

Introduction to Ultracold Atoms in Optical Lattices

I.B.
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Ludwig-Maximilians Universität

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\$ DARPA (OLE)



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Course Outline

LECTURE 1

Introduction

Brief Review Lattice Basics

Detection Methods

Hubbard models

Single Atom Imaging/Control

Single Atom Imaging Bosons/Fermions

Probing Thermal and Quantum Fluctuations

Single Spin Manipulation

Light Cone Spreading of Correlations

Absolute Negative Temperatures

LECTURE 2 - Quantum Magnetism with UCQG

Superexchange Interactions

Single Spin Impurity

Bound Magnons

AFM Order in the Fermi Hubbard Model

Probing Hidden AFM in 1D Hubbard Chains

Direct Imaging of Spin-Charge Separation

Imaging Polarons - Charge Impurities in an AFM

Incommensurate AFM in 1D

Quantum Magnetism with Rydberg atoms

Introduction

The Challenge of Many-Body Quantum Systems

- **Understand and Design Quantum Materials** - one of the biggest challenge of Quantum Physics in the 21st Century

- **Technological Relevance**

High-Tc Superconductivity (Power Delivery)

Magnetism (Storage, Spintronics...)

Novel Quantum Sensors (Precision Detectors)

Quantum Technologies
(Quantum Computing, Metrology, Quantum Sensors,...)

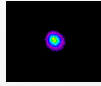


Many cases: lack of basic understanding of underlying processes
Difficulty to separate effects: probe impurities, complex interplay, masking of effects...
Many cases: even simple models "not solvable"
Need to synthesize new material to analyze effect of parameter change



The Challenge of Many-Body Quantum Systems

Control of single and few particles



Single Atoms and Ions



Photons



D. Wineland

S. Haroche

Challenge: ... towards ultimate control of many-body quantum systems

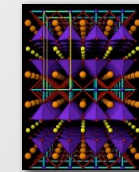
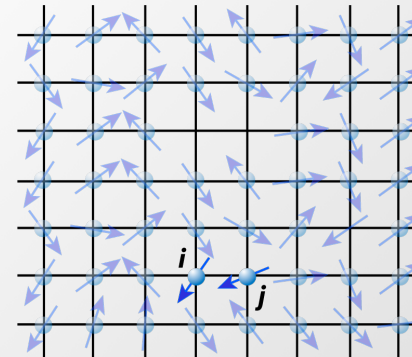
**R. P. Feynman's Vision**

A *Quantum Simulator* to study the dynamics of another quantum system.

Ion Traps
(R. Blatt, Innsbruck)Crystal of Atoms
Bound by LightSuperconducting
Devices
(J. Martinis, UCSB,
Google)

Strongly Correlated Electronic Systems

$$H = -J \sum_{\langle i,j \rangle, \sigma} \hat{c}_{i,\sigma}^\dagger \hat{c}_{j,\sigma} + U \sum_i \hat{n}_{i,\uparrow} \hat{n}_{i,\downarrow} + V_0 \sum_{i,\sigma} R_i^2 \hat{n}_{i,\sigma}$$



In strongly correlated
electron system *spin-spin*
interactions exist.

$$-J_{ex} \vec{S}_i \cdot \vec{S}_j$$

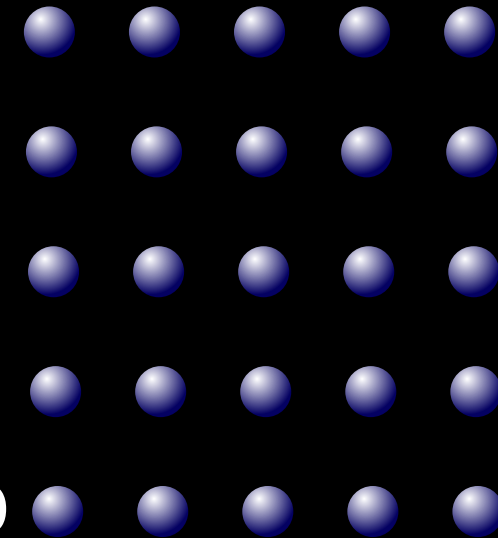
Underlying many solid state & material science problems:
Magnets, High-Tc Superconductors, Spintronics
see A. Georges (CdF)

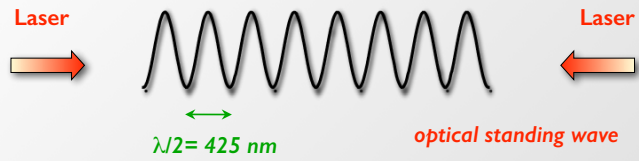


Three Central Goals

- 1 New probes & analysis techniques
- new light on known phenomena -
- 2 Quantitative predictions
- e.g. equation of state BEC-BCS crossover -
- 3 New phenomena / phases of matter
in new regimes

x10000



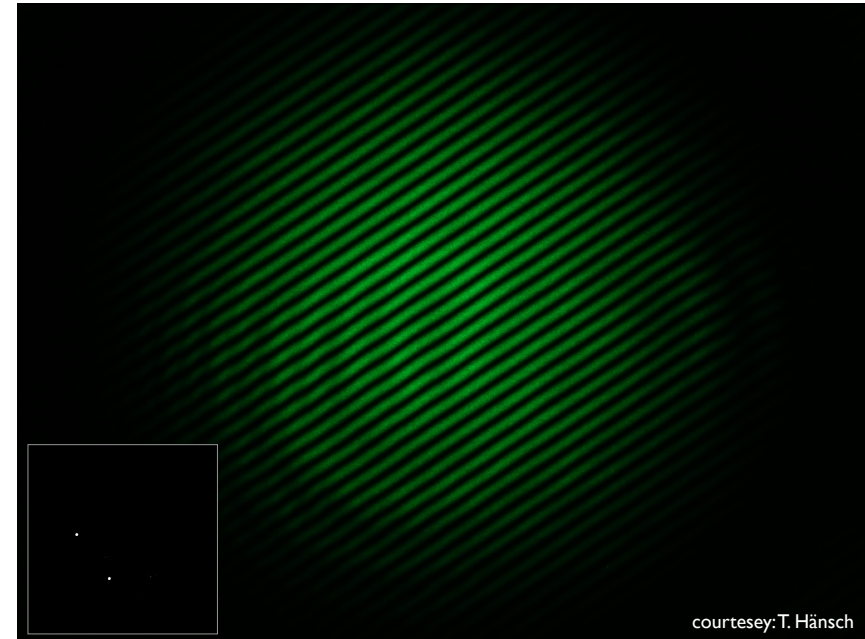


Fourier synthesize arbitrary lattices:

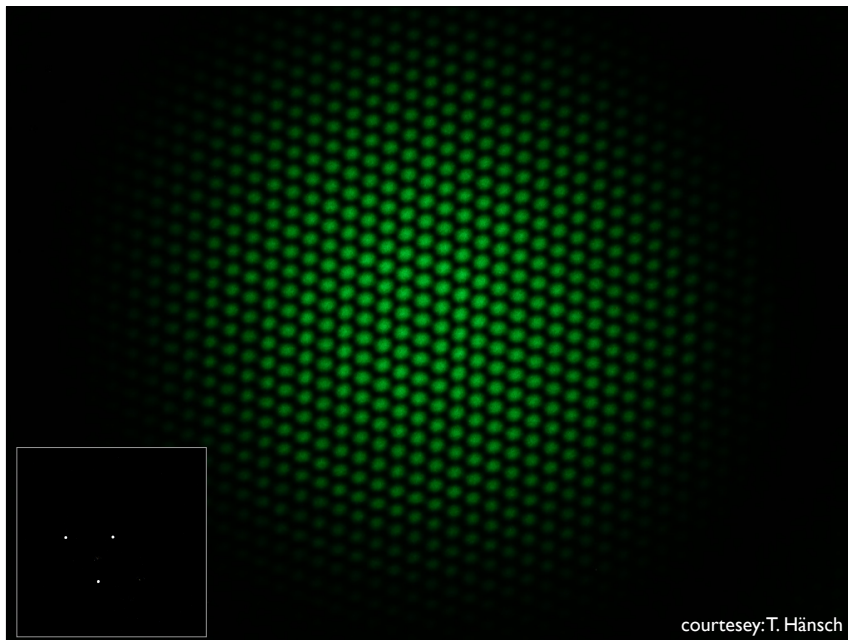
- Square
- Hexagonal/Triangular/Brick Wall
- Kagomé
- Superlattices
- *Spin dependent lattices*
- ...

Special case:
flux lattices...

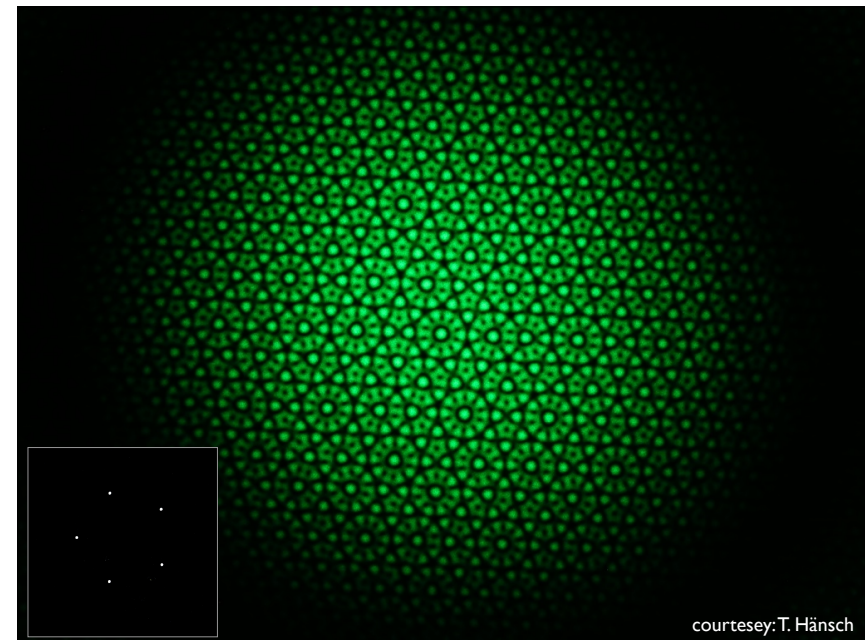
Full **dynamical** control over **lattice depth, geometry, dimensionality!**



courtesy: T. Hänsch



courtesy: T. Hänsch

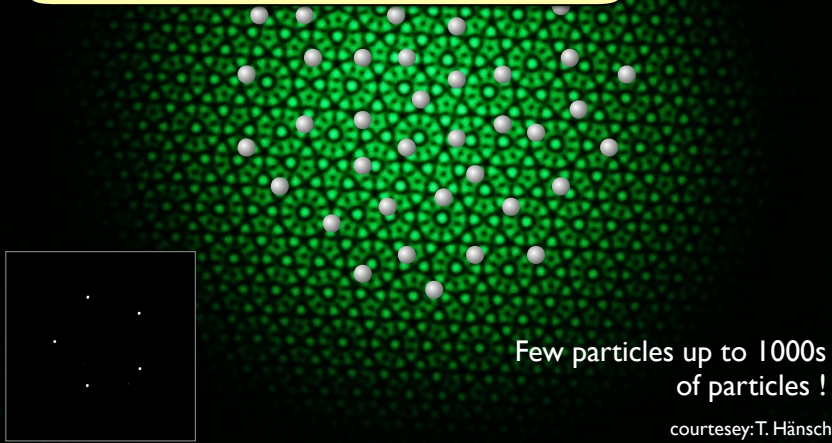


courtesy: T. Hänsch

Quantum Spin Systems

Particle Systems: Bosons, Fermions, Mixtures

Classically Intractable Computational Regimes

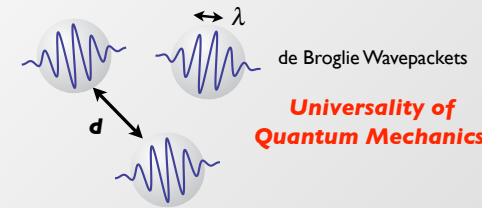


ERC Synergy

From Artificial Quantum Matter to Real Materials

Quantum Regime

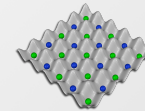
$$\lambda/d \gtrsim 1$$



**Universality of
Quantum Mechanics!**

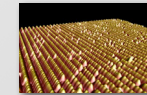
Ultracold Quantum Matter

- **Densities:** $10^{14}/\text{cm}^3$
(100000 times thinner than air)
- **Temperatures:** **few nK**
(100 million times lower than outer space)



Real Materials

- **Densities:** $10^{24} - 10^{25}/\text{cm}^3$
- **Temperatures:** **mK – several hundred K**



(Neuchâtel)

Same λ/d !

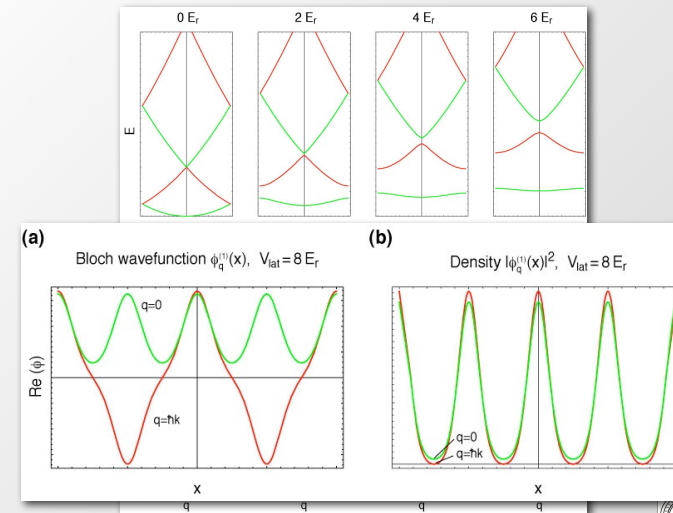
And a Lot of
Lasers & Optics...

**Experiments isolated
from environment**

**Not connected to
reservoirs!**

Measuring Momentum Distributions

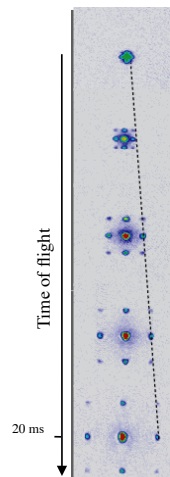
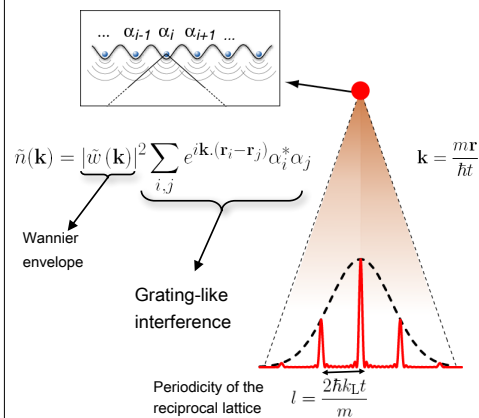
Bandstructure - Blochwaves



Momentum Distribution

Time of flight interference pattern

- Interference between all waves coherently emitted from each lattice site

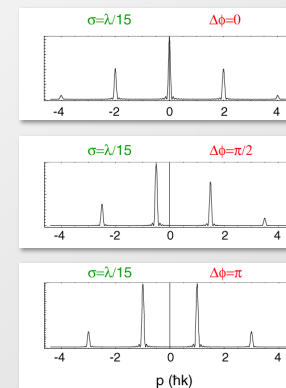


Optical Lattices

Momentum Distributions – 1D

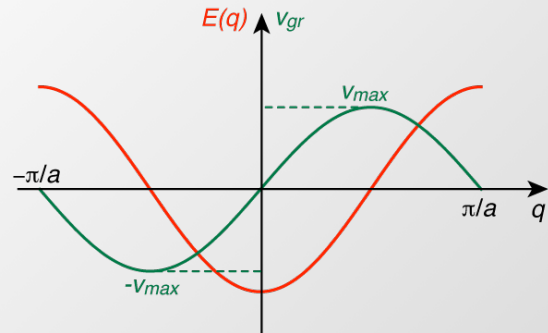
Momentum distribution can be obtained by Fourier transformation of the macroscopic wave function.

$$\Psi(x) = \sum_i A(x_j) \cdot w(x - x_j) \cdot e^{i\phi(x_j)}$$



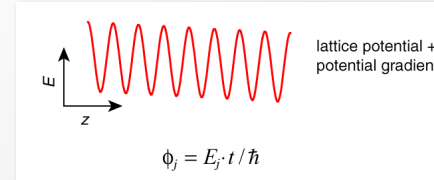
Dispersion Relation in a Square Lattice

$$E(q) = -2J \cos(qa)$$



Bloch Oscillations

Preparing Arbitrary Phase Differences Between Neighbouring Lattice Sites

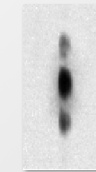


Phase difference between neighboring lattice sites

$$\Delta\phi_j = (V' \lambda / 2) \Delta t$$

(cp. Bloch-Oscillations)

But: dephasing if gradient is left on for long times!



$$\Delta\phi = 0$$



$$\Delta\phi = \pi$$



SF-MI

Bose-Hubbard Hamiltonian

Expanding the field operator in the Wannier basis of localized wave functions on each lattice site, yields :

$$\hat{\psi}(x) = \sum_i \hat{a}_i w(x - x_i)$$

Bose-Hubbard Hamiltonian

$$H = -J \sum_{\langle i,j \rangle} \hat{a}_i^\dagger \hat{a}_j + \sum_i \epsilon_i \hat{n}_i + \frac{1}{2} U \sum_i \hat{n}_i (\hat{n}_i - 1)$$

Tunnelmatrix element/Hopping element

$$J = -\int d^3x w(x - x_i) \left(-\frac{\hbar^2}{2m} \nabla^2 + V_{lat}(x) \right) w(x - x_j)$$

Onsite interaction matrix element

$$U = \frac{4\pi \hbar^2 a}{m} \int d^3x |w(x)|^4$$

M.P.A. Fisher et al., PRB 40, 546 (1989); D. Jaksch et al., PRL 81, 3108 (1998)

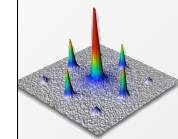
Mott Insulators now at: Munich, Mainz, NIST, ETHZ, Texas, Innsbruck, MIT, Chicago, Florence, ... see also work on JJ arrays H. Mooij et al., E. Cornell, ...



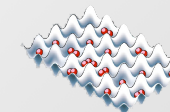
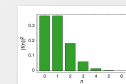
SF-MI

From Weak to Strong Interactions

$$\gamma = \frac{\text{Interaction Energy}}{\text{Kinetic Energy}} \gg 1$$

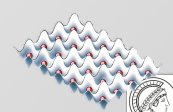
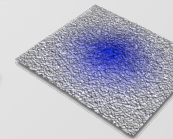
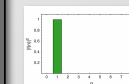


Weak Interactions



Quantum Phase Transition
See S. Sachdev & B. Keimer Phys. Today 2011

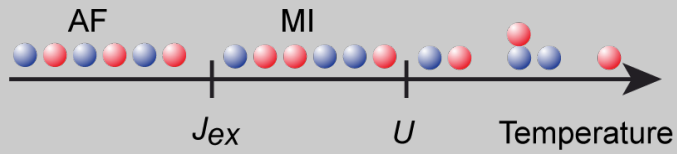
Strong Interactions



Strongly Interacting Fermions in Optical Lattices

$$\hat{H} = -J \sum_{\langle i,j \rangle, \sigma} \hat{c}_{i,\sigma}^\dagger \hat{c}_{j,\sigma} + U \sum_i \hat{n}_{i,\downarrow} \hat{n}_{i,\uparrow} + V_t \sum_{i,\sigma} t^2 \hat{n}_{i,\sigma}$$

Predicted phases at half filling for strong interactions $U/12J > 1$



max. Entropy
 $S/N = k_B 2 \ln 2$

R. Jördens et al., Nature **455**, 204 (2008), U. Schneider et al., Science **322**, 1520 (2008),
D. Greif et al., Science **340**, 1307 (2013)

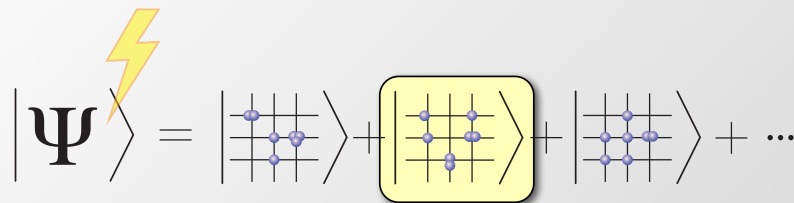
Single Atom Detection in a Lattice

Sherson et al. Nature **467**, 68 (2010),
see also Bakr et al. Nature (2009) & Bakr et al. Science (2010)

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Single Atoms Measuring a Many-Body Quantum System

Local occupation measurement

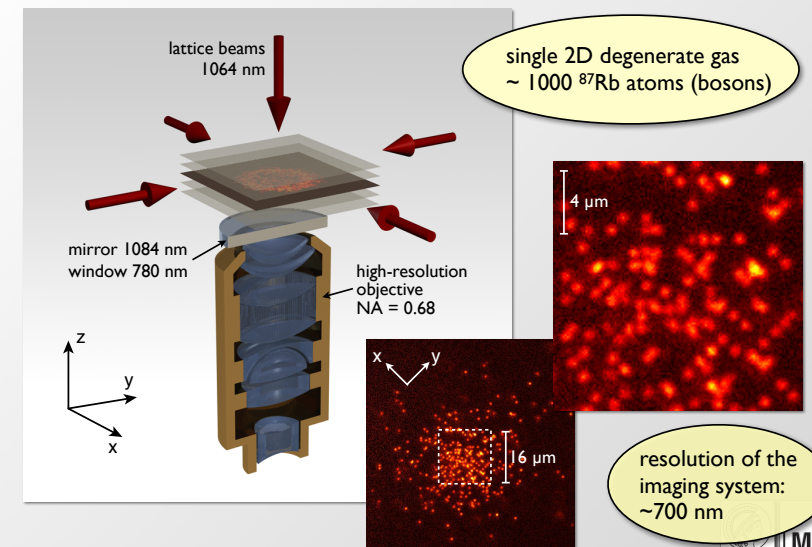


Enables access to all position correlation between particles!

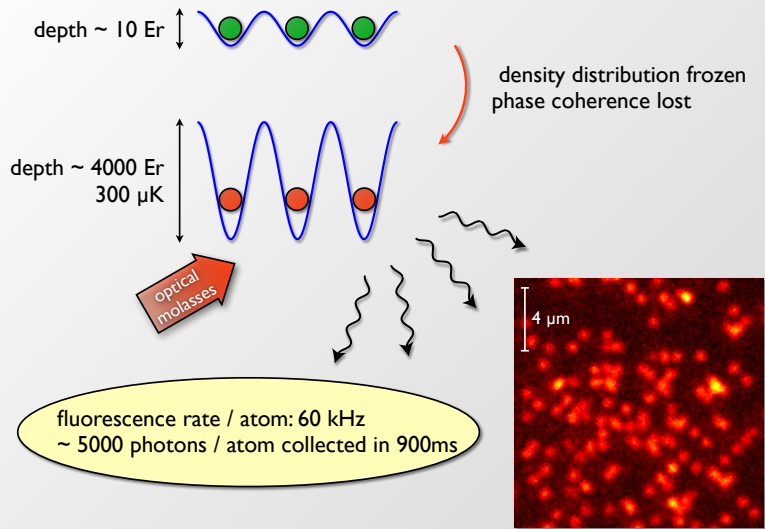
Extendable to other observables (e.g. local currents etc...)

Single Atoms

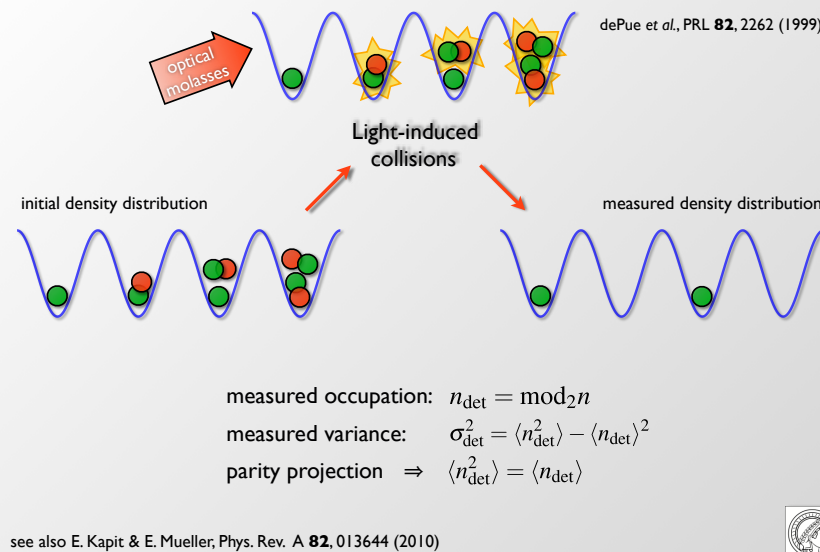
Experimental Setup



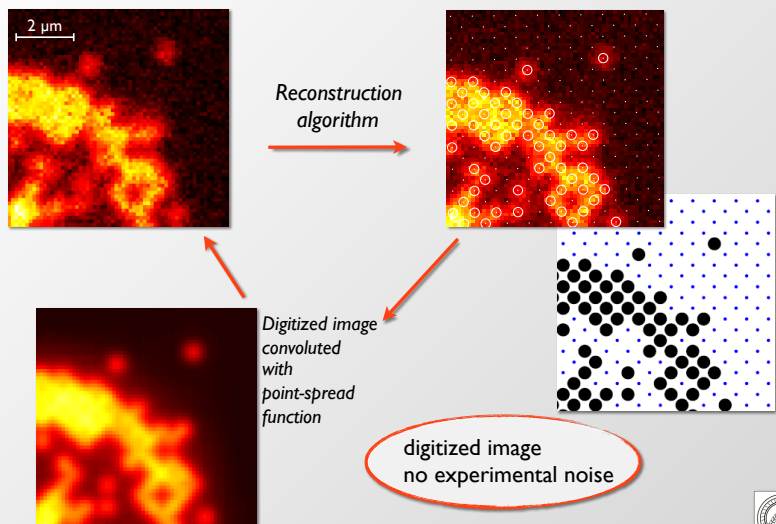
Fluorescence imaging



Parity projection



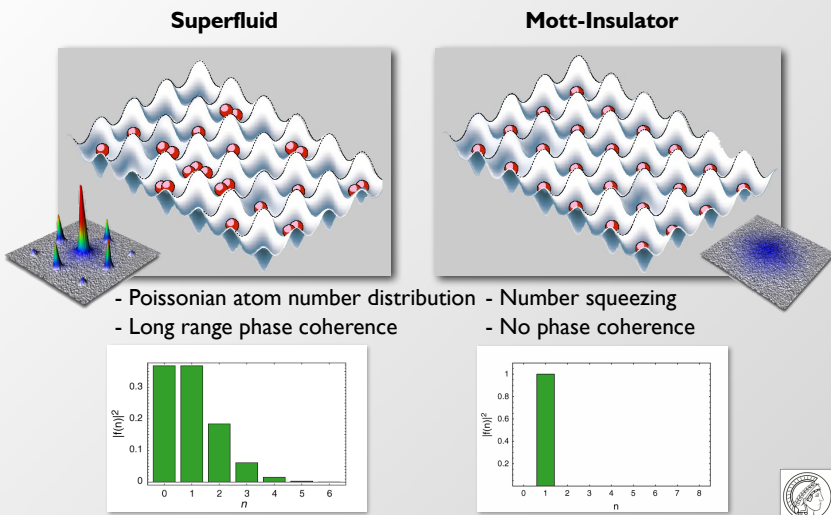
Reconstruction of site occupation



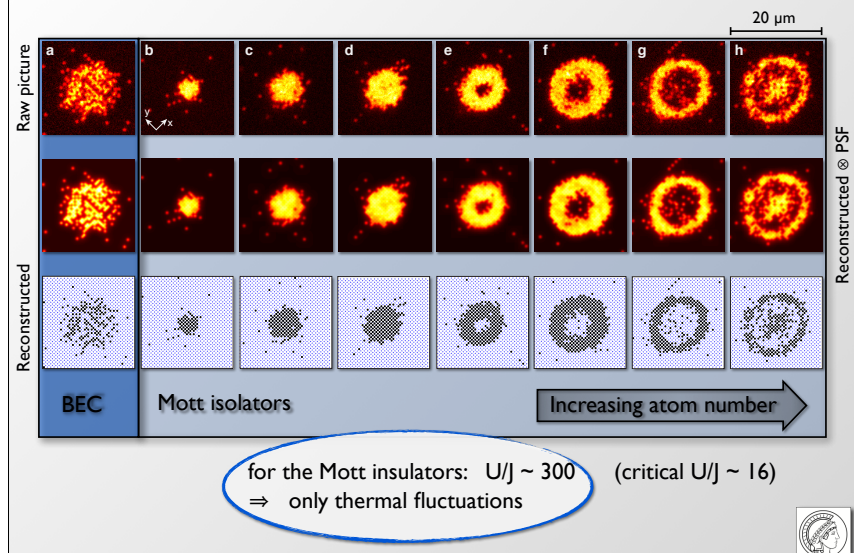
In-Situ Imaging of a Mott Insulator

J. Sherson et al. Nature **467**, 68 (2010),
see also S. Fölling et al. Phys. Rev. Lett (2006), G.K. Campbell et al. Science (2006)
N. Gemelke et al. Nature (2009), W. Bakr et al. Science (2010)

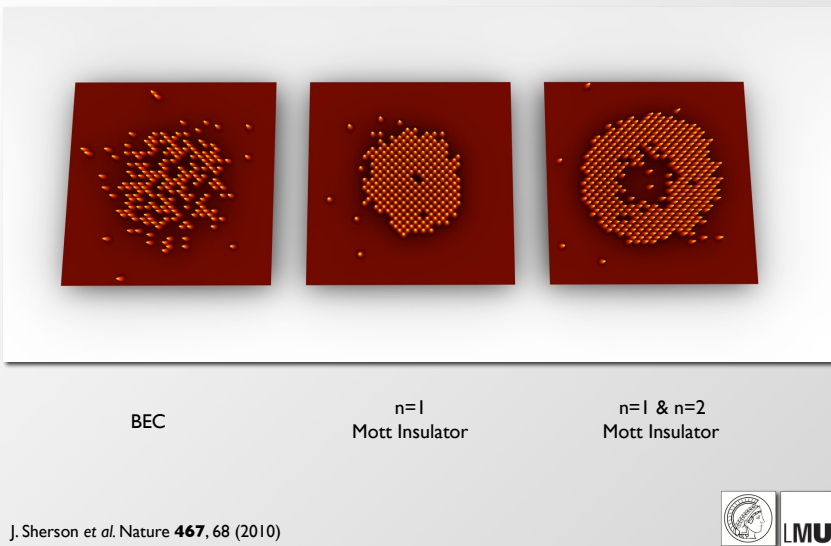
Mott Insulators



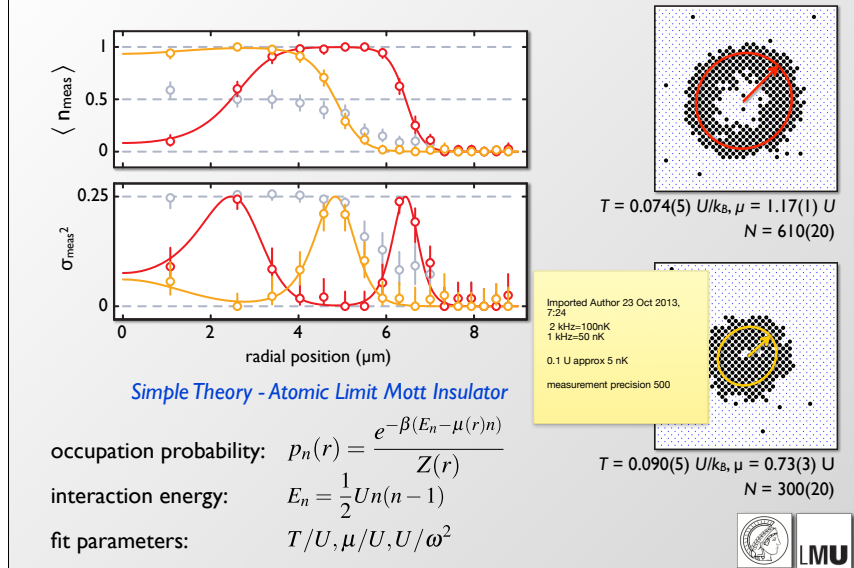
In-situ observation of a Mott insulator



Snapshot of an Atomic Density Distribution

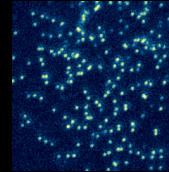


Single Shot Thermodynamics

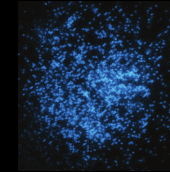


Fermionic Quantum Gas Microscopes

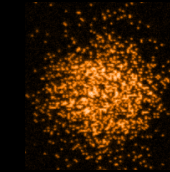
now also for fermions!



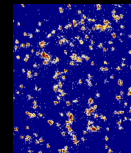
Strathclyde (^{40}K)



Harvard (^6Li)



MIT (^{40}K)



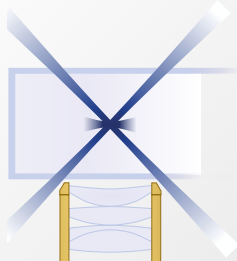
Toronto (^{40}K)

Fermionic Quantum Gas Microscopes

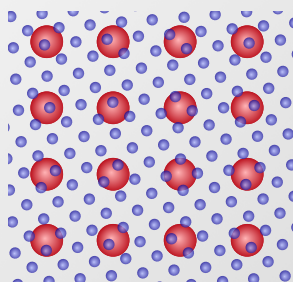
Li-Microscope

Detection 'Pinning' Lattice

Pinning lattice 1064 nm



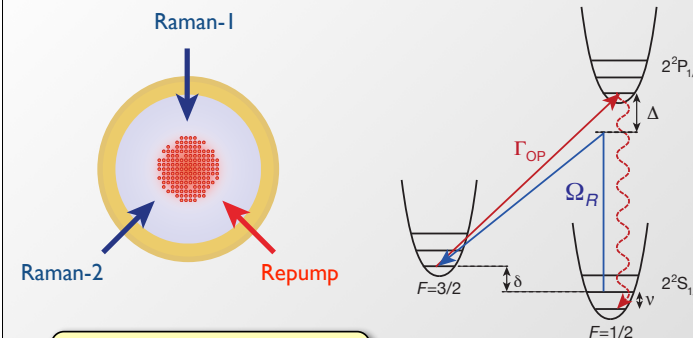
Physics Physics Pinning Lattice



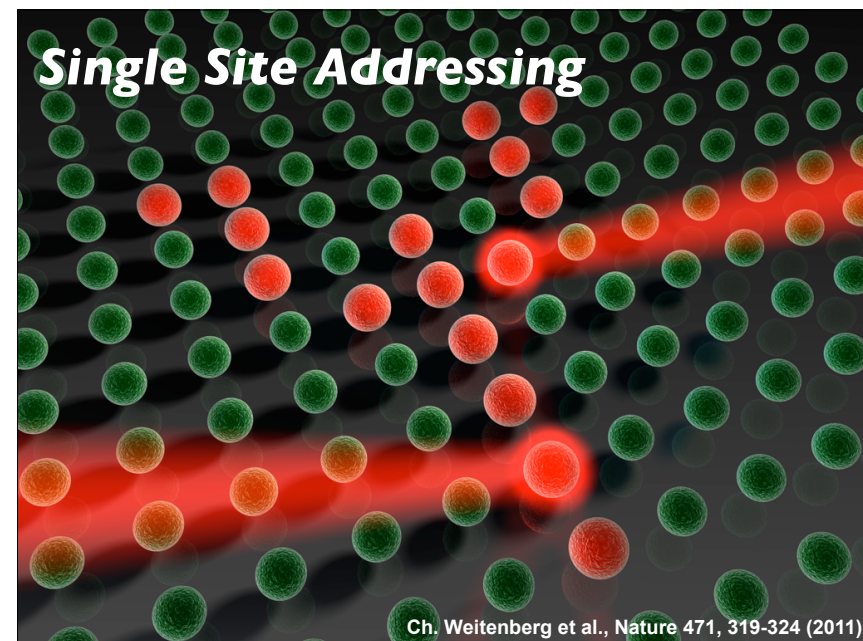
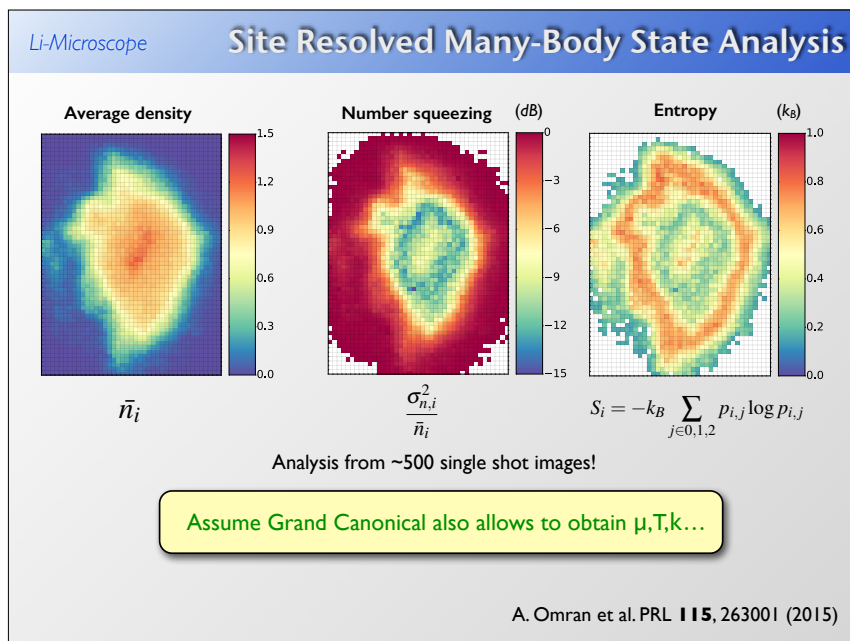
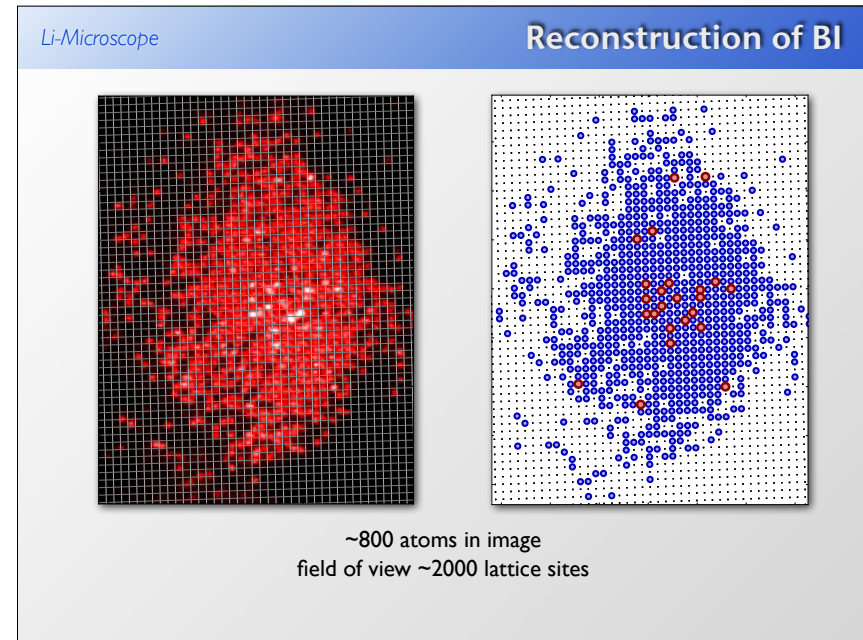
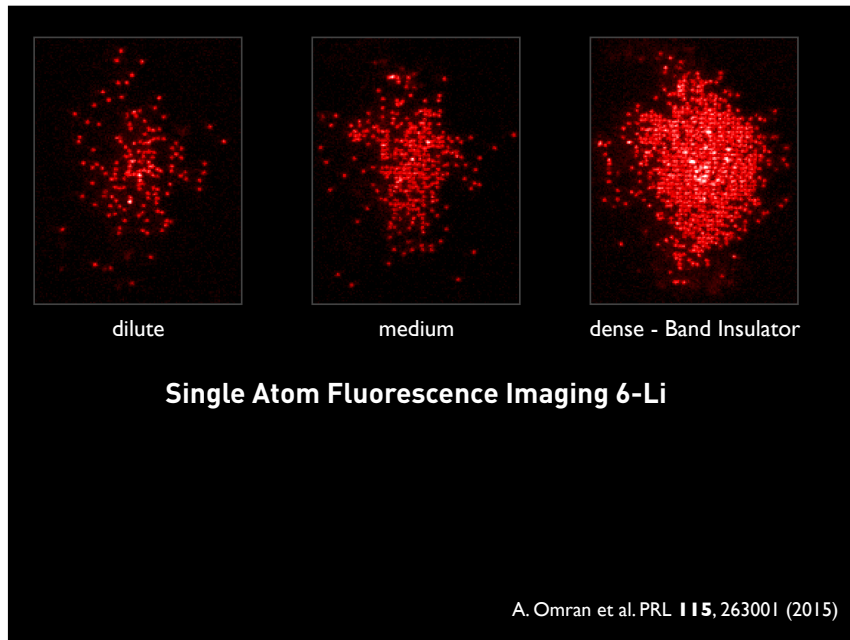
Pinning Spacing 532 nm
Onsite Trap Freq. 1.4 MHz

Li-Microscope

Raman Cooling in Pinning Lattice

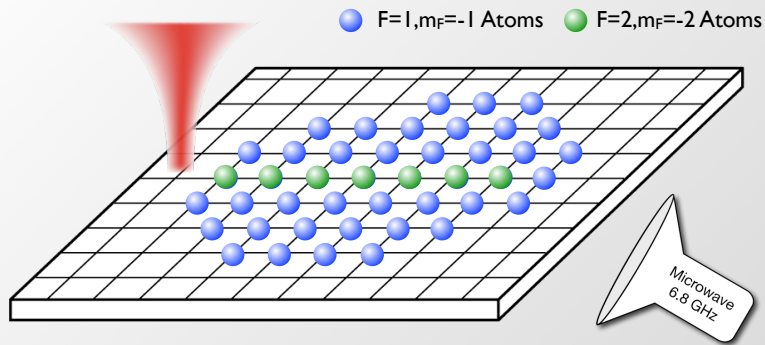


7 kHz Photon Scattering Rate!

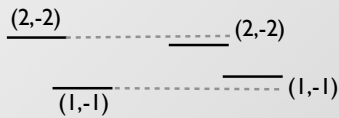


Addressing

Coherent Addressing of Atoms



Differential light shift allows to coherently address single atoms!
Landau-Zener Microwave sweep to coherently convert atoms between spin-states.

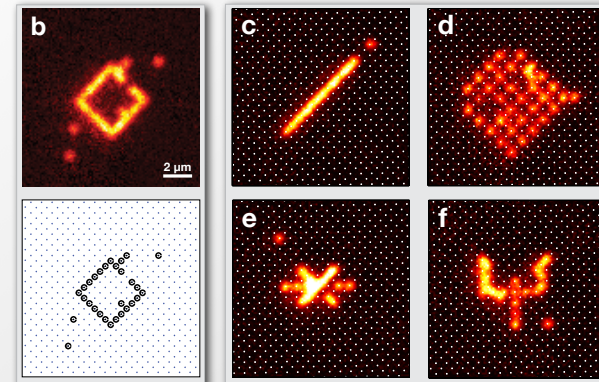


D.S.Weiss et al., PRA (2004),
 Zhang et al., PRA (2006)



Addressing

Coherent Spin Flips - Positive Imaging



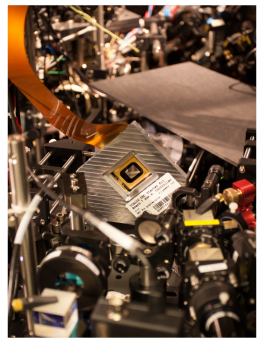
Subwavelength spatial resolution: 50 nm

Ch. Weitenberg et al., Nature 471, 319-324 (2011)

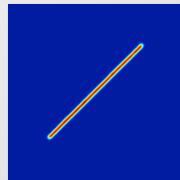
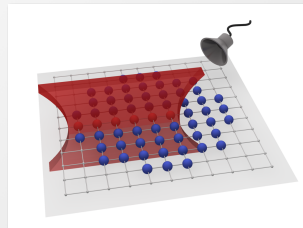


Addressing

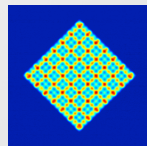
Arbitrary Light Patterns



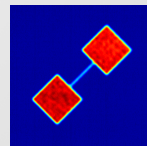
Digital Mirror Device (DMD)



Measured Light Pattern



Exotic Lattices



Quantum Wires



Box Potentials

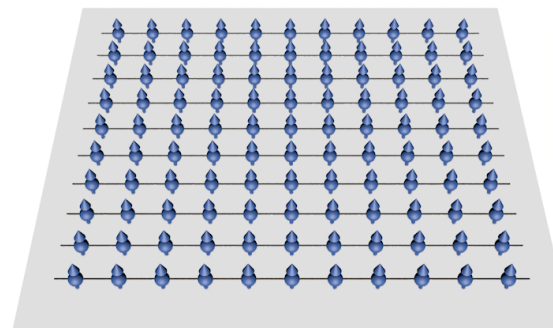
Almost Arbitrary Light Patterns Possible!

Single Spin Impurity Dynamics, Domain Walls, Quantum Wires, Novel Exotic Lattice Geometries, ...



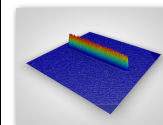
DMD Addressing

Spin impurity dynamics



$|2\rangle = |F=2, m_F=-2\rangle$

$|1\rangle = |F=1, m_F=-1\rangle$



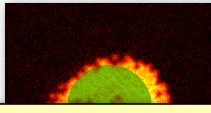
Line-shaped light field created with DMD SLM

T. Fukuhara et al., Nature Physics 9, 235 (2013)





Digital Mirror Device (Size Control)

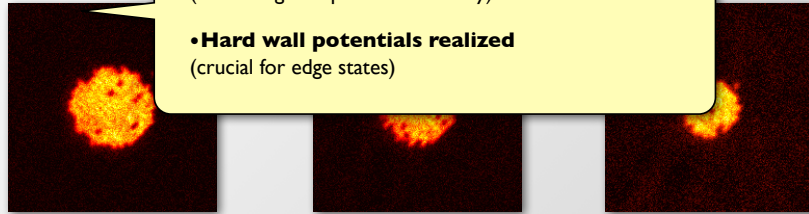


Fluctuating Size and

•Sub Shot Noise Atom Number Preparation

•Geometric & atom number control
(crucial e.g. for quantum criticality)

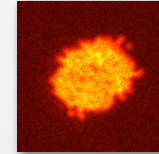
•Hard wall potentials realized
(crucial for edge states)



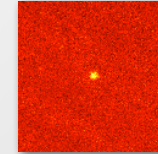
Size & atom number perfectly controlled



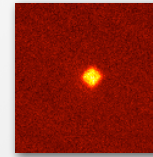
Digital Mirror Device (Size Control)



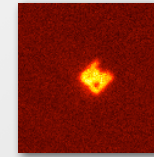
Initial MI



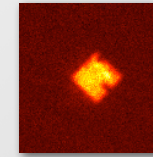
Single Atom



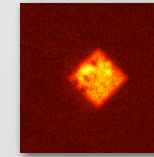
3x3



5x5

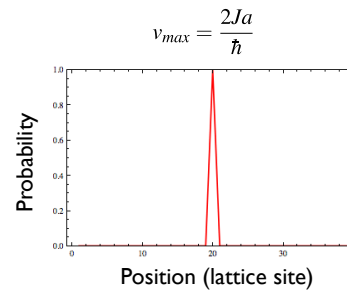
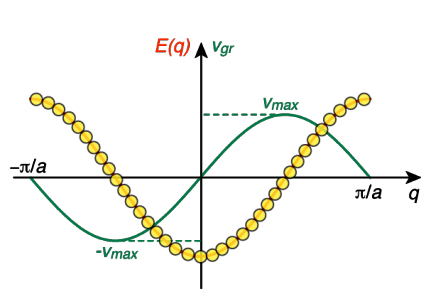


7x7



8x8

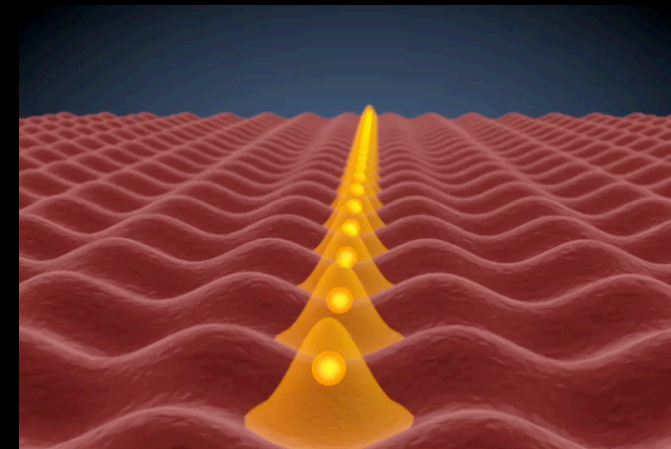
atoms



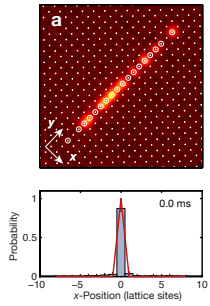
$$H = -J^{(0)} \sum_{\langle i,j \rangle} \hat{a}_i^\dagger \hat{a}_j + \sum_i \frac{1}{2} m \omega_{lat}^2 a_{lat}^2 i^2 \hat{n}_i$$



Single Atom Tunnelling



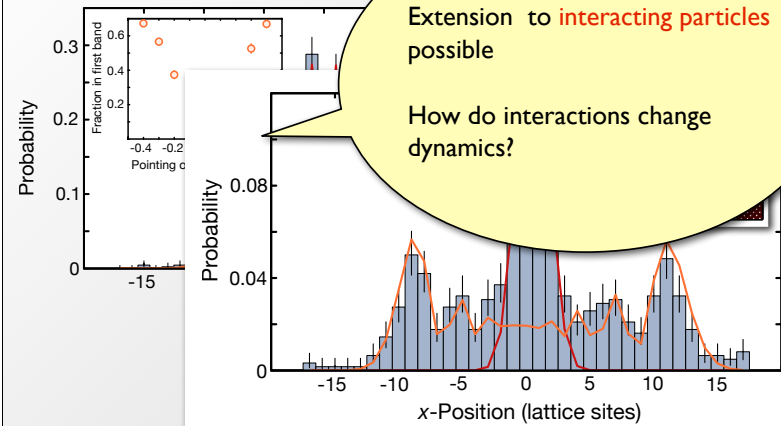
Motional State Affected?



see exp: Y. Silberberg (photonic waveguides), D. Meschede & R. Blatt (quantum walks)...



Quantum Tunneling



Excellent agreement with simulation.



Light-Cone Like Spreading of Correlations in a Many-Body System

M. Cheneau, P. Barmettler, D. Poletti, M. Endres, P. Schauß, T. Fukuhara, Ch. Gross, I. Bloch, C. Kollath, S. Kuhr

M. Cheneau et al., Nature **481**, 484 [2012]
 T. Langen et al. Nat. Physics **9**, 640 [2013]
 P. Jurcevic et al. Nature [2014], Ph. Richerme et al. Science [2014]

www.quantum-munich.de

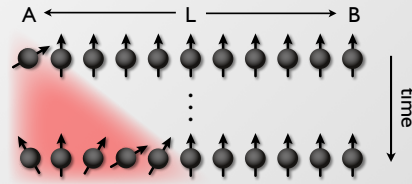
Lieb-Robinson bounds

Spin chain
 short-range interactions



Lieb-Robinson bounds

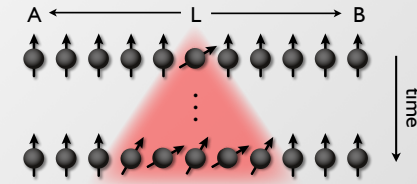
Spin chain
short-range interactions



Lieb and Robinson (1972)
$$|[A, B(t)]| \leq \lambda \exp\left(\frac{vt-L}{\zeta}\right)$$

Lieb-Robinson bounds

Spin chain
short-range interactions



Bravyi, Hastings and Verstraete (2006)
Calabrese and Cardy (2006)
Eisert and Osborne (2006)
Nachtergaele, Ogata and Sims (2006)
... and many others since then

$$|\langle A(t)B(t) \rangle - \langle A(t) \rangle \langle B(t) \rangle| \leq \lambda' \exp\left(\frac{vt-L/2}{\zeta'}\right)$$

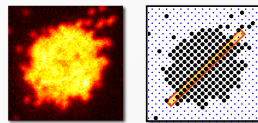
the propagation of correlations is
bounded by an effective light cone

1D Mott insulator out of equilibrium

1. Prepare 1D Mott insulator with $U/J \gg 1$

deep lattice ($20 E_r$)
no tunnelling

variable
lattice depth

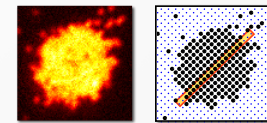


1D Mott insulator out of equilibrium

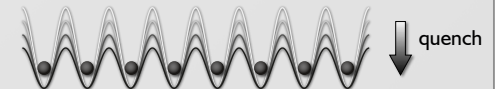
1. Prepare 1D Mott insulator with $U/J \gg 1$

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no tunnelling

variable
lattice depth



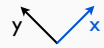
2. Lower U/J abruptly



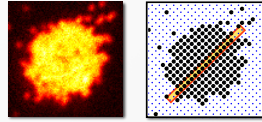
1D Mott insulator out of equilibrium

1. Prepare 1D Mott insulator with $U/J \gg 1$

deep lattice ($20 E_r$)
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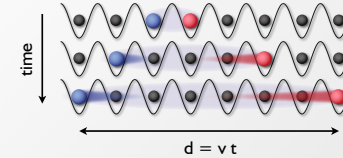


3. Record the dynamics

The initial state is highly excited. Calabrese and Cardy (2006)
Quasiparticles are emitted and propagate ballistically, carrying correlations across the system.

Light-cone like spreading of correlations

• Quasiparticle dynamics



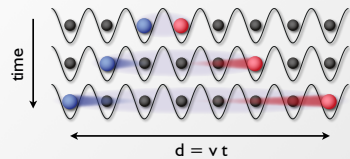
• Two-point parity correlation function

$$C_d(t) = \langle s_j(t)s_{j+d}(t) \rangle - \langle s_j(t) \rangle \langle s_{j+d}(t) \rangle \longrightarrow \begin{cases} \approx 0 & \text{in the initial state} \\ > 0 & \text{when } t \approx d/v \end{cases}$$

$$s_j(t) = e^{i\pi[n_j(t) - \bar{n}]} \begin{cases} +1 & \text{if } \uparrow \downarrow \\ -1 & \text{if } \downarrow \uparrow \text{ or } \uparrow \uparrow \end{cases}$$

Light-cone like spreading of correlations

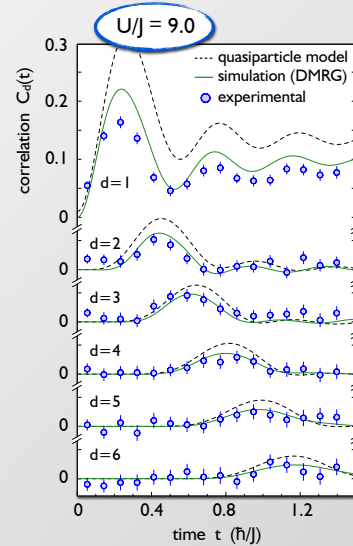
• Quasiparticle dynamics



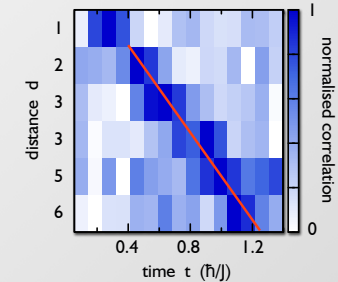
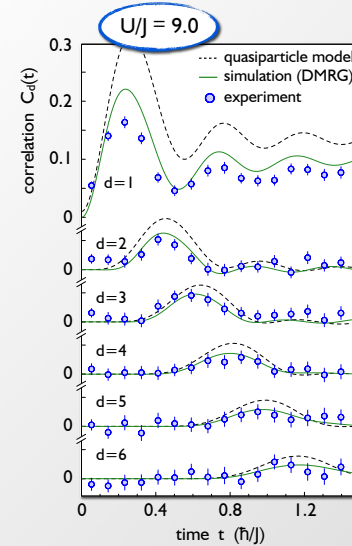
• Two-point parity correlation function

$$C_d(t) = \langle s_j(t)s_{j+d}(t) \rangle - \langle s_j(t) \rangle \langle s_{j+d}(t) \rangle$$

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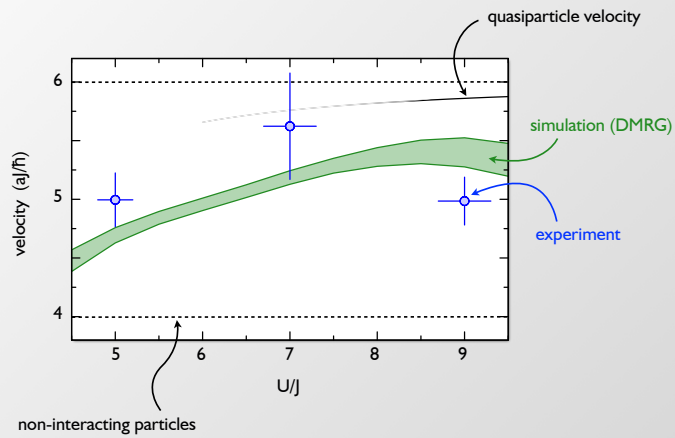


Light-cone like spreading of correlations



effective light-cone!

Spreading velocity



Quantum Matter at Negative Absolute Temperature

S. Braun, J.-P. Ronzheimer, M. Schreiber, S. Hodgman, T. Rom, D. Garbe, IB, U. Schneider

S. Braun et al. Science **339**, 52 (2013)
 A. Mosk, PRL **95**, 040403 (2005), A. Rapp, S. Mandt & A. Rosch, PRL **105**, 220405 (2010)

Negative Temperature Thermodynamic Definition of Temperature

Temperature increases with Energy

Temperature decreases with Energy

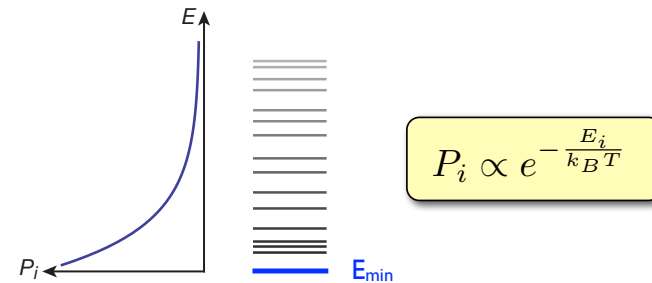
Warning:
 Temperature does not measure energy content!!!

$\frac{1}{T} = \left(\frac{\partial S}{\partial E} \right)$

Thermodynamic theorems apply in negative as well as positive temperature regime!



Negative Temperatures Requirements



For positive temperatures, we require lower energy bound E_{\min} !



Negative Temperatures Requirements

$P_i \propto e^{-\frac{E_i}{k_B(-T)}}$

For negative temperatures, we require upper energy bound E_{\max} !

Negative Temperatures Requirements

A Nuclear Spin System at Negative Temperature
 E. M. PURCELL AND R. V. POUND
 Department of Physics, Harvard University, Cambridge, Massachusetts
 November 1, 1950

Th A NUMBER of special experiments have been performed with a crystal of LiF which, as reported previously, had long been held in a strong field and in the earth's field. The results have shown that the nuclear spins have attained a state of negative temperature.

ARTICLES

Negative Spins

But how to realise in gas of moving atoms, for motional states???

week ending 13 MAY 2011

PRL 106, 195301 (2011)

Patrick Medley, MIT-Harvard Center for Ultracold Atoms, Cambridge, Massachusetts (Received 12 January 2011)

We demonstrate a method in which a magnetic field gradient is applied to an ultracold spin system. This enables preparation of isolated spin distributions at positive and negative effective spin temperatures of ± 50 pK. The spin system can also be used to cool other degrees of freedom.

E.M. Purcell & R.V. Pound, Phys. Rev. **81**, 279 (1955)
 N. Ramsey, Phys. Rev. **103**, 20 (1956)
 M.J. Klein, Phys. Rev. **104**, 589 (1956)
 P. Hakonen & O. Lounasmaa, Science **265**, 1017 (1994)
 P. Medley et al, Phys. Rev. Lett. **106**, 195301 (2011)

Negative Temperature Energy Bounds of the BH Model

$\hat{H} = -J \sum_{\langle i,j \rangle} \hat{a}_i^\dagger \hat{a}_j + \frac{U}{2} \sum_i \hat{n}_i (\hat{n}_i - 1) + V \sum_i \mathbf{R}_i^2 \hat{n}_i$

$U, V < 0$ required for upper energy bound!

Negative Temperature Entropy vs Energy

How do we get there???

Entropy

Energy

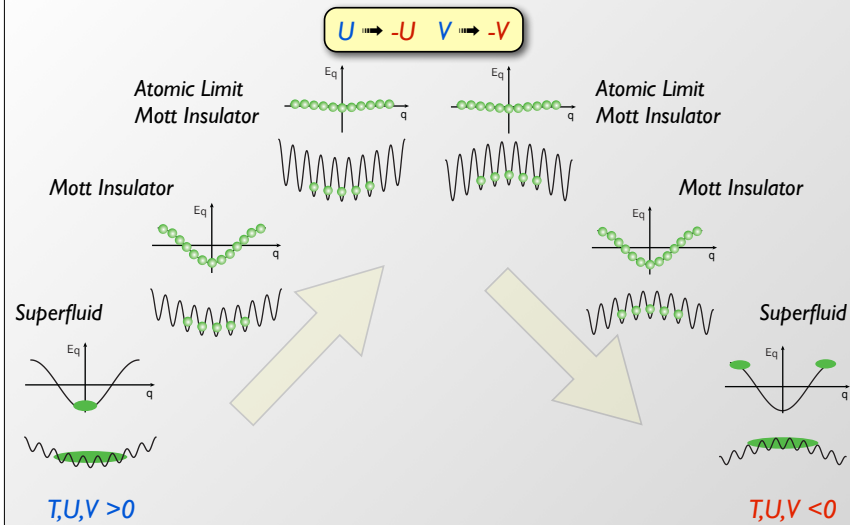
T $+0$ >0 $+\infty$ $-\infty$ <0 -0

$-\beta$ $-\infty$ 0 $+\infty$

S_{\max}

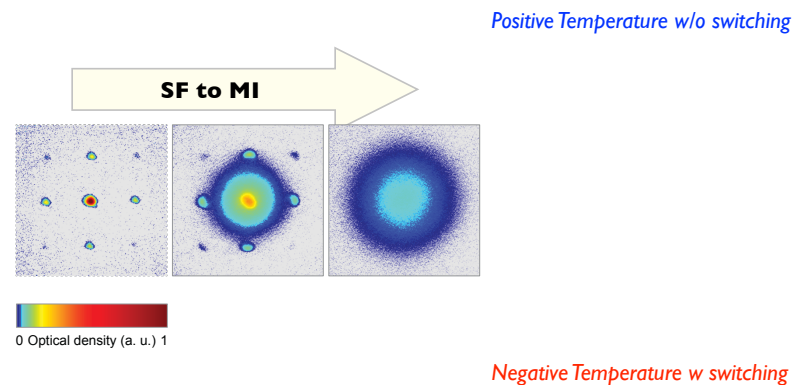
E_{\min} E_{\max}

Experimental Sequence



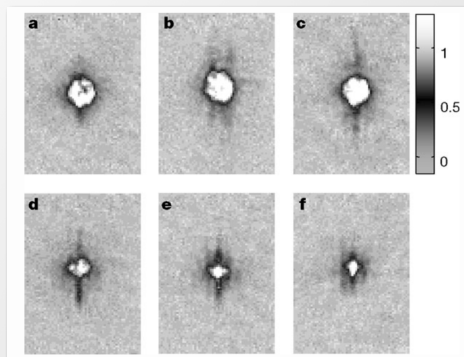
Sequence: A. Rapp, S. Mandt & A. Rosch, PRL (2010)

Experimental Results



Collapse of Condensate

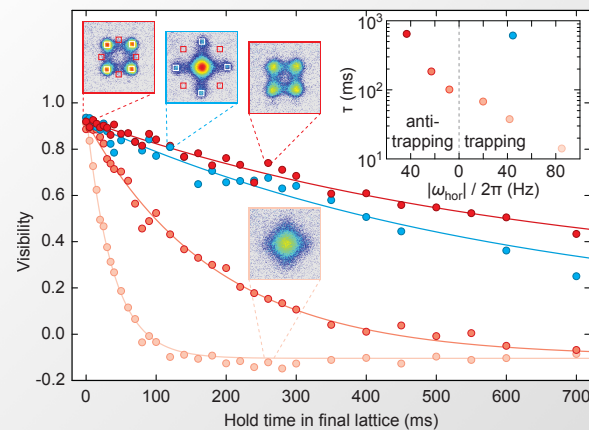
For attractive interactions ($a < 0$), condensate collapses!



E.A. Donley et al. *Nature* **412**, 295-299 (2001)
J. M. Gerton et al. *Nature* **408**, 692 (2000)



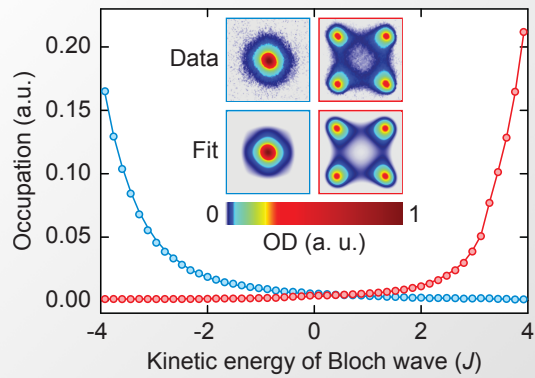
Stability



Negative Temperature State as Stable as Positive Temperature State!



Occupation of Energy States



$$T = -2.2/k_B$$

Kinetic energy well fitted by Bose-Einstein distribution

$$n(q_x, q_y) = \frac{1}{e^{(E_{kin}(q_x, q_y) - \mu)/k_B T} - 1}$$

$$E_{kin}(q_x, q_y) = -2J [\cos(q_x d) + \cos(q_y d)]$$



Implications

Gases with **negative temperature** possess **negative pressure!**

$$\left. \frac{\partial S}{\partial V} \right|_E \geq 0 \quad \text{and} \quad dE = TdS - PdV$$

$$\Rightarrow \left. \frac{\partial S}{\partial V} \right|_E = \frac{P}{T} \geq 0$$

Carnot engines **above unit efficiency!** (but no perpetuum mobile!)

$$\eta = \frac{W}{Q_1} = 1 - \frac{T_2}{T_1}$$

Some statements for the second law of thermodynamics become invalid!



Anti-Friction at Negative Temperature

$T > 0$



Friction:

- ▶ entropy increases
- Medium heats up
- ▶ Particle slows down

$T < 0$



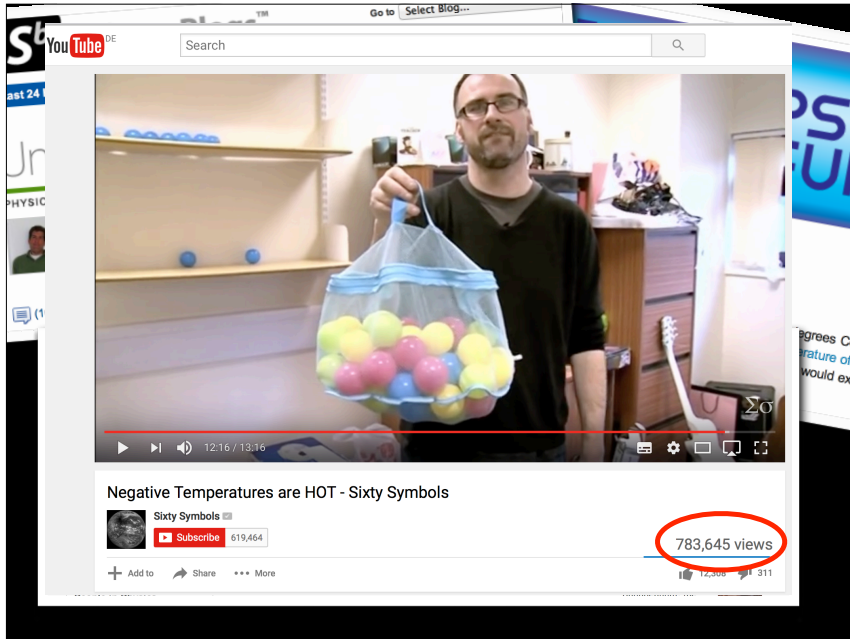
Anti-Friction:

- ▶ entropy increases
- Medium **cools down**
- ▶ Particle **accelerates**

(but direction is randomized in long-term limit)

particle spectrum is assumed to be unbounded





Single Particle in a Periodic Potential - Band Structure (1)

$$H\phi_q^{(n)}(x) = E_q^{(n)}\phi_q^{(n)}(x) \quad \text{with} \quad H = \frac{1}{2m}\hat{p}^2 + V(x)$$


Solved by Bloch waves (periodic functions in lattice period)

$$\phi_q^{(n)}(x) = e^{iqx} \cdot u_q^{(n)}(x)$$

q = Crystal Momentum or Quasi-Momentum
 n = Band index

Plugging this into Schrödinger Equation, gives:

$$H_B u_q^{(n)}(x) = E_q^{(n)} u_q^{(n)}(x) \quad \text{with} \quad H_B = \frac{1}{2m}(\hat{p} + q)^2 + V_{lat}(x)$$



Single Particle in a Periodic Potential - Band Structure (2)

Use Fourier expansion

$$V(x) = \sum_r V_r e^{i2rkx} \quad \text{and} \quad u_q^{(n)}(x) = \sum_l c_l^{(n,q)} e^{i2lkx}$$

yields for the potential energy term


$$V(x)u_q^{(n)}(x) = \sum_l \sum_r V_r e^{i2(r+l)kx} c_l^{(n,q)}$$

and the kinetic energy term

$$\frac{(\hat{p} + q)^2}{2m} u_q^{(n)}(x) = \sum_l \frac{(2\hbar kl + q)^2}{2m} c_l^{(n,q)} e^{i2lkx}$$

In the experiment standing wave interference pattern gives

$$V(x) = V_{lat} \sin^2(kx) = -\frac{1}{4} (e^{2ikx} + e^{-2ikx}) + \text{c.c.}$$



Single Particle in a Periodic Potential - Band Structure (3)

Use Fourier expansion

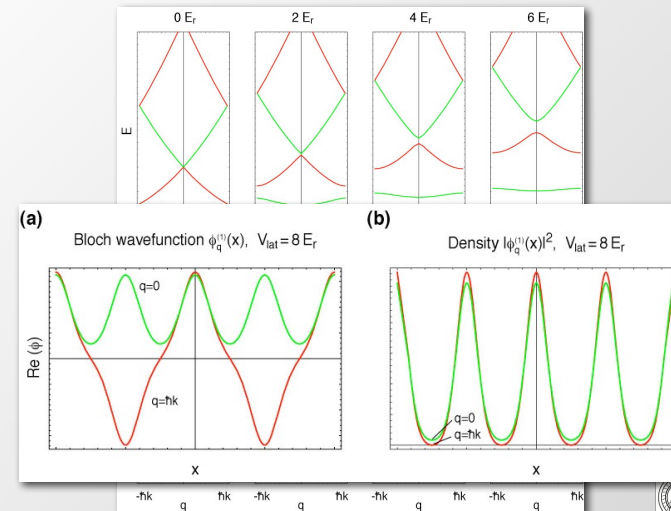
$$\sum_l H_{l,l'} \cdot c_l^{(n,q)} = E_q^{(n)} c_l^{(n,q)} \quad \text{with} \quad H_{l,l'} = \begin{cases} (2l + q/\hbar k)^2 E_r & \text{if } l = l' \\ -1/4 \cdot V_0 & \text{if } |l - l'| = 1 \\ 0 & \text{else} \end{cases}$$

$$\begin{pmatrix} (q/\hbar k)^2 E_r & -\frac{1}{4} V_0 & 0 & 0 & \dots \\ -\frac{1}{4} V_0 & (2 + q/\hbar k)^2 E_r & -\frac{1}{4} V_0 & 0 & \\ 0 & -\frac{1}{4} V_0 & (4 + q/\hbar k)^2 E_r & -\frac{1}{4} V_0 & \\ & & -\frac{1}{4} V_0 & \ddots & \end{pmatrix} \begin{pmatrix} c_0^{(n,q)} \\ c_1^{(n,q)} \\ c_2^{(n,q)} \\ \vdots \end{pmatrix} = E_q^{(n)} \begin{pmatrix} c_0^{(n,q)} \\ c_1^{(n,q)} \\ c_2^{(n,q)} \\ \vdots \end{pmatrix}$$

Diagonalization gives us Eigenvalues and Eigenvectors!



Bandstructure - Blochwaves

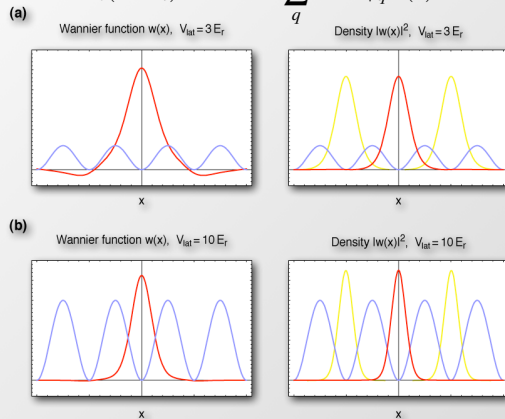


Topic

Wannier Functions

An alternative basis set to the Bloch waves can be constructed through localized wave-functions: **Wannier Functions!**

$$w_n(x - x_i) = \mathcal{N}^{-1/2} \sum_q e^{-iqx_i} \phi_q^{(n)}(x)$$



Dispersion Relation in a Square Lattice

$$E(q) = -2J \cos(qa)$$

