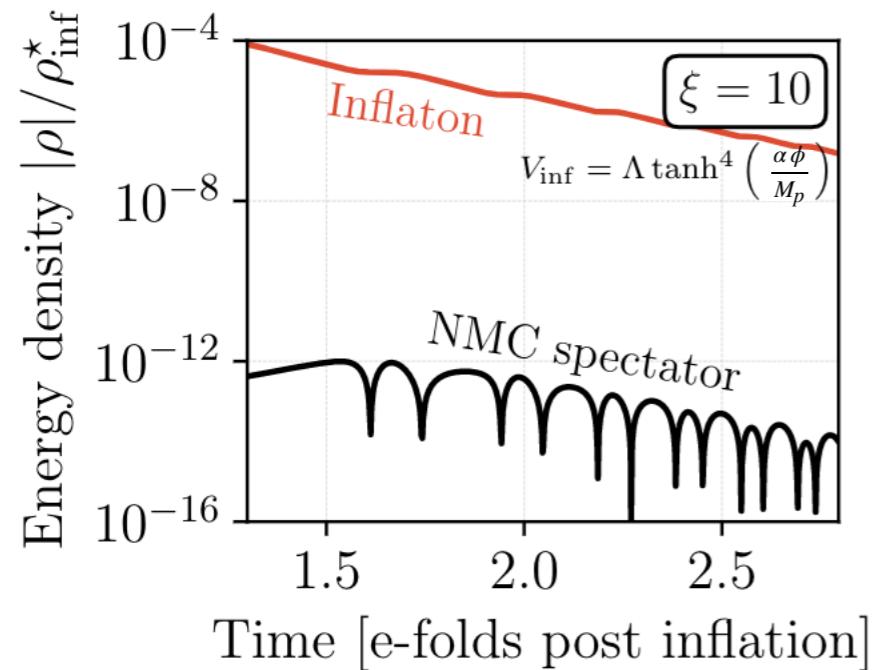


How is the preheat field excited?



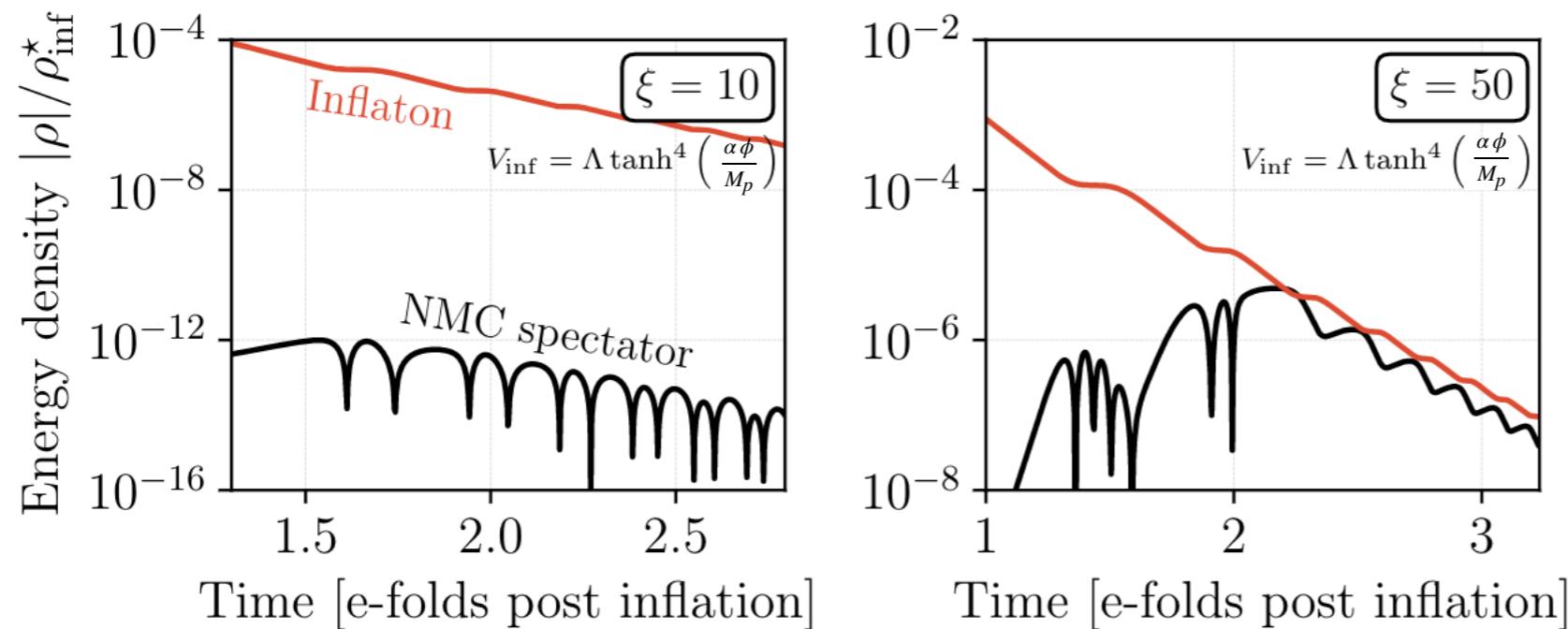
Non-minimally coupled Scalars

Geometric Preheating excitation (e.g. p = 4)



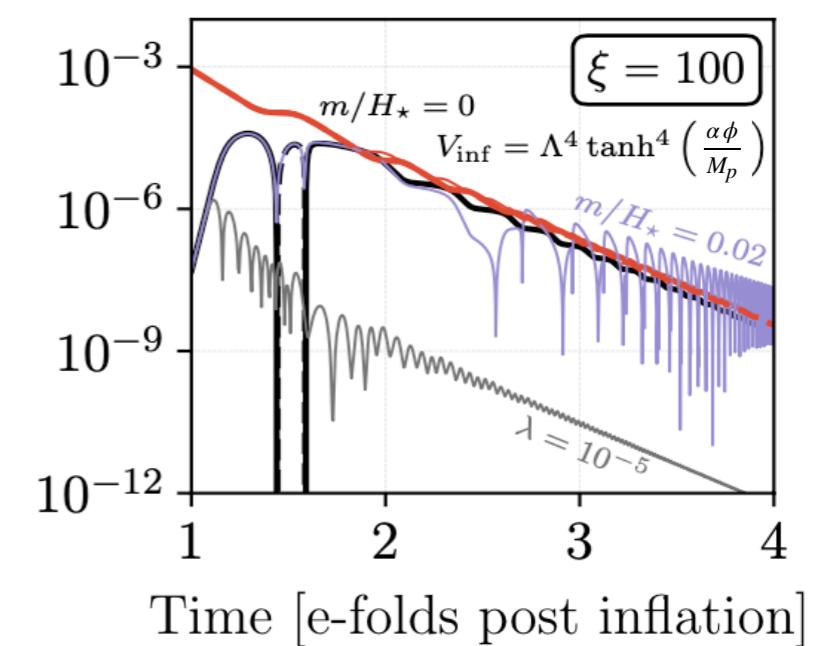
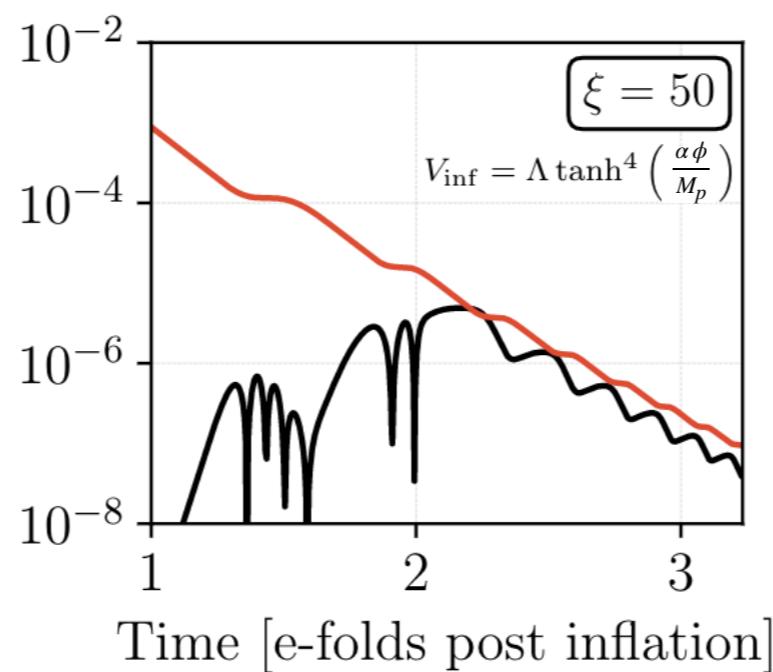
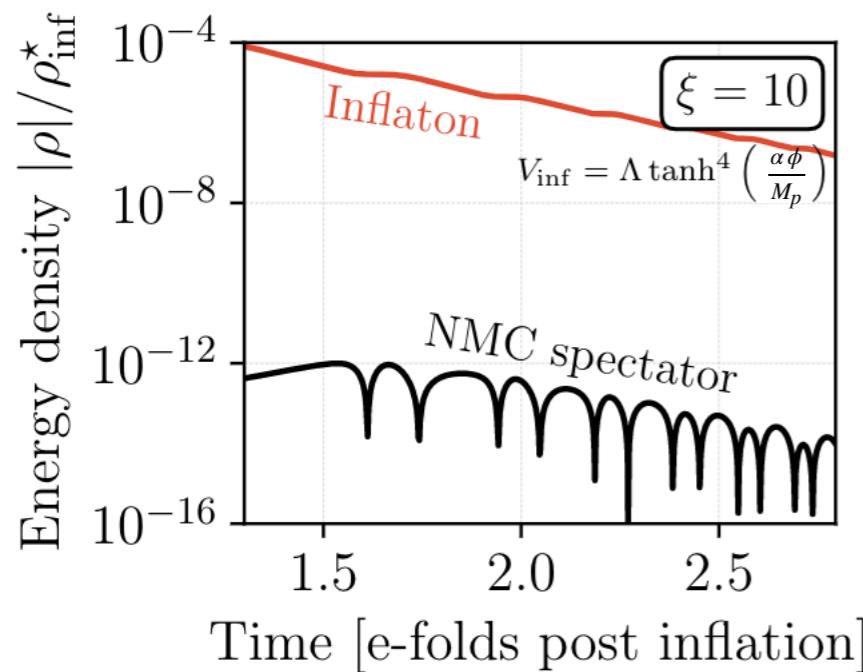
Non-minimally coupled Scalars

Geometric Preheating excitation (e.g. p = 4)



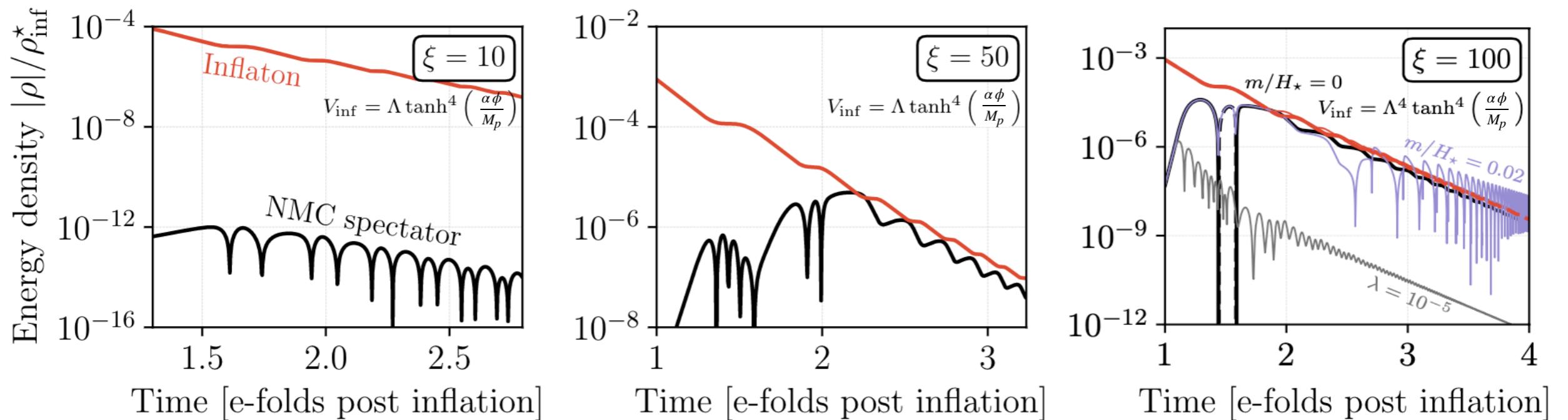
Non-minimally coupled Scalars

Geometric Preheating excitation (e.g. p = 4)



Non-minimally coupled Scalars

Geometric Preheating excitation (e.g. $p = 4$)

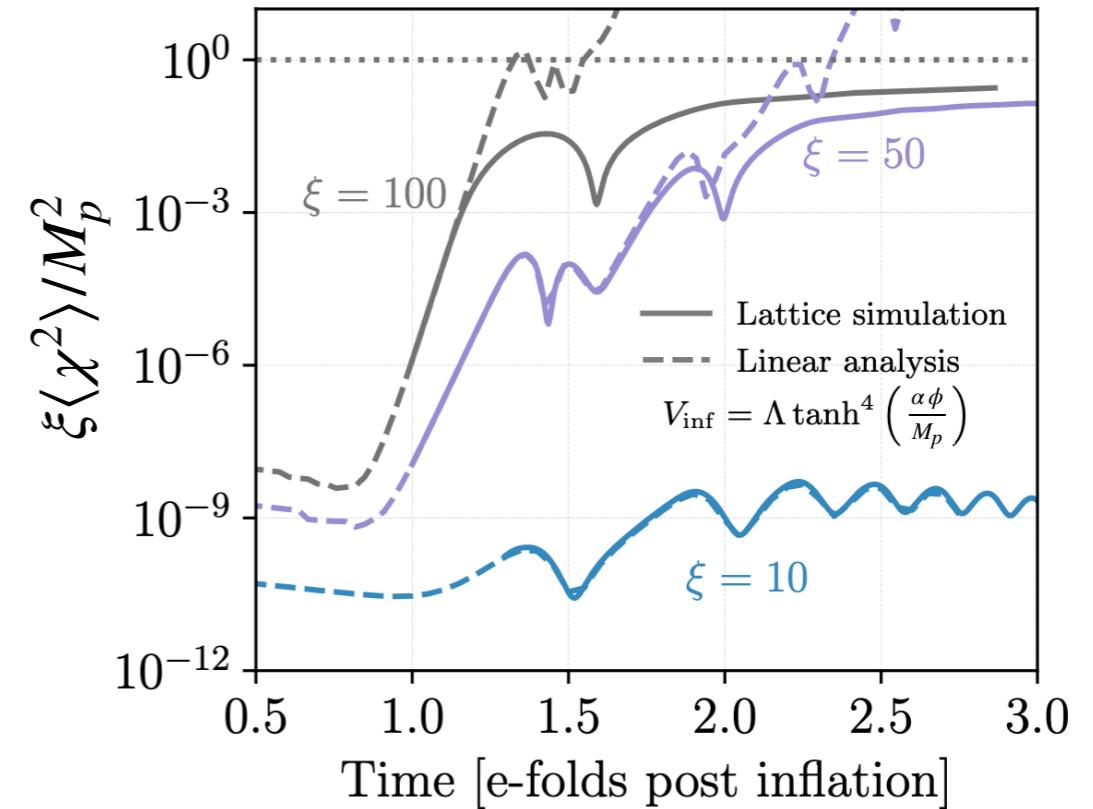
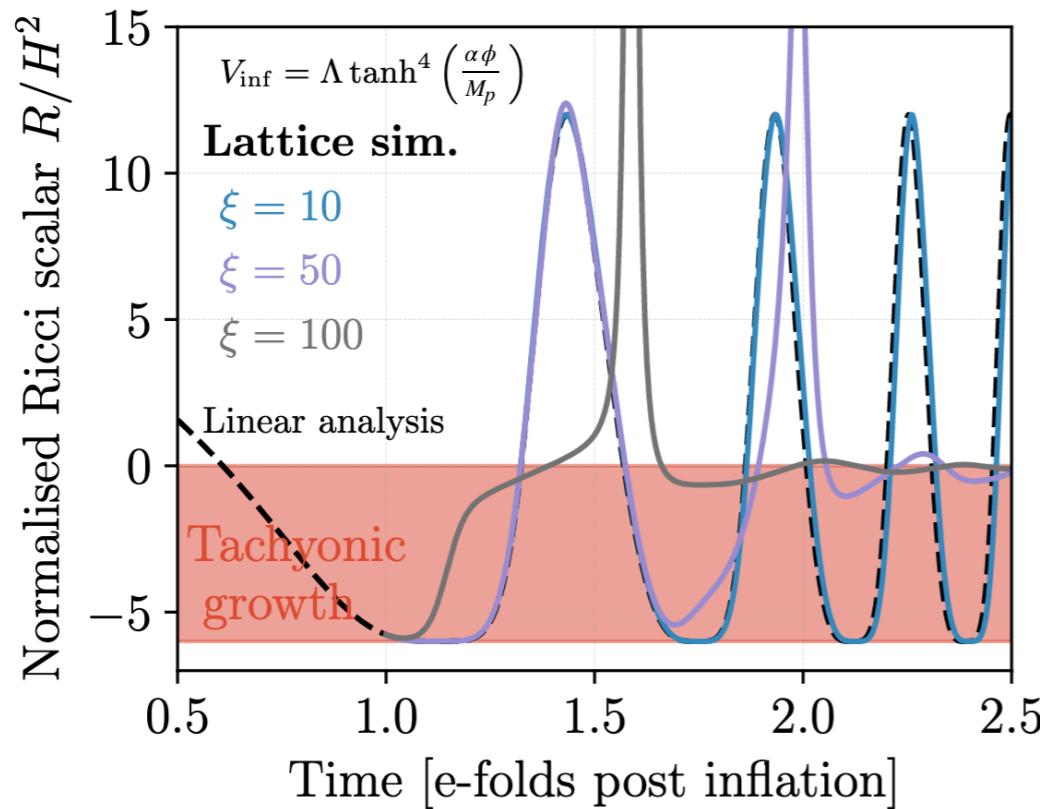


We can do it for any p

$$V(|\phi|^p) \propto |\phi|^p$$

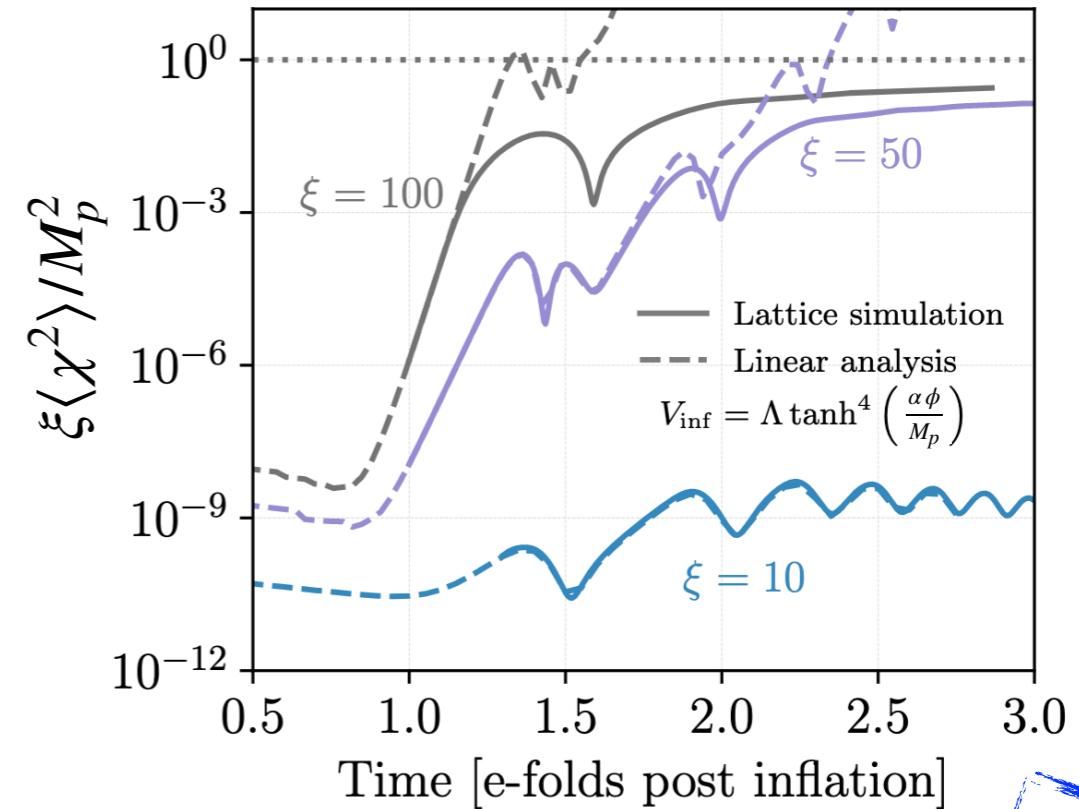
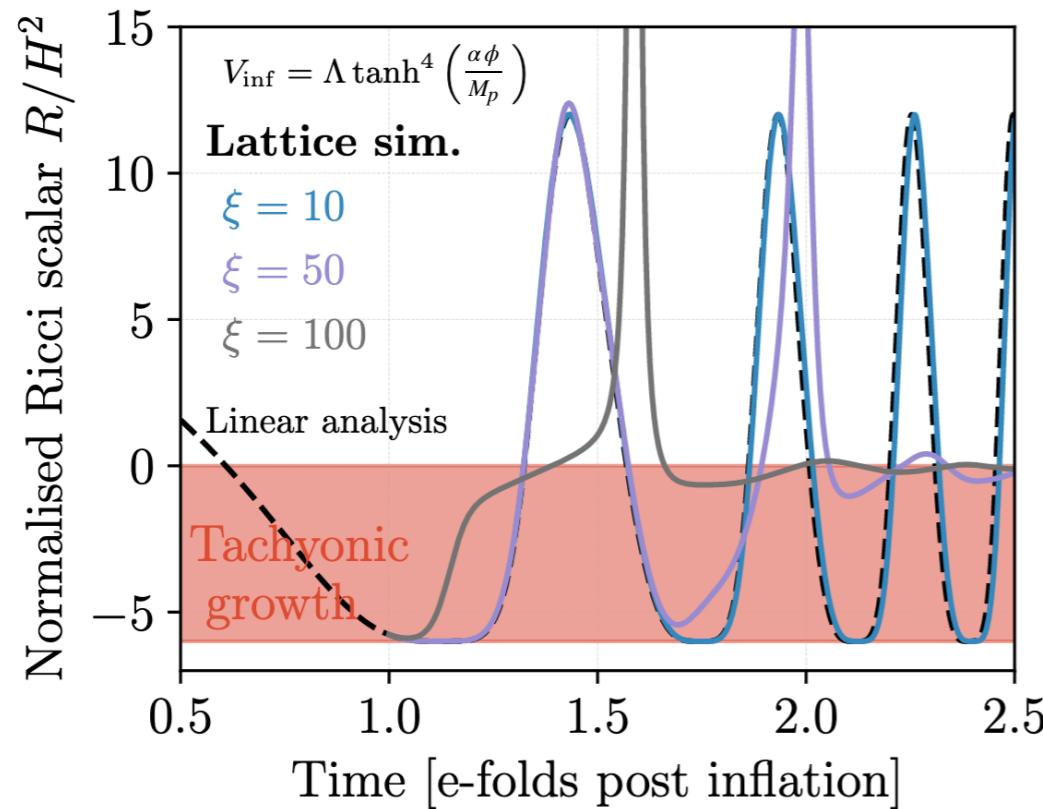
Non-minimally coupled Scalars

Full non-linear Geometric Preheating



Non-minimally coupled Scalars

Full non-linear Geometric Preheating



We can compare Jordan vs Einstein frames

Work in progress