



STEREOTACTIC RADIOSURGERY

-

CONCEPTS AND IMPLEMENTATION

**ICTP School on Medical Physics for Radiation Therapy
Dosimetry and Treatment Planning for Basic and Advanced Applications
March 27 – April 7, 2017
Miramare, Trieste, Italy**

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OUTLINE

Stereotactic Radiosurgery Concepts – targets and dose distributions

Some History

Commissioning and Quality Control

Image Fusion and Target delineation

Dose delivery methods

SRS treatment process

Stereotactic Radiosurgery

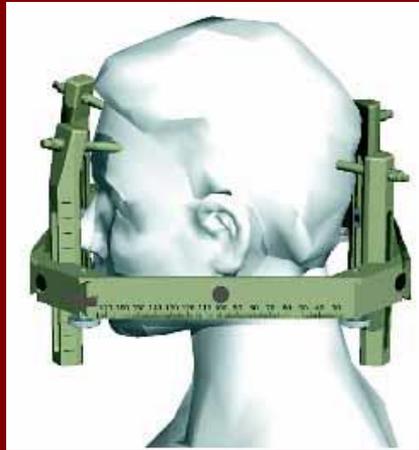
“A single high dose of radiation, stereotactically directed to an intracranial region of interest. May be from X-ray, gamma ray, protons or heavy particles.” (Lars Leksell, 1951)

**Historical Development of Stereotactic Ablative Radiotherapy
Timothy D. Solberg, Robert L. Siddon, and Brian Kavanagh**

Stereotactic Radiosurgery (SRS) – Stereotactic Radiotherapy (SRT)

SRS and SRT use a **stereotactic system** and **high energy beams** to irradiate a volume.

- (1) Requires an image based volume defined and indexed to a stereotactic coordinate system.
- (2) Planning and treatment delivery indexed to the same coordinate system.



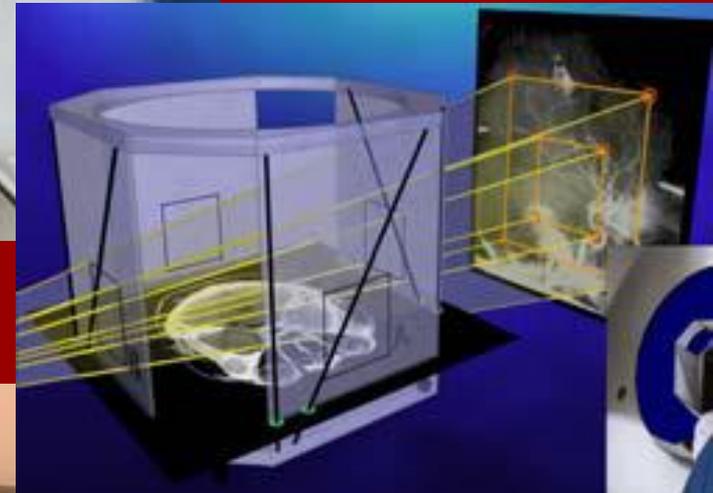
SRS and SRT produce a sharp dose gradient outside the treatment volume.

Stereotactic Localization

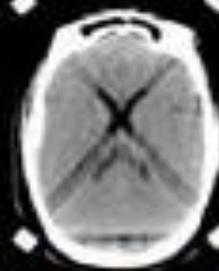
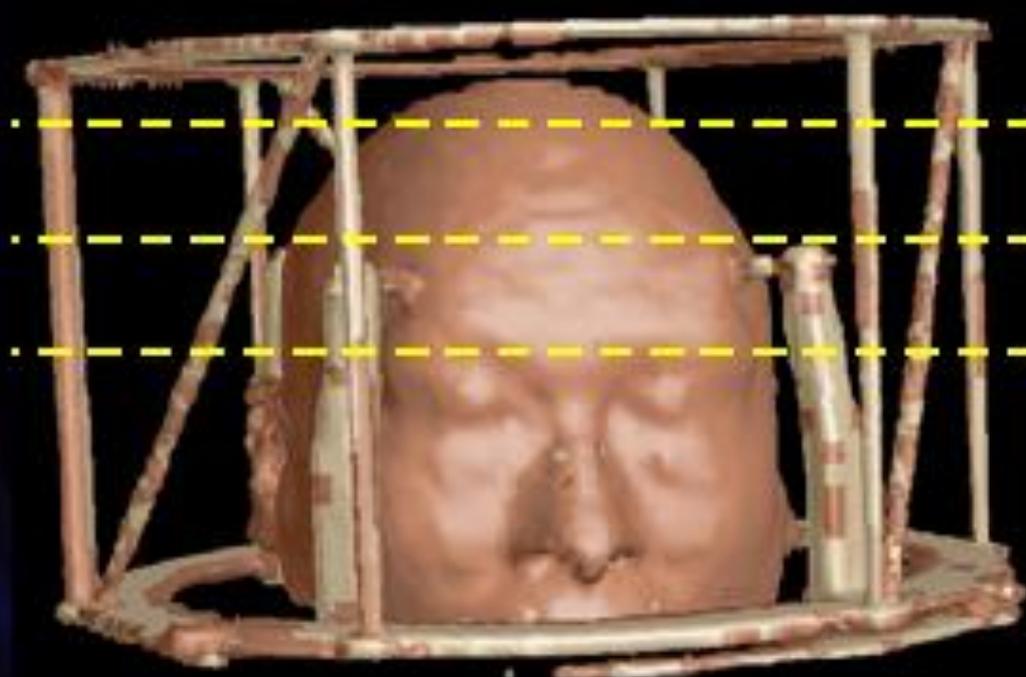
A localizer head frame, rigidly attached to the cranium, defines a precise and rigid frame of reference.

All points within that space can be referenced to a unique coordinate system.

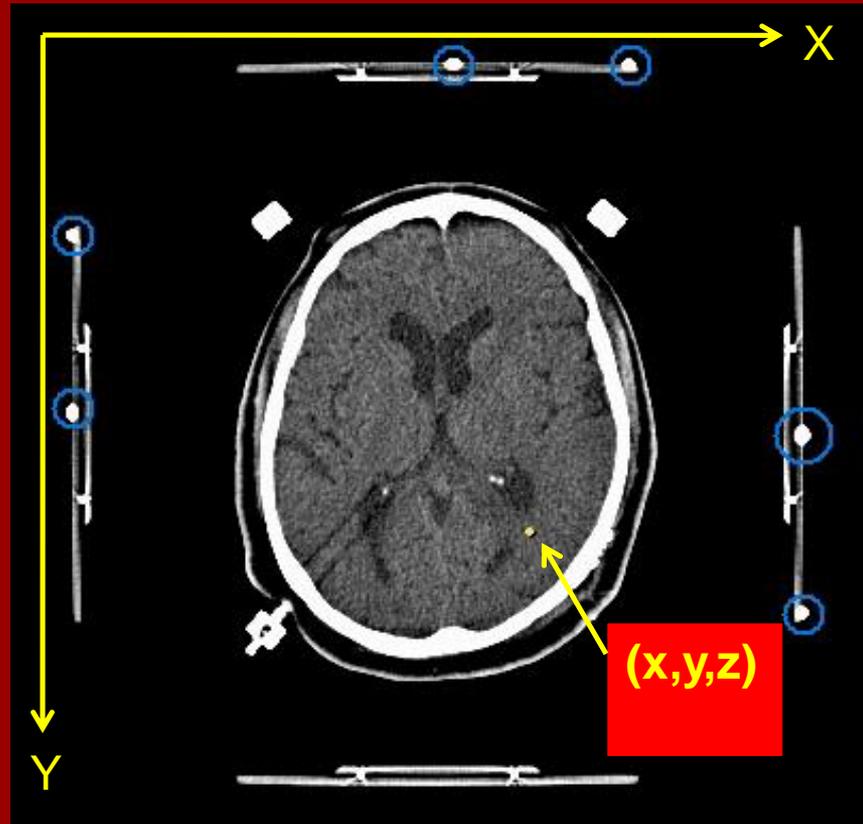
All structures and points can be identified in all the imaging studies that include the localization frame, which is uniquely and rigidly attached to the base frame.



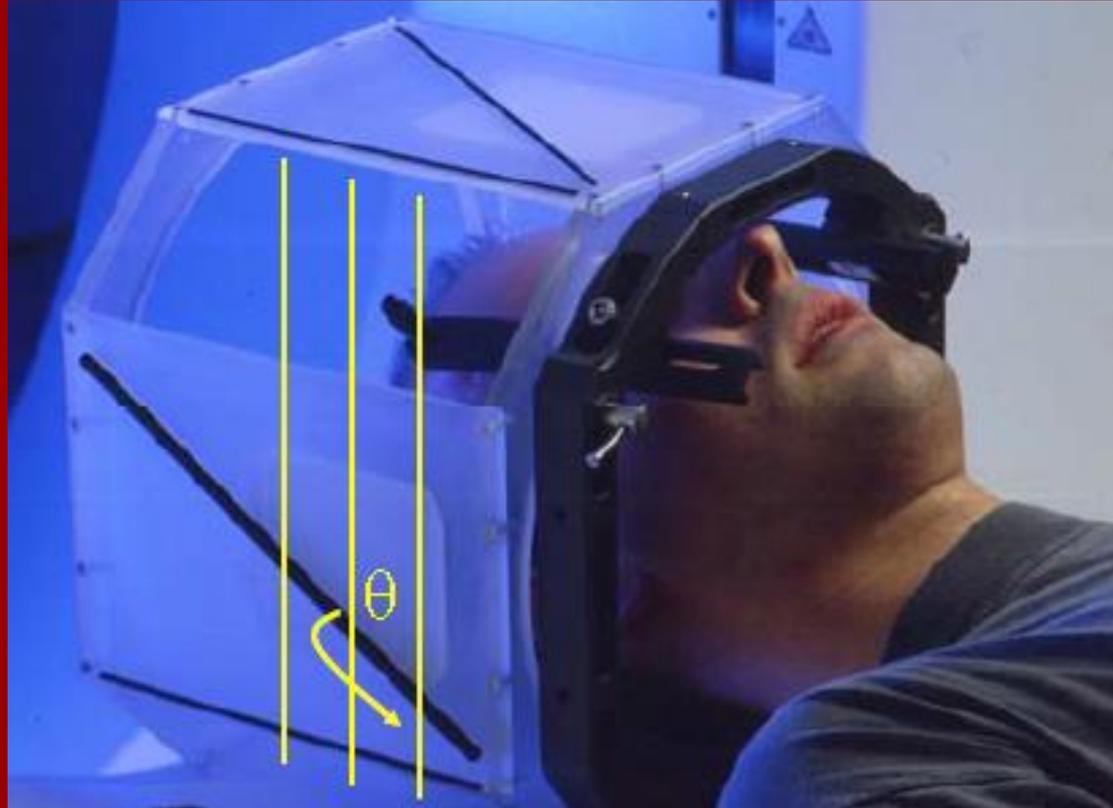
Principles of Tomographic Localization



Localization of points



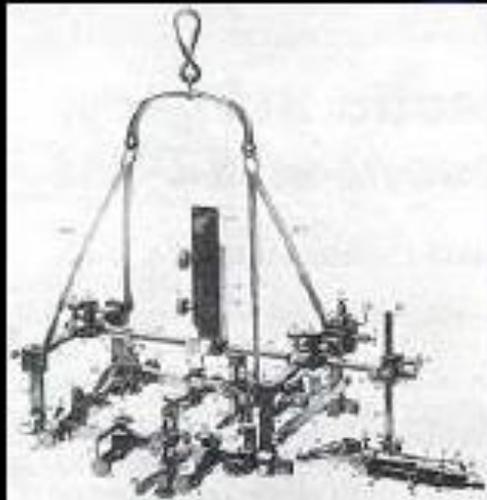
The “z” coordinate



SRS treatment strategy

Position the point or volume to be treated at the point of convergence or intersection of all the beams

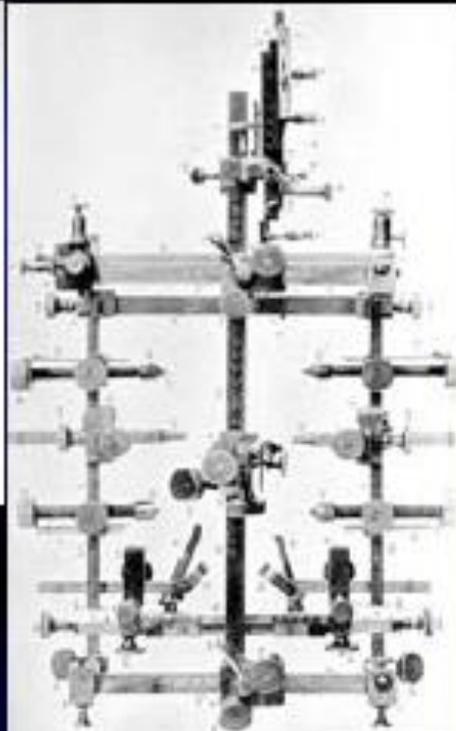
History



Original stereotactic frame

Clarke RH, Horsley VA, On a method of investigating the deep ganglia and tracts of the central nervous system (cerebellum). Br Med J 1799-1800, 1906.

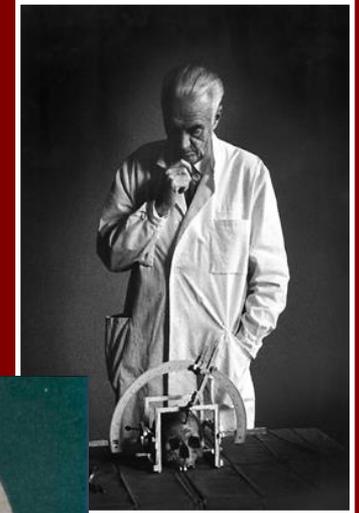
Horsley VA, Clarke RH, The structure and functions of the cerebellum examined by a new method. Brain 31:45-124, 1908.



Clarke's stereotactic apparatus for directing an insulated needle by gradual movement in three planes (from, Horsley V, Clarke RH: The structure and functions of the cerebellum examined by a new method. Brain 31:45-124, 1908).

History

- Dr. Lars Leksell (1951) introduced the concept of Radiosurgery as the ablation of a lesion by radiation in a single procedure, similar to surgery
- Initially used a 200kV x-ray tube
- In 1968 developed the “Gamma knife”
 - 179 Co-60 sources
 - A spherical cavity covering $60^\circ \times 160^\circ$



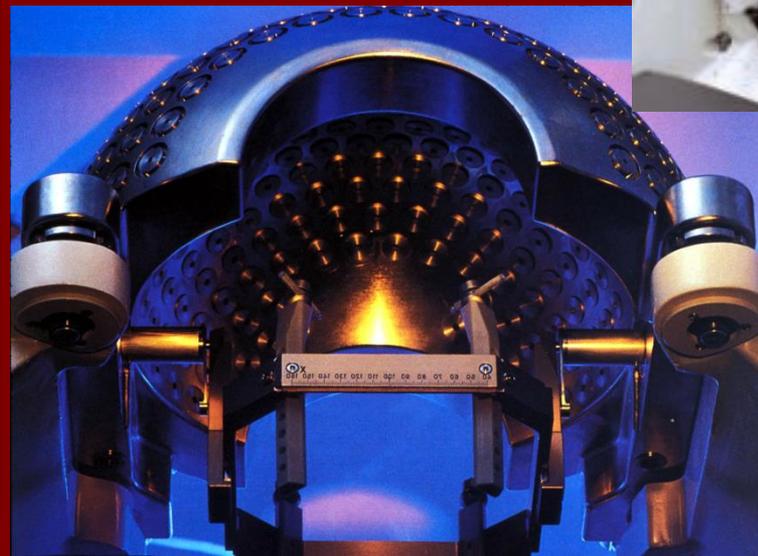
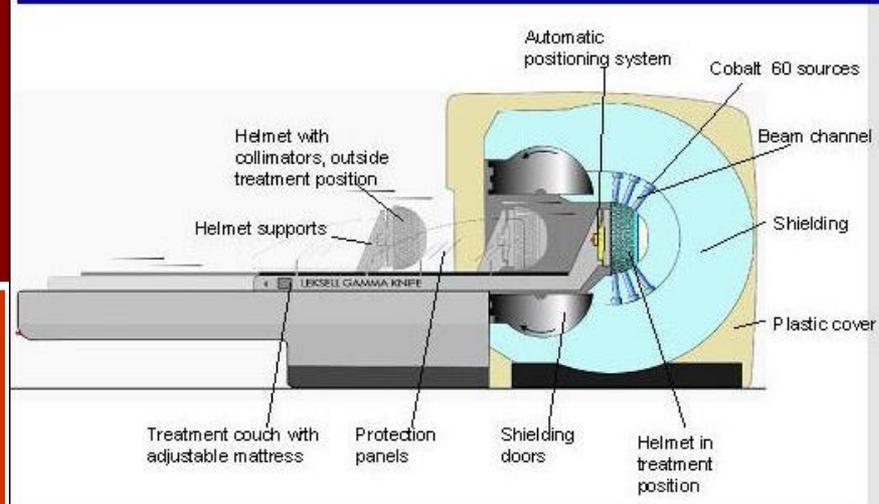
Gamma Knife

201 Co-60 sources arranged hemispherically around a common 'focal' point

The isocenter precision <math><0.5\text{mm}</math>

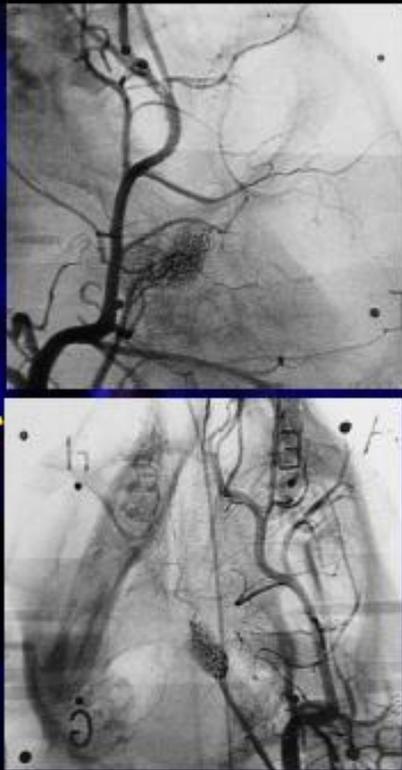
A system of collimators (4, 8, 14 and 18mm) (diameter of 50% isodose level on a 16cm phantom)

Used for spherical targets in one isocenter



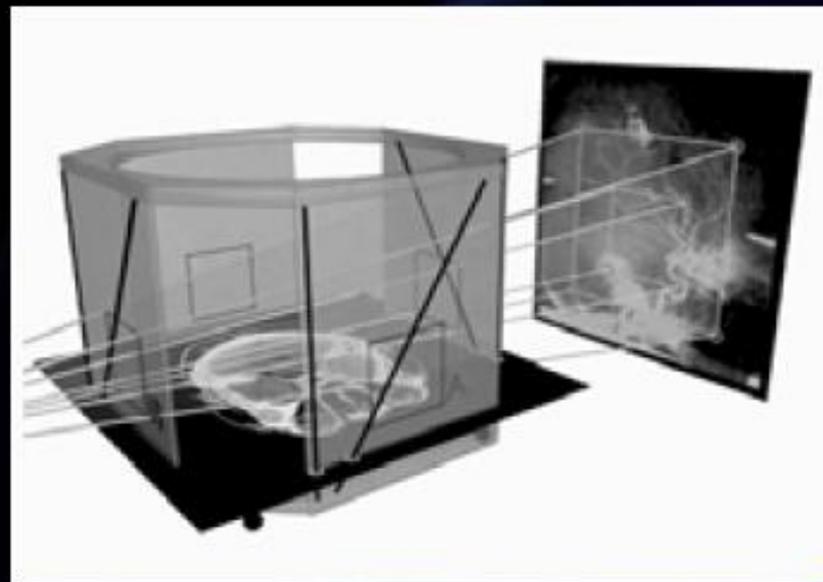
Initial application for treatment of artero-venous malformations (AVM)

What did we do before CT?
Radiographic localization



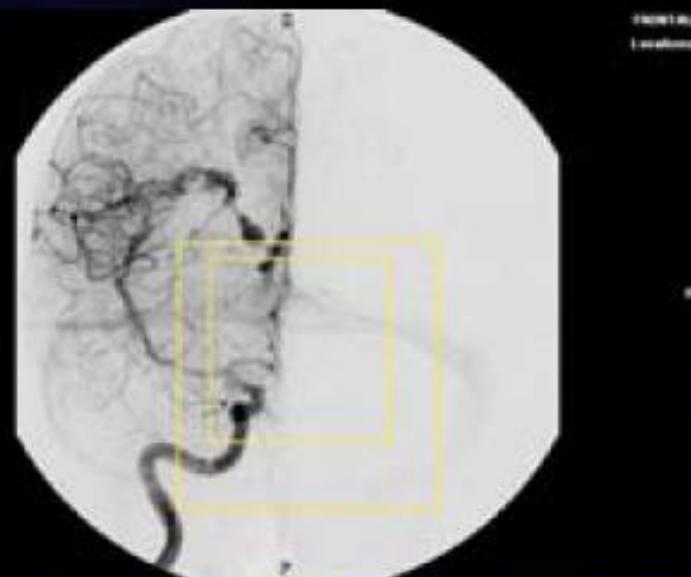
DSA



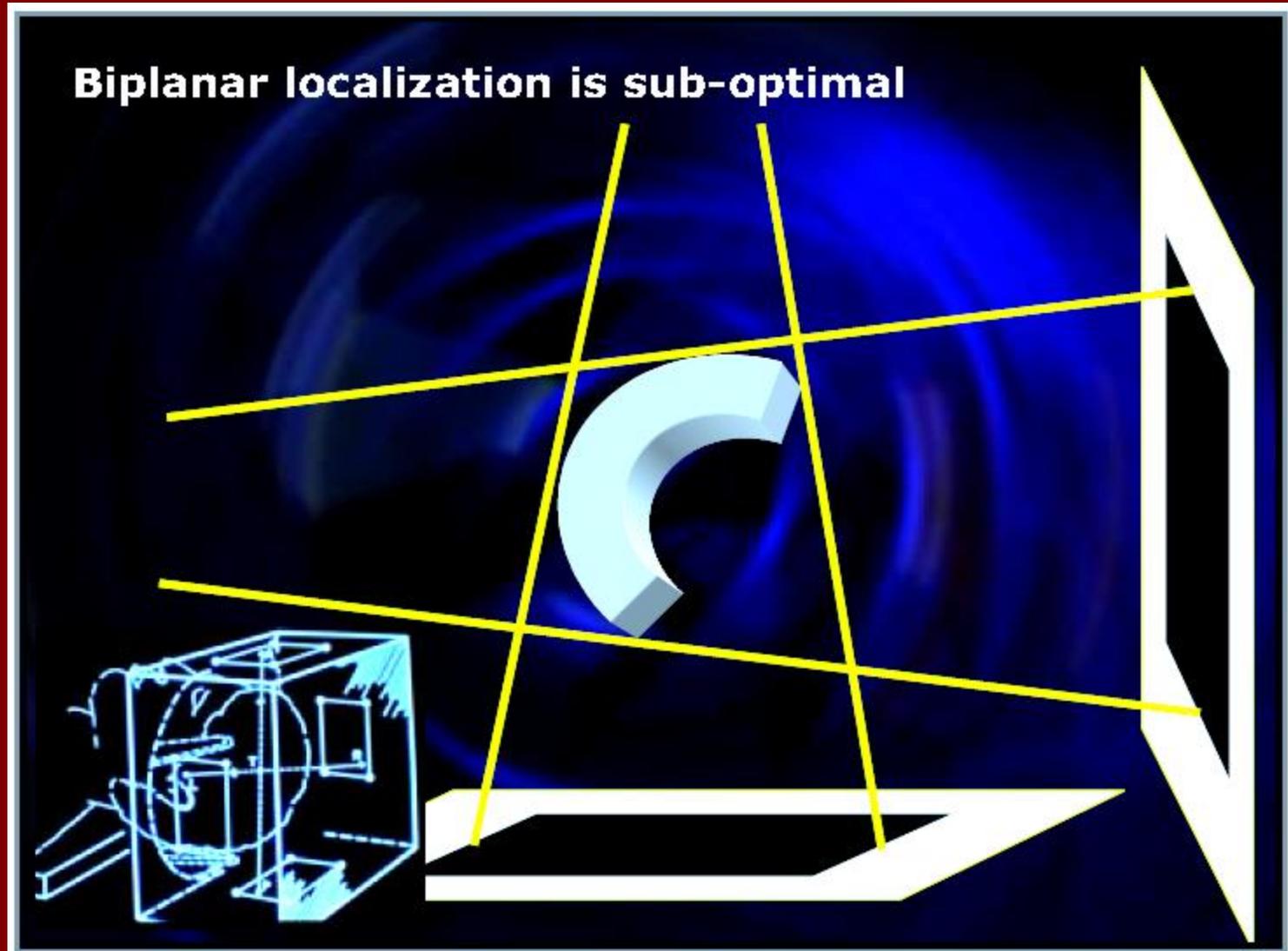


**Radiographic localization
requires a reference frame**

**Images are registered, not
fused. There is no such
thing as "frameless" 2D
angio localization, and you
cannot "fuse" 2D angios.**

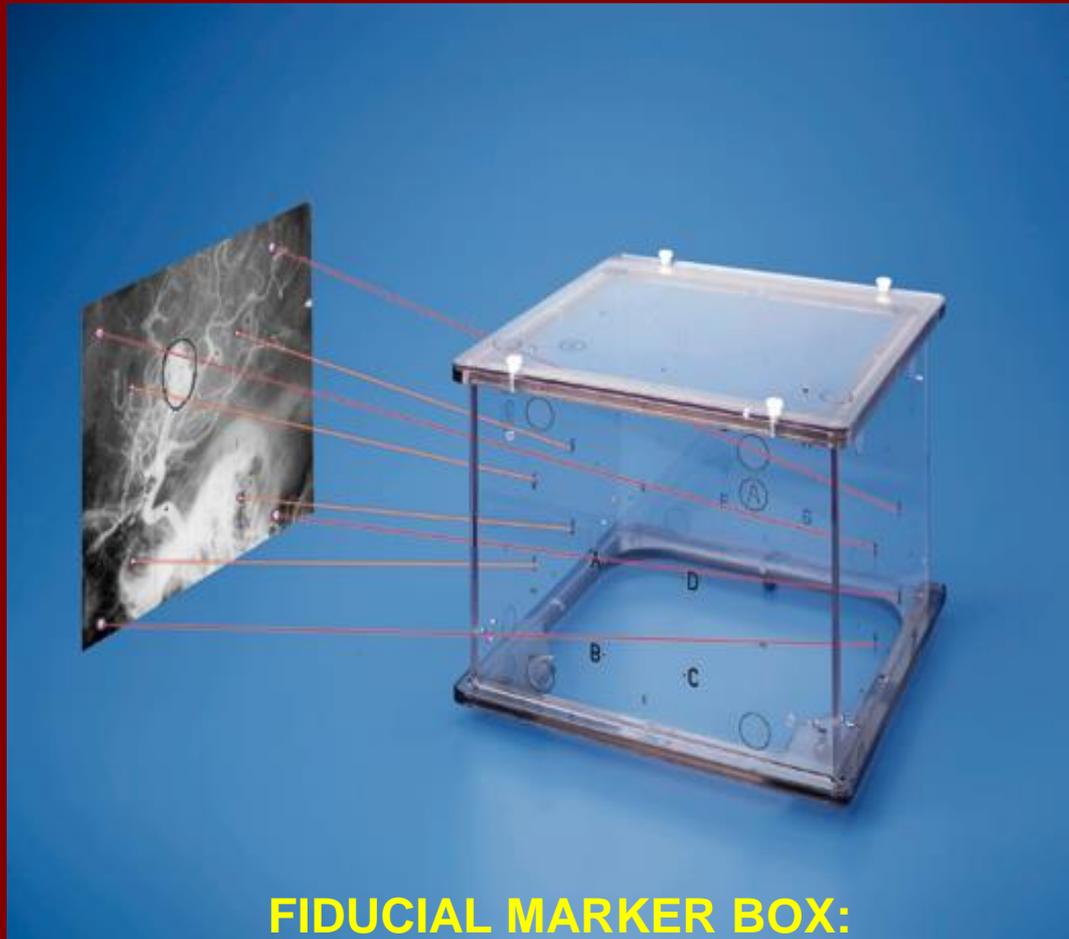


Incomplete information



Laser-Angiographic Target Localizer (LATL)

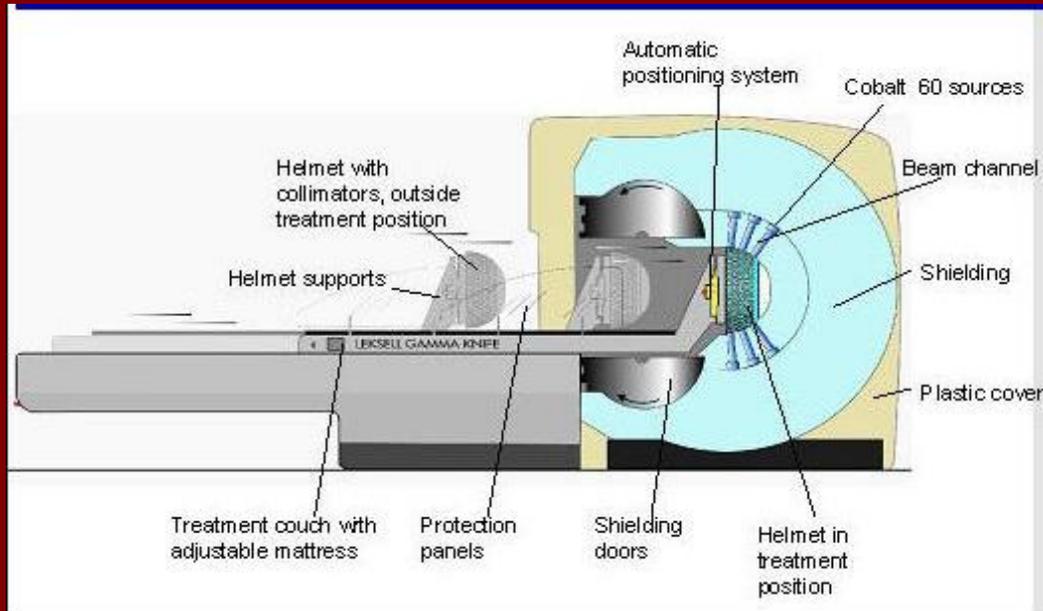
Used for Angiography to register the nidus to a CT data set



Gamma-Knife

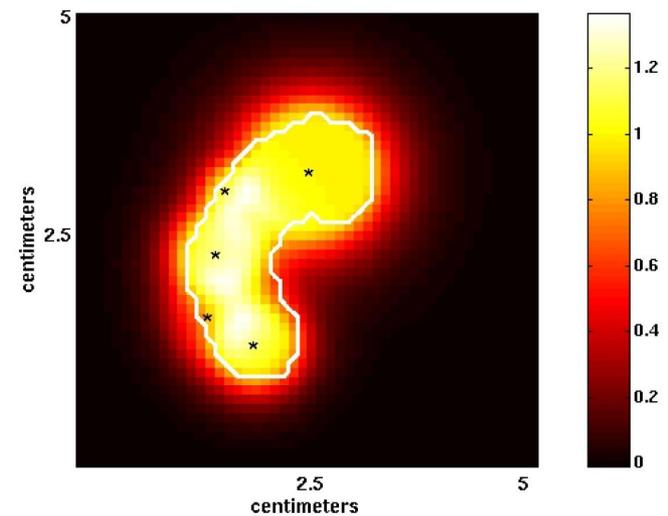


Gamma knife



- Irregular target volumes require multiple 'shots'

5 Shots



X-Knife

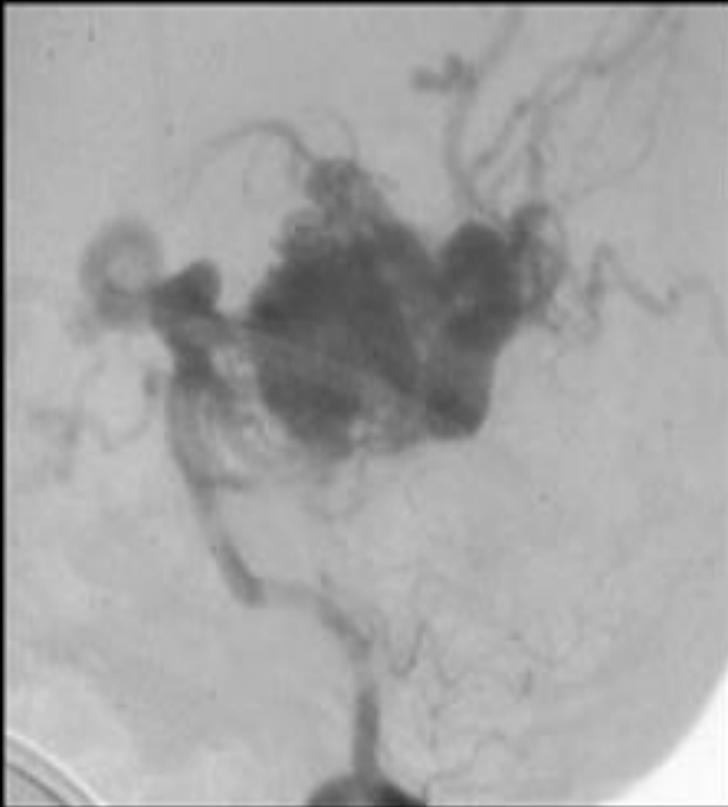
- **Collimator sizes: 5 to 45 mm in 2.5 mm steps**
- **Conformal SRT: with jaws/circles; mMLC; IMRT.**
- **Extra-cranial: head and neck; body localization, spine localization, other targets**

Gamma Knife

- **Collimator sizes: 4,8,14,18 mm**
- **Conformal is only attained through multiple isocenters**
- **No extra-cranial targets possible**

Radiosurgery AVM

Pre-Radiosurgery



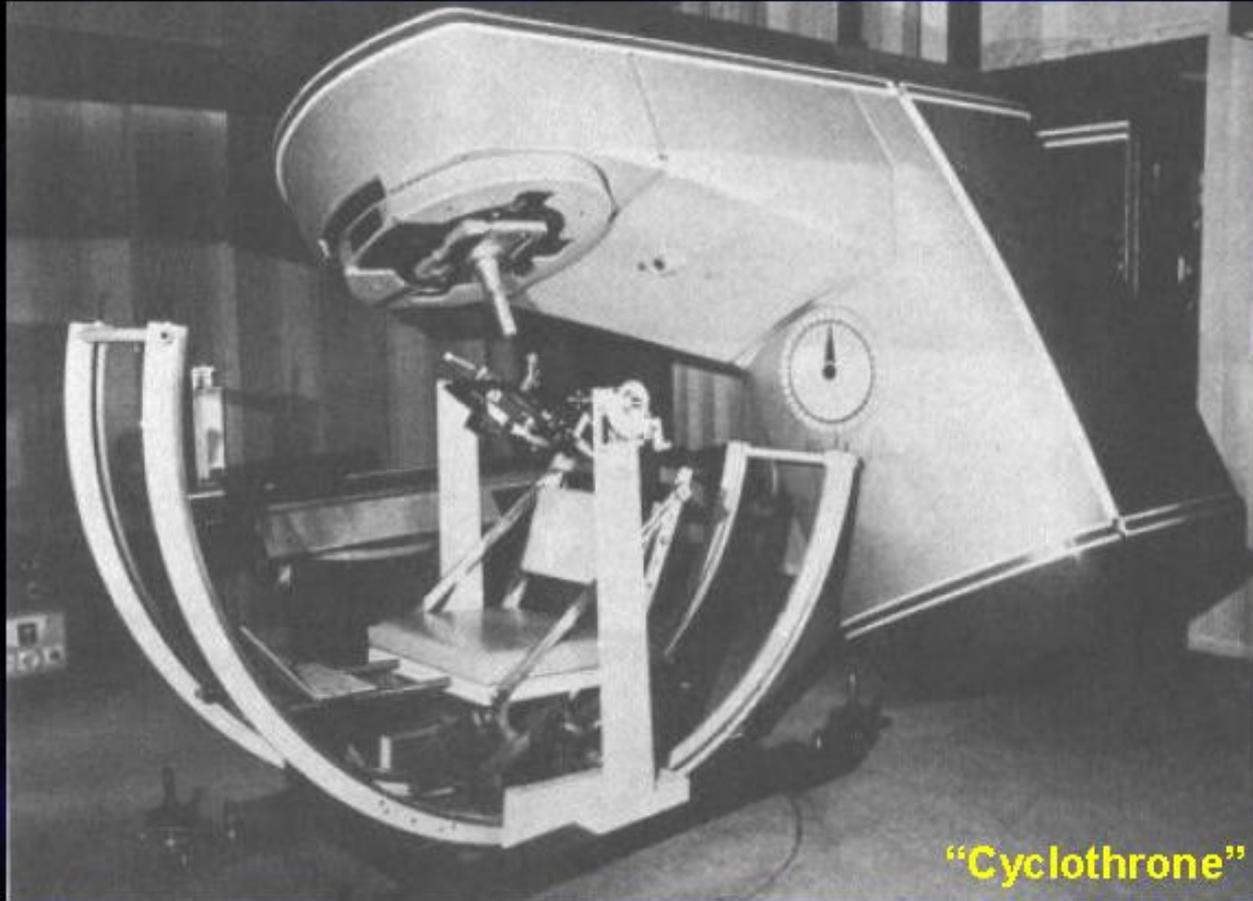
Post-Radiosurgery



6months

History

Linac Radiosurgery - 1984



First linac- based SRS system. Betti et al., Buenos Aires, Argentina

Ref: Historical Development of Stereotactic Ablative Radiotherapy, by Timothy D. Solberg, Robert L. Siddon, and Brian Kavanagh. In S. S. Lo et al. (eds.), Stereotactic Body Radiation Therapy, Medical Radiology. Radiation Oncology,

DOI: 10.1007/174_2012_540, Springer-Verlag Berlin Heidelberg 2012

Radiation delivery techniques

Arcs with circular collimators

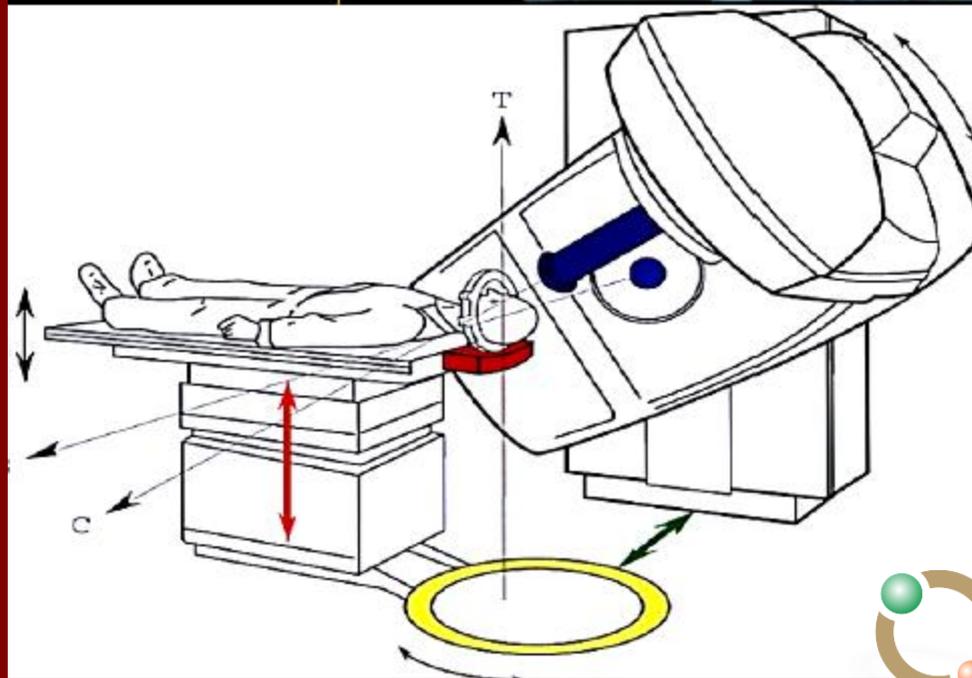
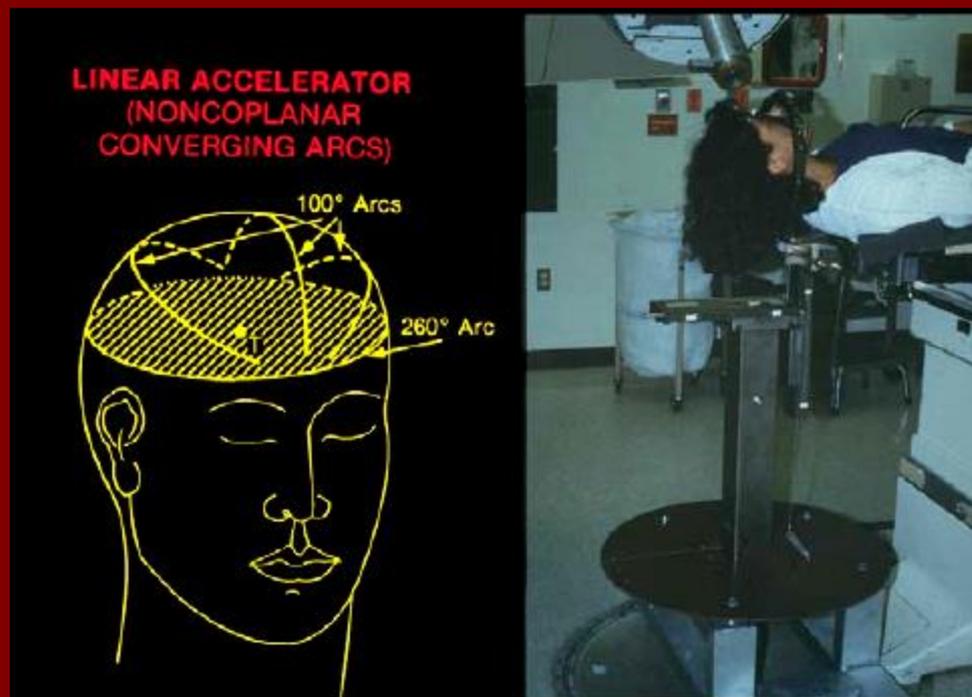
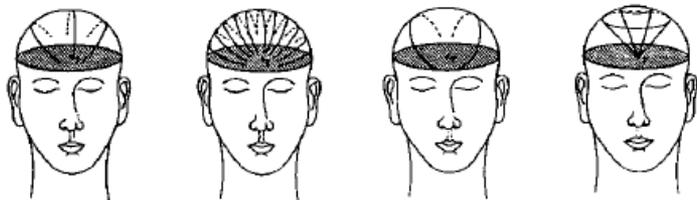
Conformal beams

Arcs with Conformal Dynamic beams

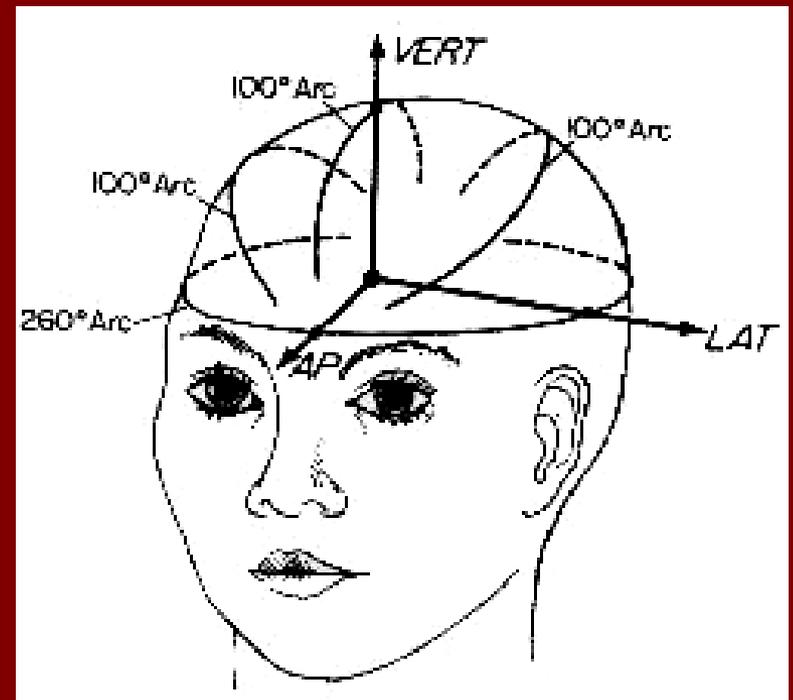
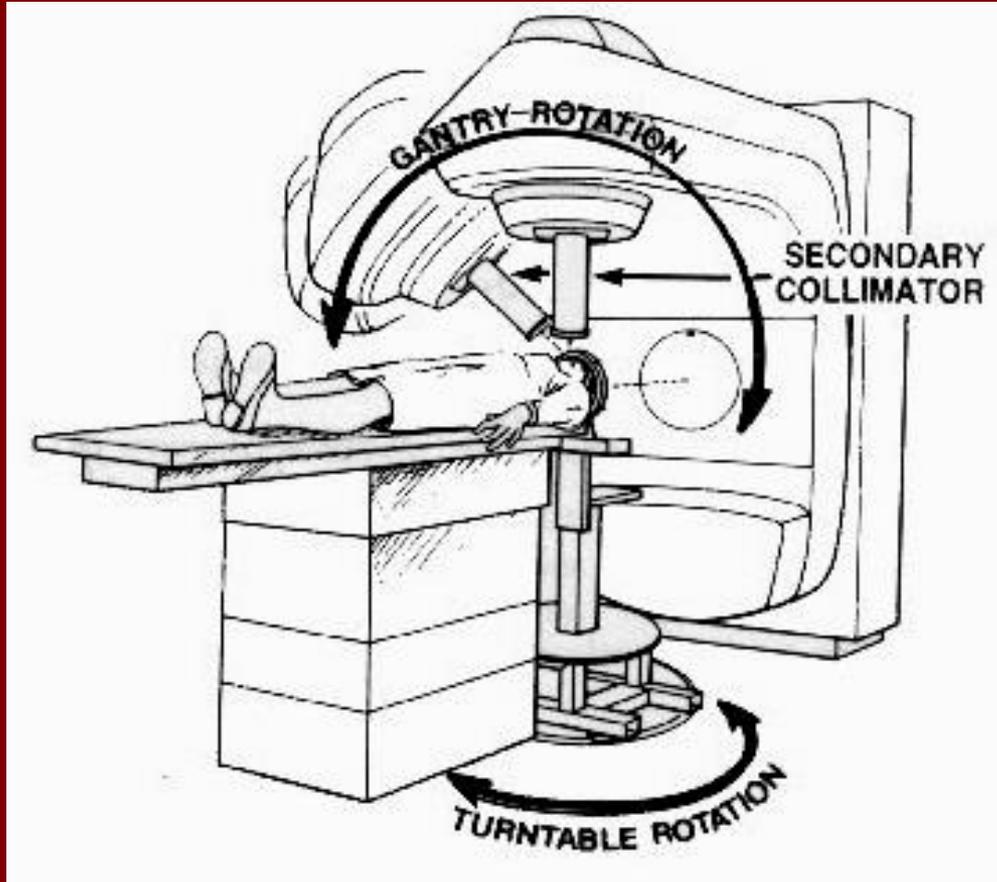
IMRT

Linac SRS with cones

- One or more isocenters
- Multiple arcs per isocenter
 - Arcs of 100° to 160°
 - Fixed couch angle for each arc
 - Spherical dose distributions for each irradiación



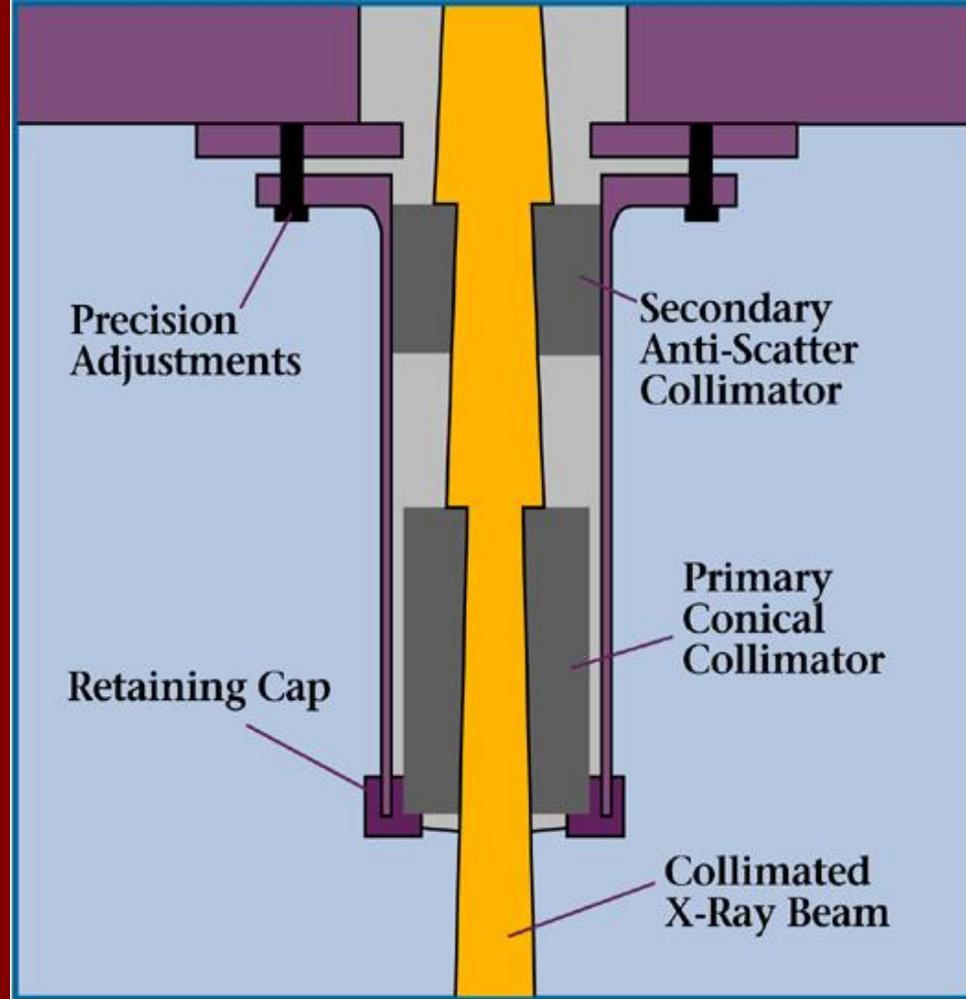
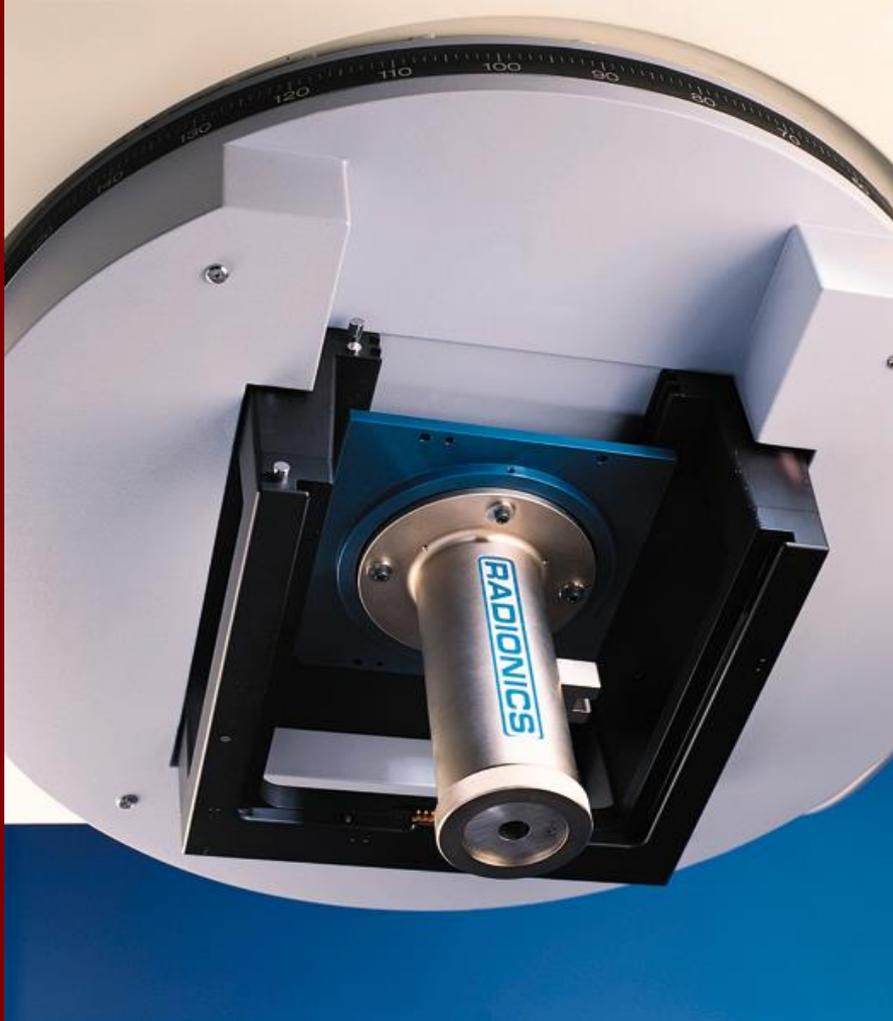
Arcs with circular cross sections are obtained by rotating the source (linac gantry) in various planes in the patient, corresponding to various couch angles.



Tertiary Collimation Cone

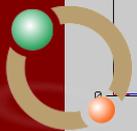
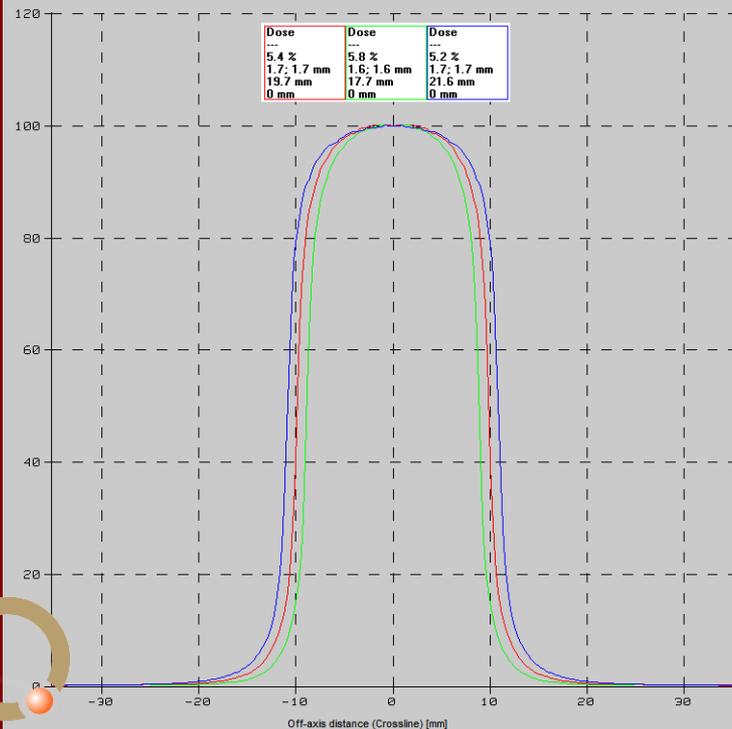


Collimation



Linac SRS on Linac + cones

- 5-40mm diameter cone set
- Circular beam projection
- Collimator mounted assembly



Verification of gantry isocenter with cones

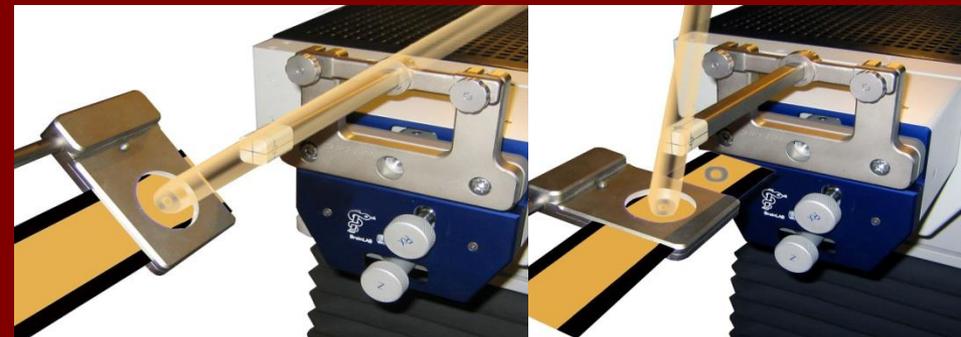
Laser alignment



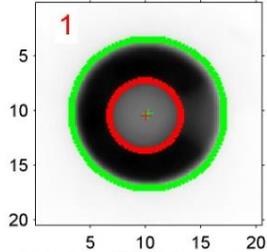
Stereotactic Set-up QA

Winston Lutz Quality Assurance

- Phantom Pointer verifies laser accuracy prior to SRS
- Embossed laser lines for easy alignment with wall lasers
- Integrated tungsten sphere for film verification
- Irradiation of film at different gantry angles
- Shadow in field center verifies accuracy

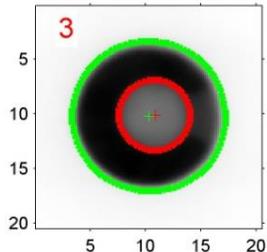


Ball Centroid: Row = 62.22, Column = 59.38
 Cone Centroid: Row = 60.87, Column = 60.66
 Distance = 1.86 pixels, 0.35 mm



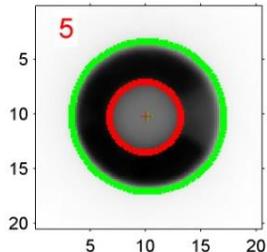
Delta X = -1.28 pixels, -0.24 mm
 Delta Y = 1.35 pixels, 0.25 mm

Ball Centroid: Row = 60.20, Column = 64.43
 Cone Centroid: Row = 60.58, Column = 61.11
 Distance = 3.34 pixels, 0.62 mm



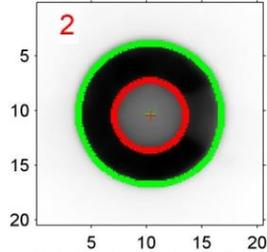
Delta X = 3.32 pixels, 0.62 mm
 Delta Y = -0.38 pixels, -0.07 mm

Ball Centroid: Row = 60.64, Column = 59.42
 Cone Centroid: Row = 60.63, Column = 60.49
 Distance = 1.07 pixels, 0.20 mm



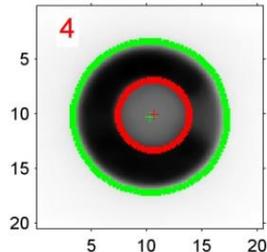
Delta X = -1.07 pixels, -0.20 mm
 Delta Y = 0.01 pixels, 0.00 mm

Ball Centroid: Row = 61.96, Column = 61.32
 Cone Centroid: Row = 61.07, Column = 61.16
 Distance = 0.90 pixels, 0.17 mm



Delta X = 0.16 pixels, 0.03 mm
 Delta Y = 0.88 pixels, 0.16 mm

Ball Centroid: Row = 59.57, Column = 63.07
 Cone Centroid: Row = 61.04, Column = 61.16
 Distance = 2.42 pixels, 0.45 mm



Delta X = 1.91 pixels, 0.36 mm
 Delta Y = -1.48 pixels, -0.27 mm

Gantry	210°	270°	0°	90°	150°
ΔGT (mm)	0.25	0.03	0.62	0.36	0.20
ΔAB (mm)	0.24	0.15	0.07	0.27	0.0
Vector (mm)	0.35	0.15	0.62	0.45	0.20

AAPM TG42: Tolerance = 1mm



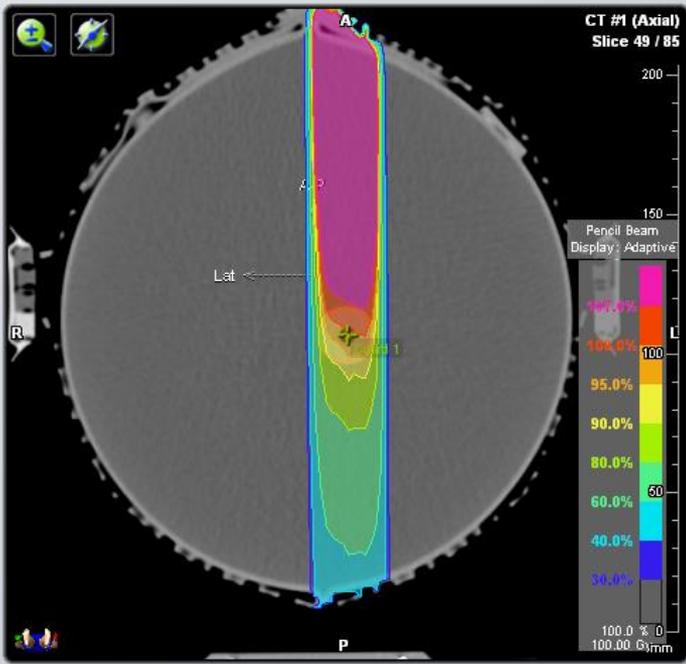
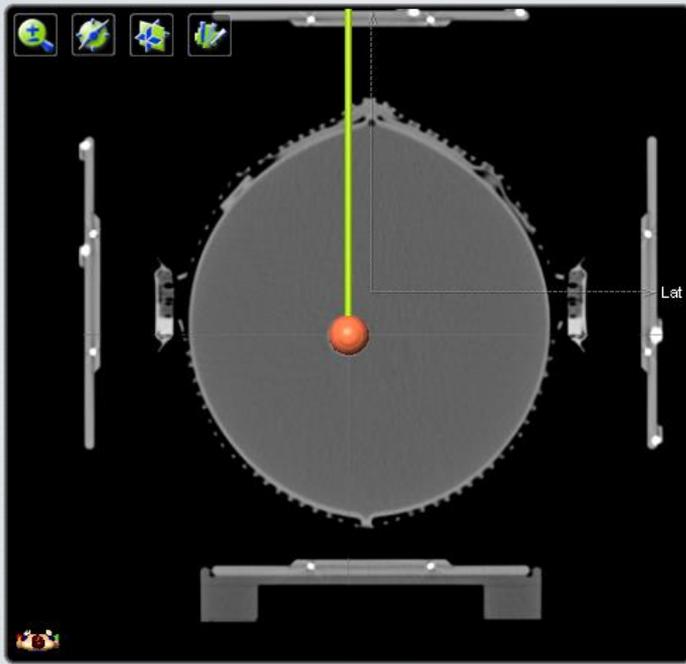
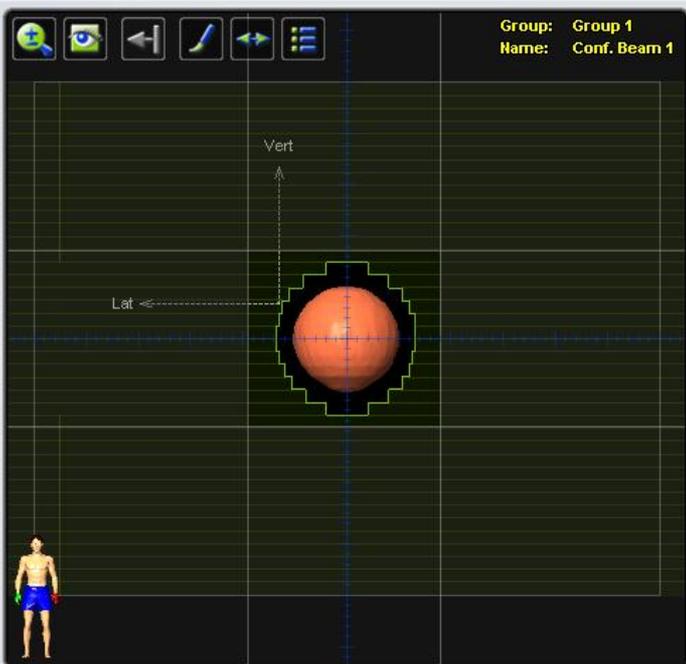
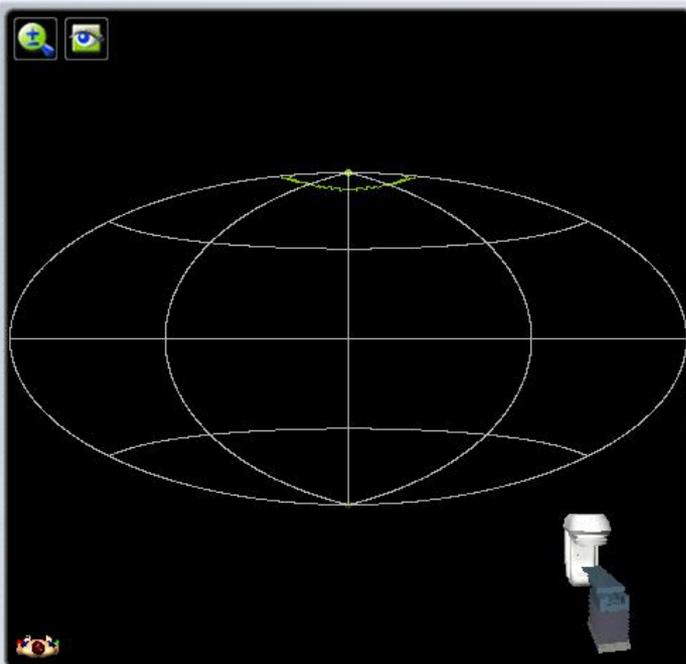
210°

270°

0°

90°

150°



Navigator

QA IMRS - DOSIS CAMARA 2
ID: QA IMRS
Contornos

Treatment Planning

Physician's Review

Go to... Next

Functions Prescription

The RTPlan

- Group 1
 - Conf. Beam 1

Refresh MU

Treatment Group

Position Find

Properties Delete

Coord 1:

A-P: -21.7 mm

Lateral: -11.6 mm

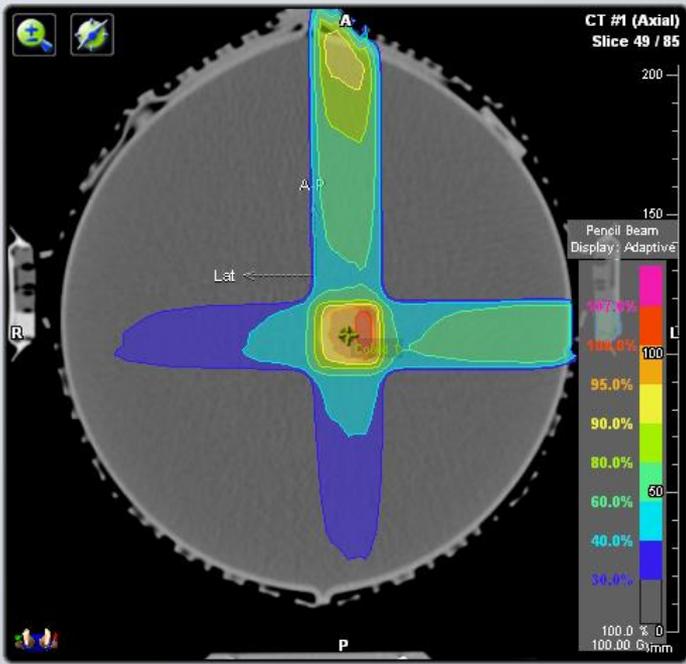
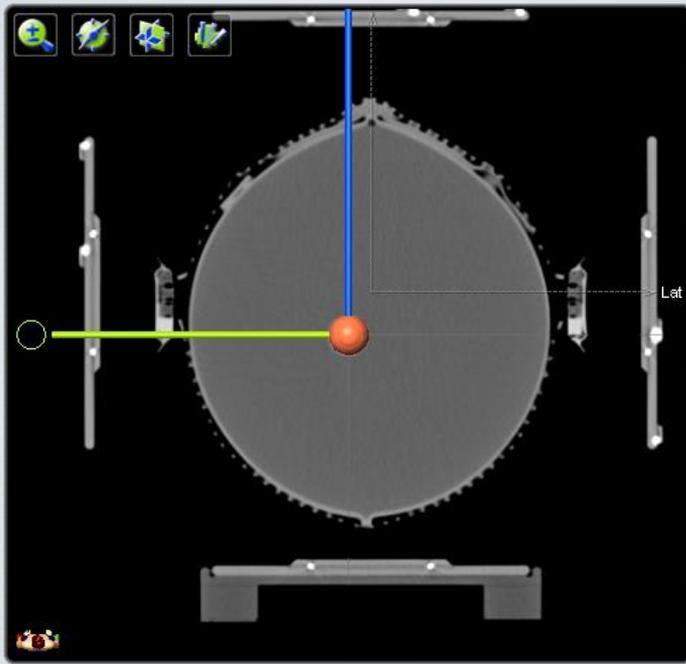
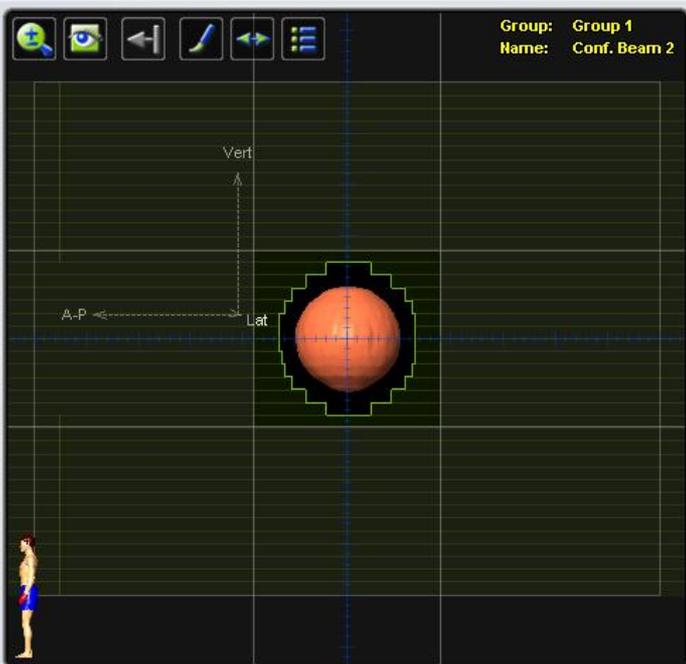
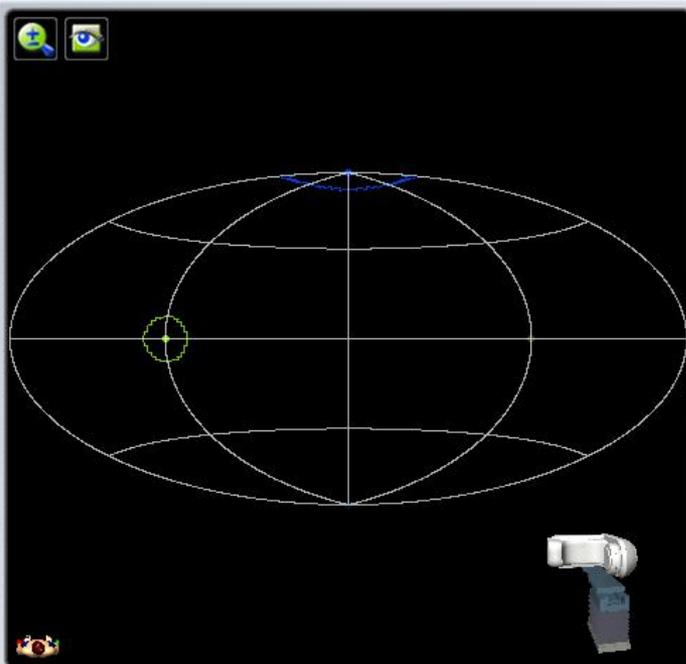
Vertical: -5.4 mm

Weighting: 100.0 %

Beams / Arcs

Add





Navigator

QA IMRS - DOSIS CAMARA 2
ID: OA IMRS
Contornos

Treatment Planning

Physician's Review

Go to... Next

Functions Prescription

The RTPlan

- Group 1
 - Conf. Beam 1
 - Conf. Beam 2**

Refresh MU

Beam

Properties Delete

Table: 0 °

Gantry: 90 °

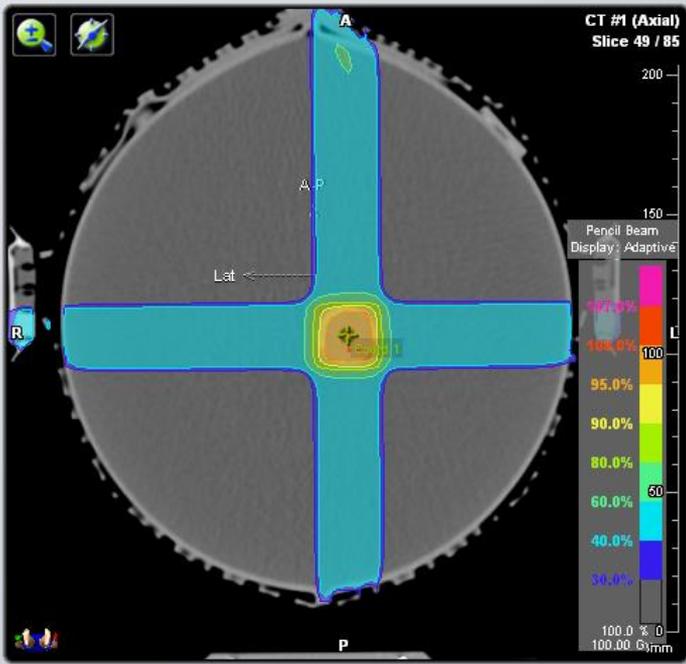
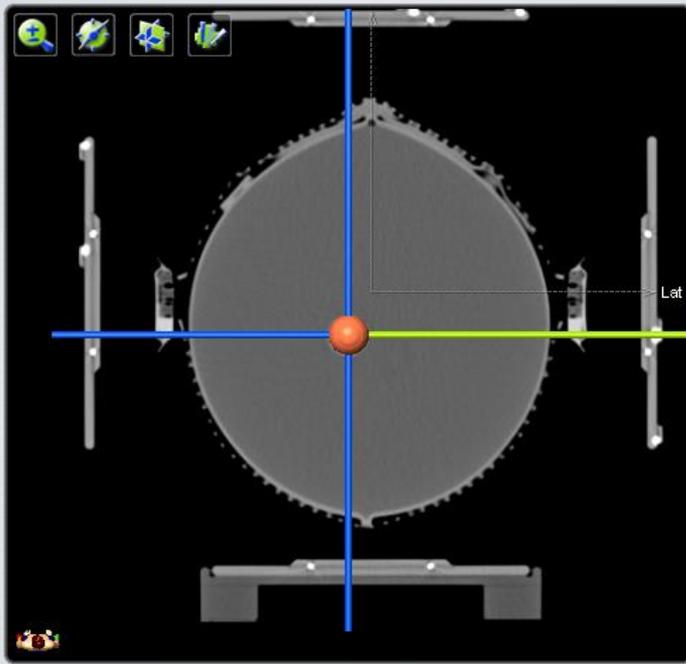
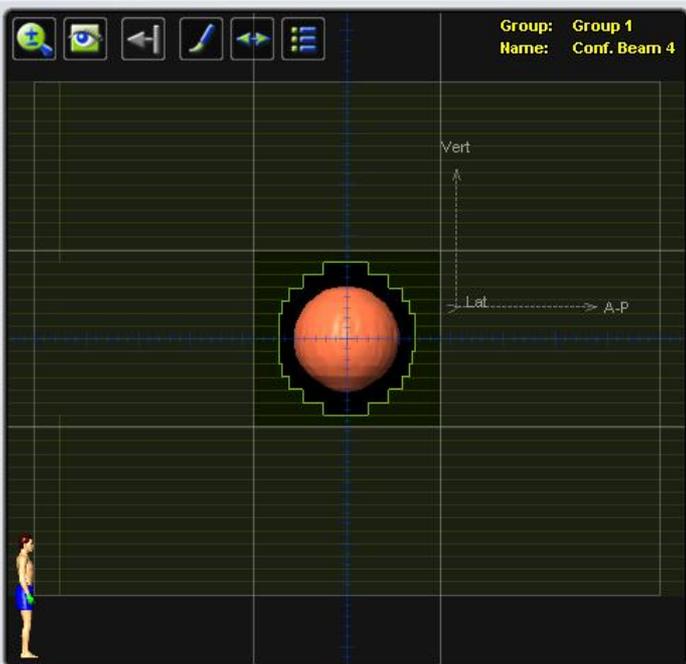
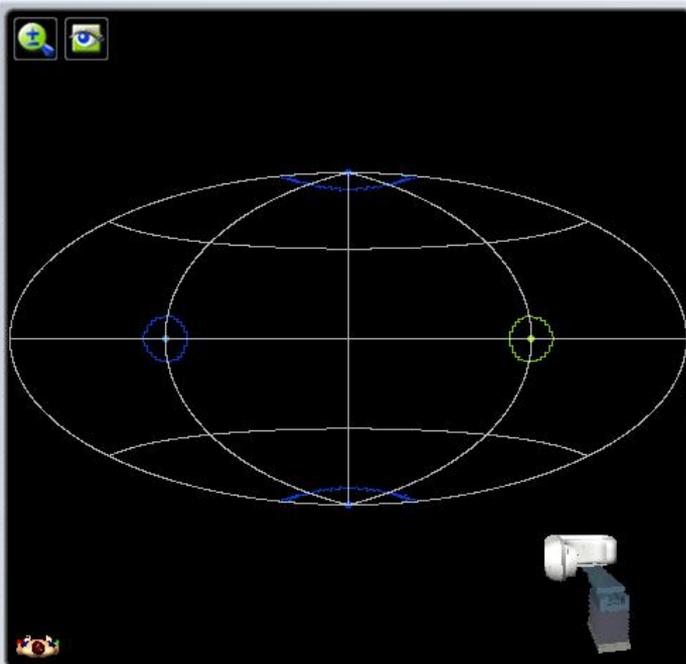
Coll.: 0 °

Margin: 3.0 mm

Weighting: 50.0 %

MU: 6753 (1 x 6753)!





Navigator

QA IMRS - DOSIS CAMARA 2
ID: OA IMRS
Contornos

Treatment Planning

Physician's Review

Go to... Next

Functions Prescription

The RTPlan

- Group 1
 - Conf. Beam 1
 - Conf. Beam 2
 - Conf. Beam 3
 - Conf. Beam 4

Refresh MU

Beam

Properties Delete

Table: 0 °

Gantry: 270 °

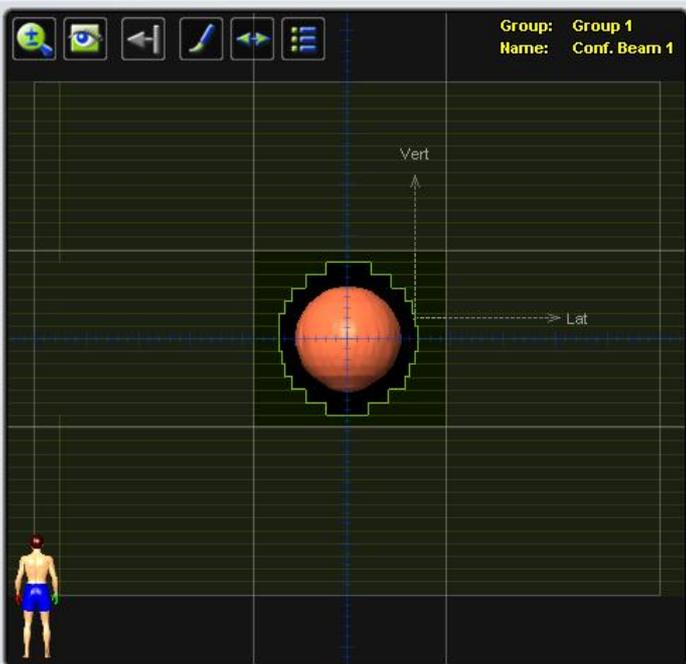
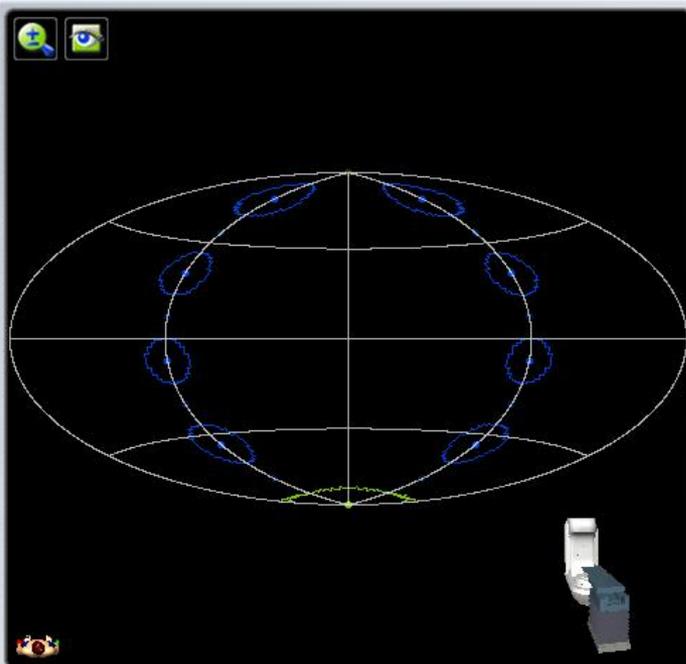
Coll.: 0 °

Margin: 3.0 mm

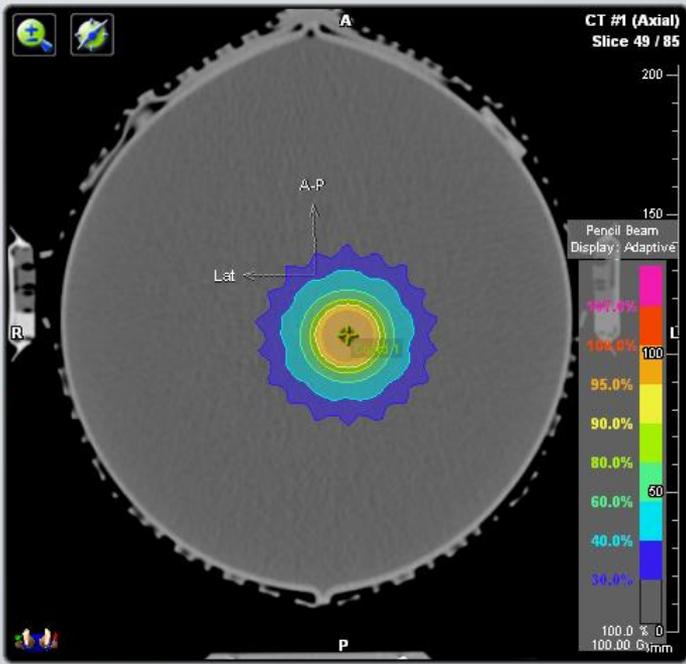
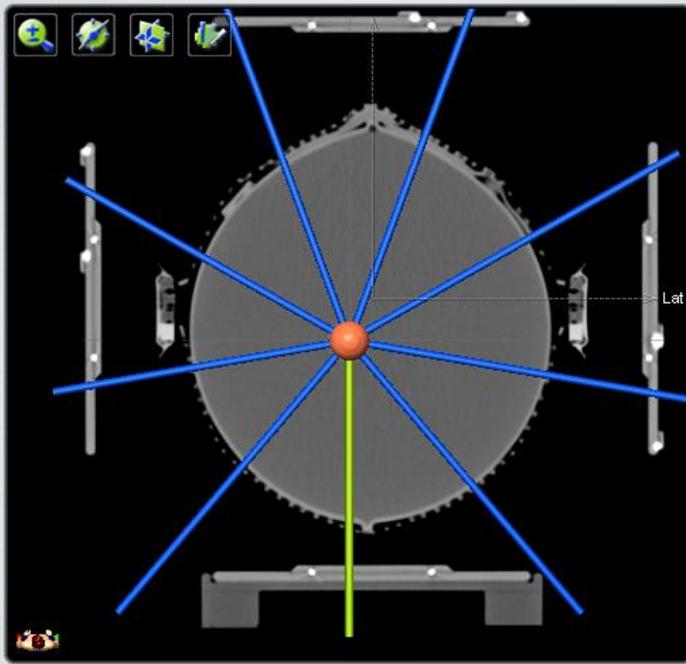
Weighting: 25.0 %

MU: 3706 (1 x 3706)!





Group: Group 1
Name: Conf. Beam 1



Navigator

QA IMRS - DOSIS CAMARA 2
ID: QA IMRS
Contornos

Treatment Planning

Physician's Review

Go to... Next

Functions Prescription

Group 1

- Conf. Beam 1
- Conf. Beam 2
- Conf. Beam 3
- Conf. Beam 4
- Conf. Beam 5
- Conf. Beam 6
- Conf. Beam 7

Refresh MU

Treatment Group

Position Find

Properties Delete

Coord 1:

A-P: -21.7 mm

Lateral: -11.6 mm

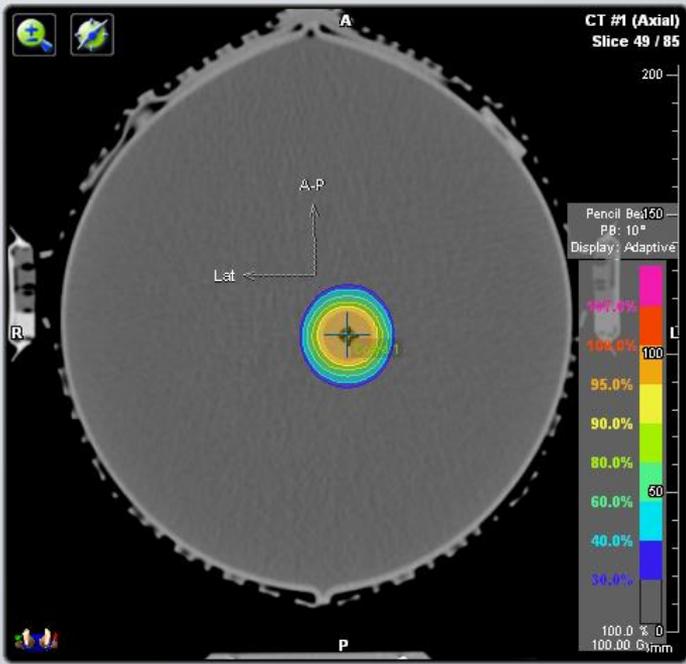
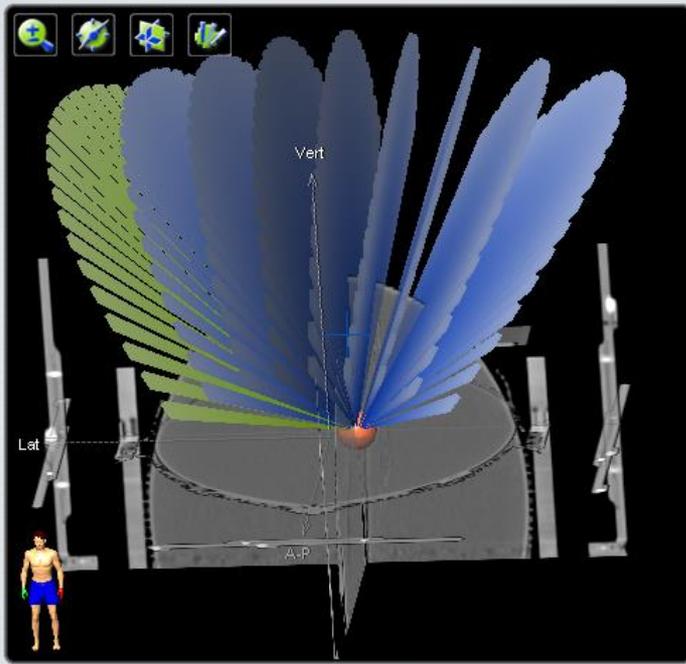
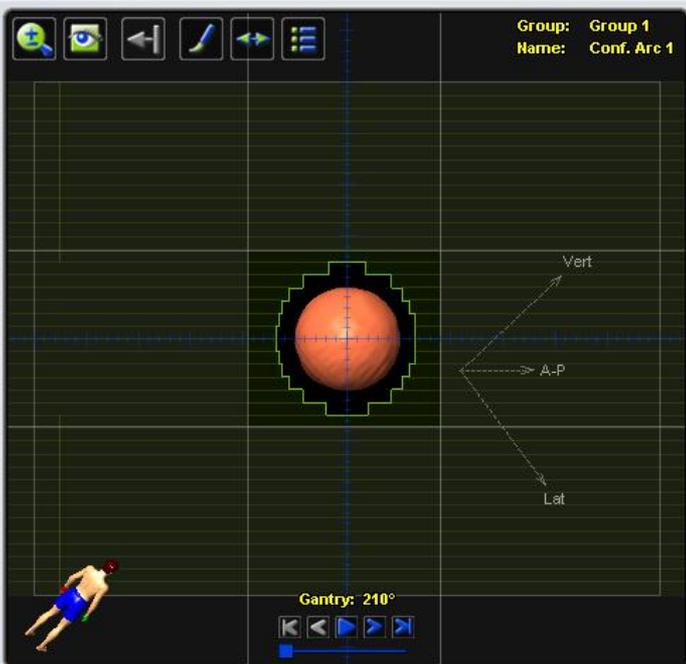
Vertical: -5.4 mm

Weighting: 100.0 %

Beams / Arcs

Add





Navigator

QA IMRS - DOSIS CAMARA 2
ID: OA IMRS
Contornos

Treatment Planning
Physician's Review

Go to... Next

Functions Prescription

The RTPlan

- Group 1
 - Conf. Arc 1
 - Conf. Arc 2
 - Conf. Arc 3
 - Conf. Arc 4
 - Conf. Arc 5
 - Conf. Arc 6

Refresh MU

Plan

Add Treatment Group

Properties

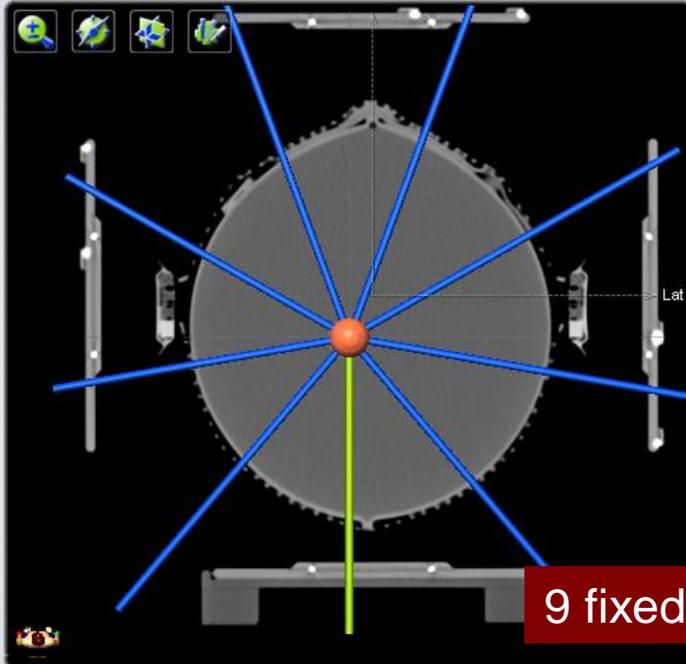
Plan Templates

Save as new Manage

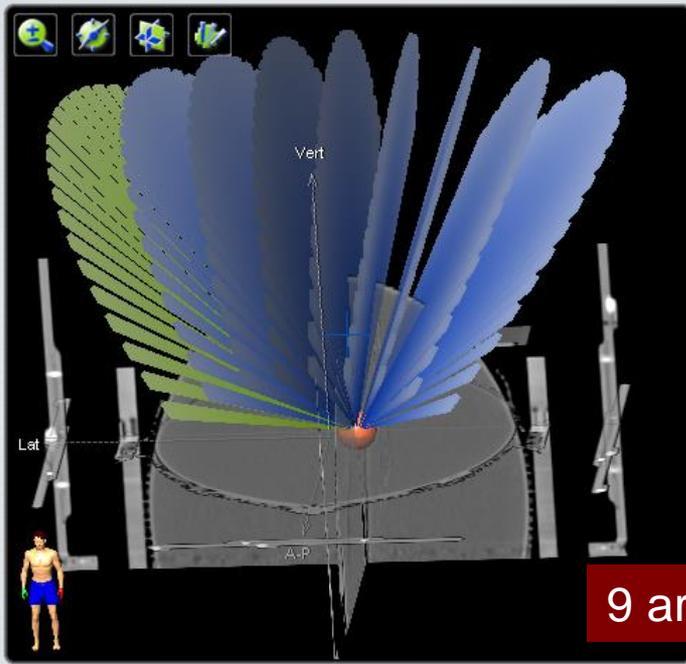
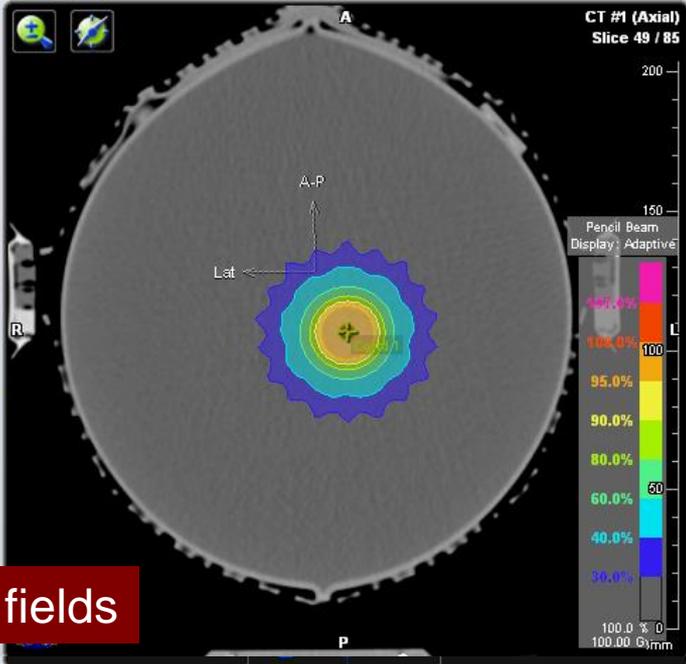
Shape Export

Create Varian MLC file(s)

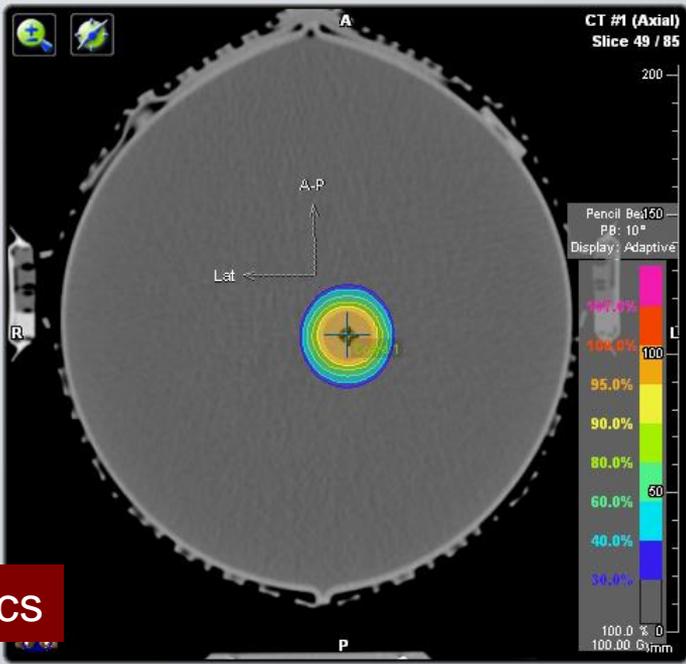




9 fixed fields



9 arcs



Treatment Group

Position Find

Properties Delete

Coord 1:

A-P: -21.7 mm

Lateral: -11.6 mm

Vertical: -5.4 mm

Weighting: 100.0 %

Beams / Arcs

Add

Refresh MU

Plan

Add Treatment Group

Properties

Plan Templates

Save as new Manage

Shape Export

Create Varian MLC file(s)

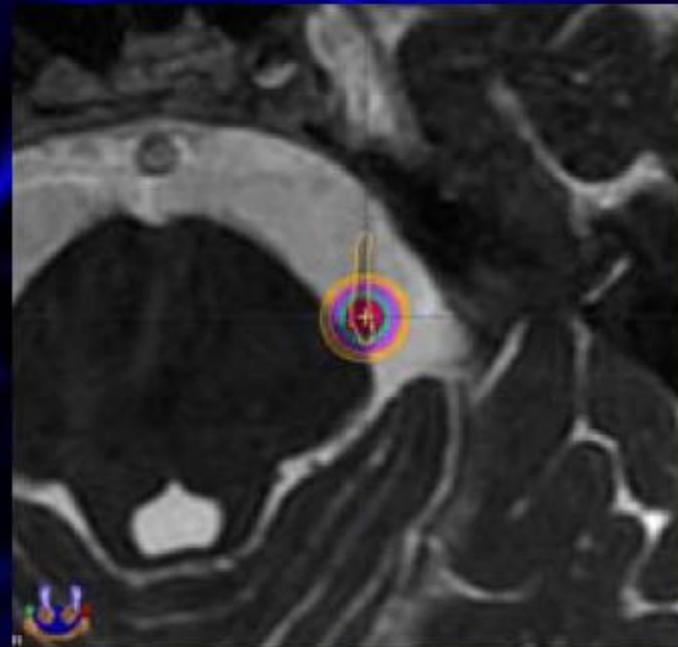


Circular Arc

When to use it?



Small, spherical Metastases



Trigeminal Neuralgia

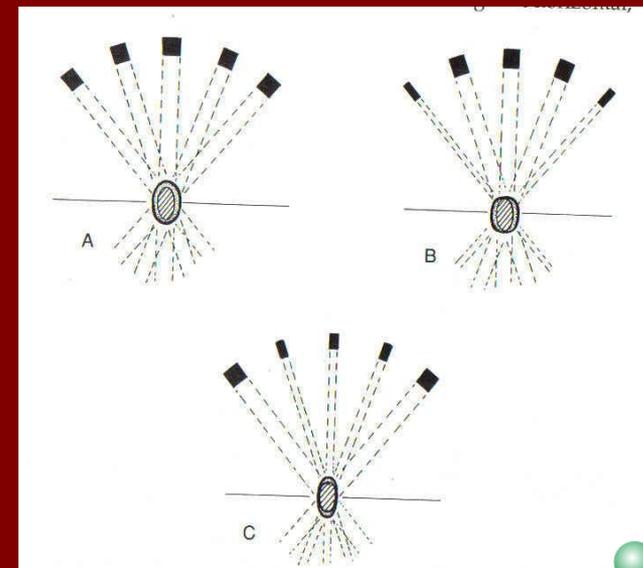
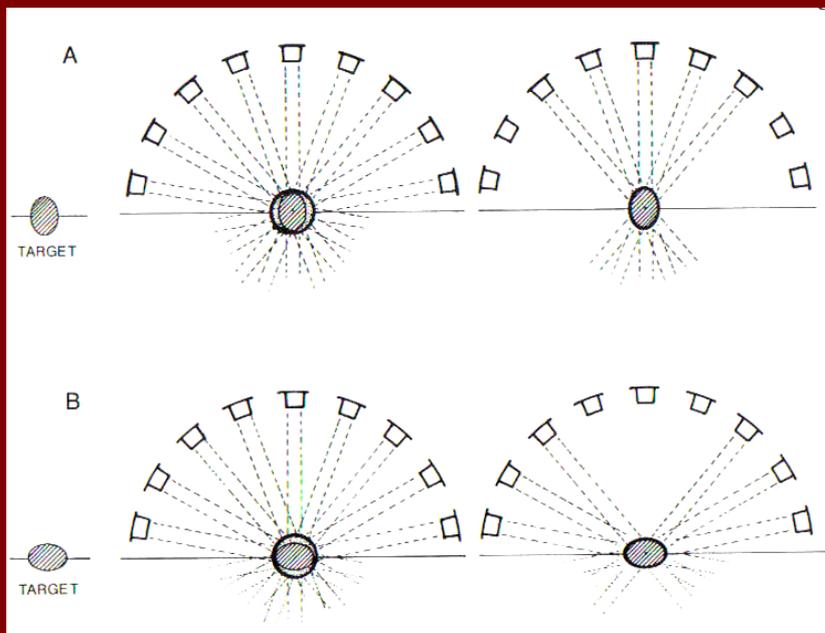
Planning strategies for SRS with arcs

- **Spherical targets:**

- Use up to 9 arcs with collimator diameter corresponding to the target diameter

- **Elliptical targets:**

- If the major axis is in the coronal plane, eliminate perpendicular arcs, or use different cone sizes



Circular collimators

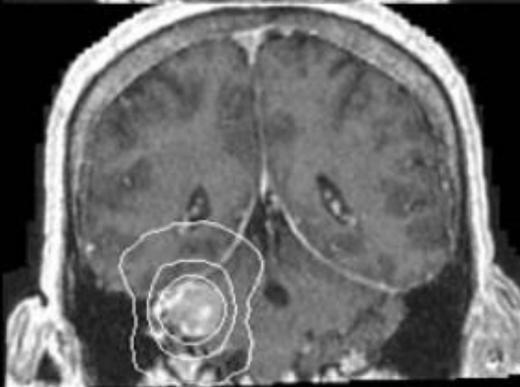
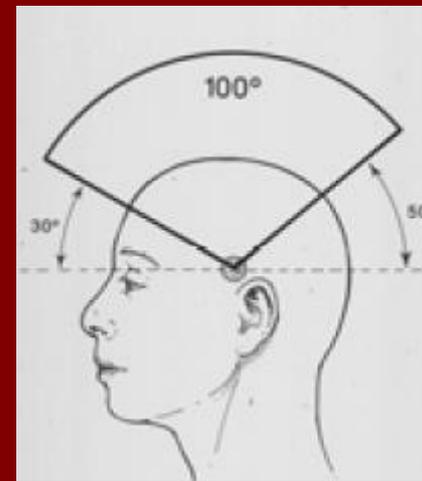


Table Angles

290 270 70 50

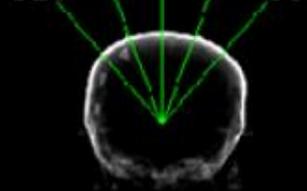
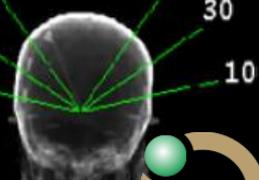
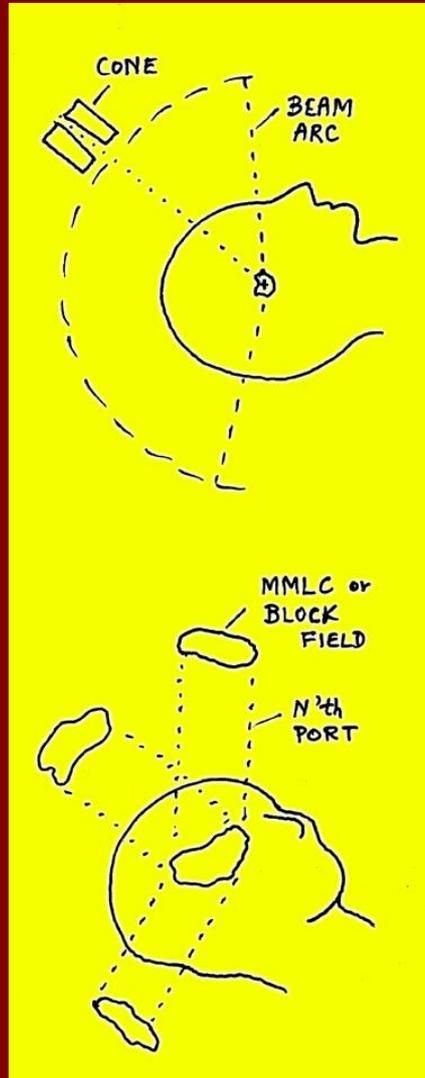


Table Angles

310 50 30 10 330 350



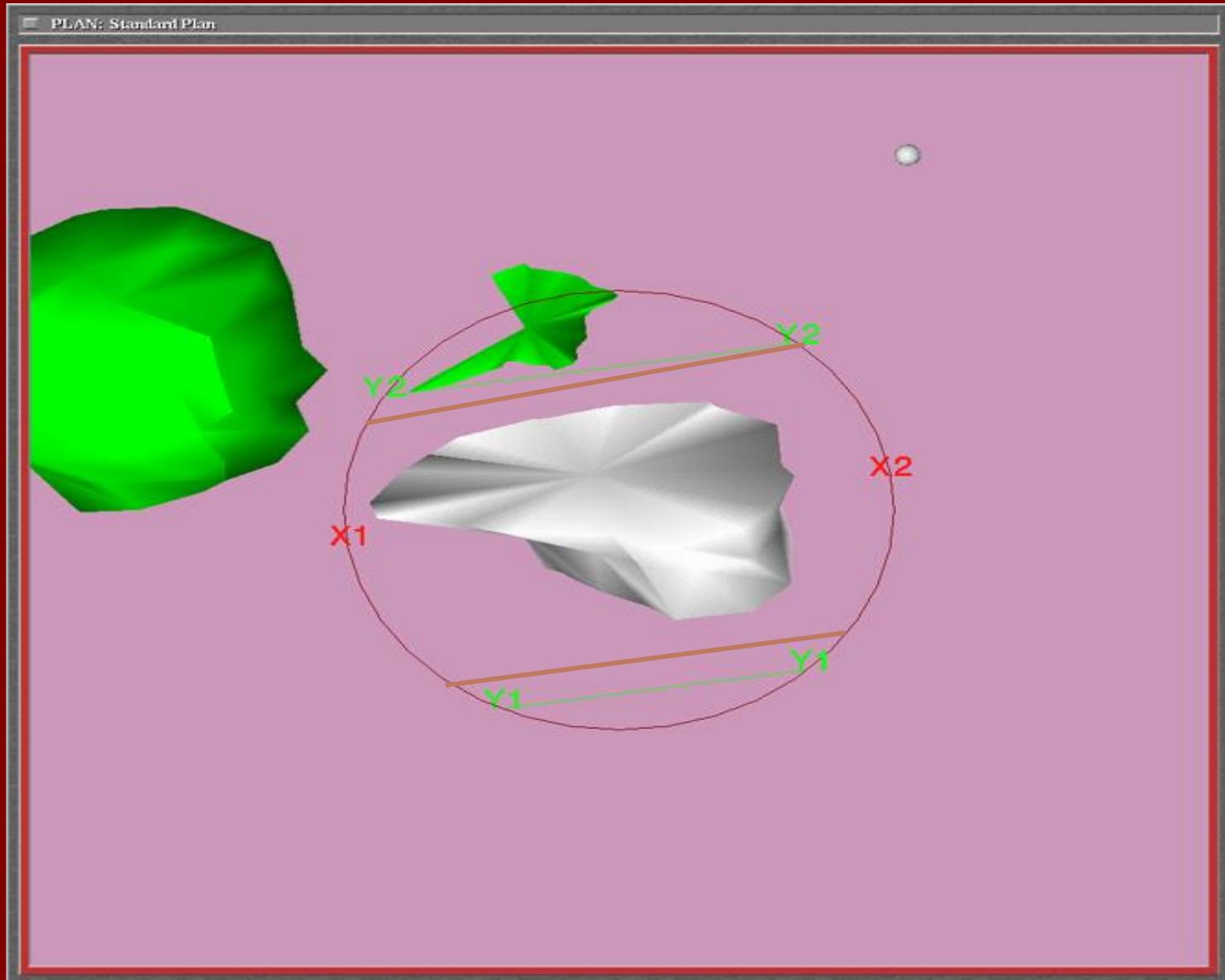
Considerations according to the type of target



- **< 3-4 cm**
 - ***Circular Cones + Arcs Best***
 - ***Sharp Penumbra avoids OAR***
 - ***Precise Geometry***
 - ***Low Integral Dose to Brain***
- **3-6 cm**
 - **(a) XJaws = Jaws and Cones and Arcs**
 - **Simple**
 - **Low Integral Dose to Brain**
 - **Optimal Conformal Index**
 - **(b) MMLC Okay**
 - **Exact Conformation not an issue.**

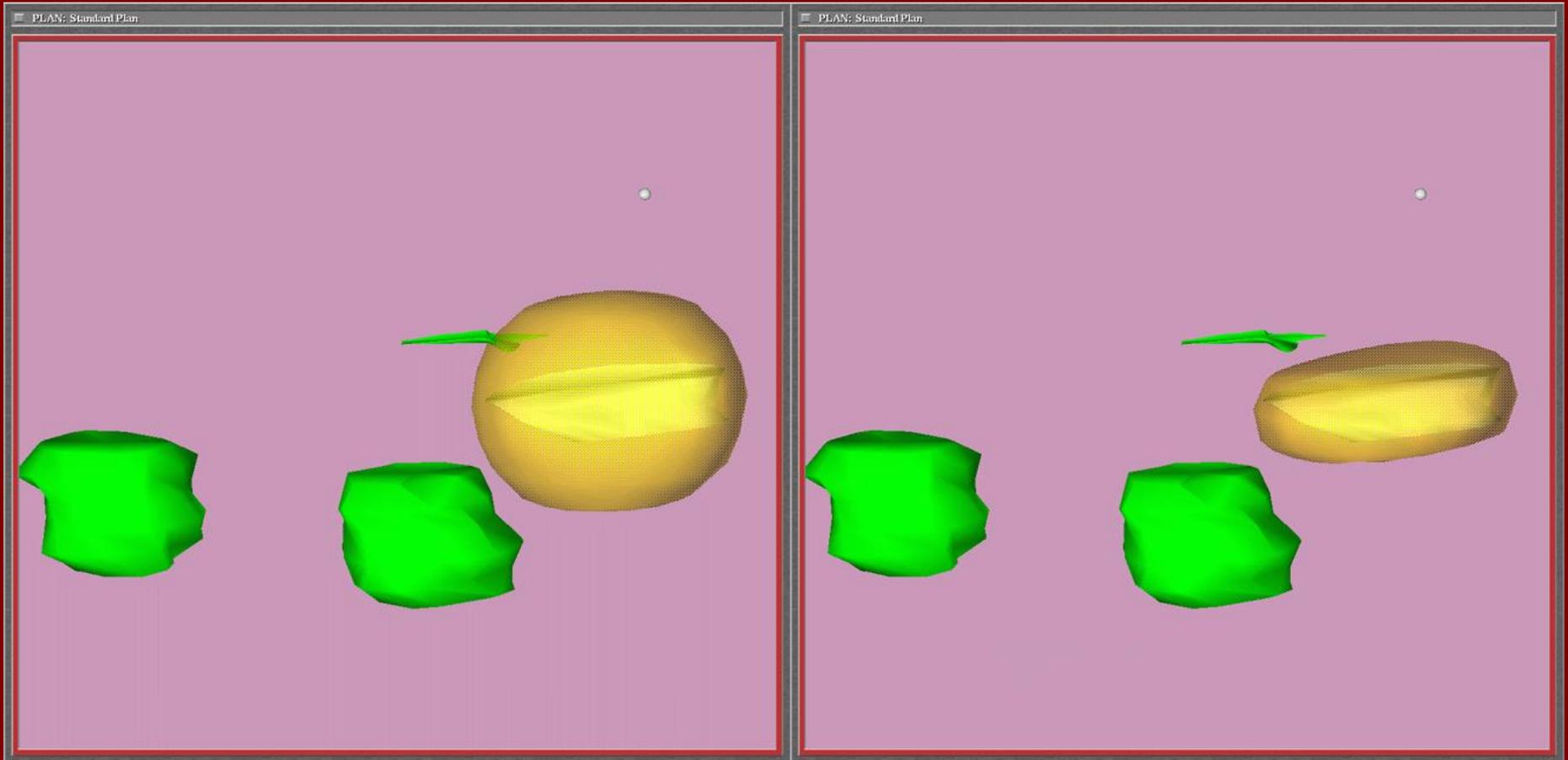


Conformal Arc BEV

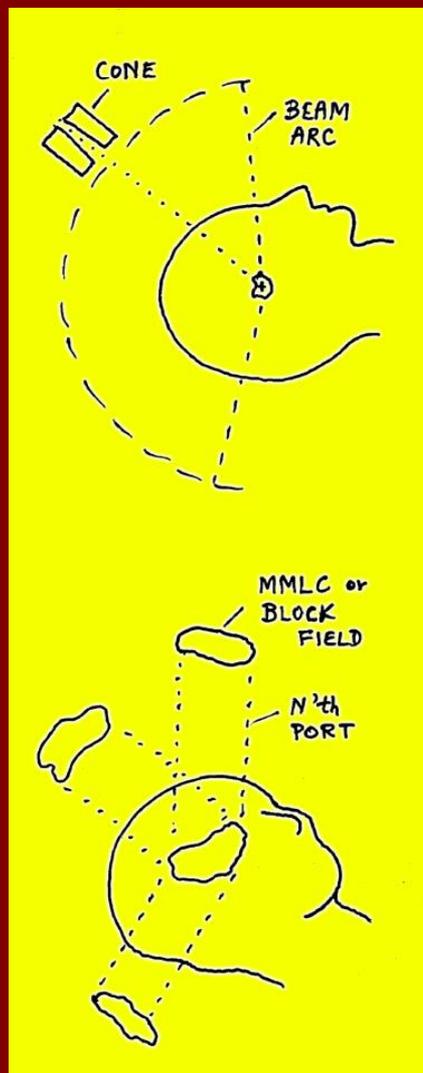


Standard Arc

Conformal Arc

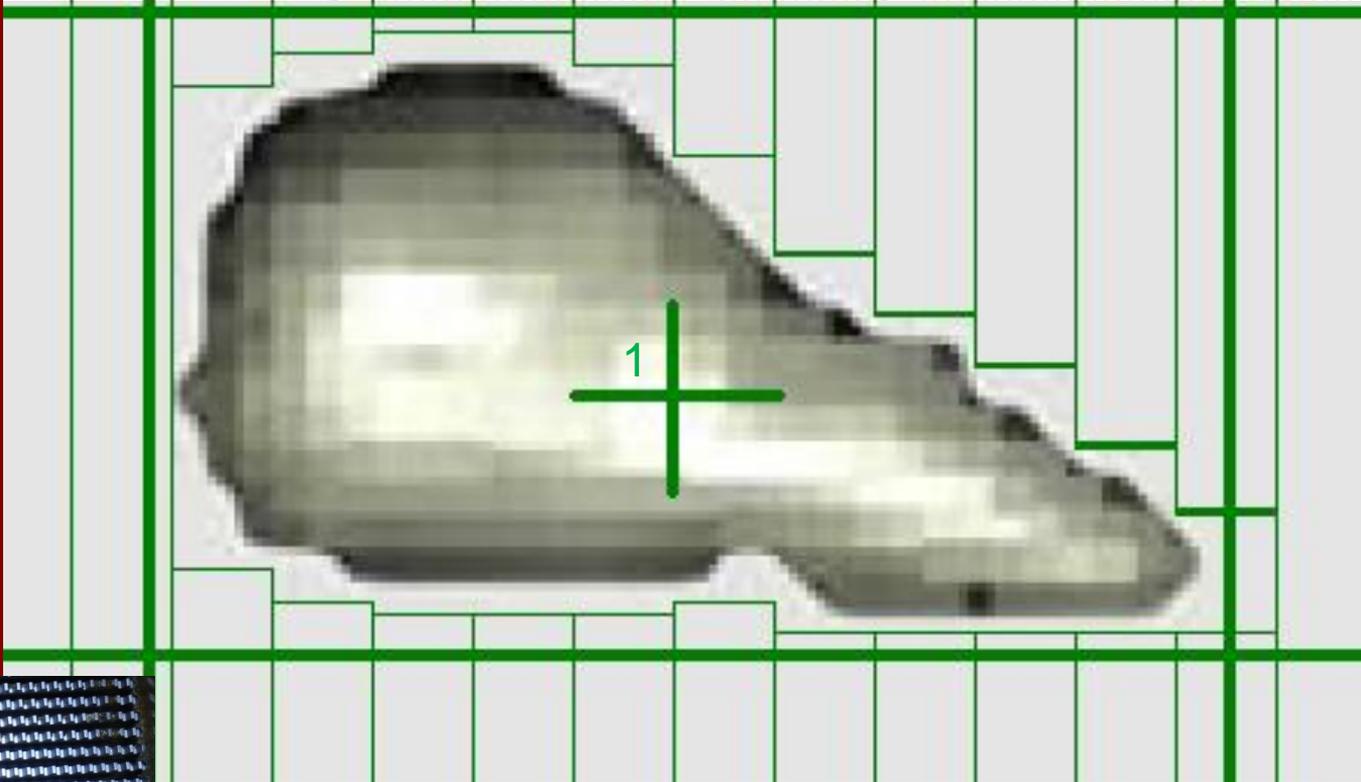
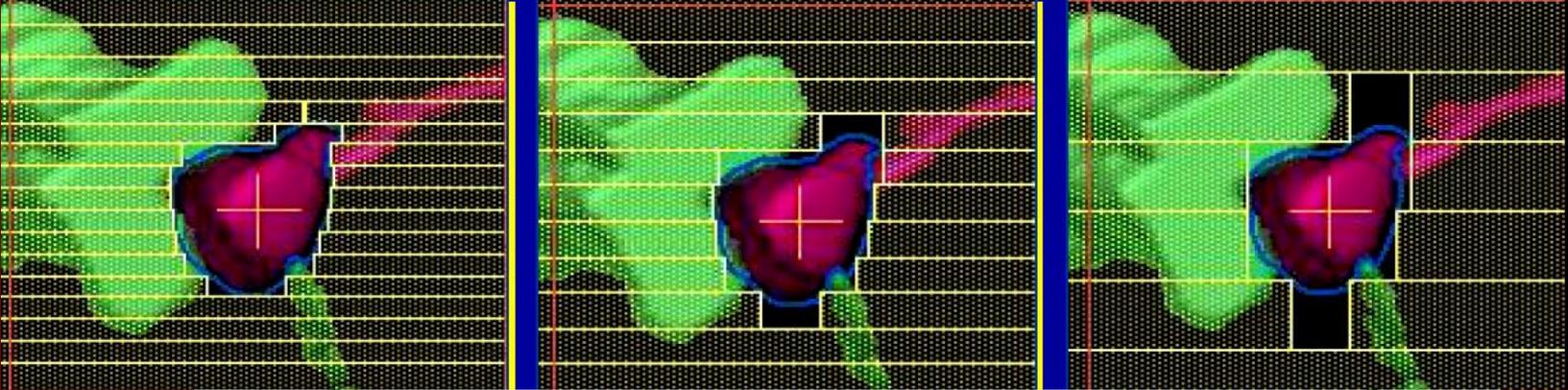


Considerations according to the type of target

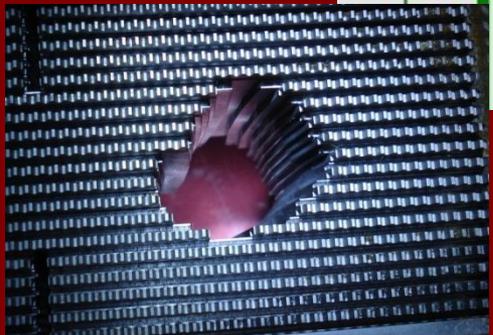


- **< 3-4 cm**
 - *Circular Cones + Arcs Best*
 - *Sharp Penumbra avoids OAR*
 - *Precise Geometry*
 - *Low Integral Dose to Brain*
- **3-6 cm**
 - (a) XJaws = Jaws and Cones and Arcs
 - Simple
 - Low Integral Dose to Brain
 - Optimal Conformal Index
 - (b) MMLC Okay
 - Conformation not the issue.
- **> 6 cm**
 - **Penumbra Increases, not very effective to use Cones and Arcs**
 - **Better $N \geq 6$ Non-Coplanar Static Fields**
 - **Need XPlan, OAR, Beam Model**
 - **MMLC necessary.**
 - **2π Access Reduces IMRT Need.**





Larger leaf width => increase in normal tissue irradiated





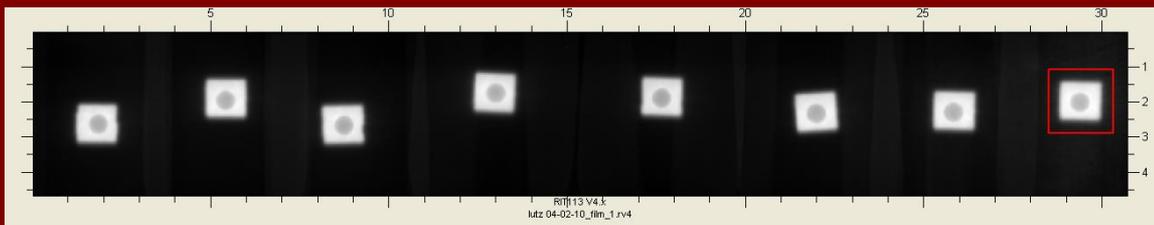
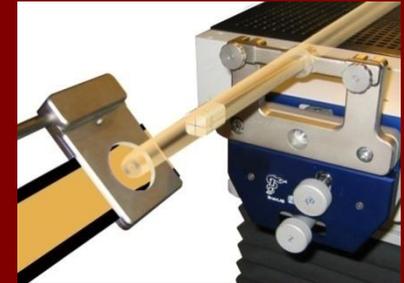
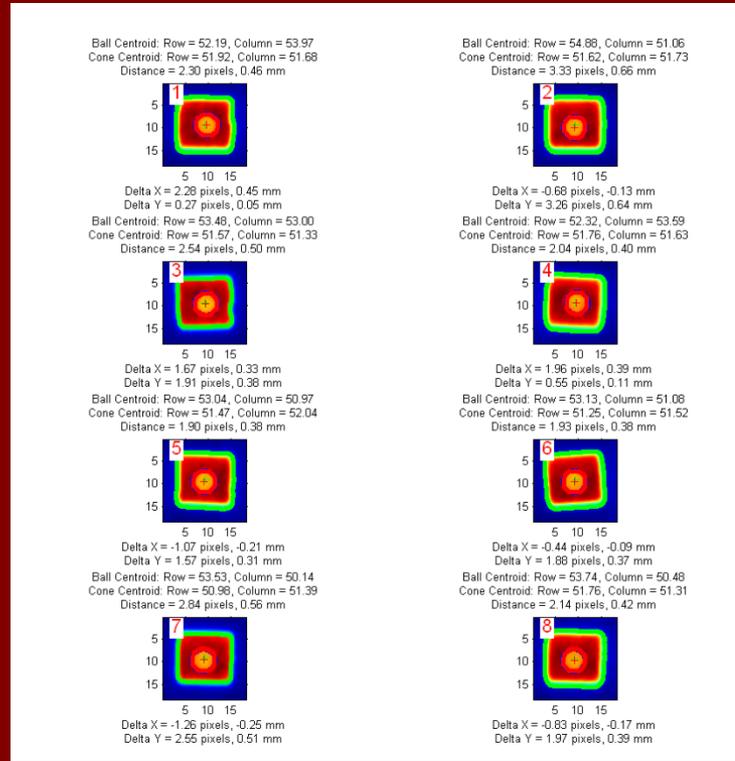
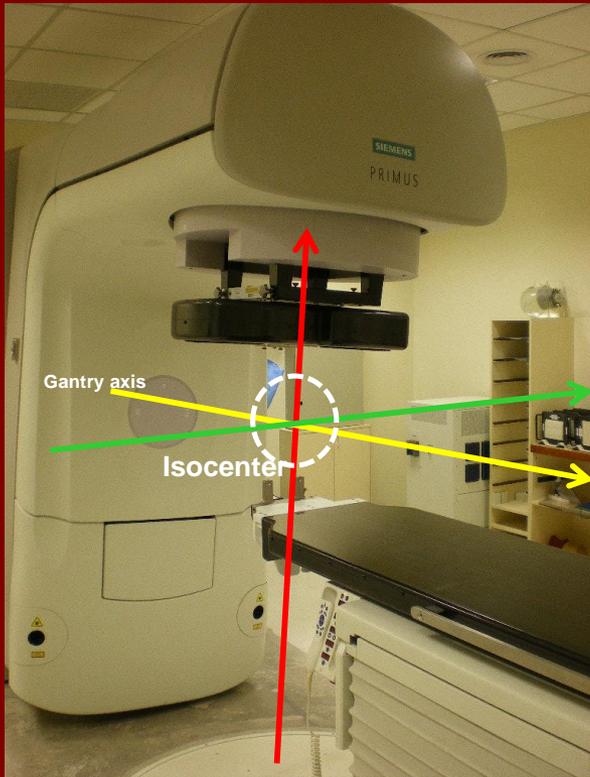
Micro MLC (mMLC)

- Add-on system attached to the regular collimator
- MODULEAF, Siemens
 - 80 leaf
 - 40Kg (require special mount to move around)
 - Leaf width at isocenter - 2.5 mm
 - Positioning precision - 0.5 mm
 - Penumbra 2.5 – 3.5mm
 - Transmission < 2.5%
 - Maximum field size 12 x 10 cm²



Isocenter precision

Winston - Lutz test

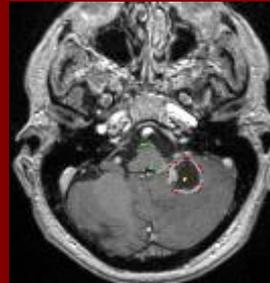


MRI images

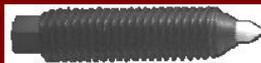
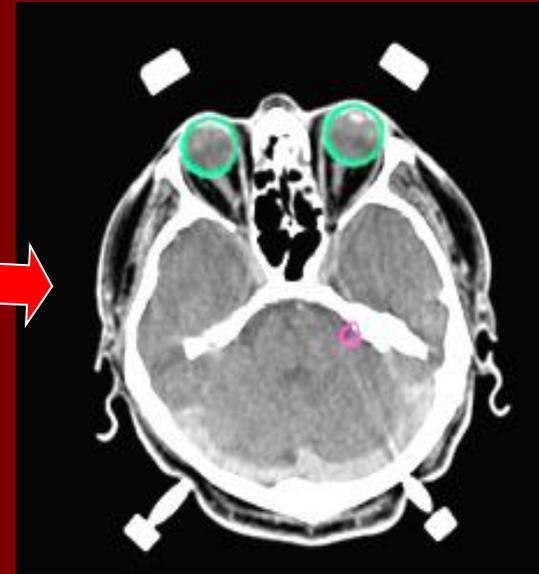


Patient preparation

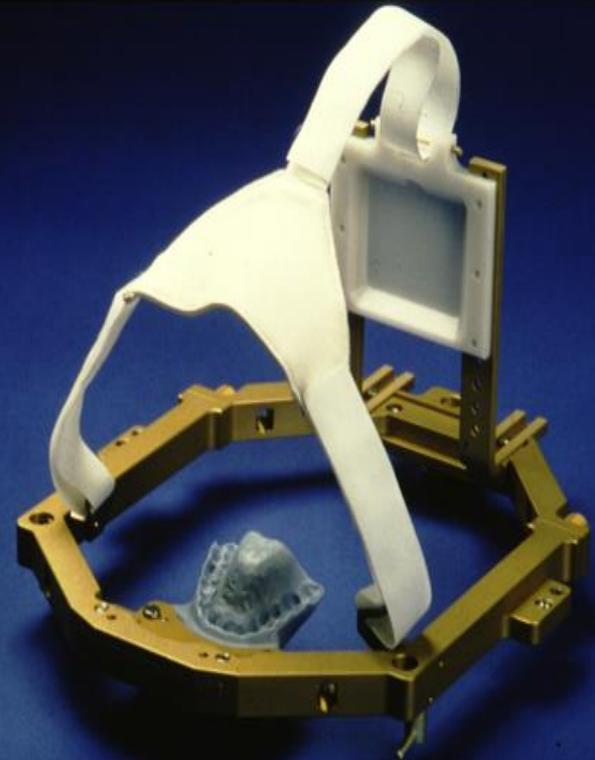
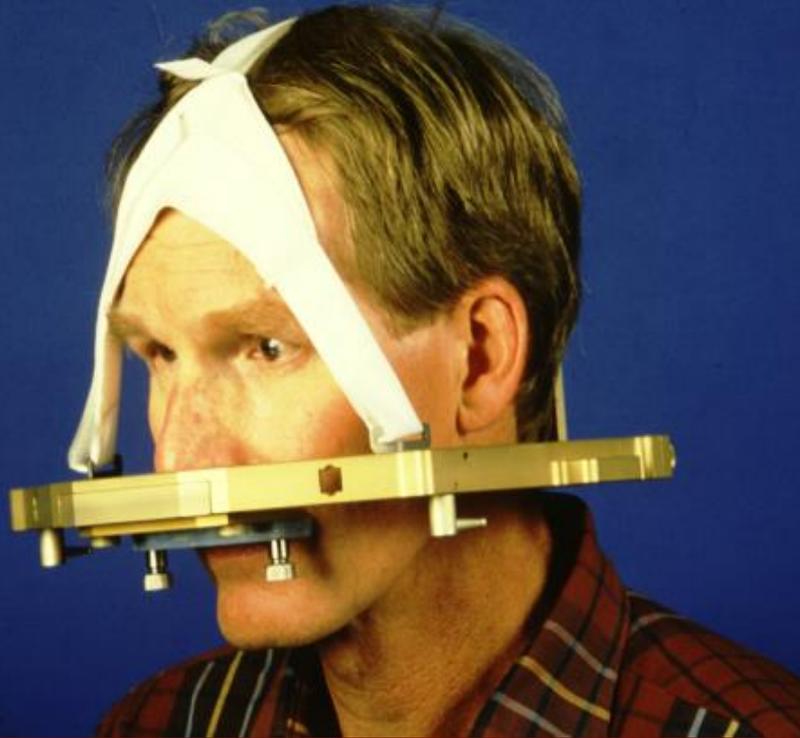
Placement of Head Ring for SRS



Procedure



Relocatable Head Frame (Gill-Thomas-Cosman) for fractionated SRT



SRS with GTC relocatable head frame



Daily reproducibility of the head frame position

DEPTH CONFIRMATION HELMET: Mounts on stereotactic base ring; allows for 25 'helmet to scalp' measurements which are repeated following frame attachment, removal, replacement, and for SRT prior to each treatment (accuracy +/-1.5 mm)



Patient Immobilization (SRT)

3 piece Mask System

Extends treatment area to T1

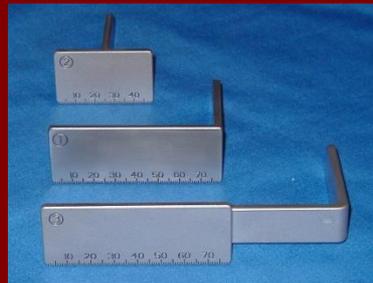
Set-up errors from 1.7 to 0.9 mm

Indexed bite plates

Carbon fiber

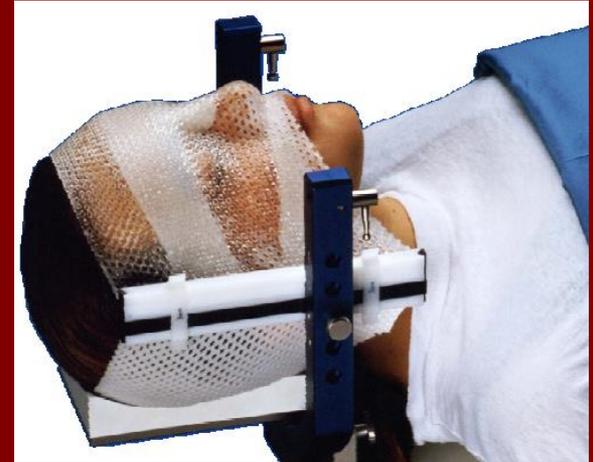
Tilt compensation for set-up

Suitable for elderly patients & children

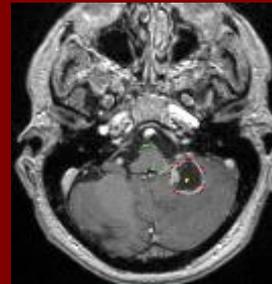


Patient positioning accuracy in a thermoplastic mask with upper jaw support.
J. Ahlswede et al. AAPM Annual Meeting 2001 Poster Display

Frameless Immobilization



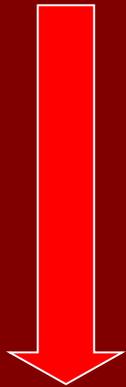
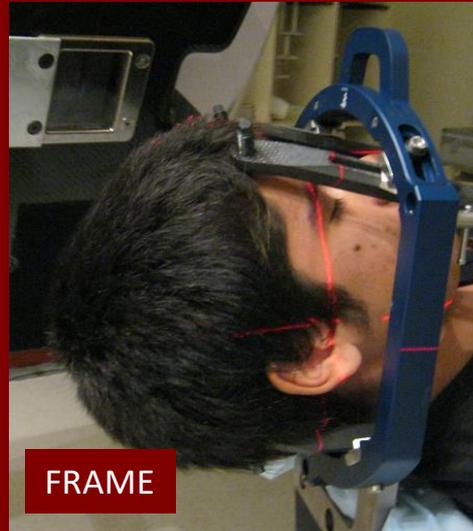
MRI



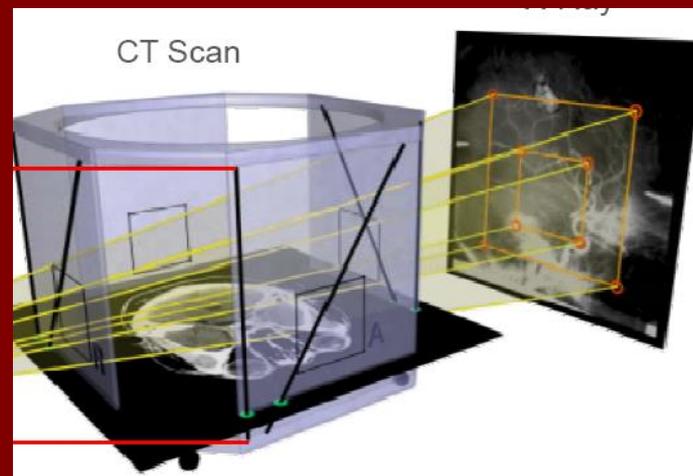
CT angiography



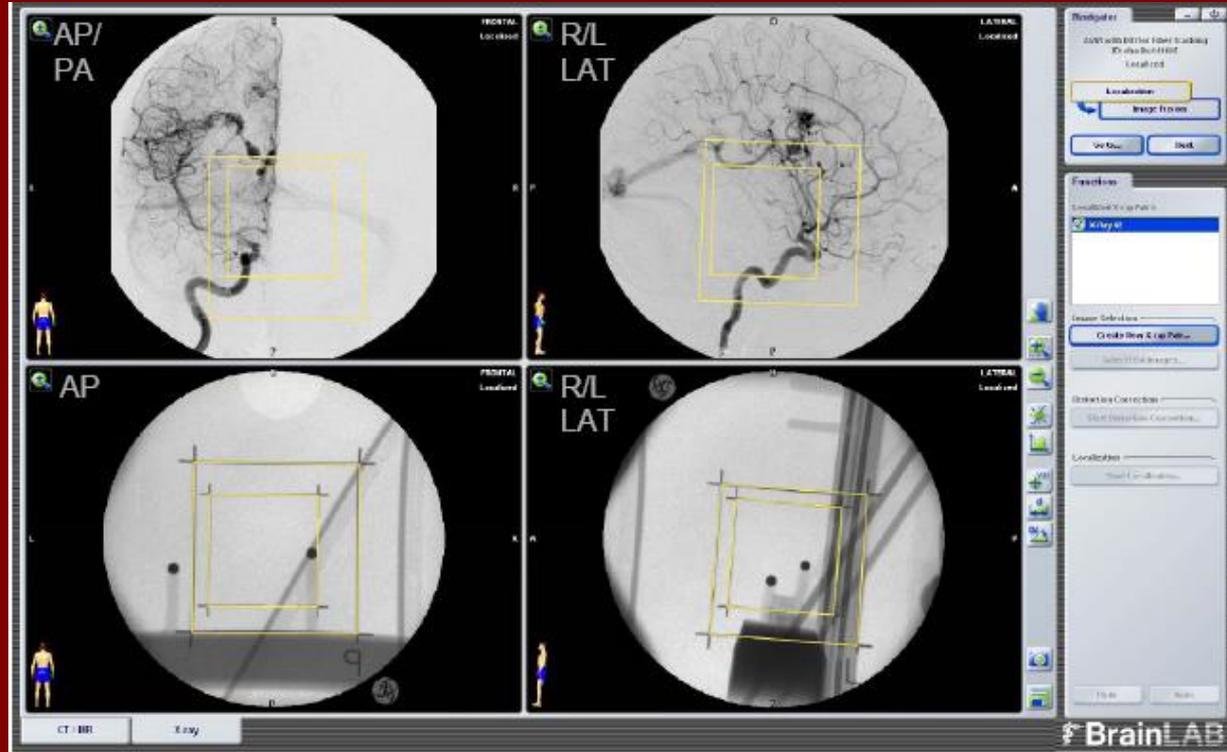
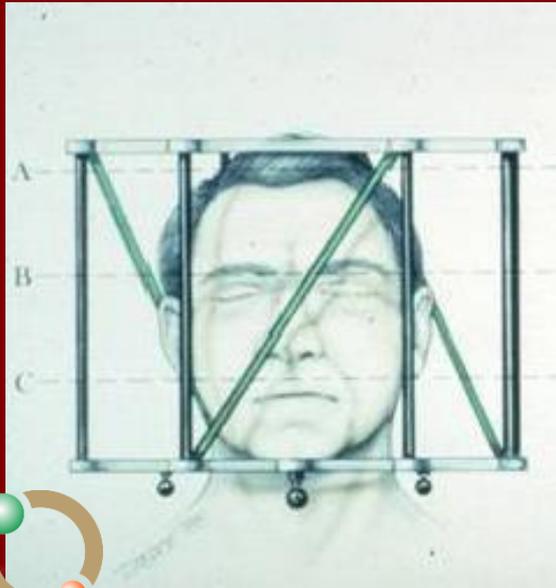
Patient setup



CT angiography

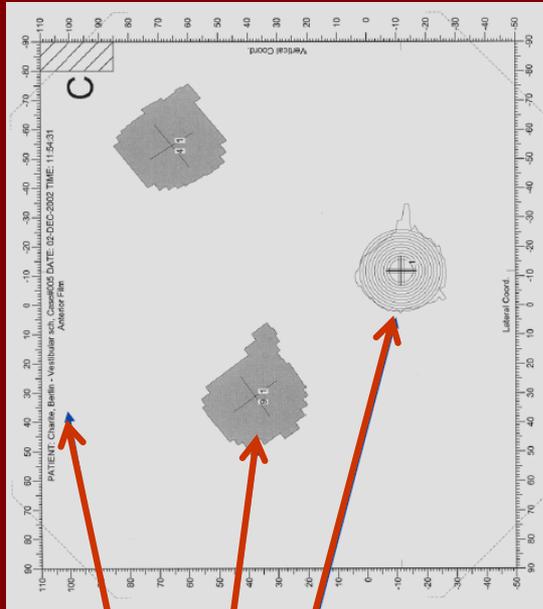


Angiography Localizer frames for Stereotactic Imaging



Transfer of Coordinates

TPS plan -> Treatment unit



Patient identifier

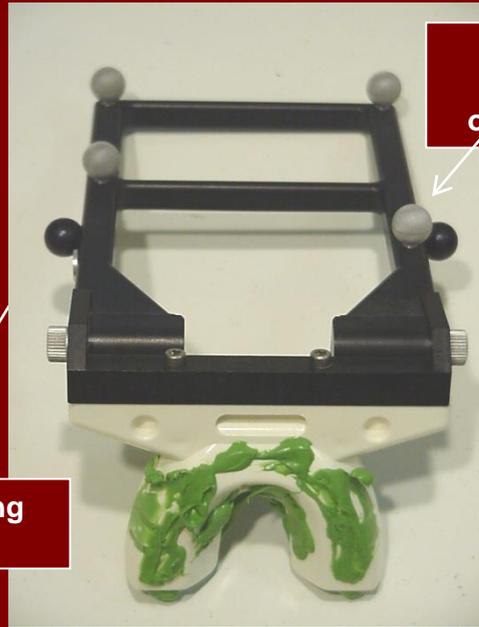
Field shape projection

Laser isocenter alignment



Optical tracking of Stereotactic position space

The CT images of the spheres are used to transfer the coordinate space to the treatment room



Reflecting spheres for optical tracking

CT localizing spheres

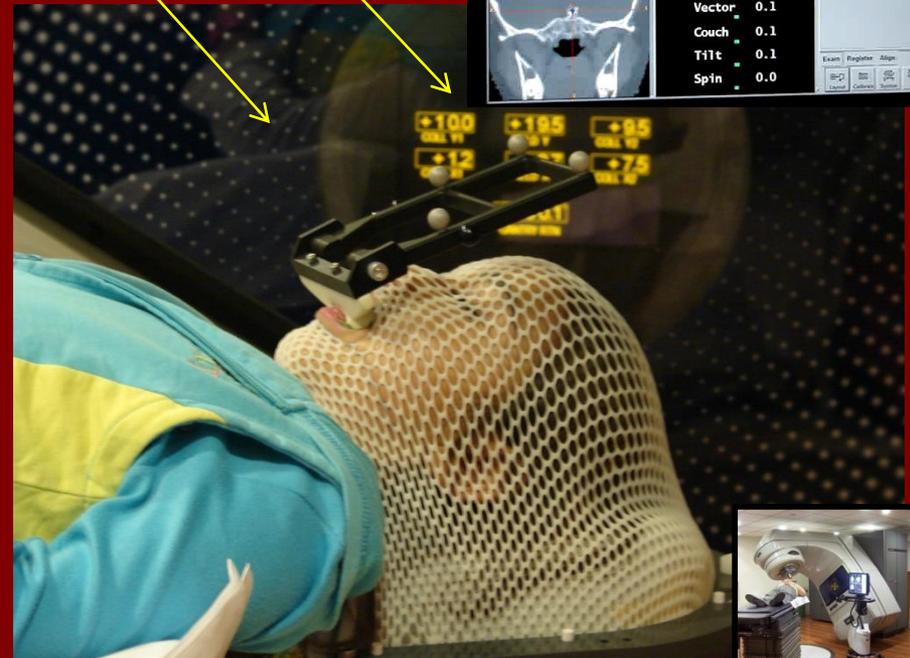
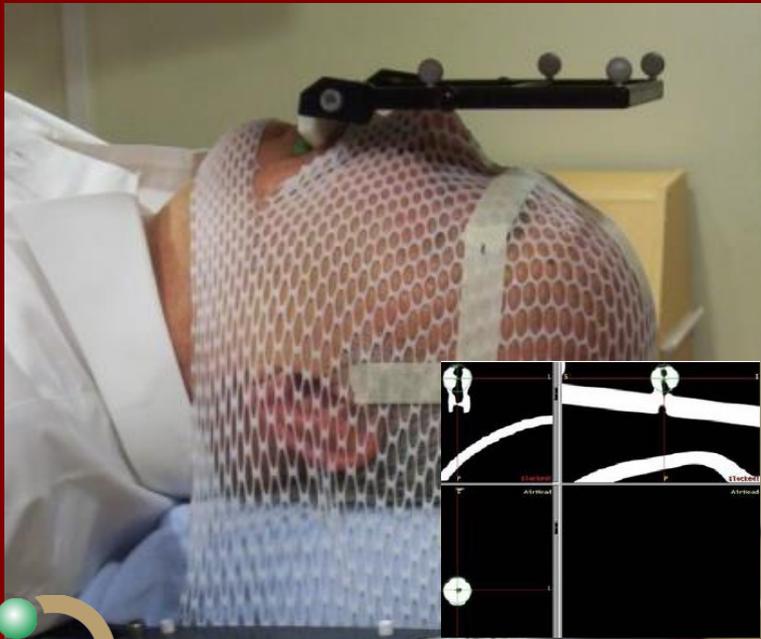
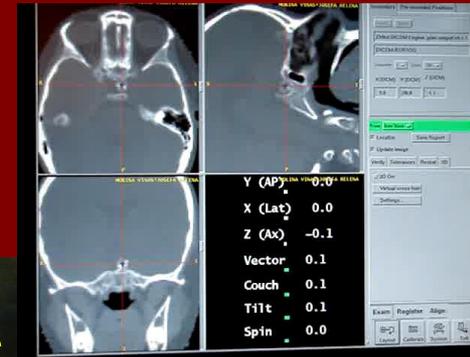
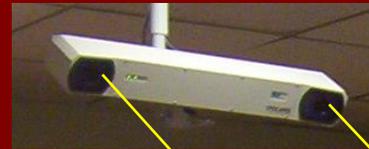
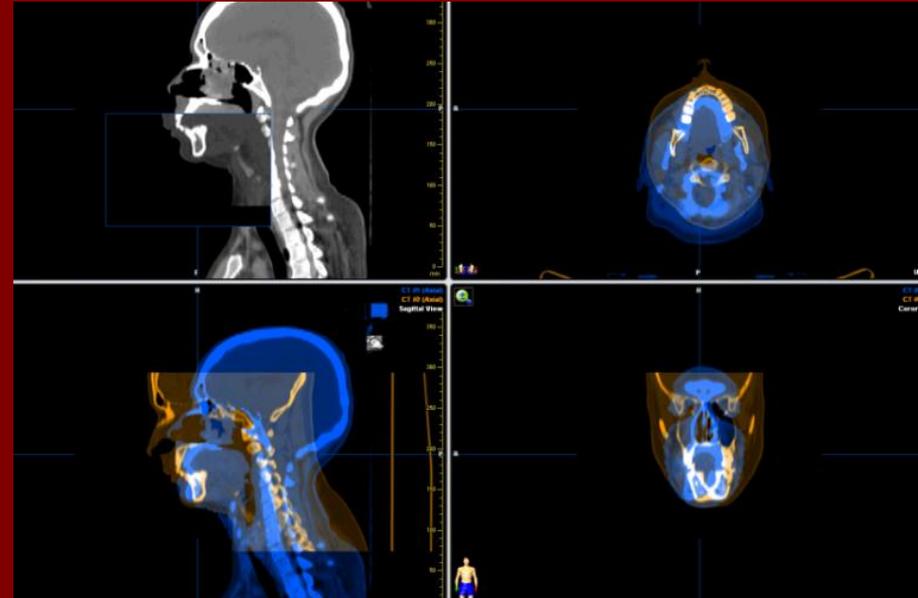
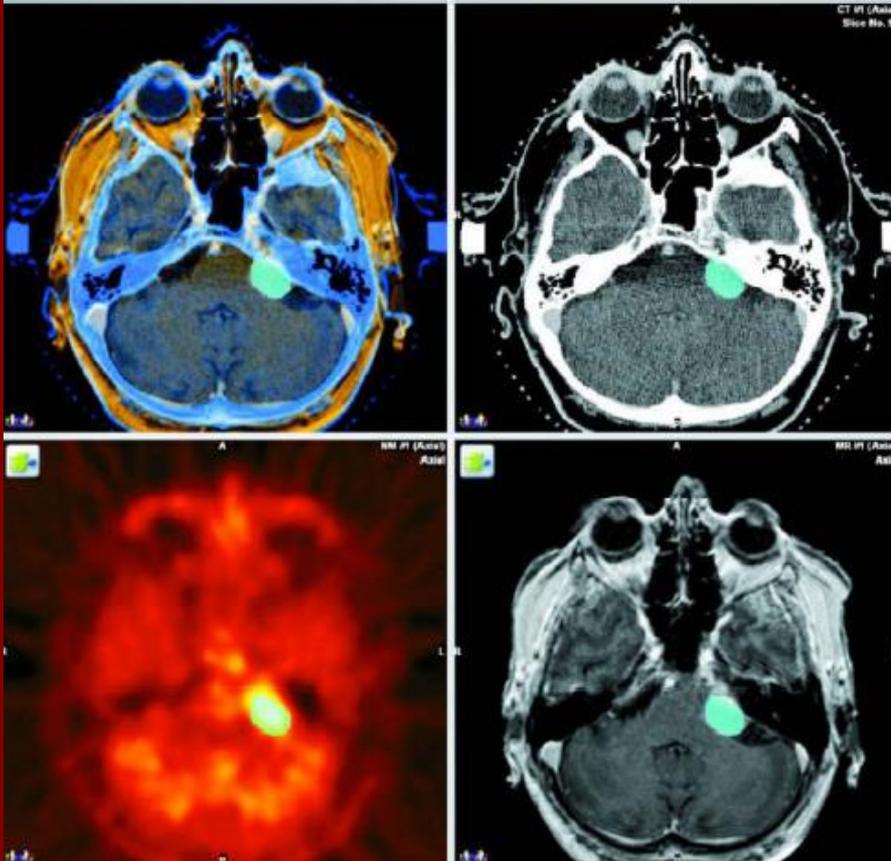
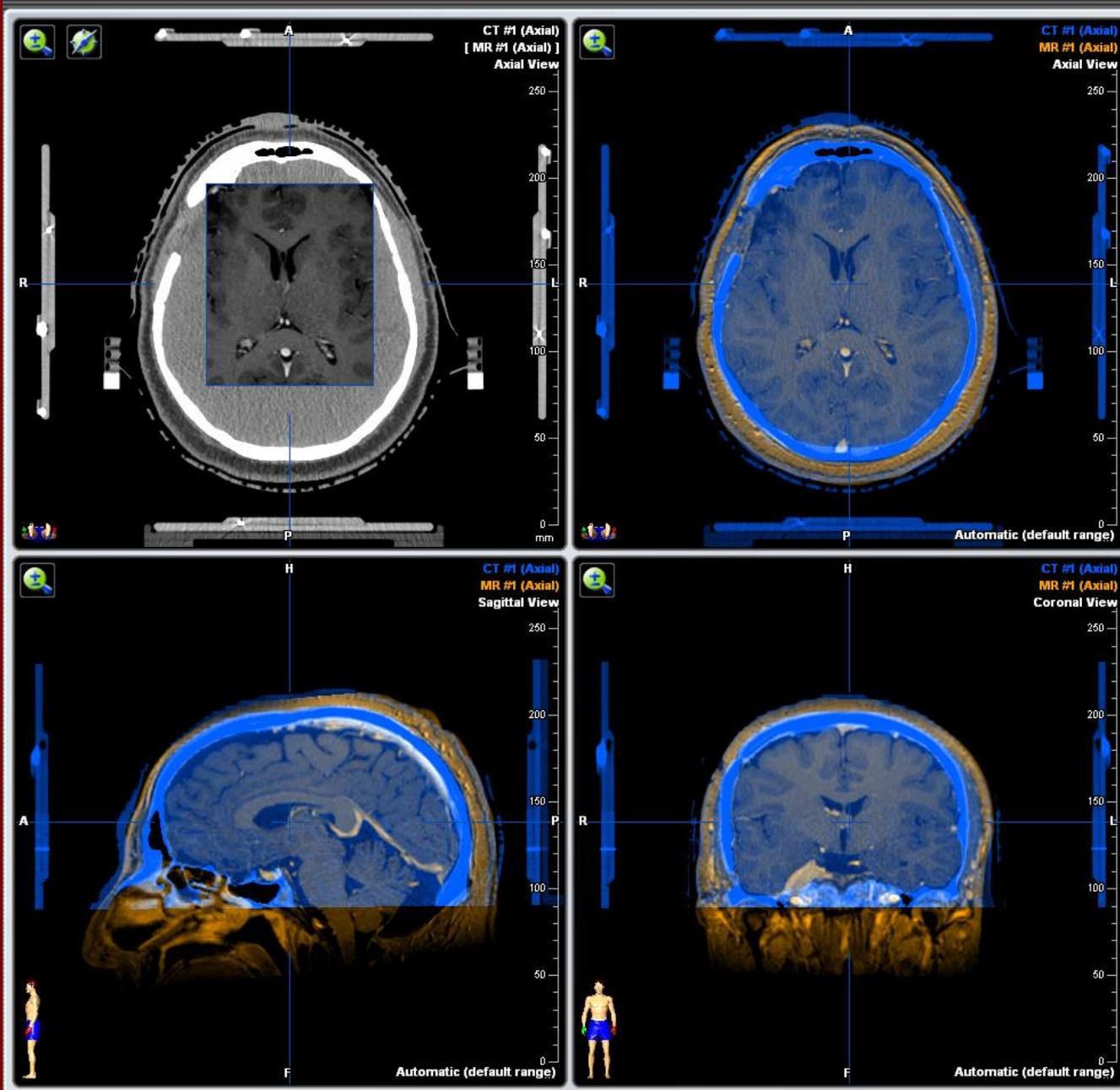


Image fusion or Registration



CT – MR – SPECT - PET



Patient setup



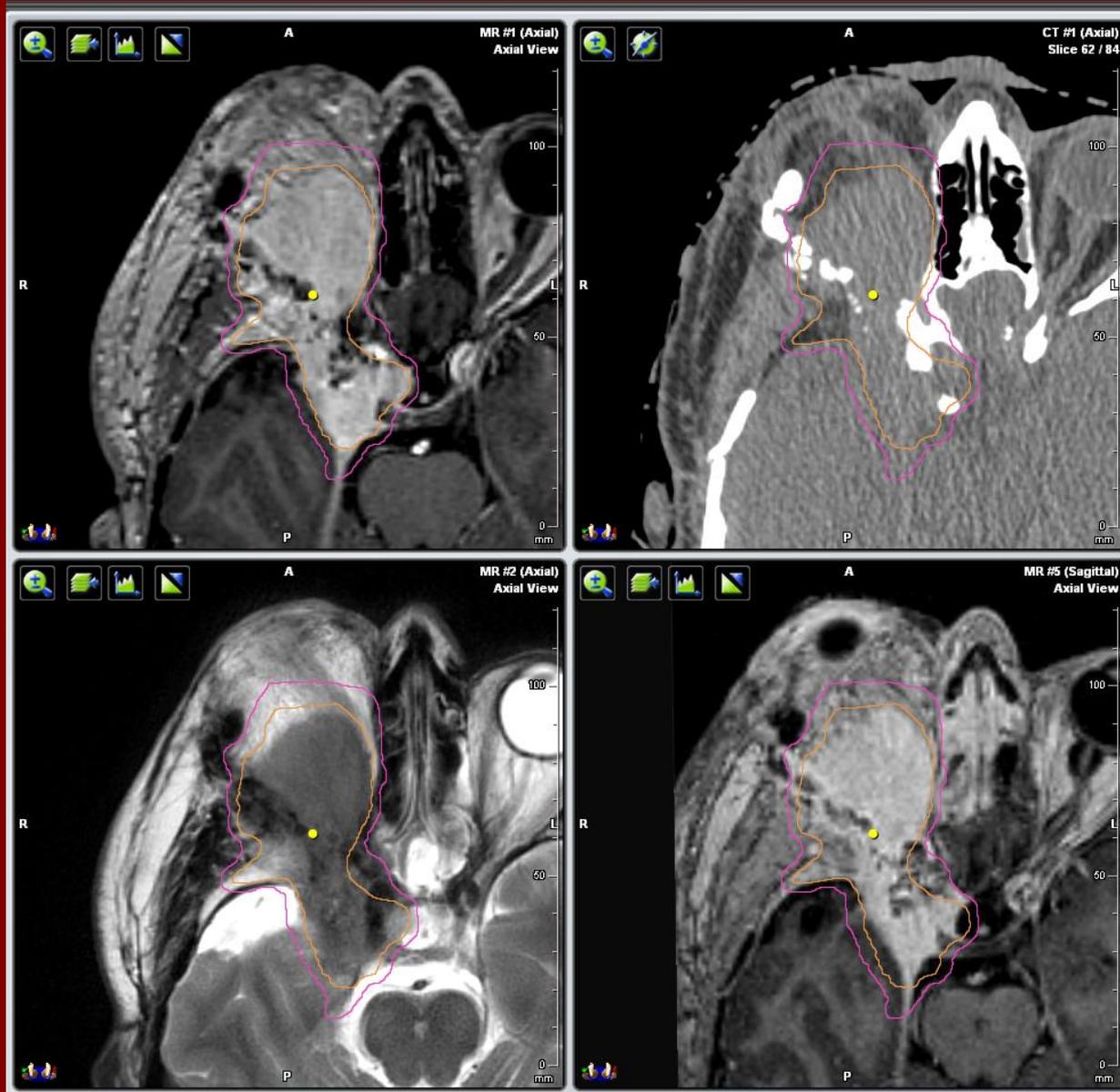
Stereo Images



Image fusion



Volume definitions



Patient setup



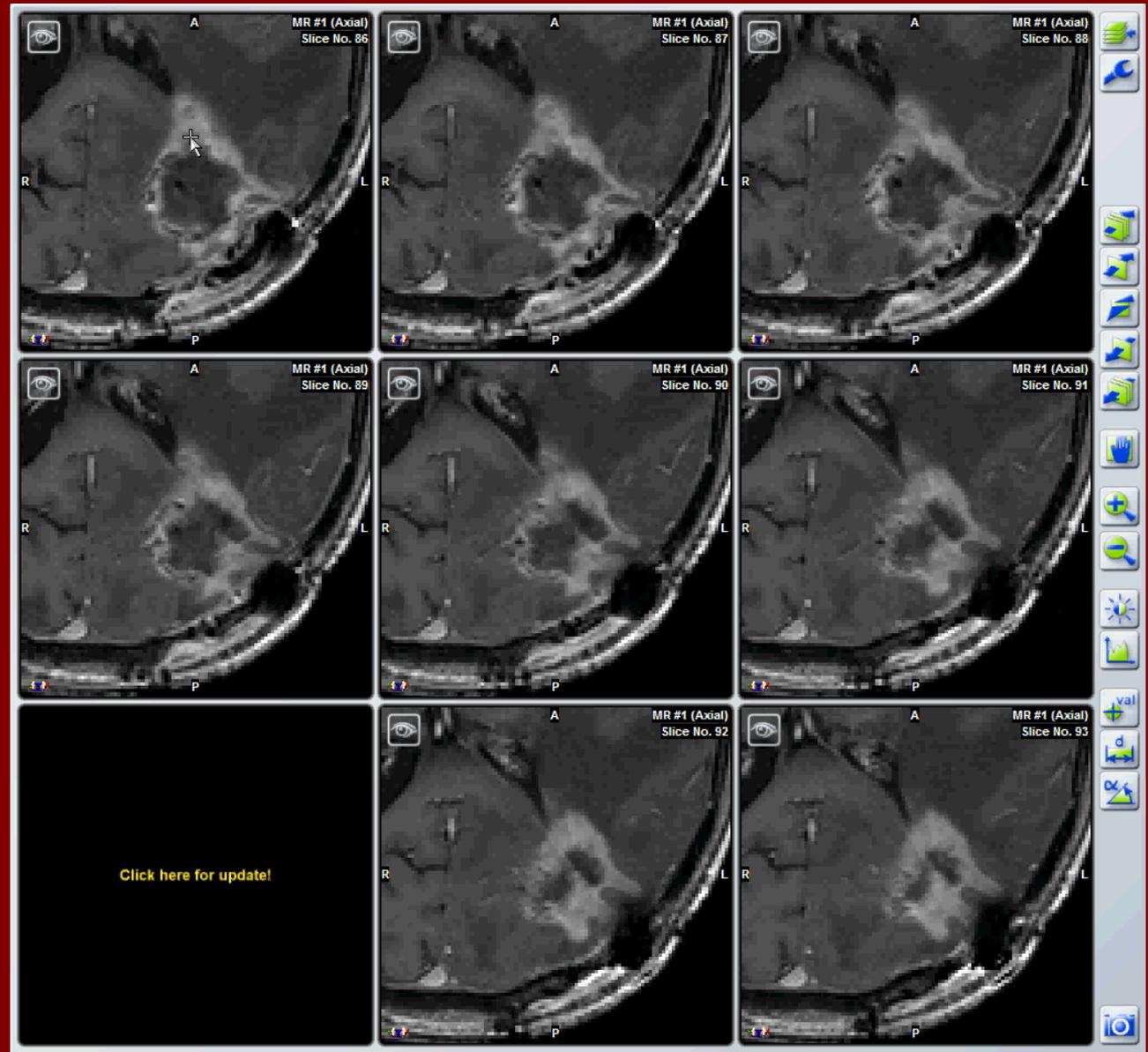
Stereo Images

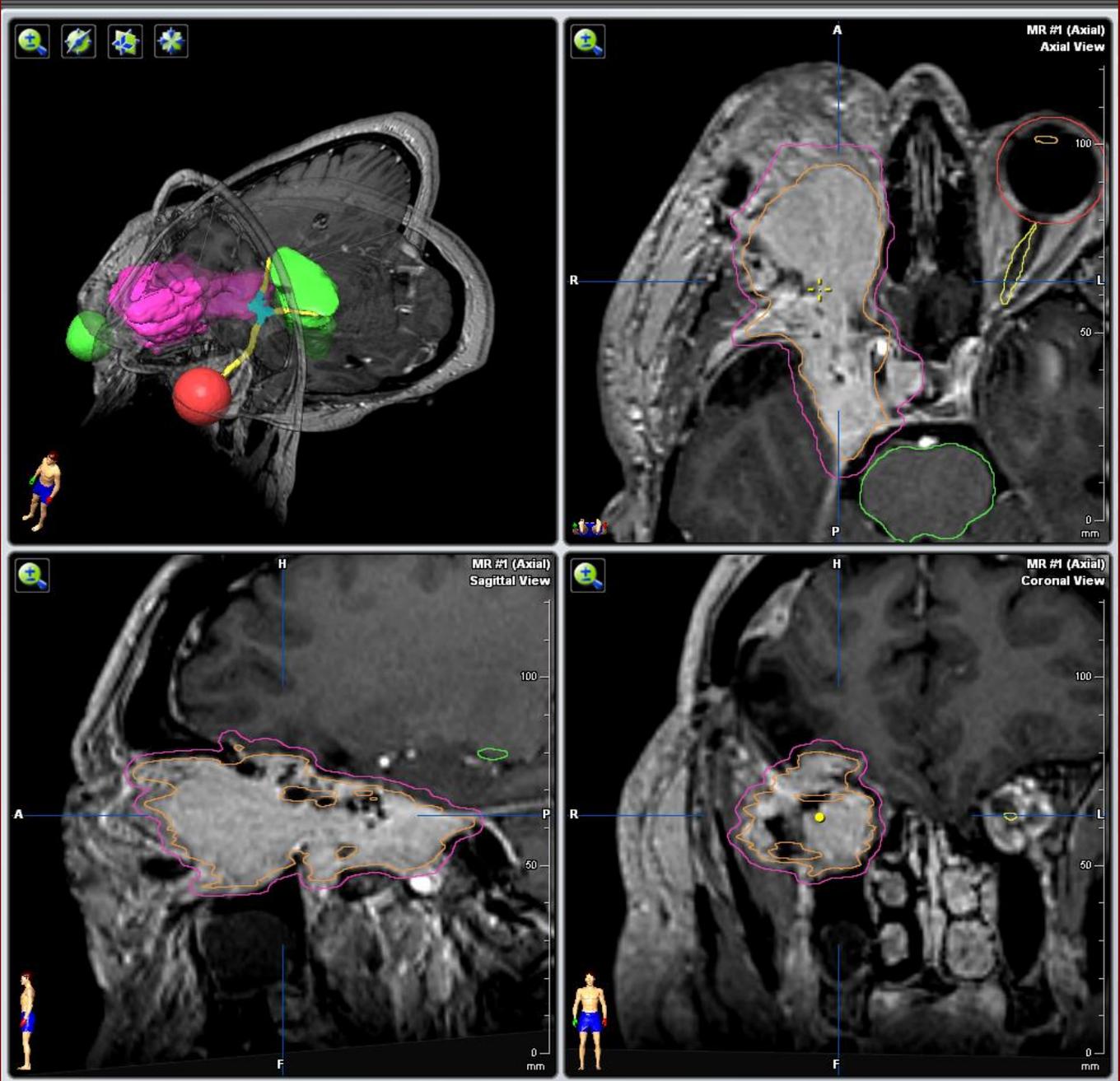


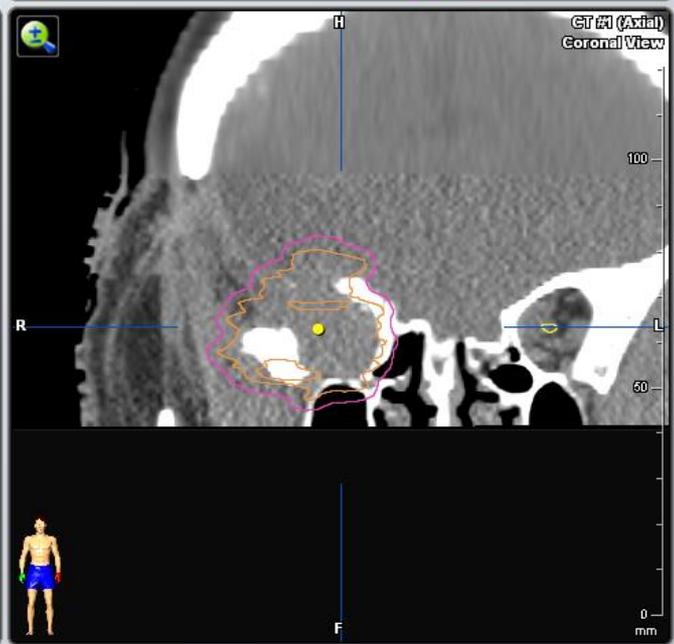
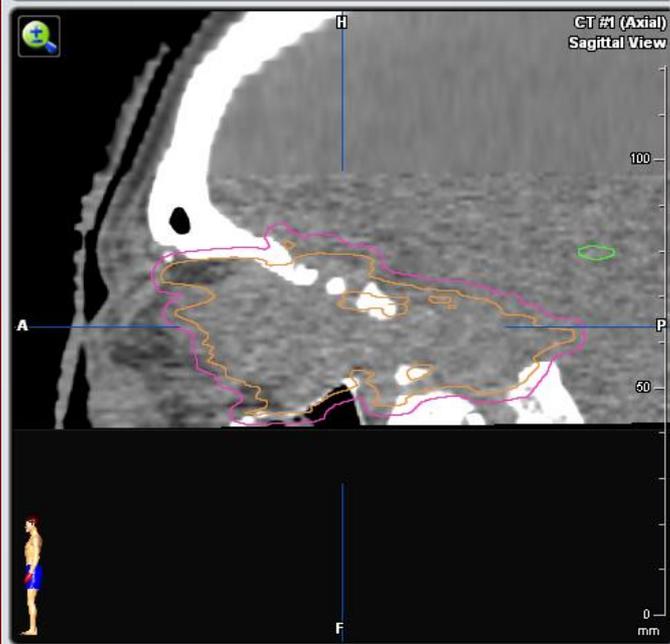
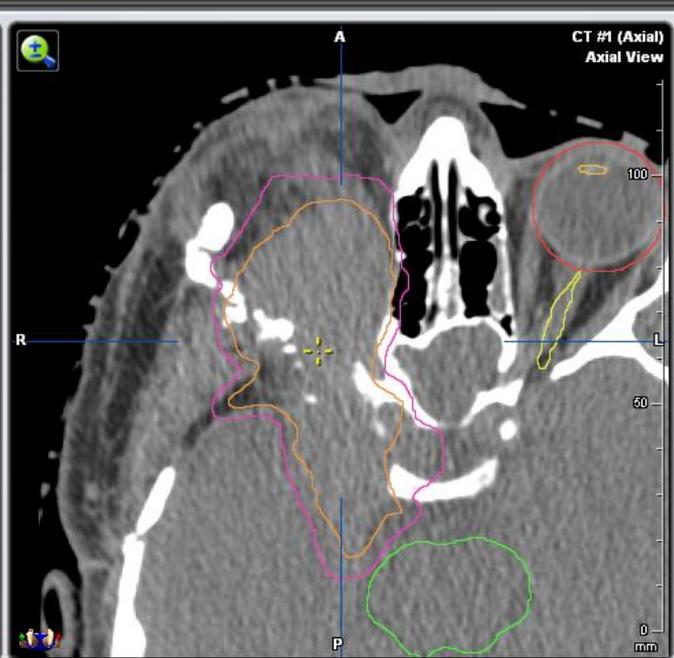
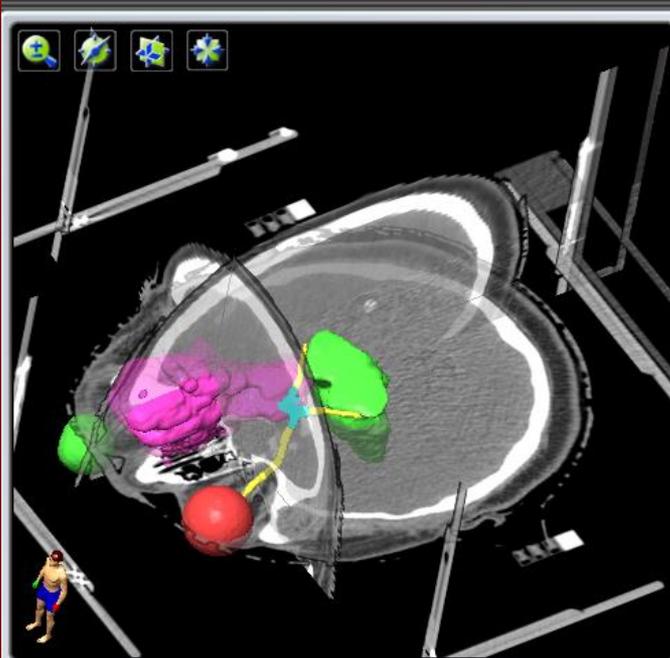
Image fusion



Volume definitions





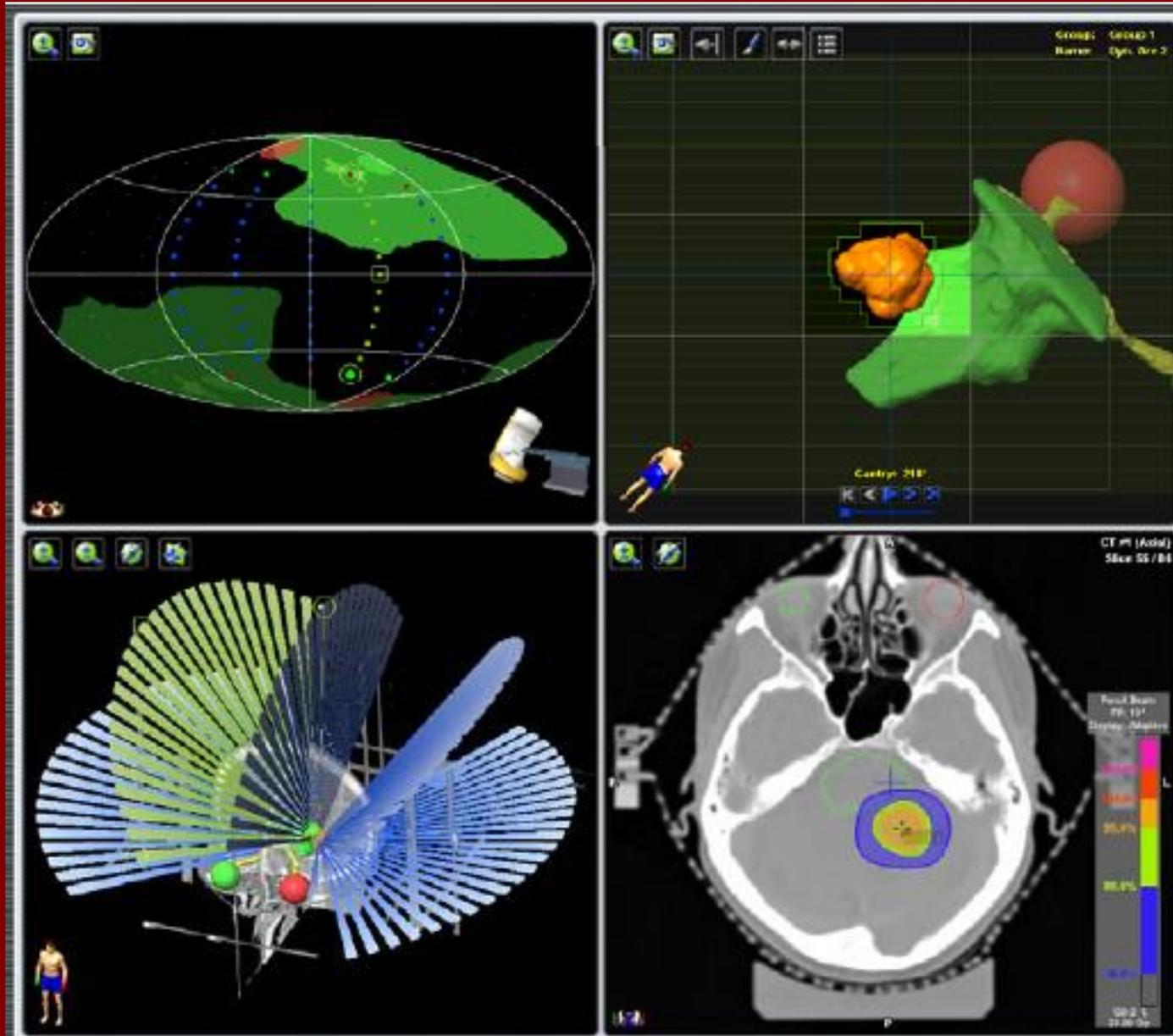


Uncertainties achievable in SRS

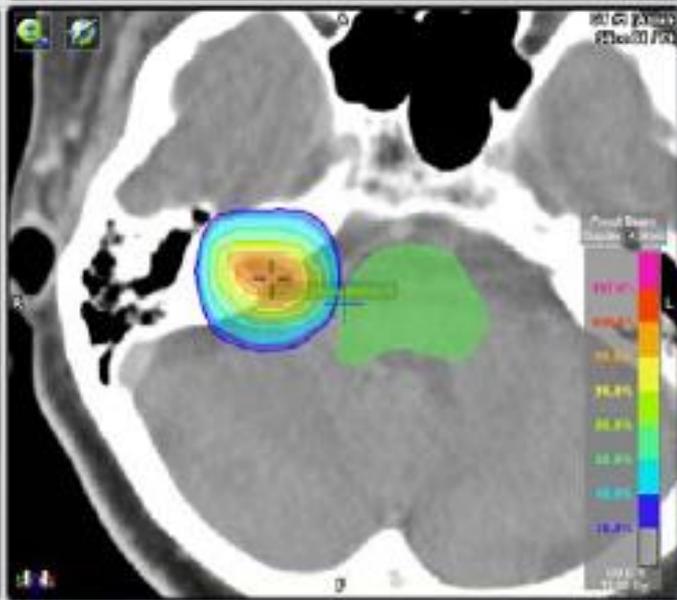
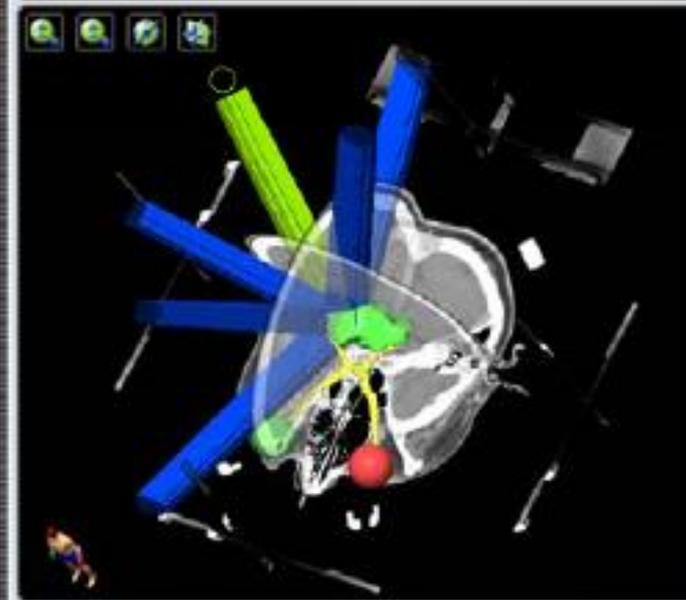
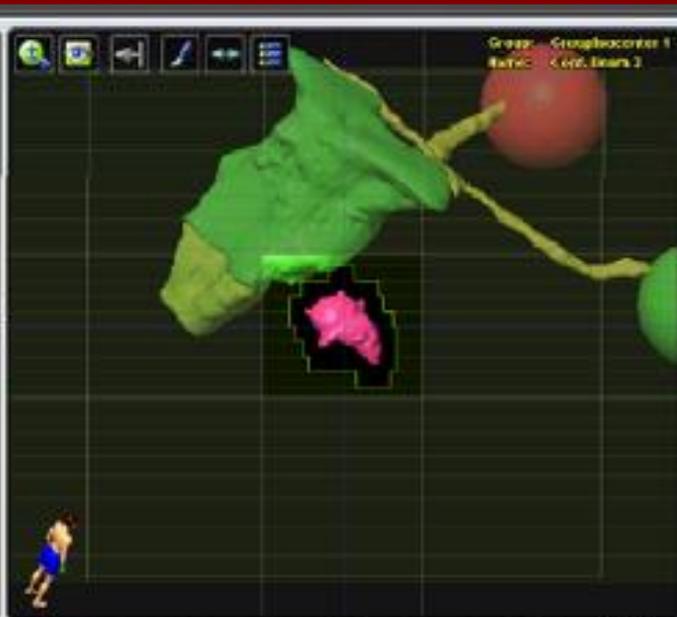
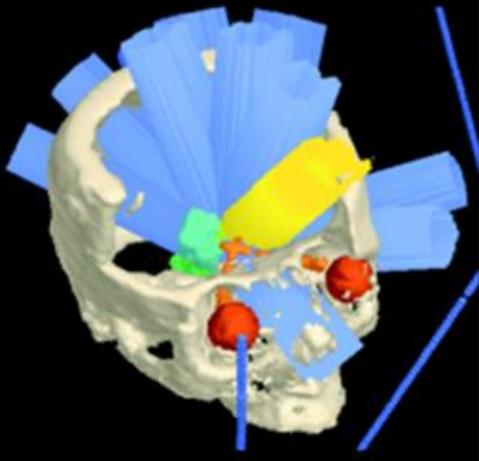
CT slice Thickness	1 mm	3 mm
Stereotactic Frame	1 mm	1 mm
Isocenter Alignment	1 mm	1 mm
CT Image resolution	1.7 mm	3.2 mm
Tissue Motion	1.0 mm	1 mm
Angio (Point identification)	0.3 mm	0.3 mm
Std. Dev. of Pos. Uncertainty	2.4 mm	3.7 mm



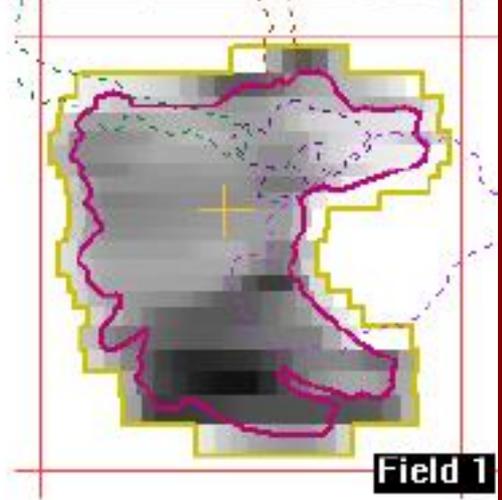
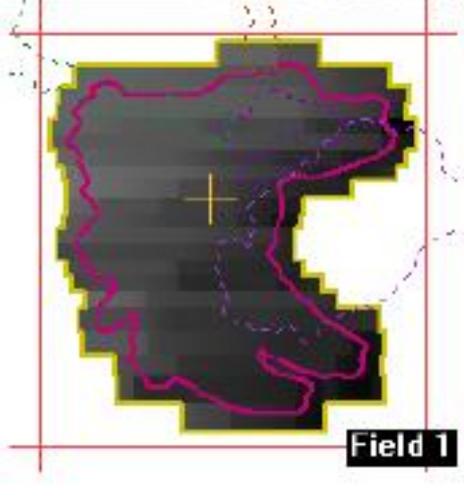
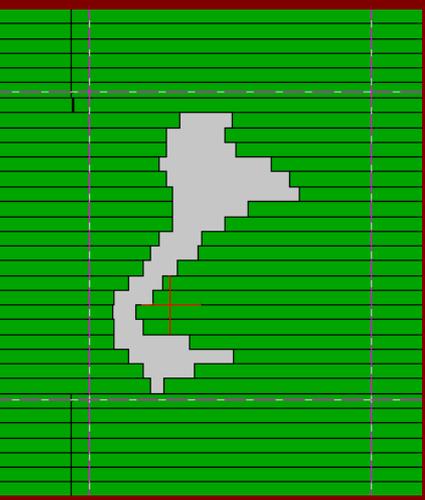
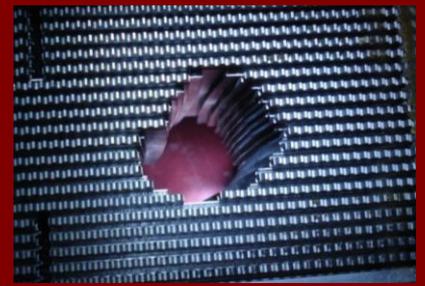
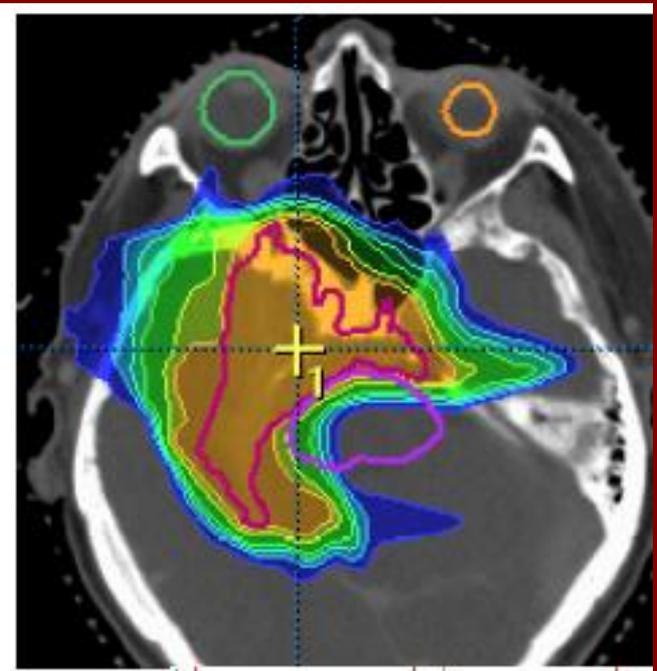
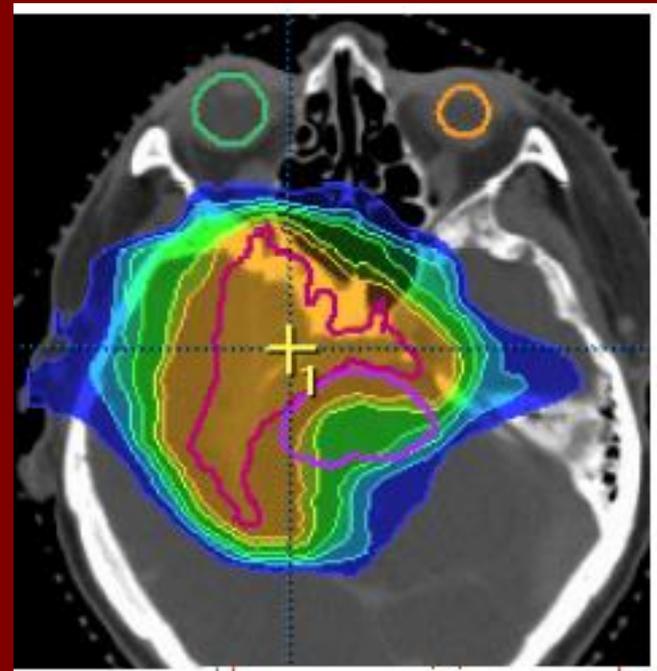
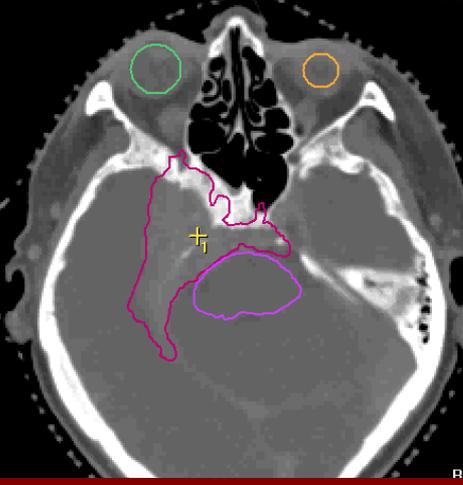
PLANING WITH CONFORMAL ARCS

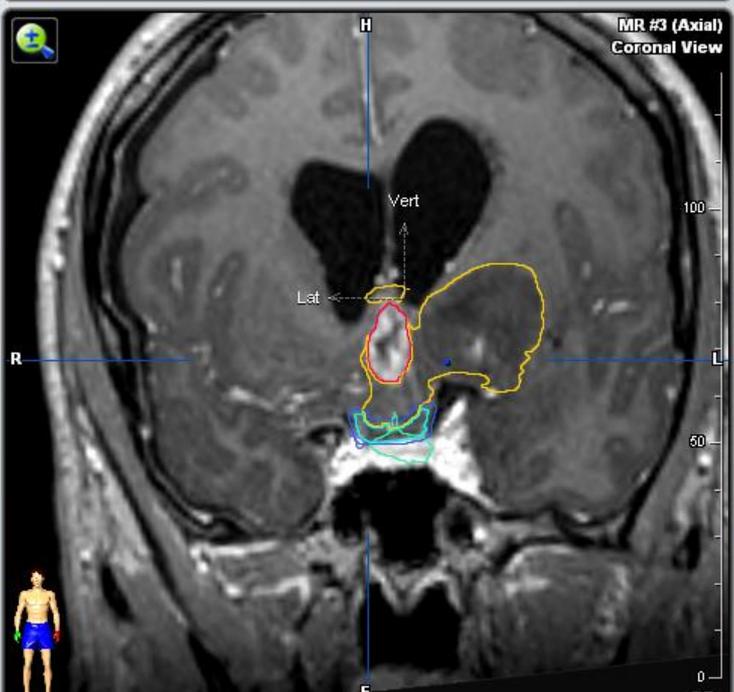
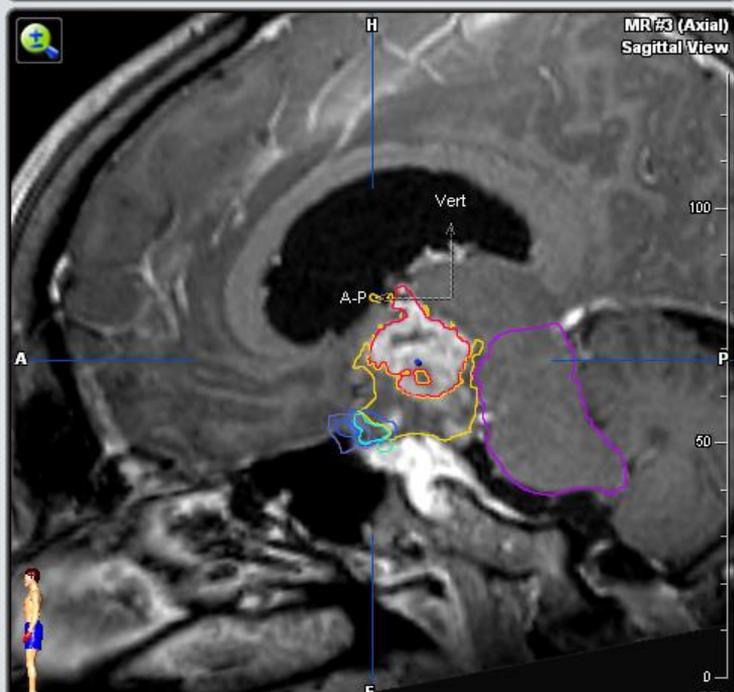
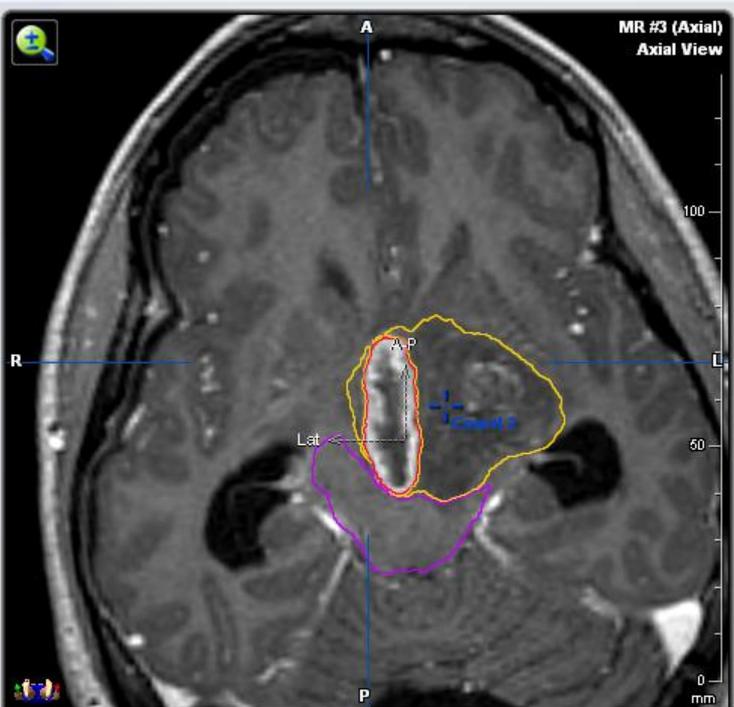
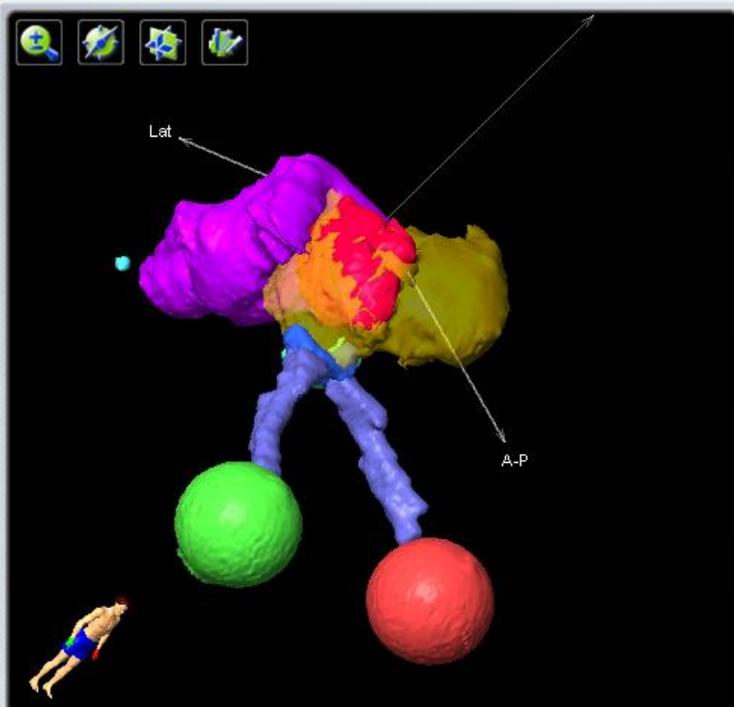


PLANING WITH CONFORMAL FIXED FIELDS



PLANING with Intensity Modulated Radio Surgery (IMRS)





Navigator

Object Creation
Treatment Planning

Go to... Next

Object

- Cochlea, Left
- Cochlea, Right
- Eye, Left
- Eye, Right
- GTV1 60Gy
- GTV2 54-60Gy
- Inner Ear, Left

New... Remove

Auto Segmentation...

Brush Size Contours

Outlining

Brush Eraser

SmartBrush Draw Sphere

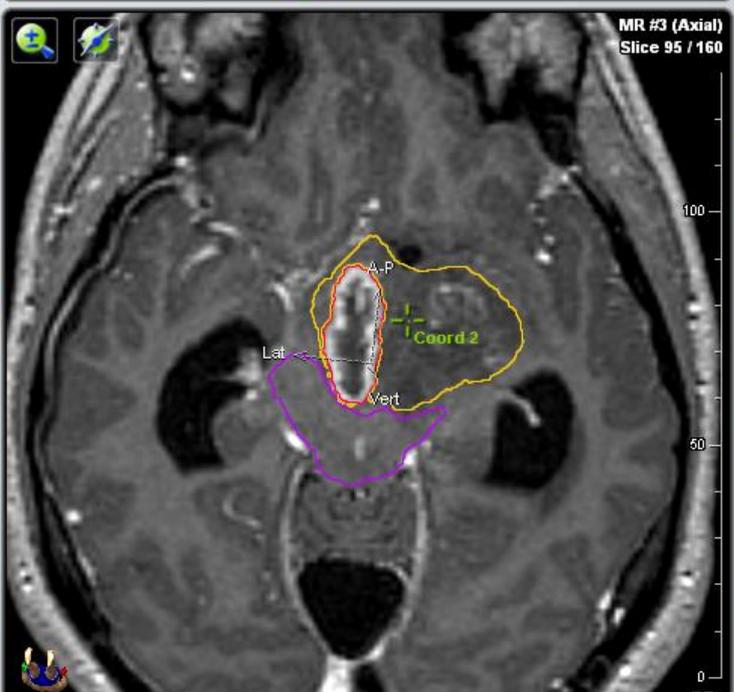
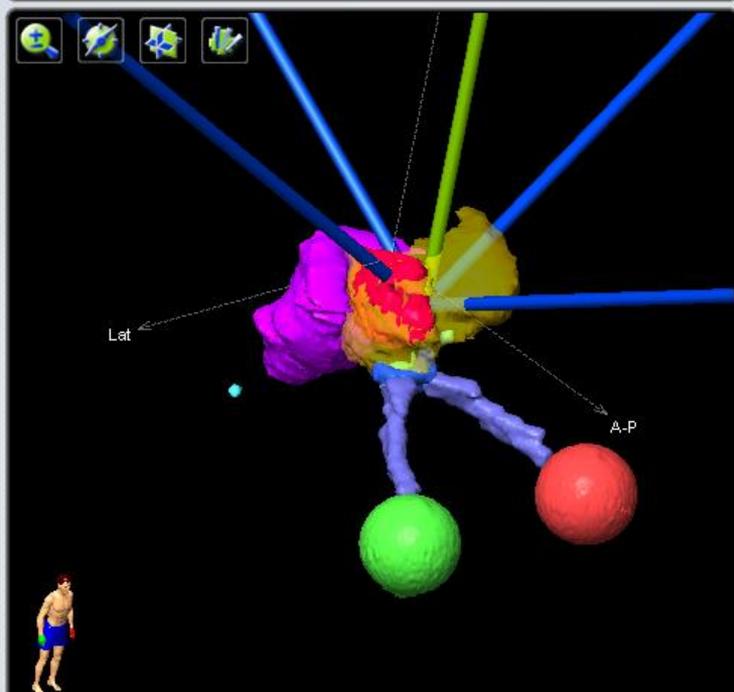
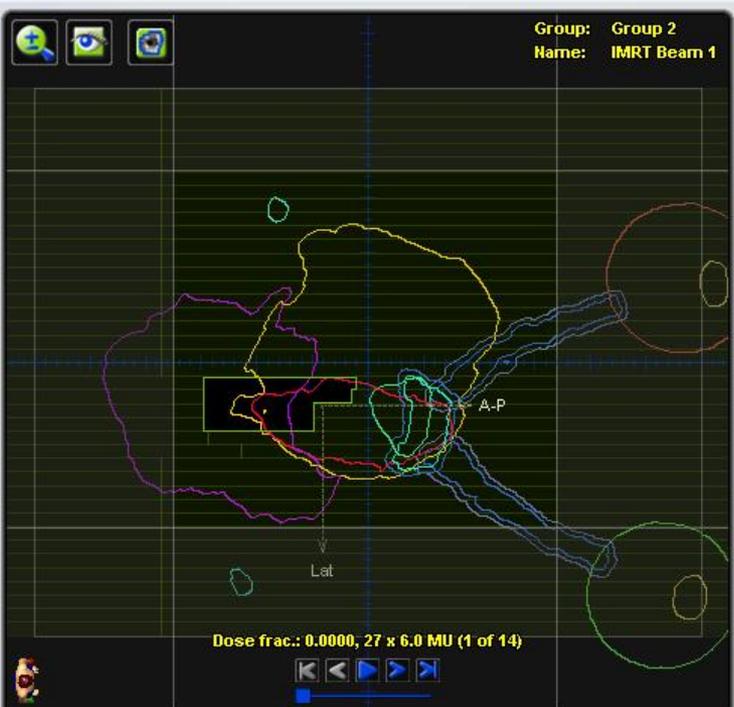
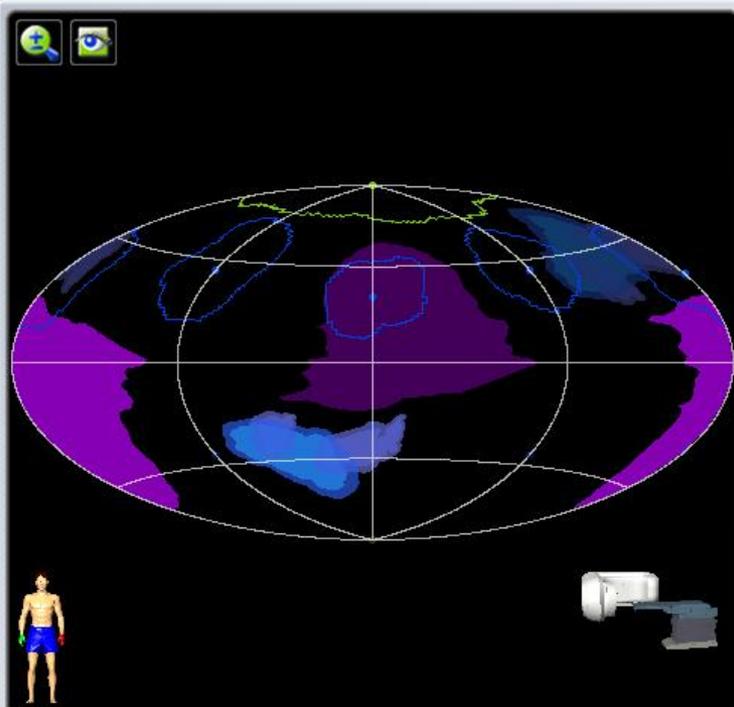
SmartShaper...

Auto Fill Interpolation

Advanced Manipulation...

Role Reassignment...

Undo



Navigator

Treatment Planning

Physician's Review

Go to... Next

Functions Prescription

The RTPlan

- Group 2
 - IMRT Beam 1
 - IMRT Beam 2
 - IMRT Beam 3
 - IMRT Beam 4
 - IMRT Beam 5

Refresh MU

Beam

Properties Delete

Table: 90°

Gantry: 270°

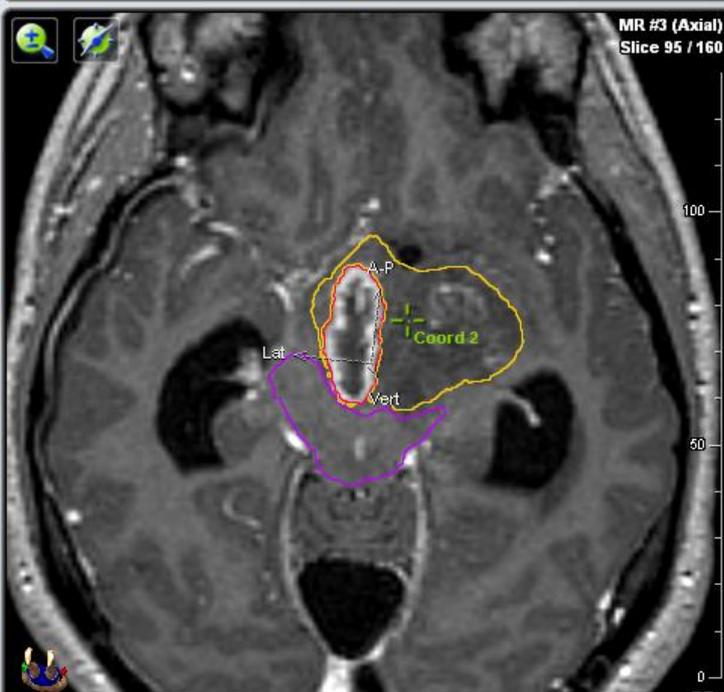
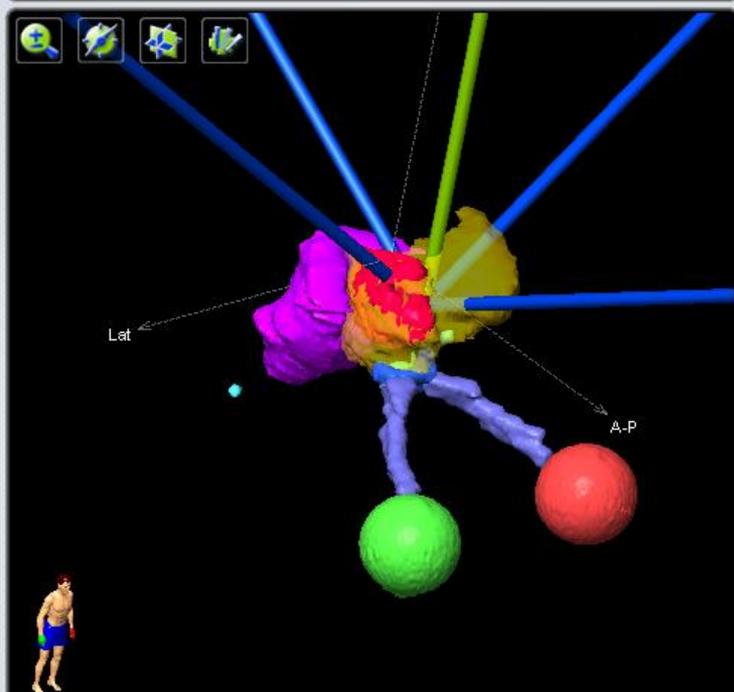
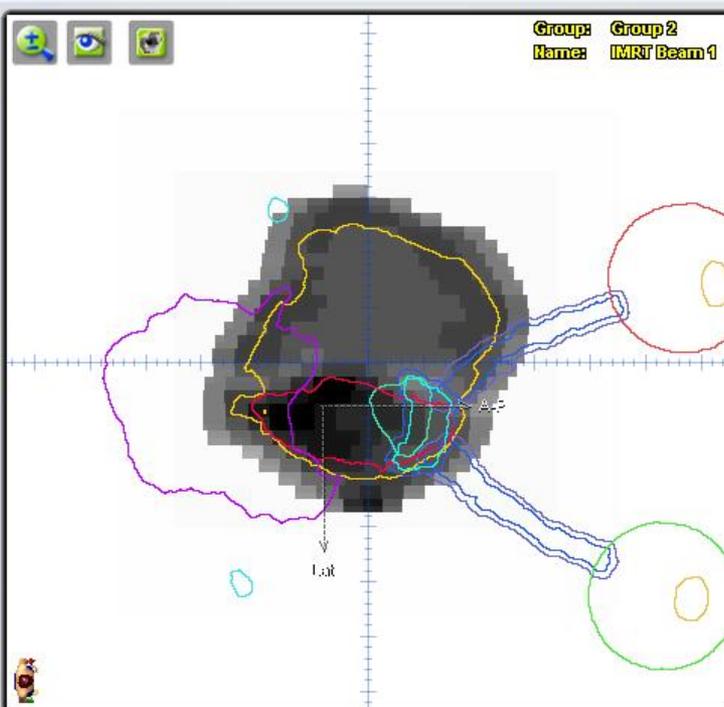
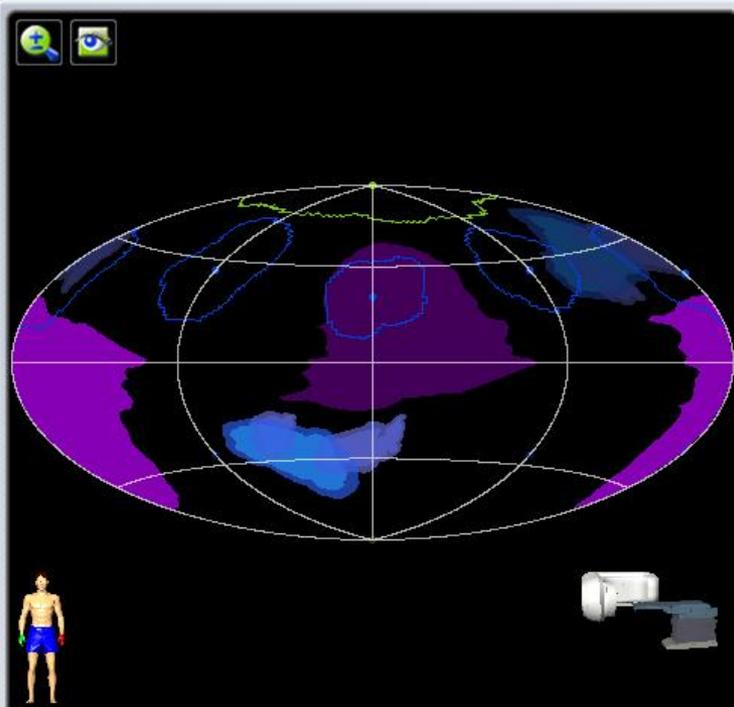
Coll.: 0°

Margin: 3.0 mm

Weighting: 20.0 %

MU: 2322 (27 x 86)

This plan is optimized. To remove optimization, select "RTPlan" and click "Remove IMRT Optimization".



Navigator

Treatment Planning

Physician's Review

Go to... Next

Functions Prescription

The RTPlan

- Group 2
 - IMRT Beam 1
 - IMRT Beam 2
 - IMRT Beam 3
 - IMRT Beam 4
 - IMRT Beam 5

Refresh MU

Beam

Properties Delete

Table: 90°

Gantry: 270°

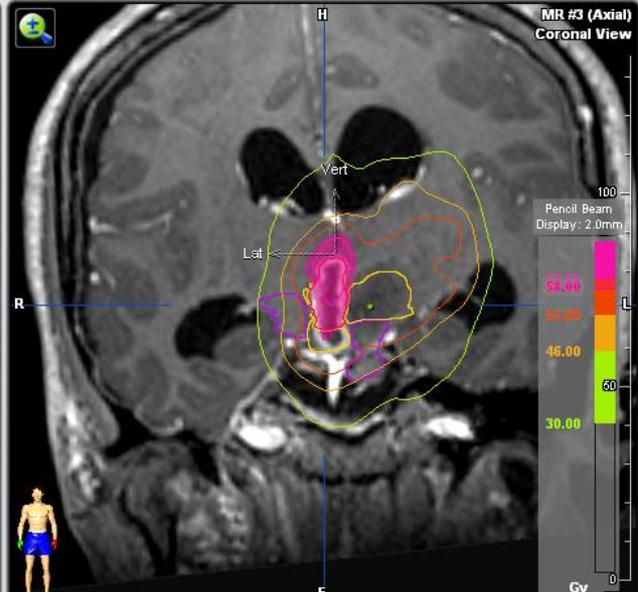
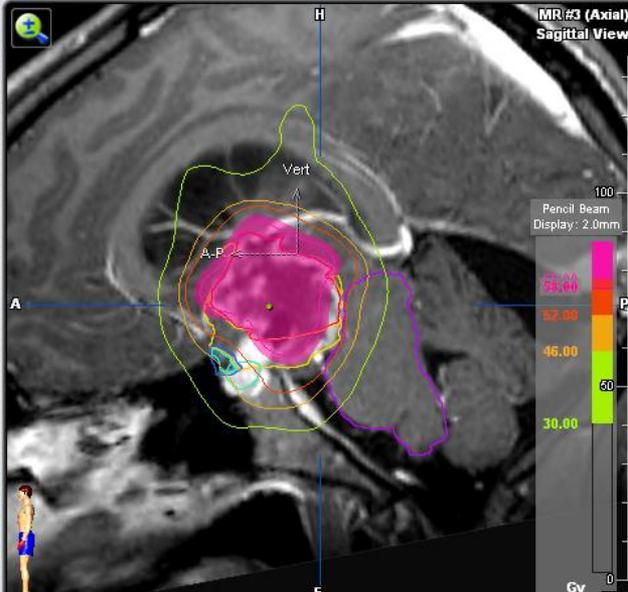
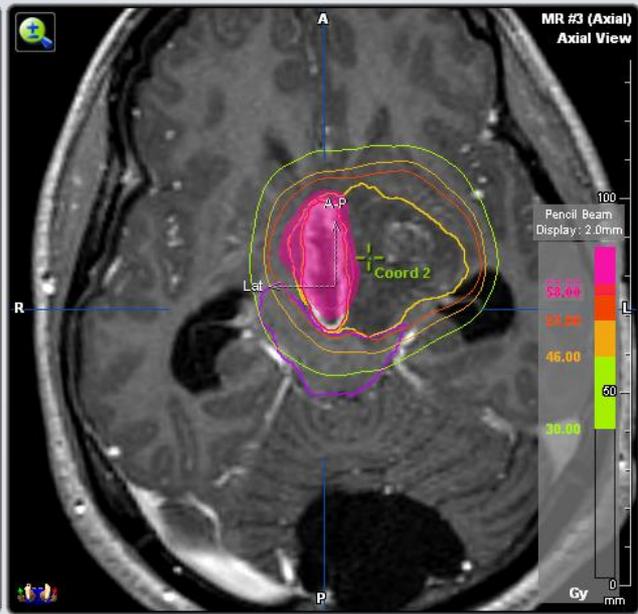
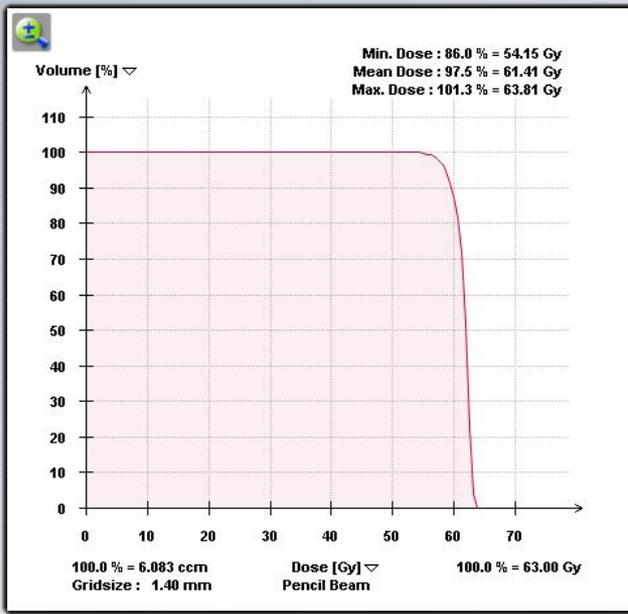
Coll.: 0°

Margin: 3.0 mm

Weighting: 20.0 %

MU: 2322 (27 x 86)

This plan is optimized. To remove optimization, select "RTPlan" and click "Remove IMRT Optimization".



Navigator

KAPLAN AGUSTINI
 ID: D905
 Plan FINAL.

Physician's Review
 Physicist's Verification

Go to... Next

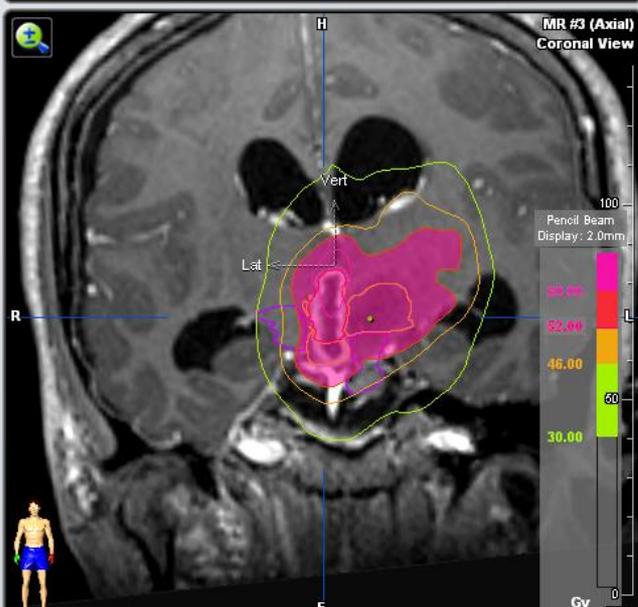
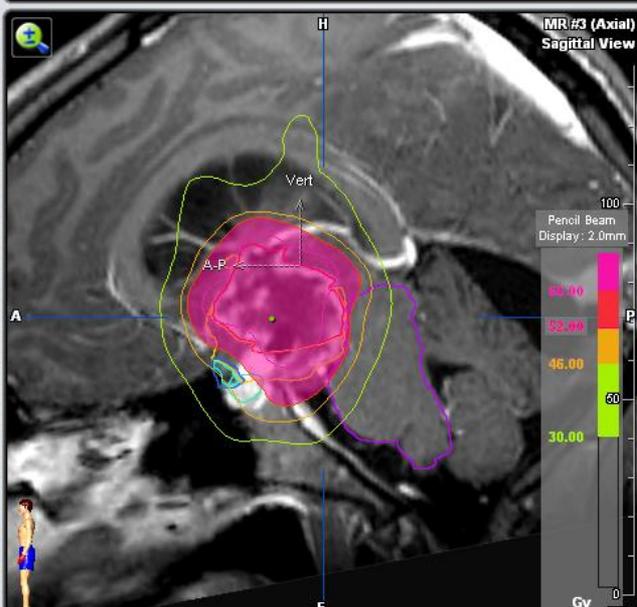
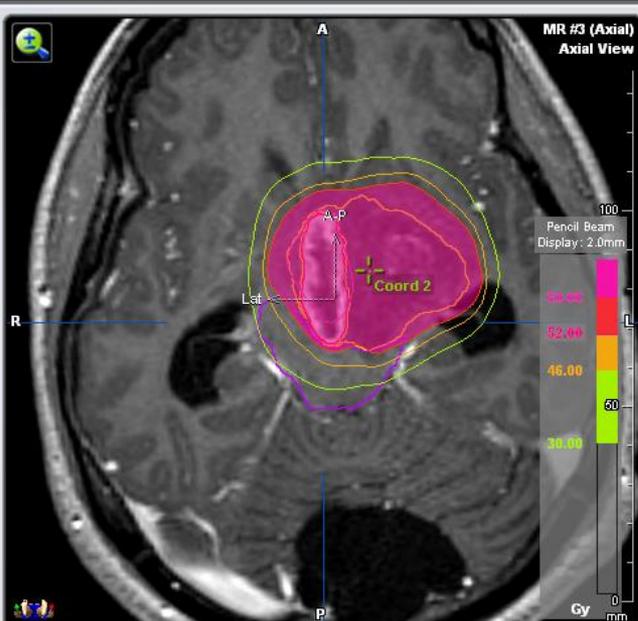
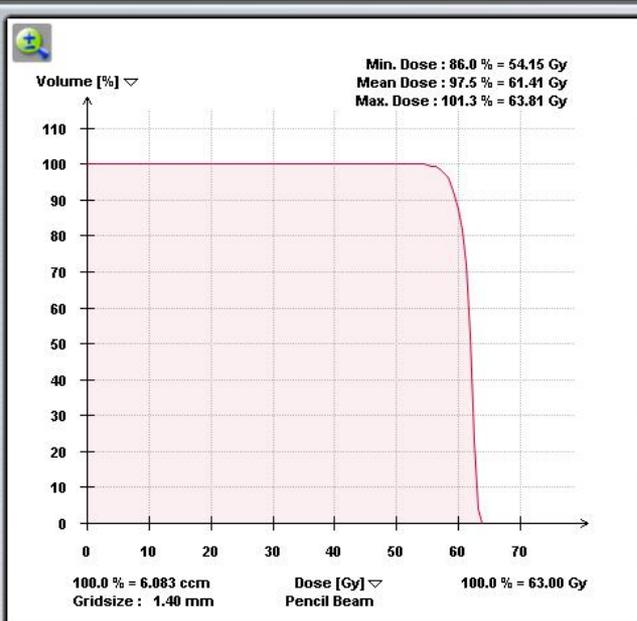
Functions POI

Chiasm EXT-PTV	OAR 1
Optic Nerve Union EXT	OAR 1
Optic Nerve Union	OAR 1
EXT-PTV	OAR 1
Optic Nerve Union	OAR 1
Optic Nerve Union-PTV	OAR 1
Cochlea, Left	Other
Cochlea, Right	Other
Eye, Left	Other
Eye, Right	Other
GTV1 60Gy	Other
GTV2 54-60Gy	Other
Lens, Left	Other
Lens, Right	Other
Pituitary Gland	Other
Tissue	
Normal Tissue	

Plan Approval



Single isocenter for irregular targets with better conformality and homogeneity than cones



Navigator

KAPLAN AGUSTIN
 ID: D905
 Plan FINAL.

Physician's Review
 Physicist's Verification

Go to... Next

Functions POI

Chiasm EXT-PTV	OAR 1
Optic Nrv Union EXT	OAR 1
Optic Nrv Union	OAR 1
EXT-PTV	OAR 1
Optic Nerve Union	OAR 1
Optic Nerve Union-PTV	OAR 1
Cochlea, Left	Other
Cochlea, Right	Other
Eye, Left	Other
Eye, Right	Other
GTV1 60Gy	Other
GTV2 54-60Gy	Other
Lens, Left	Other
Lens, Right	Other
PITUITARY Gland	Other
Tissue	Other
Normal Tissue	

Plan Approval

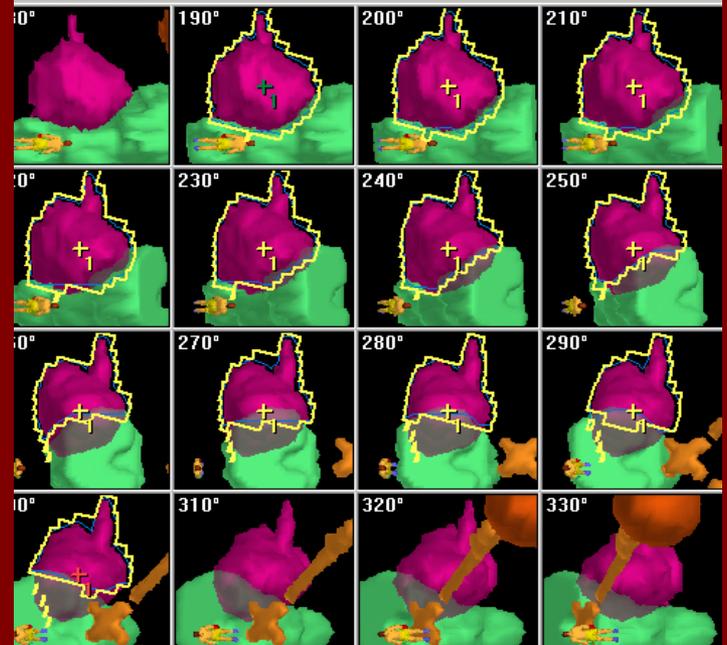
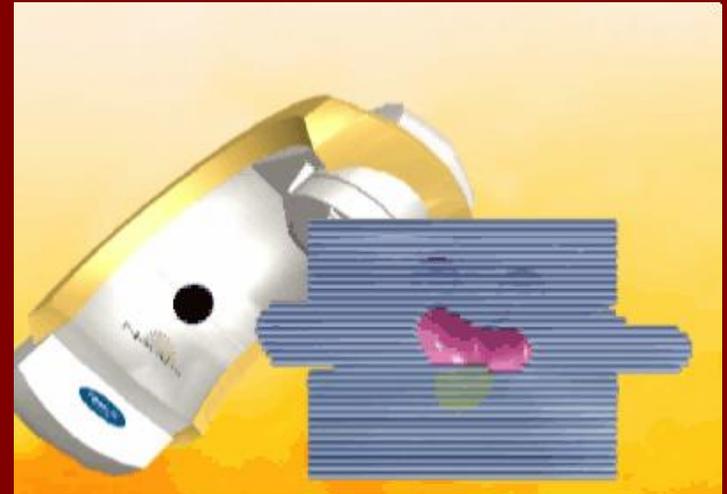


Dynamic Conformal Arc

- Automatic leaf adaptation to tumor contour
- Straight-forward arc optimization with collision map
- MLC control must be synchronized with gantry rotation

Advantages

- Fast, semi-automatic single isocenter treatment planning
- Critical structures are easier to avoid for most beam angles
- Most conformal and homogeneous dose distribution with reduced irradiation of normal tissue

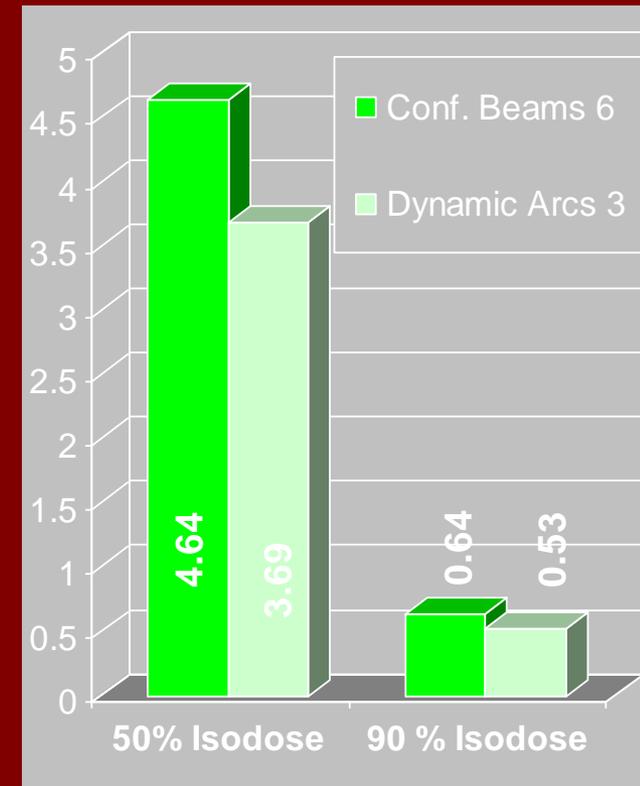
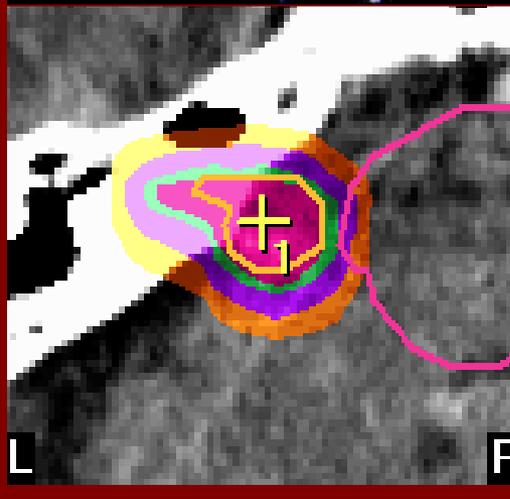
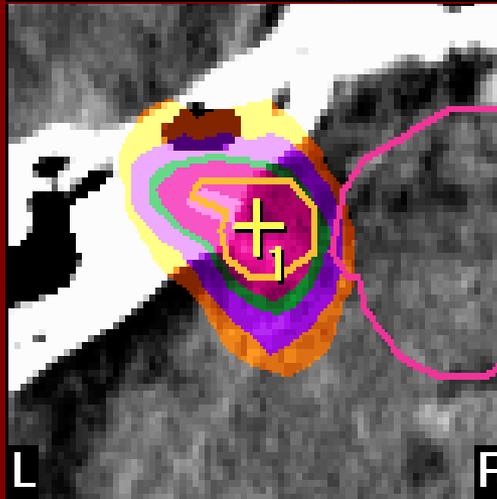
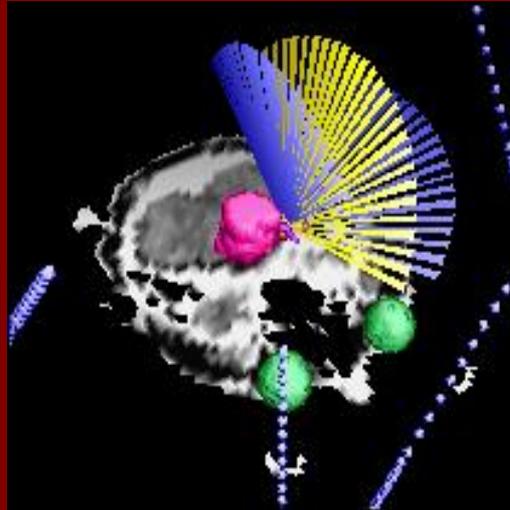
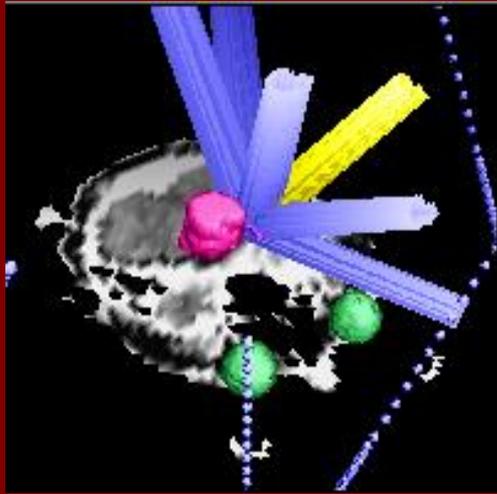


Comparison of plans

Conformal mMLC Plan
1 Isocenter -6 Static
Fields

Dynamic Conformal Arc Plan
1 Isocenter - 3 Dynamic Arcs

**Volume of irradiated
Normal Tissue (cm³)**

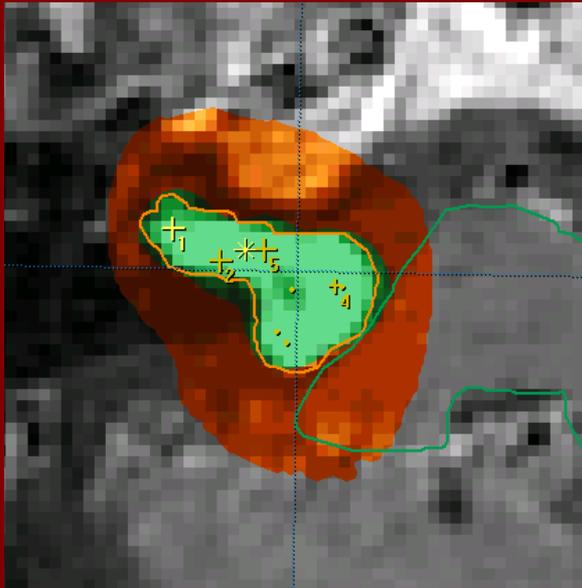


Courtesy of Universitätsklinikum Charité, Berlin

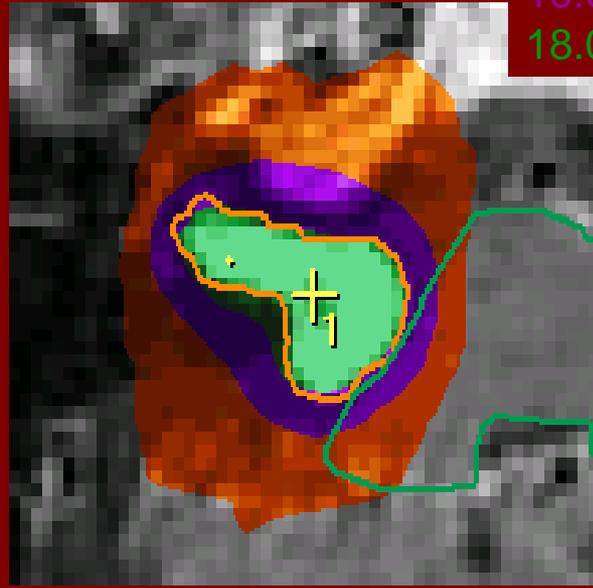
Comparacion Acoustic Neuroma

7.2 Gy
18.0 Gy

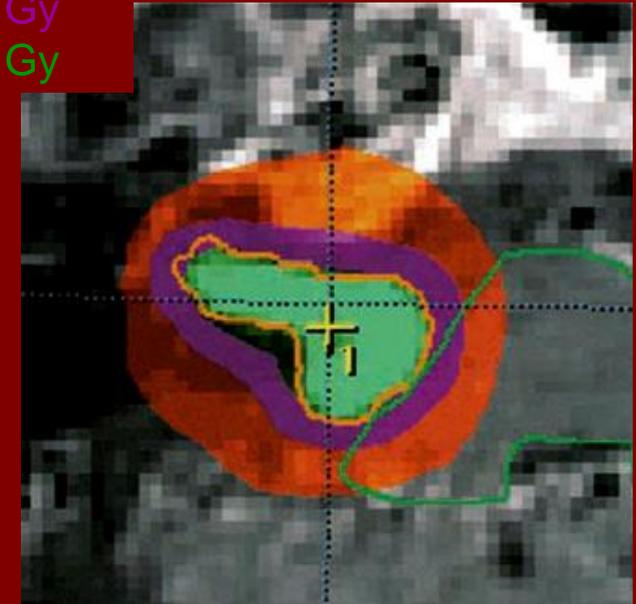
4.0 Gy
10.0 Gy
18.0 Gy



**Circular Arc,
8 Isocenters**



**Conformal Beam,
19 Beams (1 isocenter)**



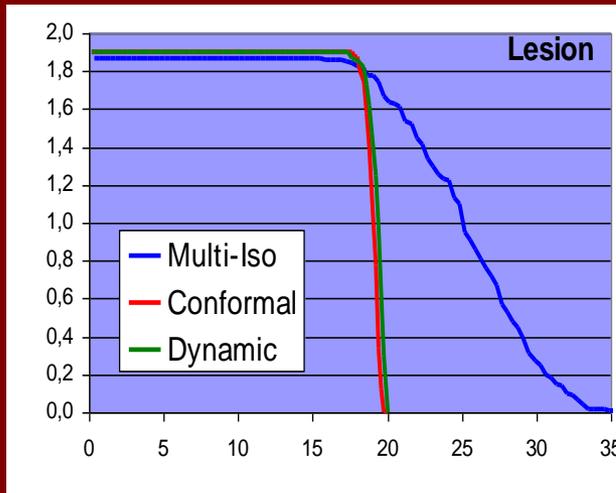
**Dynamic Conformal
Arc, 5 Arcs (1 isocenter)**

**Improved normal tissue sparing
Tight margin around target**

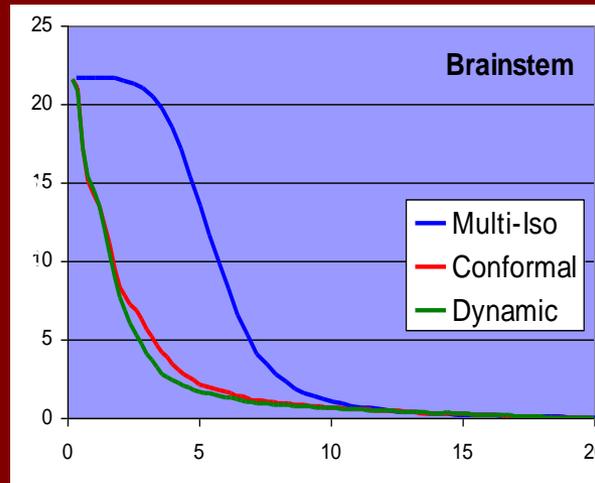
Dynamic Arc Radiosurgery Field Shaping: A Comparison with Static Field Conformal and non-coplanar circular arcs. T. Solberg *et al.* Int. J. Radiation Oncology Biol Physics. Vol 49, No. 5, pp1481–1491, 2001

Comparison Acoustic Neuroma

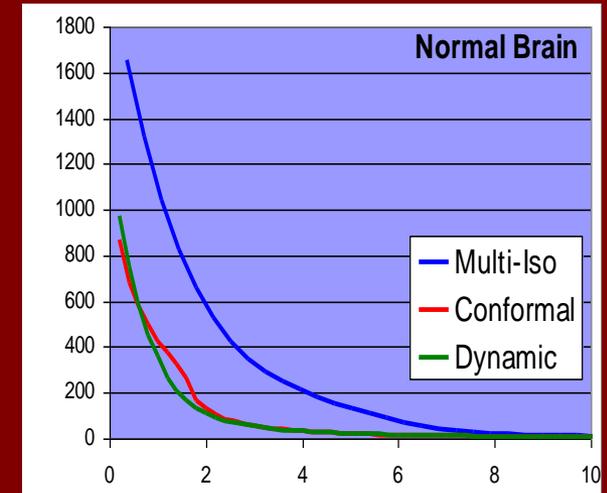
Homogenous Dose Distribution
Greater sparing of normal tissue and structures at risk



Dose (cGy)



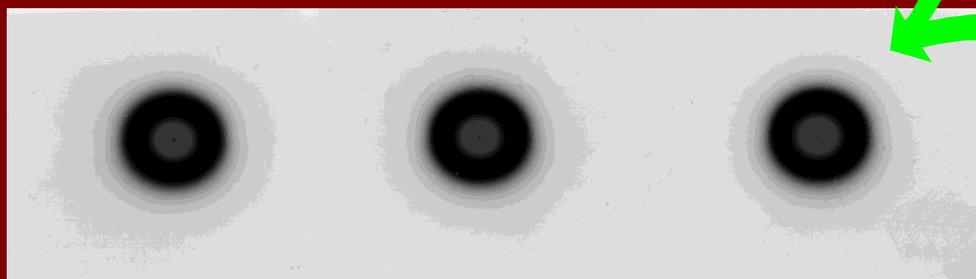
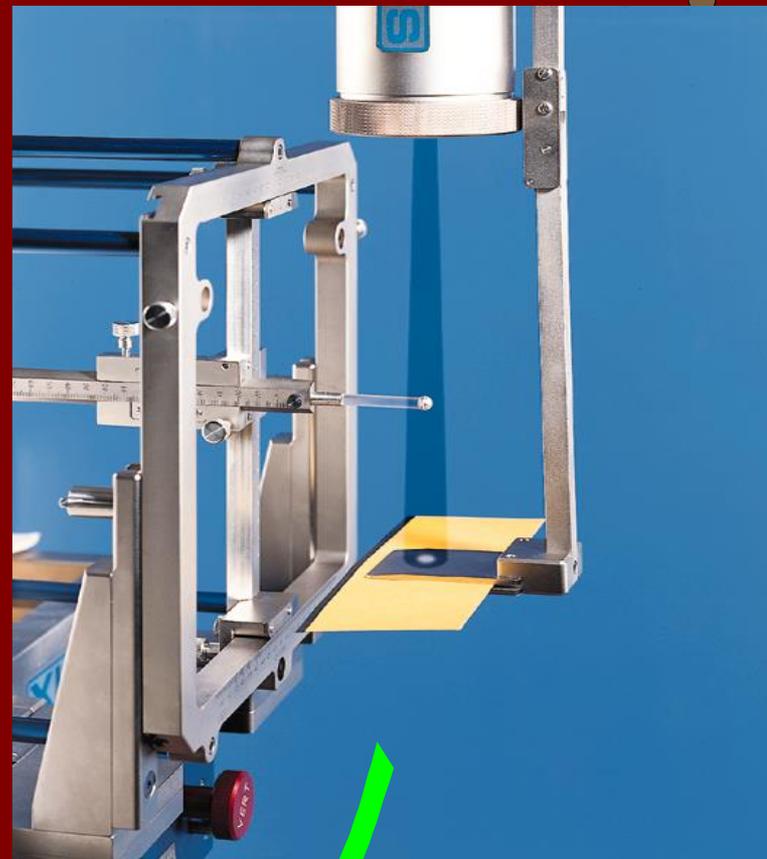
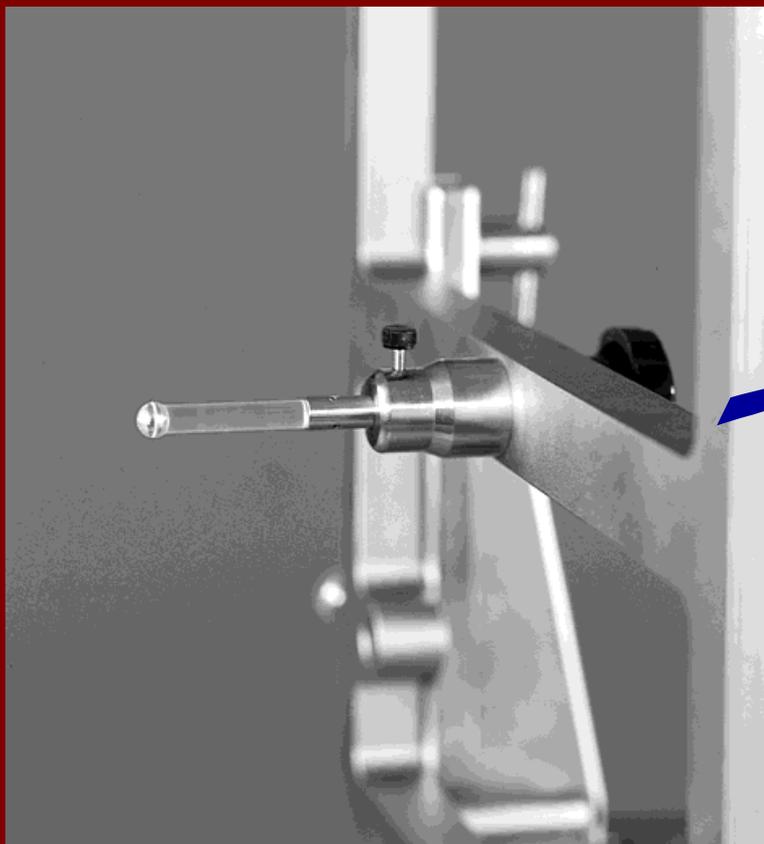
Dose (cGy)



Dose (cGy)

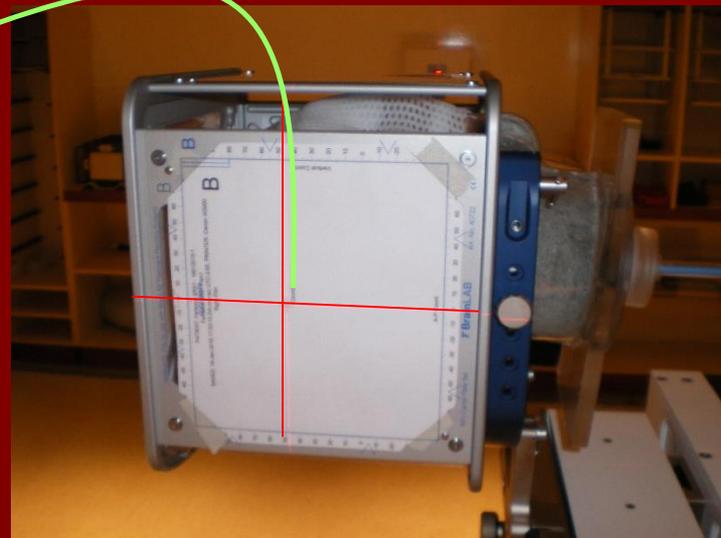
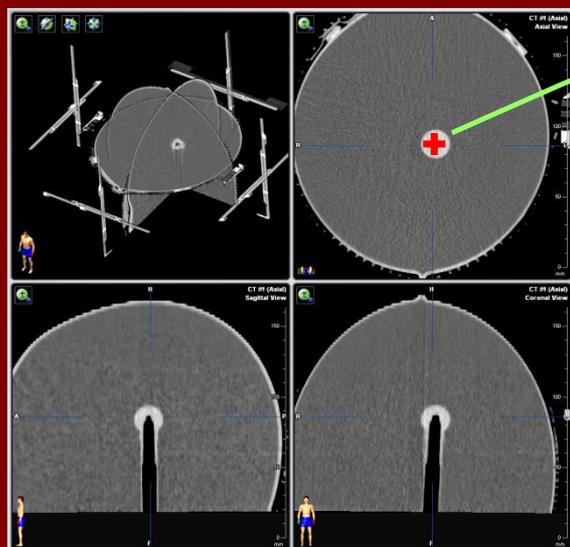
Dynamic Arc Radiosurgery Field Shaping: A Comparison with Static Field Conformal and non-coplanar circular arcs. T. Solberg *et al.* Int. J. Radiation Oncology Biol Physics. Vol 49, No. 5, pp1481–1491, 2001

QA of Isocenter



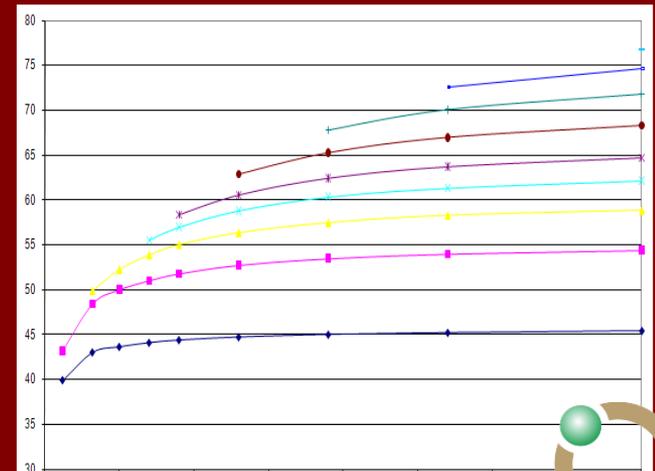
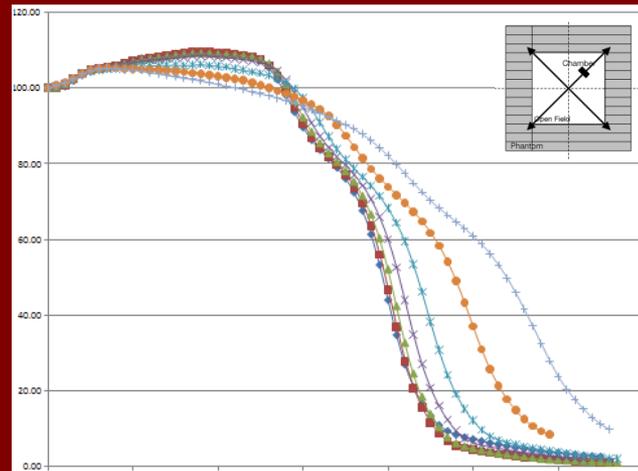
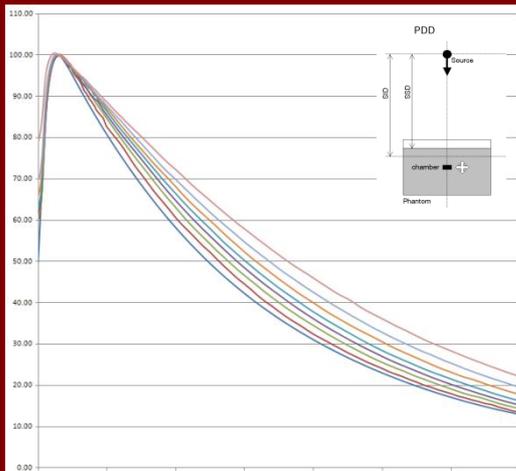
Coordinate verification

- Templates and Laser -



Beam dosimetry of small fields and treatment planning commissioning

- **Beam parameters**
 - *PDD*
 - *Profiles*
 - *Field size dependent output factors*
 - *Transmission*
 - *Absolute dose*



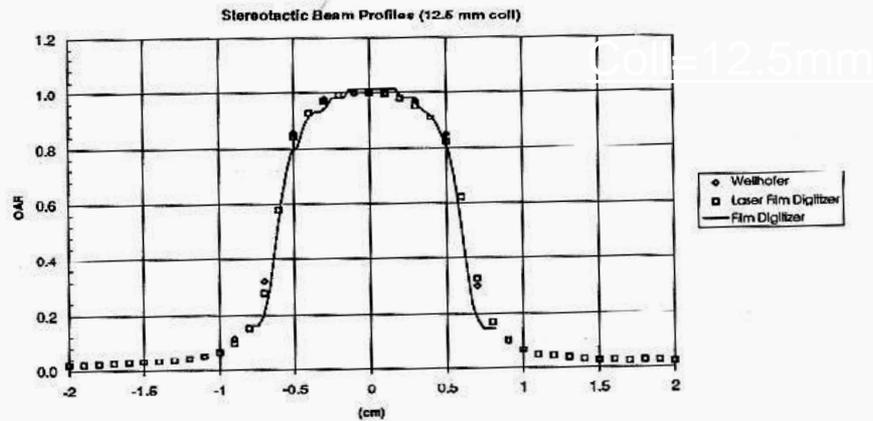
Beam Dose Measurements

- **Issues with small field dosimetry:**
 - **Detector size vs. Small field dimensions**
 - **Lack of lateral charged particle equilibrium**
 - **Large dose gradients in SRS penumbra**
- **Equipment:**
 - **Water tank, polystyrene slabs, ion chamber, diodes, TLD's and Film**
 - **Very small Detector diameter required to reproduce a penumbra of ~1mm**

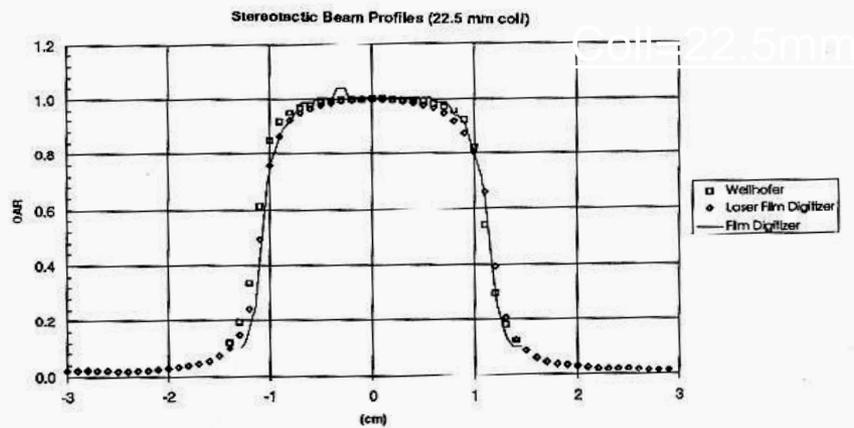
Small Field Dosimetry: Overview of AAPM TG-155 - Indra Das- AAPM AM 2015

<http://amos3.aapm.org/abstracts/pdf/99-28443-359478-110238.pdf>

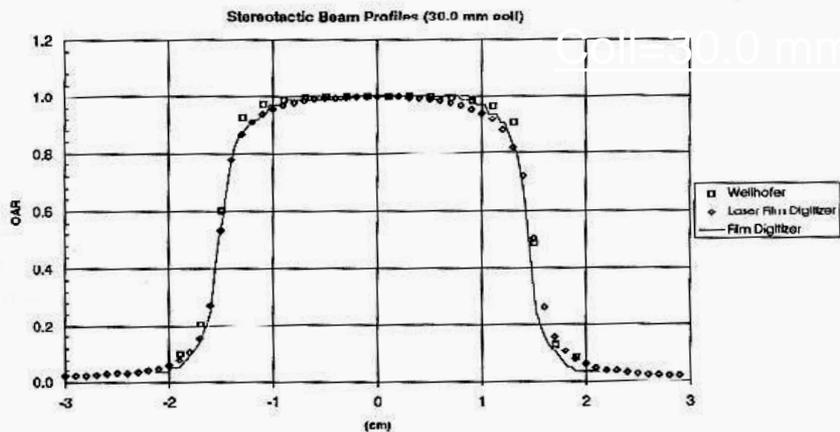
Beam Profiles



(a)



(b)



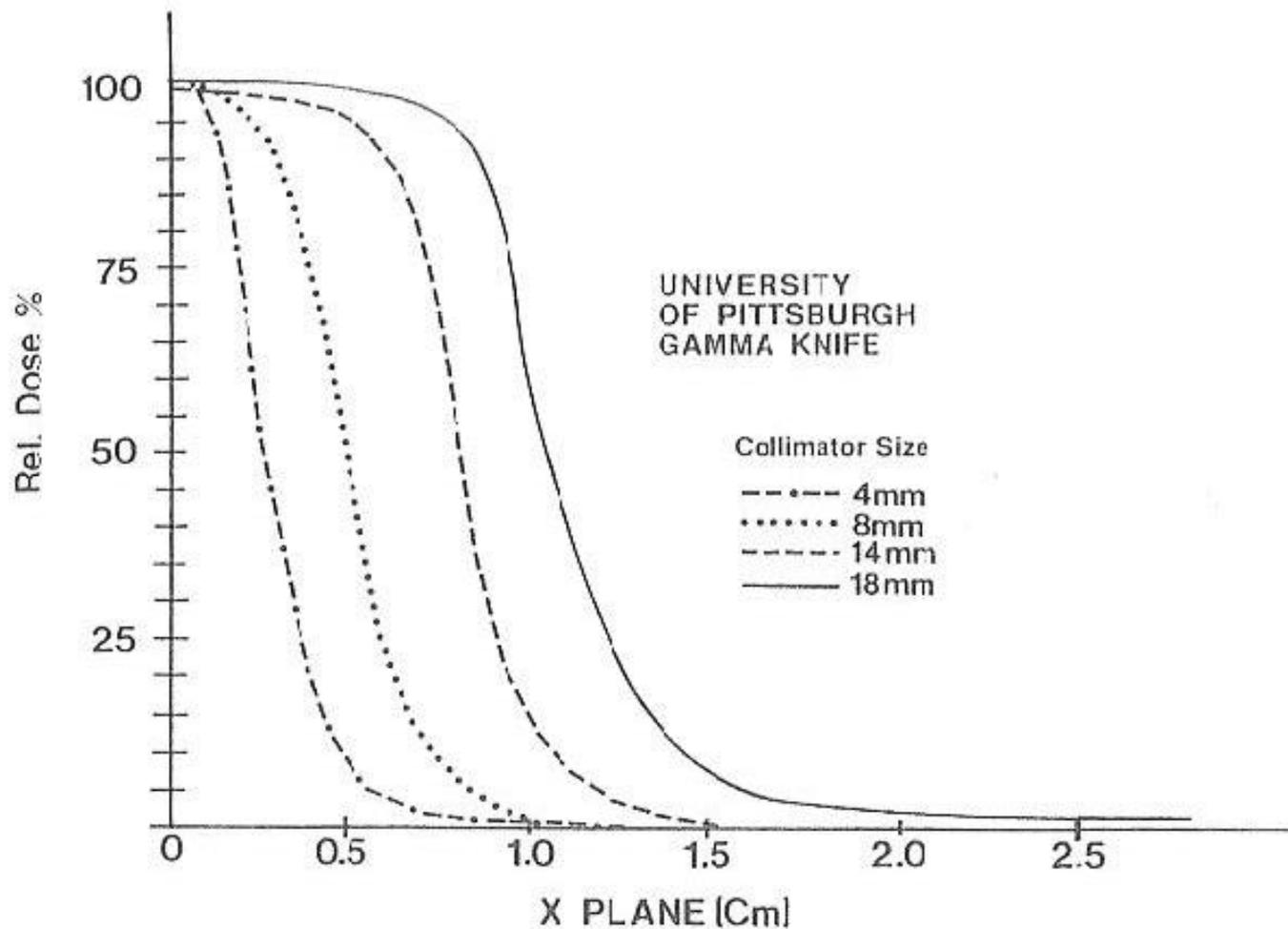
(c)

❖ Wellhofer

○ Laser Film Digitizer
(Lumisys)

Film Digitizer

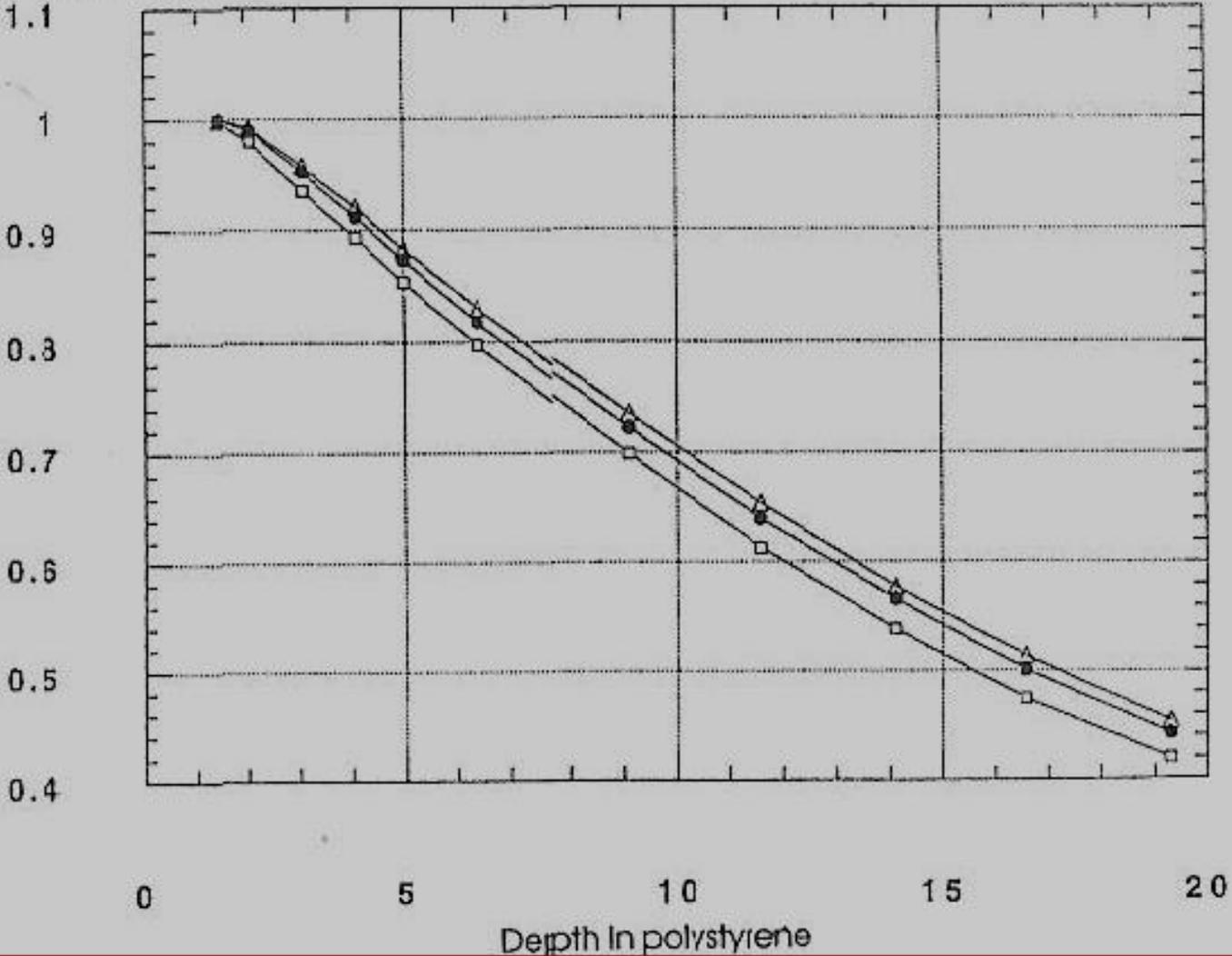
Gamma Knife - Beam profiles



TMR Curves

- 12.5mm coll
- 22.5mm coll
- ▲ 30mm coll

TMR curve (12.5/22.5/30mm coll)

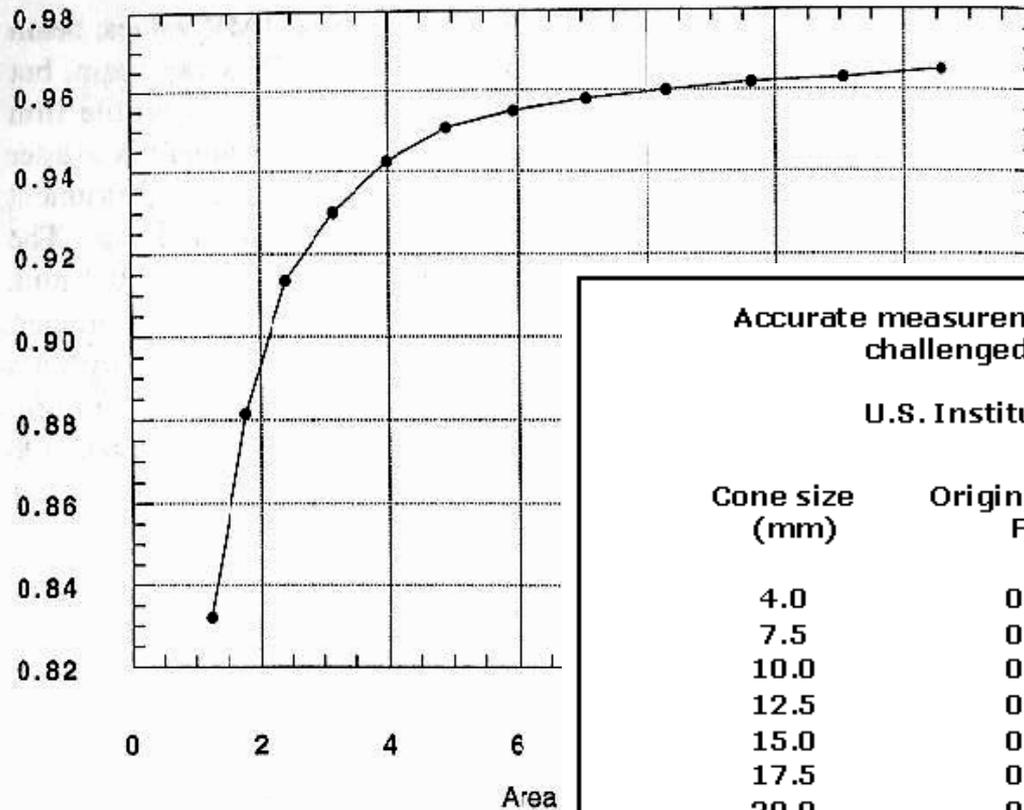


Stereotatic Output Factor Curve ($S_t = S_c S_p$)

@ Isocenter, d_{max}

6 MV

Coll. Diam.: 12.5mm to 20.0mm

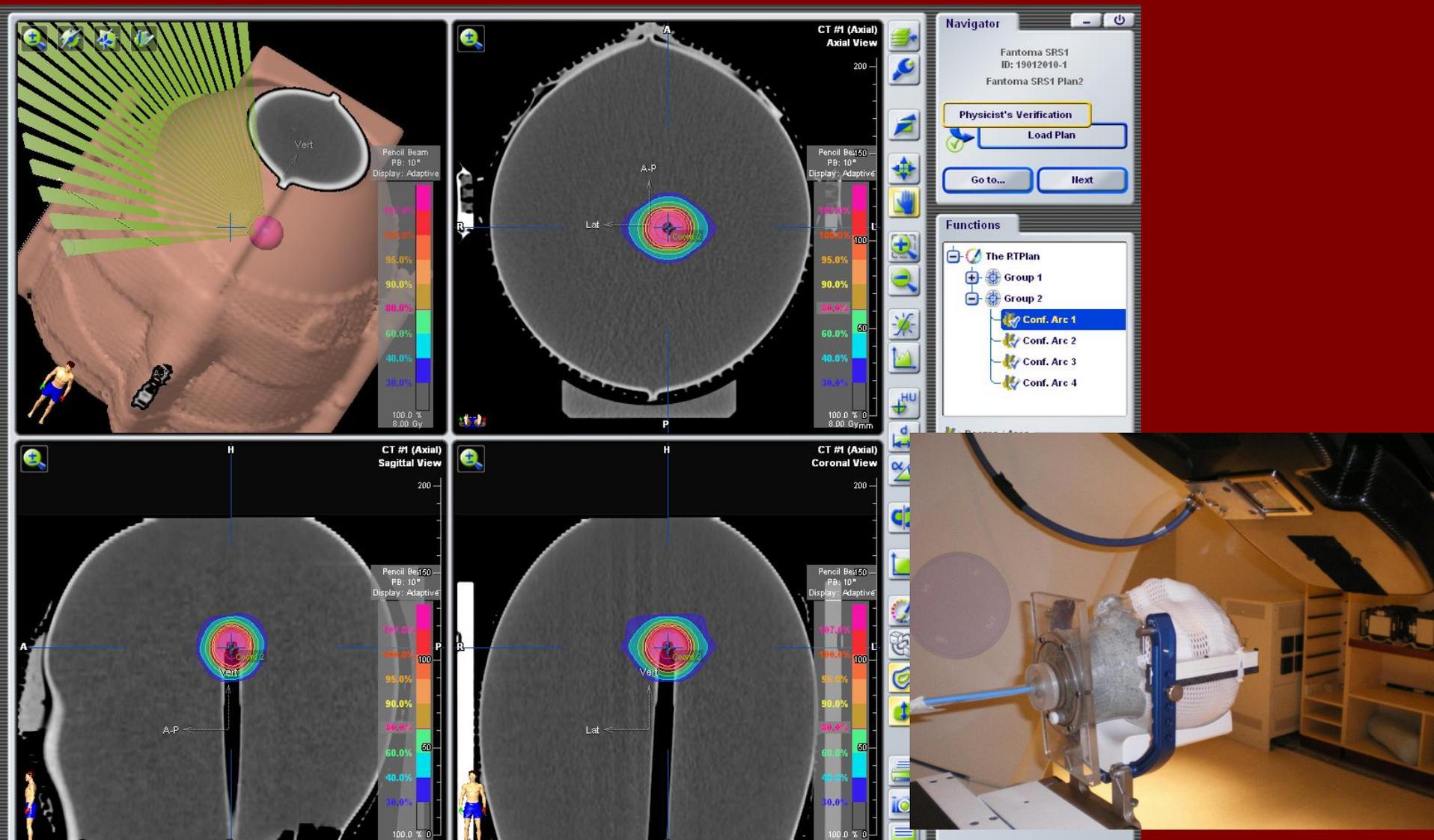


Accurate measurement of output factors has challenged many physicists

U.S. Institution, July, 2010

Cone size (mm)	Original Output Factor	Re-measured Output Factor
4.0	0.312	0.699
7.5	0.610	0.797
10.0	0.741	0.835
12.5	0.823	0.871
15.0	0.862	0.890
17.5	0.888	0.904
20.0	0.903	0.913
25.0	0.920	0.930
30.0	0.928	0.940

Verification of dose calculations



Verification of dose calculations

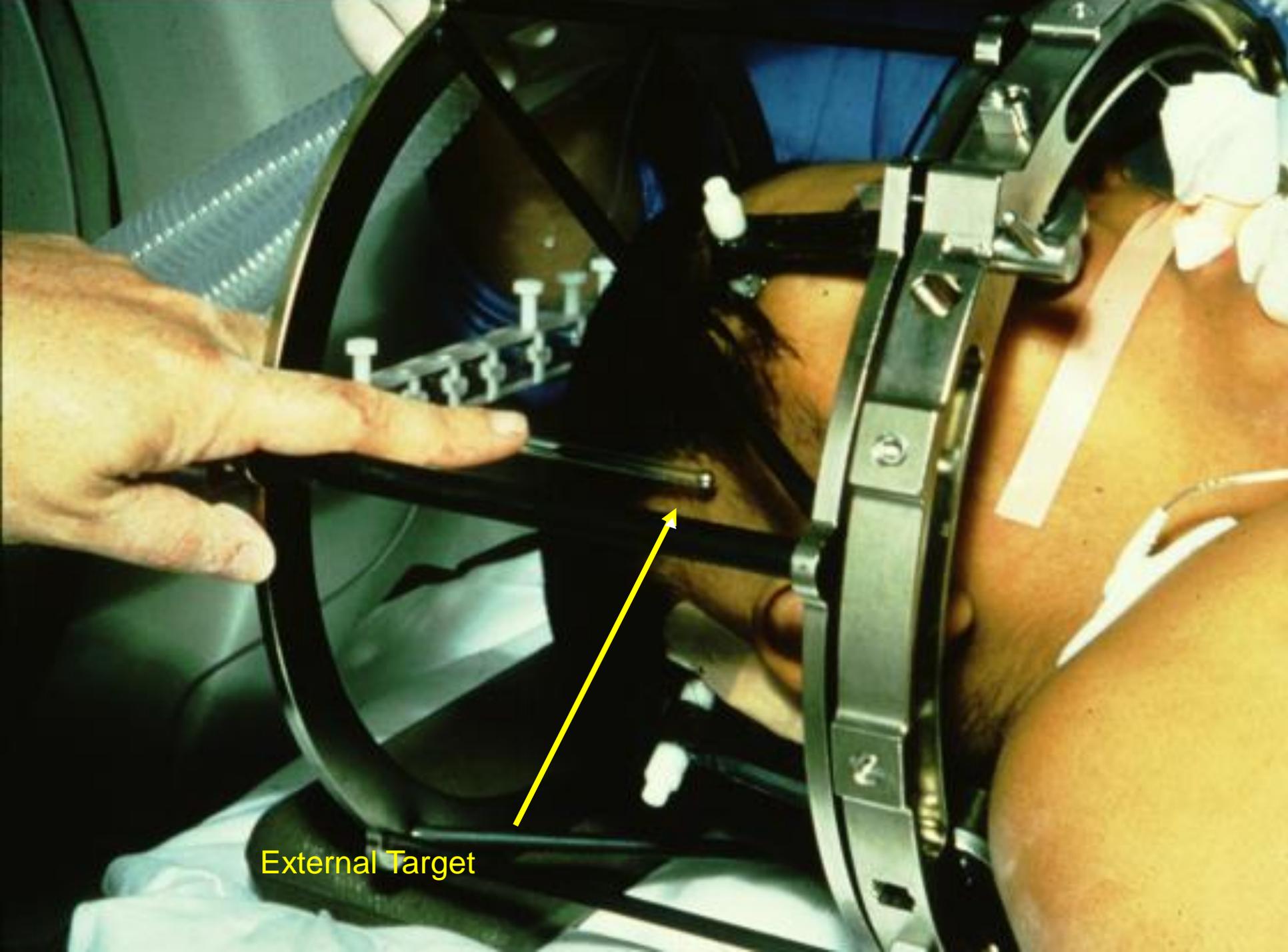
- IMRS – Patient specific dose measurements
 - Absolute total plan dose
 - Relative doses per field
 - Relative plan dose distribution



Verificación DOS IS IMRT PRIMUS		FLAJILLA 002 Página 1 de 2
Control de Calidad específico Paciente IMRT		
Paciente: ID (KonRAD):		
Volúmen:		
I. Rendimiento en condición de referencia		
Campo: 19x19 - SSD = 91.5cm - LAD = 10 - 4 - 4 - Centro y Calibrado: P - Energía: 6MV		
Cámara de Ion: SH 2217, Electrómetro: PTW Unidos, Voltaje: -300V, Modo: Integración		
Posición: mm (R = 700mm) F _{ref} = (700/91.5) x 1.25 x 1.25 =		
Temperatura: °C (T _{ref} = 20°C)		
Energía: d _{ref} [mm] SSD D _{ref} [Gy] L _{ref} N _{ref} D _{ref} Δ%		
6 MV 85 (7 + 7 + 8 + 8) 91.5 89.15 4.534		
II. Dosis absoluta en FANTOMA PLANO (dosis CORRECTO DE TRATAMIENTO)		
FANTOMA (SFS DE NDA, Yoda IMRT)		
Campos	Nombre	L ₃₀ (cm) (a la distancia)
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
L ₃₀ Total =		
(L ₃₀ Total x 89.15) / L _{ref} =		
Dosis: Medida calculada (KonRAD) = Δ% =		
Tiempo inicial: Tiempo final:		
Horizontal por:	Minuta:	Segunda:
Vertical por:	Minuta:	Segunda:

Verificación DOS IS IMRT PRIMUS		FLAJILLA 002 Página 2 de 2									
III. Dosis relativa en FANTOMA PLANO por campo											
FANTOMA (SFS DE NDA, Yoda IMRT)											
FIDM	Campo	Arquivo PTW/728	Imagen N°	QA RIT							
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
IV. Dosis relativa en FANTOMA Dosis Total											
FANTOMA (SFS DE NDA, Yoda IMRT)											
Fantoma MEDTEC	1	2	3	4	5	6	7	8	9	10	11
Plano	Imagen N°	QA RIT									
X =											
X =											
X =											
X =											
Horizontal por:	Minuta:	Segunda:									
Vertical por:	Minuta:	Segunda:									



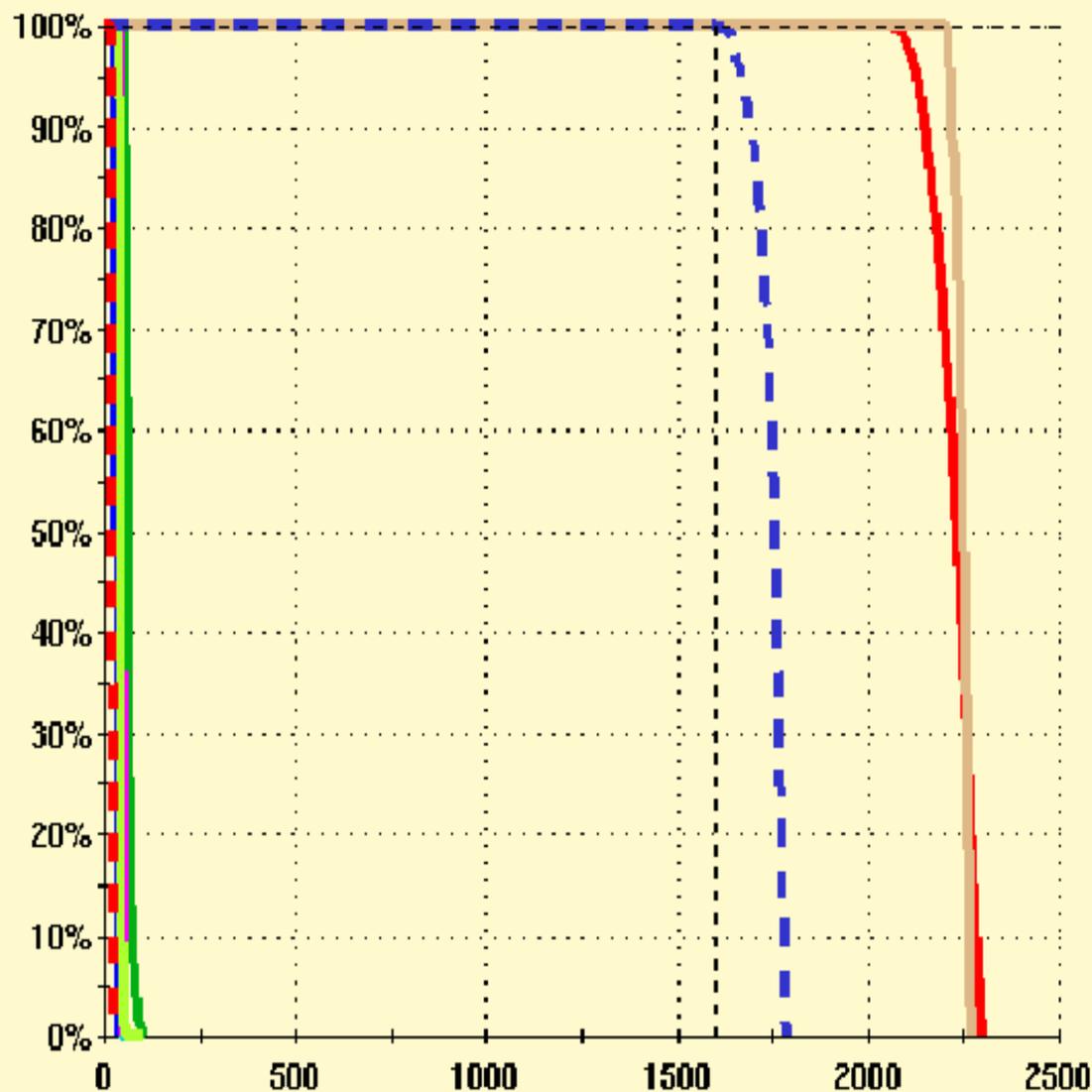


External Target

Dose Evaluation Tools

- Volume Dose
- Surface Dose
- Dose Summary
- Slice Dose
- Dose Volume Histograms

Volume = 100.0%



Anatome (volume, points)

- [X] Second_Lesion.2 (0.66 cc, 659)
- [X] Third_Lesion.2 (0.07 cc, 71)
- [X] RightOpticNerve.2 (0.37 cc, 372)
- [X] RightEye.1 (7.80 cc, 7803)
- [X] LeftEye.1 (8.32 cc, 8324)
- [X] OpticChiasm.2 (0.14 cc, 139)
- [X] BrainStem.2 (24.66 cc, 24660)
- - - [X] PrimaryLesion.2 (0.19 cc, 187)
- - - [X] EXT_TARGET.1 (0.12 cc, 121)

Plan quality indices

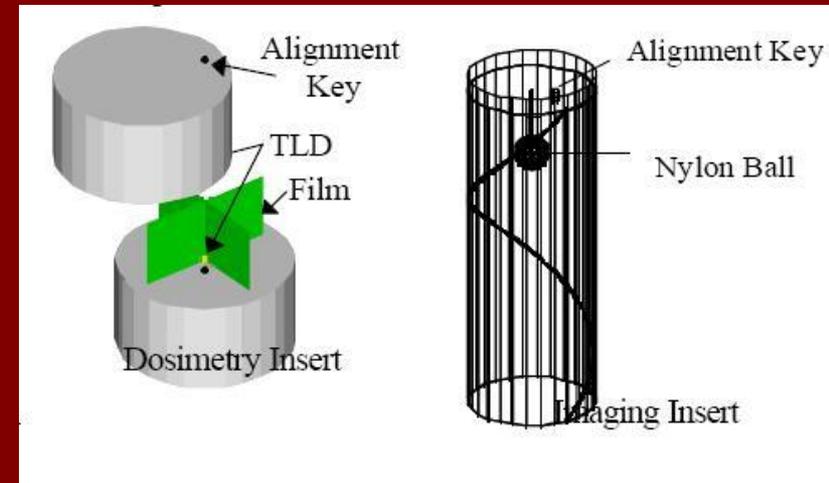
Conformity (CI): Ratio of the prescription isodose volume $V(p)$ to the target Volume $V(T)$

Homogeneity (HI) Ratio of maximum dose $D(\max)$ to Prescription Dose $D(p)$

- **Dose gradient :** Ratio of $V(T)$ to Volume of the 50% isodose ($V_{50\%}$)

	Conformity	Homogeneity	Gradient
Reference value	1 – 2	<u>HI</u> < 2	<u>≥</u> 0.3
Minor deviation (acceptable)	0.9 < CI < 1 o 2 < CI < 2.5	2 < HI <u>≤</u> 2.5	
Major deviation (unacceptable)	CI < 0.9 o CI <u>≥</u> 2.5	HI > 2.5	

Total system verification – external audit



- **Plan according to “RTOG Quality Assurance Guidelines”**
- **Phantom**
 - **Target $F = 19\text{mm}$**
 - **Gafchromic film in two orthogonal planes**
 - **2 TLD-100 at the target center**
 - <http://rpc.mdanderson.org/rpc>

Preliminary studies suggest that the precision of the TLD is $\pm 3\%$, and the localization precision from the film is ± 1 mm.

Summary of results:

	Ratio	Criteria ^(a)
Dose to the center of the target (RPC/Institution)	0.98	0.95 - 1.05
Treated Volume ^(b) : (Measured/Institution)	0.78	0.75 - 1.25 ^(c)
Ratio of Measured Treated Volume to Target Volume ^(d)	1.17	1.00 - 2.00
Minimum Dose to Target (Minimum Dose/Prescription Dose) ^(e)	0.91	> 0.90

(a) Criteria are adapted from the RTOG QA guidelines. Int. J. Onc. Biol. Phys. 27, 1231-39, 1993.

(b) The treated volume is assumed to be an ellipsoid with diameters taken from the "Film Results" table.

(c) Average discrepancy of approximately 2 mm on each diameter.

(d) The target is the 1.9 cm. sphere.

(e) Minimum dose is taken from the 3 dose profiles.

TLD and Film Analysis by: Paola Alvarez, MS

TLD Results:

Dose to TLD Capsules (Gy)		Average Dose (Gy) (Dose to Center)	Institution Dose (Gy)	Ratio Measured/Institution
Upper	Lower			
30.5	29.4	30.0	30.5	0.982

Film Results:

Measured Along	Field Size (80% Isodose Line)			Offset (80% Line)* (cm)
	Measured (cm)	Institution (cm)	Measured - Institution	
Right/Left Profile (x)	2.1	2.2	-0.1	0.0
Anterior/Posterior Profile (y)	2.0	2.1	-0.2	0.0
Superior/Inferior Profile (z)	1.9	2.2	-0.3	-0.1

Treated Volume (cm ³)**	4.19	5.40
-------------------------------------	------	------

* Offset is the distance between the center of the specified isodose line and the center of the physical target.

** Treated Volume = $(\pi \cdot x \cdot y \cdot z) / 6$

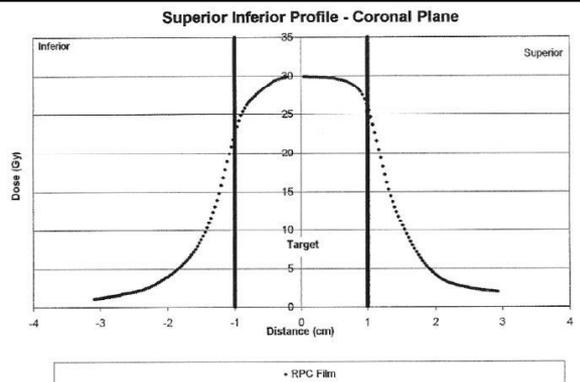
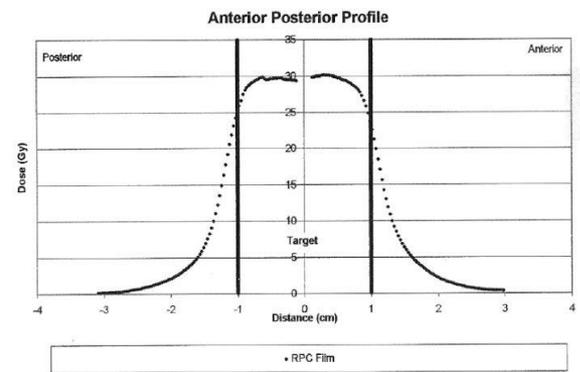
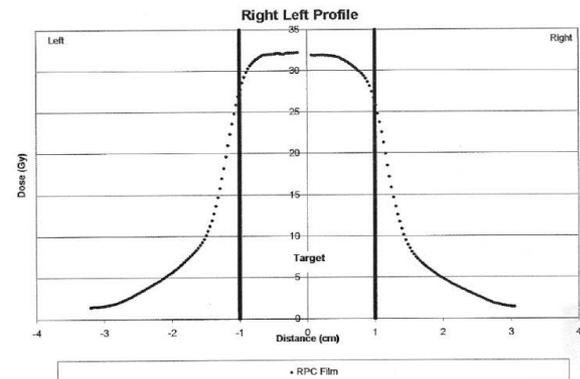


Table 1. List of radiosurgery events reported to the NRC during the period 2005-2010

Event Description	Treatment Implication
Patient orientation entered incorrectly at MR Scanner	Wrong location treated
Fiducial box not seated properly during CT imaging	Wrong location treated
Malfunction of automatic positioning mechanism following re-initialization	Wrong location treated
Right trigeminal nerve targeted instead of left	Wrong location treated
Facial nerve targeted instead of trigeminal nerve	Wrong location treated
Mistake in setting isocenter coordinates	Wrong location treated
Head not secured to stereotactic device (2 events)	Wrong location treated
Selected collimators did not match planned	Wrong dose/distribution delivered
Physician mistakenly typed 28 Gy instead of 18 Gy into planning system	Wrong dose delivered
Physicist calculated prescription to 50% isodose instead of 40%	Wrong dose delivered
Microphone dislodged, causing stereotactic device to break	Treatment halted after 2 of 5 fractions
Couch moved during treatment	None; personnel interrupted treatment

from: **Quality and safety in stereotactic radiosurgery and stereotactic body radiation therapy: can more be done?** Timothy D. Solberg, and Paul M. Medin

Jour. of Radiosurgery and SBRT, Vol. 1, pp. 13-19

LESSONS FROM RECENT ACCIDENTS IN RADIATION THERAPY IN FRANCE

S. Derreumaux*, C. Etard, C. Huet, F. Trompier, I. Clairand, J-F. Bottollier-Depois, B. Aubert and P. Gourmelon

Institut de Radioprotection et de Sûreté Nucléaire, Direction de la Radioprotection de l'Homme, IRSN, BP 17, F-92262 Fontenay-aux-Roses Cedex, France

Radiation Protection Dosimetry (2008), Vol. 131, No. 1, pp. 130-135

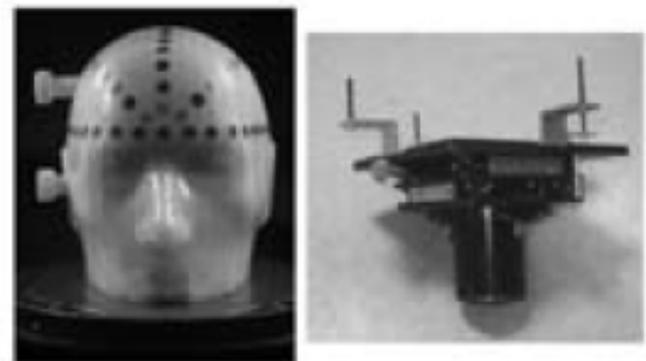


Figure 2. Stereotactic radiotherapy treatment delivery with successive beam entrance positions as a function of accelerator and table rotation angles (left). The plate used in the centre (Case 2) to hold the cylindrical additional collimator (right).

Single fraction SRS for AVM, November, 2004

Prescription dose not reported;
plan/treatment used multiple isocenters,
with collimators from 10 -30 mm

Jaws set to 40 x 40 cm² instead of 40 x 40
mm². Physicist told therapist "40 x 40"

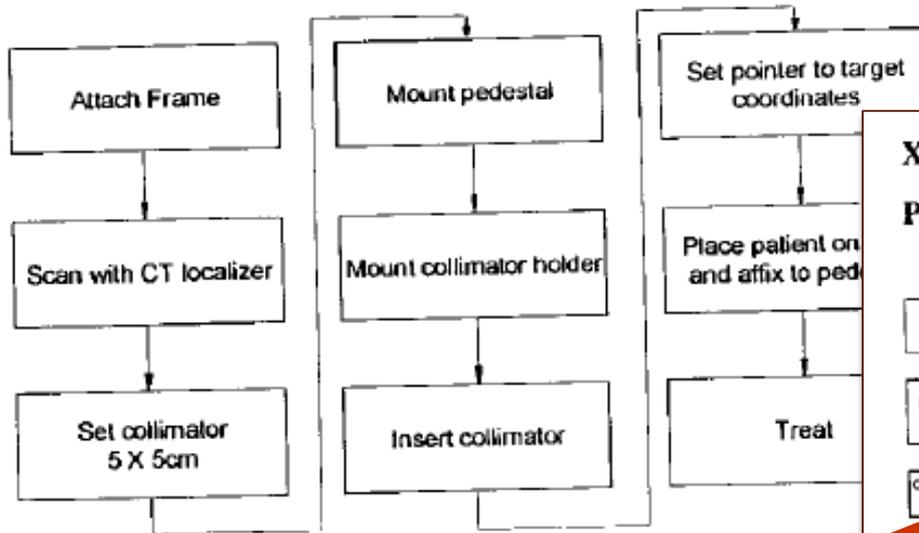
Some areas of normal brain received in more
than dose to intended target

Severe complications: "fibrosis and oseo-
tracheal fistula that required surgical
operation." Patient died several days later
as a result of a "brutal haemorrhage."

**A written checklist system, and/or a proper
R/V system can minimize events like this**

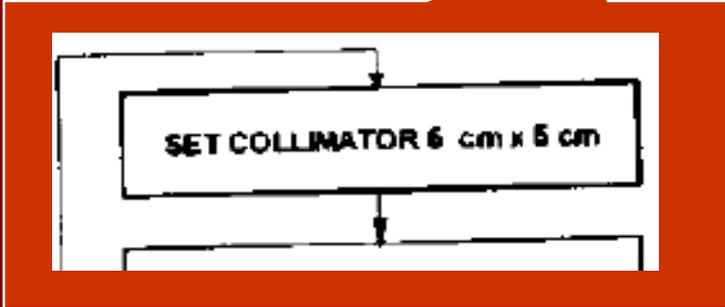
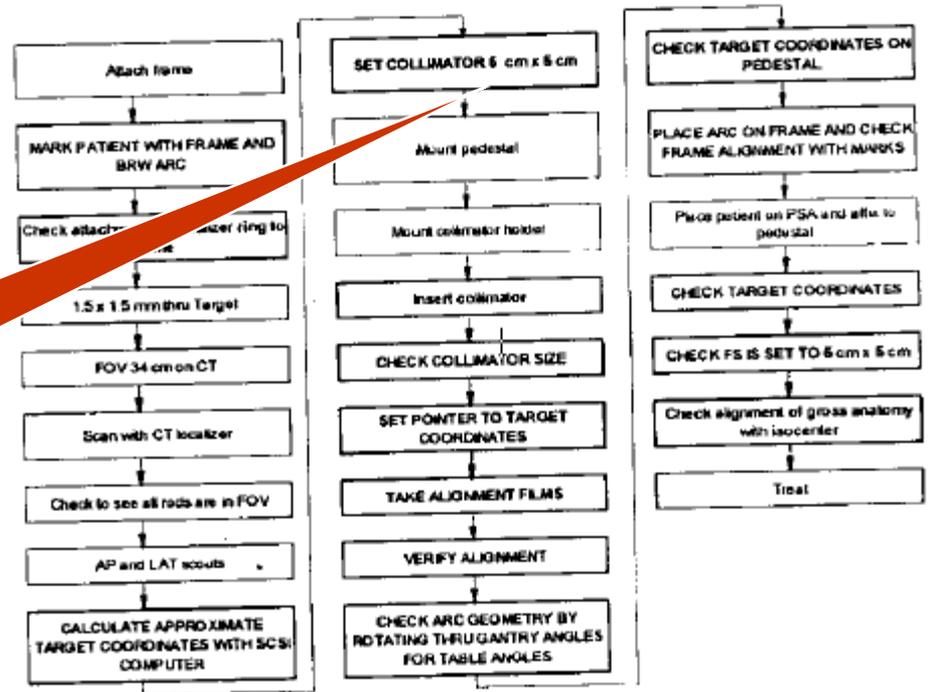
XI. APPENDIX I

PROBABLE RISK ANALYSIS FLOWCHART: EXAMPLE 1



XII. APPENDIX II

PROBABLE RISK ANALYSIS FLOWCHART: EXAMPLE 2



RADIOSURGERY PROCEDURE CHECK LIST

Patient Name:	Date:
---------------	-------



ISOCENTER NAME :				
EXTERNAL TARGET	AP	LAT	VERT	SIGNATURE
Phantom Base Measurements			+2.4 =	
Plan-32 Calculation				
External test target acceptable:				
TRUE TARGET (ISO)	AP	LAT	VERT	
Floor Stand (target) coord.				
Floor Stand Redont. Check				
Collimator size				
Collimator Inserted				
Jaw 5 x 5, Collimator: 270°				
Target Simulator	AP	LAT	VERT	
Coordinates			+15.4 =	
Target Simulator Film Acceptable.	Exposure	Gantry	Couch	
	1	130°	180°	
	2	65°	180°	
	3	295°	180°	
	4	230°	180°	
	5	130°	270°	
	6	67°	270°	
	7	230°	90°	
8	297°	90°		
Anti-collision switches in place				
Couch Disabled				

**LONG ISLAND JEWISH MEDICAL CENTER
DEPARTMENT OF RADIATION ONCOLOGY
RADIOSURGERY PROCEDURE CHECK LIST**

Patient Name:	ID:	Date:
---------------	-----	-------

ISOCENTER NAME :					
EXTERNAL TARGET	AP(Y)	LAT(X)	VERT(Z)	SIGNATURES	
Phantom Base Measurements			+ 2.4 =		
Radio Calculation (mm)					
Treatment Planning System(mm)					
External test target acceptable	Yes	No			
TRUE TARGET (ISO)	AP(Y)	LAT(X)	VERT (Z)		
Rectilinear Phantom Pointer(RLPP)					
RLPP(target) Coordinates (mm)					
RLPP read out check (mm)					
Collimator (cone) size planned	mm (diameter)				
Collimator Inserted	mm (diameter)				
Jaw 5 x 5, Collimator: 0°	Yes		No		
Laser Target Localizer Frame (LTLF)	AP(Y)	LAT(X)	VERT(Z)		
LTLF Coordinates (mm)					
Target Simulator Film Acceptable	Exposure	Gantry	Couch		
Yes	1	0°	90°		
No	2	270°	0°		
	3	90°	0°		
	4	0°	270°		
Couch Motion Disabled	Yes		No		
Depth Confirmation	Point	Helmet Port	Depth (mm)		
Helmet Check	1				
	2				
	3				
	4				
	5				
	6				

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תודה
Dankie Gracias
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Ďakujeme Vielen Dank Paldies
Kiitos Täname teid 谢谢
Thank You Tak
感謝您 Obrigado Teşekkür Ederiz
감사합니다
Σας ευχαριστούμε ขอบคุณ
Bedankt Děkujeme vám
ありがとうございます
Tack