

**WORKSHOP ON STATISTICAL PHYSICS AND
CAPACITY-APPROACHING CODES**

ASPECTS OF SPIN GLASS THEORY

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Please note: These are preliminary notes intended for internal distribution only.

Aspects of spin glass theory

- Trieste, May 2001

M. Mézard, LPTMS Orsay

I - Spin glasses: general definition // Quenched disorder

II - Freezing transition the Random Energy Model

III - Replicas in the REM

IV - Replicas in spin glasses

V - Cavity method: basic ideas

VI - Cavity method: the self consistent iteration with one state TAP equations.

VII - Cavity with many states and free energy reshuffling

VIII - One word on dynamics

Cons. Transits Spin glasses $\rightarrow$ Error correcting codes, MCMC, Parisi's results c.t. (1)

1. Spin glasses:

* N Ising spins $S_i = \pm 1$ (Boolean variables)

* Energy function $E_J(s_1 \dots s_N)$, of order N , generally with some randomness.

eg: $E = \left(\sum_i h_i s_i \right)$ random field $P(h_i) = e^{-h_i^2/2}$

$$P(J_{ij}) = e^{-N J_{ij}^2/2}$$

s.g. discuss
fully connected
or diluted
($\{J\}$) = geometry + structure
of the graph.

$$\rightarrow - \sum_{i,j} J_{ij} s_i s_j$$

$$- \sum_{i < j} J_{i,j} s_i s_j$$

$$P(J_{i,j}) = e^{-N^{p-1} \frac{J_{i,j}^2}{2}}$$

scaling: $h_i = \sum_j J_{ij} s_j$ $h_i(\{s_j\}, j \neq i)$
order 1.

$h_i = \sum_j J_{ij} s_j$ $\rightarrow$ should be $\sim 1 \rightarrow J_{ij} = \frac{1}{\sqrt{N}}$ if uniform
(uniform $h_i = \frac{1}{\sqrt{N}}$).

* Probability distribution

$$P_J(s_1 \dots s_N) = \frac{1}{2} e^{-\beta E_J(s_1 \dots s_N)}$$

"J" sample

$$\beta = 1/T$$

Quenched vs
annealed variables

$s = \{s_1 \dots s_N\}$: configuration

$P_J(s_1 \dots s_N)$: Boltzmann weight.

* Pb. understand, at large N , the ~~structure~~

- the structure of space of config

- How it evolves when β increases $\rightarrow$ optimisation probl.

Config $\langle S_i \rangle, \langle S_i S_j \rangle, \langle E_j (S_i - S_N) \rangle = U_j$

$\sum_s = P_j(s), \log P_j(s) =$ P_j counts the number of relevant configurations

- Is it the same for almost all j ? (Self averaging)

2- Freezing phase transition: the REM

$\rightarrow$ define $\frac{1}{N} \sum_{i,j} (S_i - S_j)^2 = \frac{1}{N} \sum_{i,j} 1 = 1$

* Simplest case: the REM

$E_j (S_i - S_N) =$ iid random variables,

$P(E) = A e^{-\frac{E^2}{4N}}$

$\rightarrow \{E_e\}, e \in \mathbb{R} \quad e = 1, \dots, 2^N$

$P(e) = \frac{e^{-\beta E_e^2}}{Z}$

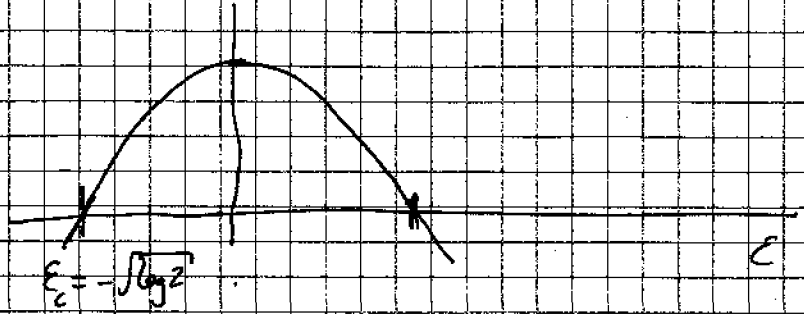
$Z = \sum_e e^{-\beta E_e^2}$

* "Microcanonical" solution

$\overline{d^N(E)} = A 2^N e^{-\frac{E^2}{4N}} \simeq A e^{N[\log 2 - E^2]}$
 $\uparrow$
 number of $\phi(E)$

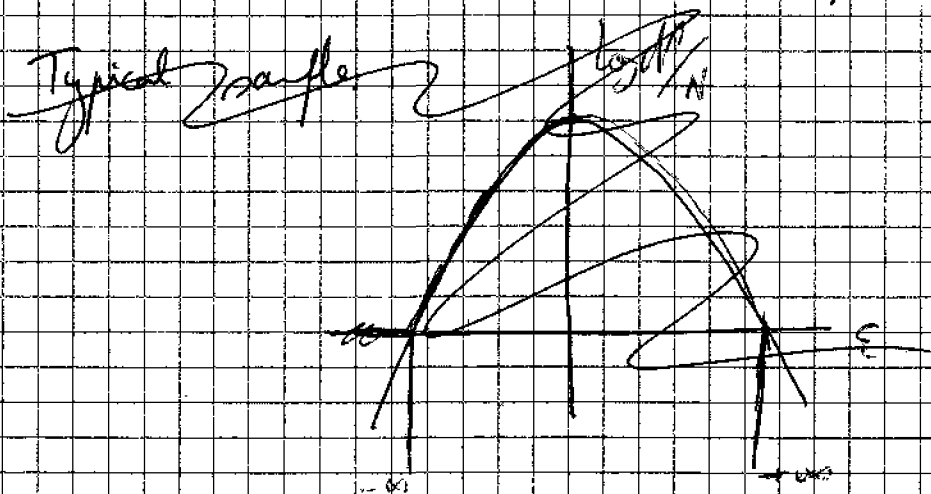
$E = \frac{E}{N}$: "energy density"

We are interested in $\frac{1}{N} \log \overline{dP}(E)$



If $E^2 < \log 2 \Rightarrow \overline{dP} \sim e^N \approx dP_{\text{typique}}$

If $E^2 > \log 2 \Rightarrow \overline{dP} \sim e^{-N} \Rightarrow dP_{\text{typ}} = 0$; Occasionally
(with radius $\sim e^{-N}$), $\exists$ sample where $dP \neq 0$.



Total weight of all configurations at energy E , when weighted with the Boltzmann weight

$$\rightarrow dP(E) e^{-\beta E} = e^{N[\log 2 - E^2 - \beta E]}$$

Saddle point $\rightarrow$ measure concentrates on the E such that

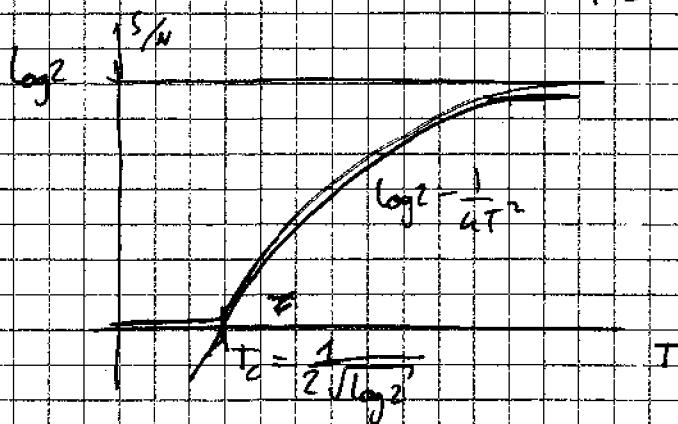
$$\log 2 - E^2 - \beta E \text{ is maximal} \Rightarrow E = -\beta/2 = -\frac{1}{2T}$$

If $\beta_2 < \sqrt{\log 2} \rightarrow$ OK, exponentially large number of relevant configurations.

If $\beta_2 > \sqrt{\log 2} \rightarrow$ impossible. The leading dominant configurations are those at $\varepsilon = \varepsilon_c$ ("sticking of the saddle point")

$$\beta_c = 2\sqrt{\log 2}$$

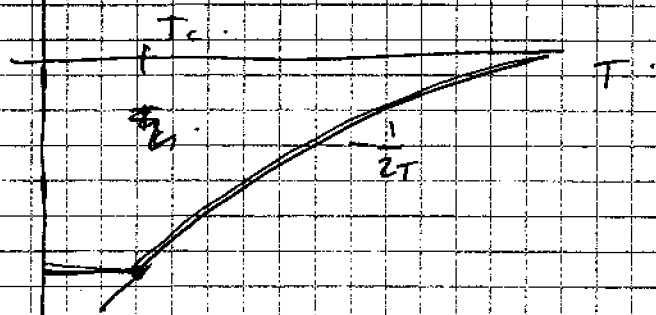
$$\text{Entropy density } S = \log 2 - \varepsilon^2 \quad \Big|_{\varepsilon = -\frac{1}{2T}} = \log 2 - \frac{1}{4T^2}$$



N.B. T_c

U/N

$$\frac{U}{N} = -\frac{1}{2T}$$



N.B.: behaviour of almost all regimes.

2) Phase transition, freezing.

3) Partial freezing can occur also.

Structure of the space of cty. at $\beta > \beta_c$

CT5

Weights concentrate on configurations with $E_c = -N\sqrt{J_0^2} + U_c$.
 $\uparrow$
 non extensive contribution

$P(U_c) \sim e^{-\frac{U_c}{T_c}}$ (Gaussian law for cty.).

Take many variables U_c , with iid with density $e^{-\frac{U_c}{T_c}}$

and copy $w_c = \frac{e^{-U_c \beta}}{\sum_c e^{-U_c \beta}}$ with $\beta > \beta_c = \frac{1}{T_c}$

$\Rightarrow$ the low energy cty dominate.

One gets after an easy copy:

$$P(w) = \frac{w^{-1-\mu} (1-w)^{-1+\mu}}{\Gamma(\mu) \Gamma(1-\mu)} \quad \text{with } \mu = \frac{T}{T_c}$$

In particular $\sum_c w_c^2 = 1 - \frac{T}{T_c}$

condensation of the measure on a "finite" number of states,
 more pronounced when T goes to zero.

All these features are present in more complicated spin glass problems, but one needs to develop other techniques because the E_c are no longer independent $\rightarrow$ replicas, cavity.

3- Replicas in the REM

$$Z_J = \sum_{\mathcal{E}} e^{-\beta E_{\mathcal{E}}} \quad \text{"partition function"}$$

$$= \int d\mathcal{E} \, \mathcal{P}_J(\mathcal{E}) e^{-\beta N \mathcal{E}}$$

$$\approx \int_{-E_c}^{+E_c} d\mathcal{E} \, e^{N[\log 2 - \mathcal{E}^2 - \beta \mathcal{E}]} \quad \text{for almost all } J.$$

* The knowledge of $\log Z$ gives all interesting macro results, eg.

$$\frac{1}{N} \log Z = S - \beta U \quad (= -\beta F)$$

$$-\frac{\partial}{\partial \beta} \log Z = U.$$

* One expects $\frac{1}{N} \log Z_J$ to be the same for almost all J .

* Annealed average:

$$\overline{Z_J} = \mathbb{E} \left[e^{-\beta E} e^{-\beta E^2/N} \right] \rightarrow \text{for } U = -\frac{1}{2T}$$

$$S = \log 2 - \frac{1}{4T^2}$$

without seeing the $\mathcal{E}_c$, i.e. the T_c .

for $T < T_c$: wrong because dominated by rare samples
(remember $Z_J \sim e^{N \text{ something}}$).

* Quenched average: RS solution

$$\overline{\log Z_J}$$

One expects $\overline{\log Z_J} = \log(\overline{Z_J})$ if $T > T_c$.
 $\neq$ if $T < T_c$.

$$\overline{\log Z_J} = \lim_{n \rightarrow 0} \frac{\overline{Z_J^n} - 1}{n} \quad \text{replicas, very general method}$$

$$Z_J^n = \sum_{\phi_1, \dots, \phi_n} e^{-\beta(E_{\phi_1} + \dots + E_{\phi_n})} \quad \begin{array}{l} n \text{ non-interacting} \\ \text{REPs.} \end{array}$$

$$\overline{Z_J^n} = \sum_{\phi_1, \dots, \phi_n} e^{-\beta \sum_{\phi} E_{\phi} \left(\sum_{a=1}^n \delta_{\phi, \phi_a} \right)}$$

$$P(E_{\phi}) = e^{-E_{\phi}^2/N}$$

$$= \sum_{\phi_1, \dots, \phi_n} e^{\frac{\beta^2 N}{4} \sum_{a,b} \delta_{\phi_a, \phi_b}}$$

→ replica attraction
very general.

Call $Q_{ab} = \delta_{\phi_a, \phi_b}$ the "overlap matrix"

here $Q_{ab} \in \{0, 1\}$.

$$N \left[\frac{\beta^2}{4} \sum_{a,b} Q_{ab} + S(Q) \right]$$

$$\text{Then } \overline{Z_J^n} = \sum_{\{Q_{ab}\}} e$$

$$\text{where } e^{N S(Q)} = \sum_{\{\phi_1, \dots, \phi_n\}} \prod_{a < b} \delta(Q_{ab}, \delta_{\phi_a, \phi_b})$$

For n fixed, and N large: estimate $\overline{Z_J^n}$ by saddle point.

~~via replica~~

→ find a matrix Q which extremizes $\frac{\beta^2}{4} \sum_{a,b} Q_{ab} + S(Q) = H(Q)$
symmetric under S_n

a priori: $H(Q) = H(Q'')$ → look for q s modd pt.

$$Q_{ab} = \begin{pmatrix} 1 & & \\ & q & \\ & & \ddots \end{pmatrix}$$

two possibilities: $q=1$ or $q=0$

$q=1$: all identical copy $e^{NS(Q)} = 2^N$

$$\bar{Z}^n \approx e^{N \left[\frac{\beta^2}{4} n^2 + \log 2 \right]} \quad \text{does not go to 1 when } n \rightarrow 0$$

$q=0$: $e^{NS(Q)} = 2^N (2^N - 1) \dots (2^N - n + 1) \sim 2^{Nm}$

$$\bar{Z}^n = e^{N \left[\frac{\beta^2}{4} n + n \log 2 \right]} \quad \text{gives back}$$

$= \bar{Z}^n$ gives back unreplicated result. Correct at large β ,
 incorrect at $\beta > \beta_c$.

→ Need to break replica symmetry.

NB: For n integer one finds that the rs modd pt. is ok.

with $q=0$ (ie $\bar{Z}^n = \bar{Z}^n$) if $T > \sqrt{n} T_c$.

$q=1$ (ie $\bar{Z}^n \sim e^{N \left[\frac{\beta^2}{4} n^2 + \log 2 \right]} \gg \bar{Z}^n$) if $T < \sqrt{n} T_c$

growth of moments too fast to reconstruct the $n \rightarrow 0$ analytic continuation from the moments

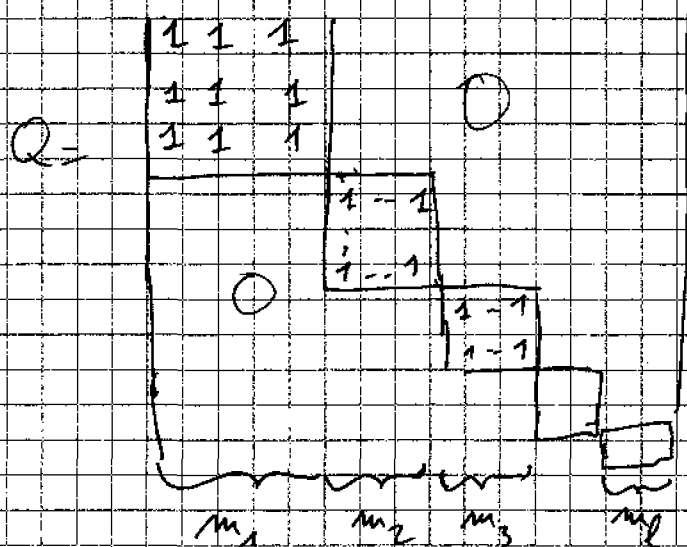
* Quenched average: nsb solution

Here it is simple.

$Q_{ab} \in \{0, 1\}$.

If $Q_{ab} = 1$ then $\forall c: Q_{ac} = Q_{bc} \rightarrow$ the two lines (or columns) of the matrix are equal.

Remember the replica solution such that



$$m_b = m_1 + \dots + m_l = n$$

Entropy: call ~~the~~ $S(Q)$

$$e^{NS(Q)} = \cancel{N!} (2^N)^2 (2^N - 1) \dots (2^N - l + 1) \simeq 2^{Nl}$$

$$\rightarrow \text{saddle point gives } \frac{\beta^2}{4} \sum_{a,b} Q_{ab} + S(Q) = \frac{\beta^2}{4} (m_1^2 + \dots + m_l^2) + l \log 2$$

only acceptable saddle points for $n \rightarrow 0$: those with an action $\propto n$.

right solution: $m_1 = \dots = m_l = m$; $l = \frac{n}{m}$

$$\text{action: } \frac{\beta^2}{4} m m + \frac{n}{m} \log 2. \quad \text{Minimal Maximal for } m^* = \frac{T}{T_c} \quad \text{NB: } m < 1$$

→ gives back all the thermodynamics.

NB: ~~What~~ How concentrated is the measure at small energies (in the glass phase)?

$$\overline{W_g^2} = \sum_g \frac{e^{-2\beta E_g}}{\left(\sum_g e^{-\beta E_g}\right)^2}$$

$$= \lim_{n \rightarrow 0} \sum_{g_1 \neq g_n} \delta_{g_1, g_2} e^{-\beta(E_{g_1} + \dots + E_{g_n})}$$

$$= \lim_{n \rightarrow 0} \langle Q_{12} \rangle$$

The measure on Q_{ab} $e^{N \left[\frac{\beta^2}{4} \sum_{a,b} Q_{ab} + S(Q) \right]}$

$$\Rightarrow \langle Q_{12} \rangle \approx Q_{12}^{sp}$$

But, when we have $n < 1$, spontaneous breakdown of S_n symmetry $\Rightarrow Q_{\pi(a)\pi(b)}^{Pair}$ is also a middle part.

$$\langle Q_{12} \rangle = \sum_{s,p} Q_{12}^{sp} = \frac{1}{n(n-1)} \sum_{a \neq b} Q_{ab}^{Pair}$$

$$= \frac{1}{n(n-1)} n(n-1) = 1 - n$$

$$= 1 - \frac{T}{T_c}$$

agrees with direct expectation.

Means that low-lying states have $e^{\beta n E}$ distribution.

0/2

NB: n_{sb} is associated with the fact that, for large β , a few configurations start to dominate the ~~the~~ Boltzmann probability

IV Replicas in spin glasses

SK model: $E = - \sum_{i < j} J_{ij} S_i S_j$ $S_i \in \{\pm 1\}$

$P(J) \propto e^{-N J_{ij}^2 / 2}$

2^N configurations

$$Z = \sum_{\{S\}} e^{\beta \sum_{i < j} J_{ij} S_i S_j} \quad ; \quad Z^n = \sum_{\{S^a\}} e^{\beta \sum_{i < j} J_{ij} \sum_a S_i^a S_j^a}$$

↓ short algebra

$$Z^n = \int \prod_{a,b} dQ_{ab} e^{N \left[-\frac{\beta^2}{2} \sum_{a < b} Q_{ab}^2 + S(Q) \right]}$$

$$e^{S(Q)} = \int \sum_{\{S^a\}} e^{\beta \sum_{a < b} Q_{ab} S_a S_b}$$

NB1: compare to the ren expression Very similar

NB2: p-spin model: $E = - \sum J_{i_1 \dots i_p} S_{i_1} \dots S_{i_p} \rightarrow$ very close to that with a Q_{ab}^p (in fact: $+\frac{\beta^2}{2} \sum_{a < b} Q_{ab}^p + \sum_{a < b} J_{ab} Q_{ab} + S(\lambda)$)

$\rightarrow$ back to the problem of finding the Q matrix.

→ hierarchical construction, Parisi solution,

again: $m \geq m_1 \geq m_2 \dots \geq m_k \geq 1$

spatino: $0 \leq m_1 \leq m_2 \leq \dots \leq m_k \leq 1$

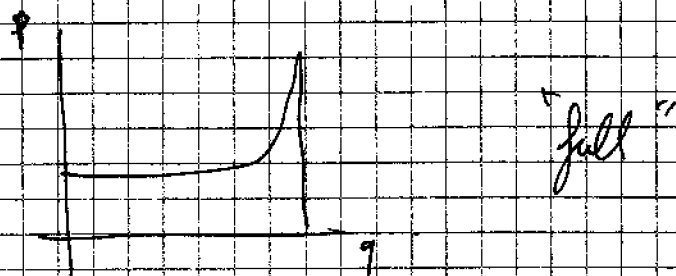
stability

AT
Geman-Rodan

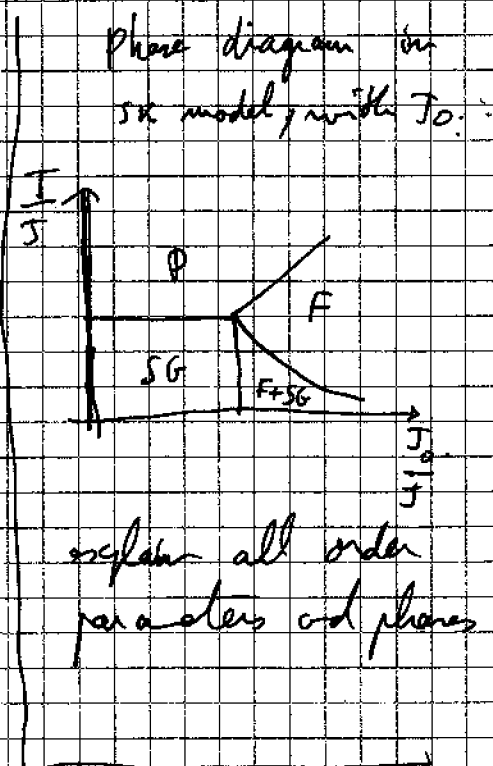
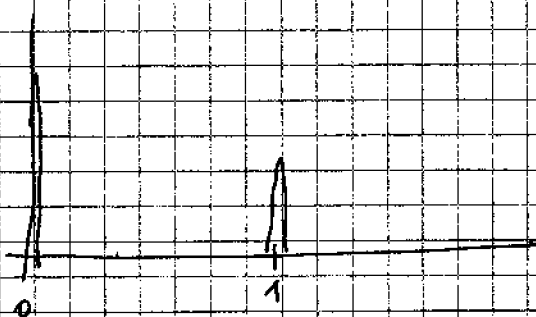
Order parameter

$$P(q) = \sum_{a,b} W_a W_b \delta(q_{ab} - q)$$

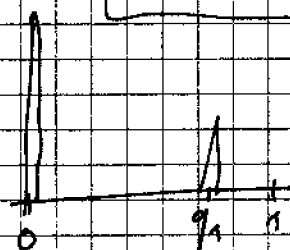
$$= \lim_{n \rightarrow 0} \frac{1}{n(n-1)} \sum_{a \neq b} \delta(Q_{\text{train}}^{ab} - q) \quad (\text{after } \sum_{\text{perm}})$$



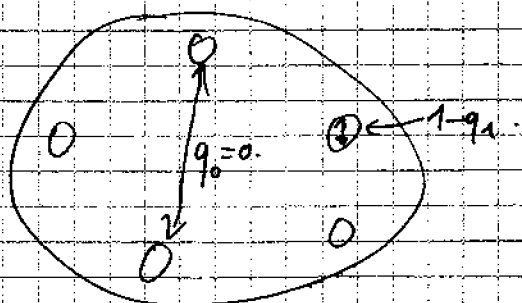
while in the case we had $q \in \{0, 1\}$.



in general in the p-q case



Structure of phase space in the one step:



In the full $\rightarrow$ ultrametricity

5- Cavity method: basic ideas

Applies to various spin-glass or similar problems, where the graph of interactions is locally tree like (see also matching, TSP)

$$E = - \sum_{\langle i,j \rangle} J_{ij} \sigma_i \sigma_j$$

$\langle i,j \rangle$: links on a ^{locally} tree-like structure.

ex 1: $m_{ij} = 1$ proba $\frac{c}{N}$
 $m_{ij} = 0$ " $1 - \frac{c}{N}$) $\rightarrow$ random graph with average connectivity c

ex 2: $m_{ij} \in \{0,1\}$, $\sum_j m_{ij} = k+1$ random graph with fixed connectivity $k+1$

loops are present but rare, typical size $\sim \log N$.

$\rightarrow$ correct generalization of "Bethe lattice" concept for frustrated systems.
 Cayley tree $\leftrightarrow$ Bethe lattice

Take for instance the fixed connectivity case.

cavity method:
 * basic ~~idea~~

one branch:

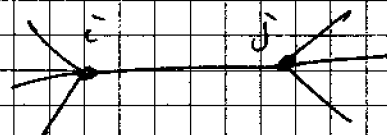


$\rightarrow$ measure $e^{\beta \sum_j J_{ij} \sigma_j} + \beta \sum_j h_j^{(i)} \sigma_j$

$h_j^{(i)}$: cavity field, i.e. field on j when i is absent.

Thermodynamics:

Measure on a bond i,j :



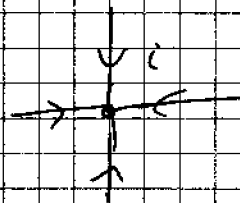
$$Z_{ij}^{(2)} = \sum_{\sigma_i, \sigma_j} e^{-\beta (\sigma_i h_i^{(j)} + \sigma_j h_j^{(i)} + J_{ij} \sigma_i \sigma_j)}$$

allows to compute the energy of this link by $U_{ij} = -\frac{\partial \log Z_{ij}^{(2)}}{\partial \beta}$

$U_{ij} = -\langle J_{ij} \sigma_i \sigma_j \rangle$ with the above measure.

Measure on a site:

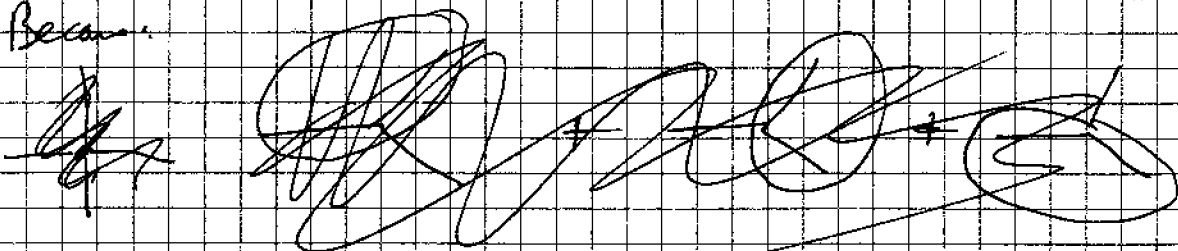
$$Z_i^{(1)} = \sum_{\sigma_i} e^{-\beta H_i \sigma_i}$$



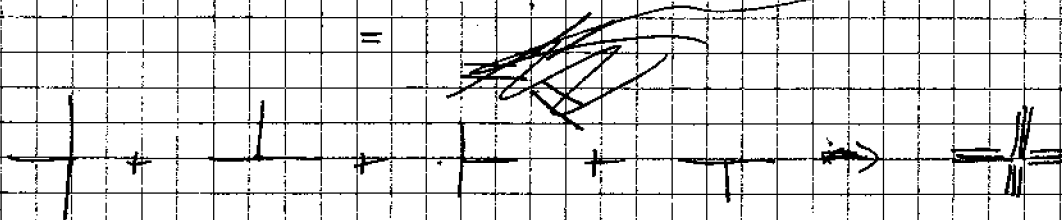
$$H_i = \frac{1}{k_i + 1} \sum_{j \neq i} h_j^{(i)}$$

where $k_i + 1$ is the connectivity of site i in the tree.

Became:



=



$$F = \sum_{\langle ij \rangle} F_{ij}^{(2)} - \sum_i k_i F_i^{(1)} \quad \text{TAP free energy, exact on tree} \quad \text{CT/15}$$

where $-\beta F_i^{(1)} = \log Z_i^{(1)}$, $-\beta F_{ij}^{(2)} = \log Z_{ij}^{(2)}$

Proof: $* T \rightarrow \infty \Rightarrow Z_{ij}^{(2)} = 4$; $Z_i^{(1)} = 2$

one gets $F \rightarrow -TN \log 2$ OK

$$* \frac{\partial F}{\partial \beta} = - \sum_{\langle ij \rangle} \langle \sigma_i h_{ij}^{(1)} + \sigma_j h_j^{(1)} + J_{ij} \sigma_i \sigma_j \rangle + \sum_i k_i \langle H_i \sigma_i \rangle = - \sum_{\langle ij \rangle} J_{ij} \langle \sigma_i \sigma_j \rangle \quad \text{OK}$$

NB: limit where $k \rightarrow \infty$ and $J \sim \frac{1}{\sqrt{k}}$

then: $h_i^{(1)} \approx \sum_{\ell=1}^k J_{i\ell} \tanh \beta h_i^{(0)}$

$$H_i \approx \sum_{\ell=1}^{k+1} J_{i\ell} \tanh \beta h_i^{(0)} \approx h_i^{(1)} = O\left(\frac{1}{\sqrt{k}}\right)$$

expanding in $\frac{1}{k}$, one gets:

$$-\beta F = \beta \sum_{\langle ij \rangle} J_{ij} m_i m_j + \frac{\beta^2}{2} \sum_{\langle ij \rangle} J_{ij}^2 (1 - m_i^2)(1 - m_j^2) - \sum_i \left(\frac{1+m_i}{2} \log \frac{1+m_i}{2} + \frac{1-m_i}{2} \log \frac{1-m_i}{2} \right) + O\left(\frac{1}{\sqrt{k}}\right)$$

where $m_i = \tanh \beta H_i$ are local magnetizations.

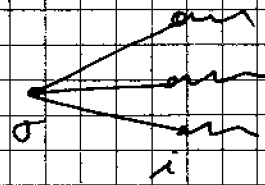
$\rightarrow$ "TAP equations".

$\rightarrow$ Discuss TAP states

NB: the general one gives TAP equations in terms of the $h_i^{(1)}$ (beliefs...)

6. Cavity: the self consistent iteration with one state

Iterate the mapping:



$$m = \langle \sigma \rangle$$

$$P(\sigma, i) = e^{\beta \sigma \sum_j J_{ji} \sigma_j + \beta \sum_j h_{ji} \sigma_j}$$

$$\Rightarrow \langle \sigma \rangle = \frac{1}{N} \sum_i u(J_i, h_i)$$

$$u(J, h) = \frac{1}{\beta} \text{Atanh}(t_h \beta J, t_h \beta h)$$

$h = \sum_i u(J_i, h_i) \rightarrow$ self consistent equation for $P(h)$

$$P(h) = \mathbb{E}_J \int \prod_i dh_i P(h_i) \delta(h - \sum_i u(J_i, h_i))$$

* e.g. $k \rightarrow \infty$ (SK limit) expect $P(h) = \frac{e^{-h^2/kq}}{\sqrt{2\pi q}}$

then: ~~$u(J_i, h_i) \approx J_i t_h \beta h_i$~~ $u(J_i, h_i) \approx J_i t_h \beta h_i$ because $J_i \sim \frac{1}{\sqrt{k}}$

ad: $\langle h^2 \rangle = \sum_i J_i^2 t_h^2 \beta h_i$ with $\bar{J}^2 = \frac{1}{k}$

$$\Rightarrow q = \int dh \frac{e^{-h^2/kq}}{\sqrt{2\pi q}} t_h^2 \beta h$$
 usual SK result in RS case

* for finite k , easy to solve by population dynamics $\rightarrow P(h) = \delta(h)$

for $T > T_c$, $P(h) \neq \delta(h)$ for $T < T_c$, where $\mathbb{E}_J t_h^2 \beta J = \frac{1}{k}$.

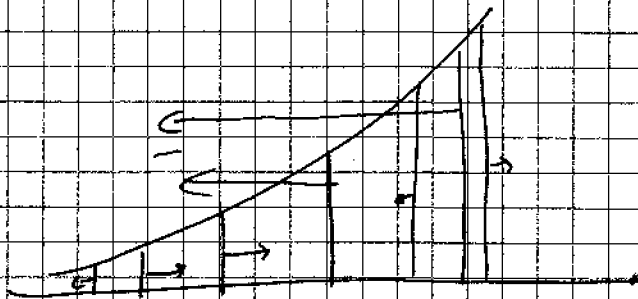
7. Self consistent equation iteration with many states: more updates

$$a) \quad h_0^\alpha = \sum_{i=1}^k u(J_i, h_i^\alpha) \quad \text{in each state } \alpha$$

free energies: $F^\alpha \rightarrow F^\alpha + \Delta F^\alpha$.

Assume the F^α are iid with $g(F) \propto e^{\beta_m F}$ (remember REH!)
and the h_i^α are iid with $Q_i(h)$.

From (1) one gets a distribution $P(h_0^\alpha, \Delta F^\alpha)$ independent from α to α' , but obviously h_0^α correlated to ΔF^α .



$$G^\alpha = F^\alpha + \Delta F^\alpha.$$

$$R(h_0, G) = \int dF \quad e^{\beta_m F} \int d(\Delta F) \quad P(h_0, \Delta F) \delta(G - (F + \Delta F))$$

$$\propto e^{\beta_m G} \underbrace{\int d(\Delta F) \quad P(h_0, \Delta F) e^{-\beta_m \Delta F}}_{\text{distribution } Q_0(h_0) \text{ after the}}$$

energy and the selection of low lying states.

$$\{Q_1(h), \dots, Q_k(h)\} \rightarrow P(h_0, \Delta F) \rightarrow Q_0(h_0).$$

Order parameter:

$$P[Q(h)] = \frac{1}{N} \sum_i \delta(Q(h) - Q_i(h))$$

functional - complicated.

but the process $Q_n(h) \sim Q_k(h) \rightarrow P(h_0, \mathcal{A}) \rightarrow Q_0(h_0)$

can be followed by population dynamics again.

ex $k=5$, $T=\pm 1$, $T=-8$ ($T \approx 2$?)

$$U_{rs} = -1.8160 \pm .001$$

$$U_{rsb} = -1.799 \pm .001$$

$$\text{Simulation} \rightarrow U = -1.799 \pm .001$$

in the

* large k limit (34) Wigner:

$$\rightarrow Q_0(h) = \int \frac{dH}{\sqrt{2\pi q_0}} e^{-\frac{H^2}{2q_0}} f(H)$$

$$Q_0(h_0) \propto e^{-\frac{(h_0-H)^2}{2(q_1 q_0)}} (2d\beta h_0)^m$$

fluctuates from site to site $\rightarrow H$ has distrib $e^{-\frac{H^2}{2q_0}}$

$\rightarrow$ 3 numbers q_0, q_1, m , of Parisi Ansatz.

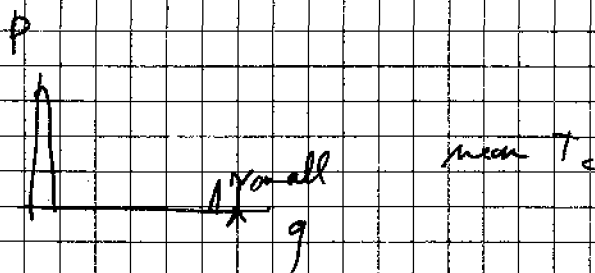
Possibility of higher order rsb in the cavity

also $\rightarrow$ gives back all results from replicas

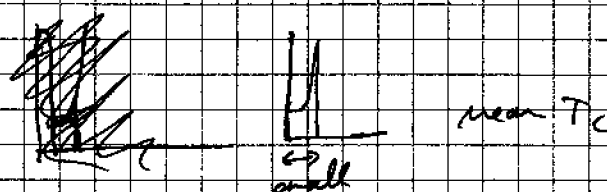
Allows to get rigorous results (e.g. Talagrand paper)

Two main classes

1 step rsb.



full rsb.



* Basically in 1 step rsb systems $\rightarrow$ states preexist, at some T they start to contribute to thermodynamics

(Possible to see that by giving the TAP states $\{\mu_i(T)\}$ a weight

$$e^{-\frac{\lambda}{T} F_{TAP}} \quad \text{where } \lambda \in (0, 1)$$

* in full rsb $\rightarrow$ states start to form exactly at T_c

Implications for Monte Carlo dynamics $\rightarrow$ trapping of one step rsb systems in high energy cfs.