



The Abdus Salam
International Centre for Theoretical Physics



1959-7

Workshop on Supersolid 2008

18 - 22 August 2008

The solid state of Helium-4: to flow or not to flow

L. Pollet
ETH Zürich, Switzerland

binding of a He-3 impurity to the screw dislocation in Helium-4

Phys. Rev. Lett. **97**,
080401 (2006).

Phys. Rev. Lett. **98**,
135301 (2007).

Phys. Rev. Lett. **99**,
035301 (2007).

[http://arxiv.org/abs/
0805.3713 \(PRL\)](http://arxiv.org/abs/0805.3713)

Philippe Corboz (ETH)

Lode Pollet (ETH)

Nikolay Prokof'ev (Amherst)

Matthias Troyer (ETH)

<http://arxiv.org/abs/0807.4021>

Massimo Boninsegni (Alberta)

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Boris Svistunov (Amherst)

Outline

1. by general request : Path
Integral Monte Carlo
2. binding of a ${}^3\text{He}$ atom to the
core of a screw dislocation

How to find the properties of Helium-4

$$Z = \text{Tr} \exp(-\beta H) \quad H = -\frac{\hbar^2 \nabla^2}{2m} + U_{\text{Aziz}}$$

$$Z = \int dR_0 \langle R_0 | \exp(-\beta H) | R_0 \rangle = \int dR_0 \rho(R_0, R_0; \beta)$$

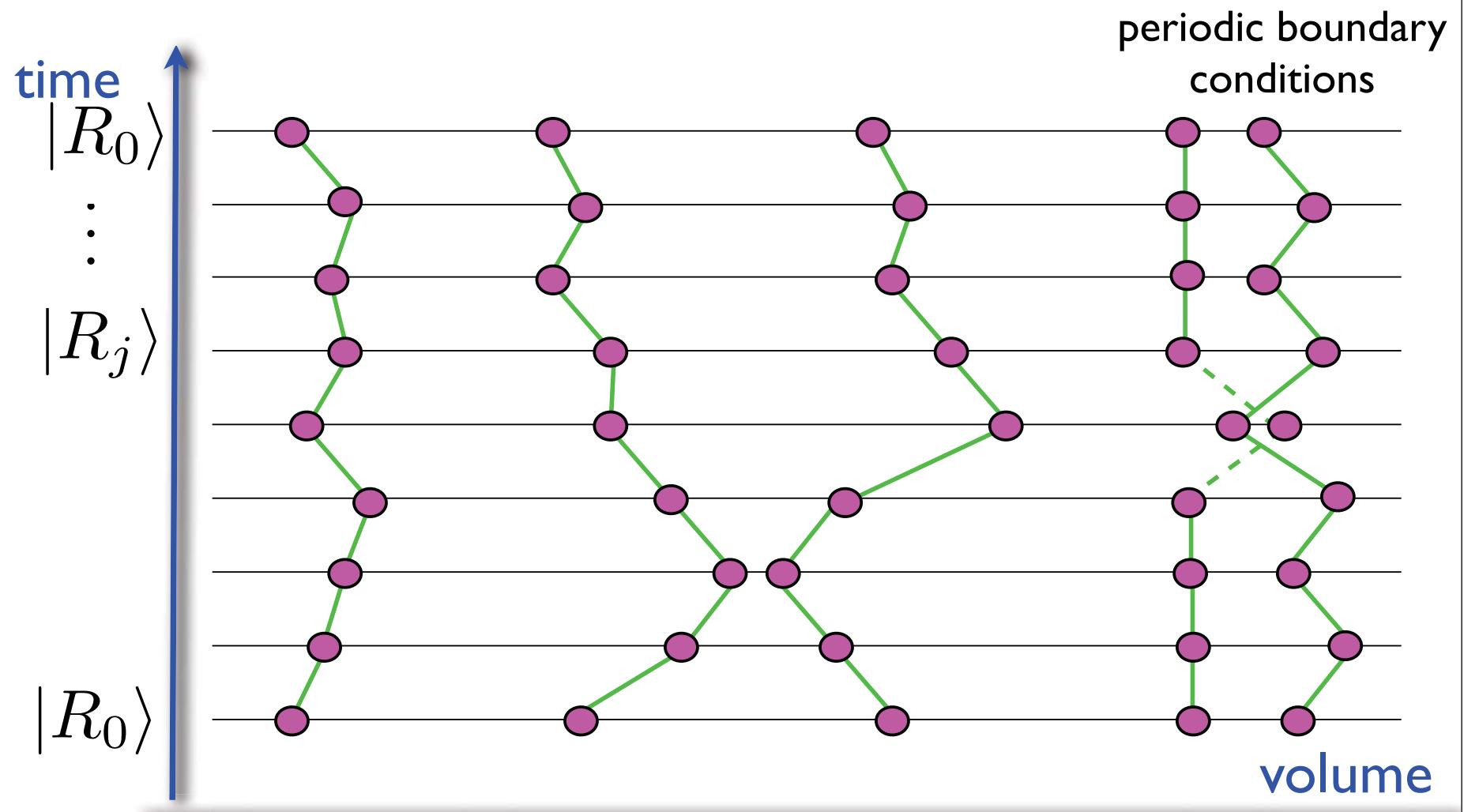
$$\exp(-\beta(T + U)) \neq \exp(-\beta T) \exp(-\beta U) \quad \text{if} \quad [T, V] \neq 0$$

$$\delta = \beta/M \quad \exp(-\beta H) = \exp(-\delta H)^M$$

$$\exp(-\delta(T + U)) \approx \exp(-\delta T) \exp(-\delta U) + \mathcal{O}(\delta^2)$$

$$\begin{aligned}
Z &= \int dR_0 \langle R_0 | \exp(-\beta H) | R_0 \rangle \\
&= \lim_{M \rightarrow \infty} \int dR_0 \langle R_0 | [e^{-\delta T} e^{-\delta U}]^M | R_0 \rangle \\
&= \lim_{M \rightarrow \infty} \int dR_0 \dots dR_M \\
&\quad \langle R_0 | e^{-\delta T} | R_1 \rangle \langle R_1 | e^{-\delta U} | R_1 \rangle \dots \\
&\quad \langle R_M | e^{-\delta T} | R_0 \rangle \langle R_0 | e^{-\delta U} | R_0 \rangle
\end{aligned}$$

Path integral and worldlines



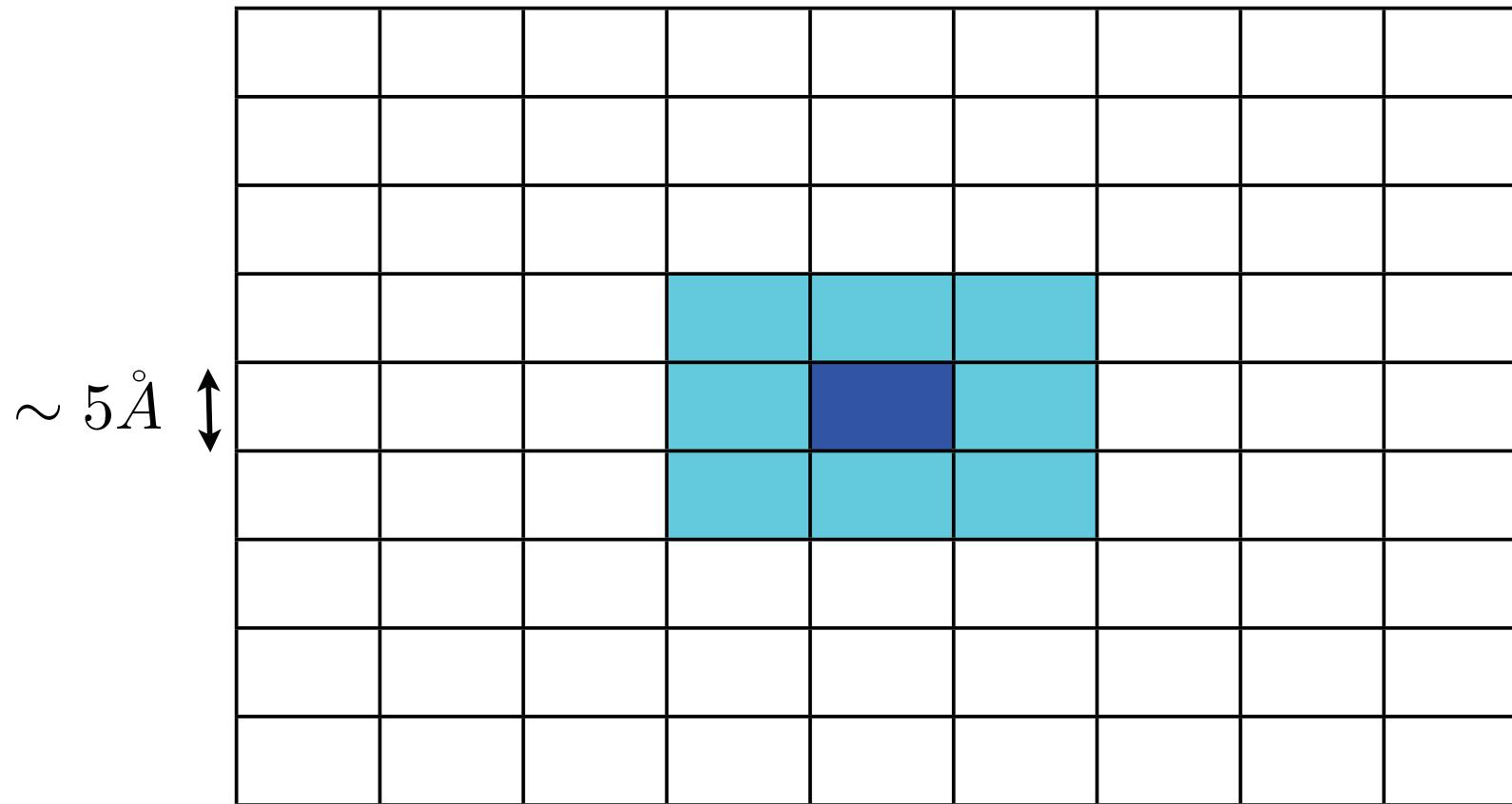
$$\langle R_0 | e^{-\delta T} | R_1 \rangle = (4\pi\lambda\delta)^{-3N/2} \exp \left[-\frac{(R_0 - R_1)^2}{4\lambda\delta} \right]$$

$$\lambda = \hbar^2/(2m) = 6.0596 A^2 K$$

$$\rho(R_{i-1}, R_i, \delta) = (4\pi\lambda\delta)^{-3N/2} \exp \left(- \left[\frac{(R_{i-1} - R_i)^2}{4\lambda\delta} + \delta U(R_i) \right] \right)$$

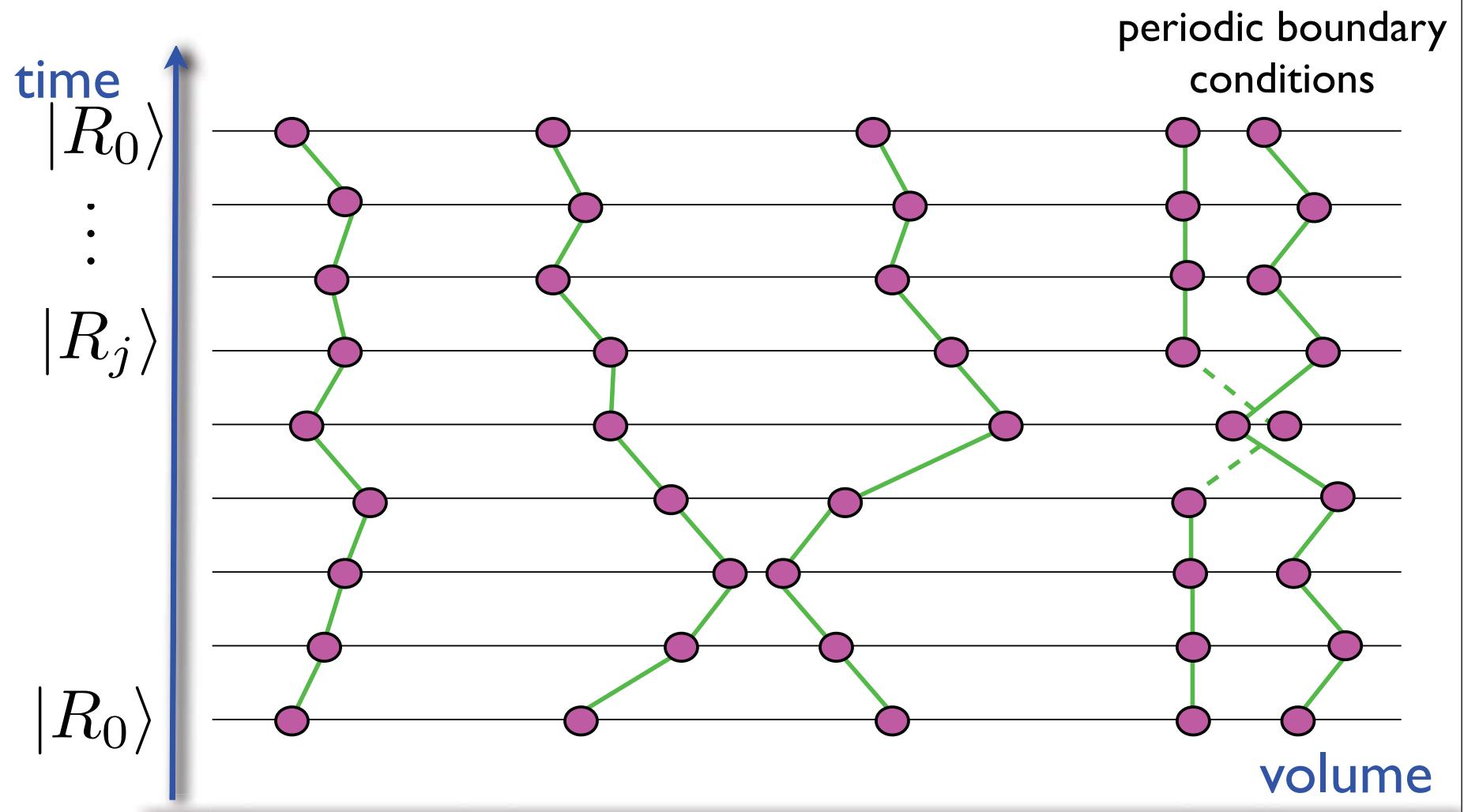
bosons are indistinguishable particles; we need to sum over all possible permutations

Aziz potential is long-range : work with cells

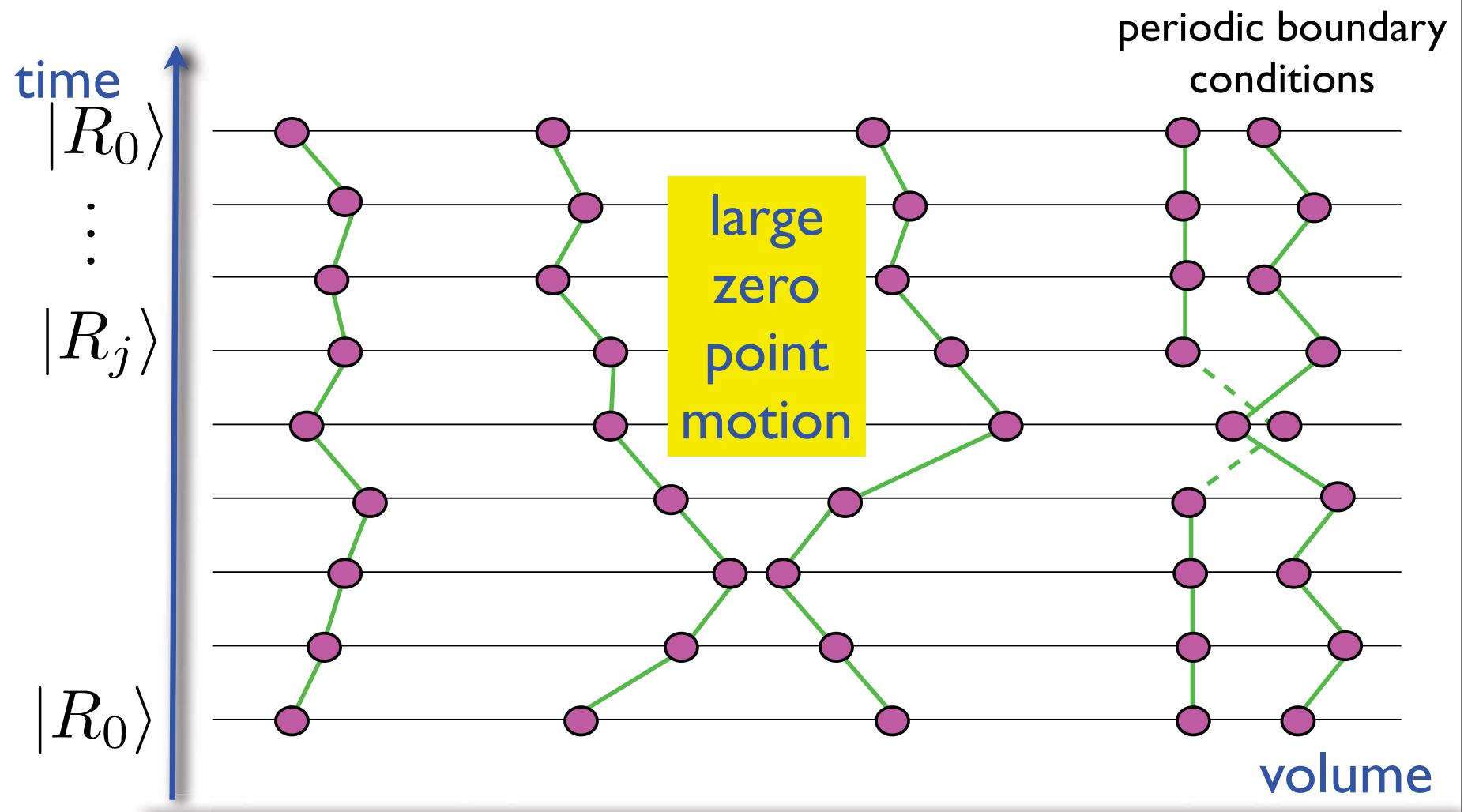


N. B. part of the potential outside the cut-off can be taken
care of exactly because it is attractive (trick !)

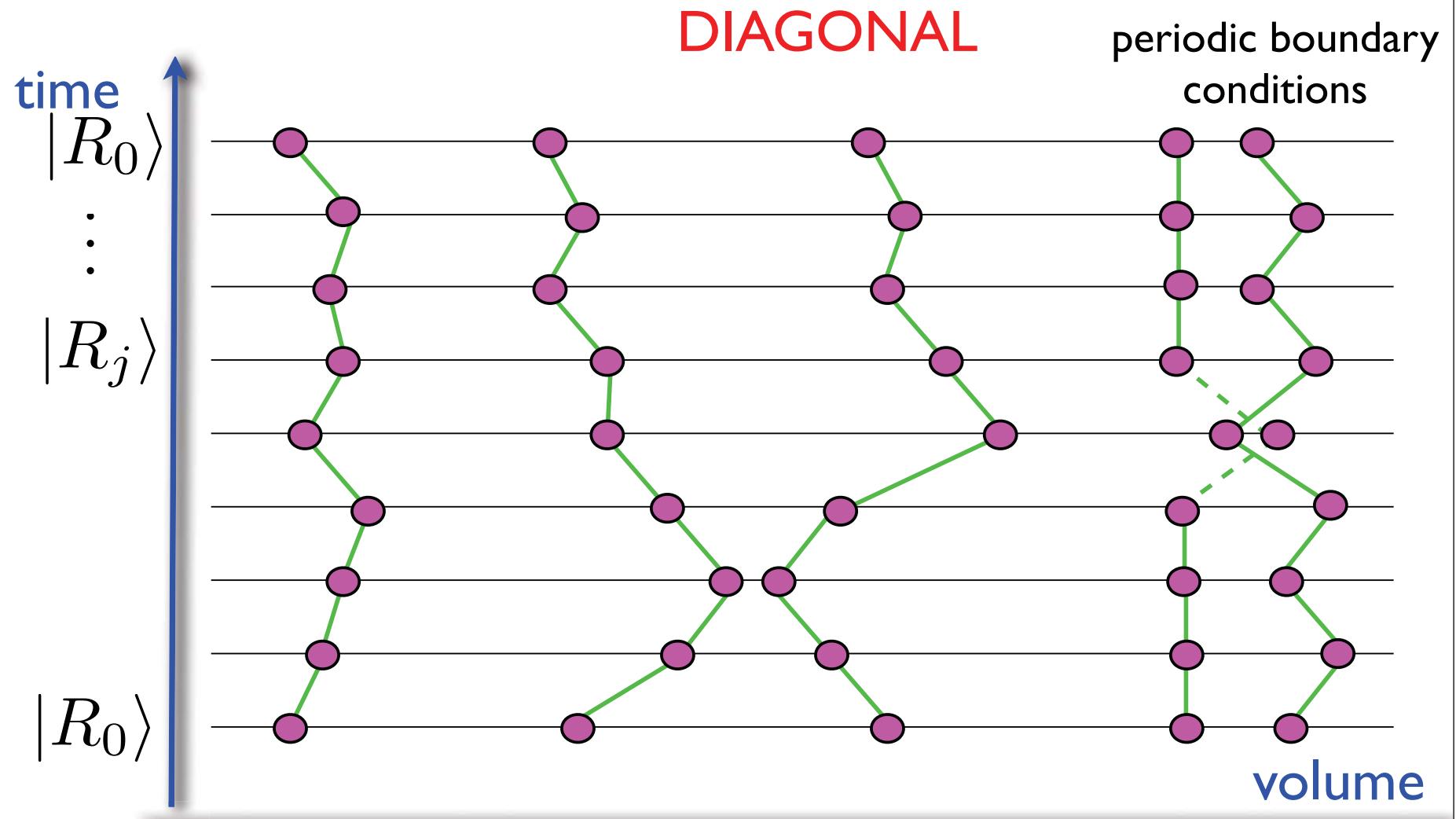
Path integral and worldlines



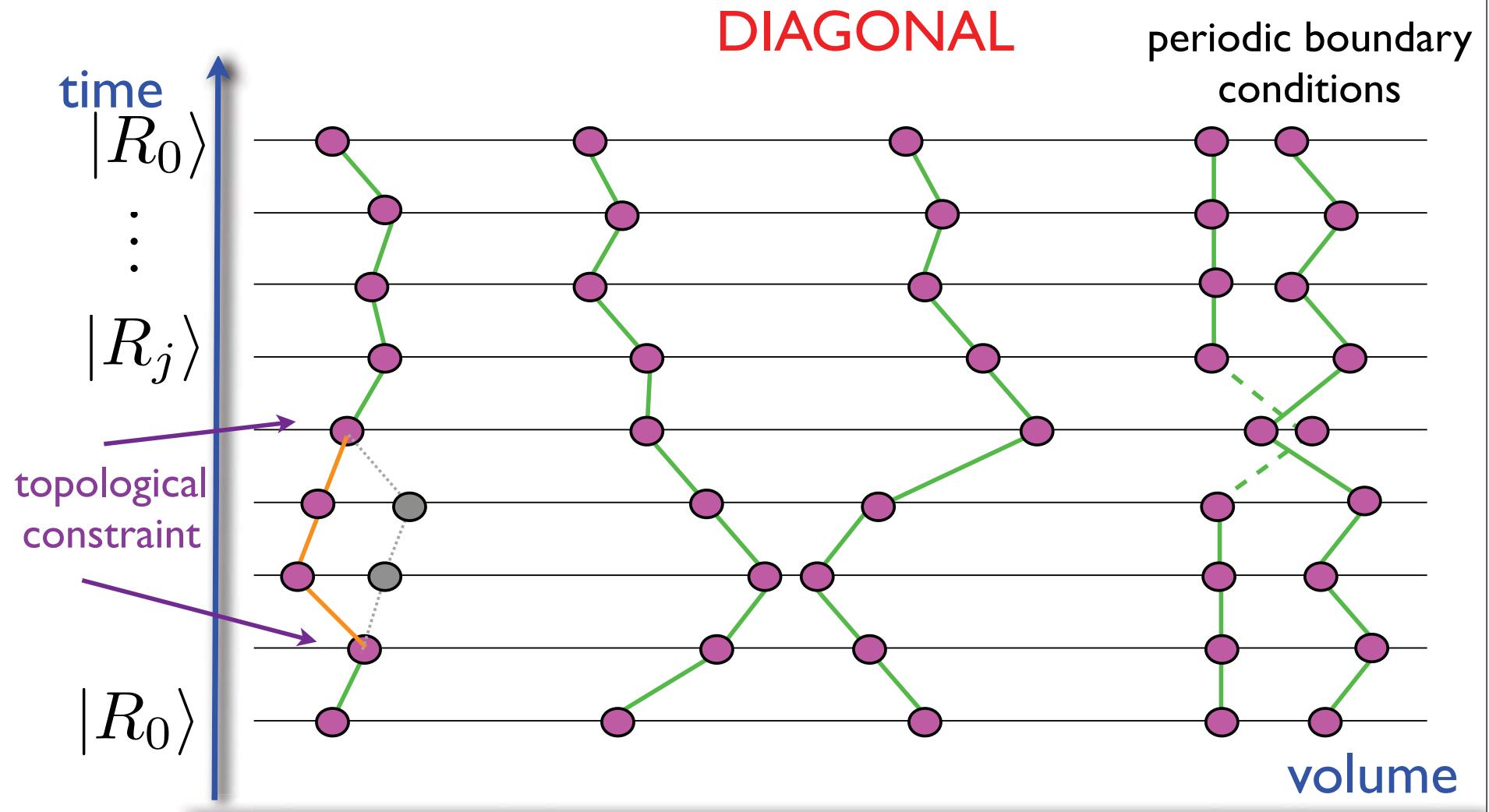
Path integral and worldlines

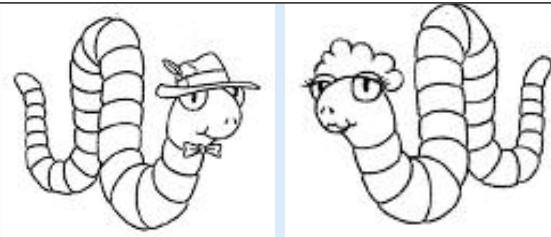


Path integral and worldlines

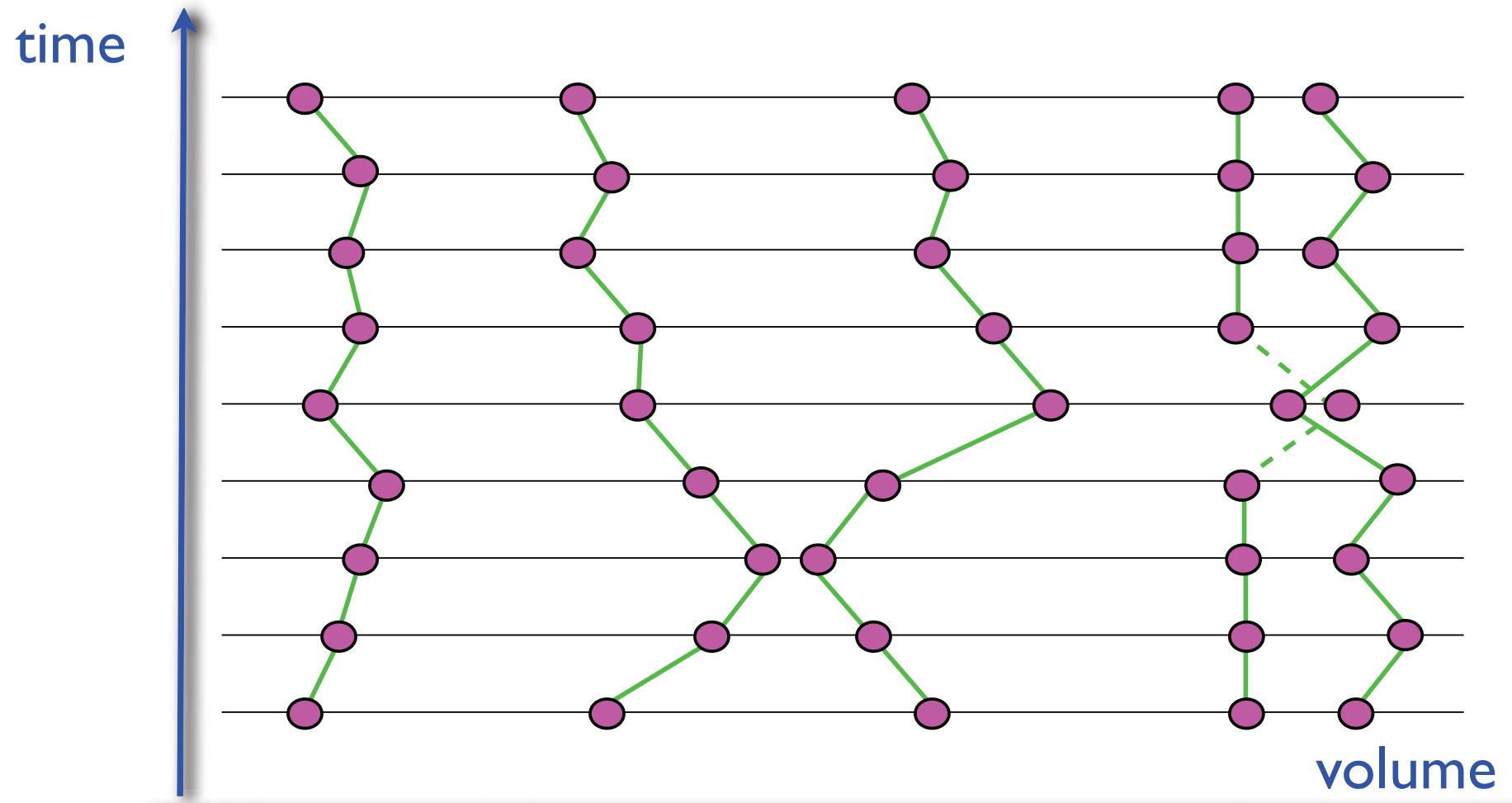


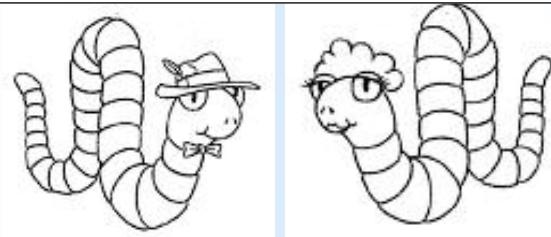
Path integral and worldlines



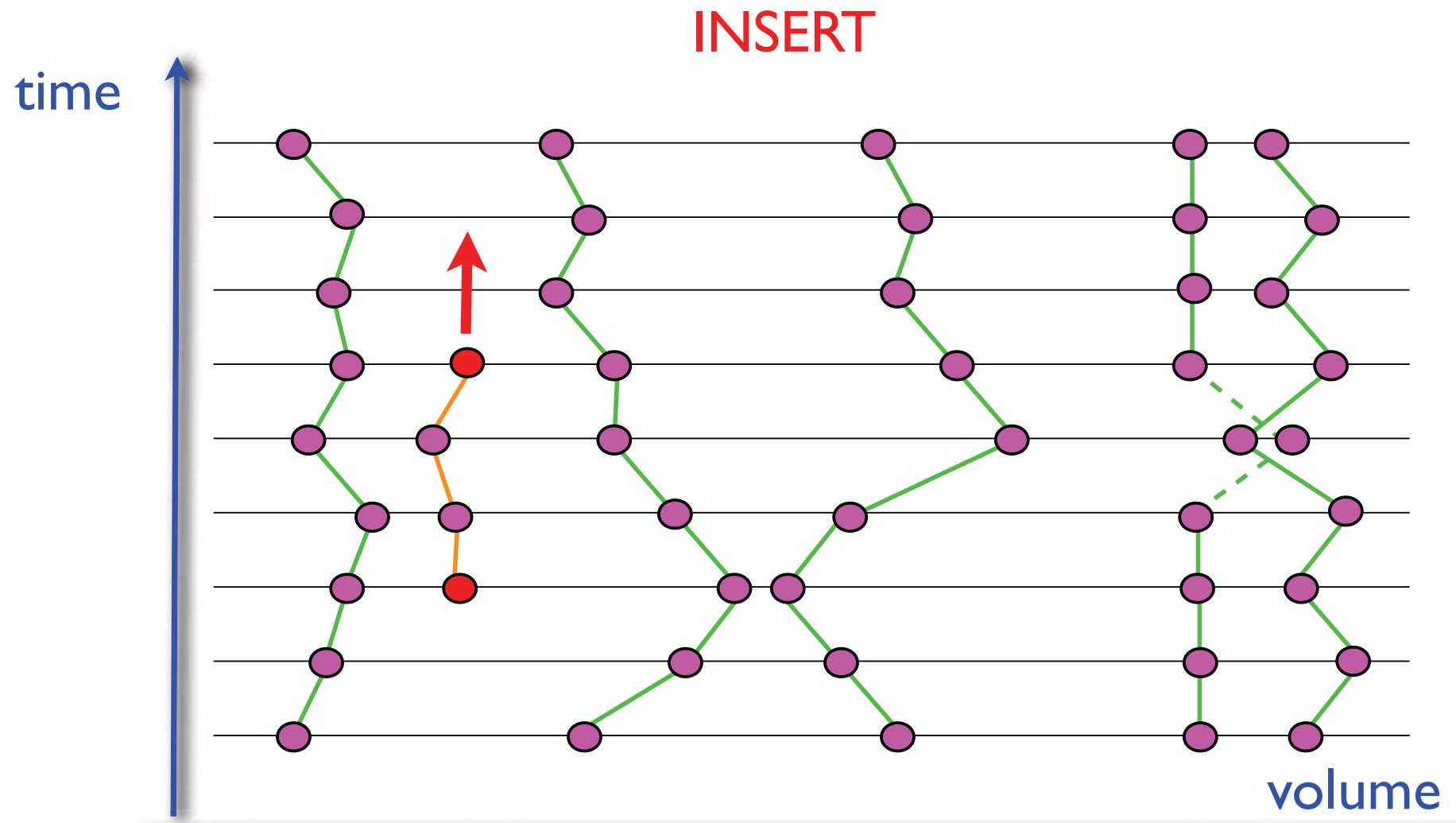


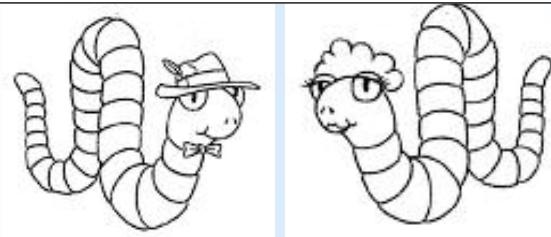
Path integral and worms



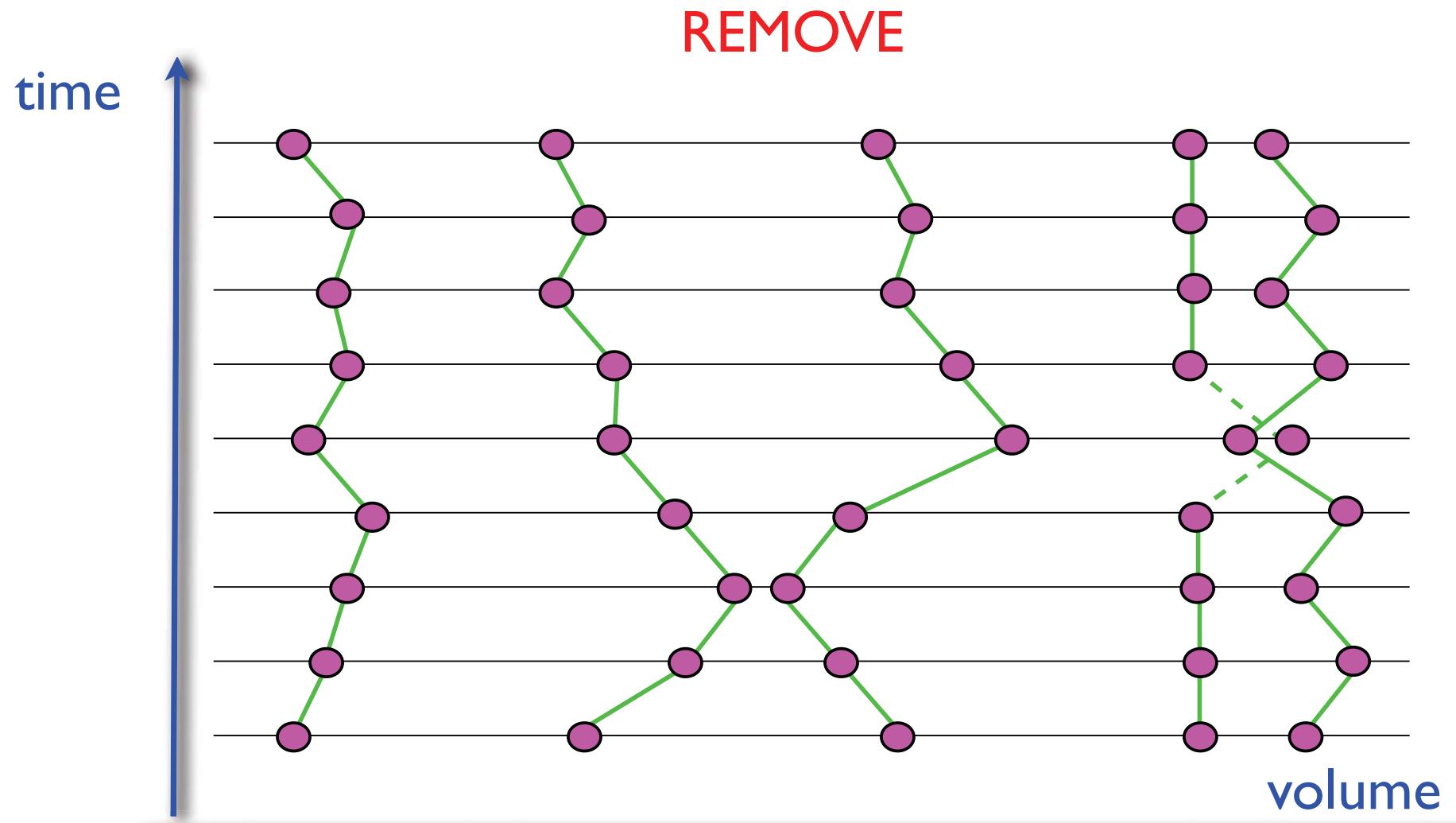


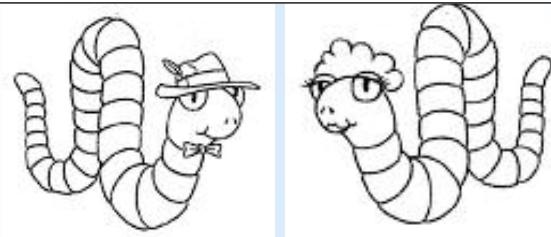
Path integral and worms



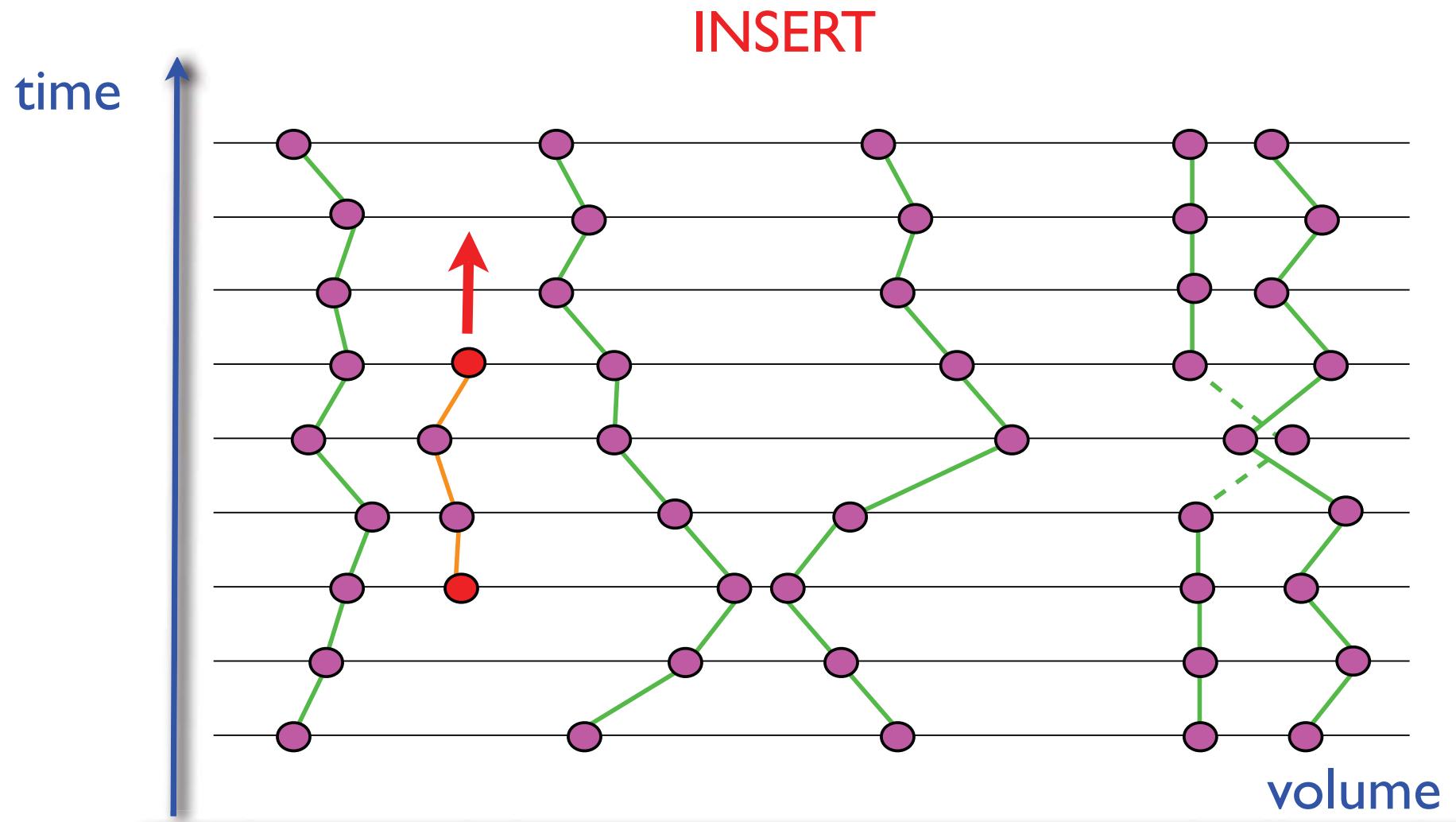


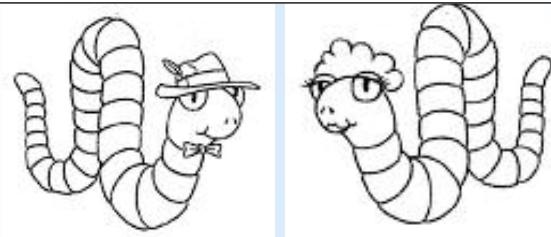
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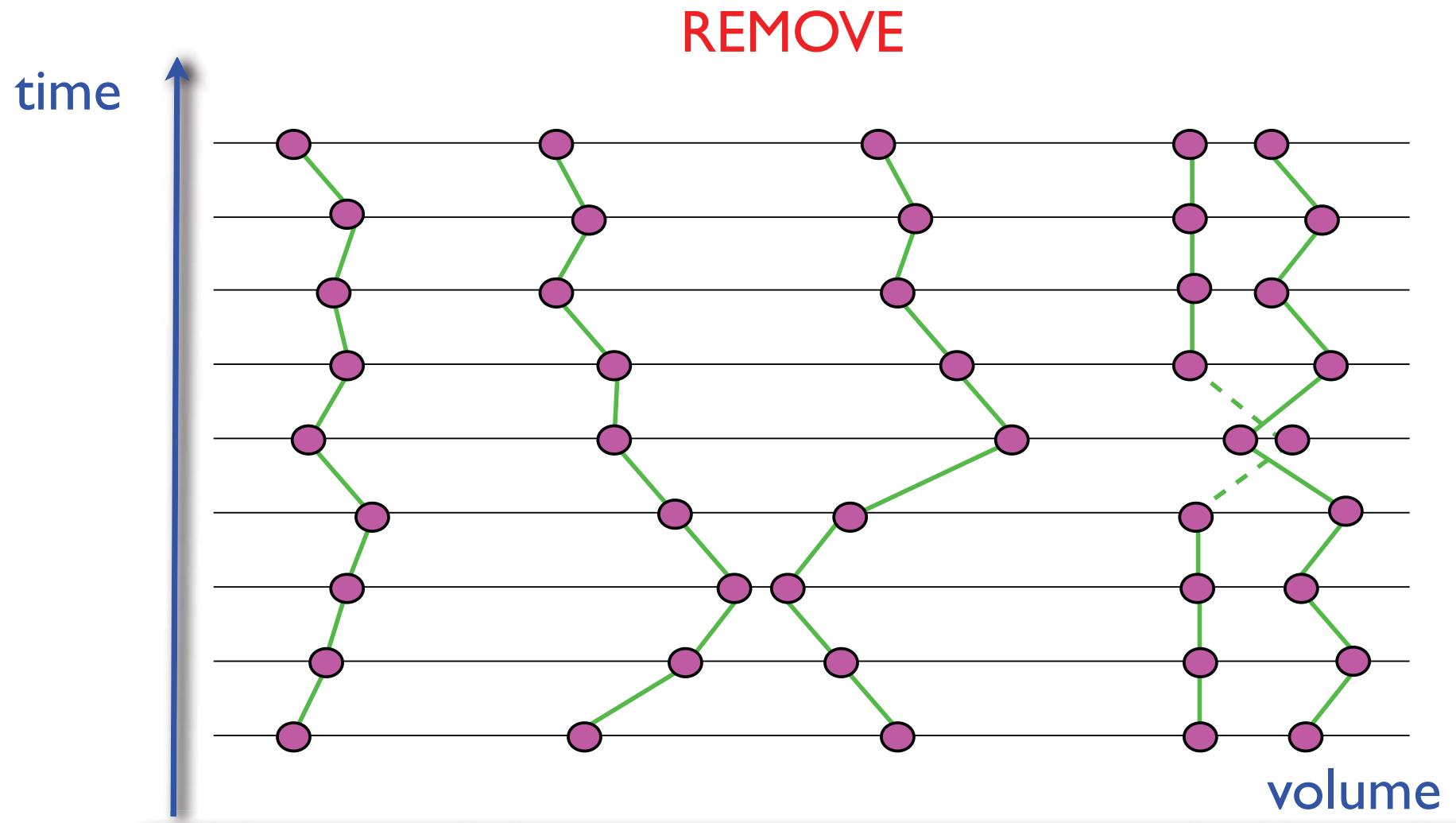


Path integral and worms

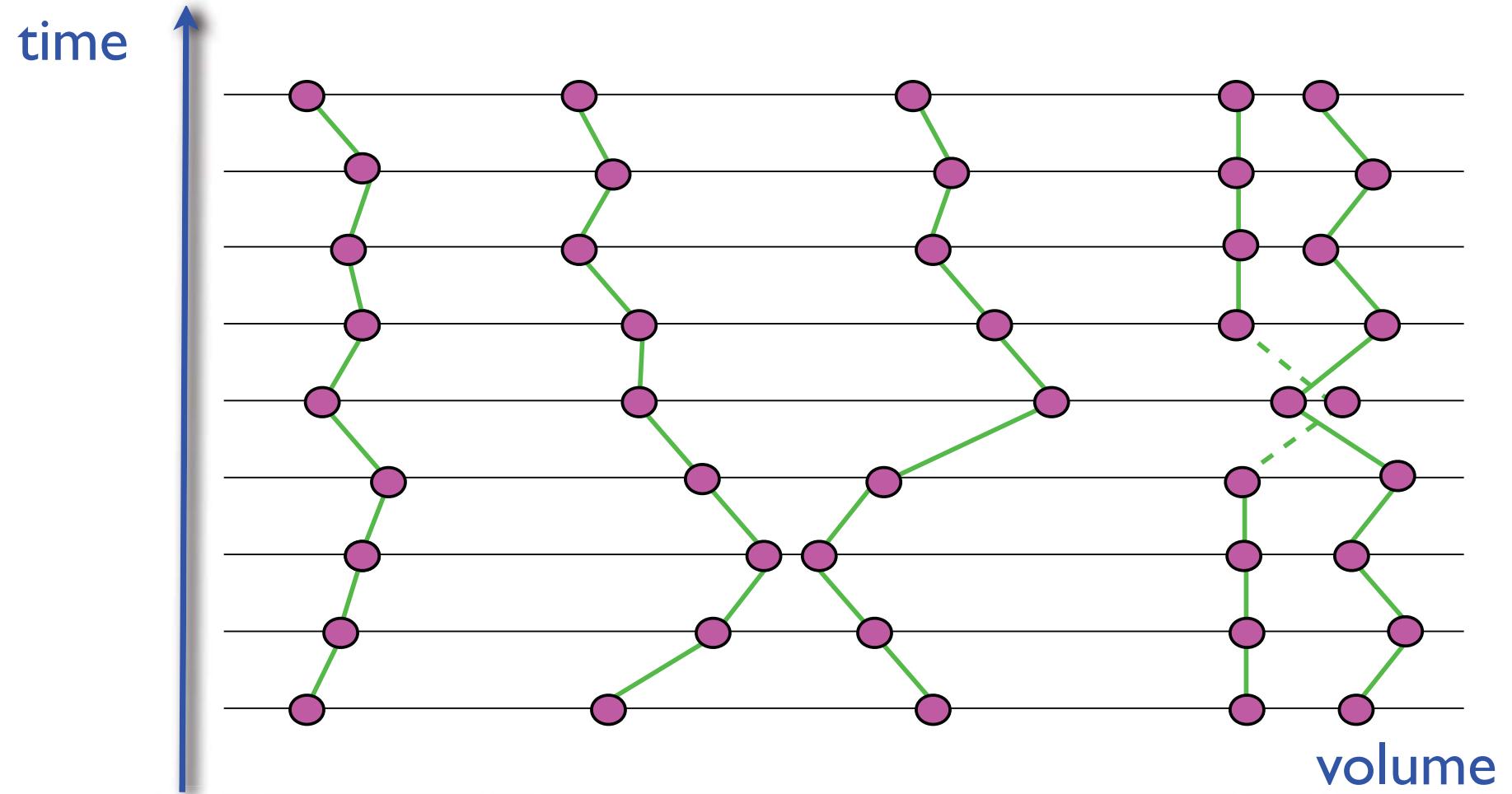




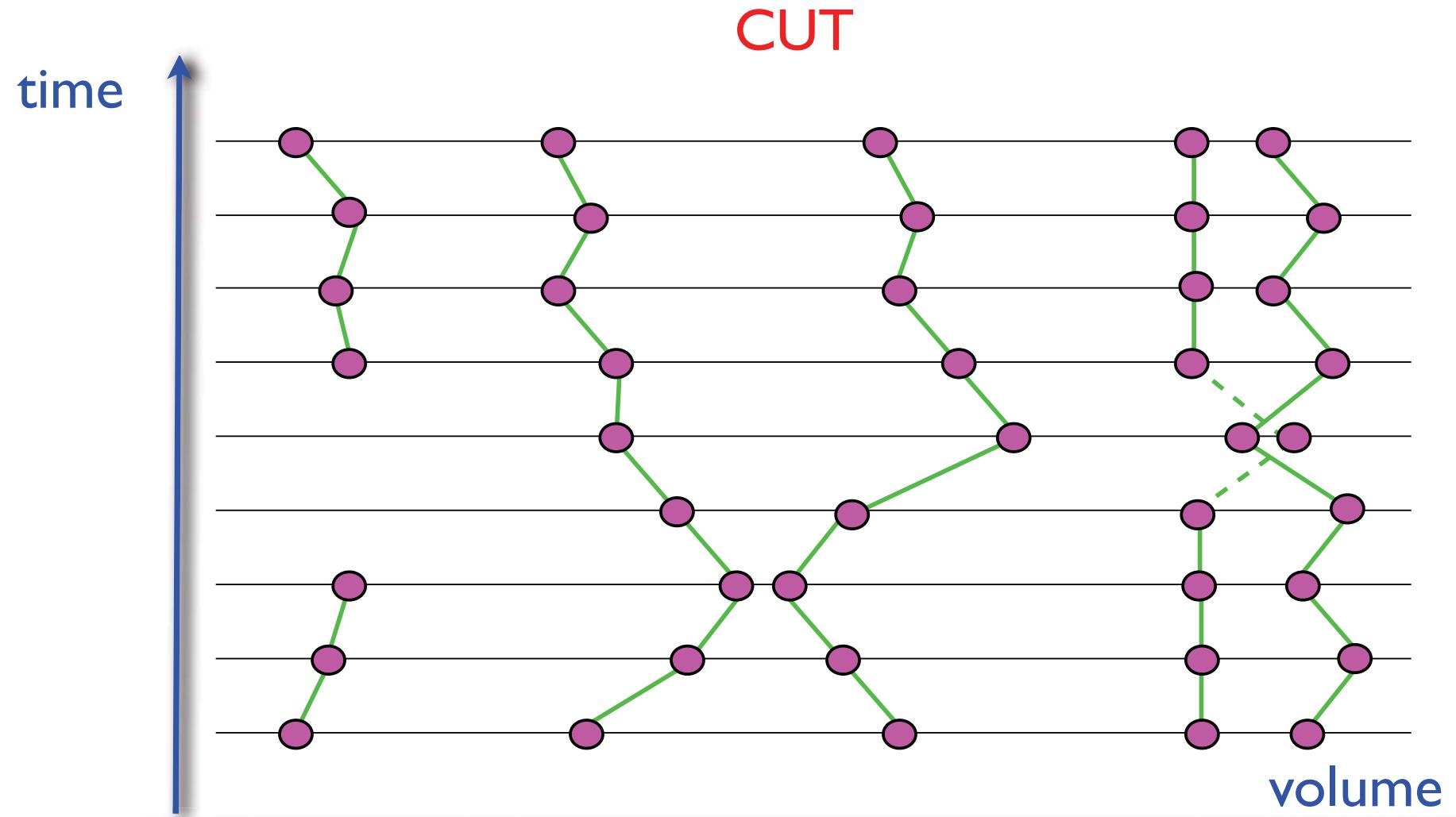
Path integral and worms



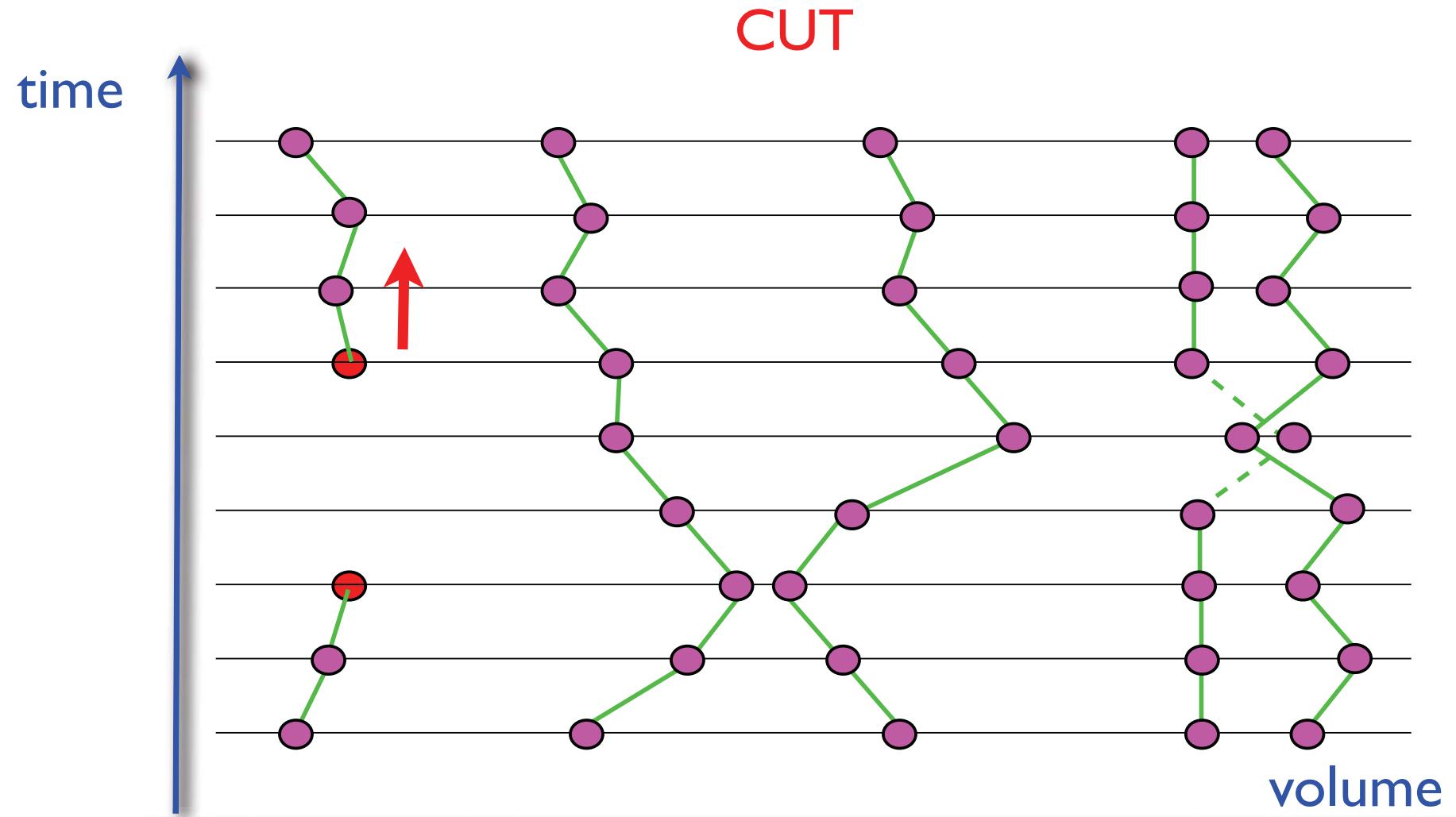
Path integral and worms



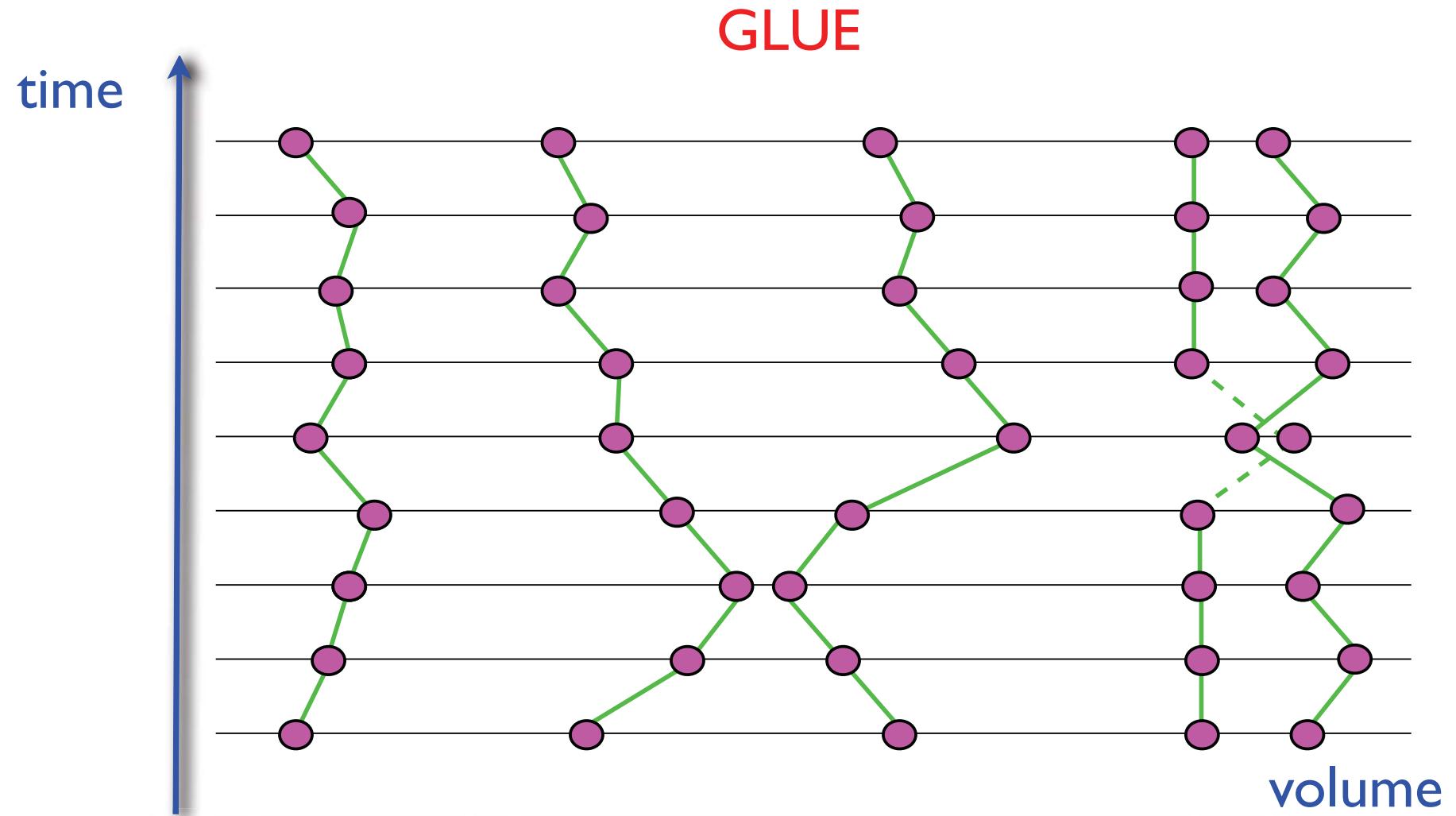
Path integral and worms



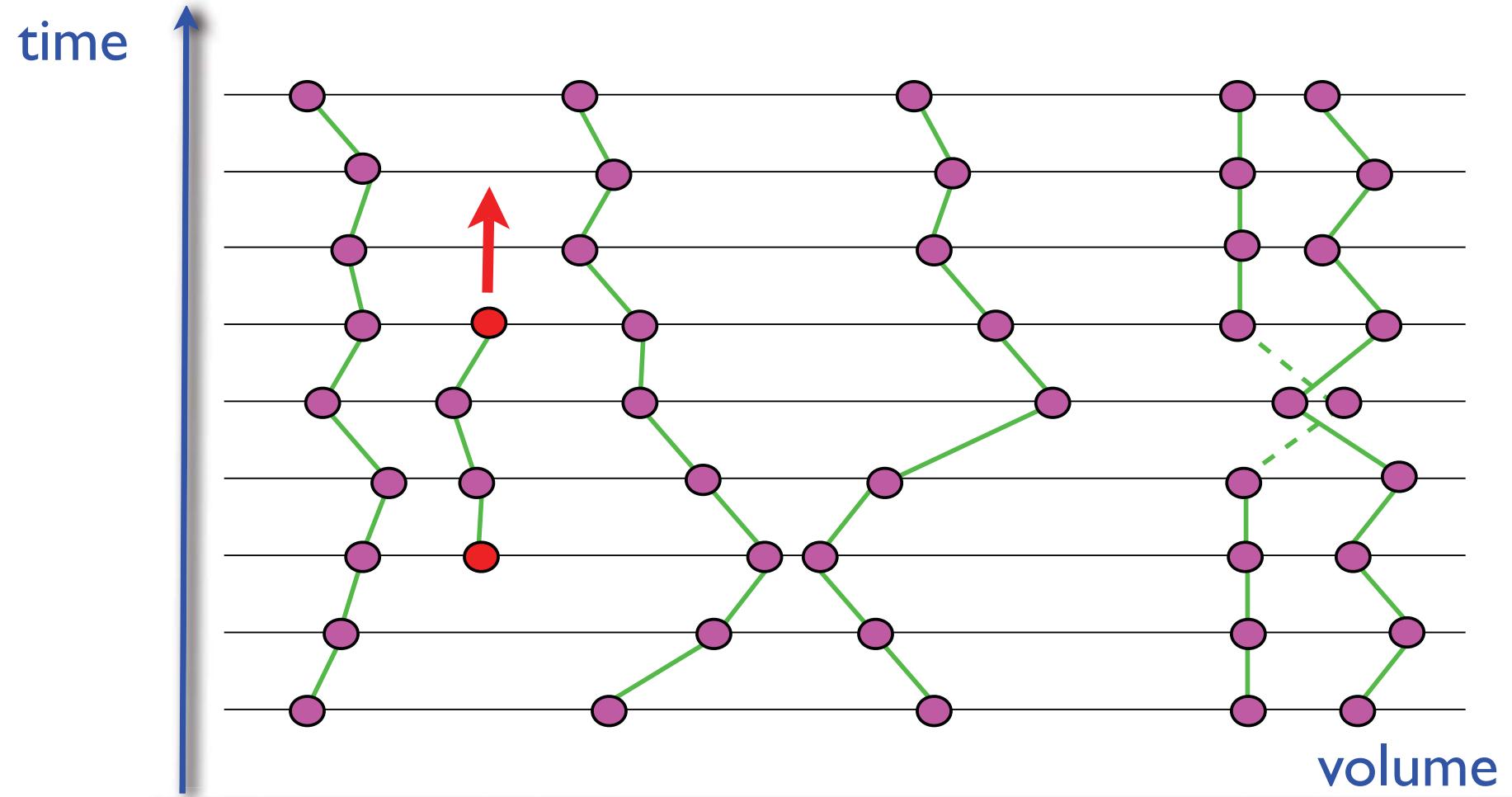
Path integral and worms



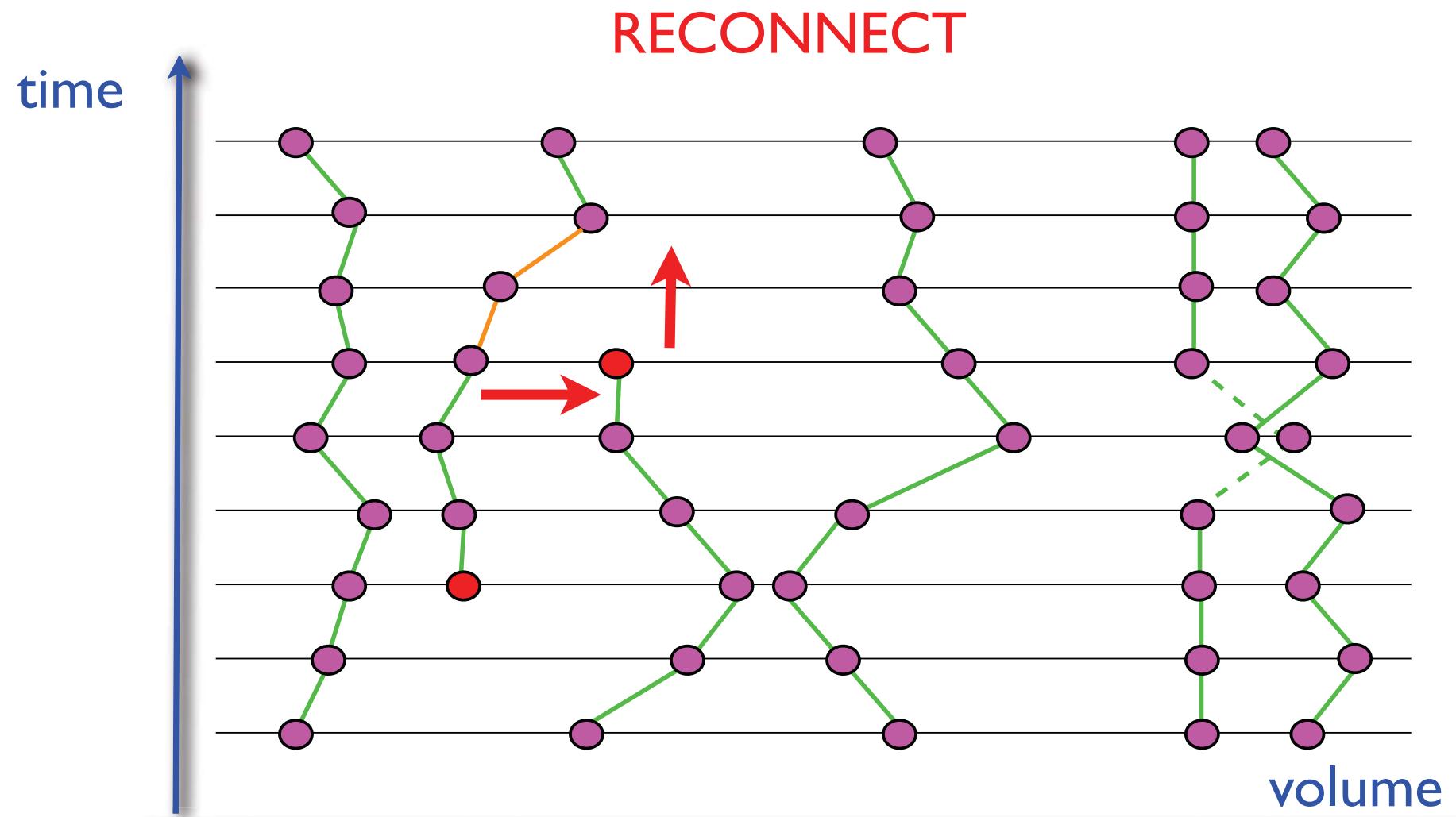
Path integral and worms



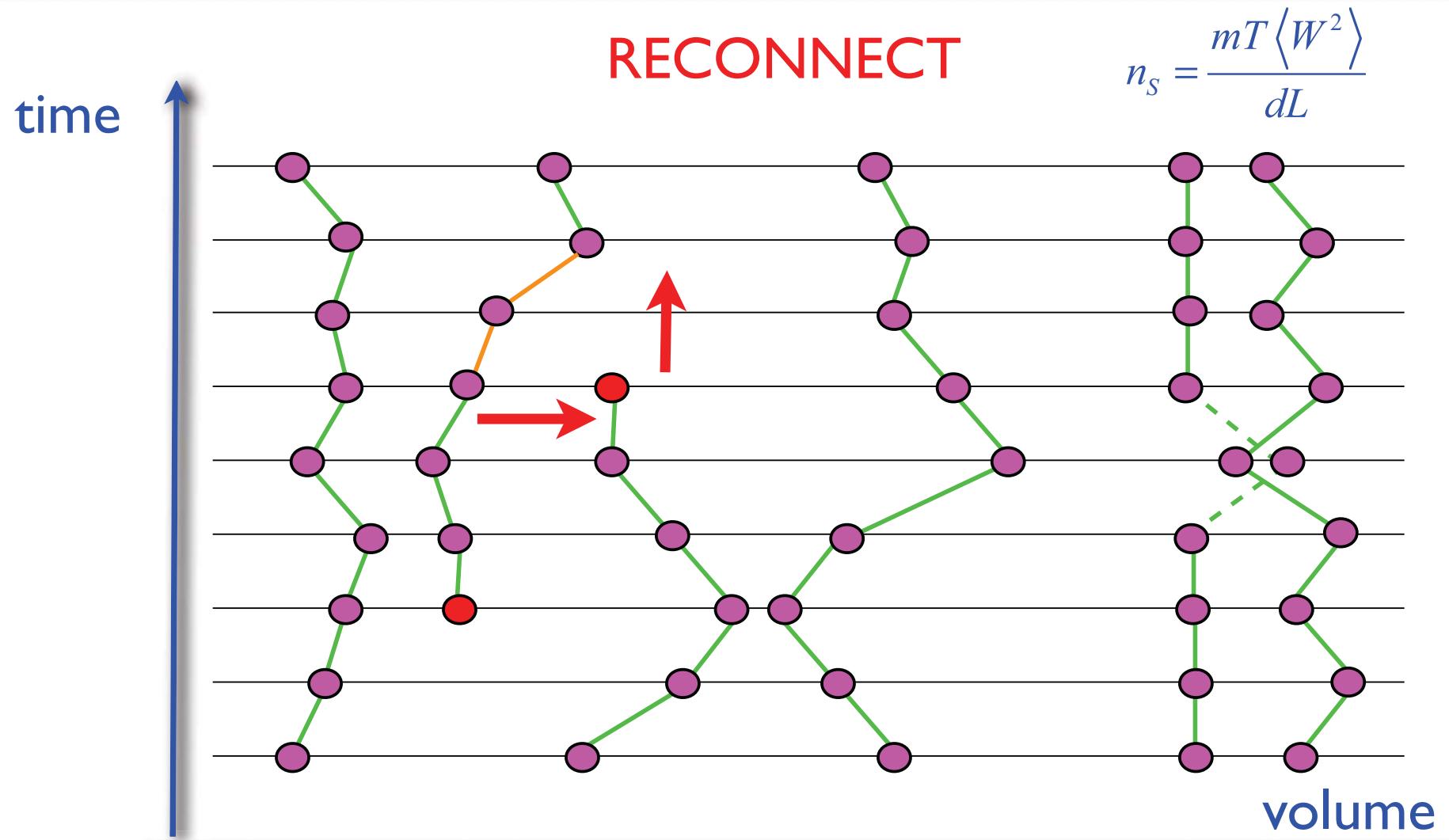
Path integral and worms



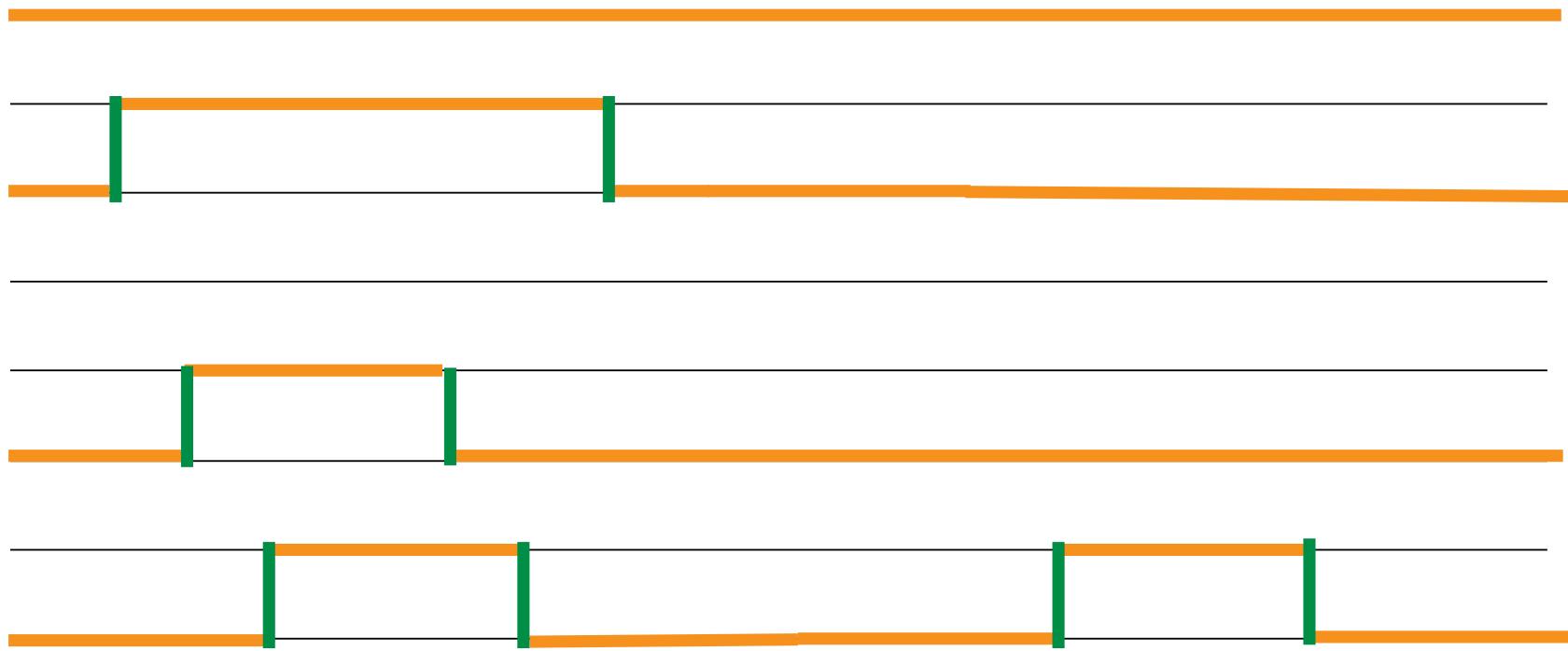
Path integral and worms



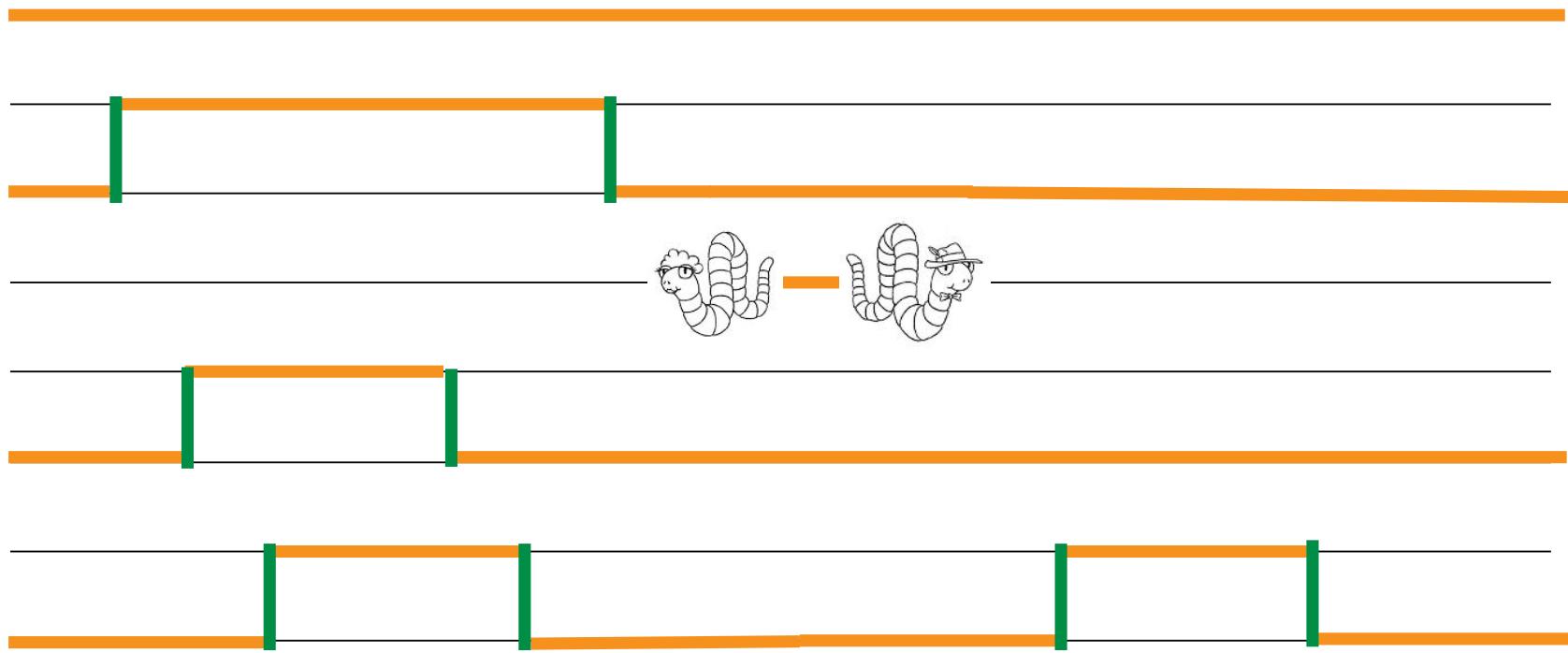
Path integral and worms



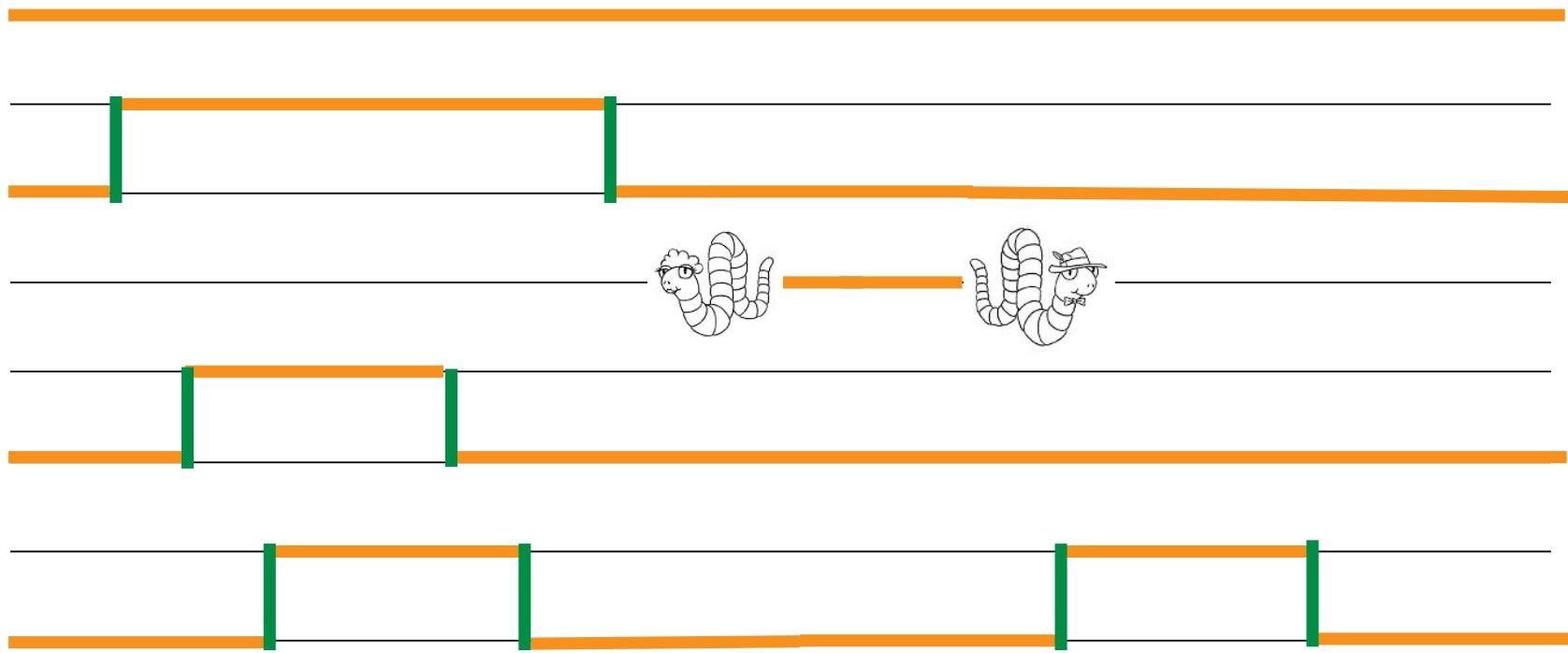
Worm updates



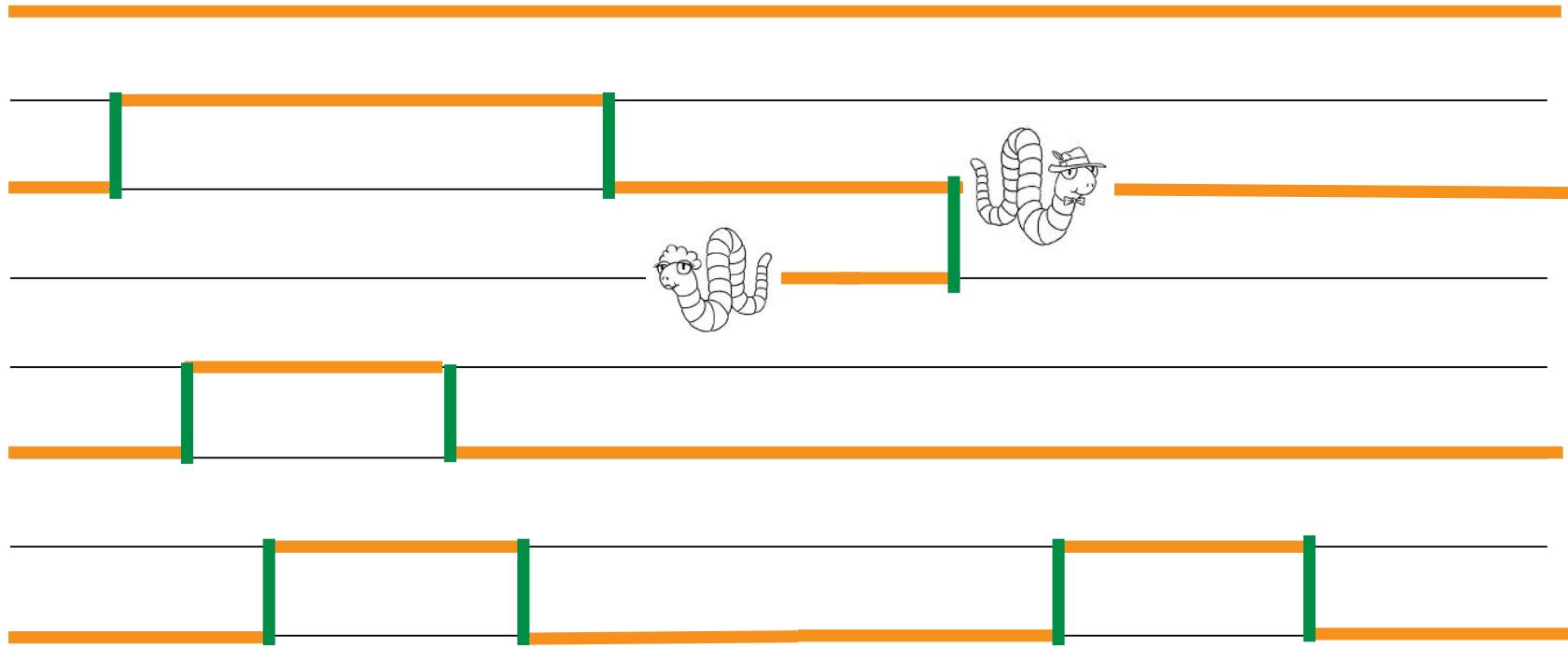
Worm updates



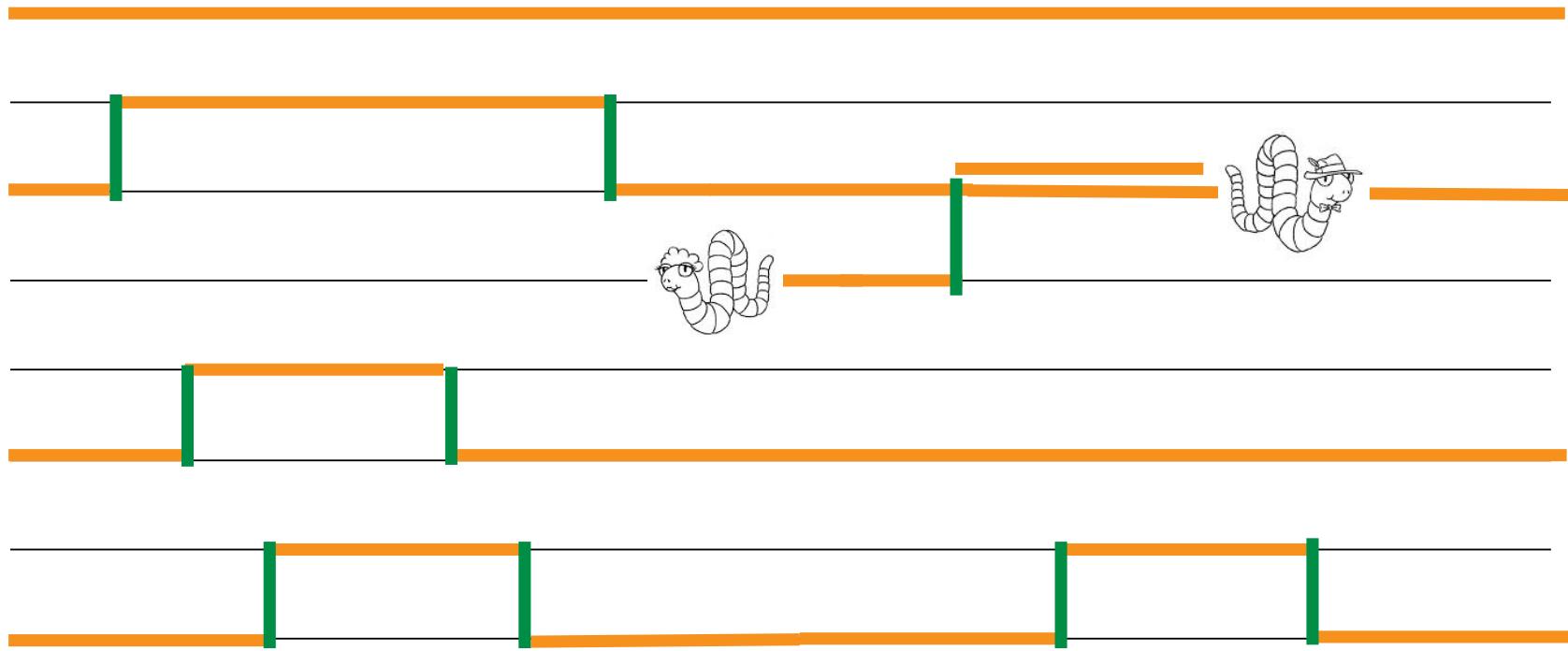
Worm updates



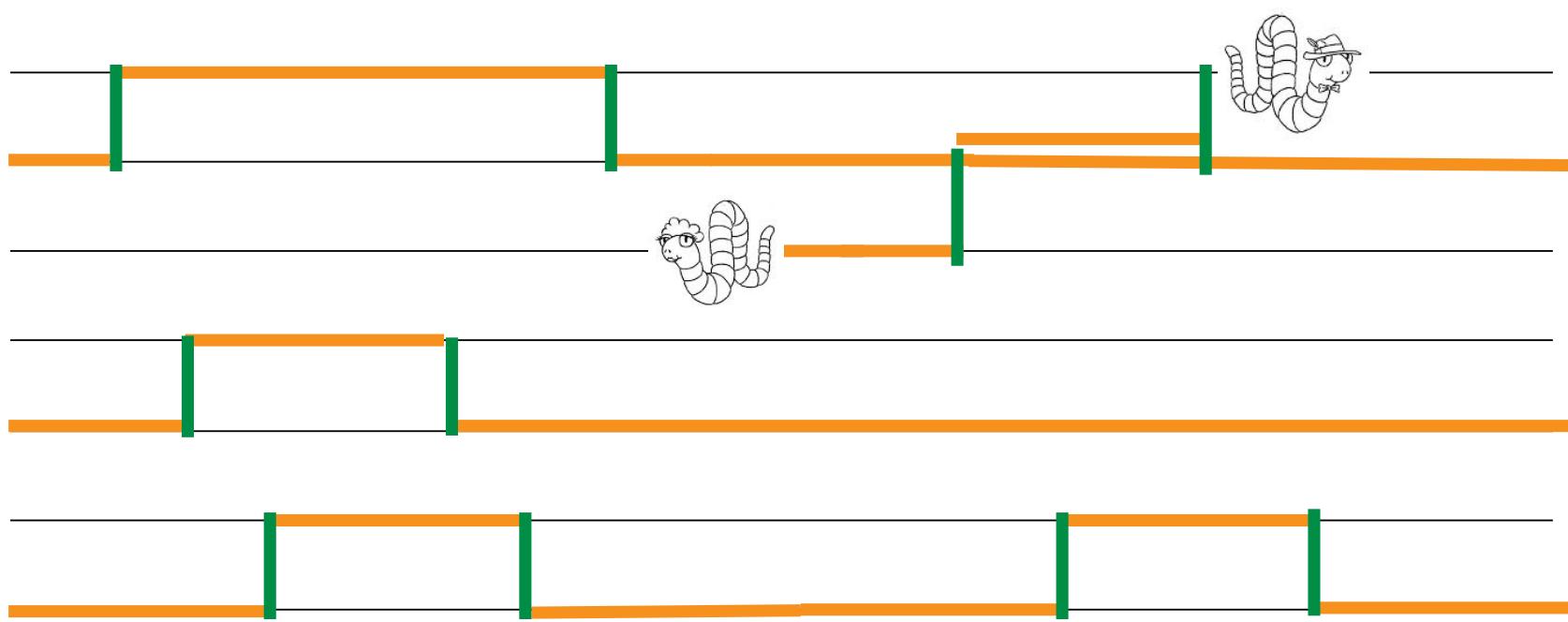
Worm updates



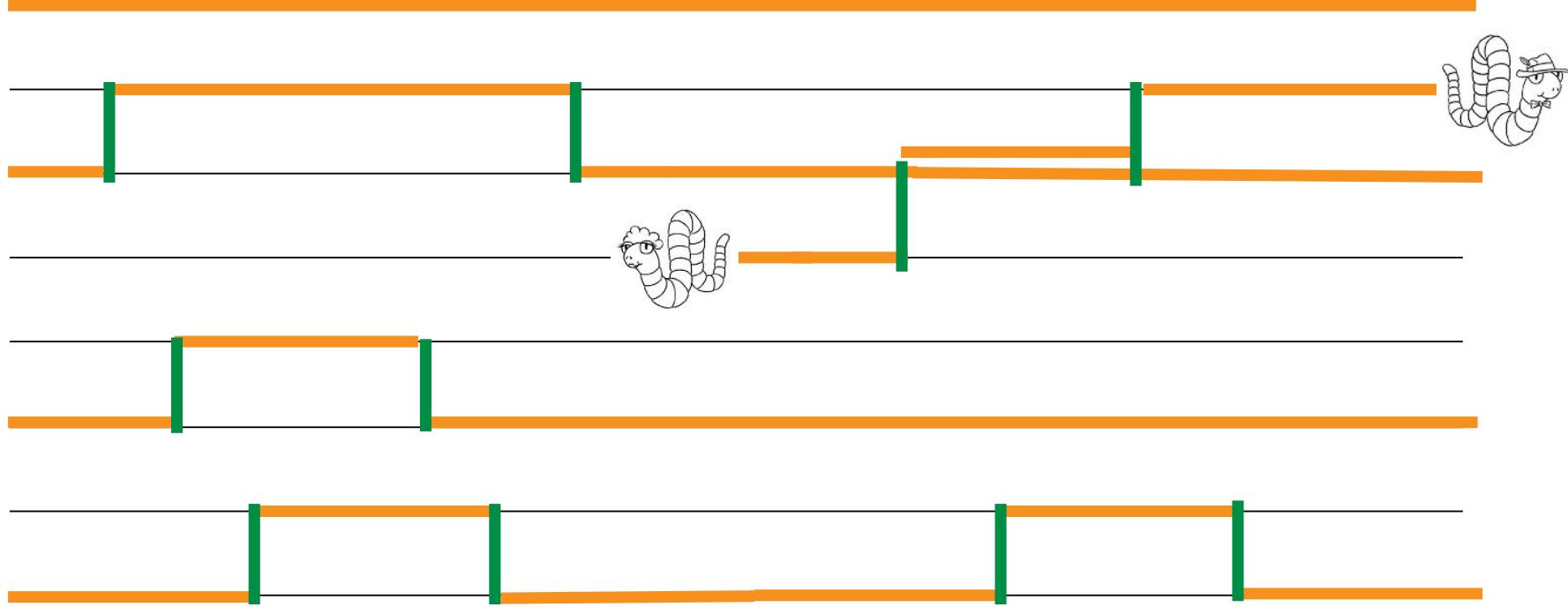
Worm updates



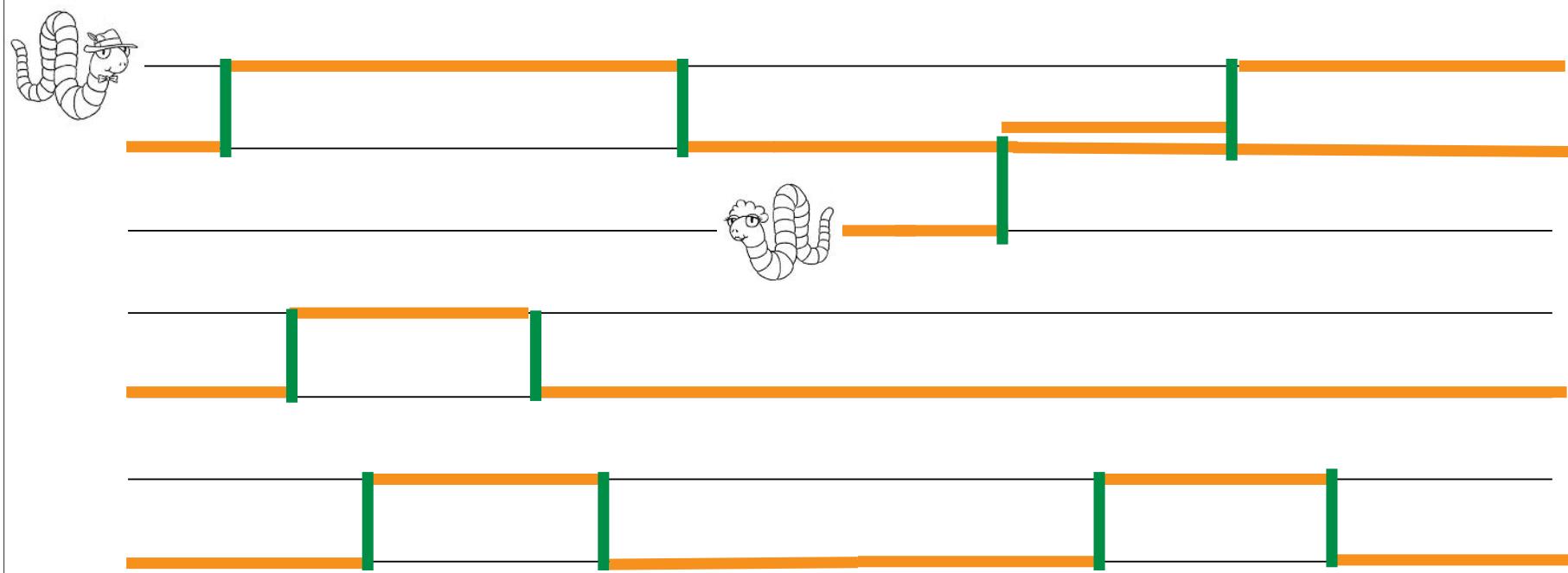
Worm updates



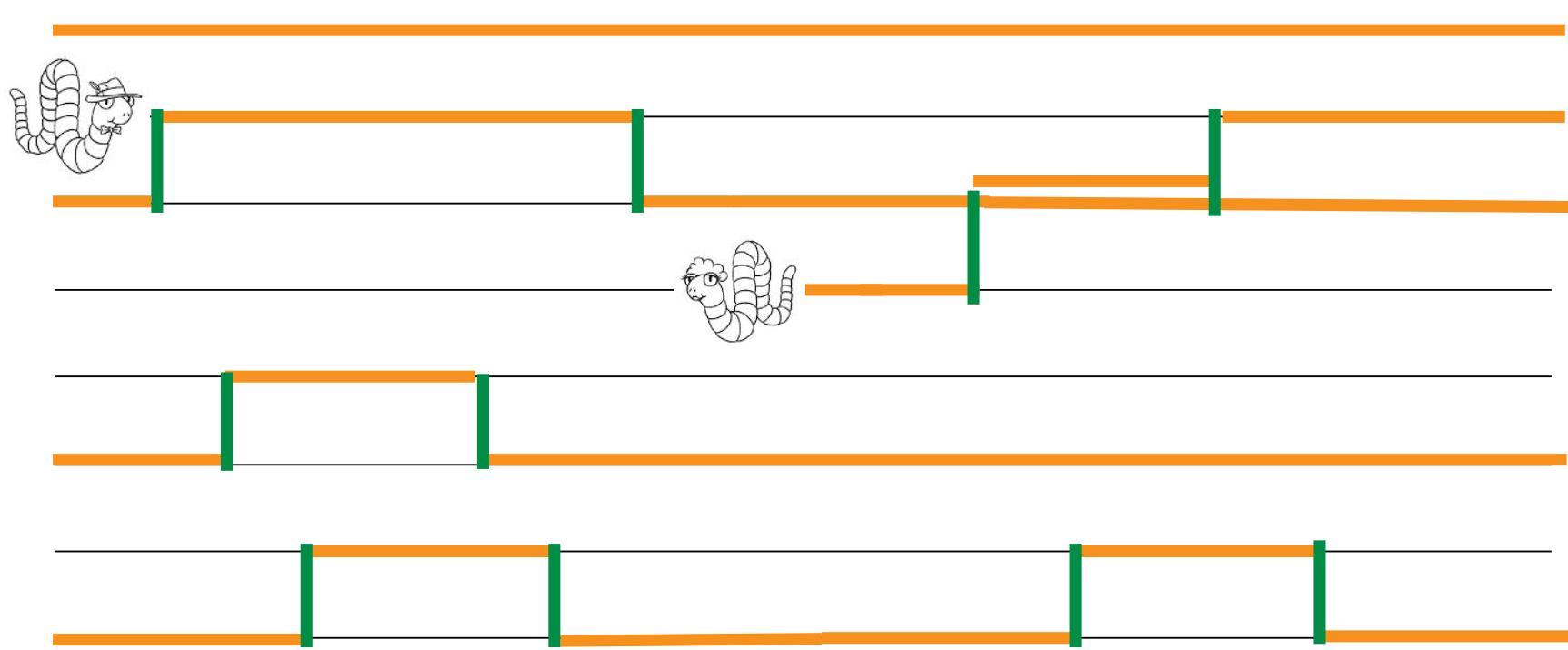
Worm updates



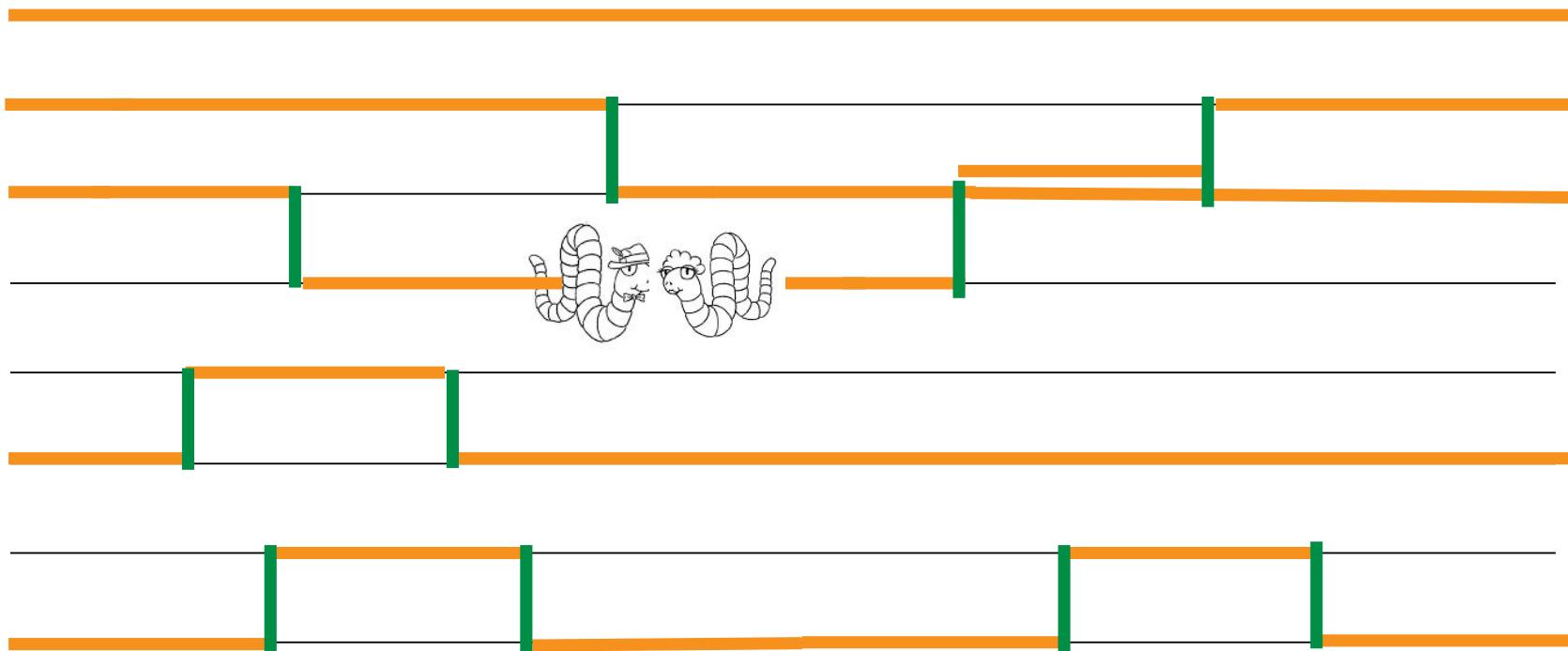
Worm updates



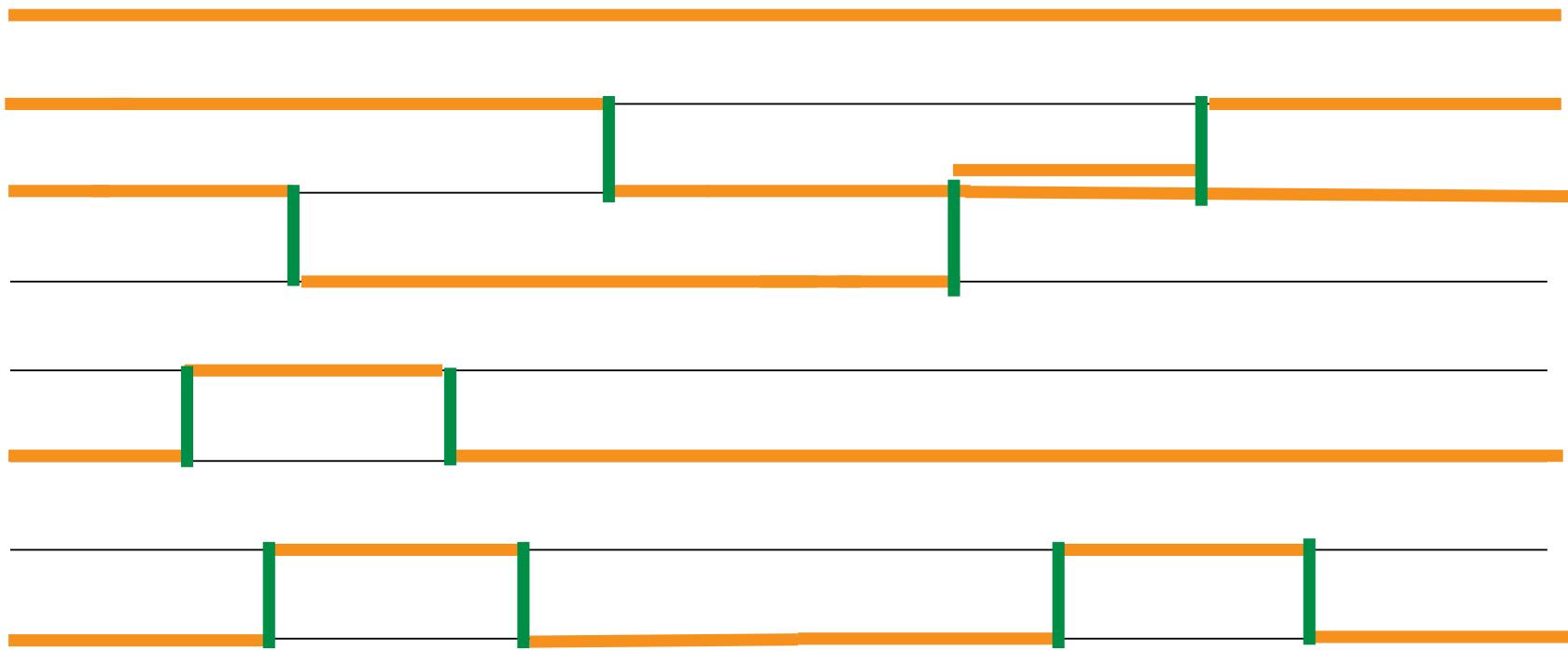
Worm updates



Worm updates



Worm updates



grand-canonical

bosonic exchange

How powerful is the worm algorithm (PIMC)

+

- bosonic permutations
- superfluid properties (are ‘easier’ than insulating one)
- big system sizes
- all static thermodynamic quantities
- numerically exact
- first principles, no priori assumptions
- calculating eff param. of models

-

- no fermions
- periodic boundary conditions required, which might lead to the introduction of inert particles; unclear how to treat inert particles
- mesoscopic sizes : single defects
- no dynamics
- hard to get good statistics on energy, specific heat is impossible, ...
- QMC process is not real-time process
- time discretization

Outline

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Integral Monte Carlo
2. binding of a ${}^3\text{He}$ atom to the
core of a screw dislocation

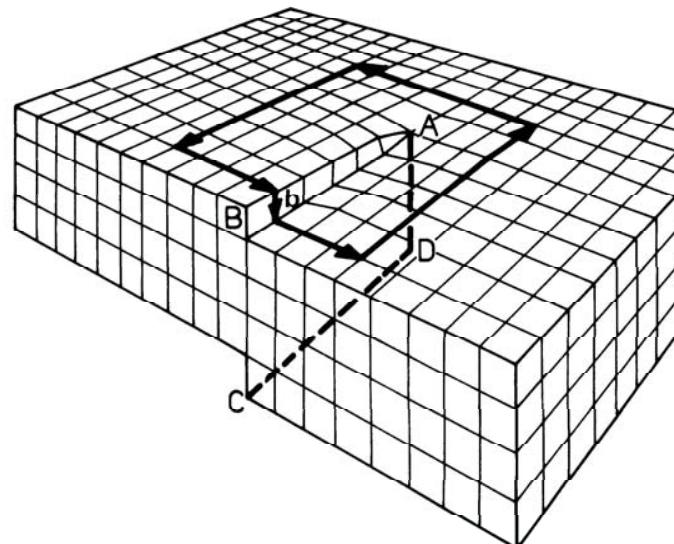
screw dislocation

Defects are important in torsional oscillator experiments.
One particular example is the screw dislocation

b : Burger's vector

μ : shear modulus

stress :
$$\tau_r = -\frac{\mu b}{2\pi r}$$

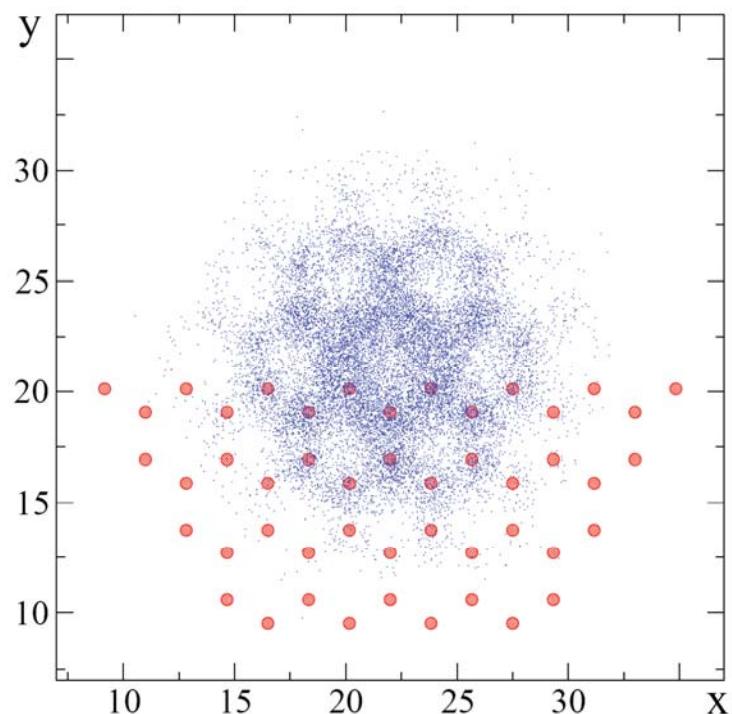


Screw dislocation

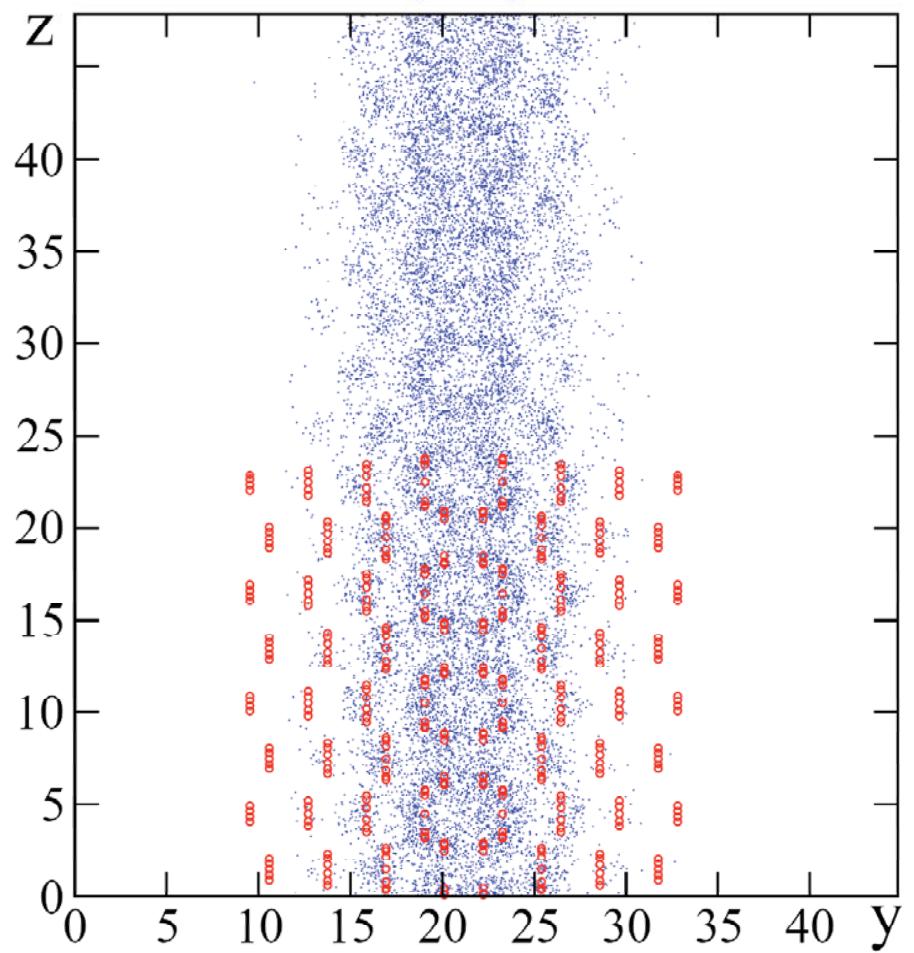
Shevchenko state

$$\tau = (T_*/T)^{2/K_L - 1}/T_*$$

$$n_s \approx 1\text{\AA}^{-1}, K_L = 0.205(20)$$



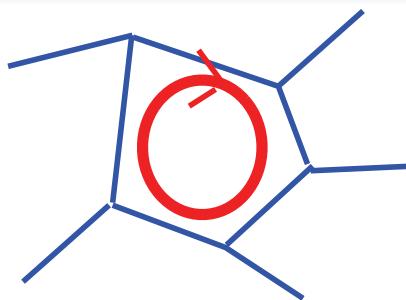
$$T_c \sim T_* a/l \ll T_*$$



Shevchenko model

$$T^* = 1 \text{ K}$$

$$T_c = T^* a/l$$



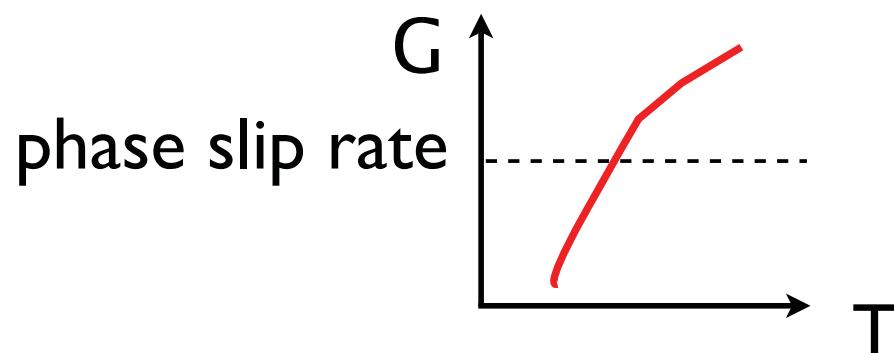
$$J_i \sim 1/l$$

1. $T < T_c$: 3d condensation or vortex glass

2. $T_c < T < T^*$: all properties we want from ‘vortex liquid’

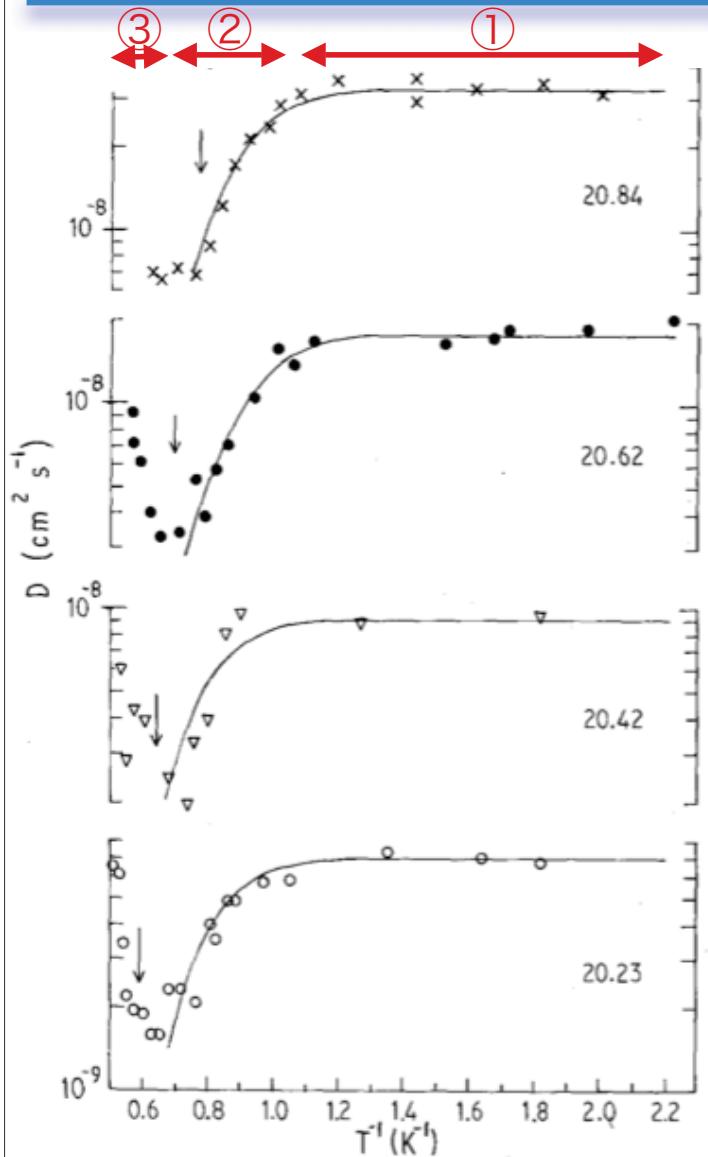
- $\omega\tau \ll 1$: normal

- $\omega\tau \gg 1$: indistinguishable from superfluid



S. I. Shevchenko, Sov. J. Low. Temp. Phys. **14**, 553 (1988).
V.A. Kashurnikov, V.I. Podlivaev, N.V. Prokof'ev, and
B.V. Svistunov, Phys. Rev. B **53**, 13091 (1996).
Yu. Kagan, N.V. Prokof'ev, and B.V. Svistunov, Phys. Rev. A **61**, 045601 (2000).

NMR of spin diffusion



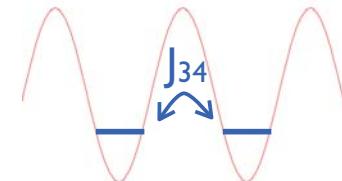
A. R. Allen, M. G. Richards, and J. Schratter, J Low Temp Phys, Vol. 47, Nos. 3/4, p. 289 (1982).

$x_3 = 500 \text{ ppm}$

- 1) low concentrations, low temperature, ${}^3\text{He}-{}^3\text{He}$ scattering
temperature independent, $0.5\text{K} < T < 0.8\text{K}$

ballistic motion in narrow band

$$J_{^3\text{He}} \sim 10^{-4} \text{K}$$



- 2) higher temperatures, scattering with phonons

$$D = C \hbar J_{34}^2 a^2 \Theta_D^8 / k_B T^9$$

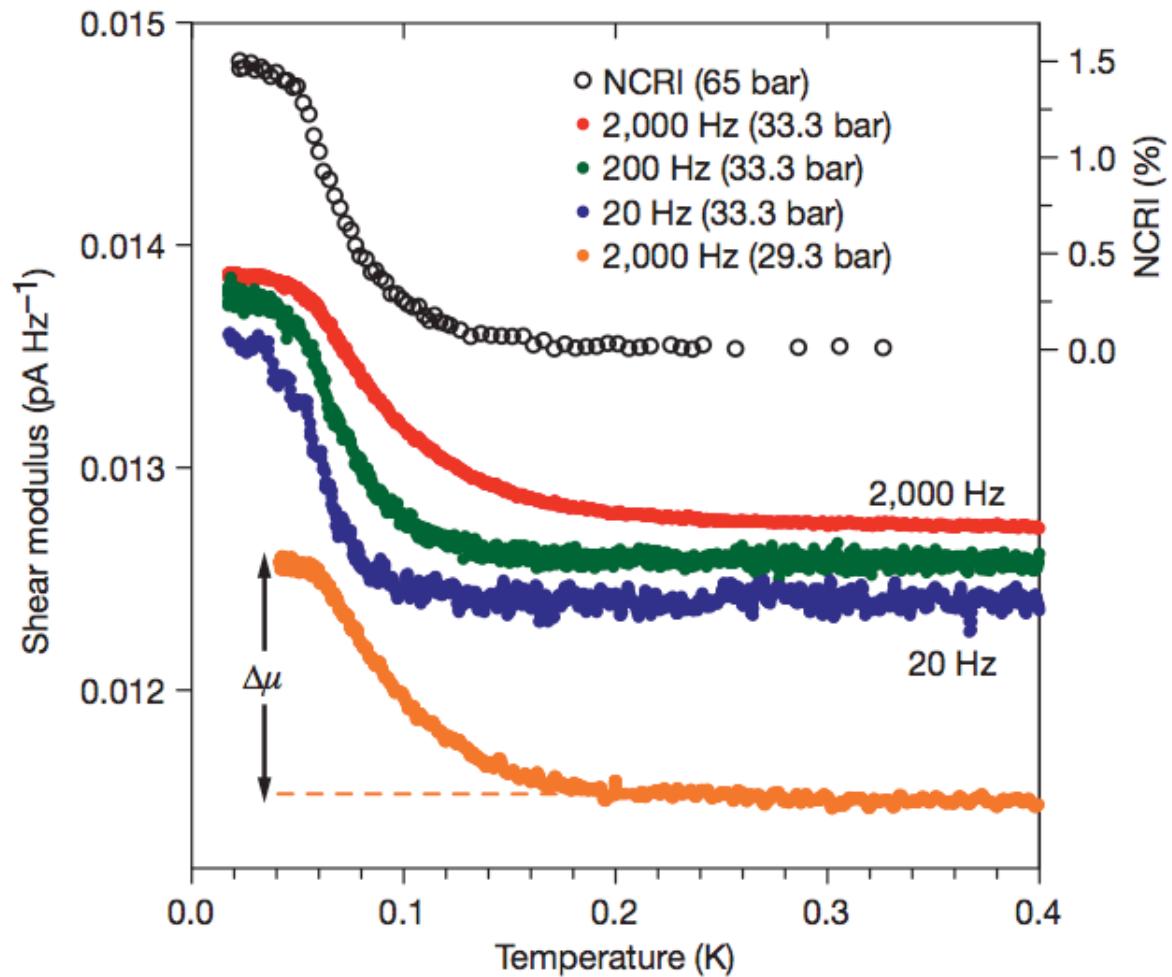
- 3) high temperatures, incoherent scattering with vacancies

$$D = D_0 \exp(-W/k_B T)$$

(data do not allow to rule out
phonon-assisted tunneling)

The Day-Beamish conundrum

The Alberta group observed **stiffening** of the ^4He crystal, with the same hysteretic, temperature, frequency, ^3He dependence as in the TO



J. Day and J. Beamish, Nature **450**, 853 (2007).

stiffening origins

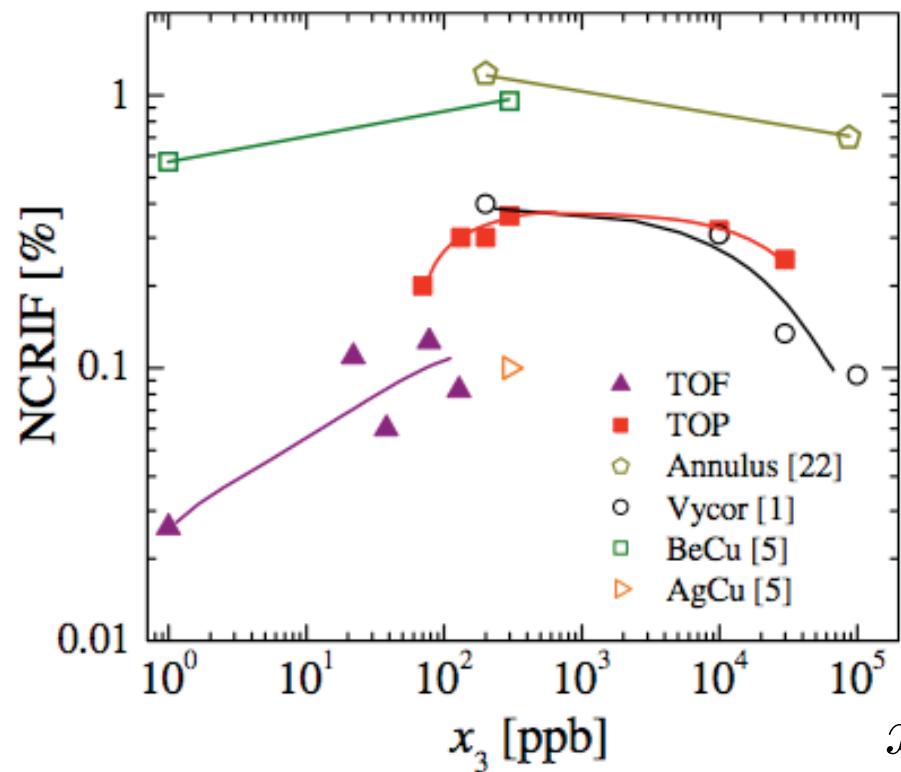
- pinning of dislocations, distance L_N between pinning sites
- stiffening is independent of frequency according to the Granato-Lücke theory, up to 30% reduction in shear modulus
- with impurities, the impurity pinning length L_{IP} can become smaller than L_N

$$T_P \sim -(E_B/k_B)[\ln(xL_N/a)]^{-1}$$

T_P : pinning temperature,
 E_B : binding energy,
 a : interparticle distance.

He-3 & NCRIF

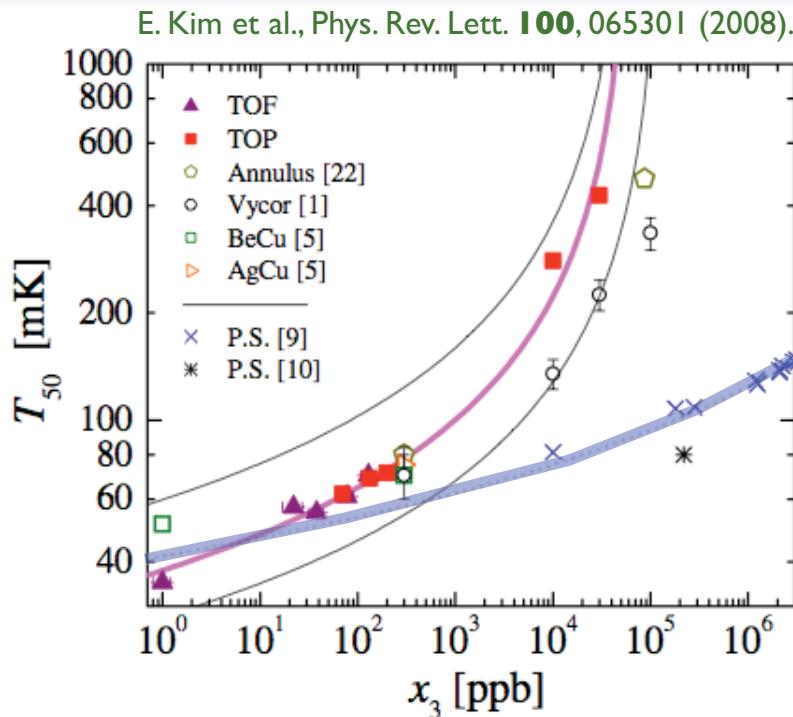
E. Kim et al., Phys. Rev. Lett. **100**, 065301 (2008).



minimum value required?
maximum around 0.5 ppm
sample dependent

$$x_3 = 10 \text{ ppm} : T_F = 3 \text{ mK}$$
$$x_3 = 30 \text{ ppm} : T_F = 6 \text{ mK}$$

He-3 & NCRIF



solid lines : $T_{IP} = T_x$

phase separation (in blue)
not consistent with data, at
least above $T > 50$ mK

(elasticity change cannot fully account
for observed NCRIF)

A. C. Clark, J. D. Maynard, and M. H. W. Chan, Phys.
Rev. B **77**, 184513 (2008).

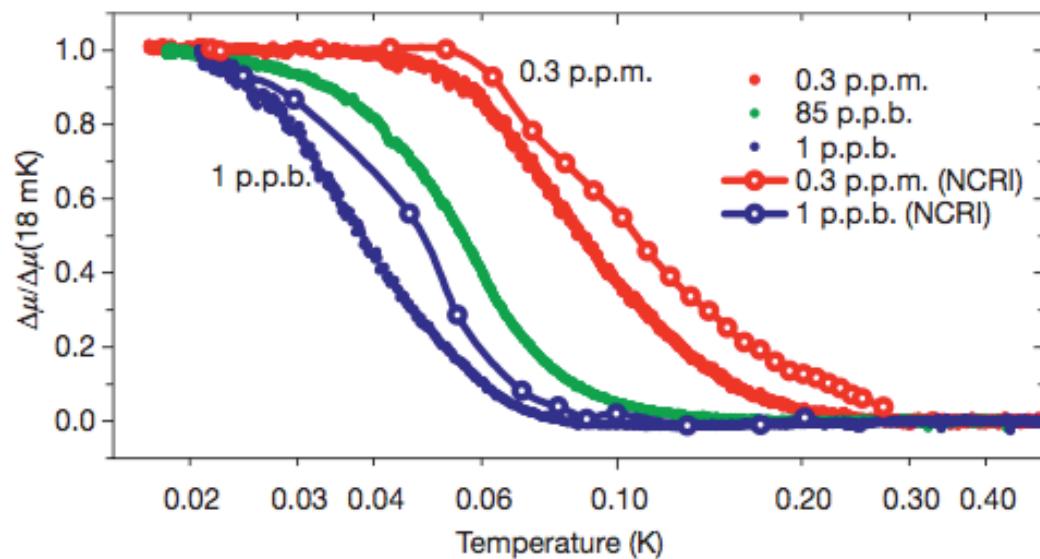
T_x [K]	E_B [K]	L_{IP} [μm]	Λ [10^6 cm^{-2}]
T_{10}	0.66	1.7	7
T_{50}	0.42	1.9	6
T_{90}	0.33	1.3	12

dislocation densities calculated by
setting $L_{IP} = L_N$ and $\Lambda L_N^2 = 0.2$

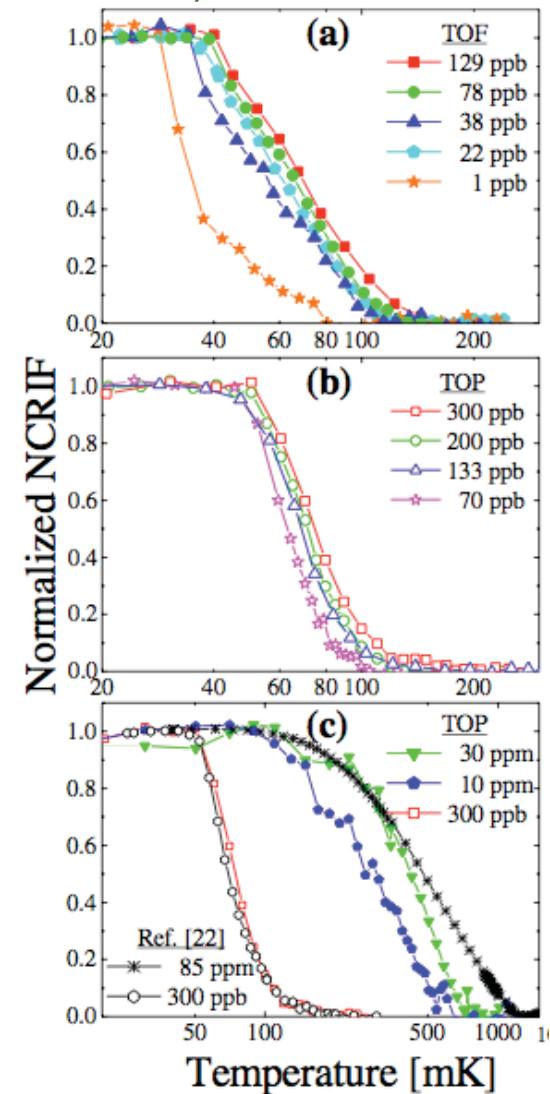
observed x_3 correlated with impurity-pinning of dislocations

Shear modulus vs He-3

J. Day and J. Beamish, Nature **450**, 853 (2007).

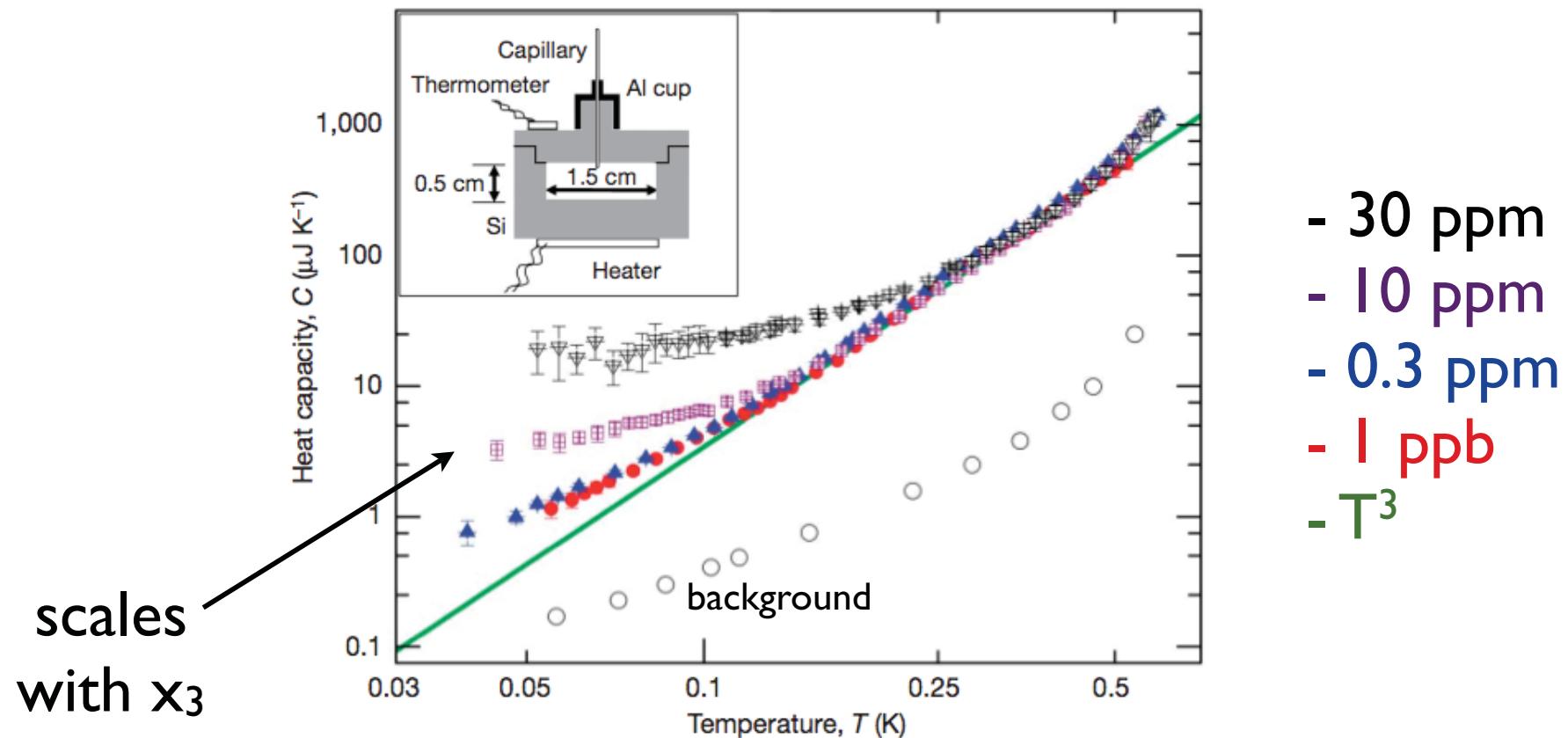


E. Kim et al., Phys. Rev. Lett. **100**, 065301 (2008).



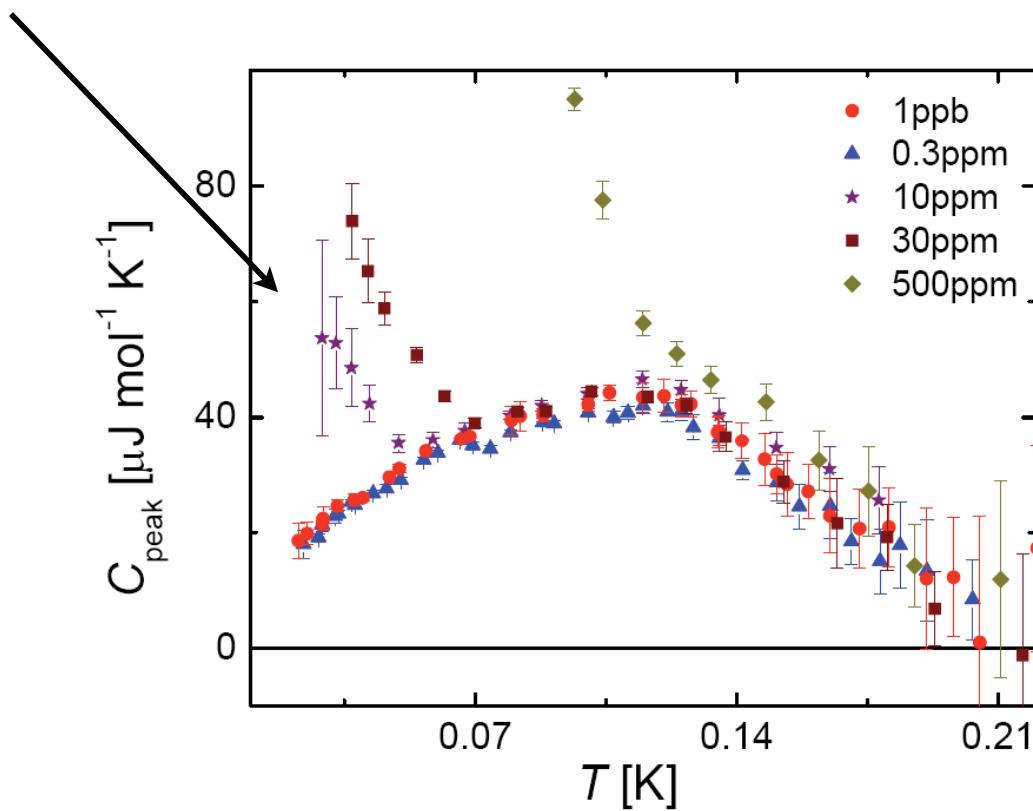
specific heat measurements

X. Lin, A. C. Clark, and M.W.H. Chan, Nature **449**, 1025 (2007).

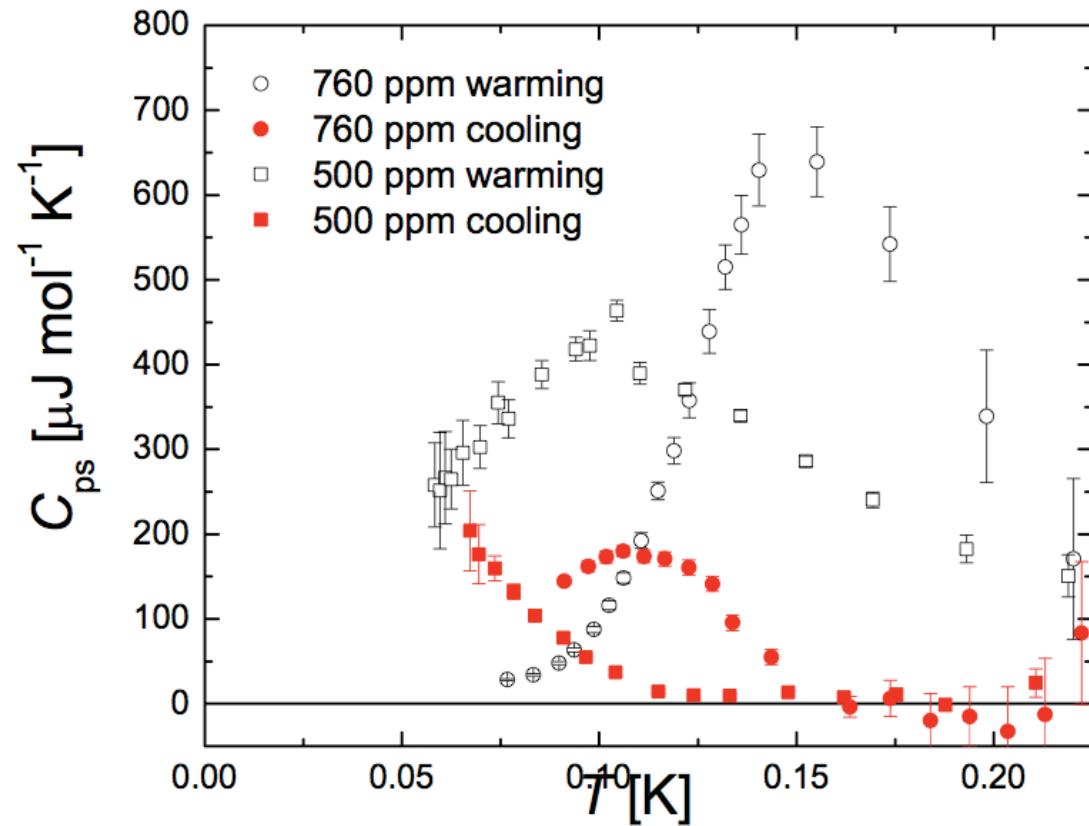


new data from PennState

*after subtraction of phonon contribution :
He-3 independent peak*



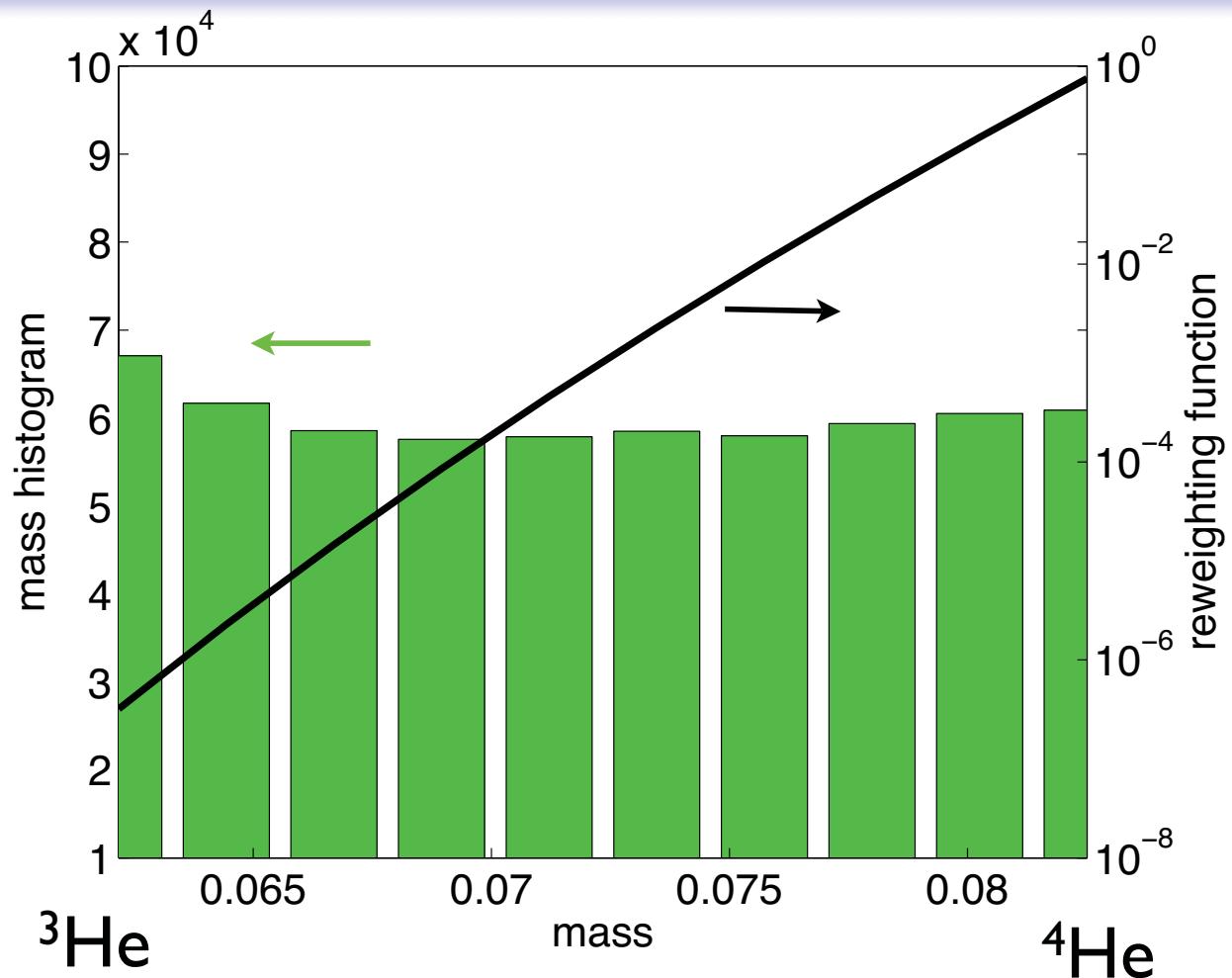
new data from PennState



signatures of
phase
separation

hysteresis,
time dependent

^3He binding to the screw dislocation



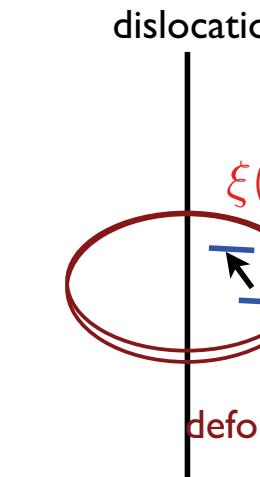
replacing ^4He by
 ^3He has a too
low acceptance
ratio

solution : gradual
mass reweighing,
make the
histogram flat and
measure only in
the ^3He sector

all interactions are given by the bare Aziz potential,
no effective interaction for ^3He is assumed

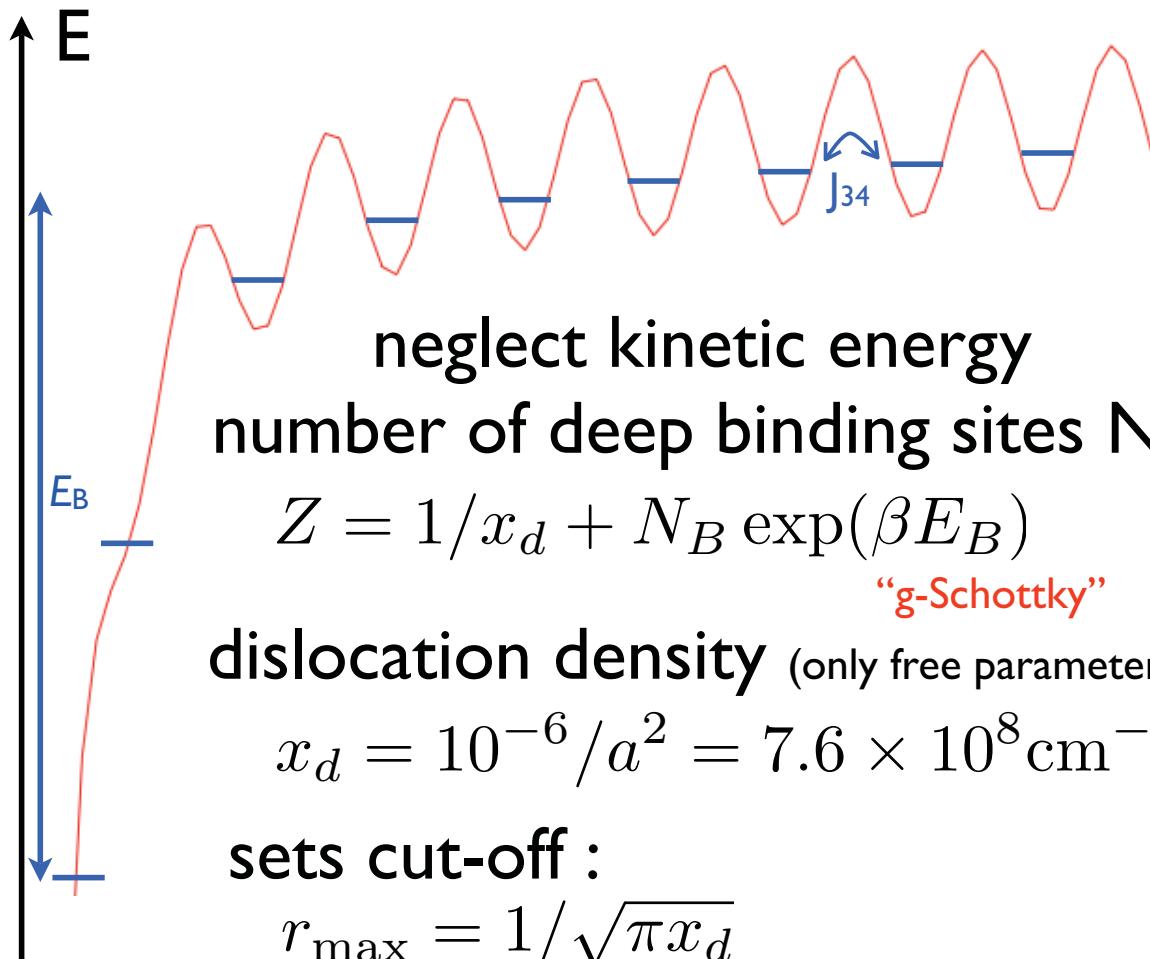
binding mechanism, $T < 0.8\text{K}$

narrow band motion in deformed crystal

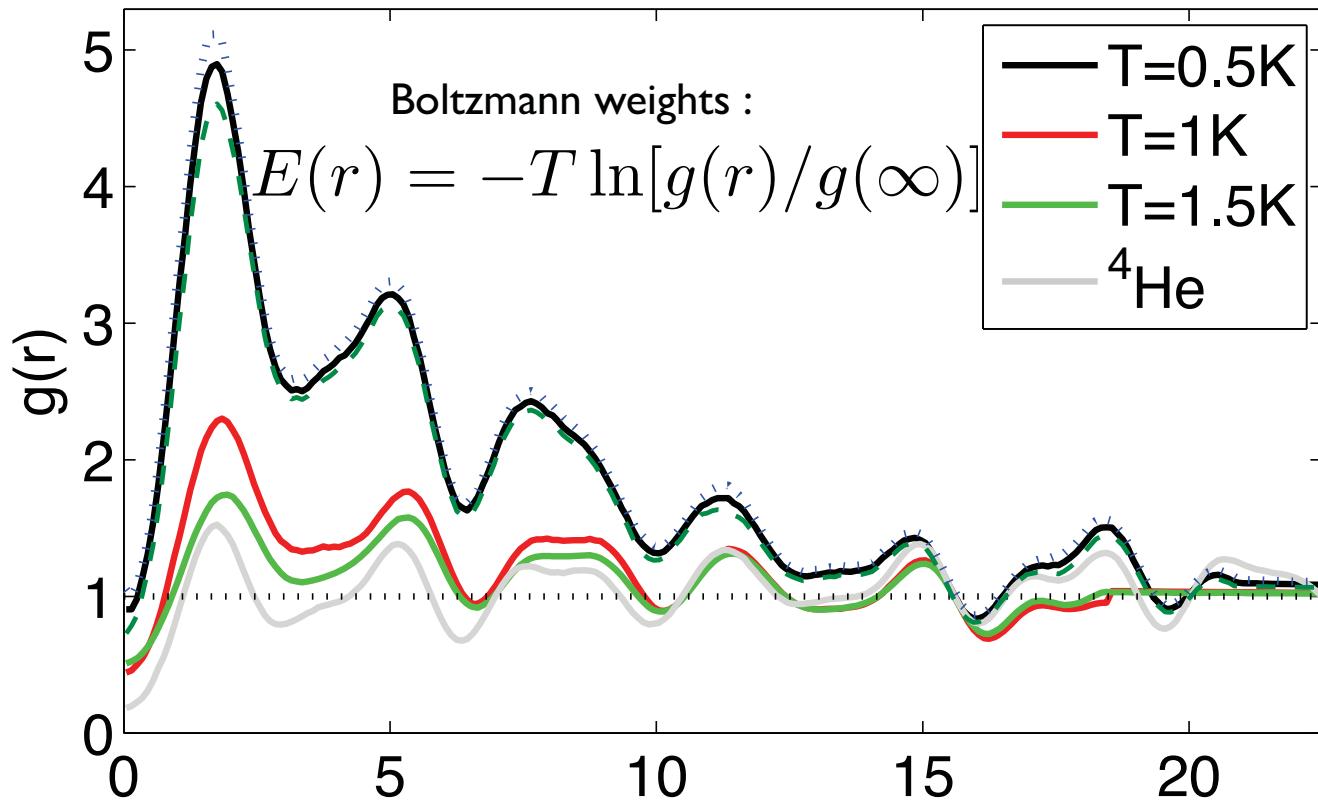


$$u_z(r, \phi) = \frac{b\phi}{2\pi}$$

$$\tau_r = -\frac{\mu b}{2\pi r}$$



^3He binding to the screw dislocation



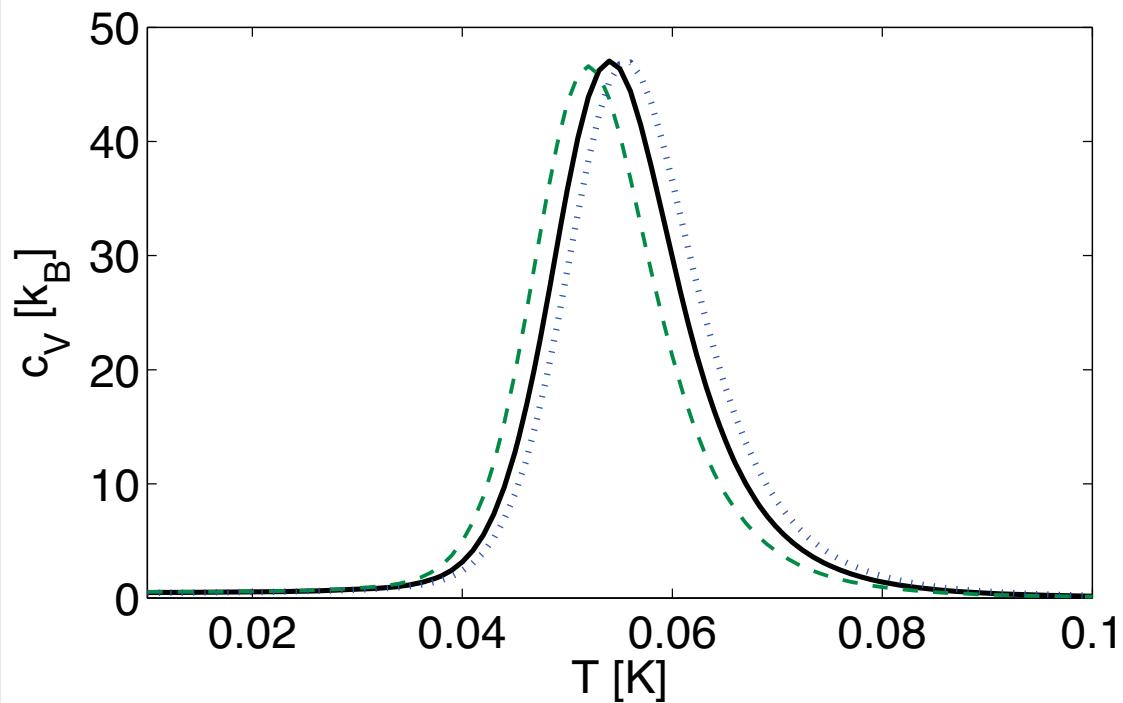
$$Z(T) = 2\pi \int_0^{r_{\max}} r \exp(-E(r)/T) dr$$

self-consistent for all temperatures

$$E_B \approx -T \ln[g_{\max}/g_{\infty}] = 0.8 \pm 0.1 \text{K}$$

g-Schottky anomaly

at much lower $T \leq T_F$:
different behavior



$$T_{\max} \approx \frac{E_B}{\ln(1/N_B x_d)}$$

$$\approx 55 \text{ mK}$$

assumed dislocation density

$$x_d = 10^{-6}/a^2 = 7.6 \times 10^8 \text{ cm}^{-2}$$

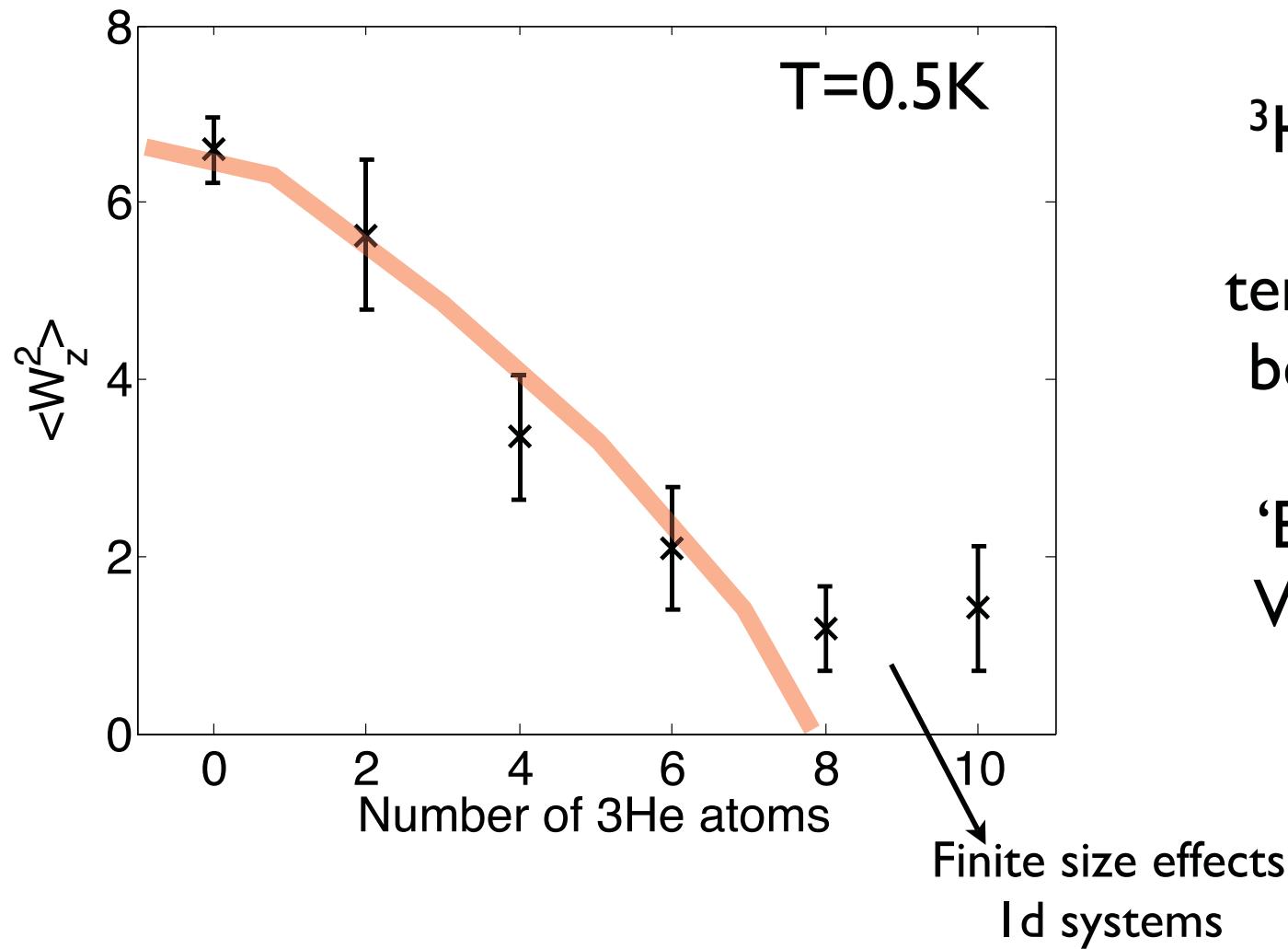
only *logarithmically* dependent on x_d

$$S \approx \log x_d = \int_0^{T_{\text{high}}} \frac{C}{T'} dT'$$

scales with ${}^3\text{He}$ concentration binding to
the dislocation

$$c_V^{\max} \approx \log x_d \frac{T_{\max}}{\Delta T} \approx 40 k_B$$

Blocking the superfluid path



^3He is very hot vs. Fermi temperature and behaves mostly like a ‘Boltzmann’. Very small sign problem.

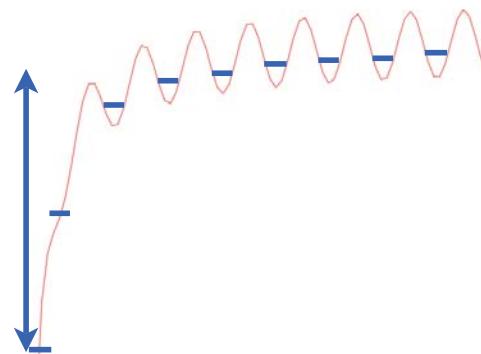
quantum diffusion/ relaxation problem

thermodynamics so far!

Problems :

- spin diffusion T-independent, $0.5\text{K} < T < 0.8\text{K}$, **ballistic** motion \longleftrightarrow binding
- level spacing due to strain of screw is much larger than the bandwidth of the ${}^3\text{He}$:
how can the ${}^3\text{He}$ get closer to the core?

**slow kinetic relaxation,
quantum diffusion problem**



incoherent **one-phonon** assisted hopping is dominant at *large* distances and low temperatures (assume fixed the dislocation)

$$\tau^{-1} = J_{34}^2 \xi^2 T / \Theta_D^4$$

$$\xi = a(dE/dr) \gg zJ_{34}$$

(~many years)

—————> time dependent effects (cf. specific heat)

conclusion

The ‘homeopathic’ role of ${}^3\text{He}$ is now better understood:

indisputable result
when thermodynamics
are valid, but
connection with
experiment might be
unclear

- Binding of ${}^3\text{He}$ to a screw dislocation
- $E_B = 0.8(l) \text{ K}$, $T_{\max} = E_B / \log(\text{disloc.dens.} \times \# \text{ binding sites})$
- produces bump in specific heat around 60 mK through mapping on a [Schottky model](#) with degenerate levels
- produces [stiffening](#) in the same temperature range
- quantum diffusion problem, [slow relaxation](#)
- in line with most recent (?) NMR data for spin diffusion coefficient at low temperature
- other mechanisms for dislocation transitions/crossovers at lower temperature?
- link with NCRIF in torsional oscillators is unclear, there is no known model/experiment that relates ${}^3\text{He}$ to dislocations during crystal growth, → sample quality influence unknown, link with Shevchenko state unclear