



**The Abdus Salam
International Centre for Theoretical Physics**



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**Workshop on Nano-Opto-Electro-Mechanical Systems Approaching the
Quantum Regime**

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**A Phonon-Tunneling Approach to Support-Induced Dissipation of Nanomechanical
Resonators**

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A phonon-tunneling approach to support-induced dissipation of nanomechanical resonators

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Approaching the Quantum Regime, Trieste, September 2010

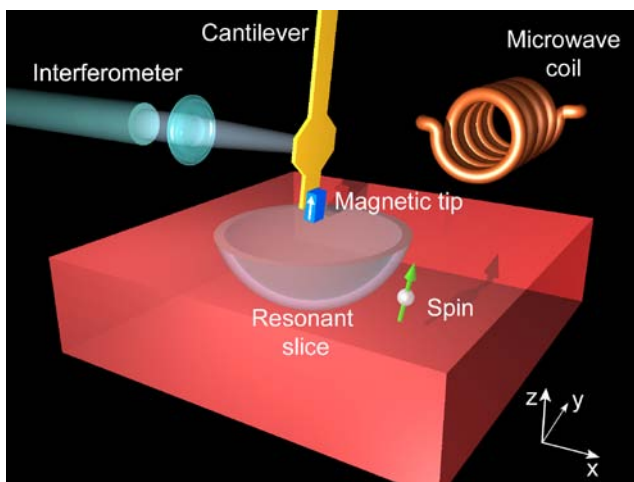
Outline

- 1 Motivation
- 2 Theory — Master formula for Q
- 3 “Free-free” resonators (Aspelmeyer group, Vienna)
- 4 Stressed membranes (Parpia-Craighead coll., Cornell)
- 5 Conclusions

Motivation: high- Q nanomechanics

Technological applications:

- signal-processing (on-chip UHF narrow-band filters)
- ultra-sensitive sensors at the molecular scale
- high resolution scanning-probe force microscopy



D. Rugar et al, Nature 2004

Quantum limited control of a single macroscopic mechanical degree of freedom

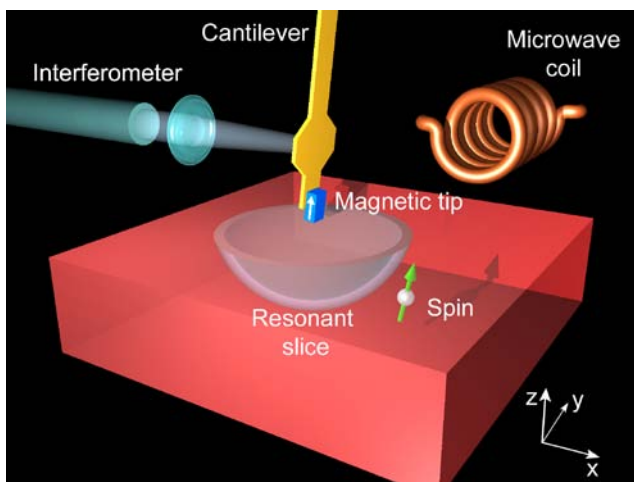


- Initialize oscillator with long phonon lifetime in its quantum ground state.
- Quantum signatures: phonon jumps, non-classical states, Schrödinger cats ...

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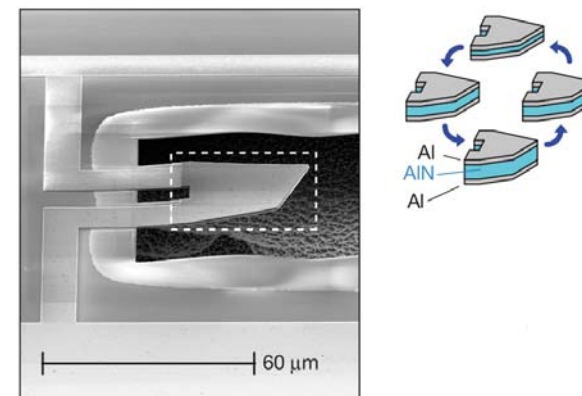


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Quantum limited control of a single macroscopic mechanical degree of freedom



- “Quantum optics analogue”: nanomechanical J-C model, TL “atom” → superconducting qubit, quantum dot (QD) or NV center.



O’Connell et al., Nature 2010

Motivation: high- Q nanomechanics

Room temperature cavity-assisted sideband-cooling to the **ground-state**:

$$\frac{k_B T}{\hbar \kappa Q} < 1 \text{ with } \kappa < \omega_m \text{ or } n_{\text{opt}} \sim \left(\frac{k_B T}{\hbar \omega_m Q} \right)^{2/3} \rightarrow fQ \sim 10^{13} \text{ Hz.}$$

Importance of fQ

Predicting the **mechanical dissipation** remains a challenge.

Relevant mechanisms at low T and high-vacuum:

- two-level fluctuators
- anharmonic effects / phonon-phonon interactions (?)
- **radiation of phonons (elastic-waves) into the supports**

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Which is the fundamental limit set by the design?

Temperature and scale independent

Other mechanisms add incoherently $1/Q_{\text{tot}} = \sum_i 1/Q_i$

Quantum dissipation of mechanical motion

Caldeira-Leggett model → Generalized equation of motion

$$\ddot{\hat{X}}_R(t) + \int_0^t dt' \gamma(t-t') \dot{\hat{X}}_R(t') + \omega_R^2 \hat{X}_R(t) = \hat{\xi}(t)$$

determined by **environmental force spectral density** $I(\omega)$.

$$I(\omega) = \omega \int_{-\infty}^{\infty} dt \gamma(t) \frac{e^{i\omega t}}{2\omega_R}, \quad \frac{1}{Q} = \frac{I(\omega_R)}{\omega_R},$$

$\gamma(t)$ is the symmetric dissipation-kernel [$\gamma(t) \sim \delta(t)$ in **Ohmic case** or in weak coupling limit] and $\hat{\xi}(t)$ the environmental noise.

Markov approximation may not suffice for “quantum nanomechanics” → e.g. structured spin-boson model for detector-resonator system, strongly non-linear resonators.

Quantum dissipation of mechanical motion

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Dissipation induced by unavoidable coupling to vibrations of the substrate \longrightarrow elastic wave radiation \longrightarrow **clamping loss**.

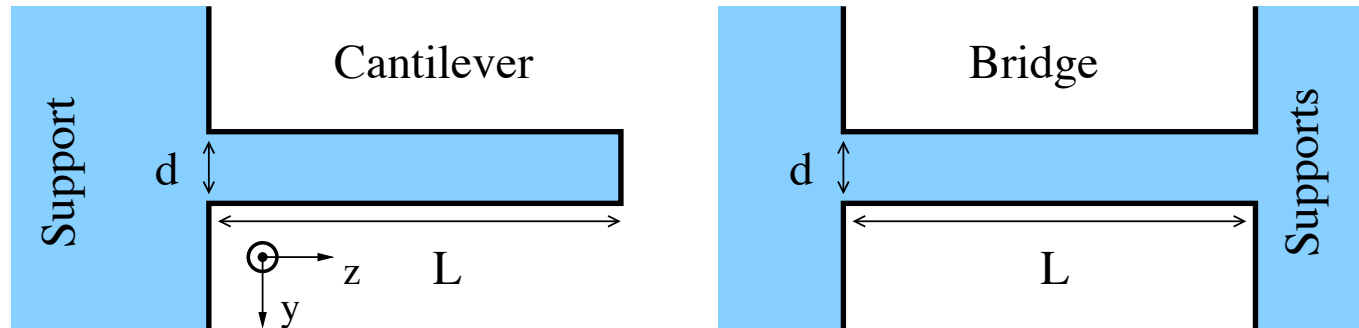
(M.C. Cross and R. Lifshitz, PRB 2001; D.M. Photiadis and J.A. Judge APL 2004)

Objectives:

- General understanding of **limit imposed on Q by the design** of a small mechanical resonator.
- **Microscopic derivation** of quantum dissipative dynamics of a “macroscopic” mechanical degree of freedom.

IWR, Phys. Rev. B **77**, 245418 (2008).

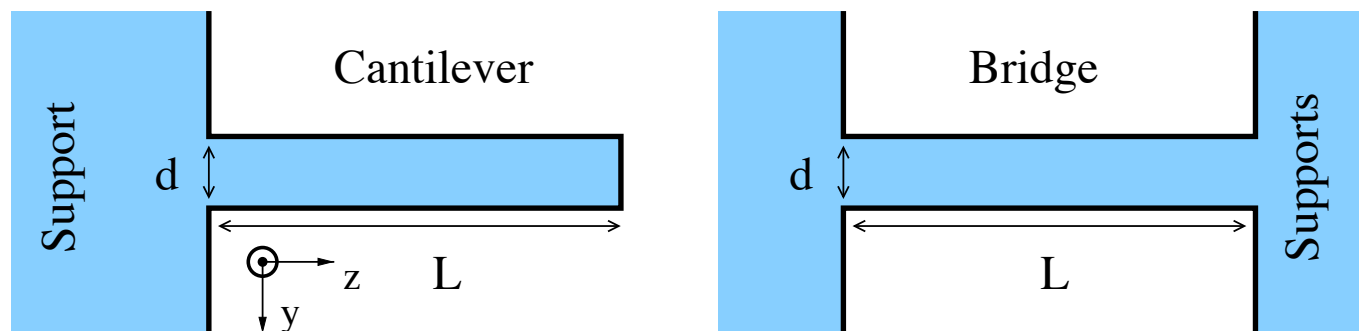
Abrupt junctions with supports



Ideal limit: phonon tunneling between the beam and the supports is the only source of dissipation \longrightarrow upper bound for Q -values.

- Derivation from **elasticity theory** ($\lambda \gg a$) of phononic modes of the beam coupled to its substrate \rightarrow scattering modes.
- d/L provides a natural small parameter.

Abrupt junctions with supports



- Derivation from **elasticity theory** ($\lambda \gg a$) of phononic modes of the beam coupled to its substrate \rightarrow scattering modes.
- d/L provides a natural small parameter.
- **Closed system** \leftrightarrow **open system** representations related by canonical transformation \rightarrow reduction of $I(\omega)$ to overlaps between **scattering modes and resonator mode**.
- General expressions for $I(\omega)$ in terms of: (i) support DOS or (ii) transmission at beam-support junction.

Spectral densities and Q-values for beams

	General Relations (3D)		Monolithic structure ($\sigma = \frac{1}{3}$)	
	$I_n(\omega)$	Q_n	$Q_n(L, w, t)$	Typical value for 150MHz
Compression	$\frac{\omega}{Q_n}$	$\frac{\rho_s c_t^3 L}{2\delta \mu_b \tilde{c}_c^3 \tilde{u}_c(\alpha) k_n}$	$\frac{0.88}{\delta} \frac{L^2}{\pi w t} \frac{1}{n + \frac{\delta}{2}}$	3.2×10^4
Torsion	$\frac{\omega^3}{Q_n \omega_n^2}$	$\frac{\rho_s c_t^5 L}{2\delta \mu_b \langle r^2 \rangle \tilde{c}_t^5 \tilde{u}_t(\alpha, \gamma_z) k_n^3}$	$\frac{4.1}{\delta} \frac{w^2 L^4}{\pi^3 t^6} \frac{1}{(n + \frac{\delta}{2})^3}$	7.6×10^9
Vertical bending	$\frac{\omega}{Q_n}$	$\frac{\rho_s c_t^3 L}{4\delta C_n \mu_b \tilde{c}_v^3 \tilde{u}_v(\alpha) k_n^4}$	$\frac{3.9}{\delta C_n} \frac{L^5}{\pi^4 w t^4} \left(\frac{3\pi}{2k_n L} \right)^4$	9.6×10^5
Horizontal bending	$\frac{\omega}{Q_n}$	$\frac{\rho_s c_t^3 L}{4\delta C_n \mu_b \tilde{c}_h^3 \tilde{u}_h(\alpha) k_n^4}$	$\frac{3.9}{\delta C_n} \frac{L^5}{\pi^4 t w^4} \left(\frac{3\pi}{2k_n L} \right)^4$	3.9×10^5

- 2D slab supports \rightarrow 1/f noise: $I_{n,\beta \neq v} = \frac{\omega_n}{Q_n}, I_{n,v} = \frac{\omega_n^2}{Q_n \omega}$.
- Bridge with single support \rightarrow interference effects can modify the scalings of Q and frequency dependence of $I(\omega)$.

Q-solver for generic geometry

Spectral density:

$$I(\omega) \approx \frac{\pi}{2\rho_s\rho_R\omega_R\omega} \int_q \left| \int_S d\bar{S} \cdot (\sigma_q \cdot \bar{u}'_R - \sigma'_R \cdot \bar{u}_q) \right|^2 \delta[\omega - \omega(q)]$$

Master formula for dissipation:

$$\frac{1}{Q} \approx \frac{\pi}{2\rho_s\rho_R\omega_R^3} \int_q \left| \int_S d\bar{S} \cdot (\sigma_q^{(0)} \cdot \bar{u}'_R - \sigma'_R \cdot \bar{u}_q^{(0)}) \right|^2 \delta[\omega_R - \omega(q)]$$

valid for **isolated resonance** and $kd \ll 1$,
resonator mode satisfies:

- non-singular $S \rightarrow 0 \implies$ free BC
- singular $S \rightarrow 0 \implies$ **clamped BC**

and support modes the converse.

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- (i) Pedestal geometries: contact area \parallel substrate, e.g. microspheres, microdisks, microtoroids, micropillars.
- (ii) **Planar geometries**: contact area \perp substrate, e.g. beams, in-plane modes of plates, **flexural modes of plates**.

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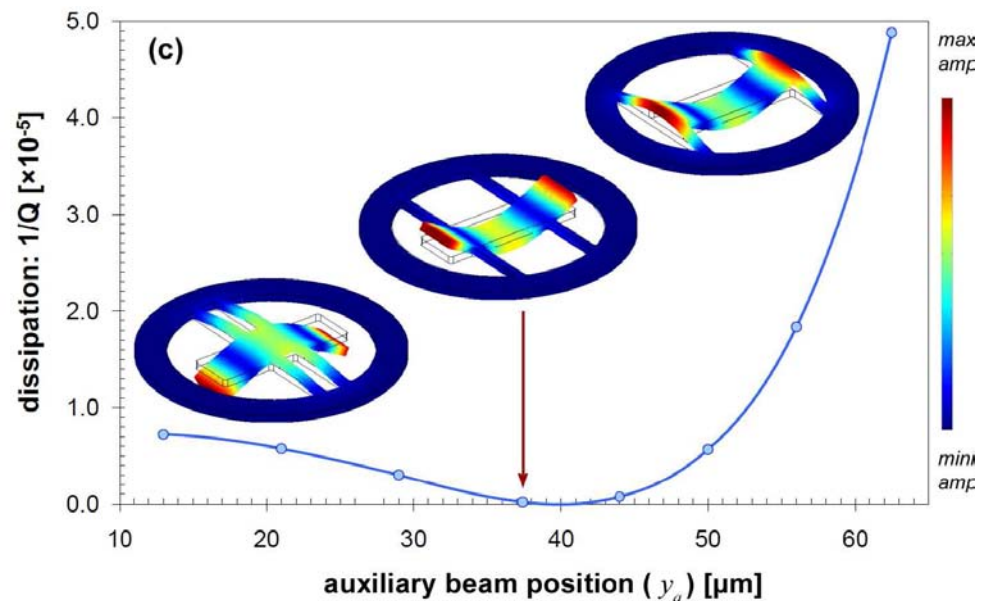
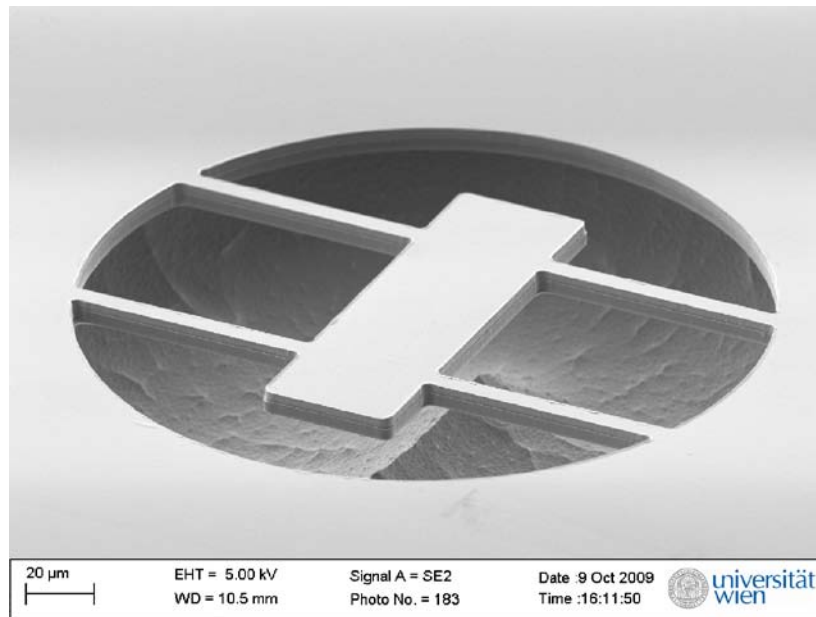
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Fermi golden rule:

- free BC $\rightarrow H_{\text{int}} = \int_S d\bar{S} \cdot \sigma_{>} \cdot \bar{u}_{<}$
- clamped BC $\rightarrow H_{\text{int}} = - \int_S d\bar{S} \cdot \sigma_{<} \cdot \bar{u}_{>}$

- More general than “small contact area” \rightarrow **valid for generic high- Q resonance** provided $|\Delta\omega_R|/\omega_R \ll 1$.
- Reduction to decoupled resonator mode + *free* wave propagation in the substrate.

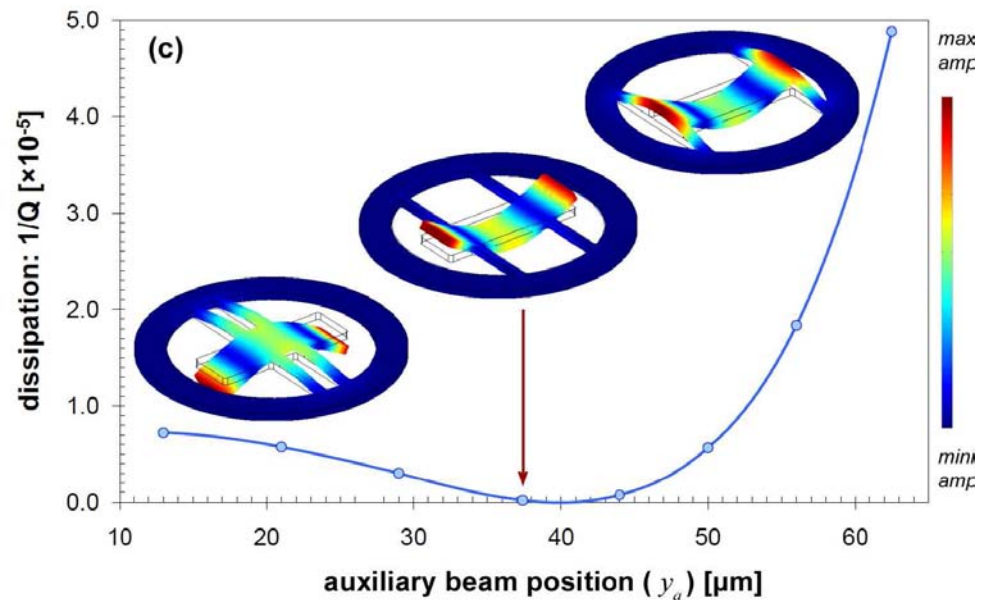
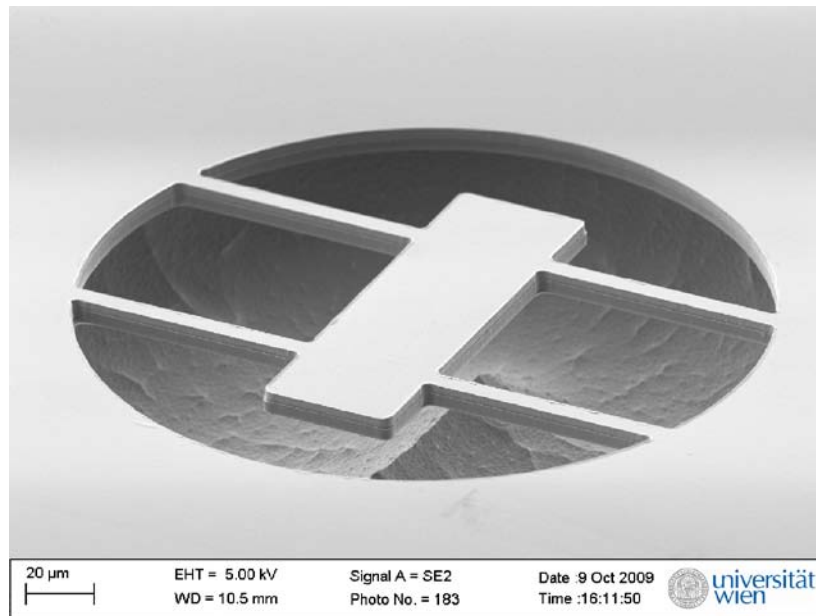
“Free-free” DBR-micromirror structures



High-reflectivity DBR-micromirrors as used in optomechanical Fabry-Perot setups ($Q_{c-c} \sim 10^3$).

Auxiliary beams act as noise filters provided their resonances are avoided — for generic positioning $Q_{f-f}/Q_{c-c} \sim (w/w_s)^2$.

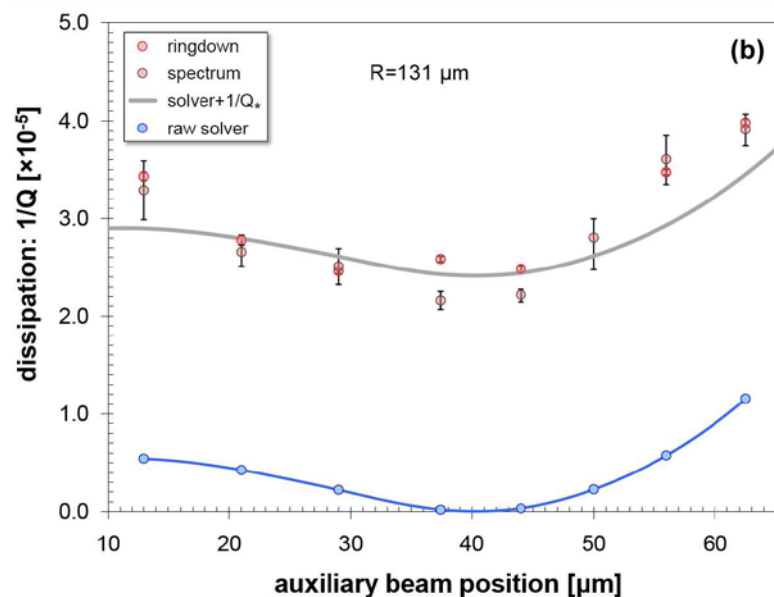
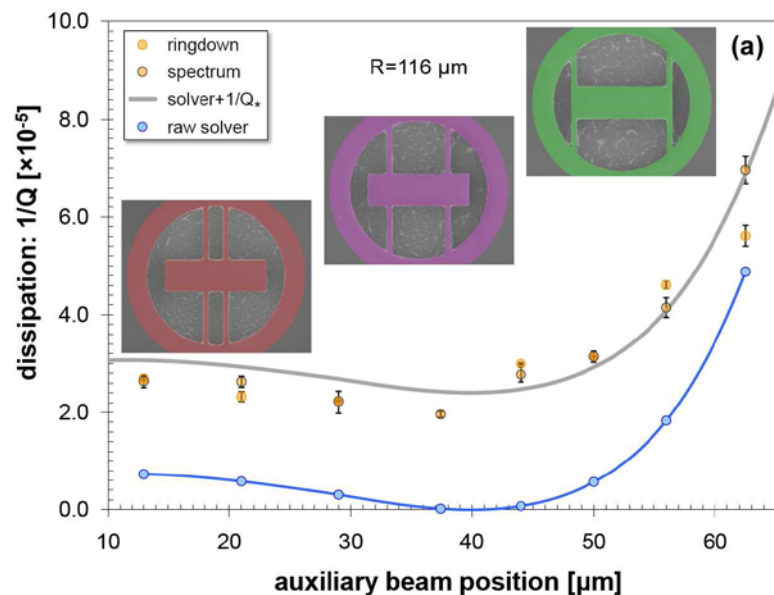
“Free-free” DBR-micromirror structures



High-reflectivity DBR-micromirrors as used in optomechanical Fabry-Perot setups ($Q_{c-c} \sim 10^3$).

Approximately preserves ω_0 , S_{eff} and V_{eff}
→ “Free-free” design provides
a tool to study **impact of geometry on Q** .

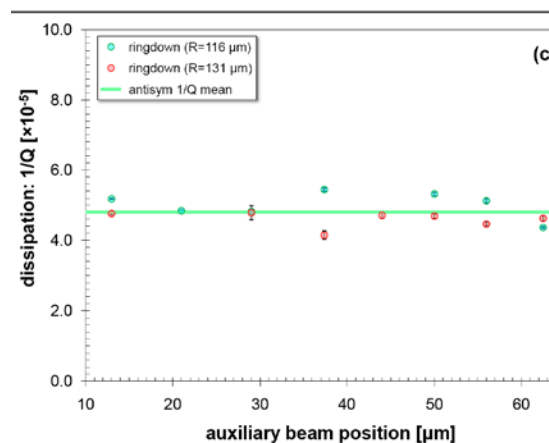
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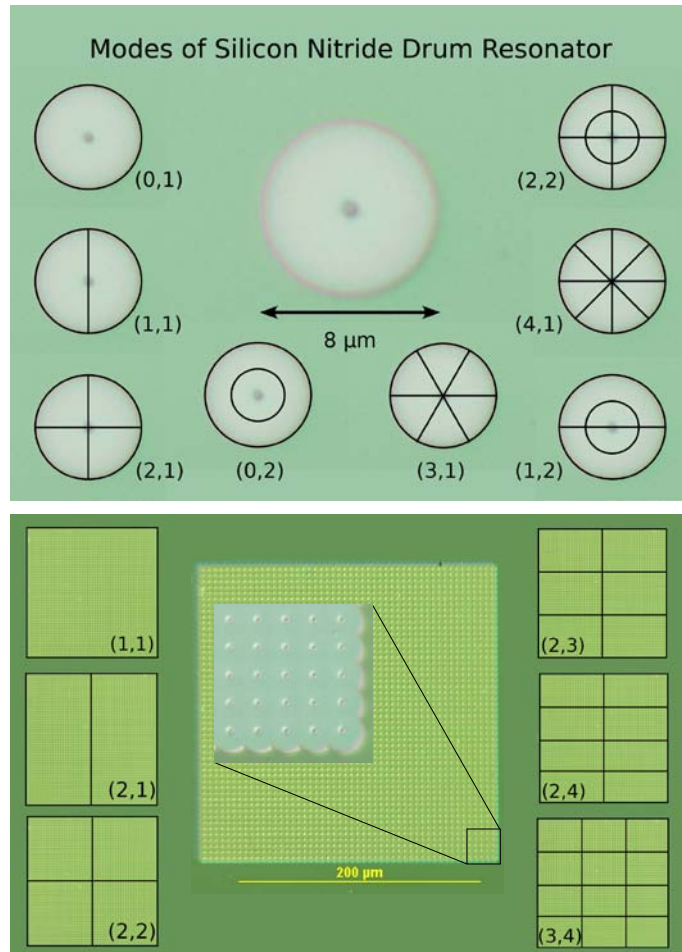
Single fit parameter:
“internal” dissipation offset

- $\Delta Q_{\text{exp}}/Q_{\text{exp}} \sim 260\%$
($\sim 80\%$) vs. $\Delta f/f \sim 20\%$
($\sim 10\%$) ($f \approx 2\text{MHz}$).
- At nodal positioning
 $Q_{\text{th}} \approx 5 \times 10^6$ vs.
 $Q_{\text{c-c}} \sim 10^3$.

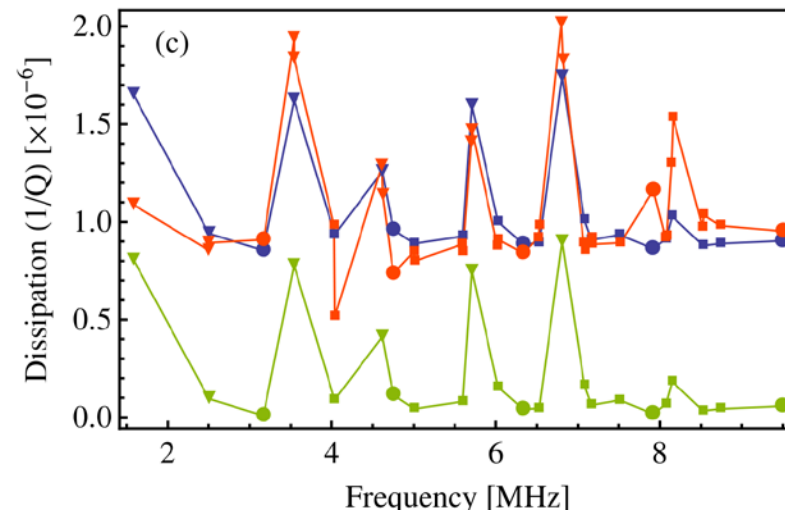
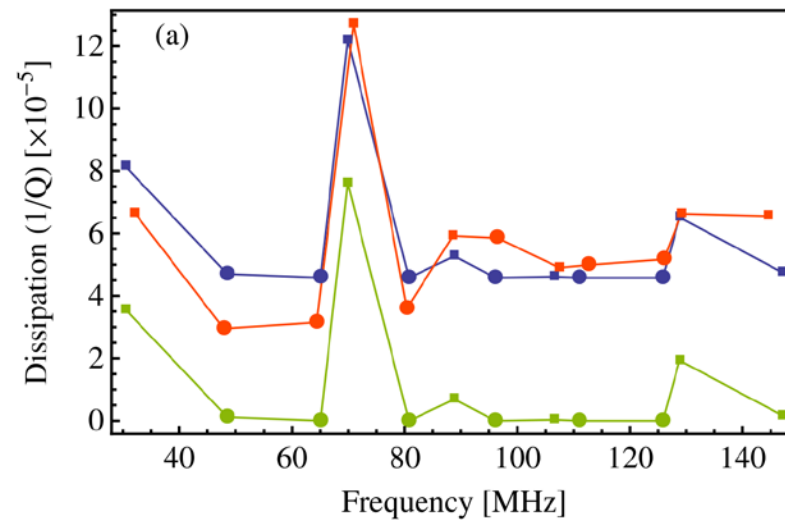
Antisymmetric mode:



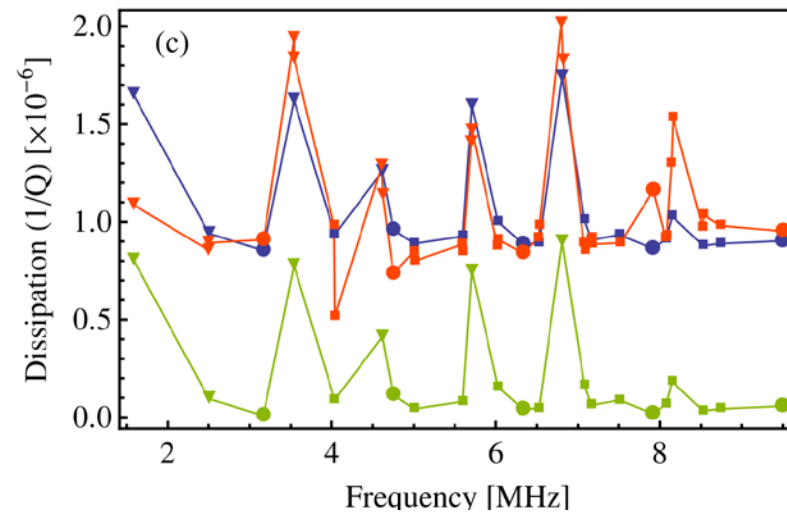
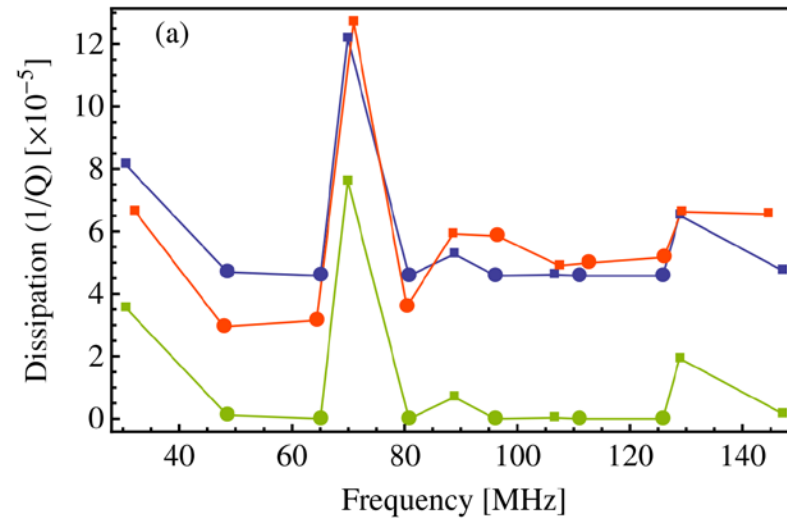
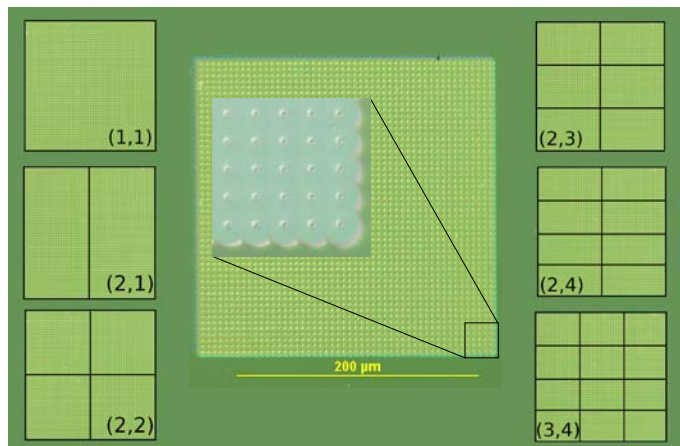
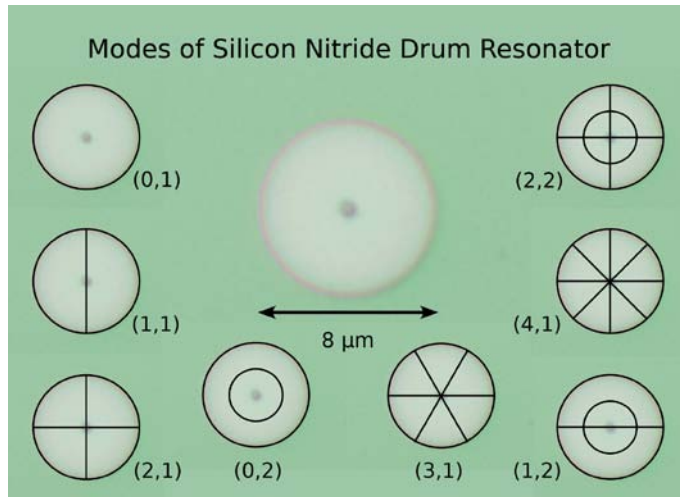
Stressed membranes



Dissipation for **different harmonics** of a given resonator.



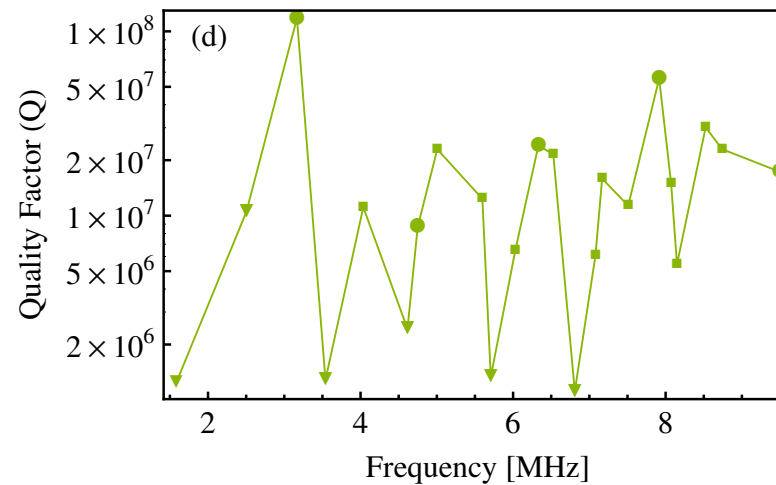
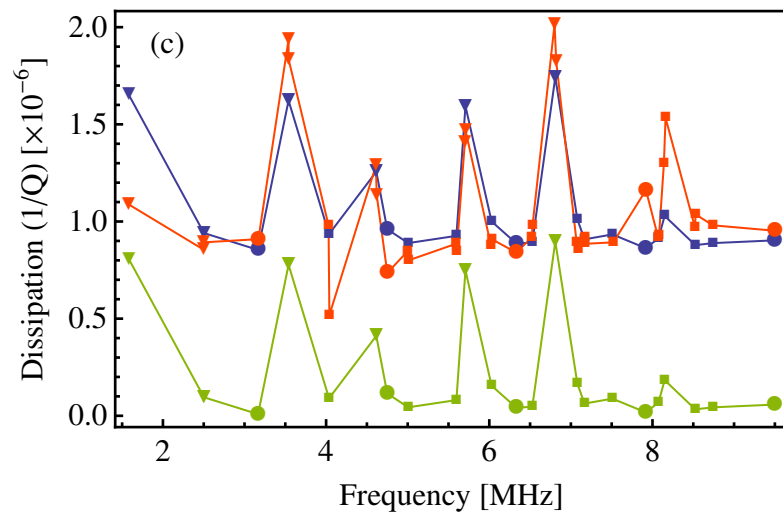
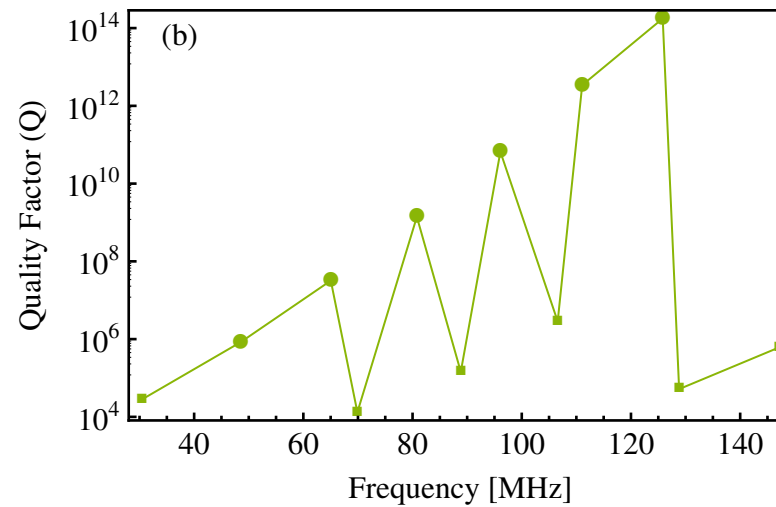
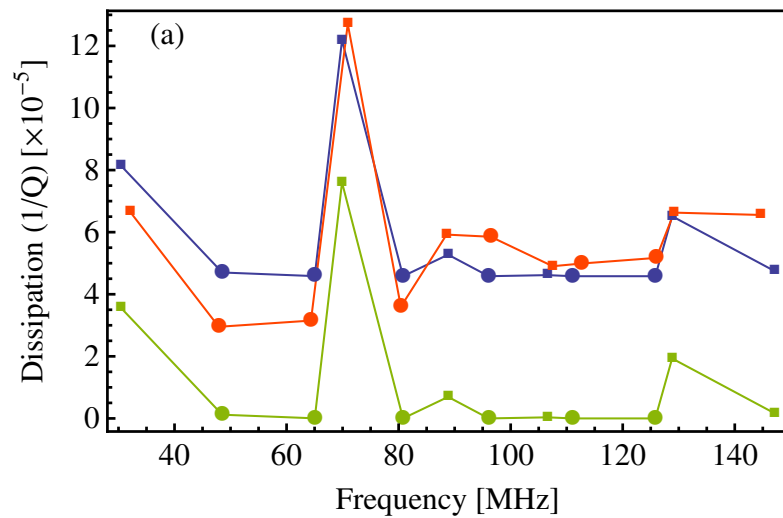
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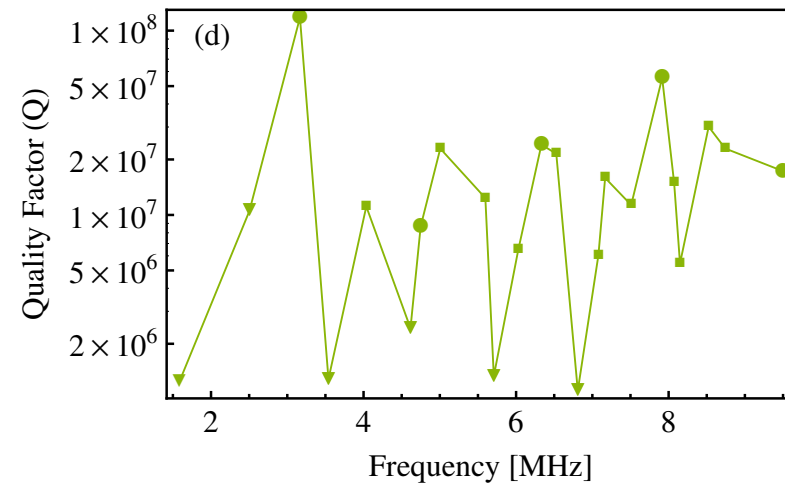
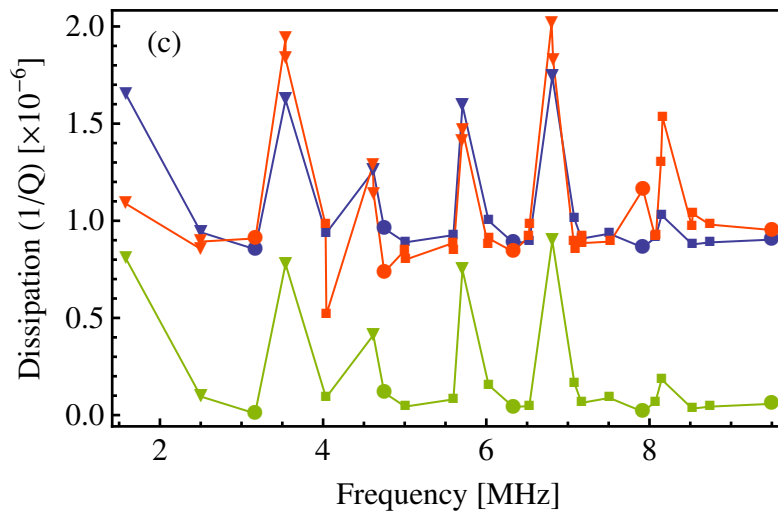
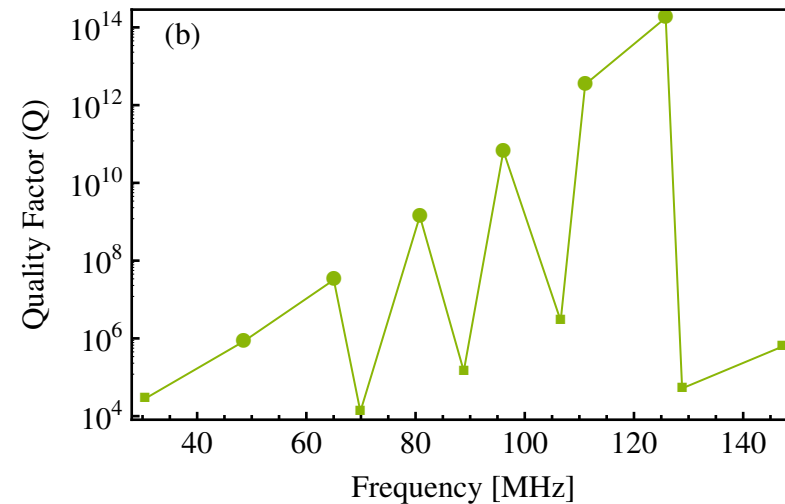
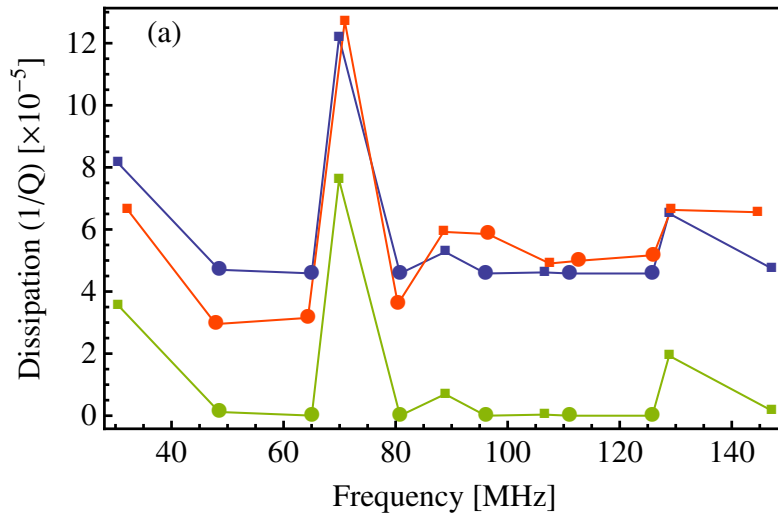
Square ($D = 252.3\mu t = 12.5\text{nm}$): $E_S = 148\text{ GPa}$, $\rho_S = 3.75\text{gcm}^{-3}$, $1/Q_{\text{int}} = 8.5 \times 10^{-7}$.

Drum ($D = 14.5\mu t = 110\text{nm}$): $E_S = 323\text{ GPa}$, $1/Q_{\text{int}} = 4.6 \times 10^{-5}$.

Stressed membranes

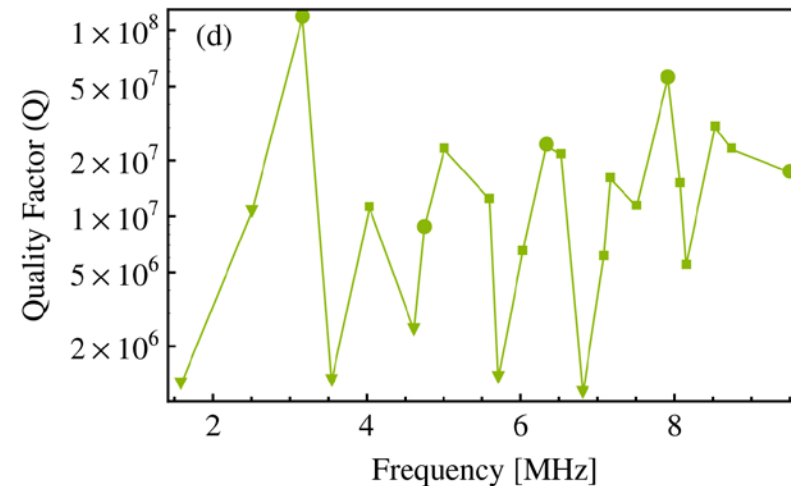
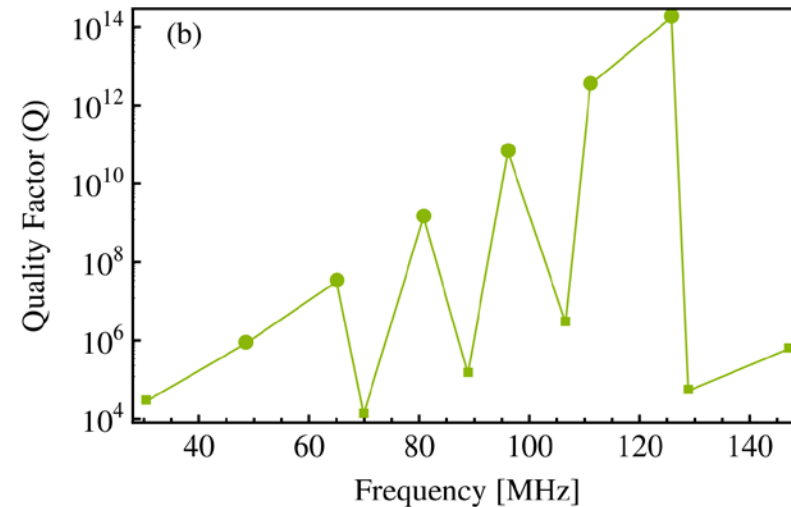
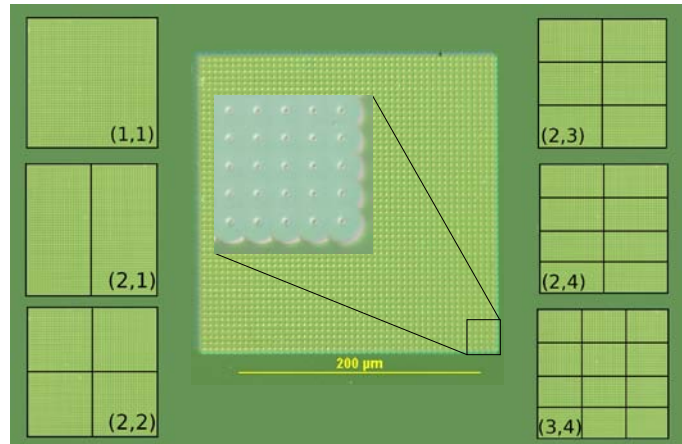
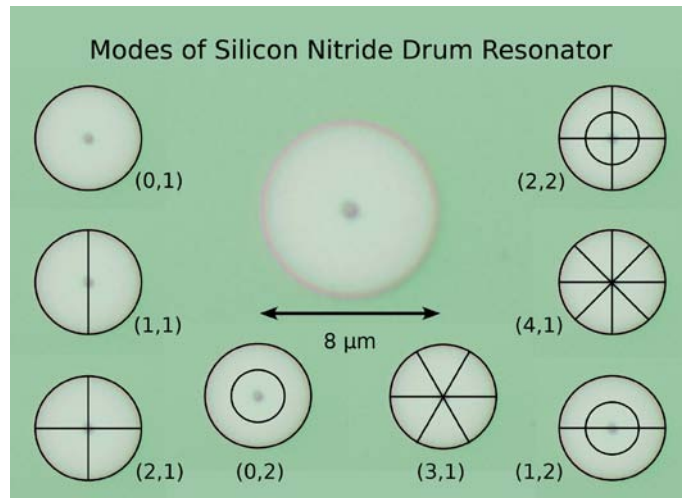


Stressed membranes



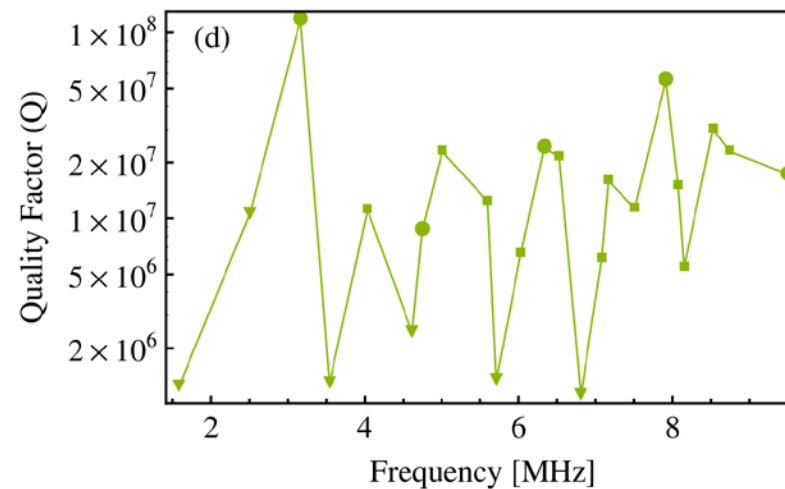
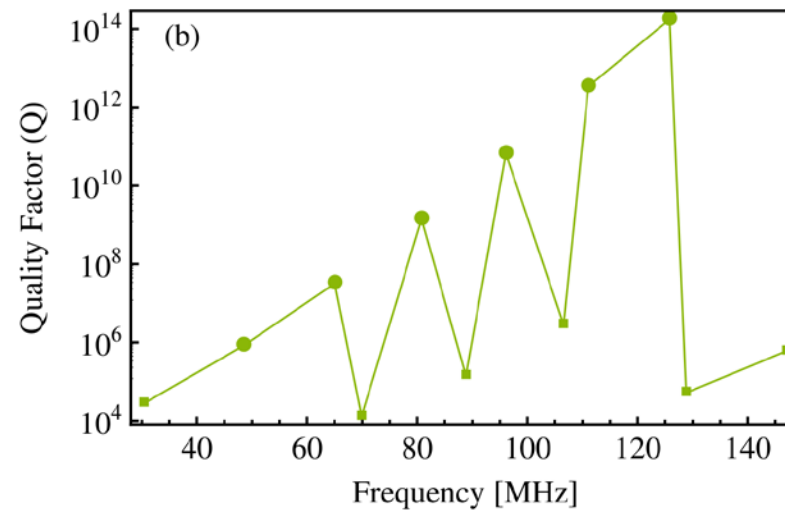
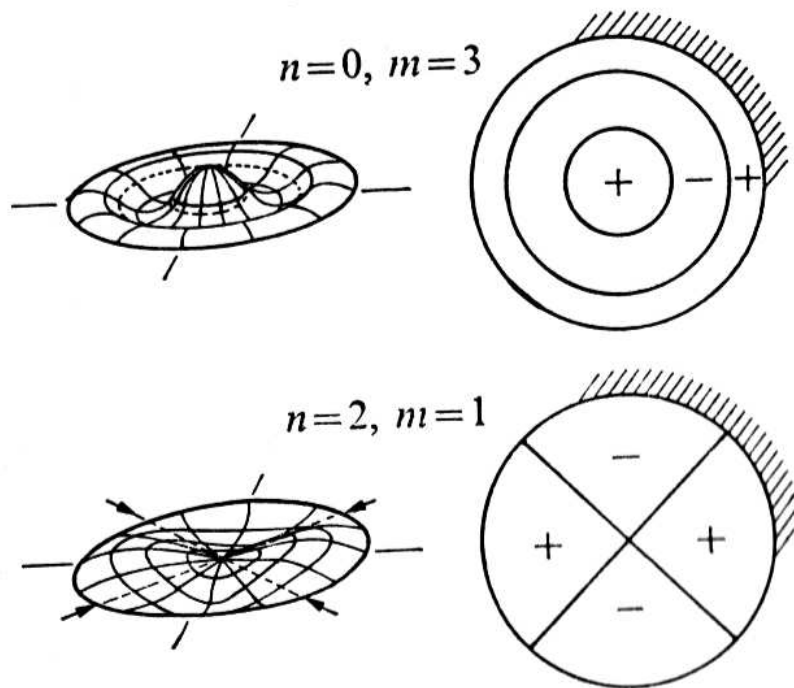
“Special” classes of high- Q harmonics $(n, 1)|_{n>0}$ for drum and $(n, n)|_{n>1}$ for square (circles) \rightarrow nodal lines intersect periphery at evenly spaced points [$fQ = 1.0 \times 10^{13}$ Hz for $(6, 6)$].

Destructive interference effects



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Destructive interference effects



$$C_R/C_\gamma \sim \sqrt{\sigma \rho_s / E_s \rho_R} \ll 1 \rightarrow \text{resonant } \lambda \text{ in substrate } \gg D.$$

Destructive interference effects

Analytical approximations
for drum:

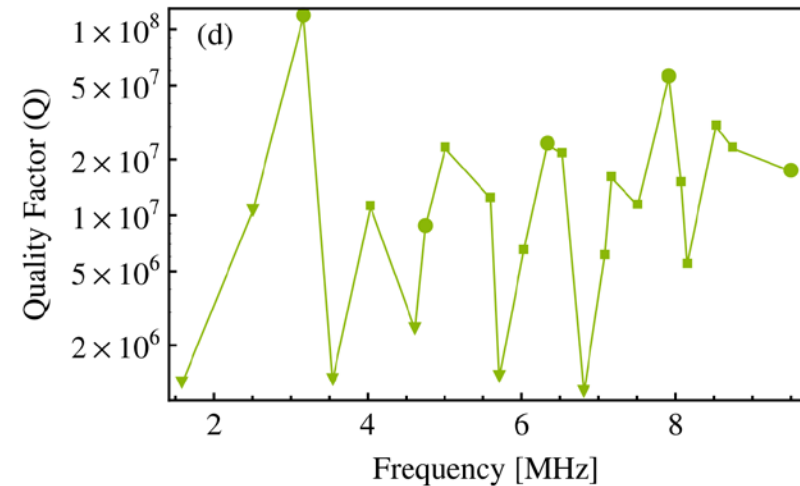
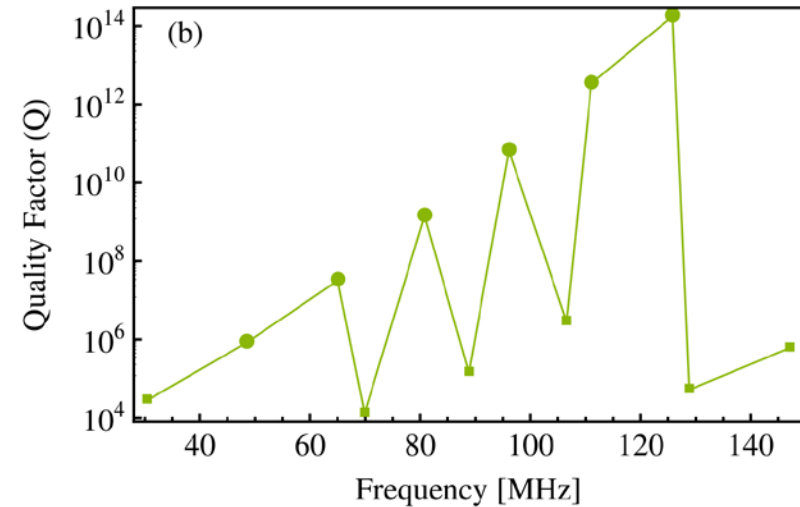
$$Q_{01} \approx \frac{\rho_s c_t^3}{2\pi^2 \sigma_R c_R^2 \omega_{01} \tilde{u}_0(\nu_s)} \Big|_{\nu_s=1/3}$$

$$= 0.029 \sqrt{\frac{\rho_R}{\rho_s} \left(\frac{E_s}{\sigma}\right)^3} \frac{D}{t}$$

$$\frac{Q_{n1}}{Q_{01}} \sim n^{\frac{2n+1}{16}} \left(0.517 \frac{c_s}{c_R}\right)^{2n},$$

$$\frac{Q_{nm}}{Q_{n1}} \approx \left(\frac{\zeta_{n1}}{\zeta_{nm}}\right)^{2n+1}.$$

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Destructive interference effects

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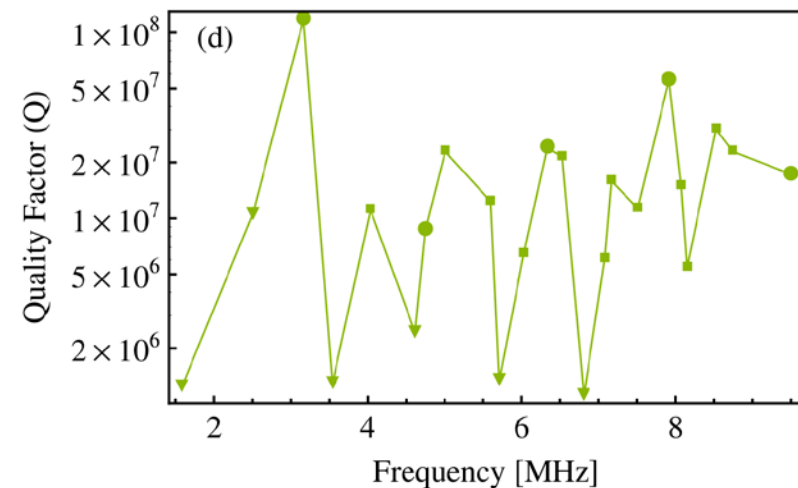
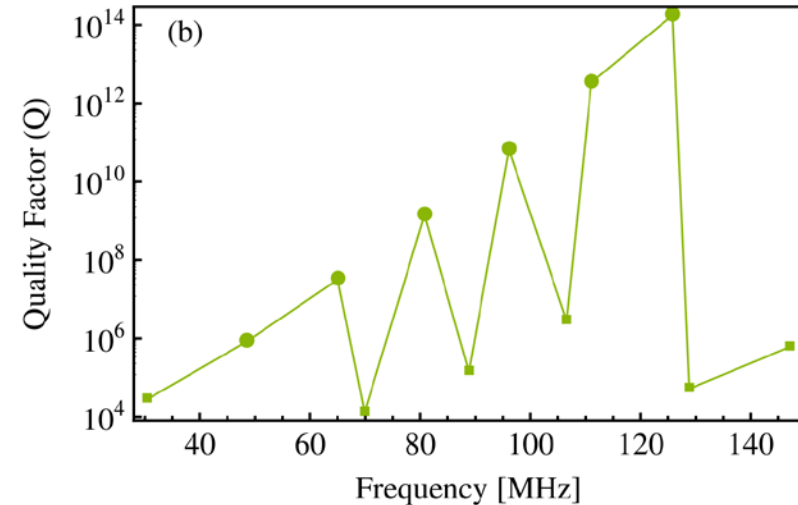
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For square: damping rate \rightarrow constant as n, m are increased with fixed ratio.



Destructive interference effects

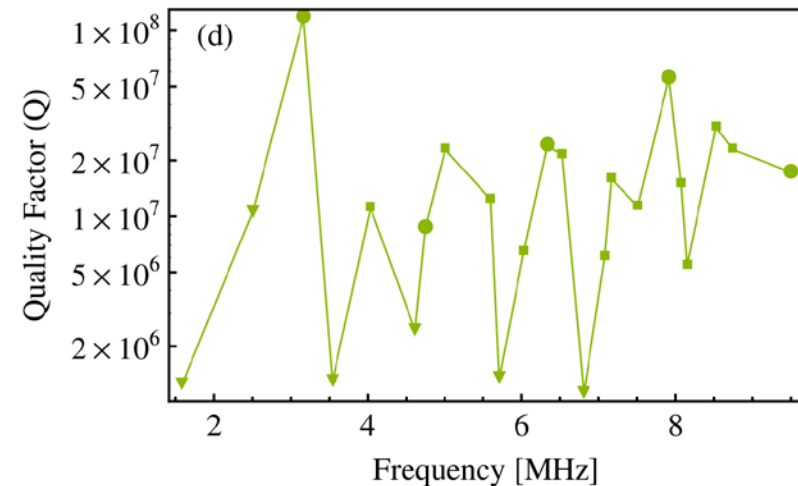
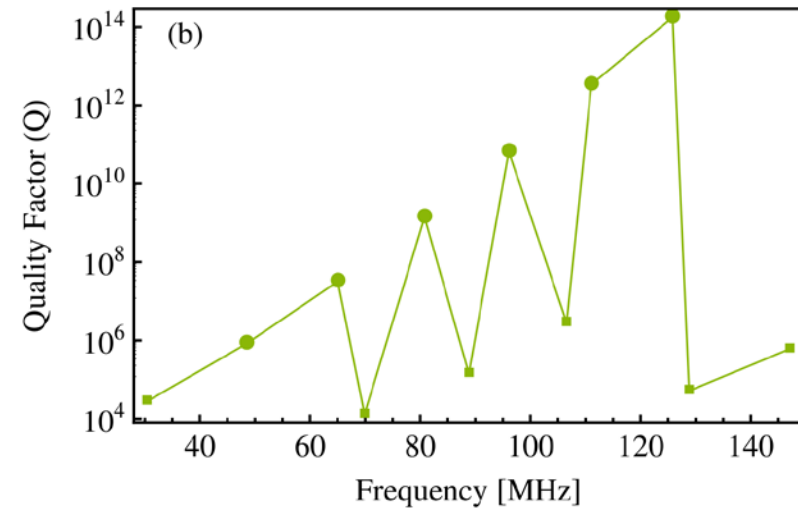
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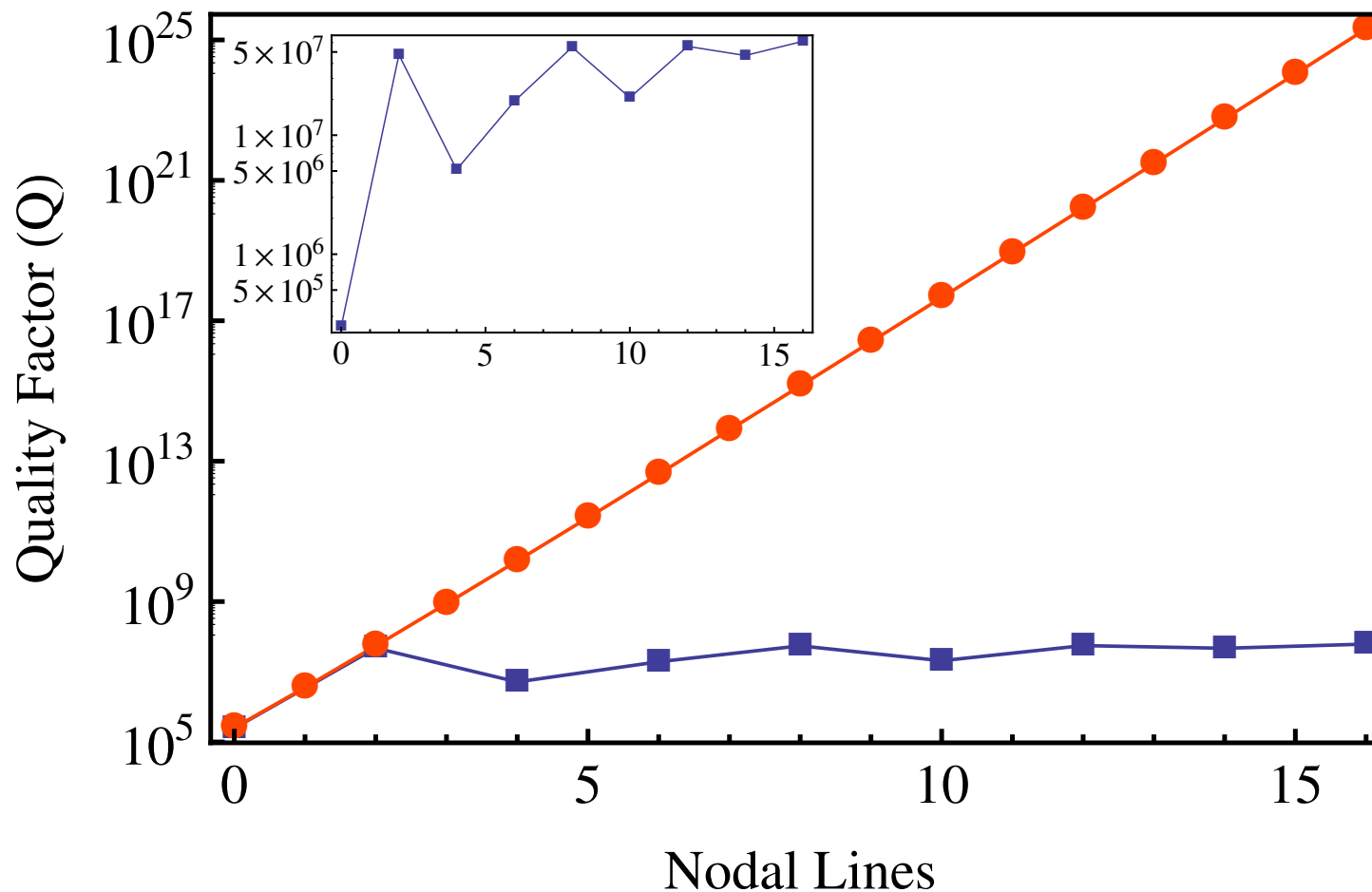
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Azimuthal harmonics exhibit exponential suppression of phonon radiation → “**asymptotically mute**”,
e.g. $fQ_{\text{clamp}} \gtrsim 10^{18} \text{ Hz}$ for $n \geq 6$ and thickness $t < 250 \text{ nm}$.

Circle vs. square



Q -value of the n th harmonic in the series $(n, 1)|_{n \geq 0}$ [$(n, n)|_{n \geq 1}$]
 for dimensions $D_n^{(c)} = (\zeta_{n1}/\zeta_{01})D_0^{(c)}$ [$D_n^{(s)} = nD_0^{(s)}$],
 $D_0^{(c)} = \sqrt{2}\zeta_{01}D_0^{(s)}/\pi$ with $D_0^{(s)} = 50 \mu\text{m} \implies f_n = 7.99 \text{ MHz}$.

Collaborators

“Free-free” geometries:

Garrett Cole, Katharina Werbach, Michael R. Vanner, and Markus Aspelmeyer (IQOQI and U. Vienna).

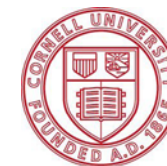
[arXiv:0083230](https://arxiv.org/abs/0083230)



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Stressed membranes:

Rob Barton, Darren Southworth, Scott Verbridge, Rob Ilic, Harold Craighead, and Jeevak Parpia (Cornell).



Conclusions

- Clamping-loss limited Q -values have a **strong geometric character**.
- Generic Q -solver for guiding **design optimization** — quantitative understanding of support engineering.
- Mapping out of mechanical mode shape provides neat **experimental test of the theory**.

[arXiv:0083230](https://arxiv.org/abs/0083230)

- Striking non-monotonic behavior of membrane harmonics successfully explained.
- **Destructive interference** effects can lead to effectively clamping-loss free harmonics (requires 2D geometry).
- Stress increases the clamping loss.
- **Typical optomechanical setups are limited by clamping loss**.