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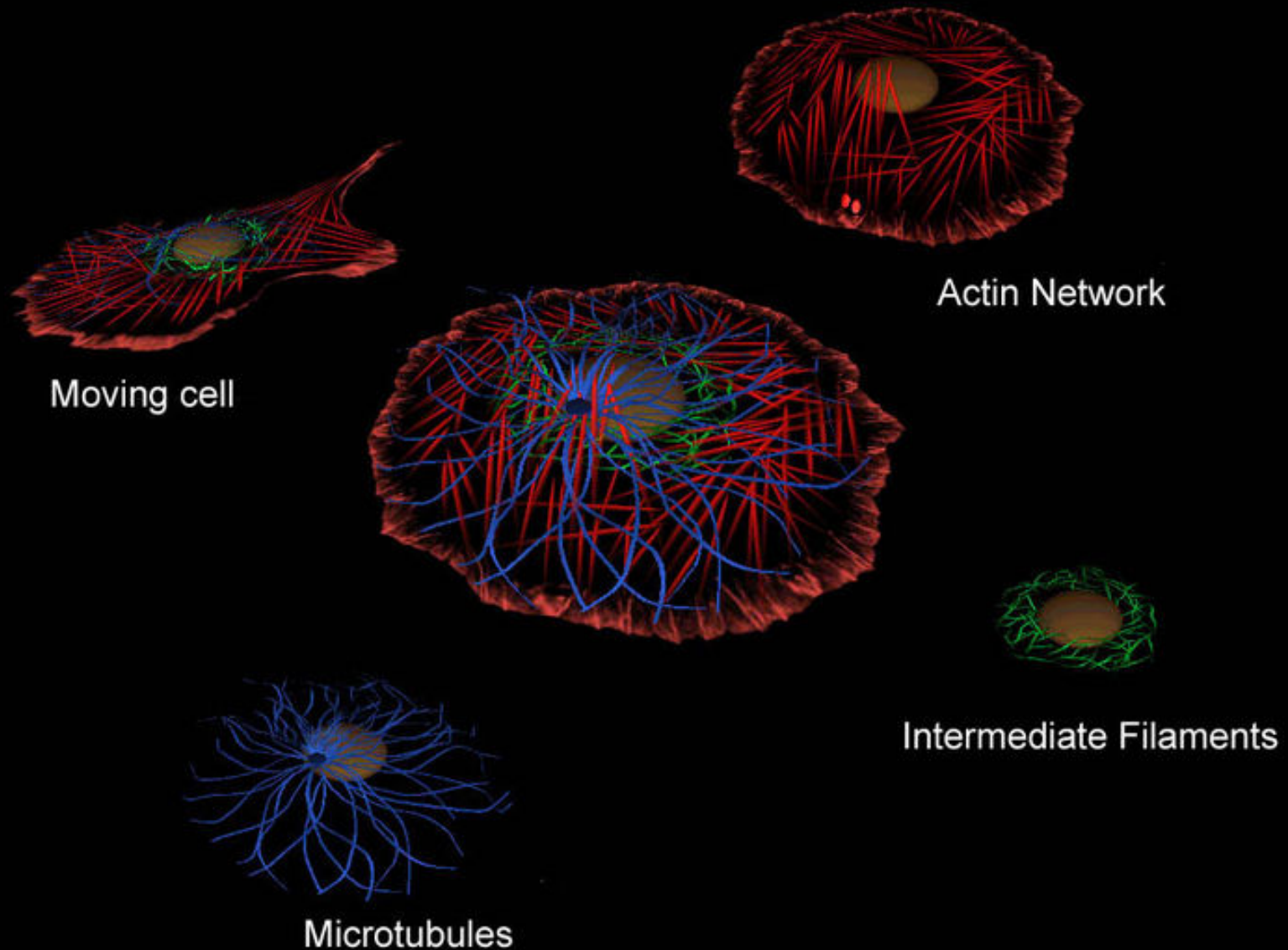
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Living cells move on their own

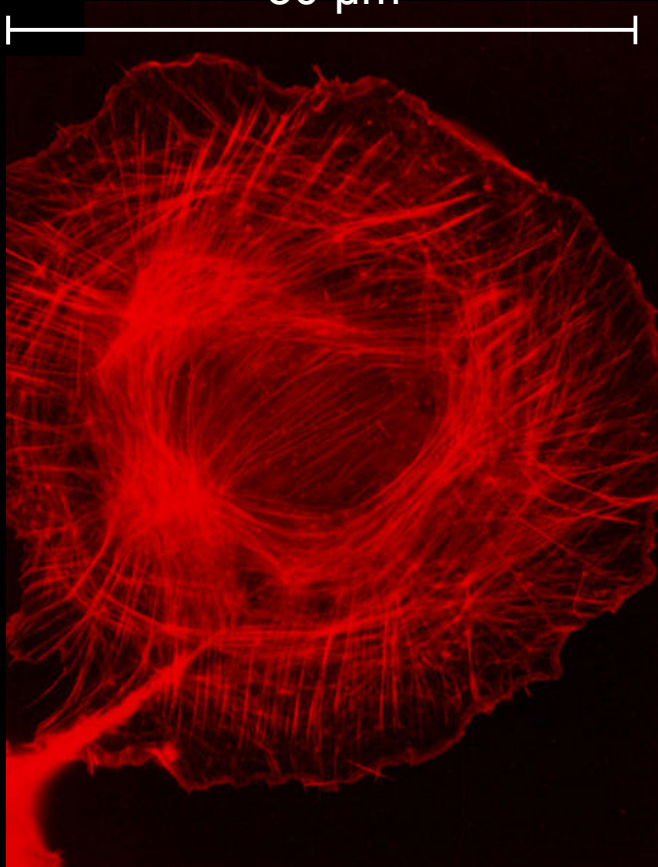


Cytoskeleton: backbone of the living cell



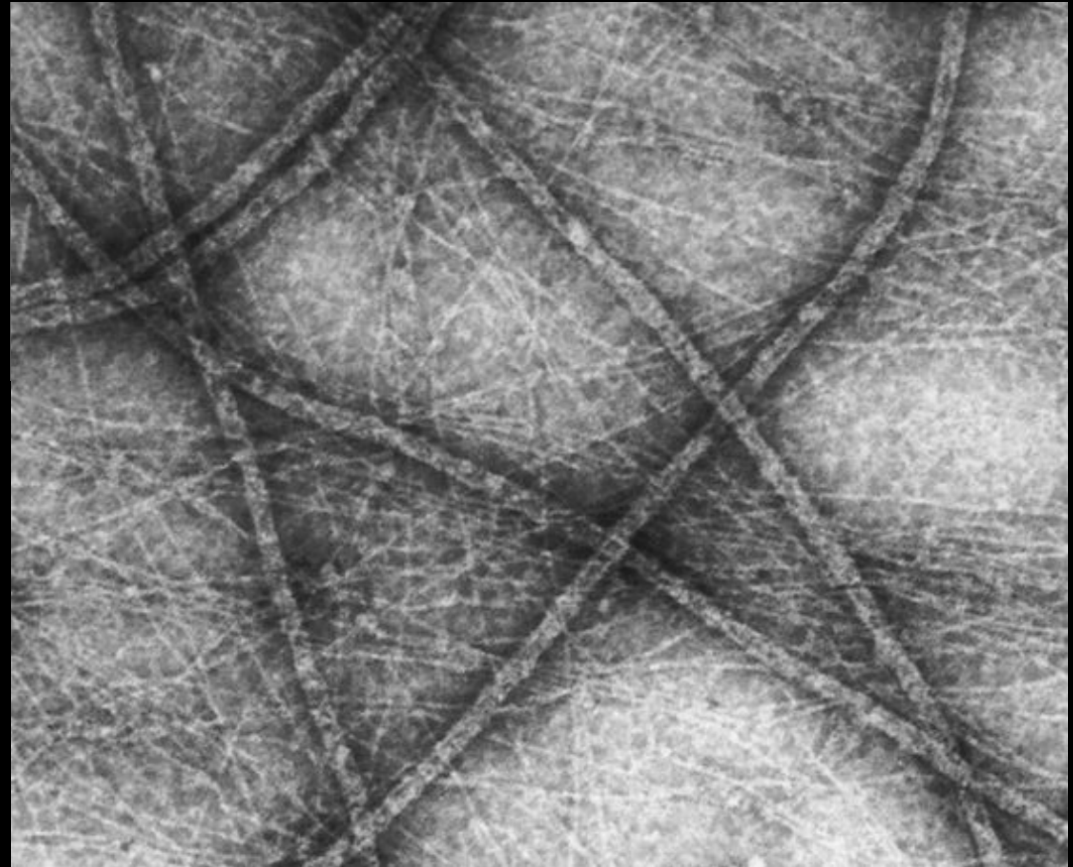
Not one, but three cytoskeletons

$\approx 50 \mu\text{m}$



actin

optical microscopy:
resolution = 300 nm



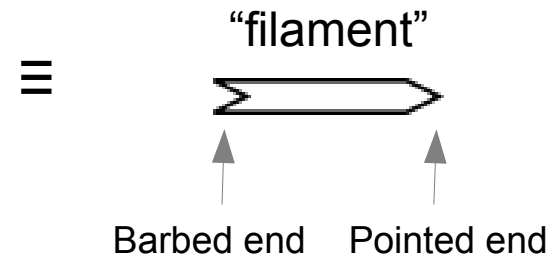
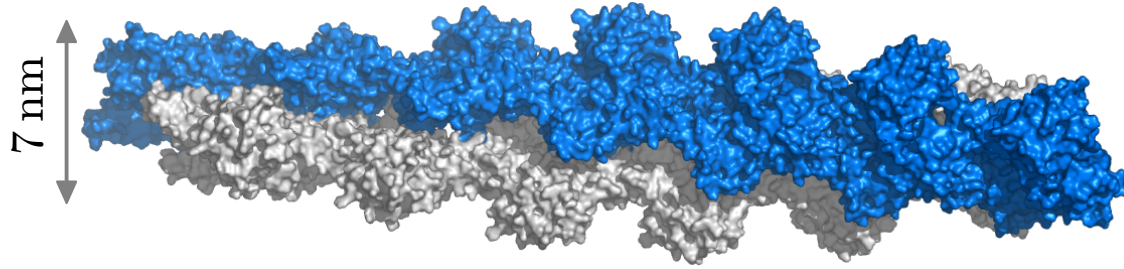
electron microscopy:
resolution < 1 nm

Pushing and pulling: actin moves the cell

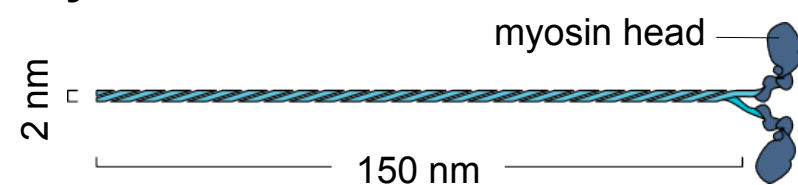


Meet actin and myosin, major players of cell motility

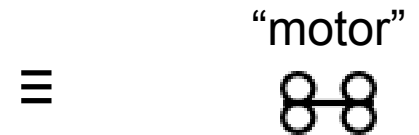
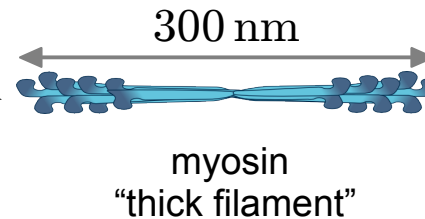
F-actin (filamentous actin) ; persistence length $\approx 10 \mu\text{m}$



myosin II



self-assembly



Actin is rigid, but not that rigid



radii of curvature induced by
thermal fluctuations $\approx \ell_p \approx 10 \mu\text{m}$

Actin is very dynamic

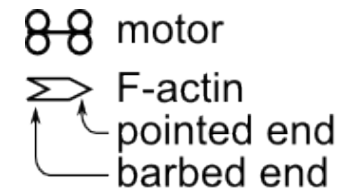


So-called *actin treadmilling* requires constant energy input under the form of ATP

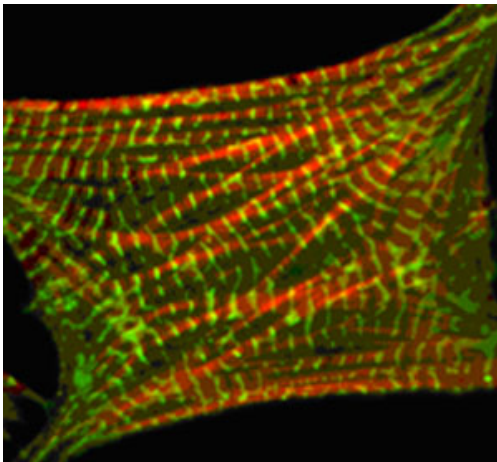




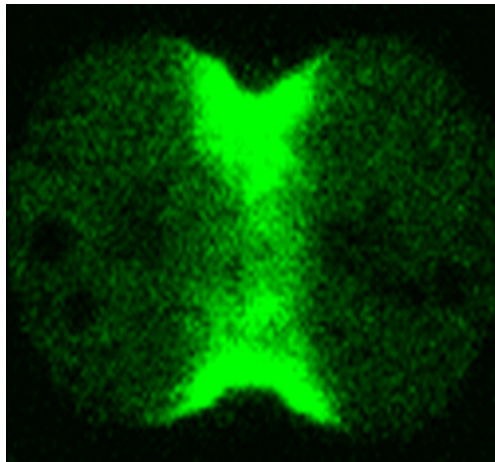
Myosin motors exert forces on actin



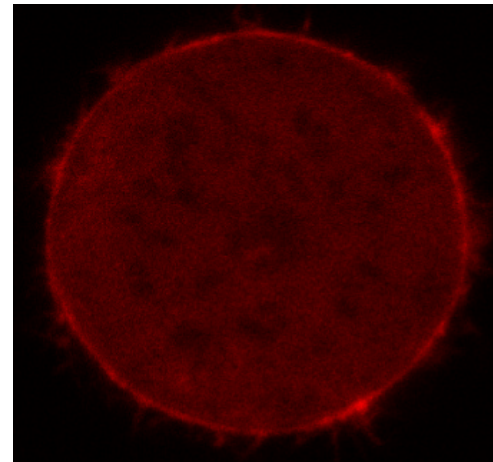
striated muscle



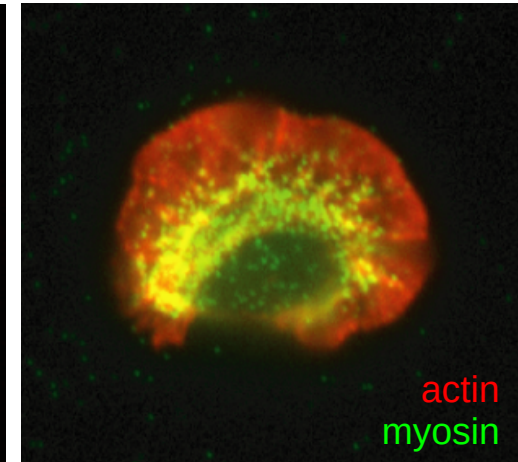
cytokinetic ring (1d)



cell cortex (2d)



lamellar network (3d)



ordered

disordered

Actomyosin contractility is well understood in striated muscle



Course outline

Part 1: The cell's building blocks at equilibrium

1. Entropic elasticity of a semiflexible filament
2. From filament to gel: effective medium theory
3. Soft modes, bending and nonaffine elasticity

Part 2: The cell's building blocks out of equilibrium

1. The brownian ratchet
2. Molecular motors
3. Rectifying and amplifying stresses

Part 3: Hydrodynamic theories of the cell

1. Generalized hydrodynamics
2. Spontaneous flow in an active gel: a model of cellular motion