



1931-6

Preparatory School to the Winter College on Micro and Nano Photonics for Life Sciences

4 - 8 February 2008

Introduction to biophotonics

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Introduction to Biophotonics

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Preparing this course I considered the following:

- \checkmark The audience is non-homogeneous (from physics and/or biology)
- ✓ You have basic understanding of optics and biology (Preparatory lectures on cell biology, diffraction theory, optical microscopy were provided)
- ✓ Advanced lectures on Biophotonics topics will be presented at Winter College next week
- \checkmark Lot of information can be found in internet
- \checkmark Not all the information can be included in a 3 h lecture

The goal of the course is to provide you a basic introduction to Biophotonics with some history and examples and to open your appetite for this fascinating field of science.

Motto:

"We should know and we will know", David Hilbert, 1930

(expressing his disagreement with the

"ignoramus et ignorabimus / we do not know and will not know"

conclusion of Emil du Bois-Reymond, in his

"On the limits of our understanding of nature" of 1872

OUTLINE

> What is Biophotonics ?

> A bit of modern science history (with "Biophotonics" in mind)

> Interaction of light with biomaterials

> Imaging and spectroscopy of biomaterials

> Various types of optical microscopy and contrast mechanisms

> Laser micro and nano surgery of biomaterials

> Optical tweezers, basics

What is Biophotonics?

Three definitions of Biophotonics among of many other:

Biophotonics is the science of generating and harnessing **light (photons)** to image, detect and manipulate **biological materials**.

Biophotonics is used in BIOLOGY to probe for molecular mechanisms, function and structure. It is used in MEDICINE to study tissue and blood at the macro (large-scale) and micro (very small scale) organism level to detect, diagnose and treat diseases in a way that are non-invasive to the body.

T. Husser IEEE-LEOS 2004

Interdisciplinary science studying the **interaction** of **light** with **biological**

2 material – where "light" includes all forms of radiant energy whose quantum unit is the photon.

D. Matthews, Optik & Photonik June 2007 No. 2

3 The application of **light** and other forms of radiant energy to the **life sciences**.



The E-M Spectrum



http://enews.lbl.gov/MicroWorlds/teachers/alsposter.pdf



A bit of modern science history

(with "Biophotonics" in mind)

Some important discoveries in Microscopy

• **1590** – Hans and Zacharias Janssen make the first microscope.



- **1675** Anton van Leeuwenhoek uses a simple microscope with only one lens to look at blood, insects and many other objects. He was first to describe cells and bacteria through microscope.
- **18th century** Several technical innovations make microscopes better and easier to handle, which leads to microscopy becoming more and more popular among scientists (e.g. Lens doublet reduces the chromatic abberations).
- **1878** Ernst Abbe formulates a mathematical theory correlating resolution to the wavelength of light. Abbes formula make calculations of maximum resolution in microscopes possible.
- **1903** Richard Zsigmondy develops the ultramicroscope and is able to study objects below the wavelength of light.
- **1932** Frits Zernike invents the phase-contrast microscope that allows the study of colorless and transparent biological materials.
- **1938** Ernst Ruska develops the electron microscope. The ability to use electrons in microscopy greatly improves the resolution and greatly expands the borders of exploration.
- **1981** Gerd Binnig and Heinrich Rohrer invent the scanning tunneling microscope that gives three-dimensional images of objects down to the atomic level.

http://nobelprize.org/

Ultramicroscopy

an example of instrumentation development, starting in 1900 ...



NEW YORK JOHN WILEY & SONS, INC. London: CHAPMAN & HALL, Limited 1914



The sun beams fell upon a mirror S, were reflected from this into the lens L, which brought them to the focus at 6, over which was arranged a low power microscope. (total magnification about 100 diameters)

N.B.: With ordinary illumination, even with the best objectives, they were not perceptible.

1903 – Zsigmondy and Siedentopf develop the first ultramicroscope, being able to study objects werll below the wavelength of light.

... 2007 →

Ultramicroscopy: three-dimensional visualization of neuronal networks in the whole mouse brain



Working principle:

The sample is illuminated from two sides by a blue laser forming a thin sheet of light. Fluorescent light is thus emitted only from a thin optical section and collected by the objective lens. Stray light is blocked by a GFP filter and the image is projected through the tube lens onto the camera target.

H.U. Dodt et al, Nature Methods 4 331 (2007)

Ultramicroscopy 2007 Results: Brain imaging



Scale bar 1 mm

Scale bar 500 um

Scale bar 200 um

Scale bar 5 um

- (a) Surface of a whole mouse brain reconstructed from 550 optical sections. Both the GFP and autofluorescence signal are imaged.
- (b) Excised whole hippocampus reconstructed from 410 optical sections. Single cell bodies are visible.
- (c) 3D reconstruction of part of a whole hippocampus using 132 optical sections.
- (d) 3D reconstruction of dendritic spines of CA1 pyramidal neurons obtained with a higher resolution objective (20; NA, 0.4) in a whole hippocampus (430 optical sections, deconvolved).

H.U. Dodt et al, Nature Methods 4 331 (2007)

Major events in Cell Biology & Imaging



http://www.biology.arizona.edu/

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Cell Theory

Old (1838) Scleiden & Schwann

- 1. The cell is the unit of structure, physiology, and organization in living things. **OK**
- 2. The cell retains a dual existence as a distinct entity and a building block in the construction of organisms. **OK**
- 3. Cells form by free-cell formation, similar to the formation of crystals (spontaneous generation). **WRONG**

Modern Cell Theory

- 1. All known living things are made up of cells.
- 2. The cell is structural & functional unit of all living things.
- 3. All cells come from pre-existing cells by division.
- 4. (Spontaneous Generation does not occur).
- 5. Cells contains hereditary information which is passed from cell to cell during cell division.
- 6. All cells are basically the same in chemical composition.
- 7. All energy flow (metabolism & biochemistry) of life occurs within cells.

Discoveries in the field of X rays

(Nobel Prizes – incomplete list)

1901 - W. C. Röntgen: the discovery of X-rays.

1914 - M. von Laue: the discovery of X-rays by crystals.

1915 - W. H. Bragg and W. L. Bragg: the determination of crystal structures using X-rays.

1927 - A. H. Compton: revealing the particle nature of X-rays in scattering experiments on electrons.

1936 - P. Debye: for determining molecular structures by X-ray diffraction in gases.

1962 - M. F. Perutz and J.C. Kendrew: determining the structure of hemoglobin and myoglobin.

1962 - F. Crick, J. Watson and M. Wilkins: their discoveries concerning the molecular structure of nucleic acids and its significance for information transfer in living material.

1964 - D. Crowfoot Hodgkin: the determination of the structure of penicillin and other important biochemical substances.

1979 - A. M. Cormack and G. N. Hounsfield: the development of computerized tomography.

1985 - H. A. Hauptman and J. Karle: for the development of direct methods for X-ray crystallographic structure determination.

1988 - J. Deisenhofer, R. Huber and H. Michel: the determination of protein structures crucial to photosynthesis.

http://nobelprize.org/



Milestones in DNA History

1869 Johann Friedrich Miescher identifies a weakly acidic substance of unknown function in the nuclei of human white blood cells. This substance will later be called deoxyribonucleic acid, or DNA.

1912 Physicist Sir William Henry Bragg, and his son, Sir William Lawrence Bragg, discover that they can deduce the atomic structure of crystals from their X-ray diffraction patterns. This scientiFic tool will be key in helping Watson and Crick determine DNA's structure.

1924 Microscope studies using stains for DNA and protein show that both substances are present in chromosomes.

1928 Franklin Griffith, a British medical officer, discovers that genetic information can be transferred from heat-killed bacteria cells to live ones. This phenomenon, called transformation, provides the first evidence that the genetic material is a heat-stable chemical.

1944 Oswald Avery, and his colleagues Maclyn McCarty and Colin MacLeod, identify Griffith's transforming agent as DNA. However, their discovery is greeted with skepticism, in part because many scientists still believe that DNA is too simple a molecule to be the genetic material.

1949 Erwin Chargaff, a biochemist, reports that DNA composition is speciesspecific; that is, that the amount of DNA and its nitrogenous bases varies from one species to another. In addition, Chargaff finds that the amount of adenine equals the amount of thymine, and the amount of guanine equals the amount of cytosine in DNA from every species.

1953 James Watson and Francis Crick discover the molecular structure of DNA.

http://nobelprize.org/

Biophotonics has already played a central role in the most famous paper in modern biology: J.D. Watson and F.H.C. Crick, Nature, 25 April 1953



1953 James Watson and Francis Crick discover the molecular structure of DNA

Medicine 1962

"for their discoveries concerning the molecular structure of nucleic acids and its significance for information transfer in living material"



See/Read/Think-on their Nobel Lectures:

http://nobelprize.org/nobel_prizes/medicine/laureates/1962/





"We wish to suggest a structure for the salt of deoxyribose nucleic acid (DNA). This structure has novel features which are of considerable biological interest ...

We wish to put forward a radically different structure for the salt of DNA.

This strucure has two helical chains each coiled round the same axis."



The two ribbons symbolize the two phosphate - sugar chains, and the horizonal rods the pairs of bases holding the chains together.

The vertical line marks the fibre axis.



"The purpose of this communication is to describe, in a preliminary way, some of the experimental evidence for the ploy-nucleotide chain configuration being helical, and existing in this form when in the natural state."



Fibre diagram of DNA from B. coli. Fibre axis vertical.



Diffraction pattern of system of helices corresponding to structure of DNA.

The squares of Bessel functions are plotted about 0 on the equator and on the first, second third and fifth layer lines for half of the nucleotide mass at 20 A. A diameter and remainder distributed along a radius, the mass at a given radius being proportional to the radius. About C on the tenth layer the similar functions are plotted for an outer diameter of 12 A.



Interaction of light with biomaterials



In complex materials, any combination of interactions are possible. The exact nature of each process depends on the **physical and chemical** structure of the biomaterial

Light-Induced Processes



Prasad, Introduction to Biophotonics, John Wiley & Sons © 2003

Light Scattering Processes



Introduction to Biophotonics – Prasad - John Wiley & Sons © 2003

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Scattering and absorption
Fluorescence
Optical Microscopy
Transmission and Absorption
Phase contrast
Confocal
Fluorescence Correlation Spectroscopy
Fluorescence Lifetime Imaging
Multiphoton Excitation
Spontaneous Raman Spectroscopy
Coherent Anti-Stokes Raman Scattering Mcroscopy (CARS)
Second Harmonic Generation Microscopy
Stimulated Emission Depletion, Image Deconvolution Microscopy
Nearfiled Optical Microscopy
Single Molecule Detection

Courtesy Prof. T. Huser (slides: 25-30, 32-35,4, 5152,55, 63,64,69, 85-88) NSF Center for Biophotonics Science and Technology, University of California, Davis, USA

http://cbst.ucdavis.edu/education/short-courses/osabiophotonicscourse.pdf/download

Main sources for light loss in biological materials: absorption and light scattering



Scattering in tissue



Absorption spectroscopy



routinely used technique in the biosciences

Application for absorption spectroscopy



Why is light microscopy so important?

- Oldest and best understood form of microscopy
- Mostly non-invasive, non-destructive, native conditions
- Enables molecular and cellular imaging of living systems in real time
- Tissue structures are accessible over a wide range of magnifications
- Chemical characterization by infrared absorption or Raman spectroscopy possible
- Large number of contrast mechanisms developed
- Variety of techniques for subcellular molecular imaging under development

Some relevant length scales



Various types of optical microscopy and contrast mechanisms

"Standard"

- Transmission/absorption
- Reflection
- Darkfield contrast
- Polarization contrast
- Phase contrast
- Differential Interference Contrast (DIC)
- Fluorescence microscopy

"Advanced"

- Confocal
- Total internal reflection microscopy
- Multiphoton excitation
- Raman
- Coherent Anti-Stokes Raman (CARS) Microscopy
- Second Harmonic Generation (SHG) Microscopy
- Near-field optical microscopy
- Single molecule fluorescence microscopy
- Deconvolution microscopy

Transmission/absorption microscopy of biological samples requires preparation and staining



The most important light microscopy imaging technique: Phase contrast microscopy avoids staining



Phase contrast microscopy


Differential Interference Contrast (DIC) Microscopy



Sénarmont

In **DIC** microscopy, the spatial relationship and phase difference between ordinary and extraordinary wavefronts is governed either by the position of the objective prism (Nomarski DIC) or the relationship between the polarizer and a thin quartz retardation plate in a de Sénarmont design.

http://www.microscopyu.com/tutorials/java/dic/wavefrontcomparison/index.html

Phase contrast - DIC microscopy





Phase Contrast Image HeLa Cell Culture DIC Image

HeLa cells have been cultured continuously for scientific use since they were first taken from the tumor of a woman suffering from cervical cancer in the 1950s. They have been utilized for many purposes, including the development of a polio vaccine, the pursuit of a cure for diseases such as leukemia and cancer, and the study of the cellular effects of drugs and radiation.

http://www.microscopyu.com/galleries/dicphasecontrast/index.html

Polarization microscopy



http://www.microscopyu.com/articles/polarized/polarizedintro.html

Example: Identification of Asbestos Fibers



Asbestos is a generic name for a group of naturally occurring mineral fibers, which have been widely used, for example, in insulating materials, brake pads and to reinforce concrete. They can be harmful to health when inhaled and it is important that their presence in the environment be easily identified. Samples are commonly screened using scanning electron microscopy and x-ray microanalysis, but polarizing microscopy provides a quicker and easier alternative that can be utilized to distinguish between asbestos and other fibers and between the major types asbestos – chrysotile, crocidolite and amosite. With the use of crossed polars it is possible to deduce the permitted vibration direction of the light as it passes through the specimen, and with the whole wave plate, a determination of the slow and fast vibration directions. Under crossed polars, chrysotile shows pale interference colors - low order whites (a). When a full wave plate is added (530-560 nanometers), the colors are transformed. Aligned Northeast-Southwest, the wave plate is additive and gives blue and yellow in the fiber (b). When aligned Northwest-Southeast (c) the plate is subtracting to give a paler yellow fiber with no blue. From this it is possible to deduce that the slow vibration direction is parallel with the long axis of the fiber.

http://www.microscopyu.com/articles/polarized/polarizedintro.html

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Fluorescence

is an electronic process



Excitation / Emission spectroscopy of native fluorophores in tissue (autofluorescence)



Fluorescence microscopy

More specific information requires **optical labeling**:

DAPI

Fluorescent dyes spread throughout the entire optical spectrum

h requiresFluorescent probes, fluorochromes:
Molecules capable of undergoing electronic
transitions that result in fluorescence.tical spectrumFluorophore:
The structural domain or specific region

The structural domain or specific region of a molecule that is capable of exhibiting fluorescence.



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Fluorescence microscopy



DIC and fluorescence X-ray microscopy



Scanning x-ray microscope picture of human liver cell. (a) topographic image. By varying the incoming photon energy according to the absorption edge of selected elements, and by inserting a fluorescence detector, we were able to map the distribution of some elements inside the cell.

See also the lecture on X-ray diffractive elements by D. Cojoc next week

E. Di Fabrizio et al J. Electron Spectrosc. Relat. Phenom., 144-147, 957, 2005.

Fluorescence resonance energy transfer (FRET) enables measurements of molecular association/dissociation and lengths



Fluorescent dyes can be linked to biomolecules



Fluorescent proteins can be "fused" to other proteins and co-expressed to intrinsically label proteins in cells



Fluorescence microscopy

Some drawbacks:

- Small Stokes shift
- Low axial resolution
- Photobleaching
- Large Rayleigh scattering
- Use of UV optics
- Absorption (photodamage)



See the lectures next week for pros and cons

Total intern reflection fluorescence (TIRF) microscopy excites only a very narrow region right above the glass interface



Confocal fluorescence microscopy efficiently suppresses background signals and enables three-dimensional sectioning



Pinhole → High axial resolution

Examples of the value of confocal fluorescence microscopy



Scanning confocal fluorescence microscopy

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Fluorescence correlation spectroscopy (FCS) measures molecular diffusion times and association/dissociation rate

Time-correlated single photon counting (TCSPC) enables fast fluorescence lifetime measurements

Pulsed laser sources combined with TCSPC enable lifetime analysis per pixel in confocal images: fluorescence lifetime imaging

Data: courtesy of Prof. Costa, Lisbon

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2-photon fluorescence microscopy

Why 2-photon excitation?

- 2-photon excitation is a non-linear process, emission ~ (excitation intensity)²
- No confocal pinhole necessary
- Typically requires pulsed excitation source (high peak power)

2-photon absorption

Transition rate for two-photon absorption is

assume that μ_{nm} and μ_{mg}

are of the order of ea0=2.5x10-18 esu

$$R_{ng}^{(2)} = \frac{\mathcal{P}_{n}^{(2)}(t)}{t} = \sigma_{ng}^{(2)}(\omega) l^{2}$$

Where $\sigma_{ng}^{(2)}(\omega)$ is the two-photon absorption cross section:

$$\sigma_{ng}^{(2)}(\omega) = \frac{8\pi^3}{n^2 c^2} \left| \sum_{m} \frac{\mu_{nm} \mu_{mg}}{\hbar^2 (\omega_{mg} - \omega)} \right|^2 \rho_f(\omega_{ng} = 2\omega_L)$$

Expressing
$$\sigma_{ng}^{^{(2)}}(\omega)$$
 in terms of the intensity measured in photons cm⁻² sec⁻¹

$$\sigma_{ng}^{(2)}(\omega) \approx \frac{16\pi^2}{\Gamma n^2 c^2} \left| \frac{\mu_{nm} \mu_{mg}}{f_1} \right|^2$$

$$\sigma_{ng}^{(2)}(\omega) \approx 3.65 \times 10^{-50} \frac{\text{cm}^{4} \cdot \text{s}}{\text{photon}}$$

Two-photon cross sections are cited in GM units (after MariaGoeppert-Mayer who first predicted Two-photon absorption as a single quantum event)

1 GM = 10⁻⁵⁰ cm⁴sec.

M. Göppert-Mayer, et al, Ann. Phys., 9, 273 (1931)

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Multi-photon fluorescence microscopy

M. Göppert-Mayer, et al, Ann. Phys., 9, 273 (1931)

Multi-photon fluorescence microscopy

Why multi-photon excitation?

- excite fluorescence below 450 nm: quantum dots, DNA adducts, anthracene-based dyes, protein fluorescence
- Direct excitation is limited by background (glass, lenses, filters, contaminations)
- Deep tissue penetration

Multi-photon fluorescence microscopy

3-photon image of DAPI stained *C. elegans*

Living neurons

http://www.loci.wisc.edu/multiphoton/mp.html

Parc Cientific, Barcelona

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Raman spectroscopy

Drawback of Fluorescence: is limited by the need to label and photobleaching -> Raman provides molecular information

- Information about intermolecular interactions
- Dynamics

Raman scattering, however, is extremely inefficient Only 1 in 10^8 incident photons are Raman scattered Typical scattering cross-sections ~ 10^{-30} cm² (15 orders of magnitude lower than fluorescence excitation)

Raman scattering is the interaction of photons and intrinsic molecular bonds

Confocal Raman microscopy

Example: Raman spectroscopy can distinguidh between ds DNA and protein-DNA compexes

An example for micro-Raman analysis of single cells optically trapped cells

Real-time detection of hyperosmotic stress response in a single Saccharomyces yeast cell

- <u>the cell stress response is the reaction of a living cell to ambient</u> <u>changes</u> which are potentially harmful: for example, an increase in temperature, pH, saline concentration, the presence of toxins
- the basic reaction at the fermentation process is the response of the <u>Saccharomyces yeast cells</u> on the hyperosmotic stress

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55+10/108

Real-time detection of hyperosmotic stress response in a single Saccharomyces yeast cell

Detection area1 femtoLDetectable concentration100 atto_molDetectable number of molecules108

G. P. Singh et al. Analyt. Chemistry, 2005, 77, 2564

An example for micro-Raman analysis of single cells:

The biochemical changes taking place during the lag phase and G1 phase of a single S. cerevisiae yeast cell

(A) The growth curve shows the phases of yeast cell population.

(B) The yeast cell cycle diagram shows the phases of the

cell cycle. The abbreviations used for yeast cell cycle stand for the standard terms: 1 M, mitosis; S, synthesis; G1 and G2, gap phases. For our experiments cells that did not have a bud were chosen.

(C) Upper row shows the budding of a yeast cell and its subsequent growth while in the optical trap. Lower row shows the same cell at a moment when it is released from the optical trap

Singh G P, Creely C M, Volpe G, Grotsch H and Petrov D, *Anal. Chem.* **77** 2564–8, (2005)

An example of combined Raman and fluorescence microscopy

Huang et. al., Biochemistry, V44, 10009-10019 (2005)

Advantages and limitations of spontaneous Raman imaging

Advantages

- Minimally invasive technique
- Non-photobleaching signal for live cell studies
- Works under different conditions (temperatures and pressures)
- Chemical imaging without exogenous tags
- Works with different wavelengths

Limitations

- Fluorescence interference
- Limited spatial resolution
- Weak signal long integration times

Raman scattering is extremely inefficient (10⁻³⁰ cm² cross sections) 1 in 10⁸ incident photons are Raman scattered

Coherent Anti-Stokes Raman Scattering (CARS) microscopy

The newest member to the optical microscopy family

Why develop CARS ?

- Contrast signal based on vibrational characteristics, no need for fluorescent tagging
- CARS signal is at high frequency (lower wavelength) no fluorescence interference
- Higher resolution
- More sensitive (stronger signals) than spontaneous Raman
- Microscopy faster, more efficient imaging for real-time analysis

CARS microscopy setup

requires two synchronized ultrashort pulsed laser sources

X.S. Xie et al., LNNL and Harvard
CARS microscopy: application to live cell imaging

Example 1

Lasers @ 853 nm (100 μW) and 1135 nm (100 μW) tuned to Raman shift of 2913 cm-1 C-H vibration



Zumbusch et. al., Phys. Rev. Lett. V82, 4142 (1999)

Tracking trajectories of organelles inside single living cells

Example 2



X. L. Nan, E. O. Potma, and X. S. Xie, "Nonperturbative chemical imaging of organelle transport in living cells with coherent anti-stokes Raman scattering microscopy," Biophys. J. **91**, 728-735 (2006).

Raman spectroscopy for single cell cancer detection





Spontaneous Raman spectra takes **2 minutes per cell !!!**

cbst.ucdavis.edu/education/courses/winter-2007-ead-bim-289/**chan**_cars-lecture.pdf Chan et. al., Biophys. Journal. V90, 648 (2006)

Future applications : CARS cytometry for rapid, labelless cancer cell detection and sorting

Optical trapping combined with CARS for faster spectral analysis



Trapped polystyrene bead using two CARS beams

Potential solution for faster chemical analysis of cells



Chan et. al., IEEE J. Sel. Topics. Quant. Elec. V11 858 (2005)

Future applications : CARS in-vivo imaging



Other future directions for CARS

- Fiber based CARS for endoscopy
- CARS optical coherence tomography

See the CARS lectures by H. Rigneault next week

Second Harmonic Generation (SHG)

Another nonlinear optical imaging technique

SHG: Nonlinear process in which incident light at a given frequency (v_1) is converted into light at twice the frequency ($v_{SHG} = 2 v_1$)

It occurs:

- only at beam focus (intense field), eliminating out-ofplane signal and enabling sub-micron spatial resolution
- when intense light interacts with matter organized on the scale of the wavelength with no inversion symmetry



To break centrosymmetry, SHG is allowed in:

- interfaces or surfaces (weak)[1]
- membranes with potentials (due to directional electrical field) [2,3]
- biophotonic crystal structures [4]
- 1. Y. R. Shen, Nature 337, 519 (1989)
- 2. L. Moreaux, O. Sandre, M. Blanchard-Desce, and J. Mertz, Opt. Lett. 25, 320 (2000).
- 3. G. Peleg, A. Lewis, M. Linial, and L. M. Loew, Proc. Natl. Acad. Sci . 96, 6700 (1999).
- 4. S. W. Chu, C. K. Sun, and B. L. Lin et. al., to be published in J. Microscopy (2002)

Example: SHG microscopy in collagen

The triple helical structure of **collagen**, the most abundant structural protein in the cornea and the entire body, satisfies this requirement

SHG signal is uniquely sensitive to collagen structure



P. Stoller et all Appl. Opt. 42 5209 (2003)

Example: SHG microscopy in collagen



Second-harmonic signal as a function of transverse position in a section of rat tail tendon obtained with a 1um scan resolution and the 40 objective with the 100-mm collimating lens

P. Stoller et all Appl. Opt. 42 5209 (2003)

Applications

- Many pathological conditions are characterized by abnormal collagen structure
- *Cornea*: keratoconus, bullous keratopathy, trauma
- *Skin*: melanoma, Ehlers-Danlos, scarring, burns
- *Cartilage*: osteoarthritis, post-traumatic degeneration
- Spinal column: intervertebral disk disease
- *Liver*: fibrosis/cirrhosis
- Bone: osteogenesis imperfecta

Stimulated Emission Depletion (STED) Fluorescence Microscopy



Optical super-resolution \rightarrow **20 nanometers**

Working principle: Excite with a short pulse (10⁻⁹s) Quickly follow with a second synchronised pulse (shaped so that it illuminates a ring around the sample rather than a spot) that stimulates emission.

Those molecules hit by the body of the ring are forced to dump their energy, while those that sit in the hole in the middle of the ring are allowed to fluoresce as normal. Careful tuning of the second pulse's intensity can narrow the size of the central hole to (in theory) the size of a molecule. This ring-shaped pulse effectively provides a tiny aperture for studying samples.

Observe the residual spontaneous emission by the detector.

S.W. Hell, and J. Wichmann "Breaking the diffraction resolution limit by stimulated emission." Opt. Lett. 19 780 (1994).

STED



Neurofilaments in human neuroblastoma recorded in the confocal mode and with STED after nonlinear deconvolution displaying a focal plane resolution of 20 to 30 nm

G. Donnert et al., Proc. Natl. Acad. Sci. U.S.A. 103, 11440 (2006).

Stefan W. Hell, Far-Field Optical Nanoscopy, Review Science, 316 1153 (2007)

See the "Super-resolution" lectures by Volker Westphal next week at the Winter College

Nonlinear structured-illumination microscopy

Wide-field fluorescence imaging with theoretically unlimited resolution



Principle: Resolution extension through the moire ´ effect. If an unknown sample structure (*a*) is multiplied by a known regular illumination pattern (*b*), a beat pattern (moire ´ fringes) will appear (*c*). The moire ´ fringes occur at the spatial difference frequencies between the pattern frequency and each spatial frequency component of the sample structure and can be coarse enough to observe through the microscope even if the original unknown pattern is unresolvable. Otherwise-unobservable sample information can be deduced from the fringes and computationally restored.

Mats G. L. Gustafsson, PNAS 102 13081 2005

Resolution extension by nonlinear structured illumination



(a)The region of frequency space that is observable by conventional microscopy

- (b)An example of a sinusoidal illumination pattern.
- (c)The illumination pattern has three frequency components: one at the origin (black), representing the average intensity, and two at k1, representing the modulation (dark gray). These are also the frequency components of the effective excitation under linear (i.e., nonsaturating) structured illumination. Under conditions of saturation, or other nonlinear effects, a theoretically infinite number of additional components appear in the effective excitation; the three lowest harmonics are shown here (light gray).
- (d)Observable regions for conventional microscopy (black), linear structured illumination (dark gray), and nonlinear structured-illumination microscopy (light gray) based on those three lowest harmonics.

(e)Corresponding observable regions if the procedure is repeated with other pattern orientations.

M.G.L. Gustafsson, PNAS 102 13081 2005

Near-field scanning optical microscopy



Near-field scanning optical microscopy.... ... conceived in 1928 - realized in 1984

Near-field optics relies on the production of sub-wavelength lightsources: fiber tips



The strong confinement of light by near-field optics has enabled single molecule fluorescence excitation



Logical consequence: Ultrasensitive confocal fluorescence micro-spectroscopy enables single molecule detection



Single Molecule Detection provides

- Fluorescence lifetime
- Triplet state lifetime
- Spectral shifts (jumps)
- Intensity fluctuations
- Orientation
- Diffusion
- Molecular distances (FRET)
- Conformational changes
- Reaction kinetics

Single Molecule Detection is limited by:

- no information on molecular identity
- photobleaching
- long-lived excited states limit # photons
- specific labeling necessary

Laser micro and nano surgery of biomaterials



Prasad, Introduction to Biophotonics, John Wiley & Sons © 2003

Plasma formation: laser induced ionization



La réaction induisant l'ionisation d'un milieu exposé à une impulsion laser se divise en deux phases:

- l'absorption simultanée de plusieurs photons incidents provoque la libération d'un électron, ou électron quasi libre.

- l'ionisation en cascade. L'ionization d'impact produit deux electrons libres qui pourront être de nouveau accélérés par absorption de nouveaux photons. Le phénomène d'impact peut ainsi se reproduire en cascade pendant toute la durée de l'impulsion laser, provoquant une avalanche d'électrons libres qui forment le plasma.

J. Colombelli et al, Rev Sci Instr 75 472 (2004)

A. Vogel et al. Appl Phys B 81 1015 (2005) J. Colombelli et al, Medicine/Scineces 22 651 (2006)

Plasma formation: laser induced ionization





de 3 ordres de grandeur lorsque la durée d'impulsion diminue de 10 ns à 100 fs. Cependant, l'énergie déposée n'est autre que la puissance multipliée par la durée d'impulsion et, par conséquent, il faut 100 fois moins d'énergie pour produire un plasma en utilisant des impulsions ultra-courtes. C'est donc autant d'énergie qui ne sera pas simultanément absorbée par le plasma.

A.Vogel et al, Chem Rev 103 577 (2003)

J. Colombelli et al, Medicine/Scineces 22 651 (2006)

Laser micro and nano surgery: cell biology applications

En biologie cellulaire et du développement, il y a deux manières d'appliquer la chirurgie au laser:

- tire avantage des effets secondaires induits par l'expansion d'un plasma sur une échelle de quelques micromètres afin de détruire une cellule ou un groupe de cellules dans un organisme vivant en développement. Cette ablation est déjà possible en utilisant des impulsions longues de l'ordre de quelques **nanosecondes** et on parle alors encore de **microchirurgie**.
- 2. **nanochirurgie** s'adresse plus particulièrement à l'étude d'éléments subcellulaires. La destruction ciblée de structures subcellulaires ou d'organelles est ainsi possible sans affecter les parties superficielles (membranes) seulement si le procédé ablatif est parfaitement contrôlé, c'est-à-dire sans perturbation mécanique ou thermale.

J. Colombelli et al, Medicine/Scineces 22 651 (2006)

Nous considérons **trois modes d'utilisation de la nanochirurgie** en biologie cellulaire, en **fonction de la cible à étudier** :

L'ablation a première est la simple miniaturisation de la chirurgie classique qui consiste à éliminer une partie de la cellule tout en préservant l'imperméabilité de sa membrane et d'observer, comme en biologie du développement, les mécanismes par lesquels la cellule réagit localement ou glo-balement. Ainsi, il est possible de détruire spécifiquement des mitochondries, un centriole ou une neurite.

La dissection permet d'avoir accès à des structures cellulaires normalement masquées. On peut ainsi accéder à la membrane plasmique des cellules de plantes pour effectuer des mesures par *patch-clamp*] ou y insérer des bactéries]. La dissection à l'échelle intracellulaire permet également de disséquer des sous régions chromosomiques.

L'induction concerne plus spécifiquement l'étude de phénomènes dynamiques. L'utilisation du laser permet d'induire des modifications structurales et de changer l'équilibre dynamique de façon ciblée et non invasive, permettant l'observation du comportement hors équilibre ou du retour vers l'équilibre. Cela concerne les différents éléments du cytosquelette, les flux cytoplasmiques, la motilité cellulaire et la morphogenèse.

J. Colombelli et al, Medicine/Scineces 22 651 (2006)

Example: Nanosurgery Cytoskeleton in Interphase Cells



A. cellule Ptk-2 transfectée de façon stable avec une construction a-tubuline-YFP. Les microtubules peuvent êtres sectionnés par un laser UV à impulsions (470 ps). L'irradiation à basse énergie (minimum 50 nJ) le long d'une ligne (pointillés bleus) forme un front de catastrophes artificielles, créant ainsi de nouvelles pointes plus (+) et moins (-) des microtubules présents dans le volume de dissection. Chaque microtubule réagit de manière différente.

La dépolymérisation (flèches rouges en **B**, **C**, **D**) de la pointe (+) est le phénomène le plus fréquent après la catastrophe et le sauvetage alors que la pointe (-) reste relativement stable.

J. Colombelli et al, Traffic 6 1093 (2005) J. Colombelli et al, Medicine/Scineces 22 651 (2006)

What is an optical tweezers ?

A single-beam gradient force trap obtained by tightly focusing a





- **F** trapping force
- **Q** dimensionless efficiency coefficient
- \boldsymbol{W} power of the laser beam
- $\mathbf{n}_{\mathbf{m}}$ refractive index of the medium
- **c** light speed

www.bell-labs.com/user/feature/archives/ashkin/

A. Ashkin, et al Optics Letters 11 288 1986

Founder: Arthur Ashkin, Bell Labs, USA



Ray optics explanation of optical trapping



Trapping with Gaussian beams



A. Ashkin *et al*, *PRL* **24** 156 **1970**

A. Ashkin et al, Opt. Lett. 11 288 1986

Characteristics of optical traps



Micrometer sized glass used as attachment investigation.	or polystyrene beads are commonly handles of the materials under
The advantage of this approach is the clear and uniform interaction between the beads and the laser beam.	
Typical stiffness:	100 pN/micrometer
Typical displacements:	1-500 nm
Typical forces:	0.1-100 pN
Measurable speeds:	~1 kHz

Characteristics of optical traps

Comparison of forces with other techniques and biological processes:	
0.1 - 100 pN	
0-1 pN	
10 - 10000 pN	
3-5 pN	
15-30 pN	
~50 pN	
~65 pN	
300-400 pN	

Courtesy Prof. D. Petrov, ICFO, Barcelona, Spain http://users.icfo.es/Dmitri.Petrov/Teaching/lectures.htm Radiation pressure is the force per unit area on a object due to change in light momentum

The light momentum of a single photon is:

$$\left|\vec{p}\right| = \frac{h}{\lambda}$$

The change is momentum can be calculated by the difference is momentum flux between entering and leaving a object

$$\vec{\mathbf{F}} = (n / c) \iint (\vec{\mathbf{S}}_{in} - \vec{\mathbf{S}}_{out}) dA$$

A 1 mW laser beam reflecting from a mirror gives a pressure of:

$$F = 2(n/c)W = 10^{-11} N$$

The weight of a 10 um water drop is 5×10^{-12} kG.

Gravity pulls the drop with 5x10⁻¹¹ N.

Hence, the gravity force and the light force are comparable.





The weight of a 10 μ m water drop is 5x10⁻¹³ kG.

Imagine being able to pick up and move a single cell without physically touching it. Moreover to measure mechanical properties of single cells, or making its spectroscopical studies.

Such a technique could give enormous advantage for better understanding of behavior of living cells, micromachines, microfluides, colloid physics.



Pro's and Con's optical traps for Biophysics

Pro's:

•Measurable forces and distances are well suited for enzyme dynamics and molecular motors

•They work in normal buffer conditions

Con's: Radiation damages of samples

See the lectures (5) on Optical Tweezers given by K. Dholakia, E. Di Fabrizio and D. Cojoc next week at Winter college

On line (free lectures)

http://users.icfo.es/Dmitri.Petrov/Teaching/lectures.htm

Further reading

Web sites (examples)

http://www.cbst.ucdavis.edu/

http://vlib.org/Science/Cell_Biology/index.shtml

http://omlc.bme.ogi.edu/classroom/ece532/

http://www.emc.maricopa.edu/faculty/farabee/BIOBK/BioBookTOC.html

Books

• Alberts, Johnson, Lewis, Raff, Roberts, Walter, "Molecular Biology of the Cell", 4th Edition, Garland Science, 2002

• Prasad, P.N., "Introduction to Biophotonics", John Wiley & Sons, Inc., 2003

• Lakowicz, J.R., "Principles of Fluorescence Spectroscopy", 2nd Edition, Kluwer Academic, 1999

• Pawley, J.B., "Handbook of Biological Confocal Microscopy", 2nd Edition, Plenum Press, 1995

• Marriott, G., Parker, I., Methods in Enzymology, Vol. 360 (Part A) and Vol. 361 (Part B), "Biophotonics", Academic Press, 2003

Journals (examples)

Biophotonics International (free) Journal of Biomedical Optics Single molecules

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I hope that you agree with David Hilbert: "We should know and we will know" (with Biophotonics in mind ©)

Thank You for Your Patience !