

ICTP-IAEA-MAMBA School - Trieste 2025



Particle beam Radiation Biophysics:



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Outline

- Introduction
 - Particle beam Radiation: from molecular level interactions to cell killing effects
- Relative effectiveness factors and their modeling
- Ultra high dose rate response: the FLASH radiotherapy puzzle
- Implementing Radiobiology in Treatment Planning
- Summary and Outlook



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Bio-Medical Radiation Physics Research Team in Trento



Trento Institute for Fundamental Physics and Applications

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Where are we



shutterstruck



18.02.2025

TOPICS

DINAMICA DEI QUARK E DEGLI ADRONI
TRANSIZIONI DI FASE E PLASMA DI QUARK E GLUONI
STRUTTURA NUCLEARE E DINAMICA DELLE REAZIONI
ASTROFISICA NUCLEARE
SIMMETRIE E INTERAZIONI FONDAMENTALI
APPLICAZIONI, INTERDISCIPLINARIETÀ
ENUOVI METODI NELLA FÍSICA MUCLEARE

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Sala della Cooperazione via G. Segantini 10 TRENTO 26 | 28 Febbraio

6° INCONTRO NAZIONALE DI

FISICA NUCLEARE

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Trento Proton Therapy Center



TIFPA Experimental cave @PTC- Trento



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Hadrontherapy in Italy





Hadrontherapy



- Also called
 - Ion beam therapy
 - (Charged) Particle Therapy



 Radiation Therapeutic option exploiting charged particle beams features, physics and radiobiological based



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R. Wilson

1946

Particle versus Photon radiation

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- Protons and other ions deposit less dose in healthy tissue/ OAR
 - Macroscopic physical advantages
 - In some cases also biological advantages
- Clear advantage for sustainability of a retreatment







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The obvious advantages: Physics



Lateral profile



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Dose Delivery

Active (Raster) Scanning Soll/Ist-Werte IES 42, E=71, F=4, I=1 **Radiation Control** Scanning System Cross-section through the Monitor irradiated tumor System volume. Every section represents a different beam range. The treated elements are shown in green. Scanning Magnets 10 P . . Wire Chambers Target Volume Ionization Chambers Example: Typically: p: ~10⁹p/s Depth 5 cm: Relative Dose Proton 80 MeV Carbon 150 MeV/u $12C: ~ 10^{8p/s}$ Depth 25 cm: Proton 195 MeV Carbon 380 MeV/u TIPA Depth INFN Trento instaute for

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Exploiting Hadrontherapy







Contents lists available at ScienceDirect

International Journal of Particle Therapy

journal homepage: www.sciencedirect.com/journal/ijpt





Particle Therap

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A Radiobiology Set-Up for Drug Discovery & Radiotherapy Optimization



• 2D cell cultures: ✓ Understanding basic cell behavior after

radiotherapy. [*Jakob et al., 2020; Yokota et al., 2020*] ×Limited complexity, may not represent in vivo responses.



• Organoids:

✓ 3D structure with cell-cell interactions, better mimicry of tissues. [Pasch et al., 2019]

×Limited size and complexity, may not fully represent organ function. [*Riedel et al.*, 2022]



· Ex vivo tissue slice cultures:

✓ Preserves some tissue architecture and cell interactions.[*Merz et al., 2013*] ×Limited lifespan. [*Verwer et al., 2002*]

· Organ-on-a-chip:



 ✓ Mimics microenvironment with multiple tissues and fluid flow. [*Ingber*, 2022]
× Still under development, may not fully replicate complex organ interactions.

Animal models:



 Allow studying systemic effects and longterm consequences.[Debus et al., 2003; Saager et al., 2018]
Ethical concerns, species differences may not translate perfectly to humans. E. Scifoni - MAMBA School [Hodge et al., 2019]

Initial screening of potential Radiosensitizing agents. [Gong et al., 2021]

Personalized testing of radiotherapy response on patient-derived organoids. [Pasch et al., 2019]

Studying radiation effects on specific human tissues. [Merz et al., 2013]

Testing the combined effects of radiation on different organ systems. [Yi et al., 2019]

Preclinical testing of radiotherapy protocols before human trials. [Verhaegen et al., 2018] i - MAMBA School

Advantage
Disadvantage

Clinical Application

Ahmad et al. 2024

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The mechanism of biological damage with particle beams



Scifoni et al. COST nanoIBCT EU proposal (2010)

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Why we need models in radiation biology?

- To make predictions on different radiation effects on cells/tissue
- To implement in Treatment Planning
- To understand and explain phenomena on physics bases (computational microscopy)





"This is not a cow" --- René Magritte

"This is a cow" --- Anonymous physicist



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Courtesy from A.Attili

nto Institute for Idamental Physics (Apprications The basic Idea of Physics based modeling of (radiation induced) Biological effects

- Ignore as much as possible Biology (too complicate for you)
- Spot the differences in Physics
- Work on them as relative factors





"This is not a cow" --- René Magritte

"This is a cow" --- Anonymous physicist



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Particle beam biophysics

Radiation biophysics attempts to explain on the basis of the pattern of fundamental interactions, **relative factors** of radiation induced biologic effectiveness, e.g.:

• Different Particle type/radiation field : **RBE**

Impact of Radisensitizer/radioprotector substance: DEF

Different dose delivery method (dose rate): DREF

 $RBE = \frac{D(ref = Xrays)}{D(Particle \ Field)} \bigg|_{same \ effect}$

$$OER = \frac{D(pO_2)}{D(21\%)} \bigg|_{same \ effect}$$

$$DEF = \frac{D([C = 0])}{D([C])} \bigg|_{same \ effect}$$

$$DREF = \frac{D(\dot{D})}{D(\dot{D}_{ref})}\Big|_{same \ effect}$$













Emanuele Scifoni Basics on Rad Chem

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Secondary Electrons produced by an ion along a Bragg Peak



nal Physics

x [nm]

x [nm]

Differential DNA Damage



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Relative Biological Effectiveness (RBE):



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Mechanistic RBE models





Microdosimetry based modeling



Bellinzona et.al. Linking Microdosimetric Measurements to Biological E.ectiveness in Ion Beam Therapy: A review of theoretical aspects of MKM and other models. Frontiers in Physics (2021): 623

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The Generalized Stochastic Microdosimetric Model (GSM²)

GOAL:

 To develop a general probabilistic model that accounts for all of levels of stochasticity in the formation and temporal evolution of DNA damages induced by radiation:

1. temporal stochasticity of DNA damage;



2. spatial stochasticity of DNA damage: -intra-cellular level -inter-cellular level

- Francesco G. Cordoni
- 3. ionizing radiation stochasticity:

 -physical level energy deposition stochasticity (microdosimetric distributions)
-biological level DNA damage formation stochasticity



An example (LEM IV)



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Monte Carlo Methods for Radiation Research

• MC radiation transport codes

=Condensed history codes.



(GEANT4(*), FLUKA, PHITS, SHIELD-HIT, EGS4, MCN/PX,..)

+ possibility to describe entire irradiation geometry

- Imposition of thresholds (i.e. G4: e->~900eV)
- MC Track Structure codes



=Event by Event. Stochastic (physics+chemistry) (PARTRAC, TRAX, GEANT4DNA, TOPASnBIO, RITRACKS...) + no, or negligible (~1eV) energy/space threshold

Limited portion of track describable (normally "track segment")

TRAX and TRAX-CHEM



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High Z Nanoparticle radiosensitization





Kwatra et al. Transl. Cancer Res. 2013

NP: high cellular uptake in tumours

well known adavantage for photons; high $Z \rightarrow$ high e⁻ emission vs. high absorption

advantage with ion irradiation?

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Au NP with photons – Mechanistic insight



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High Z NP+ion local dose enhancement



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Possible sensitization mechanisms



- A) Direct traversal: enhanced electron production from Auger processes
- B) Plasmon excitation coupling with strong electron production.
- C) Secondary electrons on the NP, produces additional electron emission
- D) Catalytic effect on radiolytic species



Dose Rate effect in conventional Radiobiology



It is observed a sparing effect at **decreasing** dose rate (at very low dose rate – "protracted" irradiation)

Mechanistic Explanation easy: Potentially Letal Damage allowed to be repaired

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Modeling dose rate effects

Kinetic equations (c: cell, d: domain in cell)

$$\begin{cases} \dot{x}_{I}^{(cd)} = \lambda \dot{z}^{(cd)} + a x_{II}^{(cd)} + b (x_{II}^{(cd)})^{2} \\ \dot{x}_{II}^{(cd)} = k \dot{z}^{(cd)} - (a+r) x_{II}^{(cd)} - 2b (x_{II}^{(cd)})^{2} \end{cases}$$

- $z \rightarrow$ microscopical absorbed dose
- x_l → type-I lesions: associated with clustered DNA damages which are directly lethal for the cell
- x_{II} → type-II lesions: non-directly lethal damages that may be repaired (r), spontaneously converted to irreparable damages (a) or undergo pairwise combination (b).



directly lethal

potentially lethal

Courtesy from A.Attili



Modeling dose rate effects





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Dose rate effect (Hall 1972):

- A wide range of dose-rates has been used in radiobiology or radiotherapy, extending from a few rads per day to thousands of rads in a fraction of a second.
- At ultra-high dose-rates (pulses of micro or nanoseconds) a clear dose-rate effect has been demonstrated for bacteria, but is less certain for mammalian cells; these doserates have no certain application in radiotherapy at the present time.
- The principal dose-rate effect is observed between 100 rads/minute and 10 rads/hour; the cell-killing effect of X or γ rays decreases continuously as the dose-rate decreases throughout this range, and may be explained readily in terms of the repair of sub-lethal damage taking place during the irradiation.

UHDR exploitable for RT?



FLASH Radiotherapy: what's that

- FLASH Radiotherapy, is a novel approach
- of RT using ultra-high dose rate
- (>40 Gy/s overall dose rate, for a total irradiation time <100 ms
- but much higher rates (up to 10^9 Gy/s) during each pulse)
- aiming to get **unchanged tumor control** and **protection in the normal tissue.**





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The FLASH Effect



FLASH

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Fundamental Physics and Applications.

Ultrahigh Dose Rate Response and FLASH



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Time structure for different particles



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Parameters for observing FLASH/noFLASH



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Why Radiation Chemistry





 A strong Reprise of an old Discipline in connection to the discovery of new radiotherapies, Including FLASH and SFRT

Which are difficult to explain without it



Main FLASH mechanistic hypotheses



- irradiation and its effect on the oxygen enhancement ratio, PMB (2019)
- K. Petersson, et al. A quantita tive analysis of the role of oxygen tension in FLASH radiotherapy, IJROBP (2020)
- G. Adrian, et al., The FLASH effect depends on oxygen concentration, Brit. J. Radiol. (2020)
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Radiotherapy." International Journal of Radiation Oncology, Biology, Physics108.3 (2020): e504-e505.

Jin, Han-Yue, et al. "Ultra-high dose rate leffect on circulating immune cells: A

(2-fold) Oxygen and radiation interplay



 irradiation generates free radicals which react with the dissolved molecular oxygen in the target:

$$e_{aq}^{-} + O_2 \rightarrow O_2^{+}$$
$$H^{\bullet} + O_2 \rightarrow HO_2^{-}$$

- high doses of radiation gradually remove the O₂ to produce toxic superoxide or perhydroxyl
- shown already in historical experiments (Weiss et al. 1974)

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(2-fold) Oxygen and radiation interplay

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Macroscale

Radiobiological oxygen enhancement

oxygen is a strong sensitizer towards indirect radiation effects

Indirect action

H₂O

HO

Direct action

- increase in sensitivity of oxygenated tissues (or cells) compared to hypoxic ones is described by **OER** OER
 - same effect
 - D_{p02} arve Hypoxic-Oxic condition

15 Dose [Gy]

log(PO₂) _ET Scifoni et al. 2013

The Oxygen Depletion Hypothesis (ROD)



- Ultrahigh dose rate: Oxygen consuption too quick for redifussion to restore initial levels
- Transient hypoxia generated -> induced radioresistabce
- Already suggested in Hall&Brenner 1991



Oxygen Molecue Movemen

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FLASH and Spatio-temporal Scales of Radiation Damage



Weber, Scifoni, Durante 2021



FLASH and Spatio-temporal Scales of Radiation Damage



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Monte Carlo Track structure Codes for exploring FLASH Chemistry

4e-06 3e-06 1e-06 -3e-06 -2e-06

Heterogeneous stage (and slightly beyond...)

- TRAX-CHEM (Boscolo et al. 2020)
- TOPASnBIO (Ramos et al. 2020)
- gMicroMC (Lai et al. 2021)
- Geant4-DNA (Tran et al. 2021)
- IONLYS-IRT (Alanazi et al. 2021)
- NASIC (Zhou et al.2021)



u.r.

Boscolo et al. 2021

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From TRAX to TRAX CHEM:



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Pre-chemical stage

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• Molecular dissociation:

Excited and ionized water molecules **dissociate or relax to the ground state**.

	Dissociation channel	Probability(%)
Ionization	$\rm H_{3}O^{+}{+}OH^{\bullet}{+}e^{-}_{aq}$	100
Excitation		
A^1B_1	H_2O $OH^{\bullet}+ H^{\bullet}$	25 75
$\mathrm{B}^{1}\mathrm{A}_{1}$	$\begin{array}{c} H_{2}O\\ H_{3}O^{+}{+}OH^{\bullet}{+}e^{-}_{aq}\\ H_{2}{+}H_{2}O_{2} \end{array}$	15 55 30
Ryd(A+B), Ryd(C+D)	H_2O OH•+ H• $H_3O^++OH•+e_{aq}^-$	23 20 57
diffuse bands, H [*] Lymanα, H [*] Balmerα, OH [*]	$\rm H_{3}O^{+}{+}OH^{\bullet}{+}e^{-}_{aq}$	100
$\mathbf{e}_{\mathrm{sub}}^{-}$	e_aq	100

• Thermalisation model:



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Chemical stage



• Diffusion:

Jump in a **random direction** Einstein Smoluchowski eq.:

 $\lambda = \sqrt{6D\Delta t}$

D the diffusion coefficient **Δt** the time step

• Reaction: $a_{AB} = \frac{k_{AB}}{4\pi(D_A+D_B)}$ proximity parameter

Reaction		Products	$k\big(\tfrac{10^{10} dm^3}{mol \cdot s} \big)$
OH•+ OH•	\rightarrow	H ₂ O ₂	0.6
$OH^{\bullet} + e_{so}^{-}$	\rightarrow	OH-	2.2
OH•+H•	\rightarrow	H ₂ O	2.0
$OH^{\bullet}+H_2$	\rightarrow	$H^{\bullet} + H_2O$	0.0045
$OH^{\bullet} + H_2O_2$	\rightarrow	$HO_2^{\bullet} + H_2O$	0.0023
$e_{aq}^{-}+e_{aq}^{-}+H_2O+H_2O$	\rightarrow	$H_2 + OH^- + OH^-$	0.55
$e_{aq}^- + H^\bullet + H_2O$	\rightarrow	$H_2 + OH^-$	2.5
e_{aq}^{-} + H ₃ O ⁺	\rightarrow	$H^{\bullet} + H_2O$	1.7
$e_{aa}^{-} + H_2O_2$	\rightarrow	OH+ OH-	1.0
$H^{\bullet} + H^{\bullet}$	\rightarrow	H ₂	1.0
$H^{\bullet} + H_2O_2$	\rightarrow	$OH^{\bullet}+H_2O$	0.01
$H^{\bullet} + OH^{-}$	\rightarrow	e_{aq}^{-} + H ₂ O	0.002
$H_3O^+ + OH^-$		H ₂ O+ H ₂ O	10.0

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Boscolo, Krämer, Fuss, Durante & Scifoni, Chem Phys Lett 2018



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Chem Phys Lett 2018



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Chem Phys Lett 2018



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Radiolytic yields time dependence



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Dissolved oxygen in the target

- Dissolved oxygen implemented as a continuum
- Probability of not interacting with oxygen ٠

 c_s

Probability of interact with oxygen in a time ٠



Boscolo et al. IJMS 2020;



O₂ impact on the nanoscale



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TRAX-CHEM predicted oxygen depletion in water



Original Article

May oxygen depletion explain the FLASH effect? A chemical track structure analysis

Daria Boscolo^a, Emanuele Scifoni^b, Marco Durante^{a,c,*}, Michael Krämer^a, Martina C. Fuss



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Boscolo et al IJMS 2020; RO 2021

Expected ROD effect on DMF

Boscolo et al Radiother Oncol 2021

OER impact for the published in vivo results

Experiment			FLASH		
	Dose (Gy) ^a pO	<i>p</i> O _{2,ini} (%) ^b	pO _{2,fin} (%)	DOER,DYN (% of conv.)	=DMF(%)
Mouse whole brain (14)	10	3.4	3.13	100	
Minipig skin (13)	31	5.3	4.39	100	
Cat, healthy skin/ mucosa (13)	33	5.9	4.91	100	
Cat squameous cell carcinoma (13)	33	1.9	1.27	98.5	
Mouse lung (12)	17	5.6	5.09	100	
Lung tumor (12)	17	2.1	1.74	99.3	
Human patient, healthy skin (15)	15	5.3	4.86	100	
Human skin lymphoma (15)	15	1.5	1.24	99.1	
Experimental validation



Jansen et al RO 2022



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Intertrack effects



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INTERTRACK: Quantities and their time evolution



INTERTRACK: Quantities and their time evolution



Spatiotemporal shifts

♦ Point-like Source:

- 20 MeV protons (LET = 2.25 keV/ μ m)
- 20 MeV/u helium ions (LET = 33.5 keV/ μ m).
- ♦ Main Target: Square face (25 μ m²) and depth 2.5 μ m (H⁺) and 1.5 μ m (He²⁺).
- $\Diamond \Delta x$ [nm]: 0, 1, 10, 10², 10³
- \diamondsuit Δt [ps]: 0, 1, 10, $10^2,\,10^3,\,10^4,\,10^5$







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Overall yields for tracks at different Δx and Δt

OH.



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Proton Δ Gs for given s/t separation

 ΔG -value_{μs} = (G-value_{μs} ($\Delta x, \Delta t$)-G-value_{μs} (NI))/G-value_{μs} (NI) (



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Helium ∆Gs for given s/t separation



Conclusions

- The radiotherapy effectiveness depend on the different types of energy deposition at the molecular level
- FLASH radiotherapy exploits the dose rate effect in ultrahigh regime and its mechanism remain not understood, while Is object of intense investigation
- Multiscale modeling allows to provide insights in the mechanism,
- The heterogeneous stage is accurately described by TRAXCHEM, depicting the chemical evolution of tracks at different conditions allowing to explore impact of oxygenation and LET up to ms time scale. The mulltitrack feature evidences a clear range in time and space where intertrack may occur, which is extremely limited in typical FLASH experiments



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and Apprications.





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- Francesco Romano



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PRECISION

FLASH WORKSHOP 2025

THE ROLE OF OXYGEN IN FLASH RADIATION THERAPY

HEIDELBERG (GERMANY), JULY 1ST - JULY 3RD, 2025

MORE INFORMATION ON: WWW



I.DKFZ.DE/FLASH_WORKSHOP2025

Thanks for your attention!



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Discussion Slides





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Hetero/Homogeneous stage transition



- Higher LET homogeneizes later
- Track remains denser at later stage
- Diffusion may still play a relevant role

Camazzola et al. 2023

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Radical recombination hypothesis



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The MultiScale-Generalized Stochastic Microdosimetric

Model





Battestini et al. Front. Phys. 2023.

Fast chemical reaction kinetics



system of ordinary differential equations resolution in each domain



conventionally considered constant

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Combining AI with particle beam radiobiology

IPEM

Institute of Physics and Engineering in Medicine

Phys. Med. Biol. 68 (2023) 085017

https://doi.org/10.1088/1361-6560/acc71e

Physics in Medicine & Biology



- RBE1 - RBE10 - RBE50

PAPER

An artificial intelligence-based model for cell killing prediction: development, validation and explainability analysis of the ANAKIN model

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Biological-based treatment planning

- Bio-TPS for ion beams aims to include as much as possible biological effect information in the planning strategy.
- Relevant for plan recalculation but ideally needed for **inverse** planning.
- Substantial e.g., for assessing differential benefits of different irradiation modalities and selecting the most suitable choice for a given patient case.
- Additional physics data needed, since the different components (E,Z) of the mixed field in a beam should be properly accounted in order to get a proper overall biological effect.



TPS in the Radiation therapy workflow



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Dose modifying factors

in general a "dose modifying factor" (DMF) is defined as a ratio of doses compared ٠ to normal conditions (n.c.) giving a Same biological effect

-more properly called `Dose effectiveness factor (DEF)-

$$DEF = \frac{D_{special conditions}}{D_{n.c.}}\Big|_{same effect(S)}; \quad DEF([C]) = \frac{D([C])}{D_{n.c.}}\Big|_{same effect(S)}$$

- Can be a radiation quality related feature ٠ like **RBE**, or a more target related property (like e.g. **OER**)
- it is called properly a "dose modifying factor" ٠ if independent on S (or D)



0.1

EF=2.42

 $EF = \frac{D_1}{D_1}$

EF=2.03

Do S=const

The Optimization problem

Optimal particle numbers \overline{N}_{ont} for all rasterpoints in order to obtain a 3D dose distribution that respects the constraints imposed. Raster scanning system TRiP98 cost function \rightarrow formalizes the treatment goals: $\chi^{2}(\vec{N}) = (w_{t})^{2} \sum_{i=1}^{N_{T}} \frac{\left(D_{pre} - D_{i}(\vec{N})\right)^{2}}{\Delta D_{pre}^{2}} \xrightarrow{\text{Target (uniform dose)}} \\ + \left(w_{0AR}^{Dmax}\right)^{2} \sum_{i=1}^{N_{DAR}^{Dmax}} \frac{\left(D_{max} - D_{i}(\vec{N})\right)^{2}}{\Delta D_{max}^{2}} \cdot \theta\left(D_{i}(\vec{N}) - D_{max}\right)$ Krämer et al. (2000) final slice first slice Where in order to account for bio effects, Rasterpoint the "bio" dose is obtained through scaling the physical dose by the specific DMF Krämer et al. (2000) y[mm] Aim: searching the minimum of 10 20-20 20-20 10 20 0 -10 0 $\chi^2(\vec{N})$ for all fields simultaneously x[mm] x[mm] x(mm) (multiple field optimization).

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Modeling and Verification for Ion OVE IT beam Treatment planning A Graphycal summary

