



*The Abdus Salam
International Centre for Theoretical Physics*





2046-1

**Summer College on Nonequilibrium Physics from Classical to
Quantum Low Dimensional Systems**

6 - 24 July 2009

Eigenstate thermalization hypothesis and quantum thermodynamics

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In collaboration with Marcos Rigol and Vanja Dunjko
Support by NSF and ONR





Thermalization in classical isolated systems ←
stochasticity ← instabilities ← nonlinearity

Q: What enables thermalization in quantum
isolated systems, **linear** by nature?

Quantum thermalization paradox

[Srednicki (1994)]

Time evolution from an initial state $|\Psi_{\text{initial}, E}\rangle \longrightarrow$ **Infinite time average of the quantum expectation value** an observable \hat{A} :

$$\begin{aligned} & \lim_{T \rightarrow \infty} T^{-1} \int_0^T dt \langle \Psi(t) | \hat{A} | \Psi(t) \rangle \\ &= \lim_{T \rightarrow \infty} T^{-1} \int_0^T dt \sum_{\alpha} \sum_{\alpha'} \langle \Psi(t=0) | \alpha \rangle \langle \alpha' | \Psi(t=0) \rangle A_{\alpha\alpha'} e^{i(E_{\alpha} - E_{\alpha'})t/\hbar} \\ &= \sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 A_{\alpha\alpha} \end{aligned}$$

Thermalization \longrightarrow time average converges to the thermal average:

$$\sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 A_{\alpha\alpha} = \langle A \rangle_{\text{thermal}, T(E)}$$

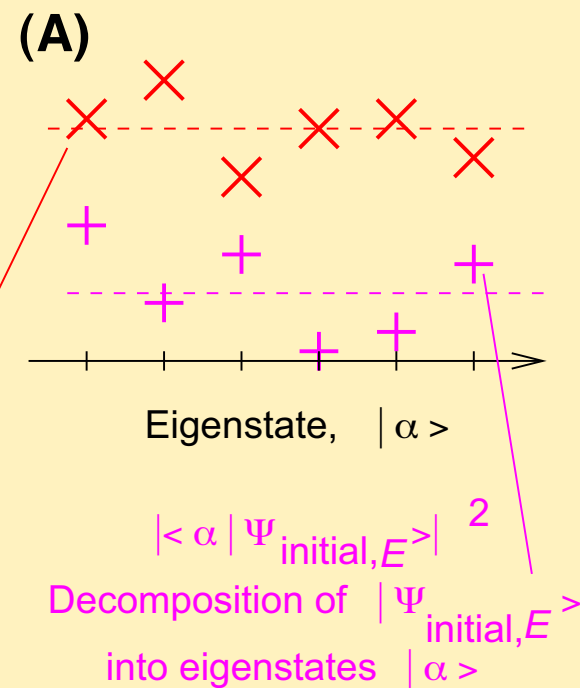
Notice that **while the l.h.s. is seemingly different for different initial states, r.h.s. is just a number.** How could this be?

Quantum thermalization paradox, three resolutions

$$\sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 A_{\alpha, \alpha} \stackrel{?}{=} \langle A \rangle_{\text{thermal}, T(E)}$$

for ALL $|\Psi_{\text{initial}, E}\rangle$

$A_{\alpha, \alpha}$
Diagonal matrix elements
of observable \hat{A}



$A_{\alpha, \alpha}$ and $|\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2$ are decorrelated

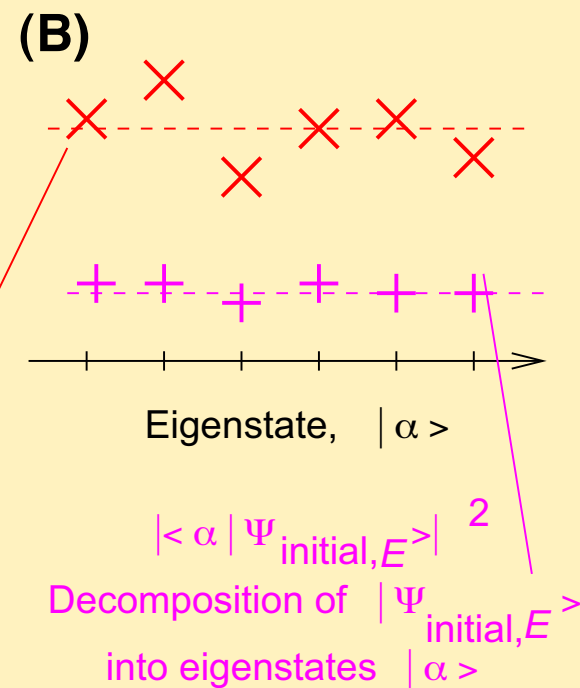
$$\sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 A_{\alpha, \alpha} \approx \sum_{\alpha} \overline{|\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2} \overline{A_{\alpha, \alpha}} = \langle A \rangle_{\text{thermal}, T(E)}$$

Quantum thermalization paradox, three resolutions

$$\sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 A_{\alpha, \alpha} \stackrel{?}{=} \langle A \rangle_{\text{thermal}, T(E)}$$

for ALL $|\Psi_{\text{initial}, E}\rangle$

$A_{\alpha, \alpha}$
Diagonal matrix elements
of observable \hat{A}



$$|\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 \approx \text{const.}$$

$$\sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 A_{\alpha, \alpha} \approx \sum_{\alpha} \rho_{\text{microcanon.}, \alpha, \alpha} A_{\alpha, \alpha} = \langle A \rangle_{\text{thermal}, T(E)}$$

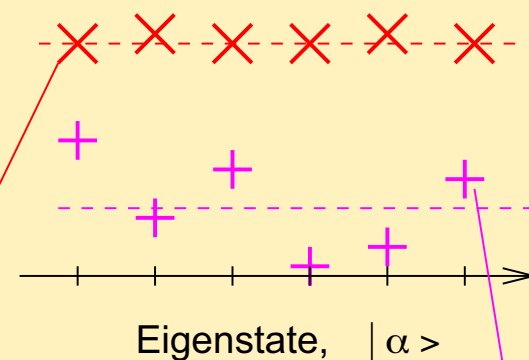
Quantum thermalization paradox, three resolutions

$$\sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 A_{\alpha, \alpha} \stackrel{?}{=} \langle A \rangle_{\text{thermal}, T(E)}$$

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$A_{\alpha, \alpha}$
Diagonal matrix elements
of observable \hat{A}

(C)

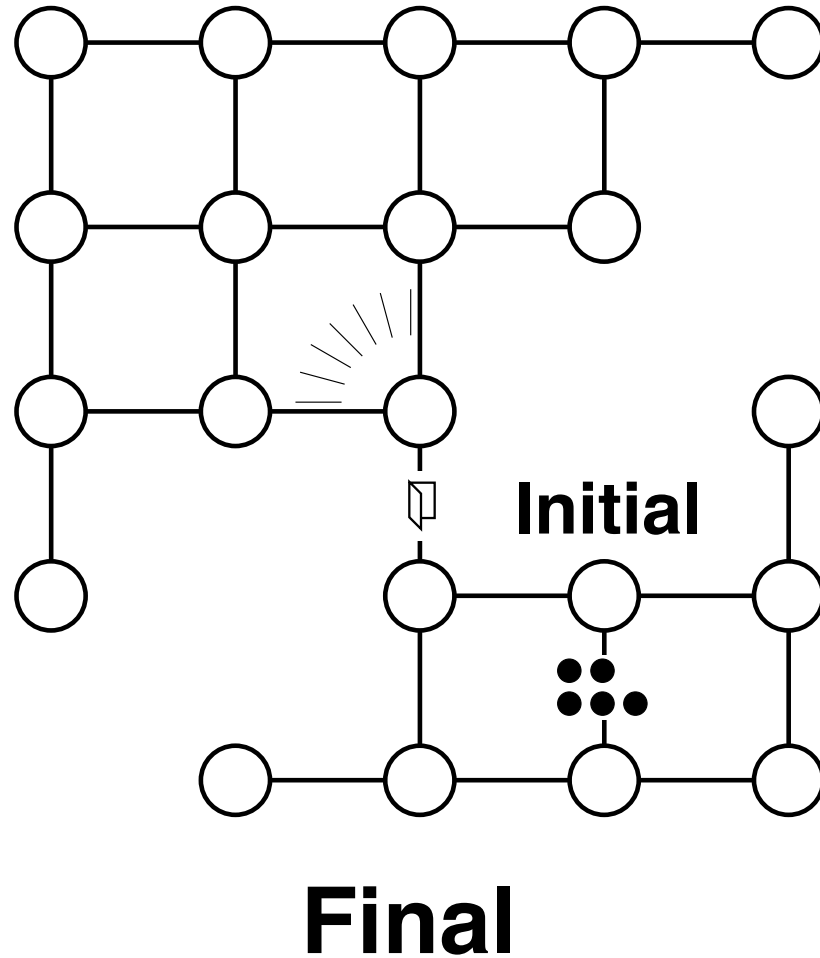


$|\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2$
Decomposition of $|\Psi_{\text{initial}, E}\rangle$
into eigenstates $|\alpha\rangle$

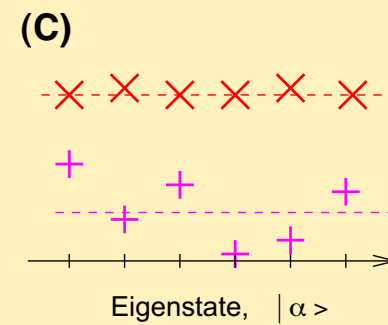
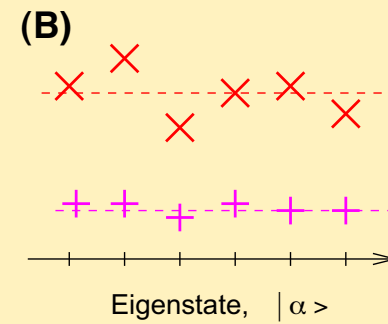
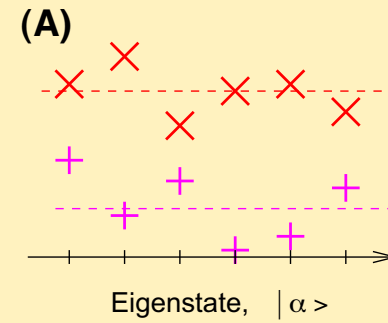
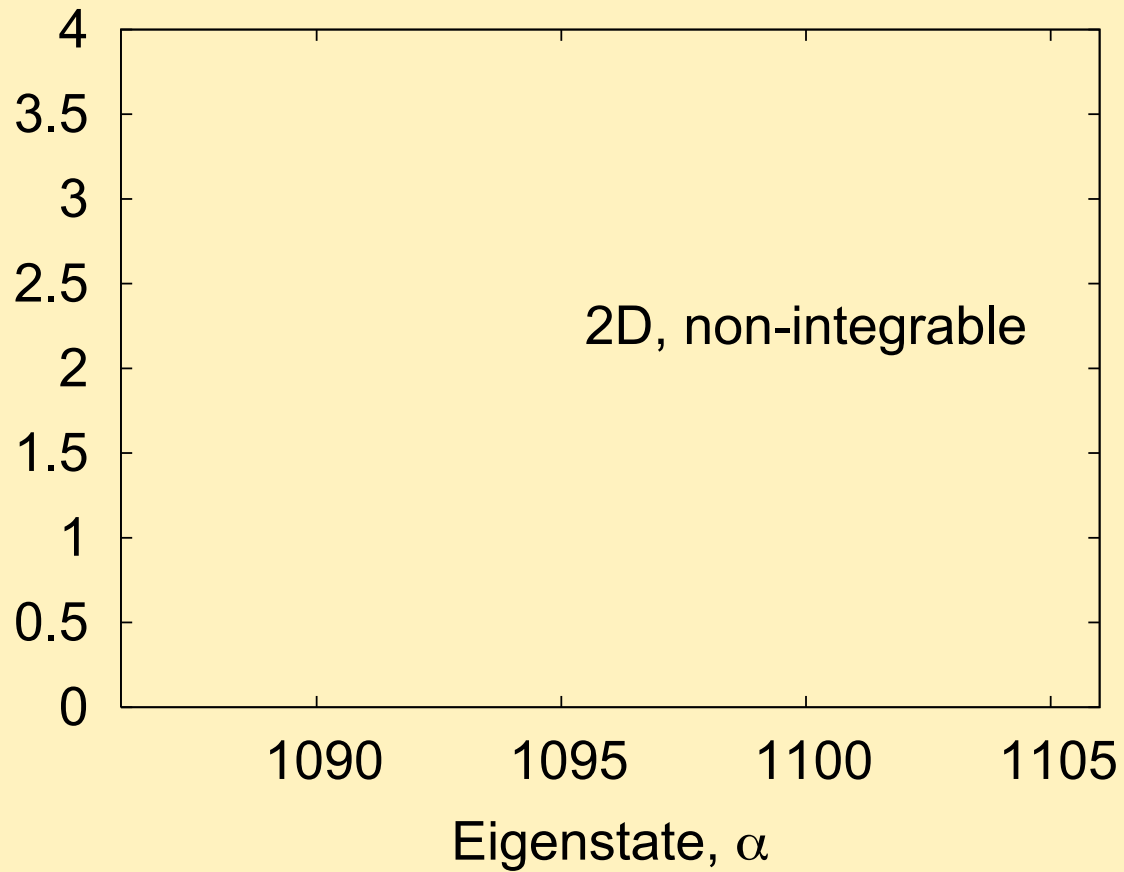
$$A_{\alpha, \alpha} \approx \text{const.}$$

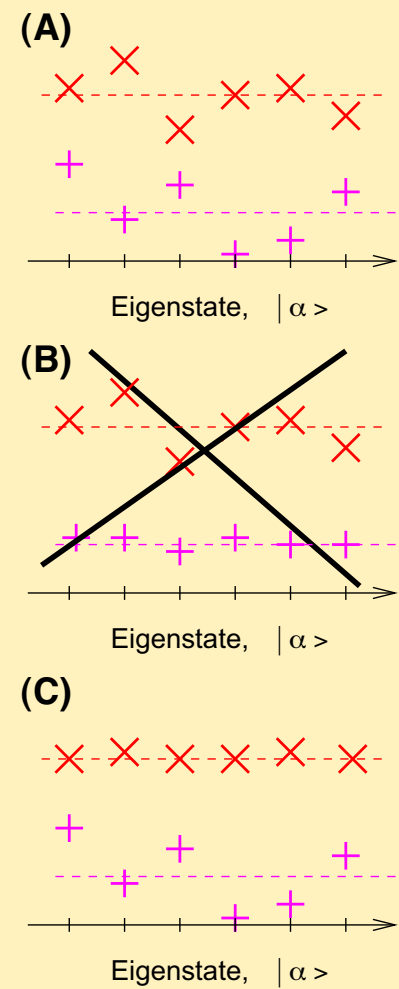
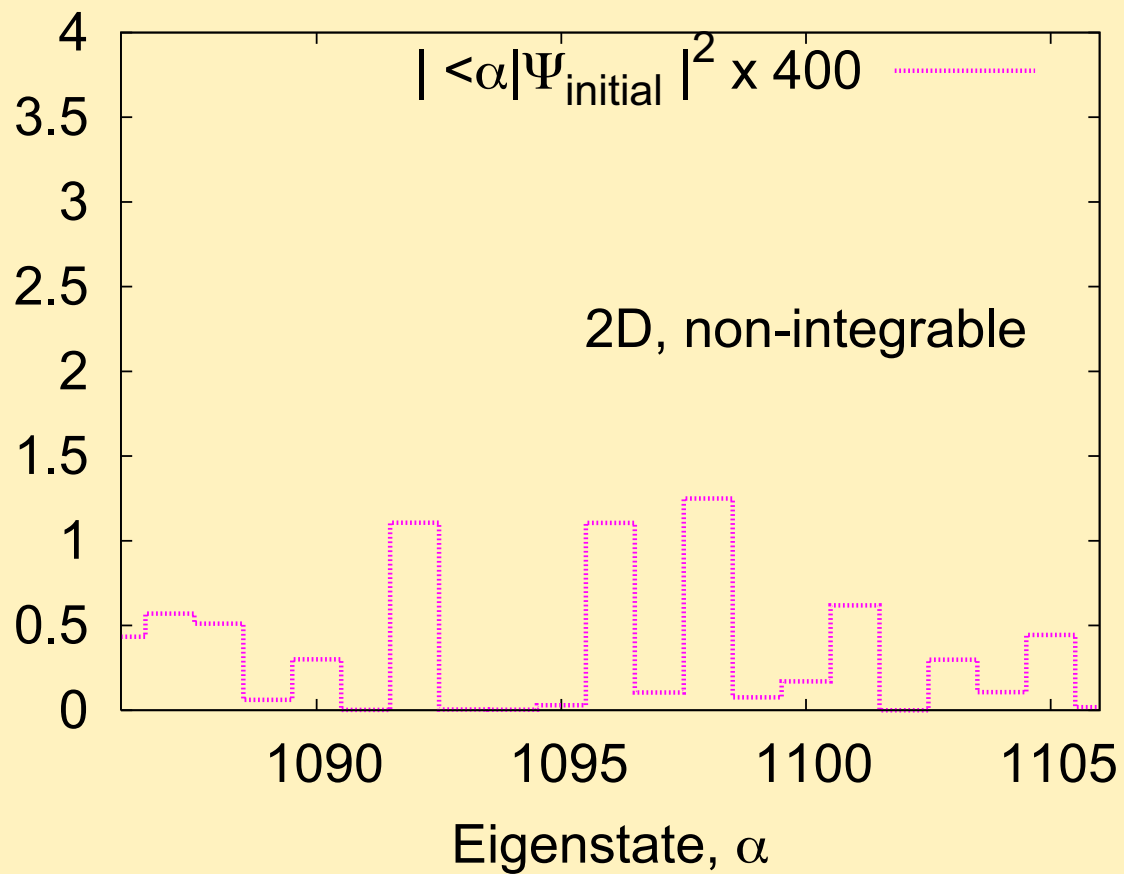
$$\sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 A_{\alpha, \alpha} \approx \left(\sum_{\alpha} |\langle \alpha | \Psi_{\text{initial}, E} \rangle|^2 \right) A_{\text{microcan.}} = \langle A \rangle_{\text{thermal}, T(E)}$$

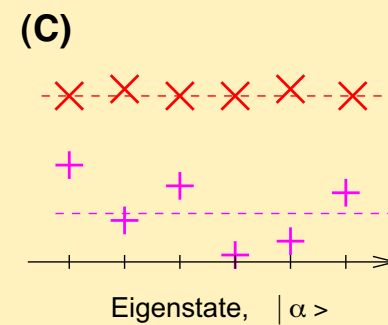
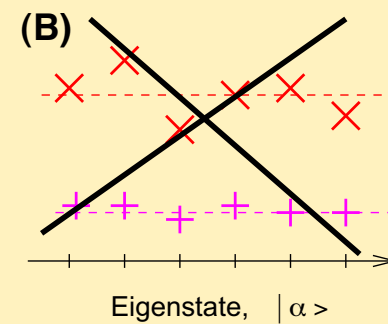
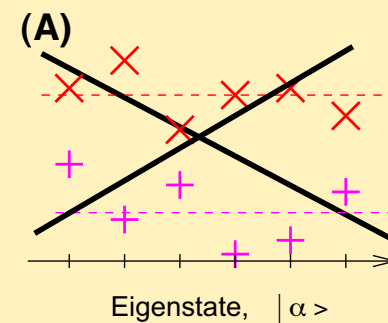
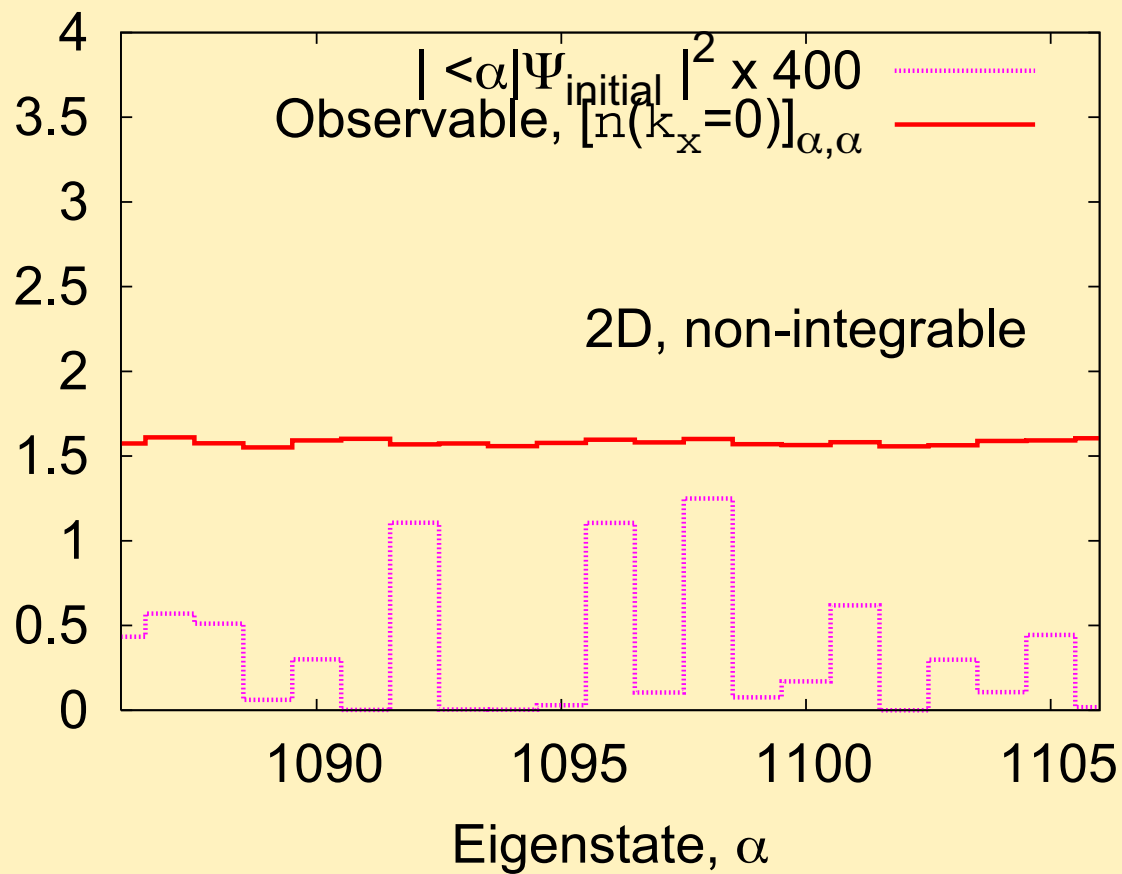
(A), (B), or (C)? Our test

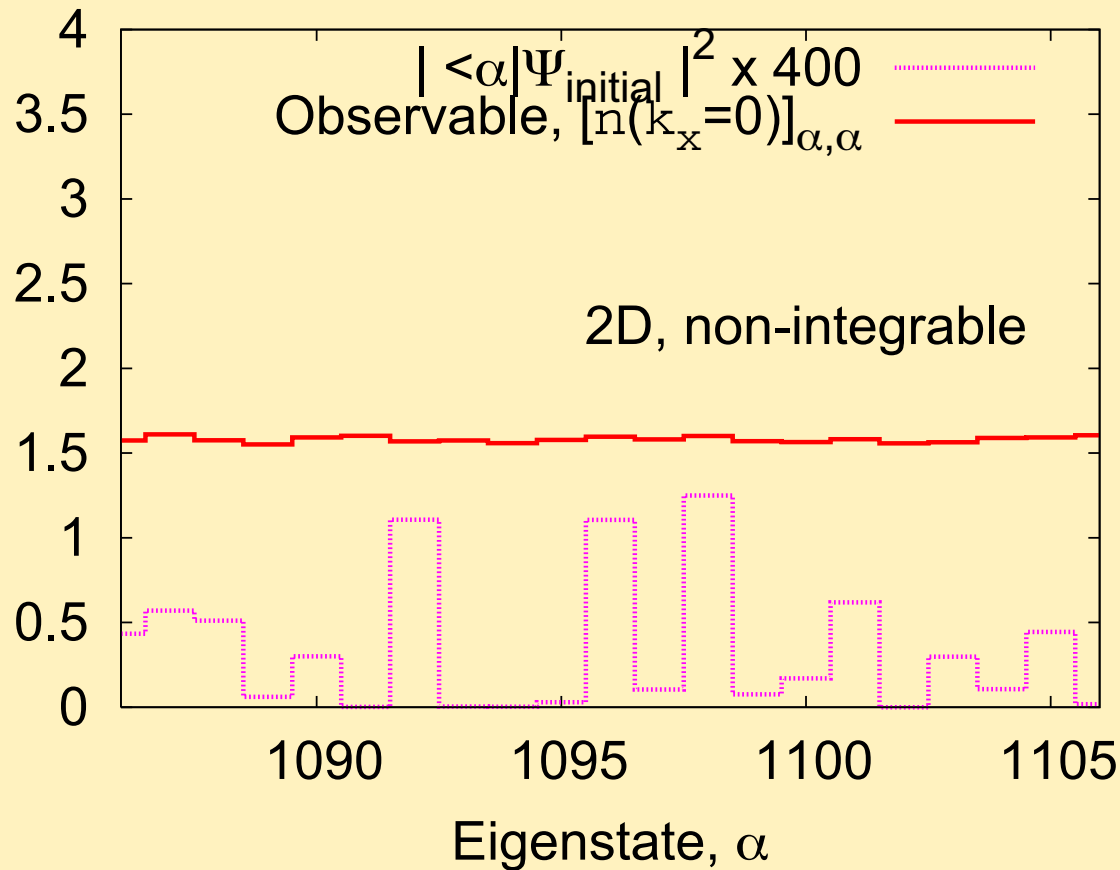


[relaxation movie](#)







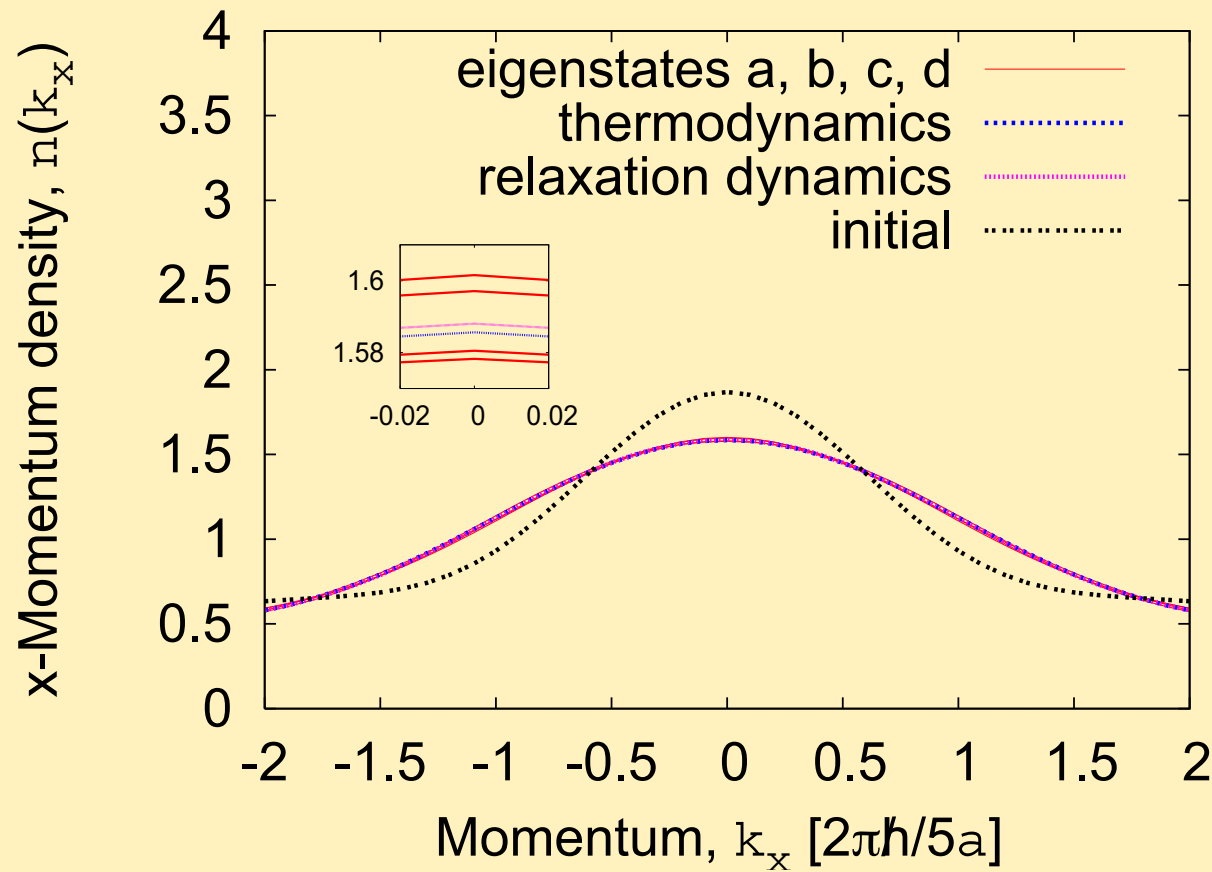


Rigol, Dunjko, Olshanii
Nature, Apr 17 (2008)

← temporal averages lose memory of initial conditions, QUANTUM ERGODICITY

Eigenstate expectation values of observables are SMOOTH functions of energy

Momentum distribution

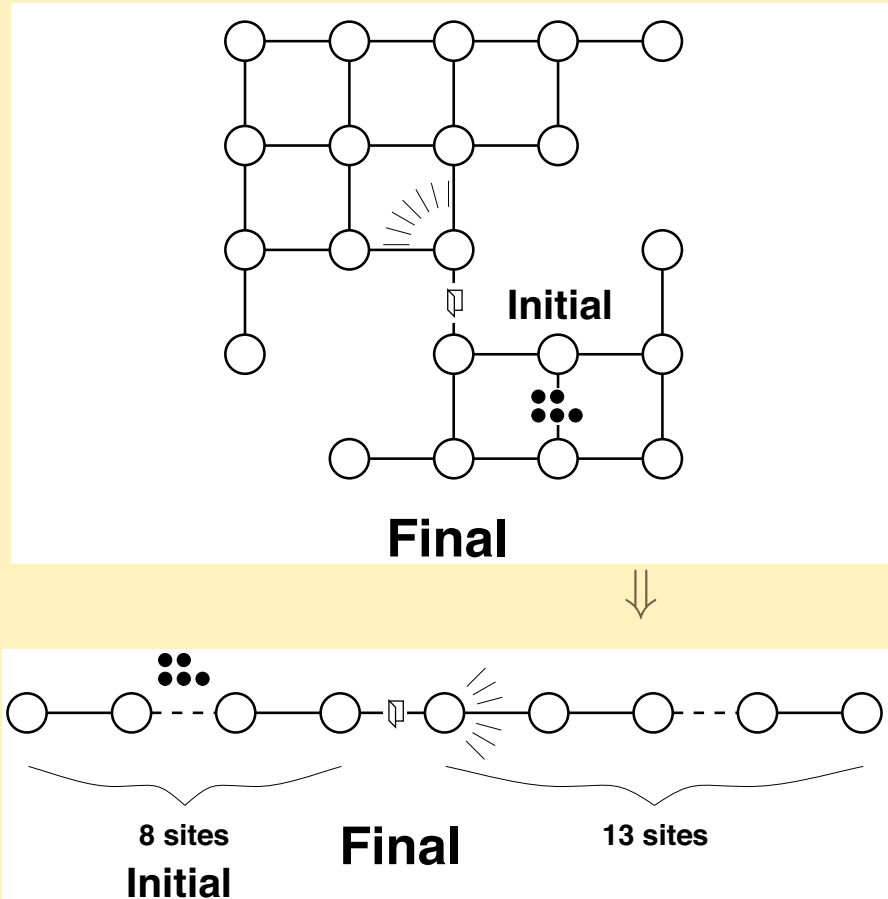


Rigol, Dunjko, Olshanii
Nature, Apr 17 (2008)

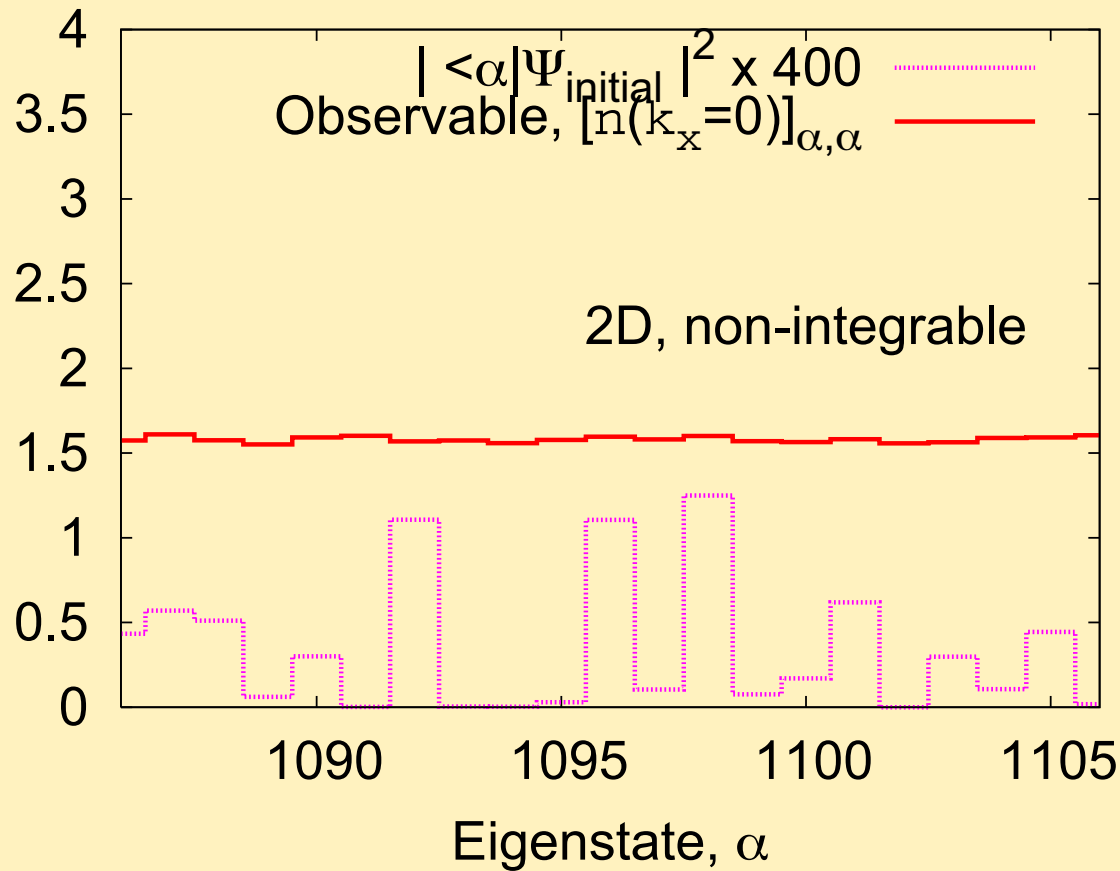
Eigenstates of close energies produce IDENTICAL momentum distributions

Q: What goes wrong in the integrable case?

Comparison with integrable case

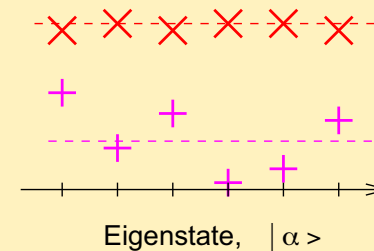


Comparison with integrable case

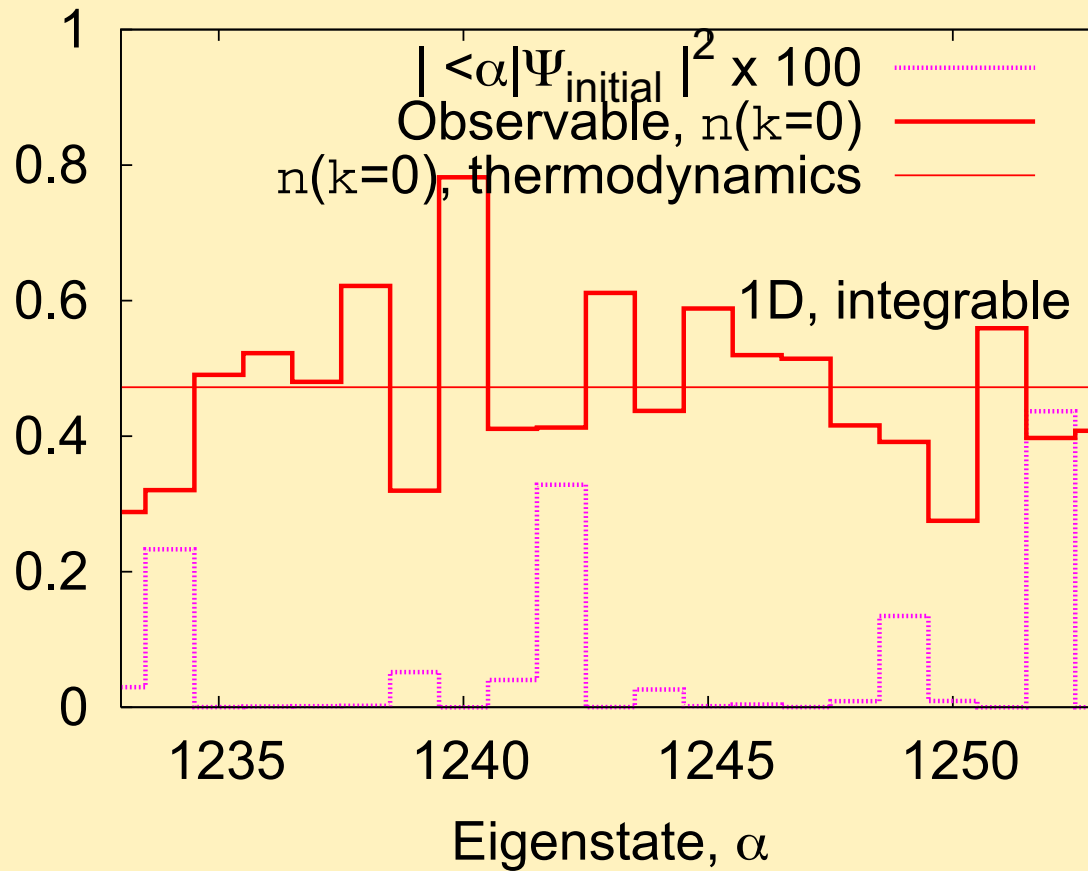


Rigol, Dunjko, Olshanii
Nature, Apr 17 (2008)

← temporal averages lose memory of initial conditions, QUANTUM ERGODICITY

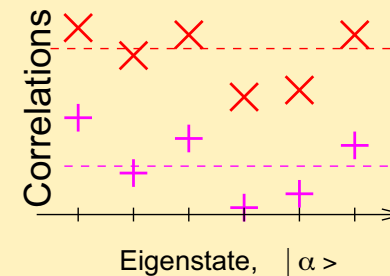


Comparisson with integrable case



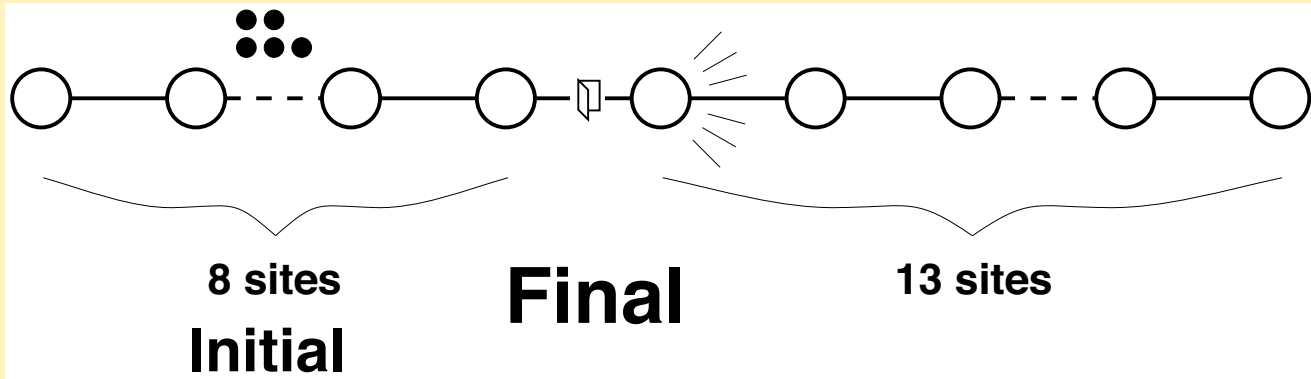
Rigol, Dunjko, Olshanii
 Nature, Apr 17 (2008)

← correlations, memory of initial conditions in temporal averages



Q: Isolated integrable systems: undamped oscillations or modified equilibrium?

Side remark on integrable systems: oscillations or equilibrium?



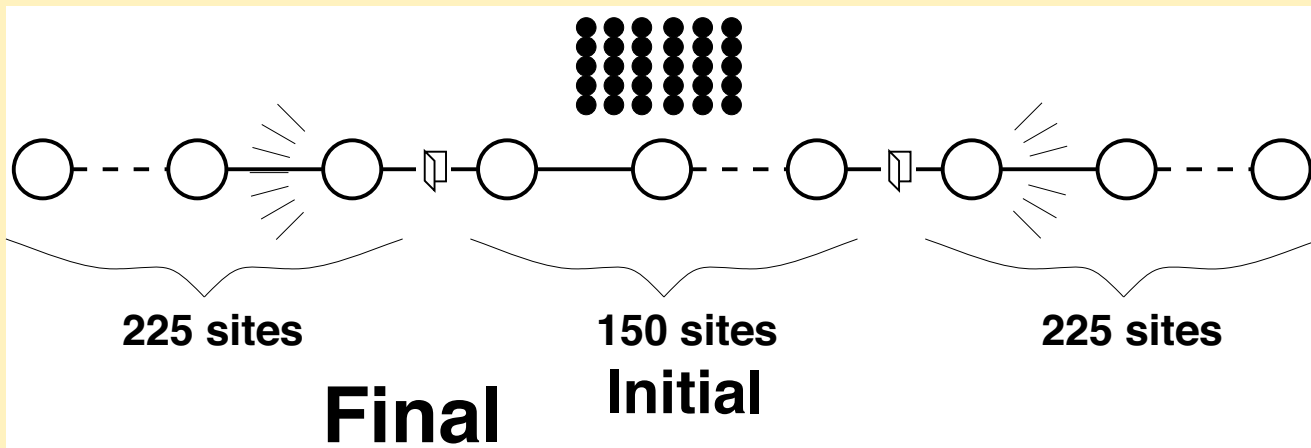
Cf. 2D

$N = 5$

init. ocpcd. sites = 8

init. empty sites = 13

doors = 1



Macroscopic

to test thermodynamics

Side remark on integrable systems: oscillations or equilibrium?

[relaxation movie](#)

Our integrable system does
relax to **some** equilibrium.
Which one?

Side remark on integrable systems: oscillations or equilibrium?

- ◇ All integrals of motion must be included in the Gibbs exponent

$$\exp \left[- \left(\hat{H} - \mu \hat{N} \right) / k_B T \right] \rightarrow \exp \left[\sum_i -\lambda_i \hat{I}_i \right]$$

$\hat{I}_i =$ (complete set of integrals of motion)

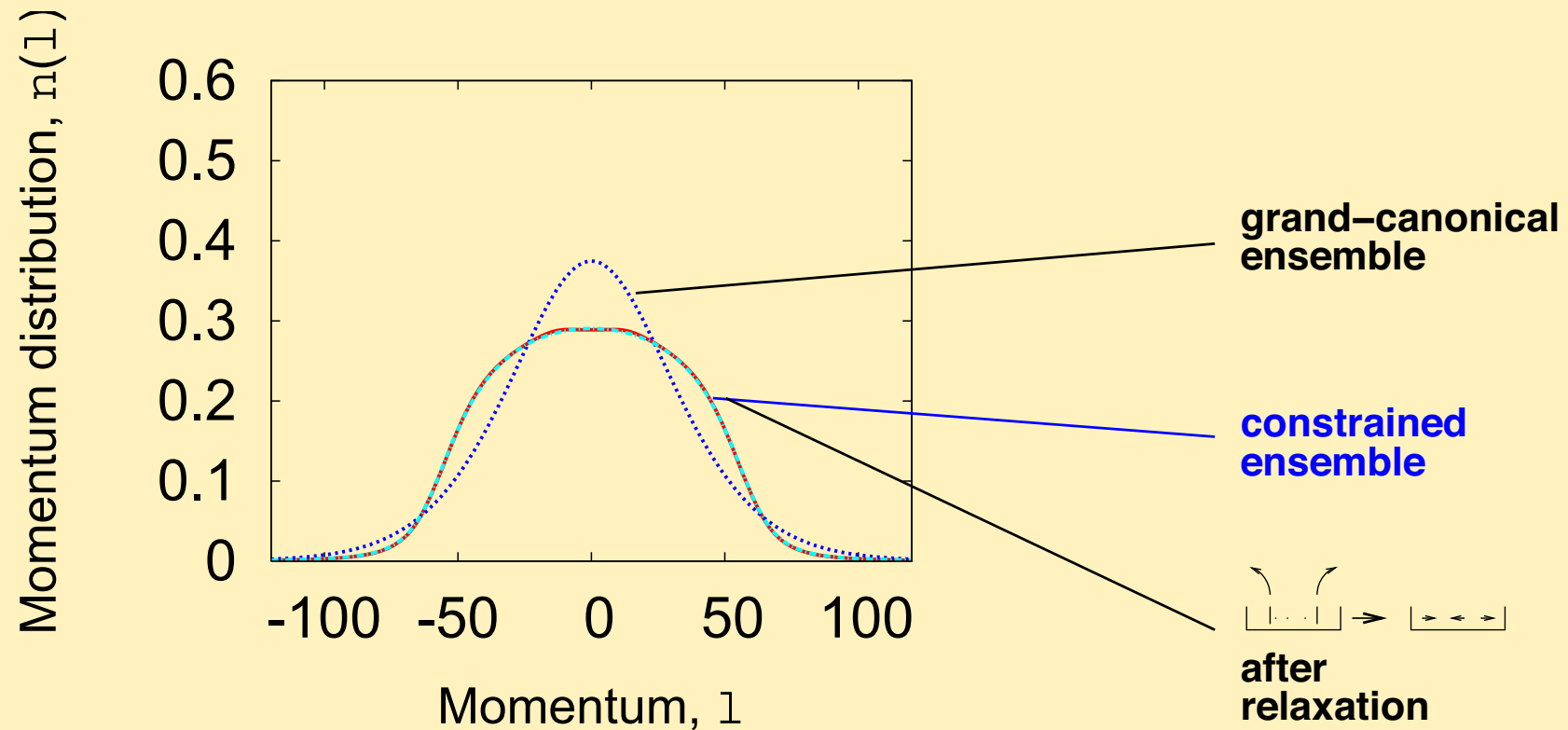
- ◇ Integrals of motion: moments of the momentum distribution of the underlying free Fermi gas = complicated bosonic operators. Example:

$$\frac{1}{4} \left(\frac{2\pi}{L} \right)^4 \hat{I}_4 = \frac{3}{2} \hat{N} + \frac{1}{J} \hat{H} + \frac{1}{4} \sum_{i=1}^L \left(\hat{b}_i^\dagger (1 - 2\hat{b}_{i+1}^\dagger \hat{b}_{i+1}) \hat{b}_{i+2} + \text{h.c.} \right).$$

M. Rigol, V. Dunjko, V. Yurovsky, and M. Olshanii, *Phys. Rev. Lett.* **98**, 050405 (2007)

Side remark on integrable systems: oscillations or equilibrium?

- ◇ Excellent agreement with ab initio numerics

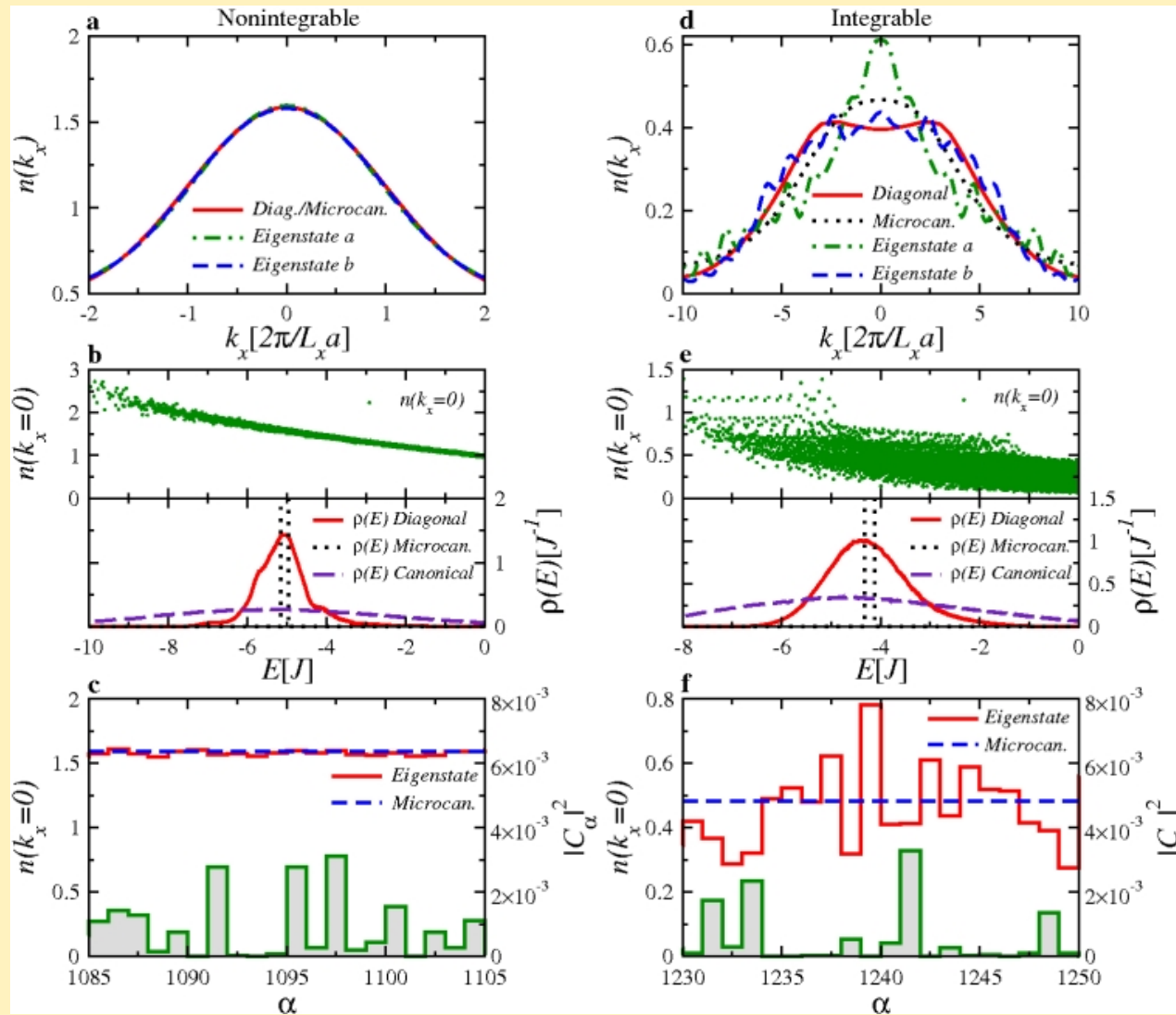


Side remark on integrable systems: oscillations or equilibrium?

Integrable gas relaxes to a
constrained equilibrium

Follow-up: constrained equilibrium has
been since recently justified for the Lut-
tinger system (Casalilla (2006))

Overview of results: both non-integrable and integrable



Eigenstate Thermalization Hypothesis

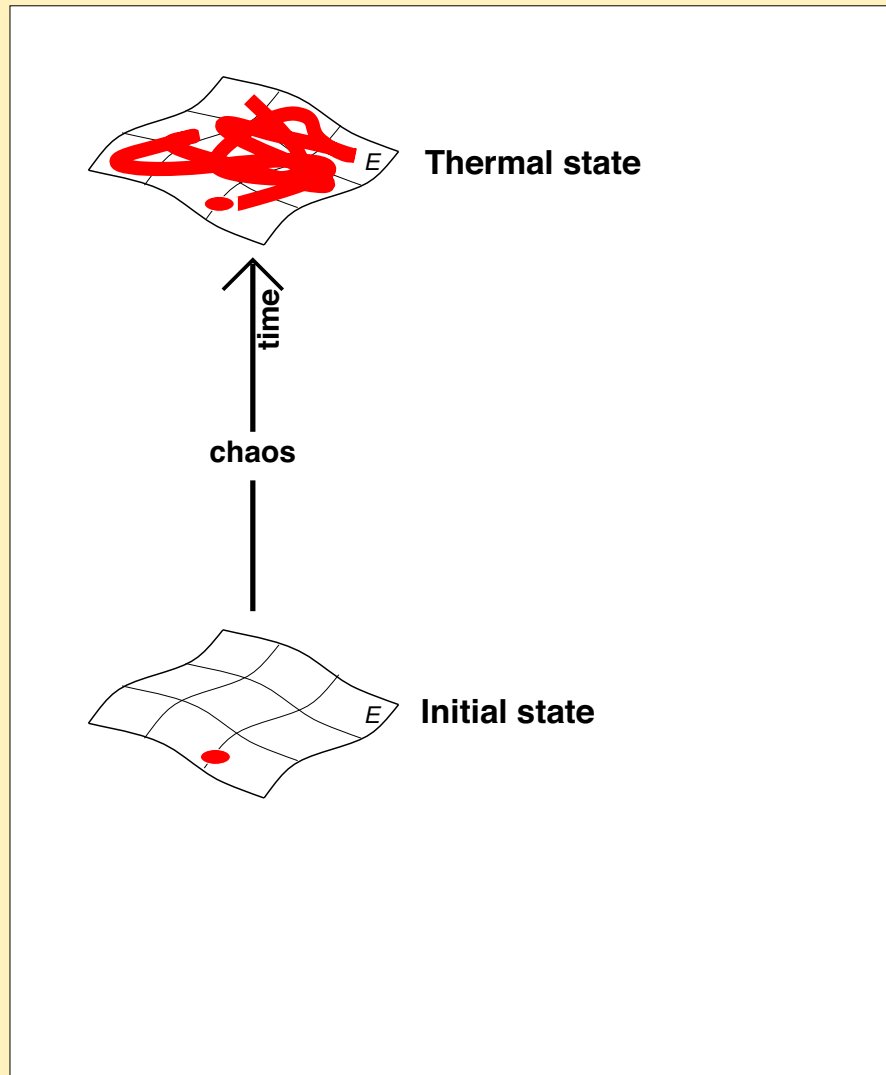
PR version: For a generic macroscopic system, **quantum expectation value** $\langle \alpha | \hat{A} | \alpha \rangle$ of an observable \hat{A} in an eigenstate of the Hamiltonian \hat{H} equals the **thermal average** $\langle \hat{A} \rangle_{\text{thermal}, \bar{E}=E_\alpha}$ of \hat{A} at the mean energy E_α :

$$\langle \alpha | \hat{A} | \alpha \rangle = \langle \hat{A} \rangle_{\text{thermal}, E=E_\alpha}$$

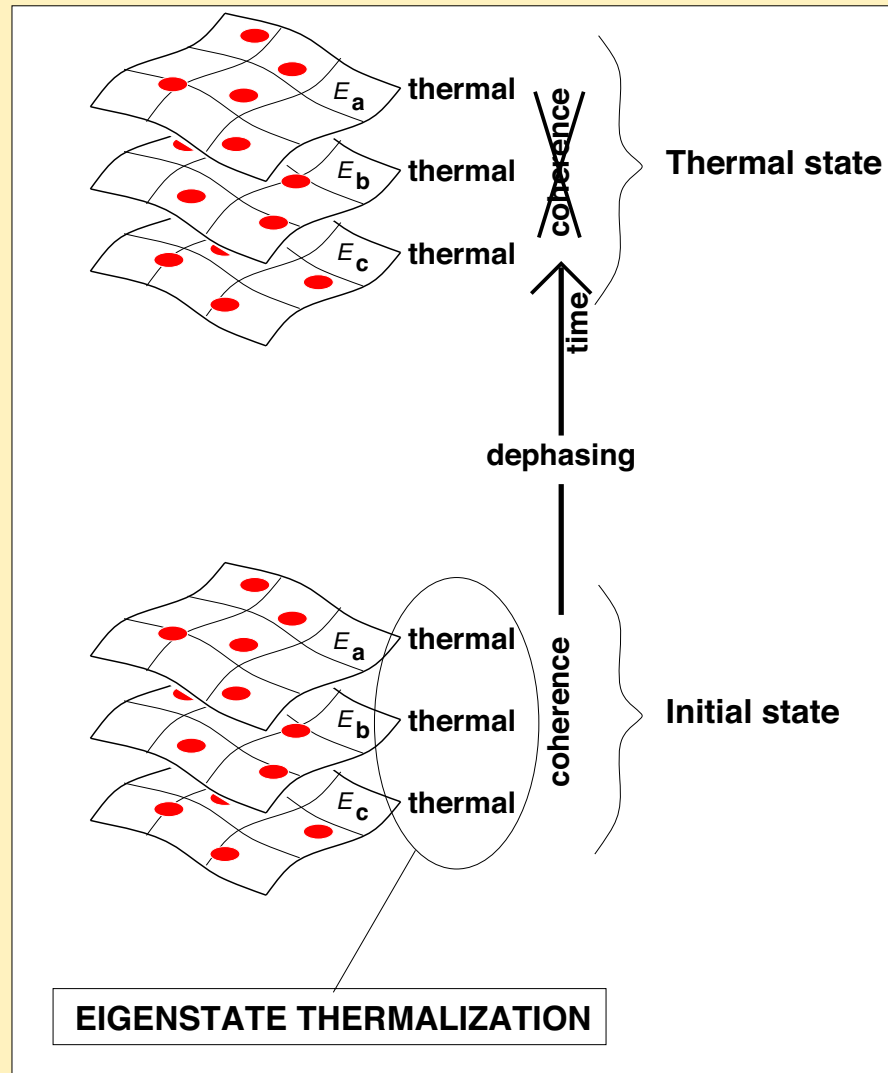
For a generic macroscopic system, expectation value $\langle \alpha | \hat{A} | \alpha \rangle$ of an observable \hat{A} in an eigenstate of the Hamiltonian \hat{H} with energy E_α are **smooth** functions of energy E_α

Deutsch, 1991; Srednicki, 1994

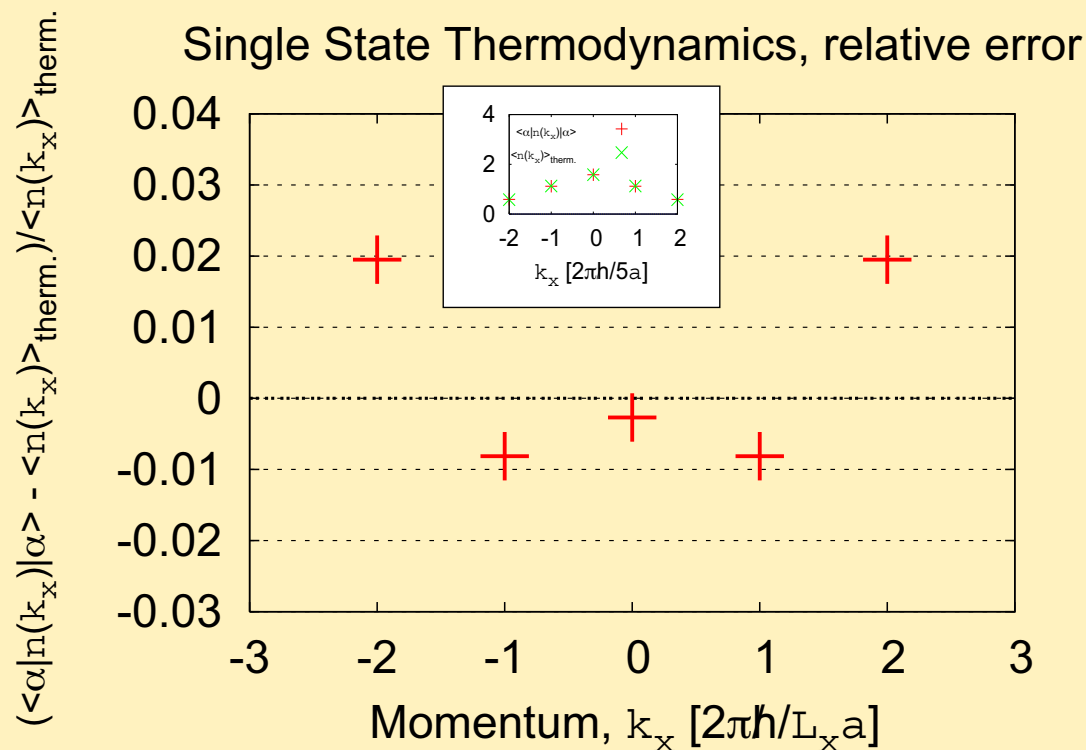
Bird's view: While classical thermalization originates from chaos, ...



... quantum thermalization follows from Eigenstate Thermalization



Implications. A new computational method: Single State Thermodynamics



Thanks to the Eigenstate Thermalization phenomenon, it is sufficient to calculate a **single eigenstate** of a given energy to determine the **thermal expectation values** of all the observables at this energy. A 10^5 -fold increase in numerically accessible Hilbert space size expected.

“Nothing is ever discovered for the first time.”

Sir Michael Berry

How much has been known previously?

Quantum chaos: quantum systems with chaotic classical counterparts,
semi-classical regime

Schnirelman, Zelditch, Colin de Verdière, Zworski: Suppression of the eigenstate-by-eigenstate fluctuations of the density in classically ergodic billiards at high energies

Feingold-Peres, Wilkinson: Suppression of the eigenstate-by-eigenstate fluctuations of any simple observable at high energy. Related to decay of classical auto-correlation functions



Summary

- ◇ The first numerical **demonstration of the Eigenstate Thermalization effect** in a system large enough to support it.

Future plans

- ◇ **Explain and quantify** the Eigenstate Thermalization phenomenon itself.
 - Systems with **no classical counterparts** and/or **far from semi-classics**