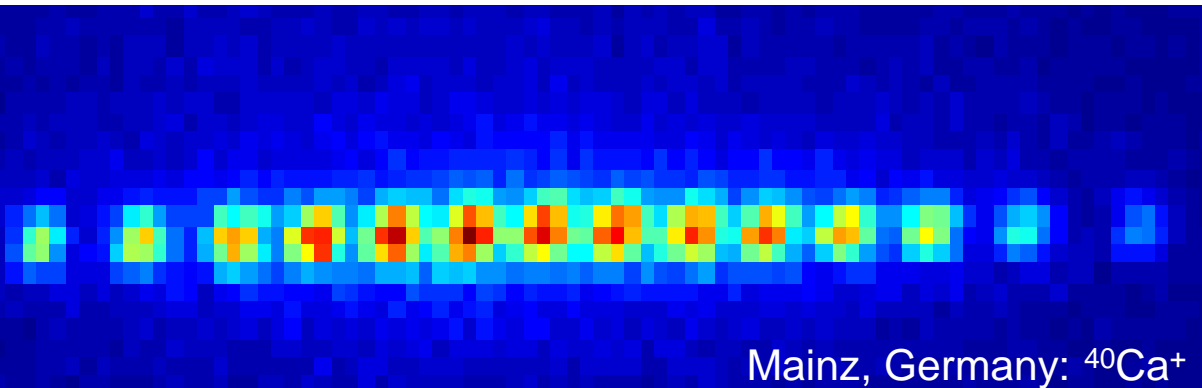


Quantum quantum information and thermodynamics with ions

- Introduction to ion trapping and cooling
- Trapped ions as qubits for quantum computing and simulation
- Qubit architectures for scalable entanglement
- Quantum thermodynamics introduction
- Heat transport, Fluctuation theorems,
- Phase transitions, Heat engines
- Outlook



Mainz, Germany: $^{40}\text{Ca}^+$

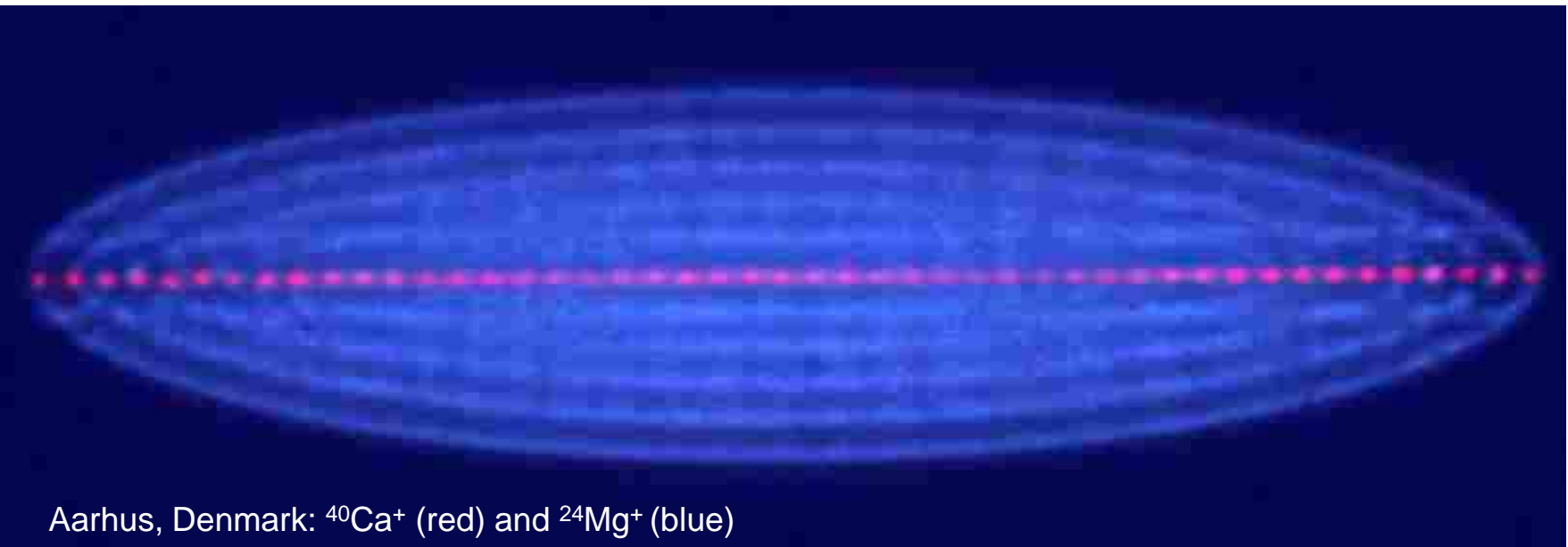
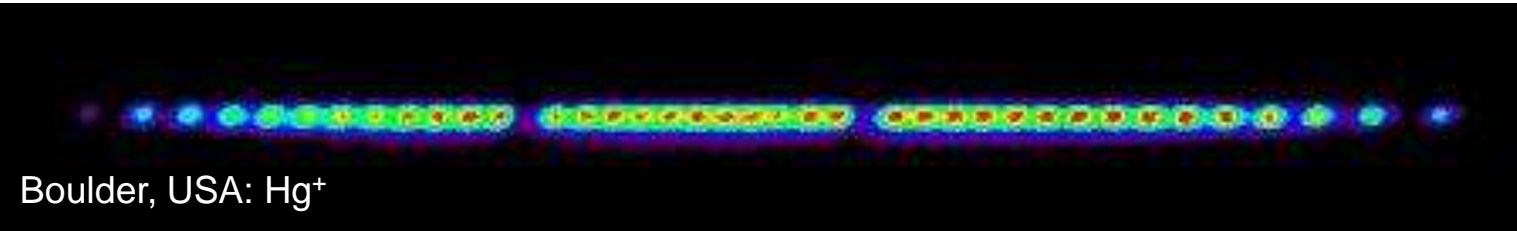
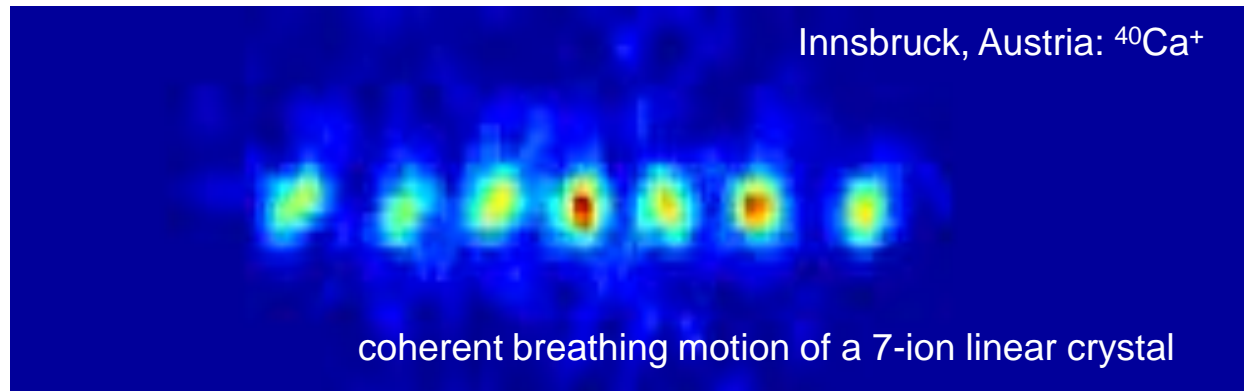
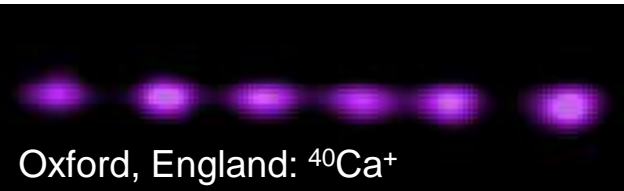
www.quantenbit.de

F. Schmidt-Kaler



JOHANNES GUTENBERG
UNIVERSITÄT MAINZ

Ion Gallery



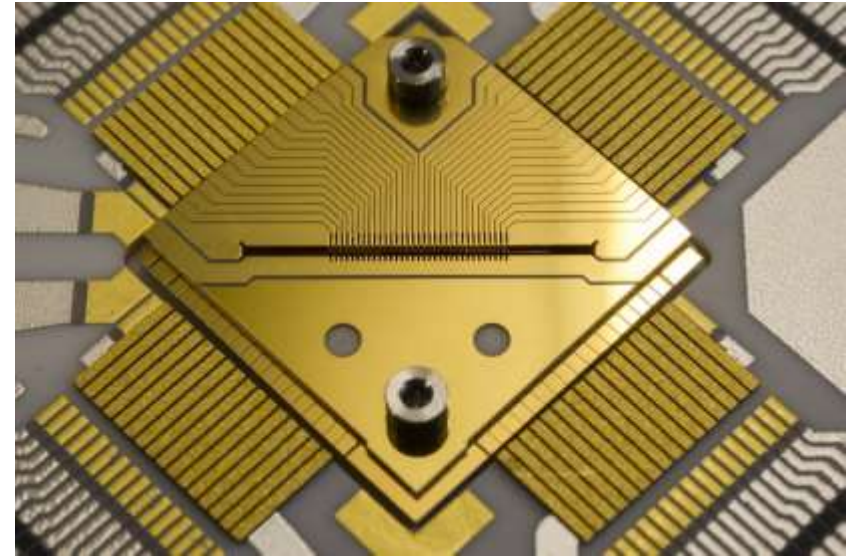
Why using ions?

- Ions in Paul traps were the first sample with which laser cooling was demonstrated and quite some Nobel prizes involve laser cooling...
- A single laser cooled ion still represents one of the best understood objects for fundamental investigations of the interaction between matter and radiation
- Experiments with single ions spurred the development of similar methods with neutral atoms and solid state physics
- Particular advantages of ions are that they are
 - confined to a very small spatial region ($\delta x < \lambda$)
 - controlled and measured at will for experimental times of days
 - strong, long-range coupling
- Ideal test ground for fundamental experiments
- Further applications for
 - precision measurements
 - thermodynamics with small systems
 - cavity QED
 - quantum sensors
 - quantum computing
 - quantum phase transitions
 - optical clocks
 - exotic matter

Introduction to ion trapping

- Paul trap
- Ion crystals
- Eigenmodes of a linear ion crystal
- Non-harmonic contributions

Modern segmented micro Paul trap

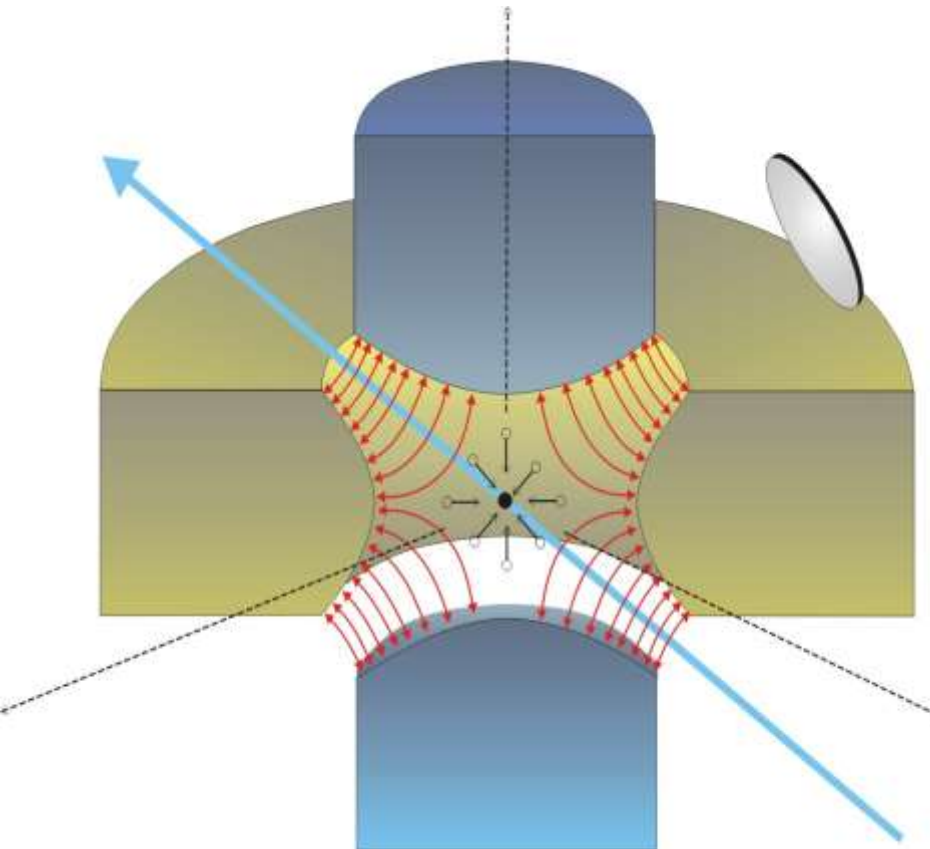


Traditional Paul trap



Dynamic confinement in a Paul trap

Invention of the Paul trap



Wolfgang Paul (Nobel prize 1989)



DK 537.534.3 535.336.2

FORSCHUNGSBERICHTE DES WIRTSCHAFTS- UND VERKEHRSMINISTERIUMS NORDRHEIN-WESTFALEN

Herausgegeben von Staatssekretär Prof. Dr. h. c. Dr. E. h. Leo Brandt

Nr. 415

Prof. Dr.-Ing. Wolfgang Paul
Dr. rer. nat. Otto Osberghaus
Dipl.-Phys. Erhardt Fischer

Physikalisches Institut der Universität Bonn

Ein Ionenkäfig



Als Manuskript gedruckt



WESTDEUTSCHER VERLAG / KÖLN UND OPLADEN

1958

Binding in three dimensions

Electrical quadrupole potential $\Phi(\vec{r}) = \Phi_0 \cdot \sum \alpha_i (r_i/\tilde{r})^2, \quad i = x, y, z$

Binding force for charge Q $\vec{F}(\vec{r}) = Q \vec{E}(\vec{r}) = -Q \vec{\nabla} \Phi$ trap size: \tilde{r}

leads to a harmonic binding: $\vec{F}(\vec{r}) \sim \vec{r}$

Ion confinement requires a focusing force in 3 dimensions, but

Laplace equation requires $\vec{\nabla}^2 \Phi = (\partial^2/\partial x^2 + \partial^2/\partial y^2 + \partial^2/\partial z^2)\Phi = 0$

such that at least one of the coefficients α_i is **negative**,
e.g. **binding** in x- and y-direction but **anti-binding** in z-direction !

no static trapping in 3 dimensions

Dynamical trapping: Paul's idea

time depending potential $\Phi(\vec{r}, t) = \Phi_0(t) \cdot (x^2 + y^2 - 2z^2)$

with $\Phi_0(t) = (U + V \cos(\Omega_{RF}t)) / \tilde{r}^2$

leads to the equation of motion for a particle with charge Q and mass m

$$\ddot{r}_i + \frac{2\alpha_i Q}{m r_0^2} \frac{U + V \cos(\Omega_{RF}t)}{\tilde{r}^2} r_i = 0, \quad \alpha_{x,y} = 1, \alpha_z = 2,$$

takes the standard form of the *Mathieu* equation
(linear differential equ. with time depending coefficients)

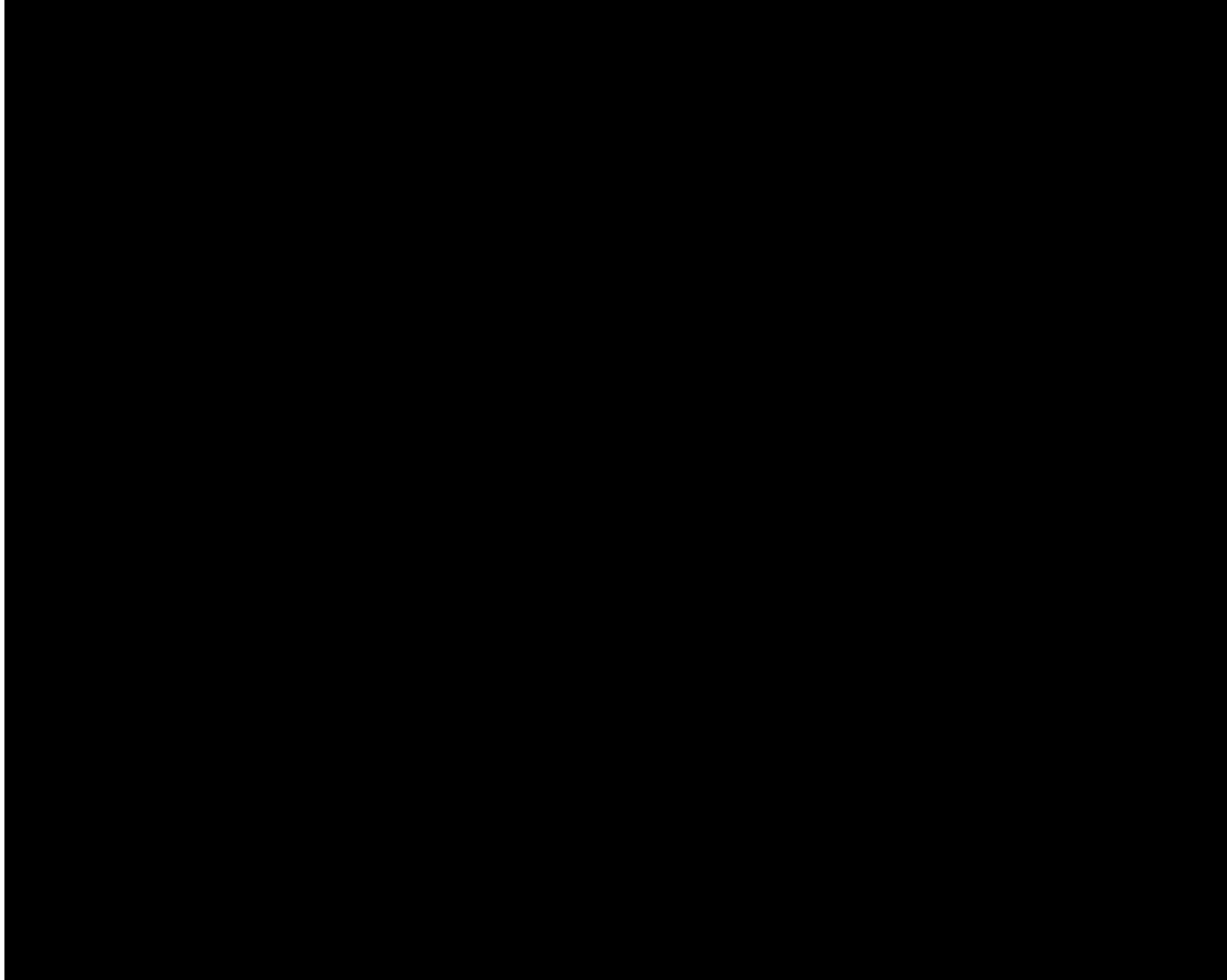
$$\frac{d^2 u}{d\tau^2} + (a + 2q \cos(2\tau))u = 0$$

with substitutions

$$a_z = -2a_r = -\frac{8QU}{m\tilde{r}^2\Omega_{RF}^2} \quad q_z = -2q_r = -\frac{4QV}{m\tilde{r}^2\Omega_{RF}^2}$$

radial and axial trap radius $\tilde{r}^2 = r_0^2 + 2z_0^2$ $\tau = \frac{1}{2}\Omega_{RF}t$

Theodor Hänsch's video celebrating Wolfgang Paul invention



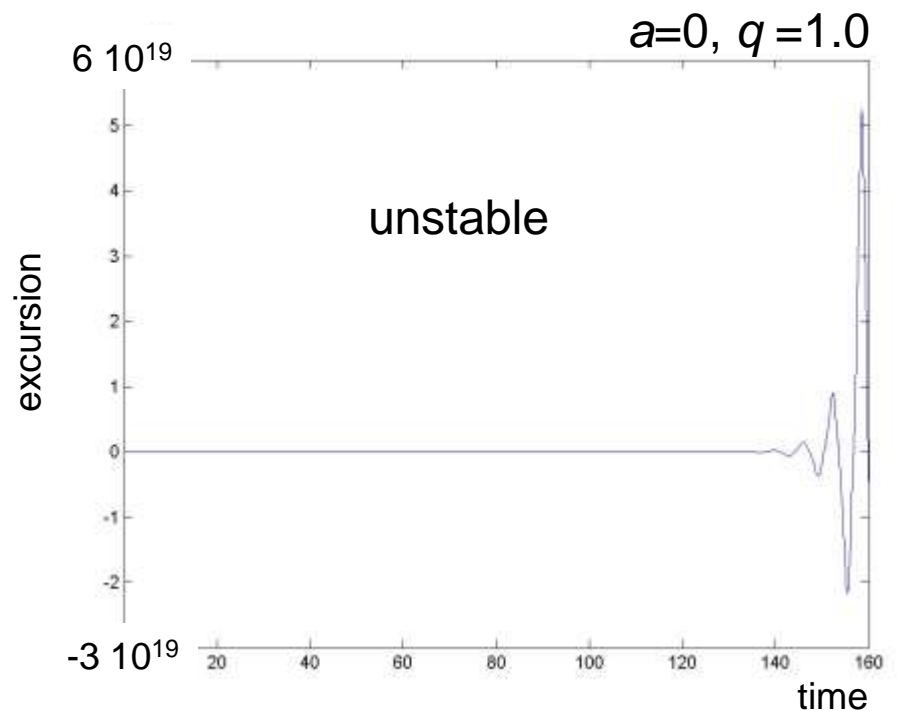
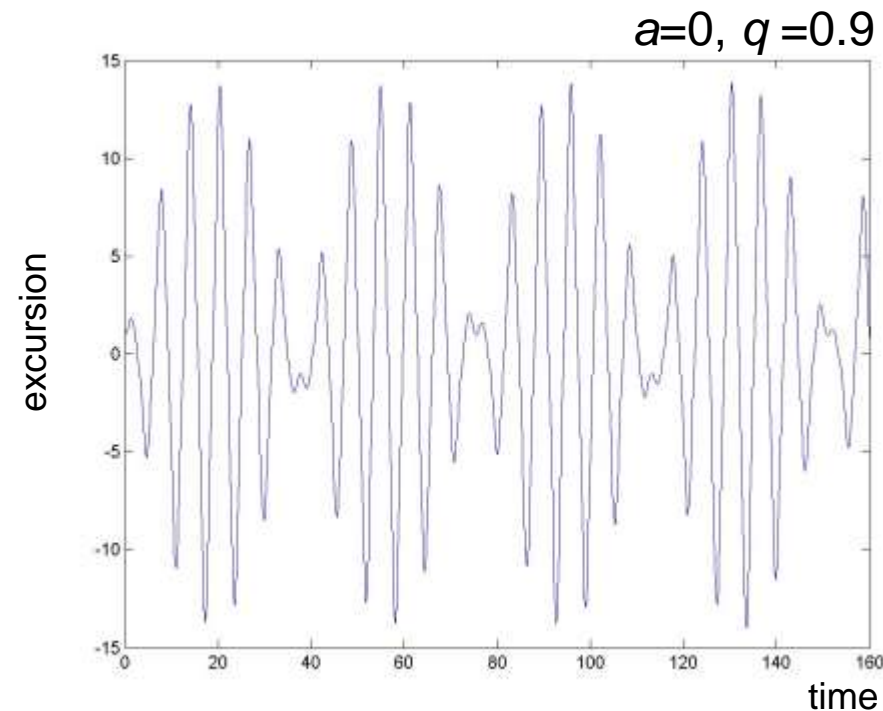
Regions of stability

time-periodic diff. equation leads to Floquet Ansatz

$$x(\tau) = Ae^{+i\mu\tau} \phi(\tau) + Be^{-i\mu\tau} \phi(\tau), \quad \phi(\tau) = \phi(\tau + \pi) = \sum c_n e^{2in\tau}$$

If the exponent μ is purely real, the motion is bound,
if μ has some imaginary part x is exponentially growing and the motion is unstable.

The parameters a and q determine if the motion is stable or not.
Find solution analytically (complicated) or numerically:



3-Dim. Paul trap stability diagram

for $a \ll q \ll 1$ exist approximate solutions

$$r_i(t) = r_1^0 \cos(\omega_1 t + \phi_i) \left(1 + \frac{q_i}{2} \cos(\Omega_{RF} t)\right)$$

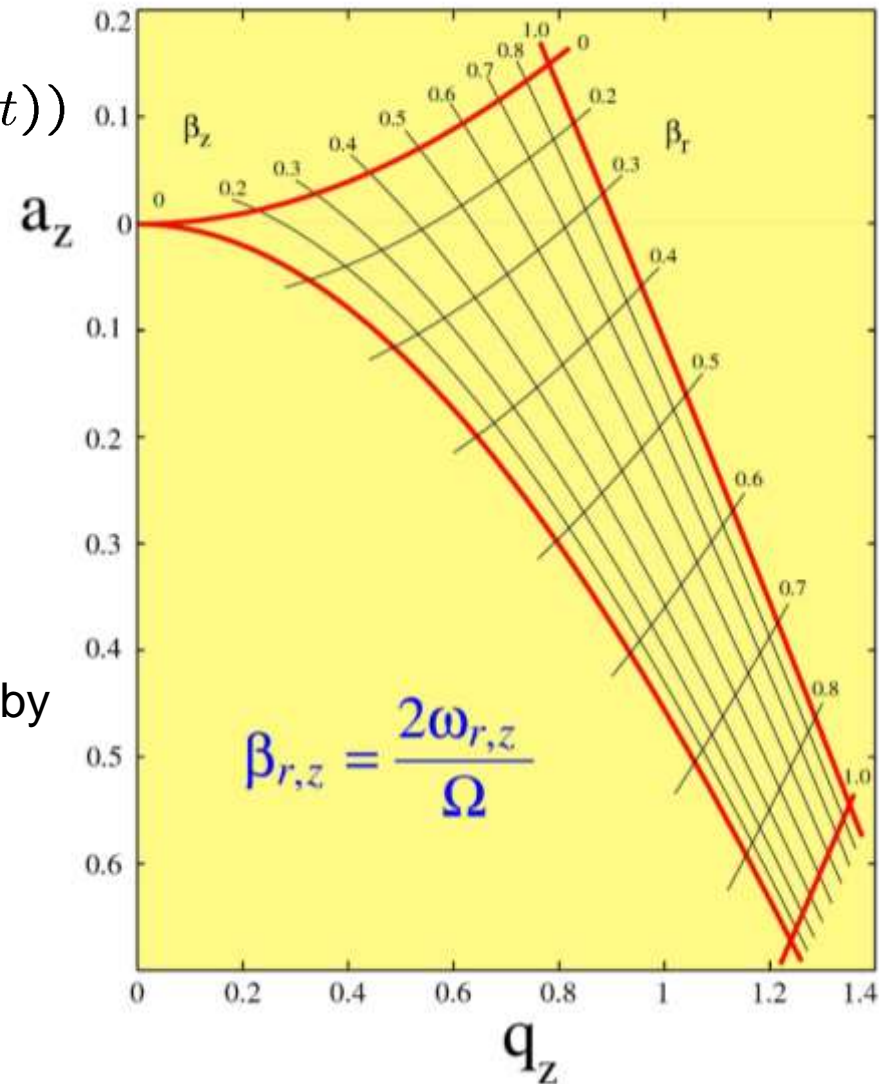
$$\omega_i = \beta_i \frac{\Omega_{RF}}{2}$$

$$\beta_i = \sqrt{a_i + \frac{q_i}{2}}$$

The 3D harmonic motion with frequency ω_i can be interpreted, approximated, as being caused by a **pseudo-potential** Ψ

$$Q\Psi = \frac{1}{2} \sum m \omega_i^2 r_i^2, \quad i = x, y, z$$

→ leads to a quantized harmonic oscillator



Pseudo potential approximation:

RMP 75, 281 (2003), NJP 14, 093023 (2012), PRL 109, 263003 (2012)

Real 3-Dim. Paul traps

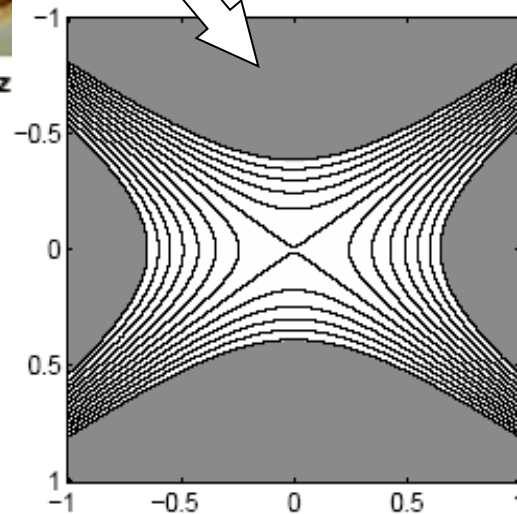
ideal 3 dim. Paul trap with equi-potential surfaces formed by copper electrodes



Fig. 6 quadrupole trap from Mainz

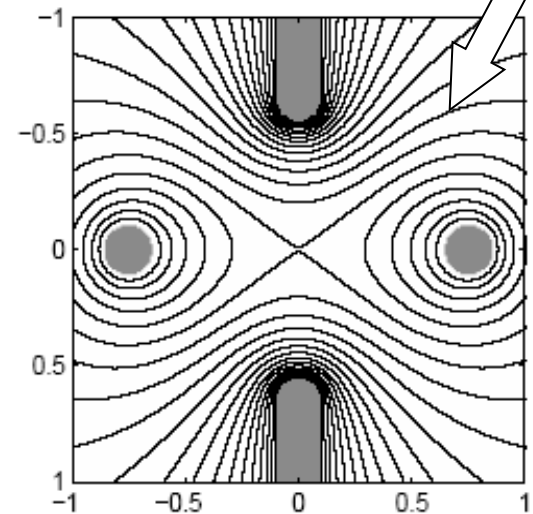
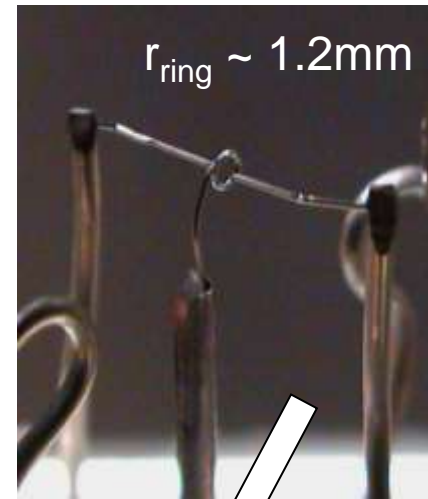
RMP 82, 2609 (2010)

numerical calculation
of equipotential lines



similar potential
near the center

non-ideal surfaces



Equipotential lines of a quadrupole potential (left plot) and an approximate quadrupole potential (right). Both potentials have a cylindrical symmetry. The horizontal axis corresponds to the radial direction, the vertical axis is the symmetry axis. The electrode structure shown in the right plot is the one used for the experiments if length is measured in millimeters. It is composed of a ring electrode and two cylindrical electrodes with hemispheric endcaps.

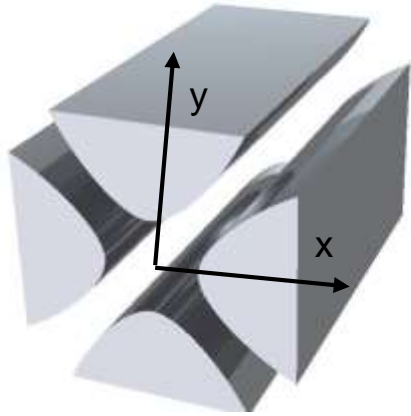
2-Dim. Paul mass filter stability diagram

time depending potential

$$\Phi(x, y, t) = \Phi_0(t) \cdot (x^2 - y^2)$$

with

$$\Phi_0(t) = (U + V \cos(\Omega_{RF} t)) / r_0^2$$



dynamical confinement in the x- y-plane

$$\ddot{x} + (a - 2q \cos(2\tau))x = 0$$

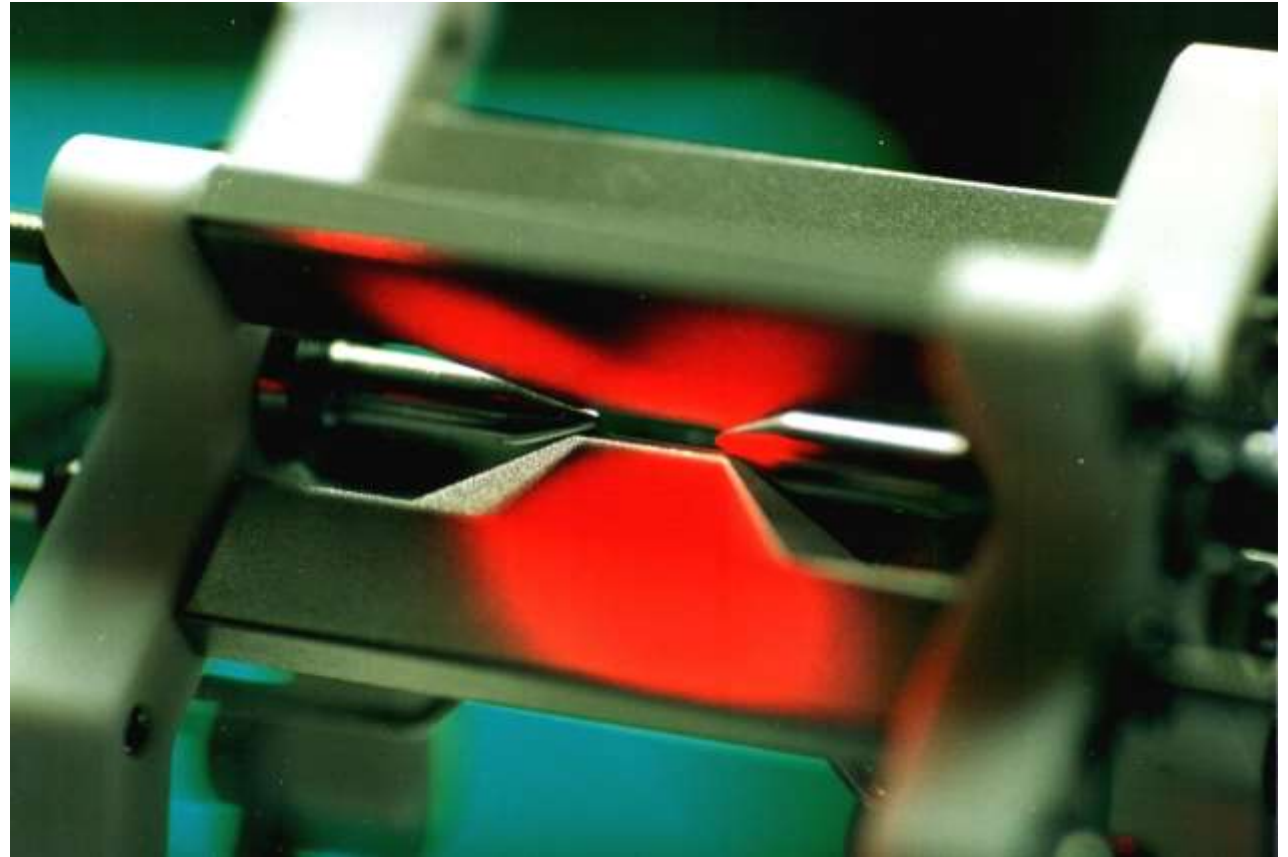
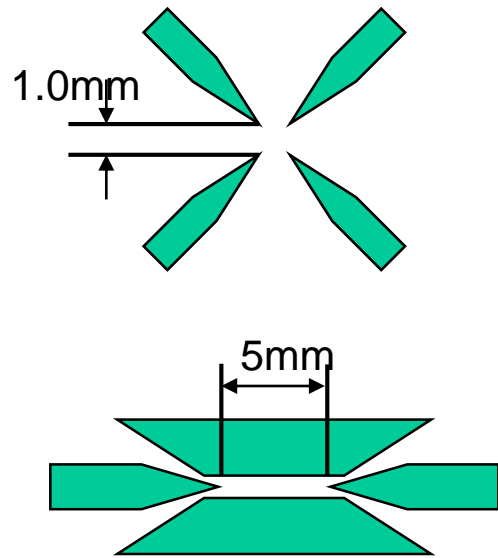
$$\ddot{y} - (a - 2q \cos(2\tau))y = 0$$

with substitutions

$$a_i = -\frac{4QU}{mr_0^2 \Omega_{RF}^2} \quad q_i = -\frac{2QV}{mr_0^2 \Omega_{RF}^2} \quad \tau = \frac{1}{2} \Omega_{RF} t$$

radial trap radius r_0

Innsbruck design of linear ion trap



$$\omega_{axial} \approx 0.7 - 2 \text{ MHz} \quad \omega_{radial} \approx 5 \text{ MHz}$$

$$\text{trap depth} \approx eV$$

*F. Schmidt-Kaler, et al.,
Appl. Phys. B 77, 789 (2003).*

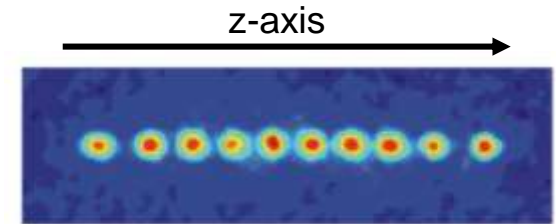
Ion crystals:
Equilibrium positions and eigenmodes

Equilibrium positions in the axial potential

$$V = \sum_{m=1}^N \frac{1}{2} M \nu^2 x_m(t)^2 + \sum_{\substack{n,m=1 \\ m \neq n}}^N \frac{Z^2 e^2}{8\pi\epsilon_0} \frac{1}{|x_n(t) - x_m(t)|},$$

trap potential

mutual ion repulsion



find equilibrium positions x^0 : $x_m(t) \approx x_m^{(0)} + q_m(t)$ ions oscillate with $q(t)$ around

condition for equilibrium: $(\partial V / \partial x_m)_{x_m=x_m^{(0)}} = 0$

dimensionless positions $u_m = x_m^{(0)} / l$ with length scale $l^3 = \frac{Z^2 e^2}{4\pi\epsilon_0 M \omega_{ax}^2}$

$^{40}\text{Ca}^+$ at 1 MHz $\rightarrow 4.5 \mu\text{m}$

$$\longrightarrow u_m - \sum_{n=1}^{m-1} \frac{1}{(u_m - u_n)^2} + \sum_{n=m+1}^N \frac{1}{(u_m - u_n)^2} = 0$$

$(m = 1, 2, \dots, N).$

Equilibrium positions in the axial potential

$$u_m - \sum_{n=1}^{m-1} \frac{1}{(u_m - u_n)^2} + \sum_{n=m+1}^N \frac{1}{(u_m - u_n)^2} = 0$$

u_m ← force of the trap potential
 $\frac{1}{(u_m - u_n)^2}$ ← Coulomb force of all ions from left side
 $\frac{1}{(u_m - u_n)^2}$ ← Coulomb force of all ions from right side
 $(m = 1, 2, \dots, N)$

set of N equations for u_m

```
(* N=5 *)
Clear[a, a1, a2, a3, a4, a5, a6, a7, a8, a9, a10]
(*lösche*)
a = Table[{a1, a2, a3, a4, a5, a6, a7, a8, a9, a10}, {1, 5}];
(*Tabelle*)
equ5 = Table[Sum[1/(a[[m]] - a[[n]]^2), {n, 1, m-1}] + Sum[1/(a[[m]] - a[[n]]^2), {n, m+1, 5}], {m, 1, 5}];
(*summiere*)
aa5 = Timing[FindRoot[equ5, {a1, -10}, {a2, -1}, {a3, 0.1}, {a4, 1}, {a5, 10}]]
(*Dauer | ermittelte Nullstelle*)
```

numerical solution (Mathematica),
e.g. $N=5$ ions

```
{a1 -> -1.7429, a2 -> -0.822101, a3 -> 1.2717*10^-17, a4 -> 0.822101, a5 -> 1.7429}
```

$$\left\{ a1 + \frac{1}{(a1 - a2)^2} + \frac{1}{(a1 - a3)^2} + \frac{1}{(a1 - a4)^2} + \frac{1}{(a1 - a5)^2}, a2 - \frac{1}{(a1 - a2)^2} + \frac{1}{(a2 - a3)^2} + \frac{1}{(a2 - a4)^2} + \frac{1}{(a2 - a5)^2}, a3 - \frac{1}{(a1 - a3)^2} - \frac{1}{(a2 - a3)^2} + \frac{1}{(a3 - a4)^2} + \frac{1}{(a3 - a5)^2}, \right.$$

$$a4 - \frac{1}{(a1 - a4)^2} - \frac{1}{(a2 - a4)^2} - \frac{1}{(a3 - a4)^2} + \frac{1}{(a4 - a5)^2}, a5 - \frac{1}{(a1 - a5)^2} - \frac{1}{(a2 - a5)^2} - \frac{1}{(a3 - a5)^2} - \frac{1}{(a4 - a5)^2} \left. \right\}$$

```
{0.01 Second, {a1 -> -1.7429, a2 -> -0.822101, a3 -> 1.2717*10^-17, a4 -> 0.822101, a5 -> 1.7429}}
```

$$aa5[[2]][[2]][[2]]$$

$$-0.822101$$

$$abs5 = Table[aa5[[2]][[i]][[2]], {i, 1, 5}]$$

$$\{-1.7429, -0.822101, 1.2717 \times 10^{-17}, 0.822101, 1.7429\}$$

equilibrium positions

-1.74

-0.82

0

+0.82

+1.74

Eigenmodes and Eigenfrequencies

Lagrangian of the axial ion motion: $L = T + V$ describes small excursions around equilibrium positions

$$= \frac{M}{2} \sum_{m=1}^N (\dot{q}_m)^2 - \frac{1}{2} \sum_{m,n=1}^N q_n q_n \left(\frac{\partial^2 V}{\partial x_n \partial x_m} \right)_0 + \dots$$

$$= \frac{M}{2} \left(\sum_{m=1}^N \dot{q}_m^2 - \omega_{ax}^2 \sum_{m,n=1}^N A_{nm} q_n q_n \right)$$

D. James, Appl. Phys. B 66, 181 (1998)

$$\text{with } A_{mn} = 1 + 2 \sum_{\substack{n \neq m \\ n=0}}^N \frac{1}{|u_m - u_n|^3} \quad \text{if } m = n$$

$$\text{and } A_{mn} = -\frac{2}{|u_m - u_n|^3} \quad \text{if } m \neq n$$

linearized Coulomb interaction leads to Eigenmodes, but the next term in Taylor expansion leads to mode coupling, which is however typically very small.

C. Marquet, et al., Appl. Phys. B 76, 199 (2003)

Eigenmodes and Eigenfrequencies

numerical solution (Mathematica),
e.g. $N=4$ ions

```
(*      N=4      AXIAL      *)
A4 = Table[
  Tabelle
  If[m != n,
    wenn
    - 2 / Abs[u4[m]] - u4[n]]^3,
    Absolutwert
    1. + 2 Sum[ If[ i != m, 1. / Abs[(u4[m]] - u4[i])^3], 0], {i, 1, 4} ],
    {m, 1, 4}, {n, 1, 4}];
```

Matrix, to diagonalize

```
TableForm[Eigenvectors[A4]]
(* Tabellendarstellung Eigenvektoren *)

freq4 = Sqrt[Eigenvalues[A4]] (* Modenfrequenzen *)
(* Quader Eigenwerte *)

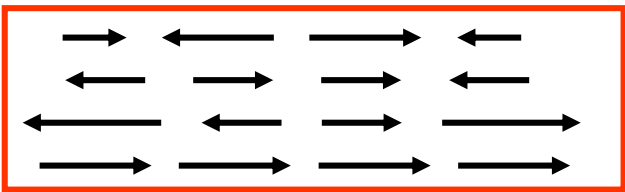
TableForm[A4];
(* Tabellendarstellung *)
```

-0.213213	0.674196	-0.674196	0.213213
0.5	-0.5	-0.5	0.5
-0.674196	-0.213213	0.213213	0.674196
-0.5	-0.5	-0.5	-0.5

{3.05096, 2.41039, 1.73205, 1.}

Eigenvectors

pictorial



Eigenvalues

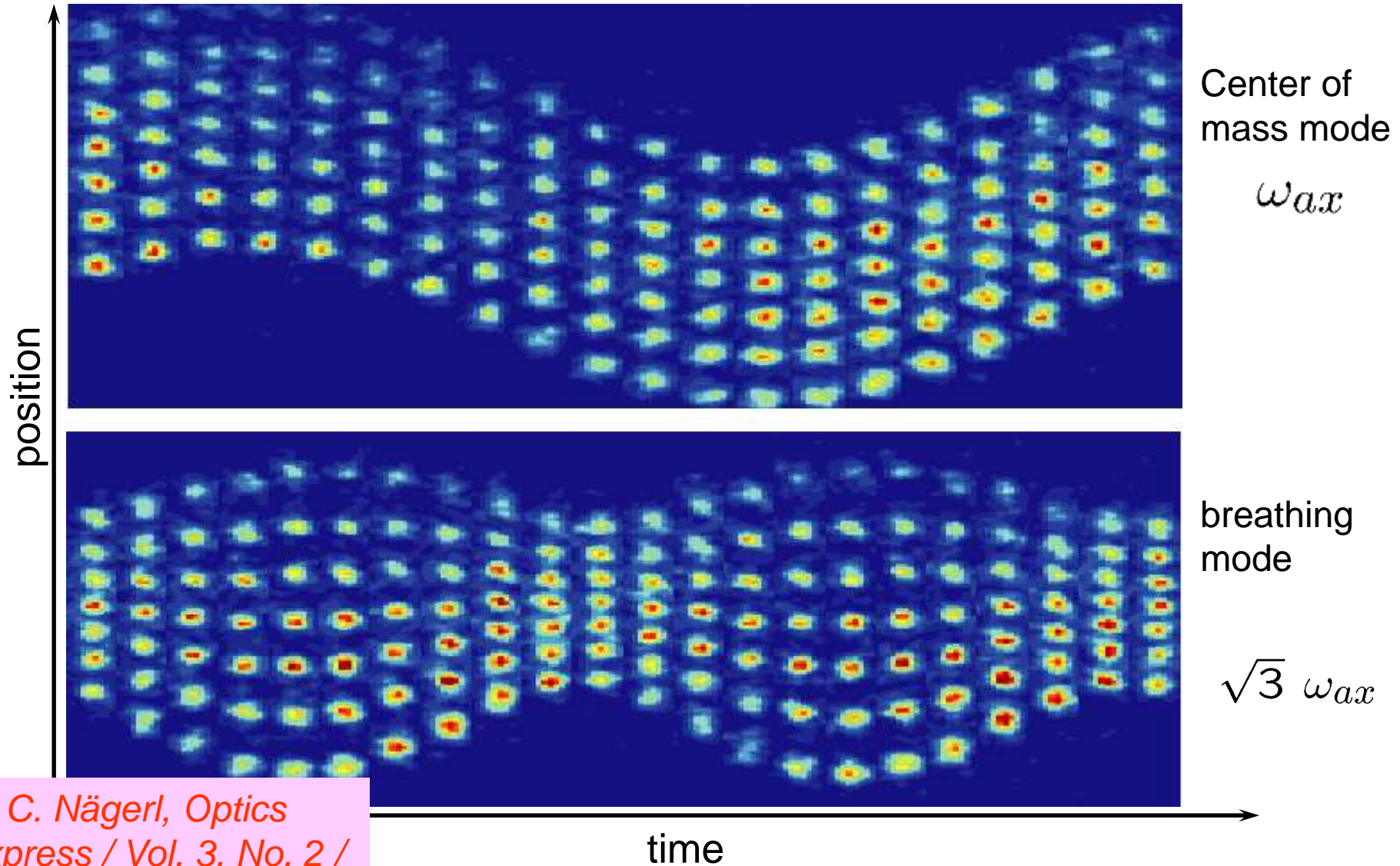
$(3.059 \pm 0.008)\omega_{ax}$ $\sqrt{29/5}\omega_{ax}$ $\sqrt{3}\omega_{ax}$ $1\omega_{ax}$

depends on N

does not

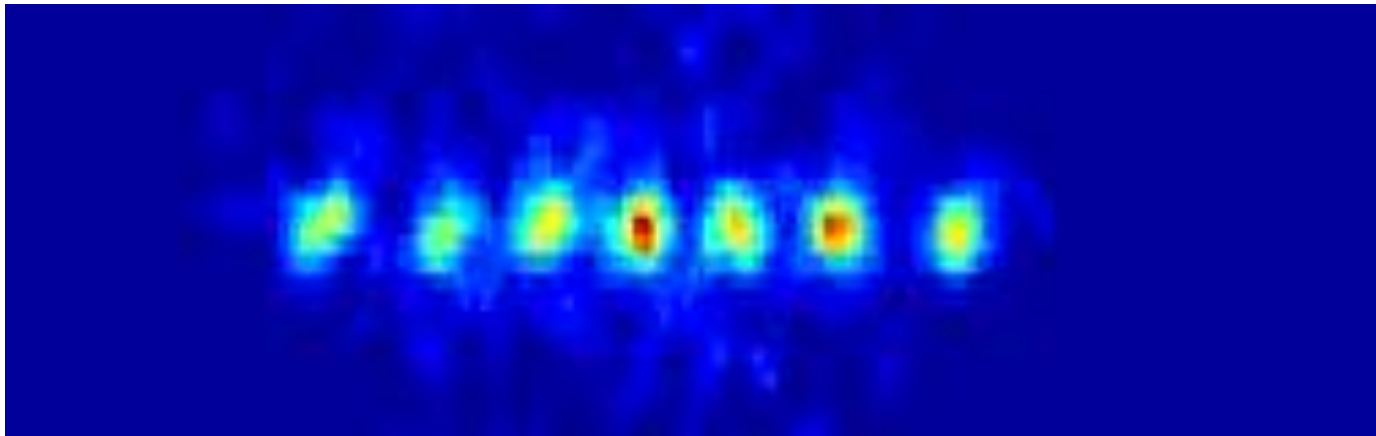
for the radial modes:
Market et al., Appl. Phys. B76, (2003) 199

Common mode excitations



H. C. Nägerl, *Optics Express* / Vol. 3, No. 2 / 89 (1998).

Breathing mode excitation



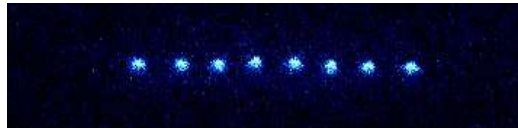
*H. C. Nägerl, Optics
Express / Vol. 3, No. 2 /
89 (1998).*

1D, 2D, 3D ion crystals

- Depends on $\alpha = (\omega_{ax}/\omega_{rad})^2$
- Depends on the number of ions $a_{crit} = cN^\beta$

Wineland et al., J. Res. Natl. Inst. Stand. Technol. 103, 259 (1998)

Enzer et al., PRL 85, 2466 (2000)

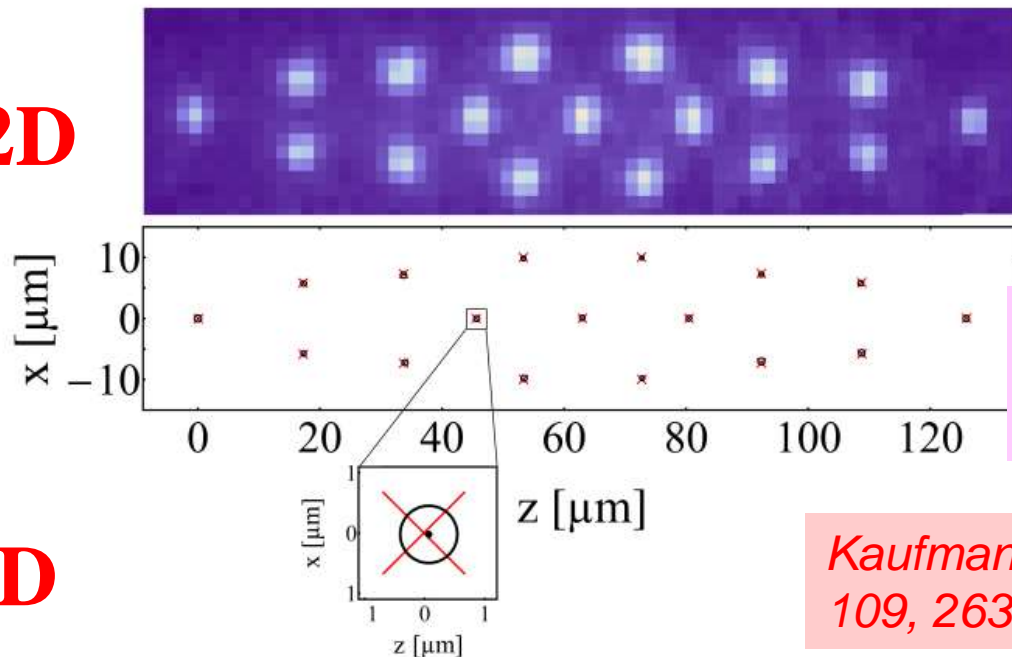


1D

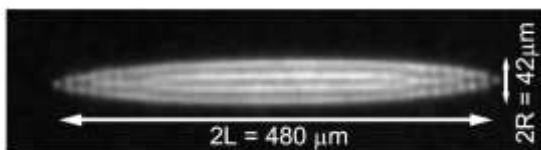
- Generate a planar Zig-Zag when $\omega_{ax} < \omega_{rad}^y \ll \omega_{rad}^x$
- Tune radial frequencies in y and x direction

Planar crystal
equilibrium positions

2D



$\delta x \sim 50 \text{ nm}$
 $\pm 0.25\%$



3D

Kaufmann et al, PRL 109, 263003 (2012)

Ion crystal beyond harmonic approximations

$$H = \sum_{i,\mu} \left(\frac{p_{i\mu}^2}{2m} + \frac{1}{2} m \omega_\mu^2 r_{i\mu}^2 \right) + \frac{1}{2} \sum_{i \neq j} \frac{e^2}{4\pi\epsilon_0} \frac{1}{|\mathbf{r}_i - \mathbf{r}_j|}$$

E_{kin} $U_{\text{pot,harm.}}$ U_{Coulomb}

Marquet, Schmidt-Kaler, James, Appl. Phys. B 76, 199 (2003)

$$H^{(3)} = 3 \frac{z_0}{4l_z} \hbar \omega_z \sum_{n,m,p} \frac{D_{nmp}^{(3)}}{\sqrt[4]{\gamma_n^x \gamma_m^x \lambda_p^z}} (a_n + a_n^\dagger)(a_m + a_m^\dagger)(c_p + c_p^\dagger)$$

$$H^{(4)} = 3 \left(\frac{z_0}{4l_z} \right)^2 \hbar \omega_z \sum_{n,m,p,q} D_{nmpq}^{(4)} \frac{(a_n + a_n^\dagger)(a_m + a_m^\dagger)}{\sqrt[4]{\gamma_n^x \gamma_m^x}} \left[\frac{(a_p + a_p^\dagger)(a_q + a_q^\dagger)}{\sqrt[4]{\gamma_p^x \gamma_q^x}} + \frac{2(b_p + b_p^\dagger)(b_q + b_q^\dagger)}{\sqrt[4]{\gamma_p^y \gamma_q^y}} - \frac{8(c_p + c_p^\dagger)(c_q + c_q^\dagger)}{\sqrt[4]{\lambda_p^z \lambda_q^z}} \right].$$

z_0 wavepacket size

l_z ion distance

γ, λ ion frequencies

$D_{n,m,p}$ coupling matrix

Non-linear couplings in ion crystal

$$H_{\text{eff}}^{(4)} = H_s + H_d$$

$$H_s = \hbar \frac{\Omega_{\text{SI}}}{2} (a_{\text{ZZ}}^\dagger)^2 a_{\text{ZZ}}^2 + \hbar \Delta \omega_{\text{ZZ}} a_{\text{ZZ}}^\dagger a_{\text{ZZ}}$$

Self-interaction

$$H_d = a_{\text{ZZ}}^\dagger a_{\text{ZZ}} \left(\hbar \Omega_{\text{d},2}^x a_2^\dagger a_2 + \hbar \sum_{n=2,3} \Omega_{\text{d},n}^y b_n^\dagger b_n + \Omega_{\text{d},n}^z c_n^\dagger c_n \right)$$

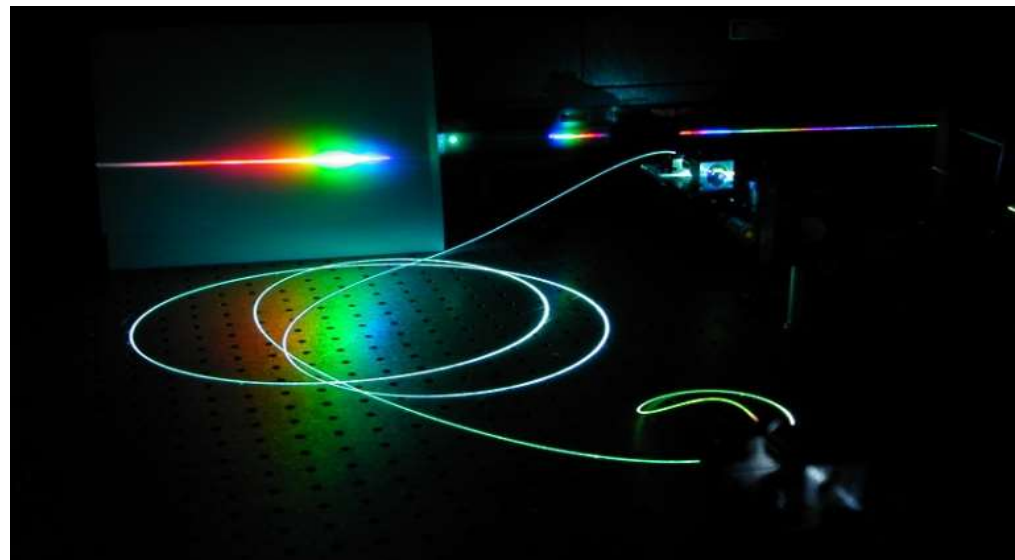
Cross
Kerr coupling

$$H_{\text{res}}^{(3)} = \hbar \Omega_{\text{T}} [a_{\text{ZZ}}^2 c_{\text{str}}^\dagger + (a_{\text{ZZ}}^\dagger)^2 c_{\text{str}}]$$

Resonant inter-mode coupling

.... remind yourself of non-linear optics: frequency doubling, Kerr effect, self-phase modulation,

Lemmer, Cormick, Schmiegelow,
Schmidt-Kaler, Plenio, PRL 114,
073001 (2015)



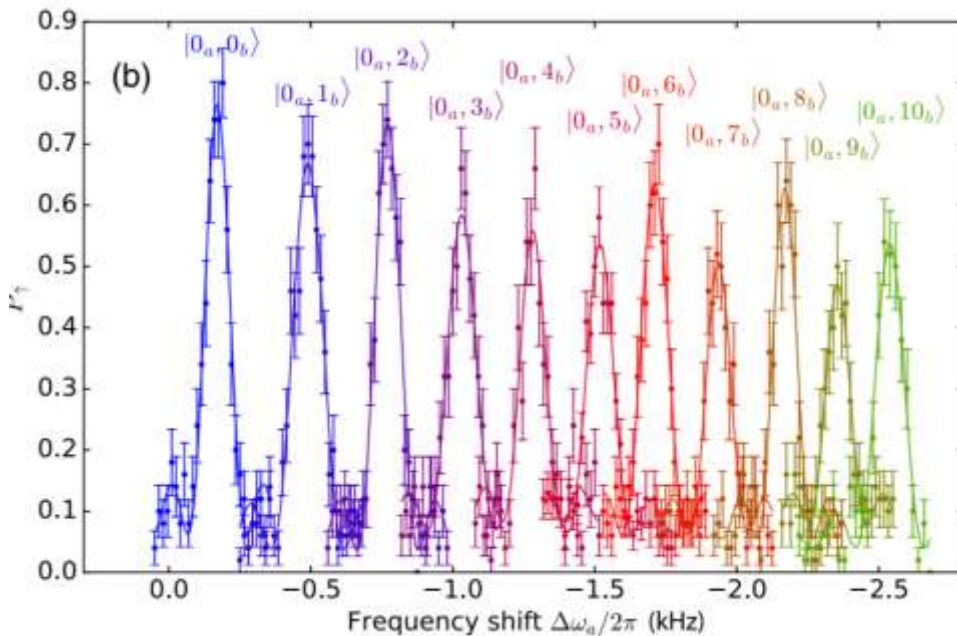
Non-linear couplings in ion crystal

Cross
Kerr coupling

$$H_d = a_{zz}^\dagger a_{zz} \left(\hbar \Omega_{d,2}^x a_2^\dagger a_2 + \hbar \sum_{n=2,3} \Omega_{d,n}^y b_n^\dagger b_n + \Omega_{d,n}^z c_n^\dagger c_n \right)$$

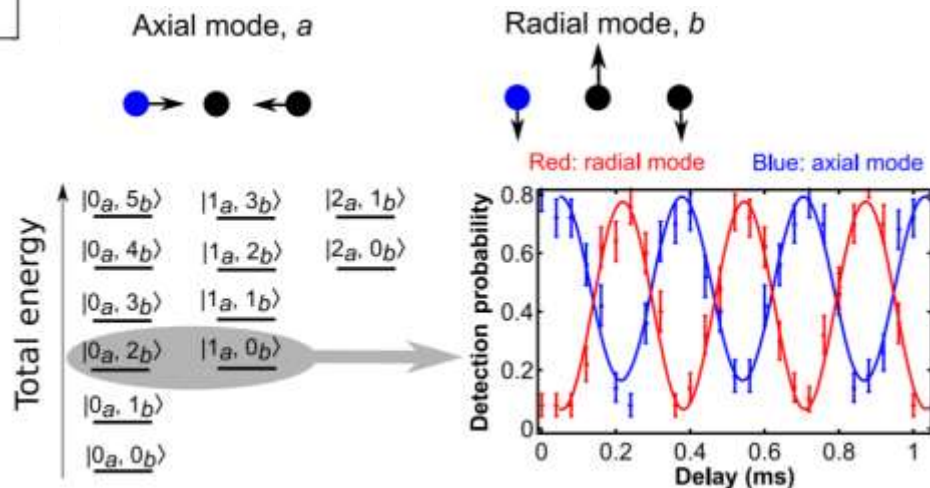
Frequ. of mode a depends
on occupation in mode b

two phonons in mode b generate
one phonon in mode a



Resonant inter-mode coupling

$$H_{\text{res}}^{(3)} = \hbar \Omega_T [a_{zz}^2 c_{\text{str}}^\dagger + (a_{zz}^\dagger)^2 c_{\text{str}}]$$



Basics: Harmonic oscillator

Why? The trap confinement leads to three independent harmonic oscillators !

$$E = E_{kin} + E_{pot} = \frac{\vec{p}^2}{2m} + \frac{m}{2}\omega_{ax}^2 x^2 \quad \text{here only for the linear direction of the linear trap} \rightarrow \text{no micro-motion}$$

treat the oscillator quantum mechanically and introduce a^\dagger and a

$$x = \sqrt{\frac{\hbar}{2m\omega_{ax}}}(a + a^\dagger) \quad p_x = i\sqrt{\frac{\hbar m\omega_{ax}}{2}}(a^\dagger - a)$$

and get Hamiltonian

$$H_{oscillator} = \hbar\omega_{ax}(a^\dagger a + \frac{1}{2})$$

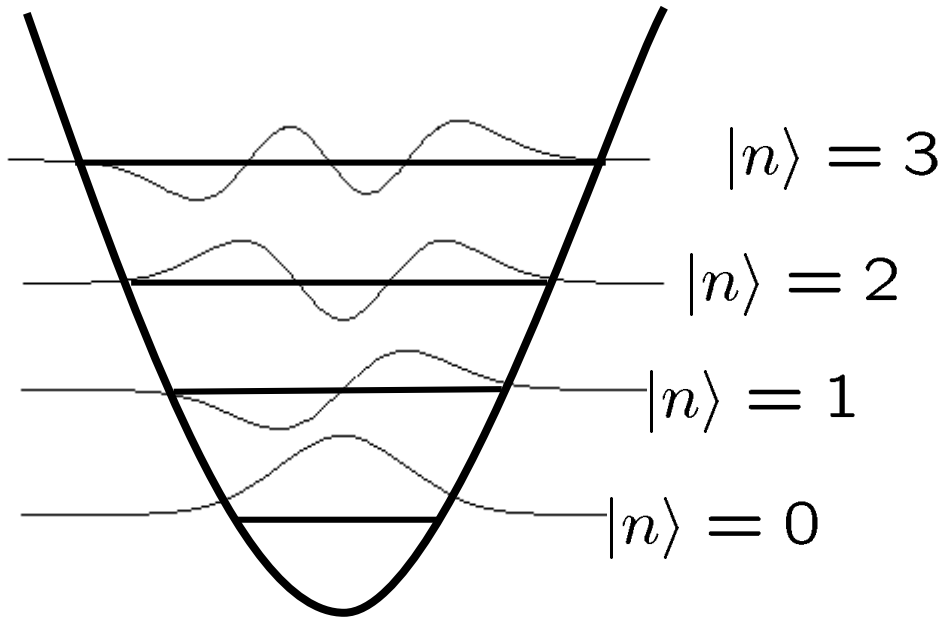
Eigenstates $|n\rangle$ with:

$$H|n\rangle = \hbar\omega_{ax}(n + \frac{1}{2})|n\rangle$$

$$a^\dagger|n\rangle = \sqrt{n}|n-1\rangle$$

$$a|n\rangle = \sqrt{n+1}|n+1\rangle$$

Harmonic oscillator wavefunctions



Eigen functions

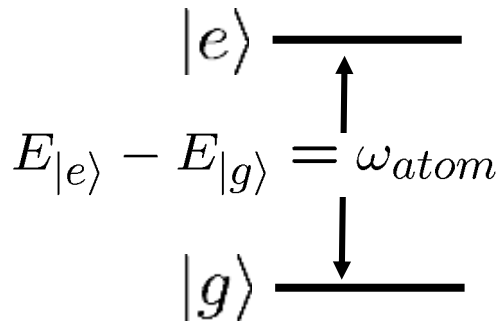
$$u(x) \sim H(n, x) e^{-x^2}$$

with orthonormal Hermite polynomials
and energies:

$$E(n) = \hbar\omega_{ax}(n + \tfrac{1}{2})$$

Two – level atom

Why? Is an idealization which is a good approximation to real physical system in many cases



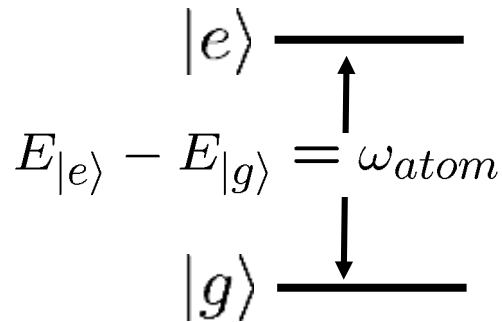
$$\begin{aligned} H_{atom} &= \hbar\omega_{atom}(|e\rangle\langle e| - |g\rangle\langle g|) \\ &= \hbar\omega_{atom}\sigma_z \end{aligned}$$

two level system is connected with spin $\frac{1}{2}$ algebra using the Pauli matrices

$$\begin{aligned} |g\rangle\langle g| + |e\rangle\langle e| &\rightarrow \hat{I} \\ |g\rangle\langle e| + |e\rangle\langle g| &\rightarrow \hat{\sigma}_x \\ i(|g\rangle\langle e| - |e\rangle\langle g|) &\rightarrow \hat{\sigma}_y \\ |e\rangle\langle e| - |g\rangle\langle g| &\rightarrow \hat{\sigma}_z \end{aligned}$$

Two – level atom

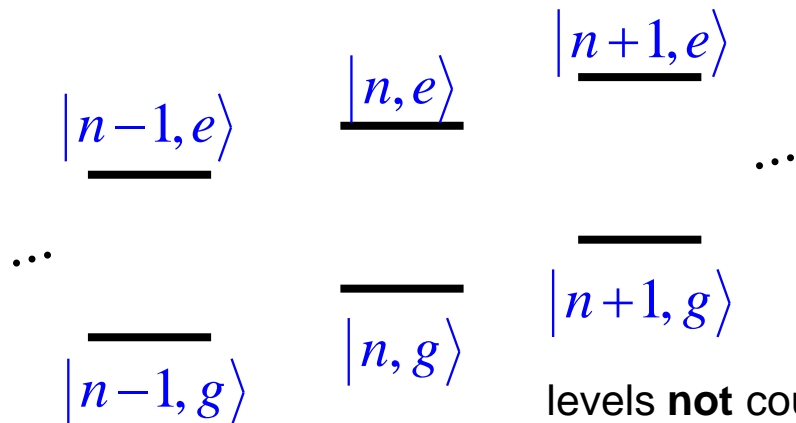
Why? Is an idealization which is a good approximation to real pyhsical system in many cases



$$H_{atom} = \hbar\omega_{atom}(|e\rangle\langle e| - |g\rangle\langle g|)$$

$$= \hbar\omega_{atom}\sigma_z$$

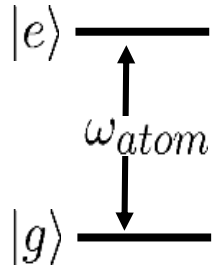
together with the harmonic oscillator leading to the ladder of eigenstates $|g,n\rangle$, $|e,n\rangle$:



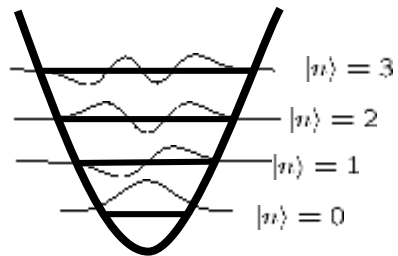
$$H_0 = \frac{p^2}{2m_0} + \frac{1}{2}m_0\omega^2x^2 + \frac{1}{2}\hbar\omega_a\sigma_z$$

Laser coupling

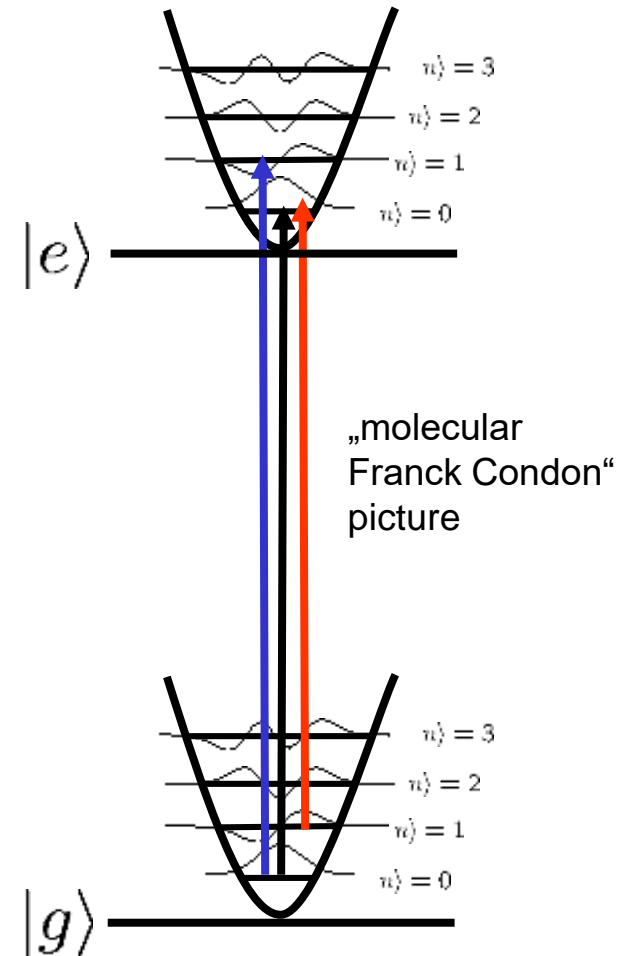
2-level-atom



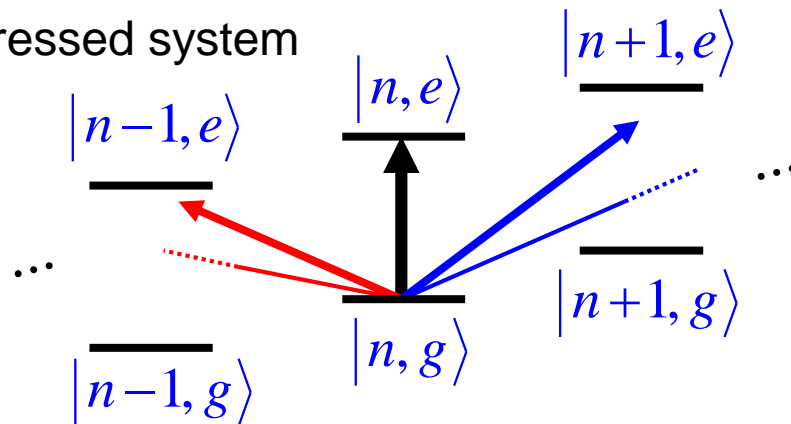
harmonic trap



dressed system

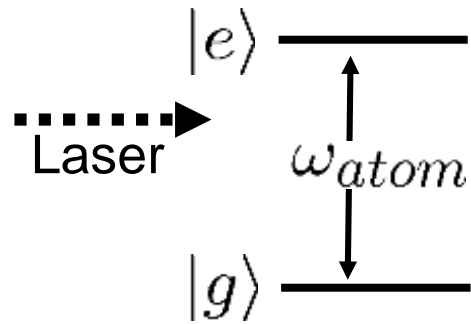


dressed system



Laser coupling

dipole interaction, Laser radiation with frequency ω_l and intensity $|E|^2$



$$\text{Rabi frequency: } \Omega_R = \langle g | \vec{d} \cdot \vec{E} | e \rangle$$

$$\begin{aligned} H_{ge} &= \hbar \frac{\Omega_R}{2} (|g\rangle\langle e| + |e\rangle\langle g|) \\ &= \hbar \frac{\Omega_R}{2} (\sigma^+ + \sigma^-) \end{aligned}$$

$$\begin{aligned} \text{with } |e\rangle\langle g| &\rightarrow \sigma^+ = (\sigma_x + i\sigma_y)/2 \\ |g\rangle\langle e| &\rightarrow \sigma^- = (\sigma_x - i\sigma_y)/2 \end{aligned}$$

the laser interaction (running laser wave) has a **spatial dependence**:

$$\vec{d} \cdot \vec{E} \rightarrow \vec{d} \cdot \vec{E} e^{ikx} \quad \text{momentum kick, recoil: } e^{ikx}$$

$$\begin{aligned} H_{ge} &= \hbar \frac{\Omega_R}{2} (|g\rangle\langle e| e^{ikx} + |e\rangle\langle g| e^{-ikx}) \\ &= \frac{1}{2} \hbar \Omega (\sigma^+ + \sigma^-) (e^{i(kx - \omega_l t + \phi)} + e^{-i(kx - \omega_l t + \phi)}) \end{aligned}$$

Laser coupling

in the rotating wave approximation

$$H_{ge} = \frac{1}{2} \hbar \Omega (\sigma^+ e^{i(\eta(a+a^\dagger))} e^{-i\omega_l t} + \sigma^- e^{-i\eta(a+a^\dagger)} e^{i\omega_l t})$$

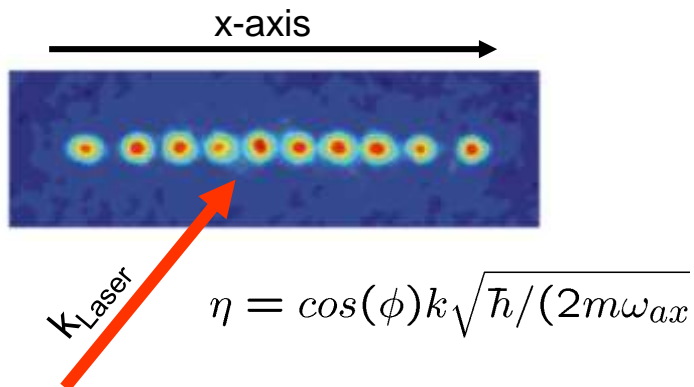
using $x = \sqrt{\frac{\hbar}{2m\omega_{ax}}}(a + a^\dagger)$

and defining the Lamb Dicke parameter η :

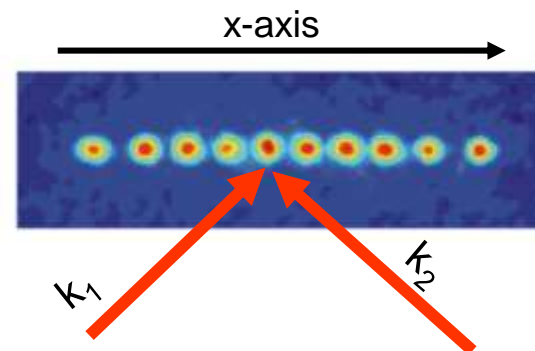
$$\eta = k \sqrt{\frac{\hbar}{2m\omega_{ax}}}$$

if the **laser direction is at an angle ϕ** to the vibration mode direction:

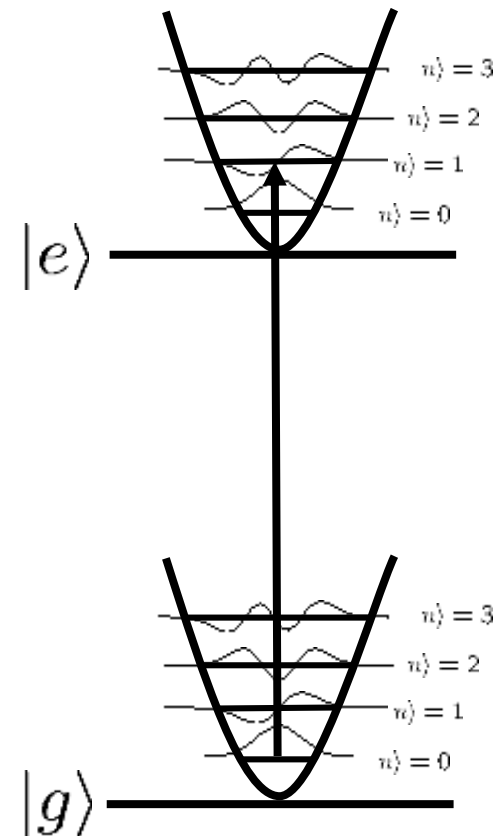
single photon transition



Raman transition: projection of $\Delta k = k_1 - k_2$



Lamb Dicke Regime



laser is tuned to
the resonances:

$$\langle g, n | \vec{d} \cdot \vec{E} e^{ikx} | e, m \rangle =$$

$$\langle g | \vec{d} \cdot \vec{E} | e \rangle \langle n | e^{ikx} | m \rangle =$$

$$\hbar \frac{\Omega_{Rabi}}{2} \langle n | e^{i\eta(a+a^\dagger)} | m \rangle \approx$$

$$\eta^2 (a + a^\dagger)^2 \ll 1 \rightarrow \eta^2 (2n + 1) \ll 1$$

$$\hbar \frac{\Omega_{Rabi}}{2} \langle n | 1 + (i\eta(a + a^\dagger)) | m \rangle =$$

$$\hbar \frac{\Omega_{Rabi}}{2} (\delta_{n,m} + i\eta\sqrt{n}\delta_{m=n-1} + i\eta\sqrt{n+1}\delta_{m=n+1})$$

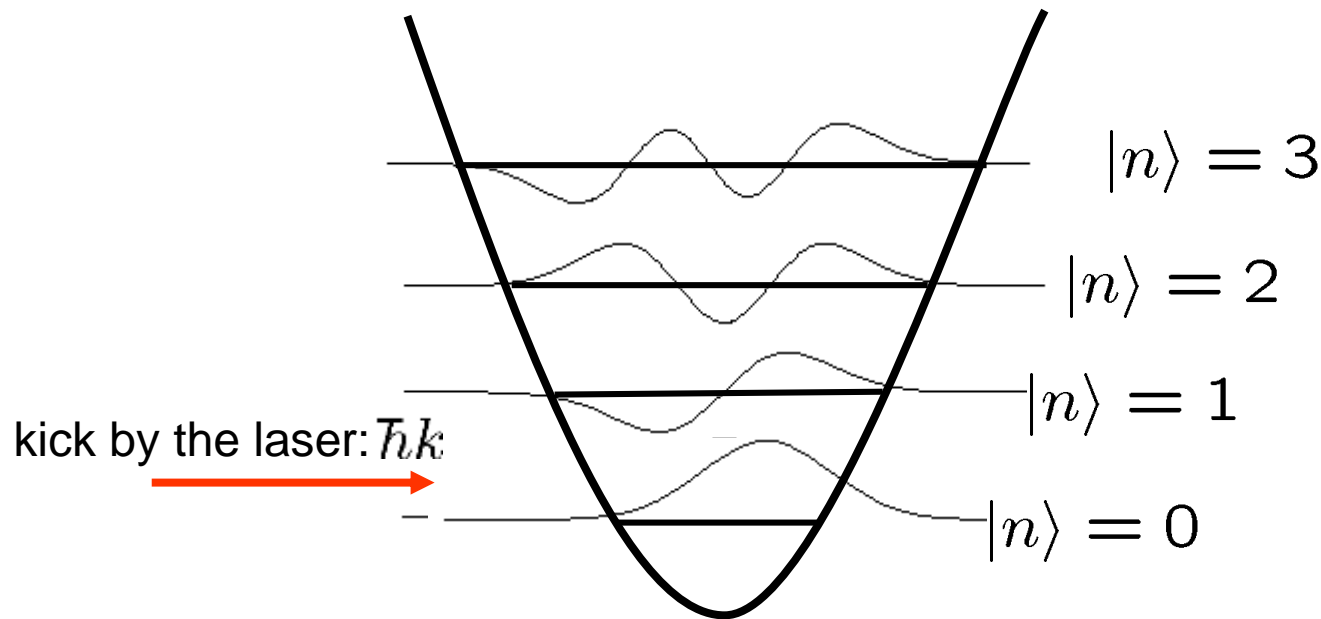
carrier: $\Omega_{Rabi} (1 - \eta^2(2n + 1))$

blue sideband: $\Omega_{Rabi} \eta\sqrt{n+1}$

red sideband: $\Omega_{Rabi} \eta\sqrt{n}$

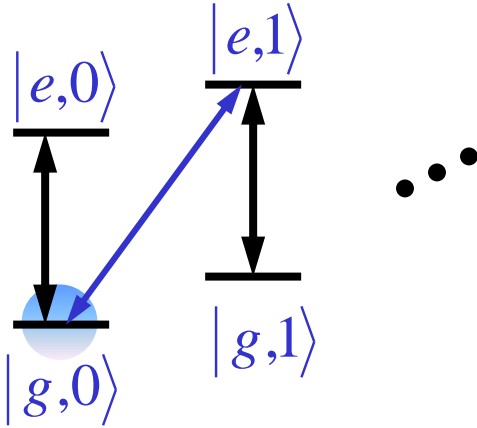
Wavefunctions in momentum space

$$\eta = \sqrt{\frac{\hbar k}{2m\omega_{\text{trap}}}} = \sqrt{\frac{\omega_{\text{recoil}}}{\omega_{\text{trap}}}}$$



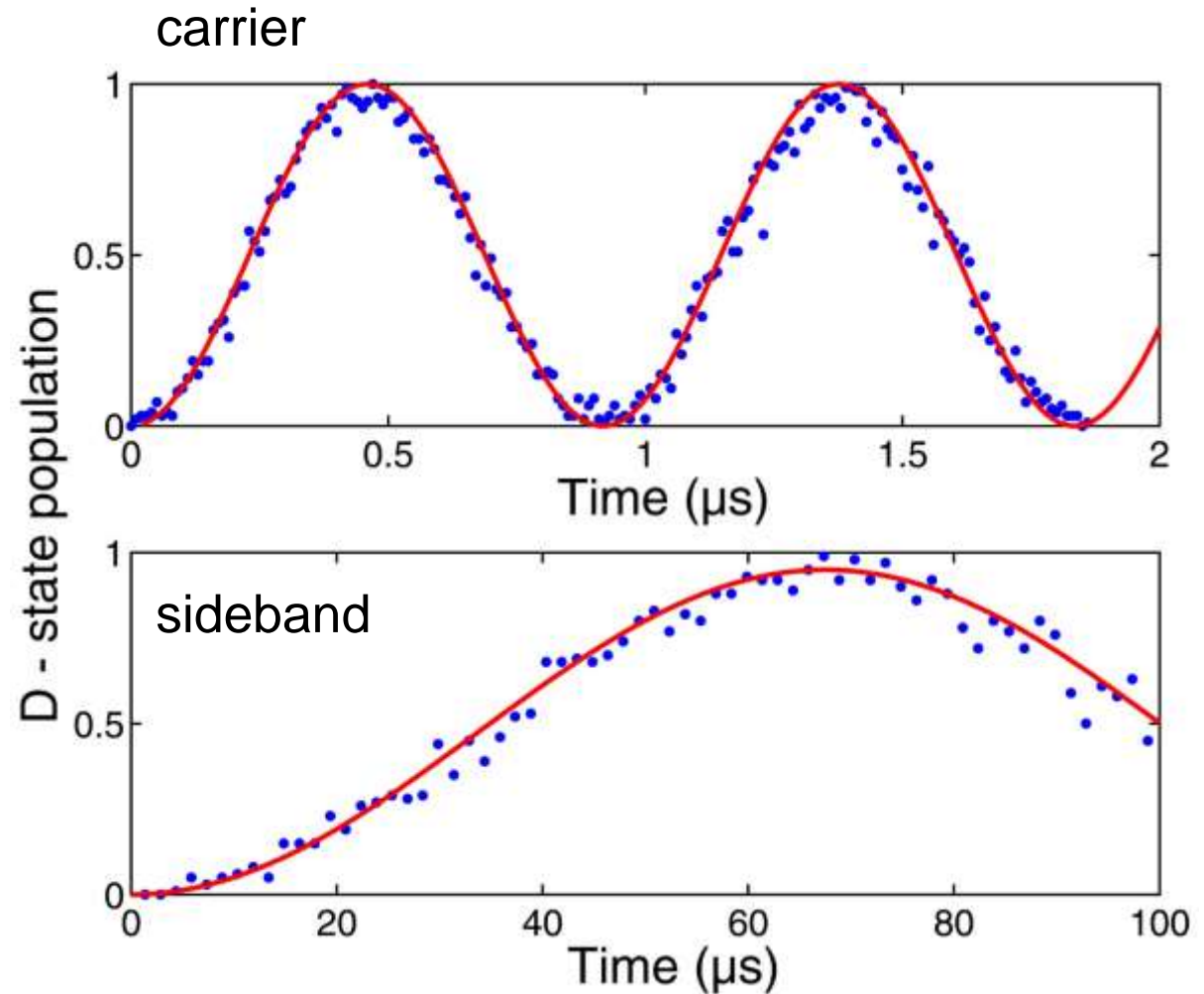
kicked wave function is **non**-orthogonal to the other wave functions

Experimental example



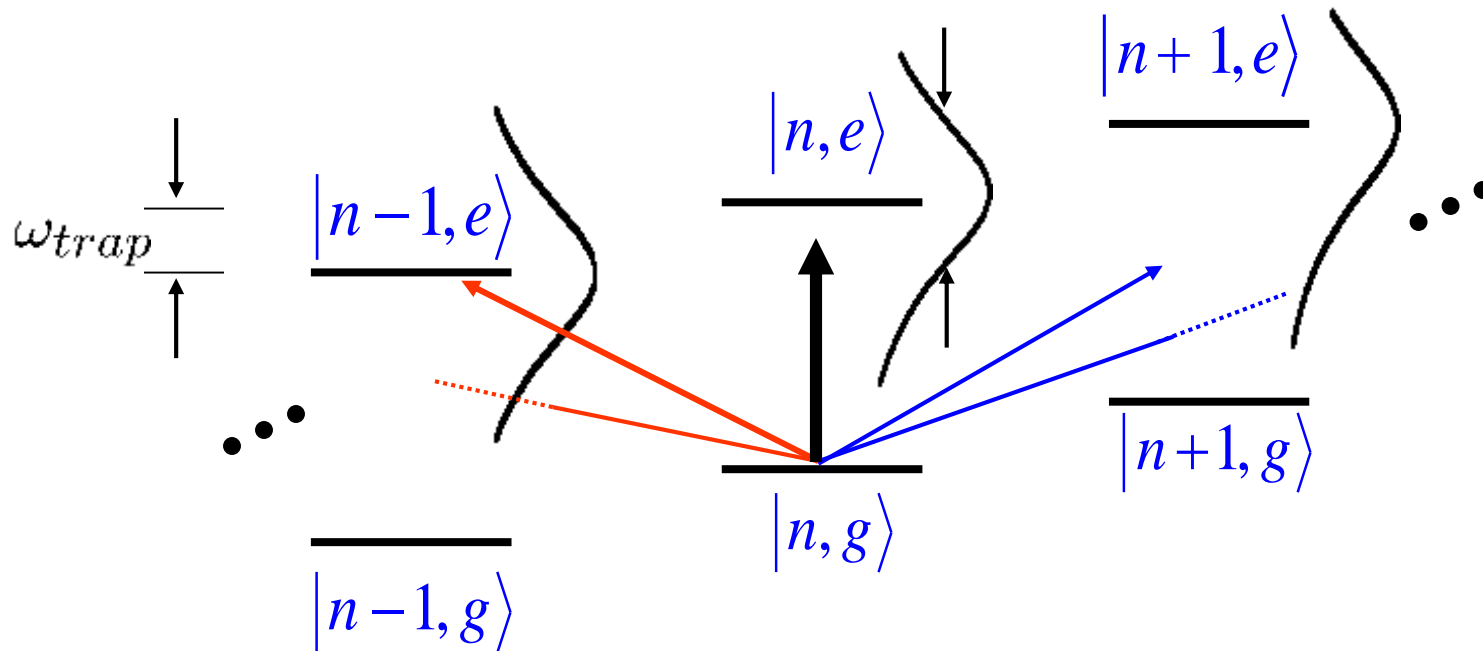
carrier and sideband
Rabi oscillations
with Rabi frequencies

$$\Omega_{Rabi} \text{ and } \Omega_{Rabi} \eta$$



„Weak confinement“

$$\omega_{\text{trap}} \ll \gamma$$



weak confinement:

Sidebands are not resolved on that transition.

Simultaneous excitation of several vibrational states

Two-level system dynamics

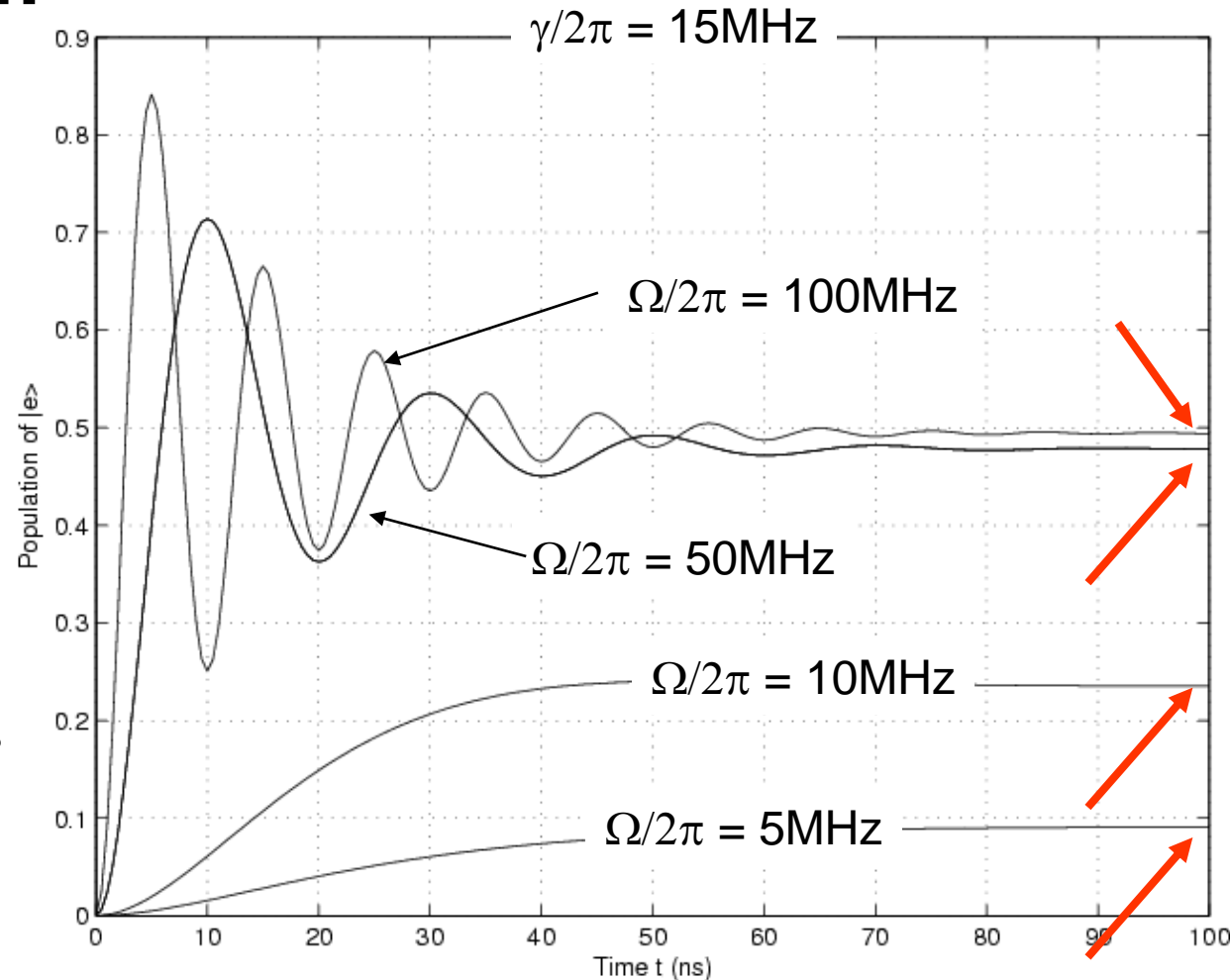
spont. decay rate γ

Rabi frequency Ω

incoherent: $\Omega < \gamma$

coherent: $\Omega > \gamma$

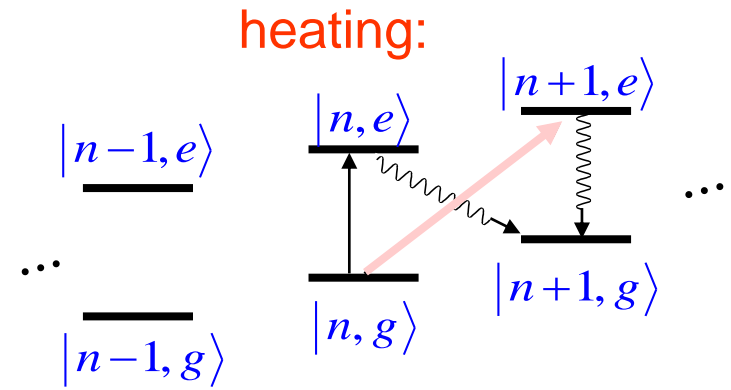
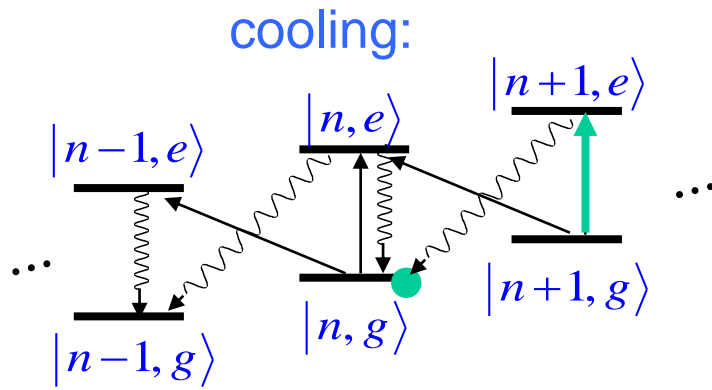
Solution of
optical Bloch equations



Steady state population of $|e\rangle$:

$$\rho_{ee}(t \rightarrow \infty) = \frac{(\Omega/2)^2}{\Delta^2 + (\gamma/2)^2 + 2(\Omega/2)^2} \simeq \left(\frac{\Omega}{\gamma}\right)^2 \frac{1}{1 + (2\Delta/\gamma)^2} = \left(\frac{\Omega}{\gamma}\right)^2 W(\Delta)$$

Rate equations for cooling and heating

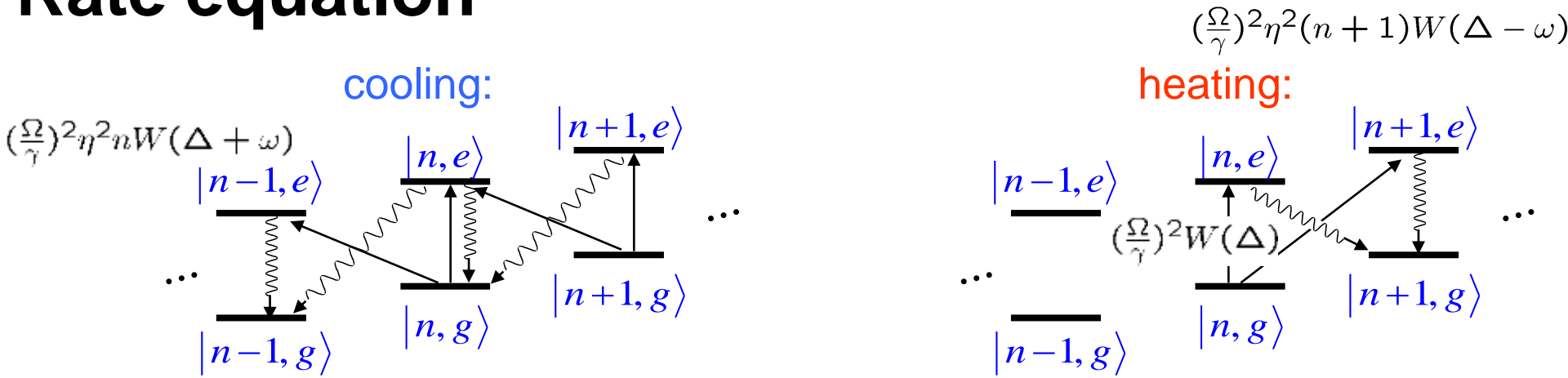


probability for population in $|g,n\rangle$: loss and gain from states with $|\pm n\rangle$

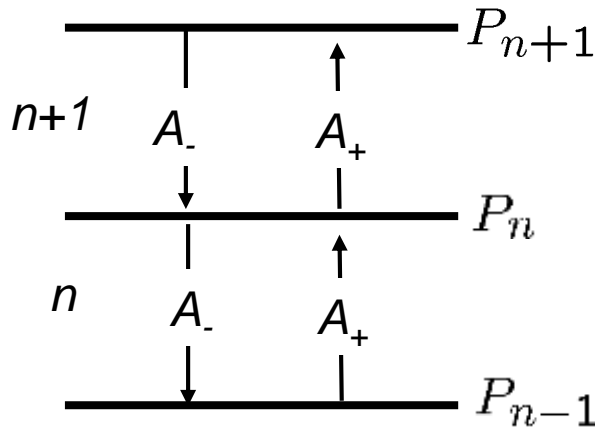
$$\dot{P}_{g,n} = \eta^2 \gamma \left(\frac{\Omega}{\gamma}\right)^2 \cdot \left[\begin{array}{c|c} \begin{array}{l} -nW(\Delta)P_n \\ -nW(\Delta + \omega)P_n \\ \boxed{+(n+1)W(\Delta)P_{n+1}} \\ +(n+1)W(\Delta + \omega)P_{n+1} \end{array} & \begin{array}{l} -(n+1)W(\Delta)P_n \\ \boxed{-(n+1)W(\Delta - \omega)P_n} \\ +nW(\Delta)P_{n-1} \\ +nW(\Delta - \omega)P_{n-1} \end{array} \end{array} \right] \begin{array}{l} \text{loss} \\ \text{gain} \end{array}$$

S. Stenholm, Rev. Mod. Phys. **58**, 699 (1986)

Rate equation



different illustration:



$$A_- = W(\Delta) + W(\Delta + \omega) \quad \text{cooling}$$

$$A_+ = W(\Delta) + W(\Delta - \omega) \quad \text{heating}$$

$$A_- - A_+ = W(\Delta + \omega) - W(\Delta - \omega)$$

$$\langle \dot{n} \rangle = \frac{(\eta\Omega)^2}{\gamma} \sum n \frac{dP_n}{dt}$$

$$\implies \langle \dot{n} \rangle \sim -(A_- - A_+) \langle n \rangle + A_+$$

$$\langle n \rangle_{ss} = \frac{A_+}{A_- - A_+} \quad 1/\tau_{cool} = \frac{(\eta\Omega)^2}{\gamma} (A_- - A_+)$$

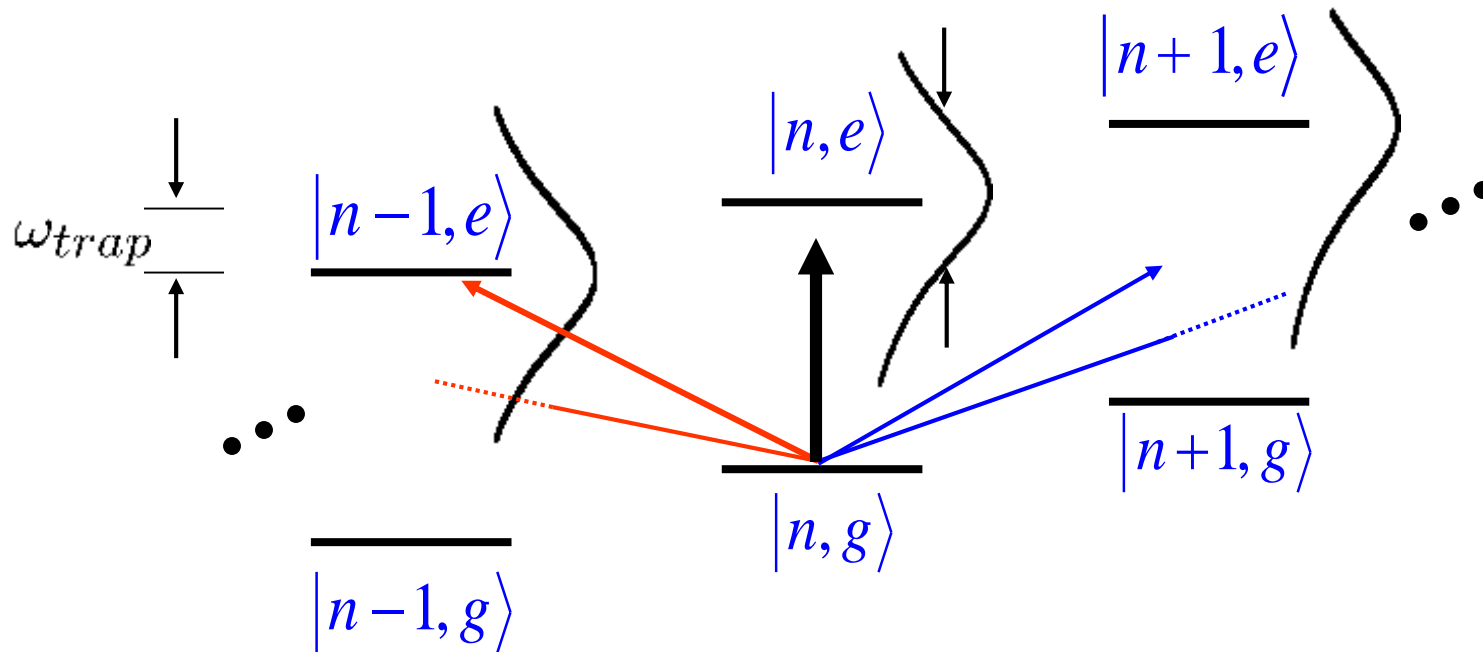
steady state phonon number

cooling rate

How to reach $A_- > A_+ \implies W(\Delta + \omega) > W(\Delta - \omega) \implies$ **red** detuning $\Delta < 0$

„Weak confinement“

$$\omega_{trap} \ll \gamma$$



weak confinement:

Sidebands are not resolved on that transition.

Small differences in $W(\Delta \pm \omega), W(\Delta - \omega)$

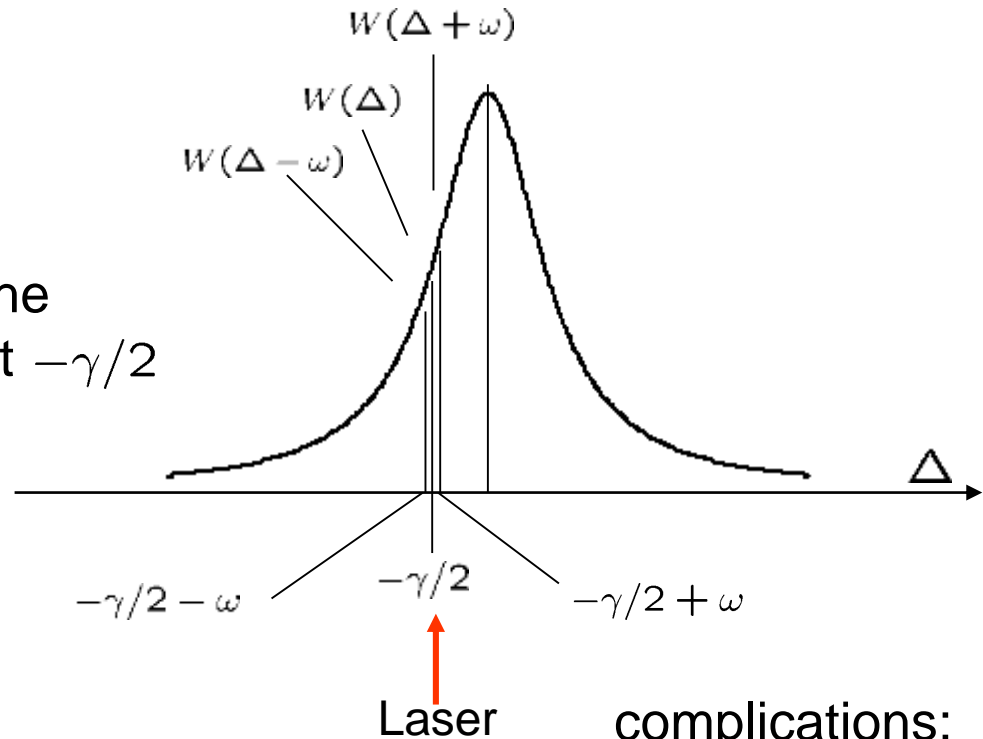
$$\text{detuning for optimum cooling } \Delta = -\gamma/2 \quad \Rightarrow \quad \langle n \rangle_{ss} = \frac{\gamma/2}{\omega_{trap}}$$

„Weak confinement“

$$\omega_{\text{trap}} \ll \gamma$$

Lorentzian has the steepest slope at $-\gamma/2$

Doppler Cooling



weak confinement:

Sidebands are not resolved on that transition.

Small differences in $W(\Delta \pm \omega)$, $W(\Delta - \omega)$

complications:

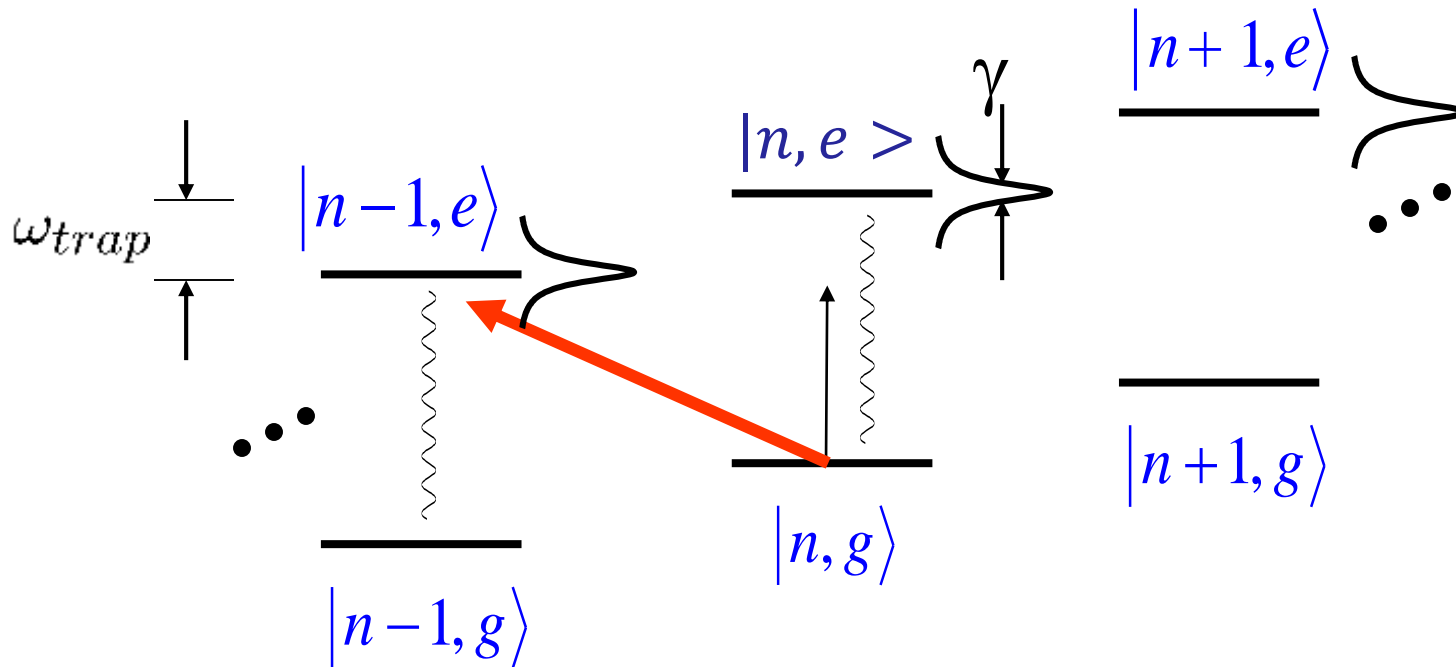
- $\eta_{\text{laser}} < \eta_{\text{spontaneous}}$
- saturation effects
- optical pumping
- multi-levels

$$\text{detuning for optimum cooling } \Delta = -\gamma/2 \quad \Rightarrow \quad \langle n \rangle_{ss} = \frac{\gamma/2}{\omega_{\text{trap}}}$$



„Strong confinement“

$$\omega_{trap} \gg \gamma$$

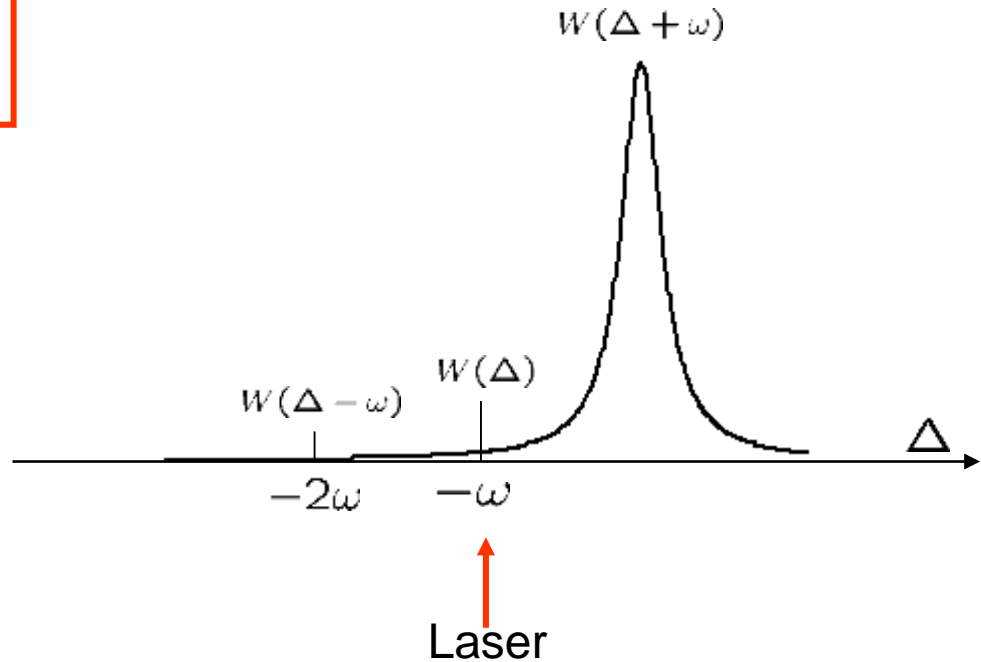


strong confinement – well resolved sidebands:
detuning for optimum cooling

$$\Delta = -\omega_{trap} \Rightarrow \langle n \rangle_{ss} \approx \left(\frac{\gamma/2}{\omega_{trap}} \right)^2 \ll 1$$

„Strong confinement“

$$\omega_{trap} \gg \gamma$$

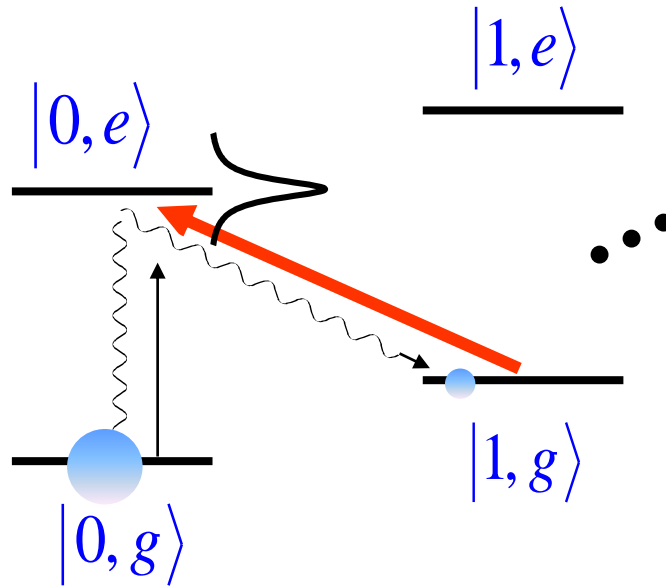


ground state cooling

strong confinement – well resolved sidebands:
detuning for optimum cooling

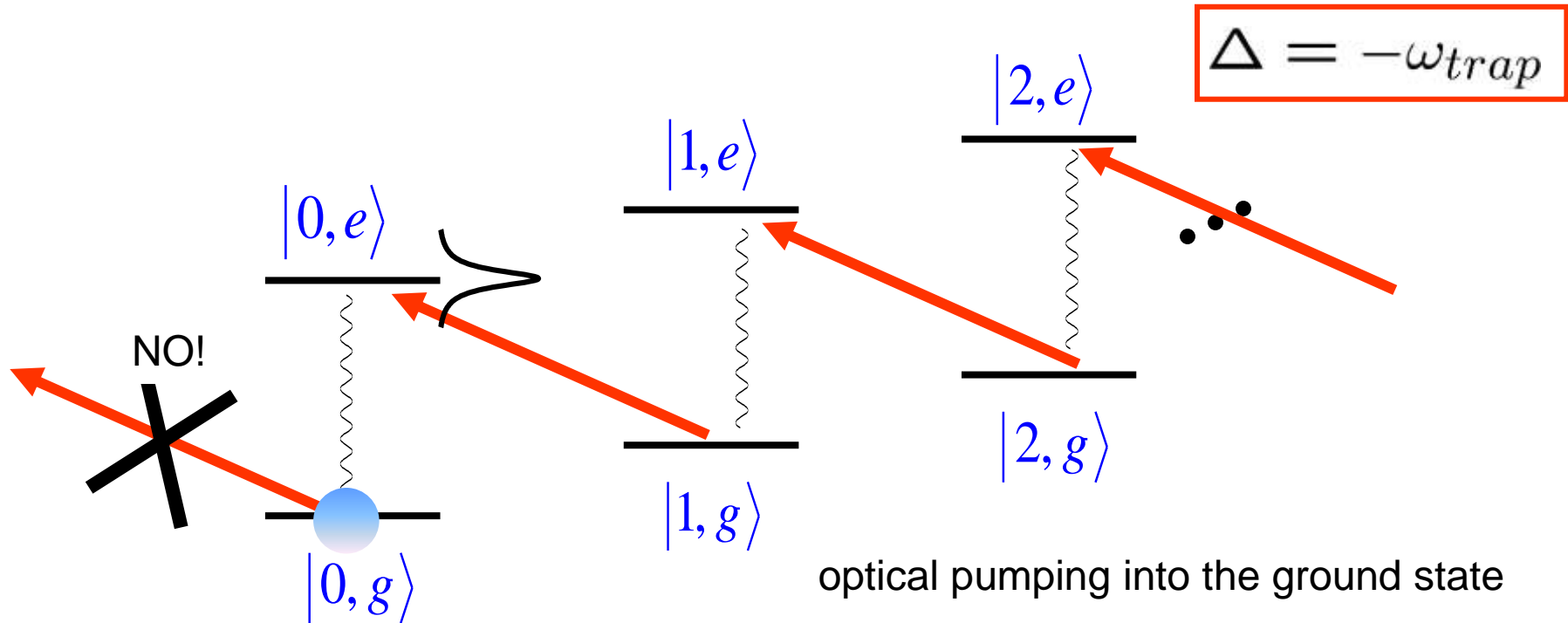
$$\Delta = -\omega_{trap} \Rightarrow \langle n \rangle_{ss} \approx \left(\frac{\gamma/2}{\omega_{trap}} \right)^2 \ll 1$$

Cooling limit



$$\Delta = -\omega_{trap}$$

Sideband ground state cooling



Signature: no further excitation possible
„dark state“ $|0\rangle$

Temperature measurements

different methods

- observe Rabi oscillations on the blue SB
- compare the excitation on the blue SB and the red SB
- compare the excitation on the red SB and the carrier

Experimental: test excitation $P_e(t)$ for $\Delta = -\omega$ and $\Delta = +\omega$

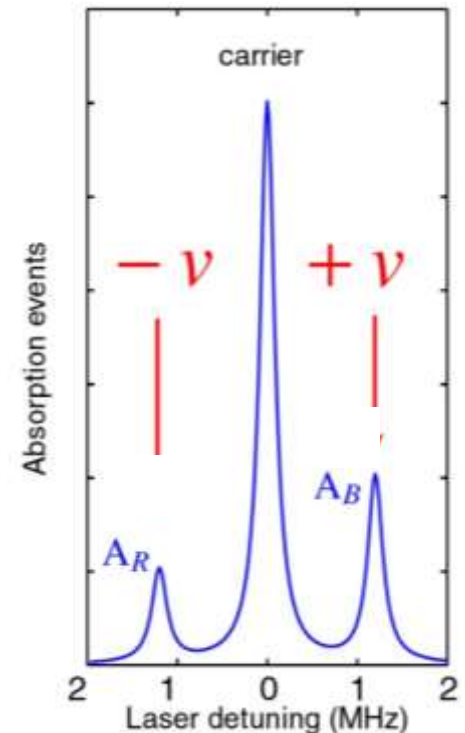
Analysis: $P_{red}/P_{blue} = m / (m+1)$

$$\begin{aligned} P_e^{red}(t) &= \sum_{n=1} \frac{m^n}{(m+1)^{n+1}} \sin^2(2\pi\Omega_{n,n-1}t) \\ &= \frac{m}{m+1} \sum_{n=0} \frac{m^n}{(m+1)^{n+1}} \sin^2(2\pi\Omega_{n+1,n}t) \end{aligned}$$

using: $\Omega_{n+1,n} = \Omega_{n,n+1}$

$$\Rightarrow P_e^{red}(t) = \frac{m}{m+1} P_e^{blue}(t)$$

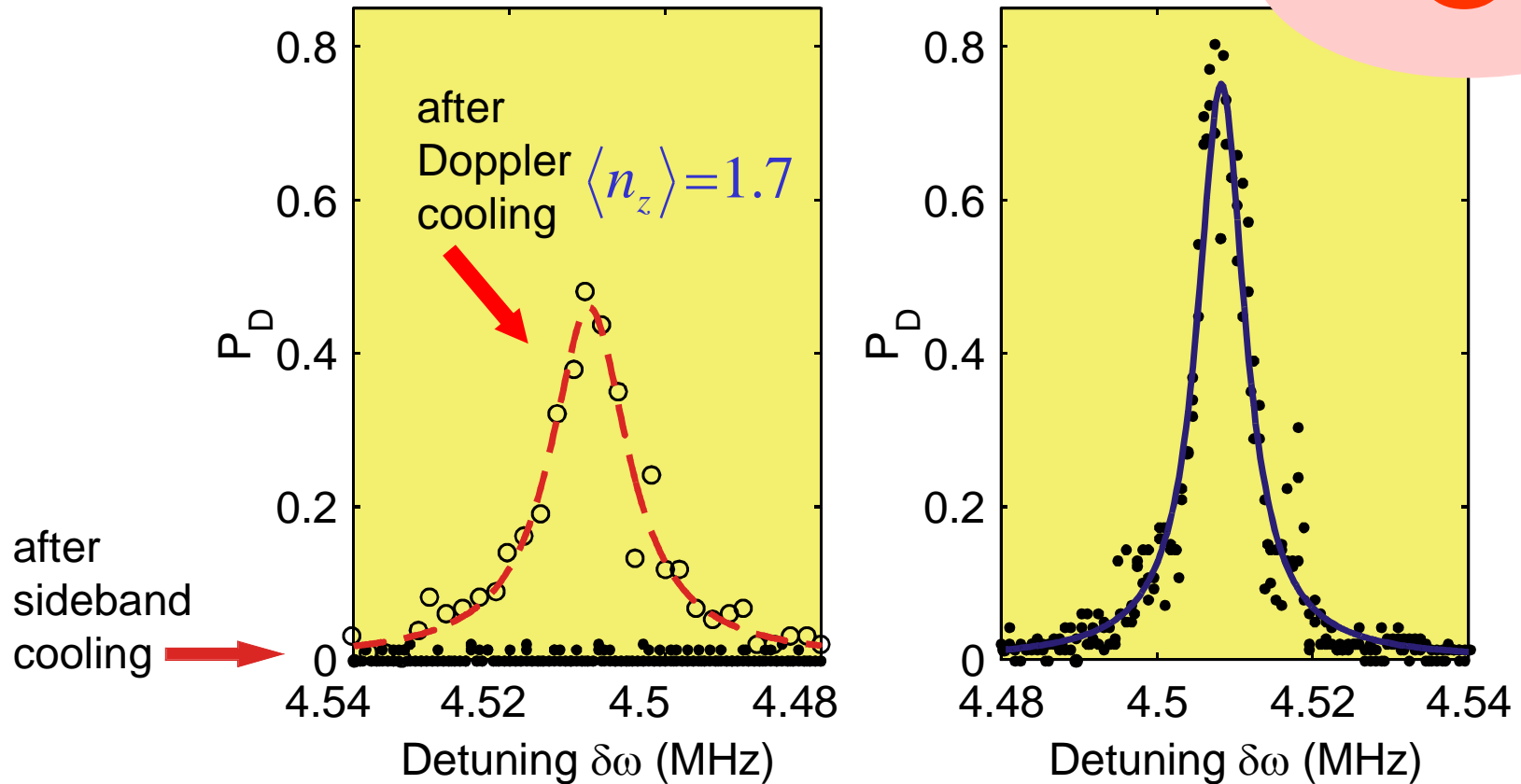
$$m = \frac{R}{1-R}, \quad R = P_e^{red}/P_e^{blue}$$



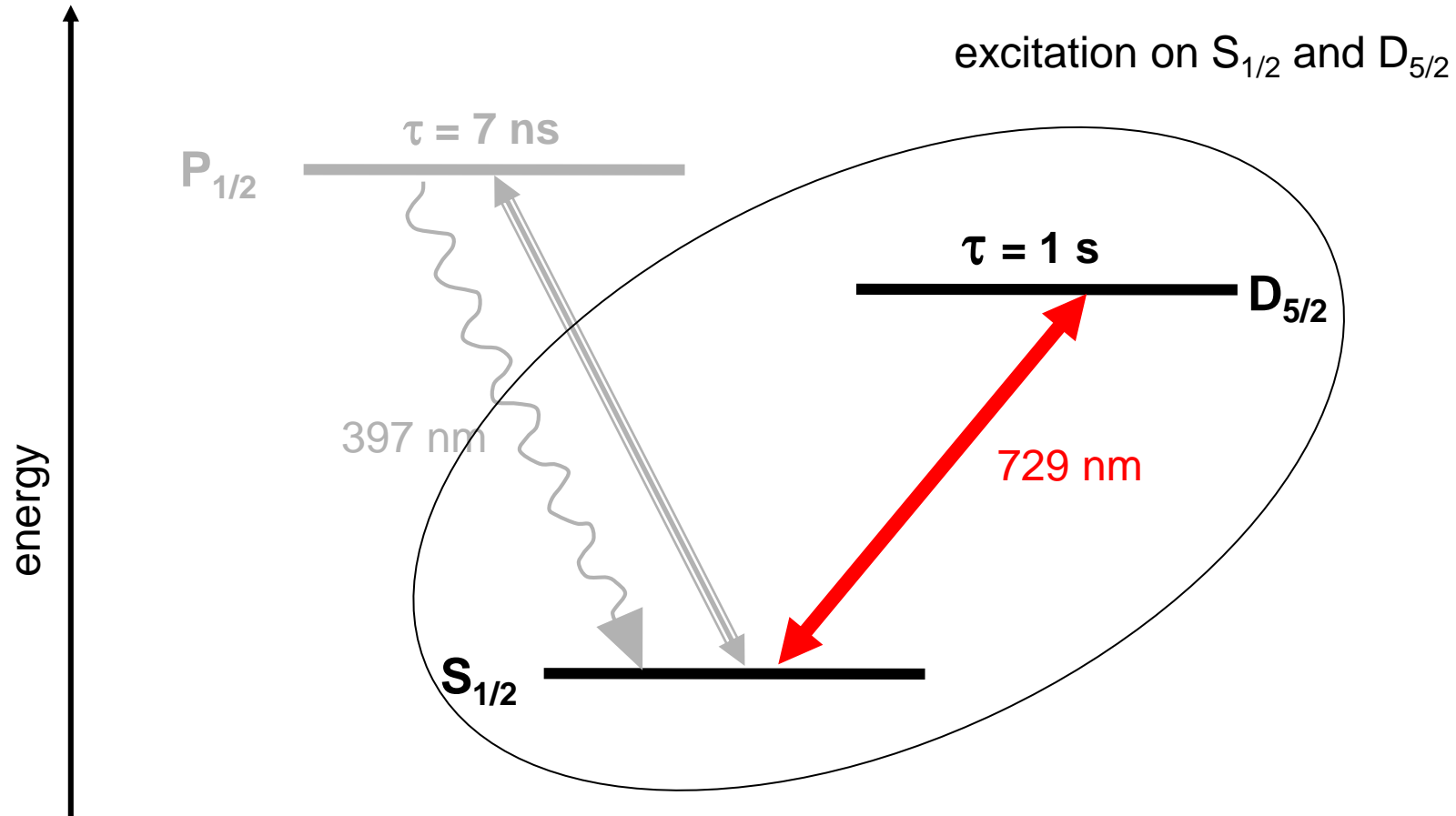
Example: ground state cooling

$^{40}\text{Ca}^+$

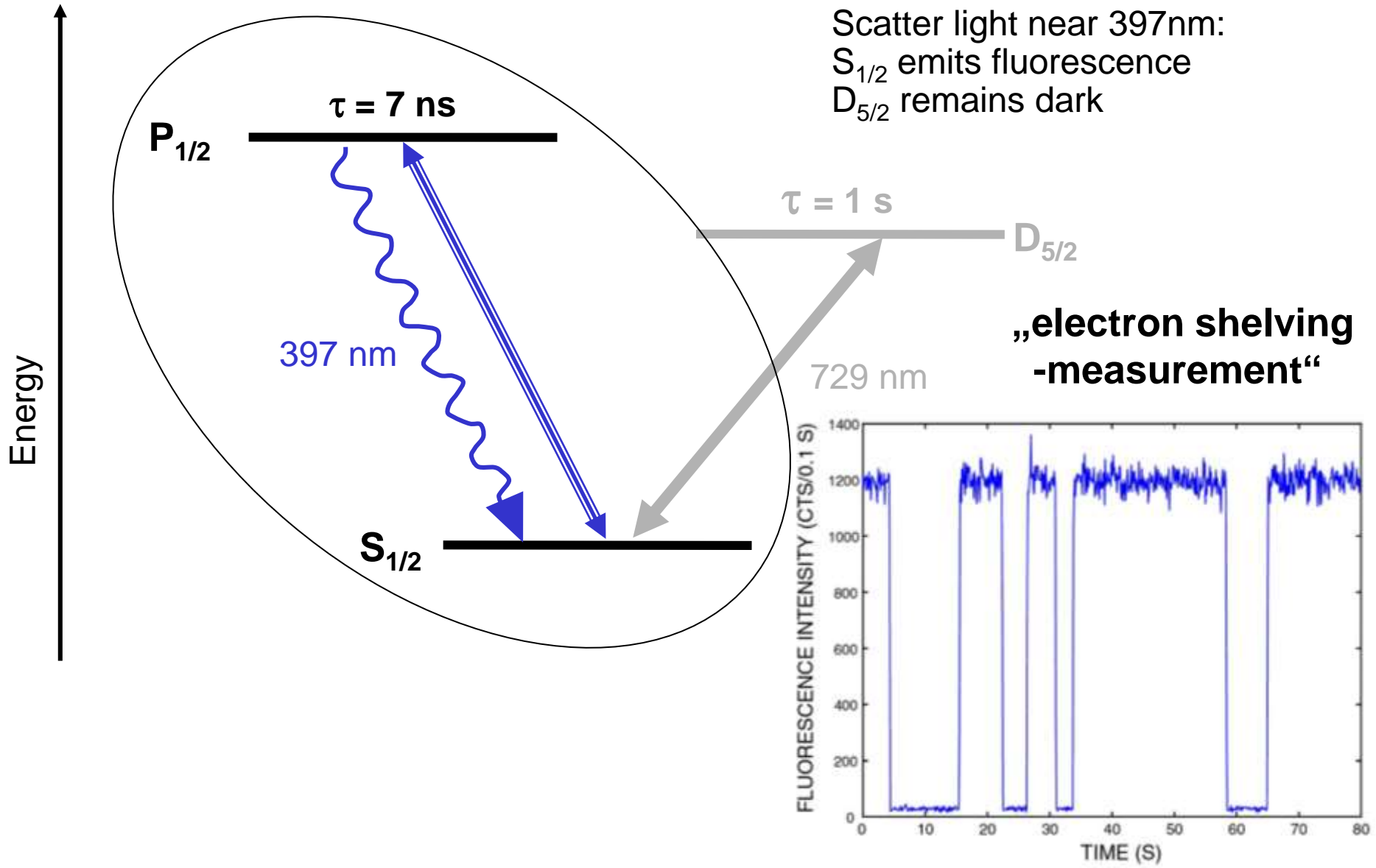
99.9% ground state population



Simplifieds ion energy levels



Simplifieds ion energy levels



Resolved sideband spectroscopy

Select narrow optical transition with: $0.2..20\text{MHz} \sim \omega_{\text{trap}} \gg \gamma$

- a) Quadrupole transition
- b) Raman transition between Hyperfine ground states
- c) Raman transition between Zeeman ground states
- d) Octopole transition
- e) Intercombination line
- f) RF or MW transitions

Species and Isotopes:

- | | |
|---------|---|
| for (a) | $^{40}\text{Ca}, ^{43}\text{Ca}, ^{138}\text{Ba}, ^{199}\text{Hg}, ^{88}\text{Sr}, \dots$ |
| for (b) | $^9\text{Be}, ^{43}\text{Ca}, ^{111}\text{Cd}, ^{25}\text{Mg} \dots$ |
| for (c) | $^{40}\text{Ca}, ^{24}\text{Mg}, \dots$ |
| for (d) | $^{172/171}\text{Yb}, \dots$ |
| for (e) | $^{115}\text{In}, ^{27}\text{Al}, \dots$ |
| for (f) | $^{171}\text{Yb}, \dots$ |

Reminder to Doppler cooling

Advantage:

Cools all modes simultaneously

Problems:

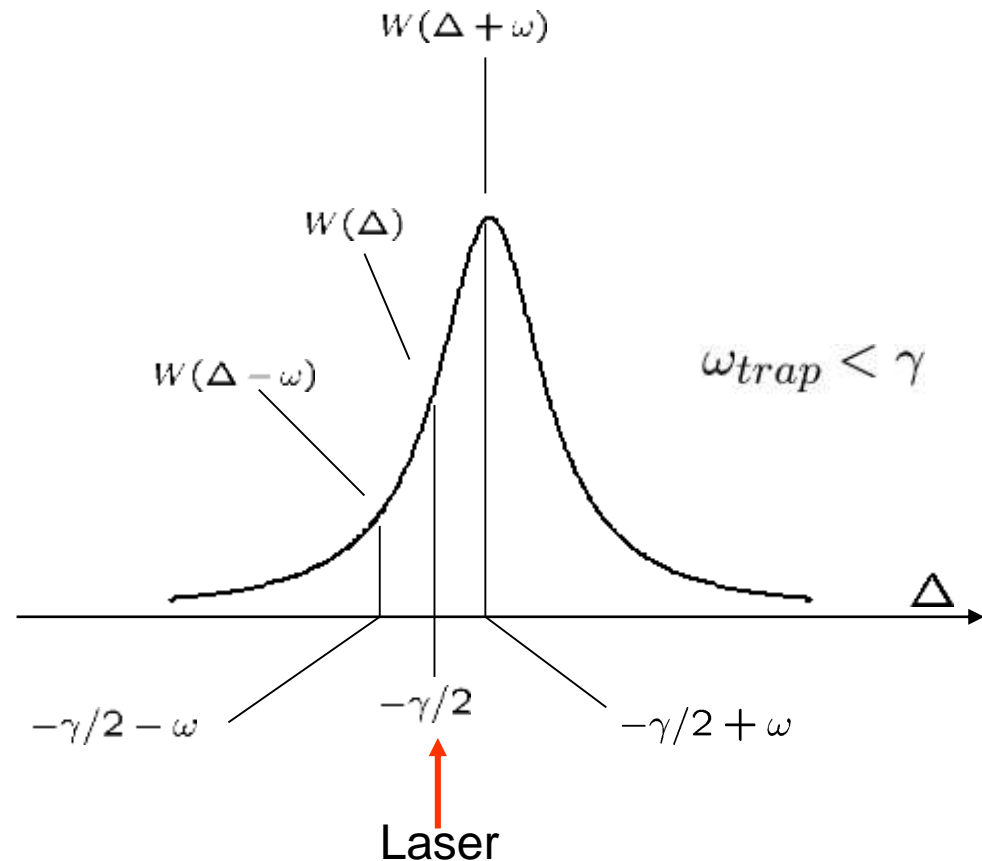
But **not** into ground state

a) Sidebands are not resolved on the transition,
 \Rightarrow small differences in

$$W(\Delta \pm \omega), W(\Delta - \omega)$$

b) Carrier excitation leads to diffusion, \Rightarrow heating:

$$W(\Delta = 0) \neq 0$$

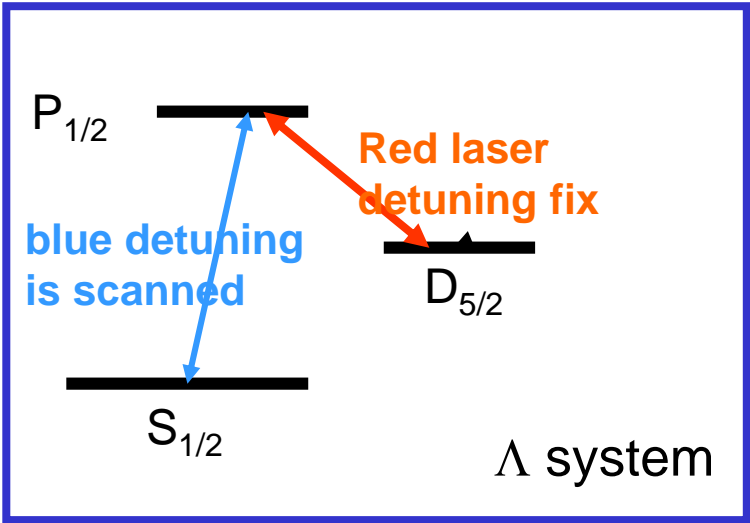


How to shape the atomic resonance line? \Rightarrow **Quantum-Interference**

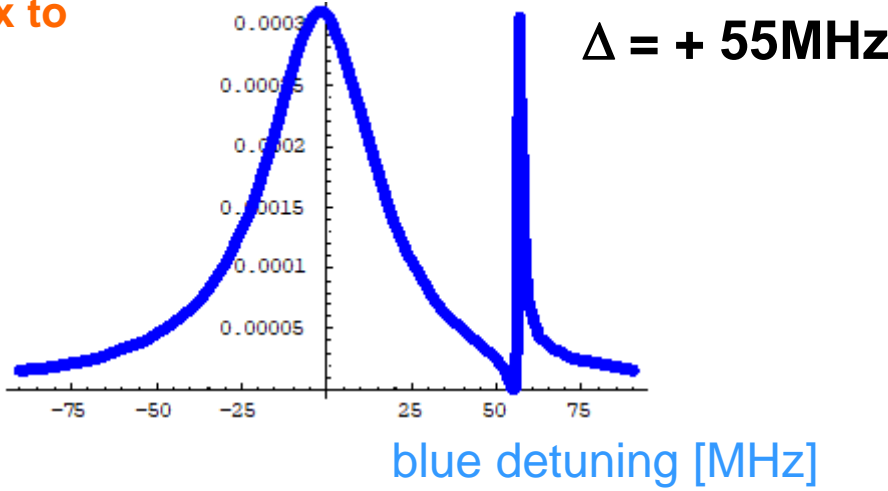
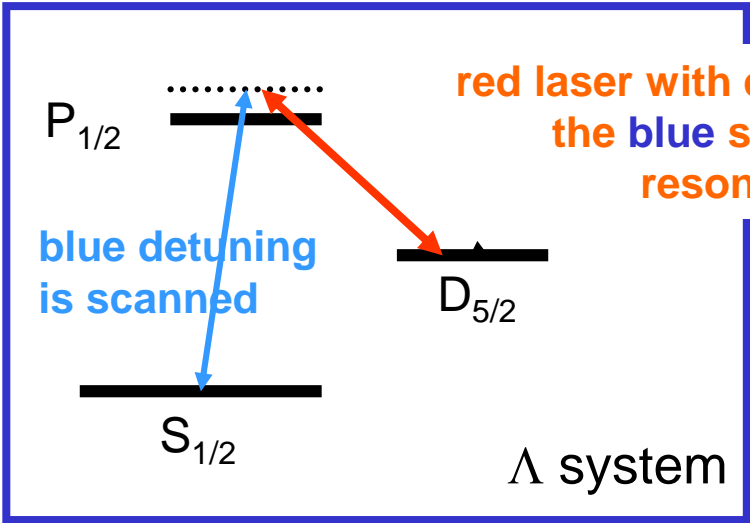
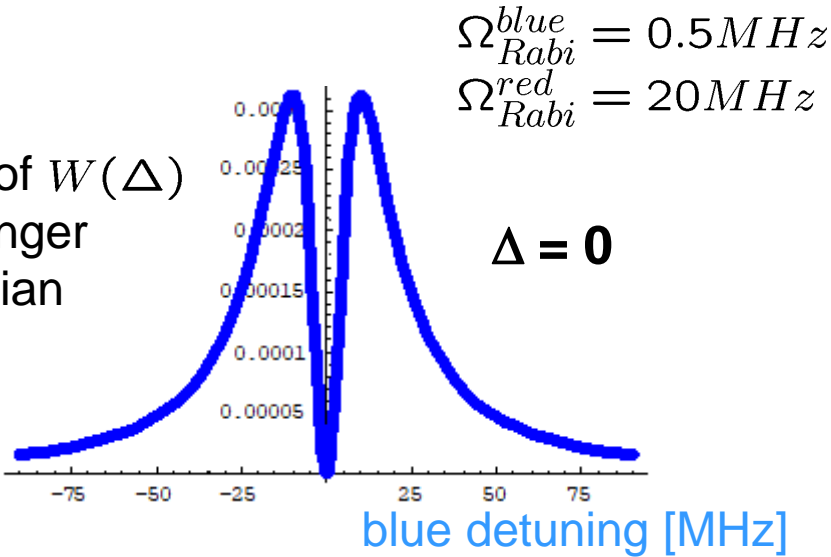
Dark resonance: $|\Psi\rangle = \frac{1}{\sqrt{2}} (|S_{1/2}\rangle - |D_{5/2}\rangle)$

\Rightarrow spectrally much sharper than Doppler profile

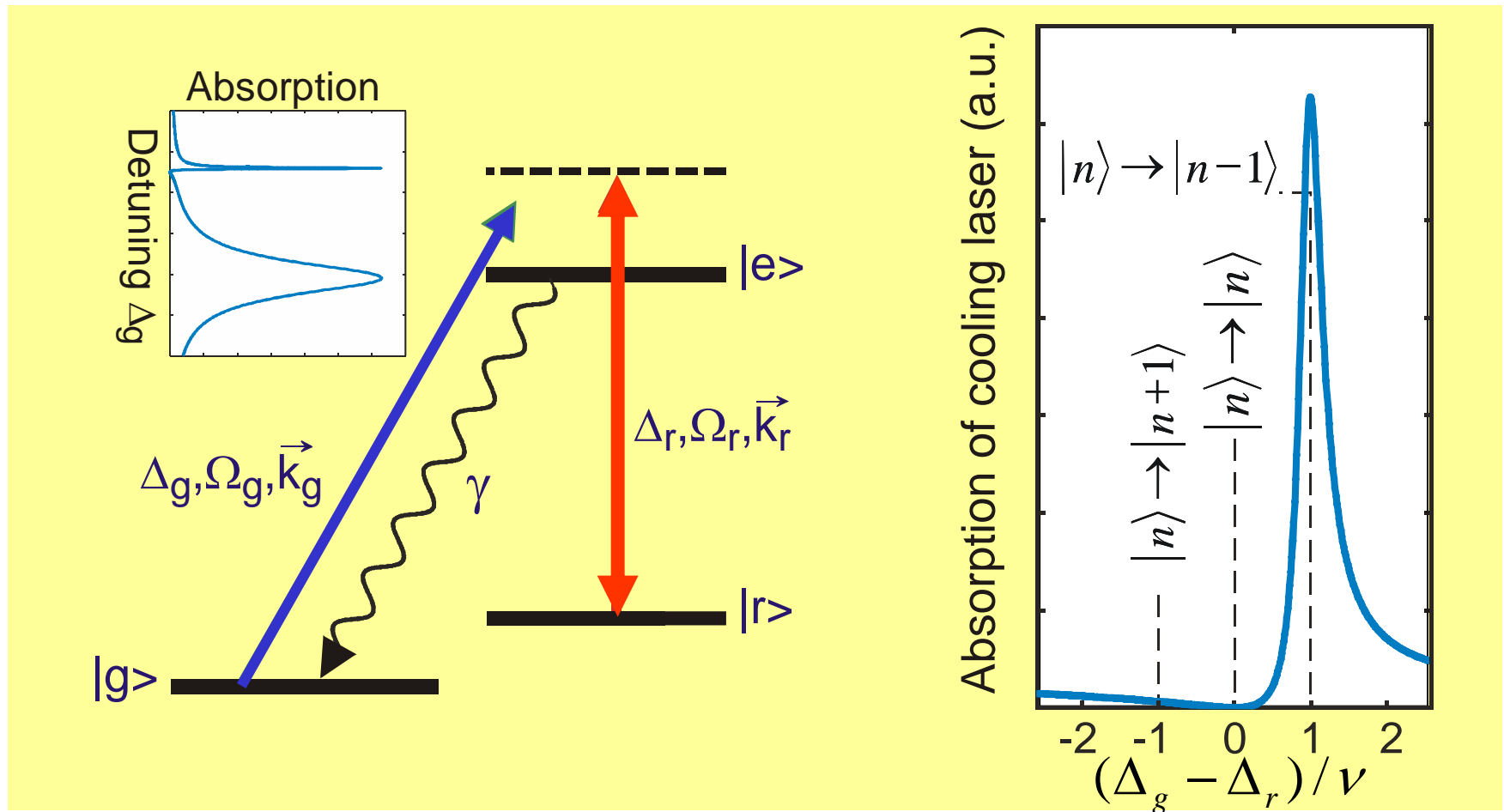
Quantum interference and dark states



Shape of $W(\Delta)$ is no longer Lorentzian



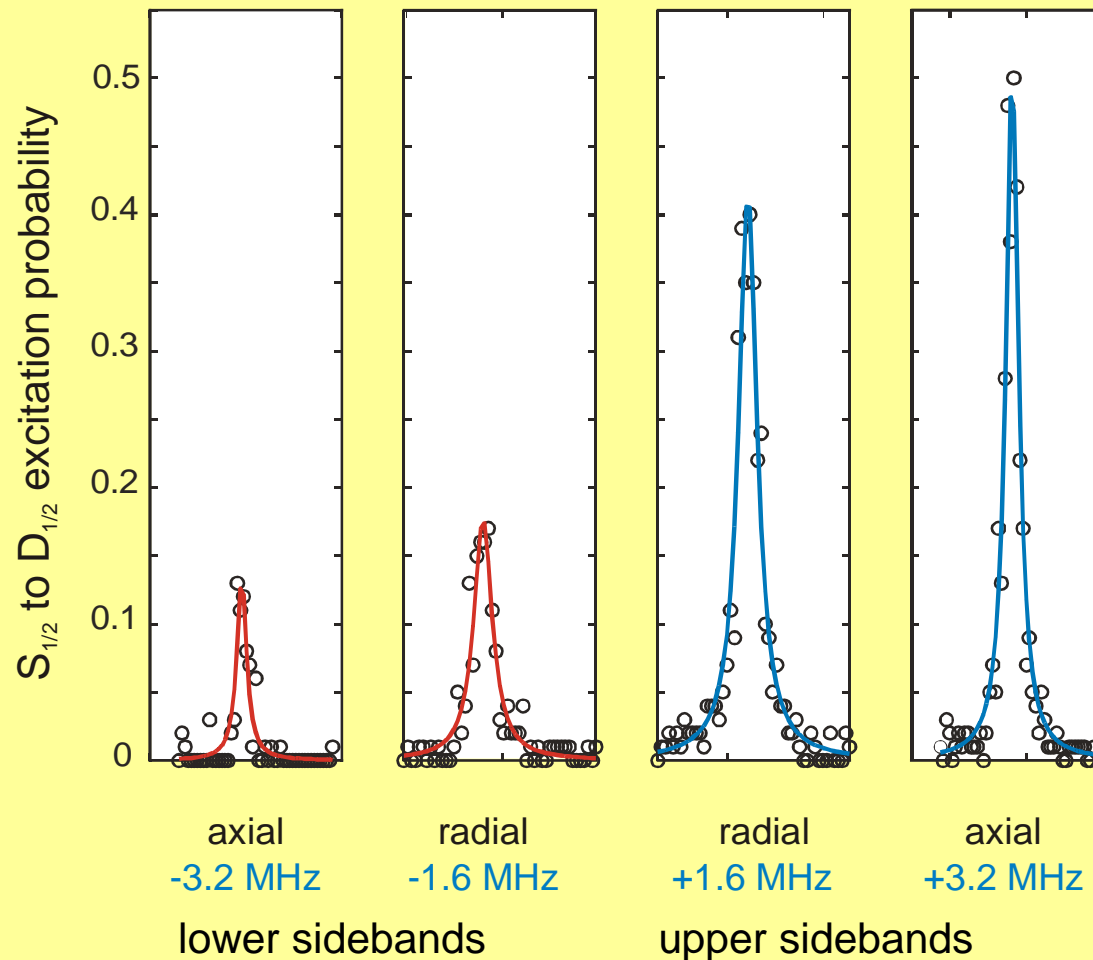
Ground state cooling with quantum interference



$|n\rangle \rightarrow |n-1\rangle$ transitions are enhanced by bright resonance

$|n\rangle \rightarrow |n\rangle$ transitions are suppressed by quantum interference – no „carrier“ diffusion contribution !

Simultaneous two mode ground state cooling



Simultaneous ground state cooling of axial and radial motion

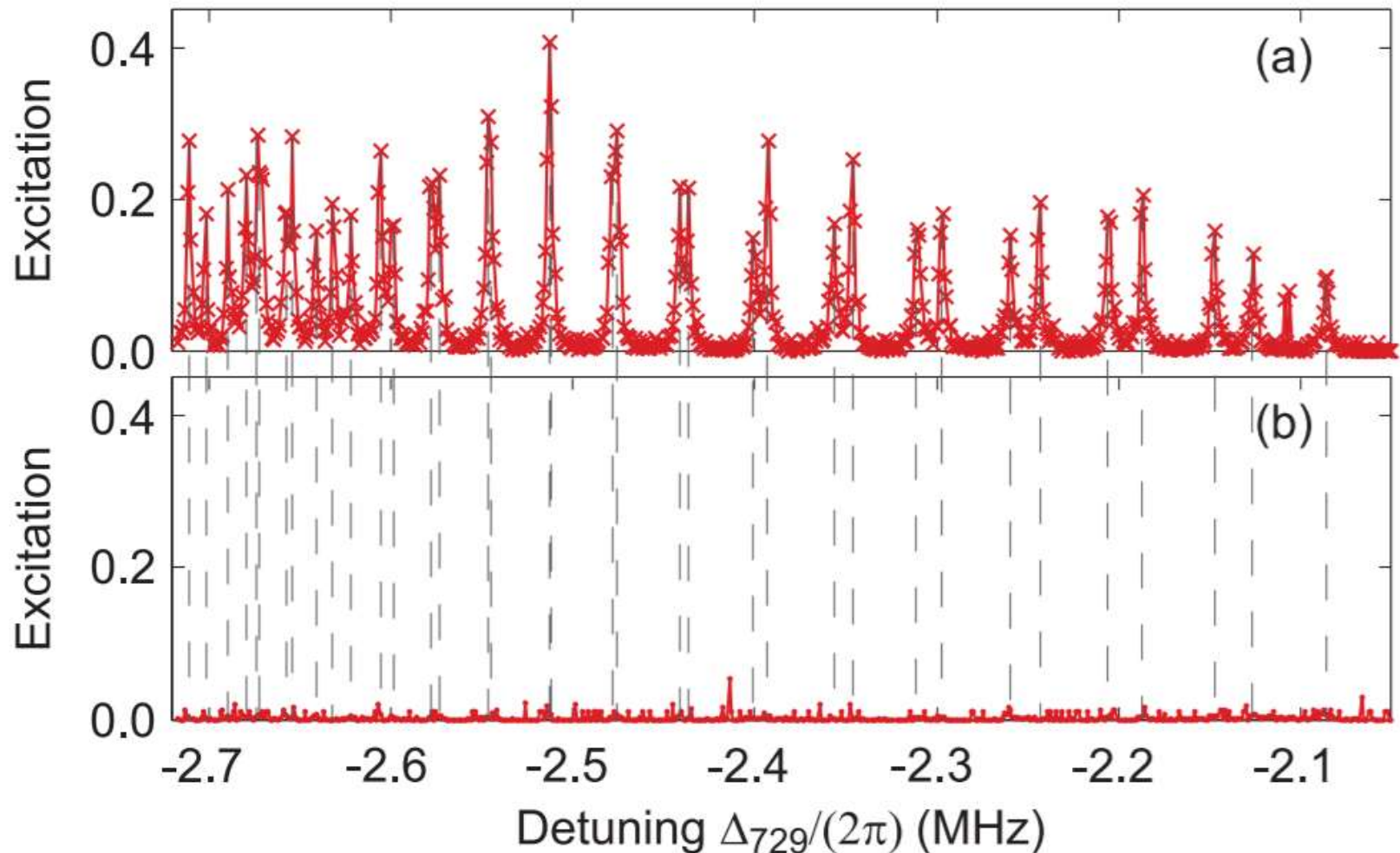
axial:
 $P(0)=73\%$

radial:
 $P(0)=58\%$

Multi-mode ground state cooling

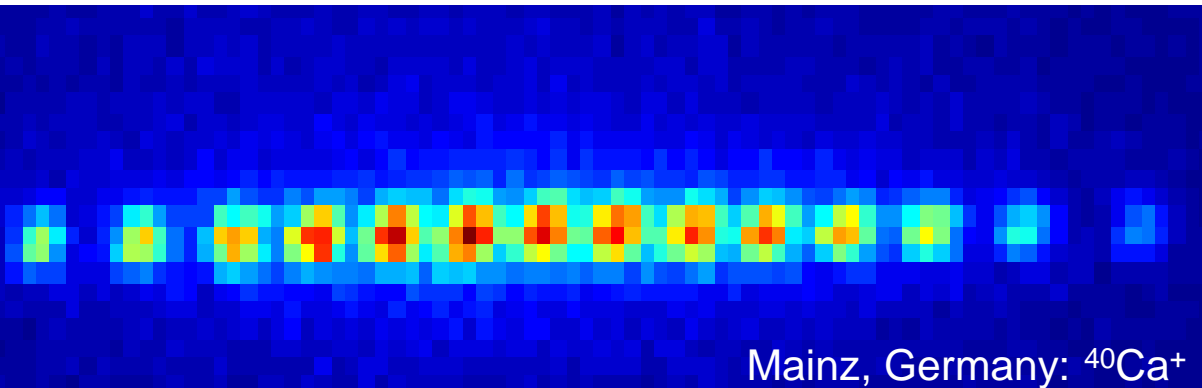
Simultaneous ground state cooling of **18 axial modes** to $n \sim 0.01..0.02$

Lechner et al, PRA 93, 053401 (2016)



Quantum quantum information and thermodynamics with ions

- Introduction to ion trapping and cooling
- Trapped ions as qubits for quantum computing and simulation
- Qubit architectures for scalable entanglement
- Quantum thermodynamics introduction
- Heat transport, Fluctuation theorems,
- Phase transitions, Heat engines
- Outlook



Mainz, Germany: $^{40}\text{Ca}^+$

www.quantenbit.de

F. Schmidt-Kaler



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