

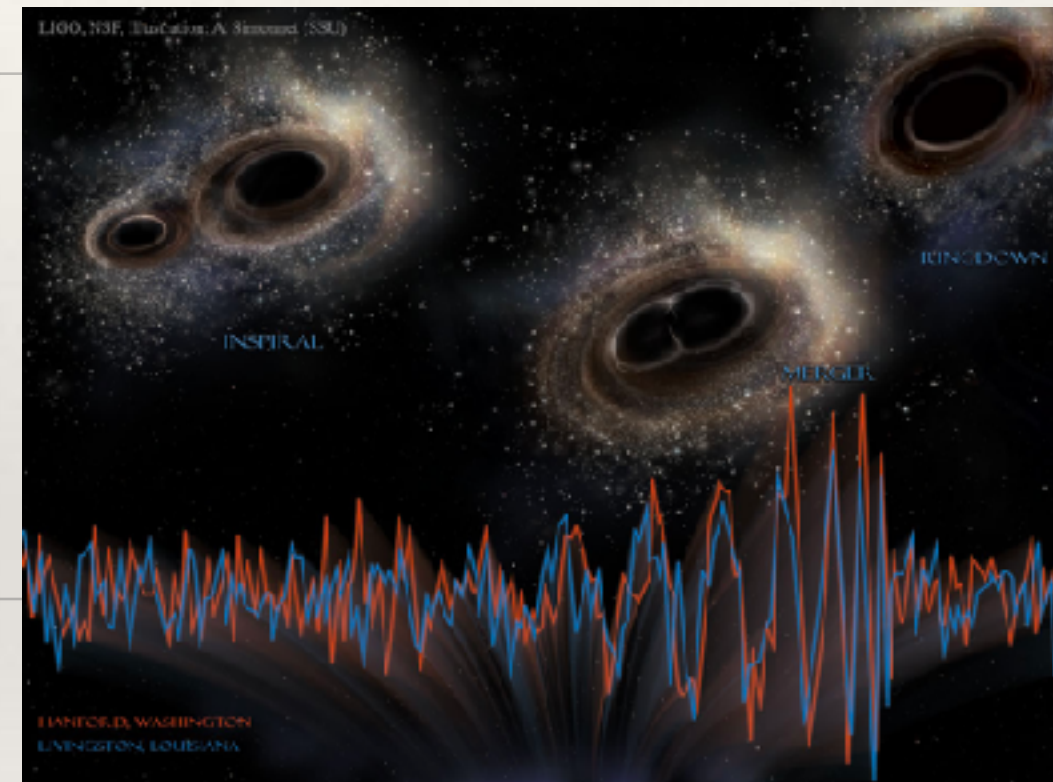
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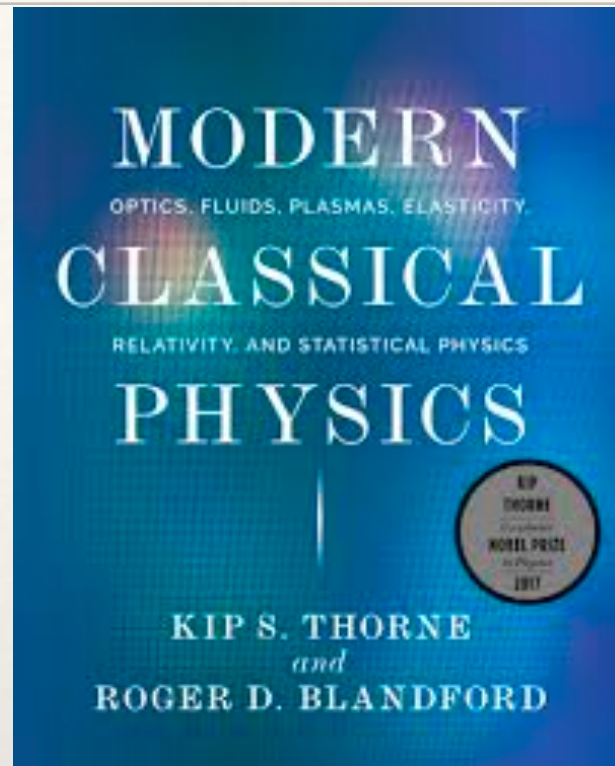
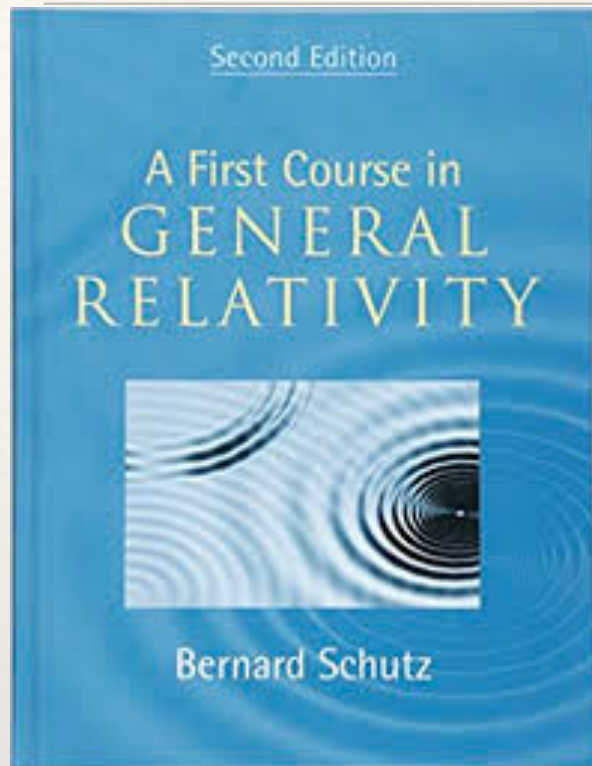
Gravitational waves

Part I



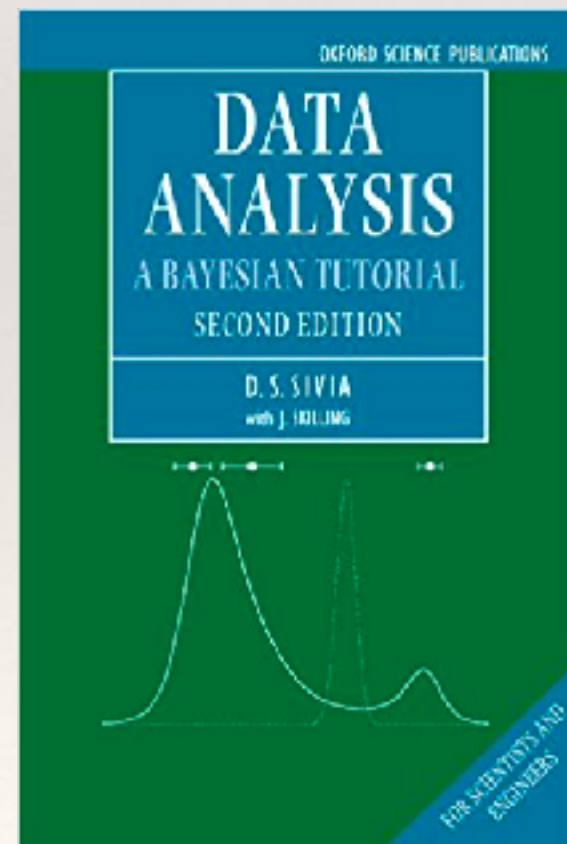
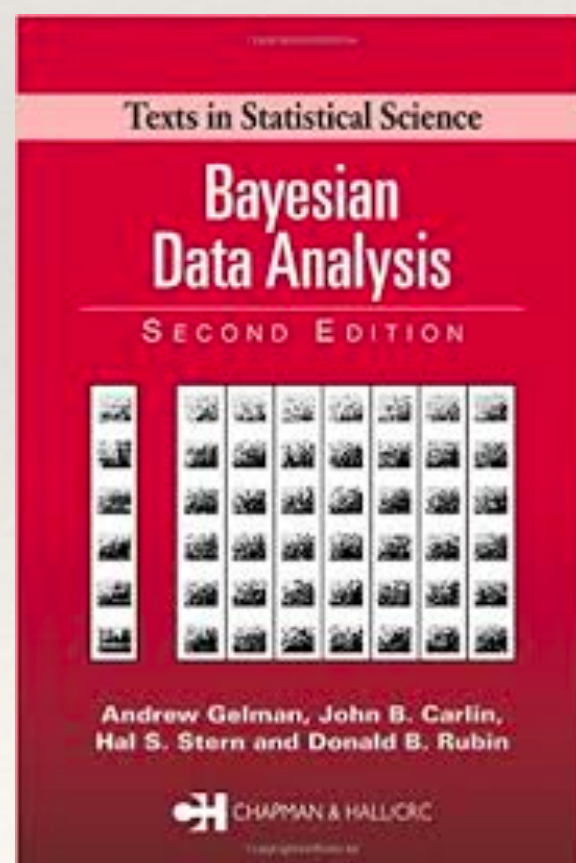
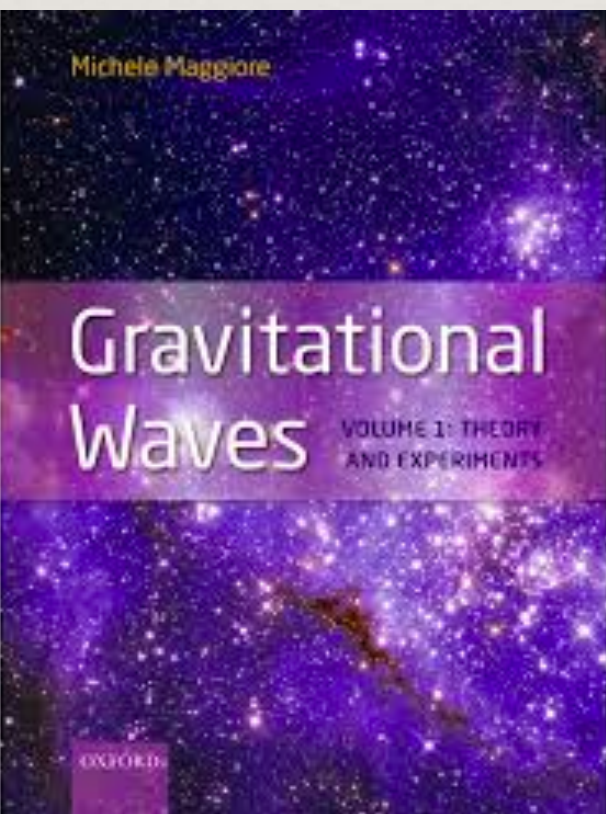
ICTP, 18-22 June 2018

Literature



Some figures in these lectures are borrowed from these books and these articles

LSC+Virgo, Phys. Rev. Lett. 116, 221101 (2016), LSC+Virgo, Phys. Rev. X 6, 041015 (2016), LSC+Virgo, Phys.Rev.Lett. 116 241102 (2016), LSC+Virgo, Phys.Rev. X6 041014 (2016), LSC+Virgo, Phys. Rev. Lett. 118, 221101 (2017), Berti et al., Class.Quantum Grav. 32, 243001 (2015), LSC+VIRGO, ArXiv: 1805.11579, S. Khan+, Phys.Rev. D93 (2016) 044007, LSC+Virgo [arXiv: 1805.11579](#), LIGO_Virgo, Astrophys.J. 848 (2017) L12, LIGO+Virgo Phys.Rev.Lett. 119 (2017) 161101, Babak+ Phys.Rev. D95 (2017) 103012, LISA consortium [arXiv:1702.00786](#), Klein+ Phys.Rev. D93 (2016) 024003, LISA consortium, [arXiv:1305.5720](#), Amaro-Seoane+ Class.Quant.Grav. 29 (2012) 124016.

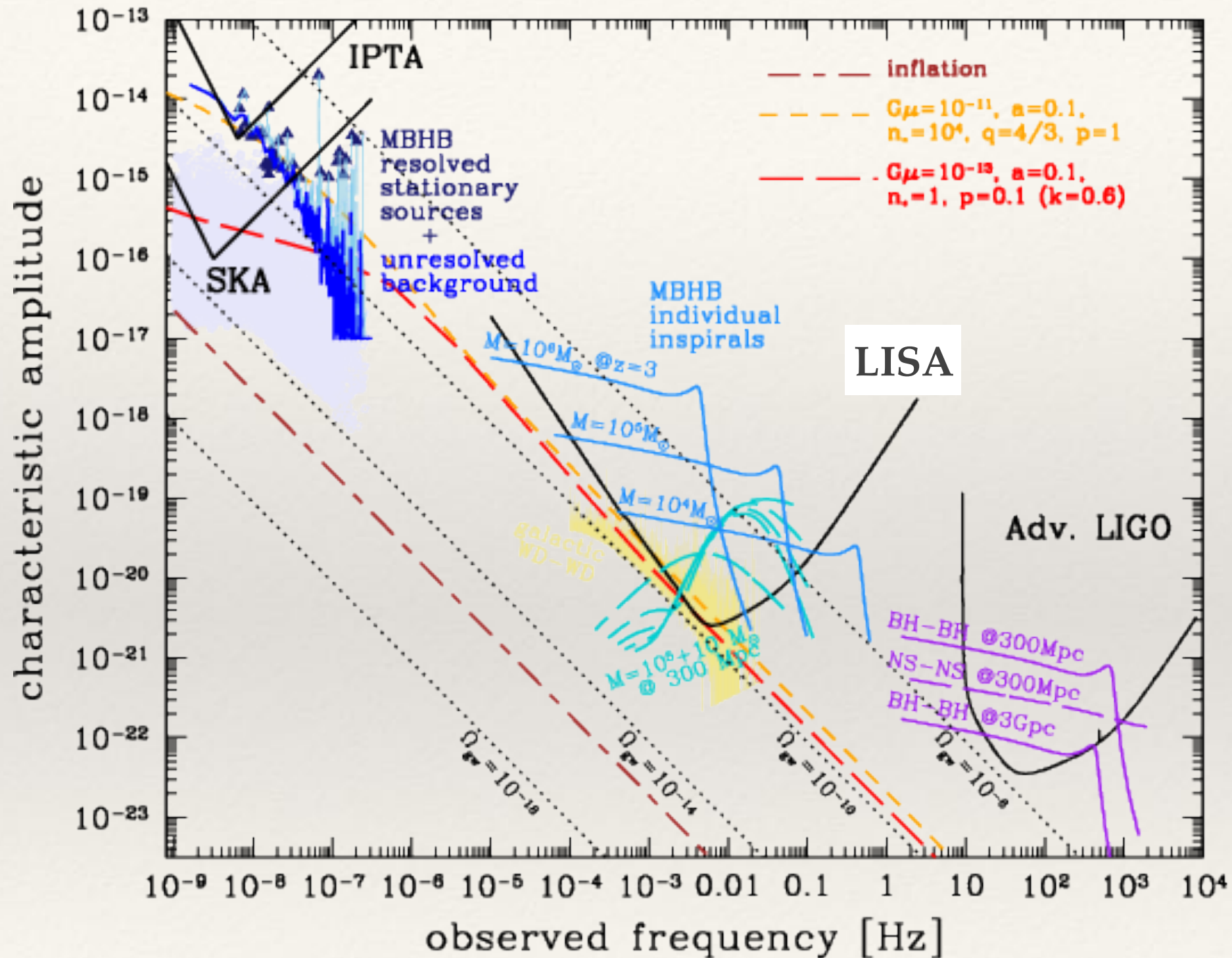


Lecture 1

- 📌 Notations and brief reminder of General Relativity
- 📌 Weak gravitational waves (GW) in vacuum
- 📌 Generation of GWs (quadrupole expression).



Gravitational Waves across frequency



[Credits A. Sesana]



Main features of GWs

- Gravitational waves (GWs) exist in every covariant theory of gravity
- In GR:
 - GWs propagate with the speed of light
 - GWs are acting as time varying tidal forces
 - GWs have two polarization state (in case of linearly polarized wave: h_+ , h_{\times})
 - GWs weakly interact with the matter
($G = 6.674 \times 10^{-11}$) - are not scattered or absorbed, but hard to detect



Special relativity (reminder)

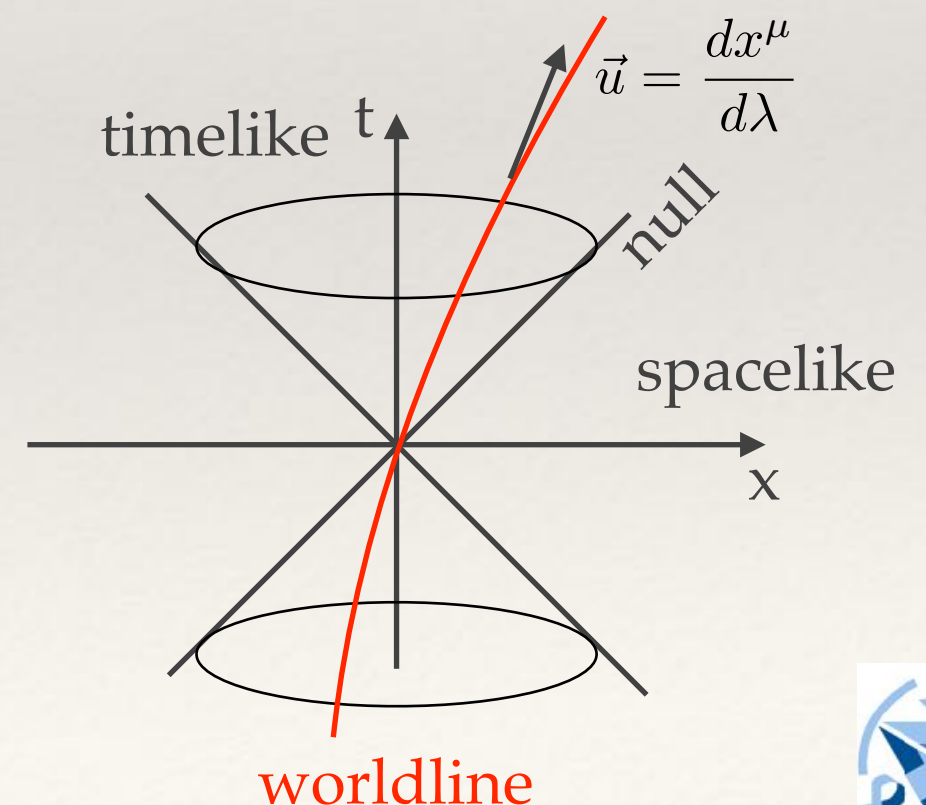
- 📌 Existence of inertial coordinate systems (not accelerated)
- 📌 Equivalence of inertial coordinate frames
- 📌 Universality of the speed of light

We use $\mathbf{G}=\mathbf{c}=1$ (mass, length, time in seconds)

interval: $\Delta s^2 = -\Delta t^2 + \Delta x^2 + \Delta y^2 + \Delta z^2 \equiv \eta_{\mu\nu} \Delta x^\mu \Delta x^\nu$

$$\eta_{\mu\nu} = \begin{bmatrix} -1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{bmatrix} \text{Minkowski metric,}$$

$$\eta_{\mu\nu} \Delta x^\mu \Delta x^\nu \equiv \sum_{\mu=0}^3 \sum_{\nu=0}^3 \eta_{\mu\nu} \Delta x^\mu \Delta x^\nu$$



Differential geometry (reminder)

Non-flat geometry



Local flatness theorem: the metric can be brought by a coordinate transformation at a point to Minkowski form, and all its first derivatives can be made = zero at that point. (but not the second derivatives!)

Metric defines the distances and angles:

arbitrary metric

$$ds^2 = g_{\mu\nu} dx^\mu dx^\nu$$

flat (Minkowski)

$$ds^2 = \eta_{\mu\nu} dx^\mu dx^\nu$$

We can introduce Local Inertial Frame: approximately flat in a vicinity of a point (for the scale much less than radius of curvature of spacetime) $dx \ll \mathcal{R}$



Differential geometry (reminder)

Vector field: vector is defined continuously at each point: requires / involves comparison between vectors at two points.

$$\frac{d\vec{V}}{dx^\mu} = \frac{d(V^\nu \vec{e}_\nu)}{dx^\mu} = \frac{dV^\nu}{dx^\mu} \vec{e}_\nu + V^\nu \frac{d\vec{e}_\nu}{dx^\mu}$$

basis vector could be different
at different points

$$\frac{d\vec{e}_\nu}{dx^\mu} = \Gamma_{\mu\nu}^\alpha \vec{e}_\alpha$$

Christoffel symbols (not a tensor)

Covariant derivative: $V^\alpha_{;\beta} = V^\alpha_{,\beta} + V^\mu \Gamma_{\mu\beta}^\alpha$

Covariant derivative of metric=0 $\Rightarrow \Gamma_{\mu\nu}^\alpha = \frac{1}{2} g^{\alpha\beta} (g_{\beta\mu,\nu} + g_{\beta\nu,\mu} - g_{\mu\nu,\beta})$



Differential geometry (reminder)

Local flatness: at a given point we can make Christoffel symbols=0:
covariant derivative \rightarrow partial

Parallel transport of the vector along the curve: we transport the vector along the curve and we preserve its length and keep it parallel in nearby points.

Local inertial frame (LIF)

$$\frac{dV^\alpha}{d\lambda} = 0 = V^\alpha{}_{,\beta} u^\beta$$

covariant extension

$$= u^\beta V^\alpha{}_{;\beta} = 0$$

\uparrow

parameter
along the curve

\nearrow

tangent to the curve

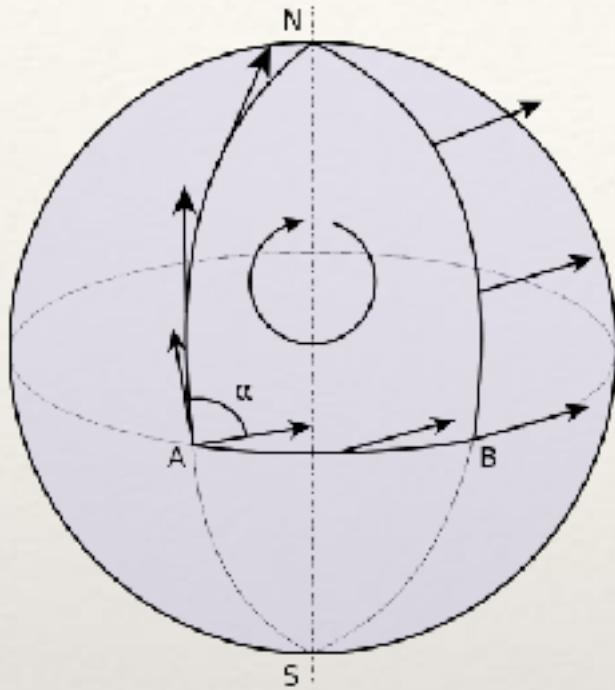
Geodesic: the curve with the shortest distance connecting two points. Line in flat spacetime: how to extend? Line as straight as possible: tangent to a curve is parallel at nearby points \rightarrow parallel transport of a tangent vector.

$$u^\beta u^\alpha{}_{;\beta} = 0$$

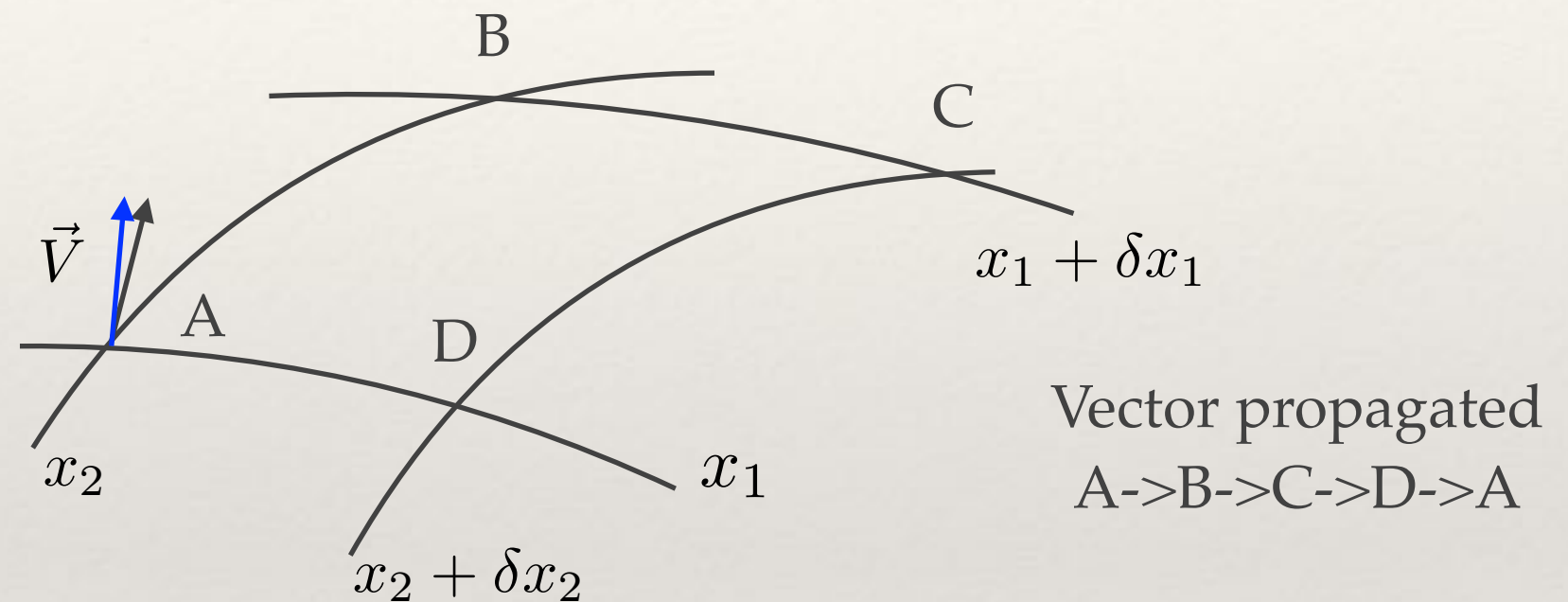


Differential geometry (reminder)

Curvature tensor



The vector parallel transported along the loop does not return to itself if space is curved



$$\delta V \propto \delta x_1 \delta x_2 R V$$

curvature

$$R^\alpha_{\beta\mu\nu} = \Gamma^\alpha_{\beta\nu,\mu} - \Gamma^\alpha_{\beta\mu,\nu} + \Gamma^\alpha_{\rho\mu}\Gamma^\rho_{\beta\nu} - \Gamma^\alpha_{\rho\nu}\Gamma^\rho_{\beta\mu}$$



Differential geometry (reminder)

$$R^{\alpha}{}_{\beta\mu\nu} = \Gamma^{\alpha}{}_{\beta\nu,\mu} - \Gamma^{\alpha}{}_{\beta\mu,\nu} + \Gamma^{\alpha}{}_{\rho\mu}\Gamma^{\rho}{}_{\beta\nu} - \Gamma^{\alpha}{}_{\rho\nu}\Gamma^{\rho}{}_{\beta\mu}$$

Properties of Riemann (curvature) tensor:

- Depends on the second derivatives of metric: cannot be eliminated by coord. transformation.
- Flat spacetime \leftrightarrow Riemann=0
- Second covariant derivatives do not commute (\sim Riemann)
- Not all components independent (symmetries + differential Bianchi identity)
- In LIF:

$$R_{\alpha\beta\mu\nu} = \frac{1}{2} [g_{\alpha\nu,\beta\mu} - g_{\alpha\mu,\beta\nu} + g_{\beta\mu,\alpha\nu} - g_{\beta\nu,\alpha\mu}]$$

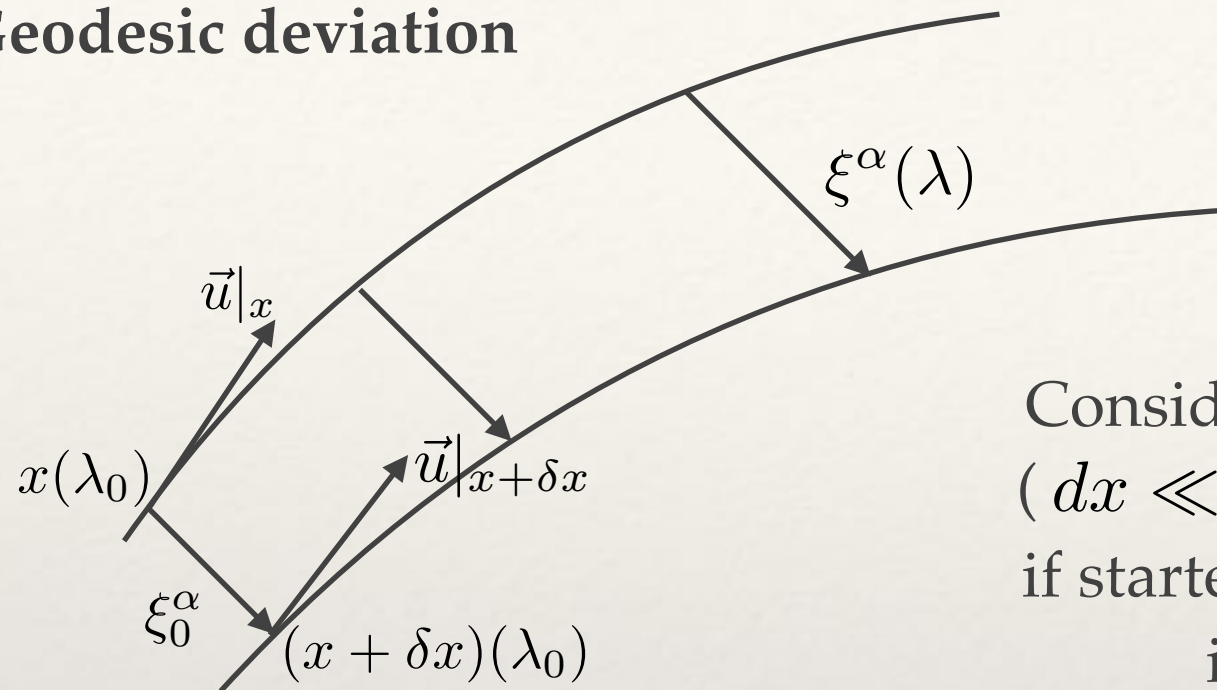
Ricci tensor, Ricci scalar, Einstein tensor:

$$R_{\mu\nu} = g^{\alpha\beta} R_{\alpha\mu\beta\nu} \quad R = g^{\alpha\beta} R_{\alpha\beta} \quad G^{\alpha\beta} = R^{\alpha\beta} - \frac{1}{2} g^{\alpha\beta} R$$



Differential geometry (reminder)

Geodesic deviation



Consider two geodesic, due to local flatness ($dx \ll \mathcal{R}$) they remain parallel for some time if started in the nearby points, but if spacetime is not flat they diverge/converge.

$$\nabla_u \nabla_u \xi^\alpha = R^\alpha_{\mu\nu\beta} u^\mu u^\nu \xi^\beta$$

$$\nabla_u \xi^\alpha = u^\beta \xi^\alpha_{;\beta}$$

covar. deriv along the curve



General Relativity

- No particles neutral to grav. interaction
- Weak equivalence principle: freely falling particles move on timelike geodesics.
- Einstein equivalence principle: any *local* physical experiment not involving gravity has the same result in LIF and in flat spacetime

Einstein equations: should be covariant, should have Newtonian limit

$$R^{\alpha\beta} - \frac{1}{2}g^{\alpha\beta}R + \Lambda g^{\alpha\beta} = \kappa T^{\alpha\beta} \quad \text{Stress-energy tensor}$$

Bianchi identities:

$$G^{\alpha\beta}_{;\beta} \equiv 0 \quad \longrightarrow \quad T^{\alpha\beta}_{;\beta} = 0 \quad \text{Covariant conservation law}$$

↓
4 identities: choice of coordinate frame



Gauge transformation

Consider weak gravitational field: $g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}, \quad |h_{\mu\nu}| \ll 1$

In the LIF $R_{\alpha\beta\mu\nu} = \frac{1}{2} [h_{\alpha\nu,\beta\mu} - h_{\alpha\mu,\beta\nu} + h_{\beta\mu,\alpha\nu} - h_{\beta\nu,\alpha\mu}]$

gauge transformation: we keep fixed Minkowski part but modify the field:

$h_{\alpha\beta}^{new} \rightarrow h_{\alpha\beta}^{old} - \xi_{\alpha,\beta} - \xi_{\beta,\alpha}$ ξ is arbitrary but preserving $|h_{\mu\nu}^{new}| \ll 1$

$$R_{\alpha\beta\mu\nu}(h^{new}) = R_{\alpha\beta\mu\nu}(h^{old})$$

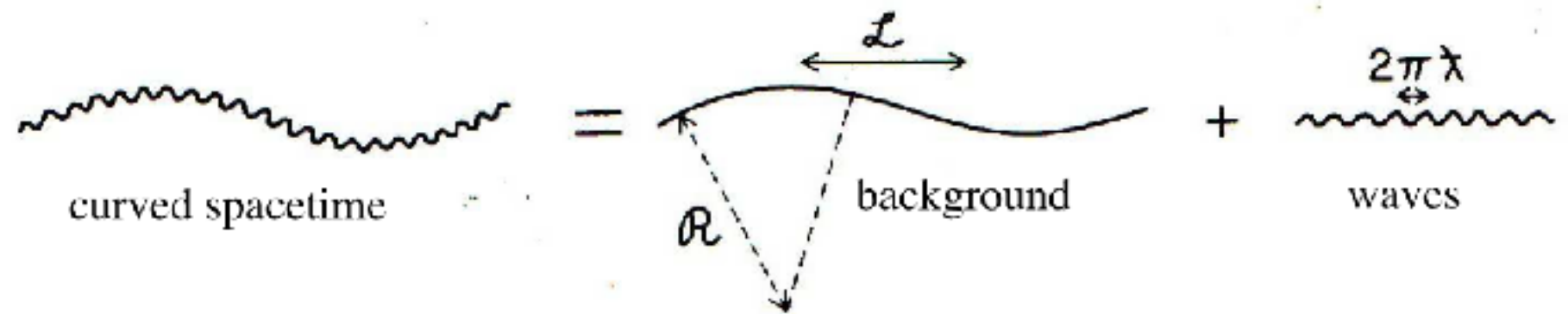
In terms of full metric it corresponds to the coordinate transformation:

$$x^{\bar{\alpha}} = x^{\alpha} + \xi^{\alpha}(x^{\nu})$$



GW in linearized gravity

We need to separate the background geometry and GWs



$$g_{\alpha\beta} = g_{\alpha\beta}^B + h_{\alpha\beta}, \quad R_{\alpha\beta\mu\nu} = R_{\alpha\beta\mu\nu}^B + R_{\alpha\beta\mu\nu}^{GW}$$

$$g_{\alpha\beta}^B = \langle g_{\alpha\beta} \rangle, \quad R_{\alpha\beta\mu\nu}^B = \langle R_{\alpha\beta\mu\nu} \rangle$$

Averaging over several GW wavelength

We will work with the metric, $h_{\alpha\beta}$ - GWs

We use LIF for the background (!) geometry (LIF is also called sometimes local Lorentz frame)

Valid on the scales: $l \ll \mathcal{R}$

still assume that $\lambda^{GW} \ll \mathcal{R}$



Weak GWs

In LIF (w.r.t.) background: $g_{\alpha\beta} = \eta_{\alpha\beta} + h_{\alpha\beta} + O(h^2)$

Consider Einstein equations in vacuum (far from the source) $R_{\alpha\beta} = 0$

Introduce trace reverse metric $\bar{h}^{\mu\nu} = h^{\mu\nu} - \frac{1}{2}\eta^{\mu\nu}h, \quad h = h^\mu{}_\mu$

Choose gauge (coordinate frame): $\bar{h}^{\mu\nu}{}_{,\nu} = 0$ \leftarrow harmonic gauge

Einstein's field equations (linear): $\square \bar{h}^{\mu\nu} = 0$

Remaining gauge freedom: $\bar{h}^{\mu\nu}_{new,\nu} = \bar{h}^{\mu\nu}{}_{,\nu} - \square \xi^\mu = 0, \quad \text{if } \square \xi^\mu = 0$

$$\bar{h}^{0\alpha} = 0, \quad h = 0$$

T(ransverse)T(raceless) gauge: For the GW travelling in z-direction

$$h_{\mu\nu} = h_{\mu\nu}^{TT} = \begin{bmatrix} 0 & 0 & 0 & 0 \\ 0 & h_+ & h_\times & 0 \\ 0 & h_\times & -h_+ & 0 \\ 0 & 0 & 0 & 0 \end{bmatrix}$$



Weak GWs

Consider the plane wave solution:

$$\bar{h}^{\mu\nu} = A^{\mu\nu} e^{ik_\alpha x^\alpha}, \quad k^\alpha = \{\omega, k^i\} \quad \text{4-wave vector}$$

Einstein equations: $k_\alpha k^\alpha = -\omega^2 + \vec{k} \cdot \vec{k} = 0$ propagates with the speed of light.

transverse & traceless $A_{\mu\nu} k^\nu = 0$ $A^\mu{}_\mu = 0$ Moreover: $A^{0\mu} = 0$

Note that in general the linearized Einstein equations have also static (non-radiative) solution (Newtonian potential). To get the radiative part we can take the “TT” part of the spatial metric by applying the projection operator:

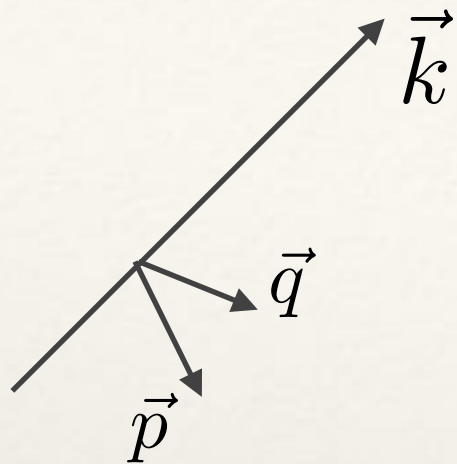
$$h_{jk}^{TT} = Pr_{jklm} h^{lm},$$

$$Pr_{jklm} = P_{jl}P_{mk} - \frac{1}{2}P_{jk}P_{lm}, \quad P_{jk} = \delta_{jk} - n_j n_k,$$

$$n^i = k^i / |\vec{k}|$$



Weak GW, polarization



We can choose polarization basis vectors arbitrary in the plane orthogonal to the direction of GW propagation

Introduce basis:

$$\epsilon_{+}^{ij} = p^i p^j - q^i q^j$$

$$\epsilon_{\times}^{ij} = p^i q^j + p^j q^i$$

$$h^{ij} = \epsilon_{+}^{ij} h_{+} + \epsilon_{\times}^{ij} h_{\times}$$

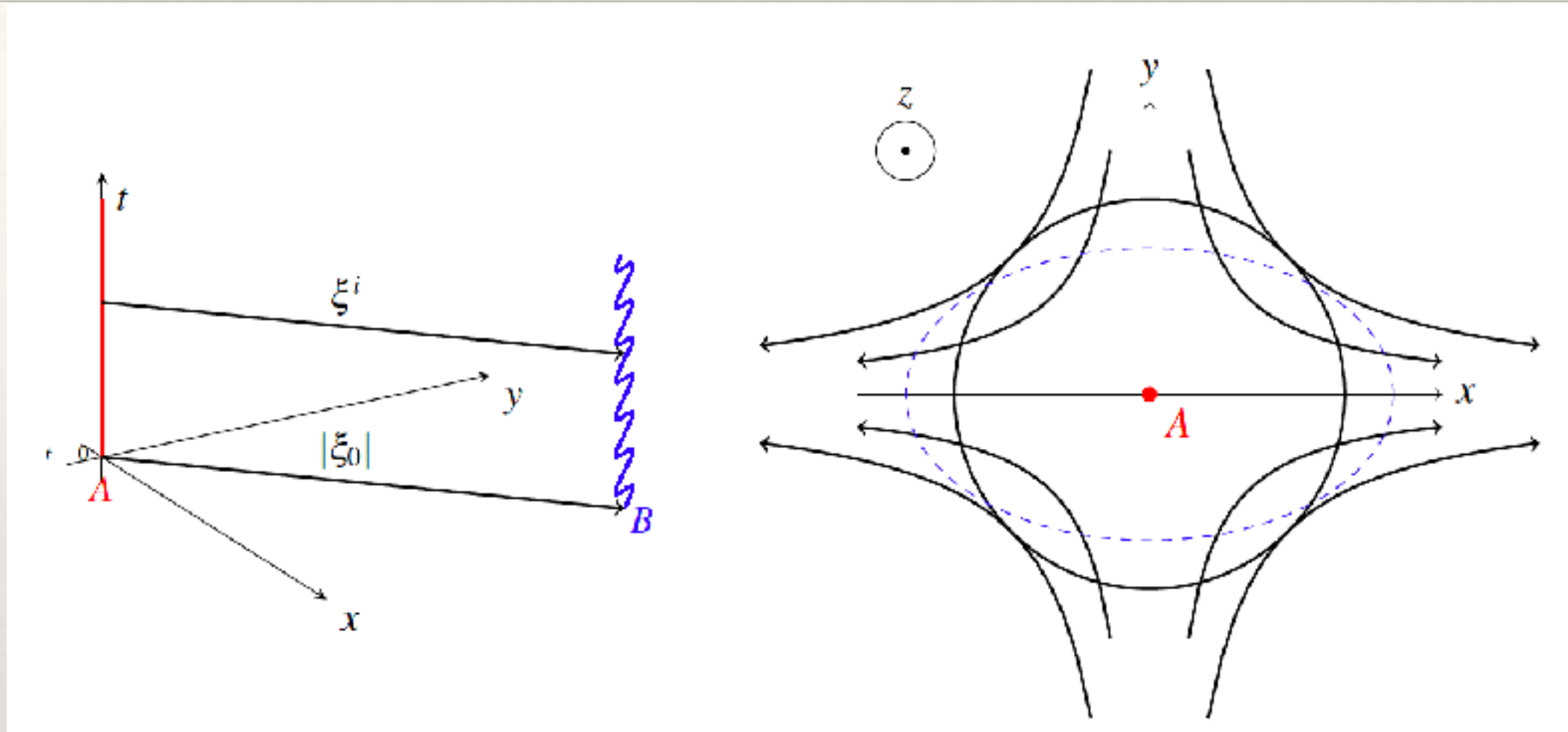
Two polarization

finally, Riemann tensor for GW:

$$R_{0j0k}^{GW} = -\frac{1}{2} \ddot{h}_{jk}^{TT}$$



Geodesic deviation in GW



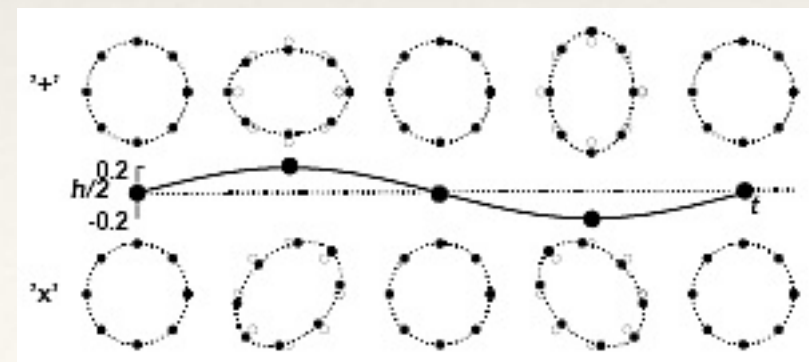
Consider two observers (A, B) moving on geodesic. We use LIF associated with the observer A, which is at rest. Consider GW propagating in z-direction, then the distance between A & B:

$$\frac{d^2 \xi^i}{dt^2} = R^i{}_{00j} \xi^j = \frac{1}{2} \ddot{h}_{TT}^{jk} \xi_k$$

Introduce: $\delta \xi^j = \xi^j - \xi_0^j \longrightarrow \delta \xi^j = \frac{1}{2} h_{TT}^{jk} \xi_k$

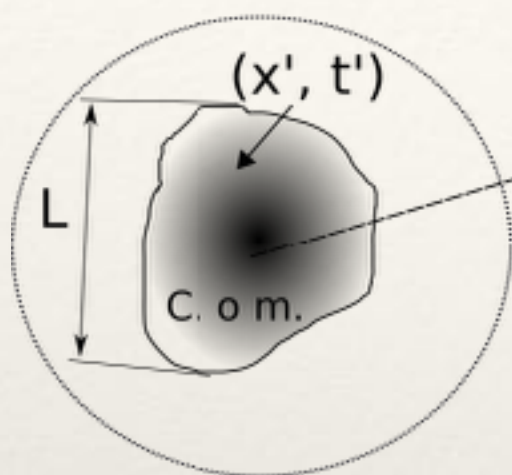
$$\delta x = \frac{1}{2} x_0 h_+ \quad \delta y = -\frac{1}{2} y_0 h_+$$

$$\delta x = \frac{1}{2} y_0 h_\times \quad \delta y = \frac{1}{2} x_0 h_\times$$



Generation of GWs

Consider *isolated* source with weak internal gravity.



R
 (x, t) Observer (field point)

- Assume that the observer is far away (far zone), we can use LIF of the observer
- As before we use trace-reverse form of the metric
- We use harmonic gauge (coordinates)

Einstein equations: $\square \bar{h}^{\mu\nu} = -16\pi(T^{\mu\nu} + \textcolor{red}{t}^{\mu\nu})$

Contains all non-linear terms from the r.h.s

- We start with the linear order (neglecting the red term)

Solution in form of retarded potentials

$$\bar{h}^{\mu\nu} = 4 \int \frac{T^{\mu\nu}(x', t' = t - |\vec{x}' - \vec{x}|)}{|\vec{x}' - \vec{x}|} d^3 \vec{x}'$$



Generation of GWs

- Assume slow motion ($v \ll c$)
- Take observer far away (far zone) $|\vec{x} - \vec{x}'| \approx R \gg \lambda^{GW}$
- We are interested in the radiative part of gravitational potentials \Rightarrow take “TT” part

$$h_{jk}^{TT} = \left[\frac{4}{R} \int T_{jk}(x', t' = t - R) d^3 x' \right]^{TT}$$

- Use the conservation law $T^{\mu\nu}_{,\nu} = 0$

$$h_{jk}^{TT} = \left[\frac{2}{R} \frac{d^2}{dt^2} \mathcal{M}_{jk}(t - R) \right]^{TT}$$

Quadrupole formula (Landau & Lifshitz)

$$\mathcal{M}^{jk} = \int T^{00} \left(x^j x^k - \frac{1}{3} \delta^{jk} r^2 \right) d^3 x \quad \text{mass quadrupole moment}$$



Generation of GWs

- Besides leading order (mass quadrupole) other moments also give contribution. There are two types of moments: mass-moments and current-moments

$$I_l \sim ML^l \quad \text{mass moments}$$

$$S_l \sim MvL^l \quad \text{current moments}$$

$$h_{+, \times} \sim \frac{1}{R} \left[\frac{d^2 I_2}{dt^2} \& \frac{d^3 I_3}{dt^3} \& \dots \& \frac{d^2 S_2}{dt^2} \& \frac{d^3 S_3}{dt^3} \dots \right] \quad \frac{1}{R} \frac{d^l I_l}{dt^l} \sim \frac{M}{R} v^l$$

- Einstein equations are non-linear: grav field is its own source (the red term which we have neglected). Post-Newtonian expansion: $\varepsilon = v/c \ll 1$

$$g_{\mu\nu} = \eta_{\mu\nu} + \varepsilon h_{\mu\nu}^{(1)} + \varepsilon^2 h_{\mu\nu}^{(2)} + \dots$$

Solving Einstein equations iteratively updating the equation of motion at each step

