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Summer School on Novel Quantum Phases and Non-Equilibrium Phenomena in Cold Atomic Gases

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Introduction to experiments in optical lattices - Part I

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Ultracold Atoms in Optical Lattices

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Neutral Atoms in Optical Lattices

Part I

Introduction

- Experimental Setup
- Loading a BEC into an Optical Lattice
- From a Superfluid to a Mott Insulator
 - Coherence, Atom Number Statistics,
 - •Shell Structure, Finite Temperature Effects, ...

Part 2

- Tonks-Girardeau Gas
- Multi Orbital Mott Insulator Physics
- Spin Dependent Lattice Potentials
- Generation of Multiparticle-Entangled States
- Novel Quantum Information Schemes for Ultracold Atoms in Optical Lattices
- Generating Nonclassical Field States



Part 3

- Quantum Noise Correlations
- Optical Superlattices
- Correlated Atom Pair Tunnelling
- Detection & Control of Superexchange Interactions
- Outlook

























780nm for Rb und 767nm for K



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How do we detect these quantum gases ?



Trapping Atoms in Light Field -Optical Dipole Potentials

Energy of a dipole in an electric field:

$$U_{dip} = -\mathbf{d} \cdot \mathbf{E}$$

An electric field induces a dipole moment:

 $\mathbf{d} = \alpha \mathbf{E}$

$$U_{dip} \propto -\alpha(\omega) I(\mathbf{r})$$







See R. Grimm et al., Adv. At. Mol. Opt. Phys. 42, 95-170 (2000). Pioneering work by Steven Chu











Time of flight interference pattern



Momentum Distributions – 1D

Momentum distribution can be obtained by Fourier transformation of the macroscopic wave function.

$$\Psi(x) = \sum_{i} A(x_j) \cdot w(x - x_j) \cdot e^{i\phi(x_j)}$$





Single Particle in a Periodic Potential - Band Structure (1)

$$H\phi_q^{(n)}(x) = E_q^{(n)}\phi_q^{(n)}(x)$$
 with $H = \frac{1}{2m}\hat{p}^2 + V(x)$

Solved by Bloch waves (periodic functions in lattice period)

$$\phi_q^{(n)}(x) = e^{iqx} \cdot u_q^{(n)}(x)$$

q = Crystal Momentum or Quasi-Momentum *n* = Band index

Plugging this into Schrödinger Equation, gives:

$$H_B u_q^{(n)}(x) = E_q^{(n)} u_q^{(n)}(x)$$
 with $H_B = \frac{1}{2m} (\hat{p} + q)^2 + V_{lat}(x)$



Single Particle in a Periodic Potential - Band Structure (2)

Use Fourier expansion

$$V(x) = \sum_{r} V_{r} e^{i2rkx}$$
 and $u_{q}^{(n)}(x) = \sum_{l} c_{l}^{(n,q)} e^{i2lkx}$

yields for the potential energy term

$$V(x)u_q^{(n)}(x) = \sum_l \sum_r V_r e^{i2(r+l)kx} c_l^{(n,q)}$$

and the kinetic energy term

$$\frac{(\hat{p}+q)^2}{2m}u_q^{(n)}(x) = \sum_l \frac{(2\hbar kl+q)^2}{2m}c_l^{(n,q)}e^{i2lkx}$$

In the experiment standing wave interference pattern gives

$$V(x) = V_{lat} \sin^2(kx) = -\frac{1}{4} \left(e^{2ikx} + e^{-2ikx} \right) + \text{c.c.}$$



Single Particle in a Periodic Potential - Band Structure (3)

Use Fourier expansion

$$\sum_{l} H_{l,l'} \cdot c_{l}^{(n,q)} = E_{q}^{(n)} c_{l}^{(n,q)} \quad \text{with} \quad H_{l,l'} = \begin{cases} (2l+q/\hbar k)^{2} E_{r} & \text{if } l = l' \\ -1/4 \cdot V_{0} & \text{if } |l-l'| = 1 \\ 0 & \text{else} \end{cases}$$

$$\begin{pmatrix} (q/\hbar k)^{2} E_{r} & -\frac{1}{4} V_{0} & 0 & 0 & \dots \\ -\frac{1}{4} V_{0} & (2+q/\hbar k)^{2} E_{r} & -\frac{1}{4} V_{0} & 0 & \\ 0 & -\frac{1}{4} V_{0} & (4+q/\hbar k)^{2} E_{r} & -\frac{1}{4} V_{0} & \\ & & -\frac{1}{4} V_{0} & \ddots & \\ & & & & & \end{pmatrix} \begin{pmatrix} c_{0}^{(n,q)} \\ c_{1}^{(n,q)} \\ c_{2}^{(n,q)} \\ \\ \vdots \end{pmatrix} = E_{q}^{(n)} \begin{pmatrix} c_{0}^{(n,q)} \\ c_{1}^{(n,q)} \\ c_{2}^{(n,q)} \\ \\ \vdots \end{pmatrix}$$

Diagonalization gives us Eigenvalues and Eigenvectors!



Wannier Functions

An alternative basis set to the Bloch waves can be constructed through localized wavefunctions: Wannier Functions!



Preparing Arbitrary Phase Differences Between Neighbouring Lattice Sites



lattice potential + **Ph** potential gradient **nei**

Phase difference between neighboring lattice sites

$$\Delta \phi_j = (V'\lambda/2)\,\Delta t$$

(cp. Bloch-Oscillations)



 $\Delta \phi = 0$



 $\Delta \phi = \pi$

But: dephasing if gradient is left on for long times !



Mapping the Population of the Energy Bands onto the Brillouin Zones



Experimental Results



Brillouin Zones in 2D

Momentum distribution of a dephased condensate after turning off the lattice potential adiabtically





3D

2D



Populating Higher Energy Bands





From a Conductor to a Band Insulator



Bose-Hubbard Hamiltonian

Expanding the field operator in the Wannier basis of localized wave functions on each lattice site, yields :

$$\hat{\Psi}(\boldsymbol{x}) = \sum_{i} \hat{a}_{i} w(\boldsymbol{x} - \boldsymbol{x}_{i})$$

Bose-Hubbard Hamiltonian

$$H = -J\sum_{\langle i,j\rangle} \hat{a}_i^{\dagger} \hat{a}_j + \sum_i \varepsilon_i \hat{n}_i + \frac{1}{2}U\sum_i \hat{n}_i(\hat{n}_i - 1)$$

Tunnelmatrix element/Hopping element

Onsite interaction matrix element

$$J = -\int d^3x w(\mathbf{x} - \mathbf{x}_i) \left(-\frac{\hbar^2}{2m} \Delta + V_{lat}(\mathbf{x}) \right) w(\mathbf{x} - \mathbf{x}_j)$$

$$U = \frac{4\pi\hbar^2 a}{\int d^3 x |w(\mathbf{x})|^4}$$

m

M.P.A. Fisher et al., PRB 40, 546 (1989); D. Jaksch et al., PRL 81, 3108 (1998) Mott Insulators now at: NIST, ETHZ, MIT, Innsbruck, Florence, Garching...

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Describing the Phase Transition (1)

$$H = -J\sum_{\langle i,j\rangle} \hat{a}_i^{\dagger} \hat{a}_j + \frac{1}{2}U\sum_i \hat{n}_i(\hat{n}_i - 1) - \mu\sum_i \hat{n}_i$$

Usual Bogoliubov replacement does NOT capture SF-MI transition! (However can describe Quantum Depletion due to interactions)

$$\hat{a} = \psi + \Delta \hat{a}$$

Self consistent mean field approximation (decoupling approx.)

$$\begin{aligned} a_i^{\dagger} \hat{a}_j &= \langle \hat{a}_i^{\dagger} \rangle \langle \hat{a}_j \rangle + \langle \hat{a}_i^{\dagger} \rangle \Delta \hat{a}_j + \Delta \hat{a}_i^{\dagger} \langle \hat{a}_j \rangle \\ &= \langle \hat{a}_i^{\dagger} \rangle \hat{a}_j + \hat{a}_i^{\dagger} \langle \hat{a}_j \rangle - \langle \hat{a}_i^{\dagger} \rangle \langle \hat{a}_j \rangle \end{aligned}$$

$$\langle \hat{a}_i \rangle = \sqrt{n_i} = \psi$$

K. Sheshadri et al., EPL **22**, 257 (1993) D. van Oosten, P. van der Straten & H. Stoof, PRA **63**, 053601 (2001)



Describing the Phase Transition (2)

$$H = -zJ\psi\sum_{i}\left(\hat{a}_{i}^{\dagger}+\hat{a}_{i}\right)+zt\psi^{2}N_{s}+\frac{1}{2}\sum_{i}\hat{n}_{i}(\hat{n}_{i}-1)-\mu\sum_{i}\hat{n}_{i}$$

Is diagonal in site index i, so we can use an effective on-site Hamiltonian

Can diagonalize Hamiltonian in occupation number basis! or use perturbation theory with tunnelling term to find phase diagram analytically....

$$H = H^{(0)} + \psi V$$
$$H^{(0)} = \frac{1}{2} \overline{U} \hat{n} (\hat{n} - 1) - \overline{\mu} \hat{n} + \psi^2$$
$$V = -(\hat{a}^{\dagger} + \hat{a})$$

D. van Oosten, P. van der Straten & H. Stoof, PRA 63, 053601 (2001)


Describing the Phase Transition (3)

For our initial state (with fixed particle number), only second order perturbation gives a first correction.

$$E_n^{(2)} = \psi^2 \sum_{n' \neq n} \frac{|\langle n|V|n' \rangle|^2}{E_n^{(0)} - E_{n'}^{(0)}}$$

$$E_n^{(2)} = \frac{n}{\bar{U}(n-1) - \bar{\mu}} + \frac{n+1}{\bar{\mu} - \bar{U}n}$$

$$E_g(\psi) = a_0 + a_2 \psi^2 + \mathscr{O}(\psi^4)$$

$$a_2 > 0 \to \psi = 0$$

$$a_2 < 0 \to \psi \neq 0$$

Phase transition for $a_2 = 0 \Longrightarrow U/zJ \approx n \times 5.83$

D. van Oosten, P. van der Straten & H. Stoof, PRA 63, 053601 (2001)



Superfluid – Mott-Insulator Phase Diagram



Jaksch et al. PRL 81, 3108 (1998)



For an inhomogeneous system an effective local chemical potential can be introduced

$$\mu_{loc} = \mu - \varepsilon_i$$

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Superfluid Limit

$$H = -J\sum_{i,j} \hat{a}_{i}^{\dagger} \hat{a}_{j} + \frac{1}{2}U\sum_{i} \hat{n}_{i}(\hat{n}_{i} - 1)$$

Atoms are delocalized over the entire lattice ! Macroscopic wave function describes this state very well.











 $\langle \hat{a}_i \rangle_i \neq 0$

"Atomic Limit" of a Mott-Insulator

$$H = -J\sum_{i,j} \hat{a}_{i}^{\dagger} \hat{a}_{j} + \frac{1}{2}U\sum_{i} \hat{n}_{i}(\hat{n}_{i}-1)$$

Atoms are completely localized to lattice sites !

$$\left|\Psi_{Mott}\rangle_{J=0} = \prod_{i=1}^{M} \left(\hat{a}_{i}^{\dagger}\right)^{n} \left|0\right\rangle$$

 $\left\langle \hat{a}_i \right\rangle_i = 0$

Fock states with a vanishing atom number fluctuation are formed.





The Simplest Possible "Lattice": 2 Atoms in a Double Well

Superfluid State **MI State** $\frac{1}{\sqrt{2}}(\phi_l + \phi_r) \otimes \frac{1}{\sqrt{2}}(\phi_l + \phi_r)$ $\frac{1}{\sqrt{2}}\phi_l\otimes\phi_r+\frac{1}{\sqrt{2}}\phi_r\otimes\phi_l$ 0.25 x 0.25 x + 0.5 x <*n*> = 1 <*n*> = 1 $< E_{int} > = \frac{1}{2} U$ $< E_{int} > = 0$

Average atom number per site:

Average onsite Interaction per site:

Quantum Phase Transition (QPT) from a Superfluid to a Mott-Insulator



At the critical point g_c the system will undergo a phase transition from a superfluid to an insulator !

This phase transition occurs even at T=0 and is driven by quantum fluctuations !

Characteristic for a QPT

• Excitation spectrum is dramatically modified at the critical point.

• U/J < g_c (Superfluid regime)

Excitation spectrum is gapless

• $U/J > g_c$ (Mott-Insulator regime) Excitation spectrum is gapped **Critical ratio for:**

see Subir Sachdev, Quantum Phase Transitions, Cambridge University Press



Ground State of an Inhomogeneous System



From Jaksch et al. PRL 81, 3108 (1998)

From M. Niemeyer and H. Monien (private communication)



Momentum Distribution for Different Potential Depths

0 E_{recoil} 22 E_{recoil}



Phase coherence of a Mott insulator

Does a Mott insulator produce an interference pattern ?

F. Gerbier *et al.*, PRL (2005)

Theory : V. N. Kashurnikov *et al.*, PRA **66**, 031601 (2002). R. Roth & K. Burnett, PRA **67**, 031602 (2003).



Quantitative Analysis of Interference Pattern



Excitations in the zero tunneling limit



• Particle/hole pairs couples to the ground state :



Energy E_0+U , separated from the ground state by an interaction gap U



Deviations from the perfect Mott Insulator





Comparison with experiments 10⁰ 0 0 \circ \circ Visibility V $\times 4$ 10⁻¹ \circ 10⁻² 10² 10⁰ 10¹ U/zJ

Average slope measured to be -0.97(7)

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A more careful theory

Many-body calculation for the homogeneous case

- Ist order calculation : admixture of particle/hole pairs to the MI bound to neighboring lattice sites
- Higher order in J/U :

particle/holes excitations become mobile



Dispersion relation of the excitations is still characterized by an interaction gap.

One can obtain analytically the interference pattern (momentum distribution) for a given n_0 .

More details in : D. van Oosten **et al.** PRA **63**, 053601 (2001) and following papers D. Gangardt **et al.**, cond-mat/0408437 (2004) K. Sengupta and N. Dupuis, PRA **71**, 033629 (2005) F. Gerbier et al., PRA 72, 53606 (2005)





How can we Probe the Number Statistics?

We want to know:

- I) How many sites with I atom
- 2) How many sites with 2 atoms
- 3) How many sites with 3 atoms

4) ...

For a weakly interacting BEC, one would obtain Poissonian type number distribution (e.g. coherent states on each lattice site)











Spin Changing Collisions in an Optical Lattice



AC-"Stark" shift control of the resonance frequency



Detuning δ_0 is present even at zero magnetic field

Energy shift due to microwave field can bring levels into resonance.



Duan, Sorensen, Cirac, Zoller PRL 2000

AC-Stark shift control of the resonance frequency



AC-Stark shift control of the resonance frequency



Amplitude decrease due to single site spectators



Quantum Spin Oscillations as Non-Destructive Probe of Atom Number Statistics

Classical field (mean field) limit (continuous frequencies)

 $\Omega(n) \square c_2 n$

Quantum limit (discrete frequencies)

$$\Omega_{N_{at}} = \Omega_0 \sqrt{N_{at} \left(N_{at} - 1\right)} \qquad \Omega_2 = \sqrt{2} \Omega_0 \qquad \Omega_3 = \sqrt{6} \Omega_0 \qquad \Omega_4 = \sqrt{12} \Omega_0 \qquad \bullet \bullet \bullet$$

Leads to quantum dynamics beyond mean field! Collapse & Revivals, Cat states, etc.

Cf. Work of L. You, J. Ho,...



 $\begin{array}{l} \textbf{Amplitude of Spin-Changing} \\ \textbf{Oscillations at Freq } \Omega_{\text{Nat}} \end{array}$



Number of sites with N_{at} atoms

Resembles exp. in Cavity QED to reveal photon number statistics (Haroche, Walther) see also work of G. Campbell et al. (MIT)













What is the number distribution in a lattice??

Prepare the system at a certain lattice depth and atom number:

Quickly increase lattice depth in order to preserve atom number statistics:





Atom number statistics...N=2 sites vs Total Atom Number











Density Profile in the SF Regime



GI








Estimating Finite Temperature Effects

Let us consider isolated wells (J=0):

$$n_h(\mu,T)$$
 $s_h(\mu,T)$

Particle & Entropy densities

Work in local density approximation

$$\mu_{loc}(\mathbf{r}) = \mu - V_T(\mathbf{r})$$

Lowest lying excited states within Mott domains

 $U_0n-\mu$

Free energy cost for adding a particle

Higher lying excitations cost at least energy U and are suppressed by $e^{-\beta U}$!

 $\mu - U(n_0 - 1)$

Free energy cost for removing a particle



Onsite Thermodynamics

Onsite Partition Function:

$$z_0 = \sum_n e^{-\beta(E(n) - \mu n)}$$

 $E(n) = \frac{1}{2}Un(n-1)$ $\bar{n}_0 \approx n_0 + \left(B^{(+)} - B^{(-)}\right)/z_0$ $Var(n)_0 \approx \left(B^{(+)} + B^{(-)}\right)/z_0^2$ We obtain

with
$$B^{(+)}=e^{eta(\mu-Un_0)}$$
 $B^{(-)}=e^{eta(U(n_0-1)-\mu)}$ $z_0=1+B^{(+)}+B^{(-)}$

being the Boltzmann factors for the addition/subtraction of a particle from the "background" value n0.

F. Gerbier arXiv:0705.3956

Thermal Effects on Shell Structure

Shell structure is completely destroyed by thermal defects for:

 $T^* \approx 0.2 U/k_B$



Thermal Effects for Finite J



Superfluid shells will turn normal for

$$k_B T_c \approx z J (n_0 + 1)/2$$

with

 $T_c \ll T^*$

F. Gerbier arXiv:0705.3956, see also: T.-L. Ho cond-mat/0703169



What can we hope to reach?

For perfect adiabatic loading, entropy in BEC equals entropy in MI state!

Load into 20 E_r lattice.



Finite Temperature Effects (1)



Finite Temperature Effects (2)



Finite Temperature Effects (3)



What Happens to the Relative Phase of two Quantum Liquids over Time ?



M. Greiner, O. Mandel, T. W. Hänsch and I. Bloch Nature, 419 (6901), 2002



Dynamical Evolution of a Many Atom State due to Cold Collision

How do collisions affect the many body state in time ?

Phase evolution of the quantum state of two interacting atoms:



Collisional phase

 $|2\rangle(t) = |2\rangle \times e^{-iUt/\hbar}$

• Phase shift is coherent !

• Can be used for quantum computation (see Jaksch, Briegel, Cirac, Zoller schemes)

• Leads to dramatic effects beyond meanfield theories ! Collisional phase of natoms in a trap:

$$E_n t / \hbar = \frac{1}{2} Un (n-1) t / \hbar$$



Time Evolution of a Coherent State due to Cold Collisions Coherent state in each lattice site ! $|\Psi\rangle_i = e^i$ $e^{-iUt/\hbar}$ U I. Here α = amplitude of the coherent state 2. Here $|\alpha|^2 = average$ number of atoms per lattice $e^{-i3Ut/\hbar}$ site 3U

Freezing Out Atom Number Fluctuations



Collapse and Revival of the Matter Wave Field due to Cold Collisions

Quantum state in each lattice site (e.g. for a coherent state)

$$\left(\left|\Psi(t)\right\rangle_{i}=e^{-\left|\alpha\right|^{2}/2}\sum_{n}\frac{\alpha^{n}}{\sqrt{n!}}e^{-i\frac{1}{2}Un(n-1)t/\hbar}\left|n\right\rangle\right)$$

Matter wave field on the ith lattice site

$$\Psi_{i}(t) = \langle \Psi(t) | \hat{a}_{i} | \Psi(t) \rangle_{i}$$



- 1. Matter wave field collapses but revives after times multiple times of h/U !
- 2. Collapse time depends on the variance $\sigma_{\rm N}$ of the atom number distribution !

Yurke & Stoler, 1986, F. Sols 1994; Wright et al. 1997; Imamoglu, Lewenstein & You et al. 1997, Castin & Dalibard 1997, E. Altman & A. Auerbach 2002, G.-B. Jo et al 2006 Similiar to Collapse and Revival of Rabi-Oscillations in Cavity QED !



Dynamical Evolution of a Coherent State due to Cold Collisions

The dynamical evolution can be visualized through the Q-function



Characterizes overlap of our input state with an arbitrary coherent state $|\alpha\rangle$





Dynamical Evolution of a Coherent State due to Cold Collisions



Dynamical Evolution of the Interference Pattern



Collapse and Revival N_{coh}/N_{tot}

Oscillations after lattice potential jump from 8 E_{recoil} to 22 E_{recoil}



Up to 5 revivals are visible !



Revival Frequency vs. Lattice Potential Depth





Influence of the Atom Number Statistics on the Collapse Time

Final potential depth $V_B = 22E_r$



t_c/t_{rev} for Different Initial Potential Depths



The End.... ...for today...

