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SECOND EUROPEAN SUMMER SCHOOL on  
MICROSCOPIC QUANTUM MANY-BODY THEORIES  
and their APPLICATIONS

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BOSE-EINSTEIN CONDENSATES  
WITHIN A PERIODIC POTENTIAL

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These are preliminary lecture notes, intended only for distribution to participants



# Experiments with a Rb Bose-Einstein condensate

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# Outline

Experimental set-up

BEC in a triaxial TOP trap

Trap characteristics

Atom-micromotion

Condensate in Optical lattice

Bragg diffraction

Bloch-oscillations

Tunneling in optical lattices

Landau-Zener transitions

Atom-atom interactions

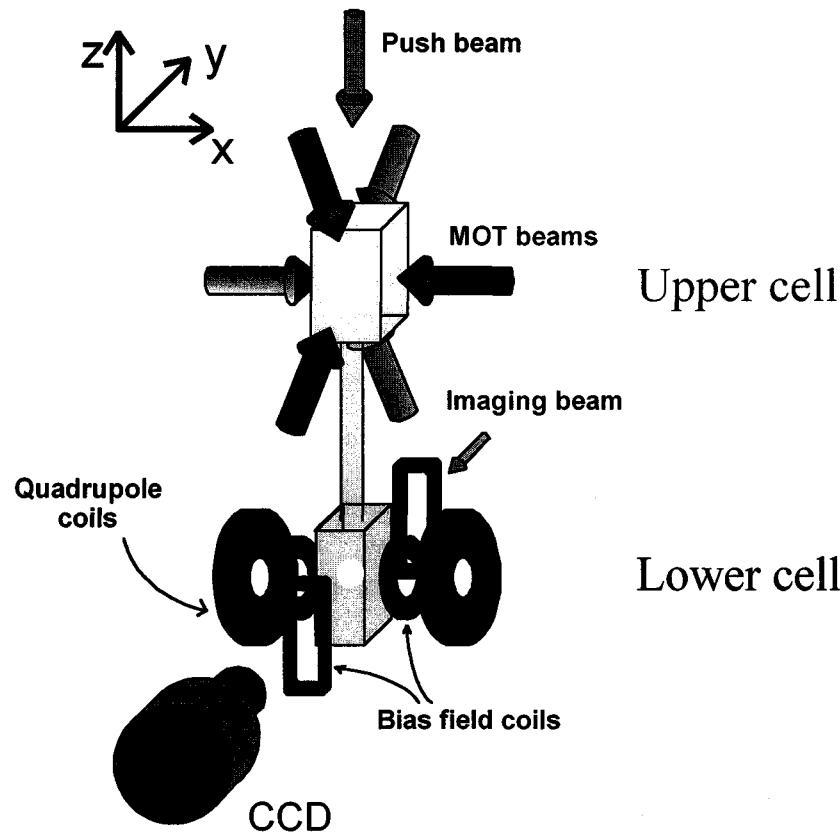
The effective potential and beyond

Condensate ionization

Conclusions



# Experimental setup



- Double MOT (Magneto Optical Trap) apparatus

In the lower cell:

- High vacuum
- Strong magnetic confinement of cold atoms
- Optical detection (Absorption imaging)



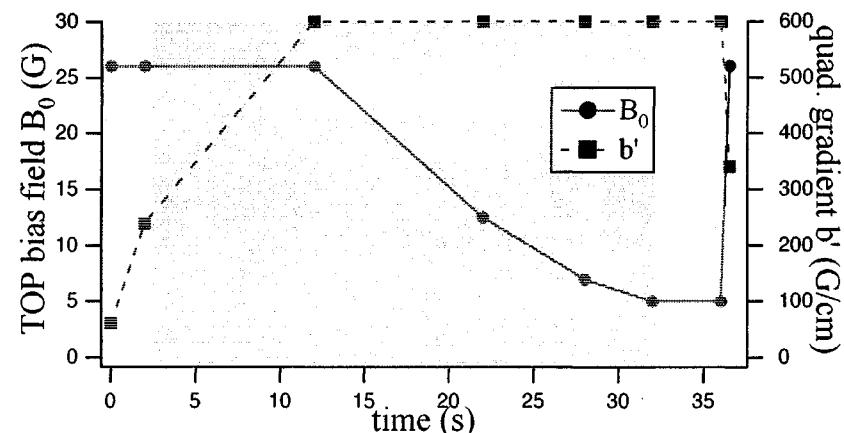
# Experimental timing

- During a cycle atoms are collected in the upper MOT and then transferred and accumulated to the lower MOT

Once the lower MOT has been filled ( $\approx 5 \cdot 10^7$  atoms):

- compressed-MOT phase and molasses phase
- optical pumping into the  $|F=2, m_F=2\rangle$  ground state and transfer into the TOP trap
- compression and evaporative cooling

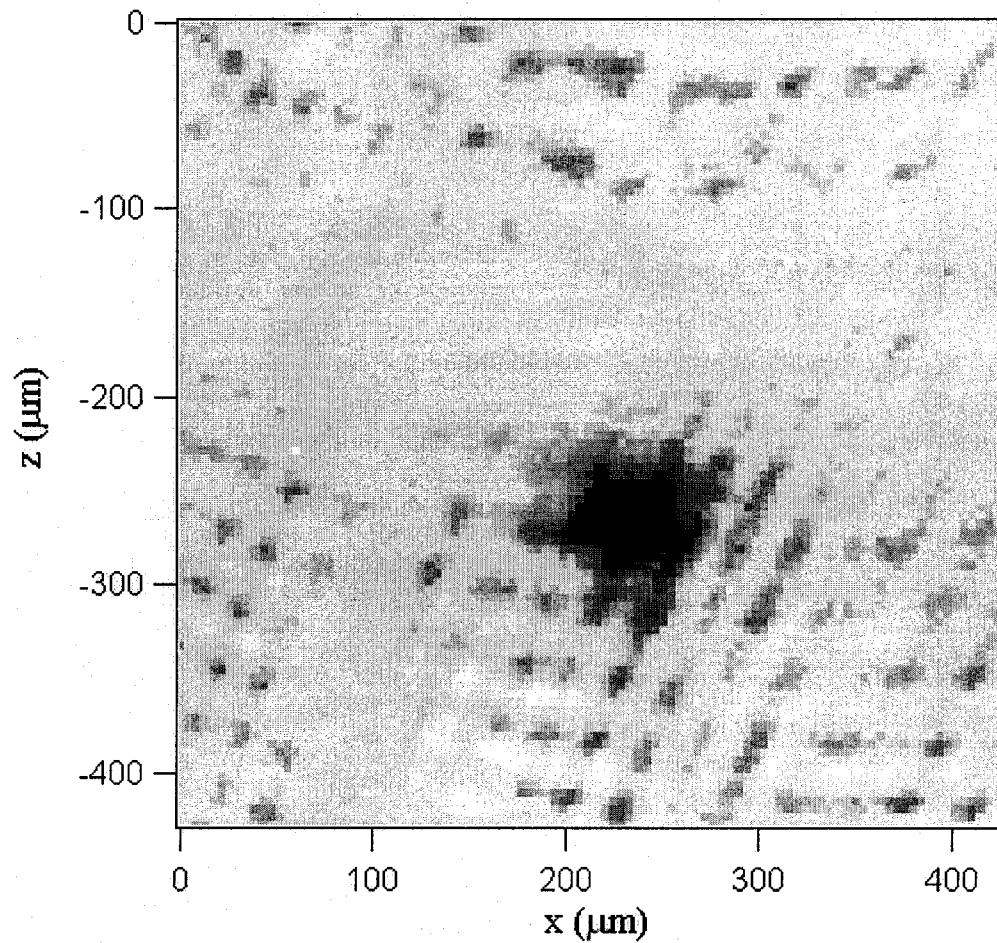
Compression and evaporative cooling sequence:



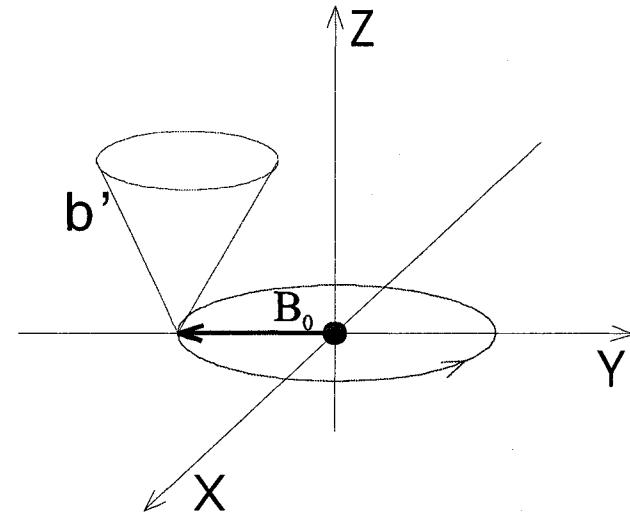
- Once the condensate is formed, release of the atoms from the trap and time of flight
- Monitoring is at a variable time before release



# Experimental results for BEC



# The TOP trap

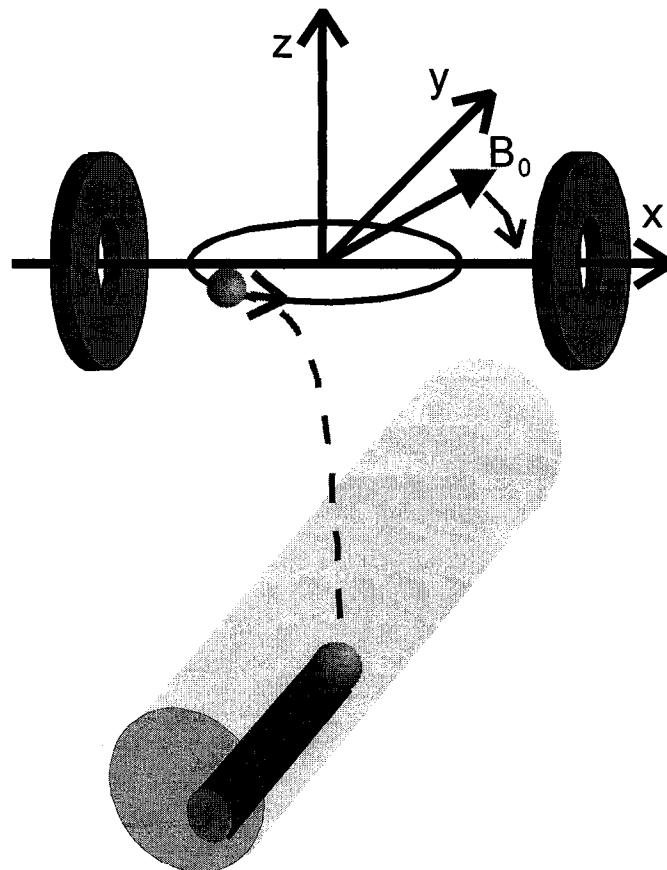


$$\vec{B} = \begin{pmatrix} 2b' x \\ -b' y \\ -b' z \end{pmatrix} + \begin{pmatrix} B_0 \cos(\Omega t) \\ B_0 \sin(\Omega t) \\ 0 \end{pmatrix}$$

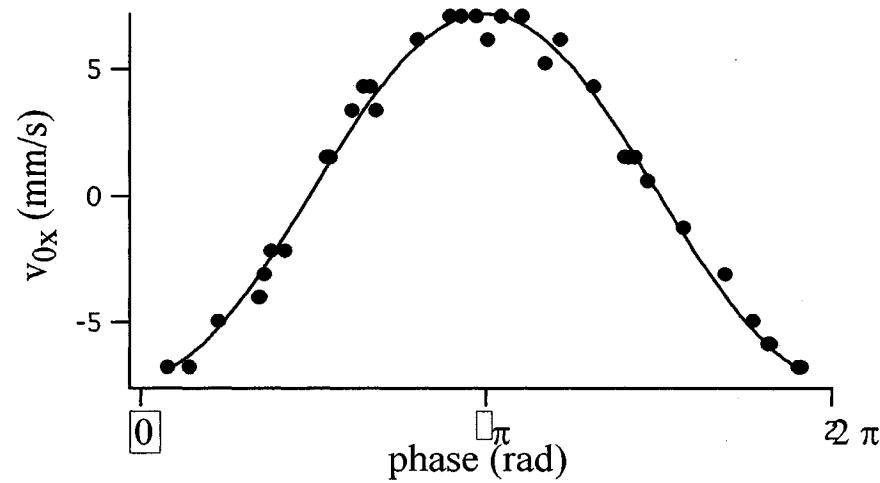
- in a TOP trap particles are subject to a
- *time-dependent inhomogeneous* magnetic field
- in our geometry the bias field rotates in a plane containing
- the symmetry axis of the quadrupole: triaxial TOP trap



# Micromotion: Time of flight method



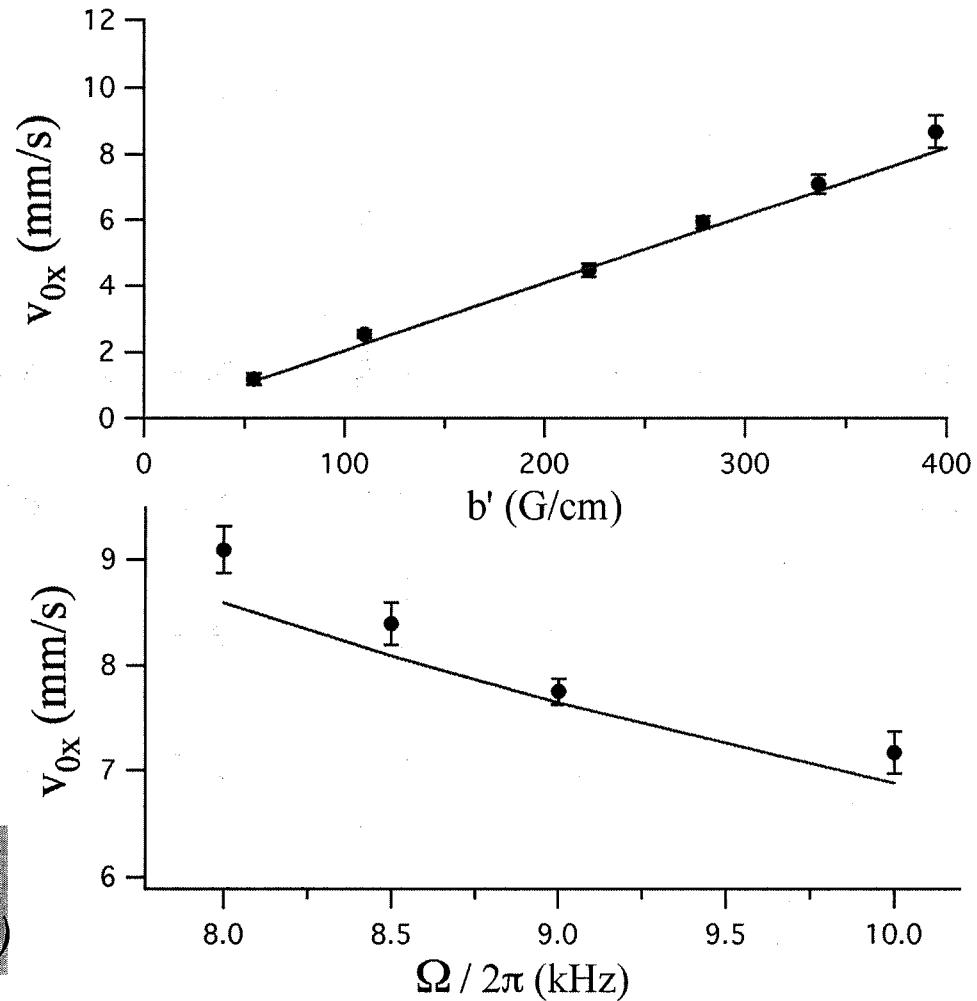
- atoms move in elliptical orbit
- trap switched off
- → atoms fly off with tangential velocity
- atoms are imaged after 8 ms of free fall



# Micromotion results

In the limit of small sag,  
the velocity of the harmonic  
atomic micromotion is

$$V_{0x} = 2\mu b' / (M \Omega)$$



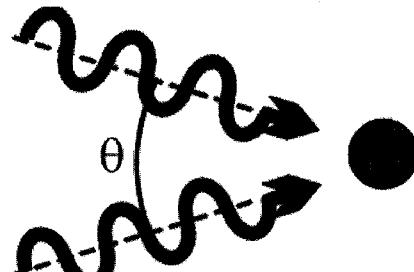
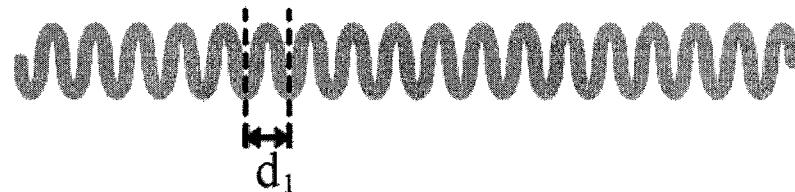
- J.H. Müller, et al,
- Phys. Rev. Lett., 85, 4454 (2000)



# 1-D optical lattices



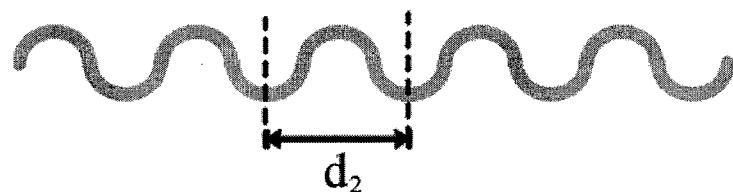
$$d_1 = \lambda/2 = 0.39 \mu m$$



$$\Theta = 28^\circ$$

$$\Delta = 25-30 \text{ GHz}$$

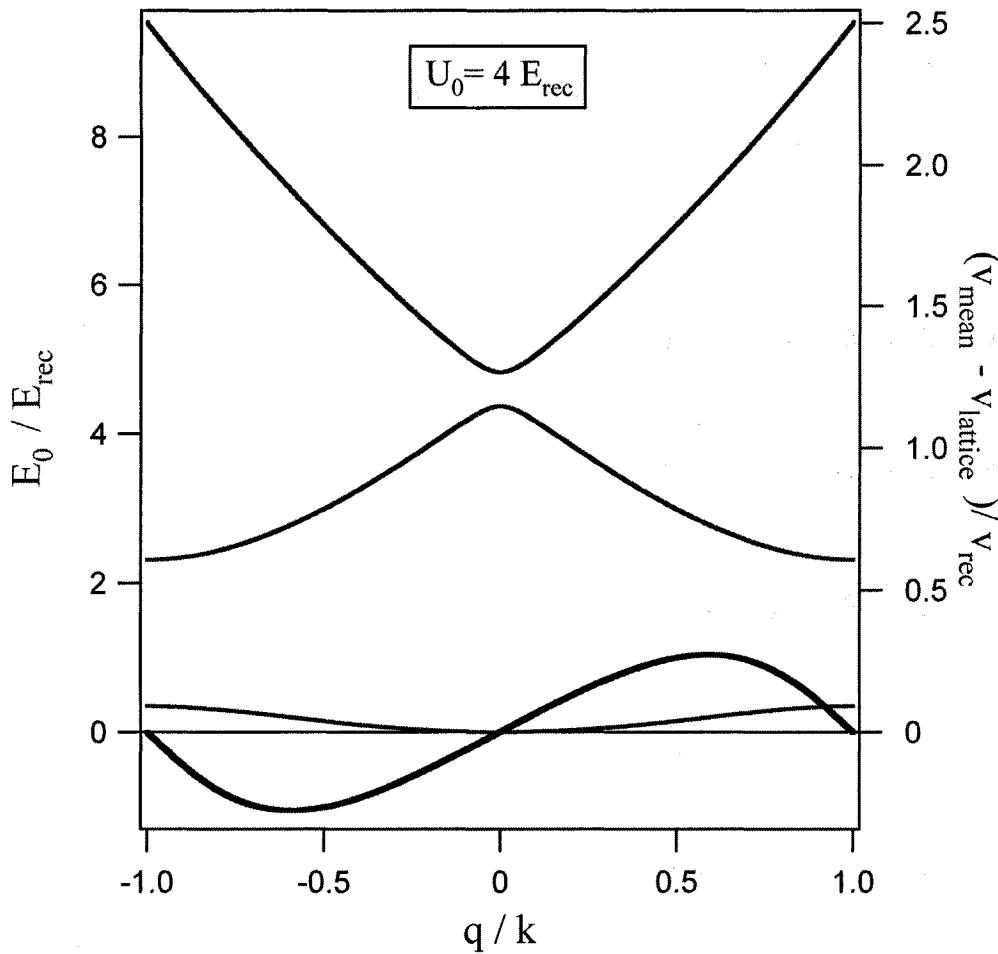
$$I_{\text{lattice}} = 230 \text{ mW/cm}^2$$



$$d_2 = \frac{\lambda}{2 \sin(\vartheta/2)} = 1.56 \mu m$$



# BEC in periodic potentials



Band structure  
for 1-D lattice

$$U_0 = \frac{1}{3} \frac{\Gamma^2 s_0}{\Delta} \quad \text{lattice depth}$$

$$s_0 = I/I_{sat}$$

$\Delta \approx$  blue detuning from the  
 $^{87}\text{Rb}$  resonance line

$$E_{rec} = \frac{\hbar^2 k^2}{2m_{Rb}} \quad k = 2\pi / \lambda_L$$



# Atomic momentum within Lattice

Atoms with a given quasimomentum are delocalized over the lattice potential wells.

Bloch states of quasimomentum  $q$  within the  $n$  band, are coherent superposition of a number of plane waves, momentum states.

$$| n, q \rangle = \sum_{m=-\infty}^{m=\infty} a_{n,q}(m) | p = q + 2m\hbar k_L \rangle$$

Transitions between momentum states  $| p = q + 2m\hbar k_L \rangle$  are produced by the periodic potential. Lattice transfers momentum to atoms in units of

$$2\hbar k_L = 2\hbar \frac{2\pi}{d}$$

Those transitions interpreted as Bragg scattering of the atoms by the periodic potential.



# Loading the Condensate within Lattice

- Sudden loading of the BEC into the lattice, turning the optical lattice on abruptly:
  - several Bloch states in different lattice bands are populated
- Adiabatic loading of the BEC into the lattice:
  - time for turning on the lattice longer than the time scales of the system (\*)
- In our experiment ramping of one lattice beam intensity (with duration 200 $\mu$ s) produces a condensate in the  $|0, q\rangle$  state. Control, releasing the condensate from the trap, that only one quasimomentum in the fundamental band is loaded.

(\*) Berg-Sørenson and Møller, Phys. Rev. A 58, 1480 (1998), Choi and Niu, Phys. Rev. Lett. 82, 2022 (2000), Band, Malomed and Trippenbach, cond-mat/0108114



# Collective condensate dynamics

Solve the time-dependent Gross-Pitaevskii equation

$$i\hbar \frac{\partial}{\partial t} \psi(x, t) = \left\{ \frac{p^2}{2M} + V_{ext}(x) + N \frac{4\pi\hbar^2 a}{M} |\psi|^2 - Fx \right\} \psi(x, t)$$

where both the external potential and the nonlinear term are periodic in space.

This equation is equivalent to that of a single atom within a periodic structure.

However it contains a different physical meaning, determining the time-dependent state of the condensate and its excitations.



# Theoretical Parameters(\*)

Tunneling rate between neighbouring lattice wells:

$$\gamma = \frac{1}{\hbar} \text{Re} \left\{ \int d^3r \psi_n^*(\vec{r}) \left[ -\frac{\hbar^2}{2M} \nabla^2 + V_{ext}(\vec{r}) \right] \psi_{n+1}(\vec{r}) \right\}$$

Atom-atom interaction within each lattice well:

$$\kappa = \frac{2\pi\hbar a_s}{M} \int d^3r |\psi_n(\vec{r})|^4 = \frac{2\pi\hbar a_s}{M} \int d^3r |\psi_{n+1}(\vec{r})|^4$$

(\*) Javanainen, Phys. Rev. A 60, 4902 (1999), Orzel et al, Science 291, 2386 (2001).



# BECs in a periodic potential: theory

- Gross-Pitaevskii equation:

$$i\hbar \frac{\partial \phi}{\partial t} = -\frac{\hbar^2}{2m} \frac{\partial^2 \phi}{\partial x^2} + V_0 \cos(k_L x) \phi + \frac{4\pi n \hbar^2 a}{m} |\phi|^2 \phi$$

- rescaled:

$$i \frac{\partial \phi}{\partial t} = -\frac{1}{2} \frac{\partial^2 \phi}{\partial x^2} + U_o \cos(x) \phi + C |\phi|^2 \phi$$

- where

$$C = \frac{\pi n a_s}{k_L^2} = \frac{n a_s d^2}{4\pi}$$

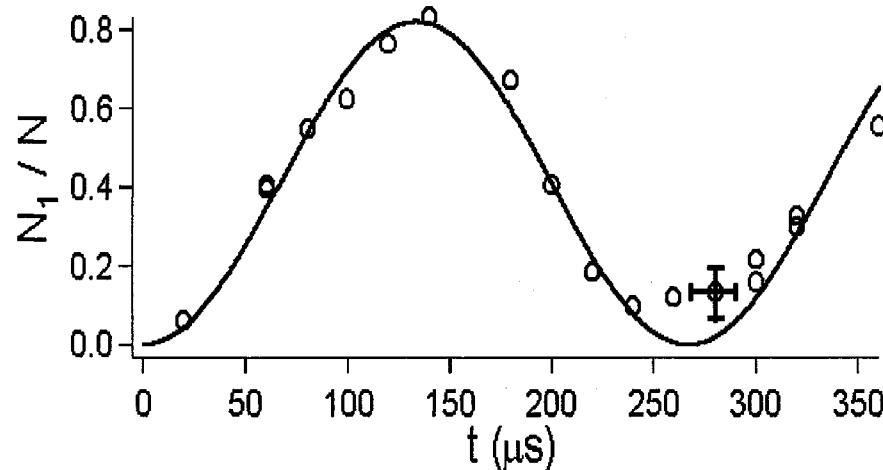
and

$$U_o = \frac{2mV_o}{\hbar^2 k_L^2}$$

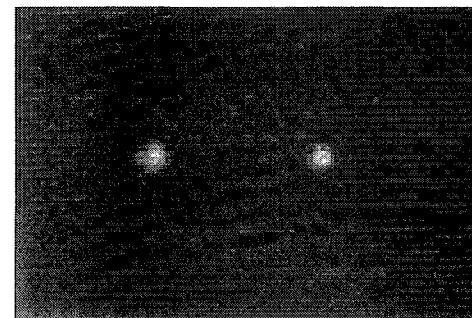
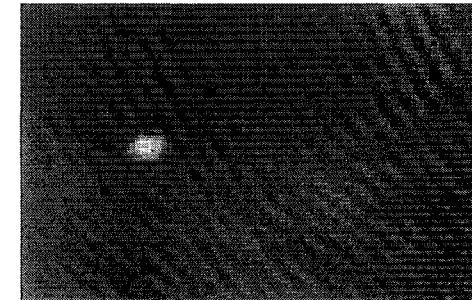


# Rabi oscillations

- drive transitions between momentum states by applying a pulsed moving lattice satisfying the Bragg condition
- as a function of time, the two momentum states exhibit a Rabi oscillation



$N_1$  = number of atoms in the momentum state  $|p = 2\hbar k\rangle$



In optical lattice with  $d = 0.39 \mu\text{m}$   
when  $\delta = 4E_{\text{rec}}/\hbar = 15.08 \text{ kHz}$   
 $\Rightarrow \Omega_{\text{Rabi}} \approx 3.6 \text{ kHz}$   
 $\Rightarrow U_0 = 2\hbar\Omega_{\text{Rabi}} \approx 2.1 E_{\text{rec}}$



# Coherent acceleration of BECs-I

## 1. Coherent acceleration:

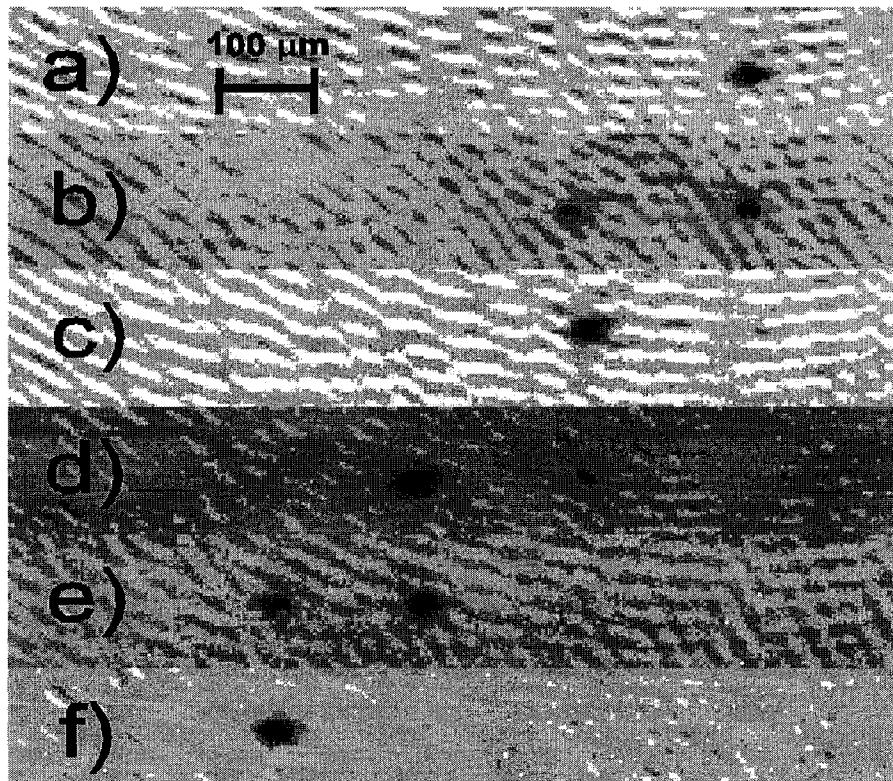
linear increase of the detuning  $\delta$  between the beams;  
duration 2-3 ms

$$a = \frac{\lambda}{2} \frac{d\delta}{dt}$$

## 2. Take snapshots after different interaction times



# Coherent acceleration of BECs-II



p

$$U_0 = 2.3 E_{\text{rec}}$$

Adiabatic passage between  
momentum states  $| p = 2m\hbar k \rangle$   
and  $| p = 2(m+1)\hbar k \rangle$

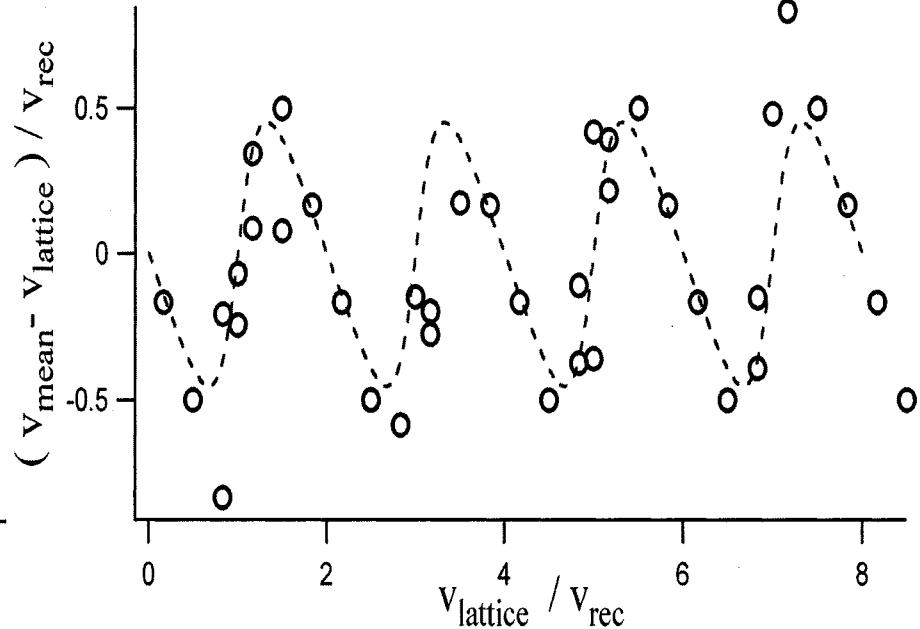
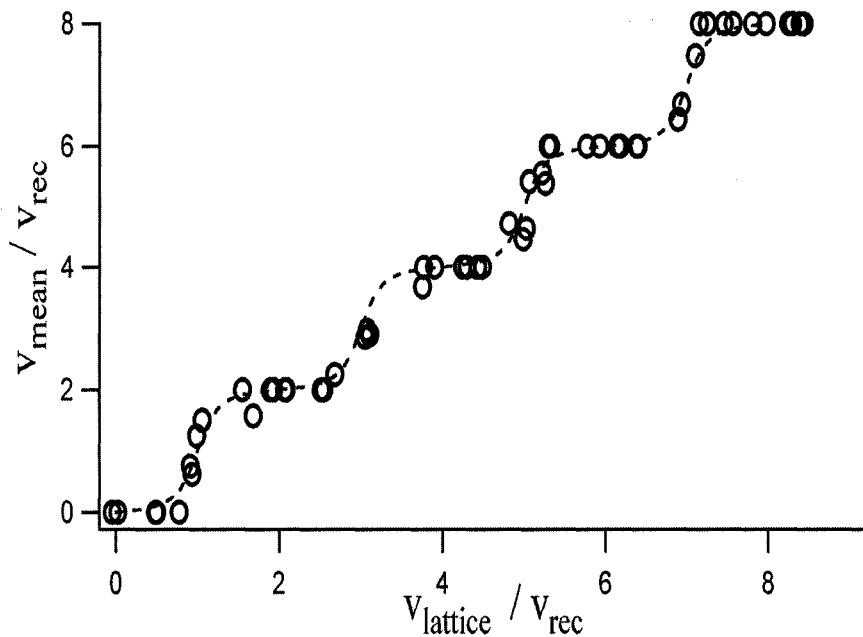
In a) -f):  $a = 9.81 \text{ m/s}^2$  acceleration  
applied for 0.1, 0.6, 1.1, 2.1, 3.0,  
3.9 ms respectively

In g):  $a = 25 \text{ m/s}^2$  applied  
for 2.5 ms.



# Coherent acceleration of BECs-III

$$d = 0.39 \text{ } \mu\text{m} \quad U_0 = 2.3 E_{\text{rec}} \quad a = 9.81 \text{ } \text{ms}^{-2}$$



In the rest frame of the lattice:  
Bloch oscillations



# Lattice & micromotion

$$d = 1.56 \mu\text{m}$$
$$U_0 = 30 E_{\text{rec}}$$

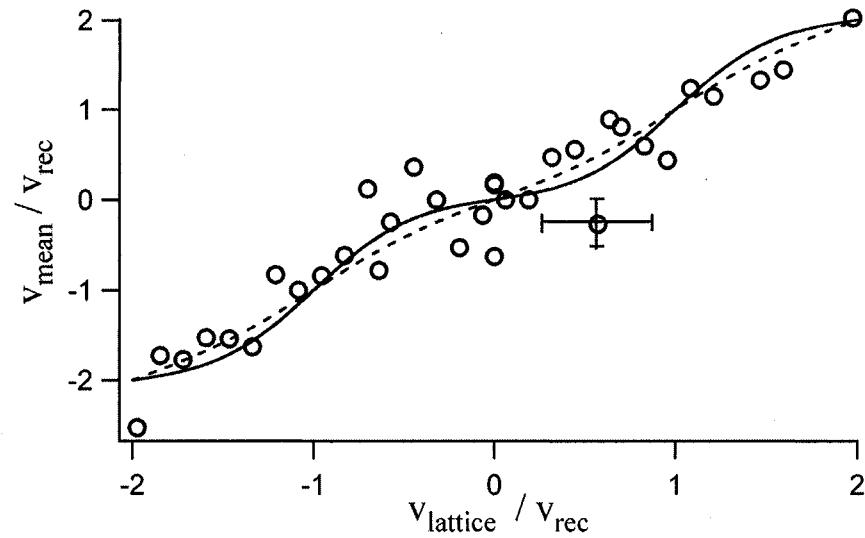
$\Rightarrow$  The lowest band is almost flat

Initial velocity of the condensate

$$v \approx v_{\text{micromotion}} \approx v_{\text{rec}}$$

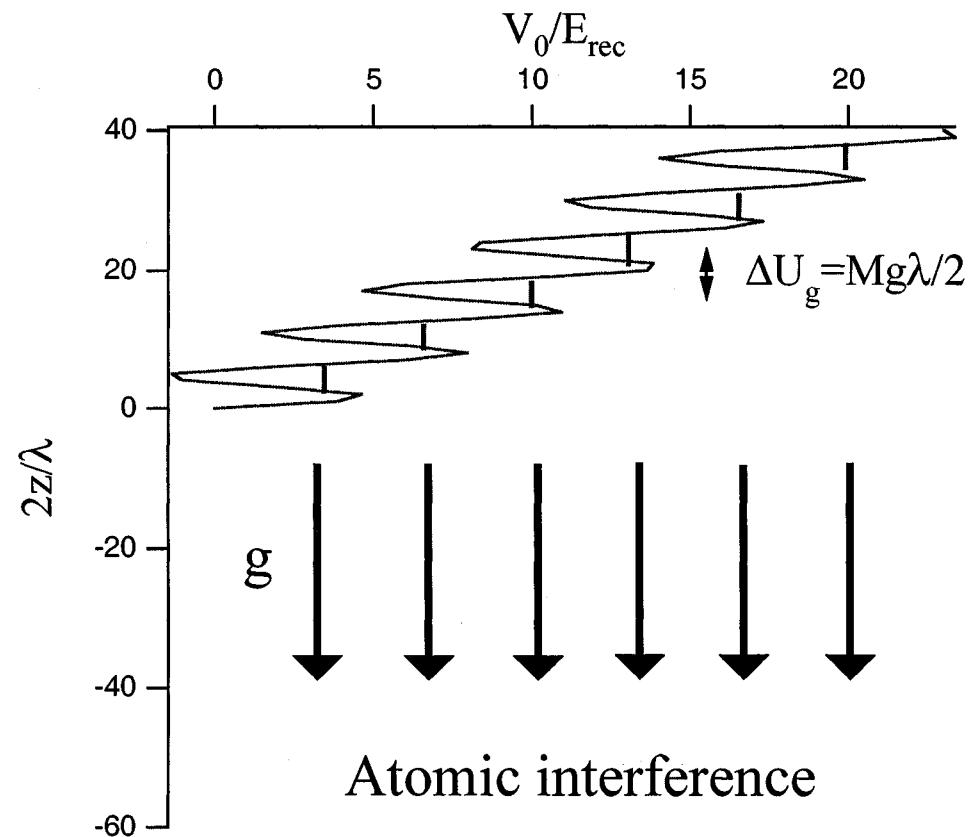


- Intrap experiment
- Compensation of the micromotion in the rest frame of the lattice:  
Phase modulation of one lattice beam



# Quantum interference of falling BEC

Following Anderson and Kasevich, Science 282, 1686 (1998)



Initial velocities:

$$v_i = n \frac{2\hbar k_L}{M}$$

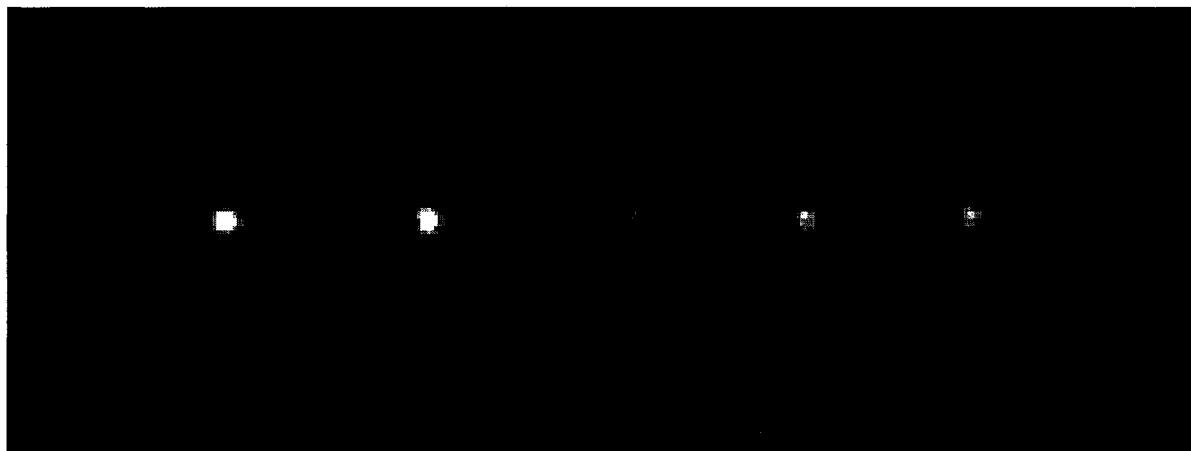
Arrival times for falling through a path L with  $v_i^2 \ll Lg$

$$t_f = \frac{v_i}{g} = n \frac{2\hbar k_L}{Mg} = n \frac{2}{Mg\lambda} h$$



# Tunneling in optical lattices I

- when condensate is accelerated above a critical velocity, atoms can tunnel into higher-lying bands or the continuum



- this tunneling can be used in order to detect mean-field effects through a reduction of the effective potential seen by the atoms

see also Anderson and Kasevich, Science **282**, 1686(1998)

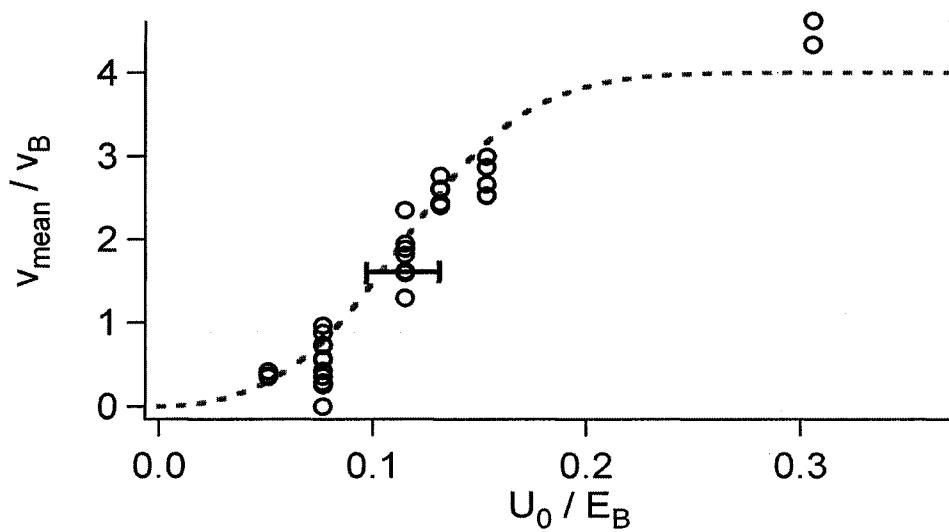
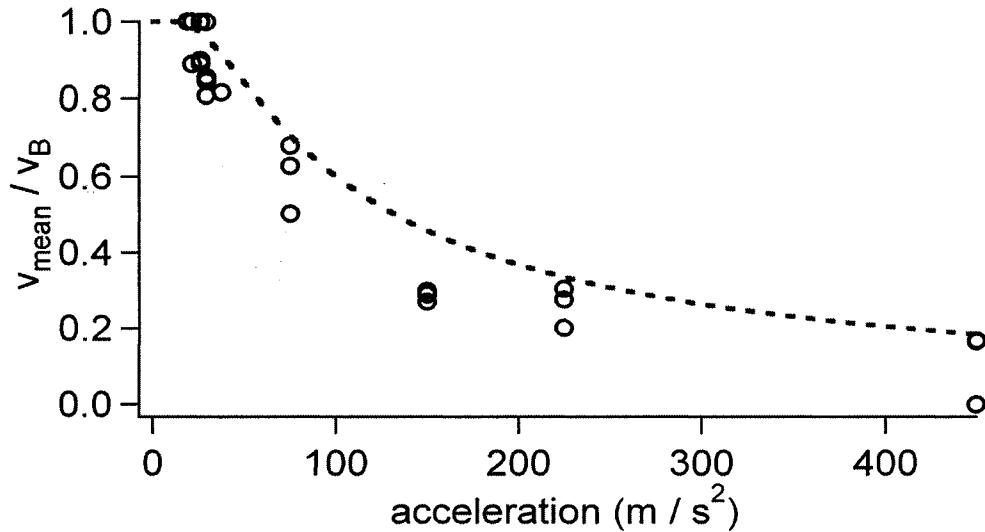


# Landau-Zener tunneling

When  $q/v_{rec} = n$   
 $n = \pm 1, \pm 2, \dots$   
a fraction  $r$  of atoms  
undergoes tunneling into  
the first excited band

$$r = \exp(-a_c/a)$$

$$a_c = \frac{\pi U_0}{16\hbar^2 k}$$



# Effective periodic potential for BEC

- Rescaled Gross-Pitaevskii equation:

$$i \frac{\partial \phi}{\partial t} = -\frac{1}{2} \frac{\partial^2 \phi}{\partial x^2} + U_0 \cos(x) \phi + C |\phi|^2 \phi$$

- in the perturbative limit, find<sup>[1]</sup>

$$i \frac{\partial \phi}{\partial t} = -\frac{1}{2} \frac{\partial^2 \phi}{\partial x^2} + U_{eff} \cos(x) \phi$$

- $U_{eff} = \frac{U_0}{1 + 4C}$  where  $C = \frac{n a_s d^2}{4\pi}$

- effective potential in presence of interactions

→ Potential experienced by the atoms is reduced owing to the nonlinearity introduced by interactions

<sup>[1]</sup> Choi and Niu, PRL **82**, 2022 (1999)



# Measurement of the effective potential-I

- Because the optical lattice potential is modified, the tunneling can be used in order to detect mean-field effects through a reduction of the effective potential seen by the atom:

$$r = \exp(-a_c/a)$$

$$a_c = \frac{\pi U_{\text{eff}}}{16\hbar^2 k}$$

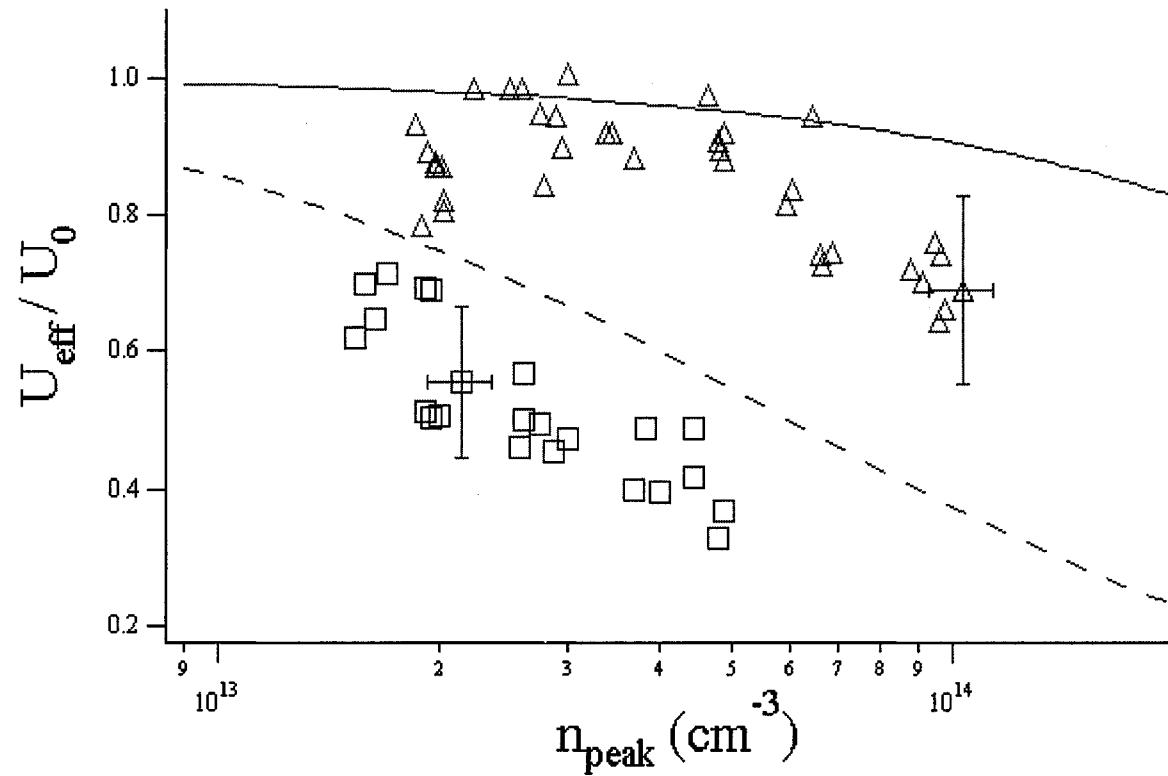
- measurement of tunneling probability
- derive  $U_{\text{eff}}$  from the tunneling probability
- in-trap measurement for transverse confinement
- change trap frequency to vary density



# Measurement of the effective potential-II

Experimental results:

- Change trap frequency to vary density



Different lattice  
geometries to enhance C  
Red line and data;  
Counterpropagating beams  
Blue line and data:  
angle-tuned geometry



# Measurement of the effective potential-III

Choi and Niu theory:

$$C = \frac{1}{4\pi} n a_s d^2$$

Our definition with  $\bar{n}$  average:

$$C = \frac{1}{4\pi} \bar{n} a_s d^2$$

Analyses by Jackson et al, Phys. Rev. A 58, 2417 (1998) and Steel and Zhang, cond-mat/9810284, with harmonic transverse confinement:

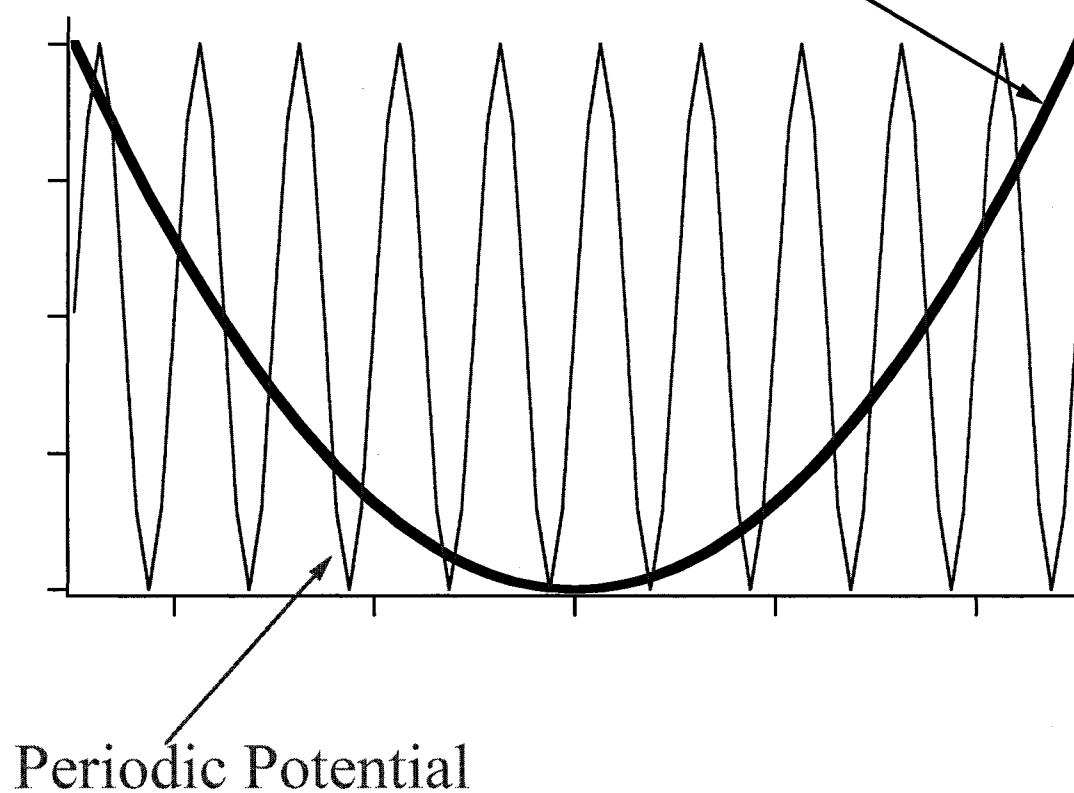
$$C = 2 \frac{N}{(a_{ho\perp})^2 (2k_w + 1)d} a_s d^2$$



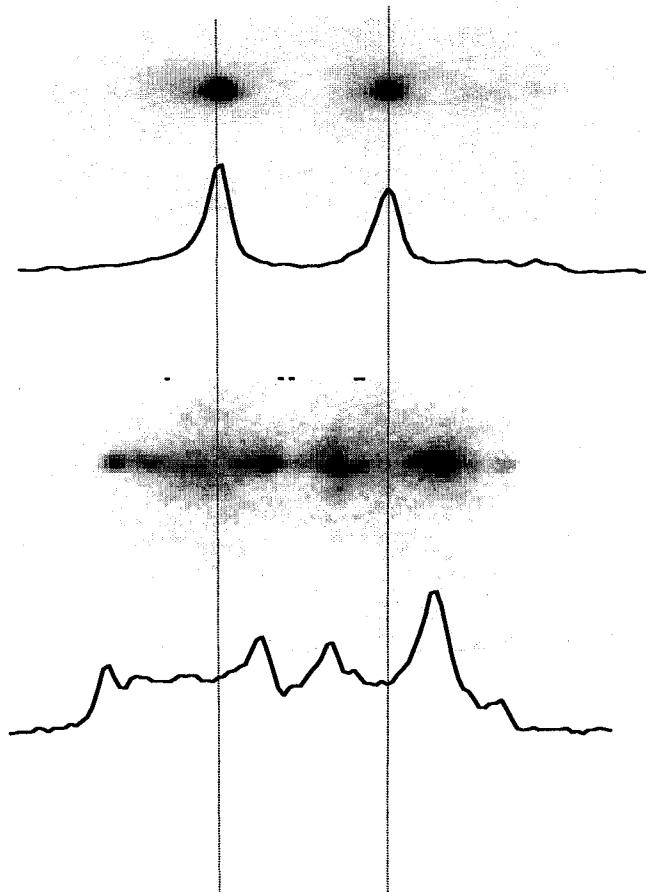
# Measurement of the effective potential-IV

Finite size role?

Magnetic Trap



# Nonlinear effects in the counterpropagating configuration



New momentum states appear,  
which are not only shifted  
by the lattice momentum !



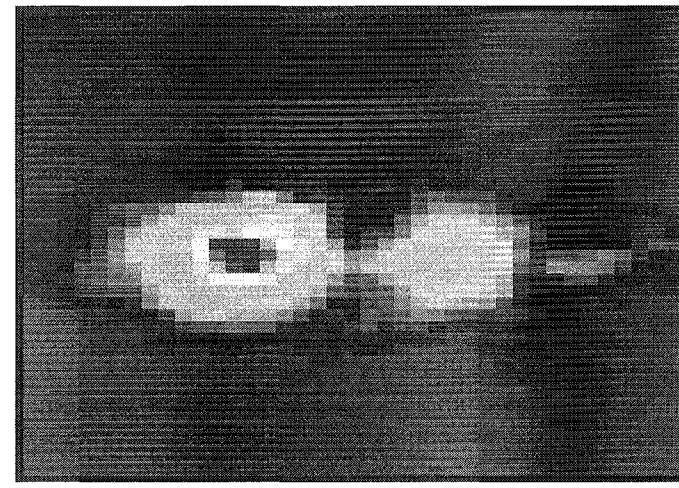
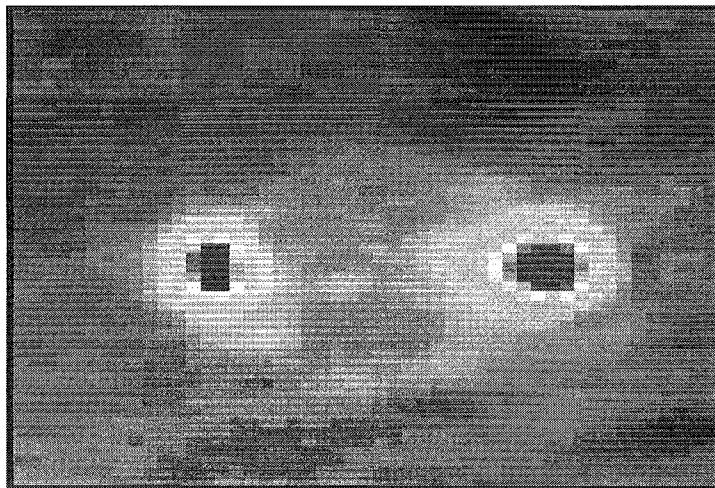
# Instabilities in optical lattices

- Berg-Sørensen and Mølmer, Phys. Rev. A 58, 1480 (1998)  
Rayleigh-Bénard type instability in the transverse coordinates may take place.
- Wu and Niu, cond-mat/0009455  
Dynamical instability, resulting in period doubling and other sort of symmetry breaking of the system, for small accelerations. Thus  $a > \frac{\hbar^2 k^3}{10m^2}$  it is requested.
- Konotop and Salerno, cond-mat/0106228  
Modulation instabilities for BEC in optical lattices



# Bragg spectroscopy at high densities

- Observation of s-wave scattering collisions leads to a collisional halo corresponding to occupation of other momentum states:



See also

Chikkatur et al: Phys. Rev. Lett. 85, 483 (2000)  
Greiner et al: cond-mat/0105105

angled lattice configuration



## Other nonlinear effects in BECs

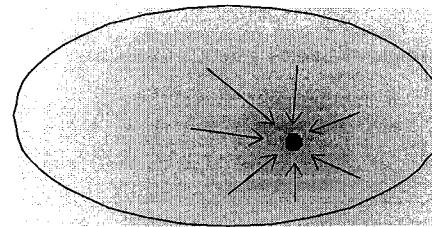
- Mott insulator transition through interplay between tunneling and on-site interactions (Jaksch *et al.*, PRL **81**, 3108)
- breakdown of Bloch oscillations due to dynamical instabilities at zone edges (Wu and Niu, cond-mat/0009455)
- inhibition of phase-space diffusion in a delta-kicked harmonic oscillator (Gardiner *et al.*, PRA **62**, 023612)



# Ion-condensate Interactions

- Experiments using non dissipative traps permit to study energy transfer from charged particles to neutrals.
- Typical interaction energy between an ion and a polarizable Rb ground state atom at densities of  $\sim 10^{14} \text{ cm}^{-3}$ :

$$E/k_B \approx 100 \text{ nK}$$

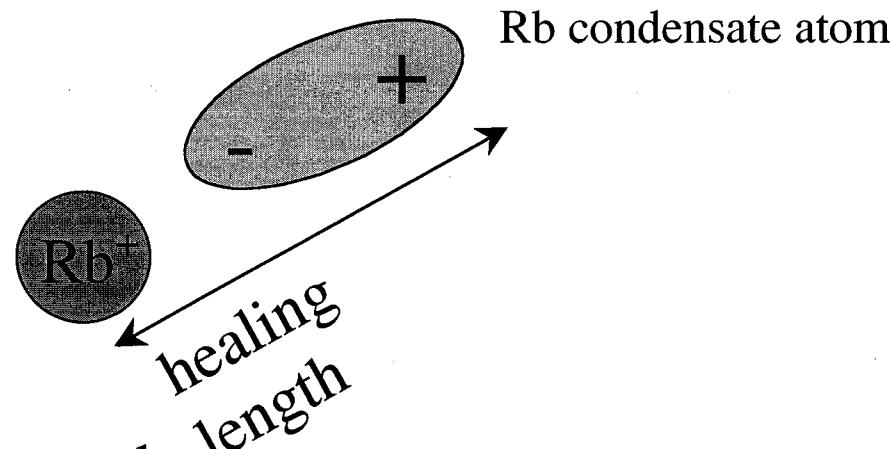


- Experimentally the interaction time depends critically on stray electric fields.



# Ions in superfluid helium<sup>[1]</sup> and in Rb condensate

- Ions as microscopic probe particles
- Formation of ion complexes:



- Effective mass of the complexe
- Mobility of the ion complexe diverges at  $T=0$
- Creation of vortices by ion motion

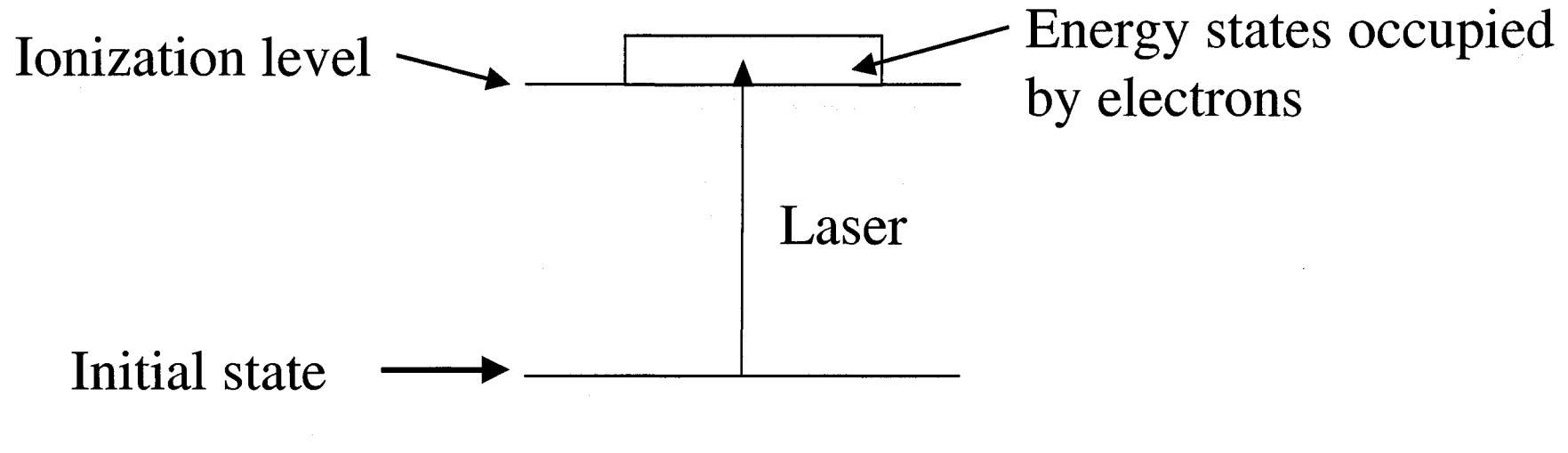
<sup>[1]</sup>Refs: G. Careri, in “*Progr. Low Temperature Physics*”, vol.III, p. 58, 1961; and F. Reif, in “*Quantum Fluids*”, eds. N. Wieser and D.J. Amit, (Gordon and Breach, 1970) p.165.



# Condensate ionization

Fermi-Dirac statistics of produced electrons.

Ionization probability proportional to  $1 - n_e$ , where  $n_e$  represents the cell occupation of the final states.



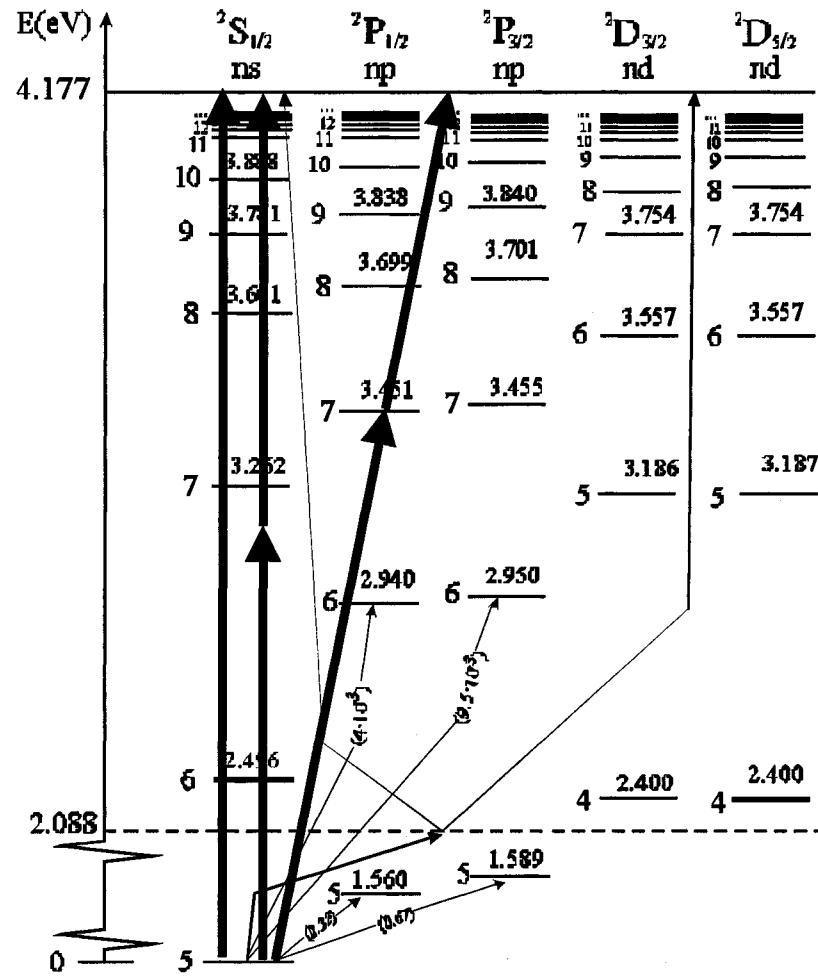
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I. Mazets, *Quant. Sem. Opt.* 10, 675 (1998)

P. Zoller, *private communication*



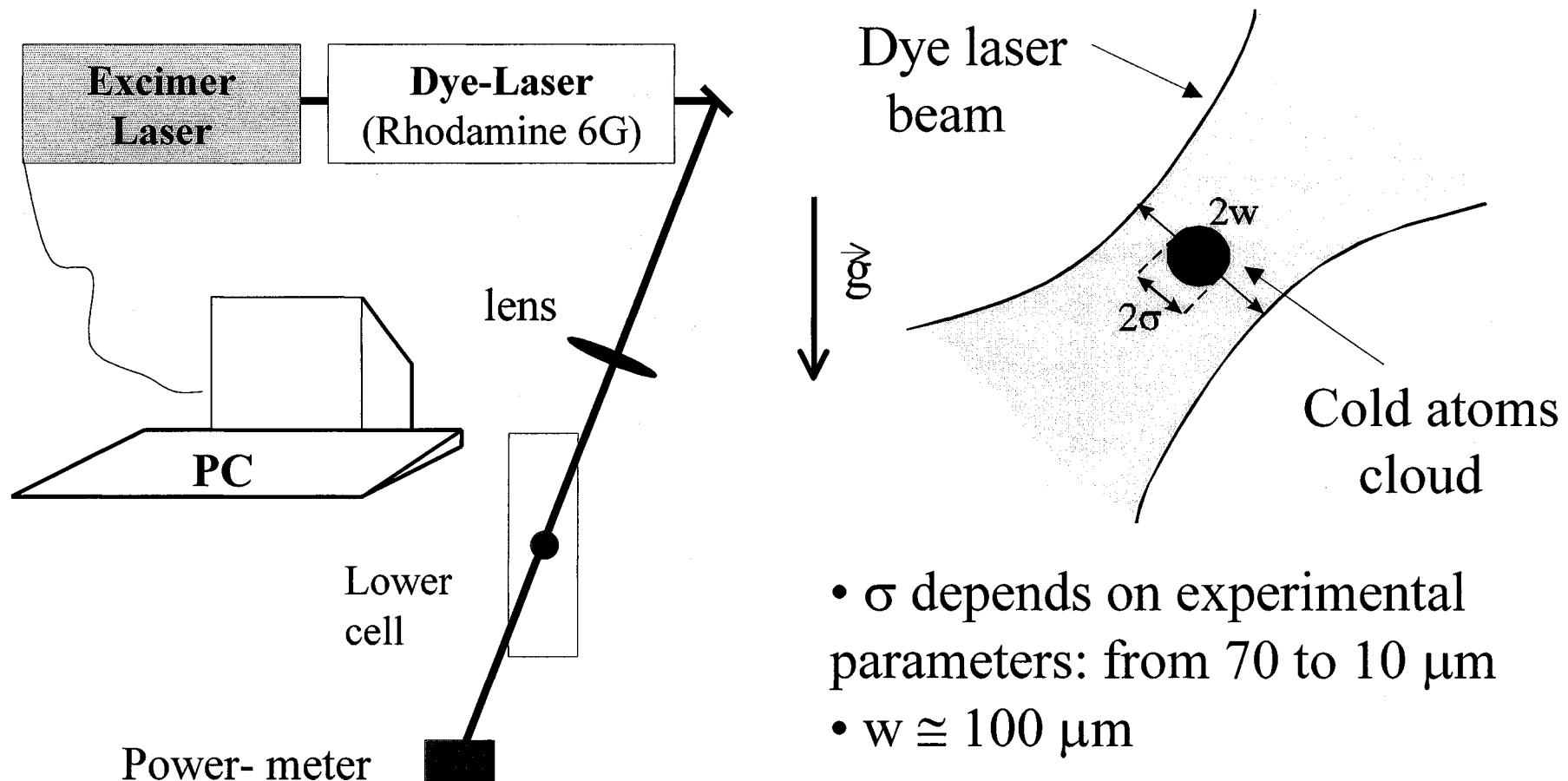
# Diagram of Rb Energy Levels



- 1 or 2 photon ionization from the ground state.
- Monitor the condensate containing electrons and ions



# Ionization geometry



# Conclusions

- We have loaded a Bose-Einstein condensate into one-dimensional off resonant optical lattices.
- We accelerated the condensate by chirping the frequency difference between the two lattice beams.
- For small values of the lattice well-depth, Bloch oscillations were observed.
- Landau-Zener leading to a breakdown of the oscillations was studied.
- A regime of instabilities was reached at large atomic densities.
- The BEC ionization introduces a new area at the border between atomic physics and solid state physics.

