

# Prethermalization and Thermalization in Isolated Quantum Systems

Marcos Rigol

Department of Physics  
The Pennsylvania State University

*College on Energy Transport and  
Energy Conversion in the Quantum Regime*

ICTP, Trieste, Italy

August 29, 2019

K. Mallayya, MR, and W. De Roeck, *Phys. Rev. X* **9**, 021027 (2019).

K. Mallayya and MR, [arXiv:1907.04261](https://arxiv.org/abs/1907.04261).

- 1 Introduction
  - Prethermalization (theory and experiments)
- 2 Prethermalization-thermalization: Universal two-step phenomena  
K. Mallayya, MR, and W. De Roeck, PRX **9**, 021027 (2019)
  - Setup and numerical experiments
  - General considerations and analytical results
  - Unperturbed strongly interacting quantum-chaotic model
  - Unperturbed strongly interacting integrable model
- 3 Prethermalization-thermalization in periodically driven systems  
K. Mallayya and MR, arXiv:1907.04261
  - Unperturbed strongly interacting quantum-chaotic model
- 4 Summary

# Prethermalization & thermalization (theory)

## Heavy-ion collisions

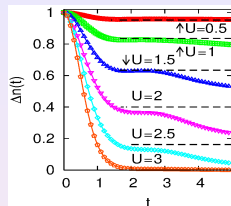
J. Berges, Sz. Borsányi, and C. Wetterich, PRL **93**, 142002 (2004).

## Sudden turn on of interactions in the Hubbard model

M. Moeckel and S. Kehrein, PRL **100**, 175702 (2008).

M. Eckstein, M. Kollar, and P. Werner, PRL **103**, 056403 (2009).

M. Kollar, F. A. Wolf, and M. Eckstein, PRB **84**, 054304 (2011).



# Prethermalization & thermalization (theory)

## Heavy-ion collisions

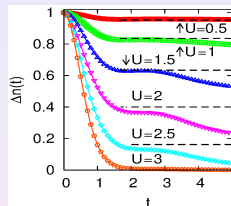
J. Berges, Sz. Borsányi, and C. Wetterich, PRL **93**, 142002 (2004).

## Sudden turn on of interactions in the Hubbard model

M. Moeckel and S. Kehrein, PRL **100**, 175702 (2008).

M. Eckstein, M. Kollar, and P. Werner, PRL **103**, 056403 (2009).  $\Rightarrow$

M. Kollar, F. A. Wolf, and M. Eckstein, PRB **84**, 054304 (2011).



## Quenches in weakly interacting spinless fermions models (EOM)

Essler, Kehrein, Manmana, and Robinson, PRB **89**, 165104 (2014).

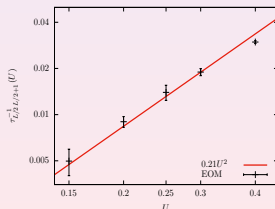
Bertini, Essler, Groha, and Robinson, PRL **115**, 180601 (2015); PRB **94**, 245117 (2016).  $\Rightarrow$

Rates  $\propto U^2$

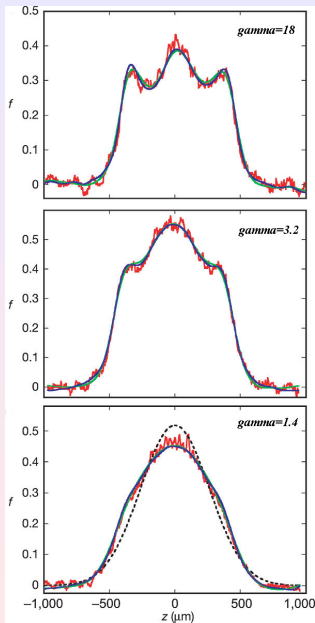
## Quenches in weakly interacting models (time-dependent GGEs)

M. Stark and M. Kollar, arXiv:1308.1610.

D'Alessio, Kafri, Polkovnikov, and MR, Adv. Phys. **65**, 239 (2016).



# Prethermalization – Quantum Newton's Cradle (Rb)



## 2D optical lattices

T. Kinoshita, T. Wenger, and D. S. Weiss,  
Nature **440**, 900 (2006).

$$\gamma = \frac{mg_{1D}}{\hbar^2 \rho}$$

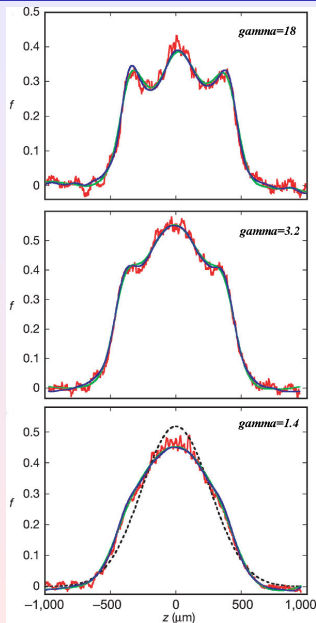
$g_{1D}$ : Interaction strength

$\rho$ : One-dimensional density

If  $\gamma \gg 1$  the system is in the strongly correlated Tonks-Girardeau regime

If  $\gamma \ll 1$  the system is in the weakly interacting regime

# Prethermalization – Quantum Newton's Cradle (Rb)



## 2D optical lattices

T. Kinoshita, T. Wenger, and D. S. Weiss,  
Nature **440**, 900 (2006).

$$\gamma = \frac{mg_{1D}}{\hbar^2 \rho}$$

$g_{1D}$ : Interaction strength

$\rho$ : One-dimensional density

If  $\gamma \gg 1$  the system is in the strongly  
correlated Tonks-Girardeau regime

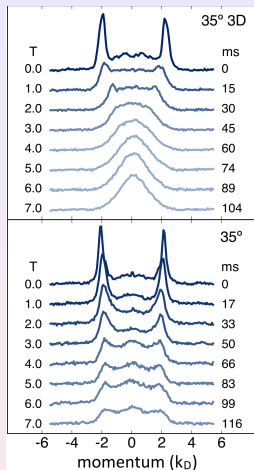
If  $\gamma \ll 1$  the system is in the weakly  
interacting regime

## Atom chips (Schmiedmayer's group)

M. Gring *et al.*, Science **337**, 1318 (2012).

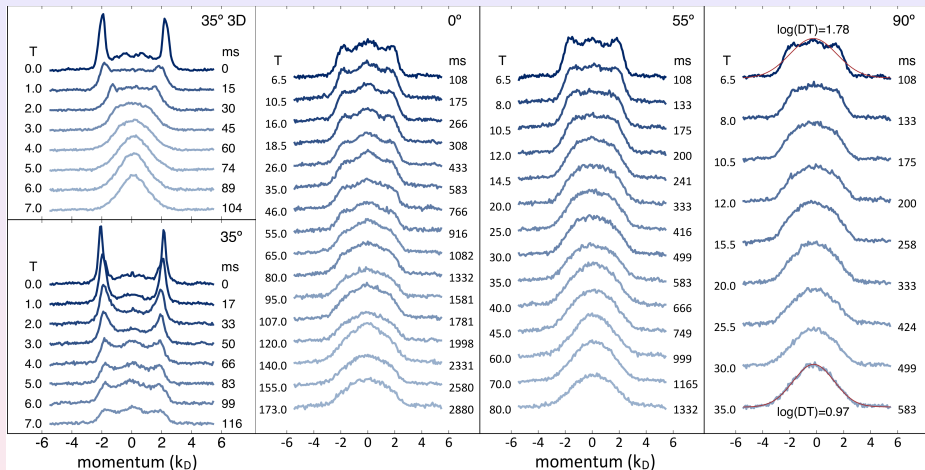
T. Langen *et al.*, Science **348**, 207 (2015).

# Prethermalization & thermalization (QNC Dysprosium)



Y. Tang, W. Kao, K.-Y. Li, S. Seo, K. Mallayya, MR, S. Gopalakrishnan, and B. L. Lev,  
Phys. Rev. X **8**, 021030 (2018).

# Prethermalization & thermalization (QNC Dysprosium)



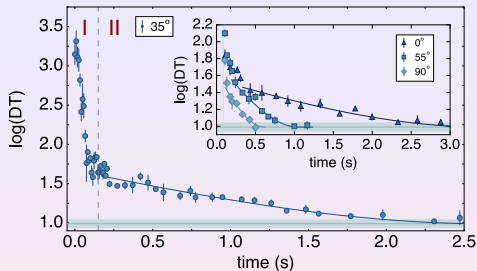
$$DT = \sqrt{\sum_k [n(k) - n_G(k)]^2}$$

Y. Tang, W. Kao, K.-Y. Li, S. Seo, K. Mallayya, MR, S. Gopalakrishnan, and B. L. Lev,  
 Phys. Rev. X **8**, 021030 (2018).



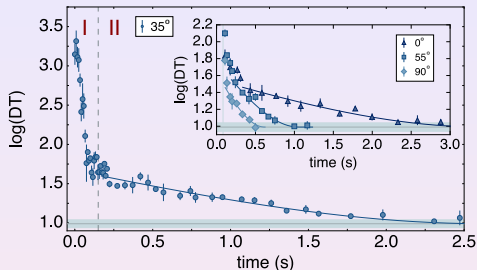
# Prethermalization & thermalization (QNC Dysprosium)

## Approach to thermal predictions:

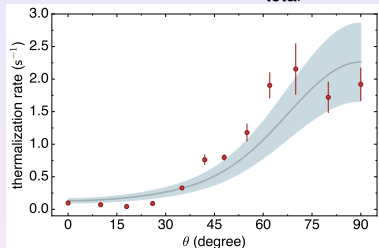


# Prethermalization & thermalization (QNC Dysprosium)

Approach to thermal predictions:

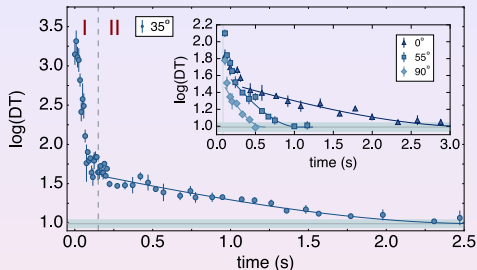


Consistent with  $FGR \propto U_{\text{total}}^2(\theta)$

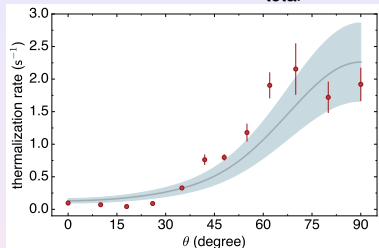


# Prethermalization & thermalization (QNC Dysprosium)

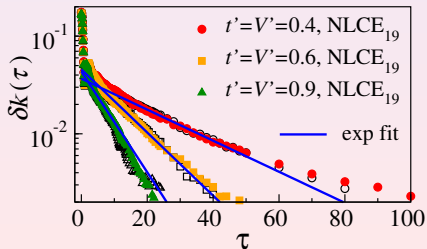
Approach to thermal predictions:



Consistent with  $FGR \propto U_{\text{total}}^2(\theta)$



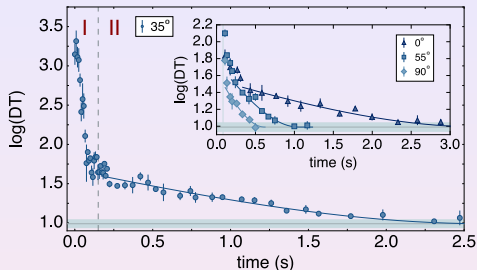
Breaking integrability in the XXZ model (NLCEs)



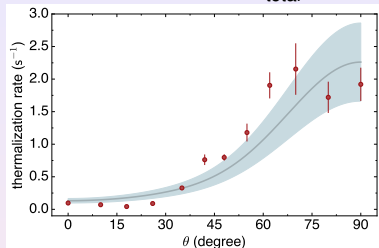
K. Mallayya and MR, PRL **120**, 070603 (2018).

# Prethermalization & thermalization (QNC Dysprosium)

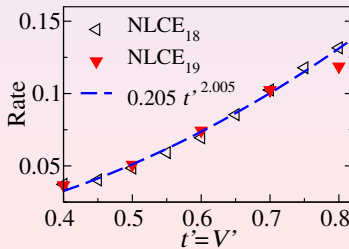
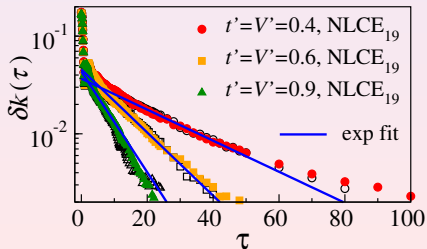
Approach to thermal predictions:



Consistent with  $FGR \propto U_{\text{total}}^2(\theta)$



Breaking integrability in the XXZ model (NLCEs)



K. Mallayya and MR, PRL **120**, 070603 (2018).

1

## Introduction

- Prethermalization (theory and experiments)

2

## Prethermalization-thermalization: Universal two-step phenomena

K. Mallayya, MR, and W. De Roeck, PRX **9**, 021027 (2019)

- **Setup and numerical experiments**
- General considerations and analytical results
- Unperturbed strongly interacting quantum-chaotic model
- Unperturbed strongly interacting integrable model

3

## Prethermalization-thermalization in periodically driven systems

K. Mallayya and MR, arXiv:1907.04261

- Unperturbed strongly interacting quantum-chaotic model

4

## Summary

# General setup and specific model Hamiltonian

We have in mind Hamiltonians of the form:  $\hat{H} = \hat{H}_0 + g\hat{U}$  with  $g \ll 1$

- $\hat{H}_0$  (integrable or not) has at least one conserved quantity  $\hat{Q}$ ,  $[\hat{H}_0, \hat{Q}] = 0$
- $[\hat{U}, \hat{Q}] \neq 0 \Rightarrow [\hat{H}, \hat{Q}] \neq 0$

# General setup and specific model Hamiltonian

We have in mind Hamiltonians of the form:  $\hat{H} = \hat{H}_0 + g\hat{U}$  with  $g \ll 1$

- $\hat{H}_0$  (integrable or not) has at least one conserved quantity  $\hat{Q}$ ,  $[\hat{H}_0, \hat{Q}] = 0$
- $[\hat{U}, \hat{Q}] \neq 0 \Rightarrow [\hat{H}, \hat{Q}] \neq 0$

Numerical experiments: Quenches in 1D lattices with hard-core bosons

$$\hat{H}_0 = \sum_i \left[ -t \left( \hat{b}_i^\dagger \hat{b}_{i+1} + \text{H.c.} \right) + V \left( \hat{n}_i - \frac{1}{2} \right) \left( \hat{n}_{i+1} - \frac{1}{2} \right) \right. \\ \left. - t' \left( \hat{b}_i^\dagger \hat{b}_{i+2} + \text{H.c.} \right) + V' \left( \hat{n}_i - \frac{1}{2} \right) \left( \hat{n}_{i+2} - \frac{1}{2} \right) \right]$$

Conserved quantity:  $\hat{N} = \sum_i \hat{n}_i$ ,  $[\hat{H}_0, \hat{N}] = 0$

# General setup and specific model Hamiltonian

We have in mind Hamiltonians of the form:  $\hat{H} = \hat{H}_0 + g\hat{U}$  with  $g \ll 1$

- $\hat{H}_0$  (integrable or not) has at least one conserved quantity  $\hat{Q}$ ,  $[\hat{H}_0, \hat{Q}] = 0$
- $[\hat{U}, \hat{Q}] \neq 0 \Rightarrow [\hat{H}, \hat{Q}] \neq 0$

Numerical experiments: Quenches in 1D lattices with hard-core bosons

$$\hat{H}_0 = \sum_i \left[ -t \left( \hat{b}_i^\dagger \hat{b}_{i+1} + \text{H.c.} \right) + V \left( \hat{n}_i - \frac{1}{2} \right) \left( \hat{n}_{i+1} - \frac{1}{2} \right) \right. \\ \left. - t' \left( \hat{b}_i^\dagger \hat{b}_{i+2} + \text{H.c.} \right) + V' \left( \hat{n}_i - \frac{1}{2} \right) \left( \hat{n}_{i+2} - \frac{1}{2} \right) \right]$$

Conserved quantity:  $\hat{N} = \sum_i \hat{n}_i$ ,  $[\hat{H}_0, \hat{N}] = 0$

Two perturbations:  $g_\alpha \hat{U}_\alpha$ ,  $\alpha = 1, 2$ , with  $[\hat{U}_\alpha, \hat{N}] \neq 0$

$$g_1 \hat{U}_1 = g_1 \sum_i \left[ \hat{b}_i + \frac{1}{2} \left( \hat{b}_i \hat{b}_{i+1} - \hat{b}_i^\dagger \hat{b}_{i+1}^\dagger \right) + \text{H.c.} \right],$$

$$g_2 \hat{U}_2 = g_2 \sum_i \left( \hat{b}_i + \frac{1}{2} \hat{b}_i \hat{b}_{i+1} + \text{H.c.} \right).$$



# Numerical linked cluster expansions (NLCEs)

**Linked-cluster theorem:** Extensive observables  $O$  per site  $\mathcal{O}$  in a lattice

$$\mathcal{O} = \sum_c L(c) \times W_O(c),$$

where  $L(c)$  is the multiplicity of cluster  $c$  (ways per site in which it can be embedded on the lattice),

# Numerical linked cluster expansions (NLCEs)

**Linked-cluster theorem:** Extensive observables  $O$  per site  $\mathcal{O}$  in a lattice

$$\mathcal{O} = \sum_c L(c) \times W_O(c),$$

where  $L(c)$  is the multiplicity of cluster  $c$  (ways per site in which it can be embedded on the lattice), and  $W_O(c)$  is the weight of  $O$  in cluster  $c$

$$W_O(c) = O(c) - \sum_{s \subset c} W_O(s), \quad \text{where} \quad O(c) = \text{Tr} \left\{ \hat{O} \hat{\rho}_c \right\}.$$

# Numerical linked cluster expansions (NLCEs)

**Linked-cluster theorem:** Extensive observables  $O$  per site  $\mathcal{O}$  in a lattice

$$\mathcal{O} = \sum_c L(c) \times W_O(c),$$

where  $L(c)$  is the multiplicity of cluster  $c$  (ways per site in which it can be embedded on the lattice), and  $W_O(c)$  is the weight of  $O$  in cluster  $c$

$$W_O(c) = O(c) - \sum_{s \subset c} W_O(s), \quad \text{where} \quad O(c) = \text{Tr} \left\{ \hat{O} \hat{\rho}_c \right\}.$$

- **High-temperature expansions (HTEs):**

$$\hat{\rho}_c^{\text{GC}} = \frac{1}{Z_c^{\text{GC}}} \exp^{-\beta(\hat{H}_c - \mu \hat{N}_c)}, \text{ expand } O(c) \text{ in powers of } \beta$$

# Numerical linked cluster expansions (NLCEs)

**Linked-cluster theorem:** Extensive observables  $O$  per site  $\mathcal{O}$  in a lattice

$$\mathcal{O} = \sum_c L(c) \times W_O(c),$$

where  $L(c)$  is the multiplicity of cluster  $c$  (ways per site in which it can be embedded on the lattice), and  $W_O(c)$  is the weight of  $O$  in cluster  $c$

$$W_O(c) = O(c) - \sum_{s \subset c} W_O(s), \quad \text{where} \quad O(c) = \text{Tr} \left\{ \hat{O} \hat{\rho}_c \right\}.$$

- High-temperature expansions (HTEs):

$$\hat{\rho}_c^{\text{GC}} = \frac{1}{Z_c^{\text{GC}}} \exp^{-\beta(\hat{H}_c - \mu \hat{N}_c)}, \text{ expand } O(c) \text{ in powers of } \beta$$

- Numerical linked cluster expansions (NLCEs):  
Compute  $O(c)$  exactly using full exact diagonalization  
MR, T. Bryant, and R. R. P. Singh, PRL **97**, 187202 (2006).

# Numerical linked cluster expansions (NLCEs)

**Linked-cluster theorem:** Extensive observables  $O$  per site  $\mathcal{O}$  in a lattice

$$\mathcal{O} = \sum_c L(c) \times W_O(c),$$

where  $L(c)$  is the multiplicity of cluster  $c$  (ways per site in which it can be embedded on the lattice), and  $W_O(c)$  is the weight of  $O$  in cluster  $c$

$$W_O(c) = O(c) - \sum_{s \subset c} W_O(s), \quad \text{where} \quad O(c) = \text{Tr} \left\{ \hat{O} \hat{\rho}_c \right\}.$$

- High-temperature expansions (HTEs):

$$\hat{\rho}_c^{\text{GC}} = \frac{1}{Z_c^{\text{GC}}} \exp^{-\beta(\hat{H}_c - \mu \hat{N}_c)}, \text{ expand } O(c) \text{ in powers of } \beta$$

- Numerical linked cluster expansions (NLCEs):

Compute  $O(c)$  exactly using full exact diagonalization

MR, T. Bryant, and R. R. P. Singh, PRL **97**, 187202 (2006).

- NLCEs for quantum quenches:

$$\text{Diagonal ensemble: } \hat{\rho}_c^{\text{DE}} \equiv \lim_{\tau' \rightarrow \infty} \frac{1}{\tau'} \int_0^{\tau'} d\tau \hat{\rho}_c(\tau) = \sum_{\alpha} W_{\alpha}^c |\alpha_c\rangle \langle \alpha_c|$$

MR, PRL **112**, 170601 (2014).

**Quantum dynamics:**  $\hat{\rho}_c(\tau)$

K. Mallayya and MR, PRL **120**, 070603 (2018).

(2D) White *et al.*, arXiv:1710.07696; Guardado-Sanchez *et al.*, PRX **8**, 021069 (2018).

- 1 Introduction
  - Prethermalization (theory and experiments)
- 2 Prethermalization-thermalization: Universal two-step phenomena  
K. Mallayya, MR, and W. De Roeck, PRX **9**, 021027 (2019)
  - Setup and numerical experiments
  - **General considerations and analytical results**
  - Unperturbed strongly interacting quantum-chaotic model
  - Unperturbed strongly interacting integrable model
- 3 Prethermalization-thermalization in periodically driven systems  
K. Mallayya and MR, arXiv:1907.04261
  - Unperturbed strongly interacting quantum-chaotic model
- 4 Summary

# 'Mori-Zwanzig' approach

- Analytical results obtained within 'Mori-Zwanzig' approach (describe systems with slow variables  $(e_0, q)$  that can be separated from fast ones)
  - Liouville superoperator  $\mathcal{L} = -i[\hat{H}, \cdot]$ ,  
split  $\mathcal{L} = \mathcal{L}_0 + \mathcal{L}_1$  where  $\mathcal{L}_0 = -i[\hat{H}_0, \cdot]$  and  $\mathcal{L}_1 = -ig[\hat{V}, \cdot]$
  - Projection  $\mathcal{P}: \hat{\rho} \rightarrow \hat{\rho}_{e_0, q}$
  - Rewrite  $\mathcal{P}$ -projected Liouville equation  $\partial_\tau \mathcal{P}\hat{\rho}(\tau) = \mathcal{P}\mathcal{L}\hat{\rho}(\tau)$   
to make meaningful approximations

# ‘Mori-Zwanzig’ approach

- Analytical results obtained within ‘Mori-Zwanzig’ approach (describe systems with slow variables  $(e_0, q)$  that can be separated from fast ones)
  - Liouville superoperator  $\mathcal{L} = -i[\hat{H}, \cdot]$ ,  
split  $\mathcal{L} = \mathcal{L}_0 + \mathcal{L}_1$  where  $\mathcal{L}_0 = -i[\hat{H}_0, \cdot]$  and  $\mathcal{L}_1 = -ig[\hat{V}, \cdot]$
  - Projection  $\mathcal{P}: \hat{\rho} \rightarrow \hat{\rho}_{e_0, q}$
  - Rewrite  $\mathcal{P}$ -projected Liouville equation  $\partial_\tau \mathcal{P}\hat{\rho}(\tau) = \mathcal{P}\mathcal{L}\hat{\rho}(\tau)$   
to make meaningful approximations
- A similar formulation was used for open quantum systems in:
  - Z. Lenarčič, F. Lange, and A. Rosch, “Perturbative approach to weakly driven many-particle systems in the presence of approximate conservation laws”, PRB **97**, 024302 (2018).
  - F. Lange, Z. Lenarčič, and A. Rosch, “Time-dependent generalized Gibbs ensembles in open quantum systems”, PRB **97**, 165138 (2018).



# Assumptions and analytical results

- Let  $\tau^*$  be the (generalized) thermalization time of the unperturbed dynamics, namely, at times  $\tau \gtrsim \tau^*$  observables are described by the thermal density matrix  $\hat{\rho}_{e_0,q}$ , with  $(e_0, q) = (\langle \hat{h}_0 \rangle_{\hat{\rho}_I}, \langle \hat{q} \rangle_{\hat{\rho}_I})$ , or by a GGE.

# Assumptions and analytical results

- Let  $\tau^*$  be the (generalized) thermalization time of the unperturbed dynamics, namely, at times  $\tau \gtrsim \tau^*$  observables are described by the thermal density matrix  $\hat{\rho}_{e_0, q}$ , with  $(e_0, q) = (\langle \hat{h}_0 \rangle_{\hat{\rho}_I}, \langle \hat{q} \rangle_{\hat{\rho}_I})$ , or by a GGE.
- Our main assumption is a weak coupling condition: Fast equilibration of the unperturbed ( $\hat{H}_0$ ) dynamics

$$g\tau^* \ll 1$$

# Assumptions and analytical results

- Let  $\tau^*$  be the (generalized) thermalization time of the unperturbed dynamics, namely, at times  $\tau \gtrsim \tau^*$  observables are described by the thermal density matrix  $\hat{\rho}_{e_0,q}$ , with  $(e_0, q) = (\langle \hat{h}_0 \rangle_{\hat{\rho}_I}, \langle \hat{q} \rangle_{\hat{\rho}_I})$ , or by a GGE.
- Our main assumption is a weak coupling condition: Fast equilibration of the unperturbed ( $\hat{H}_0$ ) dynamics

$$g\tau^* \ll 1$$

- Prethermalization under perturbed ( $\hat{H}$ ) dynamics
  - For  $\tau \ll 1/g$  dynamics are expected to be well described by  $\hat{H}_0$  so, from  $g\tau^* \ll 1$  above, one expects fast equilibration to  $\hat{\rho}_{e_0,q}$

# Assumptions and analytical results

- Let  $\tau^*$  be the (generalized) thermalization time of the unperturbed dynamics, namely, at times  $\tau \gtrsim \tau^*$  observables are described by the thermal density matrix  $\hat{\rho}_{e_0,q}$ , with  $(e_0, q) = (\langle \hat{h}_0 \rangle_{\hat{\rho}_I}, \langle \hat{q} \rangle_{\hat{\rho}_I})$ , or by a GGE.
- Our main assumption is a weak coupling condition: Fast equilibration of the unperturbed ( $\hat{H}_0$ ) dynamics

$$g\tau^* \ll 1$$

- Prethermalization under perturbed ( $\hat{H}$ ) dynamics
  - For  $\tau \ll 1/g$  dynamics are expected to be well described by  $\hat{H}_0$  so, from  $g\tau^* \ll 1$  above, one expects fast equilibration to  $\hat{\rho}_{e_0,q}$
- Main results, thermalization under perturbed ( $\hat{H}$ ) dynamics
  - For  $\tau \gg \tau^*$  observables are well described by intermediate equilibrium states of  $\hat{H}_0$ ,  $\text{Tr}[\hat{\rho}(\tau)\hat{O}] \approx \langle \hat{O} \rangle_{e_0,q(\tau)}$ , where  $\partial_\tau q(\tau) = d[e_0, q(\tau)]$  and  $d[e_0, q(\tau)]$  is given by Fermi's golden rule. Corrections from  $\langle \hat{O} \rangle_{e_0,q(\tau)}$  are generally described by first order perturbation theory.

1

## Introduction

- Prethermalization (theory and experiments)

2

## Prethermalization-thermalization: Universal two-step phenomena

K. Mallayya, MR, and W. De Roeck, PRX **9**, 021027 (2019)

- Setup and numerical experiments
- General considerations and analytical results
- **Unperturbed strongly interacting quantum-chaotic model**
- Unperturbed strongly interacting integrable model

3

## Prethermalization-thermalization in periodically driven systems

K. Mallayya and MR, arXiv:1907.04261

- Unperturbed strongly interacting quantum-chaotic model

4

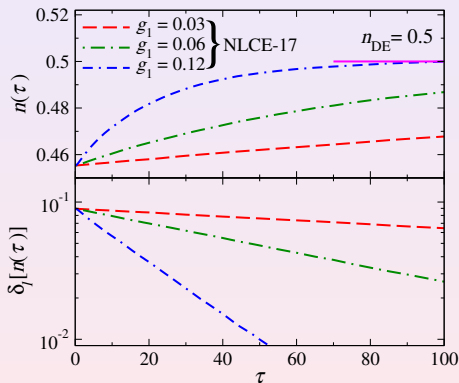
## Summary

# Dynamics of the particle filling (slow variable)

Quenches:  $\beta_I = 0.1$ ,  $\mu_I = 2$ ,  $t_I = 0.5$ ,  $V_I = 1.5$ ,  $t' = V' = 0.7$ ,  $g_1 = 0$   
 $\implies t = V = 1.0$ ,  $t' = V' = 0.7$ ,  $g_1 \in [0.03, 0.12]$

# Dynamics of the particle filling (slow variable)

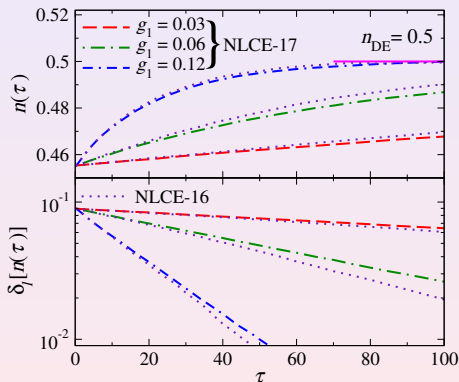
Quenches:  $\beta_I = 0.1$ ,  $\mu_I = 2$ ,  $t_I = 0.5$ ,  $V_I = 1.5$ ,  $t' = V' = 0.7$ ,  $g_1 = 0$   
 $\implies t = V = 1.0$ ,  $t' = V' = 0.7$ ,  $g_1 \in [0.03, 0.12]$



$$\delta_l[n(\tau)] = \left| \frac{n_l(\tau) - 0.5}{0.5} \right|$$

# Dynamics of the particle filling (slow variable)

Quenches:  $\beta_I = 0.1$ ,  $\mu_I = 2$ ,  $t_I = 0.5$ ,  $V_I = 1.5$ ,  $t' = V' = 0.7$ ,  $g_1 = 0$   
 $\implies t = V = 1.0$ ,  $t' = V' = 0.7$ ,  $g_1 \in [0.03, 0.12]$

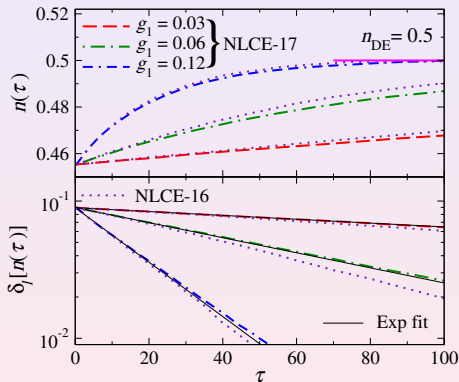


$$\delta_l[n(\tau)] = \left| \frac{n_l(\tau) - 0.5}{0.5} \right|$$



# Dynamics of the particle filling (slow variable)

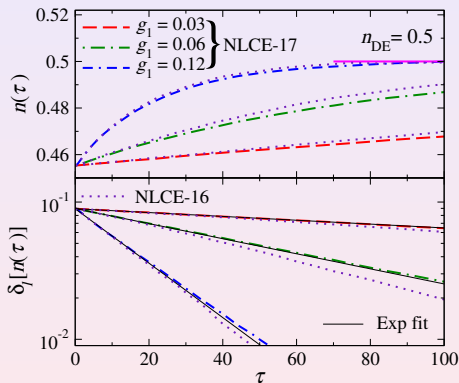
Quenches:  $\beta_I = 0.1$ ,  $\mu_I = 2$ ,  $t_I = 0.5$ ,  $V_I = 1.5$ ,  $t' = V' = 0.7$ ,  $g_1 = 0$   
 $\implies t = V = 1.0$ ,  $t' = V' = 0.7$ ,  $g_1 \in [0.03, 0.12]$



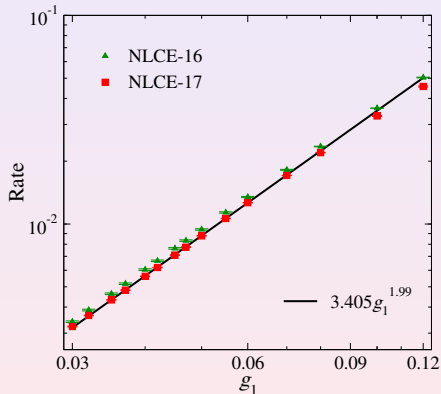
$$\delta_l[n(\tau)] = \left| \frac{n_l(\tau) - 0.5}{0.5} \right|$$

# Dynamics of the particle filling (slow variable)

Quenches:  $\beta_I = 0.1$ ,  $\mu_I = 2$ ,  $t_I = 0.5$ ,  $V_I = 1.5$ ,  $t' = V' = 0.7$ ,  $g_1 = 0$   
 $\implies t = V = 1.0$ ,  $t' = V' = 0.7$ ,  $g_1 \in [0.03, 0.12]$



$$\delta_l[n(\tau)] = \left| \frac{n_l(\tau) - 0.5}{0.5} \right|$$



# Dynamics of the particle filling (slow variable)

Quenches:  $\beta_I = 0.1$ ,  $\mu_I = 2$ ,  $t_I = 0.5$ ,  $V_I = 1.5$ ,  $t' = V' = 0.7$ ,  $g_1 = 0$   
 $\implies t = V = 1.0$ ,  $t' = V' = 0.7$ ,  $g_1 \in [0.03, 0.12]$

Fermi's golden rule (exact diag.):

$$\dot{n}(\tau) = \frac{2\pi g_1^2}{L} \sum_{i,j} \delta(E_j^0 - E_i^0) (N_j - N_i) P_i^0(\tau) \\ \times \left| \langle E_j^0 | \hat{U}_1 | E_i^0 \rangle \right|^2,$$

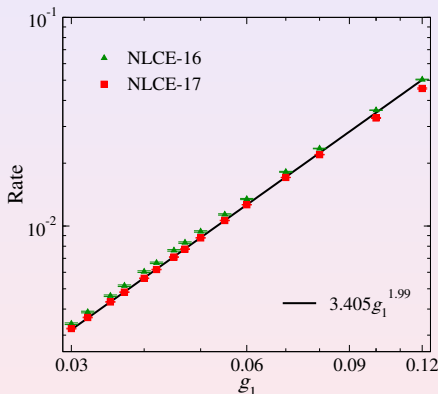
where

$$N_i = \langle E_i^0 | \hat{N} | E_i^0 \rangle$$

$$P_i^0(\tau) = \langle E_i^0 | \hat{\rho}(\tau) | E_i^0 \rangle \quad (\text{DE})$$

Thermalization rate

$$\Gamma^{\text{Fermi}}(g_1) = - \frac{\dot{n}(\tau)}{n(\tau) - 0.5}$$



# Dynamics of the particle filling (slow variable)

Quenches:  $\beta_I = 0.1$ ,  $\mu_I = 2$ ,  $t_I = 0.5$ ,  $V_I = 1.5$ ,  $t' = V' = 0.7$ ,  $g_1 = 0$   
 $\implies t = V = 1.0$ ,  $t' = V' = 0.7$ ,  $g_1 \in [0.03, 0.12]$

Fermi's golden rule (exact diag.):

$$\dot{n}(\tau) = \frac{2\pi g_1^2}{L} \sum_{i,j} \delta(E_j^0 - E_i^0) (N_j - N_i) P_i^0(\tau) \\ \times \left| \langle E_j^0 | \hat{U}_1 | E_i^0 \rangle \right|^2,$$

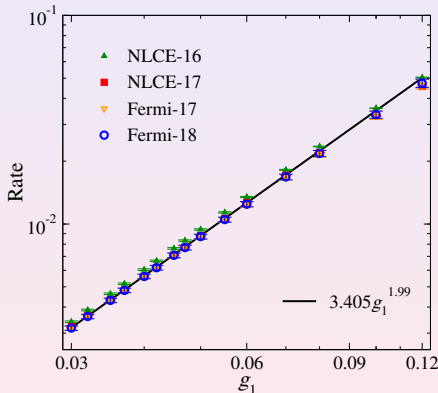
where

$$N_i = \langle E_i^0 | \hat{N} | E_i^0 \rangle$$

$$P_i^0(\tau) = \langle E_i^0 | \hat{\rho}(\tau) | E_i^0 \rangle \quad (\text{DE})$$

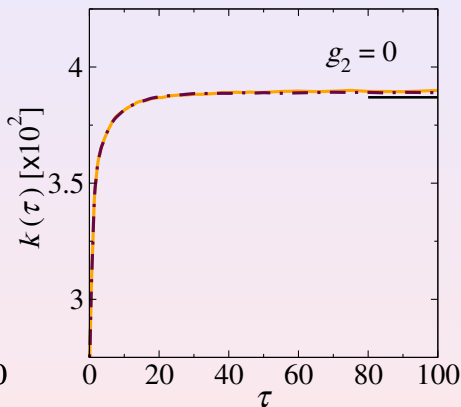
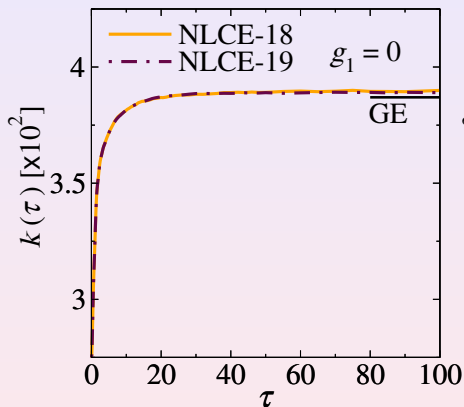
Thermalization rate

$$\Gamma^{\text{Fermi}}(g_1) = - \frac{\dot{n}(\tau)}{n(\tau) - 0.5}$$



# Dynamics of n.n. one-body $\hat{K} = \sum_i (\hat{b}_i^\dagger \hat{b}_{i+1} + \hat{b}_{i+1}^\dagger \hat{b}_i)$

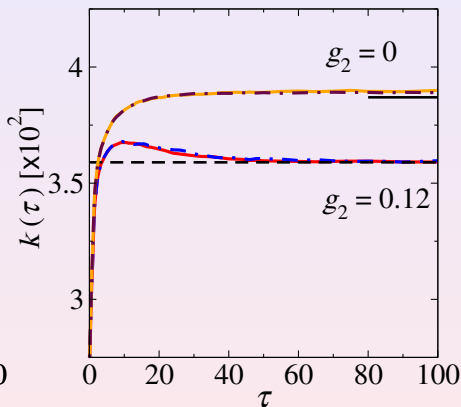
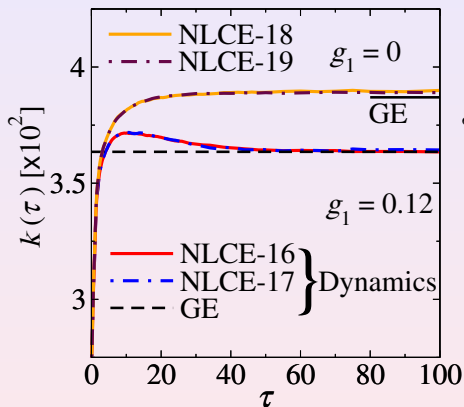
One-body nearest-neighbor correlations have dynamics even when  $g_\alpha = 0$



$$g_1 \hat{U}_1 = g_1 \sum_i \left[ \hat{b}_i + \frac{1}{2} \left( \hat{b}_i \hat{b}_{i+1} - \hat{b}_i^\dagger \hat{b}_{i+1}^\dagger \right) + \text{H.c.} \right] \quad g_2 \hat{U}_2 = g_2 \sum_i \left( \hat{b}_i + \frac{1}{2} \hat{b}_i \hat{b}_{i+1} + \text{H.c.} \right)$$

# Dynamics of n.n. one-body $\hat{K} = \sum_i (\hat{b}_i^\dagger \hat{b}_{i+1} + \hat{b}_{i+1}^\dagger \hat{b}_i)$

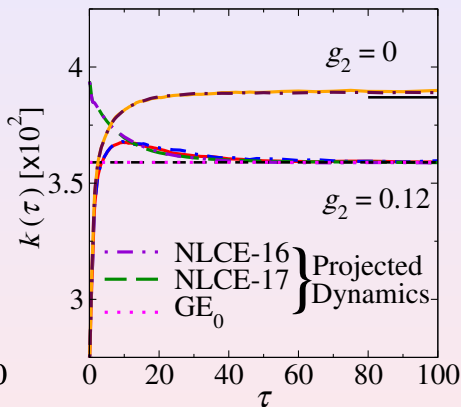
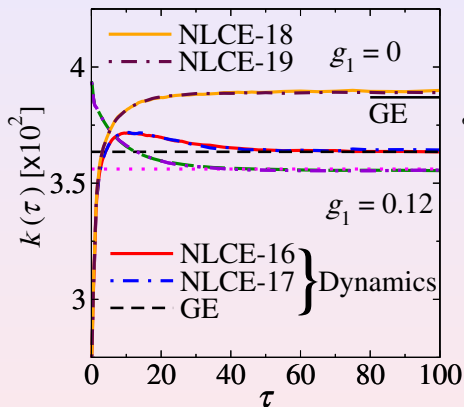
One-body nearest-neighbor correlations have dynamics even when  $g_\alpha = 0$



$$g_1 \hat{U}_1 = g_1 \sum_i \left[ \hat{b}_i + \frac{1}{2} \left( \hat{b}_i \hat{b}_{i+1} - \hat{b}_i^\dagger \hat{b}_{i+1}^\dagger \right) + \text{H.c.} \right] \quad g_2 \hat{U}_2 = g_2 \sum_i \left( \hat{b}_i + \frac{1}{2} \hat{b}_i \hat{b}_{i+1} + \text{H.c.} \right)$$

# Dynamics of n.n. one-body $\hat{K} = \sum_i (\hat{b}_i^\dagger \hat{b}_{i+1} + \hat{b}_{i+1}^\dagger \hat{b}_i)$

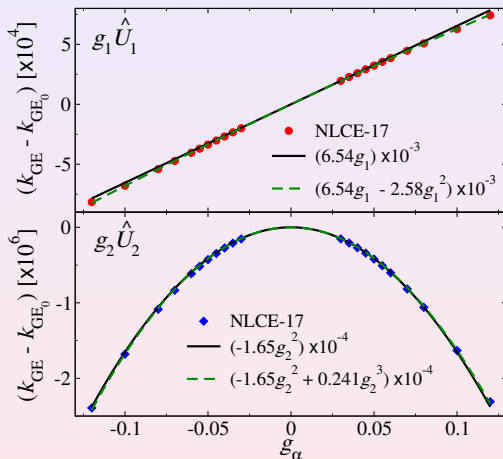
One-body nearest-neighbor correlations have dynamics even when  $g_\alpha = 0$



$$g_1 \hat{U}_1 = g_1 \sum_i \left[ \hat{b}_i + \frac{1}{2} \left( \hat{b}_i \hat{b}_{i+1} - \hat{b}_i^\dagger \hat{b}_{i+1}^\dagger \right) + \text{H.c.} \right] \quad g_2 \hat{U}_2 = g_2 \sum_i \left( \hat{b}_i + \frac{1}{2} \hat{b}_i \hat{b}_{i+1} + \text{H.c.} \right)$$

# Dynamics of n.n. one-body $\hat{K} = \sum_i (\hat{b}_i^\dagger \hat{b}_{i+1} + \hat{b}_{i+1}^\dagger \hat{b}_i)$

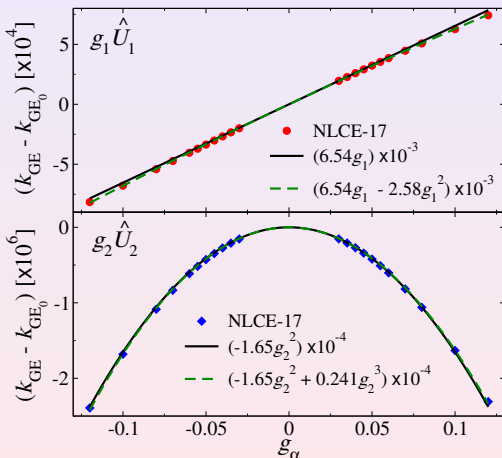
Correction as  $\tau \rightarrow \infty$  vs  $g_\alpha$





# Dynamics of n.n. one-body $\hat{K} = \sum_i (\hat{b}_i^\dagger \hat{b}_{i+1} + \hat{b}_{i+1}^\dagger \hat{b}_i)$

Correction as  $\tau \rightarrow \infty$  vs  $g_\alpha$



The first order correction is:

$$ig_\alpha \int_0^\infty ds \text{Tr} \left( \left[ \hat{U}_\alpha(-s), \hat{K} \right] \hat{\rho}_0(\tau) \right)$$

where

$$\hat{U}_\alpha(-s) = e^{-is\hat{H}_0} \hat{U}_\alpha e^{is\hat{H}_0}$$

$\hat{\rho}_0(\tau)$  is the projected  $\hat{\rho}(\tau)$

$\hat{K}$  and  $\hat{\rho}_0(\tau)$  are block diagonal in the particle number basis

$$\hat{b}_i^\dagger \hat{b}_{i+1} \Rightarrow O(g_1) \neq 0$$

$$\text{lack thereof} \Rightarrow O(g_2) = 0.$$

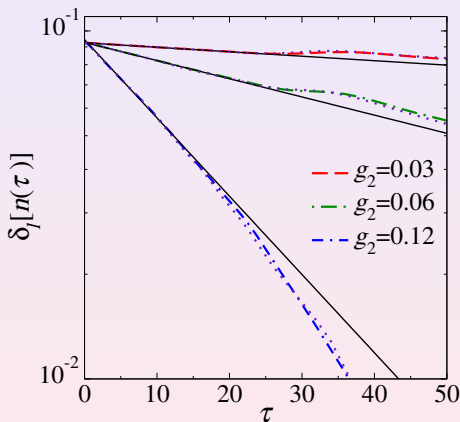
- 1 Introduction
  - Prethermalization (theory and experiments)
- 2 Prethermalization-thermalization: Universal two-step phenomena  
K. Mallayya, MR, and W. De Roeck, PRX **9**, 021027 (2019)
  - Setup and numerical experiments
  - General considerations and analytical results
  - Unperturbed strongly interacting quantum-chaotic model
  - **Unperturbed strongly interacting integrable model**
- 3 Prethermalization-thermalization in periodically driven systems  
K. Mallayya and MR, arXiv:1907.04261
  - Unperturbed strongly interacting quantum-chaotic model
- 4 Summary

# Integrable: Dynamics of the particle filling

**Quenches:**  $\beta_I = 0.1, \mu_I = 2, t_I = 0.5, V_I = 1.5, t' = V' = 0, g_2 = 0$   
 $\implies t = V = 1.0, t' = V' = 0, g_2 \in [0.03, 0.12]$

# Integrable: Dynamics of the particle filling

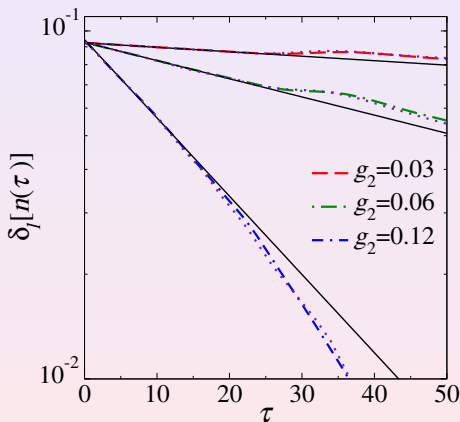
Quenches:  $\beta_I = 0.1, \mu_I = 2, t_I = 0.5, V_I = 1.5, t' = V' = 0, g_2 = 0$   
 $\implies t = V = 1.0, t' = V' = 0, g_2 \in [0.03, 0.12]$



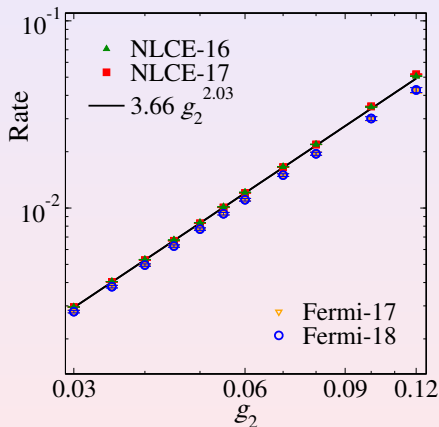
$$\delta_l[n(\tau)] = \left| \frac{n_l(\tau) - 0.5}{0.5} \right|$$

# Integrable: Dynamics of the particle filling

**Quenches:**  $\beta_I = 0.1$ ,  $\mu_I = 2$ ,  $t_I = 0.5$ ,  $V_I = 1.5$ ,  $t' = V' = 0$ ,  $g_2 = 0$   
 $\implies t = V = 1.0$ ,  $t' = V' = 0$ ,  $g_2 \in [0.03, 0.12]$



$$\delta_l[n(\tau)] = \left| \frac{n_l(\tau) - 0.5}{0.5} \right|$$



- 1 Introduction
  - Prethermalization (theory and experiments)
- 2 Prethermalization-thermalization: Universal two-step phenomena  
K. Mallayya, MR, and W. De Roeck, PRX **9**, 021027 (2019)
  - Setup and numerical experiments
  - General considerations and analytical results
  - Unperturbed strongly interacting quantum-chaotic model
  - Unperturbed strongly interacting integrable model
- 3 Prethermalization-thermalization in periodically driven systems  
K. Mallayya and MR, arXiv:1907.04261
  - Unperturbed strongly interacting quantum-chaotic model
- 4 Summary

# General setup and specific model Hamiltonian

We have in mind time-periodic Hamiltonians (period  $T = 2\pi/\Omega$ ) of the form:

$$\hat{H}(\tau) = \hat{H}_0 + g(\tau)\hat{K}, \text{ with } g(\tau) = g(\tau + T) \ll 1 \text{ and } \overline{g(\tau)} = 0$$

We Fourier decompose  $g(\tau) = \sum_{m>0} 2g_m \sin(m\Omega\tau)$

# General setup and specific model Hamiltonian

We have in mind time-periodic Hamiltonians (period  $T = 2\pi/\Omega$ ) of the form:

$$\hat{H}(\tau) = \hat{H}_0 + g(\tau)\hat{K}, \text{ with } g(\tau) = g(\tau + T) \ll 1 \text{ and } \overline{g(\tau)} = 0$$

We Fourier decompose  $g(\tau) = \sum_{m>0} 2g_m \sin(m\Omega\tau)$

Numerical experiments: Hard-core bosons in 1D lattices

$$\begin{aligned} \hat{H}_0 = \sum_i & \left[ \left( -t \hat{b}_i^\dagger \hat{b}_{i+1} - t' \hat{b}_i^\dagger \hat{b}_{i+2} + h \hat{b}_i^\dagger \right) + \text{H.c.} \right. \\ & \left. + V \left( \hat{n}_i - \frac{1}{2} \right) \left( \hat{n}_{i+1} - \frac{1}{2} \right) + V' \left( \hat{n}_i - \frac{1}{2} \right) \left( \hat{n}_{i+2} - \frac{1}{2} \right) \right] \\ \hat{K} = - \sum_i & \left( \hat{b}_i^\dagger \hat{b}_{i+1} + \text{H.c.} \right) \end{aligned}$$



# Dynamics of the energy [defined using $\hat{H}_0 = \overline{\hat{H}(\tau)}$ ]

Quench + drive:  $t_I = 0.5$ ,  $V_I = 2.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$

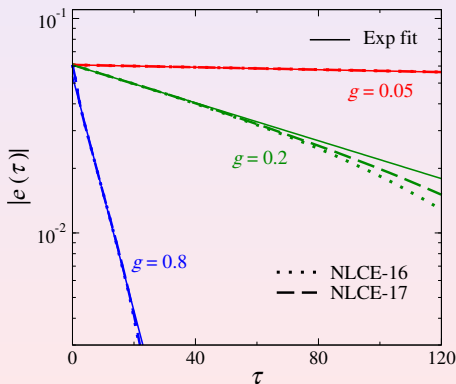
$\implies t = V = 1.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$ ,  $g(\tau) = g \operatorname{sgn}[\sin(\Omega\tau)]$

# Dynamics of the energy [defined using $\hat{H}_0 = \overline{\hat{H}(\tau)}$ ]

Quench + drive:  $t_I = 0.5$ ,  $V_I = 2.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$

$\implies t = V = 1.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$ ,  $g(\tau) = g \operatorname{sgn}[\sin(\Omega\tau)]$

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and  $T = 1.0$

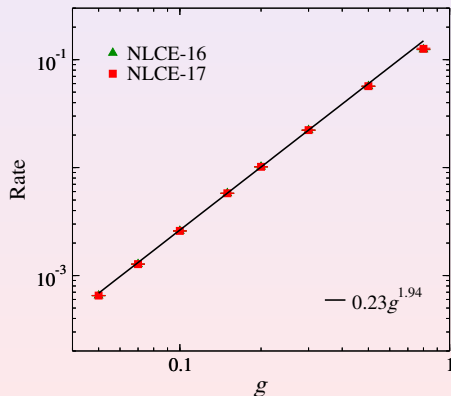
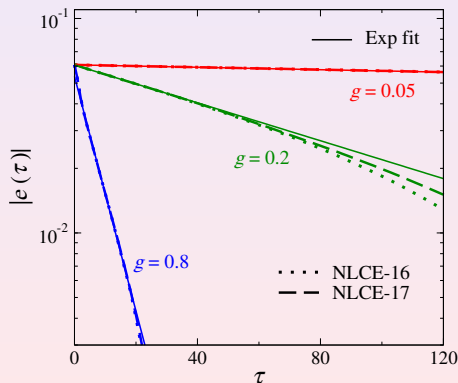


# Dynamics of the energy [defined using $\hat{H}_0 = \overline{\hat{H}(\tau)}$ ]

Quench + drive:  $t_I = 0.5$ ,  $V_I = 2.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$

$\implies t = V = 1.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$ ,  $g(\tau) = g \operatorname{sgn}[\sin(\Omega\tau)]$

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and  $T = 1.0$



# Dynamics of the energy [defined using $\hat{H}_0 = \overline{\hat{H}(\tau)}$ ]

Quench + drive:  $t_I = 0.5$ ,  $V_I = 2.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$

$\implies t = V = 1.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$ ,  $g(\tau) = g \operatorname{sgn}[\sin(\Omega\tau)]$

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and  $T = 1.0$

Fermi's golden rule (exact diag.):

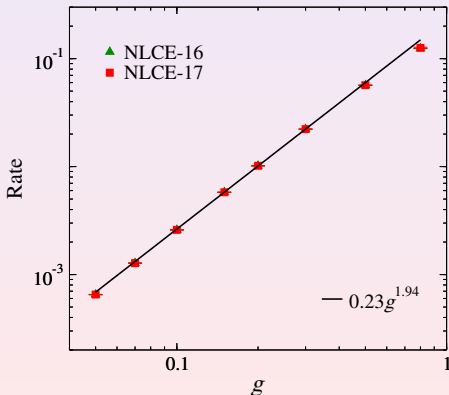
$$\dot{E}(\tau) = \sum_{m>0} \dot{E}_m(\tau), \quad \text{where}$$

$$\dot{E}_m(\tau) = 2\pi g_m^2 \sum_{i,f} \delta(E_f^0 - E_i^0 \pm m\Omega) \\ \times (E_f^0 - E_i^0) P_i^0(\tau) |\langle E_f^0 | \hat{K} | E_i^0 \rangle|^2$$

$$P_i^0(\tau) = \langle E_i^0 | \hat{\rho}(\tau) | E_i^0 \rangle \quad (\text{DE})$$

Heating rates:  $\Gamma(\tau) = \sum_{m>0} \Gamma_m(\tau)$

$$\Gamma_m(g) = - \frac{\dot{E}_m(\tau)}{E_\infty - E(\tau)}$$



# Dynamics of the energy [defined using $\hat{H}_0 = \overline{\hat{H}(\tau)}$ ]

Quench + drive:  $t_I = 0.5$ ,  $V_I = 2.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$

$\implies t = V = 1.0$ ,  $t' = V' = 0.8$ ,  $h = 1.0$ ,  $g(\tau) = g \operatorname{sgn}[\sin(\Omega\tau)]$

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and  $T = 1.0$

Fermi's golden rule (exact diag.):

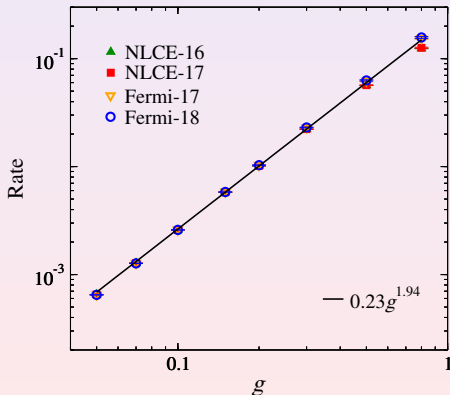
$$\dot{E}(\tau) = \sum_{m>0} \dot{E}_m(\tau), \quad \text{where}$$

$$\dot{E}_m(\tau) = 2\pi g_m^2 \sum_{i,f} \delta(E_f^0 - E_i^0 \pm m\Omega) \\ \times (E_f^0 - E_i^0) P_i^0(\tau) |\langle E_f^0 | \hat{K} | E_i^0 \rangle|^2$$

$$P_i^0(\tau) = \langle E_i^0 | \hat{\rho}(\tau) | E_i^0 \rangle \quad (\text{DE})$$

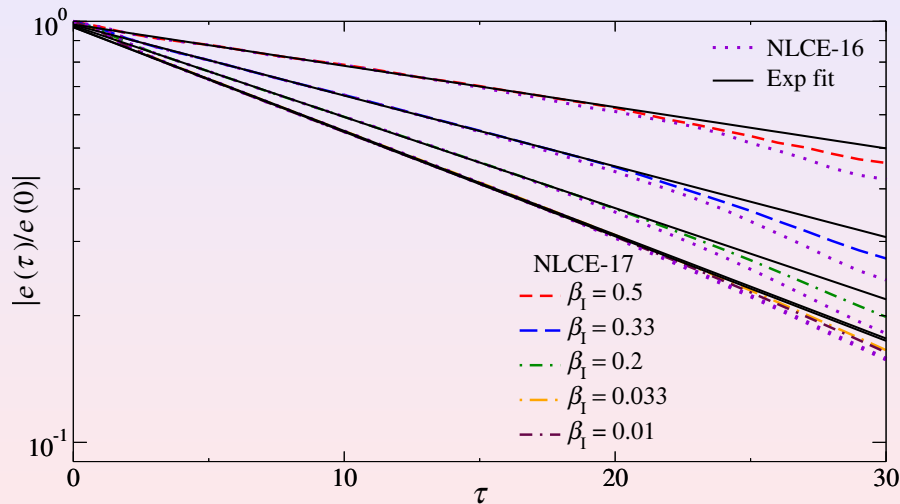
Heating rates:  $\Gamma(\tau) = \sum_{m>0} \Gamma_m(\tau)$

$$\Gamma_m(g) = - \frac{\dot{E}_m(\tau)}{E_\infty - E(\tau)}$$



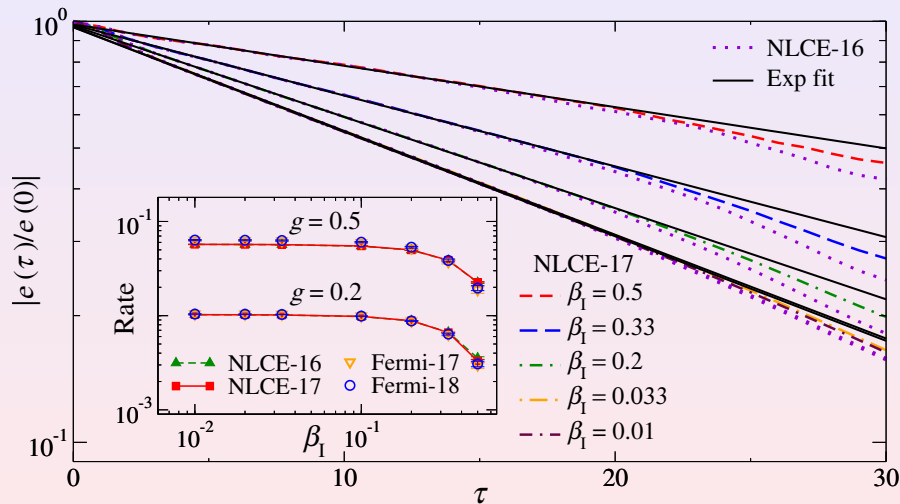
# Dynamics of the energy [defined using $\hat{H}_0 = \overline{\hat{H}(\tau)}$ ]

Results for  $\mu_I = 0$ ,  $T = 1.0$ , and different values of  $\beta_I$



# Dynamics of the energy [defined using $\hat{H}_0 = \overline{\hat{H}(\tau)}$ ]

Results for  $\mu_I = 0$ ,  $T = 1.0$ , and different values of  $\beta_I$



# Heating rates and eigenstate thermalization

Heating rates:  $\Gamma_m = -\frac{\dot{E}_m(\tau)}{E_\infty - E(\tau)}$ , where

$$\dot{E}_m(\tau) = 2\pi g_m^2 \sum_{i,f} \delta(E_f^0 - E_i^0 \pm m\Omega) (E_f^0 - E_i^0) P_i^0(\tau) |\langle E_f^0 | \hat{K} | E_i^0 \rangle|^2$$



# Heating rates and eigenstate thermalization

Heating rates:  $\Gamma_m = -\frac{\dot{E}_m(\tau)}{E_\infty - E(\tau)}$ , where

$$\dot{E}_m(\tau) = 2\pi g_m^2 \sum_{i,f} \delta(E_f^0 - E_i^0 \pm m\Omega) (E_f^0 - E_i^0) P_i^0(\tau) |\langle E_f^0 | \hat{K} | E_i^0 \rangle|^2$$

In quantum chaotic systems, because of eigenstate thermalization:

$$P_i^0(\tau) = \langle E_i^0 | \hat{\rho}(\tau) | E_i^0 \rangle \rightarrow \exp[-\beta(\tau) E_i^0] / \text{Tr}\{\exp[-\beta(\tau) \hat{H}_0]\},$$

with  $\beta(\tau)$  obtained from the condition  $\text{Tr}[\hat{H}_0 \hat{\rho}_{\text{GE}}(\tau)] = \text{Tr}[\hat{H}_0 \hat{\rho}(\tau)]$ .

# Heating rates and eigenstate thermalization

Heating rates:  $\Gamma_m = -\frac{\dot{E}_m(\tau)}{E_\infty - E(\tau)}$ , where

$$\dot{E}_m(\tau) = 2\pi g_m^2 \sum_{i,f} \delta(E_f^0 - E_i^0 \pm m\Omega) (E_f^0 - E_i^0) P_i^0(\tau) |\langle E_f^0 | \hat{K} | E_i^0 \rangle|^2$$

In quantum chaotic systems, because of eigenstate thermalization:

$$P_i^0(\tau) = \langle E_i^0 | \hat{\rho}(\tau) | E_i^0 \rangle \rightarrow \exp[-\beta(\tau) E_i^0] / \text{Tr}\{\exp[-\beta(\tau) \hat{H}_0]\},$$

with  $\beta(\tau)$  obtained from the condition  $\text{Tr}[\hat{H}_0 \hat{\rho}_{\text{GE}}(\tau)] = \text{Tr}[\hat{H}_0 \hat{\rho}(\tau)]$ .

Eigenstate thermalization hypothesis

M. Srednicki, J. Phys. A **32**, 1163 (1999); L. D'Alessio *et al.*, Adv. Phys. **65**, 239 (2016).

$$O_{\alpha\beta} = O(E) \delta_{\alpha\beta} + [D(E)]^{-1/2} f_O(E, \omega) R_{\alpha\beta}$$

where  $E \equiv (E_\alpha + E_\beta)/2$ ,  $\omega \equiv E_\alpha - E_\beta$ ,  $D(E)$  is the density of states at energy  $E$ , and  $R_{\alpha\beta}$  is a random number with zero mean and unit variance.

# Heating rates and eigenstate thermalization

Heating rates:  $\Gamma_m = -\frac{\dot{E}_m(\tau)}{E_\infty - E(\tau)}$ , where

$$\dot{E}_m(\tau) = 2\pi g_m^2 \sum_{i,f} \delta(E_f^0 - E_i^0 \pm m\Omega) (E_f^0 - E_i^0) P_i^0(\tau) |\langle E_f^0 | \hat{K} | E_i^0 \rangle|^2$$

In quantum chaotic systems, because of eigenstate thermalization:

$$P_i^0(\tau) = \langle E_i^0 | \hat{\rho}(\tau) | E_i^0 \rangle \rightarrow \exp[-\beta(\tau) E_i^0] / \text{Tr}\{\exp[-\beta(\tau) \hat{H}_0]\},$$

with  $\beta(\tau)$  obtained from the condition  $\text{Tr}[\hat{H}_0 \hat{\rho}_{\text{GE}}(\tau)] = \text{Tr}[\hat{H}_0 \hat{\rho}(\tau)]$ .

Eigenstate thermalization hypothesis

M. Srednicki, J. Phys. A **32**, 1163 (1999); L. D'Alessio *et al.*, Adv. Phys. **65**, 239 (2016).

$$O_{\alpha\beta} = O(E) \delta_{\alpha\beta} + [D(E)]^{-1/2} f_O(E, \omega) R_{\alpha\beta}$$

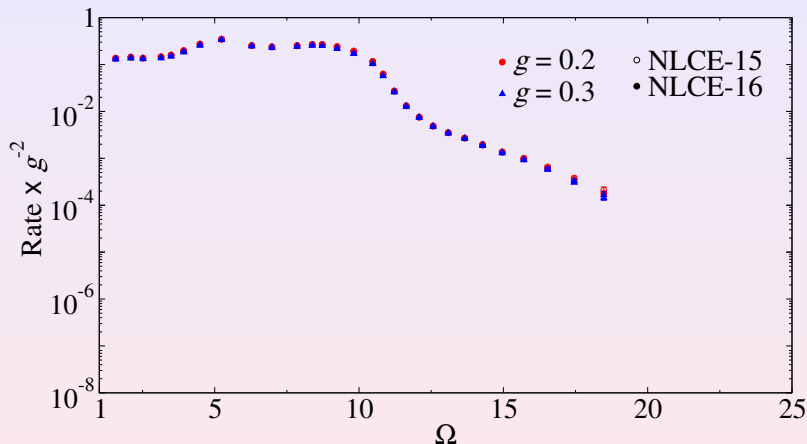
where  $E \equiv (E_\alpha + E_\beta)/2$ ,  $\omega \equiv E_\alpha - E_\beta$ ,  $D(E)$  is the density of states at energy  $E$ , and  $R_{\alpha\beta}$  is a random number with zero mean and unit variance.

At high temperatures [ $\beta(\tau) \ll 1$ ], one obtains:

$$\Gamma_m = \frac{2\pi(m\Omega g_m)^2}{\text{Tr}(\hat{H}_0^2)} \int_{E_{\min} + m\Omega/2}^{E_{\max} - m\Omega/2} dE |f_K(E, m\Omega)|^2 \frac{D(E + m\Omega/2) D(E - m\Omega/2)}{D(E)}$$

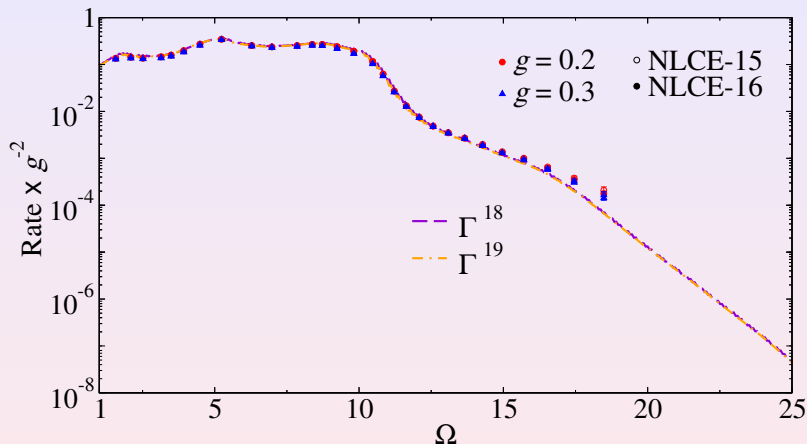
# Heating rates and eigenstate thermalization

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and different values of  $g$ .



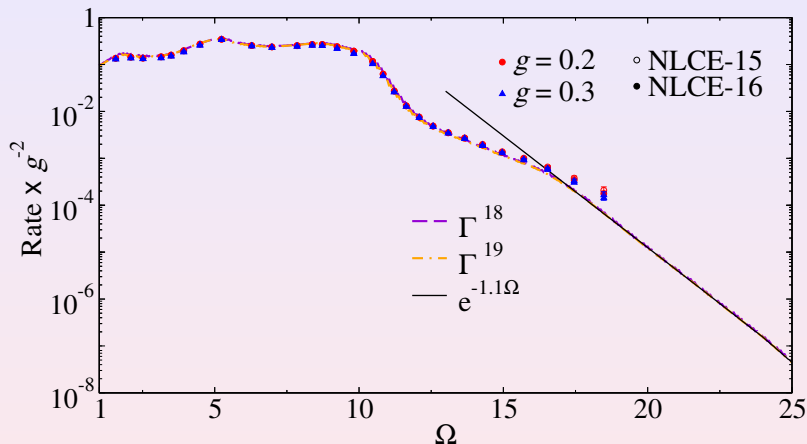
# Heating rates and eigenstate thermalization

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and different values of  $g$ .



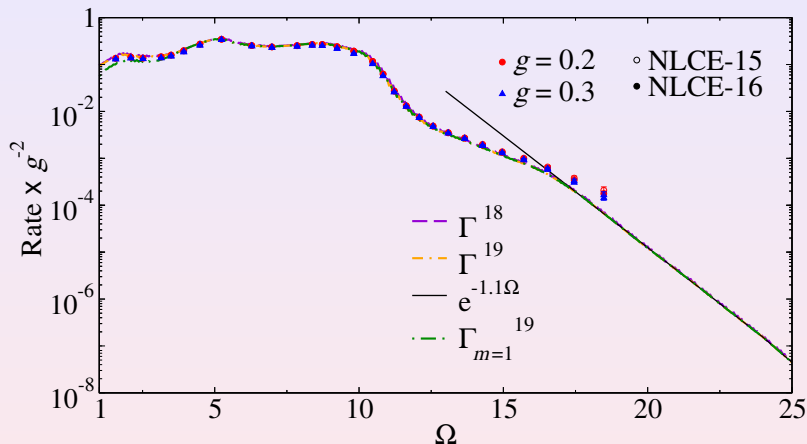
# Heating rates and eigenstate thermalization

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and different values of  $g$ .



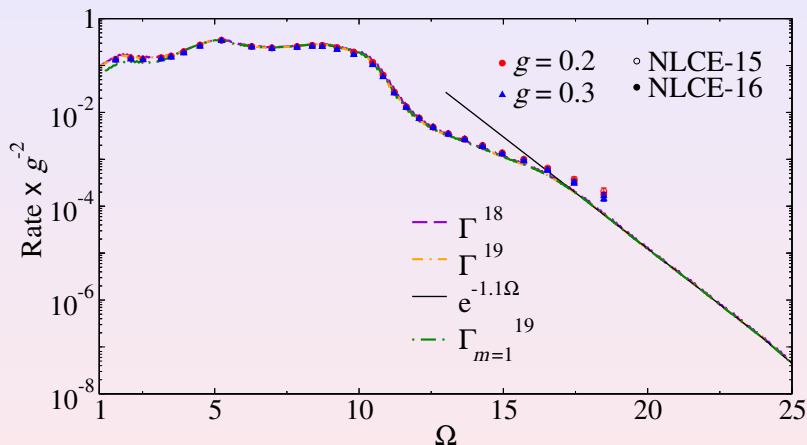
# Heating rates and eigenstate thermalization

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and different values of  $g$ .



# Heating rates and eigenstate thermalization

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and different values of  $g$ .



In the thermodynamic limit, since  $E$  is extensive but  $\Omega$  is not, one obtains:

$$\Gamma_{m=1}^{\infty} = \frac{2\pi(\Omega g_1)^2}{\text{Tr}(\hat{H}_0^2)} |f_K(E_{\infty}, \Omega)|^2 Z(\beta = 0)$$



# Summary

- In isolated quantum systems (integrable or not) with weakly broken conservation laws equilibration occurs as a two-step process, fast prethermalization followed by (near) exponential thermalization.

# Summary

- In isolated quantum systems (integrable or not) with weakly broken conservation laws equilibration occurs as a two-step process, fast prethermalization followed by (near) exponential thermalization.
- The dynamics of the slow (quasi-conserved) quantities is described by an autonomous equation (drifts follow Fermi's golden rule).

# Summary

- In isolated quantum systems (integrable or not) with weakly broken conservation laws equilibration occurs as a two-step process, fast prethermalization followed by (near) exponential thermalization.
- The dynamics of the slow (quasi-conserved) quantities is described by an autonomous equation (drifts follow Fermi's golden rule).
- The deviation of observables in the instantaneous state from the prediction of the unperturbed equilibrium ensemble is generally described by first order perturbation theory.

# Summary

- In isolated quantum systems (integrable or not) with weakly broken conservation laws equilibration occurs as a two-step process, fast prethermalization followed by (near) exponential thermalization.
- The dynamics of the slow (quasi-conserved) quantities is described by an autonomous equation (drifts follow Fermi's golden rule).
- The deviation of observables in the instantaneous state from the prediction of the unperturbed equilibrium ensemble is generally described by first order perturbation theory.
- Periodically driven systems can be used to experimentally probe the  $f_O(E, \omega)$  function in the ETH.

# Summary

- In isolated quantum systems (integrable or not) with weakly broken conservation laws equilibration occurs as a two-step process, fast prethermalization followed by (near) exponential thermalization.
- The dynamics of the slow (quasi-conserved) quantities is described by an autonomous equation (drifts follow Fermi's golden rule).
- The deviation of observables in the instantaneous state from the prediction of the unperturbed equilibrium ensemble is generally described by first order perturbation theory.
- Periodically driven systems can be used to experimentally probe the  $f_O(E, \omega)$  function in the ETH.

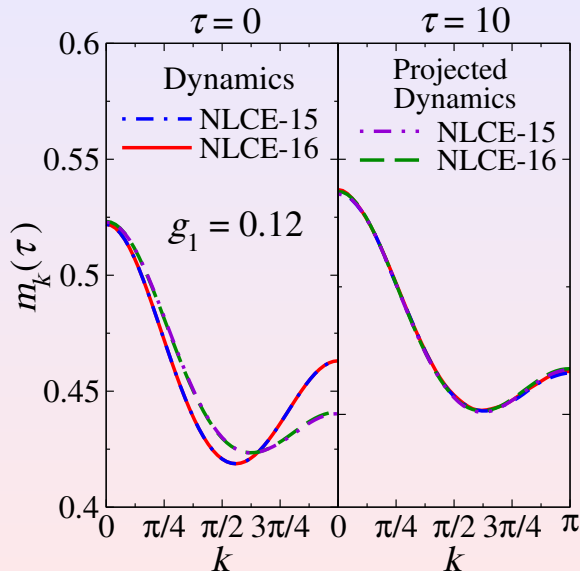
## Collaborators

- Wojciech De Roeck (KULeuven)
- Ben Lev & group (Stanford)
- Sarang Gopalakrishnan (CUNY)
- Krishna Mallayya (PSU)

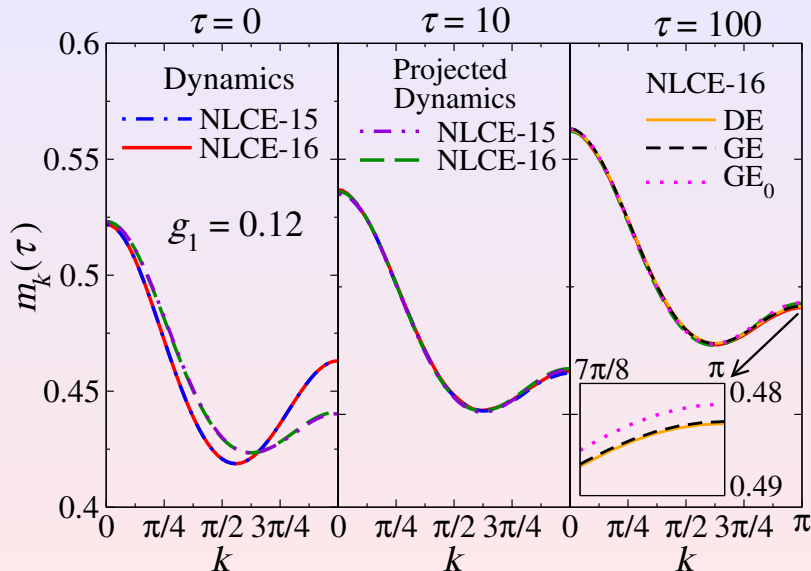
## Support



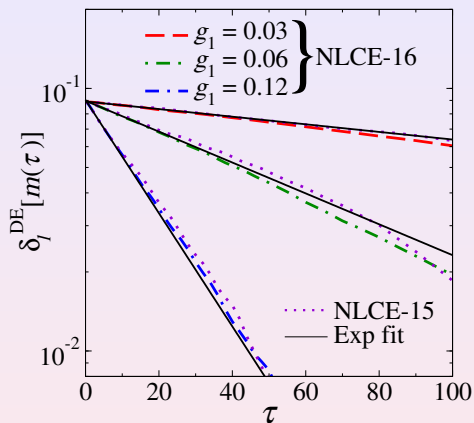
# QC: Dynamics of the momentum distribution function



# QC: Dynamics of the momentum distribution function



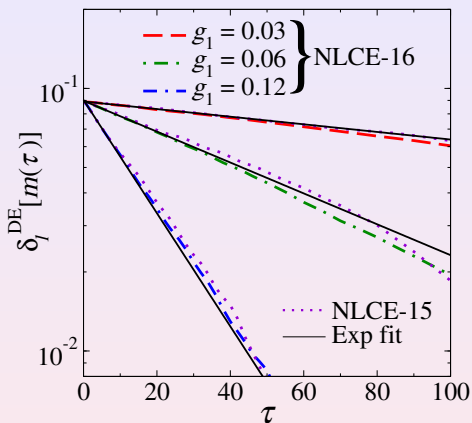
# QC: Dynamics of the momentum distribution function



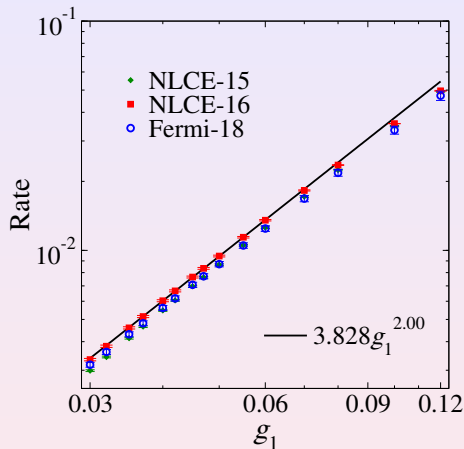
$$\delta_l^{\text{DE}}[m(\tau)] = \frac{\sum_k |m_k^l(\tau) - m_k^{l,\text{DE}}|}{\sum_k m_k^{l,\text{DE}}}$$



# QC: Dynamics of the momentum distribution function

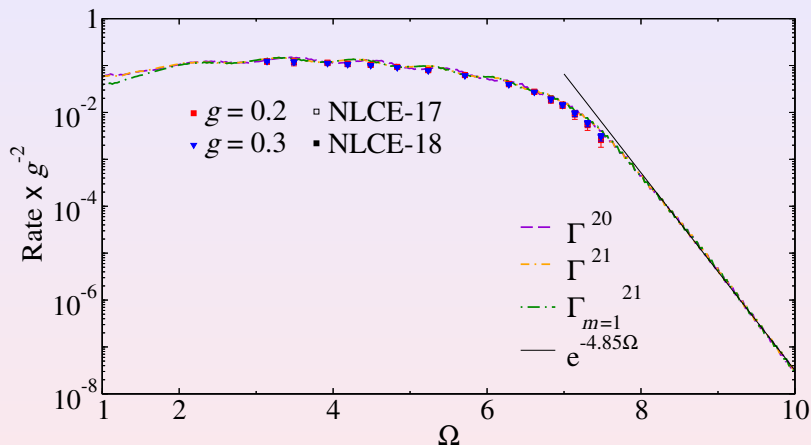


$$\delta_l^{\text{DE}}[m(\tau)] = \frac{\sum_k |m_k^l(\tau) - m_k^{l,\text{DE}}|}{\sum_k m_k^{l,\text{DE}}}$$



# Integrable: Heating rates and $f_O(E, \omega)$

Results for  $\beta_I = 0.033$ ,  $\mu_I = 0$ , and different values of  $g$ .



In the thermodynamic limit, since  $E$  is extensive but  $\Omega$  is not, one obtains:

$$\Gamma_{m=1}^{\infty} = \frac{2\pi(\Omega g_1)^2}{\text{Tr}(\hat{H}_0^2)} |f_K(E_{\infty}, \Omega)|^2 Z(\beta = 0)$$