



SMR.1759 - 2

**Fourth Stig Lundqvist Conference on
Advancing Frontiers of Condensed Matter Physics**

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Observation of a supersolid helium phase

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These are preliminary lecture notes, intended only for distribution to participants

Observation of a supersolid helium phase

E. Kim

Korea Advanced Institute of Science and Technology,

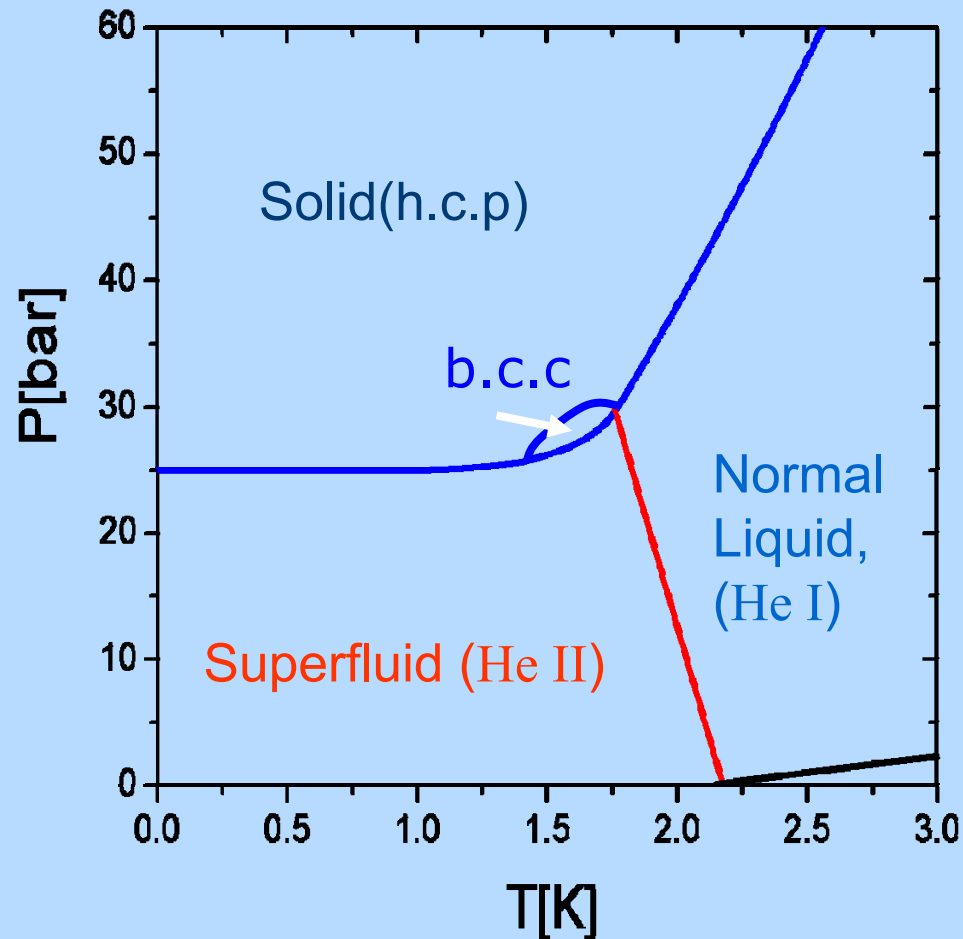
A. Clark, X. Lin, J. West, M. H. W. Chan
Penn State University,

J.S. Xia

University of Florida

Supported by NSF

Phase diagram of ^4He

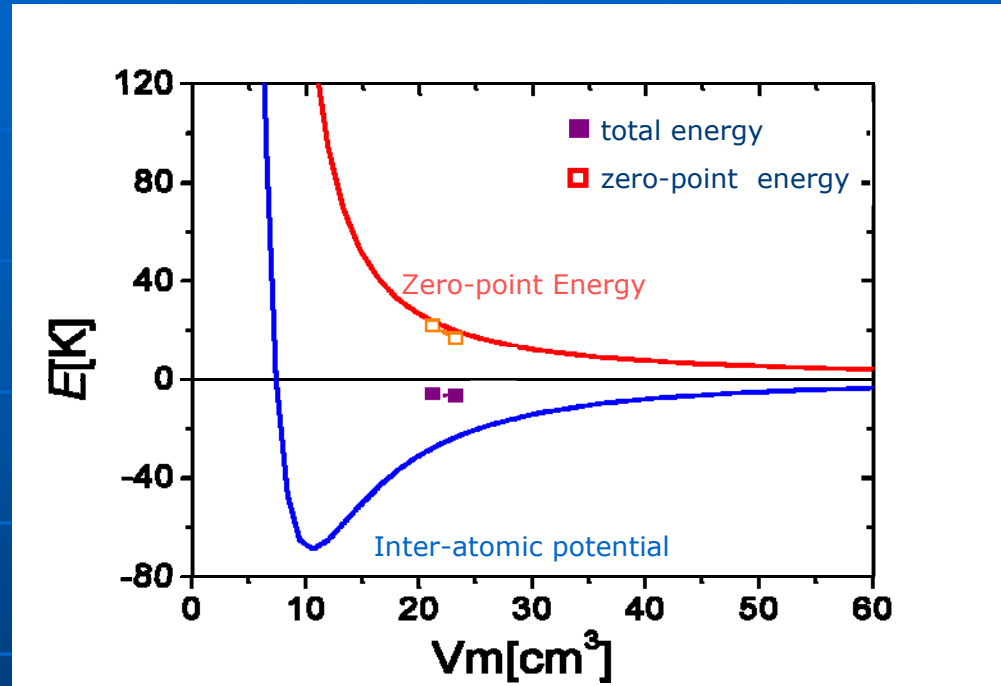


Fritz London is the first person to recognize that superfluidity in liquid ^4He is a BEC phenomenon. Condensation fraction was predicted and measured to be 10% near $T=0$. Superfluid fraction at $T=0$, however is 100%.

- Lindemann Parameter

the ratio of the root mean square of the displacement of atoms to the interatomic distance (d_a)

$$\gamma_L = \frac{\sqrt{\langle u^2 \rangle}}{d_a} = 0.26$$



exceeding the critical value of Lindemann parameter for melting of a classical solid (0.1~0.15).

- Recently observed Xray measurement at ~0.7K and near melting curve shows 26% (Burns et al. *Phys. Rev. B* **55**, 5767(1997))

No experimental evidence of superfluidity in solid helium prior to 2004.

- Plastic flow measurement

Andreev et al. Sov. Phys. JETP Lett **9**,306(1969)

Suzuki J. Phys. Soc. Jpn. **35**, 1472(1973)

Tsymbalenko Sov. Phys. JETP Lett. **23**, 653(1976)

Dyumin et al. Sov. J. Low Temp. Phys. **15**,295(1989);

Bonfait, Godfrin and Castaing, J. de Physique **50**, 1997(1989)

- Torsional oscillator

Bishop et al. Phys. Rev. B **24**, 2844(1981)

- Mass flow

Greywall Phys. Rev. B **16**, 1291(1977)

- $P_V(T)$ measurement

Adams et al. Bull. Am. Phys. Soc. **35**,1080(1990)

Haar et al. J. low Temp. Phys. **86**,349(1992)

- However, interesting results are found in
Ultrasound Measurements at UCSD.

Goodkind Phys. Rev. Lett. **89**,095301(2002) and
references therein

Plastic flow

(most experiment carried out above 0.5K)

Measure the displacement of a ball

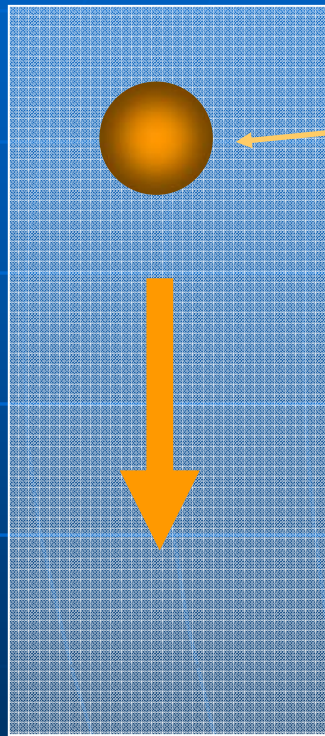
frozen in solid helium

Andreev et al. Sov. Phys. JETP Lett **9**,306(1969)

A polished ball

($d=1.57\text{mm}$, Alloy; 75%Pt +25% Co)

No motion detected at 0.5K



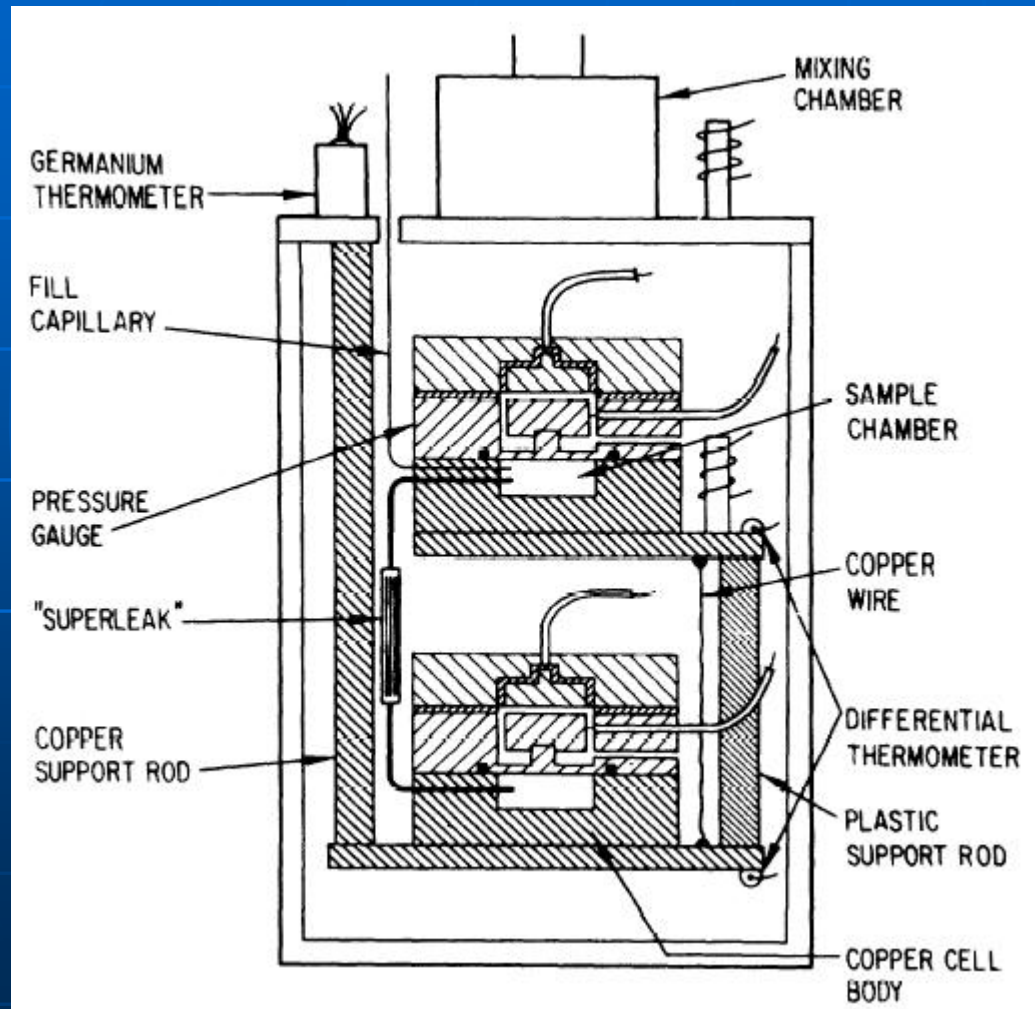
Solid helium

- Suzuki J. Phys. Soc. Jpn. **35**, 1472 (1973)
($T=1.77\text{K}$ $P=32\text{atm}$, $f_c=6.5 \times 10^5 \text{ dyne/cm}^2$)
- Tsymbalenko Sov. Phys. JETP Lett. **23**,653 (1976)
($T=0.6 \sim 2.1\text{K}$, $P=25.7 \sim 40\text{atm}$)
- Sanders et al, Phys. Rev. Lett., **39**, 815 (1977)

Mass flow

Search for superfluidity in solid ^4He

D. S. Greywall, Phys. Rev. B **16**, 1291 (1977)



$$\Delta P = 1 \sim 2 \text{ bars}$$

From 25 to 48 bars

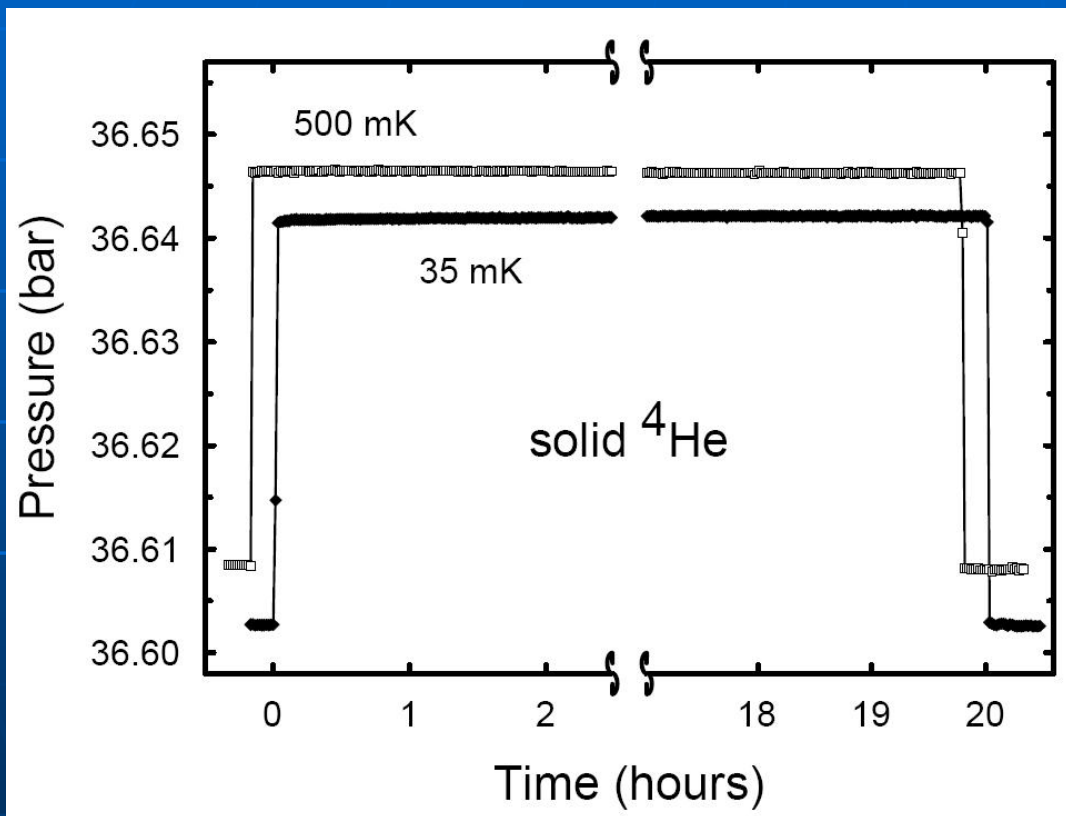
No change in the pressure
In both sample chamber

$$\frac{\rho_s}{\rho} |v| \leq 2.5 \times 10^9 \text{ cm/s}$$

Bonfait et.al. did not see any mass transfer in solid helium in a U-tube down to 4 mK

Pressure driven flow

1. J. Day et. al, Phys. Rev. Lett **95**, 035301 (2005)
2. J. Day and J. Beamish, PRL, **96**, 105304 (2006)



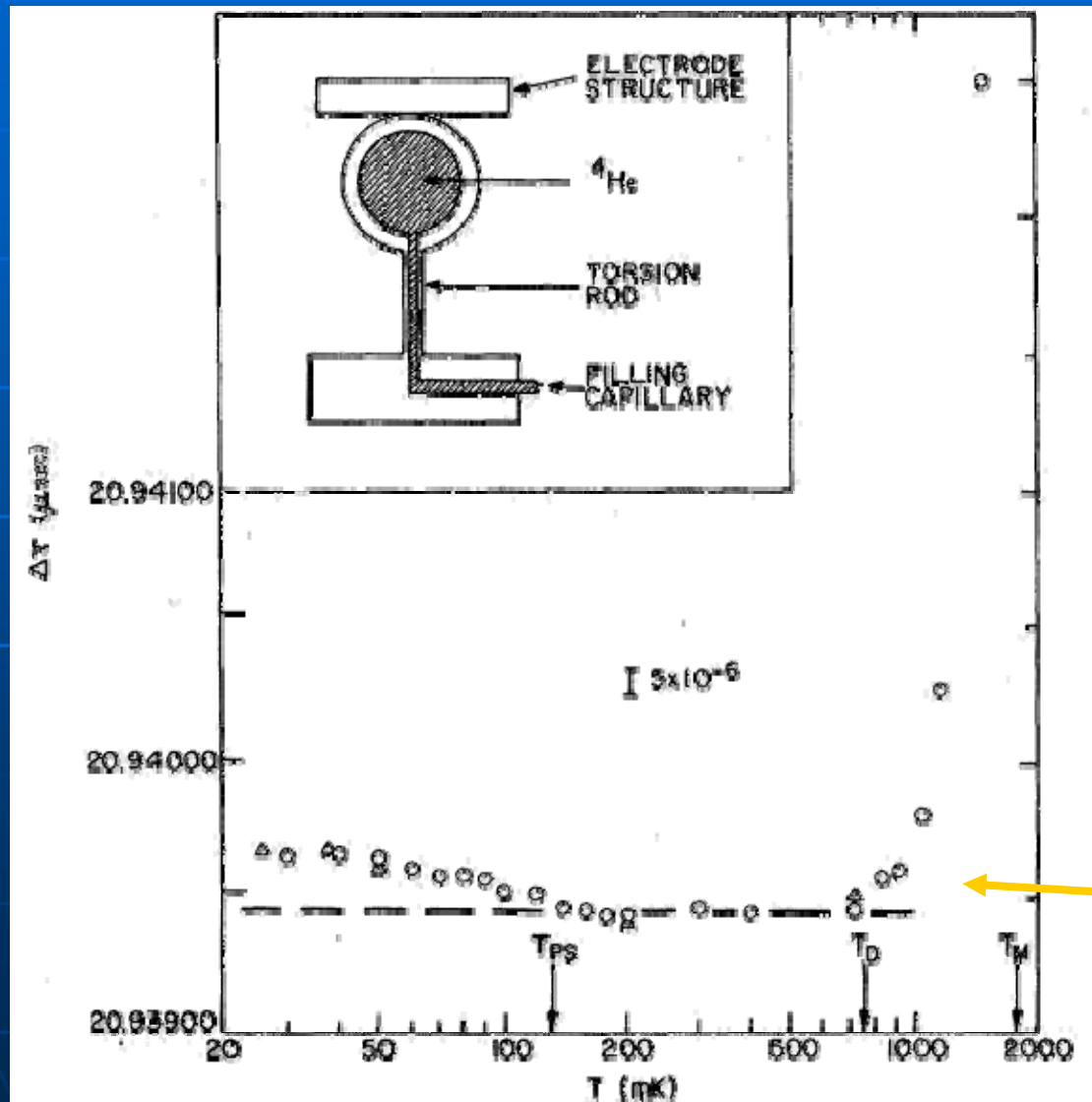
1. No evidence of mass flow from bulk into vycor
2. Analogous to Greywall

$$\frac{\rho_s}{\rho} |v| \leq 1.5 \times 10^{-12} \text{ cm/s}$$

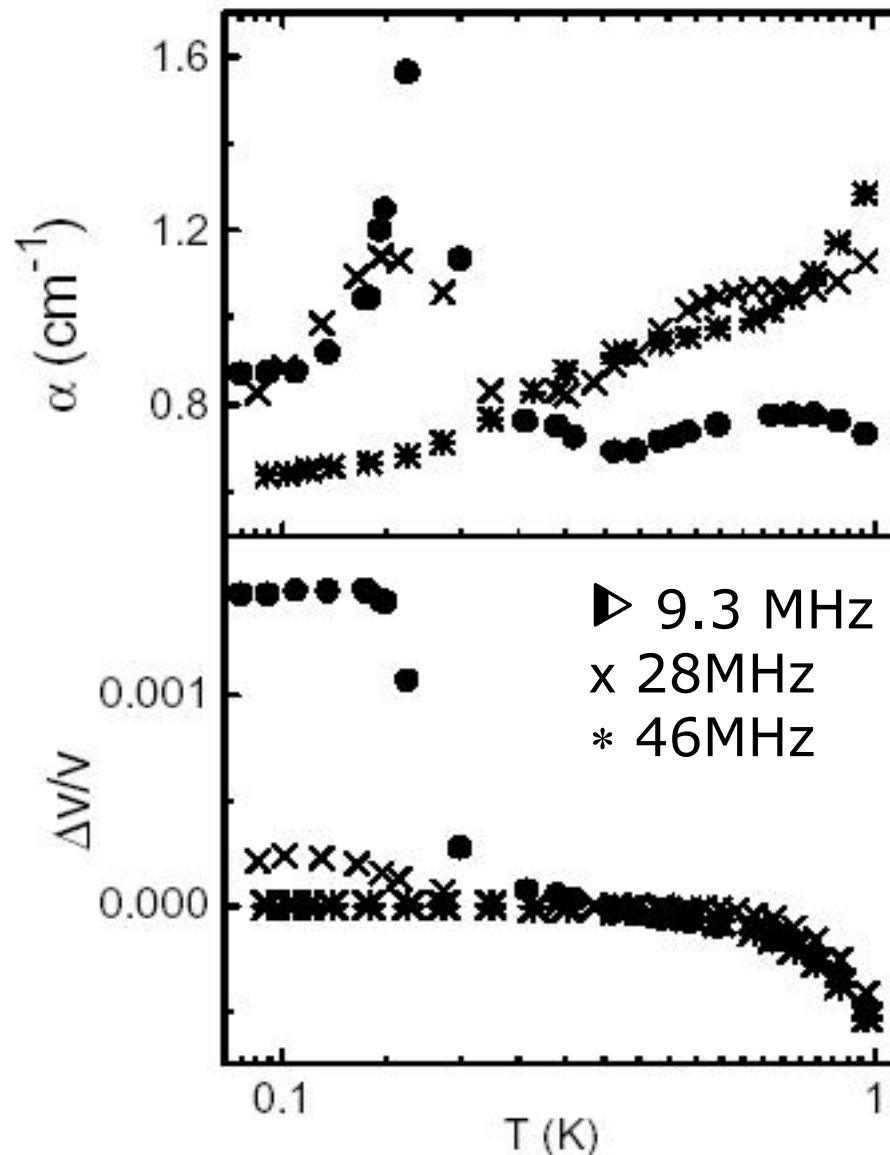
Diffusive flow of solid helium ($T=1.0-1.4\text{K}$, $D_s \sim 10^{-7} \text{ cm}^2/\text{s}$)
Dyumin et al. Sov. J. Low Temp. Phys. **15**, 295 (1989)

Torsion oscillator measurements of bulk solid ^4He

Bishop, Paalanen and Reppy, Phys. Rev. B **24**, 2844(1981)



Ultrasound velocity and dissipation measurements in solid ^4He with 27.5ppm of ^3He



The results are interpreted by the authors as showing BEC of thermally activated vacancies **above** 200mK.

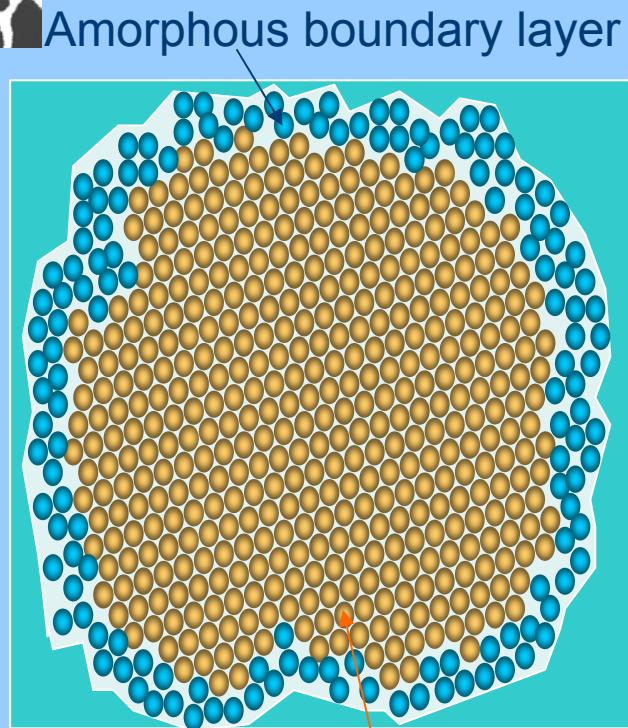
P.C. Ho, I.P. Bindloss
and J. M. Goodkind, *J. Low Temp. Phys.* **109**,
409 (1997)

Goodkind Phys. Rev.
Lett. **89**,095301(2002)

TEM of Vycor glass



Solid helium in a porous medium should have more disorder and defects, which may facilitate the appearance of superflow in solid?

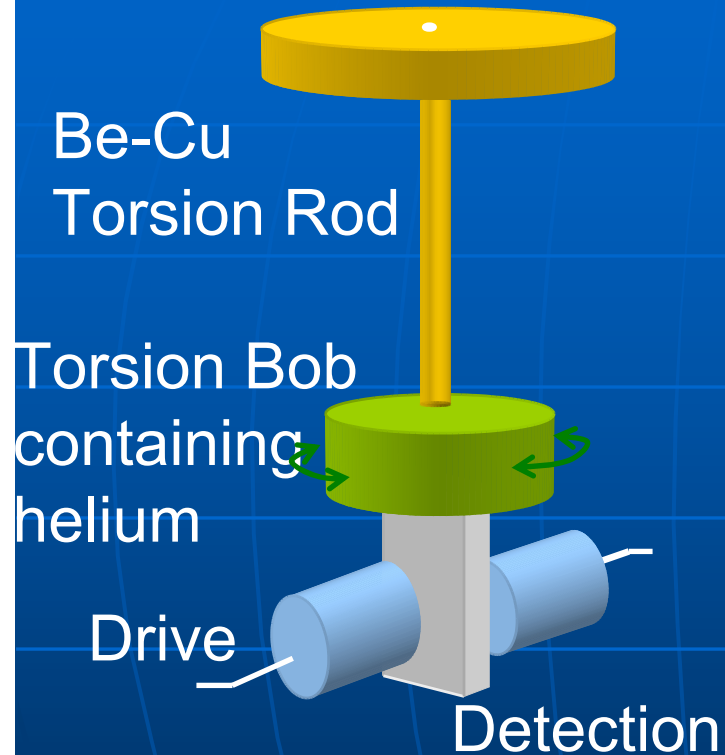


Solidification proceeds in two different directions:

- 1) In the center of the pore a solid cluster has crystalline order identical to bulk ^4He
- 2) On the wall of a pore amorphous solid layers are found due to the van der Waals force of the substrate

Elbaum et al. Adams et al.
Brewer et al.

Torsional oscillator is ideal for the detection of superfluidity



$$\tau_o = 2\pi \sqrt{\frac{I}{K}}$$

Resolution

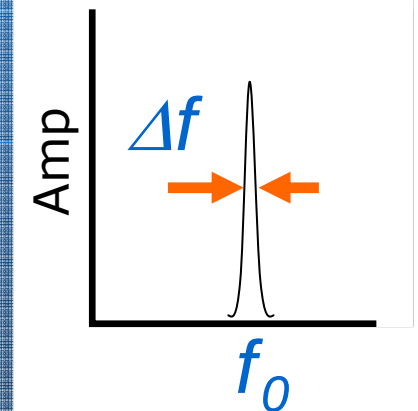
Resonant period (τ_o) ~ 1 ms

stability in τ is 0.1ns

$$\delta\tau/\tau_o = 5 \times 10^{-7}$$

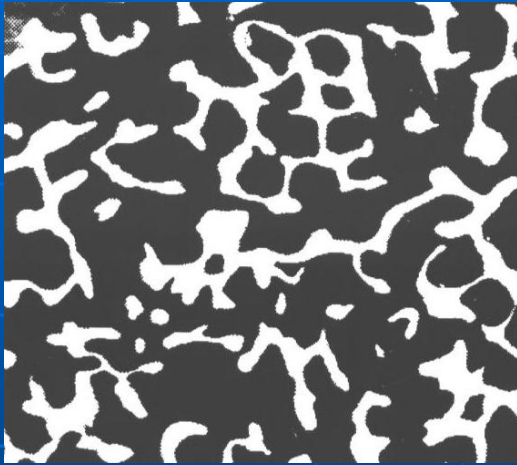
Mass sensitivity $\sim 10^{-7}$ g

$$Q = f_o / \Delta f \sim 2 \times 10^6$$

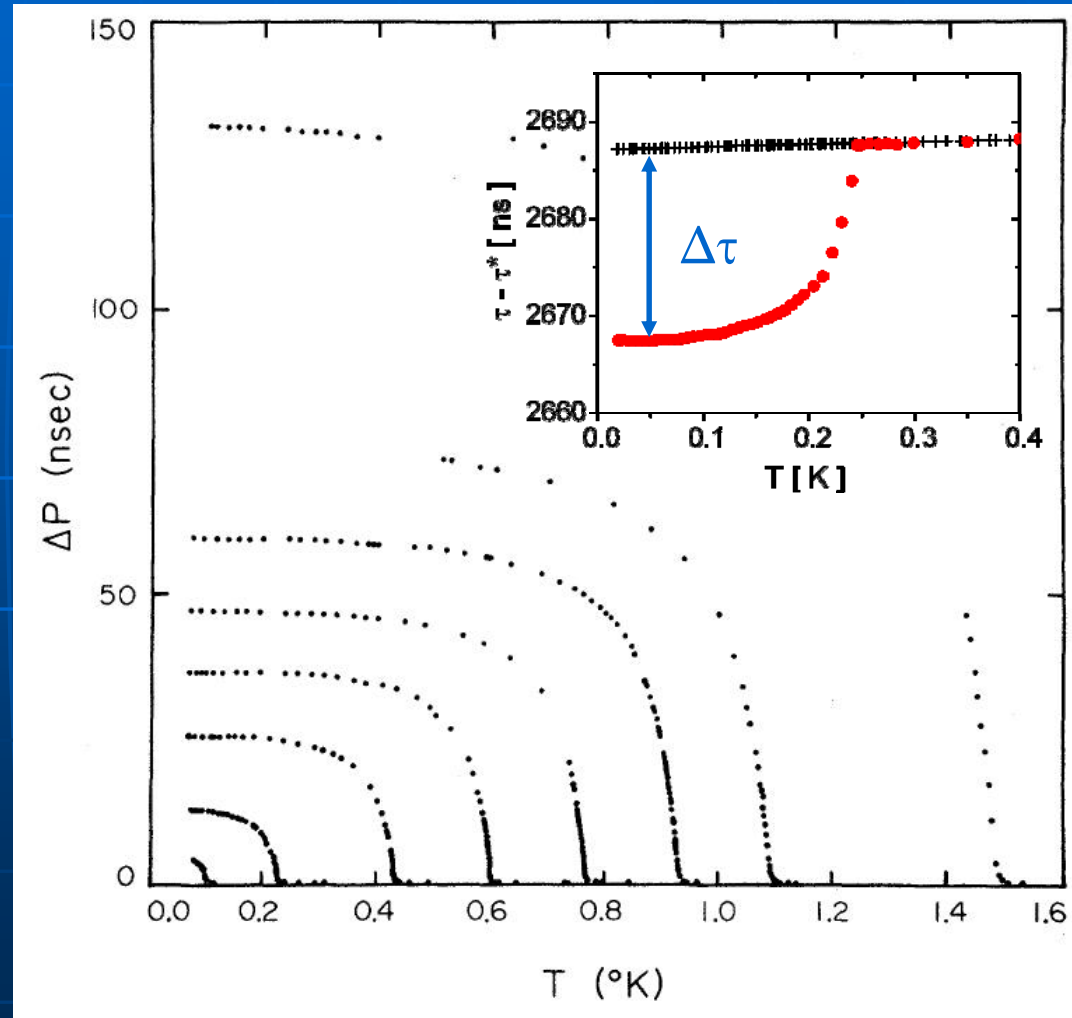


Torsional oscillator studies of superfluid films

Vycor

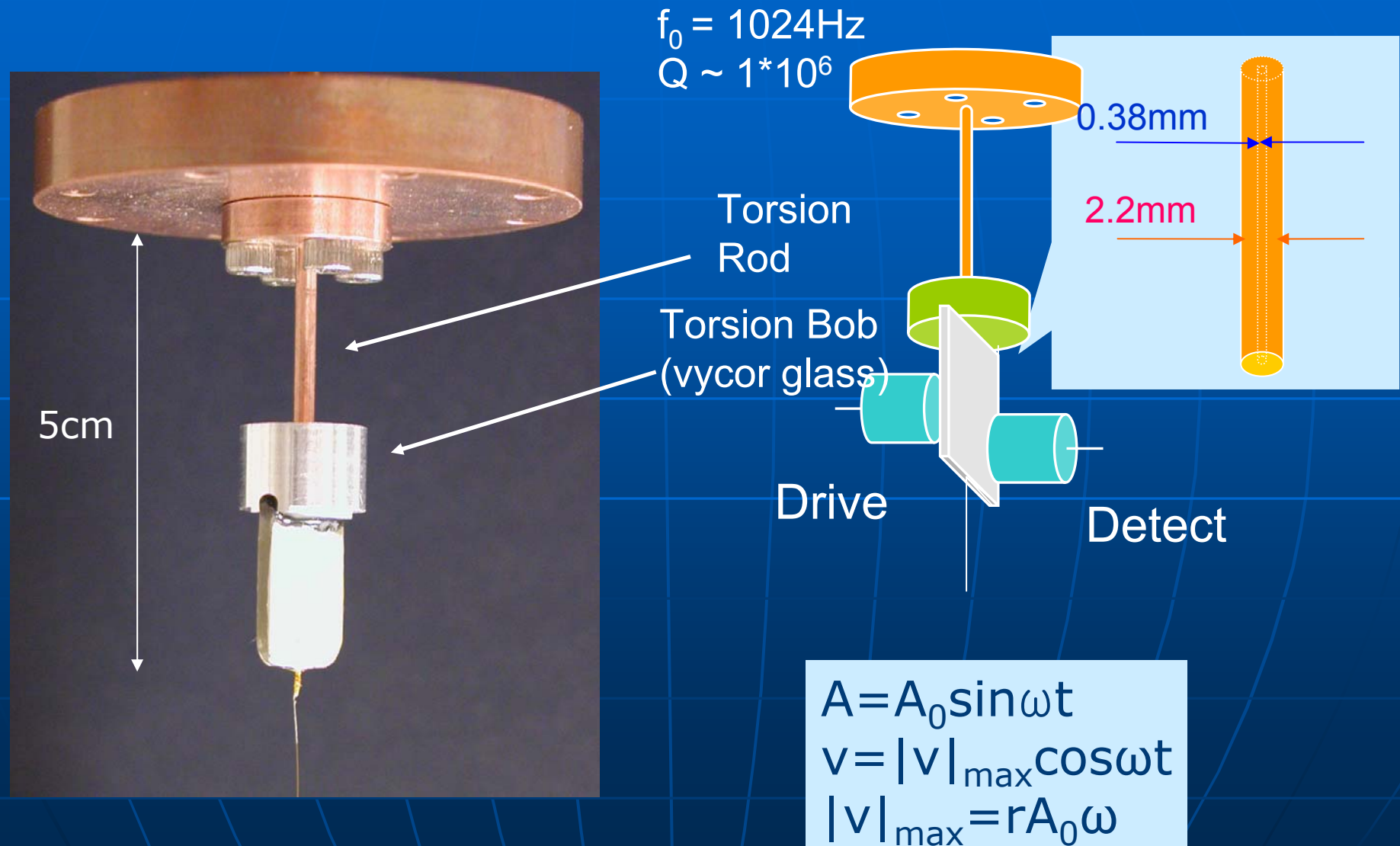


Above T_c the adsorbed normal liquid film behaves as solid and oscillates with the cell, since the viscous penetration depth at 1kHz is about $3\text{ }\mu\text{m}$.

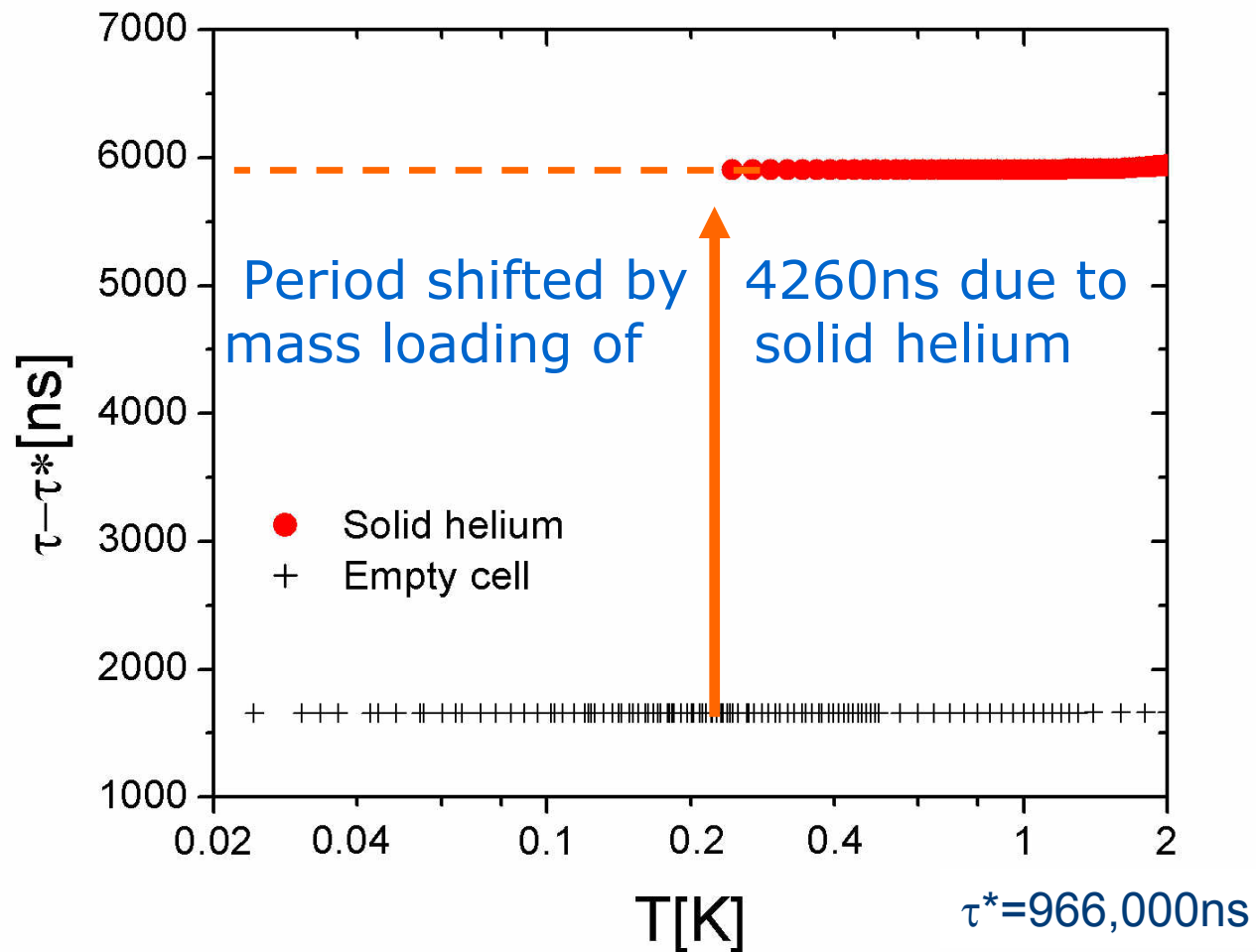


Berthold, Bishop, Reppy, *PRL* **39**, 348 (1977)

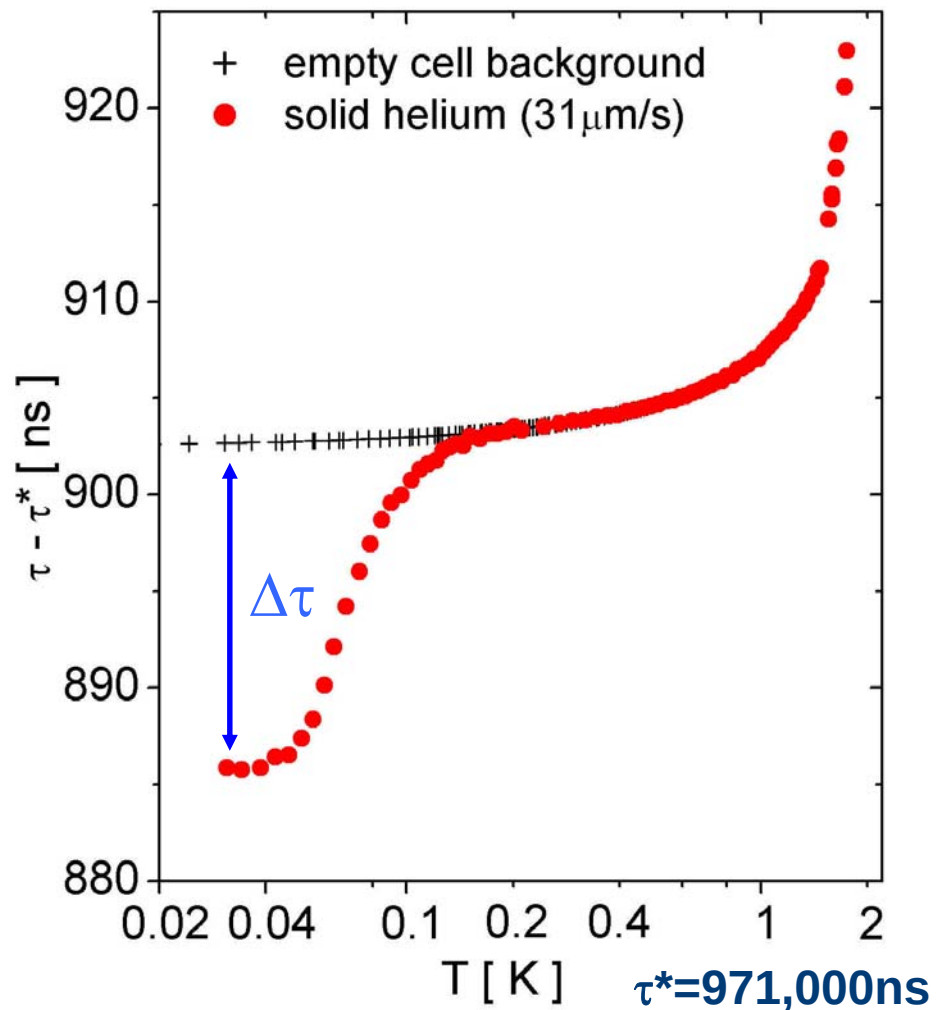
Solid helium in Vycor glass



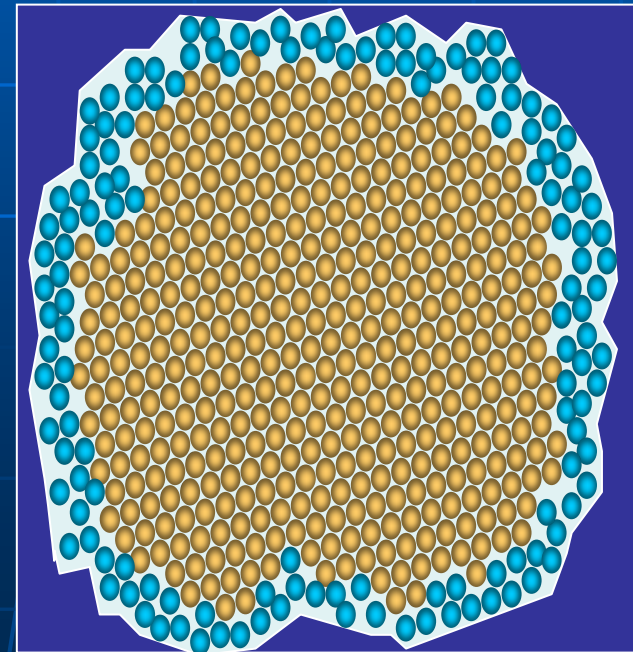
Solid ^4He at 62 bars in Vycor glass



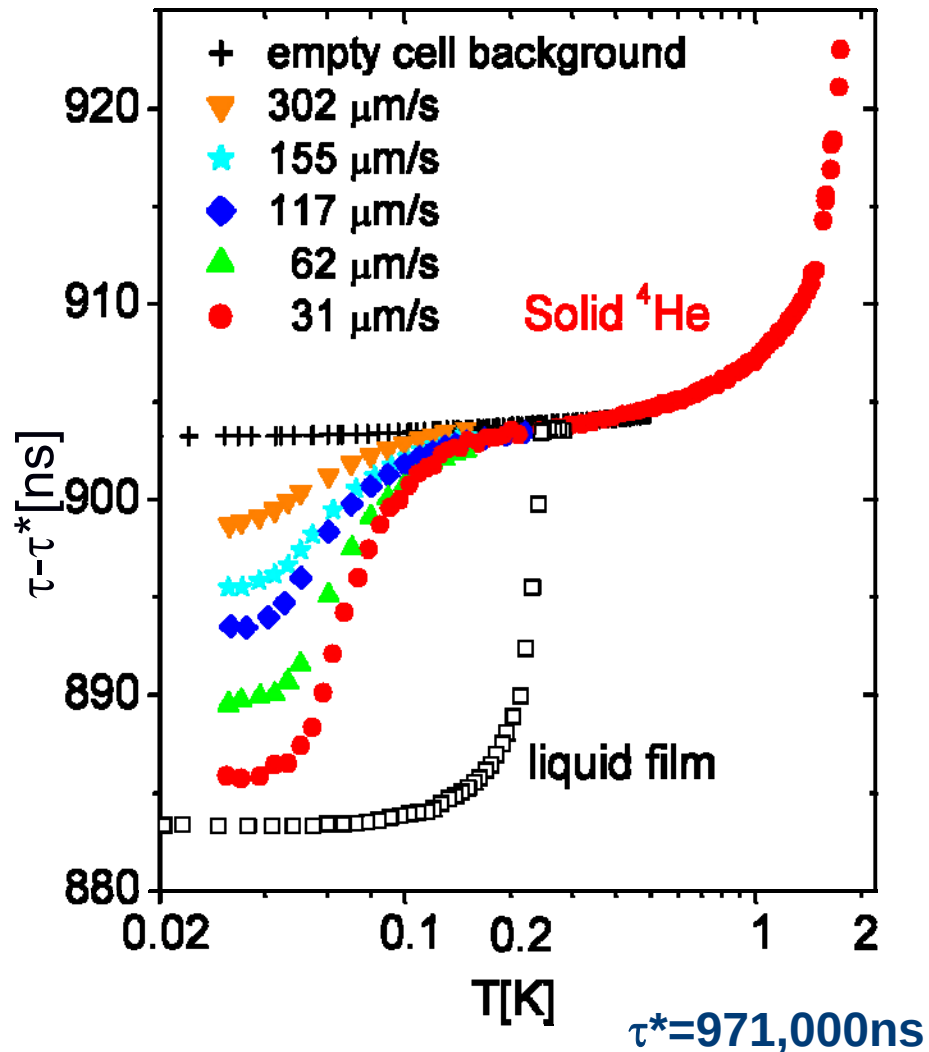
Supersolid response of helium in Vycor glass



- Period drops at 175mK
→ appearance of NCRI
- size of period drop
 $-\Delta\tau \sim 17\text{ns}$



Superfluid response



Total mass loading = 4260 ns

Measured decoupling

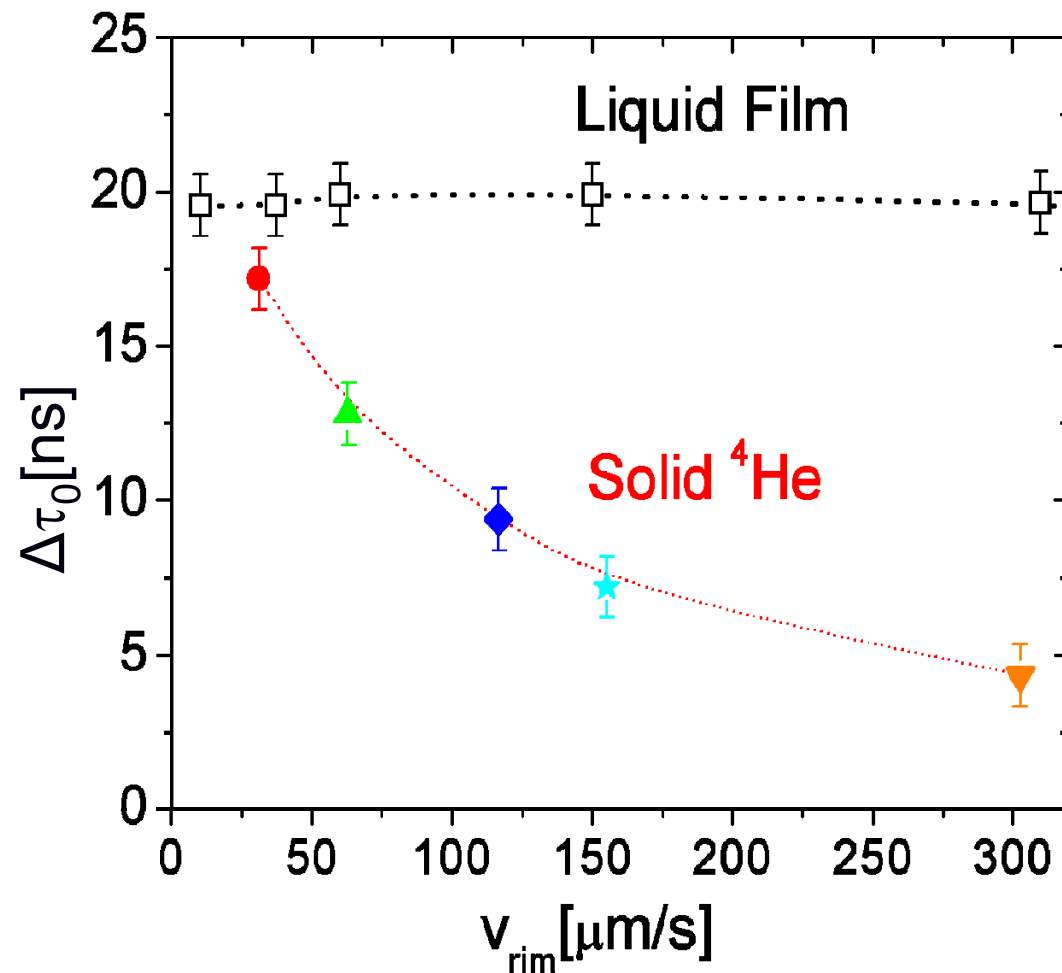
$-\Delta\tau_o = 17 \text{ ns}$

“ Apparent supersolid fraction ” = 0.4%

(with tortuosity correction $\rho_s/\rho = 2\%$)

Weak pressure dependence

Strong velocity dependence



- For liquid film adsorbed on Vycor glass

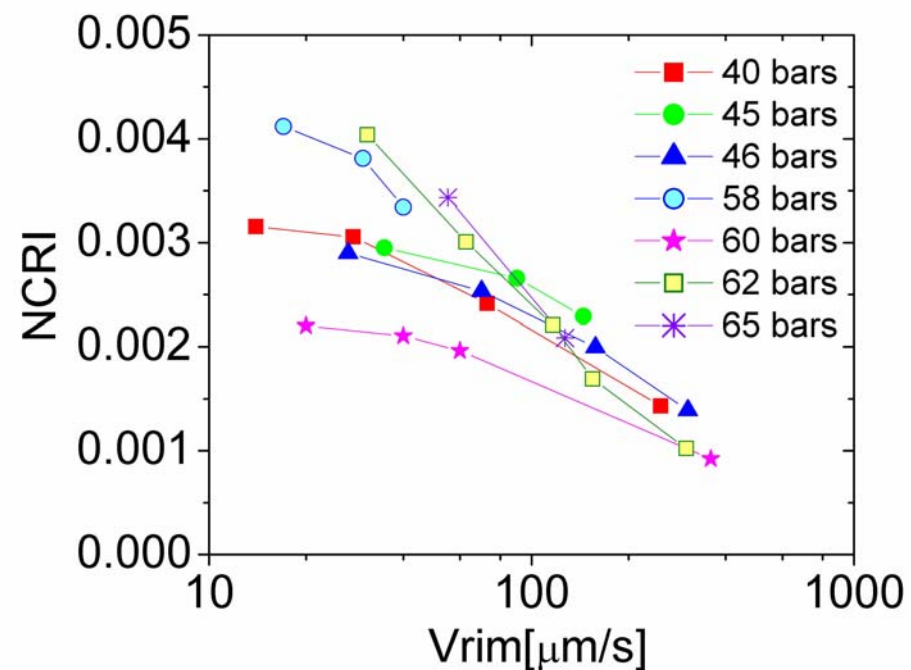
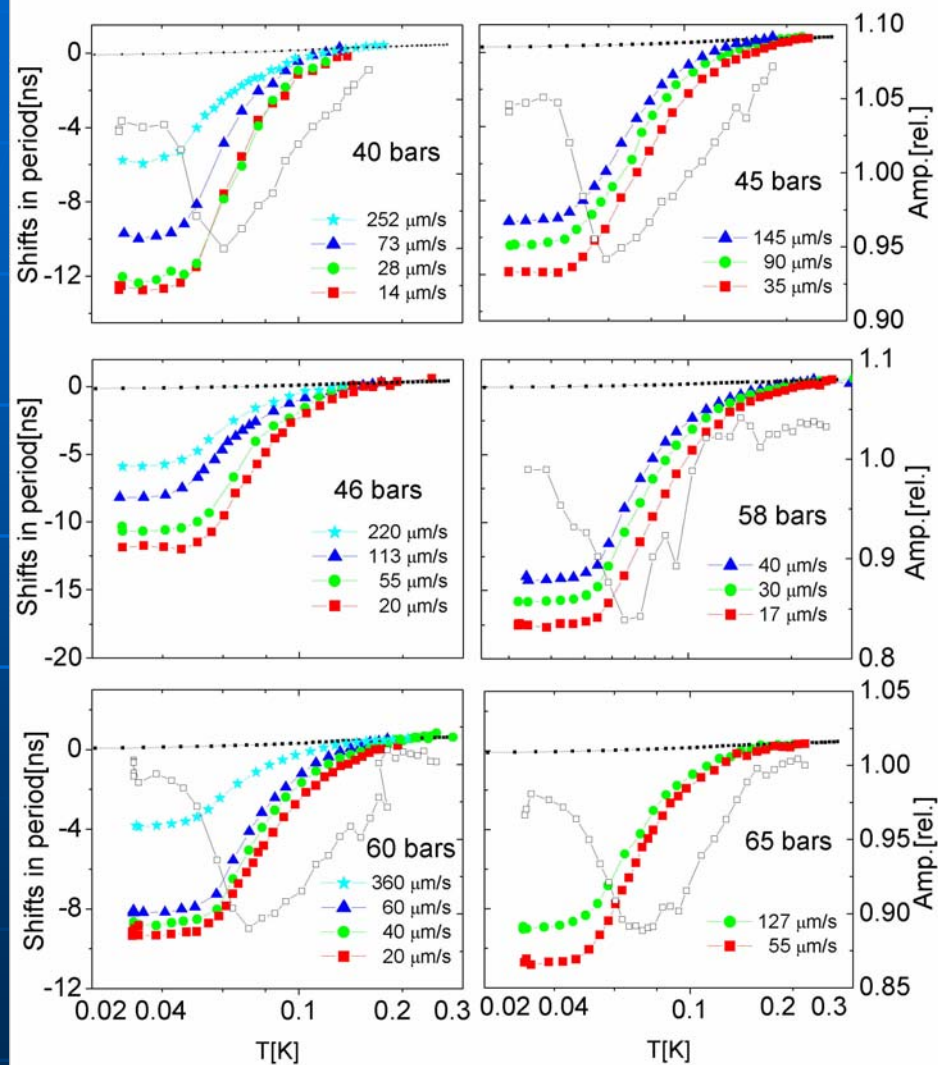
$$v_c > 20 \text{ cm/s}$$

Chan et. al. *Phys. Rev. Lett.* **32**, 1347(1974).

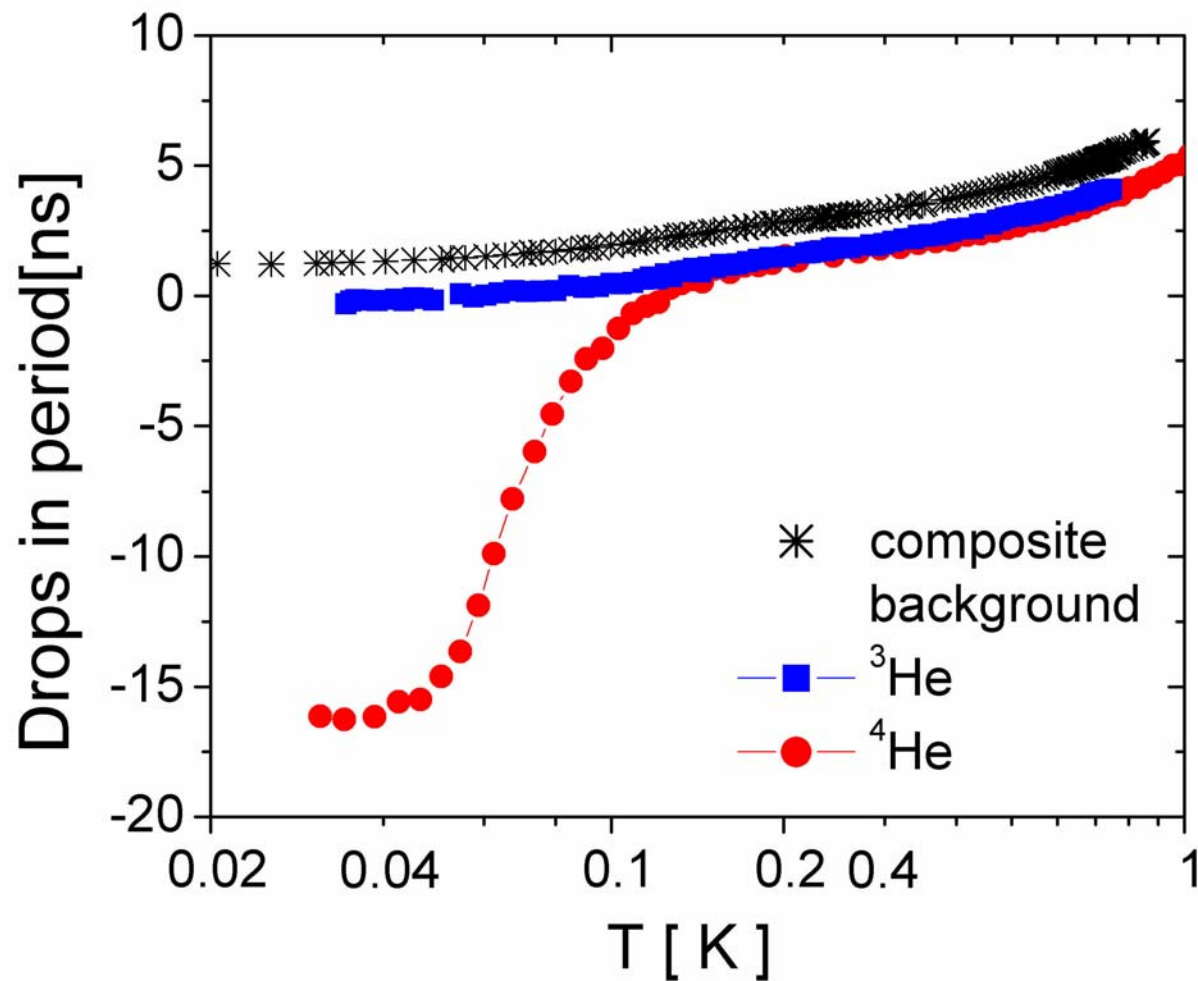
- For superflow in solid ^4He

$$v_c < 30 \mu\text{m/s}$$

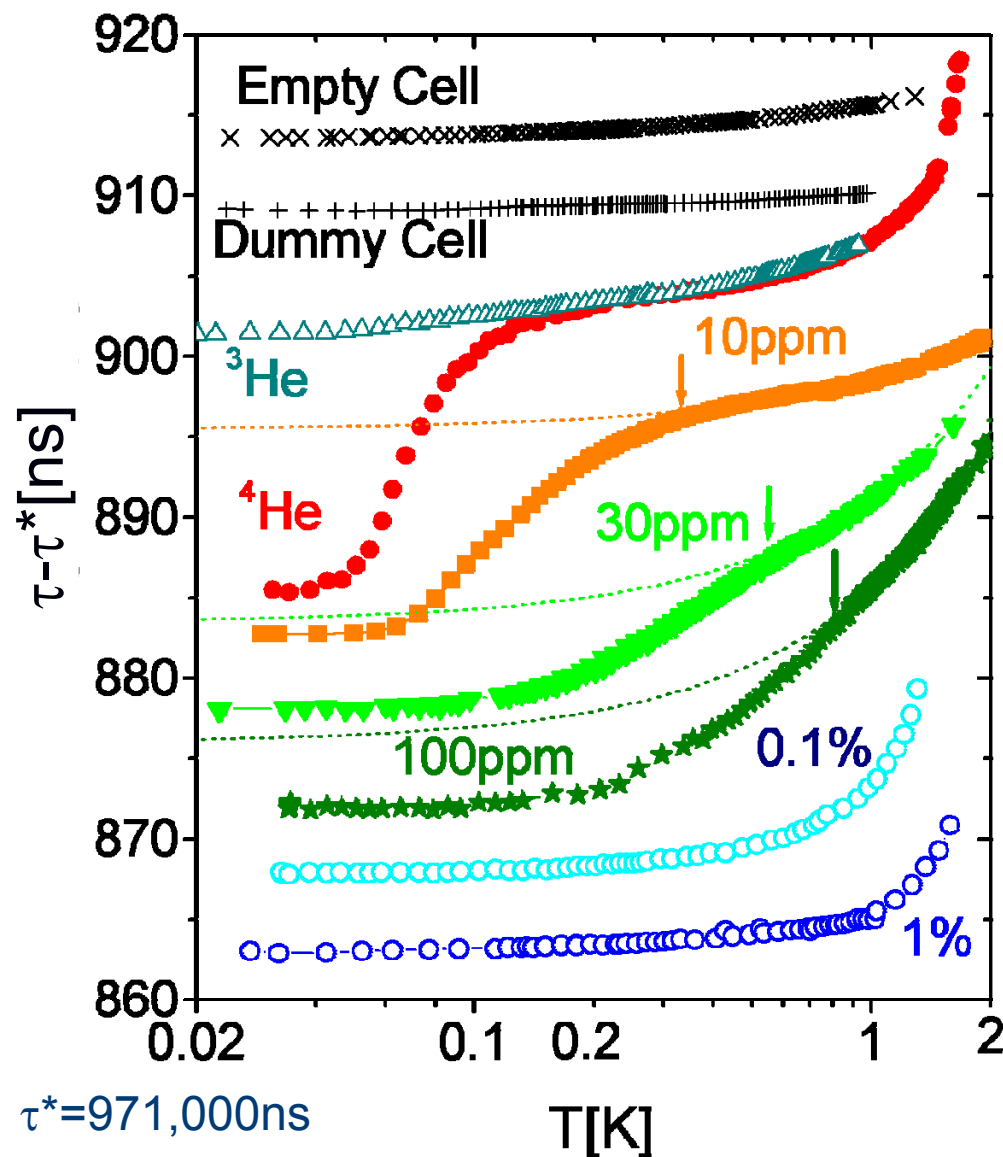
Vycor Results



Control experiment 1: Solid ^3He

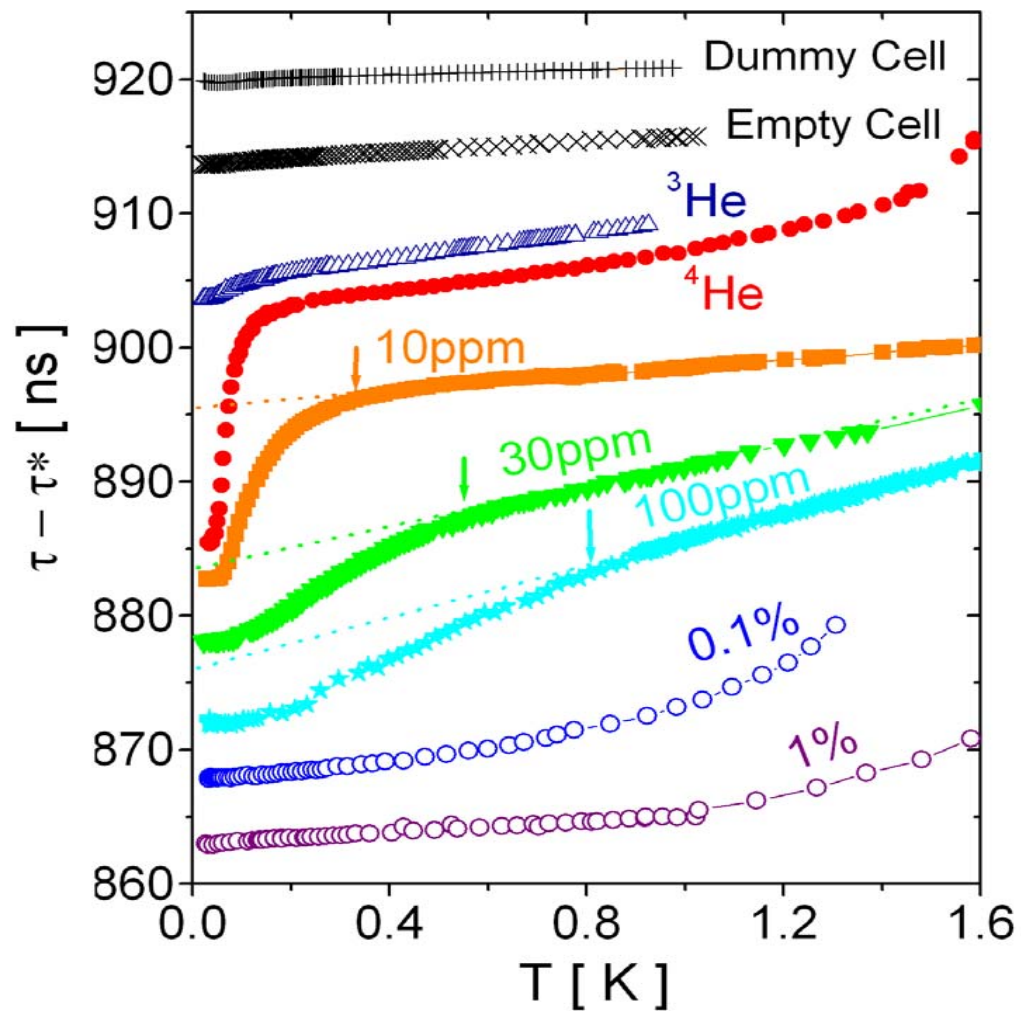


^4He solid diluted with a low concentration of ^3He

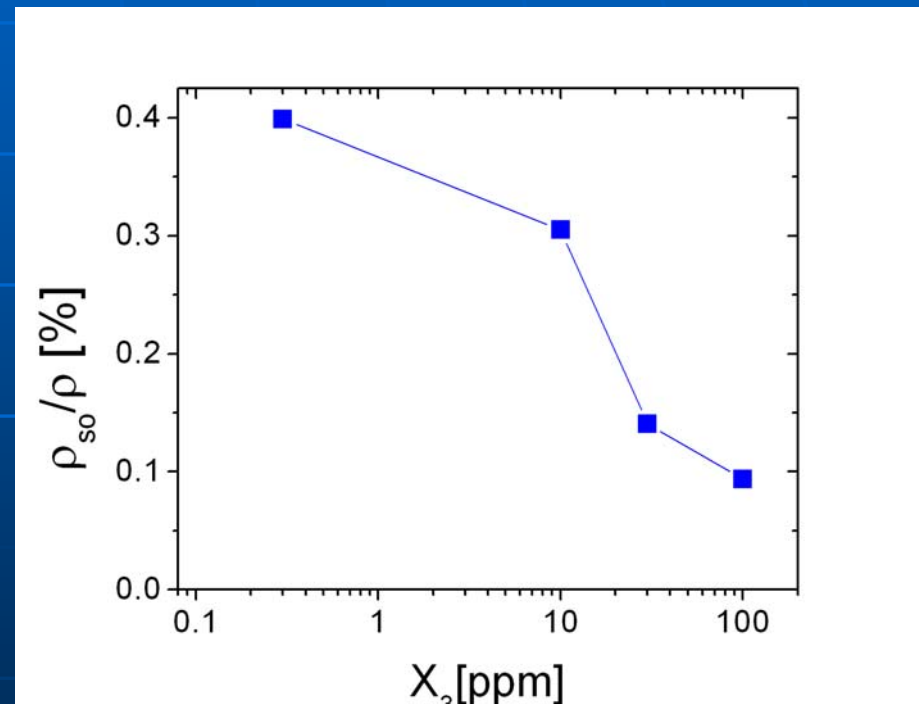
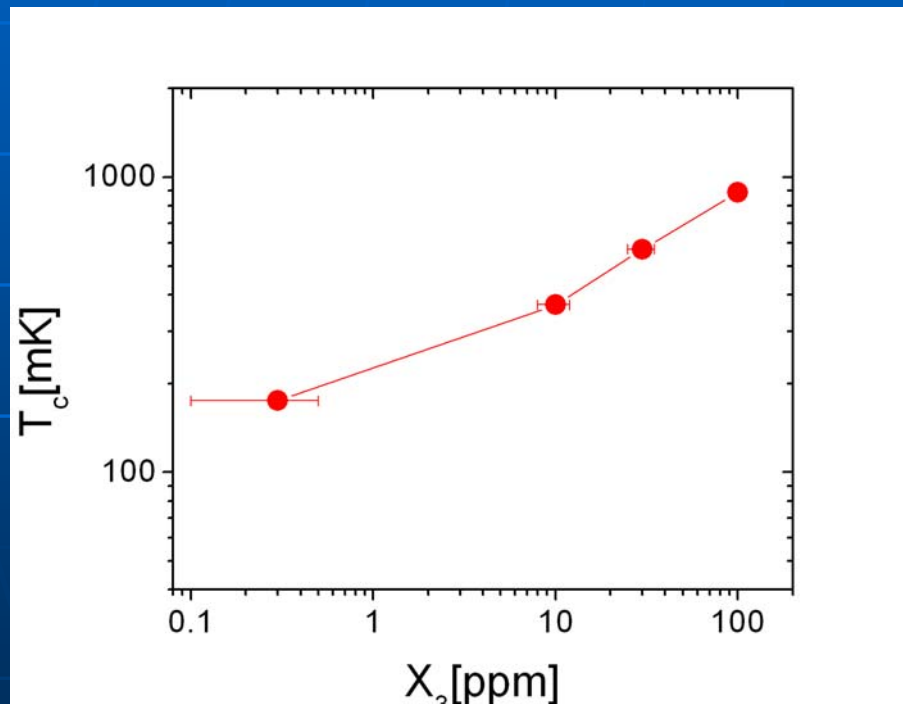


Data shifted vertically for
easy comparison

^4He solid diluted with a low concentration of ^3He

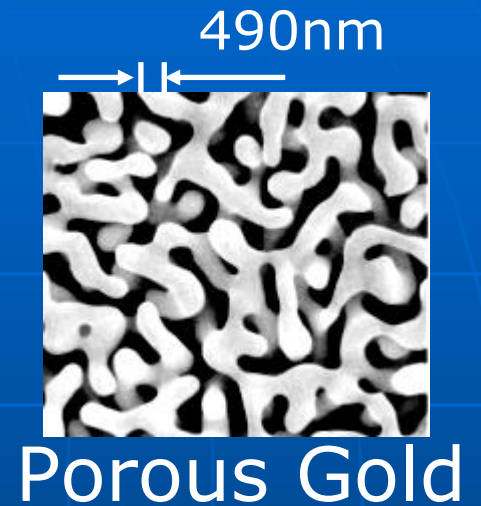
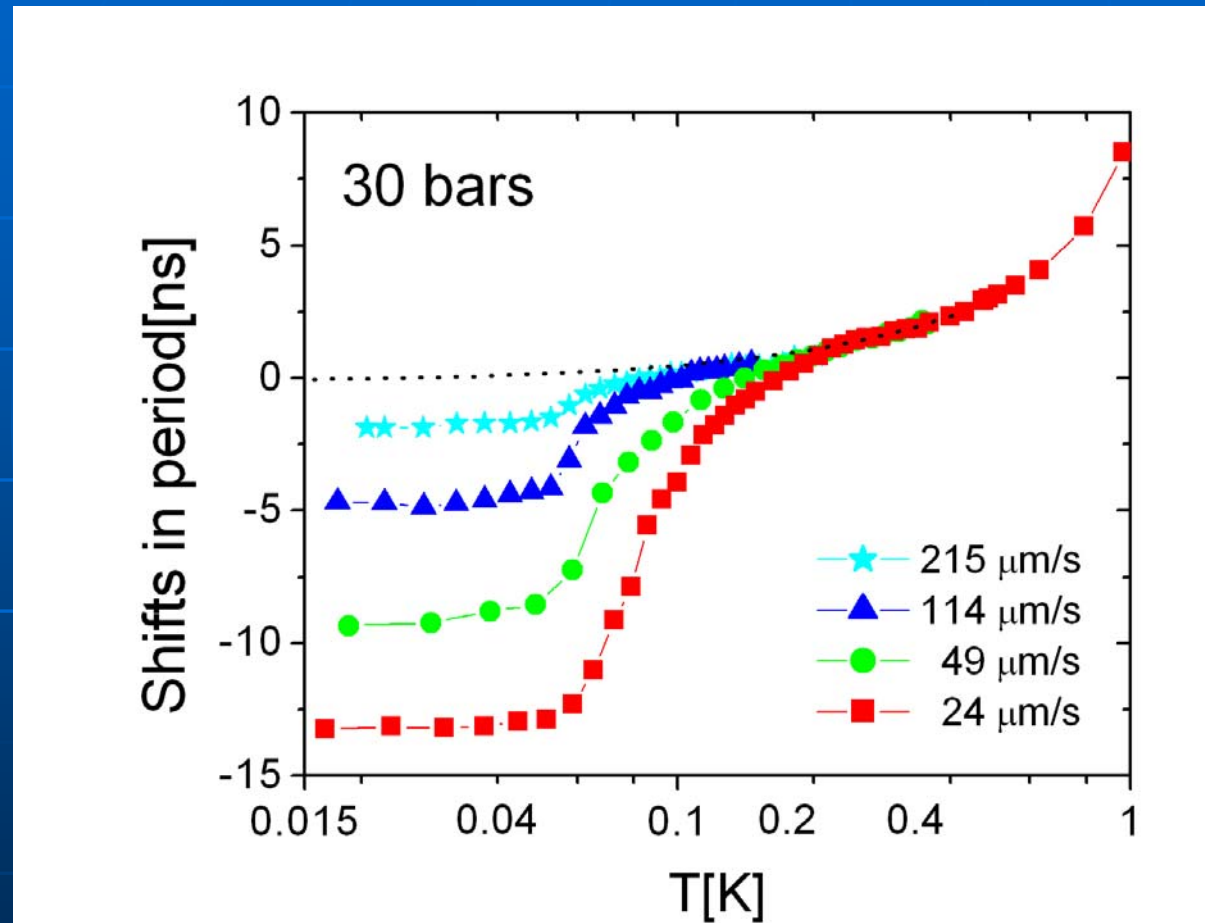


Effect of the addition of ^3He impurities



At 0.3ppm, the separation of the ^3He atoms is about $450\text{\AA}$

Solid helium in porous gold



$$f_0 = 359 \text{ Hz}$$

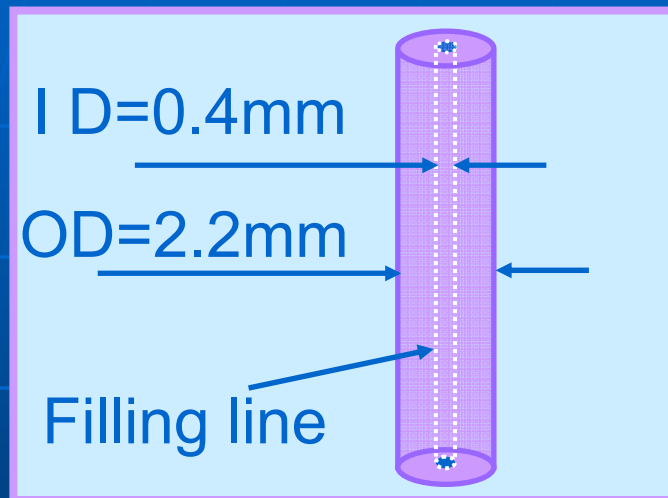
J. Low Temp. Phys. **138**, 859(2005)

Is a porous matrix crucial for the appearance of the supersolid phase?

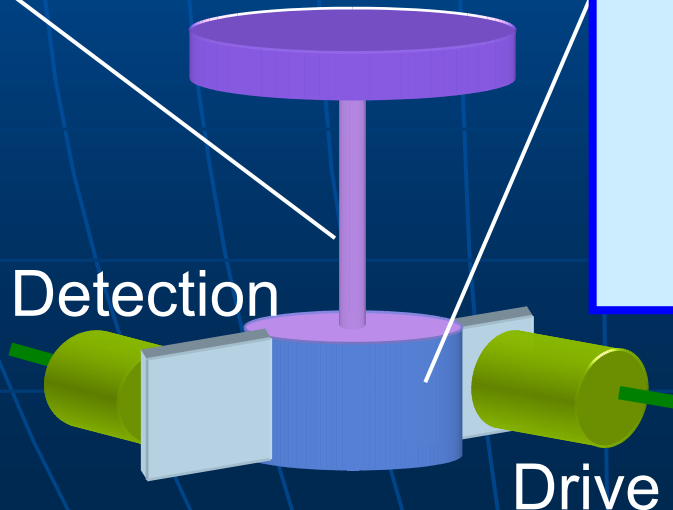
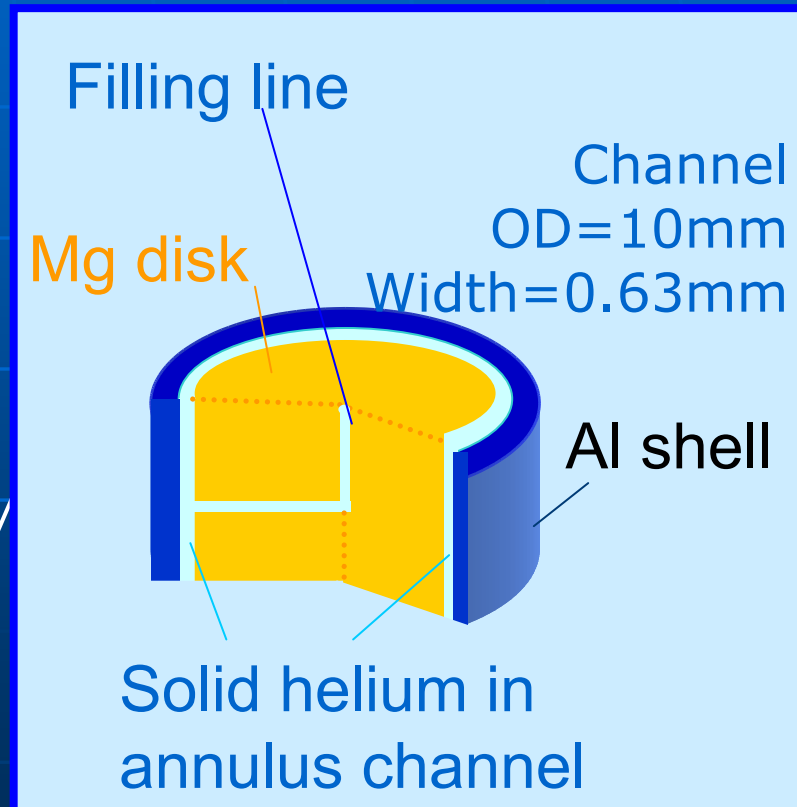
	Porous gold	Vycor glass
Pore diameter	490nm	7nm
A/V	$9\text{m}^2/\text{cc}$	$500\text{m}^2/\text{cc}$
T_c	$\sim 0.2\text{K}$	$\sim 0.2\text{K}$
ρ_s/ρ (tortuosity)	0.008 (0.012)	0.002~0.005 (0.01~0.025)

Search for the supersolid phase in the bulk solid ^4He .

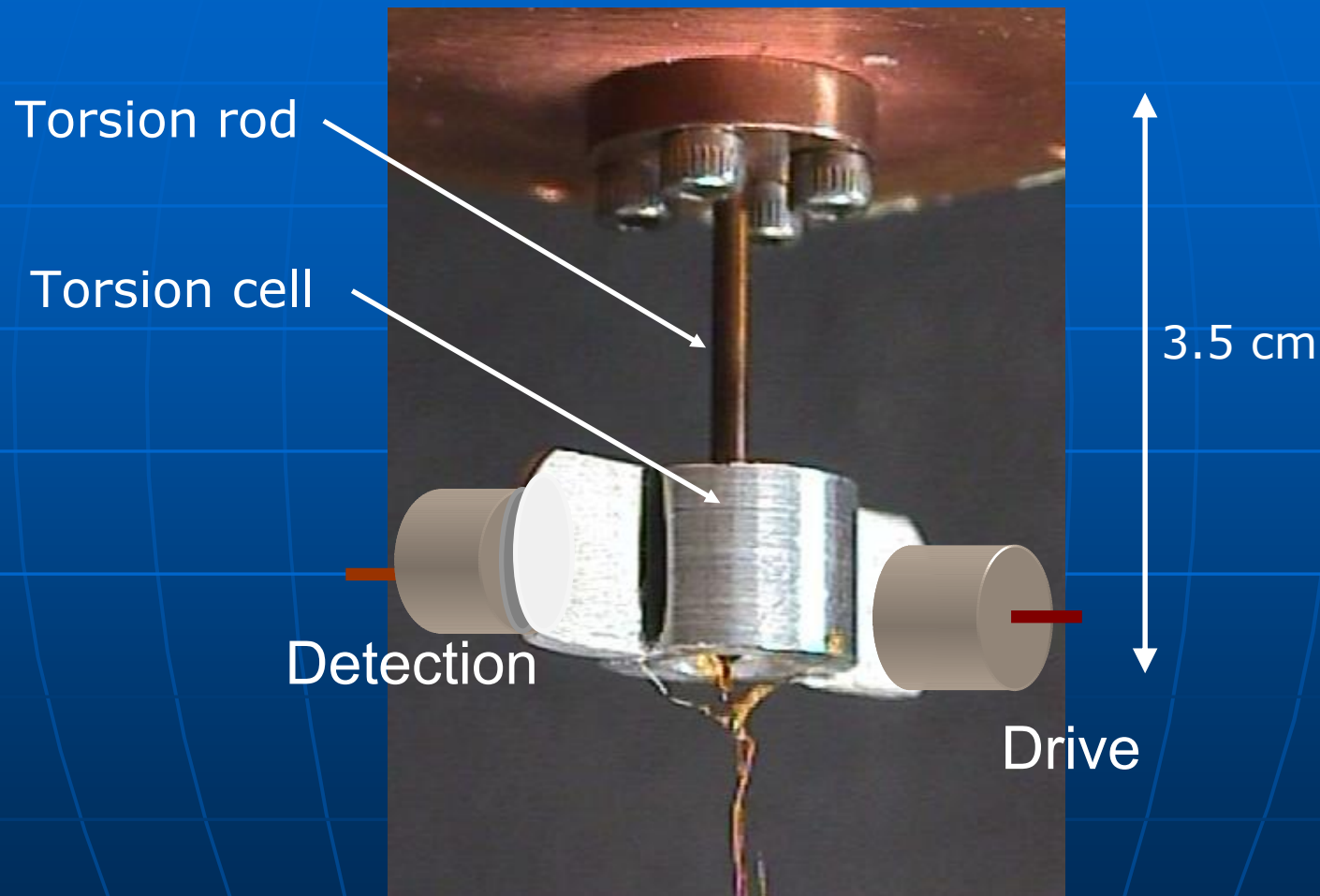
Be-Cu Torsion Rod



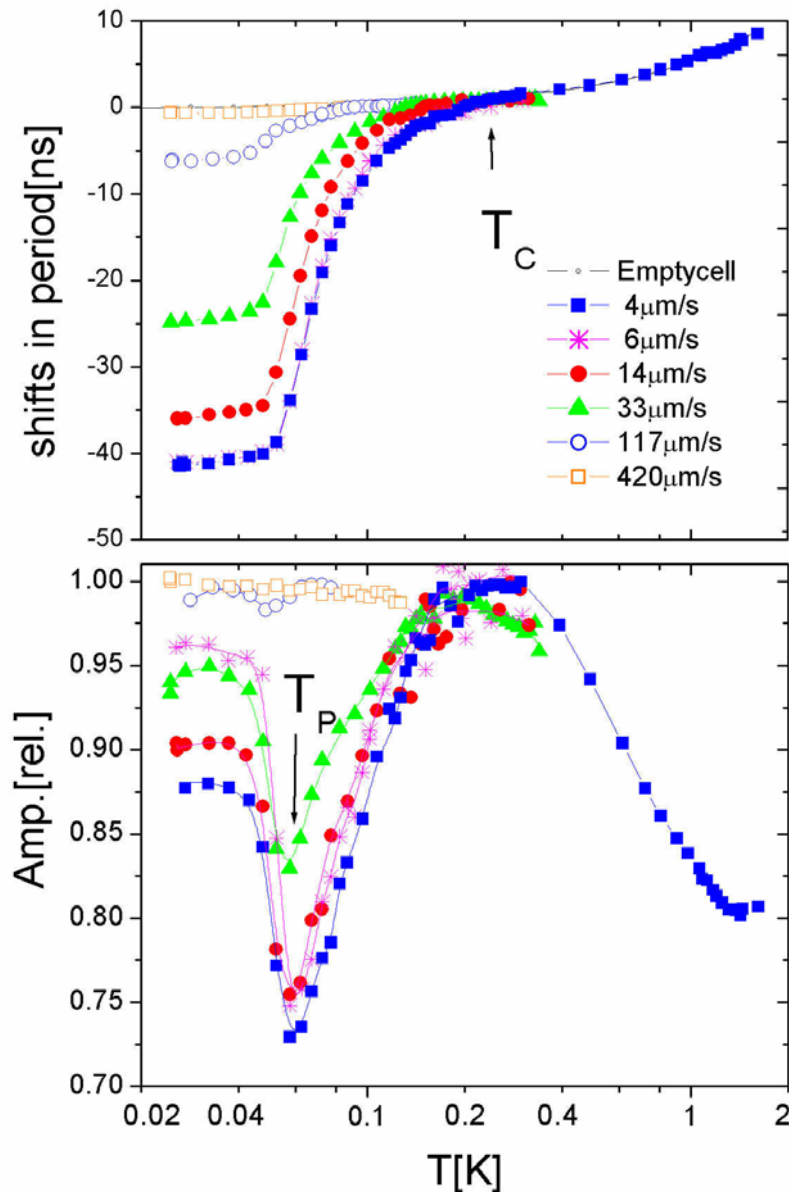
Torsion cell
with helium in annulus



Torsional Oscillator (bulk solid helium-4)



Porous media are not essential!



Solid ^4He at 51 bars

$4\mu\text{m/s}$ corresponds to
amplitude of oscillation of $7\text{\AA}$

NCRI appears below 0.25K

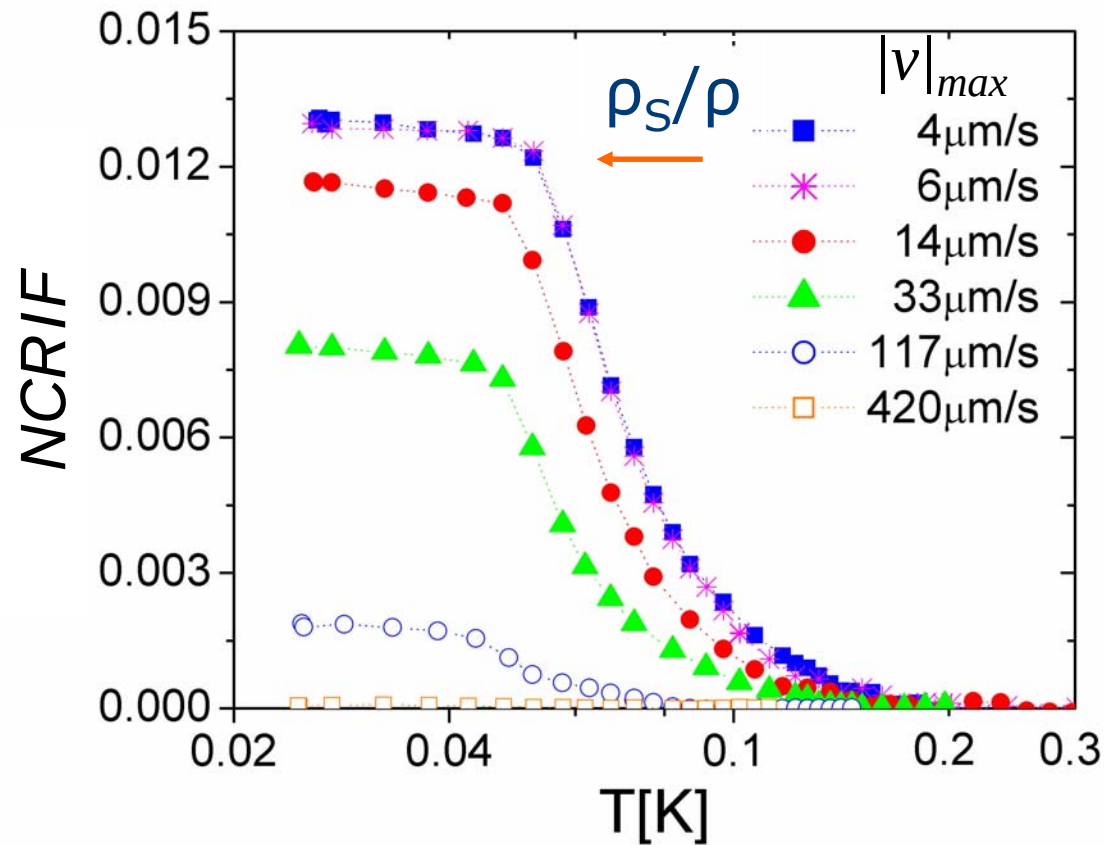
Strong $|v|_{\max}$ dependence
(above $14\mu\text{m/s}$)

Amplitude minimum, T_P

$\tau_0 = 1,096,465\text{ns}$ at 0 bar
 $1,099,477\text{ns}$ at 51 bars
(total mass loading = 3012ns
due to filling with helium)

Science 305, 1941(2004)

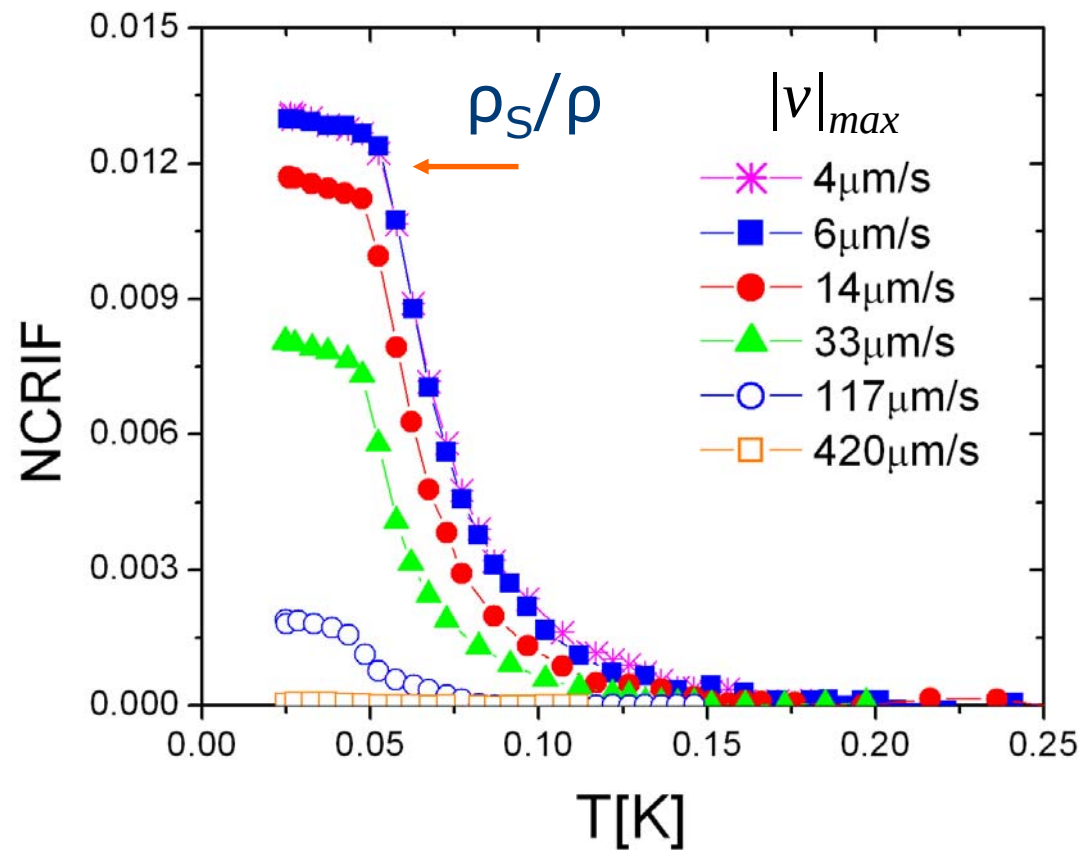
Non-Classical Rotational Inertia Fraction



$$NCRIF = \frac{\Delta\tau}{\text{total mass loading}}$$

Total mass loading
= 3012 ns at 51 bars

Non-Classical Rotational Inertia Fraction



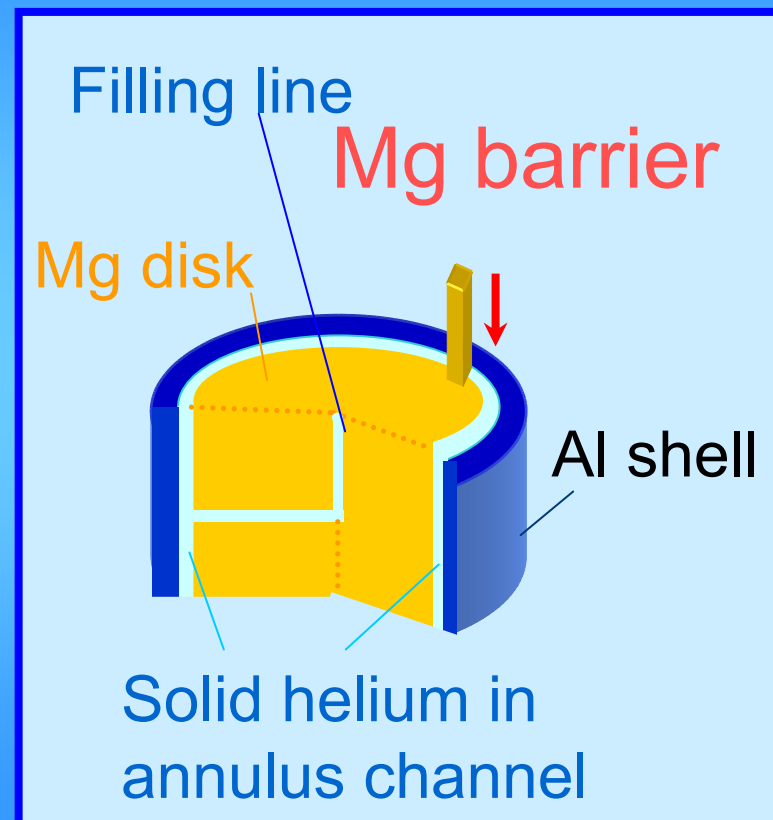
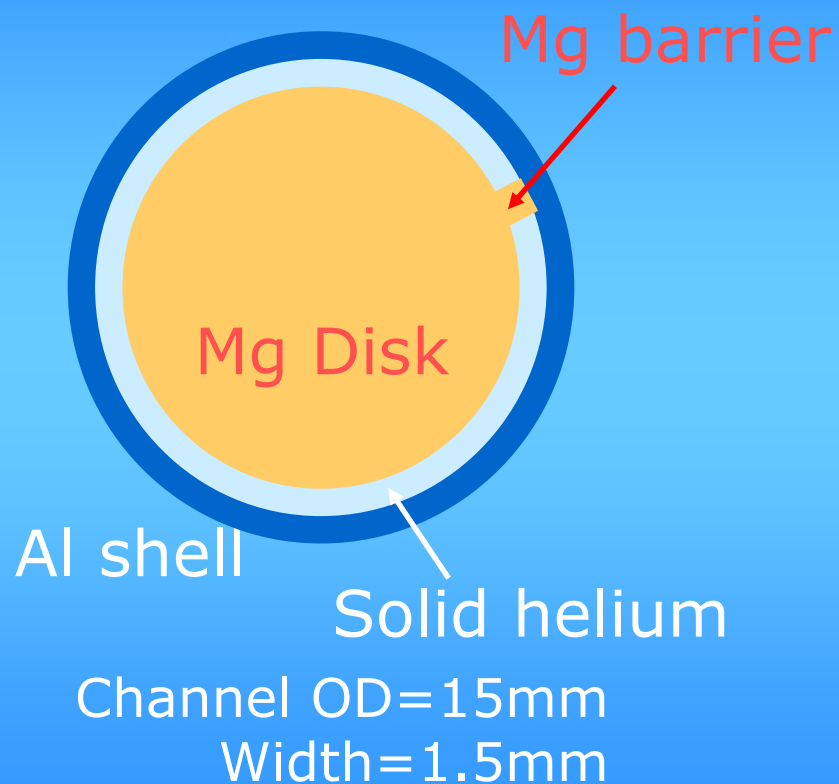
$$NCRIF = \frac{\Delta\tau}{\text{total mass loading}}$$

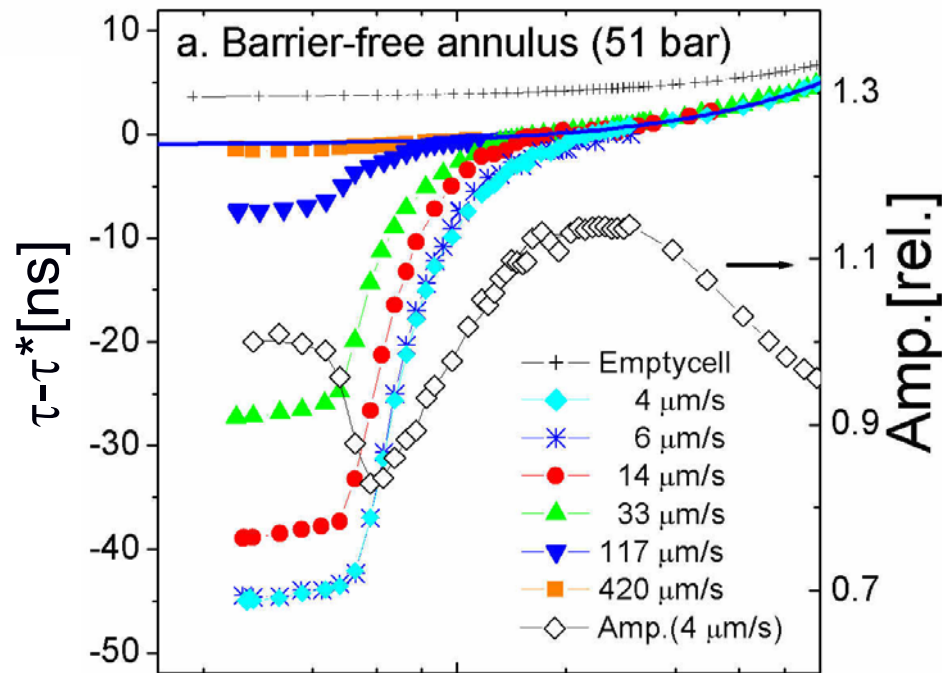
Total mass loading
=3012ns at 51 bars

Control experiment

- With a barrier in the annulus, there should be **NO** simple superflow and the measured superfluid decoupling should be vastly reduced

Torsion cell with blocked annulus

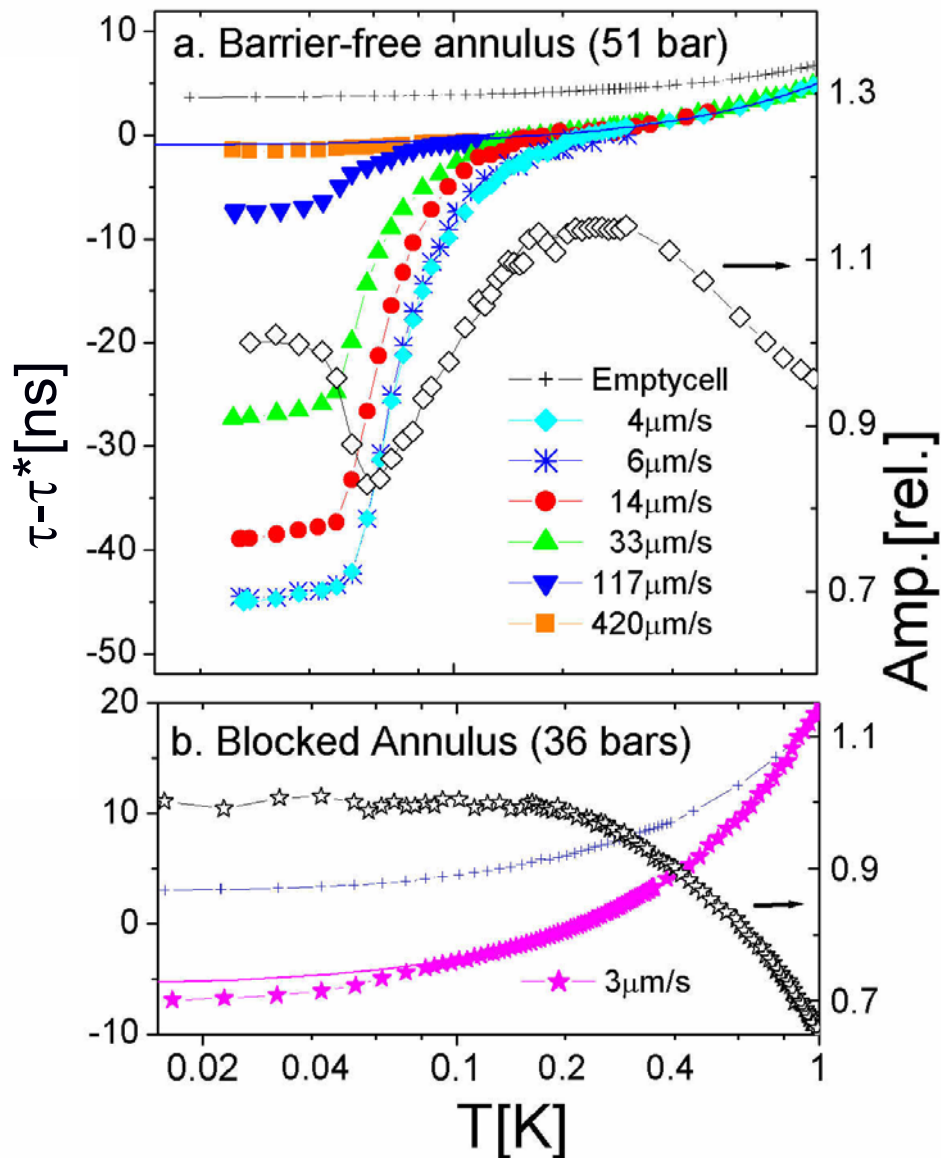




If there is no barrier, then the supersolid fraction appears to be stationary in the laboratory frame; with respect to the torsional oscillator it is executing oscillatory superflow.



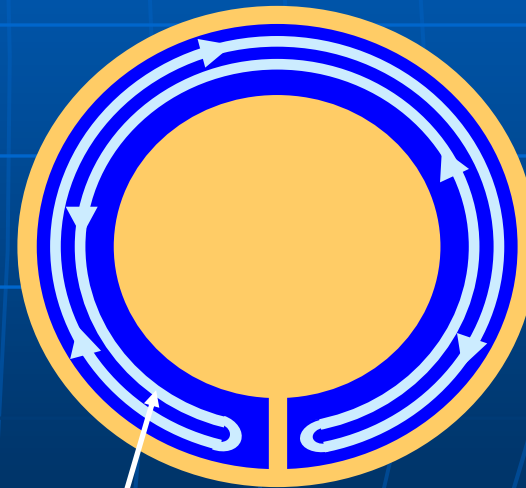
Superflow viewed
in the rotating frame



* If no block, the expected $\Delta\tau = 90 \text{ ns}$

With a block in the annulus, irrotational flow of the supersolid fraction contributes about 1% (Erich Mueller) of the barrier-free decoupling.

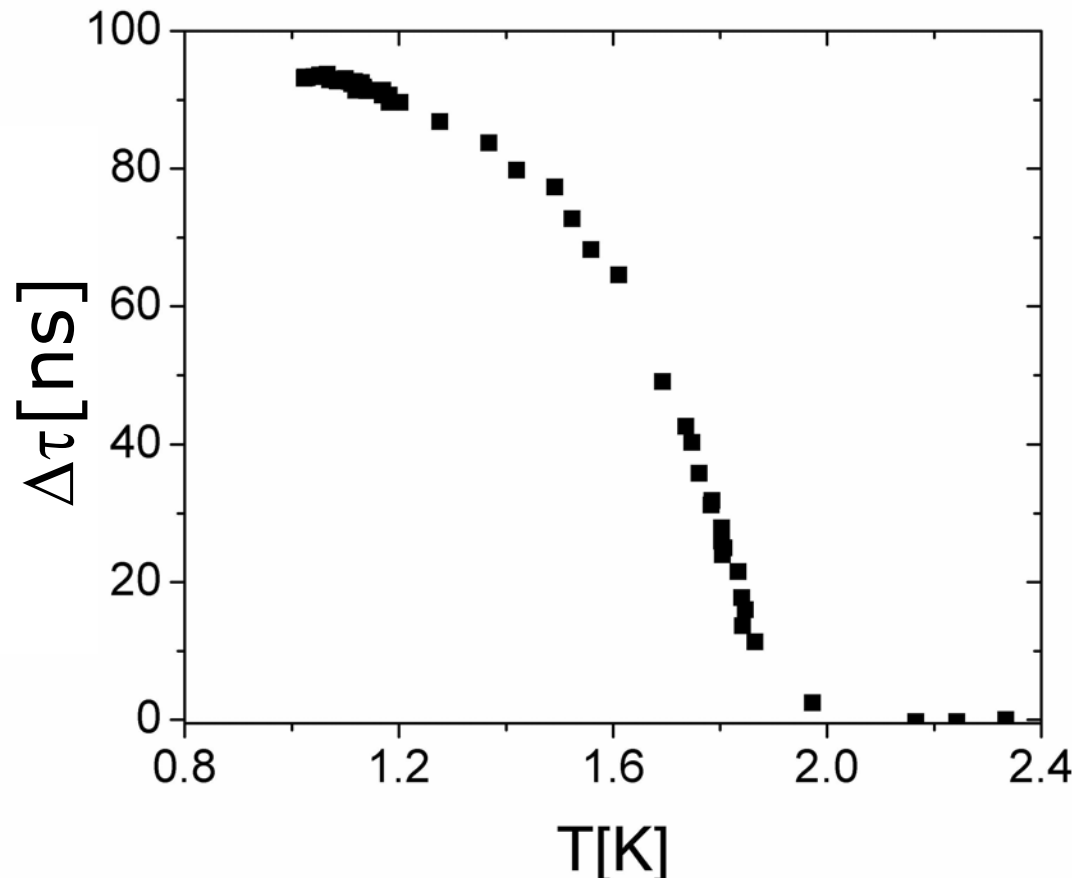
$$\Delta\tau \sim 1.5 \text{ ns}$$



Irrotational flow pattern in a blocked annular channel (viewed in the rotating frame)

A. L. Fetter, JLT(1974)

Similar reduction in superfluid response is seen in liquid helium at 19 bars in the same blocked cell



measured superfluid decoupling in the blocked cell

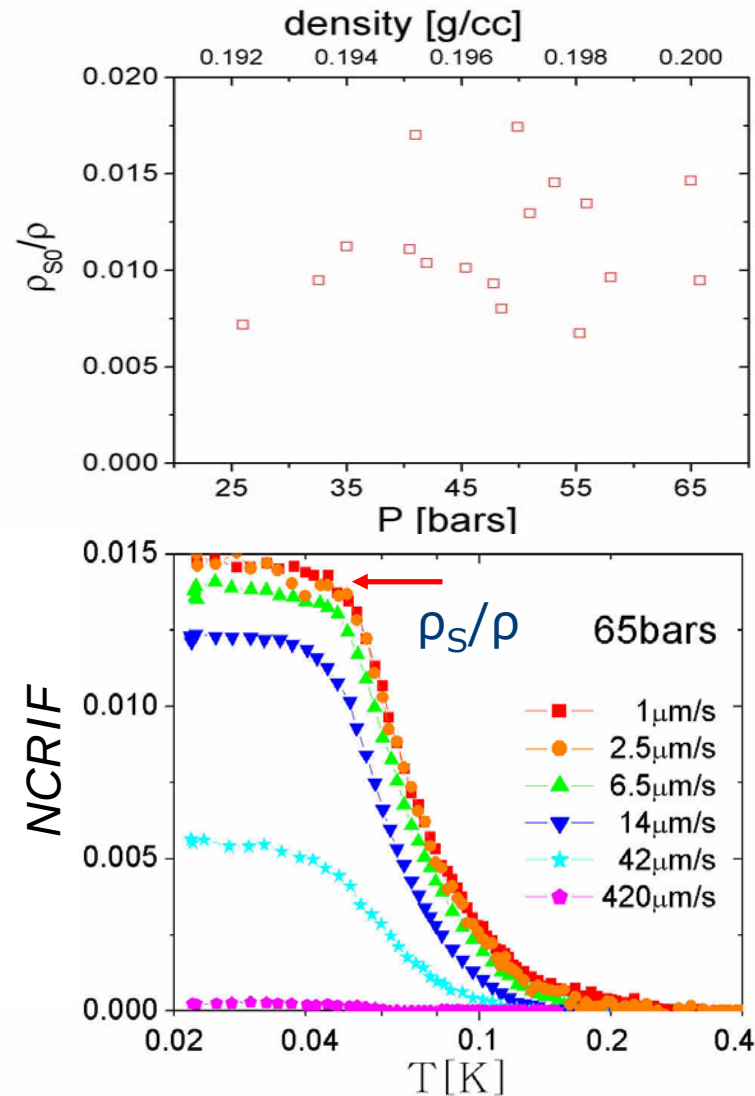
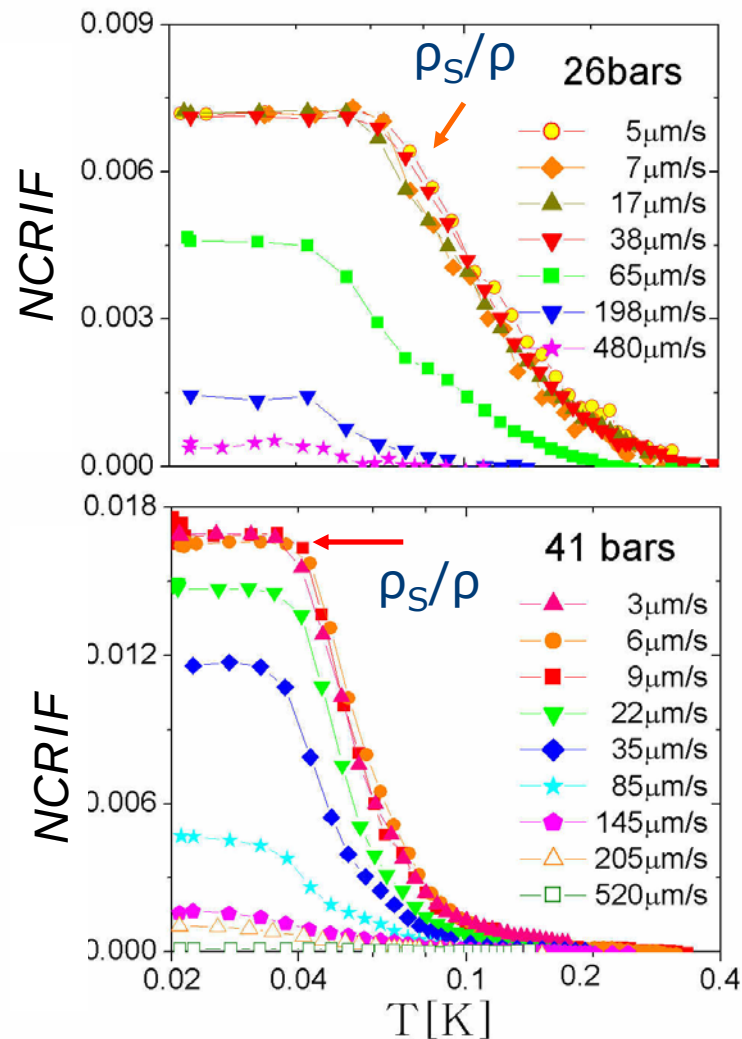
$$\Delta\tau(T=0) \approx 93\text{ns.}$$

While the expected decoupling in unblocked cell is 5270ns.

Hence the ratio is 1.7% similar to that for solid.

Conclusion :
superflow in solid as in superfluid is **irrotational**.

Solid ^4He at various pressures show similar temperature dependence, but the measured supersolid fraction shows scatter with no obvious pressure dependence



What is the reason for the scatters in the supersolid fraction? Crystallinity of the solid sample?

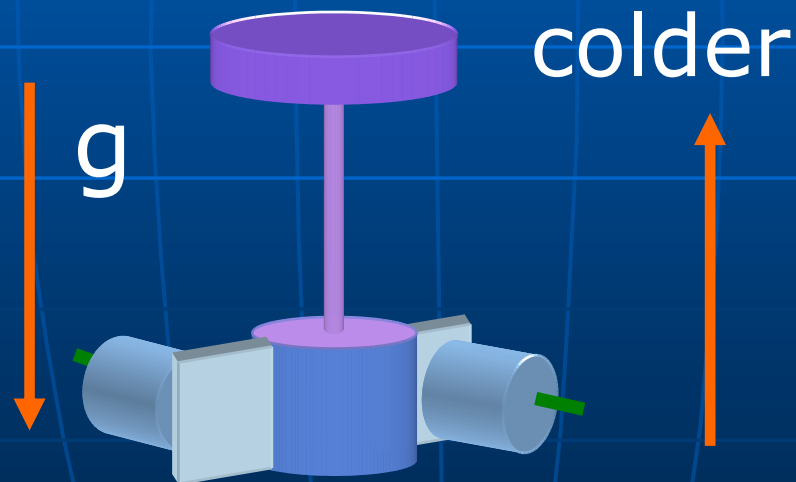
“...helium tends to solidify as a single crystal (or perhaps as a few single crystals) rather than in a polycrystalline form.”

The properties of liquid and solid helium, J. Wilks p584 (Clarendon, London, 1967)

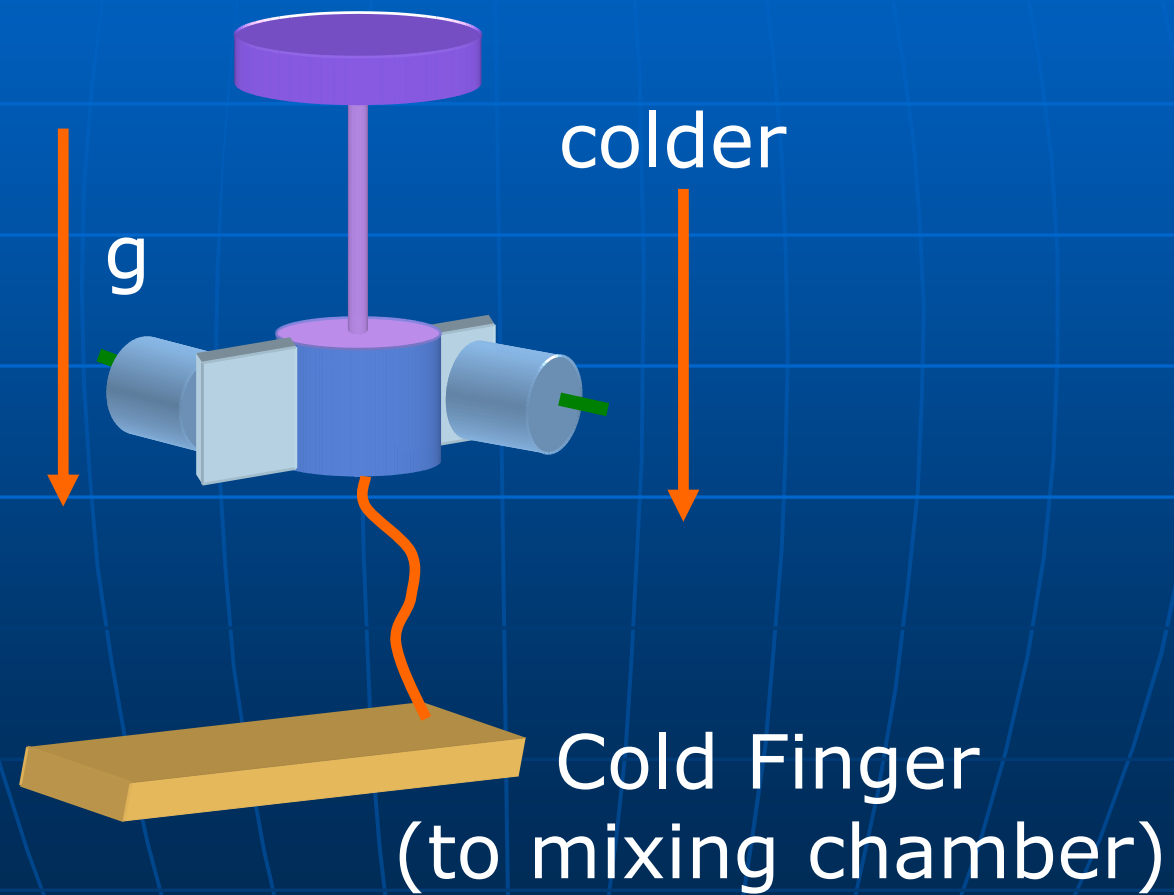
The ^4He crystallites inside the ‘bulk’ torsional cell probably have different orientations with dimensions limited by the channel width of the annulus $\sim 0.63\text{mm}$ or i.d. of torsion rod at 0.4 mm .

Another reason limiting the crystallinity of the solid helium samples is due to the temperature configuration of the cell during the growth of the samples.

The crystallites were likely nucleated from the torsion rod with dimension of 0.4 mm.

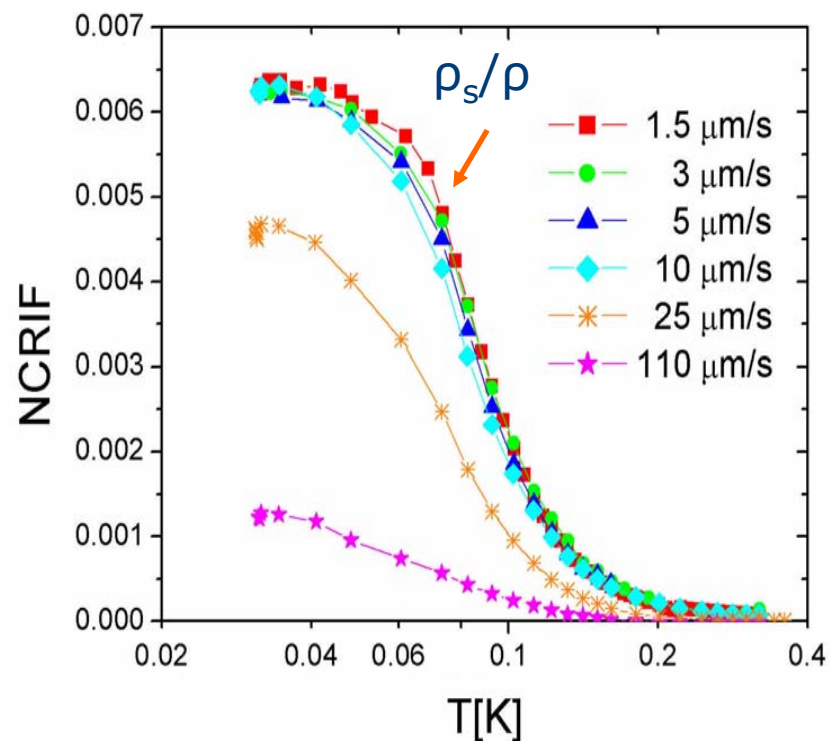


New configuration

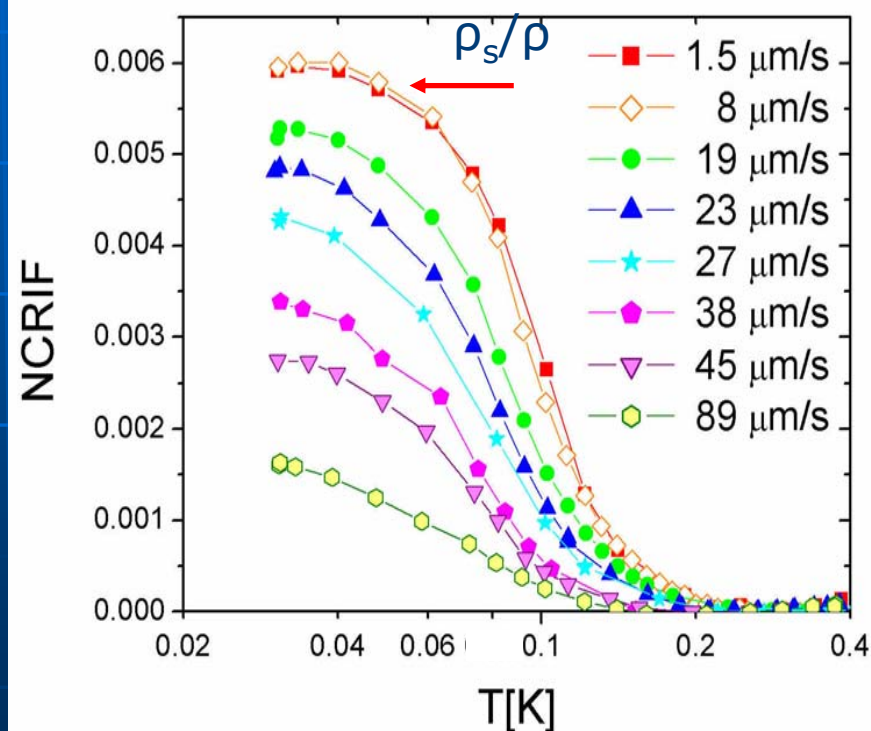


Superflow persists up to at least 136 bars !

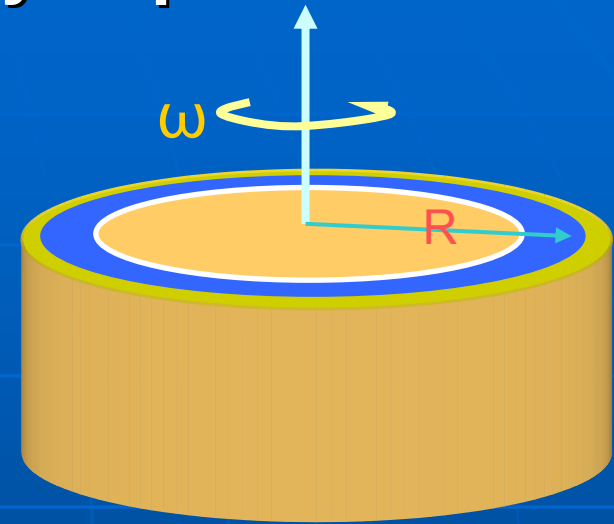
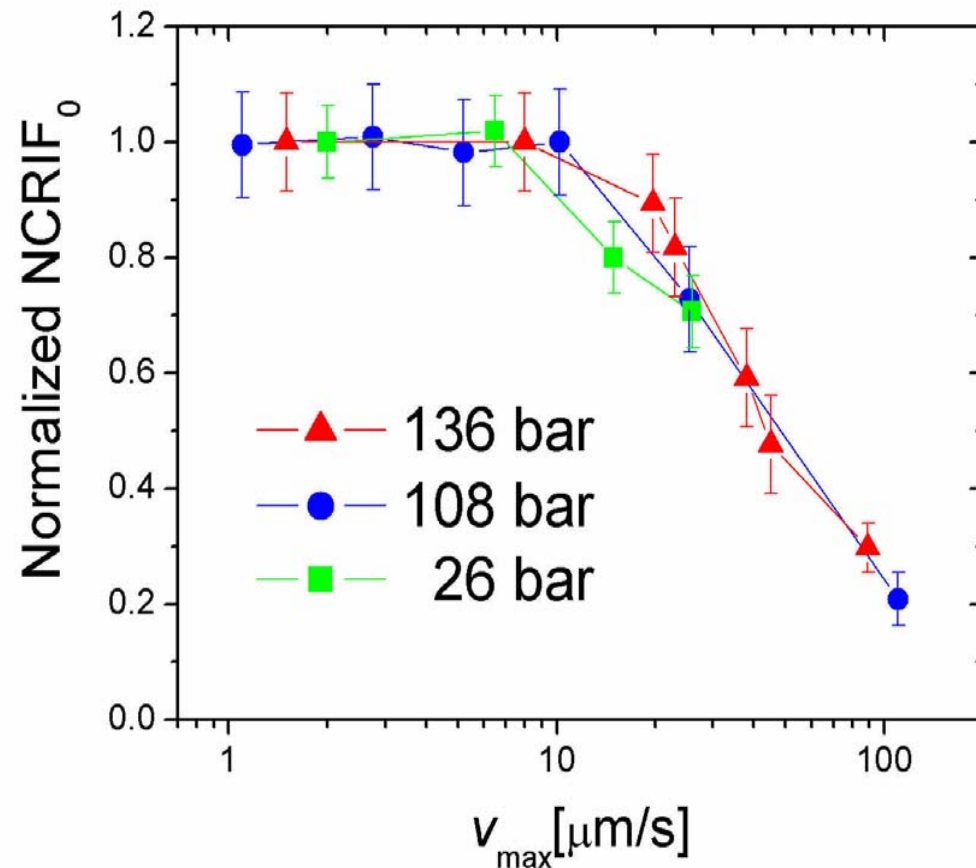
108bar



136bar



Strong and 'universal' velocity dependence in all samples



$$v_C \sim 10 \mu\text{m/s}$$

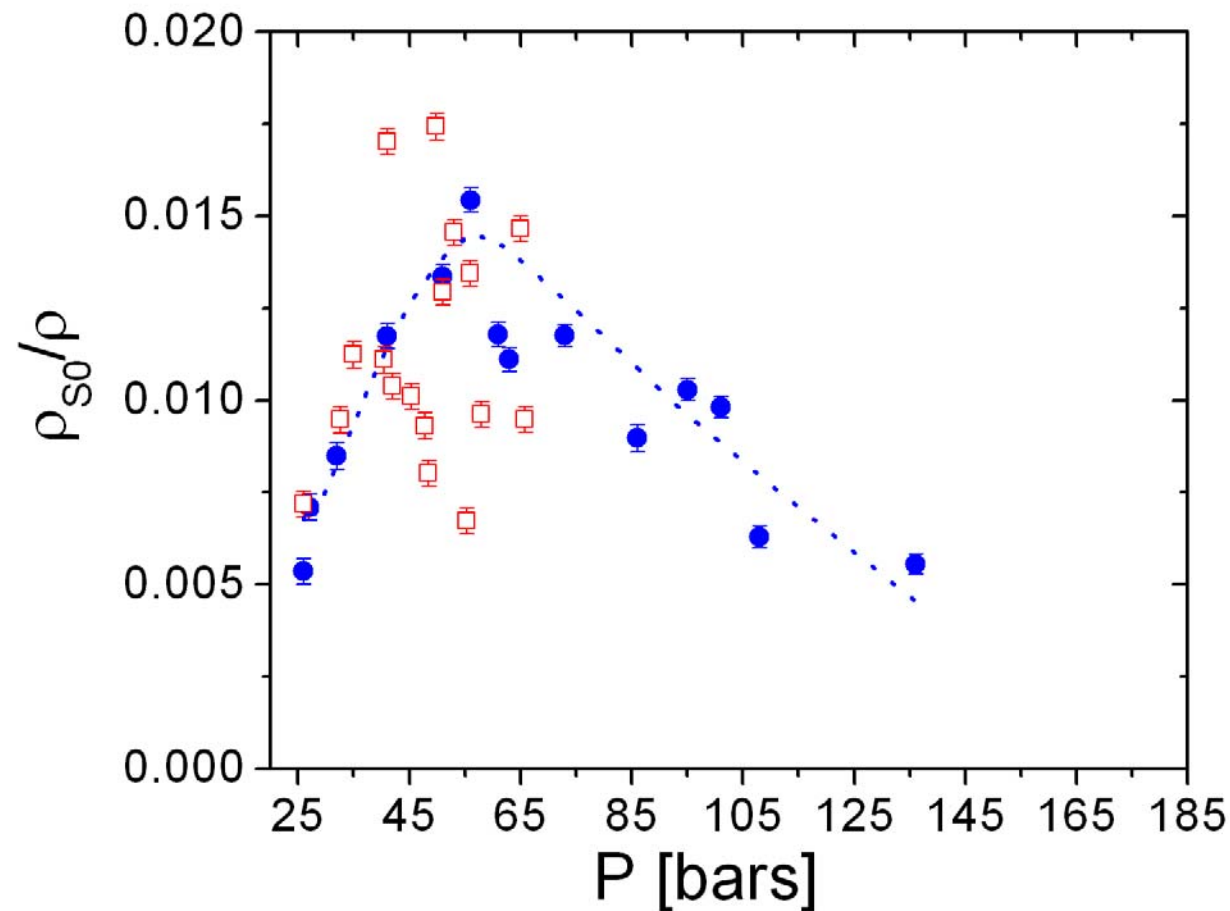
$$\oint v_s dl = \frac{h}{m} \cdot n$$

$$v_s = \frac{h}{2\pi Rm} \cdot n$$

$$= 3.16 \mu\text{m/s}$$

$$\text{for } n=1$$

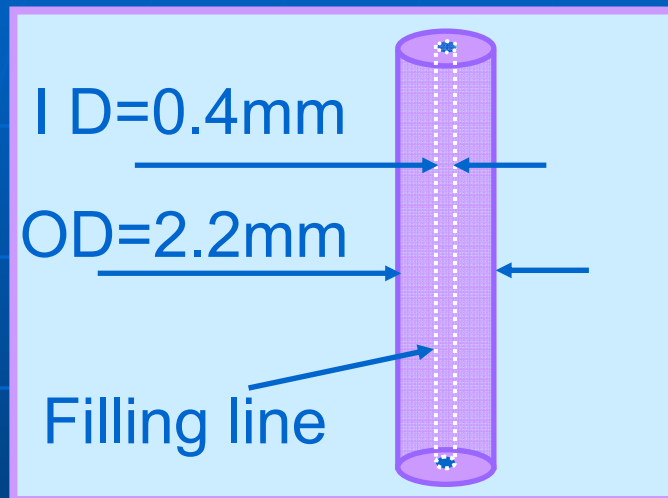
Pressure dependence of supersolid fraction



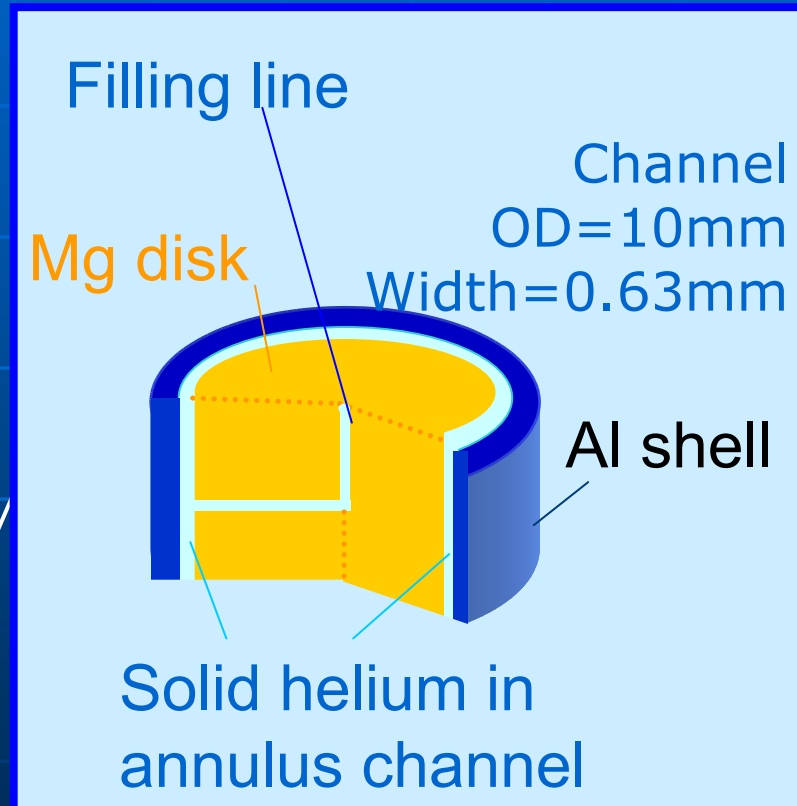
Red data points have the “wrong” temperature gradient in growing the solid helium samples

Search for the supersolid phase in the bulk solid ^4He .

Be-Cu Torsion Rod



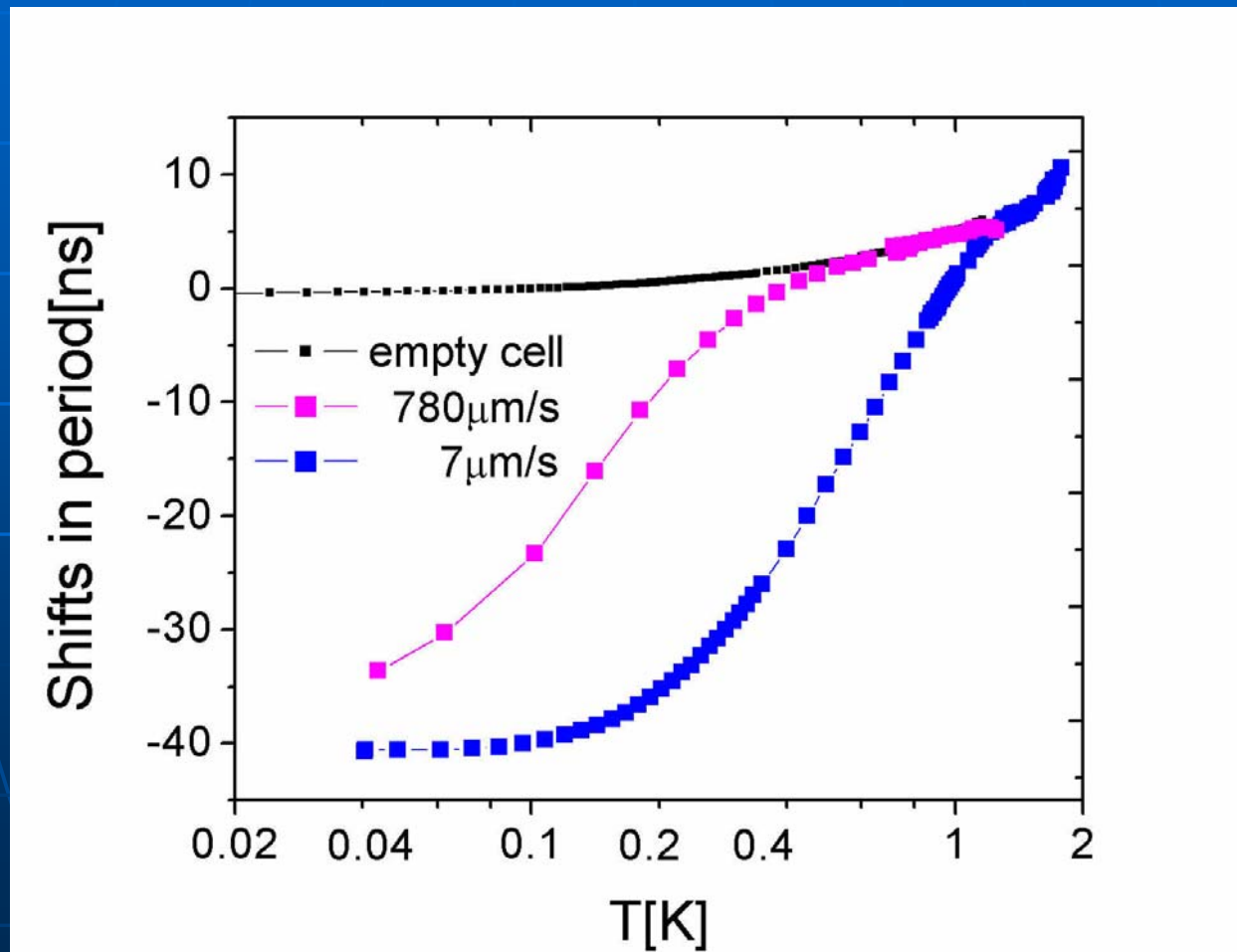
Torsion cell
with helium in annulus



Detection

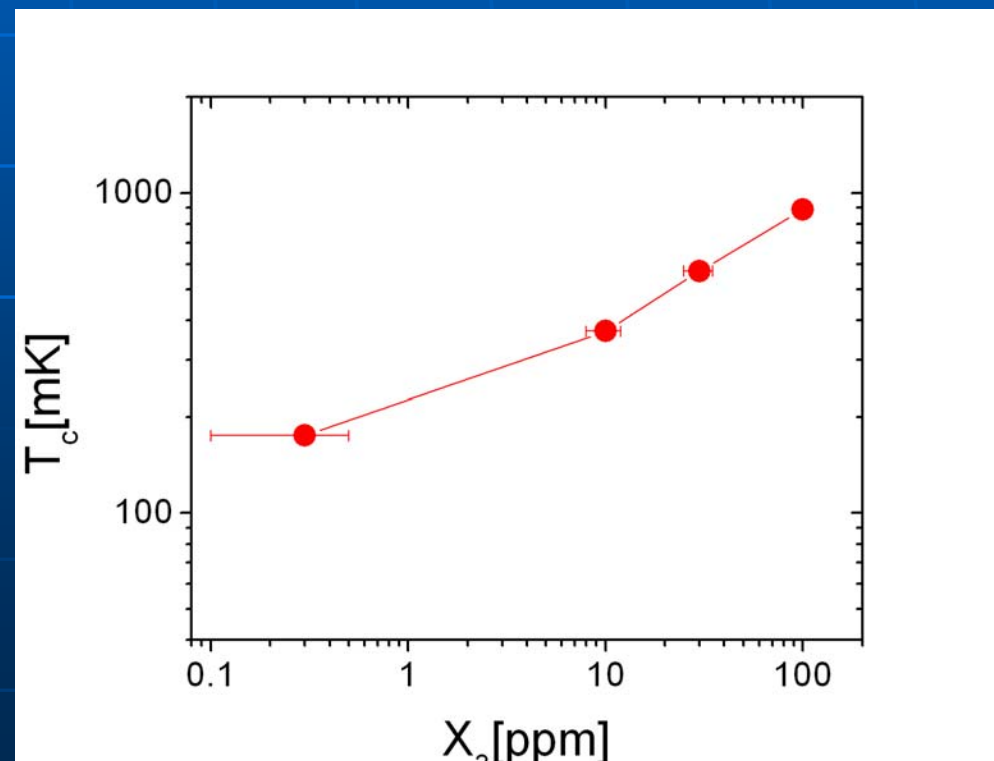
Drive

^4He solid diluted with
a low concentration of ^3He (85ppm) at 60 bar

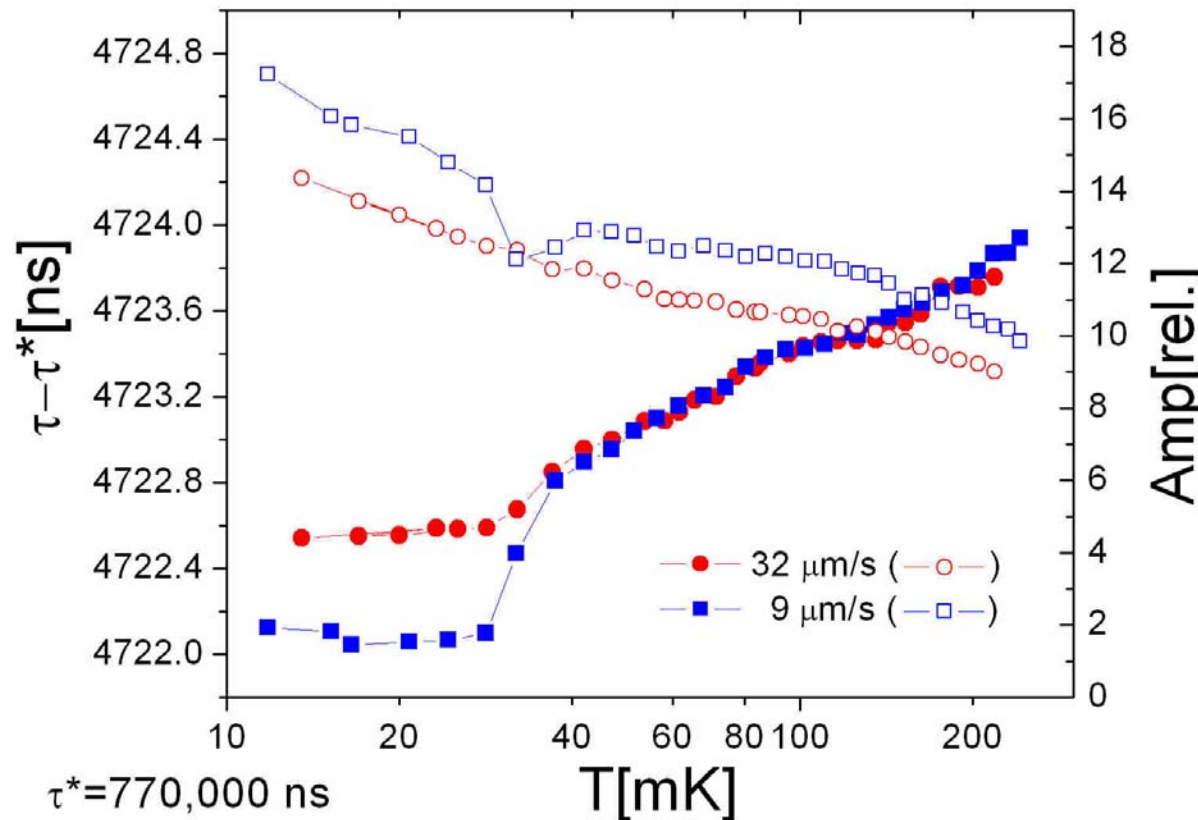


Experiments studying the effects of

- ^3He impurities
- Geometry
- Frequency
- Annealing



Isotopically-pure* ^4He (* $X_3 < 1\text{ppb}$)



Total mass loading
due to solid helium
 $\tau_{\text{He}} - \tau_{\text{empty}} = 3939\text{ns}$

Shift in the period
 $\Delta\tau = 1.2\text{ns}$

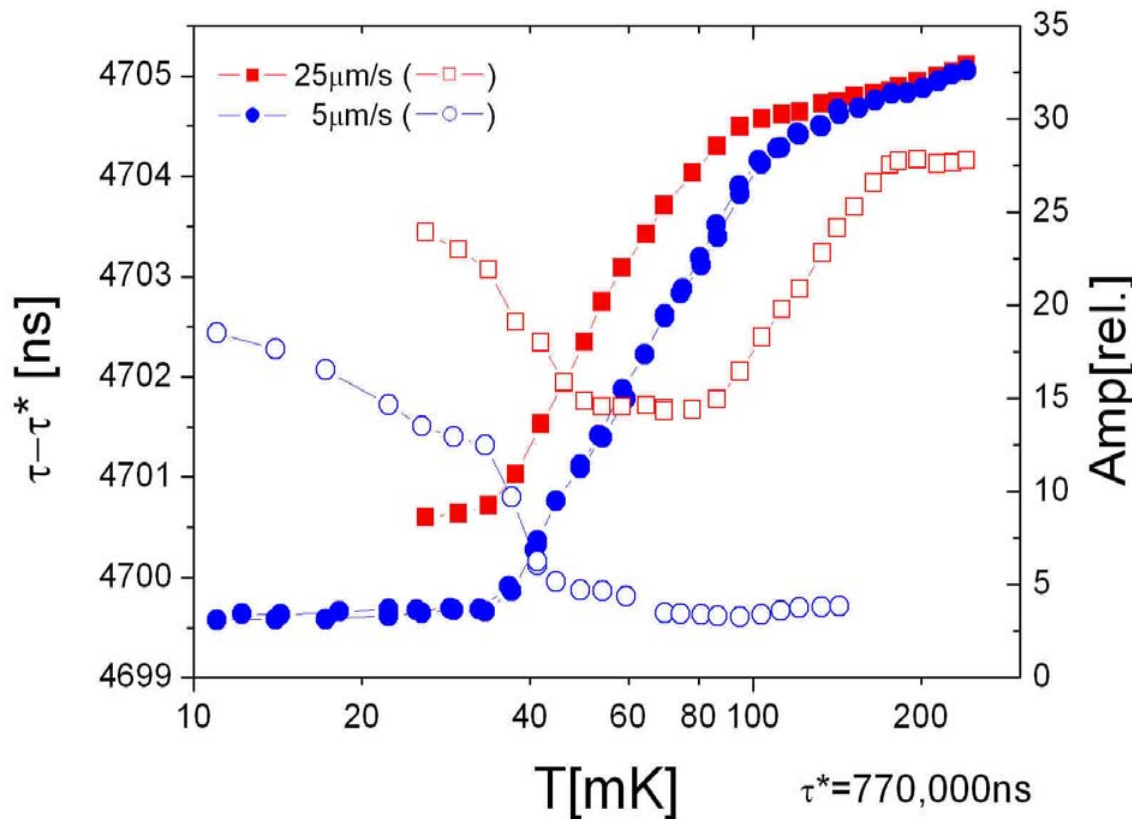
Supersolid fraction
 $\sim 1.2\text{ns}/3939\text{ns}$
 $\sim 0.025\%$

Torsional oscillator
 $f_0 = 1298\text{Hz}$, $Q \sim 1 \times 10^6$
Cylindrical Geometry

This work is done at the high B/T facility of the magnet lab.

J.S. Xia (University of Florida)

Solid ^4He with $X_3 \sim 15\text{ppb}$



Total mass loading
due to solid helium

$$\tau_{\text{He}} - \tau_{\text{empty}} = 3939 \text{ ns}$$

Shift in the period

$$\Delta\tau = 5 \text{ ns}$$

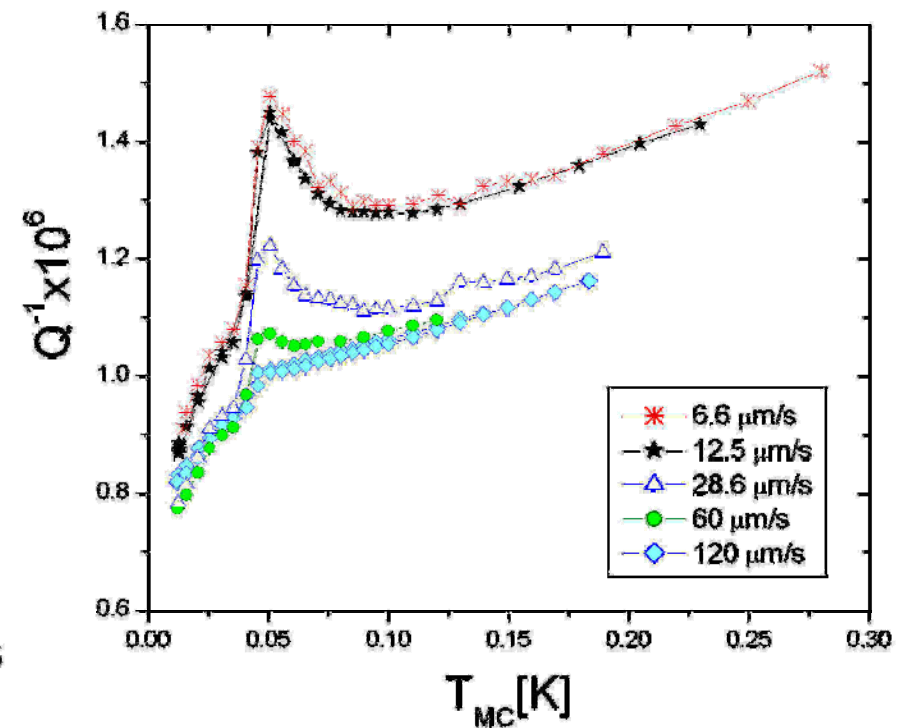
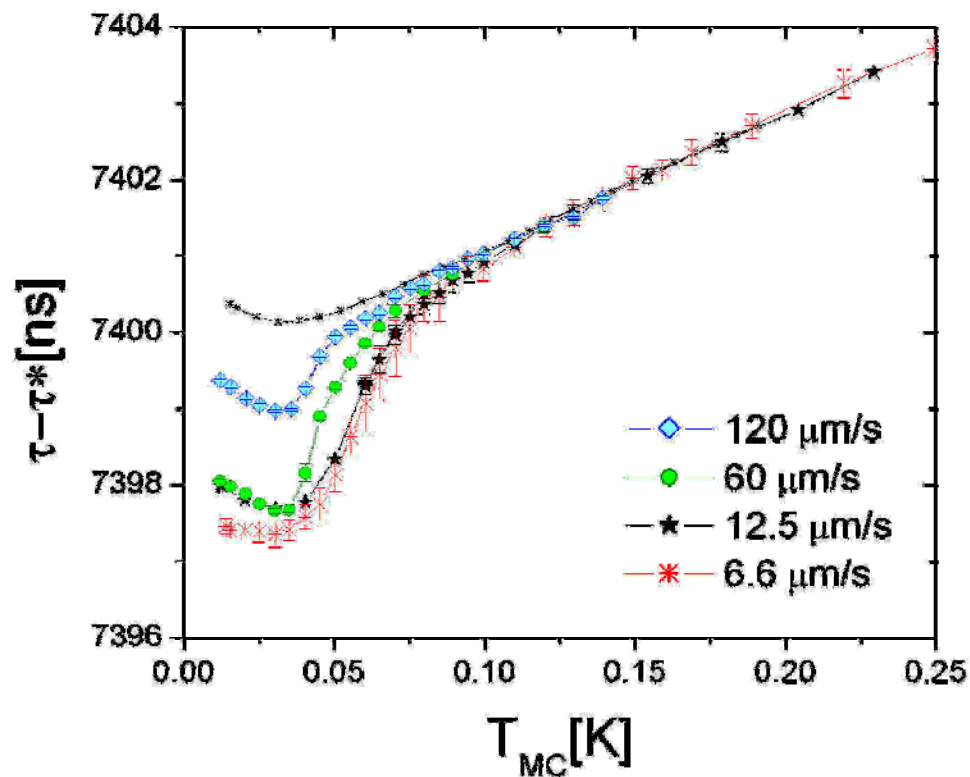
Supersolid fraction

$$\sim 5 \text{ ns} / 3939 \text{ ns}$$

$$\sim 0.1\%$$

47ppb ^3He in solid ^4He at 55bars

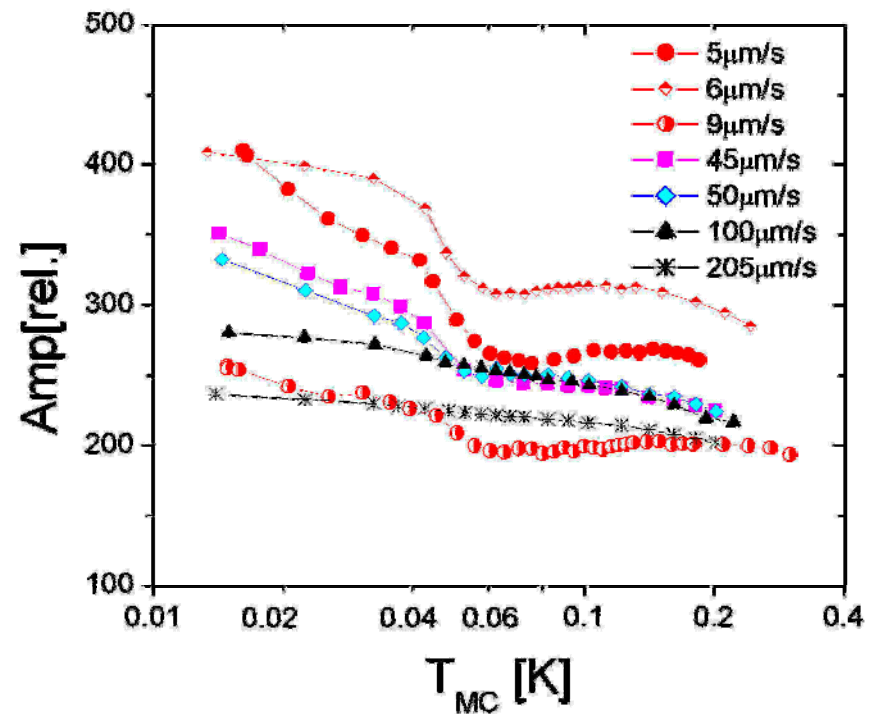
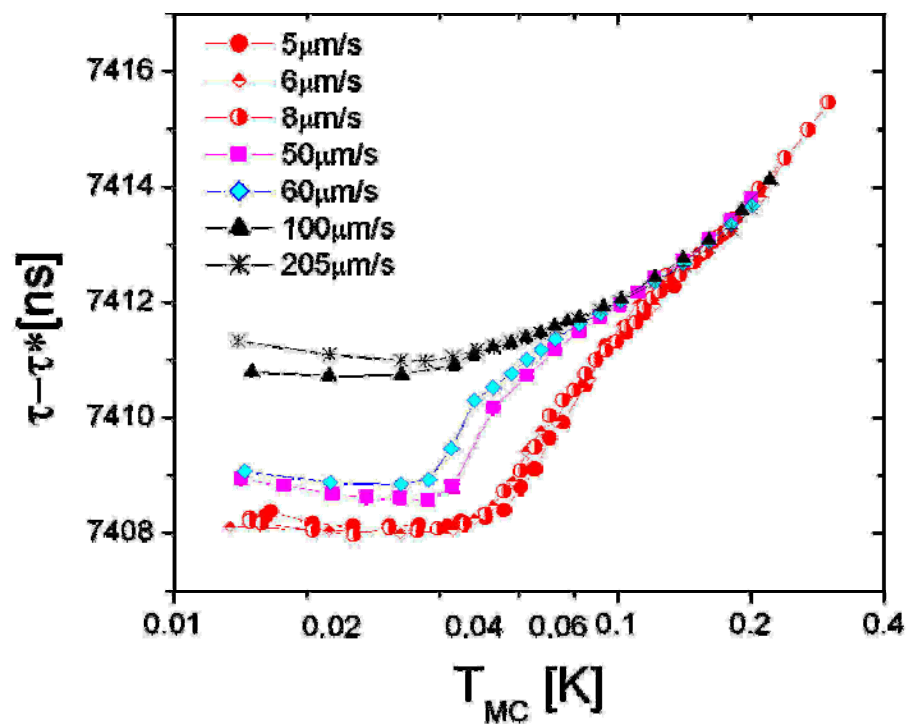
Resonant frequency: 783Hz, $Q \sim 1 \times 10^6$
Open cylinder (no annular channel)



99ppb ^3He in solid ^4He at 60bars

Resonant frequency: 783Hz, $Q \sim 1 \times 10^6$

Open cylinder (no annular channel)



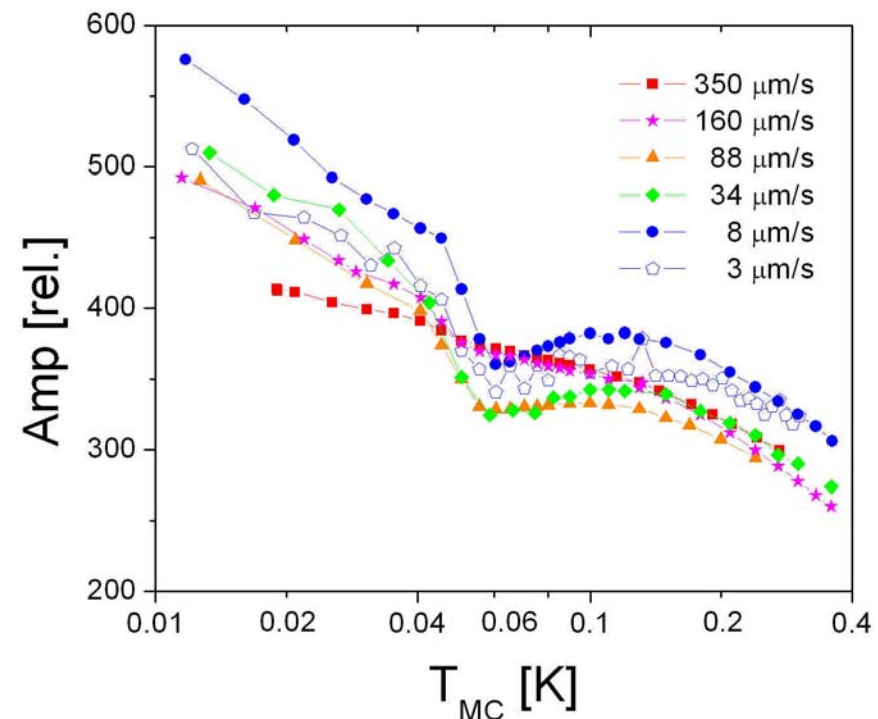
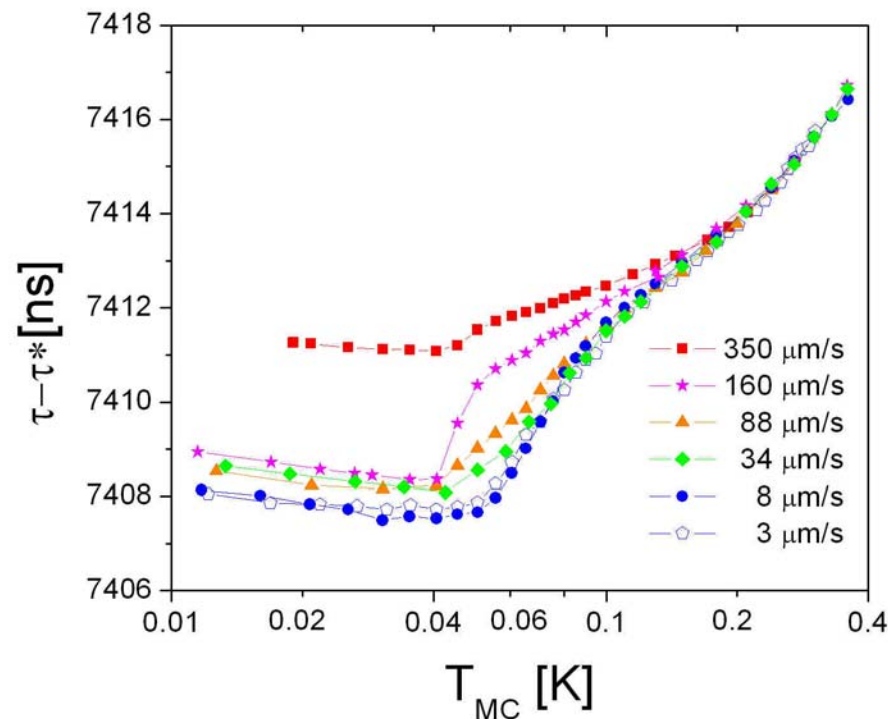
$T_c \sim 150\text{mK}$

Supersolid fraction 3.5ns/1110 $\sim 0.3\%$

150ppb ^3He in solid ^4He at 60bars

Resonant frequency: 783Hz, $Q \sim 1 \times 10^6$

Open cylinder (no annular channel)

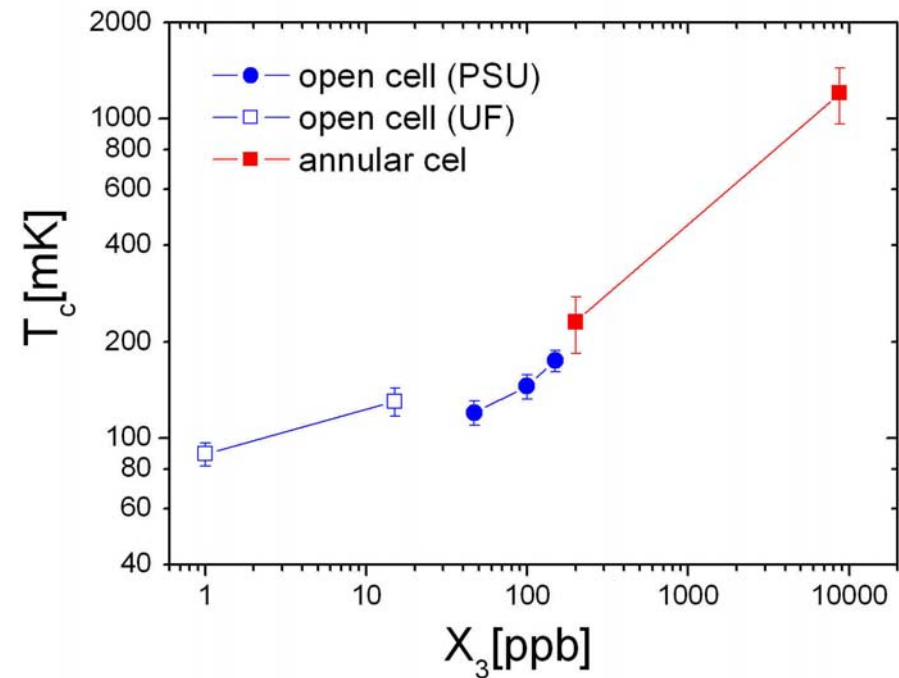
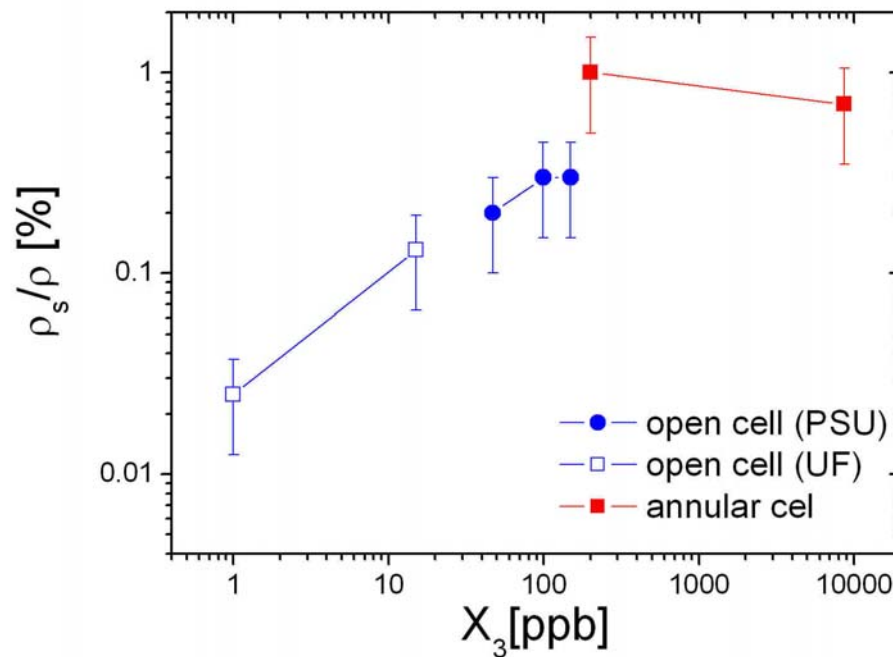


$T_c \sim 170\text{mK}$

Supersolid fraction 3.5ns/1110 $\sim 0.3\%$

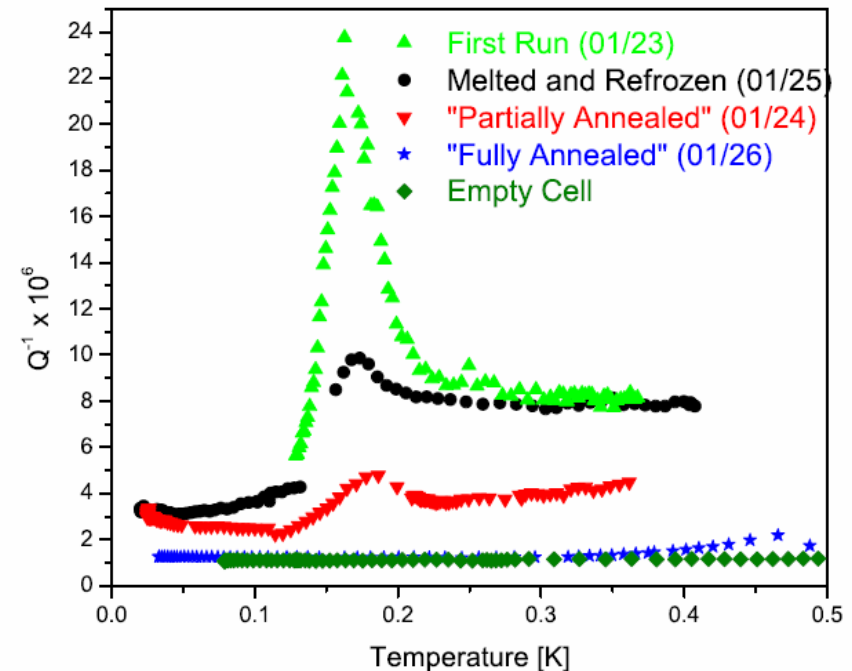
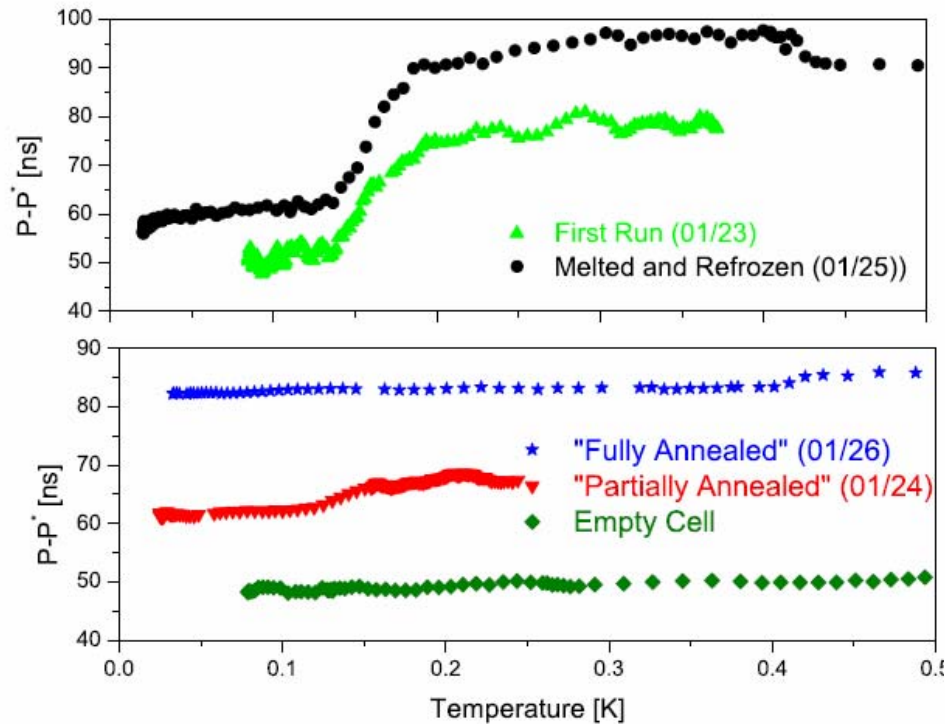
Effect of He-3

- T_c or onset temperature and supersolid fraction of superflow show strong dependence on concentration of ^3He .



Annealing effect?

A. S. C. Rittner and J. D. Reppy cond-mat/0604528

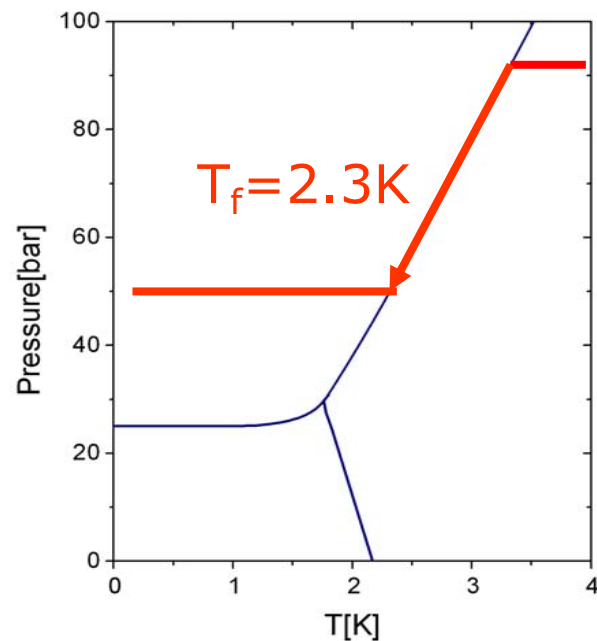


We have looked for the annealing effect and found the supersolid fraction due to different annealing procedure can differ by at most 15%.

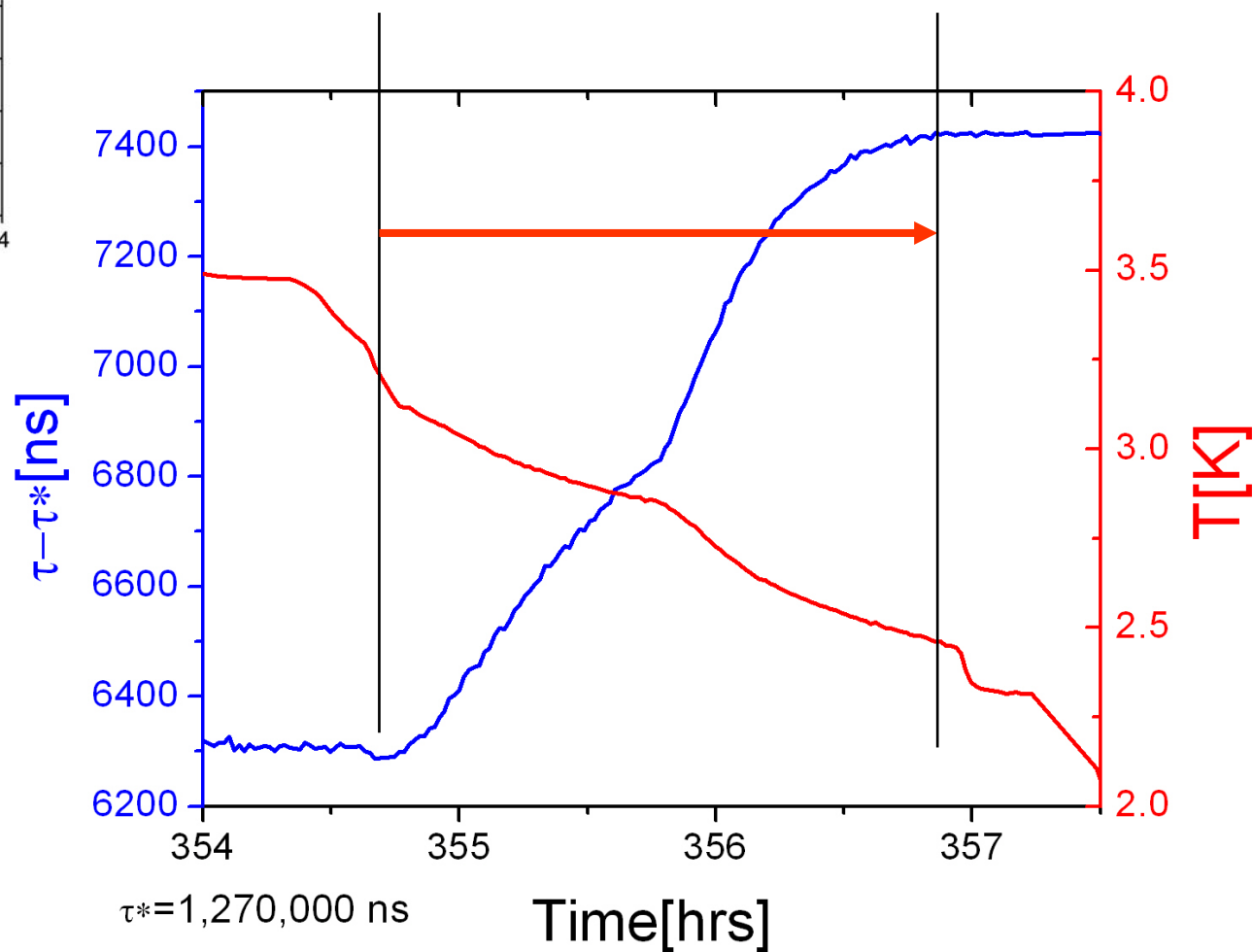
NCRI also observed by Kubota group at Tokyo University, Japan
Shirahama Group at Keio University, Japan

Sample A

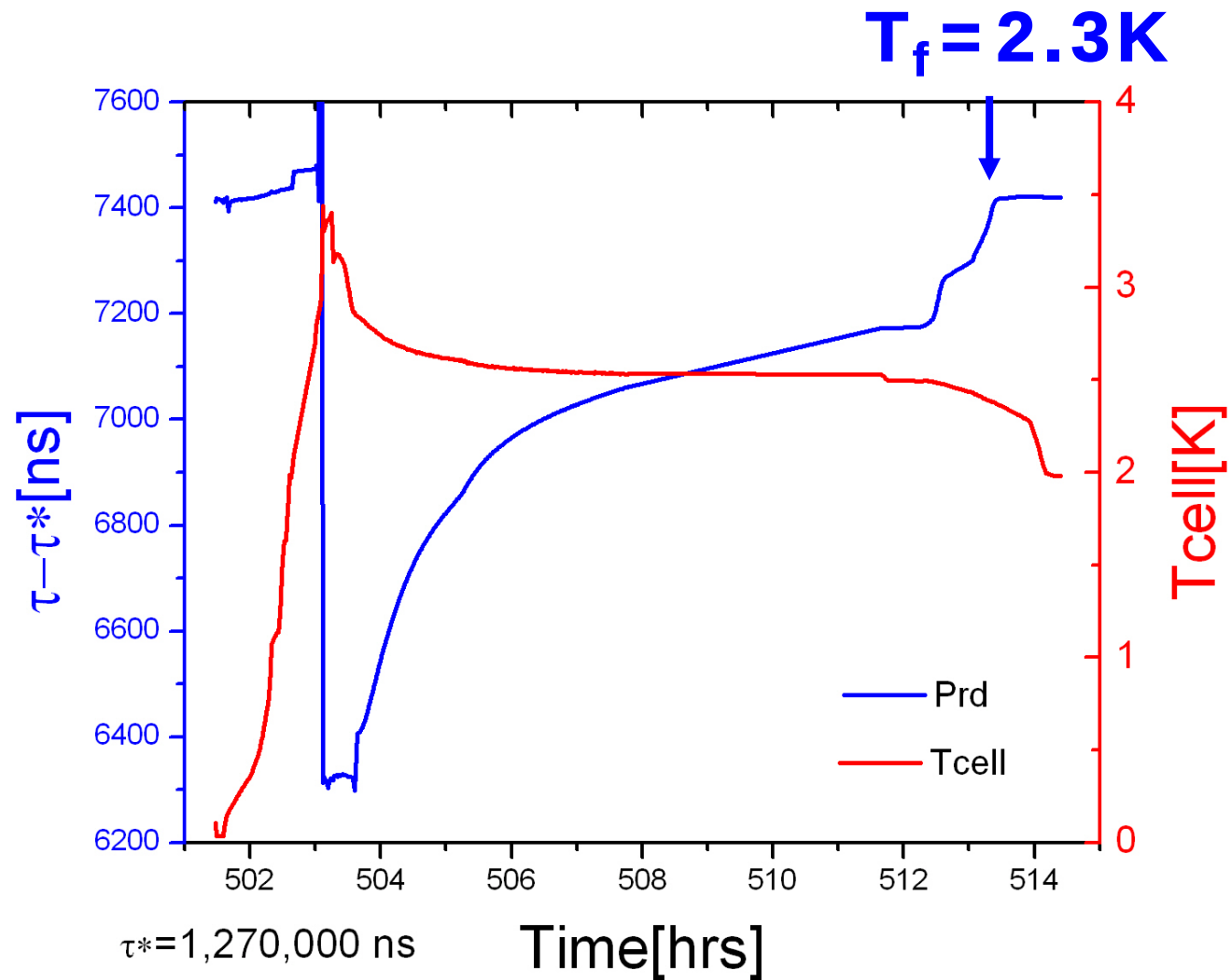
Growing solid helium for 2.3hrs



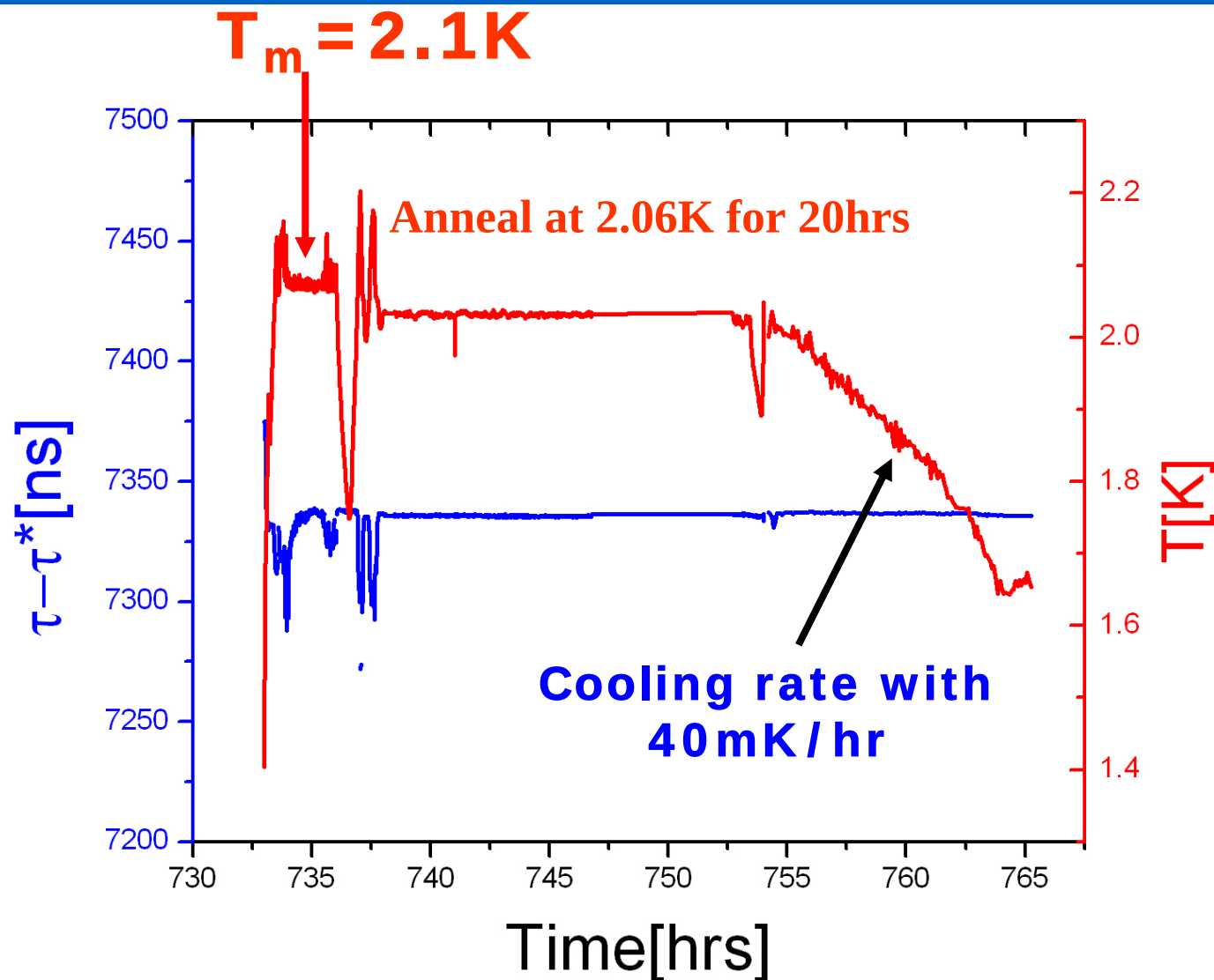
47 ppb



Sample B

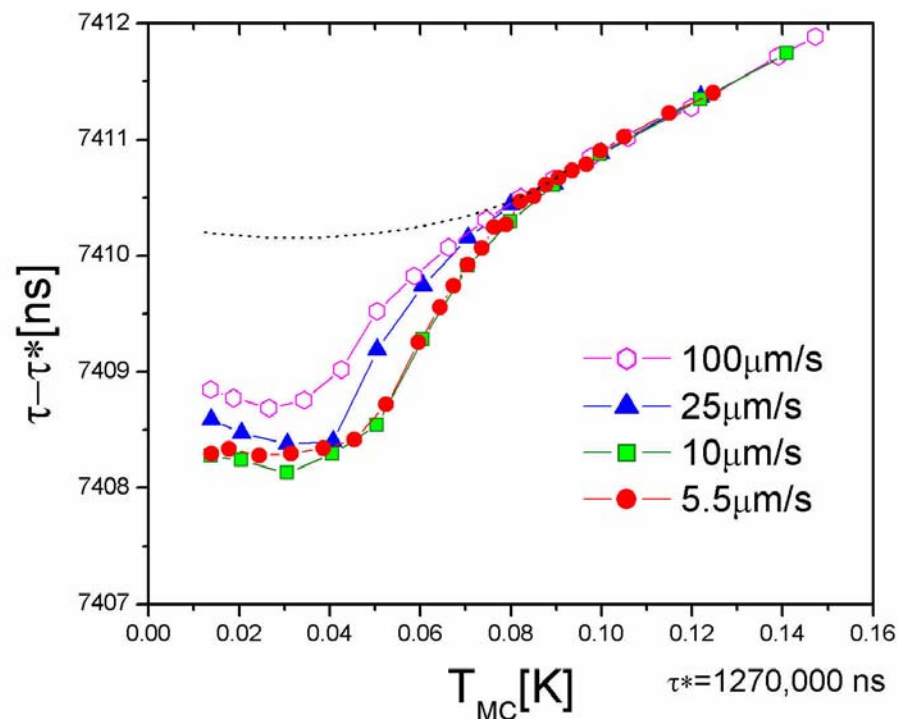


Sample C



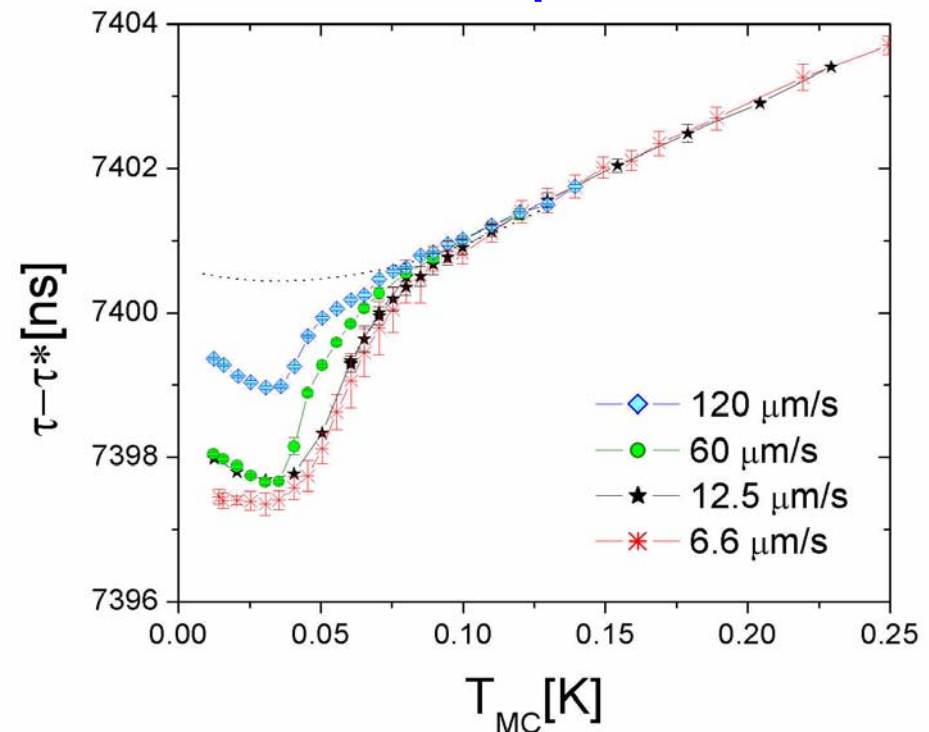
47ppb ^3He in solid ^4He at 50bars

Sample A



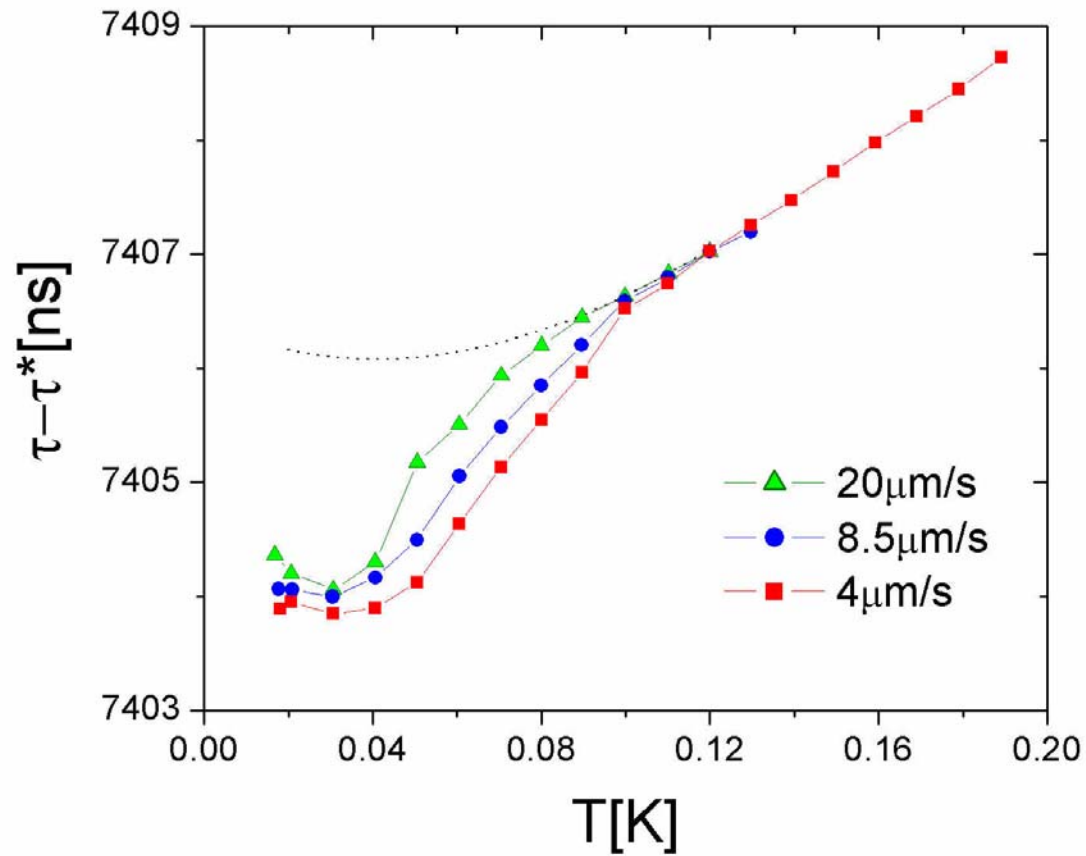
Supersolid fraction
 $2\text{ns}/1130\text{ns} = 0.18\%$

Sample B



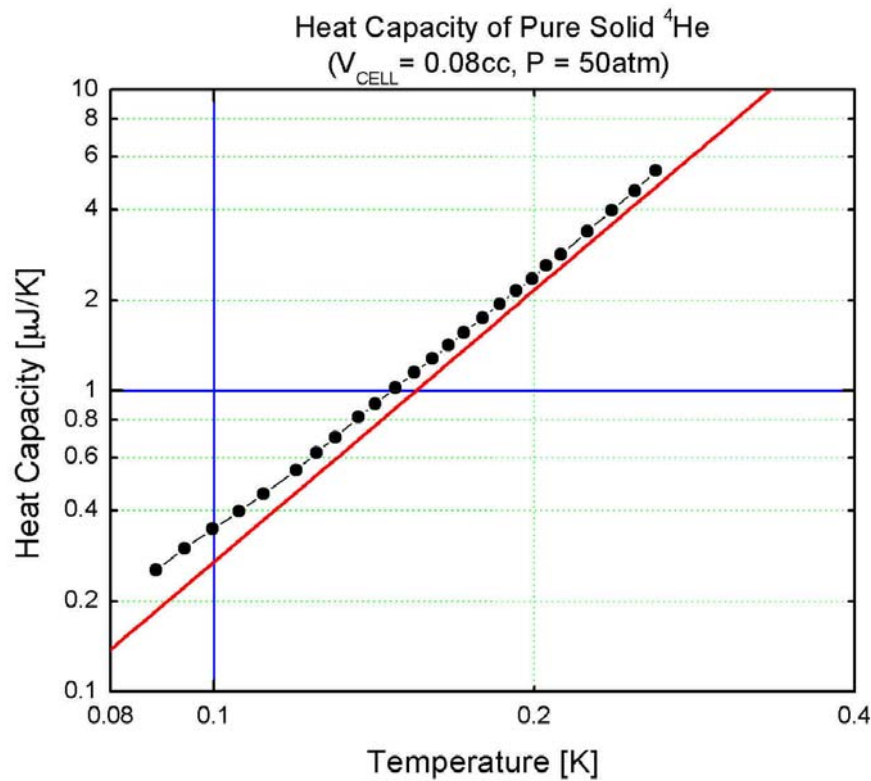
Supersolid fraction
 $2.9\text{ns}/1130\text{ns} = 0.25\%$

Sample C

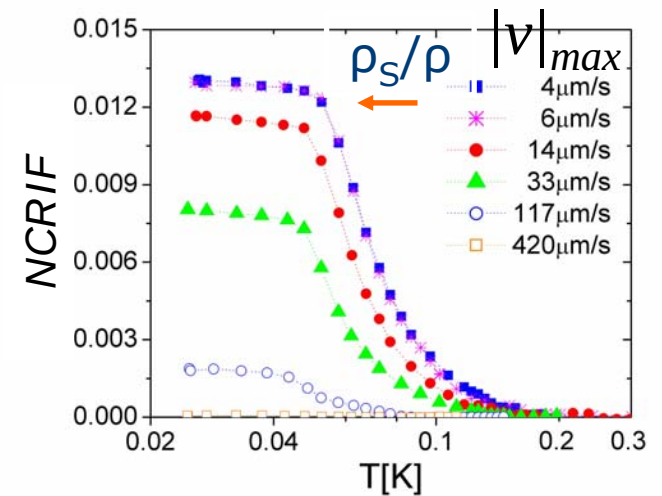


Supersolid
fraction
 $2.2\text{ns}/1130\text{ns}$
 $=0.19\%$

Heat Capacity signature?



Clark & Chan (2004)



No anomaly in hcp ^4He
($V_m = 20.9\text{cc}$) down to
100mK in previous studies

Hébral et. al., Castles and
Adams, and others

Our experiment

The Silicon cell

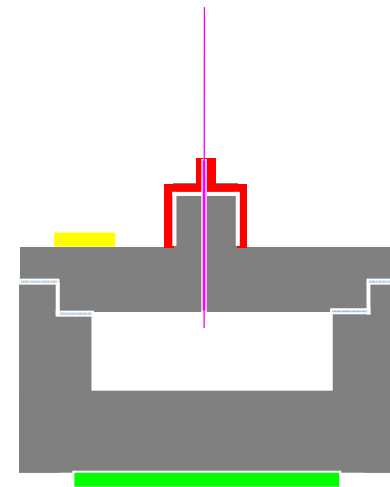
Reasons for Si:

Low heat capacity:

High thermal conductivity:

Helium Volume =
0.926cc

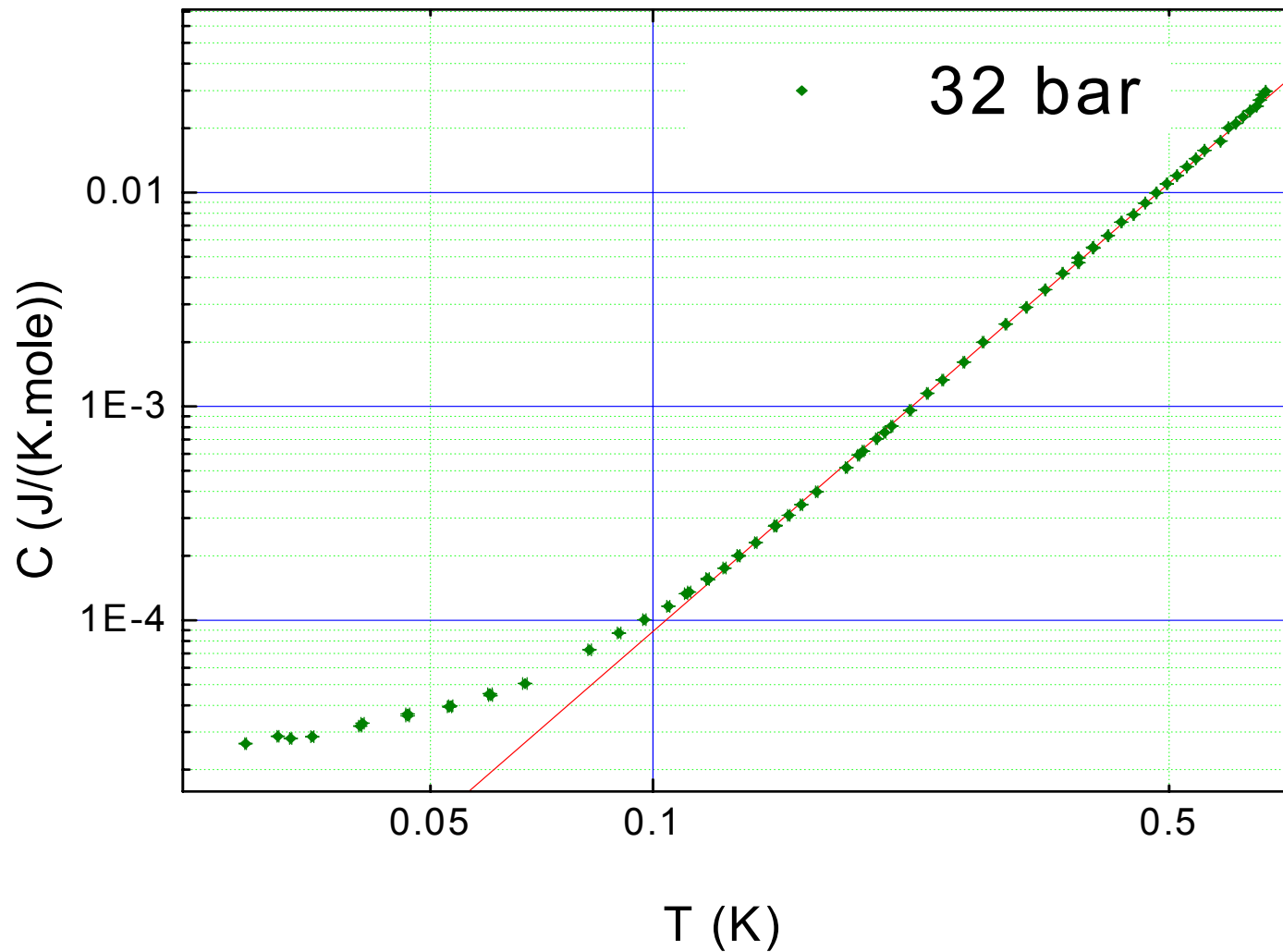
0.6"



	Si
	Al
	Capillary
	Stycast 2850
	Heater
	Thermometer

$$\frac{C_{cell}}{C_{He}} = 0.02 \text{ at } 0.1\text{K}$$

Previous measurements: $\frac{C_{cell}}{C_{He}}$ in the order of 10 at 0.1K



Heat Capacity of Solid ^4He at 32 bar

Summary and questions:

- “Transition” to supersolid state is found near 200 mK for solid helium with 0.3ppm He-3 in Vycor (7nm), in porous gold(490nm) and in bulk form. Supersolid fractions are found to be around 1 to 2%.
- Near T_c the supersolid density ‘fades’ away with positive slope. What kind of transition is it? Is the true transition at lower temp. ~ 60 mK where the supersolid density begins to show a sharp drop?
- Besides the ultra-sound result of Goodkind, there is no signature with other techniques, so far. Are the results from these two techniques consistent?
- Why there is no signature of mass transport in the experiments of Greywall, Beamish and Bonfait?

Summary and questions, II

- In our cell with a narrow annulus (0.6mm) the scatter in the supersolid fraction ranges from 0.5 to 1.6%. When we are more careful in nucleating the solid from the bottom of the cell, rather from the torsion rod, the scatter is reduced by a factor of 4 or 5. A pressure dependence in supersolid fraction is seen. It increases from 0.6% near the melting boundary to 1.5% near 55 bar and then decrease with increasing pressure. Going away near 170 bar.
- What is the origin of the pressure dependence of the supersolid fraction ? If we grow solid under constant pressure condition, will the scatter become even smaller? Or will the supersolid faction goes down and even disappear?
- What is the origin of the small critical velocity that correspond to a few units of quantum circulation?

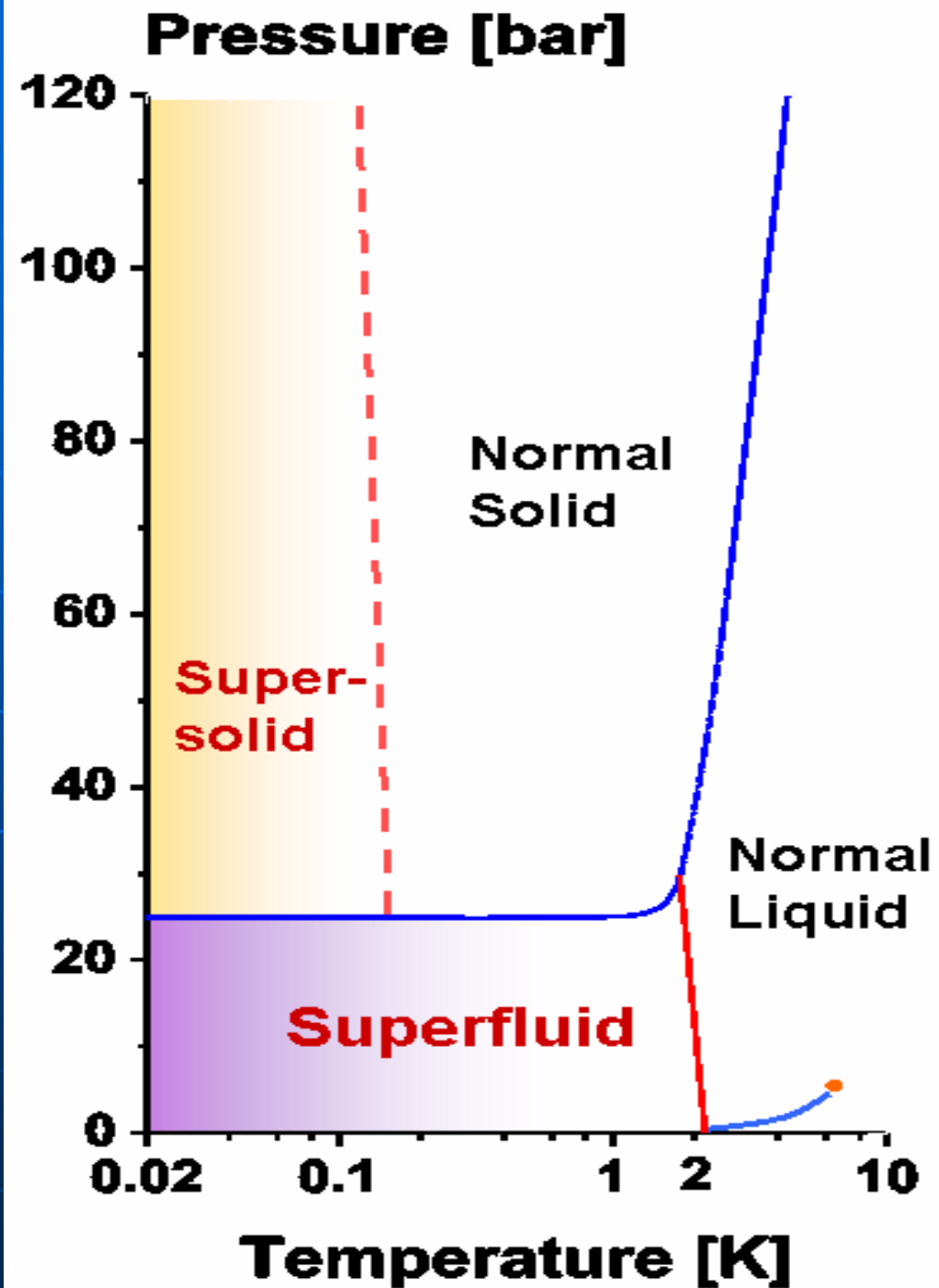
Summary and questions, III

- Supersolid fraction in cell with simple cylindrical geometry appears to be 5 times smaller than that in a cell with annular geometry. [Presumably it is easier to have better quality crystal with a simple geometry]
- Transition temp. increases with He-3 concentration. It is around 50 mK for 1ppb He-3 sample; 200 mK for 300 ppb sample and 1K for 100 ppm sample.
- The supersolid fraction has a maximum with He-3 concentration near 300ppb.
- Frequency dependence on T_c and on supersolid fraction between 160 Hz to 2000 Hz seems quite weak.
- Heat capacity seems to show an anomaly below 120 mK. With an addition to the standard T^{*3} term. May or may not be related to supersolid , more work is needed.

Summary and questions; IV effect of annealing

Rittner and Reppy found interesting annealing effect that superflow can be eliminated by annealing. However, we do not see such an effect.

Phase Diagram



We are grateful for many informative discussions with many colleagues, too numerous to acknowledge all of them.

P.W. Anderson
J. R. Beamish,
D. J. Bishop,
D. M. Ceperley,
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T. L. Ho,
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J. K. Jain,
A. J. Leggett,
E. Mueller,
M. A. Paalanen,
J. D. Reppy,
W. M. Saslow,
D.S. Weiss,
J.W. Ye