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#### Summer School on Novel Quantum Phases and Non-Equilibrium Phenomena in Cold Atomic Gases

27 August - 7 September, 2007

From laser cooling to quantum gases: Part 1 - Laser manipulation of atoms Part 2 - Rotating condensates Part 3 - Cold atoms in Flatland

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#### Goal of these lectures

# From laser cooling to quantum gases



Review article: I. Bloch, J. Dalibard, W. Zwerger, *Many-Body Physics with Ultracold Gases* arXiv:0704.3011 to appear in Rev. Mod. Phys.

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#### Outline of the three lectures

1. A brief introduction to laser cooling of atoms

Doppler, Sisyphus, subrecoil cooling

#### 2. Cold atoms in Flatland

Vortices and the Berezinskii-Kosterlitz-Thouless mechanism Experiments with flat gases

#### 3. Rotating gases

From the single vortex case to strongly correlated states

Start with basic concepts in atom manipulation and address some aspects of the physics of quantum low dimensional and/or rotating systems

Quantum wells and MOS structures



High  $T_c$  superconductivity

Neutron stars



Superconductor in a magnetic field

#### **VORTICES** !

Part 1.

#### A brief introduction to laser cooling

Doppler, Sisyphus, subrecoil cooling



$$k_BT > \frac{hl}{2} \sim a$$
 few hundred microkelvins

However the temperature measured in optical molasses can be as low as a few microkelvins. What is missing?

The laser field in a 3D optical molasses has not only phase and intensity gradients, but also polarisation gradients. A model 1D system:



Periodic modulation of the polarization of the light

# atom

atoms

 $\hbar \omega < E_e - E_a$ 

The atom moving to the right (resp. left) interacts more with the wave coming from the right (resp. left)



10<sup>9</sup> cold sodium atoms



# In 3D: when the phase space density reaches $n\lambda^3 = 2.612$ , BEC occurs $\lambda^2 = 2\pi\hbar^2/(mk_BT)$ In 2D: for any phase space density $n\lambda^2$ , the occupation of the various states in non singular, and no BEC is expected.

 $n\lambda^2 = -\ln\left(1 - e^{\mu/k_BT}\right)$ 

$$\mu$$
 varies from  $-\infty$  to 0

The absence of BEC (i.e. long range order) at finite temperature remains true in presence of repulsive interactions (Hohenberg-Mermin-Wagner)

The ideal Bose in a harmonic potential

In 3D, BEC occurs when 
$$N = 1.2 \left(\frac{k_B T}{\hbar \omega}\right)^3$$
  
In 2D, BEC occurs when  $N = 1.6 \left(\frac{k_B T}{\hbar \omega}\right)^2$ 

Bagnato - Kleppner (1991)

Does harmonic trapping make 2D and 3D equivalent? What about interaction?

#### How a 3D pseudopotential is transformed in 2D?

3D interaction energy: 
$$E_{\text{int}} = \frac{N(N-1)}{2} g^{(3D)} \int |\psi(\vec{r})|^4 d^3r$$
$$g^{(3D)} = \frac{4\pi\hbar^2 a}{m}$$



To go beyond this simple reasoning: Petrov-Holzmann-Shlyapnikov

#### Part 2.

#### Cold atoms in FlatI and

Simple theoretical aspects:

**BEC or not BEC?** 

the Berezinskii-Kosterlitz-Thouless mechanism

#### The ideal Bose gas in the uniform case

#### Problem with 2D BEC in a harmonic trap

Treat the interactions at the mean field level:  $V_{\text{eff}}(r) = \frac{m\omega^2 r^2}{2} + 2gn_{\text{mf}}(r)$ 

where the mean field density is obtained from the self-consistent equation

$$n_{\rm mf}(r)\lambda^2 = -\ln\left(1 - e^{(\mu - V_{\rm eff}(r))/kT}\right)$$

#### Two remarkable results

- One can accommodate an arbitrarily large atom number.
   Badhuri et al
- The effective frequency deduced from  $V_{\text{eff}}(r) \simeq m \omega_{\text{eff}}^2 r^2/2$ tends to zero when  $\mu \rightarrow 2gn_{\text{mf}}(0)$  Holzmann et al.

Similar to a 2D gas in a flat potential...

However there is more than just (no) BEC in a 2D interacting gas...

# A vortex in a Bose gas

Consider a gas described by the macroscopic wave function

$$\psi(\vec{r}) = \sqrt{n(\vec{r})} e^{i\theta(\vec{r})}$$

A vortex is a point ( or a line in 3D) where the density vanishes and around which the phase varies by  $\eta \times 2\pi$  ( $\eta$  non-zero integer)

#### $\eta$ is the "charge" of the vortex

Vortices with charge  $\eta = \pm 1$  appear naturally in a gas with a fluctuating wave function



#### Existence of a phase transition in a 2D Bose fluid

Berezinski and Kosterlitz –Thouless 1971-73 Nelson Kosterlitz 1977



# Energy of a vortex

The velocity field associated with a wave function is proportional to the gradient of the wave function

$$\vec{v}(\vec{r}) = \frac{\hbar}{m} \vec{\nabla} \theta(\vec{r}) \qquad \qquad \oint \vec{v} \cdot d\vec{r} = \frac{2\pi\hbar}{m}$$
Single vortex in 2D
$$\begin{array}{c} 0 & \vec{v} \\ \bullet & \vec{r} \end{array} \qquad \qquad \begin{array}{c} v = \frac{\hbar}{mr} \\ \bullet & \bullet \\ \vec{r} \end{array}$$
BIOT-SAVART

Kinetic energy: 
$$E_K = \frac{m}{2} \int n_s(r) v^2(r) d^2 r = \frac{mn_s}{2} \frac{\hbar^2}{m^2} \int \frac{1}{r^2} d^2 r$$

Lower bound: size of the vortex core  $\xi$ 

Upper bound: size of the gas R

$$E_K = rac{\pi \hbar^2 n_s}{m} \ln(R/\xi)$$

#### The KT mechanism for pedestrians

Probability for a vortex to appear as a thermal excitation?

One has to calculate the vortex free energy E-TS and compare it with kT

$$\psi(\vec{r}) \propto e^{i\theta} \quad \xi \qquad \qquad v = \frac{\hbar}{mr} \qquad n_s = \frac{N}{\pi R^2}$$

Energy:  $E = \frac{\pi \hbar^2}{m} n_s \log(R/\xi)$ 

Entropy:  $S = k \log(W) \sim k \ln(R^2/\xi^2) = 2k \log(R/\xi)$ 

Free energy of a vortex:

$$rac{E-TS}{kT} \sim rac{1}{2} \left( n_s \lambda^2 - 4 
ight) \ln(R/\xi)$$

#### BKT transition for pedestrians (2)

$$\frac{E - TS}{kT} \sim \frac{1}{2} \left( n_s \lambda^2 - 4 \right) \ln(R/\xi) \qquad \begin{array}{l} \text{Thermodynamic limit:} \\ R \to +\infty \end{array}$$

$$\stackrel{0}{\longrightarrow} \frac{n_s \lambda^2 > 4}{\text{no free vortex}} \qquad \begin{array}{l} n_s = 0 & T \\ \text{proliferation of free vortices} \end{array}$$

$$\text{The criterion } n_s \lambda^2 = 4 \text{ is implicit, because the superfluid density depends on temperature and it is usually unknown.}$$

$$\text{Calculation of the total density needed at a given temperature:} \\ \text{Analytics by Fisher & Hohenberg, Monte-Carlo by Prokof'ev et al} \end{aligned}$$

$$n_{\text{total}} \lambda^2 = \ln \left( \frac{C}{\tilde{g}} \right) \qquad \begin{array}{c} C = 380 \pm 3 \\ \tilde{g} = \frac{mg^{(2D)}}{\hbar^2} \end{array} \qquad \begin{array}{c} \text{dimensionless} \\ \text{interaction strength} \end{array}$$

# Superfluidity in 2 dimensions



#### Cold atoms in FlatLand,

#### Experiments with flat gases

Z. Hadzibabic, P. Krüger

B. Battelier, M. Cheneau, S.-P. Rath, S. Stock

Phys. Rev. Lett. **95**, 190403 (2005) Nature **441**, 1118 (2006) Phys. Rev. Lett. **99**, 040402 (2007)

Theory: Shlyapnikov-Gangardt-Petrov, Holtzman *et al.*, Kagan *et al.*, Stoof *et al.*, Mullin *et al.*, Simula-Blackie, Hutchinson *et al.* Polkovnikov-Altman-Demler

# A 2D film of helium becomes superfluid at sufficiently low temperature (Bishop and Reppy, 1978)



#### "universal" jump to zero of superfluid density at $T = T_c$

 $\rho_s(T_c)\lambda^2 = 4 \longrightarrow \rho_s = 0$ 

Also Safonov et al, 1998: variation of the recombination rate in a H film

# How to make a cold 2D gas?



Overlap between expanding planar gases

-100

0

 $x (\mu m)$ 

100

Temperature extracted from a gaussian fit of the pedestal



20





# The inhomogeneous density profile in the trap



5 ms

8 ms

10 ms

# Current studies at NIST

Bi-modal distributions, when the number of atoms increases at a fixed temperature

Study of quasi-long range coherence, by interfering the gas with a displaced copy of itself





# The Boulder experiment (II)

The relevant parameter is the ratio J/T



F=2

Vortex density



■ : 30 nK < T < 40 nK  $\circ$  : 55 nK < T < 70 nK

> Increasing the ramp-down time of the lattice allows to selectively probe vortices at increasing spatial scales

> > Nice confirmation of the BKT mechanism

# Another approach to the BKT mechanism in Boulder

V. Schweikhard, S. Tung, and E. A. Cornell, PRL 99, 030401 (2007)



Array of parallel tubes at finite temperature T, coupled together by tunneling J

Equivalent to an array of Josephson junctions

Implementation of the discrete *x*-*y* model

When the lattice is shut down and the various gases overlap, are there phase defects (i.e. vortices) trapped in the expanding cloud ?

# The 2D atomic Bose gas at present...

Several signatures of a Kosterlitz-Thouless cross-over have been identified

- Apparition of a bi-modal structure (superfluid core?)
- proliferation of vortices
- · loss of long range order



The observed phenomena do not match the ideal Bose gas condensation Good agreement with quantitative predictions of the KT mechanisms

One important remaining question: direct test the superfluidity of the core

#### Part 3.

#### **Rotating Bose gases**

Connection with other rotating quantum systems

Rotating bucket experiment with liquid helium, neutrons stars, rotating nuclei, superconductor in a magnetic field

Connection with quantum Hall physics

#### Classical vs. quantum rotation

**Rotating classical gas** 

velocity field of a rigid body  $\vec{v} = \vec{\Omega} \times \vec{r} \rightarrow \vec{\nabla} \times \vec{v} = 2\vec{\Omega}$ 

#### Rotating a quantum macroscopic object

macroscopic wave function:  $\psi(\vec{r}) = \sqrt{\rho(\vec{r})} e^{i\phi(\vec{r})}$ In a place where  $\rho(\vec{r}) \neq 0$ , irrotational velocity field:  $\vec{v} = \frac{\hbar}{m} \vec{\nabla} \phi$ 

The only possibility to generate a non-trivial rotating motion is to nucleate quantized vortices (points in 2D or lines in 3D)

 $\oint \vec{v} \cdot \vec{dr} = \frac{nh}{m}$ 

Feynman, Onsager, Pitaevskii

#### Physics in a rotating frame



 $Z \uparrow$ 

Cylindrically symmetric trap potential in the xy plane:

 $V(\vec{r}) = \frac{1}{2}m\omega^2 r^2$   $r^2 = x^2 + y^2$ 

Stir at frequency  $\Omega$  (with a rotating laser beam for example)  $\delta V(\vec{r},t) = \frac{\epsilon}{2}m\omega^2 \left(X^2 - Y^2\right) \quad \epsilon \sim \text{ a few \%}$ 

#### Hamiltonian in the rotating frame:

$$H = \frac{p^2}{2m} + \frac{1}{2}m\omega^2 r^2 - \Omega L_z + \underbrace{\frac{\epsilon}{2}m\omega^2(x^2 - y^2)}_{m\omega}$$
$$= \frac{\left(\vec{p} - \vec{A}\right)^2}{2m} + \frac{1}{2}m\left(\omega^2 - \Omega^2\right)r^2 \qquad \vec{A} = m\,\vec{\Omega}\times\vec{r}$$

Same physics as charged particles in a magnetic field + harmonic confinement

#### Outline of the lecture

- 1. From the single vortex to vortex arrays
- 2. The fast rotation regime: Lowest Landau Level physics
- 3. Towards fractional quantum Hall effect
- 4. Topological gauge potential for neutral atoms



# $\begin{array}{c} \mathsf{Cylindrical trap} \\ \mathsf{stirring} \\ \\ \mathsf{Time of flight} \\ \mathsf{analysis (25 ms)} \\ \\ \mathsf{ENS 2000: Chevy,Madison,Rosenbusch, Bretin} \\ \\ \end{array}$

Vortices in a stirred condensate

#### Nucleation of vortices: a simulation using Gross-Pitaevskii equation



C. Lobo, A. Sinatra, Y. Castin, Phys. Rev. Lett. **92**, 020403 (2004)

> also M. Tsubota, K. Kasamatsu, and M. Ueda, Phys. Rev. A. 65, 023603 (2002)

#### The single vortex case

After time-of-flight expansion:



#### Questions which have been answered:

- Total angular momentum  $N\hbar$  (i.e.  $\hbar$  per particle) ?
- Is the phase pattern varying as  $e^{i\theta}$ ?
- What is the shape of the vortex line?
- Can this line be excited (as a guitar string)? Kelvin mode

#### The intermediate rotation regime

The number of vortices is notably larger than 1.

However one keeps the rotation frequency  $\Omega$  notably below  $\varpi$ 

core size  $\xi$  << vortex spacing



What gives the vortex surface density ?

Uniform surface density of vortices  $n_v$  with

$$\Omega = \frac{\pi \hbar}{m} n_i$$

Coarse-grain average for the velocity field  $\vec{v} = \vec{\Omega} \times \vec{r}$ 

2.

# The fast rotation regime: Lowest Landau Level physics

(mean field)

Is there a "Hc2" equivalent for rotating condensates ?

Ho, Baym, Fischer, Watanabe et al, Komineas et al, Aftalion et al

# Landau levels for a rotating gas



Hamiltonian in the rotating frame:  $H - \Omega L_z$ 



When  $\Omega=\omega,$  macroscopically degenerate ground state for the one-body hamiltonian (Rohshar, Ho)

$$H = \frac{\left(\vec{p} - \vec{A}\right)^2}{2m} \qquad \vec{A} = \vec{\Omega} \times \vec{r}$$

# Reaching the lowest Landau level

Assume that the z direction is frozen, with a extension  $\ell_z$ 



If the chemical potential and the temperature are much smaller than  $2\hbar\omega$  , the physics is restricted to the lowest Landau level

This LLL regime corresponds to  $1 - \frac{\ell_z}{Na} < \frac{\Omega}{\omega}$  a: scattering length

Typically:  $N=10\ 000\ \text{atoms}$ ,  $\ell_z=0.5\ \mu\text{m}$ ,  $a=5\ \text{nm}$ 



#### The lowest Landau level



General one-particle state in the LLL:

 $e^{-r^{2}/2a_{0}^{2}} P(x+iy) \xrightarrow{\qquad} e^{-r^{2}/2a_{0}^{2}} \prod_{j=1}^{n} (u-u_{j})$   $\bigvee_{\substack{\text{Polynomial or}\\ \text{analytic function}}} u = x+iy \quad u_{j} : \text{ vortices}$ 

The size of the vortices is comparable to their spacing

The atom distribution is entirely determined from the vortex position

# What about the ideal gas case?

The LLL is still a good approximation for fast rotation if  $\,kT\ll 2\hbar\omega$ 

State of the gas: superposition of independent BEC's in the various orbitals with random complex amplitudes  $C_m$ 

 $2\hbar\omega$  m=0 1  $2\pi\omega$ 

A realization of the experiment corresponds to a particular choice of the  $C_m$ 's.

 $\psi(x,y) = \sum_{m} C_m \frac{(x+iy)^m}{\sqrt{m!}} e^{-r^2/2a_0^2}$ 

Vortices are still present and clearly visible: zeroes of this polynomial

Each vortex correspond to a destructive interference between the BEC's

# Reaching the LLL experimentally: Boulder and ENS

Evaporative spin-up method (Boulder): first rotate the gas at a moderate frequency and then evaporate of atoms with small angular momentum.



side view of the rotating BEC

Equal weight for  $\langle |C_m| \rangle$  up to *m*=40

V. Schweikhard *et al.*, PRL **92**, 040404 (2004)



# Vortex position in the ideal gas case





Vortices (i.e. zeroes of a random polynomial) repel each other (as the eigenvalues of a random matrix).

Atom interactions provide long range order for the Abrikosov lattice

Y. Castin , Z. Hadzibabic, S. Stock, J. Dalibard, and S. Stringari, Phys. Rev. Lett. **96**, 040405 (2006)



#### Beyond mean field: Laughlin states and more

For some specific filling factors  $\,\nu=N/N_v\,$  the ground state is separated from the excited states by an energy gap

incompressible states, analogous to those of Quantum Hall effect

Example: 
$$\nu = 1/2$$
  $L = N(N-1)$ 

$$\Psi(\vec{r}_1, \dots, \vec{r}_N) = \left[\prod_{j < k} (u_j - u_k)^2\right] e^{-\sum_j r_j^2 / 2a_0^2} \qquad u_j = x_j + iy_j$$

Eigenstate of the 1-body Hamiltonian in the LLL

Eigenstate of the interaction Hamiltonian:  $V = g \sum_{j < k} \delta(ec{r_j} - ec{r_k})$ 

# Topological gauge potential for neutral atoms

4.



Mueller, 2004 Soerensen et al, 2005 Osterloh et al, 2005 Ruseckas et al, 2005

#### Gauge fields for atomic gases

The passage in the rotating frame corresponds to adding a vector potential into the atomic hamiltonian (+ centrifugal force)

$$\hat{H} = \frac{\left(\vec{p} - \vec{A}\right)^2}{2m} + \frac{1}{2}m\left(\omega^2 - \Omega^2\right)r^2 \qquad \vec{A} = m\,\vec{\Omega}\,\times$$

This vector potential corresponds physically to the accumulation of the phase

 $\vec{r}$ 

Sagnac effect

along the contour encircling the area  $\, {\cal S} \,$ 

 $\delta \varphi = 2m\Omega S/\hbar$ 

Any other accumulated 'topological' phase can be used in order to mimic the effect of a magnetic field on charged particles

Berry's phase is a good candidate !

#### Using Berry's phase for generating a gauge field

Suppose that the atoms have several possible internal states, for example a ground level with angular momentum 1

 $\rightarrow$  3 Zeeman sublevels: *m* = -1,0,+1



We label  $\{|m(\vec{r})\rangle\}$  the local energy basis of the atomic ground level in  $\vec{r}$ 

We suppose that an atom initially prepared in the internal state  $|m(\vec{r})\rangle$  will follow adiabatically this state while moving (like in a magnetic trap)

The Berry's phase accumulated during this motion gives rise to the vector potential

$$\vec{A}_m(\vec{r}) = i\hbar \langle m(\vec{r}) | \vec{\nabla} m(\vec{r}) \rangle$$

#### Use of a J=1 dark state to generate a gauge potential



#### Conclusions

Low dimensional systems are not simpler than 3D systems!

- Several questions are still open concerning the static case, in particular in connection with superfluidity
- Concerning the rotating case, the analogy with the fractional quantum Hall effect has not yet been explored experimentally.

It is an experimental challenge to achieve vortex numbers similar to atom numbers, but the outcomes would be remarkable

The use of other topological gauge potentials may provide another access to fractional Quantum Hall physics