



*The Abdus Salam  
International Centre for Theoretical Physics*



**1959-11**

**Workshop on Supersolid 2008**

*18 - 22 August 2008*

**Brief introduction to the field**

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*Pennsylvania State University, USA*

# **Superfluid and supersolid**

An introduction at the ICTP  
'Supersolid 2008' workshop

**Moses Chan**

**The Pennsylvania State University**

Supported by National Science Foundation



# Where is Penn State University?



# The Pennsylvania State University



Old Main



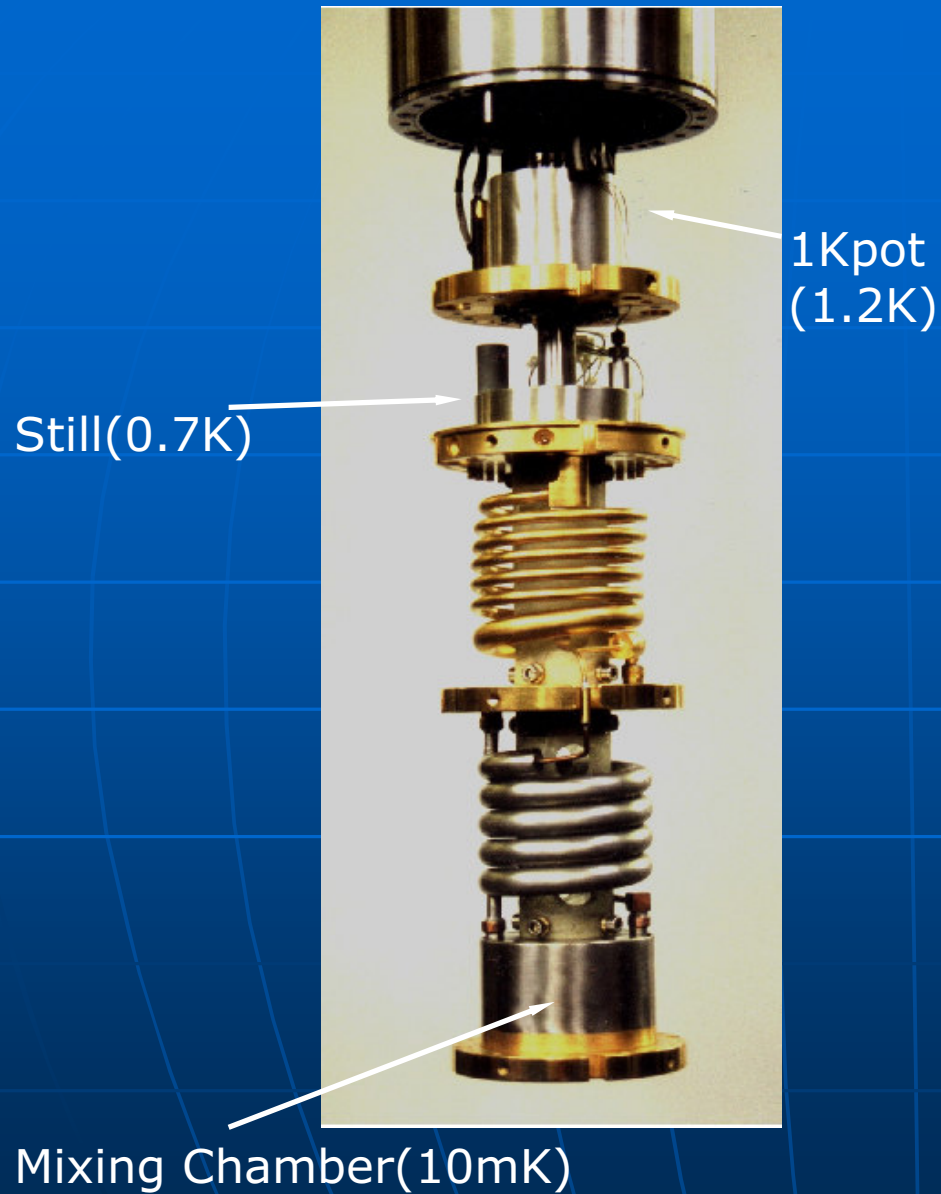
American elm trees



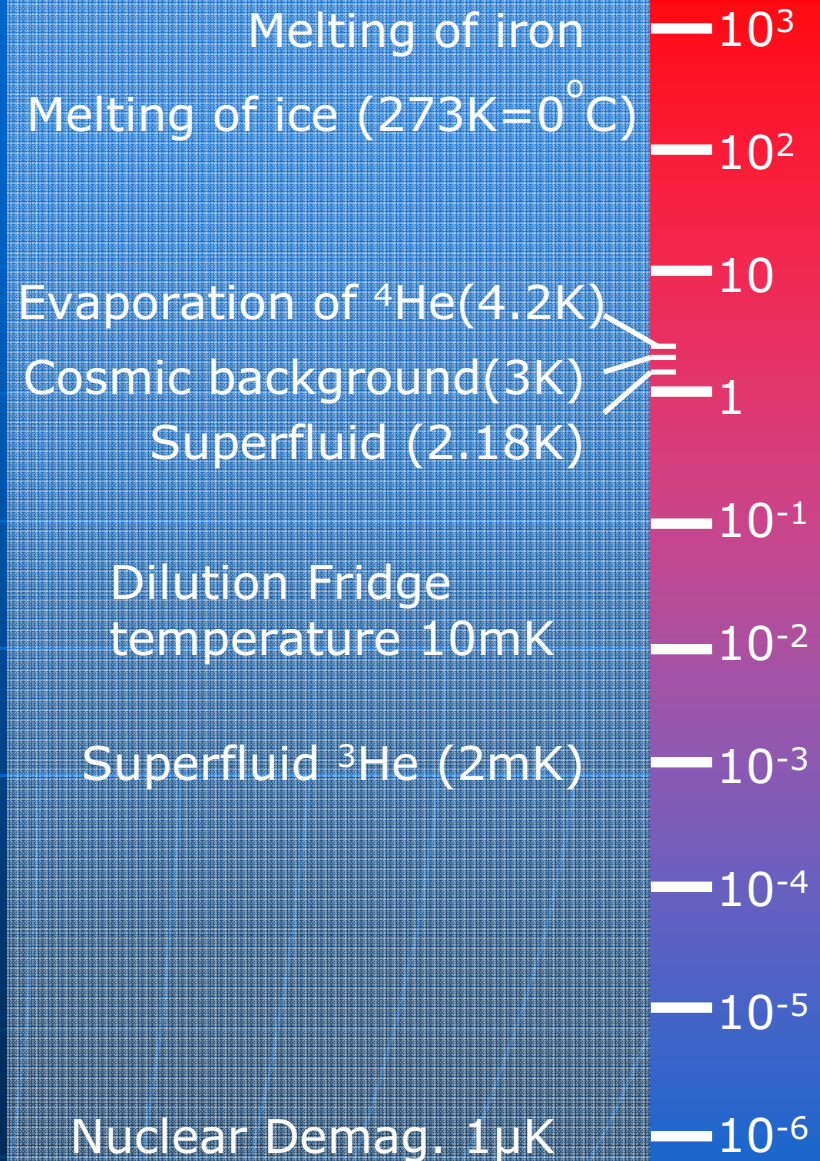
Beaver Stadium

# Outline

- Quantum mechanics at low temperatures :de-Broglie wave-packets, Bose-Einstein Condensation in vapor and liquid.
- Experimental principle for the of observation of Superfluidity: Torsional Pendulum
- Observation of superflow in solid helium



## Temperature Scale (K)



**The lowest possible temperature  $0\text{ K}=-273.15^\circ\text{C}=-459.7^\circ\text{F}$**   
 $10^6=1,000,000$ ;  $10^{-6}=0.000001$



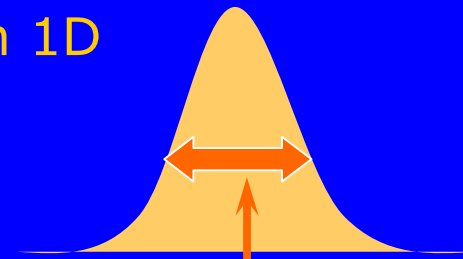


# Quantum Theory simplified: Thermal de Broglie Wavelength; $\lambda_{dB}$ (1924)

A particle, *e.g.*, an atom, electron, elementary particles, and indeed all objects can behave like a wave.

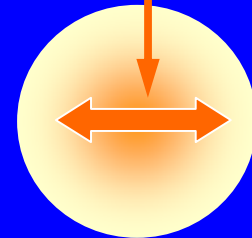
$k_B T$  is a measure of “energy of motion”

$\psi^* \psi$  in 1D



$\lambda_{dB}$

$\psi^* \psi$  in 3D



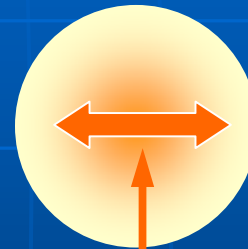
$$\lambda_{dB} = \frac{h}{\sqrt{2\pi m k_B T}}$$

# Classical and Quantum pictures of an object (e.g. atom, electron, etc.)

Classical



Quantum



$\lambda_{dB}:$

$$\lambda_{dB} = \frac{h}{\sqrt{2\pi m k_B T}}$$

de Broglie wave length

$k_B = 1.38 \times 10^{-23}$  Joules-K: Boltzmann constant

$T$ : absolute temperature

$h = 6.626 \times 10^{-34}$  Joules-s: Planck constant

$m$ : mass of the object of interest



# Some $\lambda_{dB}$

1)  $m=70\text{kg}$  (human) at  $T=300\text{K}$

$$\lambda_{dB} = 8 \times 10^{-23} \text{cm} \\ = 0.000000000000000000000000008 \text{cm}$$

2)  $m=9.1 \times 10^{-31} \text{kg}$  (electron) at  $T=300\text{K}$

$$\lambda_{dB} = 4 \times 10^{-7} \text{cm} = 4 \text{nm}$$

3)  $m=6.69 \times 10^{-27} \text{kg}$  ( $^4\text{He}$ ) at  $T=300\text{K}$

$$\lambda_{dB} = 5 \times 10^{-9} \text{cm} = 0.05 \text{nm}$$

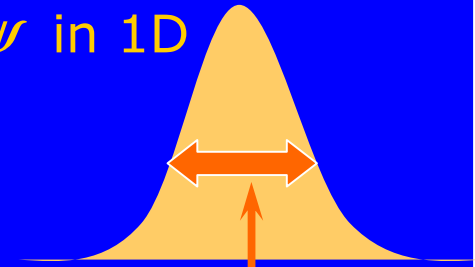
$$\text{at } T=2\text{K} \quad \lambda_{dB} = 6 \times 10^{-8} \text{cm} = 0.6 \text{nm}$$

$$\text{at } T=0.2\text{K} \quad \lambda_{dB} = 2 \times 10^{-7} \text{cm} = 2 \text{nm}$$

4)  $m=1.42 \times 10^{-25} \text{kg}$  (Rubidium atom) at  $1\text{nK}$

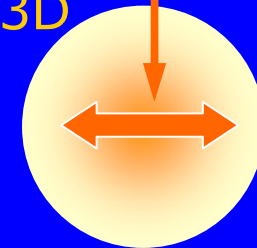
$$\lambda_{dB} = 1 \times 10^{-3} \text{cm} = 10 \mu\text{m}$$

$\psi^* \psi$  in 1D



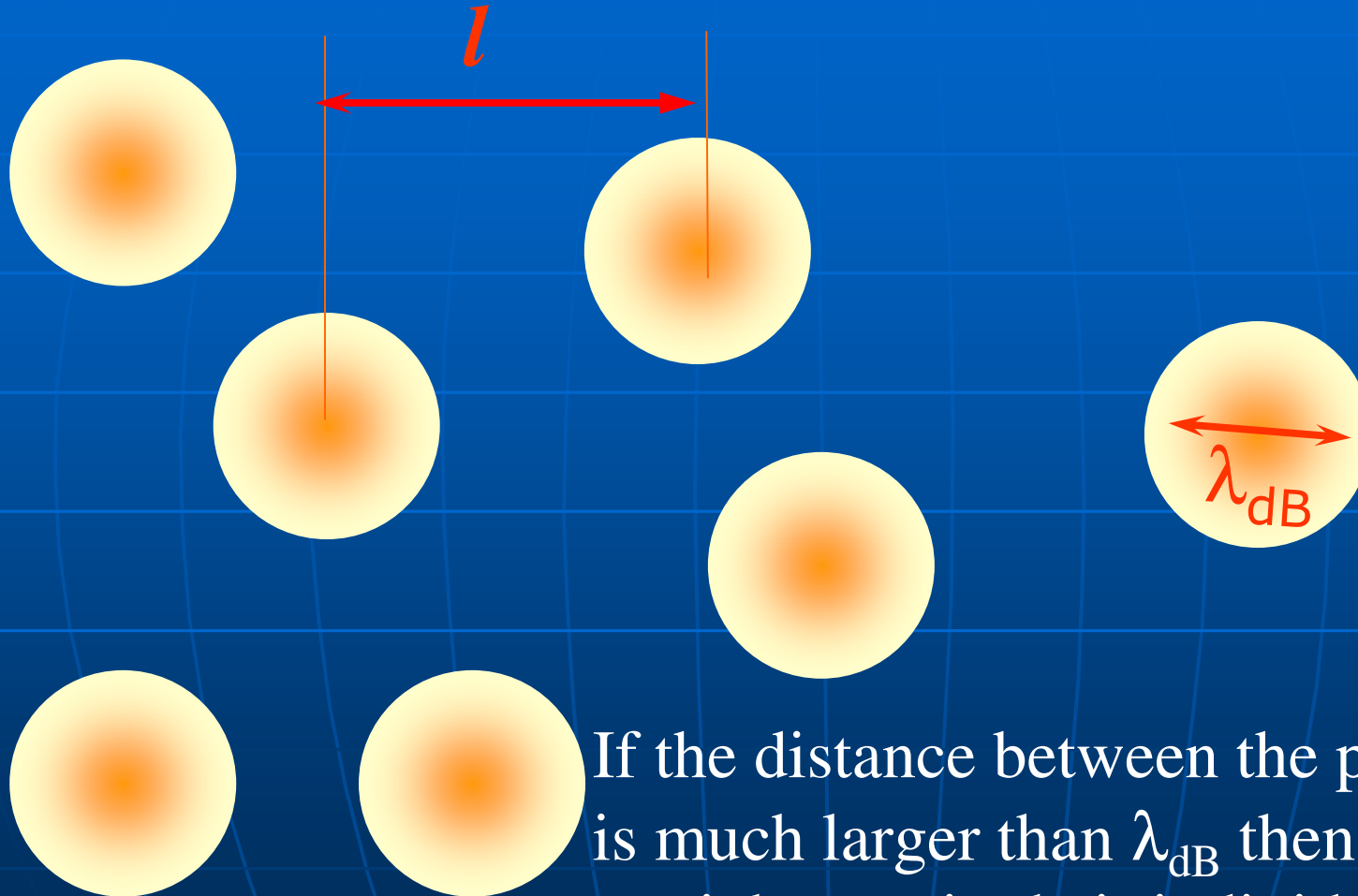
$\lambda_{dB}$

$\psi^* \psi$  in 3D



$$\lambda_{dB} = \frac{h}{\sqrt{2\pi m k_B T}}$$

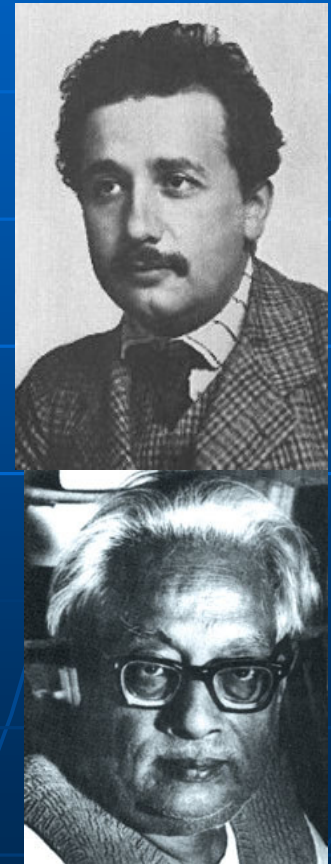
## Collection of identical particles



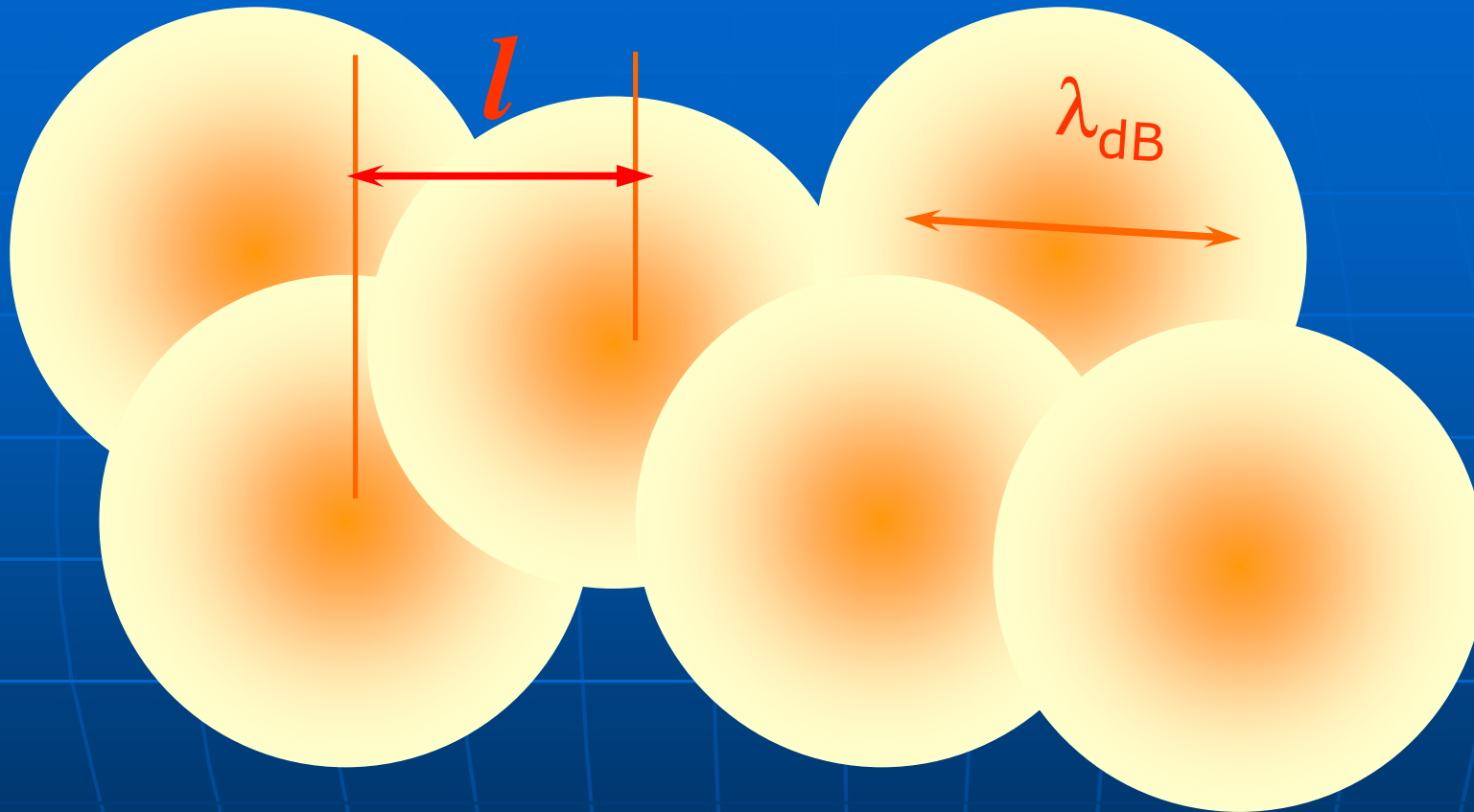
If the distance between the particles,  $l$ , is much larger than  $\lambda_{dB}$  then the particles retain their individual identity and their behavior is governed by classical thermodynamics

# Bose-Einstein Condensation

- What if the temperature is reduced so that  $\lambda_{dB}$  grows to be on the order or even larger than  $l$ , the inter-particle spacing?
- Einstein, built on the idea of Bose, proposed in 1924 that these identical particles lose their individual identity and begin to behave as one single “giant atom”.
- This is known as Bose-Einstein condensation (BEC).
- Now we know that this prediction is correct only for bosons ( with integer spins)

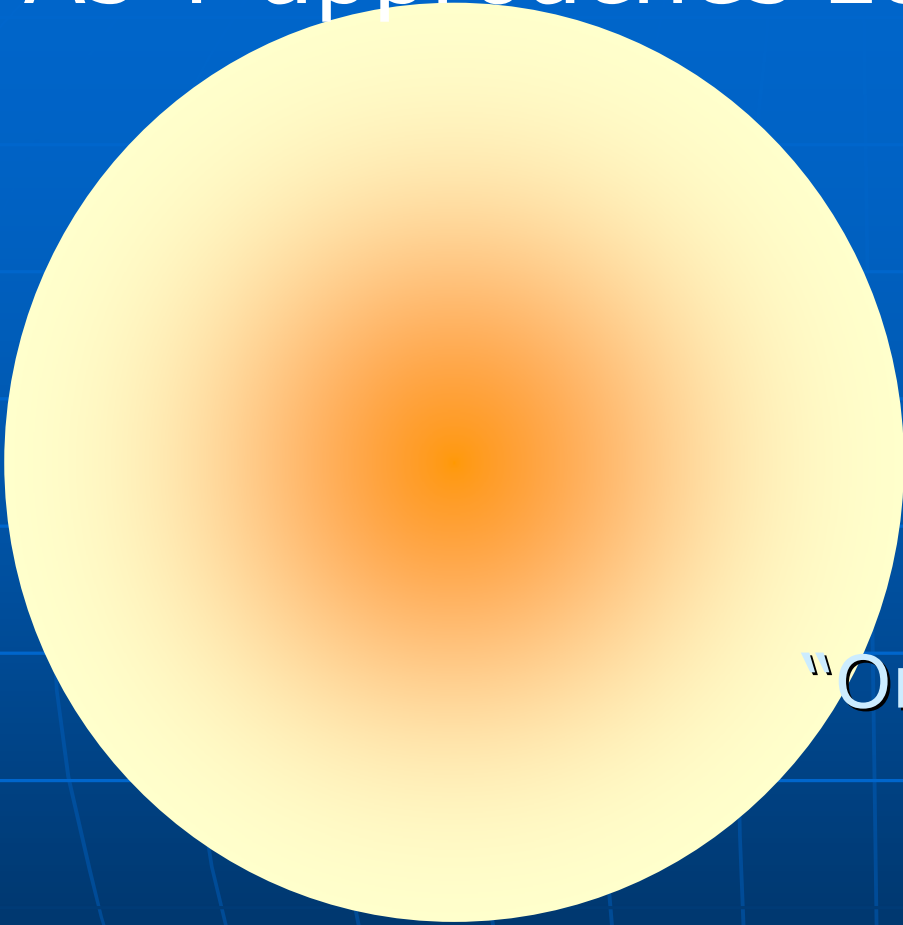


# Collection of identical particles



Decreasing temperature  
increases  $\lambda_{dB}$

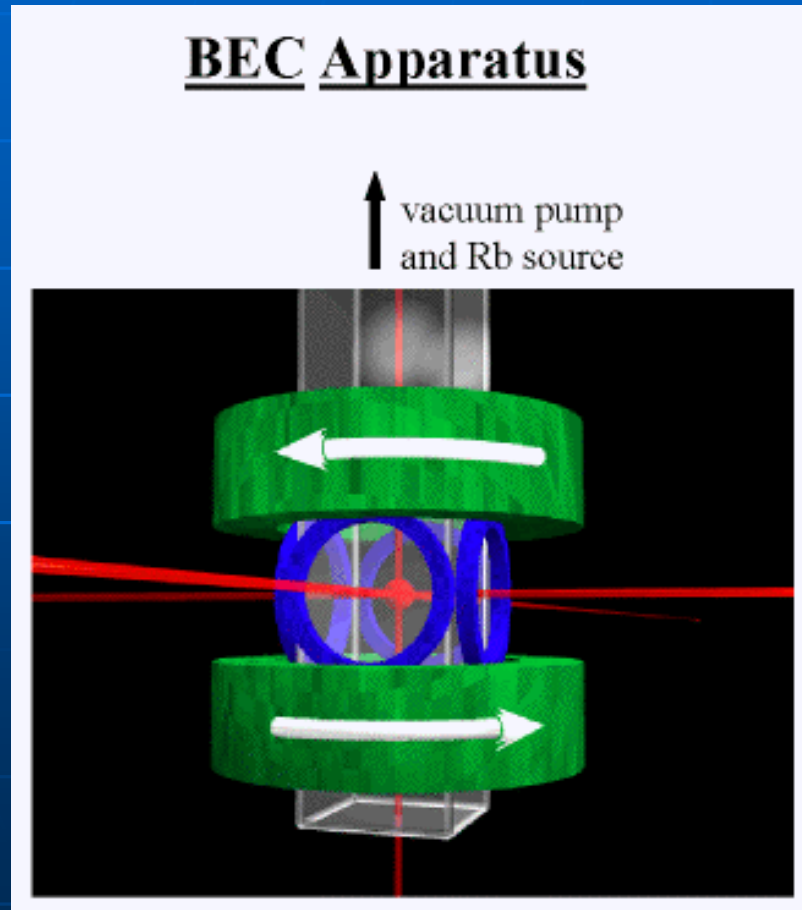
As  $T$  approaches zero  $\lambda_{dB} \gg l$



“One for all and all for one”

Particles behave coherently  
like a single “giant atom”

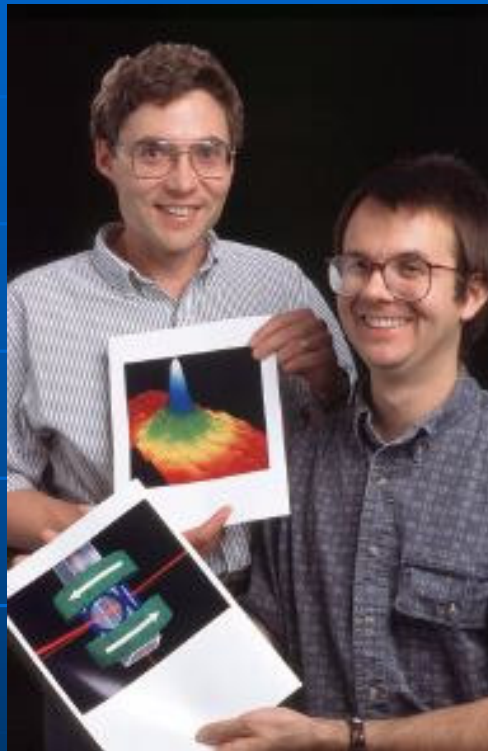
# Bose-Einstein Condensation in the vapor phase (Supergases)



- 1) Introduce Rb vapor into a vacuum space
- 2) Cool the Rb atoms by colliding them with appropriate laser beam and other clever techniques so that their  $\lambda_{dB}$  is larger than the separation of the atoms.
- 3) First accomplished by Carl Wieman and Eric Cornell in 1995 on Rb atoms



# Bose-Einstein Condensation in the vapor phase



Wieman

Cornell

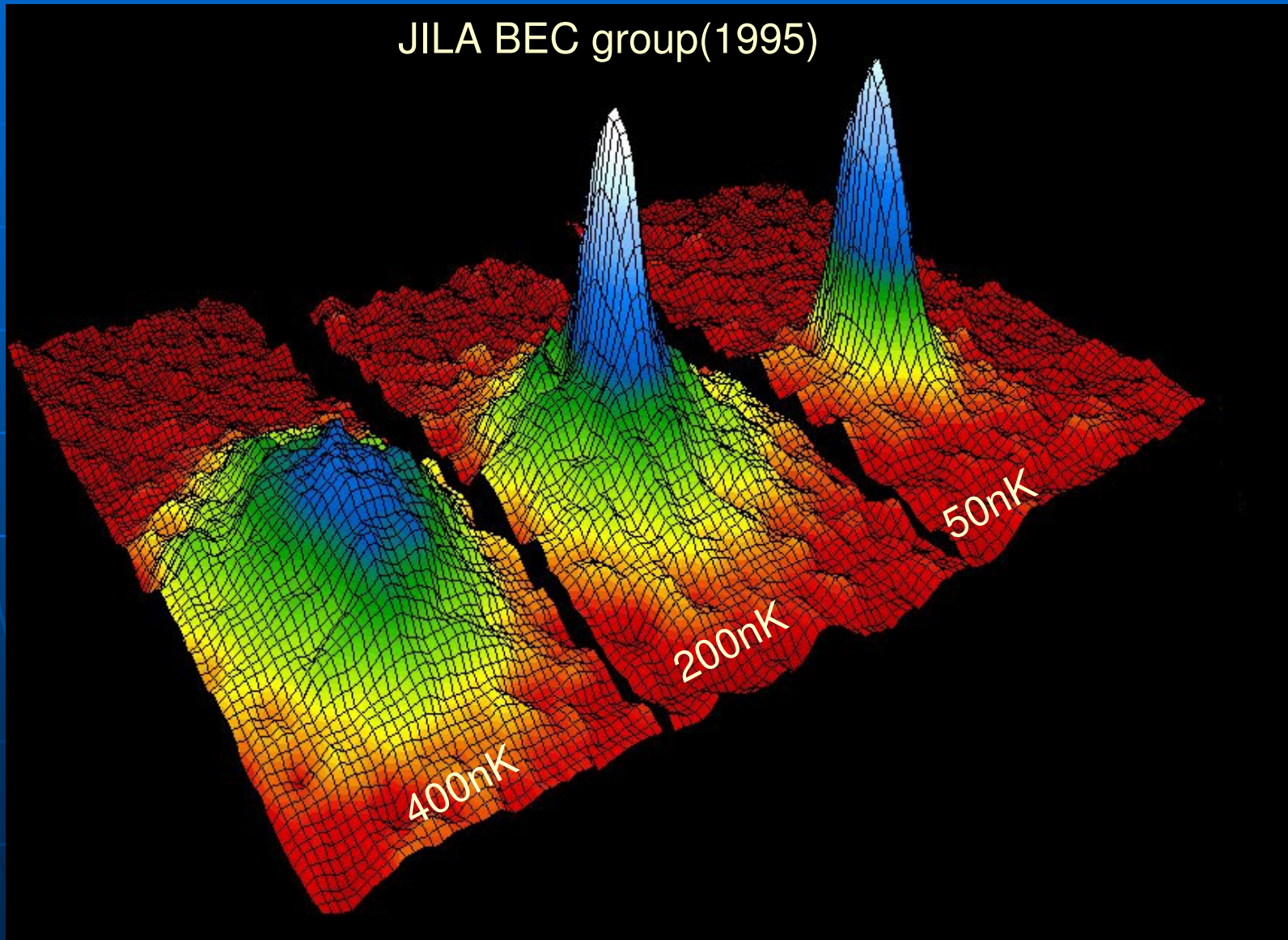
Nobel Prize in 2001



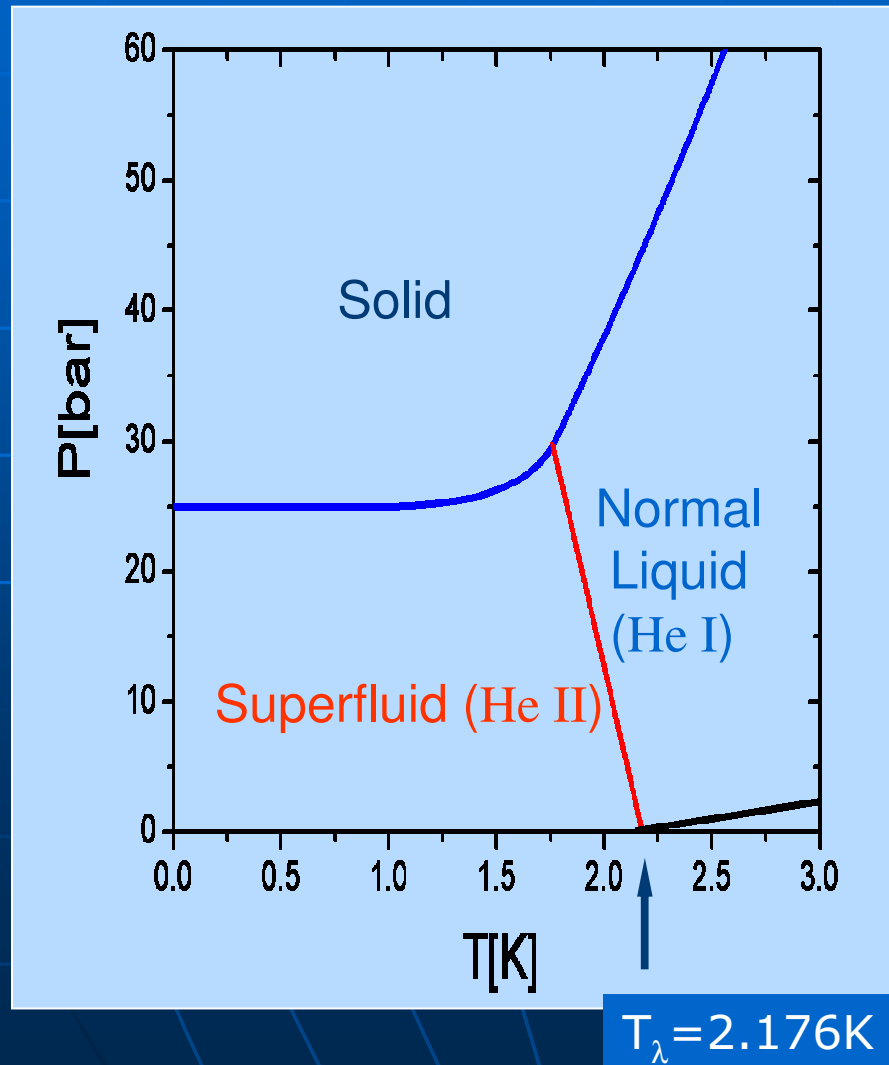
Ketterle

- 1) Introduce Rb vapor into a vacuum space
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# BEC of Rubidium gases



# Superfluidity in liquid $^4\text{He}$



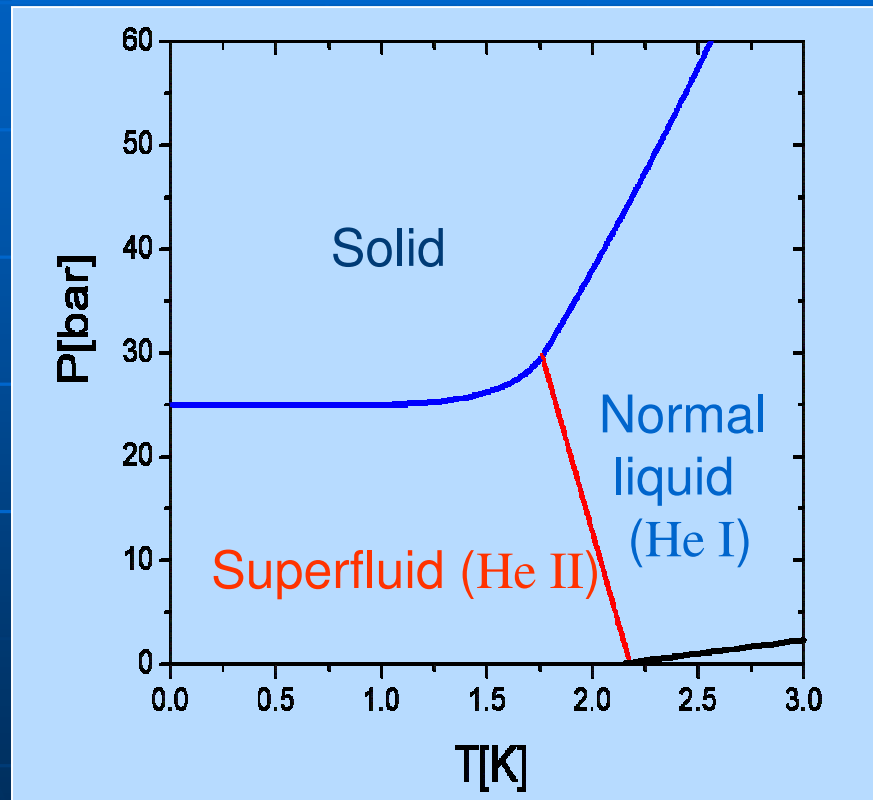
- Superfluid helium film can flow **up** a wall



- Superfluid Fountain



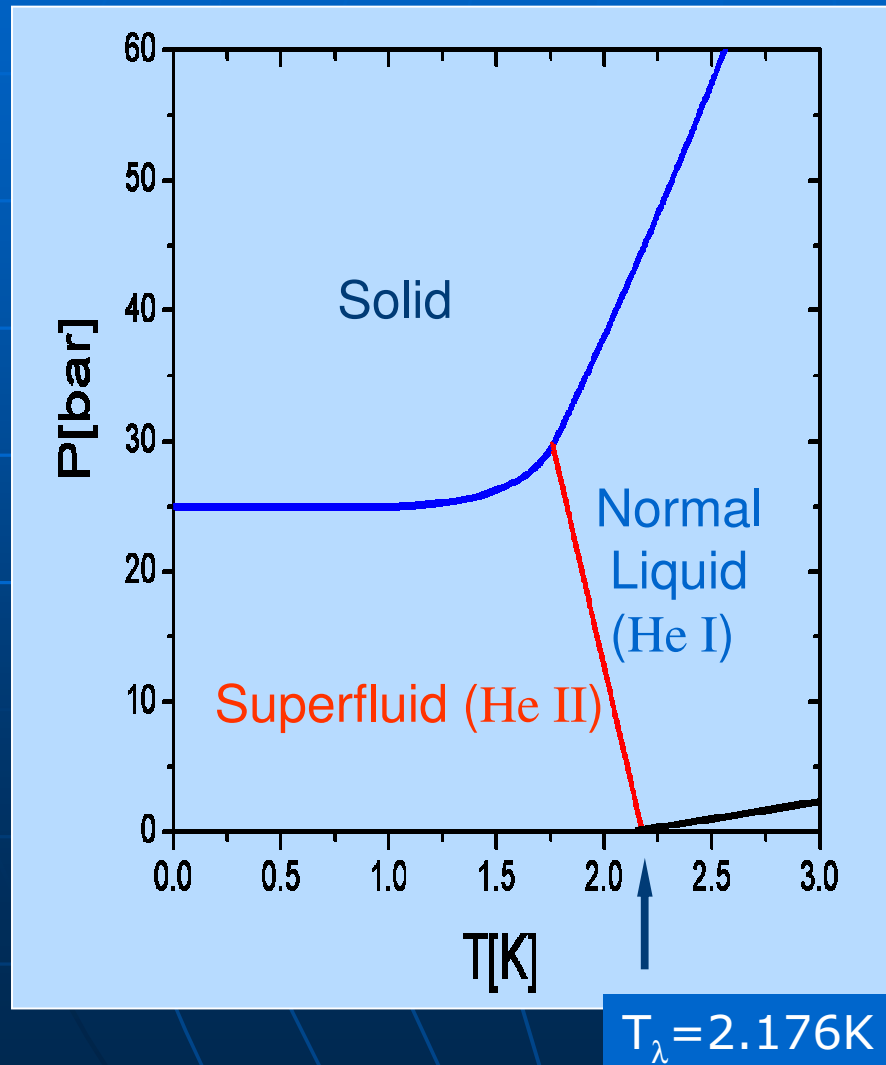
Fritz London is the first person to recognize that superfluidity in liquid  $^4\text{He}$  is a BEC phenomenon.



$$\lambda_{dB} = \frac{h}{\sqrt{2\pi m k_B T}}$$

At 2K,  $\lambda_{dB}$  of  $^4\text{He}$  = 0.6nm , separation of  $^4\text{He}$  atoms  $l$  = 0.3nm

# Superfluidity in liquid $^4\text{He}$



- Superfluid helium film can flow **up** a wall



- Superfluid Fountain



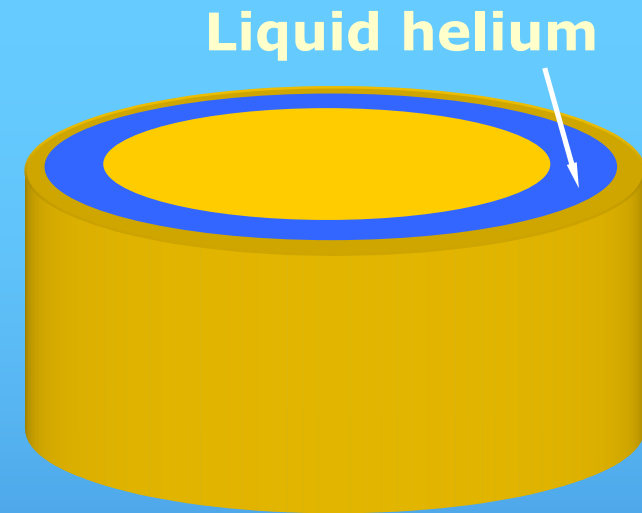
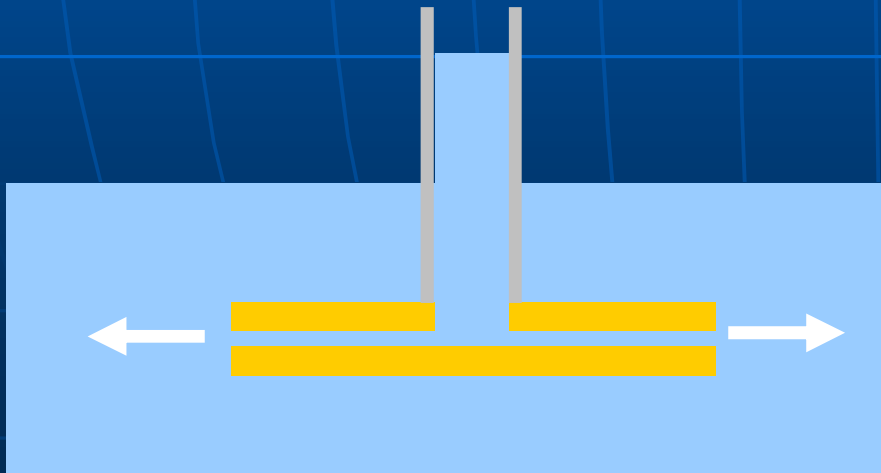


# Persistent current in superfluid

- Vanishing viscosity; “The viscosity of He II is at least 1500 times smaller than that of normal helium (He I)”

P. Kapitza, *Nature* **141**, 74 (1938)

Allen & Misener *Nature* **141**,75 (1938)



Persistent current can be created by stirring the liquid helium while cooling through  $T_\lambda$ . Superfluid will continue to rotate after the stirring is stopped. Conversely, if one starts from the superfluid state, the superfluid will stay still even if one try to stir it.



$$\lambda_{\text{dB}} \gg l$$

Particles behave coherently  
like a single “giant atom”



“One for all and all for one”

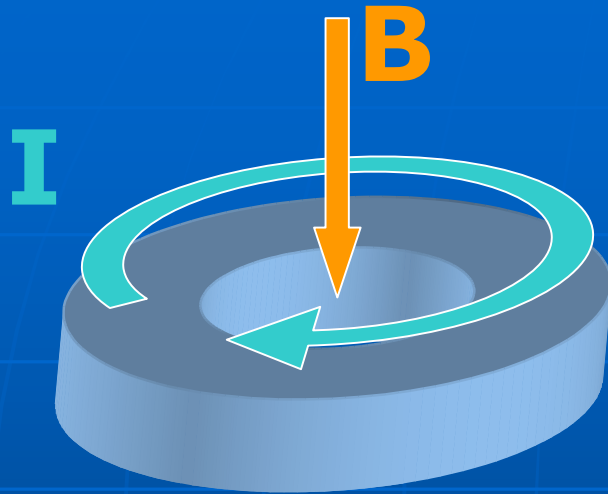
In the Bose-condensed state particles or atoms do not “run” into each other. Because they act as a single coherent entity they cannot easily lose or gain energy from the surroundings. Hence superfluidity is possible.

$$\lambda_{\text{dB}} \gg l$$



$$\psi = |\psi| e^{i\varphi}$$

# Superconductivity



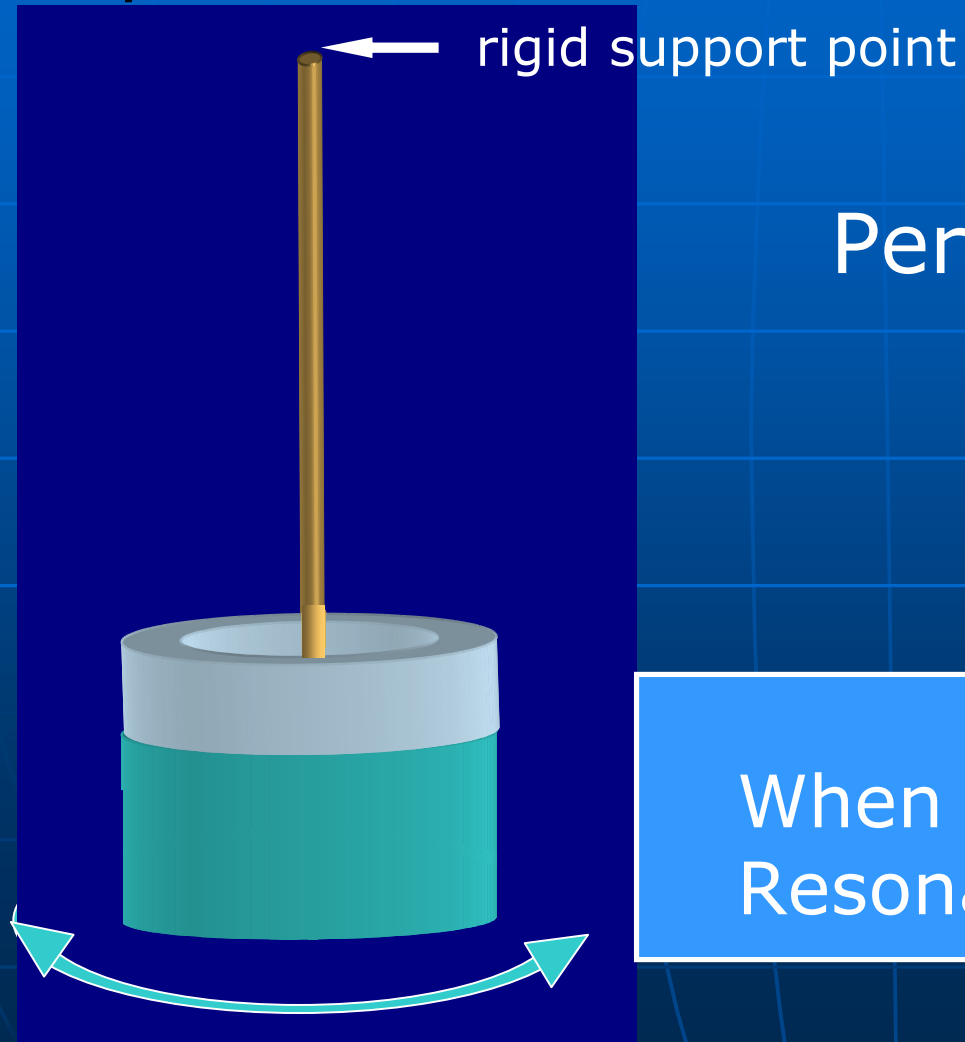
The phenomenon of superconductivity is analogous to superfluidity. In superconductivity, electric current can flow with no resistance. A similar persistent current of electron pairs can be set up.

MRI uses magnet powered by superconducting current in the persistent mode. In this mode the current and therefore the magnetic field is extremely stable.



- Superfluidity and superconductivity are macroscopic quantum phenomenon

# Principle for the observation of liquid helium behaving as a “Macroscopic Atom” : torsional pendulum

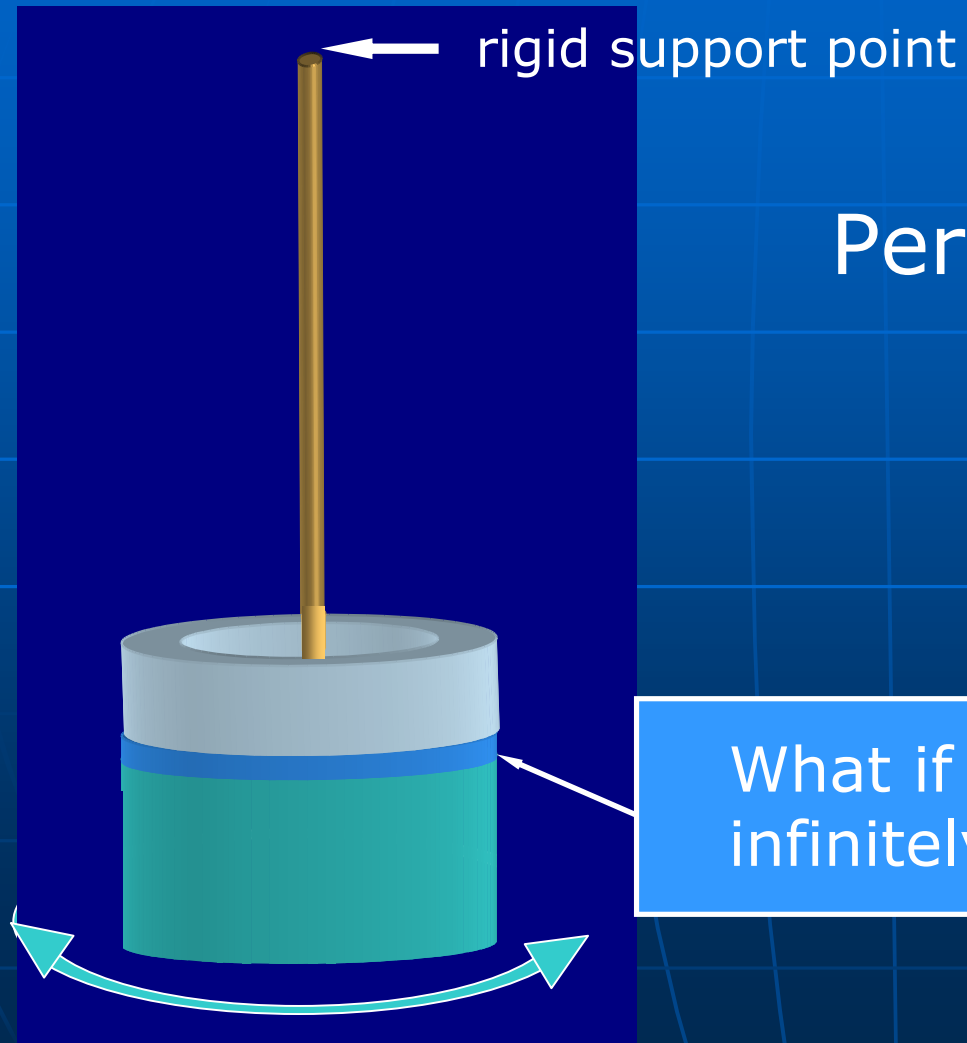


## Period of Oscillation

$$\tau = 2\pi \sqrt{\frac{I}{K}}$$

When  $I$  decreases,  
Resonant period decreases

# Torsional Pendulum

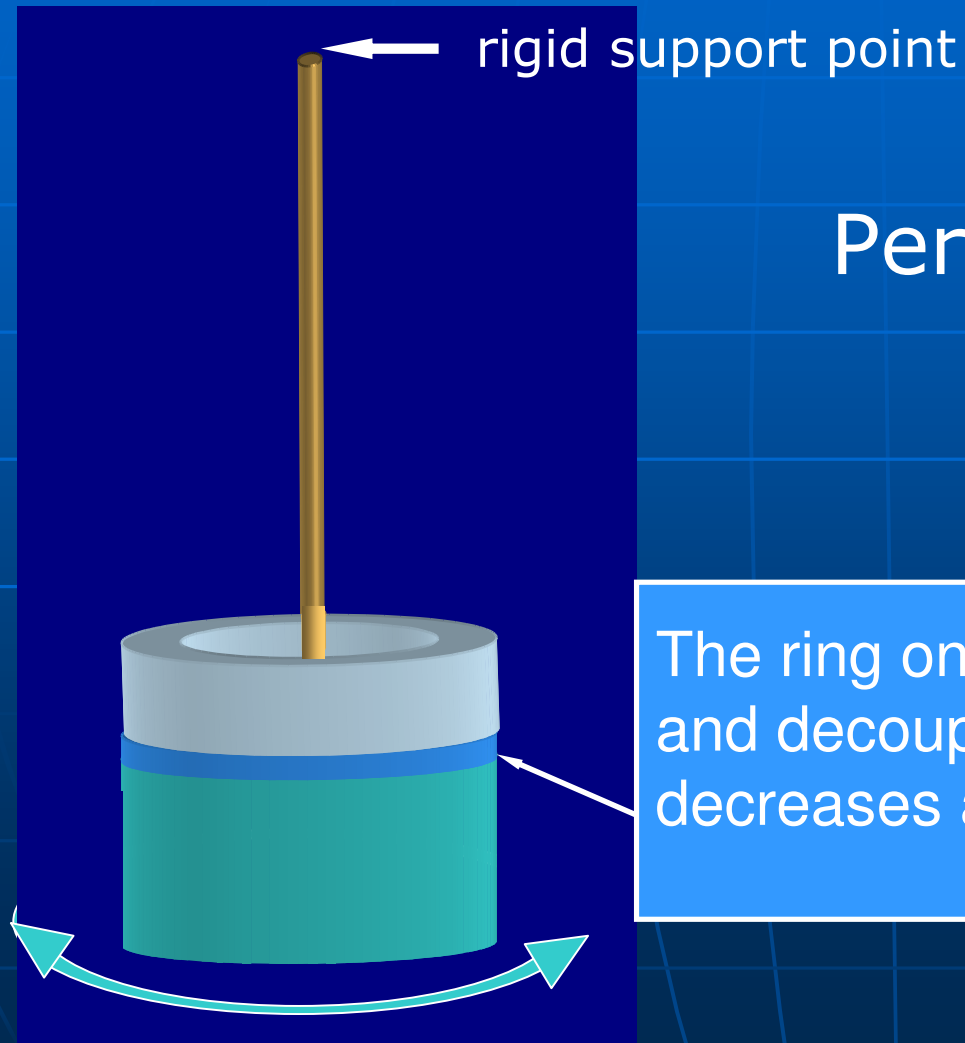


## Period of Oscillation

$$\tau = 2\pi \sqrt{\frac{I}{K}}$$

What if we have a set of infinitely smooth ball bearings?

# Torsional Pendulum



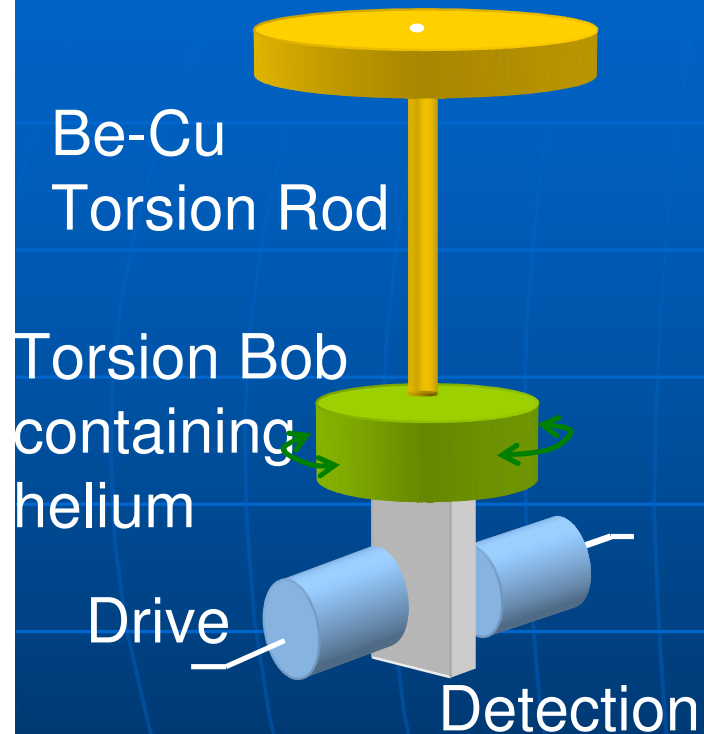
## Period of Oscillation

$$\tau = 2\pi \sqrt{\frac{I}{K}}$$

The ring on the top remains stationary and decouples from the oscillation,  $I$  decreases and period decreases.



# Torsional oscillator ideal for detection of superfluidity



$$\tau_o = 2\pi \sqrt{\frac{I}{K}}$$

## Resolution

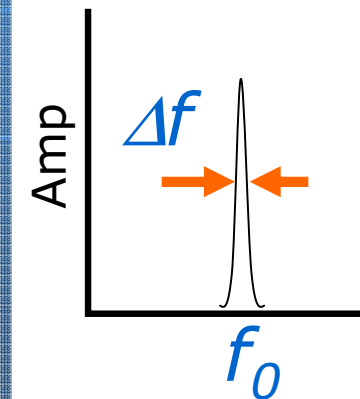
Resonant period ( $\tau_o$ )  $\sim 1$  ms

stability in  $\tau$  is 0.1 ns

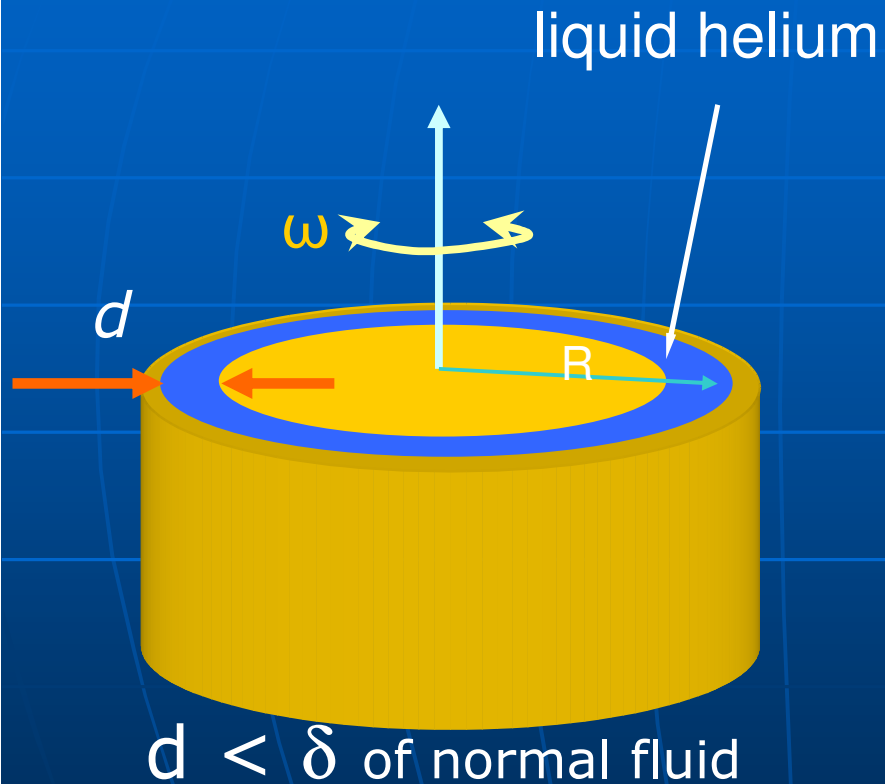
$$\delta\tau/\tau_o = 5 \times 10^{-7}$$

Mass sensitivity  $\sim 10^{-7}$  g

$$Q = f_o / \Delta f \sim 2 \times 10^6$$



# Measurement of superfluidity



In the normal fluid phase,  
 $I_{\text{total}} = I_{\text{cylinder}} + I_{\text{helium}}$

Above 2.176K, liquid helium behaves as a normal fluid. It will oscillate with the disk if  $d$  is smaller than the viscous penetration depth ( $\delta$ ).

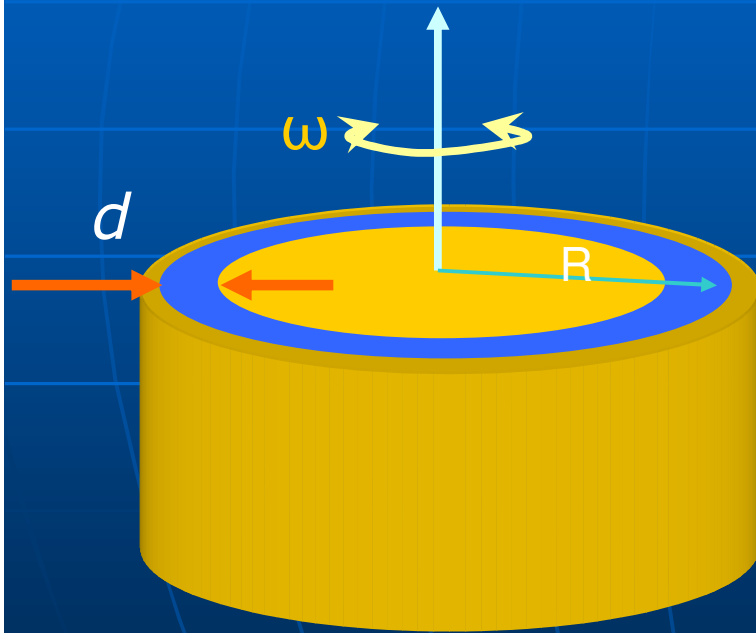
( $\delta \sim 3\mu\text{m}$ ,  
if the oscillating frequency  
is  $2\pi \cdot 1000$  rad/s )

$$\delta = \sqrt{\frac{2\eta}{\rho\omega}}$$

$\eta$  : viscosity

As temperature is cooled below  $T_\lambda$

Superfluid fraction stays still when the container is being oscillated we can measure the fraction of superfluid.



$$\rho = \rho_s + \rho_n$$

$$\rho_s = \psi^* \psi$$

$$I_{\text{total}} = I_{\text{cylinder}} + I_{\rho_n(T)};$$

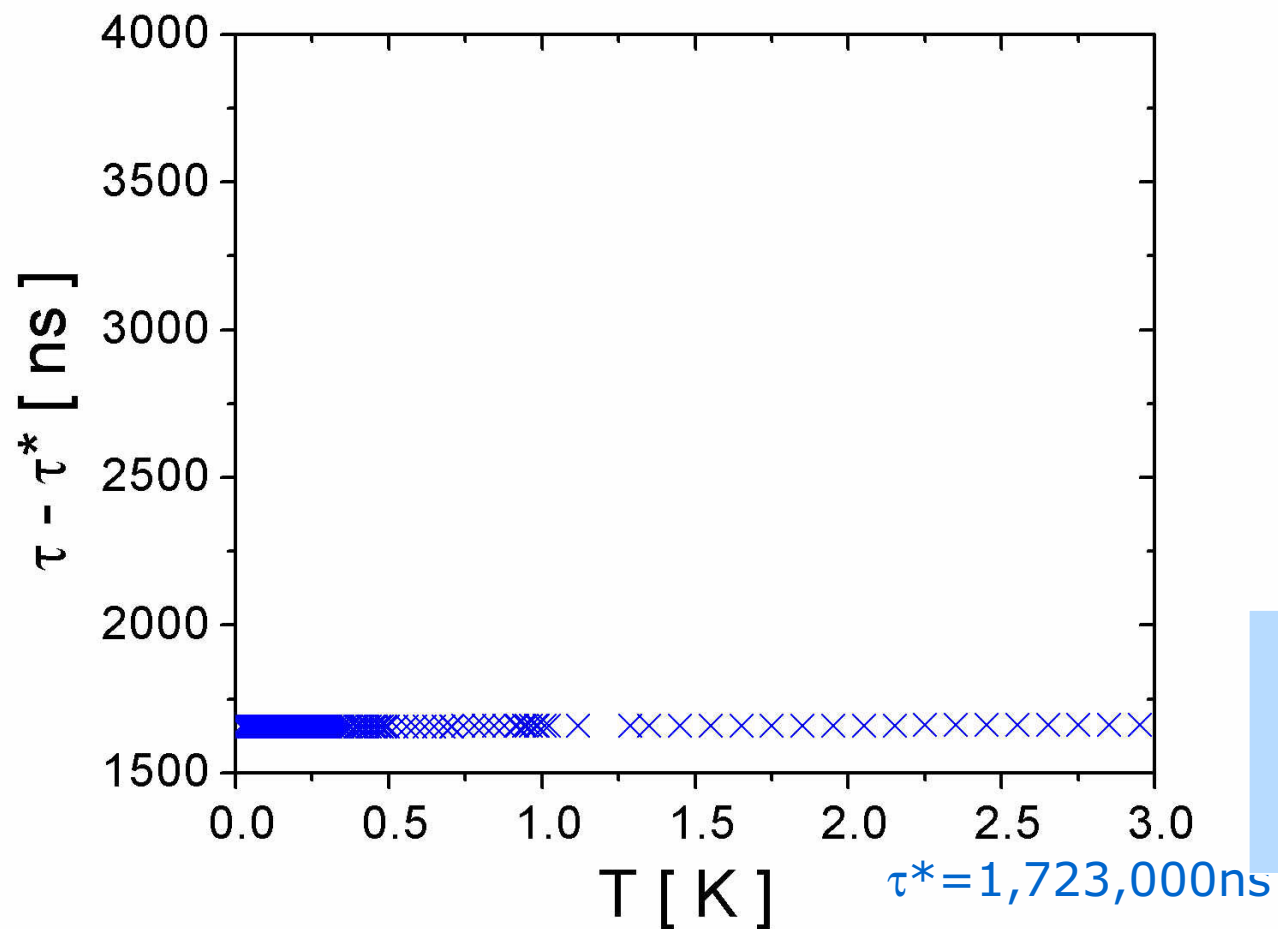
$$I_{\text{total}} = I_{\text{cylinder}}; \text{ at } T=0, \rho_n=0$$

$d < \delta$  of normal fluid

Non-Classical Rotational Inertia

# Empty torsional cell

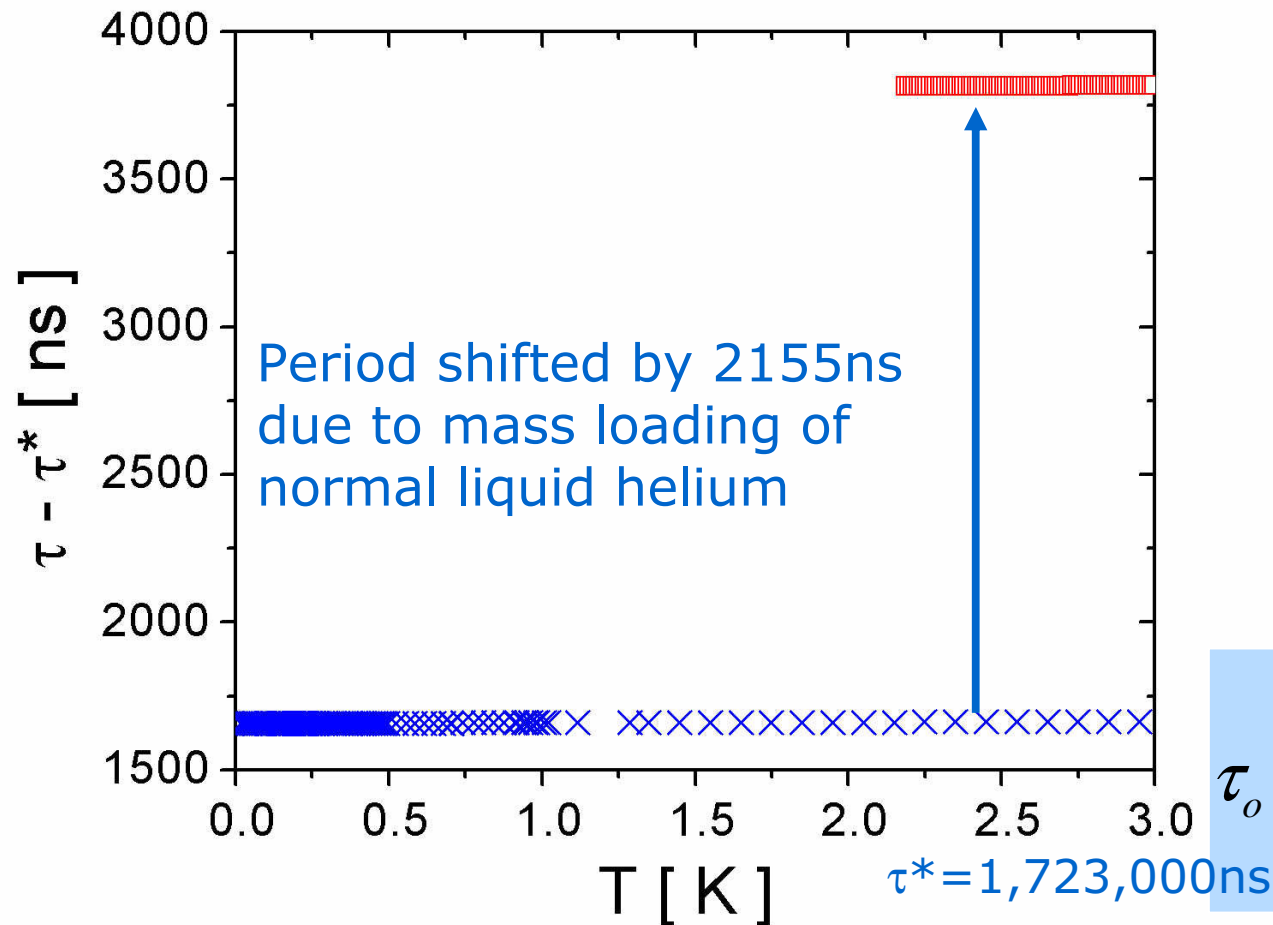
$$I_{\text{total}} = I_{\text{torsion cell}}$$



$$\tau_o = 2\pi \sqrt{\frac{I_{\text{cell}}}{K}}$$

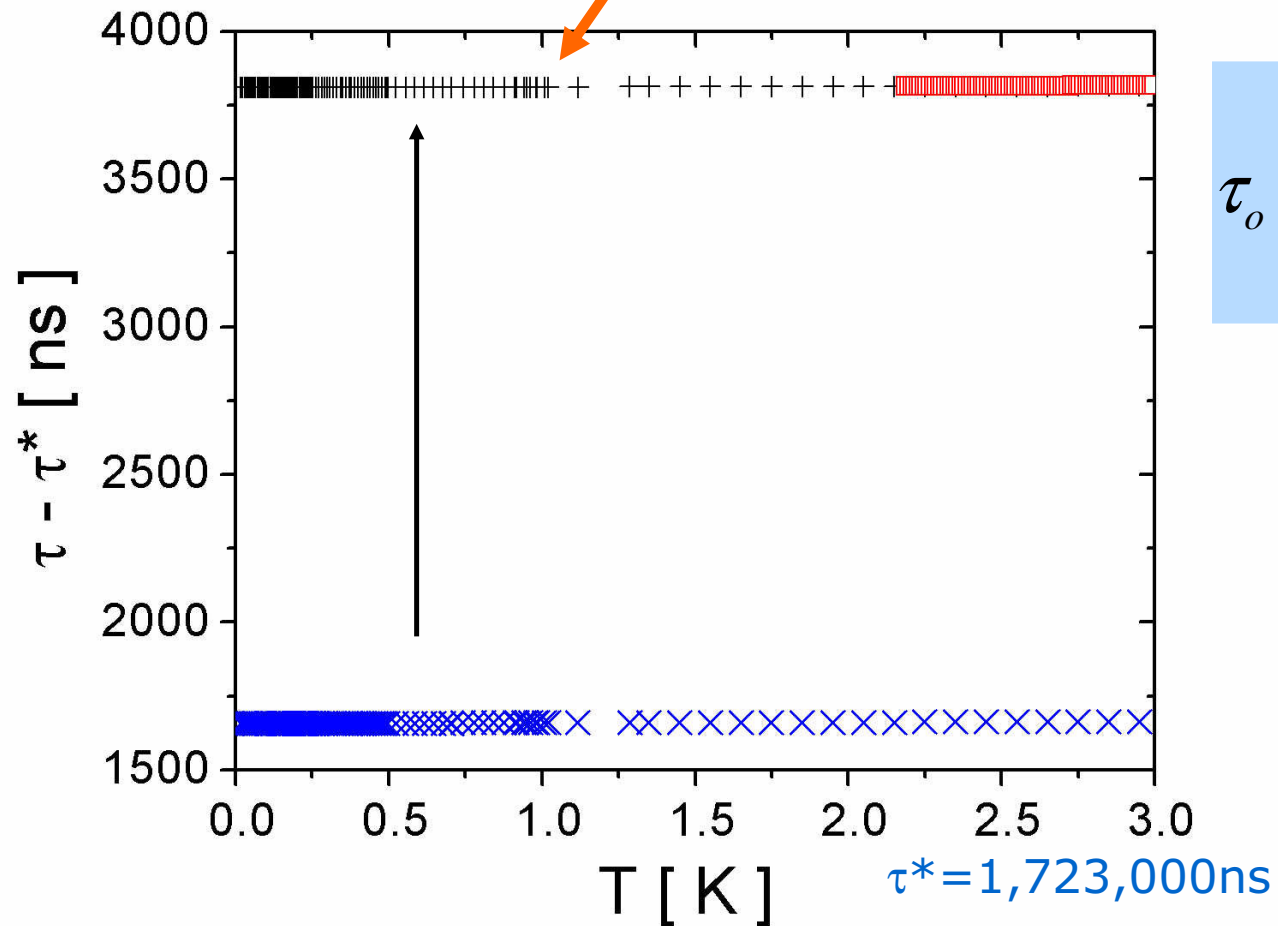
# Helium is introduced into the cell

$$I_{\text{total}} = I_{\text{torsion cell}} + I_{\text{normal helium}}$$



$$\tau_o = 2\pi \sqrt{\frac{I_{\text{cell}} + I_{\text{helium}}}{K}}$$

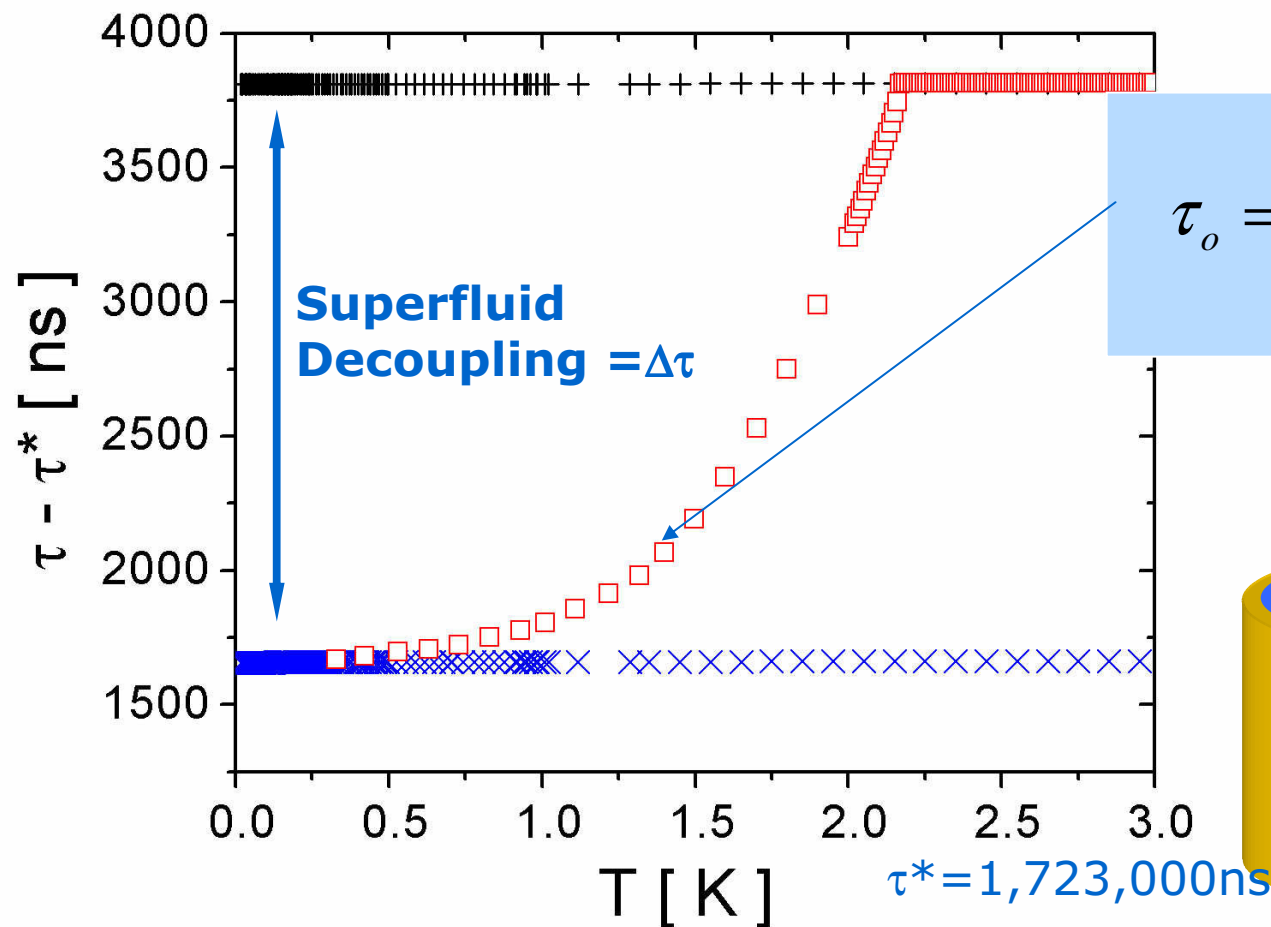
Expected background if there is no superfluid transition



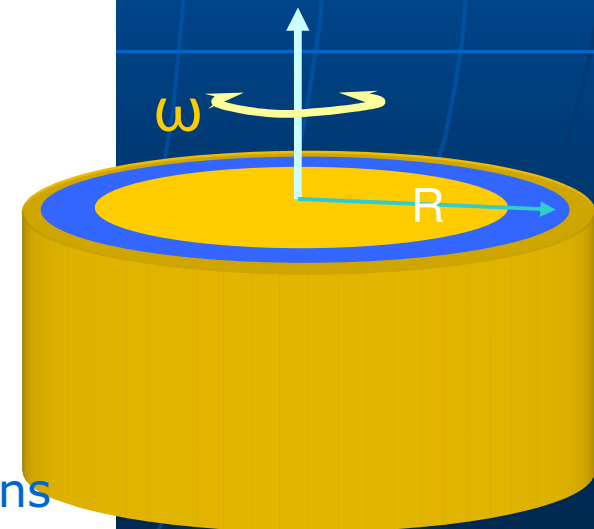
$$\tau_o = 2\pi \sqrt{\frac{I_{cell} + I_{helium}}{K}}$$



A certain fraction of the liquid, known as superfluid fraction decouples from the oscillation of the torsional cell and does not contribute to the rotational inertia

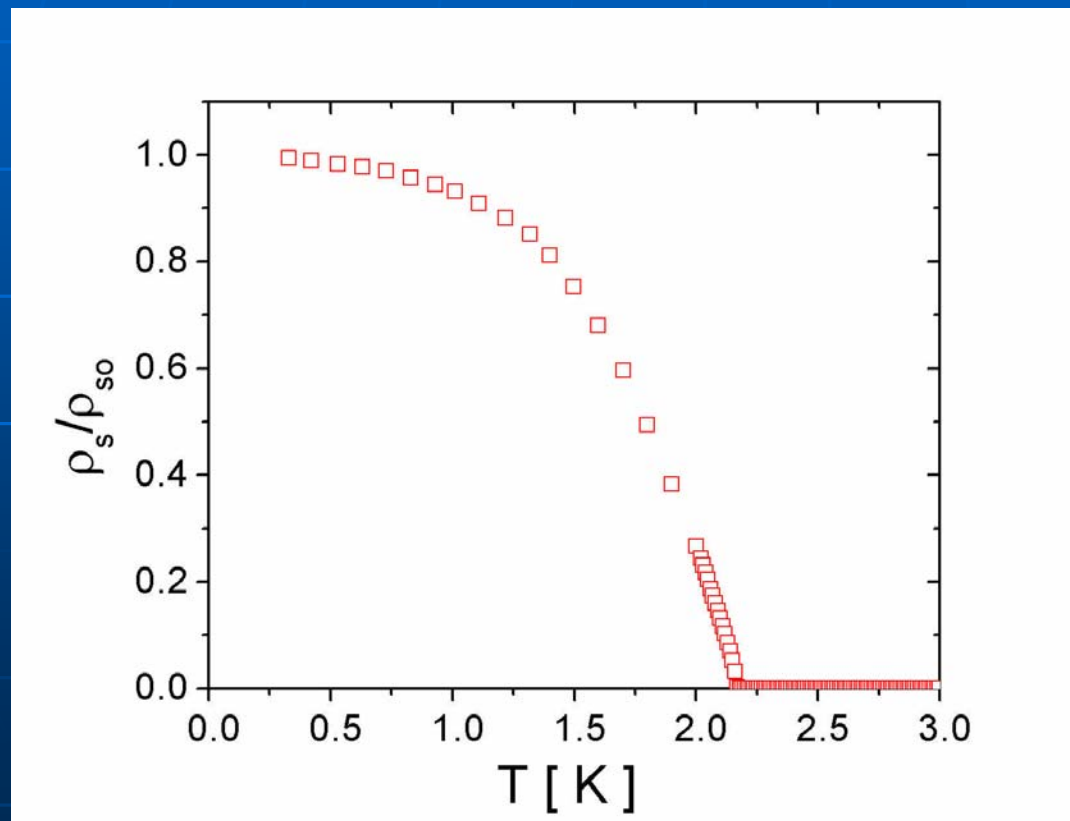


$$\tau_o = 2\pi \sqrt{\frac{I_{cell} + I_{normal\ fluid}}{K}}$$



# Superfluid fraction

$\rho = \rho_s + \rho_n$  ; two fluid model of Tisza and Landau



$$\rho_s = \psi^* \psi$$

Superfluid fraction

$$= \frac{\Delta\tau}{\text{total mass loading}}$$

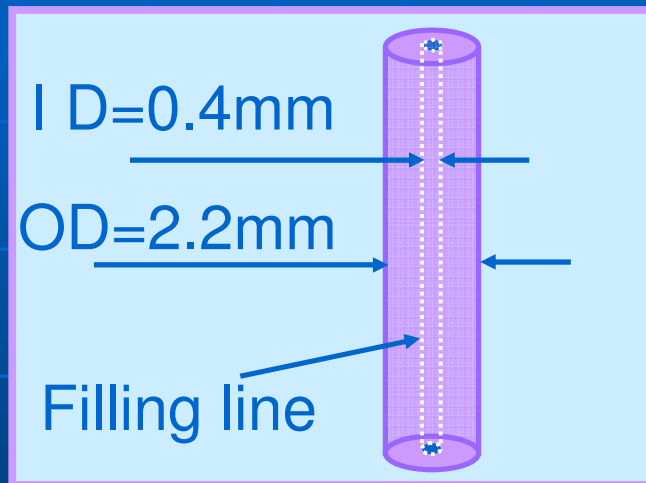
At  $T=0\text{K}$   
100% superfluid

## Does Bose-Einstein Condensation also occur in a solid?

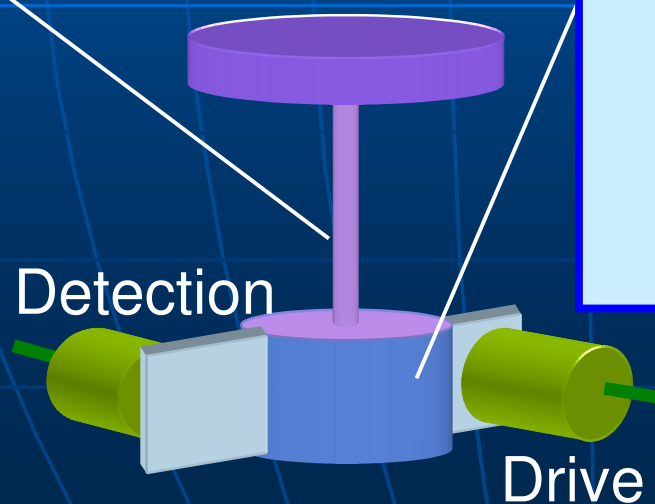
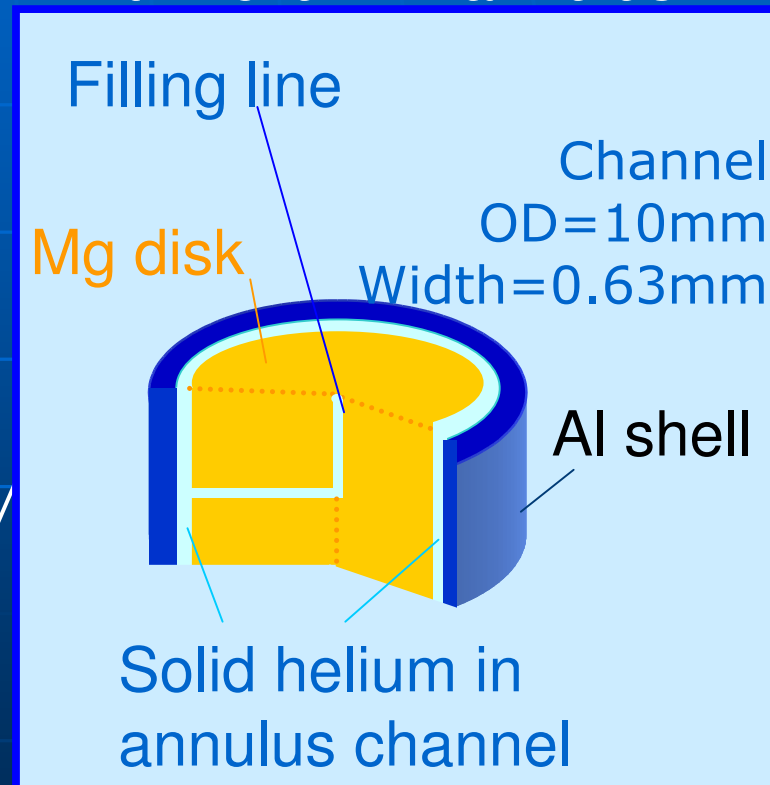
- 1) In principle it is possible, however “conventional wisdom” said it is unlikely to happen or immeasurably small.
- 2) Early theoretical model emphasize the phenomenon may occur as a consequence of the condensation of zero point vacancies.  
( Chester, Andreev and Liftshitz, Reatto)
- 3) If it is going to occur, the likely candidate is solid  $^4\text{He}$ , the most quantum mechanical solid.

# Search for the supersolid phase in solid $^4\text{He}$ .

Be-Cu Torsion Rod

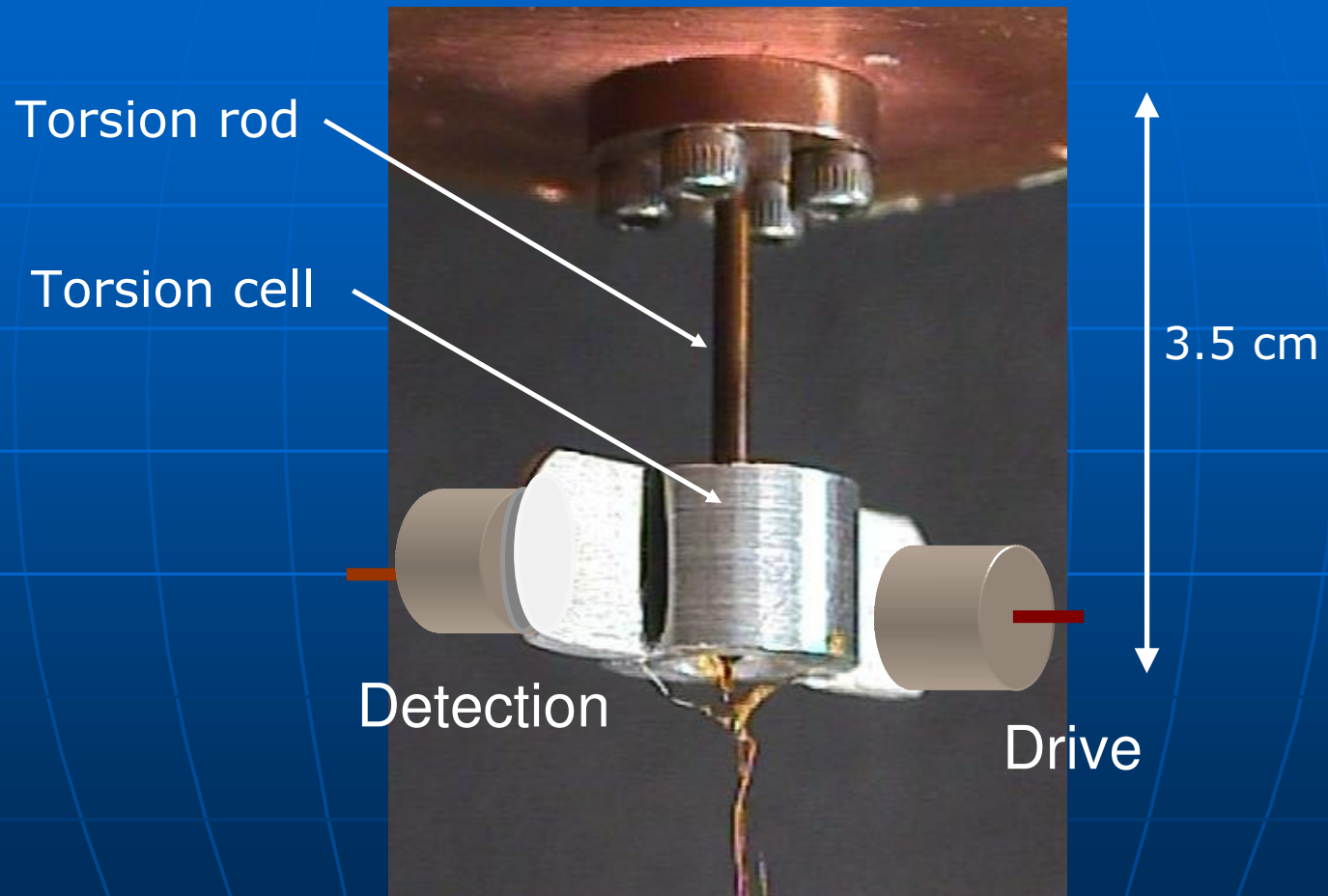


Torsion cell  
with helium in annulus

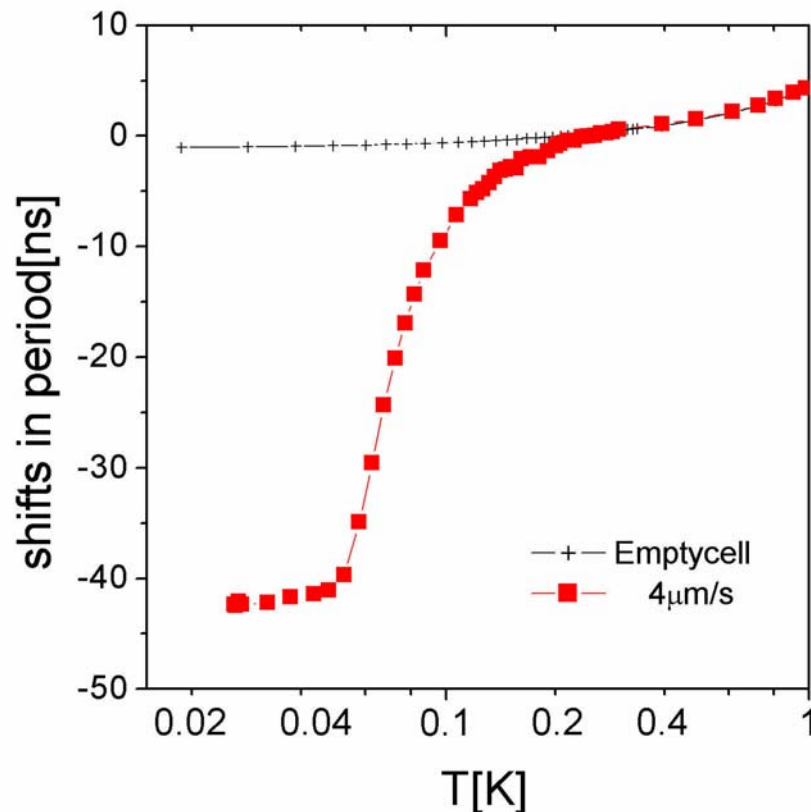


Eunseong Kim

# Torsional Oscillator



# Solid $^4\text{He}$ at 51 bars



Amplitude of oscillation is  $7\text{\AA}$

A decrease in the resonant period, similar to that found in superfluid liquid helium, appears below 0.25K

$\tau_0 = 1,096,465\text{ns}$  at 0 bar

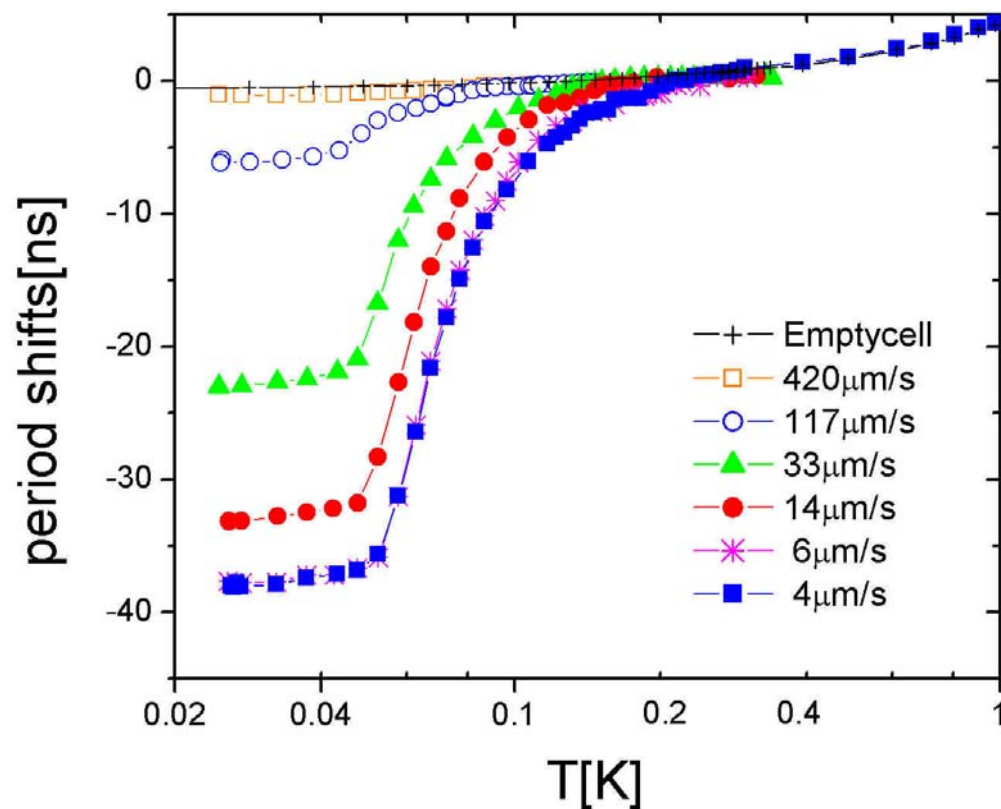
$1,099,477\text{ns}$  at 51 bars

(total mass loading =  $3012\text{ns}$  due to filling with helium)

The nonclassical rotational (NCRI) fraction is  $\sim 1.3\%$

*Nature*, **425**, 227 (2004); Solid helium in porous glass  
*Science* **305**, 1941 (2004); Bulk solid

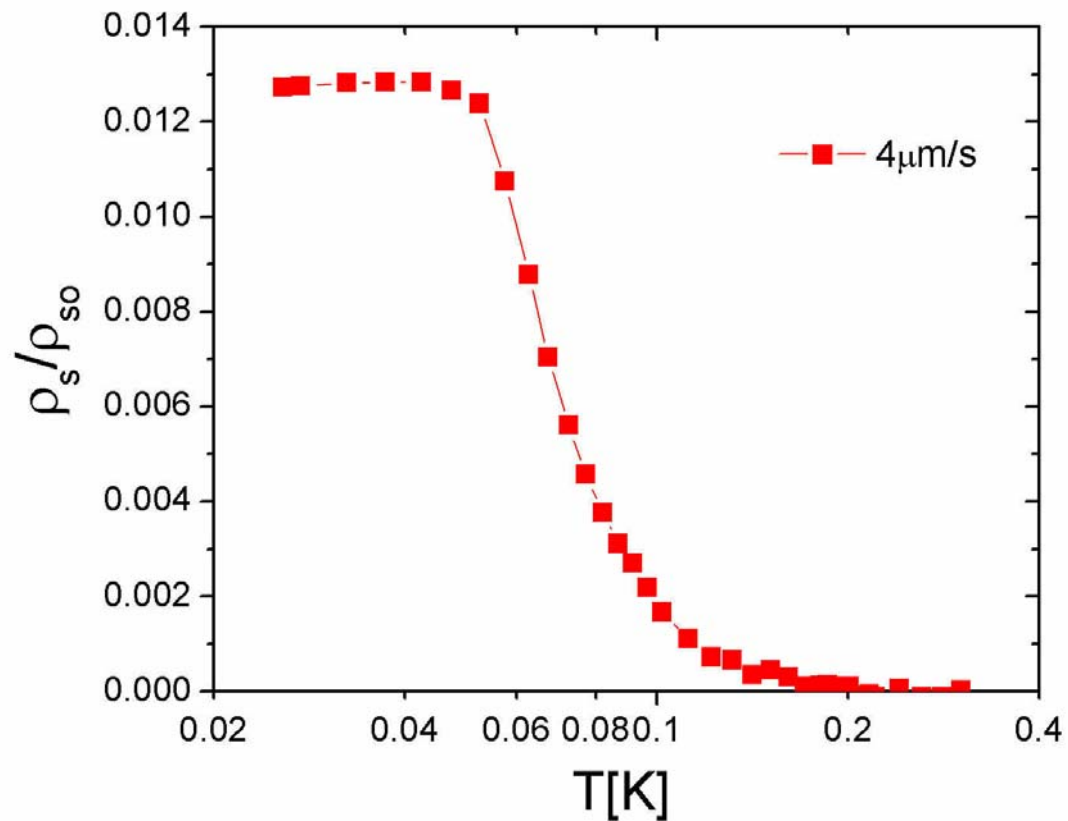
# Different Speed of Oscillation



4  $\mu\text{m/s}$  is equivalent to oscillation amplitude of 7 Å

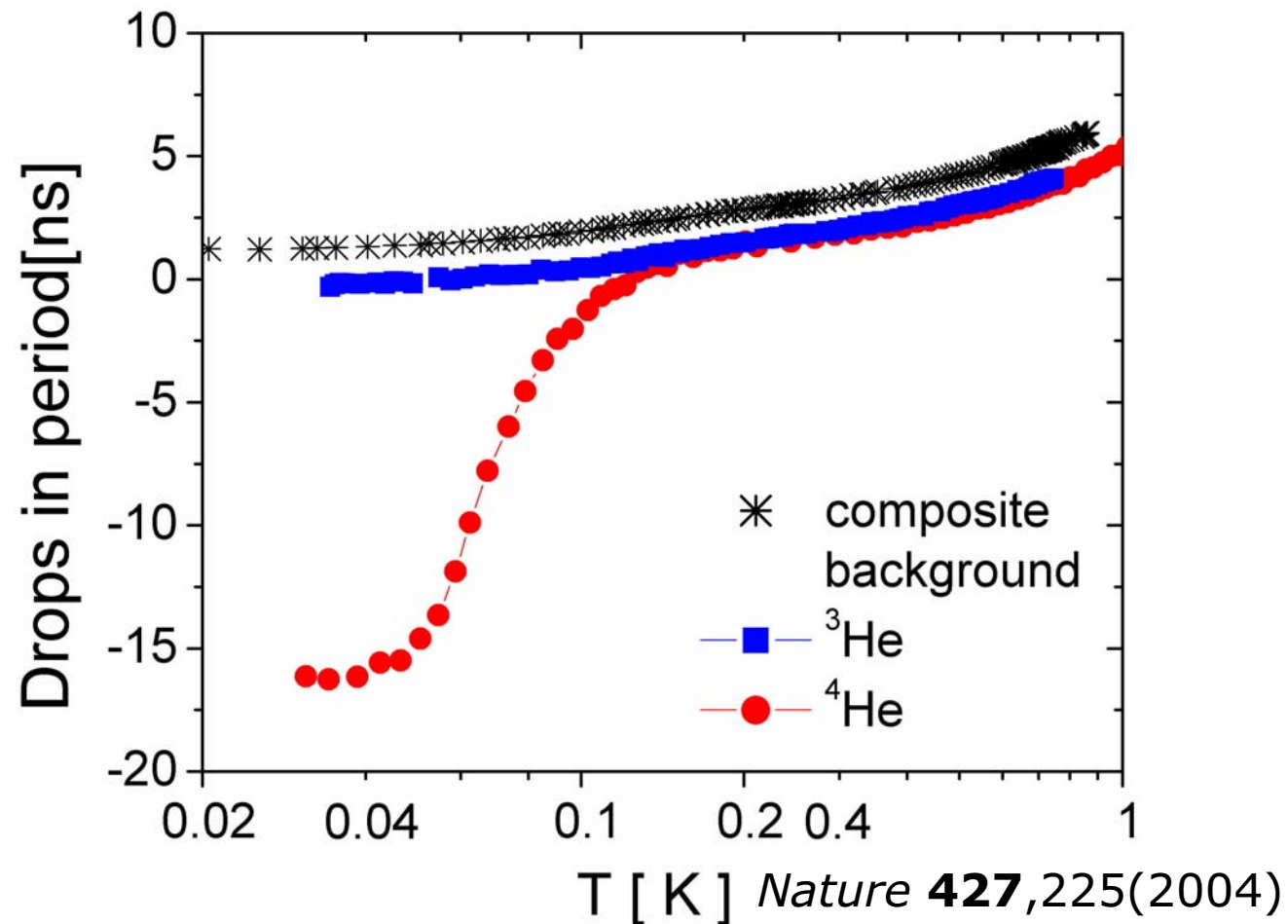


# Supersolid fraction or nonclassical rotational (NCRI) fraction



The supersolid fraction at  $T=0\text{K}$  is on the order of 1.3%

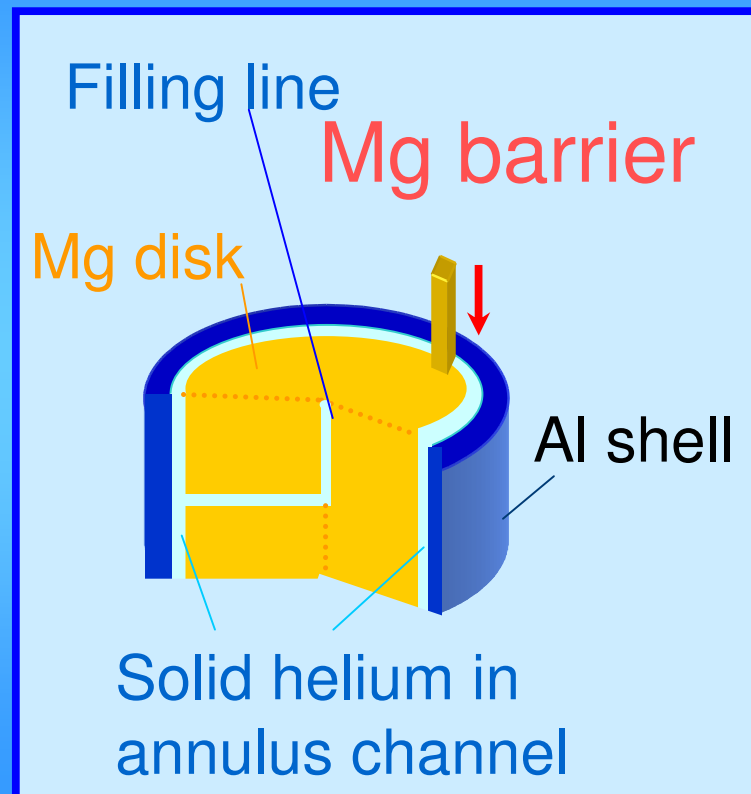
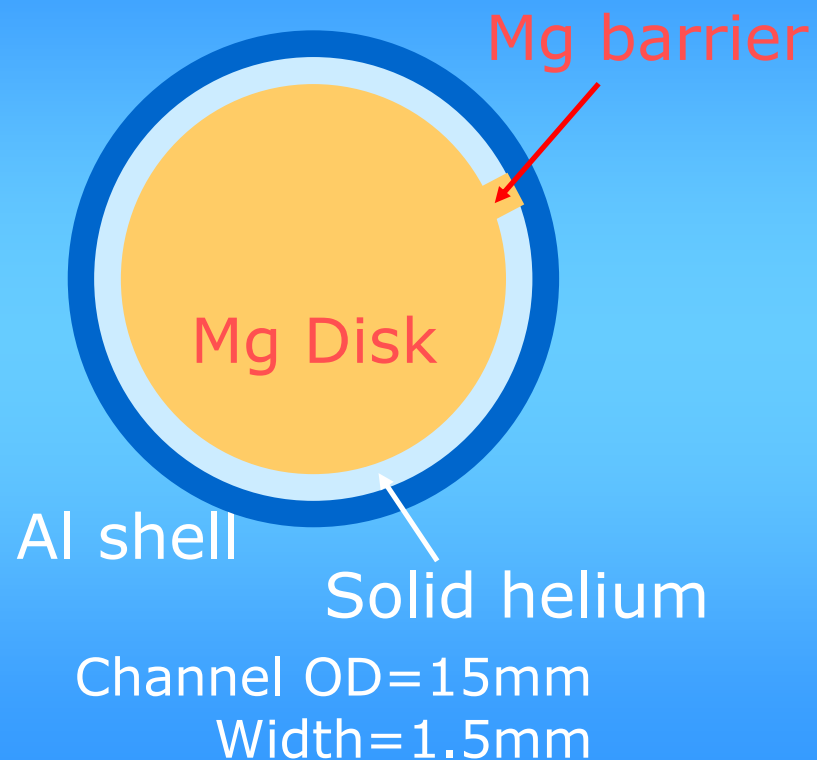
# Control experiment I : Solid $^3\text{He}$ ?

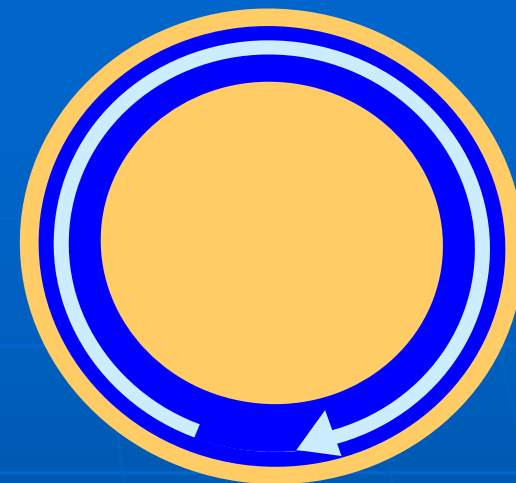
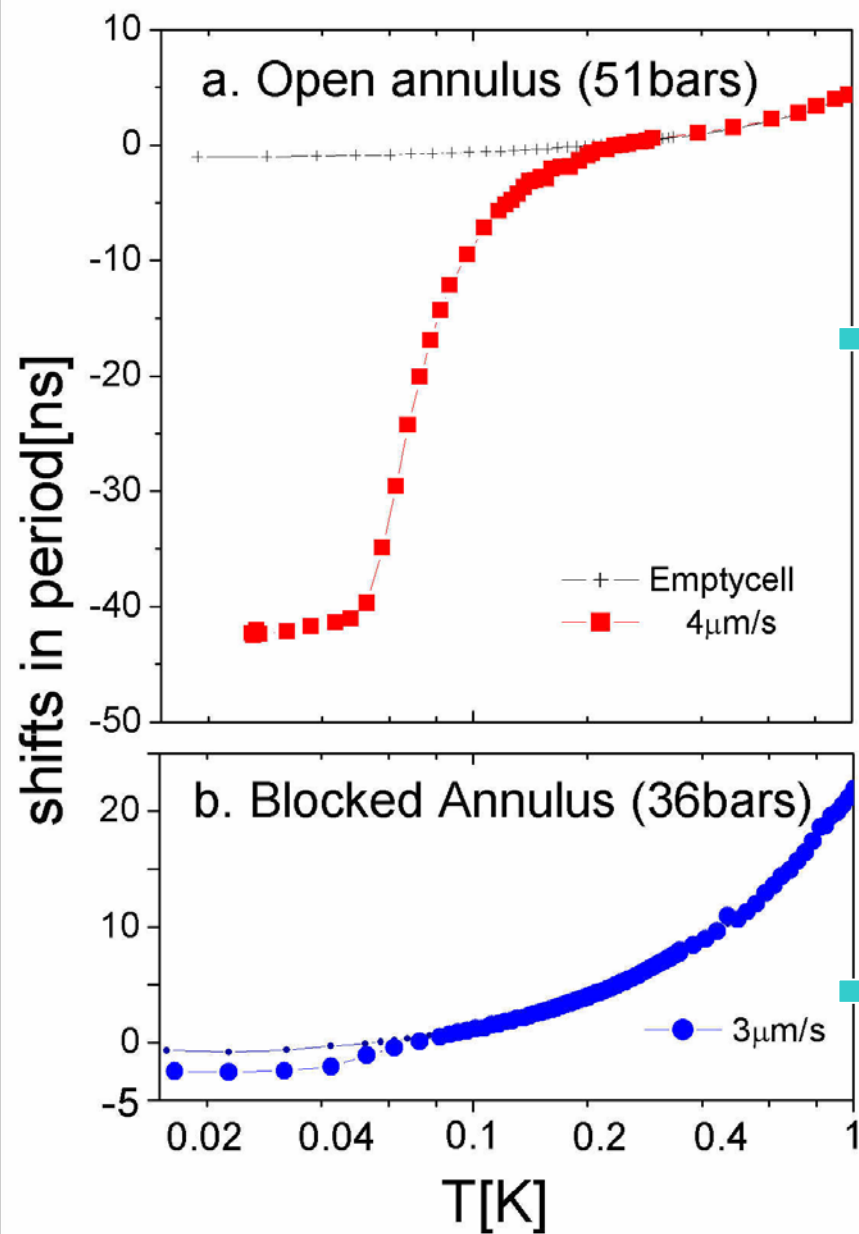


# Control experiment II

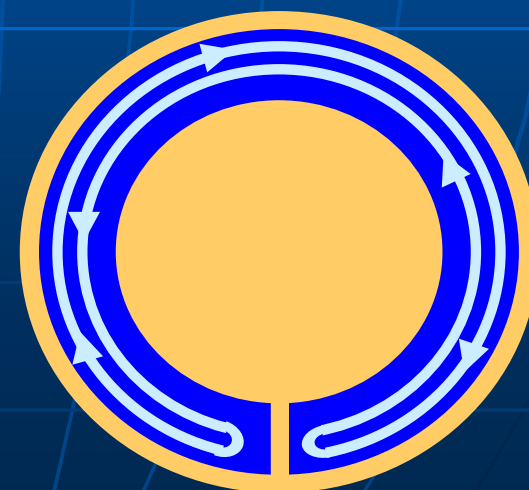
- With a barrier in the annulus, there should be **NO** simple superflow and the measured superfluid decoupling should be vastly reduced

## Torsion cell with blocked annulus

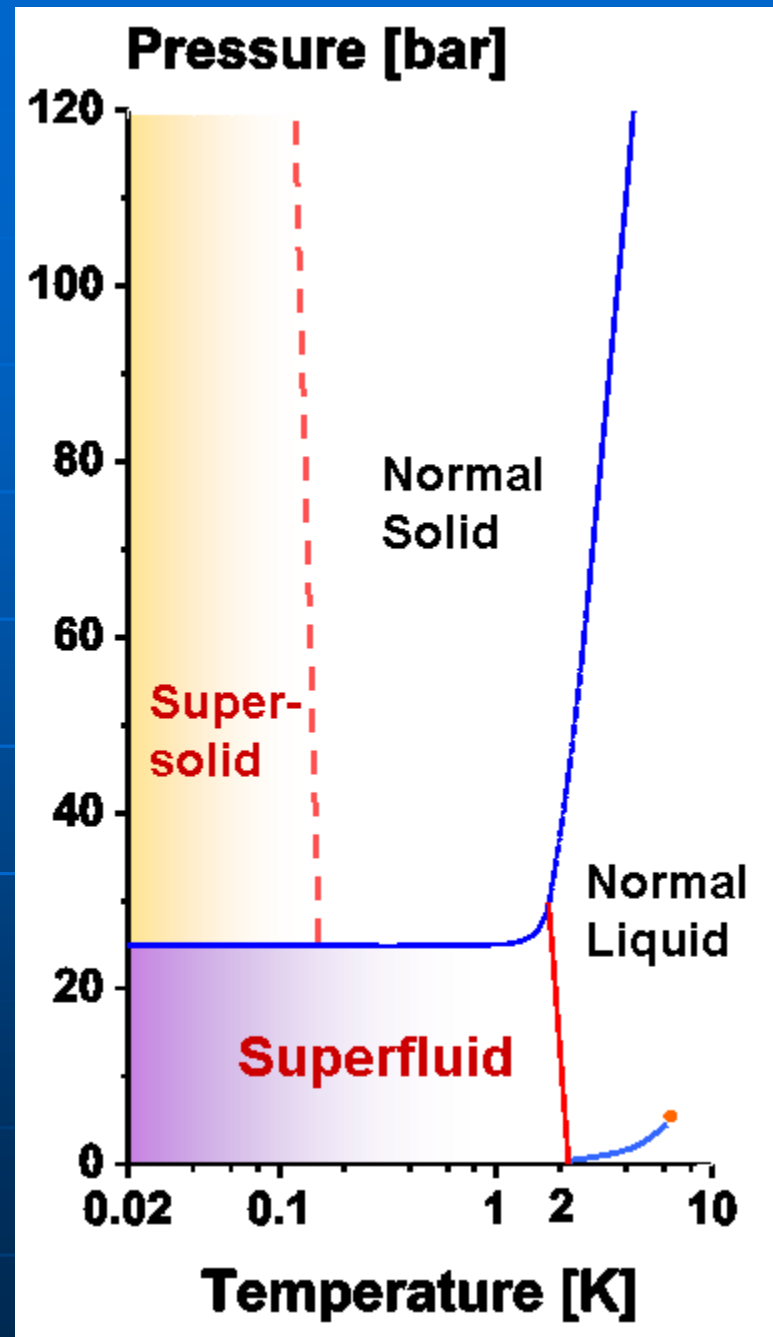




The flow is irrotational  
like superfluid



# Phase Diagram of $^4\text{He}$



# Open Questions

- Supersolid response found in high quality crystalline sample ( disorder appears to enhance the measured magnitude of NCRI) but is it possible in a 'perfect' crystal?
- The most puzzling result is the large ( 3 orders of magnitude ) variation in NCRI in different torsional oscillator measurements.
- Are there other experimental signature? dc superflow? persistent current? second sound? direct evidence of quantum vortices? Specific heat peak! Shear modulus change!
- Effect of  $^3\text{He}$  impurity?
- 2D supersolid?