



IRAN

ایران



**Currency**  
**Prices**  
**Airport**  
**Rules We Have to**  
**Respect**  
**Weather**  
**Entertainment**  
**Plug, Electricity,**  
**Toilet**  
**Transportation**  
**Emergency**  
**Numbers**



# CURRENCY

Iran's official currency is **Rial**, but the current one that the public uses is **Toman**. One Toman is ten Rials. Currently one US Dollar is about 4000T (Tomans).

We highly recommend you not to count on using your master or visa card here and **bring cash** and exchange it in IKA airport or in Tehran.



# PRICES

- A bottle of water : 500 T
- A cup of coffee: 10000 T
- Food in restaurant: at least 10000 T
- Taxi : 1000-20000 T
- SIM card:10000 T
- Subway and BRT ticket:1000 T



# From the IKA airport to your destination:

The easiest way to get to the dorms is to take a taxi. You can book a **taxi** from the Seirosafar company at the ground floor of IKA airport. (<http://www.airportseirosafar.com>)

Rates are varying around 80,000 T (less than **20 Euros**) depending on the car.



Please ask the driver to take you to this destination:

For **participants**:

Dormitory of Shahid Beheshti, Daneshjoo boulevard, Velenjak, Tehran.

خوابگاه متاهلین دانشگاه شهید بهشتی،  
تهران، ولنجک، بلوار دانشجو، روبروی مجتمع تجاری  
ولنجک.

For **lecturers**:

Asareh Hotel, No.1, Zare St., Azadi Ave.,  
Tehran-Iran

هتل آساره. خیابان آزادی، روبروی دانشکده دامپزشکی،  
انتهای خیابان زارع، پلاک ۱



# RULES WE HAVE TO RESPECT

- There are some social customs and habitudes specified to every nations and it's the same in Iran. Have more knowledge about these customs helps you leave more easily and adopt better.
- Kissing, hugging or shaking hands between men and women in public are to be avoided.
- Dress code for girls outdoor: long sleeves and pants, non tight, a scarf covering your head and your neck.
- Dress code for men outdoor: long pants, no sleeveless shirts (t-shirts are OK)



# WEATHER

Iran has 3 kinds of weather, mountainous, hot and dry, rainy; but most parts of Iran has a hot, dry climate characterized by long, hot, dry summers and short, cool winters.

Tehran and some other parts in west of the country mostly are mountainous and have the whole four seasons in one year.

During March it varies between 10°C to 20°C, with a high chance of rain or wind.





# ENTERTAINMENT

- Traditional Restaurants
- Roof of Tehran
- Nature Bridge
- Shopping malls/traditional bazaar
- Awesome coffee shops
- Skiing & Snowboarding in Tehran in winter
- Palaces, museums, Galleries
- Paintball clubs, room scape games, board game cafe
- Persian gardens



## **PLUG, ELECTRICITY**

The electricity supply in Iran is 220 (240) volts 50 Hz and 15 amp round two-pin plugs are used. Thus, European electrical items can be used in Iran without any problem.



## **TOILET**

There are also western style toilets but mostly you can find this one. Usually there's no toilet paper in the restrooms. You should not trash the toilet paper in toilet.

# TRANSPORTATION

**Taxi:** Getting a taxi in Tehran is not very difficult. Most taxis are "shared taxis" which means that they operate on pre-set routes in the city. You can also use an app called "Snapp" which is like Uber and it has English and French languages.



**Metro:** Tehran's metro system is comprised of five lines that will whisk you quickly from one end of the city to the other. The only problem with subways is that they can be very crowded at rush hours in some routes.



**Bus/BRT:** BRT (Bus Rapid Transportation): The BRT buses are colored in red. BRT has special lines and travels very quickly.



## Emergency calls:

Ambulance: 115

Police: 110

Directory Assistance: 118

Taxi: 133

Fire station: 125

Rail way information: 5121

Tehrans's Code: 021

-Facebook, Twitter, YouTube and some other social media are blocked in Iran. You can use VPN to access to these medias. Google and its products are not blocked here.